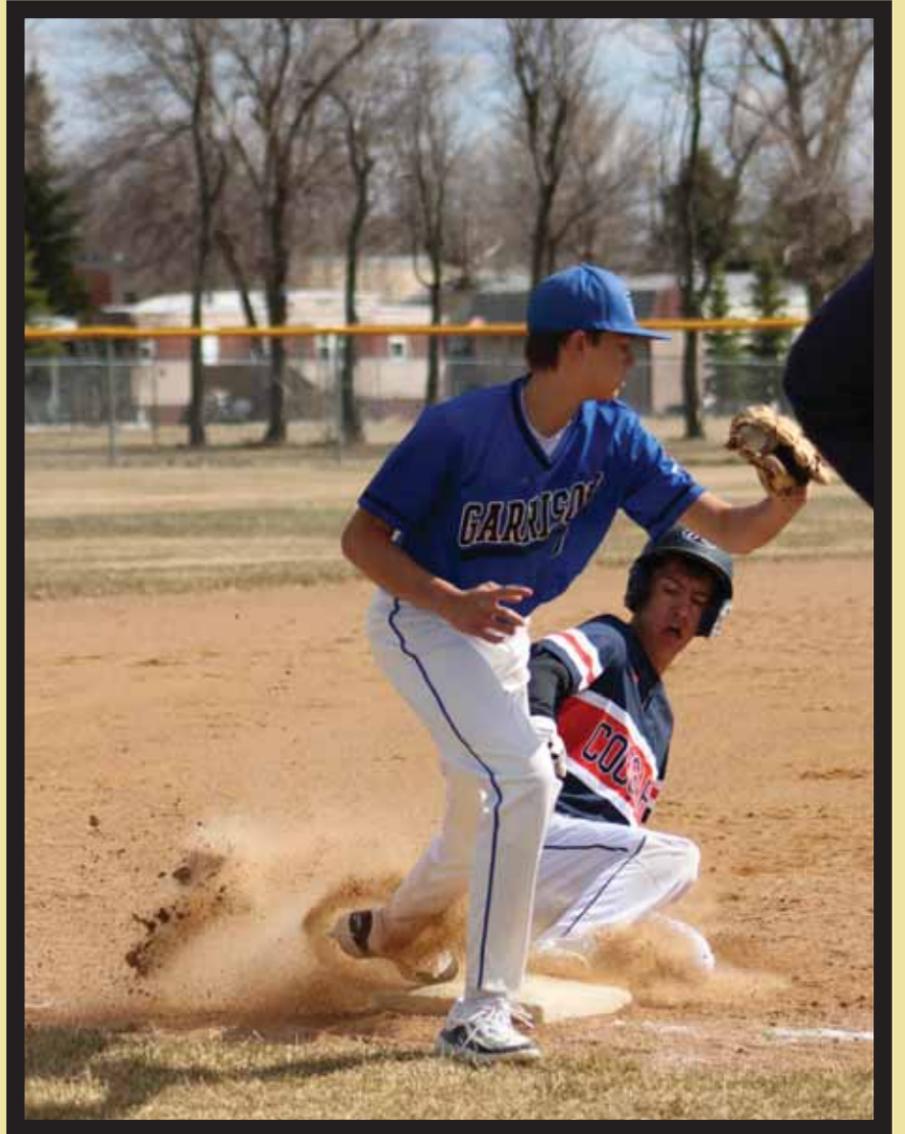




(Photo credit Don Winter)

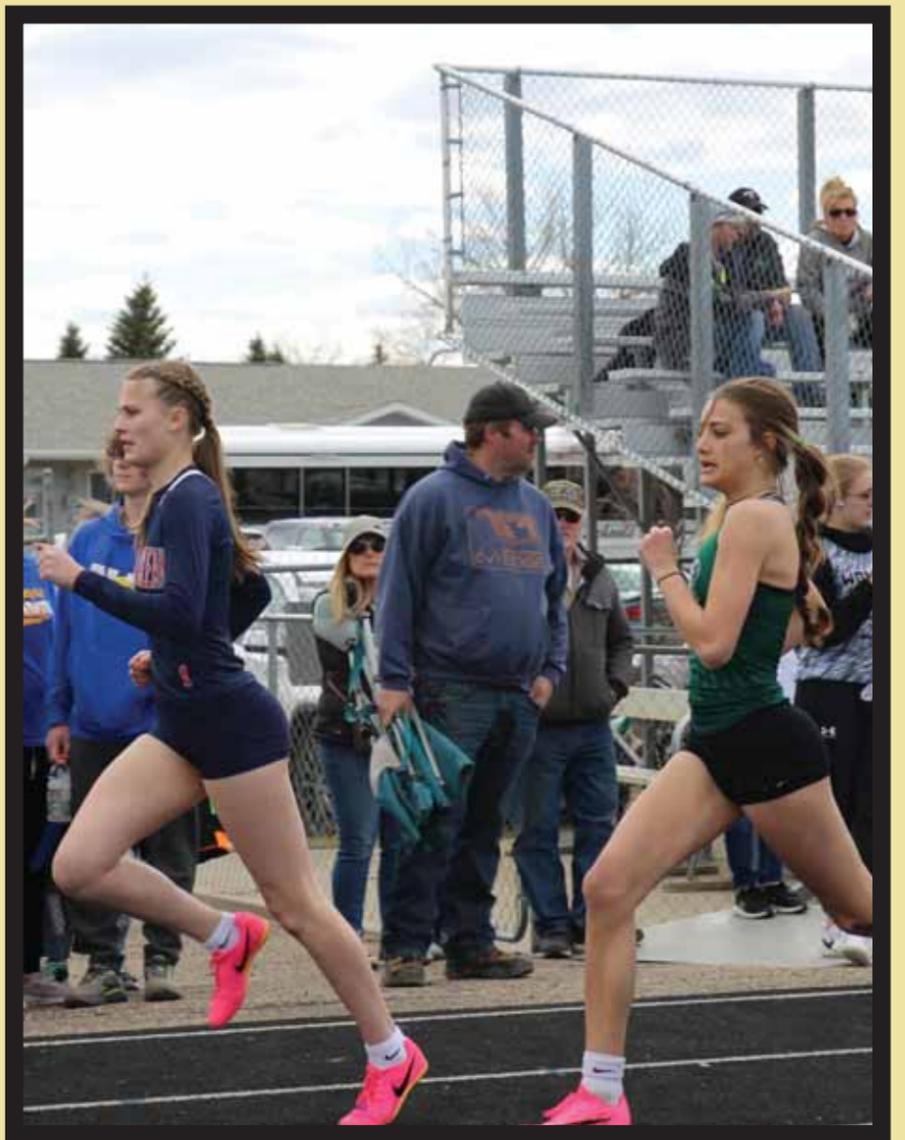


(Photo credit Ethyn Williams-Calvert)

# Spring Fan Guide 2024



(Photo credit Tyson Matthews)



(Photo credit Ashlynn Katzman)

**A supplement to McLean County Independent,  
The Leader-News, Central McLean News-Journal**

# Central McLean Cougars



## Softball



(Photo credit Sam Slavick)

### Cougars Softball swings for the fences in 2024

BY ETHYN WILLIAMS-CALVERT  
ethyn@nordaknorth.com

The Central McLean Cougars' softball team is gearing up for the 2024 season with hopes of replicating their previous successes.

Under the guidance of Coach Paige Gould, the team is navigating some roster changes but remains focused on building a cohesive and competitive squad.

"We lost 4 players from last season between graduates and non-returning players," Coach Gould revealed, acknowledging the challenges the team faces in terms of turnover.

Despite these changes, the Cougars are bolstered by strong leadership from returning players.

"Mya Kilter and Brooklyn Tomlinson are definitely big leaders and mentors to younger athletes on our squad," stated Coach Gould.

Their roles are crucial in shaping the team's dynamics and inspiring the newer and younger members to rise to the occasion.

Coach Gould has set clear expectations for her team as they enter the new season.

