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Videos



Winter Games 16

MINOT AIR FORCE BASE, N.D. -- Team Minot Airmen competed against each other for the Commander's Cup during the 2016 Winter Games at Minot Air Force Base, N.D., March 23, 2016. Some of the team competitions included volleyball, dodgeball, basketball, water polo, soccer and a rock climbing relay. The games also hosted individual challenges such as rowing, benching and burpees.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS J. T. ARMSTRONG
A B-52H Stratofortress takes off during a flyoff at Minot Air Force Base, N.D., Oct. 8, 2015. The flyoff was a rapid launch exercise to test the 5th Bomb Wing's ability to swiftly put aircraft in the air.

B-52 conducts long-range training with Colombia

U.S. STRATEGIC COMMAND

OFFUTT AIR FORCE BASE, Neb. -- A B-52 Stratofortress from Minot Air Force Base, North Dakota, conducted a long-range training sortie to engage with South American military partners, April 1-2, 2016.

During the course of the 27-hour non-stop mission, the aircrew trained with the Colombian Air Force before executing a flyover of the Feria Internacional del Aire y del Espacio in Santiago, Chile.

"This bomber mission is just one of many demonstrations of our ability to maintain a credible strategic defense force," said Adm. Cecil D. Haney, U.S. Strategic Command commander. "Within the last year, U.S. Strategic Command bomber forces have conducted missions with Canadian, Colombian, Australian and Jordanian forces in national and international airspace. In addition to the outstanding training value realized by the U.S. and our partners, these missions demonstrate the credibility of our forces

to address a global strategic and security environment that is more diverse and uncertain than at any time in our history."

U.S. Strategic Command routinely displays its capability to command, control and conduct global bomber missions, most recently by deploying B-52s into the U.S. European Command and B-2 Spirits into the U.S. Pacific Command areas of responsibility last month.

One of nine DoD unified combatant commands, USSTRATCOM has global strategic missions, assigned through the Unified Command Plan, which include strategic deterrence; space operations; cyberspace operations; joint electronic warfare; global strike; missile defense; intelligence, surveillance and reconnaissance; combating weapons of mass destruction; and analysis and targeting.

For more information, contact the USSTRATCOM Public Affairs Office at 402-294-4130 or PA@stratcom.mil, or visit www.stratcom.mil.



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Bombs Away!

AIRMAN 1ST CLASS JESSICA WEISSMAN | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Since the Vietnam War, the M-117 bomb has been in the U.S. Air Force's weapon stockpile. This 750-pound general purpose bomb, once used for combat missions, is now solely used for pilot training.

With only a couple hundred bombs still in their inventory, Minot Air Force Base's 5th Munitions Squadron completely phased out the remaining bombs on March 30, 2016.

Beginning on March 22, 2016, munitions Airmen took the final step before loading the last of the bombs onto the aircraft. The lowest ranking munitions Airman placed the clip on the arming wire and a Major trimmed the wire to the proper length.

"I was there for the first continuous bomber presence in 2004, and since then the Air Force decided to demilitarize the M-117," said Master Sgt. Larry Cartwright, NCO in charge of conventional maintenance



U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG
Airmen from the 5th Munitions Squadron assemble Minot Air Force Base's remaining supply of M117 bombs at Minot AFB, N.D., March 22, 2016. The M117 is an air-dropped 750 lb. general purpose bomb that was used extensively with the B-52 during the Vietnam War. The B-52 is the only airframe that can carry the M117. Minot's last M117 was dropped March 30.

assigned to the 5 MUNS. "However, someone had the idea to use this as training instead of paying money to just get rid of them."

Munitions Airmen here built over 100 M-117s in the last few months.

"The only struggle we really had with building the bombs was rusted threading," said Airman 1st Class Blake Bradley, conventional maintenance



crew member assigned to the 5 MUNS.

"We put a fin on the bomb and fuse it together," said Cartwright. "These bombs are so old that we do not use electrical fuses and there is no laser guidance. The metal fin on the back adds aerodynamic stability. It only takes us between 3-8 minutes to build one bomb.

Once this bomb is dropped from the B-52 Stratofortress,

the nose fuse lines up the components and will detonate on impact, said Cartwright.

"My instructors in Tech School 22 years ago said I would never see an M-117," said Cartwright. "I have probably seen more M-117 bombs than any other bomb."

Now that the last of these bombs have been dropped, B-52 aircrews and munitions Airmen can focus on training with newer bombs rather than bombs manufactured in the mid-1950s.

"It is crazy that this is the first time the Air Force has ever said they want to just completely get rid of something," said Bradley. "I've only been in the Air Force for about a year now, so it's awesome to be happening already in my career."

Airmen discuss one of the little-known best jobs in Air Force

CHERYL PELLERIN | DOD NEWS, DEFENSE MEDIA ACTIVITY

WASHINGTON (AFNS) -- If you're an Airman with technical skills, an outstanding performer who always meets physical training standards and has completed all military and other education requirements, the 844th Communications Squadron may have a job for you.

The jobs themselves vary,

but all involve working as part of the executive travel communications teams for the secretary and deputy secretary of defense, chairman and vice chairman of the Joint Chiefs of Staff, and secretary and chief of staff of the Air Force.

The work is tough, the training technical, the standards stringent and

the travel is plentiful, with about 60 to 120 non-consecutive travel days a year, according to Airmen now doing the four-year controlled tour.

One of Defense Secretary Ash Carter's travel team members is Staff Sgt. Cody Corley, who's part of the team's Residential Command Post, or RCP, section.

Corley's job is to stay close to the defense secretary -- no more than two minutes or two doors away at any given time -- to ensure that the secretary has nearly instant access to whatever he needs to communicate anywhere in the world 24/7.

The six phones, printer-scanners and other communications devices that Corley carries in two bags and a hard case are state of the art, and the former radio-frequency transmissions specialist has been trained to use them.

He also has a special appreciation for the less technical aspects of the work.

"A lot of jobs leave you wondering, 'What is my mission? What is my impact on the big Air Force?'" he said during a recent DOD News interview. "But I can tell you (that during the Jan. 12 capture of U.S. Sailors by Iran), when you

hand that phone over and the secretary is making plans to help those guys out, you see firsthand the impact you had."

Executive travel communication

Corley, like everyone else in the RCP job, first spent three years as a member of the secretary's Executive Travel Communications team. Tech. Sgt. Glenn D. Andrews Jr. is a team chief now with the secretary's travel team.

Andrews and fellow team members travel with Carter on his military aircraft during domestic or international trips to prep, test and transport a range of communications equipment from the plane, and to and from each hotel in every state or country the secretary and his delegation visit.

