

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSICA WEISSMAN

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Videos

## **Guard your honor**

AIRMAN 1ST CLASS JESSICA WEISSMAN | MINOT AIR FORCE BASE PUBLIC AFFAIRS

INOT AIR FORCE BASE, N.D. -- At a windy Thursday morning practice, three Airmen from Minot Air Force Base Honor Guard stand at parade rest waiting for a command of execution. On the given cues, the Airmen snap to attention, march forward and perform a left wheel turn towards the flag pole. In step, the Airmen climb the three steps to the base of the flag pole and wait for their next order from the commander of troops.

The Honor Guard has the core mission of performing military funeral honors for veterans and retirees of the Air Force.

"Whether you serve two years, four years or 40 years, and you want to be buried here in North Dakota, we're going to provide military funeral honors for you," said Tech. Sgt. Joshua Hull, Minot AFB Honor Guard program manager, who added that they perform 40-60 funerals per year, reaching across 80 percent of North Dakota.



During a military funeral, the ensign is folded using the traditional 13-fold method and given to the next of kin for the dedication and service of their family member.

"Flag folding is my favorite part of Honor Guard," said Airman 1st Class Alessio Johnson, a cyber surety journeyman assigned to the 5th Communications Squadron. "The flag represents the person that has passed away, so it is important for us to make it look the best we can."

As secondary missions, the Honor Guard presents the colors at various events on base and throughout the community. Including, Change of command ceremonies, retirement home visits and several Minot State University events as just a few of the details Honor Guard does.

"We attend the North Dakota State Fair every year," said Hull. "There are 280 entries, I mean, it's the biggest thing in North Dakota and our Honor Guard, well we're at the front. It's really neat to be the first position, but also to see that everyone is sitting





Members of the Honor Guard raise the flag during practice at Minot Air Force Base, N.D., March 10, 2016. The core mission of the United States Air Force Honor Guard is to provide military funeral honors to veterans and retirees of the Air Force. Pictured bottom left Senior Airman Jonathan Marsh.

U.S. AIR FORCE PHOTOS AIRMAN 1ST CLASS JESSICA WEISSMAN

when you're marching by they start to stand up. At that time, all you can hear is the clicking of the shoes of the Honor Guard and the weapons manuals, but in those moments of silence, you can hear parents and grandparents tell their children or grandchildren, 'you have to place your hand over your heart'. Also, you can hear people recite the pledge of allegiance, or sing the national anthem and they start to clap. That is a very memorable job, and the impact we have on the community is what I'll most take away from those experiences."

Minot Air Force Base Honor Guard is an allvolunteer unit, as they are not required to meet a quota for certain Airmen.

"The Airmen are here because they want to be here," said Hull. "They They know it is a mission where they get to do something bigger than themselves."

For their service in the Honor Guard, Airmen receive free monthly haircuts from the base barber shop, free ceremonial uniforms, free bowling and free pizza from Rough Riders.

Hull also said that as members of base Honor Guard, Airmen uphold the core values, build a strong network between career fields and gain a deeper respect for military tradition.

"An Airman from the maintenance squadron could come here and leave being best friends with a food service specialist from the dining facility," said Hull.

The three Airmen prepare to lower the flag as the commander of troops yells "sound retreat". As they wait at parade rest, the Airmen are ordered to attention when the music would begin to play. As the flag is lowered by two Airmen, the NCO in charge executes present arms for the duration of the song. As the flag nears the ground, the NCO in charge performs order arms and secures the flag before it touches the ground. Once controlled, the flag is unhooked from the halvard and the two Airmen center themselves in preparation for a twoman flag fold. The Airmen fold the flag, march to the commander of troops and stop to present the flag. The NCO in charge declares the flag has been





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down, old, young, people of all different ages, but

know the impact and they want to better themselves.

secured and the detail is finished.



## Be the 'Wolf'

COL. ROBERT NOVOTNY | 48TH FIGHTER WING COMMANDER

### ROYAL AIR FORCE LAKENHEATH, England (AFNS) -- There are three meetings I attend every week, and they're the most important meetings in my current job.

The first is wing standup, held three days a week, where we cover the status of our aircrew, pararescuemen, all 81 combat aircraft, the airfield, communications and logistics. Our mission is simple -- deliver precise combat power from the air -- and stand-up sets the tone. This, my most important meeting, lasts about 20 minutes, except when we fold in weekly intelligence updates, which adds 10 more.

My second important meeting is the newcomers welcome, held every Tuesday morning. There are no slides. The command chief and I speak to all base newcomers for only 30 minutes. It's important because everyone needs to "hear it from the horse's mouth" about how important the Liberty Wing is to the national security of the United States and NATO. We don't talk about DUIs, reflective belts or policy letters. We talk about the mission of the wing.

The final important meeting is on Thursdays, when I have lunch with our first-term Airmen center, or FTAC, graduates. After a few days

of base indoctrination and adjustment, the command chief and I eat lunch with the FTAC'ers to, again, "hear it from the horse's mouth." I talk for about 10 minutes, and the remaining 50-minute lunch is spent answering questions and dispelling rumors. I want them to know exactly how to make a good first impression and how their individual actions impact

the wing's mission. During a recent FTAC lunch, I was asked a well-meant question by a young Airman, but, in the end, it was actually quite disappointing. Essentially, this Airman asked if there were any volunteer activities that the chief and I could point him toward so he could highlight himself for below-the-zone promotion consideration. Regrettably, this was not the first time I'd been asked a question about "extracurricular activities" that might be regarded for promotion or advancement. About half of his lunchmate's ears perked up, while the other half had expressions of disdain. I waited a few seconds to respond.

My answer was simple: "STOP! Wrap yourself in the mission, and become the 'wolf." He looked at me confused, so I went on to explain. Volunteerism or extracurricular activities are exactly the things I am NOT looking for. Instead, I want this young American to dive, headfirst, into



their new job. Become the very best Airman: skilled, motivated, optimistic and aggressive about getting the mission done. In my opinion, raising your right hand at basic military training satisfies the volunteerism category for a good couple of years.

As a young pilot, I was consumed by my profession. I spent weekends in our vault, flying the little desktop trainer with classified copies of the tactics manuals open next to the machine. I read countless weapons school papers and never passed up an opportunity to deploy with the squadron. While there were numerous pilots more talented than me, I would wager that I worked harder than the many of them. I also crushed my additional duty as the chief of squadron training. If the operations officer gave me a task, it got done, quick. And suddenly, I became a go-to officer. Unknowingly, I became one of the 'wolves.'

I told this young Airman about becoming the best in their flight, section, or squadron. The Airman who, when the squadron deploys, your name will be high on the list, because you know your craft, you work hard, you're a good teammate, and, if there's a crappy job to get done, the leadership can count on you to "git 'er done."

Harvey Keitel said in Pulp Fiction, "I'm Winston Wolfe. I solve problems."

Without a doubt, your section chief or first sergeant has an additional duty or project that has command interest -- like running the next retirement ceremony, leading the Air Force Assistance Fund campaign in the squadron or something like that. Those are important tasks that the commander needs to get done so he or she can continue to focus on the mission. Like flies that need to be swatted, the 'wolf' makes light of those tasks, alleviating the burden on the squadron. Be the first Airman into upgrade training - the one who knows the tech orders and Air Force Instructions better than anyone. Always be willing to help with the toughest surgery, hardest broke jet, longest missionplanning session, rainiest

guard posting, worst weekend shift or what have you. Be dependable, competent, efficient and aggressive. Understand how and where you fit into the wing's mission and why your job is important. Finally, be the Airman who FINDS A WAY TO 'YES.'

I firmly believe these ideas are being captured by our enlisted evaluation system changes. While the roll-out has been rocky, and we're far from perfect, I am incredibly pleased with the change toward recognizing 'wolves' earlier. At Lakenheath, we've made changes to our quarterly awards, prioritizing mission accomplishment over the other categories. We are looking to identify and promote 'wolves.'

Don't get me wrong, volunteering because you have time and you genuinely want to volunteer is awesome. Events like our annual awards party, which 1,000 people attended, the Air Force ball, with 950 attendees, the maintenance professional of the year banquet, with 1,200 people in attendance, our 9/11 remembrance ceremony, and more, are made possible because of volunteers. But volunteering because you need to roundout an awards package is not what we need. Spend that extra time learning more about your job. Wing commanders coin 'wolves.' Squadron commanders promote 'wolves' to Senior Airman BTZ. There is no secret. It's simple: Crush your job, be the best in your section, flight or squadron. Evolve into the 'wolf', and, I guarantee, you will find what you seek.