"I expect my athletes to come into the season with a positive attitude, a strong work ethic being ready to give their best effort in every practice and game, and a commitment to improving both individually and as a team," she explained.

This focus on attitude and work ethic is intended to forge a strong and resilient team spirit.

The team's goals for the sea-

son reflect a desire for growth and excellence.

"Our primary goal for the season is to improve individual and team skills while fostering a supportive and competitive team environment," Coach Gould emphasized.

This approach aims to develop each player's skills and to cultivate a supportive atmosphere where every member can thrive.

As the season progresses, the Central McLean Cougars are determined to show their strength on the field, backed by a combination of experienced leadership and a collective drive towards continuous improvement.

Under Coach Gould's leadership, they look poised to make significant strides both on and off the field.

#### ROSTER

#	NAME	GR	#	NAME	GR
20	Morgen Fischer	12	13	Irie Irwin	11
25	Averie Schlafmann	12	16	Daphne Lauer	11
18	Lily Brewster	12	36	Mya Kittler	11
1	Lilly Bobbins	11	17	Brooklyn Tomlinson	10
2	Gracelyn Vaagene	11	8	Sally Heger	10
3	Lindsey Abrahamson	11	7	Zella Anderson	9
5	Ava Blotske	11	27	River Fyelling	7

#### SCHEDULE

DATE	PLACE	TIME
April 19	Velva-Drake/Anamoose	4:30 PM
April 22	Ray High School	4:30 PM
April 23	at Beulah	4:30 PM
April 26	at Harvey/Wells County	4:30 PM
May 3	at Heart River	4:30 PM
May 7	Hazen High School	4:30 PM
May 9	Nedrose	4:30 PM
May 30-June 1	NDHSAA Class B Softball Tourney	10 AM

Wishing all teams a great Season!



Good Luck to all area teams

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# Washburn/Center-Stanton Cardinals

## Softball



(Photo credit Katie Kulzer-Yetterboe)

# Young Cardinals earning their wings

BY DON WINTER  
don@nordaknorth.com

A young Washburn/Center-Stanton Cardinal softball team will take high expectations with them onto the field this year, as Coach Katie Kulzer-Yetterboe brings back just about everyone from a group that finished runner up in the regional tournament last year.

“We are very small, but we are mighty”, Kulzer-Yetterboe said. The roster will remain relatively intact from the previous season, except for the huge loss of lead off hitter and shortstop Lauren Braun to graduations. “We are looking to find someone to fill that spot” Kulzer-Yetterboe said, “We need someone who is a for sure on base gal like Lauren was, and who better to fill those big shoes than her little sister Lexi.

The Cardinals, though young, look to be primed once again to have a successful season, as most of the girls have made big leaps over where they were last year at this time. Kulzer-Yetterboe feel that because they have so many challenges at such a young age that the squad will be galvanized by its challenges and triumphs. “I look at them today and I am mind blown by the leaps and bounds that these have made” Kulzer-Yetterboe said. “Many times during last year’s season, and as we start this year’s too, I have to remind myself that I have five twelve-year-olds starting in a varsity sport. I was nervous last year, to be forced to put them in that situation, but they rose to the challenge, nothing seemed to scare them” she added.

The group’s strengths for the

season look to be in the battery, catching and pitching and in batting. “Our upperclassmen are definitely truly experienced leaders out there, they are great hitters, I am excited to watch the season play out. I am also excited to watch the younger ones get more confident at the plate with a year under their belt.” Kulzer-Yetterboe said.

Facing lofty expectations for the upcoming season, will be filling a new role for the group, but it is a role that their coach expects that they will be able to fill, based on experiences gained, and the senior leadership that the team has. With lofty expectations though, comes an increased mental challenge, and that is one area that Kulzer-Yetterboe is looking for her team to grow in over the year. “Baseball and softball is a game of failure” Kulzer-Yetterboe stated. “Everyone wants instant gratification, but with this sport development takes time. I tell them that my favorite thing is when I finally see them react in

a positive and constructive manner after a strike out. That takes a lot of reminders to them, one play at a time and one pitch at a time. Mentally, being strong and forgetting the bad play and remembering the 100 other times they’ve done it right can change the entire dynamic of game play” she added.

All of this leads to high goals for the season, as the team looks to take their previous success and build on it this year. “Last year we were the underdogs in regionals and made it to the championship game. We had some hard knocks through the season and we were absurdly young, but I don’t mind being the underdog. Sometimes being overlooked is the best thing. Of course we all have high hopes of getting back there and even going further. It will be a battle. We have to stay healthy and injury free, we need to stay focused when the end of the year tasks and summer vibes get in the way. If we can do that people will take notice”,

### SCHEDULE

DATE	PLACE	TIME
Apr 19	at Hazen	4:30 PM
Apr 23	Harvey/Wells County	4:30 PM
Apr 27	at Wilton-Wing	1:30 PM
Apr 30	Heart River	4:30 PM
May 2	at Beulah	4:30 PM
May 3	at Velva-Drake/Anamoose	4:30 PM
May 7	South Prairie-Max	4:30 PM
May 10	at Harwood Complex	1:00 PM
May 11	Carrington	12:30 PM
May 30	Tourney at Lyle "Trapper" Lawrence Field	11:00 AM
Jun 1	Tourney at Lyle "Trapper" Lawrence Field	6:00 PM

### ROSTER

#	Name	GR	POS
	Alina Sadykova	8	Out Field
1	Brooklyn Hetletved	8	Designated Hitter/Out Field
2	Breanna Laning	8	Out Field/First Base
4	Kathryn Hendrikson	8	Out Field/Third Base
6	Ashlyn Schmitz	12	Catcher/Shortstop
9	Lexi Braun	10	Center Field/Third Base
10	Kya Kulzer	11	Pitcher/First Base
11	Isabel Samuelson	8	Designated Hitter/Out Field
12	Elizabeth Neumiller	10	Second Base/Pitcher
16	Karrah Nelson	12	Third Base/Shortstop
22	Kayla Hammons	8	Shortstop/Catcher
24	Hannah Klabunde	10	Out Field/First Base
36	Madelynn Jaeger	12	First Base/Third Base

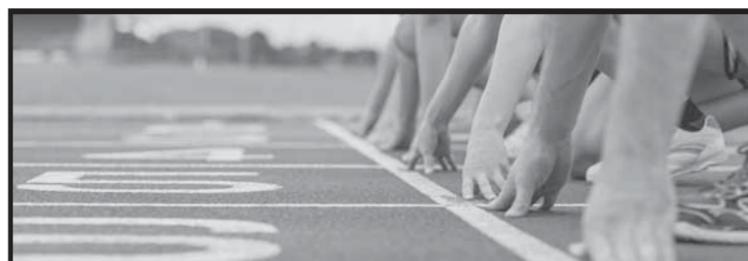
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# Wilton-Wing Miners



## Softball



(Photo credit Lynnette Laning)

# Miners' softball ready to swing into action

BY DON WINTER  
don@nordaknorth.com

The Wilton-Wing Miners softball team heads into action for this 2024 season, looking to build on the success that the team has had in previous seasons. The Miners will return a lot of experience this year, however they will need to find replacements at pitcher and at first base, as those positions were opened by graduation.

“We have to fill those holes” Coach Trevor Yetterboe said. “Senior Mekennah Fischer will be one of those that we are looking to help fill the void, also Ella Witt and Tessa Miller, who will get some innings in the pitcher’s circle for varsity” Yetterboe added.

Yetterboe noted that shortstop Taylor Zimmerman, who was an all-state selection last year would once again be a keystone anchor for the team. “She had a great summer of travel ball, and will set the tone for us offensively and defensively this year” Yetterboe added. However, Zimmerman is not the sole bright spot for the squad, as the Miners have returning starters in Sidney Mock, Macey Filipek, Taylor Little and Lydia Hutzenbiler, all who Yetterboe says have looked good in the first couple weeks of practice.

The Miners also received a big boost, according to Yetterboe, when Ali Arnold decided to focus on softball and not to dual sport this year. “She does a great job in the outfield and at the plate” Yetterboe said.