On the plane his team provides the secretary and his immediate staff with everything they need for secret and top-

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FACEBOOK

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Continued on page 6

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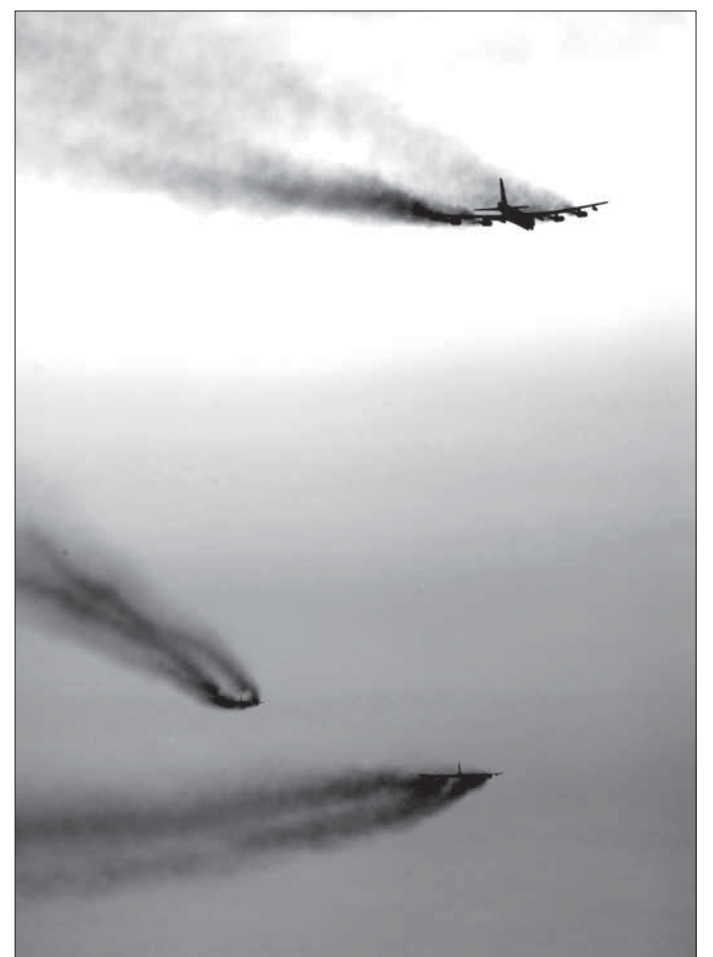
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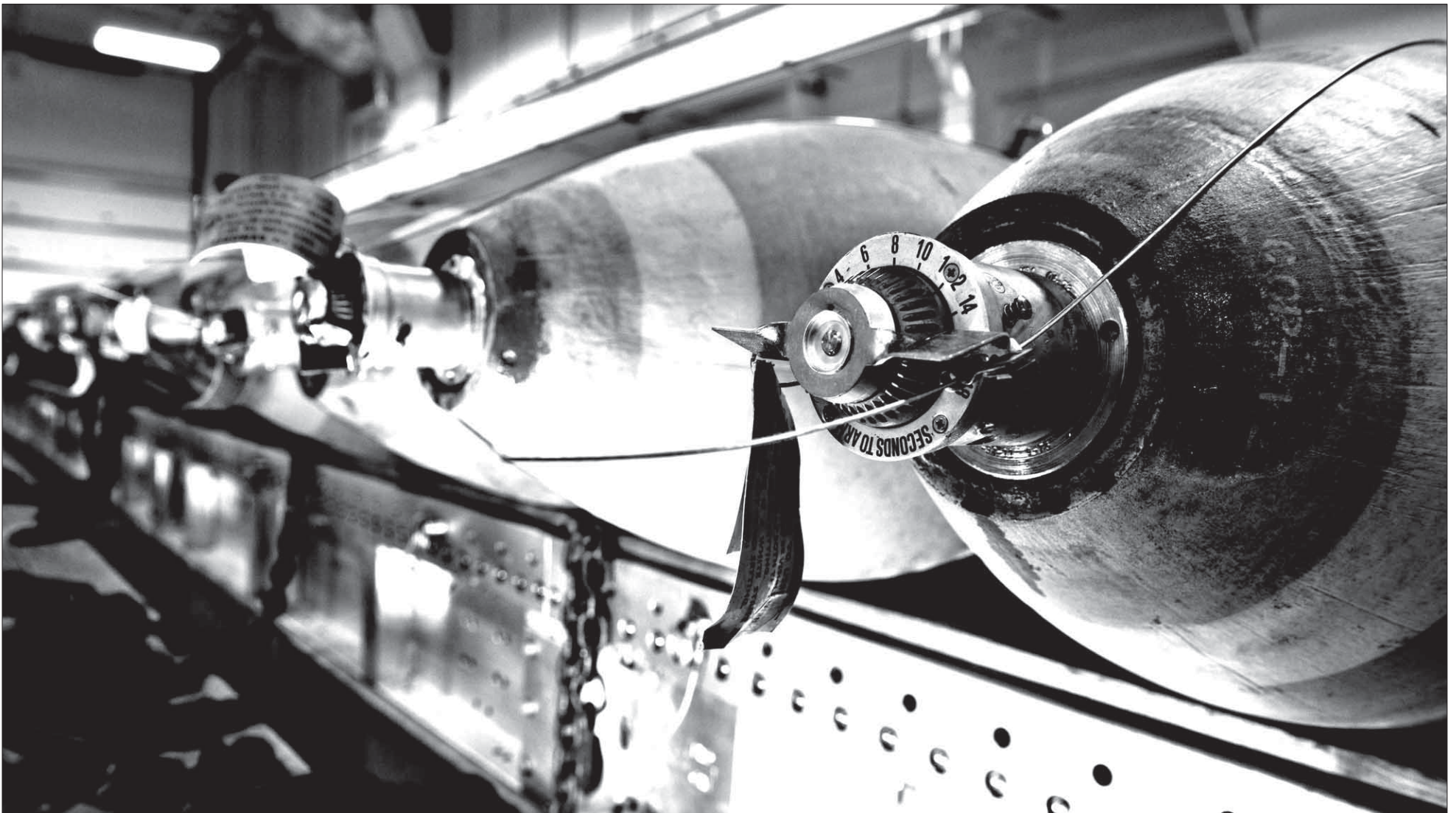




{END OF AN ERA WITH THE LAST M117S}

Airmen from the 5th Munitions Squadron assemble Minot Air Force Base's remaining supply of M117 bombs at Minot AFB, N.D., March 22, 2016. The M117 is an air-dropped 750 lb. general purpose bomb that was used extensively with the B-52 during the Vietnam War. The B-52 is the only airframe that can carry the M117. Minot's last M117 was dropped March 30.

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AIRMEN DISCUSS from page 2

secret communications, including secure phones, computers, Wi-Fi, scanners, and printers.

"Once we get (to a location) we take whatever gear we have and all the luggage off the aircraft and convoy or motorcade to the hotel," he said, where a two- or three-member advance team will have done initial preparations for rooms for the secretary and his delegation, and for comms and security rooms.

In the comms room, he explained, the team sets up more communications gear, including laptops, secure video conferencing equipment, shielded tents for secure comms, scanners, printers and other devices.

All team members are trained to the same standard, Andrews said, and over time, and after receiving technical certifications, they advance from team member to site lead, managing small teams at advance sites, and

then to mission lead, which is Andrews' role now.

