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Base Tax Center Now Open

SENIOR AIRMAN KRISTOFFER KAUBISCH | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- The Minot Air Force Base Tax Center is now open and will remain open until April 18. The tax center offers free advice, assistance, preparation and electronic filing of federal and state income

tax returns through the Internal Revenue Service's Volunteer Income Tax Assistance Program. Tax assistance priority will be given to active duty military; however, military dependents, retirees and DoD civilian personnel may receive assistance on a space-available basis.

The tax center is located in the Pride Building, west entrance, 2nd floor. The tax center will be open Monday - Thursday from 8:30 a.m. to 3 p.m. by appointment only. Fridays will be walk-in hours from 8:30 a.m. to noon. Many squadrons also have unit tax advisors who can

assist personnel with filing their taxes.

Deployments can create many special tax issues. If you are, or will be, in a deployed status at any time, January through April and cannot file by the April 15th deadline, your filing season will be automatically extended. For any deployments, you may provide a spouse or family member with IRS Form 2848 (www.irs.gov) power of attorney, to file your taxes on your behalf while you are deployed.

To get refunded earlier, deployed personnel can authorize another individual a power of attorney to file taxes on their behalf while deployed.

To receive tax preparation/e-filing assistance, you must bring:

- Photo IDs - Proof of

identification (Taxpayer/Spouse)

- Social Security Cards (or ITIN card, if applicable) (Taxpayer/Spouse/Dependents)
- Birth Dates (Taxpayer/Spouse/Dependents)
- Prior Year Tax Return (if new to Minot or Itemizing Deductions)
- Wage/Income Statements (i.e., W-2s, W-2G, 1099-B, 1099-R, 1099-G, 1099-Misc)
- Interest & Dividend Statements (1099-INT, 1099-DIV)
- Affordable Care Act Healthcare documents (IRS Form 1095-A, 1095-B or 1095-C)
- Dependent Care Information (Daycare Provider Name, Address, Tax ID #, Amount Paid)
- Education Credit Information (1098-T, receipts for out-of-pocket expenses)
- Proof of Bank Routing and Account Number (For Direct Debits/Direct Withdrawals)
- Any other forms applicable to your return o (i.e., "1098-E Student Loan Interest Paid", "5498 IRA contributions", "1098 Mortgage Interest Paid", Real Estate Taxes paid in 2015, etc.)

Once you have received and printed all your tax documents, appointments can be scheduled by calling 723-3026.

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Reporting Domestic Violence Options: Unrestricted vs. Restricted Reporting

FAMILY ADVOCACY PROGRAM | MEDICAL OPERATIONS SQUADRON

MINOT AIR FORCE BASE, N.D. -- "You have a voice, let it be heard"

Some victims don't ask for help because they fear for their safety or the safety of their children. Victims of domestic violence don't always recognize they are victims and feel the violence is normal. Unfortunately, it is often only when someone is seriously hurt that their friends, family or professionals become aware of the situation.

If you are a victim of abuse or know someone who is, the Family Advocacy Program (FAP) offers Domestic Abuse Victim Advocate (DAVA) services. The DAVA program is designed to

provide a voice to victims who need support to speak about their experience. The DAVA works 24/7 as needed to provide victim advocacy to all active duty personnel, their family members or intimate partners who are eligible beneficiaries of the military health care system.

The DAVA's duties include, but are not limited to:

- safety planning and linkage to needed installation and community services
 - regional and local resources
 - getting a protection order with both military and civil court
 - support during court proceedings.
- Accompaniment is

provided to the victim for medical appointments, law enforcement investigations, counseling and any judicial processes.

Each individual who is a victim of domestic violence has the option of either making a restricted or unrestricted report. An unrestricted report is for victims who want the military chain-of-command to know of an incident and to have it investigated. A restricted report allows victims of abuse to report details of the abuse to victim advocates, FAP and health care providers to access services or care without command's involvement. However, if a restricted report becomes known to command outside of those listed above, the

incident will then be investigated as if it were an unrestricted report. In addition, if safety becomes a concern, the Family Advocacy Officer has the discretion to change a restricted report to an unrestricted report. A limitation of a restricted report is command's inability to implement safety measures, such as military no-contact orders.

If you are a victim of abuse and would like to talk to a DAVA please call:
Office Number: 701-723-5096
Emergency Line: 701-557-9466

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FACEBOOK

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Hurricane Hunters gather forecast data on record-breaking blizzard

STAFF SGT. NICHOLAS MONTELEONE | 403RD WING PUBLIC AFFAIRS

KEESLER AIR FORCE BASE, Miss. (AFNS) -- The Hurricane Hunters of the 53rd Weather Reconnaissance Squadron flew a different kind of mission from Keesler Air Force Base Jan. 22 to gather data on the blizzard that hit the Eastern Seaboard.

The blizzard began

dropping snow on the area early Jan. 22, and was a record-setter for three cities, leaving 29.2 inches in Baltimore, 31.9 inches in Allentown, Pennsylvania, and 34 inches in Harrisburg, Pennsylvania, according to the National Weather Service.

The 53rd WRS crew flew along the eastern coast from Florida up to the New York City area over the Atlantic Ocean, dropping

sondes ahead of the storm to gather information and to send it back to the NWS, where forecasts and predictions are made.

While the Hurricane Hunters are best known for flying into hurricanes, the winter storm mission is a bit different.

"A hurricane is more of a fluid flight with lots of changes, whereas with winter storms, everything is already set," said 1st Lt. Leesa Froelich, a 53rd WRS aerial reconnaissance weather officer. "We also fly as high as we possibly can, but in a hurricane we're at 10,000 feet."

"Much like in a hurricane,

we drop sondes down to the surface that collect information on the storm's wind speed and direction, as well as the barometric pressure and temperature," said Staff Sgt. Jesse Jordan, a 53rd WRS loadmaster.

During the flight, reports were coming in that Washington D.C. had received 19 inches of snow, said Froelich. By Sunday, the city saw 22-35 inches of snow to the west, north and northwest of the Beltway, and 18-24 inches inside the Beltway.

The Hurricane Hunters flew two flights in this storm. This is the second winter storm the squadron has flown this year, but they continue to be ready for anything else that develops during this winter storm season.

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QUARTERLY LOAD CREW COMPETITION

Two teams of weapons loaders from the 23rd and 69th Aircraft Maintenance Units compete for the best load crew during the Quarterly Load Crew Competition at Minot Air Force Base, N.D., Jan. 22, 2016. The teams, which consist of four members, are evaluated on how quickly and precisely they can load weapons onto an aircraft. The competition not only helps to ensure quality and efficient work, but also to encourage teamwork, as well as improve morale.

U.S. AIR FORCE PHOTOS BY AIRMAN 1ST CLASS GARRETT SULLIVAN AND AIRMAN 1ST CLASS MATTHEW RAUSCHNOT



TEAM 1



VS.



TEAM2



Airman helps search for Vietnam War remains

2ND LT. GENEVA CROXTON | 60TH AIR MOBILITY WING PUBLIC AFFAIRS

TRAVIS AIR FORCE BASE, Calif. (AFNS) -- (This feature is part of the "Through Airmen's Eyes" series. These stories focus on individual Airmen, highlighting their Air Force story.)

When Tech. Sgt. Robin Bailon enlisted in Air Force in 2000, she didn't expect her career to place her in Vietnam, serving as a life science investigator.

But Bailon, an aircrew flight equipment specialist by trade, had the opportunity to venture far outside the scope of her traditional duties, recently returning from a trip working for the Defense Prisoner of War/Missing in Action Accounting Agency in Vietnam.

There, she searched for the remains of fallen service members and aircraft parts from a helicopter crash during the Vietnam War.

Headquartered in District of Columbia with an operational office in Hawaii, the DPAA is responsible for both the recovery and accounting of missing service members from past conflicts.

When the message came down from Air Mobility Command that it was looking for a team member, Bailon was

excited to apply. She became interested in the program when she heard about it from co-workers who served on previous DPAA teams.

Her work with aircrew flight equipment opened the door for her to go to life science equipment investigation training, where she further developed her skills to contribute to the effort of Recovery Team 5, the DPAA team to which she was assigned to.

This past year, RT-5 was able to successfully clear the area around a crash site that was identified by the agency in 2007 and began the excavation. During her time there, Bailon worked closely with a civilian forensic anthropologist, a photographer, an explosive ordinance specialist, and a Vietnamese linguist to search for and recover aircraft pieces.

Bailon's hard work was noticed by both her teammates, and also her supervisor U.S. Army Capt. Jonathan Duncan, a 121st Joint Field Activity DPAA recovery team leader.

"Tech. Sgt. Bailon was instrumental in helping our team identify wreckage associated with the crash as she was the only subject matter expert on the team who could provide authoritative positive identification of aircraft pieces and parts," Duncan said. "Her expertise was crucial in allowing us to fulfill our mission."

Duncan was responsible

for leading 15 U.S. personnel on the mission, directing their work and coordinating with the Vietnamese Office for Seeking Missing Persons.

There were many challenges faced during the 21 days that Bailon spent in Vietnam with RT-5.

The remote and austere conditions at the site created logistical, manpower and life support problems that the team was able to overcome. The mountainous terrain was cold and rainy, which made the job more difficult. The ground was muddy and insects also created challenges for the team, but she refused to let the poor conditions get her down.

"I remember Tech. Sgt. Bailon was always willing to pitch in and do more than her fair share of the dirtiest, most grueling work we had to do," Duncan said. "She hauled buckets up and down steep muddy slopes, shoveled out mud from the holes we excavated, and stood in dirt, mud, and water, for up to eight hours for each of those days. She did all of those things happily despite knowing that she would have no chance to change into clean or dry clothes, or take a warm shower, until we got off the mountain and went back to town."

A positive attitude was paramount to the team's success.

"Bailon's willingness to support the team was a significant boost to overall



COURTESY PHOTO

Tech. Sgt. Robin Bailon, right, of the 60th Operations Support Squadron, and a Vietnamese local screen dirt for evidence in hopes of finding life-support equipment and remains from a Vietnam War-era crash.

team morale" Duncan added. "She consistently produced excellent work despite a lack of life support conveniences that are typically taken for granted in daily life, like running water, flushing toilets, reliable showers or warm water for bathing."

Despite challenges that RT-5 faced in Vietnam, their efforts bared results. On Dec. 14, four boxes of remains, which are thought to be those of U.S. service members killed in action during the Vietnam War, were given to DPAA at a repatriation ceremony held at a Hanoi airport in Vietnam.

During her time in Vietnam, Bailon worked with members from each branch of service and said she enjoyed working with and learning about their similarities and differences. She also embraced the cultural aspects of the trip.

"I not only enjoyed the joint mission, but I also enjoyed working hand in hand with the Vietnamese," she said. "It was interesting. A lot of them don't really speak or understand English, so trying to communicate was challenging but it was fun experiencing their culture."

Something she cherishes from her trip is the camaraderie shared between not only the joint forces, but the Vietnamese military.

On Thanksgiving Day, Bailon's Vietnamese counterparts prepared a pig for the DPAA team. The DPAA members were also able to prepare a Thanksgiving meal and to share American culture with the Vietnamese as they celebrated what they were thankful for.

"What better time to be on this mission than just after Veterans Day," Bailon said.

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- General Psychiatry residency, John Peter Smith Hospital, Fort Worth, TX
- Fellowship in Child and Adolescent Psychiatry, University of Texas Southwestern, Dallas, where she served as chief fellow her final year.
- 2012 recipient of the Arnold P. Gold Foundation Humanism and Excellence in Teaching Award
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Staff Sergeant

Derrick OLSON

740th Missile Sq.

MORA, MN

Rough Rider
of the
Week



What did you do before you joined the Air Force?

Worked for Target, Wal-Mart and a casino while going to college.

Hobbies or Interests

Wife and kids, guns, ATVs and auto detailing.

Most life changing experience

Becoming a father.

Where do you see yourself in 10 years

Retired and living in either MN, CA, ND or TX.

If you could have one special talent, what would it be

Teleporting, so when it is -60F in Minot, I can go to CA and relax on the beach.



Favorite quote

"Si vis pacem, para bellum."
(Latin for "If you want peace, prepare for war.")

North Dakota Department of Health Urges Parents to Vaccinate Their Children Against Human Papillomavirus

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D.—The North Dakota Department of Health (NDDoH) reminds the public that everyone, girls and boys, between the ages of 11 and 26 should receive the human papillomavirus (HPV) vaccine for the prevention of cervical and other cancers during National Cervical Health Awareness Month in January.

According to Molly Howell, Immunization Program Manager with the NDDoH, every 20 minutes someone in the United States is diagnosed with HPV-related cancer. “We have an amazing opportunity to prevent certain types of cancer in future generations through HPV vaccination,” said Howell. “Sadly, only 41.7 percent of girls and 25.3 percent of boys between 13 and 17 years of age in North Dakota are completely vaccinated against HPV.

A three-dose series of HPV vaccine for all adolescents 11 to 12 years of age, with catch-up vaccination at ages 13 to 26, can prevent HPV infection and its associated cancers.

“It is important to be vaccinated against HPV early, before being exposed,” said Howell. “Three out of four new HPV cases are found in people ages 15 to 24.”

“HPV vaccines were studied extensively for years prior to being approved by the Food and Drug Administration,” said Howell. “They continue to be monitored for safety since their licensure almost ten years ago. The most common side effects of HPV vaccine are soreness and redness at the injection site, fever, headache, nausea, and muscle pain. More than 86 million doses of HPV vaccine have been given out in the United States, with millions more administered worldwide, and vaccine studies continue to show that HPV vaccines are safe.”

North Dakota participates in the Vaccines For Children (VFC) federal entitlement program, which provides free vaccine for children 18 years of age and younger who are American Indian, Medicaid-eligible, uninsured or have insurance that does not cover vaccinations.

However, most insurance plans do cover HPV vaccine. The North Dakota Immunization Program also has an adult vaccination program that provides HPV vaccines to uninsured or underinsured adults. Contact your health care provider or local public health unit for more information about these vaccine programs.

In an effort to increase HPV vaccination rates, the North Dakota Immunization Program has been sending recall notices to parents of adolescents ages 12 to 17 who are 30 or more days behind on their adolescent immunizations, including those who have started but not completed the HPV series. HPV informational postcards are sent to the parents of adolescents turning 11, encouraging them to vaccinate their children against HPV. Additionally, the North Dakota Immunization Program is conducting a statewide television, radio and online media campaign to promote HPV vaccination. Parents are encouraged to visit www.getHPVvaccine.com or www.cdc.gov/hpv for more information.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



“We try to make sure we don’t have anything (areas of water) wide open.”

— Dale Evenson, U.S. Army Corps of Engineers Garrison Power Plant supervisor on criteria for Lake Sakakawea’s ice-over declaration

We’re not talking groundbreaking scientific research here, folks, but there is a little bit of a technique in determining when Lake Sakakawea officially ices over—or goes ice-free, for that matter.

Perhaps tradition is a better way to describe the fine art of determining whether or not any water remains exposed to the North Dakota elements or if the Big Lake is a big sheet of treacherous ice.

As winter locks its grip, U.S. Army Corps of Engineers Garrison Power Plant mechanics begin scouting the lake’s ice situation. They trek to the top of the power plant’s water intake structure on the west side of Garrison Dam, scanning with binoculars for any hints of remaining water. They also head over to an excellent vantage point in Sakakawea State Park, scanning the lake there, as well. The bluffs above Government Bay provide yet another angle.

Granted, there may be a hidden bit of open water on occasion but if enough of Lake Sakakawea is deemed encased in ice, an official decree is made: It iced-over, most recently Jan. 13, 2016.

The corps has 63 years of Lake Sakakawea ice-over and ice-out records beginning when Garrison Dam closed in 1953.

Over the years, there is some interesting ice-over trivia:

The lake was just beginning to fill in 1955-1956. At the time the Missouri River was still somewhat a remnant of its former self so lake elevations weren’t anywhere near full pool. It iced over Nov. 23, 1955 and wasn’t ice-free until well into the spring of 1956—May 8, to be exact.

That’s a record whopping 165 days of ice.

The next longest ice-over period occurred in the winter of 1978-1979 when the big lake had ice for 145 days, Dec. 22, 1978

through May 17, 1979.

The flip side of that occurred in 2011-2012. After spillway emergency floodgates were opened for the first time in history to address June 2011 flooding, the lake was still at high elevations going into winter. It didn’t ice-over until Jan. 18, 2012. It was deemed ice-free a mere 69 days later on March 27.

Typically, though, Lake Sakakawea ices over in December—41 of its 63 years of ice-over, ice-out history. Only twice—in 1955 and again in 1985—did it ice-over in November. Otherwise Lake Sakakawea iced over in January for the remaining 20 years of its history.

It iced over Christmas Eve in 1964 and Christmas Day in 1971. New Year’s Eve was celebrated with ice-over in 1957, 1965, and again in 1998 while ice-over greeted New Year’s Day in 1979.

Somehow, Lake Sakakawea managed to ice-over and become ice-free on the exact dates two consecutive years: Dec. 19 in 1995 and again that same day in 1996. Power plant officials deemed it ice-free on May 6, 1996 and again May 6, 1997, a total of 137 days both years.

The latest Sakakawea iced over was also as it filled—Jan. 26, 1954.

Records are kept for all six reservoirs but they don’t all ice-over annually, Joel Knofczynski, U.S. Army Corps of Engineers hydraulic engineer, Omaha, Neb., described. South Dakota’s Lake Oahe is large enough and far enough south so it doesn’t always completely freeze.

While Mother Nature plays the largest role in determining ice-over—air and water temperatures and wind speeds—reservoir elevations could, at times, be a factor. “That’s a lot of energy and heat,” Knofczynski explained, to cool and freeze.

10 MOST BEAUTIFUL CITIES IN THE USA



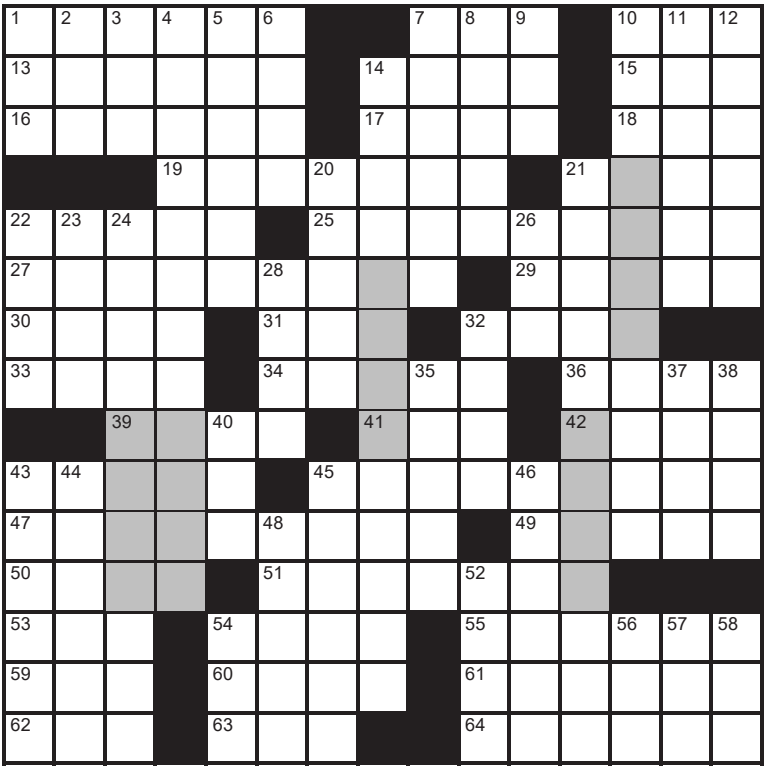
#4 SAN FRANCISCO, CALIFORNIA

Despite some recent dramatic cultural changes, San Francisco remains one of the most beautiful cities in the U.S. The ‘City by the Bay’ is scenic and welcoming, with major landmarks, cultural attractions and streets lined with ornate Victorian homes. And there’s more: sundry parks, stretches of sand, and picture-postcard views, with the Golden Gate Bridge serving as a constant romantic backdrop.

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CROSSWORD PUZZLE

Snow Drifts



- Across
- 1 "Aeneid" poet

7 Show ____

10 GI-free area

13 Requiring decryption

14 Only

15 Heating alternative

16 Maine park

17 Cork's country

18 "Xanadu" group

19 "In all likelihood"

21 "Over here!"

22 Curses

25 Keeps at it

27 One studying saucers

29 Breaks off

30 Creative

31 Acapulco gold

32 Letter abbr.

33 Sneak a peek

34 Melodious

36 Did too much

39 Shock grp.

41 Terse question

42 Agrippina's slayer

43 Kind of salami

45 Squeezes (into)

47 Grading aid

49 It's a plus
- 50 Boys in the 'hood

51 Hides out

53 Singer Rawls

54 Unix scripting language

55 Locations

59 Long stretch

60 Laptop co.

61 Trattoria dessert

62 Criterion: Abbr.

63 AOL rival
- Down
- 1 Itinerary word

2 Mag for execs

3 Major TV brand

4 1966 Beach Boys hit

5 "You'd better believe it"

6 Its symbol is Pb

7 Lebanese port

8 Like some vbs.

9 End of a series

10 Makes something better in a big way

11 Country singer Ronnie

12 Polish bread
- 14 Food delivery service for the homebound

20 VP Agnew

21 Comedian who is the narrator on TV's "The Goldbergs"

22 Kind of income

23 60's do

24 Berry Gordy Jr. pioneered it

26 Boom source

28 "____ light?"

32 Soothing plant

35 Nautical calls

37 Coastal eagle

38 Biblical verb

40 Significant other

43 Some roof ends

44 Implant deeply

45 Vail trail

46 Oahu outsiders

48 Like a Boston accent

52 Women's links grp.

54 Cook's spray

56 Elevator ____

57 J.F.K. posting

58 Kind of flour



Butting Heads

Will Smith tackles the NFL in "Concussion"

NEIL POND | PARADE MAGAZINE

Will Smith has fought zombies, space aliens and killer robots. Now he's squaring off against an even bigger, completely human foe—and certainly a much more popular one.

In Concussion, he plays Dr. Bennett Omalu, who discovers the link between football and CTE, chronic traumatic encephalopathy—potentially fatal brain damage from repeated concussions.

The true story (originally told in a 2009 article in GQ magazine) begins as we meet Nigerian-born Omalu in 2002, while he's working in Pittsburgh as the county coroner's forensic pathologist. The untimely death, and bizarre final days, of a former Pittsburgh Steeler football Hall of Famer, Mike Webster (David Morse), troubles him: Webster's autopsy reveals severe brain trauma that caused him to go crazy, freak out and eventually expire of a heart attack. When Omalu learns of other NFL players dying in similar fashion, he investigates further and comes to a conclusion that almost no one wants to hear—especially not the

National Football League. Playing football can kill you.

Unlike some other creatures, such as the woodpecker or the bighorn sheep, Omalu points out, humans have no natural shock absorber in our skulls to cushion the blow when one of our noggins impact with something hard—like another noggin. Nature, or providence, simply did not equip us that way. Therefore, Omalu reasons, "God did not intend for us to play football."

Smith, a bona fide movie star, is outstanding in a non-flashy role that doesn't involve car chases, spaceships, shootouts or CGI special effects—just straight-up, strong, dig-in acting and a very plausible, start-to-finish nail-down of Dr. O's West African accent and mannerisms. He makes you feel Omalu's passionate sense of commitment—and his dream to be accepted as "American"—as the NFL tries to quash his research and discredit him.

Albert Brooks is Cyril Wecht, the county coroner who helps Omalu while warning him of squaring off against with the NFL. "You're going to war with

a corporation that owns a day of the week," he tells him. Alec Baldwin plays Dr. Julian Bailes, the former Steelers team doctor who assists Omalu in getting his message to football players, managers, agents and the commissioner. "You've turned on the lights and given their biggest boogeyman a name," Bailes says.

British actress Gugu Mbatha-Raw plays Prema, the Nigerian student who becomes Omalu's wife, reminding him that his family name means "He who knows, speaks."

But the movie belongs to Smith, who tackles what might be his one of his trickiest, juiciest roles—a crusading underdog with a potentially life-saving message that falls on mostly deaf ears. "Tell the truth—tell the truth!" a frustrated Omalu jabs at a NFL team neurosurgeon who refuses to admit there's any connection between football and brain injury.

As millions of football fans tune into games this weekend, it's a truth that will likely be drowned out by the symphony of cheers in stadiums all across America.

SUDOKU

Solution to puzzle on page 18

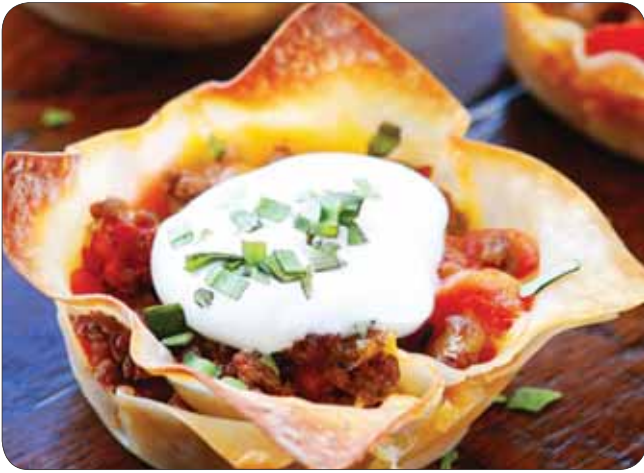
	1				2			
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Solution to last week's Crossword puzzle.

S	E	R	I	F		O	A	S	I	S		P	G	A
U	T	E	R	I		T	W	E	R	P		R	A	M
S	H	A	K	E	A	T	O	W	E	R		E	Y	E
H	O	I			C	O	L	S		I	B	S	E	N
I	S	R	A	E	L				O	N	U	S		
			B	L	U	S	H	I	N	G	C	R	O	W
C	O	B	B	S		L	O	G	E	S		O	D	E
H	U	L	A		P	A	U	L	A		P	O	O	R
I	C	U		D	U	N	N	O		P	O	M	M	E
C	H	E	W	I	N	G	D	O	O	R	S			
		W	A	V	Y				L	Y	T	T	O	N
N	E	H	R	U		M	I	L	A			H	U	E
E	R	A			L	E	A	D	O	F	S	P	I	T
O	I	L			G	L	U	E	S		P	I	N	E
N	E	E			E	F	L	A	T		A	N	G	R



Crunchy Taco Cups



INGREDIENTS:

1 lb lean ground beef, browned and drained
1 envelope (3 tablespoons) taco seasoning
1 (10-oz) can Ro-Tel Diced Tomatoes and Green Chiles
1½ cups sharp cheddar cheese, shredded (or Mexican blend)
24 wonton wrappers

INSTRUCTIONS:

Preheat oven to 375 degrees F. Generously coat a standard size muffin tin with nonstick cooking spray. Combine cooked beef, taco seasoning, and tomatoes in a bowl and stir to combine. Line each cup of prepared muffin tin with a wonton wrapper. Add 1.5 tablespoons taco mixture. Top with 1 tablespoon of cheese. Press down and add another layer of wonton wrapper, taco mixture, and a final layer of cheese. Bake at 375 for 11-13 minutes until cups are heated through and edges are golden.

Oreo Truffles Valentine's Hearts



INGREDIENTS:

24 Oreo cookies-crushed into fine crumbs
5 oz. softened cream cheese
12-14 oz. high quality white chocolate (you can use white chocolate candy coating or vanilla almond bark)
Heart shaped sprinkles-optional

INSTRUCTIONS:

Line a tray with baking paper. Crush whole Oreos with the filling in a really fine crumbs and combine it with softened cream cheese. You can do this by hands, press it with a back of the spoon, or use a mixer with paddle attachment (the mixture is really thick and I prefer to knead it by hand). When it's all evenly combined transfer the mixture onto baking paper and spread it in an even layer about ½ inch thick (or more, depending how large is your cookie cutter). Place the tray in the freezer for 45 mins (or more) until it's harden enough for cutting. Cut out the truffles with heart shaped cookie cutter and place them back in the freezer for 20-30 mins (truffles must be frozen before dipping into chocolate). Line another tray with baking paper and set aside. Take a few hearts from the freezer (so the rest won't soften while you are working) and dip one frozen hearts at the time into melted chocolate with a fork. Tap off the excess chocolate and transfer the hearts onto baking paper and top with sprinkles (if you don't want to dip them twice in the chocolate). If you want to cover the truffles with second layer of chocolate (like I did), then after first dipping into chocolate, place chocolate covered hearts in the freezer to harden the chocolate faster and repeat the dipping process, and then top with sprinkles. Work in small batches because the heart must be frozen when place them into melted chocolate. Store in an airtight container in the fridge (or freezer for longer storage). This recipe makes 16-20 small (about 1.5 inch) hearts.

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feb. 12th**

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7PM - Dinner

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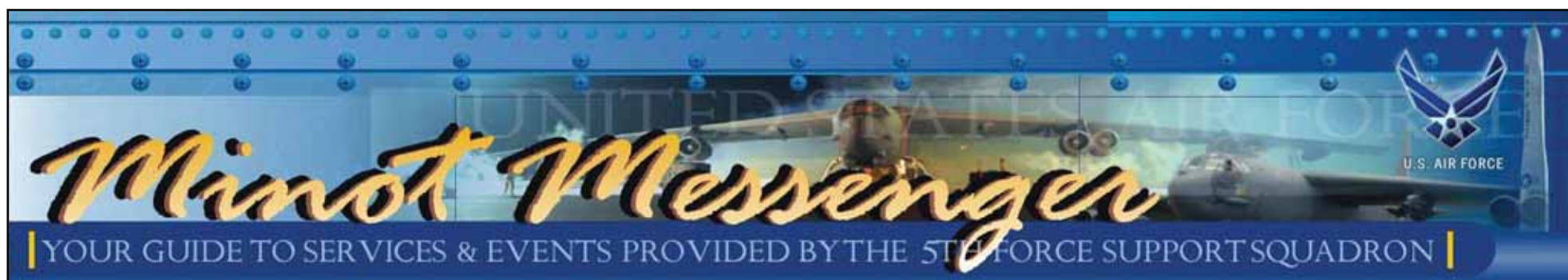


Get more information at
JADEPRESENTS.COM

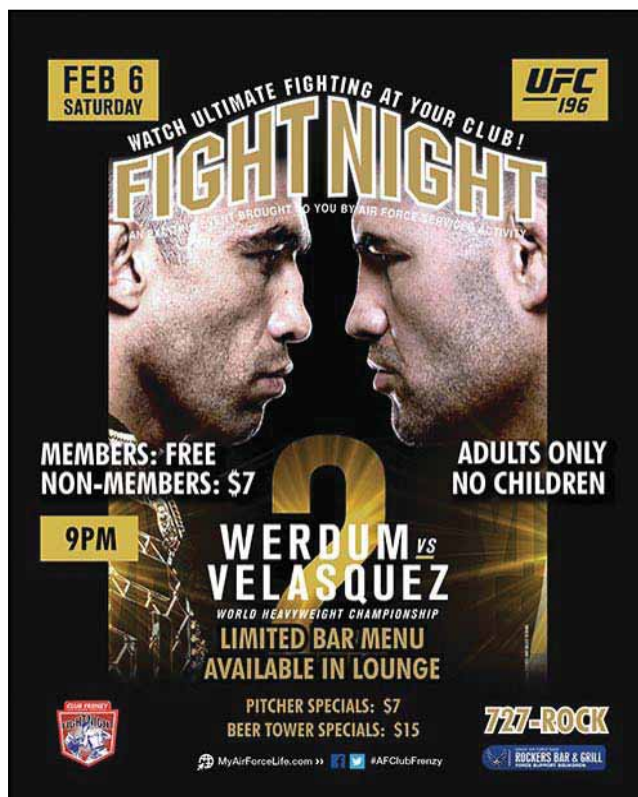


NORTHERN SENTRY

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FREE Admission For Club Members To UFC Fight Night



Club members receive FREE admission to the UFC 196 pay-per-view event at Rockers Bar & Grill on Saturday, February 6th. Non-members price is only \$7.

The action is headlined by the heavyweight title fight featuring champion Fabricio Werdum facing #1 ranked contender Cain Velasquez. Werdum defeated Velasquez via third-round submission at UFC 188 this past June to capture the heavyweight strap. In other action, UFC 196 features a welterweight bout showcasing Johny "Bigg Rigg" Hendricks battling Stephen "Wonderboy" Thompson. Also scheduled for the card is Roy Nelson taking on Jared Rosholt, Ovince Saint Preux versus Rafael Cavalcante, and Joseph Benavidez facing Zach Makovsky.

The main card of the UFC 196 pay-per-view begins at 9 p.m. from the MGM Grand Garden Arena in Las Vegas, NV. A limited bar menu will be available for purchase as well as a pitcher special for \$7. For details, call Rockers Bar & Grill at 727-ROCK.



Over \$1,500 In Prize Giveaways During Super Bowl Party



Rockers Bar & Grill invites you to catch all the action of Super Bowl 50 during their Super Bowl Party on Sunday, February 7th. Doors will open at 4:30 p.m. with kick-off at 5:30 p.m.

The Super Bowl Party features a tailgating buffet from 4:30-6:30 p.m. (while it lasts). The buffet will feature plenty of delicious items including chili dogs, subs, meatballs, BBQ weenies, chips, veggie tray, and more. Admission for the Super Bowl Party is \$5 for club members and \$7 for non-members.

Rockers is offering a wing special (in house or carry-out) featuring a bucket of 50 wings for \$45 or a bucket of 100 wings for \$90. Beer and drink specials will also be available.

Besides great food and football action, you'll have an opportunity to register for a chance to win awesome door prizes. Adults (18 years and older) can register at the event for a chance to win a La-Z Boy Biscuit Back Leather Recliner valued at \$800, two children's camo recliners, a Aussie Electric Cart barbecue grill, plus many other great items. Winners must be present to win.

The Super Bowl Party at Rockers Bar & Grill and local prize giveaways are sponsored by I. Keating Furniture and Verendrye Electric Cooperative. *No Federal Endorsement of Sponsors Intended.* For additional details, call Rockers Bar & Grill at 727-ROCK.

Celebrate Mardi Gras At Rockers & Jimmy Doolittle Center



Mardi Gras Celebration At JDC

The Jimmy Doolittle Center invites you to their Mardi Gras celebration on Friday, February 5th from 5-7 p.m. Come join the fun and enjoy traditional Cajun cuisine bar food in the Ground Zero Lounge. Relieve your winter doldrums and

celebrate Mardi Gras. Cost is free for club members and \$7 for non-members; adults only. For more details, call the Doolittle Center at 723-3731.

Mardi Gras Minot Style At Rockers

Celebrate Mardi Gras Minot style at Rockers Bar & Grill on Friday, February 5th from 4:30-8:30 p.m. Everyone is invited to enjoy great music, food, and fun; adults only. You can enjoy a delicious Cajun buffet in the lounge from 4:30-7 p.m. along with Mardi Gras music. Cost is free for Air Force Club members and \$7 for non-members. For additional information, call Rockers Bar & Grill at 727-ROCK.

Celebrate Valentine's Day With Numerous 5 FSS Events

You'll find a variety of Valentine's Day events at 5th Force Support Squadron facilities this year. From delicious dining options to fun events for both young and those not quite so young, there is something for everyone to enjoy.

SWEETHEART DANCE

February 12th - Youth Center

The Youth Center invites youth ages 9-18 years old to attend their Sweetheart Dance on Friday, February 12th from 7:30-10 p.m. Dress in your best! Door prizes and a photo booth will be available. Cost is \$10 for Youth Center members and \$20 for non-members. Registration deadline is February 11th. For more details, call the Youth Center at 723-2838.

SWEAT YOUR HEART OUT CARDIO

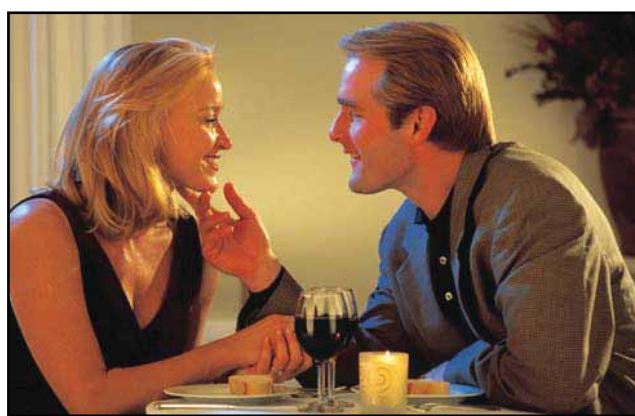
February 13th - Fitness Center

Join the Fitness Center for a morning of cardio fitness during the Sweat Your Heart Out Cardio event on Saturday, February 13th from 10 a.m. to noon. This FREE event is open to all DoD I.D. card holders 16 years of age and older. Call the Fitness Center at 723-2145 for more information.

SWEETHEARTS BOWL

February 13th - Rough Rider Lanes

Rough Rider Lanes is offering a Sweethearts Bowl special on Saturday, February 13th from 12-5 p.m.



You and your sweetheart can bowl 4 games each for only \$12 per couple. For more information, call Rough Rider Lanes at 727-4715.

VALENTINE PROM

February 13th - Base Library

Come to a mini-prom at the Base Library during their Valentine Prom event on Saturday, February 13th at 1 p.m. Children of all ages can enjoy stories, a photo booth (with props), crafts, and more. Dressing up is encouraged but not required. For additional information, call 723-3344.

VALENTINE'S TOUCH OF CLASS DINNER

February 13th - Jimmy Doolittle Center

If you're searching for an elegant evening complete with a gourmet meal, then don't miss the special
(Continued On Next Page)

CLUB MEMBER DRAWING ON FRIDAY, JANUARY 29TH WILL BE FOR \$250.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS**Feb 1 Family Child Care Pre-Orientation**

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC Pre-Orientation at the Family Child Care office on February 1st from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For details, call the FCC office at 723-6662.

Family Fun Night

Take the whole family out for a delicious meal. Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Enjoy a delicious meal while the kids burn off some energy in the Lil' Riders indoor playland. For more information, call Rough Riders Pizza at 727-4377.

Feb 4 Harry Potter Night

Harry Potter fans are invited to celebrate the Harry Potter series at the library on Thursday, February 4th at 6 p.m. Enjoy trivia, games, and activities during this FREE event. For additional information, call the library at 723-3344.

Youth Basketball & Cheer Registration

The Youth Center is holding Youth Basketball registration for Youth Center members 3-13 years of age and Cheer registration for Youth Center members 5-18 years of age from February 2-26. Cost is \$40 for Youth Basketball. Youth Center membership and a current physical are required to be on file prior to placement on team roster. Price for Youth Basketball Cheerleading is \$26 for returning cheerleaders with uniform and \$90 for new cheerleaders which includes uniform to keep. Both the Youth Basketball and Cheerleading seasons begin on March 16th. Individuals are needed as volunteer coaches; apply at the Youth Center. For more details, call 723-2838.

Jan 29 Doo It Your Way Burger Night

The Jimmy Doolittle Center invites you to their Doo It Your Way Burger Night on Friday, January 29th from 5-7 p.m. Choose from ground beef, ground turkey, portobello mushrooms, and all the toppings. Select the type and amount of meat, cheese, and seasonings you want. Cost is 50 cents per ounce of meat/cheese; portobello mushrooms are \$4.50. There will be a buffet which includes salad, waffle fries, brownies, and all the burger toppings. Buffet cost is FREE for club members and \$7 for non-members. For more details, call 723-3731.

Feb 1 FREE Lunch For Club Members

Club membership pays and club members are sure to enjoy Members Monday on February 1st. Club members will receive a free lunch the first Monday of each month (not to exceed \$9.50). Simply stop by the Jimmy Doolittle Center, Rockers Bar & Grill, Rough Riders, or Kelley's Place and show your club card to receive your complimentary lunch. Offer valid for lunch only. Lunch hours vary by location. One lunch per card.

Feb 3 Brown Bag Book Talks

The base library invites you to Brown Bag Book Talks on Wednesday, February 3rd at noon. No required reading; no scripted discussion questions. Come to the library to share what you are currently reading or listen to others doing so. Bring a brown bag lunch if desired. Call 723-3344 for more details.

Air Force Bowling 2.0

Rough Rider Lanes is now offering "Air Force Bowling 2.0" (AFB 2.0), a new player program, which makes learning the game simpler, fun and affordable. For only \$49 per student, participants receive a 4 week lesson plan of group instruction which includes lineage and shoe rental. The lessons will be held Wednesdays at 6 p.m. starting February 3rd. Call 727-4715 for more information.

VALENTINE'S EVENTS**from previous page**

Valentine's Day "Touch of Class" at the Jimmy Doolittle Center on February 13th. This is an dining experience you and your loved one are sure to enjoy.

You'll savor the delicious menu which includes a tantalizing Surf and Turf platter for two featuring Chateau Briand and broiled lobster tail. A complete beverage service, to include wine, is available. Ladies who attend the Valentine's Touch of Class receive a free rose.

This is an all-ranks dinner served from 6-9 p.m.; cost is \$35 per person for club members and \$40 per person for non-members. Reservations must be made by February 12th by calling the Doolittle Center at 723-3731. Limited seating available.

Family Fun Night with Cinderella
at Lil' Riders Playland
Tuesday February 9 5-6:30pm
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MINOT AIR FORCE BASE
ROUGH RIDERS
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YOUNG AIRMEN EVENTS & PROGRAMS**Jan 29 Freaky FREE Friday**

Strike up some fun during Freaky Free Friday at Rough Rider Lanes on January 22nd from 5-9 p.m. When you purchase 2 games of bowling and shoe rental you'll receive an additional one game of bowling FREE. Gather your friends and family for an enjoyable night of affordable fun. For more details, call Rough Rider Lanes at 727-4715.

Jan 30 Hip Hop All Nighter

Dance, party, and hang out with your friends during the Hip Hop All Nighter at the Rockers Bar & Grill on Saturday, January 30th. The dancing starts at midnight and continues until 4 a.m. The event is free for club members and \$7 for non-members. For additional information, please contact Rockers Bar & Grill at 727-ROCK.

Feb 3 Single Airmen Slice Night

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For more information, contact Rough Riders at 727-4377.

Feb 4 Single Airmen Wingman Night

Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Stop by and enjoy some tasty wings and a cool beverage. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. Plus Rockers is offering domestic drafts for \$2. For details, call 727-ROCK.

Feb 5 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on February 5th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For more information, call Rockers Bar & Grill at 727-ROCK.

Feb 18 Off-Base Budget Class

Planning to move off base? Do you have a functional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on February 18th from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LES and have knowledge of their bills. Class size is limited; call 723-3950 to register.

Happy Birthday!

Eric Weathers
turns 6
on February 1!

Join the Birthday Club!
E-mail your name, address, phone number & birth date to birthdayclub@5thforcesupport.com along with a color photo (.jpg format). Please submit request for child's birthday wish a minimum of 10 days before birthday.

Visit our website at www.5thforcesupport.com



MSU hosts military appreciation day

MINOT AIR FORCE BASE, N.D. -- The Minot State University Beavers held a military appreciation night for their men and women's basketball games Jan. 15, 2016. Chief Master Sgt. Geoff Weimer, 5th Bomb Wing command chief, threw the honorary tip off and Senior airman Rebekah Oyerbides, 5th Medical Group member, sang the National Anthem before the game.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS CHRISTIAN SULLIVAN

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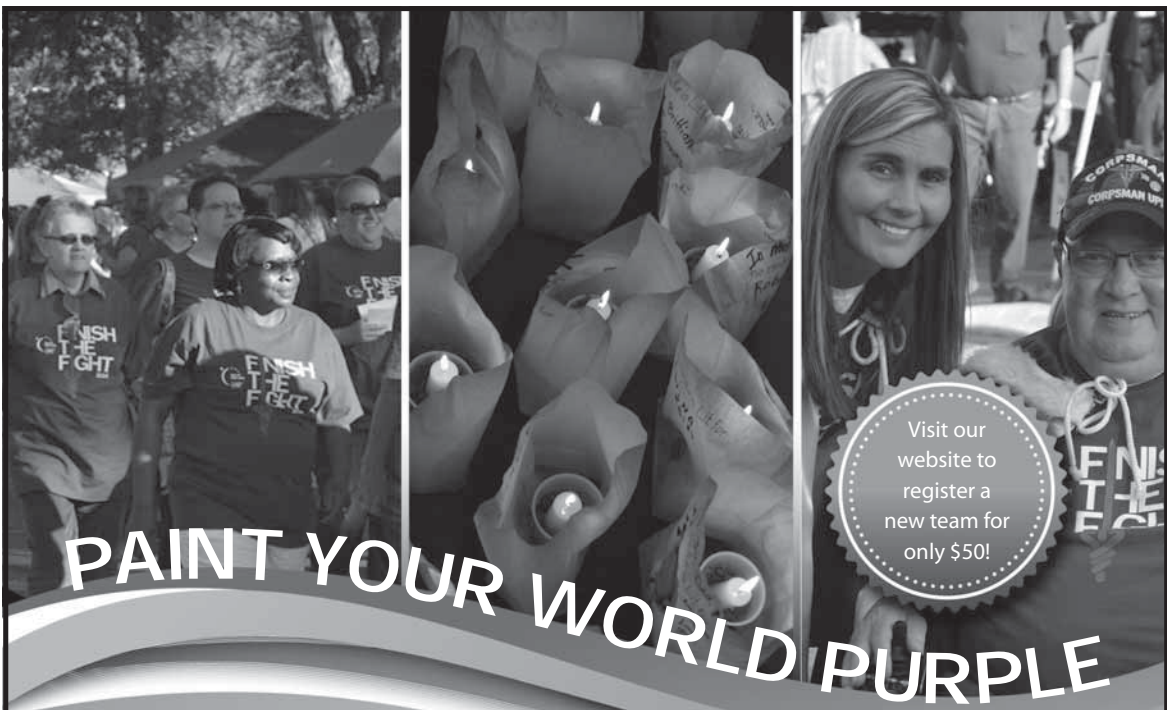
51st Annual Sportsmen Feed cut-up

MINOT, N.D. -- Volunteers cut meat at the Sportsmen Feed cut-up event at Bloms' Locker & Processing in Minot, N.D., Jan. 22, 2015. The cut-up event precedes the Sportsmen Feed event on base, which features an array of wild game. This year marked the 51st Annual Sportsmen Feed.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN APRYL HALL



NORTHERN SENTRY STAFF PHOTO | BETH DUCHSHERER



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Parking: The Winter Months

STAFF SGT. ALEXANDER NORTHRUP
5TH SECURITY FORCES SQUADRON POLICE SERVICES

MINOT AIR FORCE BASE, N.D. -- With the winter season in full swing, the 5th Security Forces Squadron reminds everyone that parking in base housing is limited and must be regulated for safety. Proper parking helps everyone by ensuring the flow of traffic remains unimpeded and snow management is possible. Vehicles parked on the side of the road increase the challenge associated with snow management and the risk associated with traveling on snowy or icy roads. Vehicles parked on the street improperly can inhibit visibility, lessen travel space and in certain cases, block the entire roadway.

It is important to keep in mind that traffic in housing is not only limited to small personal vehicles but also includes other sized vehicles such as snow control machinery, school buses and large moving vehicles.

In order to ensure the smooth flow of traffic the following parking regulations have been established and need to

be followed:

- **Housing Parking.** Parking on roadways or streets in the housing area is authorized only on the odd-numbered housing side of the street (example: 123, 125, 127 Winding Way). The apartment numbers will not be used to determine the even or odd side of the street.

- **Snow Removal.** Do not park in a place or manner that inhibits effective snow removal operations.

- **Traffic Control Devices.** Vehicles will not be parked within 15 feet of any stop sign, yield sign or any other such marking on the pavement.

Ensuring the safety of all travelers is our main objective, however, it takes the entire community to make it happen.

For further information on the base supplement for traffic supervision and parking restrictions, you can refer to MAFBI 31-116, Minot AFB Motor Vehicle Traffic Supervision. All other questions can be directed to the 5th SFS, Police Services section at 701-723-3092 or x2727.

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shoulders
upper & lower arms
between breasts
breasts proper
abdomen
bikini line
upper & lower legs

TODAY

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- TAP GPS Workshop, 0800-1600, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Home School Families Gym Time, 1230-1400, Youth Center
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- “Doo it Your Way” Gourmet Burger Night, 1700-1900, Jimmy Doolittle Center
- Freaky FREE Fridays, 1700-2100, Rough Rider Lanes
- BBQ Night, 1700-2100, Rockers Bar & Grill
- Karate, 1800, Fitness Center-Racquetball Court
- Keystone Club Meeting, 1830-1930, Youth Center
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

SATURDAY

- Ice Fishing Trip, 0830, Outdoor Rec
- Yoga, 1000, Fitness Center
- Base Skate, 1800, Youth Center
- Saturday “Bowl the Night Away” with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- Hip Hop All Nighter, Midnight-0400, Rockers Bar & Grill

SUNDAY

- Zumba, 1400, Fitness Center

MONDAY

- Membership Monday Lunch Special, Hours vary by location, Rockers Bar & Grill, Jimmy Doolittle Center, Kelley’s Place, and Rough Riders Pizza
- Youth Center Tumbling Classes, Every Monday, Various Times, Youth Center
- Turbo/Core, 0600, Fitness Center
- H2O Fitness, 0930, Indoor Pool
- Stroller Fitness, 0930, Fitness Center
- Fit to Fight, 1100, Fitness Center
- Reintegration Training, 1300-1400, A&FRC
- Key Spouse Monthly Meeting, 1800-2000, Jimmy Doolittle Center
- FCC Pre-Orientation, 1800-2000, Family Child Care Office
- Barre Fitness, 1800, Fitness Center
- Urban Boot Camp, 1900, Fitness Center

TUESDAY

- Registration for Youth Basketball and Basketball Cheerleading Opens at Youth Center
- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
- Fit to Fight MIX, 0600, Fitness Center
- Pre-Separation Counseling, 0830-1130, A&FRC
- Game Day, Every Tues, 1000-1930, Library
- Zumba, 1100, Fitness Center
- Home School Families Gym Time, 1230-1400, Youth Center
- Torch Club Meeting, 1600-1700, Youth Center
- Yoga, 1615, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)
- TurboKick, 1830, Fitness Center
- Hard Core Strength, 1830, Fitness Center
- Cycle, 1930, Fitness Center

WEDNESDAY

- Cycle, 0600, Fitness Center
- H2O Fitness, 0930, Indoor Pool
- Stroller Fitness, 0930, Youth Center
- Story Time, 1030, Base Library
- Parent Advisory Group Meeting, 1100, CDC
- Fit to Fight Cycle, 1100, Fitness Center
- Fit to Fight Core, 1130, Fitness Center
- Brown Bag Book Talks, 1200, Base Library
- Pre-Deployment Readiness Training, Every Wed, 1400-1500, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Military Youth Saves Month, Every Wed. in February, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Cycle/Strength, 1630, Fitness Center
- Buck with a Bang, Every Wed, 1700, Rough Rider Lanes
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
- Zumba, 1730, Fitness Center

- AFB Bowling 2.0, Every Wed, 1800, Bowling Center
- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY

- Boots to Business, 0800-1600, A&FRC
- HIIT & Core, 1100, Fitness Center
- Reintegration Training, Every Thurs, 1300-1400, A&FRC
- Fit to Fight, 1630, Fitness Center
- Single Airmen Wingman Night, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, 1700-1900, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Harry Potter Night, 1800, Base Library
- Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center
- Body Blast, 1830, Fitness Center
- NFL Bowling League, 1830, Bowling Center
- Cycle, 1930, Fitness Center

UPCOMING EVENTS - FEB. 5

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- VA Benefits Briefing, 0830-1400, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Home School Families Gym Time, 1230-1400, Youth Center
- Mardi Gras, 1630-2030, Rockers Bar & Grill
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- Mardi Gras Celebration, 1700-1900, Jimmy Doolittle Center
- Freaky FREE Fridays, 1700-2100, Rough Rider Lanes
- BBQ Night, 1700-2100, Rockers Bar & Grill
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

UPOMING EVENTS - FEB. 6

- Cycle, 0900, Fitness Center
- Barre Fitness, 1000, Fitness Center
- Base Skate, 1800, Youth Center
- Saturday “Bowl the Night Away” with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- UFC Fight Night – UFC #196: Werdum vs. Velasquez, Main Card 2100, Rockers Bar & Grill

ONGOING EVENTS

- Climb to Fitness, Rock wall available at McAadoo Fitness. Ages 18 & up with a DoD ID Card. Ages 13-17 with written consent and parent or legal guardian present. Contact McAadoo Fitness Center for more details at 723-2145.
- 3D Printing at the Library, Print objects using the Base Library’s 3D Printer. Call 723-3344 to set up an appointment to learn how to use the printer and create your item. Only \$0.05/gram of filament used.
- Freaky FREE Fridays, Every Friday, 1700-2100, Pay for 2 games plus a shoe rental per person and get one game of bowling FREE! A \$3.25 SAVINGS!
- Qualified Personal Trainers, by appointment, Fitness Center
- Overdrive Audio Books, Available for check out, Base Library
- Rough Riders Monthly Pizza Special. January Special -Try our Baked Chicken Parmesan pizza! A red sauce seasoned with basil and garlic with buttered chicken and extra Parmesan to make this feel like a pizza you won’t forget. Small: \$11 Med: \$15 Large: \$17 -- Members receive \$2 off any pizza! February Special – The Heart of Alfredo. Our tasty signature white sauce topped with chicken and loaded with artichoke hearts and bacon, spinach, and Roma tomatoes. Small: \$11 Med: \$15 Large: \$17 – Panino Meal \$8.50. Members Receive \$2 off any pizza!
- Auto Hobby Monthly Specials. Jan 19th -31st -- Purchase the oil & filter from Auto Hobby and get the stall free for 1 hour.

PRENATAL YOGA

The Youth Center is offering Prenatal Yoga on Wednesdays at 10:15 a.m. Improve your pregnancy and birth experience through prenatal specific yoga. This multifaceted approach encourages flexibility, strength, balance, stamina, focused breathing, relaxation techniques, positive mental center-

ing, and more. This style of class is great for any level of yoga practice, new to advanced. With your doctor’s approval, you will gain many health benefits for you and your baby. The 45 minute session, held once a week, will be a guided journey which will allow you to learn skills to use at home during your pregnancy, during labor/birth, and post-partum. This is an ongoing class and can be joined at any point during normal and healthy pregnancy. Cost is \$40 per month. For more information, call the Youth Center at 723-2838.

YOGA FOR LITTLE ONES

The Youth Center is hosting Yoga For Little Ones (parent/child format) on Wednesdays at 11:30 a.m. beginning May 1st. This fun and active class, for preschoolers ages 2-5 with parent participation, teaches your little one basic child friendly yoga poses and class structure. It allows your child to build balance, coordination, concentration, and positive thinking skills through the art of yoga. Parents and children will be guided through poses together.

EXPECTANT AND BREASTFEEDING MOTHERS

La Leche League of Minot will not be meeting for the month of December-we hope you have a nice holiday with your family. We meet the 3rd Friday of each month at 10AM at North Plains Chapel in the basement. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. It’s free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLoMinot.

PARK UNIVERSITY SPRING 2016 REGISTRATION IS NOW OPEN!!

Park University’s Spring 1 2016 term (11 January 2016 – 6 March 2016) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

YOUTH EMPLOYMENT SKILLS

High school students that are an active duty Air Force dependent can earn money for college through participation in the Youth Employment Skills (YES) program. You must be a Youth Center member age 13 to 18 and completed the 8th grade. Applications are available at the Youth Center. Call the David C. Jones Youth Center at 723-2838 for more information.

MINOT OFFICER SPOUSES CLUB

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses’ Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org. Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/little-clubs.html

MINOT ENLISTED SPOUSES CLUB

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

is now registering for the Spring 2016 online term (15 Feb-17 Apr). To sign up for classes, please stop by the office, located inside the Base Education Center or email your request to minot@erau.edu. If you have any questions, please call 701-727-9007.

AIR FORCE SGTS ASSOCIATION, CHAPTER 959, GENERAL MEMBERSHIP MEETING

GENERAL MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants

Association (AFSA) is a federally chartered non-profit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired-All are welcome! Like us on Facebook at www.facebook.com/MinotAFSA. We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at AFSACH959@gmail.com.

MAIN STREET BOOKS STORYTIME –

An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth – 4yrs and 11:00 a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreet-booksminot.com

MAIN STREET BOOKS 1ST SATURDAYS STORYTIME –

A weekend storytime for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth – 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

VERENDRYE ELECTRIC SEEKING STUDENTS TO APPLY FOR TRIP TO D.C.

Verendrye Electric Cooperative is seeking sophomores or juniors in high school to apply for a chance to win an all-expenses-paid trip to Washington, D.C. Entrants must have parents or guardians served by Verendrye Electric and write a 1-2 page essay. Full details of the contest, including the essay question, are available at www.verendrye.com or by calling 852-0406. The deadline is Jan. 29. The annual Youth Tour contest provides one student an all-expenses-paid trip to Washington, D.C. from June 11-17 with other students from North Dakota and from around the country. The trip provides students a hands-on learning experience which includes meetings with members of North Dakota's Congressional Delegation, a tour of the White House and visits to historic sites. Some of the sites include the WWII and Vietnam War memorials, Library of Congress and Holocaust museum. Youth Tour winners also become eligible to enter to win a college scholarships of \$10,000 from the National Rural Electric Cooperative Association. Cooperatives nationwide have offered Youth Tour since the 1950s to give students an opportunity to learn about their capital and meet their elected officials.

USE YOUR HANDS PLAYDATE 1/29/2016 10:00 AM

Magic City Discovery Center / Dakota Territory Air Museum. We're digging out the parachutes and washable ink, so join us for a Use Your Hands Playdate! We'll make a colorful mushroom, do the wave, create a thunderstorm, and more games with the parachute. Then we'll use washable ink to turn our fingerprints into animals, people, and silly monsters. Regular exhibits will be available. General admission rates apply.

MINOT SYMPHONY CONCERT 1/30/2016 7:30 PM

MSU-Ann Nicole Nelson Hall. Come out and enjoy the 90th season of the Minot Symphony Orchestra! This community orchestra is a combination of community members as well as MSU students and faculty! Tickets can be ordered through our website or by calling 858-4228. Advanced tickets are encouraged, as last season we had a number of SOLD OUT performances!

LEGO SKYLINE AND ARCHITECTURE STUDIO BUILD 1/30/2016 2:00 PM

Barnes & Noble Dakota Square Mall. Adults and teenager ages 14 and up, join us to help build our new LEGO Skyline in-store display and enjoy a LEGO Architecture build with Architecture Studio Bricks after.

SUGAR BLUE IN CONCERT 2/05/2016 4:30 AM

Arlene theater. J and S Productions present live

in Concert Sugar Blue Feb 5th 2016 Minot Arlene theater 7:30. Tickets \$15, available at Budget Music, Jacobsen Music Sugar Blue Music Grammy winner and the harmonica Player for the rolling stones.....info contact Jsproductionsnd@gmail.com (701)839-8007

MINOT FLEA MARKET 2/06/2016 8:00 AM - 2/07/2016 3:00 PM

United States. We have antique furniture, beautiful carved wood figures large and small, oddities of all sorts, comic books, toys, board games, books, stencils, tools, purses, jewelry, cleaning products, as well as baked goods, honey, jam and jellies, and much more. We're open Saturday 8 am-4 pm and Sunday 10 am-3 pm and located at the North Dakota State Fair Center. Admission is ONLY \$1. Children 10 and under are FREE.

THE DOWNTOWN BUSINESS & PROFESSIONAL ASSOC. OF MINOT IS PLEASED TO PRESENT THE 3RD ANNUAL VALENTINE'S DINNER

on Friday, February 12 at 6 pm at the Taube Museum of Art. Tickets are \$65 per person and are available for purchase at Gourmet Chef. Dinner is choice of prime rib or shrimp with wine tastings. There will be musical entertainment and a silent auction. Call 839-8928 or 838-9616 for more information. Tickets are limited.

CHROME AND CHOCOLATE EVENT 2/06/2016 9:00 AM

Magic City Harley-Davidson. Enjoy some delicious "chocolate" goodies and take a look at some of our chrome accessories!

WINTERFEST 2/06/2016 12:00 PM

Souris Valley Golf Course. 12pm-1pm: Ice carving by Trevor Pearson with Metro Ice Sculptures 12pm-4pm: Hidden Objects Seek & Find Snow Shoeing with free snow shoe rentals. 4pm: Snowman Building Contest Judging (items will be provided for decorating, but feel free to bring your own as well). 12pm-6pm: Tractor Rides Snow Painting Coloring Station Indoors Indoor Putting Course Sledding Hills (bring your own sled) 4pm-6pm: Bonfire with Hot Cocoa & S'mores.

PURSES FOR A PURPOSE 2/06/2016 2:00 PM

Sleep Inn & Suites. The event will help raise vital funds for North Dakota wounded warriors in need of a service dog for their invisible wounds. Purse exchange for a cause! On February 6th, 2016 –The Magic City Lions will be hosting the 2nd Annual "Purses for a Purpose" benefitting our North Dakota wounded warriors. The Lions want to secure funds for ND veterans in need of a service dog for their invisible wounds. The event will help raise vital funds for Service Dogs for America's - Wounded Warrior program. A service dog can help decrease suicide, PTSD and TBIs in our veterans. These dogs can cost up to \$20,000! Their invisible wounds lead them to check out of society and check out of life. A service dog is trained to understand their story and their needs. Last year, the Magic City Lions held their 1st "Purses for a Purpose" event, and raised over \$18,500! Those funds, along with grants and other generous donations, continue to assist our North Dakota veterans to receive their PTSD service dog at zero cost! 100% of all proceeds raised will be donated to the Wounded Warrior program at Service Dogs for America. So together, let's tell our deserving heroes.....We have your back!

CHOCOLATE DAZE @ DAKOTA ROSE 2/06/2016 2:00 PM

Dakota Rose B & B. Chocolate Daze Saturday, February 6, 2016 2:00 pm at Dakotah Rose Bed & Breakfast. Enjoy the ambiance of The Rose with a delicious choice of chocolate desserts and coffee and a chocolate gift from Dakotah Rose Delights! Free Will Offering All proceeds benefit Dakota Hope Clinic. Reservations Necessary—838-3548 Come—Meet Bonnie, the Director of Dakota Hope Clinic, and learn more about their role in our community!

SISU THE READ DOG 02-06-2016 04:00 PM - 02-06-2016 05:00 PM

Minot Public Library. SisU, our READ Dog, will be available for children to read to on the first Tuesday of the month from 4:00 PM to 5:00 PM.

COMMUNITY ROCKS! 2016 2/06/2016 6:00 PM

The Grand Hotel. Community Rocks! 2016. Music that Matters. A Classic Rock Orchestra performing favorites from the 60's to the present with music from the Rolling Stones, Heart, Styx, Metallica, Cold Play, and many others. The event includes a social and cash bar at 6:00 PM with the show starting at 7:00 PM. Check out the great items on the silent and live auctions. Tickets can be purchased at Budget Music & Video downtown or at Jacobsen Music on 31st Ave SW.

2ND STORY SNOWBALL 2/06/2016 6:00 PM

Knights of Columbus. Fun! Prizes! Raffles! Red Balls! Dancing! FREE ADMISSION! Dining! Grab bags! Silent Auction! Enjoy a night out at this fundraiser and enjoy all the excitement!!

MARDI-GRAS PUB CRAWL 2/06/2016 7:00 PM - 2/07/2016 1:00 AM

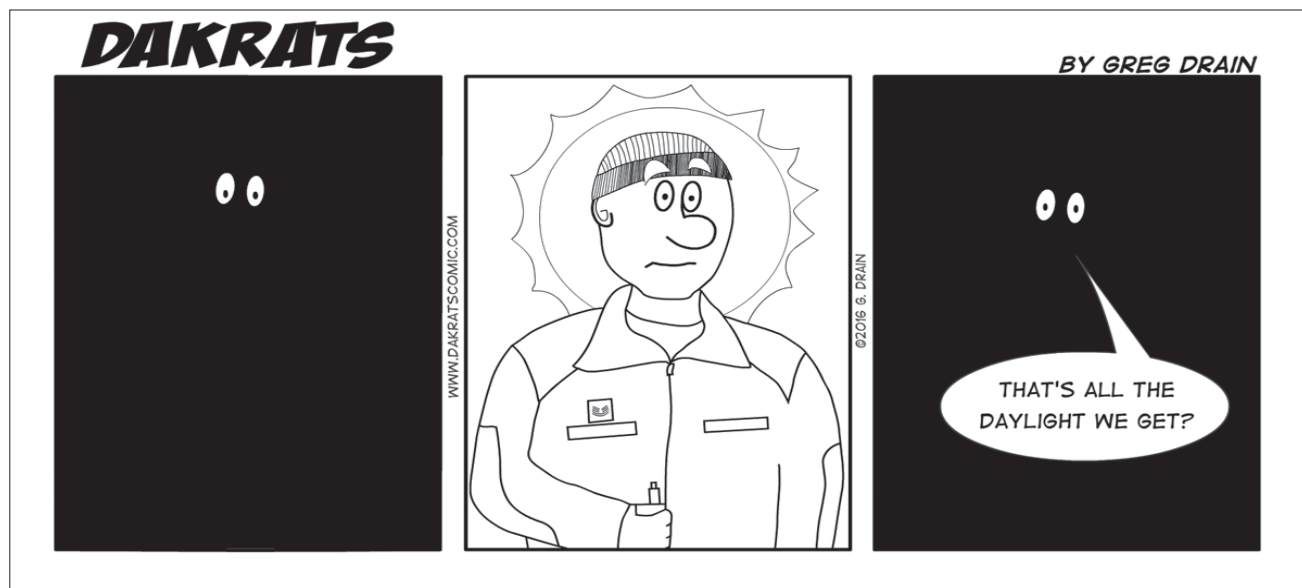
Downtown Minot. Another great downtown Pub Crawl! Join us downtown on Saturday, February 6th to celebrate Mardi Gras in style at 10 of your favorite downtown establishments!

SCORE WORKSHOP 2/09/2016 7:00 PM

Minot Public Library. Simple Steps in Starting Your Business Minot Public Library February 9, 2016 at 7:00 p.m. NO COST Register by calling the SCORE answering machine at 701-852-6883. Minot SCORE Chapter has arranged a workshop for persons interested in starting a business. The workshop is scheduled for Tuesday, February 9, 2016 at 7:00 p.m. at Minot Public Library, 516 2nd Avenue SW, Minot, ND. The program is scheduled for one and one-half hours and will include important details regarding the operation of a business. This will include appropriate information for those in business and others who are considering the starting of a business. Time will be allowed for general discussion and the accepting of questions. Register by email to or call 701-852-6883.

GIVING HEARTS DAY 2/11/2016

Online Day of Giving. The seventh annual Giving Hearts Day on February 13, 2014, continued a tradition as a record-breaking fundraising phenomenon/ This a a chance to give to a local non-profit. All donations of \$10.00 or more are matched. Participating local non-profits include: Dakota Boys and Girls Ranch Independence, Inc. Taube Museum of Art Minot Council of the Arts Domestic Violence Crisis Center Dakota Hope Clinic Habitat for Humanity.



CHURCH DIRECTORY

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CLASSIFIEDS

www.northernsentry.com | nsads@srt.com | 701.839.0946 | 315 S. Main Ste 202 | PO Box 2183 | Minot, North Dakota

HELP WANTED

WANTED In home non-medical caregivers for elderly clients. Flexible schedules. Must have positive attitude, punctuality and dependable are a must. Must be 18 years of age or older, have a reliable car, good driving record, clean criminal record. Please contact, Visiting Angels, 1524 S Broadway Suite 6A, Minot, ND 58701. 701-418-2645.

9w

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

tfn

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. *We are an equal opportunity employer and a drug free workplace.*
Apply in person at:
605 27th St SE, Minot ND 58701
or contact: Gail Peterson
by E-mail or phone at
gpeterson@kalixnd.org
(701)833-6559



NOW HIRING

We recently expanded our business and are looking for a few new staff members. If you are looking to advance we are a growing company with lots of opportunities. Five day work week - excellent benefits and family owned.
Currently Hiring:
• ASE Certified Mechanic
• Tire and Lube Technicians
• Sales/Service Writer Position
Drop off your resume at either Tires Plus location or apply online at www.tiresplusnd.com
You can e-mail Jarid Lundeen at tireplus@srt.com
Equal Opportunity Employer

PLACE A CLASSIFIED WORD AD HERE!

ONLY **\$8** FOR THE FIRST WEEK
AND AS LITTLE AS
\$3⁵⁰ FOR EACH WEEK AFTER!

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Basin Electric and its subsidiary, Dakota Gasification Company, seek to be an **employer of choice**. We want to match **YOU** with one of our opportunities. Not only do we offer competitive salaries, we also offer an incredible benefits package.

- Basin Electric Power Cooperative**
- **Mechanical Helper - Brookings, SD**
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 - **Draftsperson I, II; Designer I, II - Bismarck, ND**
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Please check our website for other possible openings at jobs.basinelectric.com
Questions? Call 701-557-5603 or 701-557-5402

Dakota Gasification Company - Beulah, ND

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Please check our website for other possible openings at jobs.dakotagas.com
Questions? Call 701-873-6896 or 701-873-6666

Our people are the heart of our organization and we employ more than 2,300 individuals across multiple Midwest states.

Equal Opportunity Employer of Minorities, Females, Protected Veterans and Individuals with Disabilities.



northernsentry

Paper Locations

- The Northern Sentry is available at these locations in MINOT each week:**
- **Northern Sentry Office | 315 South Main Street, Ste 202**
 - **Simonsons Station Store | 1312 S. Broadway**
 - **M&H Gas Station | 25 Burdick Expressway E**
 - **Minot International Airport | 25 Airport Rd**
 - **Grand Hotel | 1505 N Broadway**
 - **The Vegas Motel | 2315 N Broadway**
 - **Tesoro | 7141 Highway 2 E**
 - **Holiday Inn Riverside | 2200 Burdick Expressway East**
 - **Vintage City | 2001 8th Ave SE, Ste C**
 - **Holiday Stationstores | 3301 S Broadway**
 - **YMCA | 3515 16th St SW**
 - **Minot Travel Plaza Enerbase | 4750 Hwy 83 North**
 - **Rebel 1 Stop | 2625 N Broadway**
 - **Main Marketplace | 1930 S Broadway St**
 - **North Hill Marketplace | 2215 16th St NW**
 - **Arrowhead Marketplace | 1600 2nd Ave SW**
 - **Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE**
 - **Holiday Gas Station | 3301 S Broadway**
 - **Sonic Drive-In | 1601 35th Ave SW**
 - **La Quinta Inn & Suites | 1605 35th Ave SW**
 - **Baymont Inn & Suites | 1609 35th Ave SW**
 - **Cash Wise Foods | 3208 16th St SW #400**
 - **Country Inn & Suites | 1900 22nd Ave SW**
 - **Scissors Edge | 1609 S Broadway St**
 - **Watne | 408 N Broadway**
 - **1st Minot Management | 217 Main St S**

- | | | |
|----------------------------|-------------------------|----------------------------------|
| RUTHVILLE: | GLENBURN: | SURREY: |
| • R&J's Fuel | • Glenburn Cenex | • City Hall |
| BURLINGTON: | • City Hall | • Barry's Food & Fuel |
| • J's Stop & Go | | |

If you are interested in having the Northern Sentry delivered to your business let us know.
Call: 701-839-0946
Email: nsgraphics@srt.com

MISCELLANEOUS

IWRITEYOUWRITECARDS.COM Send Your Love On A Round Trip! Helping military kids stay connected with long-distance family.

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FLEA MARKET

MOVING NEED CASH? Sell your used/unwanted items at **MAGIC CITY FLEA MARKET**, February 6 & 7, State Fairgrounds. Info 701-340-7930.

tfn

HOUSE FOR SALE

FOR SALE BY OWNER: 3 Bed 1.5 Bath Home. Minot. Did not flood. Fenced back yard. 1 blk to Roosevelt Elm, grocery store, & ice skating rink/ park. New Carpet. Hardwood 3rd Floor. \$215,000. Bismar Ad #1772744. Call: 701-720-0308

7w

VERY NICE HOME! Located in Glenburn, close to MAFB. 3 bdrms, 2 baths, stainless steel appliances, insulated double garage w/opener & so much more! \$184,900! Call Vonnies Schoenborn 720-0318 or Signal Realtors 852-3505

8w

RENTALS

MANAGEMENT OF RENTAL HOMES & APARTMENTS. Professional, experienced, and affordable. Contact Matt or Geri. IPM, Inc. 852-1157

tfn

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

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NEED A PLACE TO CALL HOME? One & Two Bedroom Units Two Bedroom House & Efficiencies. Most w/ HT & WTR Paid MINOT, BURLINGTON, SURREY & LANSFORD CALL TODAY 839-4200

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LOVE DOWNTOWN? PARKER SUITES One & two bedroom Units. HT, WTR, CBL PAID AVAILABLE NOW 839-4200

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WALK TO MSU NEW RENTAL INCENTIVES Beautiful 2 BED/2 BATH WTR PAID, A/C D/W, Microwave, Garage, Secured w/ Cameras On Site Resident Manger NO SMOKING 839-4200

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MANUFACTURED HOMES FOR RENT 3 Bedroom, 2 bath \$1,200/\$1,000 dep. 2 bed, 1 bath \$1,000/\$1,000 dep. Plus gas & electric. Small, quiet park in SE Minot. No pets. 833-6372

9w

PROFESSIONALS

RUTHVILLE BARBER SHOP, Mon-Weds. 8:30 a.m. to 5 p.m. Appointments or walk ins, haircut, neck shave and shoulder massage for \$13. Call 839-5311 today!

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LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT
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CHIROPRACTIC SOLUTIONS - Now open & accepting new patients. Flexible hours including Saturdays. Therapeutic massage therapist available utilizing various techniques. Lindsey White D.C. & Danielle White L.M.T. 3108 S. Broadway, Suite B, Minot, ND. 58701. 852-3232

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WANTED

PAYING CASH FOR DVD's, CD's, old books, art, antiques, guns, working and non-working old cameras, jewelry, old signs, old radios, old stereo equipment, records, albums and 45's, some furniture, old religious items, pottery, old glassware, crocks, old magazines pre 60's, old postcards, old pictures of Minot. Anything old you want to turn into cash. 626-2712

10w

THE PINES Beautiful LUXURY APARTMENTS Awesome Fall Specials! NEW MILITARY INCENTIVES! 2 & 3 Bedrooms, 2 Bath. WTR PD, W/D in unit A/C D/W, DBL GRG PET FRIENDLY Secured w/ Cameras On Site Resident Manager Reduced Deposit & Rental Incentives 839.4200

tfn

WILLOW HOLLOW PARK LIKE SETTING NEW RENTAL INCENTIVES! 2 BED/1 OR 2 BATH SOME W/ DEN & W/D in unit WTR PAID Garage, A/C, DW, BALC, Secured Building On Site Resident Manager NO SMOKING 839-4200

tfn

UPDATED. 2BR/1.5BA. NW MINOT. Recently updated side-by-side duplex. 1 mi N of MSU and 1/2 mi W of Broadway. W/D included. Storage+++ in full height bsmt. Attached single garage. Fenced yard. \$900/mo plus utilities. Pets negotiable. Available Feb 1st. Text/call 701-721-5854.

7w

FOR RENT 3 Bedroom, 2 bath, Double garage, Pet friendly. \$1,350 per month. For more info call 833-4295.

8w

APARTMENTS AVAILABLE IN GLENBURN 1 bedroom apartments available in Glenburn. Water, sewer, garbage, and laundry room included. 1st Month's rent free. Call Denise at 720-2222.

8w

TRANSPORTATION

I BUY CARS OR HAUL JUNKERS AWAY FOR FREE -
Call Karz 4-U at 240-9172.

\$ \$ \$ QUICK CASH \$ \$ \$
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

LOOKING FOR GREAT ADVERTISING IDEAS? call us at 839-0946 or email us at: nsads@srt.com.

JOHN'S**AUTOBODY**

**Pays Up To
\$500**

Insurance Deductibles

*We Guarantee All
Work & Color Match*

4121 S. Broadway**839-8896****QUICK CASH!!**

Running & Non-Running
Cars & Trucks



**Edwardson Sales
839-9512**

We also sell cars \$500 - \$1500
Give Us A Call!
Will Haul Junk Cars Free Of Charge

NORTHERN SENTRY**SUDOKU ANSWERS**

5	1	7	8	3	2	6	9	4
3	8	9	4	1	6	7	5	2
6	4	2	5	7	9	8	3	1
2	3	5	1	4	7	9	8	6
4	9	6	3	2	8	5	1	7
1	7	8	6	9	5	2	4	3
7	6	4	9	8	3	1	2	5
9	5	3	2	6	1	4	7	8
8	2	1	7	5	4	3	6	9

Answers to puzzle from page 10

**KARZ 4-U
AUTO SALES****240-9172**

1105 16th St. SW • Minot
Cliff Butler/Retired MSgt
www.Karz4-U.com

**08 Chevy Avalanche**

271 Loaded, 124K, Nice

\$17,995**05 Ford Explorer XLT**

4x4, 119K, 3rd row, pwr seat, nice

\$6,995**07 Chevy Tahoe**

4x4 105K, 3rd row, Clean

\$14,995**06 Hummer H3 Luxury**

4x4, htd leather, sunroof, dvd only 79k

\$15,995**11 Ford Expedition EL**

4x4, 125K, very nice for the price!

\$11,995**09 Toyota Corolla**

4dr, 52,000 miles, clean car

\$9,995**05 Toyota Tundra SR5**

4x4, 183K but runs/drives great

\$10,995**07 GMC Yukon XL**

4x4, Leather, Sunroof, DVD 137K

\$14,995**96 Jeep Grand Cherokee**

4x4, 1 owner, 140K, Mint

\$4,195**08 Toyota FJ**

4x4, 91,000 miles, get ready for winter

\$18,995**02 Toyota Sequoia**

4x4, 149K, Very Nice

\$7,995

See the rest
of our
inventory at
www.Karz4-U.com

We're getting

Personal with you!

Let everyone at the Minot AFB and surrounding areas know your news!

The Northern Sentry

would like to share what's important news to you.

Call
701.839.0946
or email
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for more info!

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MINOT'S EAST EDGE – Split level home with 3 bedrooms and 2 baths. Open kitchen/dining with deck off kitchen. Master bedroom with private bath and walk-in closet. Lower level family room. Double garage and large fenced yard.

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\$326,900

SPLIT LEVEL – Convenient location close to school, park and shopping. 4 bedroom, 2 ½ bath home by Hunter-James. Pella windows, drain tile, LED lighting, oak cabinets, trim and doors. Triple garage.

MLS #152432



\$166,900

JUST LISTED! Beautifully remodeled 4 bedroom, 2 bath home. Hickory hardwood floors and cabinets. 2 bedrooms on main level, large upstairs loft bedroom and a master suite with egress in basement. Large lot and close to park and school.

MLS #160171



\$439,000

A MUST SEE! Charming 2 story home with 5 bedrooms, 3 ½ baths. Large kitchen with walk-in pantry and large island. Formal dining and a den off the kitchen. Triple garage has an upper level living suite.

MLS #151380



\$49,900

GREAT VIEWS – 3 bedroom, 2 bath double wide in SW Minot with view of the valley. Living room, formal dining room, large family room with fireplace. Kitchen has large island. Laundry off kitchen with a ½ bath.

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- Northern Sentry Office | 315 South Main Street, Ste 202
- Simonsons Station Store | 1312 S. Broadway
- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Tesoro | 7141 Highway 2 E
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
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\$114,900 - Carpio



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\$184,900 - Burlington



Newer townhome in Burlington ND. 2 story home with 2 ½ baths, 2 car garage. Move in ready! Call Neil Gush Today! #160144

\$115,000



Very affordable 2 bedroom with 1 ¾ bath home with maintenance free siding in quiet neighborhood by Roosevelt Park with a double garage and also RV parking. There is also an extra egress window so there could be a 3rd bedroom. Call Brad Livesay Today! #152791

\$174,700



A ready to move in, 1351sf, 4 bedroom, and 2 bathroom home for sale located close to Oak Park. All appliances stay including the washer and dryer. Wood fireplace in the living room to keep you warm during those cold nights. Back yard is open with many possibilities. Call Clyde Thorne Today! #160152

\$295,600 - Glenburn



Beautiful 2,776sf above ground home with a 6 car detached garage, home in Glenburn, ND. Sits on 5 lots with beautiful landscaping. Very nice size deck in the back yard for those nights out with friends and cookouts. Call Clyde Thorne Today! #160139

\$155,000



Great starter home with 2nd home amenities! 3 bedroom, 2 bath 1 ½ story home has a nice sized living room with arch opening to formal dining room with window seating, spacious kitchen and double garage. Call Aisha Vadell Today! #152535

\$169,900 - Benedict



Country living at its best. Triple attached garage, heated & insulated. This sweet 2 acre property in Benedict ND gives you room to roam. This 3 bedroom has been completely remodeled. Call Dawn VerBruggen Today! #160148

\$169,000



Location, location, location! This three bedroom, 2 bath manufactured home is close to shopping and restaurants on south hill. Call Cindy Strandberg Today! #160135

\$249,000



Nice 2 bedroom home in a quiet neighborhood. Large beautiful windows throughout the home, laundry hook up on main floor and basement. Large sunken living room with wood fireplace. Call Lori Henderson Today! #152390



American 300 Never Quit Tour

The American 300 tour visited Minot Air Force Base Airmen, led by founder Robi Powers, and three special guest. Olympian and X-Games 3x silver medalist Erin Nemec, U.S. snowboard coach Cactus Nemec and U.S. Navy Seal (RET.) Mikal Vega, joined Powers in sharing their stories of failure and triumph throughout their careers, and the importance of teamwork and camaraderie.

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