The Miners, with a wealth of returning skill and talent, will look to continue the success that the team has had in the past. “The girls have some lofty goals this year, hopefully with the right attitude and hard work they can hit those goals” Yetterboe said.

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### ROSTER

#	Name	GR	POS	HT
1	Lydia Hutzenbiler	9	Second Base	5'5"
2	Moana Tooke	11	Third Base	5'6"
3	Alexandria Arnold	10	Out Field	5'7"
4	Ella Witt	9	Pitcher/Out Field	5'8"
5	Makennah Fischer	12	First Base/Out Field	5'10"
6	Ruby Greff	9	Out Field	5'6"
7	Sidney Mock	9	Center Field	5'6"
8	Savannah Fischer	9	Out Field	5'5"
9	Taylor Little	12	Third Base	5'6"
10	Cambyll Fanta	8	Third Base	5'5"
11	Macey Filipek	12	Left Field	5'6"
12	Elyse Tufte	10	Out Field	5'4"
13	Taylor Zimmerman	10	Shortstop	5'6"
14	Avery Mosset	8	Catcher	5'6"
15	Peytan Saeman	10	Out Field	5'5"
20	Tessa Miller	8	Third Base	5'6"
23	Kennady Cleveland	9	Out Field	5'10"

### SCHEDULE

DATE	PLACE	TIME
Apr 19	at Harvey/Wells County	4:30 PM
Apr 23	at Heart River	4:30 PM
Apr 25	Velva-Drake/Anamoose	4:30 PM
Apr 27	Washburn/Center-Stanton	1:30 PM
Apr 30	Hazen	4:30 PM
May 2	at South Prairie-Max	4:30 PM
May	Nedrose	4:30 PM
May 20-22	Region 3 at Beulah High School	1:30 - 8:00 PM
May 30-Jun 1	State Tourney at Lyle "Trapper" Lawrence Field	11:00 AM - 6:00 PM

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# Max-South Prairie

# Softball



Back L-R: Delaney Hankel, Rayna Magandy, Taylor Post, Skotti Beck, Olivia Jansen, Mara Beeter. Middle L-R: Brynlee Hankel, Gracie Hauf, Nia Wohlk, Brooklyn Mosser, Myah Rau, Front L-R: Gabby Ebach, Avery Leier, Bryleigh McBride. Head Coach: Sara Ruhland. Assistant Coach: Cory MacIver. (Photo credit Sarah Ruhland)

## ROSTER

NAME	GR	NAME	GR
Delaney Hankel	11	Mara Beeter	10
Brynlee Hankel	9	Avery Leier	7
Gracie Hauf	11	Skotti Beck	10
Myah Rau	9	Bryleigh McBride	8
Brooklyn Mosser	11	Rayna Magandy	8
Olivia Jansen	9	Rayna Magandy	8
Nia Wohlk	11	Taylor Post	8

**South Prairie-Max Softball:** Coaches for the team could not be reached for comments on the upcoming season

## SCHEDULE

DATE	PLACE	TIME
Apr 22	at Velva-Drake/Anamoose	4:30 PM
Apr 23	at Nedrose	4:30 PM
Apr 25	Heart River	4:30 PM
Apr 30	at Stanley	4:30 PM
May 2	Wilton-Wing	4:30 PM
May 7	at Washburn/Center-Stanton	4:30 PM
May 9	Beulah	4:30 PM
May 10	at Hazen	4:30 PM
May 13	at Harvey/Wells County	4:30 PM
May 30	State Tourney at Lyle "Trapper" Lawrence Field	11:00 AM
Jun 1	State Tourney at Lyle "Trapper" Lawrence Field	6:00 PM

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# Central McLean Cougar



# Baseball



(Photo credit Alexander Quintaine)

## Central McLean Baseball sets bar high for 2024

BY ETHYN WILLIAMS-CALVERT  
ethyn@nordaknorth.com

The Central McLean Cougars are gearing up for a promising 2024 baseball season under the leadership of Coach Alexander Quintaine.

With the goal of surpassing last year's achievements, the team faces the challenge of a significant roster turnover but retains a core group of experienced players.

"We graduated a couple of seniors in Kevin Brunelle and Logan Dyck who did a lot of pitching for us," explained Coach Quintaine.

Despite losing key pitchers, the team is optimistic, with seven starters returning, including only three upperclassmen.

"We are going to be a very young team," he noted.

Leadership within the team is strong, with seniors Sam Heger and Owen Anderson stepping up as mentors.

"Sam has been a four-year varsity starter for us and has helped organize winter open gyms," said Coach Quintaine, praising Sam's proactive approach and vocal leadership.

Owen, on the other hand, leads more quietly. "While he is a quiet kid, you can always rely on him to compete at everything he does," the coach added, describing Owen as the team's "energizer."

The Cougars have set ambitious objectives for the season.

"A program goal of ours for this season was to make the final four of the region tournament

this year," Coach Quintaine shared.

This target reflects the team's heightened commitment, as evidenced by increased participation in winter workouts and summer baseball.

"We have fallen just short the past few seasons," he acknowledged, but optimism remains high due to the growing dedication to the sport.

As the 2024 season gets underway, the Central McLean Cougars are not just aiming to improve but to make a significant impact in their region.

With a blend of emerging talent and seasoned leaders, Coach Quintaine and his team are poised to challenge the competition and hopefully achieve their postseason aspirations.

### ROSTER

#	Name	GR	POS
0	Karter Baker	12	Outfield
1	Mason Skachenko	9	Infield/Pitcher
2	Jase Utley	9	Pitcher
3	Braxxten Wanner	10	Infield/Pitcher
4	Kayne Rhoads	11	Outfield
5	Cole Abrahamson	10	Outfield/Pitcher
6	River Kjelstrup	8	Infield/Pitcher
7	Tyson Foley	12	Outfield/Pitcher
8	Beckett Vaagene	8	Infield/Pitcher
9	Owen Anderson	12	Outfield/Pitcher
10	Dawson Felchle	9	First Base
14	Wyatt Wagner	11	Outfield/Catcher
16	Bjorn Anderson	11	Outfield
17	Cooper Kittler	8	Catcher/First Base
21	Sam Heger	12	First Base/Pitcher
26	Dawson Smith	8	Infield/Pitcher

### SCHEDULE

DATE	PLACE	TIME
Apr 23	at South Prairie-Max Hoeven Field	4 & 6 PM
Apr 25	Velva-Drake/Anamoose TL-Mr	4 & 6 PM
Apr 27	at Lewis & Clark Berthold White Shield	11 a.m. & 1 PM
Apr 30	Garrison Lake Brekken Softball Complex	4 & 6 PM
May 2	at Surrey Surrey High School	4 & 6 PM
May 7	Bishop Ryan-Nedrose TL-M	4 & 6 PM
May 9	South Prairie-Max TL-M	4 PM
May 9	South Prairie-Max Lake Brekken Softball Complex	6 PM
May 10	Washburn/Wilton/Center-Stanton TL-M	4:30 PM
May 30	State Tourney Jack Brown Stadium	11:30 AM
Jun 1	State Tourney Jack Brown Stadium	9PM

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Good Luck  
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# Garrison Troopers

# Baseball



(Photo credit Mindy Iglehart)

## Troopers Baseball looks to go the distance in 2024

BY ETHYN WILLIAMS-CALVERT  
ethyn@nordaknorth.com

As the 2024 baseball season kicks off, the Garrison Troopers are setting their sights on advancing further in the playoffs, building on last year's successes.

Under the leadership of Head Coach Luke Gehring and Assistant Coach Chris Holt, the team is focused on deepening their playoff run with a mix of seasoned leaders and promising young talent.

Senior players Braxton Igle-

hart and Jamison Rime are at the forefront of this campaign, expected to anchor both the team's offense and defense.

Their roles are not just limited to their on-field performance; as veterans, they are also tasked with leading a group that includes nine underclass athletes.

The Troopers have been rigorously preparing, with a focus on both individual skill development and team cohesion.

The goal is not only to excel in the regular season but to ensure the team peaks at the right time for the playoffs.