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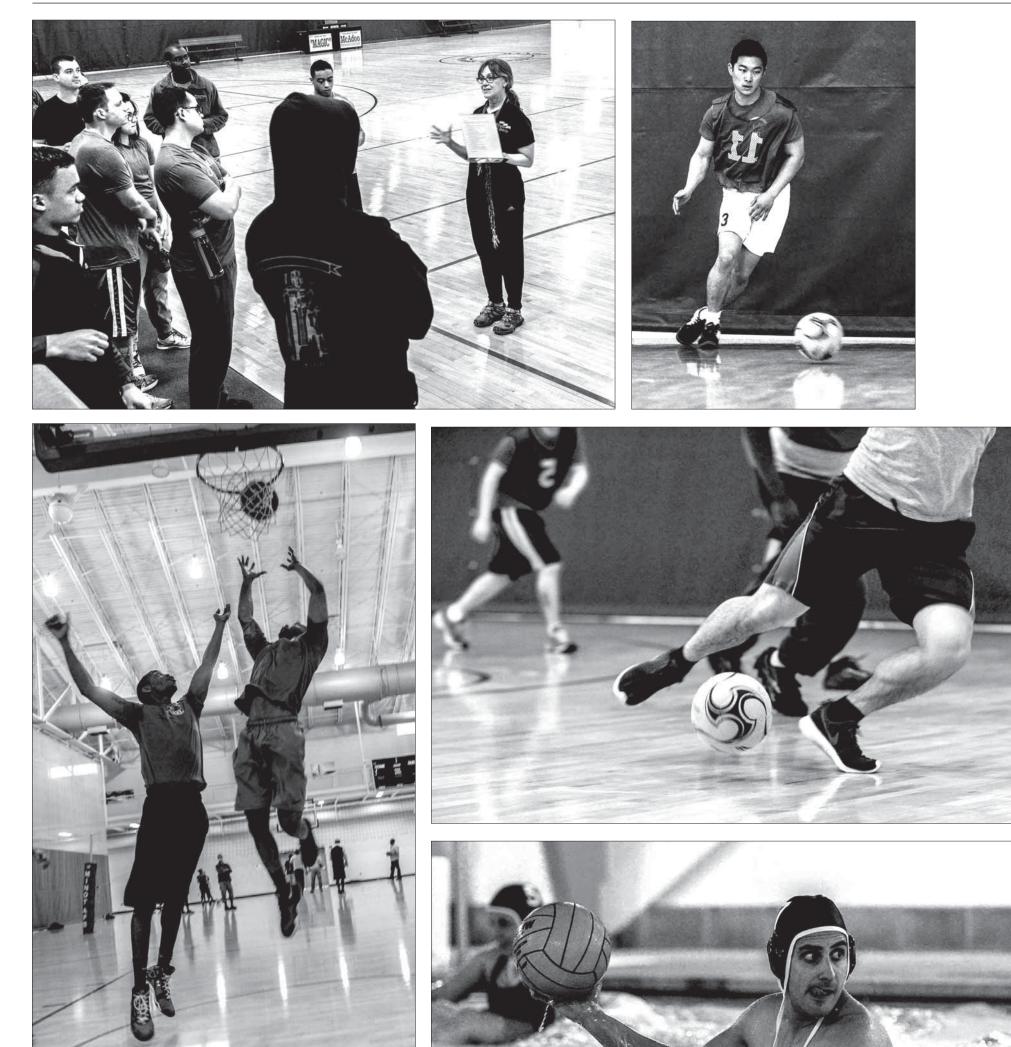
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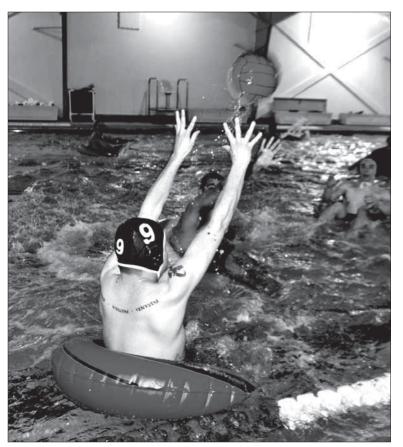
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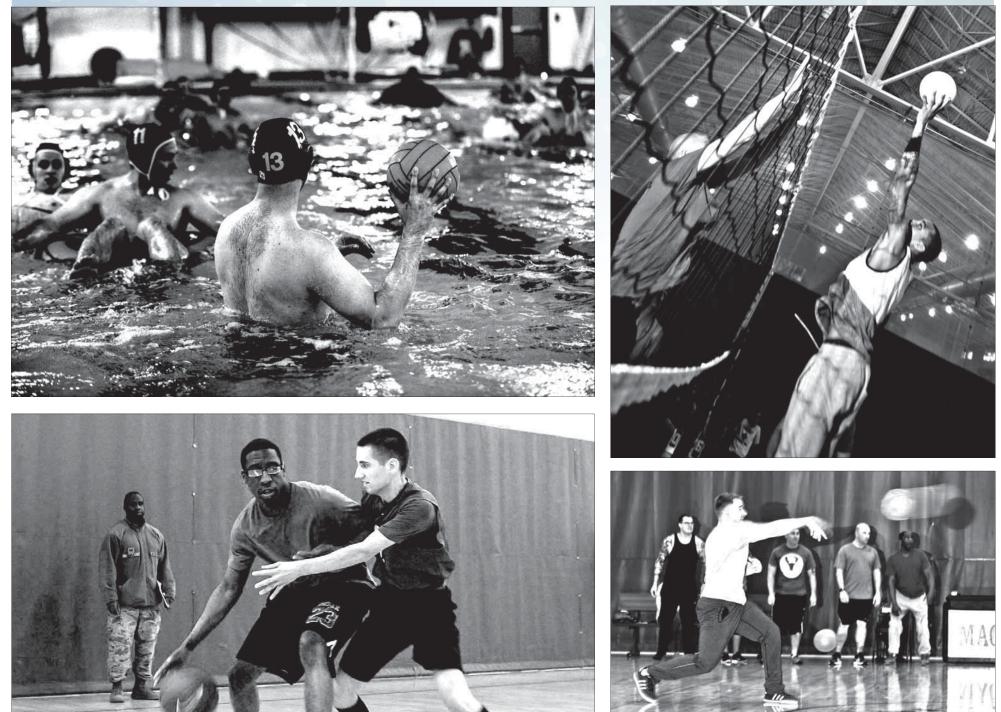




# **TEAM MINOT** WINTER GAMES

Team Minot Airmen compete against each other for the Commander's Cup during the 2016 Winter Games at Minot Air Force Base, N.D., March 23, 2016. Some of the team competitions included volleyball, dodgeball, basketball, water polo, soccer and a rock climbing relay. The games also hosted individual challenges such as rowing, benching and burpees.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG AND AIRMAN 1ST CLASS JESSICA WEISSMAN













### **DINING, ARTS & ENTERTAINMENT**

NORTHERN SENTRY FRIDAY, APRIL 1, 2016 7

## Swedish Lemon Pancakes



### INGREDIENTS:

1½ C all purpose flour
3 Tbsp granulated sugar
2 tsp lemon zest
1/2 tsp salt
3 eggs
2½ Č milk
1 tsp vanilla

butter, melted 1 C lemon curd 1 C whipping cream <sup>1</sup>/<sub>2</sub> C sour cream 2 Tbsp brown sugar Top with: fresh raspberries, powdered sugar and sweetened sour cream

### INSTRUCTIONS:

In a bowl combine flour, sugar, lemon peel and salt. In mixer beat eggs on medium speed until thick and lemon colored. Add milk and vanilla, beat to combine. Add in flour mixture and beat until smooth(batter will be thin). Heat a 10 inch non stick skillet, brush with melted butter. Pour 1/3 Cup of pancake batter into pan and tilt so that batter covers bottom of pan. Cook until golden brown and flip, cook until other side is golden brown. About 1 minute each side. Invert onto paper towels. Repeat with remaining batter. To serve, fold pancake in half, spread with 1 Tbsp lemon curd and fold in half again. Dust with powdered sugar and serve with fresh raspberries and sweetened sour cream.





## "An Evening of Jazz" a modern take on the classic hot clubs!

MINOT AREA COUNCIL OF THE ARTS

utch violinist Tim Kliphuis and Minnesota guitarist Sam Miltich team up for a national tour introducing their new "Duets" album at the 9th Annual Integrity Jazz Festival, April 15th 2016, 7PM at Ann Nicole Nelson Hall.

Dutch violinist, Tim Kliphuis and Minnesotabased guitarist Sam Miltich will present an evening of exciting gypsy jazz repertoire as they tour the country introducing their new "Duets" album. In the style of famed duo Django Reinhardt (guitar) and Stephane Grappelli (violin), these two current-day jazz greats bring back the Parisian 1930s, alternating moments of dazzling interplay with melancholy and sheer exhilaration.

"We are so pleased that the Integrity Jazz Festival was able to be a part of this national

utchtour" said Terri Aldrich,violinist TimExecutive DirectorKliphuis andof the Minot AreaMinnesotaCouncil of the Arts.guitaristShe stated that TimSam MiltichKliphuis is a world-team uprenowned improviserional tourwho has worked withg their newThe Rosenberg Trio,Ibum at theFapy Lafertin, Les Paul,ival, Aprilmany others.

Kliphuis tours Europe, the Americas, Russia and South-Africa, is an in-demand gypsy jazz educator and author of the best-selling book "Gypsy Jazz Violin". Sam Miltich was drawn into the Django world at an early age, toured internationally with the Robin Nolan Trio and has since then established himself as one of America's leading jazz guitarists. He tours the Midwest intensively with his own band, the Clearwater Hot Club, and collaborates with many of the region's most renowned musicians.

Kliphuis and Miltich have a long history together. Miltich said



"it feels as though the music continues to evolve and reach greater musical heights. It is no small thing to organize tours and records across the Atlantic Ocean, but the quality and spirit of the music keeps me coming back for more." Reflecting on the new "Duets" album, Kliphuis remarked that "music is about communication making in-the-moment decisions about sound, notes and rhythm. The duet setting, ... gives us the perfect opportunity to show how exciting and spontaneous music can be."

The evening's entertainment will begin with the Dave Ferreira Trio of Fargo. The David Ferreira Trio with Dave Ferreira on piano, Jim Knudson, on drums and Jeremy Cahill on bass has appeared weekly at Maxwell's Restaurant & Bar in West Fargo for over 3 <sup>1</sup>/<sub>2</sub> years. Ferreria recently toured Portugal playing concerts clubs and radio broadcasts. Featured with the Ferreria Trio is Steve Veikley. Steve is Musical Director for the Integrity Jazz Festival and has been in US Army bands, played trumpet and sang with the world famous "Glenn Miller Orchestra", and worked for "Jack Six" in Atlantic City. Steve has formed and led his own groups for many years including past Integrity "All Stars", Cool Beans, Java Jive Jazz and the Gentle Winds Orchestra. In addition to great music, ticket holders will be treated to hors d'oeuvres made by 3's Co. and visual art displays from select local artists. Tickets for the event are available at the Minot Area Council of the Arts, 701-852-2787 or the ticket line 701-833-8685. Cost is \$20 for adults and \$10 for students.



 Image: State of the state

SATURDAY: 6PM-1AM

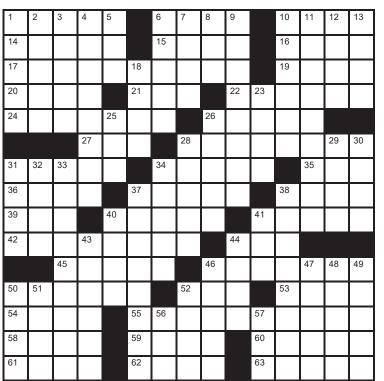
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### THE LIGHTER SIDE

### CROSSWORD PUZZLE

### J.V. Team



#### Across

- 1 Hatfield feuder
- 6 "It's my turn to bat!"
- 10 Not fully closed
- 14 Brunch serving
- 15 See 34-Down
- 16 Let go
- 17 "Journey to the Center of the Earth"
- author 19 "Sounds good to
- me!"
- 20 Valhalla V.I.P. 21 Nonclerical
- 22 Textile factory
- container with coloring
- 24 "None of your
- 26 String quartet
- member 27 Spoon-
- 28 Piece of scenery
- 31 Cheap hotels, for
- short
- 34 Hindu class
- 35 Dr. Dre's old group
- 36 Love personified
- 37 "The Two (Nicholson movie)
- 38 New driver, typically
- 39 Lodge
- 40 Tennis ace Monica
- 41 Rendezvous
- 42 Competed with
- 44 Bishop's jurisdiction
- 45 Toothbrush brand

- 45 Toothbrush brand 46 Hoosegow 50 1960's supermodel
- 52 \_\_\_\_ green 53
  - \_\_\_\_ California
- 54 Italian sauce brand
- 55 Fictional coffee grower from
- Colombia
- 58 Flu symptom
- 59 With warts and all
- 60 Rodents, in fun
- 61 Cookers 62 Actress Russo
- 63 Slapstick falls

### Down

- 1 Low-level position
- 2 Unrefined
- 3 "The Color Purple"
- role
- 4 Precedes at a concert
- 5 Word on a Ouija
- board
- 6 Mountaineer's tool
- 7 Name repeated in a
- nursery rhyme
- 8 Mantel piece 9 Foretells
- 10 Off course
- 11 Ernest P. Worrell
  - 57 PA system

### Solution to last week's Crossword puzzle.

actor



13	Monthly expense
18	the Impaler
23	Coupler
25	Creepy Craven
26	Ming things

12 Puccini piece

- 28 Kind of bean 29 Has a tab 30 Gasp 31 Salon focus
- 32 Old Dodge model 33 Angelina Jolie's acting father
- 34 With 15-Across, 'The Alienist" author 37 Smucker's container

38 Shaky one

- 40 Smeltery refuse 41 Picker-upper
- 43 Contests a case
- 44 Moravian, e.g. 46 Intuit
- 47 Tyler Perry's
- grandmother 48 Throw out
- 49 Flattens
- 50 Mouth, slangily
  - 51 City on the Brazos
    - 52 Hurt
      - 56 Treat shabbily
      - component

Beam tree's rotten trunk. There

her over the head.

Well, actually, it was her preteen daughter who got smacked. It's all in Christy's 2015 book, Miracles From Heaven, now a movie starring Jennifer Garner as the mom and Kylie Rogers, a 12-year-old veteran of more than 20 small-ish movie and TV roles, as her youngest of three girls, Annabel.