In that job he oversees operations at each location during the secretary's entire trip.

"I like the job," he said. "It's been a very rewarding experience. I've been here five and a half years now. It's a four-year tour for us and I like it so much I've extended two more years. We get to see a lot of interesting places that we wouldn't get to see otherwise."

The travel team for the chairman/vice chairman of the Joint Chiefs of Staff is also part of the 844th CS.

CJCS travel team

The job description for this travel team is drier than the actual experiences of those who lead and execute the mission.

"Member deploys to locations worldwide providing a full-spectrum of aircraft and ground communication packages to include secure and non-secure voice, video, data and satellite network services," the job description reads.

On this team, Tech. Sgt. Ben Davis is a communications team leader.

"I provide executive travel communication to the chairman of the Joint Chiefs and the vice chairman," he said. "Anytime they're outside the National Capital Region at least one of us is with them to provide communications at the highest level."

He added, "We use commercial off-the-shelf equipment so we're always looking for the newer, lighter, faster equipment so we're not pigeonholed by anything that's specifically military."

As on the defense secretary's executive travel team, CJCS travel team members all are trained to the same standard. Within the team, the three positions are and progress from team member to site lead to mission lead roles.

The chairman's team also supports the Air Force secretary and Air Force chief of staff, and Master Sgt. Josh Wessling leads those missions when they travel outside the National Capital Region.

"In addition to providing that secure and non-secure voice, video and data reach-back to the Pentagon, we're also responsible for logistics on the ground -- equipment, movement, room check-in and checkout, luggage bag drags, all the logistics that enable the principals, the CSAF and his staff, to engage in their official itinerary," Wessling said.

"We're basically the brains of the operation

behind the scenes," he added, noting, "I'm personally in charge of making sure that (Air Force Chief of Staff Gen. Mark A. Welsh III), while he's on the ground, has anything and everything he needs to communicate back to the Pentagon ... at any time of day or night."

Tech. Sgt. Richard Carter is also part of the CJCS travel team.

"I'm the low man on the totem pole," he said. "I'm still in my training mode for site lead and mission lead, so if I go on a trip with Sgt. Davis, he's the site lead and I'm the team member."

On the team's training process, Wessling said, "Roughly a year and a half into your four-year tour we're going to expect you to be fully qualified, and when and if the opportunity presents itself, for you to step into a team chief slot, giving you approximately two years to serve as a mission lead team chief."

When the team thinks about hiring, Wessling said they review applicants' performance reports to look for outstanding performers, they check PT scores to make sure they can physically perform, and they look at military records to make sure applicants hold all required professional military and other education credentials.

Airmen who succeed in the job usually have certain personality traits, Davis said.

"Some people get nervous when they're looking people who control the military in the face and they're asking you questions directly, sometimes not in a very good mood. You need to have a distinct personality to be able handle that," he added.

Airmen can find ads for these jobs in the Air Force Assignment Management Systems and Wessling said there are financial benefits for team members supporting the secretary and other leaders.

"Civilian clothing allowances, extra money to wear a suit and tie on the road, and we get special-duty pay ... as a way of saying what (team members) are doing is above and beyond your normal Air Force responsibilities," he said.

On top of their base pay, Wessling said team members get \$75 a month, site leads get \$150 a month and mission leads get \$225 a month.

"So when we all leave here we're taking a huge pay cut to go back to the Air Force," he said. "But you're going back a better leader and a better Airman, for sure."



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MINOT AIR FORCE BASE, N.D. The Army & Air Force Exchange Service is giving active duty members and their families a reason to look forward to Tax Day by doubling the discount Military Star credit card holders receive on gas.

From April 15 through April 17, drivers paying with a Military Star credit card at the Minot Air Force Base, North Dakota gas station will receive 10 cents off per gallon instead of the everyday discount of 5 cents off per gallon.

"To take some of the stress out of filing taxes, we're giving shoppers an

extra reason to come on the installation to discover what the Minot AFB Exchange has in store this spring," said Kristine Cowley, general manager of Minot AFB Exchange. "The extra savings at the pump are just one way the Exchange gives back to the military community."

When drivers use their Military Star credit card at the pump, they will also earn points as part of the new rewards program, which launched this fall. Cardholders earn 2 points for every \$1 spent in Army, Air Force, Marine Corps and Navy exchange stores, and wherever else the

Military Star credit card is accepted. For every 2,000 points earned, shoppers will automatically receive a \$20 rewards card.

Every day, shoppers benefit from paying with their Military Star card. Besides the usual 5 cents off per gallon on gas purchases, cardholders enjoy a 10 percent discount on all Exchange food court purchases year-round and free standard shipping at shopmyexchange.com.

For information about the features and benefits of the Military Star credit card, shoppers can visit www.MyECP.com.

Outbreak of Mumps in North Dakota

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – The North Dakota Department of Health (NDDoH) has received 14 reports of mumps since Feb. 24, 2016. Eight of the cases were reported from Ward County. The age range of cases is 14 to 86 years. The NDDoH is urging North Dakotans to be sure they have received their MMR vaccine. Anyone with symptoms of mumps should be evaluated by a health care provider, and, if they have mumps, stay home for five days after symptoms started, and avoid contact with others.

Mumps is a viral illness best known for the puffy cheeks and swollen jaw that it causes as a result of swollen salivary glands. The most common symptoms include:

- Fever
- Headache
- Muscle aches
- Tiredness
- Loss of appetite
- Swollen and tender salivary glands under the ears on one or both sides

(parotitis)

Mumps is generally a mild illness, but can cause complications, such as deafness, and inflammation of the testicles, brain, and ovaries. Symptoms may appear from 12 to 25 days after infection. People with symptoms are recommended to see a health care provider for testing, because other illnesses, including influenza, can cause parotitis.

"The best way to prevent mumps is to be vaccinated," according to Molly Howell, Immunization Program Manager for the NDDoH. "The MMR vaccine protects against measles, mumps, and rubella. All children are recommended to receive MMR vaccine at 12 to 15 months of age and again at 4 to 6 years of age. MMR vaccine is required to attend child care, school, and colleges in North Dakota. People born before 1957 are generally considered immune to mumps due to the high rate of infection at that time."

Only two of the mumps cases had a history of two

doses of MMR vaccine

"It is not surprising to see mumps cases in vaccinated individuals," said Howell. "The mumps component of the MMR vaccine is about 88 percent effective, according to the Centers for Disease Control and Prevention. MMR vaccine is the only tool that we have available to prevent mumps; 88 percent is a lot better than not being vaccinated at all. People who have received two doses of the MMR vaccine are about nine times less likely to get mumps than unvaccinated people who have the same exposure to mumps virus."

Mumps spreads when an infected person coughs or sneezes. A good way to prevent transmission of mumps is to practice good hygiene habits; regularly wash hands with soap and water, sneeze and coughing into a tissue or your elbow, and avoid sharing drinks, food and utensils.