With a balanced mix of experience and youth, the Garrison Troopers are optimistic about their chances. The leadership from seasoned athletes like Iglehart and Rime, combined with the raw potential of the underclassmen, could very well be the formula that propels the Troopers deeper into the playoff stages than in previous years.

As the season progresses, all eyes will be on how well this blend of old and new can synchronize to meet the high expectations set by their coaches and supporters.

### ROSTER

#	Name	GR	POS
1	Laken Beyer	8	Outfield
2	Slade Nordstrom	9	Outfield
2	Emmit Lagge	9	Catcher
4	Ethan Butman	9	Outfield
5	Matthew Jochim	11	Pitcher/Center Field
6	Treyson Iglehart	11	Center Field
7	Braxton Iglehart	12	Shortstop/Pitcher
8	Grady Crawford	10	Second Base
9	Jamison Rime	12	First Base
10	Gaige Roberts	10	Third Base
11	Aaron Fuller	9	Outfield
13	Cooper Coble	11	Second Base
15	Brody Seidler	10	Catcher
21	Lucas Holte	10	Outfield

### SCHEDULE

DATE	PLACE	TIME
Apr 22	at Bishop Ryan-Nedrose Corbett Field	4:00 & 6:00 PM
Apr 25	Surrey	4:00 & 6:00 PM
Apr 26	at Hazen Hazen High School	4:30 PM
Apr 30	at Central McLean Lake Brekken Softball Complex	4:00 & 6:00 PM
May 2	at South Prairie-Max Hoeven Field	4:00 & 6:00 PM
May 7	at Velva-Drake/Anamoose Velva	4:00 & 6:00 PM
May 9	Bishop Ryan-Nedrose	4:00 & 6:00 PM
May 30	State Tourney Jack Brown Stadium	11:30 AM
Jun 1	State Tourney Jack Brown Stadium	9:00 PM

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# WWCS Cardinals

Washburn-Wilton-Center-Stanton

# Baseball



(Photo credit Lynnette Laning)

## Cardinals preparing to fly into the season

BY DON WINTER  
don@nordaknorth.com

As the Washburn/Wilton/Center-Stanton Cardinals baseball team prepares for the 2024 season, it will look to build on the success that the team experienced last year to help propel the team to even greater heights this year. “We have a team of 20 kids this year for JV and Varsity combined” Coach Travis Stevens said. The Cardinals, who lost two key players to graduation last year, will look to this year’s seniors Alex Retterath, Carter Knutson, Jarret Henke and Hunter Hoffman for leadership during the upcoming battles. Stevens also highlighted his group of talented juniors, “we have a very heavy junior class, with a lot of those juniors having significant playing time last season” Stevens said.

Because of the reliance in the previous year on the incoming juniors, Stevens envisions the Cardinals lineup looking relatively the same as last year. “I see us having much of the same lineup as last year. There were a few guys who got on a hot streak to end the year last year that will get their chance to start out this season. There are a few jobs open and I have full confidence in multiple guys fighting for those two spots that we graduated out last season. This is going to be a good problem to have” Stevens added.

Stevens feels that the team’s strength this year will come from their fundamentals on defense. “It’s our team’s goal to be fundamentally sound on defense and make the routine play, we harp on these things and spend a significant amount of time working on the basics of defense every day” Stevens said.

Pitching should also be a strength for the Cardinals as they return many players who had success when they hopped on the bump last year. “Our pitching staff I believe will have a great time this

year as well. We graduated our ace last year but we had so much bullpen and support staff around him that these guys already have the innings under their belt” Stevens said

As for a team weakness, Stevens felt that hitting could pose a problem, at least early in the season. “As for weaknesses, I think the obvious one goes to hitting early on in the season. Being inside is always tough but I have a feeling once we get outside and see some live pitching, we will be just fine when it comes to the bats” he stated.

Stevens noted that as a co-op team, unity is often one area that can be a challenge, at least early in the season. “I’m hoping to see our team grow as one over the season. Baseball is always a funny time, especially as a co-op. Division and regional basketball just ends, and we have all played each other and competed against each other. I think our team does a great job in coming together once baseball starts and we are not 4 schools anymore but 1 team. Other than the team aspect I hope to see them grow in how they can relate baseball and the things we do to their future outside of sports” Stevens added.

For the upcoming year, Stevens

noted that the Cards would be especially looking forward to facing off with region rivals Hazen and Shiloh Christian again this year. “Every team in our conference is exciting to play and can give a great game on any given day. But I think some games circled on our calendar are Hazen, as we only finally got them in the district tournament last year, and Shiloh of course. We showed last year we can compete and hang with the best in the state and that is exactly where Shiloh sits. I think a lot of our returners have a bad taste in their mouth over the district championship game where we got 10-run ruled but with all of those runs coming after the wheels came off in the 6th inning” Stevens added.

Ultimately, the Cardinals will look to take all off the experience that they have acquired over the past year and put all together in an effort to achieve their season goals. “I think our ultimate goal for the season is to play our best game, limiting what other teams can do by being fundamentally sound, playing as one, and playing smart. We had the pleasure of playing on the last day of district season last year and that’s exactly where our guys want to be again, still playing ball on the last day of the season” Stevens concluded.

### ROSTER

#	NAME	GR	#	NAME	GR
1	Jack Retterath	11	11	Ethan Retterath	9
2	Alex Retterath	12	12	Donald Winter	9
3	Hunter Wolff	11	15	Berandt Olafson	9
4	Hunter Jacobson	11	20	Logan Hansen	8
5	Jonah Miller	11	23	Isaiah Acevedo	10
6	Charles Sannes	11	24	Hunter Hoffman	12
7	Colton Becher	11	25	Hudson Wolff	9
8	Jarret Henke	12	26	Boyden Winter	8
9	Tanner Fiedler	9	27	Joanie McCormack	8
10	Oscar Wood	10	30	Carter Knutson	12

### SCHEDULE

DATE	PLACE	TIME
Apr 23	at Hettinger/Scranton/New England	4:30 & 5:30 PM
Apr 26	Beulah	4:30 & 6:30 PM
Apr 30	Heart River	4:30 & 6 PM
May 2	at Hazen	4:30 & 6 PM
May 7	Shiloh Christian	4:30 & 6:30 PM
May 9	Hettinger/Scranton/New England	4:30 & 6 PM
May 11	Hazen	1:00 & 2:30 PM
May 13	at Central McLean	4:30 PM
May 30	Class B State Tourney at Jack Brown Stadium	11:30 AM
Jun 1	Class B State Tourney at Jack Brown Stadium	9:00 PM

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# South Prairie - Max Royals



## Baseball



Back row: Weston Sauby, Bradyn Mikkelsen, Josiah Bagwell, Tate Heer, Kamron Bauer, Burke Rauschenberger, Hayden Bohl, and Connor Johnson. Front row: Karl Behm, Jacob Samson, Dalen Ruhland, Landen Jansen, Ethan Dobson, Ace Gray, Zachary Korgel, and Layne Korgel.

### Royals Baseball aims high despite roster overhaul

BY ETHYN WILLIAMS-CALVERT  
ethyn@nordaknorth.com

The South Prairie-Max Royals baseball team has launched into the new season with renewed vigor and a significantly transformed roster.

After losing nine key players, including five seniors, the team, led by Head Coach Olsen Zerr, is navigating the challenges and opportunities that such a turn-over presents.

“Going off last year’s team, we lost 5 seniors and 4 underclassmen that had seen some sort of varsity playing time,” he said, emphasizing the fresh dynamic within the team.

This transition phase is critical as the team aims to build on the foundations laid in the previous seasons.

Coach Zerr’s primary expectation for the Royals this season is improvement.

“My expectations for my athletes is just to continue to get better every day,” Zerr stated.

He highlighted the importance of constant development in sports and the need for players to be versatile.

“There is always something

that can be worked on in all sports. Versatility is something I would like to see out of my athletes so I am able to put them in different positions to help the team be successful,” he explained.

The Royals have set themselves clear objectives for the season.