The setup: Annabel suffers terribly from a chronic, incurable disorder that blocks her bowels, distends her belly, causes her awful pain, restricts her diet to liquids and sends her shuttling with Christy between their home in Texas and a treatment center in Boston.

But one day, as she's climbing the big old, dead cottonwood in her family's yard, Annabel falls, headfirst, some 30 feet into the

she remains, trapped and unconscious, until para-medics and firemen can free her. At first, everyone fears the worst; they think she's dead. But then Annabel wakes up in the hospital with only a mild concussion—and, apparently, completely cured. One of her doctors admits that medical science has no proper term to describe when someone's chronic condition suddenlypoof!—just disappears.

But Christy Beam knows what to call it: a miracle.

Miracles From Heaven is Hollywood's latest foray into the faith-based market, a "message" film made for audiences who've indicated they'll shell out and line up to see flicks that uphold and promote Christian values.

Director Patricia Riggen-whose previous project, The 33, was based on another true event, the

S	SUDOKU Solution to puzzle on page 22								
		1		2					
	3					4			
						5		6	7
		6		8			5		
	4	5						9	2
			7			3			
	8	2		4				3	
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				9		6		1	

## Miracle Mom

Movie faith-fully dramatizes mother's account of daughter's near-death experience

NEIL POND | PARADE MAGAZINE

2010 Chilean mining disaster-has an eye for drama and a feel for character, and she treats the Beams

as real people with real lives. Garland is believable as a frustrated, fiercely loving mom wrestling with her own crisis of faith. Queen Latifah provides comic relief as a Boston waitress. The movie does dwell for

a l-o-o-o-n-g time on Annabel's suffering—it sometimes feels like a bit of a preteen Passion Play—and you have to wait for what feels like an eternity for the Big Event. The movie counterbalances the faith of Annabel's dad, Kevin (hunky Martin Henderson, who plays Nathan Riggs on TV's Grey's Anatomy), with Christy's doubts and worries about why her prayers are going unanswered—or unheard. But it really trowels on the gospel goo in the home stretch, when Annabel shares details of her near-death, out-ot-body experience.

'Miracles are everywhere," Christy ultimately tells her church congregation, alluding not just to her daughter's recovery, but to smaller, everyday acts of goodness, kindness, generosity and forgiveness. There's a graceful, lovely scene mid-movie where we watch as Annabel gazes at a modern art painting, looking into the colors and the swirls, and we see a closeup of her face as something transcendent happens; her soft blue eyes fill with tears, and she smiles. If you can find a miracle—or whatever you want to call it—in the bottom of a hollow tree, why not in the brushstrokes of a painting? And a lot of other places, too.

### hristy didn't believe in miracles—until one smacked

				D	S		Α	Т	Т		S		Т	Е
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### Cure your Spring Fever with North Dakota Activities this April

NORTH DAKOTA TOURISM

If spring fever has you in the mood for a night on the town, check out local listings for different events ranging from the opera to the circus. Adults and kids alike have plenty of options for fun this April in North Dakota. Find more information about these activities and a complete list of statewide events in April at NDtourism.com or call 800-435-5663 or 701-328-2525.

### Grand Forks Home Show: Grand Forks April 1-3

Warm weather is on its way and that yard and home to-do list is calling. Visit the Grand Forks Home Show and discover the abundance of home, remodeling, landscape and garden products available to help you tackle that list. With more than 150 vendors, there are items for all family members. Bouncy games, little builder workshops and an unsupervised playground are available for the younger crowd. To learn more, visit www. forxbuilders.com.

### PRCA Rodeo: Fargo April 1–2

The Professional Rodeo and Cowboy Association visits the Fargodome, bringing in more than 200 contestants from the United States and Canada to compete in seven events. Professional cowboys and cowgirls attempt to qualify for the Wrangler National Finals in a range of events, from saddle bronc riding, bareback riding and tiedown roping, Visit www. fargodome.com for more information.

### Maple Sugaring Day:

Replace worn-out leathers or pick up a new do-rag at one of the vendors. Learn more at http://frmcnd.com/Pages/ BikeShowInfo.htm.

### Minot Spring Big One Arts and Crafts Fair: Minot April 8-9

For 25 years, the Minot Spring Big One Arts and Crafts Fair has showcased handmade goods from artisans across the United States. Spend the day strolling through the exhibits and delighting at your one-of-a-kind finds. www.thebigone.biz; 701-837-6059

### **Shrine Circus**

• Bismarck – April 1-2; http://www. bismarckeventcenter.com/ default.aspx

Jamestown – April 5; http://jamestowncc.com/
Fargo – April 15-17; http://www.fargodome. com/

• Minot – April 25-27; http://minotshriners.com/ circus.htm

The El Zagal Shrine Circus visits Jamestown for an evening of fun before it heads to Fargo for shows April 15-17. The event features highwire and trapeze acts, clowns, elephants, bears and much more. Gather family and friends for a night out that promises to entertain and awe.

### Fargo Moorhead Opera – Suor Angelica and Gianni Schicchi: Fargo April 8–10

Enjoy two one-act operas by beloved composer Giacomo Puccini. The first opera, Suor Angelica, conveys the plight of a young nun. Gianni Schicchi is a comedy taken from Dante's Inferno and features the infamous and beautiful "O mio babbino caro." Learn more at http://www.fmopera.org/ web/home.aspx. year, the Bismarck Earth Day Festival offers environmental games and activities, including a recycled art contest. Free event also features door prizes, educational booths, balloon critters, face painting and more. Visit www.facebook.com/

### Friday Night Races: Grand Forks April 22

The green flag drops April 22 on the weekly auto racing season. Get in on the action and experience the sights and sounds of a race track. Cheer on your favorite car and driver as Outlaw Sprints, Late Models. Midwest Modifieds and Street Stocks all compete for the checkered flag on what's considered one of the best 1/3-mile dirt tracks in the nation. www.rivercitiesspeedway. com; 701-780-0999.

### UNDIA Time-Out Wacipi Powwow: Grand Forks April 22–24

Don't miss out on this incredible event that both highlights and celebrates Native American culture and heritage through song, dance, art and food. www.und.edu/org/undia/; 701-777-4291

### iMagicon: Minot April 22–24

The comic world is in the business of unlocking unlimited imagination so head to Minot for three fun-filled days of gaming, cosplay, comics, panels and more. This year's events include a Minecraft Build Off, Ninja training sessions, LAN tournaments and much more. Tickets are on sale at www. imagiconnd.com.

Prime Steel Car Show: d Grand Forks April 30– May 1

### PRAIRIE ADVENTURES BY PATRICIA STOCKDILL

"

"It (chronic wasting disease, CWD) is well below 1 percent prevalence...it hasn't expanded that we're aware of. But, again, that doesn't mean it's not there."

 N.D. Game and Fish Dept. wildlife veterinarian discussing CWD sampling in the North Dakota.

The 1,200 whitetailed and mule deer tested for chronic wasting disease (CWD) got a clean bill of health for the disease in North Dakota in 2015.

But that doesn't mean concerns are lessening regarding the fatal neurological disease among elk, moose, mule deer, and white-tailed deer. Nor does it mean CWD is no longer present among the state's deer population.

It just means that this year none of the deer submitted by hunters had CWD. Also, none of the deer sampled from the N.D. Game and Fish Department's year-round targeted surveillance program testing dead or sick animals had CWD, added Game and Fish Department wildlife veterinarian Dan Grove.

North Dakota began CWD testing in 2000. No positive samples were identified until 2009. Since then, seven mule deer and whitetails tested CWDpositive, all from the same general area in Unit 3F2 west of the Missouri River.

Similar numbers of mule deer and whitetails have been sampled from 3F2, Grove continued. Most CWD-positive deer were mule deer. The two species overlap in range in that unit more so than other units east of 3F2.

The number of available licenses in 3F2 remained at higher levels after CWD was identified in the unit to reduce the overall population and lower the amount of interaction among deer. However, fewer licenses were issued in the 2015 deer gun season because another disease, epizo-otic hemorrhagic disease (EHD), occurred in the whitetail population, in-creasing mortality. EHD is unrelated to CWD and is caused by a group of viruses carried by midges. It tends to occur when midges bite them as whitetails congregate around water.

It's too early to determine if there are any trends regarding the presence of CWD. But in the big picture, "it seems like there are new states being added (the presence of CWD for the first time) and in states that had it, it's spreading," Grove described.

For example, Arkansas identified its first case of CWD in elk and deer in 2015. Over in Wisconsin where it's been a major wildlife management issue and topic of major discussion among hunters and the public, the prevalence of CWD is up to 40 percent of the deer population in some areas.

In North Dakota, the Game and Fish Department will stay the course and continue testing any dead, injured, or sick deer it encounters throughout the year along with annual testing from hunter-harvested deer in Unit 3F2.

In addition, the state is divided into six regions with CWD testing focusing on two regions each year. "Next year we'll be back in the east," Grove added. "Every three years we get the whole state sampled."

It would be beneficial to have more samples to test, Grove admits, but not all submitted samples can be tested. A portion of the brain or lymph nodes are collected for analysis and in some instances, they're not in good condition. Sometimes unit identification isn't on the animal because the tag accompanied the antlers. In those situations the information isn't useful because it

#### Garrison April 2

Get hands-on with North Dakota maple syrup at Fort Stevenson State Park! Spend the day learning about the history and process of maple tapping, and enjoy pancakes with you guessed it – fresh maple syrup! Learn more at http://www.parkrec. nd.gov/.

36th Annual Freedom Riders Motorcycle Classic: Bismarck April 2-3

Rev 'em up. Motorcycle enthusiasts showcase custom bikes judged for their quality, class, and – of course - looks!

#### Home Show 2016: Dickinson April 9-10

Get a head start on spring cleaning at the Home Show 2016 in Dickinson. Learn about home and lawn improvement products. For more information, visit www. dickinsonareabuilders. com.

Bismarck Earth Day Festival: Bismarck April 21

Back for its ninth

If you admire the classics, be sure to get the Upper Midwest's largest show on your itinerary! Attending this year's show will be Steve Magnante, collector car expert and analyst for Barrett Jackson Auctions. Enjoy several seminars and activities. Find out more at http://www. primesteelcarclub.com/. These are just a few of North Dakota activities and events taking place in April. For more information, go to NDtourism.com or phone 701-328-2525 or 800-435-5663.

doesn't indicate where the animal came from.

In 14 years of sampling, more than 29,000 deer, elk, and moose have been tested for CWD, so seven positive samples indicates a low prevalence for the disease.

So far.

Time and continued testing will determine if that remains the case.

Northern Sentry 839-0946 or nsads@srt.com

### **CHURCHDIRECTORY**



Trinity ChurchAn Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)Sunday School & Fellowship	Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School	James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship11 a.m. Family Hour	Ziewie wie wie wie wie wie wie wie wie wi	Vincent United Methodist Church 1024 2nd St. SE • 838-4425 Behind Town & Country Shopping Center open heartsopen mindsopen doors! Saturday Informal Worship5:00 p.m. Sunday School
8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2)701-839-6319Sunday School	Classic Worship Service	Gospel Tabernacle Community Church	At a Time! KJB 916 5th Ave, SE 916 5th Ave, SE Minot, ND 58701 Sunday School	of God 1805 2nd St. SE 838-1111 Morning Worship

### **Savor the Flavor: Adding Flavor** to Everyday Dishes

NORTH DAKOTA STATE UNIVERSITY

Do have У 0 u some spices your cupboard in that you bought for a particular recipe and used just once? Now the containers stare at you when you open the cupboard.