For more information, contact Molly Howell at mahowell@nd.gov, or at 701.328.2378.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



"It has always been my private conviction that any man who pits his intelligence against a fish and loses has it coming."

– John Steinbeck.

Over the past several years the N.D. Game and Fish Department has adopted a philosophy that suits most anglers just fine – the idea of having fishing regulations be as broad-based, simple as possible. That's not to say they don't change as needs arise and more biological information or science becomes available.

North Dakota has more than a century of fishing regulations. It's intriguing to see how things like walleye and sauger limit and size restrictions evolved in the time since automobiles were a novelty.

A century ago, anglers across the state generally fished for northern pike, bullheads, and sauger. Walleye were considered a prize because while native to a few of the state's waters, they were more like a treasured novelty than an expectation.

Game and Fish Department fisheries division chief Greg Power perused historic files to see how walleye and sauger regulations changes over the years. Here are some of his findings:

*Statewide daily walleye limits varied from five to 15 fish between 1911 and 2016.

*What hasn't changed for decades, though, is the current five-fish daily walleye limit.

*In 1968 the Missouri River system didn't have any walleye or sauger limits. That's not a size limit, that's quantity. Yup, in 1968 anglers on the Missouri River and Lake Sakakawea could catch any number of walleye they wanted in a day.

*Most walleye length restrictions were minimum size limits not slot or maximum restrictions and typically ranged from 8- to 16-inch minimums.

*Even though the Game and Fish Department's management philosophy in recent years has been to try to keep restrictions to a minimum for specific lakes, even today some lakes have various walleye size

limits. However, there was a 30-year span when there weren't any size limits on any water body anywhere in North Dakota.

*The statewide daily limit from 1911 through 1914 was 15 fish but that included a combination of bass, crappie, perch, northern pike, trout, and walleye.

*There was also an 8-inch minimum walleye and sauger limit statewide from 1911 through 1914.

*Daily and possession limits remained the same from 1915 through 1930 but the statewide walleye and sauger minimum length restriction increased to 10-inch minimum.

*Daily and possession limits changed in 1931 and until 1948 anglers had a 10-fish daily limit for a combination of walleye, sauger, and pike. Possession limit those years was 20 for the three species.

*The statewide minimum walleye and sauger length changed to 14 inches from 1949 through 1954 while daily walleye, sauger, and pike limits dropped to five with 10 in possession.

*Statewide walleye and sauger length limits were removed in 1955. Length restrictions weren't put on again until 1987 and that was only for two specific lakes.

*Since 1987, at least one lake has had some type of walleye and sauger length restriction but at no time have the number of lakes with length restrictions exceeded 12 throughout North Dakota.

*Ten lakes in the state have had a 14-inch minimum walleye and sauger limit since 2012. That will continue through the end of the current fishing regulation period, which ends March 31, 2018.

*Missouri River System walleye and sauger daily and possession limits generally mirrored statewide regulations with the exception from 1968 through 1980 when daily limits varied from none (1968) to 10 (1976 – 1980).

THE TOP 12 PLACES FOR GREAT SOUL FOOD IN THE SOUTHERN STATES



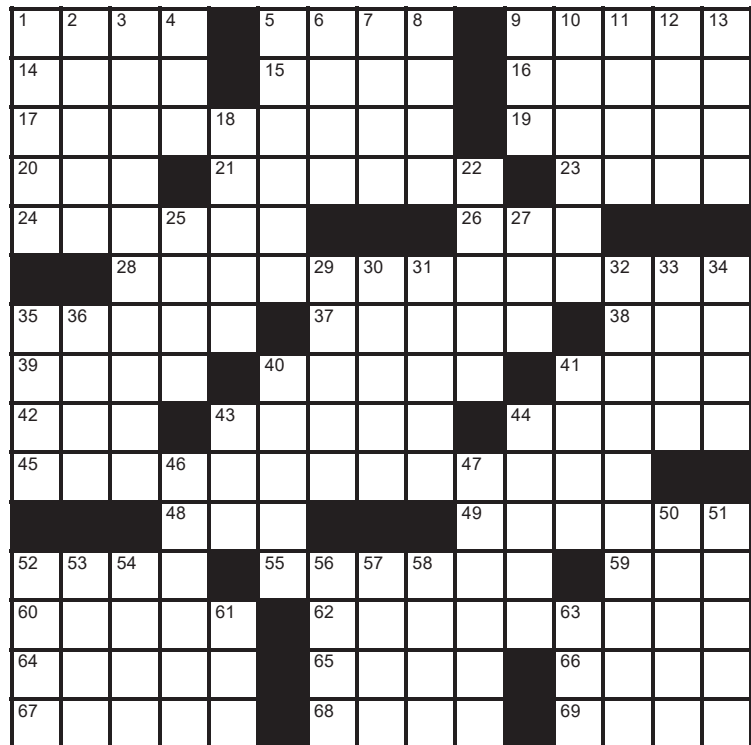
#1 BULLY'S - JACKSON, MISSISSIPPI

Bully's has been a fixture in Jackson, Mississippi since 1982 when Tyrone Bully and his father opened up a soul food spot to keep local factory workers going through the day. Being former masons, they also built the restaurant. Most of the staff at Bully's have been here for years, with prep chef Jacqueline Tard starting over 30 years ago, and they still serve up soul food that gets five-star ratings on TripAdvisor. They say Jesse Jackson used to dine here in the days when he was running for President, as have many of the artists who have recorded at nearby Malaco Records. On the menu are soul food classics like fried catfish, ham hocks, chitterlings, neck bones, and pig's feet.

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CROSSWORD PUZZLE

Continental Challenge



Across

- 1 Drone, e.g.
- 5 Map
- 9 Lively
- 14 Subj. with graphs
- 15 Defaulter's loss
- 16 Variety show
- 17 Heavy kettle
- 19 Scare
- 20 Tulsa coll.
- 21 Bitter tasting
- 23 Data
- 24 Taj Mahal, e.g.
- 26 Time of one's life
- 28 Morning side
- 35 Casual pants
- 37 Milk, cheese, etc.
- 38 "I think," briefly
- 39 Decides
- 40 URL shrinking site
- 41 In addition
- 42 Born in France
- 43 Earth's shape
- 44 Mouthing off
- 45 Rash cause
- 48 Prehistoric
- 49 "Psst!"
- 52 Let out
- 55 Goes diving
- 59 RR stop
- 60 Make use of
- 62 Hearty pub meal
- 64 Copycat's words
- 65 Knight fight
- 66 "Try this!"