“One goal that was discussed at the beginning of the season as a team was to continue to improve off of how our season went last year,” said Coach Zerr.

This goal reflects the team’s

collective mindset to push beyond their previous limits and showcases their dedication to continuous growth.

As the season progresses, the Royals are determined to develop a competitive edge and adapt to their new lineup.

With a focus on versatility and improvement, the team is looking to make significant strides under Coach Zerr’s guidance.

Fans and supporters of the Royals are hopeful and eager to see how the season unfolds for this evolving team.

### ROSTER

#	NAME	GR	#	NAME	GR
1	Burke Rauschenberger	9	10	Josiah Bagwell	12
2	Weston Sauby	9	11	Hayden Bohl	11
3	Jacob Samson	10	12	Layne Korgel	11
4	Landen Jansen	10	14	Dalen Ruhland	11
5	Zachary Korgel	10	17	Kamron Bauer	9
6	Joshua Groninger	12	18	Ace Gray	9
7	Tate Heer	10	19	Bradyn Mikkelsen	12
8	Connor Johnson	12	21	Karl Behm	11
9	Ethan Dobson	12			

### SCHEDULE

DATE	PLACE	TIME
Apr 23	Central McLean	4:00 & 6:00 PM
Apr 26	at Bishop Ryan-Nedrose	4:00 & 6:00 PM
Apr 30	at Velve-Drake/Anamoose	4:00 & 6:00 PM
May 2	Garrison	4:00 & 6:00 PM
May 7	Surrey	4:00 & 6:00 PM
May 9	at Central McLean	4:00 & 6:00 PM
May 13	at Bottineau	4:00 PM
May 30	State Tourney at Jack Brown Stadium	11:30 AM
Jun 1	State Tourney at Jack Brown Stadium	9:00 PM

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# Southern McLean



Paxton Feist, Justin Dahl, Jaxson Solomonsun, Aaron Blumhagen, Noah Holzngsl, Mason Oswald, Kole Kirchmeier, Caiden Cleveland, Colton Schuh, Harper Clausen, Graham Buck, Bryce Melhoff, Colton Nieson, Carter Cleveland. (Photo credit Chris Cleveland)

## Young Roughrider's prepare to take to the links

BY DON WINTER  
don@nordaknorth.com

The Southern McLean Golf Squad is looking to take big strides in the upcoming 2024. With a team consisting of two seniors, a junior, two sophomores and three freshmen, the group will once again be really young and relatively inexperienced. "We are in our fourth year after a brief hiatus, so we are still really young" Coach Chris Cleveland said.

Cleveland noted the inexperience in the makeup of his squad, "we have one boy who has been with us for all four years and a couple who are in their third year, but other than those three we are very inexperienced" he stated.

Cleveland plans to take it one

meet at a time with the team, hoping that they will gain valuable experience and momentum as the season goes along. "We have a few boys that played a lot this summer, so I'm hoping we see that translate to the course this season" Cleveland said.

Cleveland detailed that the improvement from last year until now was "very encouraging",

and noted that he will look to returning members Graham Buck, Caiden Cleveland and Bryce Melhoff for leadership.

"Our goal is to have at least one of the boys qualify for state this year" Cleveland concluded. With a lot of hard work, effort and determination here's hoping that these young Roughriders can make that goal a reality.

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# White Shield Warriors



Front Row: Thomas Grace, Zane Howling Wolf, Marquis White Bear, Dylon Young Bird, Jeryah Finley, Dylon Thunder, Mark Youngbird. Back row: Jon'Tae Cote-Kanning, Quincy Jackson, Traysen Ward, Logan Adams, Liam Short Bull, Arden Hawkins, Good Voice Perkins. (Not pictured: Keethon Demarce, Daceton Demarce, Maison Longie, Hunter Wells, Brenden Peltier. (Photo credit Tyson Matthews)

## White Shield Boys Golf team rebuilds

BY TYSON MATTHEWS  
tyson@nordaknorth.com

The White Shield Boys Golf Team may be young but are willing to learn.

“We only have four returning golfers from last year and only two high school so we will be pretty much a new program starting from scratch,” White Shield Golf Coach James McGill

said.

With so many new golfers on the team McGill said he will focus on teaching the game and the fundamentals of golf.

“At this level, it’s about learning the game and responsibility and having fun,” McGill said. “If the student falls in love with the game and decides to take their competitiveness to the next level, then I will do my best to help

them with that.”

McGill’s goals for this season and beyond are to form a core group that will remain a team for the next several years and build a program that will have future success. And with a young team like this, a few years down the line they could really be contenders.

### ROSTER

Name	GR	Name	GR
<b>Varsity Boys:</b>			
Good Voice Perkins	8	Keethon Demarce	7
Marquis White Bear	8	Daceton Demarce	7
Traysen Ward	8	Dylon Young Bird-Barsuto	7
Liam Short Bull	8	Dylan Thunder	7
Hunter Wells	8	Jeryah Finley	7
Mark Youngbird	9	Logan Adams	8
<b>JV/JH Boys:</b>			
Arden Hawkins	9	Brendon Peltier	7
Zane Howling Wolf	7	Jon'Tae Cote-Kanning	7
		Maison Longie	7

### SCHEDULE

DATE	PLACE	TIME
April 29	Garrison Invitational at Garrison GC	10:00 a.m.
May 2	Underwood Invite at Underwood GC	10:00 a.m.
May 10	Burlington Golf Invitational at Wildwood GC	9:00 a.m.
May 29	Class A, West Region Torney at TBA	9:00 a.m.
June 4	Class B State Tourney at Crossroads CC	9:00 a.m.

\*With weather disruption and roster finalization, this roster and schedule are subject to change

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**Central McLean Boys Golf:** Coaches for the team could not be reached for comments on the upcoming season

**White Shield Track and Field:** Coaches for the team could not be reached for comments on the upcoming season

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# Garrison Troopers

## Golf



### SCHEDULE

DATE PLACE

- April 25 Rugby Country Club, Rugby
- April 29 Garrison Golf Club- Individual Qualifier
- May 2 Westridge Golf Course, Underwood, Central McLean Tourney
- May 7 Rolla Country Club, Rolla
- May 9 Fessenden Golf Course, Fessenden
- May 14 Garden Gate Golf Course, Dunseith
- May 17 Westhope Golf Course
- May 21 Star City Golf Course, Velva
- May 23 Vardon Golf Club, Minot- Team Qualifier



Back row: Evan Rensch, Little Hail Perkins, Anthony Belzer, and Landon Rustad. Front row: Jackson Tesch, Troyal Franklin, Jamian Stelts, and Thomas Collins. (Not pictured: Brody Seidler and Hoyt Carter. *(Photo credit Tyson Matthews)*)

**Garrison Golf:** Coaches for the team could not be reached for comments on the upcoming season

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# Garrison Troopers



4th row: Fischer Genre, Evan Rensch, Aidan Ermer, Avery Klein, Christopher Jewett, Trevor Mautz, Lithan Conception. 3rd row: August Majeres, Eli Ruud, Gavin Ruud, Gavin Ruud, Jayden Diffely, Finnigan Smedstad, Darian Limesand. 2nd row: Morgan Torr, Braelynn Smith, Abi Heizen, Tanille Kallberg, Camrynn Knorr, Laila Stein, Bella Wimer, Addy Iglehart, Sadie Majeres. 1st row: Piper Peterson, Miley Everett, Molly Jochim, Juli Myer, Kennedy Myer. (Photo credit Tyson Matthews)

## The Troopers are off to the races ROSTER

BY TYSON MATTHEWS  
tyson@nordaknorth.com

The Garrison Troopers track team is off and running.

With 29 participants this season, this is another large team for Garrison.

“We did gain more athletes than we lost, so the net was positive,” Head Coach Jason Ermer said.

The Garrison coaching staff are looking forward to another impressive season.

These athletes were excited to start practicing. Two weeks prior to the official start, the kids were already in the gym lifting weights getting ready for the season.