Most of us have several containers of spices and dried herbs in our cupboard. Some flavorings are used for a special recipe made a few times a year. To check the potency of your spices, do the "sniff test" about every six months. If the aroma is weak, then the spice is not adding much flavor to your recipe. You may need to use more or buy a new container.

If you keep your spices above your oven or near your dishwasher, the heat and/or humidity are shortening the storage life of your spices. Instead, store spices in tightly covered containers in a cool, dry, dark place. Mark the date of purchase on the container. Most ground spices retain their flavor for about one year, while whole spices, such as cloves and cinnamon

sticks. retain their flavor for two years.

Be a little adventurous with your spices. Do you have dill weed in your cupboard? Sprinkle it on potatoes, tomatoes, green beans, carrots or scrambled eggs. Enhance the natural sweetness of fruits with a sprinkle of ground cinnamon. Bake apples, winter squash or sweet potatoes and sprinkle with cinnamon, ginger and/or nutmeg. Many cookbooks include a spice chart that pairs food and spices.

Spices add flavor without much or any sodium. For example, garlic powder has little or no sodium, while garlic salt may contribute a fair amount of sodium to your diet, depending on how much you use. Black pepper has no sodium, while lemon pepper may contain a significant amount of sodium. Read the ingredient statement on the spice label to see if salt is one of the ingredients.

In general, the rule of thumb is to begin with

<sup>1</sup>/<sub>4</sub> teaspoon of spice per pound of meat or pint of liquid. You easily can add more spice to suit your taste. Adding ground spice near the end of the cooking time will preserve more of the flavor.

Some common pairings include:

• Basil: Tomatoes, garlic and oil, soups, butter, cheese

• Rosemary: Poultry, potatoes, carrots, bread, pork, beef

• Thyme: Poultry, beef, turkey, stew, soup, sauces, tea

• Mint: Teas, eggs, salads, vegetables, chocolate mousse

Parsley: Fish, poultry, vegetables, garlic, salad, pasta, potatoes, butter Recipe Websites to

Explore • Visit the NDSU

**Extension Service** recipe database at www. ag.ndsu.edu/food and click on "Recipes."

• Visit the U.S. Department of Agriculture's Mixing Bowl at www. whatscooking.fns. usda.gov and enter the ingredient name, including spices.



### 701-857-9210 3520 S. Broadway Minot, ND 58701 www.cartivaofminot.com

### WE CARE.

Trinity Hospital and the March of Dimes welcome NICU alumni and their families to the



### **Celebrating 40 Years**

### Trinity Newborn Intensive Care Reunion

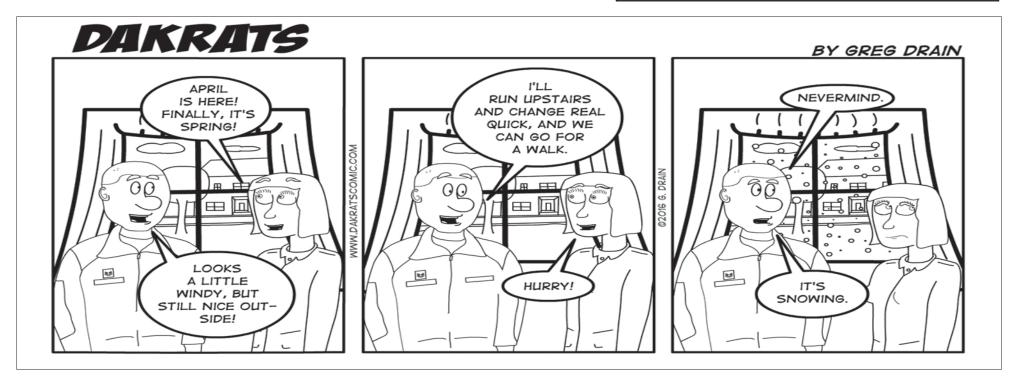
Planned proudly in conjunction with the March of Dimes 2016 March for Babies.

Saturday, April 23 12-2 pm Minot State University Dome

Join us for food and fun!

RINITY Hospitals Family Birth Center

Please register by April 5 call Kathleen at 701-857-5099



## Analyzing failure, realizing success

COL. RYAN SAMUELSON | 379TH EXPEDITIONARY OPERATIONS GROUP

▲ L UDEID AIR

ABASE, Qatar (AFNS) -- The views expressed in this article are those of the author and do not necessarily reflect the official policy or position of the Air Force, Defense Department or the U.S. Government.

"We have an issue. I'll call him in and figure out why he failed to..." said the supervisor who walked into my office that sunny day.

"Stop," I said, "find out the facts, let me see the outcome of the mistake, and let me see if I own it before you say he failed."

A puzzled look from the supervisor ensued. The details of the individual and the failure are inconsequential. Tying failure immediately to an individual seemed too easy a conclusion for me. What mattered was the process of analyzing failure in hopes of realizing unit success. After all, in the military we are surrounded by amazing patriots every day who strive to make a positive difference.

A rush to judge the professional who experienced failure before engaging in a rational evaluation of all the details is detrimental to building a team who is eager to serve, learn, fix, and better execute our Air Force's diverse missions. In over 22 years of service, I have come to firmly believe nearly 97 percent of all events we deem as failures by a person or a team are attributed to one of three reasons; and supervisors and leaders own them. Let's evaluate:

First, did you properly set out expectations and provide appropriate and robust feedback?

It is the foundation for everything. Where those on your team finish is rooted in where you ask them to start. If you have not set out clear priorities, expectations, limitations and goals, take caution criticizing the paths they take. Course corrections ingrained with open and consistent communication are paramount to setting up professionals and their teams for success. If you are in charge, listen intently, ponder more and talk less. Seek feedback, provide it and make your expectations concise.

Second, did you properly train; but more importantly, educate the professionals with whom you serve?

The demands of training for the multitude of missions Airmen are asked to accomplish often drive us to one-on-one computer-based training (CBT) modules and short slideshows. That is training and it is an important step, but it is not education. The bedrock of our military

success is comprised of a professionally educated, not just trained, force. Only through consistent supervisor follow up, experience-driven opportunities, team discussions, leadership engagement, and an open and collaborative review of failures are professionals truly educated. Click, click, click, print certificate doesn't work. Education is a multifaceted process. If you are provided with only a CBT to train you, then supervisors and leaders own any failures as a result.

Third, did you take time to see if the procedures by which your teams operate are broken, inefficient or ineffective?

Did the process fail the professional? In the military, we operate in one of the most dynamic environments on the planet. For those in the deployed environment, challenge what you see and how you operate if it is not leading to successful mission execution. When we apply an organize, train and equip "in-garrison" mentality to the deployed environment we run the risk of experiencing mission-impacting negative consequences. We risk failing. Processes must be challenged and fixed as we are not organized and resourced like the bases we left. Ensuring your

team adheres to disciplined execution of their tasks starts with a sound process supervisors and leaders own. Repeat failures usually mean the process is broken and Airmen are being set up to fail. Unless a process is bounded by the laws of physics or chemistry, fix it if it's leading to repeated failure.

Before rushing to judgement, as a supervisor and a leader, regardless of rank, apply some critical thinking and ask yourself those three basic questions when analyzing failure.

For the 3 percent who do not know the difference between a mistake and a crime, who willingly disregard technical order guidance and instructions, or who refuse to uphold the standards required in the profession of arms, we have ways of holding them accountable and we should to the maximum extent possible. We are all responsible for our actions. For the 97 percent, I believe supervisors and leaders owe them the flexibility to learn from mistakes, make the team stronger from those mistakes, and foster a culture which allows the discussion of those mistakes void of unnecessary repercussions to realize unit success.

If you do not encourage a systemic look at failure when it occurs, you run the risk of destroying effective chain of command communication, team cohesion, honest feedback and also the prospect of the building of effective learning organizations. Honest mistakes are part of everyone's learning process. High performing professionals and teams are not driven by a fear of the consequences of their actions, but rather by the belief they are accomplishing something of importance with the support of their leadership.

Standards must be set and followed. Failure is rare when taken into context with the billions of actions and decisions our military professionals make daily. However, if an Airman or team fails, first ask yourself, "Do I own it? Have I looked at the big three -expectations, education and process?" Analyze failure, then watch your team realize success. If you start there, you may find the great people who have chosen to join the world's most effective air, space and cyber force will bring forward more issues to solve and ideas for success than you can handle. But that is a risk worth taking.

By the way, the failure I first mentioned above was mine to fix. I owned it. As a supervisor and a leader, will you?



ember: Michelle Peacock Former U.S. Army Captein

### USAA Auto Insurance. It's what's behind the number that matters.

Choose auto insurance with features designed for military life. At USAA, we offer an unrivaled level of service with more benefits for our military members than any other major financial service provider. USAA. We know what it means to serve.

### GET A QUOTE. usaa.com/insurance or 800-531-USAA (8722)

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## **SECTION 2**

NORTHERN SENTRY • FRIDAY, APRIL 1, 2016 • WWW.NORTHERNSENTRY.COM

## AF WEEK IN PHOTOS



















5th BW Public Affairs TALLADEGA, AL

#### What did you do before you joined the Air Force? In college studying to be a nurse.

Hobbies or Interests Running, playing sports and watching my favorite teams play, Auburn Tigers, Cleveland Cavs and Dallas Cowboys, as well as going on walks to the dog park with my wife and dogs.

**Most life changing experience** Getting married.

### Where do you see yourself in 10 years

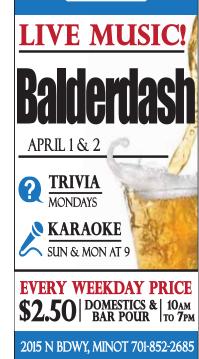
Still in the Air Force. I would like to reach retirement.

If you could have one special talent, what would it be

Be able to sing or play an instrument and be able to dunk a basketball.