Down

- 1 Red Bordeaux
- 2 Lexus rival
- 3 Classic loafer
- 4 S.A.S.E., e.g.
- 5 ___ Harum
- 6 Author Primo
- 7 Newspaper piece
- 8 Novelist Morrison
- 9 Car protector
- 10 Bas ___
- 11 ___ the Terrible
- 12 Ride the waves
- 13 ___ Sabe
- 18 Executes, in a way
- 22 Toyota model
- 25 Getaway spots
- 27 Chap
- 29 "Eat crow," e.g.
- 30 Composer Erik
- 31 "Broom ___"
- 32 Saving protocol
- 33 Radio host Don
- 34 Nibble
- 35 Author Erica
- 36 Foil alternative
- 40 Gives in
- 41 Hunted
- 43 Country lass

- 44 ___ and blood
- 46 Court request
- 47 National forest in California
- 50 Comic Cheri
- 51 Single
- 52 Cloverleaf exit
- 53 By any chance
- 54 Port. is part of it
- 56 Credit card name
- 57 "Mitla Pass" author
- 58 Unwelcome mail
- 61 Register
- 63 ___ Na Na

Solution to last week's Crossword puzzle.

M	C	C	O	Y		I	M	U	P		A	J	A	R	
C	R	E	P	E		C	A	R	R		F	I	R	E	
J	U	L	E	S		V	E	R	N	E		I	M	I	N
O	D	I	N		L	A	Y		D	Y	E	V	A	T	
B	E	E	S	W	A	X		V	I	O	L	A			
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A	C	H	E		A	S	I	S		M	E	E	C	E	
P	O	T	S		R	E	N	E		P	R	A	T	S	



Monster Mash

There's big trouble above and below in '10 Cloverfield Lane'

NEIL POND | PARADE MAGAZINE

Waking to consciousness after a car crash on a dark highway, a young woman, Michelle (Mary Elizabeth Winstead), finds herself on a pallet in a leg brace, hooked up to an IV drip—and chained to the wall of a subterranean concrete bunker.

"Please let me go," she fearfully, tearfully begs when she meets the man who brought her there as he delivers a tray of food. "There's nowhere to go," Howard (John Goodman) calmly tells her. "Everyone outside of here is dead."

There's been an attack, he explains, a big one—maybe chemical, maybe nuclear, maybe Russians, maybe Martians. "Luckily," he reassures her, "I'm prepared."

So begins 10 Cloverfield Lane, the "little" movie—with a small ensemble cast of three, filmed almost entirely in a tight, enclosed set—that comes with such big expectations. Beginning as a script called The Cellar, it later enlisted the writer-director of the critically lauded Whiplash, Damien Chazelle, to "whip" the screenplay into something with a bit more bite. When Midas-touch super-

star producer J.J. Abrams came onboard, fresh off the blockbuster buzz of Star Wars: The Force Awakens, and changed the title, fans went crazy with frenzied speculation: How would this movie connect to Cloverfield, the 2008 surprise-hit monster-movie smash about an extraterrestrial attack, that he also produced?

Questions abound in (and about) 10 Cloverfield Lane, and if you want them answered, well—you're just like the characters. And also like them, you'll have to stick around to the end of the film, a terrifically tense, tightly wound underground psychological thriller that eventually explodes wildly, violently upward and outward.

Is Howard an overzealous doomsday prepper, a conspiracy-theorist nut-job, a grieving father, a U.S. Navy vet who went off the deep end, all of those, none of those, or something else entirely? Why was Michelle in such a hurry to leave town that night? And what about Emmett (John Gallagher Jr.), the other guy in the bunker? What are those noises? Cars? Helicopters? Spaceships? Is the air outside really as contaminated as Howard says?

The mysteries mount, the clues pile up, the screws turn tighter and tighter, the distrust deepens, and claustrophobia and paranoia permeate every frame. Debut feature director Dan Trachtenberg, working with cinematographer Joe Cutter and production designer Ramsey Avery, creates an underground mini-labyrinth that teems with the details of Howard's scarily obsessive mind—like a show home stocked from the Armageddon bargain bin of Bed Bath & Beyond.

Howard, Emmett and Michelle eat meals, play old board games, work jigsaw puzzles and listen to classic rock on an old jukebox in an artificial, increasingly edgy loop of normal domestic life. Frankie Valli's "Venus" and Tommy James' "I Think We're Alone Now" never sounded so ominous and foreboding.

When things really break loose, in the movie's final sequence, fans of the original Cloverfield will finally be able to see just how this movie connects to the previous one. And as the address in the title suggests, monsters can come in all shapes and sizes, in all kinds of places, above us, below us and even right beside us.

SUDOKU

Solution to puzzle on page 18

		1	2			3		
			3		4		5	
6			7				8	
		2			6			
5								1
						4		9
	4				1			3
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		5			8	6		



Strawberry Cream Cheese Bread



INGREDIENTS:

- 1/2 cup butter, softened
- 1 cup sugar
- 4 ounces cream cheese, softened
- 2 eggs
- 1 teaspoon vanilla extract
- 2 cups flour
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon Kosher salt
- 1/2 cup buttermilk
- 1 1/2 cups strawberries, rinse, dried and chopped

INSTRUCTIONS:

1. Grease and flour a 9x5 inch loaf pan.
2. With electric mixer cream butter, sugar and cream cheese until fluffy. Add eggs one at a time. Mix in vanilla.
3. In separate bowl, mix flour, baking powder, baking soda and salt. Blend flour mixture with butter mixture just until blended. Add buttermilk and only stir until just combined; do not over mix.
4. Carefully fold in strawberries. Dough mixture will be thick.
5. Bake in a 350A°F oven for 50-60 minutes.
6. Let it cool for at least 15 minutes before removing from pan. each side. Invert onto paper towels. Repeat with remaining batter. To serve, fold pancake in half, spread with 1 Tbsp lemon curd and fold in half again. Dust with powdered sugar and serve with fresh raspberries and sweetened sour cream.

WAXING THE CITY

JAMES AND CARMEN BUCKMEIER | WAXING THE CITY

Minot, ND – Smooth skin is always in, and by the end of April, Waxing the City, a unique waxing studio devoted solely to the art of waxing and known for its expertise and specially formulated waxes, will be opening its doors to the Minot community to remove unwanted hairs and boost self-esteem. Waxing the City Minot will open at 305 20th Ave SW (next to Anytime Fitness South) on April 19th offering head to toe waxing services for both men and women in Minot.

The studio will open under the leadership of franchise owners, James and Carmen Buckmeier, owners of both Anytime Fitness gyms in Minot.

“We believe that waxing is a lifestyle, not just an occasional treat,” said Carmen. “Our clients – men and women of all ages – want to look well-groomed and neat at all times, and we make that happen with the latest in shaping and removing unwanted hair. Not only will they look great, but they’ll feel great, too. That’s why we’re excited to bring our expertise and passion for waxing to Minot.”

Waxing the City’s extensively-trained technicians are experts concentrating exclusively on providing waxing services in a clean, inviting and urban-chic environment. Waxing the City excels at providing luxurious and comfortable waxes by using two custom-formulated waxes -- a hard wax with a beautiful blue color made with Azulene, an ancient oil that soothes and exfoliates the skin

for facial waxing, and a golden-hued soft wax formulated to comfort the skin as it lifts off even the most stubborn hair during body waxing.