“I am looking to my two senior boys as leaders on the team, Gavin Ruud and Avery Klein. They have the most experience of any of our athletes,” Ermer said. “We also have a large number of junior boys who are quite experienced. Eight of 14 boys out are juniors this season. I don’t even know where to begin with our junior boys. They are a dedicated bunch of athletes, and I am really proud of their efforts. I am also happy to see they are trying some new events this year.”

But Ermer is also excited for the underclassmen that are participating this season.

“I am especially optimistic about our sophomores who I see developing into solid track athletes,” Ermer said. “These include Darian Limesand on the boy’s side, and Morgan Torr, Abi Heizen, and Sadie Majeres on the girls. Our girls’ team is young, so leadership will be developing throughout the season. I will be working with them to learn how to become better leaders.”

Majeres started track this season and is showing natural ability

in sprints. Torr has impressed her coaches with her times during the indoor season. Heizen hasn’t had as much time to condition this season, but she did very well at the indoor meet.

Three freshmen also joined the team this year; Laila Stein and Tanille Kallberg on the girl’s side and Chris Jewett on the boys.

“All are new to track, and I am happy with where we are starting. They are great additions to our teams,” Ermer said.

As far as the expectations of the team are concerned, Ermer has always emphasized improvement over everything else.

“It is our coaching staff’s job to show the athletes the proper way to do something and the athletes’ job to work on improving those skills,” Ermer said. “We emphasize running form especially as most young student-athletes have improper or inefficient form.”

Ermer wants each athlete to have their own personal goals.

“I like to think that we influence those by what we emphasize, as I previously mentioned, with achieving incremental improvements,” he said. “Our athletes who attended the state meet last year would like to make it back and we have some new athletes who want to qualify for the state meet.”

Our coaching staff consists of some veterans including Tyson Matthews, Carrie Magandy, Darlene Ruud, and new to coaching track this year is Stetson Pederson.

Coach Magandy works with our throwers.

Coach Ruud works with middle-distance and horizontal jumpers.

“We have ten athletes doing long jump and two athletes doing triple jump between varsity and junior high. I’m excited to see them progress and make Personal

Records throughout the season.” Garrison Jump Coach Dar Ruud said.

Coach Ermer works primarily with vertical jumps, hurdles, and sprints, while Coach Pederson and Coach Matthews work with the sprinters and relays.

“We also spend significant practice time on starts and making our blocks as efficient and fast as we can. This emphasis pays off in the end, but it takes a while, so small improvements on a daily basis are celebrated,” Ermer said. “We also celebrate personal records each time we can achieve. Our goal is to have each athlete have a new personal record at each meet.”

The other coaches agree that starts and block work are important.

“I enjoy working with the sprinters on starts,” Matthews said. “Starts are something you can break down and work on in pieces. Our runners are very receptive to instruction. If you ask them to try something different or change it up, they do it, no questions asked. They just want to improve.”

This season the Garrison team has all sprinters, so that’s a lot of starts to get through every day.

“We surprisingly have no distance runners this year,” Ermer said. “If anyone decides to move to distance, Coach Ruud would work with them.”

August Majeres was the lone returning distance runner, and he shifted his focus to middle distance and long sprints.

Returning state participants from last year include Aidan Ermer, Finn Smedstad, Avery Klein, Darian Limesand, and Gavin Ruud.

“While it is early, we are starting fairly close to where we left off last spring with times,” Ermer said.

Name	GR	POS
Avery Klein	12	Sprints
Gavin Ruud	12	Sprints, Jumps
Camrynn Knorr	11	Throws
Finn Smedstad	11	Sprints, Jumps
Evan Rensch	11	Throw
Trevor Mautz	11	Sprints, Jumps
August Majeres	11	Sprints, Distance
Kyler Goudace	11	Sprints
Aidan Ermer	11	Hurdles, Sprints
Jayden Diffely	11	Sprints
Lithan Concepcion	11	Sprints
Morgan Torr	10	Sprints
Sadie Majers	10	Sprints
Darian Limesand	10	Sprints
Abigail Heizen	10	Sprints
Laila Stein	9	Sprints, Jumps
Tanille Kallberg	9	Sprints
Chris Jewett	9	Sprint
Bella Wimer	8	Sprints
Braelynn Smith	8	Sprints
Eli Ruud	8	Sprints, Hurdles
Kennedy Myers	8	Sprints
Kaylee Magandy	8	Throw
Molly Jochim	8	Sprints
Addy Iglehart	8	Sprints
Miley Everett	7	Sprints, Throw
Piper Peterson	7	Sprints
Julie Myers	7	Throw
Fisher Genre	7	Hurdles, Throw, Jumps

## SCHEDULE

DATE	PLACE	TIME
Apr 19	Invitational at Nedrose	1:00 PM
Apr 20	Invitational at Washburn Public School	10:00 AM
Apr 23	Invitational at Stanley CSD	12:30 PM
Apr 25	Meet at Underwood School District	3:00 PM
Apr 26	Invitational at Rugby	2:30 PM
May 2	Invitational at Parshall	11:00 PM
May 9	Meet at Underwood School District	3:00 PM
May 14	Meet at Hazen	2:00PM
May 18	Regionals at Minot Public Schools	TBD
May 23	State Tourney at Bismarck	TBD
May 24	State Tourney at Bismarck	TBD
May 25	State Tourney at Bismarck	TBD

# South Prairie - Max Royals



(Photo credit High School Activity Department)



(Photo credit High School Activity Department)

**South Prairie-Max Track:** Coaches for the team could not be reached for comments on the upcoming season

## SCHEDULE

DATE	PLACE	TIME
Apr 23	Invitational at Bottineau	2:30PM
May 2	Invitational at Rugby	2:30PM
May 4	Invitational at Bottineau	11:00AM
May 6	Invitational at Nedrose	1:00PM
May 9	Invitational at Parshall	12:00PM
May 11	Invitational Glenburn at Minot High School	TBD
May 14	Invitational at Hazen	3:00PM
May 18	Regionals at Minot High School	TBD
May 23	State Tourney at Bismarck Community Bowl	TBD
May 24	State Tourney at Bismarck Community Bowl	TBD
May 25	State Tourney at Bismarck Community Bowl	TBD

## ROSTER

Name	BOYS	
	GR	POS
Stetson Brandvold	9	Sprints
Bryson Hagen	9	Throws
Gabriel Magallon	9	Sprints
Luke Anderson	10	Sprints
Derek Bailey	10	Distance
Nathan Samson	10	Distance
Hayden Bohl	11	Sprints
Caleb Walker	9	Sprints
Ethan Dobson	12	Sprints
Aidan Hawkins	12	Sprints/Jumps
Kerzy Sorensen	12	Jumps/Throws
Ean Hauf	12	Throws

Name	GIRLS	
	GR	POS
Laikyn Halverson	9	Sprints/Hurdles
Roslin Greene	8	Mid-Distance
Olivia Johnson	8	Sprints
Reagan Trudell	8	Distance/Mid-Distance
Madison Sys	8	Sprints/Jumps
Kimberly Kizima	8	Sprints
Kierra Bennett-Boedicker	9	Distance
Kayleigh Bennett-Boedicker	9	Throws
Alysa Rice	9	Distance
Evelyn Pietsch	9	Sprints
Sydney Schmidt	12	Distance/Sprints
Miryah Davis	9	Sprints/Jumps
Ella Buen	9	Distance
Eliza Wheeler	9	Throws
Maycie Talbott	10	Distance/Throws
Taylor Weber	10	Throws/Sprints
Brianna Rose	10	Sprints/Jumps
Miley Nelson	10	Sprints/Throws
Azjiah Trader	11	Sprints/Jumps

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# Central McLean Cougars



Front Row L to R: Lainy Haraseth, Morgan Snyder, Emma Fischer, Anna Skachenko. Middle Row L to R: Brooklyn Lauer, Reagan Kjelstrup, Adlyn Eng, Sadie O'Shea. Back Row L to R: Lindsay Perez, Vivian Schlafmann, Ally Salhus. Missing: Sally Heger, Leah Jacobson. (Photo credit Rane Fransen)

## Central McLean Cougars' Track and Field aims high for 2024

**BY: ETHYN WILLIAMS-CALVERT**  
ethyn@nordaknorth.com

The Central McLean Cougars are back on the track, spurred on by last year's impressive performances, with Coach Renee Fransen at the helm aiming to inspire another season of triumphs.

As the 2024 track and field season unfolds, the Cougars face the challenge of roster turnover but remain optimistic, driven by emerging talents and seasoned leaders.

"We lost a handful of athletes, including seniors and non-returning athletes," said Coach Fransen, reflecting on the changes in the boys' team.

Despite this, the addition of new athletes has brought a fresh dynamic to the squad.

"We have a strong boys team that will be able to do some great things over the season," Coach Fransen noted, highlighting athletes Gavin Haraseth, Aiden Hanson, Andrew Eichhorst, and Lucas Sims for their leadership and positivity.

These key players have already made a mark by securing a team victory at the first meet of the season and qualifying for the 4x200m relay.

"They lead by example and have a positive attitude when they come to practice, which builds a strong team dynamic," Coach Fransen added.

On the girls' side, the team is adjusting to the loss of several key senior athletes.

However, Coach Fransen is excited about the potential of returning competitors.

"Anna Skachenko, Adlyn Eng, Morgan Snyder, and Reagan Kjelstrup are just a few girls to watch over the season," she said.

Notably, Adlyn Eng and Reagan Kjelstrup have already qualified for the State Track meet in Triple Jump and High Jump, respectively.

"My expectation is that athletes come to practice ready to put in the work and be coachable. If they work hard, are coachable, and have the drive to improve they will see success."

This approach is aimed at fostering personal bests and reach-

ing state-level competitions.

"The goal for every meet is that the athletes show up ready to compete. We want to see PRs in individual events and relays," Coach Fransen explained.

As the season progresses, the ultimate aim is not only to qualify for the state track meet but to compete at a high level and aim for podium finishes.

With both the boys' and girls' teams off to a promising start, the Central McLean Cougars are on a path to potentially repeat and even build on last year's successes under Coach Fransen's dedicated guidance.



Front Row L to R: Brayden Lauer, Levi Repnow, Von Irwin. 2nd Row L to R: Brody Dockter, Brayton Fuentes, Kaden Lelm, Bridger Rittenbach, Darick Jones. 3rd Row L to R: Gavin Haraseth, Aiden Hanson, Kylar Hansen, Kannon Hunt, Max Corcoran. Back Row L to R: Carter Gross, Ty Makeeff, Morgan Maxwell, Andrew Eichhorst, Lucas Sims, Maddox Snyder

### ROSTER

Name	BOYS	
	GR	POS
Kaden Lelm	10	Sprints/Jumps
Ty Makeeff	10	Mid-Distance/Jumps
Morgan Maxwell	11	Mid-Distance
Max Corcoran	12	Sprints
Maddox Snyder	12	Sprints/Jumps
Lucas Sims	12	Sprints
Levi Repnow	10	Distance/Mid-Distance
Kylar Hansen	8	Mid-Distance
Kannon Hunt	9	Mid-Distance/Sprints
Aiden Hanson	10	Mid-Distance/Jumps
Gavin Haraseth	10	Sprints
Darick Jones	9	Mid-Distance
Carter Gross	11	Throws
Brody Dockter	11	Mid-Distance/Distance
Bridger Rittenbach	10	Mid-Distance/Jumps
Brayton Fuentes	9	Throws
Brayden Lauer	11	Distance/Mid-Distance
Andrew Eichorst	11	Sprints

Name	GIRLS	
	GR	POS
Anna Skachenko	12	Sprints/Mid-Distance
Adlyn Eng	11	Jumps/Sprints
Reagan Kjelstrup	11	Jumps/Sprints
Morgan Snyder	9	Sprints/Mid-Distance
Sadie O'Shea	11	Mid-Distance/Hurdles
Brooklyn Lauer	8	Sprints
Emma Fischer	9	Sprints/Jumps
Leah Jacobson	12	Sprints
Sally Heger	10	Throws
Vivian Schlafmann	9	Sprints/Jumps

### SCHEDULE

DATE	PLACE	TIME
Apr 23	Stanley	12:00 PM
Apr 25	Invite Underwood Track, Underwood	3:00 PM
Apr 27	Southern McLean Invitational Washburn	10:00 AM
Apr 30	Underwood Track	2:00 PM
May 4	Hunter Seifert Memorial - Shiloh Christian	10:00 AM
May 6	Nedrose Varsity Meet, Minot	12:00 PM
May 9	Underwood Track	3:00 PM
May 11	Duane Carlson Stadium, Minot	11:30 AM
May 14	Hazen HS,	3:00 PM
May 17	Starion Sports Complex, Mandan	11:00 AM

# Southern McLean Roughriders

## Boys Track



(Photo credit Lynnette Laning)

### Southern Mclean boys track focusing on individual strengths

**BY KELLI AMELING**  
Associate Publisher

With 13 returning varsity track stars to the Southern McLean boys track team and seven “newbies,” the coach is setting her eyes on highlighting individual strengths for a successful season.

Coach Laura Tweeten said overall, the boys track team’s strengths are in the field events.

This year, she said there is a “great group” of throwers.”

“We are looking for Carter Knutson and Reece Franklund along with Isaiah Johnson to be the top placers in the throwing events - shot put, javelin and discus,” Tweeten said. “(We are) looking for Brady Vollmuth, Quinton Conoly, Cody Landsiedle and Zac Quinn to get us points in the pole vault.”

The team will focus on Justin Scheresky, Quinton Conoly, Dontaye Fetzer, Grant Wagner and Brady Nelson as jumpers, as well.

“Quinton and Dontaye jumped last year and Dontaye qualified for state last year by his placement in the region meet, but the others have looked good in practice,” she said.

When it comes to long jump, Dontaye Fetzer and Brady Vollmuth, Tweeten said, “will be ones to watch.”

“Right now, Brady V. is our only triple jumper and he PR’d at the indoor meet in Minot,” she explained. “Josh Laning is the only boys hurdler at this time. I look for him to do well in the hurdles and help out in the relays, as well.”

Although Tweeten is looking forward to a successful season,

she said a weakness of the team will be the track events themselves because there aren’t very many veteran boys in the events.

“Athletes to keep an eye on are Cody Landsiedle, Beckett Kadrams and Easton Kulger in the 800, Beckett and Easton in the 1600 and our boys 4X800 relay,” Tweeten said. “We have some athletes running some of the short sprints and we are hoping we can get some other relays together to qualify.”

Overall, her goal is to work hard at practice and continue to improve everyday.

“It always feels good and is a morale booster to get some events qualified during the regular season, so we can focus on other events during the region meet and qualify those as well,” Tweeten said.

### ROSTER

Name	GR	Name	GR
Kade Kassian	12	Carter Knutson	12
Oscar Wood	10	Brady Vollmuth	9
Zachary Quinn	11	Isaiah Johnson	12
Justin Scheresky	12	Reece Franklund	12
Brady Nelson	9	Carter Geiger	9
Kaleb Benning	9	Dontaye Fetzer	11
Gage Wolf	9	Memphis Roehrich	10
Jaime Hernandez	10	Grant Wagner	9
Cody Landsiedel	11	beckett Kadrams	10
Quinton Conoly	11	Joshua Laning	9

### SCHEDULE

DATE	PLACE	TIME
Mar 28	CNDC Indoor at Minot State Dome	1:00 & 7:30 PM
May 23	at Bismarck Community Bowl	3:00 PM
May 25	at Bismarck Community Bowl	5:00 PM

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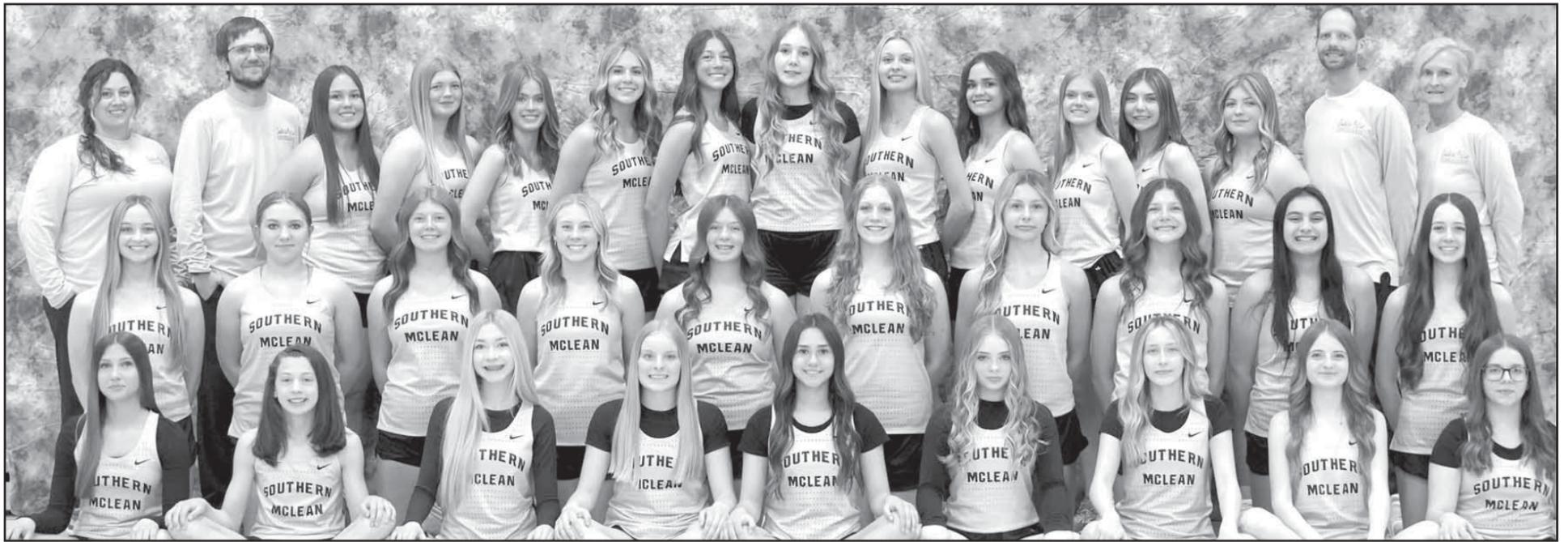
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# Southern McLean Roughriders

## Girls Track



(Photo credit Lynnette Laning)

### Roughriders girls track 'impressed' with team filling holes

BY KELLI AMELING  
Associate Publisher

When looking at the 2024 track season for the Southern McLean Roughriders girl's track team, the coach is set on building the team up individually.

"My biggest goal for the team is for them to improve against themselves, first," said Coach Nathan Stamstad. "When you compete in track and field, the first competition is not against other people or other teams - it's always with yourself."

Stamstad when the team believes in themselves and improve time, distance and more, then they are "always going to happy about that. After that comes team success."

This year, the Roughrider girls lost a bit of talent to graduation, Stamstad explained, adding Jordyn Thorson was a state runner-up for both the 800 and 1,600 last year. In addition, Syndey Shoemaker led off multiple relays, River Soto, Sydney Schmit and Grace Boysun were also on State-qualifying relays.

"However, I have been very impressed with how some of the girls are stepping up to fill roles

vacated by the graduated seniors from last year. All four of our relays will be competitive at both the region and state levels," Stamstad said.

Focusing on this year's team, he said the team's strengths are in springs and mid-distance.

"We have a lot of talent there - some of which is very young and just needs experience," he said. "We might struggle with the throwing events, but we have several girls who are working hard to remedy that."

Some of the team's top talent lies with Kari Patterson and Monica Goven.

"Kari is an All-State cross-country runner and brings a lot of experience to the mid-distance and distance events," he said. "She is looking to podium at state. Monica has qualified for state individually the past two years but has not placed yet. She will attempt to do that and an-

chor our sprint relays, as well."

Other's that qualified last year in relays that Stamstad hopes to build on are Sydney Ternes, Maggie Jennings, Aubrey Steinert, and Sophia Krush. A few others that have looked really good so far are: Tayler Cleveland, Chev Obering, Miley Blackaby, Sadie Goven and Mae Jennings.

"I could see all of them qualifying for the state meet this year," he said.

Overall, Stamstad said the goal every year is to compete for a top three place at the region and score points at the state meets.

"Despite losing Jordyn and the other seniors, I think we this is a very realistic goal for us," Stamstad said. "I'm very excited to see the growth from some of these young girls and to see how well they can do. There is a lot of potential throughout the team!"

### SCHEDULE

DATE	PLACE	TIME
Apr 25	Central McLean Underwood HS	3:00 & 8:00 PM
May 4	at Shiloh	10:00 AM - 5:00 PM
May 23	at Bismarck Community Bowl	3:00 PM
May 25	at Bismarck Community Bowl	5:00 PM

### ROSTER

Name	GR	Name	GR
Taylor Cleveland	12	Emily Beehler	9
Monica Goven	12	Miley Blackaby	9
Grace Mehlhoff	12	Kalyn Braasch	9
Harley Ternes	12	Aubrianna Feist	9
Sienna Berube	11	Lily Gardner	9
Mya Nelson	11	Sadie Goven	9
Kari Patterson	11	Brooke Knutson	9
Liza Telkaemper	11	Lily Meadows	9
Sydney Ternes	11	Gracie Omlid	9
Claire Fischer	10	Dehmay Ternes	9
Aubrey Gardner	10	Malia Tooke	9
Maggie Jennings	10	Erin Conoly	8
Chev Obering	10	Mae Jennings	8
Kamryn Romandia	10	Sophia Krush	8
Aubrey Steinert	10	Joanie McCormack	8
Brooke Bauer	9		

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ADULT Cardinal T-Shirt - \$15

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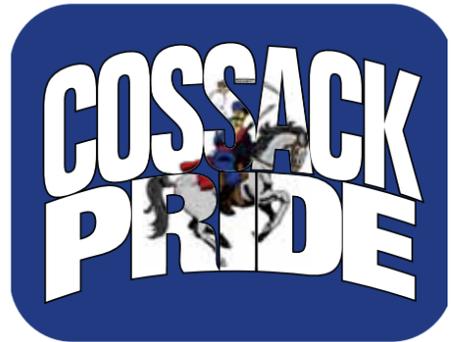
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ADULT Comet T-Shirt - \$15

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YOUTH Cossack T-Shirt - \$13

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ADULT Cossack T-Shirt - \$15

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YOUTH Cougar T-Shirt - \$13

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ADULT Cougar T-Shirt - \$15

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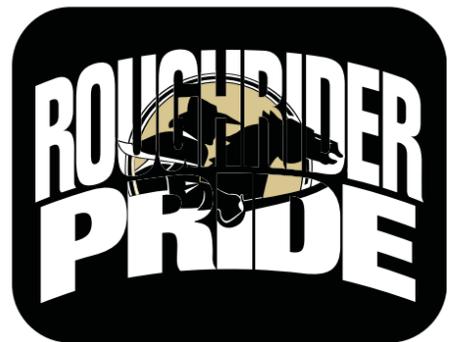
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ADULT Royal T-Shirt - \$15

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ADULT Trojan T-Shirt - \$15

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\$13 x \_\_\_\_\_ = \_\_\_\_\_ Total

ADULT Trooper T-Shirt - \$15

S M L XL 2X 3X 4X

\$15 x \_\_\_\_\_ = \_\_\_\_\_ Total



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\$13 x \_\_\_\_\_ = \_\_\_\_\_ Total

ADULT Warrior T-Shirt - \$15

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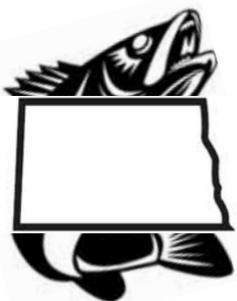
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