#### Favorite quote "It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt." - Mark Twain



### TODAY

- Registration opens for Youth Baseball & T-Ball at the Youth Center
- Annual Golf Passes go on sale at the Golf Course
- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
  - April Fools 5K Run, 0730, Fitness Center
  - VA Benefits Briefing, 0830-1400, A&FRC
  - Stroller Fitness, 0930, Youth Center
  - Fit to Fight, 1100, Fitness Center

• FREE Interagency Annual Military National Park passes available from Theodore Roosevelt National Park Representatives, 1200-1600, Outdoor Rec (active duty military members and their dependents only)

- Cardio Blast, 1200, Fitness Center
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill

• Month of the Military Child Kick Off Party and Interpretive Program by Theodore Roosevelt

- National Park Ranger, 1700, Youth Center • Freaky FREE Fridays, Every Fri, 1700-2100, Rough Rider Lanes
- BBQ Night, Every Fri, 1700-2100, Rockers Bar & Grill
  - 70's Party, 1800, Jimmy Doolittle Center
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Karaoke, Every Friday in April, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2000-2400, Rough Rider Lanes

SATURDAY

- Trek, 0800, Fitness Center
- Cycle, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- FREE Interagency Annual Military National Park passes available from Theodore Roosevelt National Park Representatives, 1000-1200, Outdoor Rec (active duty military members and their dependents only)

• Base Skate, Every Saturday, 1600-1800, Youth Center

• Super Saturday Family Activity, Every Saturday, 1800-2000, Youth Center

• Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Rough Rider Lanes

#### **SUNDAY**

• Zumba, 1400, Fitness Center

### MONDAY

• Membership Monday Lunch Special, Hours vary by location, Rockers Bar & Grill, Kelley's Place, Jimmy Doolittle Center, and Rough Riders Pizza

• Youth Tumbling Classes, Hours vary by age, Youth Center

• Youth Karate Classes, Hours vary by age, Youth Center

- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Reintegration Training, 1300-1400 A&FRC
- Key Spouse Monthly Meeting, 1800-2000,
- Jimmy Doolittle Center
  - FCC Pre-Orientation, 1800-2000, FCC Office
  - Step Jam, 1730, Fitness Center
  - Yoga, 1830, Fitness Center
  - Cycle+Core, 1930, Fitness Center
- TUESDAY

- Youth Center
  - Cycle, 0600, Fitness Center
  - Stroller Fitness, 0930, Youth Center
  - Story Time, 1030, Base Library
- Parent Advisory Group Meeting, 1100, Child Development Center
  - Fit to Fight Cycle, 1100, Fitness Center
  - Fit to Fight CORÉ, 1130, Fitness Center
  - Brown Bag Book Talks, 1200, Base Library
  - Cardio Blast, 1200, Fitness Center
  - Pre-Deployment Readiness Training, Every
- Wed, 1400-1500, A&FRC
  - 4-H Club, 1600-1700, Youth Center
  - Yoga, 1615, Fitness Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Cycle+Strength, 1630, Fitness Center
- Buck with a Bang, Every Wed, 1700, Rough Rider Lanes
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
- Zumba, 1730, Fitness Center
- AFB Bowling 2.0, Every Wed, 1800, Bowling Center
- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center
- Yoga, 1830, Fitness Center

• Inner Tube Water Polo, 1930-2030, Indoor Pool

#### **THURSDAY**

• Youth Center Dance & Tumbling Classes, Every Thursday, Various Times, Youth Center

• HIIT & Core, 1100, Fitness Center

• Reintegration Training, Every Thurs, 1300-1400, A&FRC

- Fit to Fight, 1630, Fitness Center
- Youth Center Open House & Spaghetti Dinner, 1700-1900, Youth Center
- Single Airmen Wingman Night, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, 1700-1900, Rockers Bar & Grill
  - Zumba, 1730, Fitness Center

• Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center

- Body Blast, 1830, Fitness Center
- Cycle, 1930, Fitness Center

#### **UPCOMING EVENTS - APRIL 8**

- Last Day to register for the Picture Framing Class at Arts & Crafts
- 2 Person Run & Row Relay Challenge registration opens at the Fitness Center

• Youth Center Dance Classes, Every Friday, Various Times, Youth Center

- VA Benefits Briefing, 0830-1400, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Cardio Blast, 1200, Fitness Center

• Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill

- Grill Your Own Steak Night, 1700-1900,
- Jimmy Doolittle Center
- Freaky FREE Fridays, Every Fri, 1700-2100, Rough Rider Lanes

• BBQ Night, Every Fri, 1700-2100, Rockers Bar & Grill

- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Karaoke, Every Friday in April, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2000-

• Lego Building Competition, 2-16 April, Everyone can vote on Facebook or at the Library for their favorite creation submitted in March.

• Climb to Fitness, Rock wall available at McAdoo Fitness. Ages 18 & up with a DoD ID Card. Ages 13-17 with written consent and parent or legal guardian present. Contact McAdoo Fitness Center for more details at 723-2145.

• NEW! Qualified Personal Trainers, by appointment, Fitness Center

• Rough Riders Monthly Pizza Special. April Special – BBQ Pastrami Pizza. Our tasty signature BBQ sauce loaded with pastrami and red onions, sprinkled with red pepper flakes. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Panino Meal – Pastrami, red onions, and red pepper flakes with melted Swiss. Topped with spinach & tomatoes. Served with BBQ sauce. \$8.50 includes a side and drink

• Auto Hobby Monthly Special. April Special – Remove studded tires April 1st-15th. Customers come to Auto Hobby and dismount winter tires and mount all-season tires – the staff will balance the tires. Sale \$15/pair of tires – stall fee included

The Youth Center is offering Prenatal Yoga on

Wednesdays at 10:15 a.m. Improve your pregnancy

yoga. This multifaceted approach encourages flex-

ibility, strength, balance, stamina, focused breath-

ing, relaxation techniques, positive mental center-

ing, and more. This style of class is great for any

doctor's approval, you will gain many health ben-

held once a week, will be a guided journey which

will allow you to learn skills to use at home dur-

ing your pregnancy, during labor/birth, and post-

partum. This is an ongoing class and can be joined

at any point during normal and healthy pregnancy.

Cost is \$40 per month. For more information, call

EXPECTANT AND BREASTFEEDING

**MOTHERS** La Leche League of Minot will not

be meeting for the month of December-we hope you

have a nice holiday with your family. We meet the

3rd Friday of each month at 10AM at North Plains

Chapel in the basement. Our mission is to help

mothers to breastfeed through mother-to-mother

support, encouragement and education. It's free

LLLofMinot@gmail.com or on Facebook at www.

PARK UNIVERSITY SUMMER 2016

Park University's Summer 2016 term (6 June

**REGISTRATION IS NOW OPEN!!** 

2016 – 31 July 2016) registration is now open.

Contact our office for more details. A variety of

classes are available for CCAF and Undergradu-

or online. Signing up for classes is easy: stop by

our office at the Education Center-156 Missile Ave

Minot AFB or email us at mino@park.edu. If you

have any questions you can call us (727-0469), stop

by and see us or send us an email. Stop in and see

High school students that are an active duty

YOUTH EMPLOYMENT SKILLS

ate degrees. Classes are held onsite in the evening

to attend! Please contact us at (701) 409-0292,

the Youth Center at 723-2838.

facebook.com/LLLofMinot.

us!!!!

level of yoga practice, new to advanced. With your

efits for you and your baby. The 45 minute session,

and birth experience through prenatal specific

#### **PRENATAL YOGA**

• Youth Center Dance Classes, Every Tues, Various Times, Youth Center

• Fit to Fight MIX, 0600, Fitness Center

Cycle+Strength, 0700, Fitness Center

• Pre-Separation Counseling, 0830-1130, A&FRC

• Trek, 0900, Fitness Center

• First Princess Visits, 0930-1100, Rough Riders Pizza

• Hard Core Cardio, 0945, Fitness Center

• Game Day, Every Tues, 1000-1930, Library

• Zumba, 1100, Fitness Center

• Torch Club Meeting, 1600-1700, Youth Center

• Fit To Fight, 1630, Fitness Center

• Family Fun Night, 1700-2100, Rough Riders Pizza

• TurboKick, 1730, Fitness Center

• Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)

• Hard Core Strength, 1830, Fitness Center

• Cycle, 1930, Fitness Center

### WEDNESDAY

• Youth Karate Classes, Hours vary by age,

2400, Rough Rider Lanes

### **UPOMING EVENTS - APRIL 9**

- Trek, 0800, Fitness Center
- Cycle, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Chess Club, 1100, Base Library
- Shakespeare and More!, 1300, Base Library

• Give Parents A Break, 1300-1700, CDC/

School Age Program

• Base Skate, Every Saturday, 1600-1800, Youth Center

• Super Saturday Family Activity, Every Saturday, 1800-2000, Youth Center

• Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Rough Rider Lanes

• Country & Karaoke Night, 2100-0200,

Rockers Bar & Grill

### **ONGOING EVENTS**

• Month of the Military Child Bowling Special, April 1-29, Children 17 and under can bowl for \$2.25 a game and get a FREE shoe rental. Mon-Tues: 0900-1400, Wed-Fri: 0900-1900 Air Force dependent can earn money for college through participation in the Youth Employment Skills (YES) program. You must be a Youth Center member age 13 to 18 and completed the 8th grade. Applications are available at the Youth Center. Call the David C. Jones Youth Center at 723-2838 for more information.

### **MINOT OFFICER SPOUSES CLUB**

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/ little-clubs.html

### **MINOT ENLISTED SPOUSES CLUB**

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials

plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

### **EMBRY-RIDDLE AERONAUTICAL**

**UNIVERSITY** is now registering for the Spring 2016 online term (25 April-26 June). To sign up for classes, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu . If you have any questions, please call 701-727-9007.

### AIR FORCE SGTS ASSOCIATION, CHAPTER 959, GENERAL MEMBERSHIP MEETING GENERAL

MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants Association (AFSA) is a federally chartered nonprofit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired--All are welcome! Like us on Facebook at www. Facebook.com/MinotAFSA. We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at AFSACh959@gmail. com.

### **MAIN STREET BOOKS STORYTIME –**

An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth – 4yrs and 11:00 a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

### MAIN STREET BOOKS 1ST SATUR-DAYS STORYTIME – A weekend storytime

for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth – 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

#### JOSEPH AND THE AMAZING TECH-NICOLOR DREAMCOAT 4/01/2016 7:30 PM

Ann Nicole Nelson Hall, Minot State University The Broadway Smash Hit, Joseph and the Amazing Technicolor Dreamcoat, is coming to Minot! Please join us for the Western Plains Opera production of Andrew Lloyd Webber's Biblical Spectacular! Joseph is one of the most popular musicals in the world, filled with energy, excitement, and fun for the entire family. Come one, come all on this colorful journey and Go, Go, Go with Joe! Performances: March 31, April 1 & 2 at 7:30pm and April 3 at 3:00pm Tickets: \$20 Balcony & Orchestra Center \$15 Orchestra Rear Special Discount for kids under 18 and MSU students (with valid student ID): \$10 Tickets on sale March 4 at 5:00 PM online or by calling (701)-858-3185. Student tickets must be purchased in person at the MSU Division of Music Office (Old Main, Room 220). Boxx Office open between 8:00 AM and 4:00 PM.

Bruce Wolla (701) 720-0074.

### MINOT FFA ALUMNI AUCTION 4/02/2016 11:00 AM

North Dakota State Fairgrounds. 20th annual Minot FFA Alumni auction to help the Minot FFA Chapter with judging trips, State and National Conventions, and scholarships. If any business or individual wants to donate anything call Kathy Jensen at 839-5196.

### MINOT FFA ALUMNI AUCTION 4/02/2016 11:00 AM

North Dakota State Fairgrounds. 20th annual Minot FFA Alumni auction to help the Minot FFA Chapter with judging trips, State and National Conventions, and scholarships. If any business or individual wants to donate anything call Kathy Jensen at 839-5196.

### MINOT EMBROIDERY CLUB 4/02/2016 1:00 PM

Minot Public Library. Embroidery Club is a great chance to learn more about your embroidery machine and meet other embroiders in the area. Each month we'll have a new project for you. Club requires the purchase of a kit for \$25. The kit will include the embroidery design and all the materials to make that month's project. In April, we'll be making an embroidered notebook. Call Rae-Bon Sew & Quilt Shop (701-433-7203) to register. The Minot Embroidery Club will also meet on May 7 & June 4.

#### MINOT RILFLE AND PISTOL CLUB SPRING GUN SHOW 4/02/2016 9:00 AM - 4/03/2016 3:00 PM

State Fairgrounds. The spring show of the Minot Rifle and Pistol Club, with 344 tables full of firearm related items to buy, or trade. show hours are 9 to 5 on Saturday, and 9 to 3 on Sunday. Admission is \$5 for adults, payable at the door.

### MINOT'S FIRST SLED HOCKEY GAME 4/03/2016 1:00 PM

Maysa. Join us on April 3rd at the Maysa Arena for Minot's First Sled Hockey Game featuring Dreams In Motion from Bismarck. A huge thank you to our community partners that are making this event possible: the Official Minotauros Hockey team, Qdoba | Minot, ND, and the Minot Hockey Boosters.

### FIRST TIME HOME BUYERS SEMINAR 4/05/2016 6:00 PM

Hyatt House. Calling all First Time Home Buyers! Are you tired of renting? You're in luck!! Alliance Real Estate is partnering with First International Bank & Trust to host a FREE informational First Time Home Buyer Seminar on Tuesday, April 5th from 6:00-8:00 pm at the Hyatt House in Minot. There is an available \$1000.00 incentive to new buyers that use both of our services. Space is limited, so please call any of our Agents (Becky Bertsch - Realtor at Alliance Real Estate 701-833-3536, Joy Nelson Realtor, Alliance Real Estate 701-202-8795, or Jody Bullinger, Realtor - Alliance Real Estate701-720-0533) or call the Alliance Real Estate office at 839-2217 to reserve your spot today!

### **PAINT THE TOWN RED** 4/05/2016 6:30 PM

2 N Main St. Feeling Creative? Looking for an adventurous new opportunity? Grab your friends, coworkers, or make it a unique date night - and join the Taube Museum of Art for an evening of entertaining art instruction by Minot local artists! No experience required! You will go home with a painting you can call "uniquely yours" and possibly unleash a new talent you will want to explore. The featured artist will guide you through in recreating her featured painting. It is easy, fun, and stress free! Feel free to bring your favorite cocktail and a snack if you choose, then sit back and be creative! Each session is \$35 for non members and \$32 for members, per person, which includes all the supplies needed to create your masterpiece. Class size is limited, so register early! Payment is due at time of registration. Must be 21 to register. Registration now accepted online at www.taubemuseum.org Liking or commenting on this event does not constitute registration for the class...you must call, stop by, or register online to complete the registration process. Thank you! For more information call the Taube Museum of Art at 838-4445, email taube@srt.com.

### **SISU THE READ DOG 04-06-2016 04:00 PM - 04-06-2016 05:00 PM** Minot Public Library. Sisu, our READ Dog, will be available for children to read to on the first Tues-

available for children to read to on the first Tuesday of the month from 4:00 PM to 5:00 PM.

### ART ALL AROUND 04-07-2016

**04:00 PM - 04-07-2016 05:30 PM-**Have you been looking for an artistic art exploration opportunity for your child? The Taube Museum of Art has created a new monthly art class, Art All Around, geared towards children 9 years and older. Each session is \$18 per child, which includes all the supplies needed to create their masterpiece. They will be held at the Taube Museum of Art Education Classroom on the following Thursdays: April, 14 & 28, May 12 from 4:00 – 5:30 pm. Class size is limited for a more individualized instruction, so be sure to register early. For more information or to register call the Taube Museum of Art at 838-4445, email taube@srt.com, visit our website at www. taubemuseum.org.

### MINOT FLEA MARKET 4/09/2016 8:00 AM - 4/10/2016 3:00 PM

We have antique furniture, beautiful carved wood figures large and small, oddities of all sorts, comic books, toys, board games, books, stencils, tools, purses, jewelry, cleaning products, as well as baked goods, honey, jam and jellies, and much more. We're open Saturday 8 am-4 pm and Sunday 10 am-3 pm and located at the North Dakota State Fair Center. Admission is ONLY \$1. Children 10 and under are FREE!

### GET OUT OF STORAGE AND READY TO RIDE 4/09/2016 11:00 AM

Magic City Harley-Davidson. With warmer weather on its way, is your motorcycle ready to ride? Stop by our Service Department today to learn about what you should do before your first ride.

"THE ANNUAL SPRING RUMMAGE SALE AT BREAD OF LIFE LUTHERAN

**CHURCH,** 1415-17th Ave SW, will be April 9 from 8 a.m. to 2 p.m. Fresh baked caramel rolls will be available at 8 a.m. with a sloppy-joe luncheon served from 10:30 a.m. – 1:00 pm. A free will offering will be taken on rummage sale items with proceeds used to fund youth Bible camp scholarships."

### CHILI COOK-OFF 4/09/2016 11:30 AM

Magic City Harley-Davidson. Minot Harley Owners Group hosting annual chili cook-off at Magic City Harley-Davidson. Bring your best and hottest pot of chili to see if you can be the winner! If you are faint of heart you can just come and hang out and taste too!

### FAMILY PAINTING DAY 4/09/2016 1:30 PM

Grab your kiddos, ages 6 and up, and join the Taube Museum of Art for an afternoon of entertaining art instruction by a Minot local artist The Taube Museum of Art has created a new monthly Paint Party - You and Your Child Painting class! This creative upbeat class is open to the artistic and the not so artistic. These classes will be held one Saturday a month, with the first one held January 16th. The instructor will guide your family through step by step in recreating the featured painting. It is easy, fun, and stress free! No experience required for you or your child! You can create individually or partner together to take home a painting you can call "uniquely yours" and possibly unleash a new talent you will want to continue to explore. Each class will cover a different painting technique or style. Each monthly session is \$22 for non members and \$18 for members, per person, which includes all the supplies needed to create your 9" x 12" canvas masterpiece. Each session will be held at the Taube Museum of Art from 1:30 -3:00 pm. Class size is limited, so register early! Additional class dates: October 8th, November 12th, December 10th. Additional class dates forthcoming! For more information or to register call the Taube Museum of Art at 838-4445, email taube@srt.com, visit our website at www.taubemuseum.org.

### SOMERSET COURT'S BENEFIT BREAKFAST FOR FOOD PANTRIES 4/02/2016 8:30 AM

Somerset Court's Benefit Breakfast for area food pantries on Saturday, April 2nd from 8:30 am until 11:30 am. Tickets are \$5 a person and may be purchased at Somerset Court, Milton Young Towers or The Lord's Cupboard. You may also pay at the door. Food and non-perishable items are also welcomed and maybe dropped off at Somerset Court. 1900 28th St SW 838-4500 for any other information. Breakfast includes pancakes, smoked sausage, orange juice and coffee.

### **SPRING GUN SHOW** 4/02/2016 9:00 AM

North Dakota State Fair Center. Minot presents the 45th Annual Spring Gun Show at the ND State Fair Center. Saturday March 2nd 9:00am - 5:00pm Sunday March 3rd 9:00am-3:00pm. The Public is invited \$5 each day For more information call

### **One Airman's story: From war-torn Bosnia** to Operation Inherent Resolve

MAJ. ANGELA WEBB | 379TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

AL UDEID AIR BASE, Qatar (AFNS) -- (This feature is part of the "Through Airmen's Eyes" series. These stories focus on individual Airmen. highlighting their Air Force story.)

Just shy of her third birthday, an international conflict broke out between Bosnia and Serbia. Today, at the age of 26, conflict continues to be part of 1st Lt. Amela Kamencic's daily life.

Kamencic, a former Bosnian refugee and the 379th Expeditionary Civil Engineer Squadron operations engineering officer-in-charge, recalls when "everything changed" as the U.S. Air Force deployed to assist in Operation Deny Flight. Showing deep gratitude for those who helped during that mission, she later joined and now does her part in Operation Inherent Resolve.

"Before the U.S. arrived, Bosnian men left to fight and there was no way of knowing if they were coming back," Kamencic said. "This left many women, children and the elderly behind."

Living close to the Bosnian and Serbian border, those in her village learned to fend for themselves. Many were hungry and needed medical care.

"Neighboring countries would provide some

humanitarian aid," she said. "I remember waiting in long lines for stale bread with my mom, which was our food for the day."

As Serbian troops moved into Bosnia, various concentration camps were built, which contained thousands of Bosnian men. Kamencic compared the concentration camps, massive graves and land mines to a scene from "Behind Enemy Lines," which is a movie based on

the Bosnian War. "My uncle was captured and sent to a concentration camp," she said. "He was released a few months later when the camp was liberated, and sent to Croatia to be nursed back to health before moving to America."

In November 1996, Kamencic's family landed in America. Along with her mom, dad and sister, they first arrived in Washington, D.C., and ultimately settled down in Austin, Texas. Excited to live with unfamiliar freedoms and opportunities of the "American Dream," the lieutenant soon realized her childhood was very different from others.

"I was in the school lunch line, and I had money in my pocket to pay for it; we had been in Texas for almost nine months and we weren't moving around anymore" she said.

Growing up, part of Kamencic's "American Dream" was to join the Air Force.

"I remember seeing A-10 (Thunderbolt IIs) and F-15 (Eagles) flying to establish a no-fly zone in Bosnia and it restored hope to become its own country. To this day they are my favorite airframes," she said.

The idea of serving in the military stuck with her all those years and it became a reality in December 2012. Kamencic was commissioned as a second lieutenant through the Air Force ROTC at the University of Texas.

"I knew that the Air Force is where I belonged," she said. "I can never thank the (Air Force) enough for saving my life and my service to our great nation is a way of expressing my gratitude. Home is now where the (Air Force) sends me."

In January, Kamencic deployed to Al Udeid Air Base, Qatar, in support of OIR. She took a long journey once again, but this time departing where her U.S. journey first began -- Washington, D.C. She will redeploy to Ellsworth Air Force Base, South Dakota, in July and plans to marry a fellow Air Force officer in the fall.

### **Crosstalks aimed at** improving KC-135 service

MAJ. JON QUINLAN | 507TH AIR REFUELING WING PUBLIC AFFAIRS

TINKER AIR FORCE BASE, Okla. (AFNS) --Experts from the Air Force Life Cycle Management Center, the Air Force Reserve, National Guard Bureau and the Legacy Tanker Division conducted a customer support visit here and at two other bases March 14-18 to listen to unit concerns regarding KC-135 Stratotanker support and logistics.

The team, headed by Maj. Gen. Glenn Davis, the mobilization assistant to the AFLCMC commander, also traveled to Birmingham Air National Guard Base, Alabama, and Grissom Air Reserve Base, Indiana, with airlift provided by the 507th Air Refueling Wing here.

According to William R. Barnes, the deputy chief of the Legacy Tanker Division here, the purpose of the visit was simple.

"We want to enhance aircraft availability," Barnes said. "It's all about getting more iron on the ramp.'

The team of nearly 30 logistics, maintenance, acquisitions and engineering experts discussed topics including supply rate times, sustaining engineering, product support management and part transportation.

According to Davis, the open and frank discussions were beneficial as there sometimes can be a disconnect between metrics viewed at major commands versus what's going on at the ground level in operational units. "Our goal is to get out to the units, to hear what

needs to be heard and then do something about it," Davis said. "These visits allow us the luxury of interacting directly with the units because the Airmen in the units are going to have really good ideas."

During the Tinker AFB visit, members of the 507th Maintenance Group identified specific maintenance issues to discuss and provided hands-on tours of various back shops, as well as tours of the jets. Having the subject-matter experts on the ground allowed for real-time discussions and solutions to be implemented immediately.

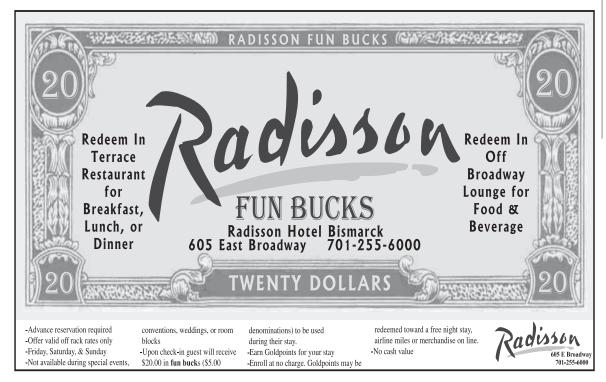
Visiting the base in person, Davis said, proved to be more productive than a teleconference.

"It was great to have the face-to-face interaction so I could put a face with a name," he said. "It helped us to get a better understanding of the concerns of maintenance professionals at the units."

Other agencies involved in the visits included the Defense Logistics Agency, Air Force Sustainment Center, Oklahoma City Air Logistics Complex and Air Mobility Command.

The Reserve 507th Maintenance Group commander, Col. Travis Caughlin, said that the partnerships built during these visits are very important to KC-135 operations and the unit is always happy to assist.

The partnerships and plans built by these visits will ensure that the nearly 60-year-old KC-135 is flying well beyond 2030, Barnes said.





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### Minot Public School's Kindergarten Enrollment For the 2016-2017 School Term

Kindergarten enrollment will be held at the District Enrollment Office at the Minot Public School's Administration Building located at 215 2nd St SE, by appointment only.

To schedule an appointment, call 857-4444 or 857-4400, as soon as possible. www.minot.k12.nd.us for more information and to print required enrollment forms.

#### Items you must have at your enrollment appointment even if you already have children in the district:

- Parent/Guardian photo ID
- Copy of State Certified Birth Certificate
- Copy of Immunization Record
- Custody/Guardianship paperwork if applicable
- · Proof of Residence (e.g.: Utility Bill current within the last 60 days,

Rental/Lease Agreement, Home Mortgage Statement, Home Purchase Agreement, Homeowner's Insurance Policy, Ward County Property Tax Statement)

Children must be 5 years old by July 31, 2016 to enroll.



## **iMagicon Returns!**

IMAGICON ND

inot ND Minot's comic/ gaming convention is back and expanding. With an eclectic focus on artists, gaming, comics, cosplay, LARPing, and more, iMagicon has increased its convention space size and days. This year's event will be held April 22-24, at the Holiday Inn-Riverside and features a collaborative daily Minecraft Build, Draw Off competitions, Halo 5 & Rocket League tournaments, Magic the Gathering tournaments, Smash Bros, Ninja training, face painting, Cosplay contests, board gaming, LEGO Robotics, shopping, and more. You may want to stock up on those energy drinks as this year's iMagicon will extend well in to the early am's of the morning with activities like SRT's overnight LAN parties, late-night LARPing, midnight movie madness, after-hours gaming and more! "Last year, many of our iMagiconers wanted more late-night activities, so we are meeting that demand," Aimee Smith, iMagicon Event Conspirator said. "We expect more guests will join us on-site overnight to maximize the overall atmosphere. We have set up an iMagicon block at the Holiday Inn-Riverside that anyone can take advantage of by

calling the Holiday and requesting the iMagicon group rate."

Fansuites have been growing among conventions, and iMagicon is no different in encouraging Fandoms to spread throughout the hotel. iMagiconers choose their own themes to decorate their hotel room as, such as anime, Star Trek or Harry Potter, and often host activities such as board games, role playing, movie watching or trivia.

"It is a fun atmosphere to share your fandom with other people who share your passion," said Leann Mellum, event conspirator. "iMagicon wants to encourage all fandoms to be able to enjoy their interests and this is one way to do it."

This year's iMagicon guest artists include 4-time Chesley Award nominee Tom Fleming, DC/Marvel illustrator Christopher Jones, DC/Marvel illustrator Dave DeVries, live artist Nick DiFabbio and professional fursuit creator Deanna "Beetlecat" Petro. "We are excited to have such artistic talent at iMagicon," said Smith. "And to be able to bring nationally acclaimed fursuit maker Beetlecat to the Midwest for the first time is an incredible feeling."

the event and signing autographs. Kidder is best known for playing the role of Lois Lane in the 1978 Superman movie opposite of Christopher Reeve and continued that role for several sequels.

"When we were given the opportunity to bring Kidder to our event, we didn't even hesitate," Smith continued. "To have the Lois Lane from arguably the best Superman series ever really is amazing."

Early Bird 3-Day convention tickets are on sale at www.imagiconnd. com or by visiting Gorilla Games (Dakota Square Mall) or Original Comics and Collectibles (Downtown Minot). VIP tickets are only available online until April 11, 2016. After April 12, VIP tickets will no longer be sold for the 2016 convention.

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### Starting the Hospice Conversation



April 21 5-8:30 p.m. The Grand Hotel

### **Hospice Basics**

Jeffrey Verhey, MD, Trinity Health Hospice Medical Director Hospice offers medical care toward a different goal: maintaining or improving quality of life for someone whose illness, disease or condition is unlikely to be cured. Each patient's individualized care plan addresses the physical, emotional and spiritual pain that often accompanies terminal illness. It is available to the patient and family when life prognosis is six months or less.

### The Trinity Health Hospice Team Role in the Care of the Patient and Family

The hospice team consists of a physician, nurse, medical social worker, home-health aide and chaplain/spiritual adviser. Hospice services are provided in the setting that the patient calls home, which may be their private residence or that of a loved one, a hospital, assisted living center, or nursing home.

### Advance Medical Directives

Actress Margot Kidder also will be making a guest appearance at

VIP passes includes all 3-days plus VIP perks including an iMagicon Grab Bag; Collector's Badge; 2017 first right to purchase; M&G options when available; Signing from Kidder, vendor coupon book; iMagicon Collector's pin; VIP room access and more! The Holiday Inn Riverside is offering discount block room rates for iMagicon guests and special ticket packages. To learn more, visit imagiconnd.com or call the Holiday Inn at (701) 852-2405.

Trinity Health Chaplain Services Advance directives, also known as living wills, are designed to outline a person's wishes and preferences in regard to medical treatments and interventions for end-of-life care. These documents speak for you when you're not able to speak for yourself.

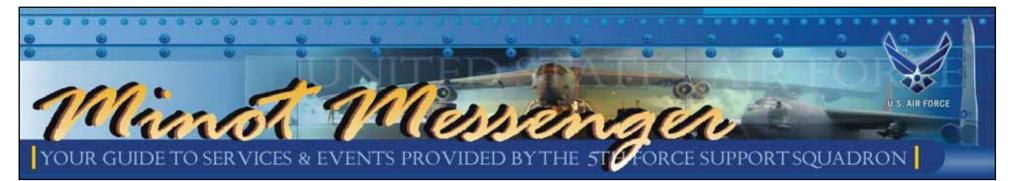
### **Hospice Families Panel Discussion**

Jeffrey Verhey, MD, Moderator Hospice care also offers practical support for the caregiver(s) during the illness and grief support after the death. Hear from several area family members who have benefited from Trinity Health Hospice care for their loved one.

Dinner will be provided. To register, go to www.trinityhealthfoundationnd.org by April 14. This event is free of charge, however preregistration is required. For more information call 857-5099.



Sponsored By: Trinity Health and the Trinity Health Foundation This event is made possible through the generosity of the Bodien Family and other donors who have contributed to their endowment fund.



### National Park Service To Issue FREE Annual Passes At ODR



To show appreciation for those who serve in the U.S. Military, the National Park Service and other land management agencies began issuing an

annual pass offering free entrance to over 2000 federal lands including Theodore Roosevelt National Park for active duty military members and their dependents.

On Friday, April 1st from noon to 4 p.m. and Saturday, April 2nd from 10 a.m. to noon at Outdoor Recreation, active duty members and their dependents can visit with representatives from the Theodore Roosevelt National Park and pick up their free pass. To obtain the pass, you must present your valid Common Access Card (CAC) or military dependent ID (DoD Form 1173). This Interagency Annual-Military Pass also permits free entrance for military personnel and their families to sites managed by the U.S. Fish & Wildlife Service, the Bureau of Land Management, the Bureau of Reclamation, and the U.S. Forest Service.

Everyone is invited to a free Interpretive Program presented by a Theodore Roosevelt National Park Ranger on Friday, April 1st starting at 5 p.m. at the Youth Center. Active duty and their dependents will have an opportunity after the program to pick up their free pass. For details, call Outdoor Rec at 723-3648 or the Youth Center at 723-2838.

### Variety Of Events At Base Library During National Library Week

National Library Week is an American Library Association sponsored national observance to celebrate and support libraries, librarians, and library services. This year's week is April 10-16. The Base Library is celebrating National Library Week with an Open House featuring refreshments, trivia, prizes, and a treasure hunt game for all ages on Wednesday, April 13th. Visitors can stop by anytime between 11 a.m. and 4:30 p.m. The treasure hunt game will feature challenges such as finding a library location using a close-up picture, decoding the title of a book containing a clue, and a short scavenger hunt. It should take 15-30 minutes depending on how familiar the player is with the library. While library experience helps, it isn't required, and help is always available. The goal is to follow clues to find a hidden treasure and receive a prize.

Regular library programs will be library and literature themed in honor of National Library Week. The Second Saturday kids program at 1 p.m. on Saturday, April 9th has been titled "Shakespeare and More!" and will include a Shakespearean puppet show (adapted and directed by Caroline Huber), puppet and mask making crafts, and an Alice in Wonderland style tea party.



strategy game that was originally created for a Star Wars program for adults and teens.

The Wednesday, April 13th story time at 10:30 a.m. will feature reading and library-related stories and a craft.

Finally, the library's Craft Club for adults will meet at 6:00 p.m. on Thursday, April 14th to learn how to create their own books using a bookbinding technique that is still used to repair old books today. Unlike with other programs, the Base Library asks that those who want to attend the craft club RSVP beforehand (by phone at 723-3344 or by e-mail mafblibrary@gmail.com) to ensure that enough materials are prepared.

### Arts & Crafts Center Offering Picture Framing Class On April 16th



The Arts & Crafts Center is hosting a Picture Framing Class on Saturday, April 16th at 10 a.m. Registration is now through April 8th. Cost is \$25 plus materials. Learn the basics of matting and framing. You'll cut your own double matte, assemble your frame, and leave with a completed picture ready for hanging. Bring in your picture to frame between April 1-8 so the Arts & Crafts Center can assist in matte and frame choices and order materials. For additional details, call 723-3640.

### Enjoy A \$2 Meal!! Youth Center Hosting Open House & Spaghetti Dinner

The Youth Center is holding a Youth Programs Open House & Spaghetti Dinner on Thursday, April 7th from 5-7 p.m. Visit the Youth Center and School Age Program Annex to see what they have to offer. There will be a Base Agency Information Passport Walk to highlight what's available to your family around base. Children's activities will be offered at each stop and when their passport is full, they turn it in to be eligible for the drawing and grand prize. Parent must accompany child to participate. Grab a delicious spaghetti dinner for only \$2 per plate. For more details, call 723-2838.



Game Day (anytime between 10 a.m. and 7:30 p.m. on Tuesday, April 12th) will include games that the library has created for various programs including a Greek mythology related "Hero's Quest" game originally created for a program celebrating the Percy Jackson book series and a cooperative

For more information about Minot AFB Library programs, visit our Facebook page (Minot Air Force Base Library), Instagram page (Minot AFB Library) or website at tinyurl.com/mafblib.



CLUB MEMBER DRAWING ON FRIDAY, APRIL 1ST WILL BE FOR \$700.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

### FAMILY and YOUTH EVENTS & PROGRAMS

#### Apr 1 FREE Month Of The Military Child Kick-Off Party

Join the Youth Center on Friday, April 1st for their Month of the Military Child Kick-Off Party. The event is FREE and open to all ages. Starting at 5 p.m., see an Interpretive Program presented by a Theodore Roosevelt National Park Ranger. Then beginning at 6:30 p.m., there will be a movie playing in each gym. Pick a movie and grab FREE popcorn. The snack bar will be open with other food and drinks for purchase. For more information, call the David C. Jones Youth Center at 723-2838.

#### Apr 2 FREE Super Saturday

Youth Center members are invited to the FREE Super Saturday Family Activity event at the Youth Center on Saturday, April 2nd from 6-8 p.m. This Saturday's program will feature Family Game Night. For more information on upcoming Super Saturday Family Activity events, please contact the Youth Center at 723-2838.

Apr 4 Family Child Care Pre-Orientation Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC Pre-Orientation at the Family Child Care office on April 4th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For details, call the FCC office at 723-6662.

### Youth Volleyball Camp

The Youth Center is hosting a Youth Volleyball Camp from April 4-29. Registrations are being accepted through April 1st. The camp will be held on Mondays and Fridays from 5-6 p.m. for Youth Center members ages 5-9 years old and from 6-7 p.m. for members 10-18 years of age. Cost for Youth Center members is \$30. Learn all you need to know and play terminate style volleyball. For more information, call 723-2838.



### YOUNG AIRMEN EVENTS & PROGRAMS

#### Apr 1 Freaky FREE Friday

Strike up some fun during Freaky Free Friday at Rough Rider Lanes on April 1st from 5-9 p.m. When you purchase 2 games of bowling and shoe rental you'll receive an additional one game of bowling FREE. Gather your friends and family for an enjoyable night of affordable fun. For more details, call Rough Rider Lanes at 727-4715.

#### Apr 7 Single Airmen Wingman Night

Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Stop by and enjoy some tasty wings and a cool beverage. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. Plus Rockers is offering domestic

### Apr 1 FREE 70's Party At The JDC

It's 70's Night at the Jimmy Doolittle Center on Friday, April 1st starting at 6 p.m. Get dressed up in your 70's costume and enter the costume contest. Enjoy 70's music, get your picture taken, and hop into that soul train line. Don't miss out on the taco bar. Event is for adults only and admission is FREE FOR EVERYONE. For more details, call the Jimmy Doolittle Center at 723-3731.

### Apr 4 FREE Lunch For Club Members

Club membership pays and club members are sure to enjoy Members Monday on April 4th. Club members will receive a free lunch the first Monday of each month (not to exceed \$9.50). Simply stop by the Jimmy Doolittle Center, Rockers Bar & Grill, Rough Riders, or Kelley's Place and show your club card to receive your complimentary lunch. Offer valid for lunch only. Lunch hours vary by location. One lunch per card.

#### Apr 5 Visit The First Princess

Come vist with the First Princess on Tuesday, April 5th from 9:30-11 a.m. at the Lil' Riders Playland inside Rough Riders Pizza. Children can enjoy games and face painting during this FREE event. Call Rough Riders at 727-4377 for more details.

### Apr 8 Grill Your Own Steak Night

The Jimmy Doolittle Center invites you to their Grill Your Own Steak Night on April 8th from 5-7 p.m. Pick your own delicious ribeye steak (fresh cut to size), chicken breast, or portabello mushroom and cook it on the patio over a charcoal grill. Cost is \$1.50 per ounce for steak and \$4.50 for either a chicken breast or portabello mushroom. To make your meal even more delicious, the Doolittle Center is featuring a potato bar with all the fixin's, marinated salad, and garlic medallians. The potato bar is free for club members and \$7 for non-members. For more information, call the Jimmy Doolittle Center at 723-3731.

### Youth Baseball & T-Ball Registration

The Youth Center is holding Youth Baseball & T-Ball registration now through April 29th for youth 3-13 years of age. Cost is \$40. Youth Center membership is required. The season is scheduled to begin on May 24th. The Youth Center depends on volunteer coaches to help make the season a fun experience for all participating youth. If you are interested in volunteering, please stop by the Youth Center. For additional registration information, contact the Youth Center at 723-2838.

Applications Now Being Accepted For The 2016 Teen Aviation and Space Camps For details, call the Youth Center at 723-2838





### Apr 1 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on April 1st from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For additional information, call Rockers Bar & Grill at 727-ROCK.

### Apr 6 Single Airmen Slice Night

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For additional information, contact Rough Riders at 727-4377.

drafts for \$2. For details, call 727-ROCK.

### Apr 9 Country Night & Karaoke

Come out and boot scoot across the dance floor with your partner during Country Night & Karaoke on Saturday, April 9th at Rockers Bar & Grill. The fun starts at 9 p.m. and continues until 2 a.m. This event is FREE to everyone. For more information, call Rockers Bar & Grill at 727-ROCK.

### Apr 15 Run & Row Relay Challenge

The McAdoo Fitness Center is hosting a 2 Person Run & Row Relay Challenge on Friday, April 15th beginning at 3:30 p.,. at the outdoor track. Sign-ups are required; register at the Fitness Center from April 8-15. The event is open to all DoD I.D. card holders 16 years of age and older. For additional information, contact the McAdoo Fitness Center at 723-2145.



Tanner Fortenberry turned 3 on March 25!

### Join the Birthday Club!

E-mail your name, address, phone number & birth date to birthdayclub@5thforcesupport. com along with a color photo (.jpg format). Please submit request for child's birthday wish a minimum of 10 days before birthday.

### Visit our website at www.5thforcesupport.com

### **Opening avenues for** people with hearing AIDS/cochlear implants to hear sweet music

#### **MINOT STATE UNIVERSITY**

nce again, Minot State University and the Minot Sertoma Club are partnering to make another MSU facility more enjoyable for people with hearing aids and cochlear implants. This time, Minot Sertoma has a \$5,000 matching grant from the St. Joseph's Community Health Foundation of Minot to install an induction loop system at MSU Summer Theatre's Amphitheater.

Last June with MSU's endorsement and matching funding from the Minot Area Community Foundation, Minot Sertoma contracted to install induction looping in Ann Nicole Nelson Hall, a performance hall.

"The amphitheater is just another step in making these area performance theaters useable by those with hearing devices equipped with telecoils, said Neil Scharpe, Minot Sertoma board chair.

Induction loop systems turn sound into a magnetic wave which can be then picked up by a hearing aid equipped with a

telecoil. The magnetic wave is translated back to sound directly to the listener without the usual background noise often experienced by those with hearing devices.

To celebrate this milestone, the Minot Sertoma Club is providing a voucher for the March 31-April 3 production of "Joseph and the Amazing Technicolor Dreamcoat" or the first performance of Summer Theatre to anyone with a hearing aid or cochlear implant. Vouchers can be obtained by contacting a hearing professional or contacting the club directly at 858-3596. Club members are asking those with vouchers to complete a listening experience survey to receive feedback on their experience.

Sertoma, derived from its mission of service to mankind, is a century-old international service club with a focus on hearing health. The Minot Sertoma Club has a 56-year history of emphasizing that mission in the Minot area.

For questions, contact Scharpe at neil.scharpe(a) minotstateu.edu.

### **Kevin Johnson to Perform In** Minot, N.D. on April 8th, 2016

**MINOT STATE UNIVERSITY** 

Tenn. – (March 15, 2016) – Kevin Johnson's show will not only be a one of a kind experience with different variations of ventriloquism; but you will have a good time with your family laughing and witnessing the magic of Kevin with his beloved puppets Matilda and Clyde at Ann Nicole Nelson Hall - MSU on Friday, April 8th, 2016 at 7:30 p.m. as the last of the International Artist that." Series of Minot subscription concerts this season. Single event tickets are available at \$30/adult and \$15/student at the door or on the website. To purchase event tickets

or to get more information

on the new International

Artists Series of Minot's

2016-2017 subscription

association's website at

www.minotconcerts.org,

contact 701-838-1113, or

email at iasminot@srt.com.

bird" subscription tickets at

The International Artists

the door for the next 2016-

17 subscription season.

Series of Minot has also

sponsored a free matinee

Johnson on Friday, April

8th at 10:00 am at Nelson

commitment to support

arts education in Minot.

hall as part of their ongoing

performance by Kevin

We are now selling "early

series, please visit the

ASHVILLE,

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the Natl. Endowment for the Arts.

"He had two things going on at once...very, very impressive. I've never seen anything like

- David Letterman, The Late Show

KevinJohnson PRESSKevin has been a ventriloquist nearly all his life. He was

introduced to the stage by his grandfather Harley Noles, who performed magic shows throughout Colorado. Having no formal training, he taught himself the art of ventriloquism at age nine and continued over a four year period. Kevin is mostly recognized from his 2006 appearance on NBC's primetime show America's Got Talent. More than 18 million viewers were amazed by his "Godzilla Theater" and Simon Cowell told Kevin, "America loves you."



The International Artists Series of Minot, North Dakota has been presenting internationally acclaimed artists to the community since 1947. The all-volunteer non-profit board is committed to 'bringing artists and audiences together' and enriching the cultural life of the greater Minot community through live perfor-mances offered at affordable, family friendly prices.

> Furthermore, In February 2007, Kevin achieved one of his lifelong goals when he appeared on The Late Show with David Letterman. In addition to that Kevin has performed nearly 9,000 shows over a 9 year run at San Diego's Legoland California Theme Park in which he was nominated for the Big E Awards through IAAPA. In addition to that he was the winner of "Best Male Performer" in 2004 and 2006 (he is the only performer to be recognized twice)!





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### Laura Larson, M.S., LPCC is now seeing clients for mental health needs at

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lease call for more information or to schedule an appoint-ment. 852-4600. Northland Community Health Center is located in the Arrowhead Mall in Minot.

Northland Community

## COMMUNIT

### MEETING Monday, April 4th at 7pm

Holiday Inn Riverside Join us and get your luminaria bags for \$5!

**Survivor Dinner** Sunday, June 5th at 5 pm

To reserve your spot, email www.minotrelay.com or call 701.838.7047



## CLASSIFIEDS

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- Student Intern Drafting (Summer 2016) Bismarck, ND
- · Mechanic II AVS (six openings) Beulah, ND
- Student Intern IST (Support Center) Bismarck, ND

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### northernsentry **Paper Locations**

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- Simonsons Station Store | 1312 S. Broadway
- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Tesoro | 7141 Highway 2 E
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
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- North Hill Marketplace | 2215 16th St NW
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NORTH DAKOTA THE NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

#### **Chapel Contract Position** Available. Catholic

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Community Coordinator: Two years of experience in basic office management to include Roman Catholic office administration is preferred. If interested, please obtain a copy of bid documents at Northern Lights Chapel.

Resumes and sealed bids are due NLT 15 April 2016 by 1600, and can be submitted to SSgt Smith at Northern Lights Chapel. Basis of the Contract Award is "Best Value" to the government. Interviews will be conducted at North Plains Chapel on Tues, 19 April 2016. A background check is required to be conducted per DoDI 1402. For more information, please contact the Chapel: 723-2456.

### LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING? Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. opportunity employer and a drug free workplace Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Gail Petersor by E-mail or phone at gpeterson@kalixnd.org (701)833-6559 **Domestic Violence Crisis Center** is accepting applications for **EXECUTIVE DIRECTOR** Responsible for the mission, vision,

strategic direction, & overall operations of the Domestic Violence Crisis Center.

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Qualifications

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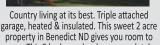
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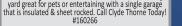
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