“We offer a full range of services – everything from eyebrows and ears to backs and bikinis – for both men and women,” said Carmen. “Our licensed Cerologists™ are highly-trained to provide an exceptional customer experience and are extremely knowledgeable about waxing. Their passion for what they do illuminates all the reasons to love waxing, including how great you feel after a service.”

Waxing the City has generated strong growth

across the country, even in a down economy, proving its recession resilient model. The franchise expects to open 350 locations by 2018 and boasts a lower total investment and cost structure with a smaller footprint and less build out, making the franchise more operationally efficient.

The Minot studio is open seven days a week, offers convenient appointment scheduling online, welcomes walk-ins, and extends all first time clients 50% off their first waxing service. For more information or to ask any questions, please call 701-839-2929 or text us at 701-557-3829.

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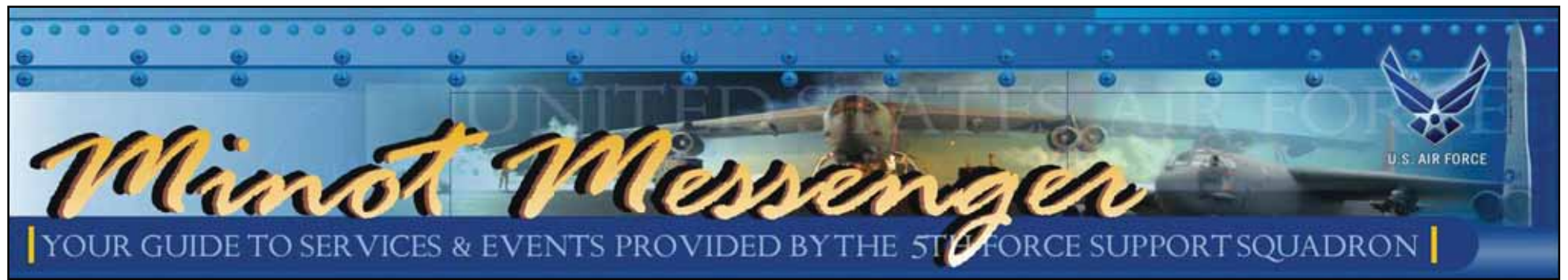
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Variety Of Events At Base Library During National Library Week

National Library Week is an American Library Association sponsored national observance to celebrate and support libraries, librarians, and library services. This year's week is April 10-16. The Base Library is celebrating National Library Week with an Open House featuring refreshments, trivia, prizes, and a treasure hunt game for all ages on Wednesday, April 13th. Visitors can stop by anytime between 11 a.m. and 4:30 p.m. The treasure hunt game will feature challenges such as finding a library location using a close-up picture, decoding the title of a book containing a clue, and a short scavenger hunt. It should take 15-30 minutes depending on how familiar the player is with the library. While library experience helps, it isn't required, and help is always available. The goal is to follow clues to find a hidden treasure and receive a prize.

Regular library programs will be library and literature themed in honor of National Library Week. The Second Saturday kids program at 1 p.m. on Saturday, April 9th has been titled "Shakespeare and More!" and will include a Shakespearean puppet show (adapted and directed by Caroline Huber), puppet and mask making crafts, and an Alice in Wonderland style tea party.

Game Day (anytime between 10 a.m. and 7:30 p.m. on Tuesday, April 12th) will include games that the library has created for various programs including a Greek mythology related "Hero's Quest" game originally created for a program celebrating the Percy Jackson book series and a cooperative



strategy game that was originally created for a Star Wars program for adults and teens.

The Wednesday, April 13th story time at 10:30 a.m. will feature reading and library-related stories and a craft.

Finally, the library's Craft Club for adults will meet at 6:00 p.m. on Thursday, April 14th to learn how to create their own books using a bookbinding technique that is still used to repair old books today. Unlike with other programs, the Base Library asks that those who want to attend the craft club RSVP beforehand (by phone at 723-3344 or by e-mail mafblibrary@gmail.com) to ensure that enough materials are prepared.

For more information about Minot AFB Library programs, visit our Facebook page (Minot Air Force Base Library), Instagram page (Minot AFB Library) or website at tinyurl.com/mafblib.

Enjoy Special MOMC Sunday Brunch At Doolittle Center

The Doolittle Center is hosting a special Month of the Military Child Sunday Brunch on April 24th from 10:30 a.m. to 1:30 p.m. Enjoy a delicious Sunday brunch while the kids visit with Dizzy the Clown for free balloon animals. During this brunch, special kids cuisine will be served and all children receive a free gift.

Grill Your Own Steak Night

The Jimmy Doolittle Center invites you to their Grill Your Own Steak Night on April 8th from 5-7 p.m. Pick your own delicious ribeye steak (fresh cut to size), chicken breast, or portabello mushroom and cook it on the patio over a charcoal grill. Cost is \$1.50 per ounce for steak and \$4.50 for either a chicken breast or portabello mushroom. To make your meal even more delicious, the Doolittle Center is featuring a potato bar with all the fixin's, marinated salad, and garlic medallians. The potato bar is free for club members and \$7 for non-members.

Family Child Care On Minot AFB

As parents, one of the most important decisions that we will ever make is to choose who will care for our children while we are working or attending school. While there are many people to choose from, the goal is to find the best person to meet the needs of the child and the parents.

Because the health, safety and development of all children are so important, it is vital that child care providers be trained to give the best possible care. Keeping this in mind, the current family child care policy at Minot AFB states that any individuals caring for other families' children a total of more than 10 hours a week on a regular basis must be licensed to provide care in on-base quarters. This does not include:

- individuals who occasionally provide care for a friend or neighbor
- individuals providing baby-sitting on an occasional basis for other families
- teenagers doing evening or weekend baby-sitting for families
- child care provided in the parents' own home
- parent cooperatives where one of the parents provides supervision for other parents' children on an exchange basis for social functions and no fees are involved
- temporary full-time care of a child during a parent's absence for temporary duty or deployment by the person listed on the AF Form 357, Family Care Plan.

You can compute the requirements to be licensed by multiplying the number of hours the provider offers care on a regular basis by the number of children in care. For example, if an individual provides care one afternoon a week for 4 children for 3 hours, they must be licensed. Anyone providing more child care than the allowed amount must be approved by the Mission Support Group Commander as a licensed child care provider.

Persons who are suspected of providing unlicensed child care will be sent a written request asking them to complete the licensing procedures. Persons who continue to provide unlicensed care will receive an unannounced visit from the Family Child Care coordinator, accompanied by the Flight Chief, FSS Commander or Security Forces. Persons who continue to provide unlicensed care are subject to the loss of their housing privileges on Minot AFB.

There are many reasons for parents to
Continued on Next Page

CLUB MEMBER DRAWING ON FRIDAY, APRIL 8TH WILL BE FOR \$750.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Apr 12 Family Fun Night With Two Galaxy Fighters

Rough Riders has a very special Family Fun Night scheduled for Tuesday, April 12th. Children can meet two Galaxy Fighters and enjoy games and a craft from 5-6:30 p.m. at Lil Riders Playland. Plus Rough Riders is offering terrific Family Fun Night specials from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Enjoy a delicious meal while the kids burn off some energy in the Lil' Riders indoor playland. For more information, call Rough Riders Pizza at 727-4377.

Apr 15 Family Pizza Night

Family Pizza Night returns to the Jimmy Doolittle Center on Friday, April 15th from 5-7 p.m. Build your own personal pizza from a wide array of toppings, sauces, and crust. Cost is \$5 per pizza for club members of all ages and \$7 per pizza for non-members of all ages. For details, call 723-3731.

Apr 21 Creative Kids Class

Spend the morning with your preschooler creating a Mother's Day mat for framing during the Creative Kids class at the Arts & Crafts Center on Thursday, April 21st from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. For more details, call the Arts & Crafts Center at 723-3640.

Youth Baseball & T-Ball Registration

The Youth Center is holding Youth Baseball & T-Ball registration now through April 29th for youth 3-13 years of age. Cost is \$40. Youth Center membership is required. The season is scheduled to begin on May 24th. The Youth Center depends on volunteer coaches to help make the season a fun experience for all participating youth. If you are interested in volunteering, please stop by the Youth Center. For additional registration information, contact the Youth Center at 723-2838.

YOUNG AIRMEN EVENTS & PROGRAMS

Apr 8 Freaky FREE Friday

Strike up some fun during Freaky Free Friday at Rough Rider Lanes on April 8th from 5-9 p.m. When you purchase 2 games of bowling and shoe rental you'll receive an additional one game of bowling FREE. Gather your friends and family for an enjoyable night of affordable fun. For more details, call Rough Rider Lanes at 727-4715.

Apr 8 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on April 8th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For additional information, call Rockers Bar & Grill at 727-ROCK.

Apr 9 Country Night

Come out and boot scoot across the dance floor with your partner during Country Night on Saturday, April 9th at Rockers Bar & Grill. The fun starts at 9 p.m. and continues until 2 a.m. This event is FREE to everyone. For more information, call Rockers Bar & Grill at 727-ROCK.

Apr 13 Single Airmen Slice Night

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For additional information, contact Rough Riders at 727-4377.

Apr 15 Run & Row Relay Challenge

The McAdoo Fitness Center is hosting a 2 Person Run & Row Relay Challenge on Friday, April 15th beginning at 3:30 p.m. at the outdoor track. Sign-ups are required; register at the Fitness Center from April 8-15. The event is open to all DoD I.D. card holders 16 years of age and older. For additional information, call the Fitness Center at 723-2145.

Apr 16 Spring Sampler Fitness Event

The Fitness Center invites you to try a variety of fun classes during the Spring Sampler Fitness Event on Saturday, April 16th from 10 a.m. to noon. The event is open to all DoD card holders 16 years of age and older. For more information, call the Fitness Center at 723-2145.

For 5th Force Support Job Opportunities, visit www.nafjobs.org

Rockets Tax Break

Enjoy the hog roast on the patio! Buffet includes baked beans, potato salad, corn on the cob, and corn bread.

Club Members: \$5/person
Non-members: \$7/person

April 15
4:30 till it's gone

727-ROCK

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FAMILY CHILD CARE from previous page

choose licensed care over unlicensed care. Parents can feel secure knowing their child is in a regulated environment that is subject to monthly unannounced visits. These visits focus on a variety of health, safety and child development areas. This helps to ensure the best quality care is consistently provided. In addition, licensed providers are required to be CPR and First Aid certified and must receive 24-hours of training per year.

There are many advantages to becoming a licensed Family Child Care professional. It can provide the opportunity to establish a career while remaining home with your own children. The business of Family Child Care is booming and the satisfaction of running your own home based business can be wonderful! The Family Child Care office will provide all the necessary training to become licensed. There is no charge for this training.

Many people who consider starting a child-care business in their home are deterred by the potential start-up costs. The costs are significantly reduced for licensed providers because they have the support of the Resource Center. This enables providers to borrow much of the equipment they will need to set up their home for child care. Items such as cribs, shelving, highchairs, safety gates and many developmental toys are available, free of charge. The cost of starting your own home child care business is relatively low with the help of the lending program. The only real start-up cost is to acquire liability insurance for the child care business.

Another advantage to becoming a licensed provider is that you may also enroll in the USDA food program. This program allows providers to be reimbursed for the meals they prepare for the children in care. This helps to ensure the highest quality food is being served to the children.

When choosing child care, there are so many things to consider, but the most important one is the quality of care the child receives. Leaving a child in the care of a nurturing, trained professional leads to peace of mind for parents. Obtaining a Family Child Care license to provide care in your home is rewarding as well as being mandatory on Minot AFB.

For further information on how to find a child care provider to meet your needs, on how to become a provider, or to confidentially report unlicensed care, please call 723-6662.

Happy Birthday!

Rachel Phallan
turns 10
on April 11!

Calissa Sterling
turns 10
on April 12!

Join the Birthday Club!

E-mail your name, address, phone number & birth date to birthdayclub@5thforcesupport.com along with a color photo (.jpg format). Please submit request for child's birthday wish a minimum of 10 days before birthday.

Visit our website at www.5thforcesupport.com



AF Under Secretary Visits Minot

MINOT AIR FORCE BASE, N.D. -- The honorable Lisa Disbrow, undersecretary of the Air Force, and Lt. Gen. Jack Weinstein, deputy chief of staff for strategic deterrence and nuclear integration, visit Minot Air Force Base, N.D., March 2016. Disbrow and Weinstein's visit included the 54th Helicopter Squadron, a Missile Alert Facility, Tactical Response Force and concluded at Dock 8. Disbrow and Weinstein spoke to Airmen of all ranks to learn about how Team Minot accomplishes its mission.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG

Starting the Hospice Conversation



April 21
5-8:30 p.m.
The Grand Hotel

Hospice Basics

Jeffrey Verhey, MD, Trinity Health Hospice Medical Director

Hospice offers medical care toward a different goal: maintaining or improving quality of life for someone whose illness, disease or condition is unlikely to be cured. Each patient's individualized care plan addresses the physical, emotional and spiritual pain that often accompanies terminal illness. It is available to the patient and family when life prognosis is six months or less.

The Trinity Health Hospice Team Role in the Care of the Patient and Family

The hospice team consists of a physician, nurse, medical social worker, home-health aide and chaplain/spiritual adviser. Hospice services are provided in the setting that the patient calls home, which may be their private residence or that of a loved one, a hospital, assisted living center, or nursing home.

Advance Medical Directives

Trinity Health Chaplain Services

Advance directives, also known as living wills, are designed to outline a person's wishes and preferences in regard to medical treatments and interventions for end-of-life care. These documents speak for you when you're not able to speak for yourself.

Hospice Families Panel Discussion

Jeffrey Verhey, MD, Moderator

Hospice care also offers practical support for the caregiver(s) during the illness and grief support after the death. Hear from several area family members who have benefited from Trinity Health Hospice care for their loved one.

Dinner will be provided. To register, go to www.trinityhealthfoundationnd.org by April 14. This event is free of charge, however preregistration is required. For more information call 857-5099.



Sponsored By: Trinity Health and the Trinity Health Foundation
This event is made possible through the generosity of the Bodien Family and other donors who have contributed to their endowment fund.

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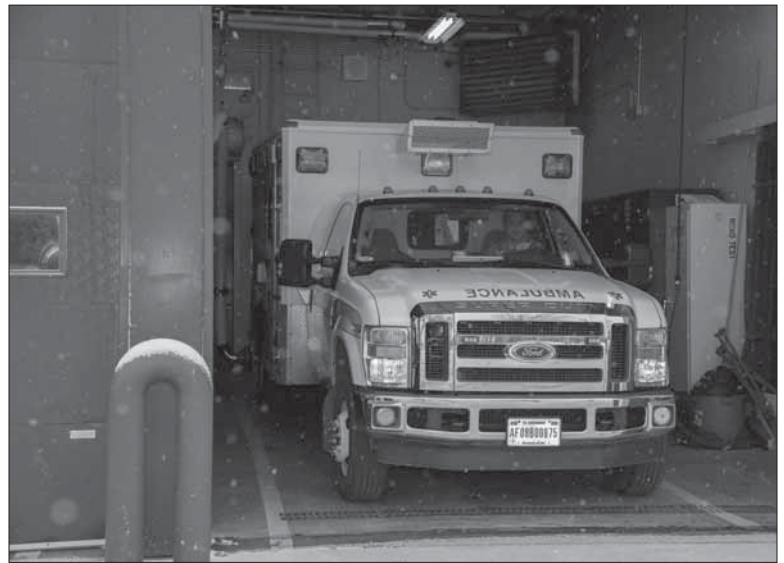
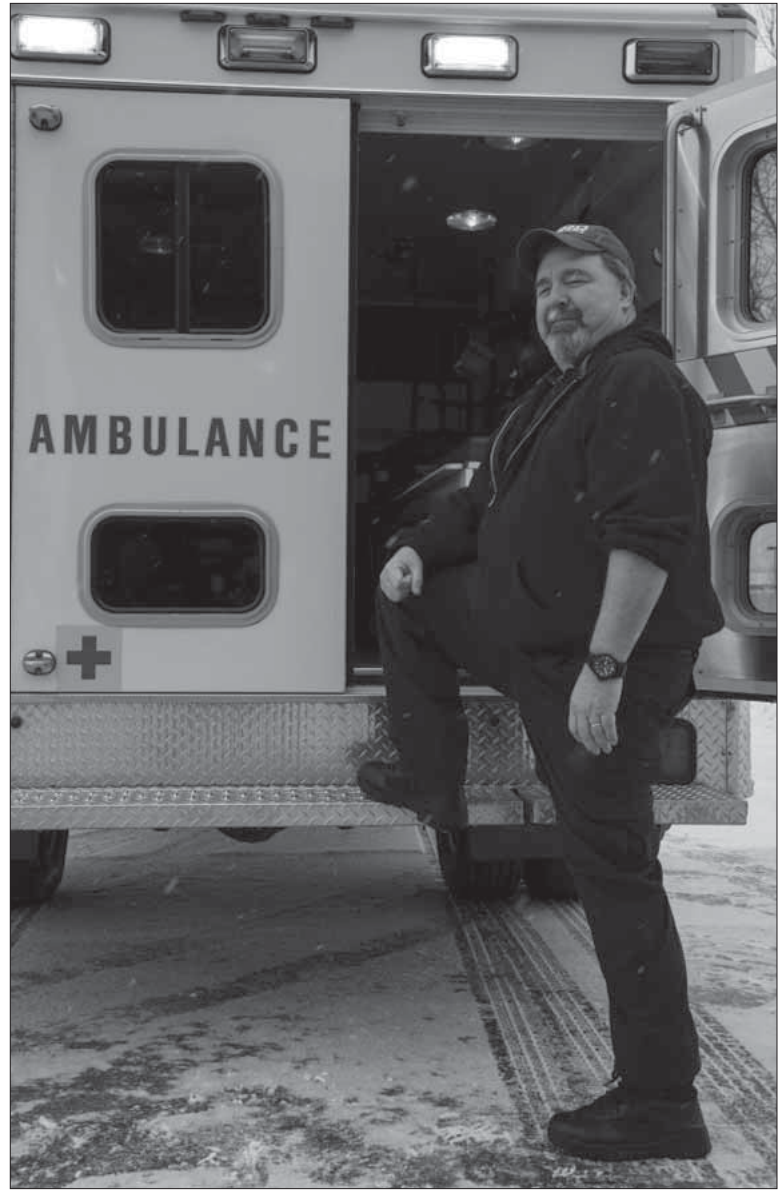
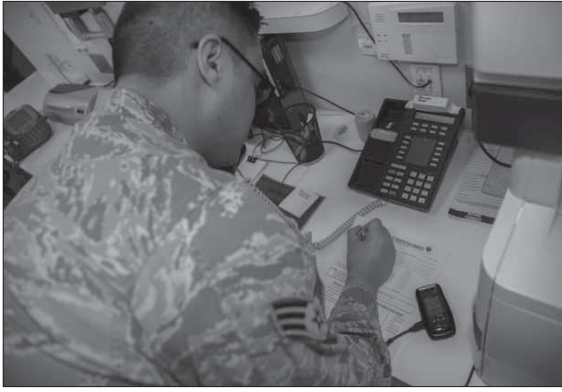
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*No other discounts apply. Maui Jim, Vision Value, Safety Glasses excluded. Some restrictions apply.



Minot Ambulance Services stay prepared

MINOT AIR FORCE BASE, N.D. -- Minot Air Force Base's 5th Medical Group ambulance services personnel are on call 24/7, 365 days a year ready to respond to calls for medical aid and transport their patients quickly and safely downtown if needed.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS CHRISTIAN SULLIVAN

CRUNCH FOR A CAUSE

Join us for a fundraiser to support:
Relay for Life - Firefighters for a Cure

Come to Taco Johns from 5-7PM on
Thursday, April 14th, 2016

And 50% of your entire purchase will be given to the organization.

All you need to do to participate is show the cashier this flyer (can take a picture on your mobile device and show cashier) or mention the organizations name to the cashier.

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TODAY

- Last Day to submit applications for the 2016 Teen Aviation and Space Camp at the Youth Center
- Last Day to register for the Picture Framing Class at Arts & Crafts
- 2 Person Run & Row Relay Challenge registration opens at the Fitness Center
- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- VA Benefits Briefing, 0830-1400, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Cardio Blast, 1200, Fitness Center
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill
- Grill Your Own Steak Night, 1700-1900, Jimmy Doolittle Center
- Freaky FREE Fridays, Every Fri, 1700-2100, Rough Rider Lanes
- BBQ Night, