

# northern sentry

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## Snow Birds

MINOT AIR FORCE BASE, N.D. -- Aircrew from the 69th Bomb Squadron go through a pre-flight checklist inside the cockpit of a B-52H Stratofortress while members of the 5th Civil Engineer Squadron remove snow from the flightline before a training sortie at Minot Air Force Base, N.D., Jan. 14, 2016. Bomber Airmen work around the clock in all weather conditions in order to provide B-52H Stratofortress firepower on demand.

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# ARTICLES

# 15

## Minot Airmen receive Articles 15

MINOT AIR FORCE BASE PUBLIC AFFAIRS

**M**INOT AIR FORCE BASE, N.D. -- Several Minot Airmen recently received non-judicial punishment for their actions under the Uniform Code of Military Justice. The following cases are from December 2015.

A Staff Sergeant from the 5th Security Forces Squadron received a reduction to the grade

of Senior Airman, suspended forfeiture of \$1225 pay for one month, and a reprimand for three specifications of Article 91, disrespect to a superior NCO and one specification of Article 92, dereliction of duty.

A Senior Airman from the 791st Missile Security Forces Squadron received a suspended reduction to the grade of Airman First Class, forfeitures of \$500

pay per month for two months and a reprimand for one specification of Article 123, forgery.

An Airman First Class from the 5th Aircraft Maintenance Squadron received a reduction to the grade of Airman Basic suspended, forfeitures of \$773 pay per month for two months, 45 days of extra duty with 30 days suspended, restriction to base for 45 days with 30 days suspended and a reprimand for one specification of Article 86, failure to go and one specification of Article 91, disrespect to a NCO.

An Airman First Class from the 5th Aircraft Maintenance Squadron received a reduction to the grade of Airman Basic suspended, restriction to base for 45 days with 30 days suspended, 45 days extra duty with 30 days suspended and a reprimand for one specification of Article 92, dereliction of duty.

An Airman First Class from the 5th Security Forces Squadron received a suspended reduction to the grade of Airman, forfeiture of \$250 pay per month for two months and a reprimand for one specification of Article 92, dereliction of duty and one specification of Article 108, damaging military property (more than \$500).

An Airman First Class from the 91st Missile Security Forces Squadron received reduction to Airman with reduction to Airman Basic suspended,

forfeiture of \$773 pay per month for two months with forfeiture of \$773 pay for one month suspended and a reprimand for one specification of Article 111, drunk driving.

Under the Uniform Code of Military Justice, Articles 15 provide commanders the authority to impose non-judicial punishment.

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## CONTACTUS

**Tonya Stuart-Melland**  
Sales Manager | Ad Designer  
nsads@srt.com

**Beth Duchsherer**  
Ad Designer | Sales Representative  
nsgraphics@srt.com

**Tia Klein**  
Ad Designer | Sales Representative  
bhgads@srt.com

## MINOT AIR FORCE BASE PUBLIC AFFAIRS

### Chief of Public Affairs

Maj. Jamie Humphries

### Public Affairs Officer

Lt. Kylee Ashton

### Chief Editor

Staff Sgt. Chad B. Trujillo

### Staff Photojournalists

Master Sgt. Charlene Spade

Tech. Sgt. Kevin Davidson

Staff Sgt. Kristine MacDonald

Senior Airman Kristoffer R. Kaubisch

Senior Airman Sean Danker-Smith

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5th Bomb Wing Commander:

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## NEWS SUBMISSIONS

### Northern Sentry Office

nsads@srt.com | 701.839.0946

### MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

### MAIL & FAX

315 South Main Street, Suite 202

PO Box 2183

Minot, ND 58701 | 701.839.1867

### VIEW ONLINE

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## FACEBOOK

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# TOP DOG

Members of the 91st Missile Security Forces Squadron participated in the Top Dog competition at Minot Air Force Base, N.D., Jan. 27, 2016. Each flight participates in several events including 350 squats, 350 repetitions on the bench press, 100 burpees and a 5k row among other events. The Top Dog challenge is held quarterly, it helps build teamwork and camaraderie, strength and endurance, and provides friendly competition amongst flights.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS CHRISTIAN SULLIVAN AND AIRMAN 1ST CLASS JESSICA WEISSMAN





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### TLF Tour

MINOT AIR FORCE BASE, N.D. -- Base leadership tours the new temporary lodging facility site, currently under construction at Minot Air Force Base, N.D., Jan. 20, 2016. The new facility will double the lodging capacity for Airmen and their families transitioning onto and off the base. Each unit in the facility will feature an apartment consisting of two bedrooms, a living room, bathroom, full kitchen and laundry facilities.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG

# AF Selective Re-enlistment Bonus program list triples

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- Air Force officials released details on the fiscal year 2016 Selective Re-enlistment Bonus program Feb. 1. This year's program, consisting of 117 Air Force specialties eligible to receive bonuses, is a substantial increase from the previous year's program where 40 Air Force specialty codes were eligible.

The program's expansion coincides with Air Force plans to grow the force to meet mission demands in the face of changing geopolitical situations, and to address key gaps in nuclear, maintenance, cyber, intelligence, remotely piloted aircraft and support career fields through fiscal 2017.

According to Col. Robert Romer, the chief of military force policy for the Air Force, the criteria used to determine career fields eligible for

re-enlistment bonuses includes current and projected manning levels, re-enlistment trends, career field force structure changes, career field stress levels, and the cost levels associated with training new Airmen.

"This year's SRB list increased by nearly threefold as we focused on retaining key experience while continuing our deliberate plan to grow our force," Romer said. "We are increasing our accessions and training pipeline to support the increased growth, but these new enlistees won't be seasoned for some time. Retaining the experience we have is critical to our success in reaching target end strength."

All AFSC bonus changes are effective Feb. 1, 2016.

For more information, contact the local military personnel flight re-enlistment section.

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## Susan Wefald to Speak of "Important Voices" at ND Heritage Center & State Museum

STATE HISTORICAL SOCIETY OF NORTH DAKOTA

**B**ISMARCK - The public is invited to a free program, "Important Voices," on Feb. 7 at 2 p.m. at the North Dakota Heritage Center & State Museum, Bismarck, presented by author Susan Wefald.

Only 17 women have been elected to statewide office in North Dakota in the past 125 years. Susan Wefald will present the stories of these women, their triumphs and losses, their hopes and challenges. Based on Wefald's book "Important Voices, North Dakota's Women Elected State Officials Share Their Stories - 1893-2013," the

presentation will share what these North Dakota women accomplished and the challenges still facing women running for statewide office today. Wefald will be available for book signing following the presentation, with books available for purchase at the Museum store.

Wefald was the first woman to serve on the North Dakota Public Service Commission. Appointed to the Commission by Governor Edward Schafer in 1992, she was elected to three more terms and served on the Commission for 16 years. She is the author of several books including

the award winning "Spectacular North Dakota Hikes - Bring the Dog."

This program is part of the State Historical Society of North Dakota's Sensational Sundays programs. Sensational Sundays are free programs sponsored by the State Historical Society that include a variety of lectures, concerts, movies, and tours that provide engaging, educational, historic, and cultural information. For more information contact Erik Holland, curator of education, at 701.328.2792. Find a calendar of upcoming State Historical Society events at [history.nd.gov](http://history.nd.gov).

## Department of Health Survey Reveals State Child Passenger Safety Restraint Use Down

NORTH DAKOTA DEPARTMENT OF HEALTH

**BISMARCK, N.D.** - Fewer North Dakotans buckled up their children last year compared to 2012, according to the latest statewide "point in time" child passenger survey conducted by the North Dakota Department of Health (NDDoH) during the months of June and July 2015. The survey, completed in the 10 largest cities in North Dakota, involved 1,804 observations of children estimated to be younger than 10 years of age. Despite evidence proving the benefits of using child restraints and seatbelts,

nearly 13 percent of North Dakota's children are not being safely restrained in a vehicle. Only 87 percent of the children younger than 10 years of age were restrained in a car seat or seat belt compared to 91 percent in 2012. The lowest restraint use previous to this year was in 2004 and was 83 percent; this was prior to the improved child passenger safety law that went into effect in 2005.

According to the National Highway Traffic Safety Administration (NHTSA), every 34 seconds one child under

age 13 is involved in a crash. When used correctly in passenger cars, child safety seats reduce the risk of fatal injury by 71 percent for infants and by 54 percent for toddlers.

Other survey findings show there has been a slight increase of children riding in the front seat. In 2015, 15 percent of the children observed were seen riding in the front seat compared to 12 percent in 2012. The back seat is the safest place for children under 13, with or without a front air bag.

Another outcome of the survey the department found was that too many toddlers ages one to four were observed being inappropriately transported in seat belts. According to child passenger best practices, children this age should be using a car seat or a booster seat—not just a seat belt. Typically, a seat belt doesn't safely "fit" a person until they are around 4'9" tall. It is against the ND law for children younger than seven years to ride in a seat belt only.

For more information about child passenger safety best practices and the North Dakota child passenger safety law visit these websites: <http://www.ndhealth.gov/injuryprevention/childpassenger/> or <http://www.safercar.gov/parents/index.htm> or call 800.472.2286.

## PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

“

"In 2015, Great Backyard Bird County participants in more than 100 countries counted 5,090 species of birds on more than 147,000 checklists."

– Great Backyard Bird Count website.

**O**ne LBB, two LBB, three LBB...

No, counting LBBs – Little Brown Birds – isn't exactly how the Great Backyard Bird Count (GBBC) works but it's almost as easy.

The Great Backyard Bird Count began 1998, the first online citizen-science project collecting wild bird data while displaying results virtually in real time.

A joint effort of the Cornell Laboratory of Ornithology and National Audubon Society, volunteers simply need a computer to create a free account and then enter the species and number of birds they observe over a minimum 15-minute period.

This year's GBBC takes place Feb. 12 – 15. Observers can count for as many days as they want during the official four-day period, anytime of the day, and from anywhere. They can count from more than one location and multiple times a day or over a course of multiple days of the official Count days.

Observing one's backyard bird feeder is a good location.

A heated birdbath brings birds together, so that's another good place to find feathered bodies.

While the Great Backyard Bird Count is considered "citizen-science", it's not something requiring observers be an ornithologist.

Or even a bird expert, for that matter.

And the numbers don't have to be exact.

The GBBC just asks participants to provide their best estimate of the numbers of individual birds of a particular species.

The data form includes a list of species that could typically be in North Dakota in February, which helps with species identification.

It helps to have a field guide handy when making identification, as well.

The count is held in February because researchers

and scientists using the information wanted to get a "snapshot" of populations just before the jumpstart of spring migration.

The information helps answer several questions, including how weather affects bird populations, how the timing of migration compares with past years, are diseases affecting birds, and how species and numbers compare from various sized communities, such as rural, urban, and natural areas.

Finches are one species that tends to migrate in large numbers to one area in some years and other areas in other years. The GBBC helps tracks where they're at from year to year and in what quantity.

Like all populations surveys, the more data and the more years that information can be collected helps determine trends and details to those far-reaching questions.

Participating in the Great Backyard Bird Count is free. More information is available on the GBBC website, ([www.gbbs.birdcount.org](http://www.gbbs.birdcount.org)). The website includes downloadable instructions, "how to" video, data from past Great Backyard Bird Counts, identification tips, and even an online bird guide.

The count began in the United States and Canada but went global in 2013 with more than 100,000 people now participating.

The Great Backyard Bird Count is just one of Cornell Lab's citizen-science projects, including eBird, YardMap, NestWatch, and Project FeederWatch. More information about Cornell Laboratory of Ornithology is available at their website, ([www.birds.cornell.edu](http://www.birds.cornell.edu)).

While the Great Backyard Bird Count requires a bit more information than one LBB, two LBB, it's still an excuse to spend a few minutes observing birds.

And if someone asks why, the answer is simple – it's fun, easy, and an opportunity to play scientist.

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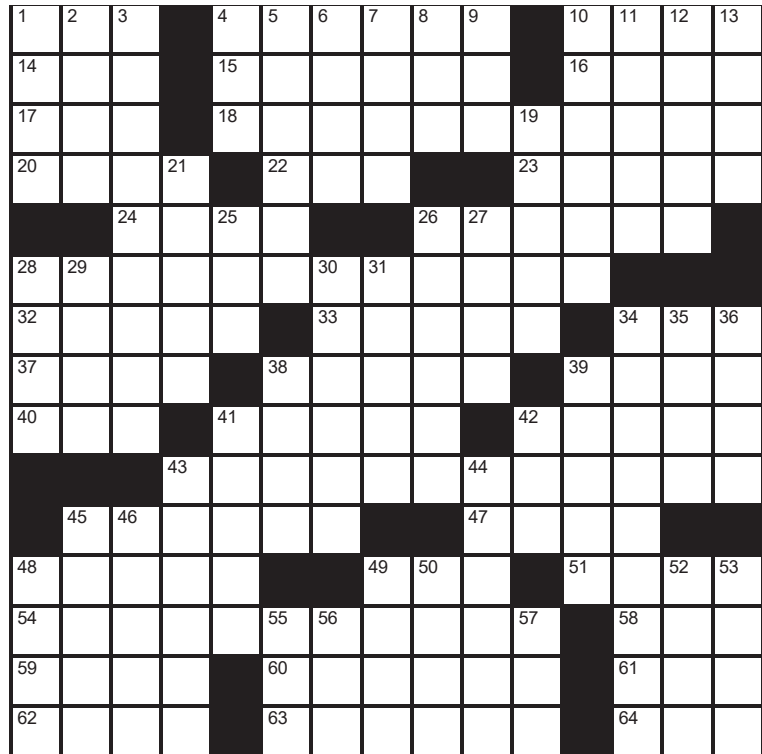


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Across

- 1 Numbskull
- 4 Binds
- 10 Makes one
- 14 Camp sight
- 15 Counsel
- 16 Soothing agent
- 17 Damage
- 18 Formulaic writing
- 20 History units
- 22 Asian occasion
- 23 Fix
- 24 "Divergent" series star \_\_\_ James
- 26 Sent to the canvas
- 28 Quadrennial soccer championship
- 32 Slip away
- 33 Lubricate
- 34 Soak
- 37 Pulled apart
- 38 Rushed toward
- 39 Feeling
- 40 Wind up
- 41 When doubled, a German city
- 42 Craze
- 43 UFO
- 45 Fold
- 47 All's opposite
- 48 Synagogues
- 49 Mind factor
- 51 Long hike
- 54 Competition first sponsored by GE
- 58 Poet's preposition
- 59 Snack in a stack
- 60 Oman's land
- 61 Deception
- 62 Fork-tailed flier
- 63 Intrusive
- 64 Wish
- 21 Sunless state
- 25 Ram's mate
- 26 "Constant Craving" singer
- 27 \_\_\_ above (better)
- 28 Gala
- 29 Steel ingredient
- 30 Band's helper
- 31 Shade of white
- 34 Complimentary close
- 35 Award for a play
- 36 Floor it
- 38 Some stingers
- 39 Speak boastfully
- 41 World-weary
- 42 \_\_\_ jacket
- 43 Attacked
- 44 Strand at the chalet
- 45 Task
- 46 Sovereign
- 48 Highlander
- 49 Web auctioneer
- 50 Asian desert
- 52 Iroquoian Indian
- 53 Wail
- 55 Mountain pass
- 56 Go off
- 57 Hang back

Down

- 1 Climax
- 2 Zoom
- 3 \_\_\_-on-Avon
- 4 File folder feature
- 5 "Same here"
- 6 Pop singer Sands
- 7 Sediment
- 8 Consume
- 9 Price word
- 10 Beat, and how!
- 11 Buoy
- 12 Was sweet (on)
- 13 Palm reader, e.g.
- 19 "Fork it over!"



NEIL POND | PARADE MAGAZINE

The first time rapper-turned-actor Ice Cube and comedian-turned-actor Kevin Hart teamed up for a cop-comedy caper, *Ride Along* in 2012, critics mostly turned up their noses. But audiences turned over their dollars, making the moderately budgeted movie a substantial box-office hit.

So of course—the mismatched duo is back for more comedic crime shenanigans in *Ride Along 2*.

This time around, hardboiled Atlanta vice detective James Patton (Cube) heads to Miami to investigate an interstate drug pipeline. He wants to bring along dweeby rookie officer Ben Harper (Hart), who'll soon marry his sister (Tika Sumpter), just to prove once and for all that Ben doesn't have the right stuff to be a cop.

Ken Jeong (from the TV series *Dr. Ken*) plays a computer hacker who becomes a shrill, shriek-y, and squeaky third wheel on this careening comedy tricycle. Olivia Munn's Miami police detective has some swaggering self-defense mojo that can bring any tough guy to his knees—but

the movie doesn't miss an opportunity to show her sweaty-'n'-sexy in a sports bra, and have Hart's character make a wowza crack about it.

Veteran TV and movie actor Benjamin Bratt walks the line between smooth and sinister by sprinkling some *Scarface* sauce onto his role as a shady businessman.

Director Tom Story, whose resume also includes *Fantastic Four*, *Barbershop*, *Taxi* and *Think Like a Man*, was also in the driver's seat for the original *Ride Along*. Maybe that's why it feels like we've ridden by everything before, in the previous *Ride Along* and in almost every other buddy-cop comedy.

There's a frantic foot chase, a wild car chase, a bootylicious nightclub party and a lavish bash at a millionaire's mansion, where Ben screams, stumbles and scampers as he's chased by an alligator. (It's about as funny as you think it is—or isn't.) There's gunfire, explosions and a climax at a shipping-container yard. At least the movie sometimes seems to wink at its own clichés. "Classic!" Ben says.

"Something always goes down in a container yard!"

In one scene, Ben evades a car of bad guys by imagining it's a game of *Grand Theft Auto*. I'd like to think director Story wanted to make a "meta" statement about how many action scenes in today's blockbusters are little more than multi-million-dollar build-outs of videogames anyway, but I really think it was just to get a cheap chuckle by turning Cube's character into a pixelated, gun-popping passenger.

The yapping, hyperkinetic Hart's a funny guy, and Cube, the "grumpy," grounded straightman, somehow still gets his share of the laughs. But most of the banter-y jokes are lame, the writing unimaginative and uninspired, the plot thinner than a thong bikini and the performances so limp and lazy they seem to evaporate in the Florida heat.

And too much of *Ride Along 2* simply isn't funny enough—or anything enough—to justify the trip. This jaunt to Miami feels like a quick cash-dash coasting on recycled comedy fumes.

SUDOKU

Solution to puzzle on page 18

	1		2					
3		4	5					6
	6						7	
	5		8	7			9	
2			3		9			5
		8		4	5			1
		5						2
	9				6	5		8
					1		4	

Solution to last week's Crossword puzzle.

V	I	R	G	I	L			B	I	Z		D	M	Z			
I	N	C	O	D	E			M	E	R	E		O	I	L		
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## Puffed French Toast



### INGREDIENTS:

- |                              |                                                     |
|------------------------------|-----------------------------------------------------|
| 2 eggs                       | 2 cups milk                                         |
| 2 1/2 tablespoons sugar      | 1 cup flour                                         |
| 1/2 teaspoon salt            | 2 1/2 teaspoon baking powder                        |
| 1/2 teaspoon vanilla extract | 12 slices texas style toast, cut in half diagonally |

### INSTRUCTIONS:

In a large skillet or frying pan, heat about 1/4" of vegetable oil (not olive oil) over medium heat. In a shallow bowl or pie plate, whisk together eggs, sugar, salt, vanilla, milk, flour, and baking powder. Working quickly, take each 1/2 slice of bread and soak it both sides in the milk/egg/flour mixture. If you leave it in too long, it will get soggy, but you want to make sure enough of the egg mixture has soaked into the bread. Gently shake to remove excess batter and place in hot oil. Cook until puffed, golden brown, and a nice, crispy crust has formed on each side (probably 3-5 minutes per side; you really need to babysit them and make sure they're cooking correctly) and then remove from oil and drain on a paper towel. When ready to serve, roll each piece in cinnamon sugar. Don't skip it. It's delicious!

## Red Velvet Waffles

### INGREDIENTS:

- 1 box Red Velvet Cake Mix, plus ingredients listed on the box
- 6 oz cream cheese, softened
- 1 cup powdered sugar
- 1 tsp vanilla extract
- 2 Tbsp milk or more depending on desired consistency of the icing
- Mixed fresh or frozen berries

### INSTRUCTIONS:

Preheat a waffle iron. Prepare the cake mix according to the box directions. Spray the waffle iron with nonstick cooking spray, then pour some of the batter (about 1/2 cup for my size waffle iron) on the hot waffle iron and spread it out (the batter is pretty thick), being careful to not overfill the iron. Cook according to the manufacturer's instructions. To make the cream cheese drizzle, mix together the cream cheese, powdered sugar, and vanilla. Whisk in the milk until desired consistency. Top each waffle with some berries and drizzle the cream cheese mixture over the top.

# Galatians 5: The Conflict of Spirit and Flesh Exhibition by MSU Senior Anne Palmer

NORTHWEST ART CENTER MINOT STATE UNIVERSITY

Anne Palmer, a senior Art Education Major at Minot State University, will be presenting her capstone exhibition in the Main Gallery of the Taube Museum of Art from February 9th through the 26th, 2016 titled "Galatians 5: The Conflict of Spirit and Flesh". Galatians chapter 5:19-23 reads, "The acts of the sinful nature are: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control."



Palmer will give a brief overview about her works of life size, wearable, dresses made with everyday objects that represent the Fruits of the Holy Spirit and the

seven deadly sins. This introduction will conclude with a viewing of a short film portraying Palmer's choreographed dance interpretation of spiritual warfare co-produced with MSU Broadcasting Major, Aundrey Livingston. Each dress was modeled for this event with photographs captured by Photographer Steffaney Price. Palmer enjoys exploring different mediums in her art by using everyday objects to represent deeper concepts. Being physically engaged in art that will integrate both visual art and physical activity through audience interaction has become a major influence in her work. As a continuing learner Palmer seeks out experiences that help people express art, think critically, and sew their shadow back on.

The artworks may be purchased through a silent auction for the duration of the exhibition. A percentage of proceeds will go to Operation Smile, an organization for cleft-lip, cleft-palate repair surgeries. This correlates to Palmer's work as her way to support an organization that provides necessary surgeries for people around the world with a similar condition she continues to overcome through her walk of faith that is expressed in her show.

Originally from Minot, Palmer has worked in

different fields of retail, lifeguarding, assisted living, and educational professions. She continues to expand her diversity in occupations to learn more about various cultures, trends, and strategies to build a strong foundation for teaching at a secondary level upon graduation in the spring of 2016.

Please join Anne Palmer for her Premiere (artist reception), which is free and open to the public, Thursday, February 11th from 5:30 - 7:00 pm. A projected film premiere will be held at 5:45 pm. Hors d'oeuvres and wine will be served. Formal attire is optional. A preview of the film can be found at <https://www.youtube.com/>



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# Sesame Street supports military families in transition

DOD NEWS | DEFENSE MEDIA ACTIVITY

WASHINGTON (AFNS) -- Elmo, Big Bird and Abby Cadabby are teaming up with the Defense Department to support thousands of military families as they transition to civilian life, according to Transition to Veterans Program Office officials.

On Jan. 27, the Sesame Workshop, the nonprofit organization behind Sesame Street, launched a website devoted to helping families cope with the changes associated with transitioning into civilian life, the officials said. Sesame Workshop includes several videos for children and adults, an activity book called "My Story, My Big Adventure Activity Book," and other resources that military parents can use to help their families communicate through the transition process, the officials said.

The products are intended to increase the ability of parents to communicate with young children in age-appropriate ways and create awareness among transition service providers of the importance of including the whole family, particularly children, when addressing transitions for active duty service members, the officials said. The products are

available online and will be distributed through a variety of networks where military families and children are present, both on and off military installations, the officials said.

"We are grateful to Sesame Workshop for their efforts to assist our transitioning military families," said Susan Kelly, the director of the DOD's Transition to Veterans Program Office. "Transitioning out of the military can be challenging for families, and we hope these products will help ease that transition."

The DOD has worked with the Sesame Workshop in the past to use Sesame Street's familiar characters to help preschool-aged military children understand aspects of military life, such as the deployment of a parent, moving to a new home, and the injury or even death of a parent, the officials said.

Previous examples of resources that have been developed through this

collaboration between the Sesame Workshop and the Department of Defense can be found through Military OneSource, the officials said.

The latest collection of resources about the transition of military families comes through collaboration with the National Center for Telehealth and Technology of the Defense Centers for

Community and Family Policy office, the officials said.

Focus groups The department assisted the Sesame Workshop in conducting research on this effort by organizing focus groups in 2015 with transitioning families at installations across the nation, including Fort Riley, Kansas; Joint Base Langley-Eustis, Virginia; Fort Benning, Georgia; Fort Stewart, Georgia; Fort Campbell, Kentucky; Joint Base Anacostia-Bolling, Washington, D.C.; Joint Base Andrews, Maryland; Robins Air Force Base, Georgia; Joint Base Charleston, South Carolina; Vandenberg AFB, California; Miramar AFB, California; Camp Pendleton, California; Camp Lejeune, North Carolina; and Marine Corps Logistics Base Albany, New York; the officials said.

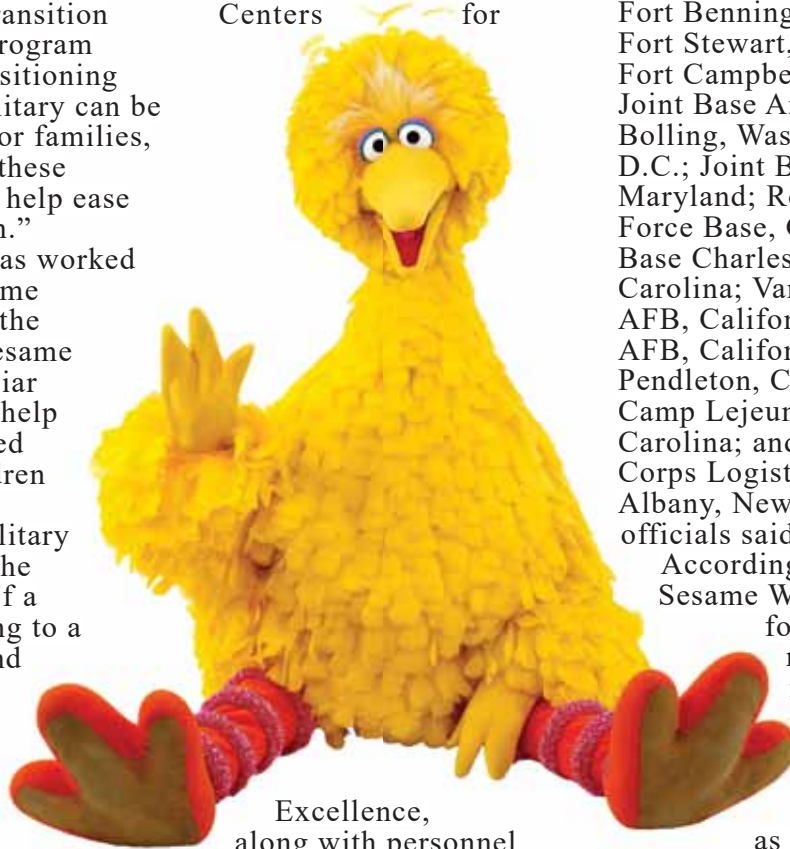
According to the Sesame Workshop, focus group responses indicated that transition-related challenges, such as finding employment and adjusting to a change in family roles, could

increase anxiety in military children, possibly resulting in academic or behavioral challenges, the officials said. The workshop's materials emphasize communication throughout the transition process and underscore the benefits of making new friends and maintaining a positive attitude through change, the officials said.

Rosemary Williams, the deputy assistant defense secretary for military community and family policy, said the long-standing working relationship with Sesame Workshop has great benefits for military families.

"Their unique ability to translate difficult topics into language easily understood by children and trusted by their parents is most unique," Williams said. "These fun and engaging products will only help military families as they adjust to new changes with the same resilience that marked their service to our nation."

The products can also be found at the Sesame Street for Military Families website and through a mobile app available for Apple and Android users under the same name, the officials said.



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## Who will win Super Bowl 50?

SENIOR AIRMAN KRISTOFFER KAUBISCH & AIRMAN 1ST CLASS CHRISTIAN SULLIVAN | MINOT AIR FORCE BASE PUBLIC AFFAIRS

**M**INOT AIR FORCE BASE, N.D. -- Feb. 7, 2016 will be a big day for one of two quarterbacks. For Peyton Manning, it could be his ride into the sunset after what could be what he called his last rodeo; for Cam Newton it could be his first ring in a career that is only just getting started.

The two have a lot in common. They both came from SEC schools; Cam went to Auburn where he won the 2010 BCS championship, and Peyton went to Tennessee, where he still holds many school and conference records. Maybe the most talked about similarity they share is their draft number. For the first time in history two number one picks face off in the Super Bowl.

Our very own public affairs "experts" have taken time from their busy schedule to share their predictions.

Senior Airman Kristoffer Kaubisch:

The Denver Broncos will win Super Bowl 50 because they have Peyton "Freaking" Manning. Even if the defense struggles, or the running game for the Broncos falls short, in the end, they still have Peyton Manning. Manning is a great leader, and he makes everyone around him better.

While the Panthers' defense is focused on containing the Broncos' run game, it won't work. Emmanuel Sanders or Demaryius Thomas will be deep down the field. They have a combined 12 touchdowns during the season, and each had over 1,000 receiving yards. The Broncos are scary good with their deep threat receivers as well as their running backs: CJ Anderson and Ronnie Hillman are both dangerous if they get through a hole.

Peyton Manning and DeMarcus Ware are both leaders. These two veterans will have a central role in the Super Bowl, whether they're making big plays on the field, or helping their teammates off the field.

The linebackers in Denver are solid; Von Miller and DeMarcus Ware will get the job

done. They'll put constant pressure on Cam Newton. The Broncos led the league with 52 sacks. This defense has playmakers at every level. There are pass-rushers and run-defenders all over the front, and the secondary can lock down an entire receiving corps.

The Broncos had one of the best defenses in the NFL throughout the season, and will use their defensive strengths to shut down the Panthers' mediocre wide receivers. The Broncos defense allowed only seven touchdowns to opposing wide receivers over the 16 regular season games, only seven. Defense wins championships.

My final prediction is a too-close-for-comfort, shootout style win with the Broncos taking it all 31-27.

Airman 1st Class Christian Sullivan:

Heisman winner.

Soon-to-be NFL MVP.

A winner at all levels of football since high school.

The number one overall pick in the 2011 NFL Draft. All these things describe Cameron Newton, the Carolina Panther's franchise quarterback. Yet only one thing will matter to him at 11 P.M. Feb. 7, 2016, and that is whether or not he's an NFL Super Bowl champion. Which he will be.

There are just too many factors in play for the Broncos for me to believe there won't be Carolina blue flooding the stores with Super Bowl attire come Monday morning.

The Broncos may flaunt the number one defense in the league, but there is an X-factor that will test them, and that's Cam Newton. The most mobile quarterback that the Bronco's defense has faced all season is Minnesota Vikings' Teddy Bridgewater, who can be dangerous at times, but does not have the skill set, or the stature that Cam has. Bridgewater had a solid game against Denver's smothering defense where he racked up 269 yards and a touchdown through the air, and adding 23 on the ground with zero turnovers. Those stats sound pretty good on paper, until you add in the

pressure. Bridgewater was sacked 7 times that game. While it's hard to bring down a 6 foot, 5 inch, 250 pound man, when you add Carolina only allowed 33 sacks in the regular season versus Minnesota's 45, you have to think the outlook is bright for Cam in the backfield, even if it is against Von Miller and DeMarcus Ware.

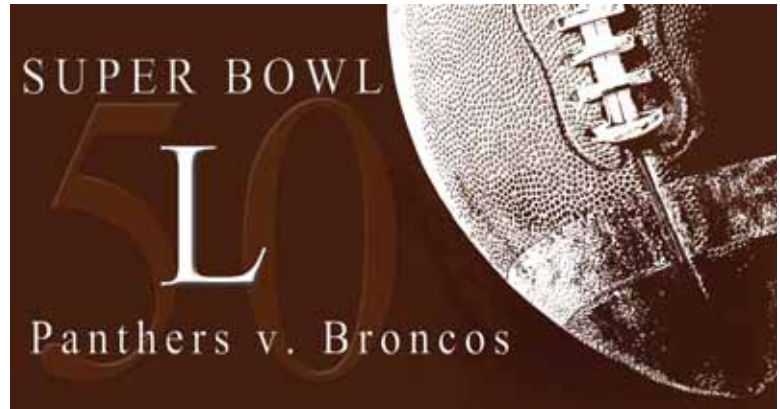
The saying is "defense wins championships," and people have said this about the upcoming Super Bowl like the Panthers don't have the fourth-best run defense, along with the sixth-best overall defense in the league. If that isn't enough to convince you, we can dig a little deeper.

Carolina also leads the league in interceptions with 24. 24! Now look at who they're facing, Peyton Manning. In his prime and even today, most call him one of the best quarterbacks in the league, but we are all human, and we all have our flaws.

Manning's challenge will be his age. At 39, Manning will be the oldest quarterback to start in a Super Bowl, and his age has shown this year. He threw 17 interceptions in the regular season after missing several games due to injury, and losing a starting job after throwing four interceptions in a 29-13 loss to Kansas City. Expect the young, physical Carolina defense to take advantage of that.

When looking at the Panthers on offense, often overlooked is the guy who pounds it out between the tackles almost 20 times a game, Jonathan Stewart. Stewart racked up 989 yards rushing to go with six touchdowns, and averaging 4.1 yards a carry. When looking at the defensive side, more often than not people think of the young hard-hitting linebacker, Luke Kuechly, or the lock-down corner, Josh Norman, but they sleep on the Ohio State alum, Kurt Coleman, who leads not only the team, but is tied for third in the league with 7 interceptions. The Broncos will get all they can handle and more from both sides.

My final prediction is Carolina in a less than contested win for Super Bowl 50. 45-13, Panthers.



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## Fire and Ice

MINOT AIR FORCE BASE, N.D. -- According to the National Fire Protection Association and the U.S Fire Administration, December, January and February are the leading months for U.S. home fires. Minot Air Force Base Fire Department would like to remind the populace that as the outside temperature drops during the winter months, people need to take the basic precautions to prevent serious fire and safety related injuries. The leading fire culprits on base are the improper use of candles, space heaters, electrical cords and unattended cooking.

Minot AFB Fire Department and Minot AFB residents teamed up with a "Fire and Ice" public event to help reduce your risk to winter fires and other hazards, including carbon monoxide poisoning. This event helped relay the Fire Department's "Put a Freeze on Winter Fires" campaign message to help remind people to be fire smart, and aware of the potential fire risks when they utilize the above mentioned items in their homes and at work. The Fire Department also did a live-demonstration on the fire dangers live pine trees present when they are not properly maintained during the holiday season. On-lookers were shown how easily a pine tree can ignite, how fast the fuel load is consumed and the amount of heat produced from the fire.

U.S. AIR FORCE PHOTOS | COURTESY PHOTOS



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**TODAY**

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- VA Benefits Briefing, 0830-1400, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Home School Families Gym Time, 1230-1400, Youth Center
- Mardi Gras, 1630-2030, Rockers Bar & Grill
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- Mardi Gras Celebration, 1700-1900, Jimmy Doolittle Center
- Freaky FREE Fridays, 1700-2100, Rough Rider Lanes
- BBQ Night, 1700-2100, Rockers Bar & Grill
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

**SATURDAY**

- Cycle, 0900, Fitness Center
- Barre Fitness, 1000, Fitness Center
- Base Skate, 1800, Youth Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Rough Rider Lanes

**SUNDAY**

- Zumba, 1400, Fitness Center
- Super Bowl Party, Doors open 1630, Rockers Bar & Grill

**MONDAY**

- Youth Center Tumbling Classes, Every Monday, Various Times, Youth Center
- Turbo/Core, 0600, Fitness Center
- TAP GPS Workshop, 0800-1600, A&FRC
- H2O Fitness, 0930, Indoor Pool
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Reintegration Training, 1300-1400, A&FRC
- Barre Fitness, 1800, Fitness Center
- Urban Boot Camp, 1900, Fitness Center

**TUESDAY**

- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
- Fit to Fight MIX, 0600, Fitness Center
- TAP GPS Workshop, 0800-1600, A&FRC
- Initial Key Spouse Training, 0845-1430, A&FRC
- Game Day, Every Tues, 1000-1930, Library
- Zumba, 1100, Fitness Center
- Home School Families Gym Time, 1230-1400, Youth Center
- Torch Club Meeting, 1600-1700, Youth Center
- Yoga, 1615, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Family Fun Night with Cinderella, 1700-1830, Rough Riders Pizza
- Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)
- TurboKick, 1830, Fitness Center
- Hard Core Strength, 1830, Fitness Center
- Cycle, 1930, Fitness Center

**WEDNESDAY**

- Cycle, 0600, Fitness Center
- Right Start, 0730-1200, A&FRC, Held at the Jimmy Doolittle Center
- TAP GPS Workshop, 0800-1600, A&FRC
- New Spouse Orientation, 0930-1400, A&FRC
- H2O Fitness, 0930, Indoor Pool
- Stroller Fitness, 0930, Youth Center
- Story Time, 1030, Base Library
- Fit to Fight Cycle, 1100, Fitness Center
- Fit to Fight Core, 1130, Fitness Center
- New Parent Orientation, 1200, Child Development Center (CDC)
- Pre-Deployment Readiness Training, Every Wed, 1400-1500, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Military Youth Saves Month, Every Wed. in February, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Cycle/Strength, 1630, Fitness Center
- Buck with a Bang, Every Wed, 1700, Rough Rider Lanes
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
- Zumba, 1730, Fitness Center
- AFB Bowling 2.0, Every Wed, 1800, Bowling Center

- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center
- Yoga, 1830, Fitness Center

**THURSDAY**

- Last day to register for the Wine & Paint Class at Arts & Crafts
- Last day to register for the YC Sweetheart Dance at the Youth Center
- TAP GPS Workshop, 0800-1600, A&FRC
- HIIT & Core, 1100, Fitness Center
- Reintegration Training, Every Thurs, 1300-1400, A&FRC
- Fit to Fight, 1630, Fitness Center
- Single Airmen Wingman Night, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, 1700-1900, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center
- Body Blast, 1830, Fitness Center
- NFL Bowling League, 1830, Bowling Center
- Cycle, 1930, Fitness Center

**UPCOMING EVENTS - FEB. 12**

- Last day to reserve a seat for the Valentine's Day Touch of Class Dinner
- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Terry Peak/Deadwood Ski Trip, 0800, Outdoor Rec
- TAP GPS Workshop, 0800-1600, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Home School Families Gym Time, 1230-1400, Youth Center
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- Family Pizza Night, 1700-1900, Jimmy Doolittle Center
- Freaky FREE Fridays, 1700-2100, Rough Rider Lanes
- BBQ Night, 1700-2100, Rockers Bar & Grill
- Keystone Club Meeting, 1830-1930, Youth Center
- Wine & Paint Class, 1830-2030, Arts & Crafts
- Youth Center Sweetheart Dance, 1930-2200, Youth Center
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

**UPCOMING EVENTS - FEB. 13**

- Sweat Your Heart Out, 1000-1200, Fitness Center
- Sweethearts Bowl, 1200-1700, Bowling Center
- Valentine Prom, 1300, Base Library
- Give Parents A Break, 1300-1700, CDC/School Age Program
- Valentine's Day Touch of Class Dinner, 1800-2100, Jimmy Doolittle Center
- Base Skate, 1800, Youth Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- Hip Hop All Nighter, Midnight-0400, Rockers Bar & Grill

**ONGOING EVENTS**

- Climb to Fitness, Rock wall available at McAdoo Fitness. Ages 18 & up with a DoD ID Card. Ages 13-17 with written consent and parent or legal guardian present. Contact McAdoo Fitness Center for more details at 723-2145.
- 3D Printing at the Library, Print objects using the Base Library's 3D Printer. Call 723-3344 to set up an appointment to learn how to use the printer and create your item. Only \$0.05/gram of filament used.
- Freaky FREE Fridays, Every Friday, 1700-2100, Pay for 2 games plus a shoe rental per person and get one game of bowling FREE! A \$3.25 SAVINGS!
- Qualified Personal Trainers, by appointment, Fitness Center
- Overdrive Audio Books, Available for check out, Base Library
- Rough Riders Monthly Pizza Special. February Special – The Heart of Alfredo. Our tasty signature white sauce topped with chicken and loaded with artichoke hearts and bacon, spinach, and Roma tomatoes. Small: \$11 Med: \$15 Large: \$17 – Panino Meal \$8.50. Members Receive \$2 off any pizza!

**PRENATAL YOGA**

The Youth Center is offering Prenatal Yoga on

Wednesdays at 10:15 a.m. Improve your pregnancy and birth experience through prenatal specific yoga. This multifaceted approach encourages flexibility, strength, balance, stamina, focused breathing, relaxation techniques, positive mental centering, and more. This style of class is great for any level of yoga practice, new to advanced. With your doctor's approval, you will gain many health benefits for you and your baby. The 45 minute session, held once a week, will be a guided journey which will allow you to learn skills to use at home during your pregnancy, during labor/birth, and post-partum. This is an ongoing class and can be joined at any point during normal and healthy pregnancy. Cost is \$40 per month. For more information, call the Youth Center at 723-2838.

**EXPECTANT AND BREASTFEEDING MOTHERS**

La Leche League of Minot will not be meeting for the month of December-we hope you have a nice holiday with your family. We meet the 3rd Friday of each month at 10AM at North Plains Chapel in the basement. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLofMinot.

**PARK UNIVERSITY SPRING 2016 REGISTRATION IS NOW OPEN!!**

Park University's Spring 1 2016 term (11 January 2016 – 6 March 2016) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

**YOUTH EMPLOYMENT SKILLS**

High school students that are an active duty Air Force dependent can earn money for college through participation in the Youth Employment Skills (YES) program. You must be a Youth Center member age 13 to 18 and completed the 8th grade. Applications are available at the Youth Center. Call the David C. Jones Youth Center at 723-2838 for more information.

**MINOT OFFICER SPOUSES CLUB**

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/little-clubs.html

**MINOT ENLISTED SPOUSES CLUB**

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY**

is now registering for the Spring 2016 online term (15 Feb-17 Apr). To sign up for classes, please stop by the office, located inside the Base Education Center or email your request to minot@erau.edu. If you have any questions, please call 701-727-9007.

**AIR FORCE SGTS ASSOCIATION, CHAPTER 959, GENERAL MEMBERSHIP MEETING**

GENERAL MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants Association (AFSA) is a federally chartered non-profit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired-

-All are welcome! Like us on Facebook at [www.facebook.com/MinotAFSA](http://www.facebook.com/MinotAFSA). We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at [AFSACH959@gmail.com](mailto:AFSACH959@gmail.com).

### MAIN STREET BOOKS STORYTIME –

An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth – 4yrs and 11:00 a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; [www.mainstreet-booksminot.com](http://www.mainstreet-booksminot.com)

### MAIN STREET BOOKS 1ST SATURDAYS STORYTIME –

A weekend storytime for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth – 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; [www.mainstreetbooksminot.com](http://www.mainstreetbooksminot.com)

### SUGAR BLUE IN CONCERT 2/05/2016 4:30 AM

Arlene theater. J and S Productions present live in Concert Sugar Blue Feb 5th 2016 Minot Arlene theater 7:30. Tickets \$15, available at Budget Music, Jacobsen Music Sugar Blue Music Grammy winner and the harmonica Player for the rolling stones.....info contact [Jsproductionsnd@gmail.com](mailto:Jsproductionsnd@gmail.com) (701)839-8007

### MINOT FLEA MARKET 2/06/2016 8:00 AM - 2/07/2016 3:00 PM

United States. We have antique furniture, beautiful carved wood figures large and small, oddities of all sorts, comic books, toys, board games, books, stencils, tools, purses, jewelry, cleaning products, as well as baked goods, honey, jam and jellies, and much more. We're open Saturday 8 am-4 pm and Sunday 10 am-3 pm and located at the North Dakota State Fair Center. Admission is ONLY \$1. Children 10 and under are FREE.

### THE DOWNTOWN BUSINESS & PROFESSIONAL ASSOC. OF MINOT IS PLEASED TO PRESENT THE 3RD ANNUAL VALENTINE'S DINNER

on Friday, February 12 at 6 pm at the Taube Museum of Art. Tickets are \$65 per person and are available for purchase at Gourmet Chef. Dinner is choice of prime rib or shrimp with wine tastings. There will be musical entertainment and a silent auction. Call 839-8928 or 838-9616 for more information. Tickets are limited.

### CHROME AND CHOCOLATE EVENT 2/06/2016 9:00 AM

Magic City Harley-Davidson. Enjoy some delicious "chocolate" goodies and take a look at some of our chrome accessories!

### WINTERFEST 2/06/2016 12:00 PM

Souris Valley Golf Course. 12pm-1pm: Ice carving by Trevor Pearson with Metro Ice Sculptures 12pm-4pm: Hidden Objects Seek & Find Snow Shoeing with free snow shoe rentals. 4pm: Snowman Building Contest Judging (items will be provided for decorating, but feel free to bring your own as well). 12pm-6pm: Tractor Rides Snow Painting Coloring Station Indoors Indoor Putting Course Sledding Hills (bring your own sled) 4pm-6pm: Bonfire with Hot Cocoa & S'mores.

### PURSES FOR A PURPOSE 2/06/2016 2:00 PM

Sleep Inn & Suites. The event will help raise vital funds for North Dakota wounded warriors in need of a service dog for their invisible wounds. Purse exchange for a cause! On February 6th, 2016 –The Magic City Lions will be hosting the 2nd Annual "Purses for a Purpose" benefitting our North Dakota wounded warriors. The Lions want to secure funds for ND veterans in need of a service dog for their invisible wounds. The event will help raise vital funds for Service Dogs for America's - Wounded Warrior program. A service dog can help decrease suicide, PTSD and TBIs in our veterans. These dogs can cost up to \$20,000! Their invisible wounds lead them to check out of society and check out of life. A service dog is trained to understand their story and their needs. Last year, the Magic

City Lions held their 1st "Purses for a Purpose" event, and raised over \$18,500! Those funds, along with grants and other generous donations, continue to assist our North Dakota veterans to receive their PTSD service dog at zero cost! 100% of all proceeds raised will be donated to the Wounded Warrior program at Service Dogs for America. So together, let's tell our deserving heroes.....We have your back!

### CHOCOLATE DAZE @ DAKOTA ROSE 2/06/2016 2:00 PM

Dakota Rose B & B. Chocolate Daze Saturday, February 6, 2016 2:00 pm at Dakotah Rose Bed & Breakfast. Enjoy the ambiance of The Rose with a delicious choice of chocolate desserts and coffee and a chocolate gift from Dakotah Rose Delights! Free Will Offering All proceeds benefit Dakota Hope Clinic. Reservations Necessary—838-3548 Come—Meet Bonnie, the Director of Dakota Hope Clinic, and learn more about their role in our community!

### SISU THE READ DOG 02-06-2016 04:00 PM - 02-06-2016 05:00 PM

Minot Public Library. Sisu, our READ Dog, will be available for children to read to on the first Tuesday of the month from 4:00 PM to 5:00 PM.

### COMMUNITY ROCKS! 2016 2/06/2016 6:00 PM

The Grand Hotel. Community Rocks! 2016. Music that Matters. A Classic Rock Orchestra performing favorites from the 60's to the present with music from the Rolling Stones, Heart, Styx, Metallica, Cold Play, and many others. The event includes a social and cash bar at 6:00 PM with the show starting at 7:00 PM. Check out the great items on the silent and live auctions. Tickets can be purchased at Budget Music & Video downtown or at Jacobsen Music on 31st Ave SW.

### 2ND STORY SNOWBALL 2/06/2016 6:00 PM

Knights of Columbus. Fun! Prizes! Raffles! Red Balls! Dancing! FREE ADMISSION! Dining! Grab bags! Silent Auction! Enjoy a night out at this fundraiser and enjoy all the excitement!!

### HAIRBALL AT STATE FAIR CENTER 2/06/2016 7:00 PM

North Dakota State Fair Center. February 6, Hairball with Badlands House Band, State Fair Center: All Ages, General Admission, Doors at 7pm, Show at 8 pm. <http://jadepresents.com/hairball-minot/>

### MARDI-GRAS PUB CRAWL 2/06/2016 7:00 PM - 2/07/2016 1:00 AM

Downtown Minot. Another great downtown Pub Crawl! Join us downtown on Saturday, February 6th to celebrate Mardi Gras in style at 10 of your favorite downtown establishments!

### HAIRBALL WITH BADLANDS HOUSE BAND 2/06/2016 7:00 PM - 2/07/2016

North Dakota State Fair Center. Hairball is a Rock & Roll experience you won't forget. Vocalists Bobby, Steve and Joe Dandy lead the band through a 2+ hour, mind-blowing, and drop-dead accurate homage to some of the biggest arena acts in the world. Van Halen, KISS, Motley Crue, Queen, Journey, and Aerosmith are but a few of the acts

fans will see brought to life. The Hairball stage becomes an entirely new rock concert before your very eyes countless times throughout the night.

### JUST FOR YOU

A luncheon for all Minot area ladies at the Grand Hotel, Tuesday, February 9th, 12:15-2:00 pm, \$11.00 inclusive. For reservations contact Darcy at 837-8233 or [minotchristianwomens@hotmail.com](mailto:minotchristianwomens@hotmail.com)

### SCORE WORKSHOP 2/09/2016 7:00 PM

Minot Public Library. Simple Steps in Starting Your Business Minot Public Library February 9, 2016 at 7:00 p.m. NO COST Register by calling the SCORE answering machine at 701-852-6883. Minot SCORE Chapter has arranged a workshop for persons interested in starting a business. The workshop is scheduled for Tuesday, February 9, 2016 at 7:00 p.m. at Minot Public Library, 516 2nd Avenue SW, Minot, ND. The program is scheduled for one and one-half hours and will include important details regarding the operation of a business. This will include appropriate information for those in business and others who are considering the starting of a business. Time will be allowed for general discussion and the accepting of questions. Register by email to or call 701-852-6883.

### GIVING HEARTS DAY 2/11/2016

Online Day of Giving. The seventh annual Giving Hearts Day on February 13, 2014, continued a tradition as a record-breaking fundraising phenomenon/ This a chance to give to a local non-profit. All donations of \$10.00 or more are matched. Participating local non-profits include: Dakota Boys and Girls Ranch Independence, Inc. Taube Museum of Art Minot Council of the Arts Domestic Violence Crisis Center Dakota Hope Clinic Habitat for Humanity.

### CALVARY MOVIE NIGHT 2/12/2016 7:30 PM

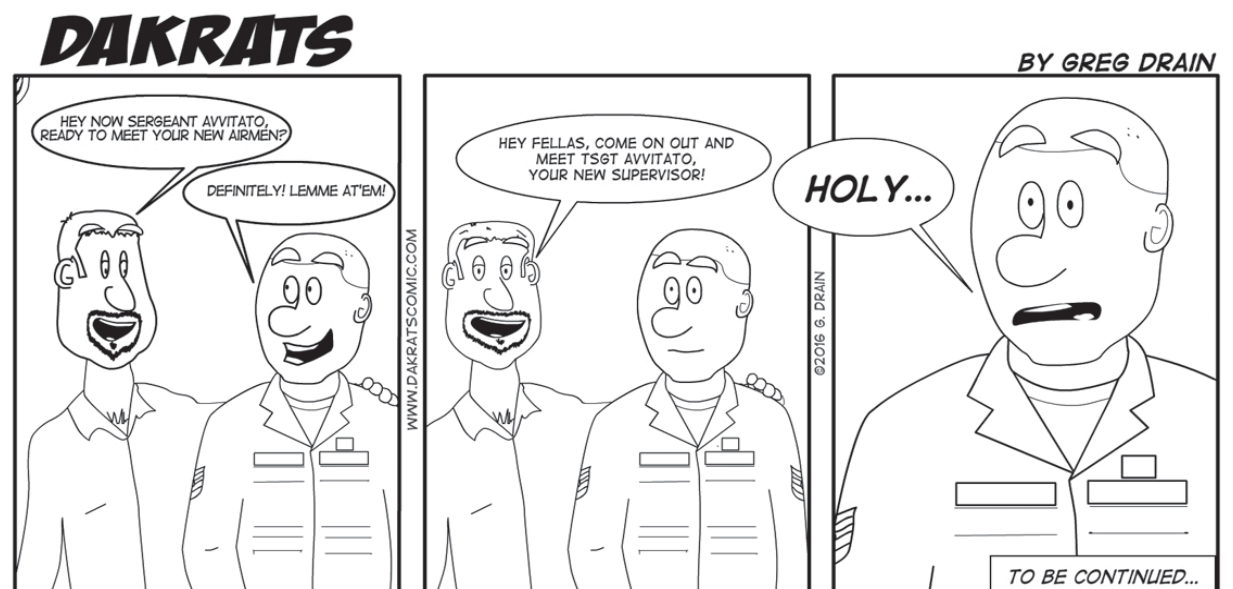
524 21st Ave NW Minot. Come join Calvary Chapel Minot for a free movie night. This month we are showing the movie \*Fire Proof\*\* Movie starts at 7:30 PM\* Free admission\* Free popcorn bring a friend, bring your family, bring your neighbor. All can come and all are welcome. We are located at the North Hill Baptist Church 524 21st Ave NW, Minot for more upcoming events please go to [calvarychapelminot.org](http://calvarychapelminot.org)

### ISEMAN HOME SHOW 2/13/2016 9:00 AM

North Dakota State Fairgrounds. Come to the North Dakota State Fairgrounds for the Iseman Home Show!! There will be multiple homes of various sizes to fit your family and their needs. The general public can feel free to tour the insides of these homes and Iseman Sales Staff will be on hand for any questions you may have. So don't miss out on touring your future home!

### ONE DAY BOOK SALE 2/13/2016 10:00 AM

Minot Public Library. The Friends of the Minot Public Library will be holding a ONE DAY book sale on February 13th from 10 am—6 pm! The Friends have so many books to share that they've decided to keep the sale going after the library closes.





# 10 ways to love February in North Dakota

NORTH DAKOTA DEPARTMENT OF TOURISM

**F**ebruary may be shorter on days than other months, but it is certainly not short on things to do in North Dakota. All across the state, North Dakotans are embracing the winter weather, both outdoors and in. So whether it's a game of pond hockey, snowshoeing a state park, a night of theater or an afternoon crafting, there is no shortage of activities this February. For details on these or other events, go to [NDtourism.com](http://NDtourism.com) or call 800-435-5663 or 701-328-2525.

**Cabin Fever Days:** Jamestown February 5-14  
Gear up and get outdoors this February. The Jamestown Parks and Rec Department is sponsoring Cabin Fever Days to inspire the community to embrace and enjoy the cold. Citywide activities include cross-country skiing, sleigh rides, a basketball tournament and more. [www.jamestownparksandrec.com/events/?ID=35](http://www.jamestownparksandrec.com/events/?ID=35); 701-252-3982.

**Falsettos:** Grand Forks February 4-13

Enjoy a night of live theater with Empire Theatre Company's cast as it presents Falsettos, a lively musical comedy that celebrates – and laughs at – the complexities of family. The show does include adult themes and strong language. Learn more at [www.empireartscenter.com/](http://www.empireartscenter.com/); 701-746-5500

**Winterfest:** Minot February 6

Ice carving, a snowshoe seek-and-find and a snowman building contest anyone? Sign us up! Admission is free with a non-perishable food item at this community event that supports local food

pantries.

**Feast of Nations:** Grand Forks February 6

Savor the varying flavors of the world without ever leaving North Dakota. Hailed as the largest multicultural event in the state, this 54th annual event celebrates tastes and customs from around the globe through performance, displays and food. [www.feastofnations.und.edu](http://www.feastofnations.und.edu); 701-777-6393

**Flashdance The Musical:** Bismarck, February 17 Grand Forks, February 28

Flashdance lovers take note: The pop culture film from the 1980s is coming to the stage in Bismarck and Grand Forks. Flashdance The Musical uses electrifying dance and that iconic soundtrack ("What a Feeling," "Gloria," "Maniac") to tell a triumphant story about love and ambition.

**ShiverFest:** Devils Lake February 19–21

Just because it's the dead of winter doesn't mean there aren't lively activities to enjoy. As long as you're dressed for the weather, there's plenty of adventure for the entire family at the ShiverFest. Enjoy a mites hockey tournament, a youth ice fishing tournament, kite flying, a golf course on ice, ice rally cross event, motorcycle show, sleigh rides, a pond hockey tournament and more. Visit [www.devilslakend.com](http://www.devilslakend.com); 701-662-4903.

**Heritage Outbound:** Fort Clark February 20

Curious what life was like for explorers and Native Americans on the Northern Plains? Here's your opportunity to learn more. Spend the day snowshoeing at Fort Clark Historic Site, then make your way to Knife

River Indian Villages National Historic Site for food, stories and more. [www.history.nd.gov/events/heritageoutbound.html](http://www.history.nd.gov/events/heritageoutbound.html); 701-328-2666

**END Bikecicle Fatbike Race:** Grand Forks February 21

The advent of the fatbike, a wide-tired bicycle intended for snow riding, has inspired quite a following in this snowy state. Extreme North Dakota (END) is putting on its second annual fatbike only Bikecicle Fatbike Race. The 15-mile course traverses Grand Forks' Greenway trails and the icy Red River of the North. Learn more at [www.endracing.com/bikecicle](http://www.endracing.com/bikecicle).

**Unglued Craft Fest:** Fargo February 26–27

Are you suffering from cabin fever? Come out for the sixth annual Unglued Craft Fest at Plains Art Museum in Fargo. There will be about 70 handmade makers, artists and crafters showcasing their wares, along with free workshops for both kids and adults, live music and free gallery admission. Learn more about the fun at [www.ungluedmarket.com/fest/](http://www.ungluedmarket.com/fest/).

**Red River Valley Home and Garden Show:** Fargo February 26–28

Check out the latest trends and selections of home and garden goods at the Fargodome. More than 300 vendors will exhibit and show consumers what's new in the home and garden world. Visit <http://hbfam.memberzone.com/events/details/red-river-valley-home-garden-show-3247> to learn more.

These are just a few events and activities in North Dakota during February. For more information, go to [NDtourism.com](http://NDtourism.com) or phone 701-328-2525 or 800-435-5663

# High year of tenure extension for 122 specialties

AIR FORCE PERSONNEL CENTER PUBLIC AFFAIRS

**J**OINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) -- Eligible senior airmen, staff sergeants, technical sergeants, and master sergeants in 122 Air Force specialties can apply for a high year of tenure extension and, if approved, will be able to extend between 12 and 24 months past their current HYT.

Eligible Airmen who apply for an extension should be approved by their unit commander or civilian leader, and should meet regular re-enlistment criteria as well. Airmen with a re-enlistment restriction are not eligible to apply for an HYT extension.

The HYT extension application window will be open Feb. 1, 2016, through May 31, 2017.

Eligible Airmen with a current HYT in February 2016 should apply as soon as possible to obtain approval prior to their current HYT. Eligible Airmen with a current HYT March 1-May 31, 2016, should apply at least 30 days prior to their current HYT. All other eligible Airmen should submit their requests for extension at least 120 days prior to their current HYT.

Eligibility is limited to specific control Air Force specialty codes and grades as of Jan. 26, 2016, but the following Airmen may also apply:

- Airmen who previously held an eligible AFSC, who are projected to return to

the eligible AFSC on or before Sept. 30, 2017, and who have a current HYT between Feb. 1, 2016, and Sept. 30, 2017, may apply. Airmen in this category should provide documentation showing their projected return date with their HYT extension request.

- Airmen who are in a special duty or developmental special duty assignment, who have an eligible AFSC, and who have an assignment availability code or date eligible for return from overseas date that expires on or before Sept. 30, 2017, may apply. Airmen in this category should provide documentation of the eligible AFSC with their HYT extension request. Deros and AAC curtailment requests will not be approved for this program.

Airmen approved for an extension should get required retainability within 10 days of being notified or they will forfeit the opportunity for an HYT extension.

For complete eligibility criteria and application information, go to the myPers website, select "Any" from the search drop down options and enter "FY16/17 High Year of Tenure Extension Program" in the search window.

For more information about Air Force personnel programs, go to the myPers website. Individuals who do not have a myPers account can request one by following the instructions on the Air Force Retirees Services website.

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[www.capitalrv.com](http://www.capitalrv.com)

**MINOT FLEA MARKET**  
FEBRUARY 6 & 7

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STATE FAIRGROUNDS • MINOT  
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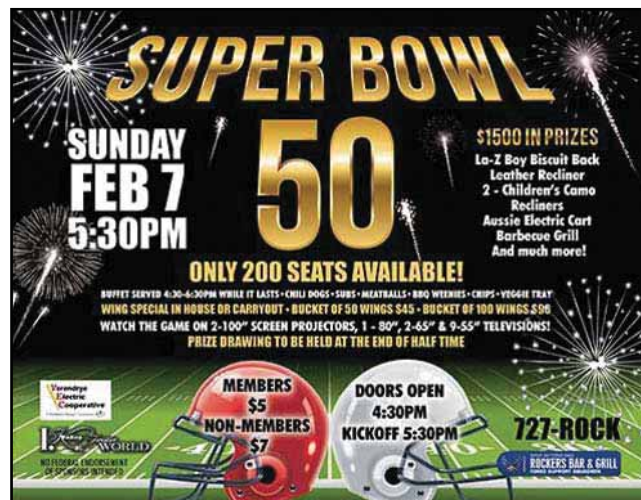
**701.852.2690**  
E-mail [hairtoff@minot.com](mailto:hairtoff@minot.com)  
1809 S. Bdwy., Plaza Suite K, Minot

Free Consultation  
Private Office





## Over \$1,500 In Prize Giveaways During Super Bowl Party



Rockers Bar & Grill invites you to catch all the Super Bowl 50 action during their Super Bowl Party on Sunday, February 7th. Doors will open at 4:30 p.m. with kick-off at 5:30 p.m.

The Super Bowl Party features a tailgating buffet from 4:30-6:30 p.m. (while it lasts). The buffet will feature plenty of delicious items including

chili dogs, subs, meatballs, BBQ weenies, chips, veggie tray, and more. Admission for the Super Bowl Party is \$5 for club members and \$7 for non-members.

Rockers is offering a wing special (in house or carry-out) featuring a bucket of 50 wings for \$45 or a bucket of 100 wings for \$90. Beer and drink specials will also be available.

Besides great food and football action, you'll have an opportunity to register for a chance to win awesome door prizes. Adults (18 years and older) can register at the event for a chance to win a La-Z Boy Biscuit Back Leather Recliner valued at \$800, two children's camo recliners, a Aussie Electric Cart barbecue grill, plus many other great items. Winners must be present to win.

The Super Bowl Party at Rockers Bar & Grill and local prize giveaways are sponsored by I. Keating Furniture and Verendrye Electric Cooperative. *No Federal Endorsement of Sponsors Intended.* For additional details, call 727-ROCK.

## Make Your Reservations Now For Valentine's Touch Of Class



If you're searching for an elegant evening complete with a gourmet meal, then don't miss the special Valentine's Day "Touch of Class" at the Jimmy Doolittle Center on February 13th. This is an dining experience you and your loved one are sure to enjoy.

You'll savor the delicious menu which includes a tantalizing Surf and Turf platter for two featuring Chateau Briand and broiled lobster tail. A complete beverage service, to include wine, is available. When you attend the Valentine's Touch of Class, your date will receive a free rose.

This is an all-ranks dinner served from 6-9 p.m.; cost is \$35 per person for club members and \$40 per person for non-members. Reservations must be made by February 12th by calling the Doolittle Center at 723-3731. Limited seating available.

## Information, Tickets, & Travel Office Announces Grand Opening

The 5th Force Support Squadron's Community Programming & Partnership Office (CPPO) is pleased to announce the opening of a Information, Tickets & Travel (ITT) office inside the Base Exchange starting February 17th. The grand opening ribbon cutting will take place at 10 a.m. The ITT office is located between the barber shop and dry cleaners.

An information fair, local vendors, as well as giveaways are planned from 10 a.m. to 2 p.m. Minot AFB personnel and their families are invited to register for the grand prize of a 7 night stay at the resort of their choice from the AFVCLUB website. The winner will have 12 months to use the prize from day of purchase.

The ITT office can assist with booking cruises, airfare, resort stays, and vacations. Customers can also conveniently acquire a variety of tickets from their partners including Disney, Target Center, Bottineau Winter Park, and more. For more information, call the Information, Tickets & Travel office at 727-6669.



## Outdoor Recreation Hosting Lake Darling Ice Fishing Trip



Test your angling skills during the Ice Fishing Trip to Lake Darling hosted by Outdoor Recreation on Saturday, February 27th. The trip will depart Outdoor Recreation at 9 a.m. and return by 5 p.m. Anyone 16 years of age or older must have a valid North Dakota fishing license; all gear will be provided. A maximum of 12 people can attend.

Cost is \$20 per person. Children 17 years of age and under must be accompanied by an adult. Registration deadline is by noon on February 23rd.

For additional information or to make your reservations for the Ice Fishing Trip, contact Outdoor Recreation at 723-3648.

**For 5th Force Support Job Opportunities, visit [www.nafjobs.org](http://www.nafjobs.org) or call NAF Human Resources at 723-2812**

**CLUB MEMBER DRAWING ON FRIDAY, FEBRUARY 5TH WILL BE FOR \$300.**

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

**Ladies Night At Auto Hobby - Monday, February 22nd - 5 p.m. to 7 p.m.**  
Auto Hobby is hosting a Ladies Night on Monday, February 22nd from 5-7 p.m. Ladies are invited to learn the basics on how to maintain their vehicle. There will be a brake diagnosis and repair section. Cost for Ladies Night is \$5 per person and includes complimentary mini sandwiches with chips. Registration deadline is February 19th. To register, call Auto Hobby at 723-2127.

**FAMILY and YOUTH EVENTS & PROGRAMS****Feb 9 Family Fun Night With Cinderella**

Rough Riders has a very special Family Fun Night scheduled for Tuesday, February 9th. Children can meet the Cinderella character and enjoy games and face painting from 5-6:30 p.m. at Lil Riders Playland. Plus Rough Riders is offering terrific Family Fun Night specials from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Enjoy a delicious meal while the kids burn off some energy in the Lil' Riders indoor playland. For more information, call Rough Riders Pizza at 727-4377.

**Feb 12 Family Pizza Night**

The new and improved Family Pizza Night returns to the Jimmy Doolittle Center on Friday, February 12th from 5-7 p.m. Build your own personal pizza from a wide array of toppings, sauces, and crust. Cost is \$5 per pizza for club members of all ages and \$7 per pizza for non-members of all ages. For more details, call the Doolittle Center at 723-3731.

**Feb 18 Creative Kids Class**

Spend the afternoon with your preschooler creating a fun heart craft during the Creative Kids class at the Arts & Crafts Center on Thursday, February 18th from 3:30-4 p.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. For more details, call 723-3640.

**Youth Basketball & Cheer Registration**

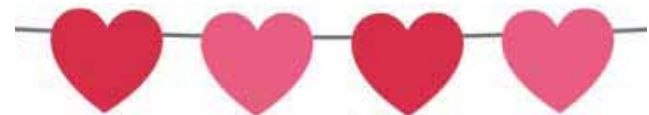
The Youth Center is holding Youth Basketball registration for Youth Center members 3-13 years of age and Cheer registration for Youth Center members 5-18 years of age from February 2-26. Cost is \$40 for Youth Basketball. Youth Center membership and a current physical are required to be on file prior to placement on team roster. Price for Youth Basketball Cheerleading is \$26 for returning cheerleaders with uniform and \$90 for new cheerleaders which includes uniform to keep. Both seasons begin on March 16th. Individuals are needed as volunteer coaches; apply at the Youth Center.

**Celebrate Mardi Gras At The Doolittle Center & Rockers****Mardi Gras Celebration At JDC**

The Jimmy Doolittle Center invites you to their Mardi Gras celebration on Friday, February 5th from 5-7 p.m. Come join the fun and enjoy traditional Cajun cuisine bar food in the Ground Zero Lounge. Relieve your winter doldrums and celebrate Mardi Gras. Cost is free for club members and \$7 for non-members; adults only. For more details, call the Doolittle Center at 723-3731.

**Mardi Gras Minot Style At Rockers**

Celebrate Mardi Gras Minot style at Rockers Bar & Grill on Friday, February 5th from 4:30-8:30 p.m. Everyone is invited to enjoy great music, food, and fun; adults only. You can enjoy a delicious Cajun buffet in the lounge from 4:30-7 p.m. along with Mardi Gras music. Cost is free for Air Force Club members and \$7 for non-members. For additional information, call Rockers Bar & Grill at 727-ROCK.

**Celebrate Valentine's Day During These 5 FSS Events**

You'll find a variety of Valentine's Day events at 5th Force Support Squadron facilities this year. From delicious dining options to fun events for both young and those not quite so young, there is something for everyone to enjoy.

**SWEETHEART DANCE****February 12th - Youth Center**

The Youth Center invites youth ages 9-18 years old to attend their Sweetheart Dance on Friday, February 12th from 7:30-10 p.m. Dress in your best! Door prizes and a photo booth will be available. Cost is \$10 for Youth Center members and \$20 for non-members. Registration deadline is February 11th. For more details, call the Youth Center at 723-2838.

**SWEAT YOUR HEART OUT CARDIO****February 13th - Fitness Center**

Join the Fitness Center for a morning of cardio fitness during the Sweat Your Heart Out Cardio event on Saturday, February 13th from 10 a.m. to noon. This FREE event is open to all DoD I.D. card holders 16 years of age and older. Call the Fitness Center at 723-2145 for more information.

**SWEETHEARTS BOWL****February 13th - Rough Rider Lanes**

Rough Rider Lanes is offering a Sweethearts Bowl special on Saturday, February 13th from 12-5 p.m. You and your sweetheart can bowl 4 games each for only \$12 per couple. For more information, call Rough Rider Lanes at 727-4715.

**VALENTINE PROM****February 13th - Base Library**

Come to a mini-prom at the Base Library during their Valentine Prom event on Saturday, February 13th at 1 p.m. Children of all ages can enjoy stories, a photo booth (with props), crafts, and more. Dressing up is encouraged but not required. For additional information, call 723-3344.

**ANNUAL AWARDS BANQUET KID'S NIGHT OUT**

YOUTH CENTER FORCE SUPPORT SQUADRON  
GREAT FUTURES START HERE.  
BOYS & GIRLS CLUB OF MINOT AFB

AGES 5-18  
SNACKS  
GAMES  
BOUNCY CASTLE

**FREE**  
for Deployed Families  
\$20/Child  
Members &  
Non-Members

723-2838

FEB 19th 6-10p  
FEB 26th 6-10p

REGISTRATION ENDS 17TH  
REGISTRATION ENDS 24TH

**YOUNG AIRMEN EVENTS & PROGRAMS****Feb 5 Freaky FREE Friday**

Strike up some fun during Freaky Free Friday at Rough Rider Lanes on February 5th from 5-9 p.m. When you purchase 2 games of bowling and shoe rental you'll receive an additional one game of bowling FREE. Gather your friends and family for an enjoyable night of affordable fun. For more details, call Rough Rider Lanes at 727-4715.

**Feb 5 Friday Night Karaoke**

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on February 5th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For more information, call Rockers Bar & Grill at 727-ROCK.

**Feb 10 Single Airmen Slice Night**

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For additional information, contact Rough Riders at 727-4377.

**Feb 11 Single Airmen Wingman Night**

Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Stop by and enjoy some tasty wings and a cool beverage. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. Plus Rockers is offering domestic drafts for \$2. For details, call 727-ROCK.

**Feb 13 Hip Hop All Nighter**

Dance, party, and hang out with your friends during the Hip Hop All Nighter at the Rockers Bar & Grill on Saturday, February 13th. The dancing starts at midnight and continues until 4 a.m. The event is free for club members and \$7 for non-members. For more information, call Rockers Bar & Grill at 727-ROCK.

**Feb 18 Off-Base Budget Class**

Planning to move off base? Do you have a functional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on February 18th from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LES and have knowledge of their bills. Class size is limited; call 723-3950 to register.

Visit our website at [www.5thforcesupport.com](http://www.5thforcesupport.com)

# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520</p> <p><b>Mass Schedule</b> Saturday ..... 5:30 pm Sunday ..... 9:30 am</p> <p><b>Fr. Fred Harvey, Pastor</b> <a href="http://www.littleflowerminot.com">www.littleflowerminot.com</a></p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b></p>  <p><b>109 6th St. SE Minot • 838-3094</b></p> <p>Sunday Liturgy ..... 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p><b>Heritage Baptist</b> Independent Fundamental <b>Meeting at 435 21st St. NW 833-1798</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening..... 6 p.m. Wed. Prayer/Bible Study ..... 7 p.m. Wed. Children's Awana Club .. 6:45 p.m.</p> <p><b>Pastor Tim Bagwell</b> <a href="http://heritagebaptistminot.com">heritagebaptistminot.com</a></p>	<p><b>GLENBURN FIRST BAPTIST CHURCH</b></p>  <p>402 South Street • 701-362-7971</p> <p><b>Sundays:</b> Morning Worship..... 10:00 a.m. Sunday School ..... 11:15 a.m.</p> <p><b>Wednesdays:</b> Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons.</p> <p>Pastor DeVawn Beckman • <a href="mailto:revdev@srt.com">revdev@srt.com</a></p>	<p><b>Bible Fellowship Church</b></p>  <p>Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am</p> <p><b>GRIEF SHARE</b></p> <p><b>Classes Starting November 4th, 7:00pm</b> 838-0916 • 1720 4th Ave NW <a href="http://minotbiblefellowship.org">minotbiblefellowship.org</a></p>
<p><b>Faith United Methodist Church</b></p>  <p><b>5900 Highway 83 N, Minot</b> <a href="http://www.faithumcminot.com">www.faithumcminot.com</a></p> <p><b>Rev. Debra Ball-Kilbourne</b></p> <p>Sunday School (All Ages): 9:30 a.m. Worship Services: Sunday 11 a.m. Wednesday: 5:15 p.m.</p>	<p><b>Minot Baptist Church</b></p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>Harvest Reformed Church</b></p>  <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p><b>Sunday Service 10:30 a.m. 838-0605</b> <a href="http://www.harvestreformedchurch.org">www.harvestreformedchurch.org</a></p>	<p><b>Congregational United Church of Christ</b></p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School ..... 11 a.m. Sunday Worship ..... 11 a.m. Tuesday Lunch Bible Study ..... 11 a.m. - 1 p.m. Wed. Youth Classes 6:30 - 8:30 p.m.</p>	<p>Welcome to the <b>Minot Church of Christ</b> 1315 1st St. NE</p> <p><b>Sunday:</b> Bible Classes ..... 9:30 a.m. Worship..... 10:30 a.m. - 5 p.m.</p> <p><b>Wednesday:</b> Bible Classes ..... 7 p.m.</p> <p><i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p><b>First Presbyterian Church</b> 430 N Broadway (Congregational Church of Christ Building) <b>701-460-6321</b></p> <p>Worship..... 9:00 a.m.</p> <p><a href="http://www.fpcminot.org">www.fpcminot.org</a> <i>Visitors Welcome</i></p>	<p><b>Apostolic Faith Church, UPCI</b></p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West <b>(701)838-0609</b></p> <p>Saturday School..... 2:00 p.m. Sunday Worship..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p><b>Cornerstone Presbyterian Church</b></p> <p>1000 NE 3rd Street <b>852-0315</b></p> <p><b>Sunday Schedule</b> Contemporary Worship ..... 9:30am Child/Youth Sunday School.. 11:00am Adult Sunday School..... 8:30 &amp; 11:00am Traditional Worship..... 11:00am</p> <p><b>Wednesday Evening Schedule</b> Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm</p> <p>All are Welcome! <a href="http://www.ecominot.org">www.ecominot.org</a></p>	<p><b>First Lutheran Church - ELCA</b></p>  <p>120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship ..... 5:30 pm Sunday Worship .... 8:30 am &amp; 11:00 am Sunday Education ..... 9:45 am Wednesday Education ..... 6:00 pm</p>  <p>Services are now available online at <a href="http://firstlutheran.tv">firstlutheran.tv</a> Radio Broadcast KRRZ 1390 AM 9:30 AM Pastor Ken Nelson &amp; Pastor Brandy Gerjets</p>	<p><b>St. Mark's Lutheran Church</b> Missouri Synod</p>  <p>Sunday Worship ..... 8:30 &amp; 11:00 a.m. Sunday School, Adult Bible Class &amp; Adult Choir 9:45 a.m.</p> <p>2209 4th Avenue NW Minot, ND 839-4663 <b>Carlyle Roth, Pastor</b> <a href="http://www.stmarksminot.com">www.stmarksminot.com</a> Call or check out our website for more information.</p> 
<p><b>Bethany Lutheran</b></p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship .... 8:15 am &amp; 10:45 am Sunday Fellowship ..... 9:15 am Sunday School..... 9:30 am Wednesday Worship ..... 6:45 pm</p> <p>Website: <a href="http://www.bethanylutheranminot.com">www.bethanylutheranminot.com</a> Email: <a href="mailto:bethanylutheran@srt.com">bethanylutheran@srt.com</a> Live Streaming: <a href="http://bethanylutheran.tv">bethanylutheran.tv</a></p> <p><b>Pastor Janet Hernes Mathistad Pastor Gerald Roise</b></p>	<p><b>North Hill Baptist Church</b></p>  <p>524 21st Ave. NW • Minot, ND 58703 <b>701-839-7283</b></p> <p>Meet 'n' Greet..... 10:00 a.m. Worship..... 10:30 a.m.</p> <p><b>Pastor Dan Andrus, 701-578-5060</b> <a href="mailto:sparrow@minot.com">sparrow@minot.com</a> <a href="http://minotnorthhillbaptistchurch.com">minotnorthhillbaptistchurch.com</a> <i>"We're Not There Yet...Come Grow With Us!"</i></p>	<p><b>St. John the Apostle Catholic Church</b></p>  <p>2600 West Central Ave • Minot, ND 58701 <b>839-7076</b></p> <p>Daily Mass Schedule: Tuesday ..... 7 p.m. Wednesday - Friday ..... 9 a.m. Saturday ..... 5 p.m. Sunday ..... 8 &amp; 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p><b>Calvary Alliance Church</b></p>  <p>715 20th Avenue NW Minot, ND 58703 <a href="http://www.calvaryofminot.com">www.calvaryofminot.com</a> 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service ..... 10:00 am Wednesday Prayer ..... 6:30 pm Wednesday Youth Group (grade 7-12) ..... 6:30 pm</p>	<p><b>Our Redeemer's Church</b> A Church of the Lutheran Brethren 700 16th Ave SE</p> <p><b>Sundays</b> Worship..... 8:30 a.m. &amp; 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM .... 11 a.m.</p> <p><b>701-838-0750</b></p> <p>For more information visit us on the web at <a href="http://www.ourredeemers.org">www.ourredeemers.org</a></p>
<p><b>BREAD OF LIFE ELCA LUTHERAN CHURCH</b></p>  <p><b>Pastor Taryn Montgomery Pastor Alex Hoops</b></p> <p>Saturday Worship ..... 5:00 pm Sunday Worship .. 9:00 and 11:15 am Sunday Education ..... 10:00 am Wednesday Education ..... 6:30 pm</p> <p><a href="http://Breadoflifeminot.com">Breadoflifeminot.com</a> <i>Everyone Welcome</i></p> 	<p><b>BELIEVERS BIBLE CHURCH of MINOT</b></p> <p><b>I John 5:13</b> <a href="http://www.bbcminot.org">www.bbcminot.org</a></p> <p>Where you can find truth and love in Christ Jesus the Lord!</p> <p>Sunday Worship ..... 11:00 am</p> <p><i>The Carnegie Center 105 2nd Avenue SE</i></p>	<p><b>Cross Roads Baptist</b></p>  <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p><a href="http://www.minotcrbc.org">www.minotcrbc.org</a> email: <a href="mailto:crbc@srt.com">crbc@srt.com</a></p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p><b>West Minot Church of God</b> "A Family Worship Center"</p>  <p>1105 16th St. NW • 839-1407</p> <p>Sunday School..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church..... 10:30 a.m. Wednesday Family Training Hour.. 6:30 p.m. Wednesday Kids on the Rock ..... 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m.</p> <p>ABC Child Care &amp; Pre-School Center <b>852-6352</b></p>	<p><b>Bethel Free Lutheran AFLC</b></p>  <p><i>"Building Followers of Jesus Christ!"</i></p> <p>Sunday School ..... 9 a.m. Worship Service ..... 10:30 a.m. Wednesday Supper..... 6:15 p.m. Adult/Youth Bible Study Kids Club ..... 7 p.m.</p> <p><b>Pastor Shane McLoughlin</b> 530 22nd Ave NW • 852-6492 <a href="mailto:bethel@minot.com">bethel@minot.com</a></p>
<p><b>To Advertise your Church in this space.</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$7.00 per week</b></p>	<p><b>First Baptist Church</b></p>  <p>220-3rd St. S.W. • 852-4533 <a href="http://www.firstbaptist-minot.org">www.firstbaptist-minot.org</a></p> <p>Classic Worship Service ..... 8:30 a.m. Adult Sunday School ..... 9:45 a.m. Contemporary Worship Service... 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages)..... 11:00 a.m. Contemporary Worship Service ... 11:05 a.m. Wed. Awana (Sept. - May) ..... 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Pastor Tim Houck, Interim Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p><b>Gospel Tabernacle Community Church</b></p>  <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School ..... 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour ..... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) ..... 7 P.m.</p>	<p><b>Dakota Baptist Church</b></p>  <p>Teaching the Word, One Verse At a Time! KJB 916 5th Ave, SE Minot, ND 58701</p> <p>Sunday School..... 10:30 a.m. Sunday Evening Worship ..... 5:30 p.m. Wednesday Worship ..... 7:00 p.m.</p> <p>(701)852-5399 <a href="http://www.dakotabaptistchurch.com">www.dakotabaptistchurch.com</a> Email: <a href="mailto:dbchurch@srt.com">dbchurch@srt.com</a> Pastor: Jeremy Jacob</p>	<p><b>First Assembly of God</b> 1805 2nd St. SE 838-111</p> <p>Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Evening Worship ..... 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>
<p><b>Trinity Church</b></p>  <p><b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School &amp; Fellowship ..... 9:00 a.m. Worship ..... 10:45 a.m.</p> <p><a href="http://www.trinitycurchminot.org">www.trinitycurchminot.org</a></p>	<p><b>Immanuel Baptist Church</b></p>  <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School ..... 9:15 a.m. Worship ..... 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen .... 11:30 a.m. - 12:30 p.m. Family Supper ..... 5:45 p.m. Classes for all ages ..... 6:30 p.m. Adult Choir (as scheduled). 8:00 p.m.</p> <p><b>Brian T. Skar, Pastor</b> <a href="http://www.immanuelbaptistminot.org">www.immanuelbaptistminot.org</a></p>	<p><b>ZION Lutheran ELCA</b></p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship ..... 5 p.m. Sunday Worship ... 8:30 a.m. &amp; 11 a.m.</p> <p><b>John Streccius, Pastor Nathan Mugaas, Pastor</b></p>	<p><b>Vincent United Methodist Church</b></p>  <p>1024 2nd St. SE • 838-4425 Behind Town &amp; Country Shopping Center open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School ..... 9:00 a.m. Sunday Worship Service .... 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p><b>Pastor Ray Baker</b> <a href="http://www.vincentumc.com">www.vincentumc.com</a></p>	

# CLASSIFIEDS

www.northernentry.com | nsads@srt.com | 701.839.0946 | 315 S. Main Ste 202 | PO Box 2183 | Minot, North Dakota

## HELP WANTED

**WANTED** In home non-medical caregivers for elderly clients. Flexible schedules. Must have positive attitude, punctuality and dependable are a must. Must be 18 years of age or older, have a reliable car, good driving record, clean criminal record. Please contact, Visiting Angels, 1524 S Broadway Suite 6A, Minot, ND 58701. 701-418-2645.

9w

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

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**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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We recently expanded our business and are looking for a few new staff members. If you are looking to advance we are a growing company with lots of opportunities. Five day work week - excellent benefits and family owned.

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10w

## RENTALS

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**NEED A PLACE TO CALL HOME?** One & Two Bedroom Units Two Bedroom House & Efficiencies. Most w/ HT & WTR Paid MINOT, BURLINGTON, SURREY & LANSFORD CALL TODAY 839.4200

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**THE PINES** Beautiful LUXURY APARTMENTS Awesome Fall Specials! NEW MILITARY INCENTIVES! 2 & 3 Bedrooms, 2 Bath. WTR PD, W/D in unit A/C D/W, DBL GRG PET FRIENDLY Secured w/ Cameras On Site Resident Manager Reduced Deposit & Rental Incentives 839.4200

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7w

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8w

**APARTMENTS AVAILABLE IN GLENBURN** 1 bedroom apartments available in Glenburn. Water, sewer, garbage, and laundry room included. 1st Month's rent free. Call Denise at 720-2222.

8w

## northernentry Paper Locations

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- Simonsons Station Store | 1312 S. Broadway
- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Tesoro | 7141 Highway 2 E
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Country Inn & Suites | 1900 22nd Ave SW
- Scissors Edge | 1609 S Broadway St
- Watne | 408 N Broadway
- 1st Minot Management | 217 Main St S

#### RUTHVILLE:

- R&J's Fuel
- J's Stop & Go

#### GLENBURN:

- Glenburn Cenex
- City Hall

#### SURREY:

- City Hall
- Barry's Food & Fuel

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**SUDOKU ANSWERS**

5	1	7	2	6	8	3	9	4
3	2	4	5	9	7	8	6	1
8	6	9	1	3	4	7	5	2
4	5	1	8	7	2	9	3	6
2	7	6	3	1	9	4	8	5
9	3	8	6	4	5	2	1	7
6	4	5	7	8	3	1	2	9
1	9	3	4	2	6	5	7	8
7	8	2	9	5	1	6	4	3

Answers to puzzle from page 10

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 <b>08 Chevy Avalanche</b> 271 Loaded, 124K, Nice <b>\$17,995</b>	 <b>05 Ford Explorer XLT</b> 4x4, 119K, 3rd row, pwr seat, nice <b>\$6,995</b>	 <b>07 Chevy Tahoe</b> 4x4 105K, 3rd row, Clean <b>\$14,995</b>
 <b>06 Hummer H3 Luxury</b> 4x4, hid leather, sunroof, dvd only 79K <b>\$15,995</b>	 <b>11 Ford Expedition EL</b> 4x4, 125K, very nice for the price! <b>\$11,995</b>	 <b>09 Toyota Corolla</b> 4dr, 52,000 miles, clean car <b>\$9,995</b>
 <b>05 Toyota Tundra SR5</b> 4x4, 183K but runs/drives great <b>\$10,995</b>	 <b>07 GMC Yukon XL</b> 4x4, Leather, Sunroof, DVD 137K <b>\$14,995</b>	 <b>96 Jeep Grand Cherokee</b> 4x4, 1 owner, 140K, Mint <b>\$4,195</b>
 <b>08 Toyota FJ</b> 4x4, 91,000 miles, get ready for winter <b>\$18,995</b>	 <b>02 Toyota Sequoia</b> 4x4, 149K, Very Nice <b>\$7,995</b>	See the rest of our inventory at <a href="http://www.Karz4-U.com">www.Karz4-U.com</a>

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 <p><b>\$169,900</b></p> <p>IN GLENBURN – 3 bedroom, 1 ¼ bath home. New kitchen cabinets, appliances, windows, A/C, and furnace. Finished lower level. Double garage, deck and fenced yard.</p> <p><b>MLS #152591</b></p>	 <p><b>\$169,000</b></p> <p>EASTWOOD PARK – 3 bedroom ranch style home. Remodeled kitchen with eat-in area. Full unfinished basement – could be finished for added living space. Detached garage, shed, corner lot with fenced front yard and backyard alley access.</p> <p><b>MLS #152736</b></p>	 <p><b>\$39,900</b></p> <p>IN MOHALL – Price just reduced on this cozy 2 bedroom home. Updated bathroom, new floor covering, paint and newer roof. Includes kitchen appliances, washer/dryer and propane tank. Great investment</p> <p><b>MLS #151912</b></p>
 <p><b>Geri Erven-Beede</b> 509-1773 <a href="mailto:geri@minothomes.com">geri@minothomes.com</a></p>	<p><b>ZOOM IN</b></p> <p>Search <a href="http://minothomes.com">minothomes.com</a></p> <p>408 N Broadway • 852-1156</p>	 <p><b>Jennifer Cook</b> 320-309-2668 <a href="mailto:jennifer@minothomes.com">jennifer@minothomes.com</a></p>

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<p><b>\$219,000</b></p> <p>Very nice newer townhome with 3 bedrooms, 2 bath and double attached garage. Split level home with nice open kitchen with an island and plenty of storage space. Call Lori Henderson Today! #160203</p> <p><b>\$285,000 - Stanley</b></p>	<p><b>\$424,900</b></p> <p>Beautiful 5 bedroom, 3 bath, 4 car garage home in SE neighborhood. 3 bedrooms on the main floor which includes a large master bedroom with walk in closet and large full bathroom. Call Lori Henderson Today! #160193</p> <p><b>\$214,900 - Burlington</b></p>	<p><b>\$249,900 - Maxbass</b></p> <p>If you're looking for the perfect property on acreage, look no farther. This well maintain 3 bed 2 bath farmhouse is perfect for anyone looking for a private piece of paradise. Call Nathan Stremick Today! #160185</p> <p><b>\$299,700</b></p>
 <p>Beautifully remodeled home with 4baths, 4 bedrooms on the main and 3 non-egress in the basement. Beautiful front covered porch and oversized double garage with "in floor" heat. Call Cindy Strandberg Today! #160178</p> <p><b>\$245,000</b></p>	 <p>Within walking distance to school, this 4 bedroom split foyer home has a nice open floor plan on main level with updated kitchen, and finished lower level. Garage is finished &amp; heated &amp; the large backyard is fully fenced. Call Tamie Dunn Today! #160173</p> <p><b>\$252,500</b></p>	 <p>Country home, close to Minot and Burlington, sitting on 2 partially wooded acres. This 2013 built home, features 3 bedrooms, 2.25 bathrooms, and an 30' x 32' outbuilding that can store 4 vehicles easily. Call Clyde Thorne Today! #160162</p> <p><b>\$359,900</b></p>
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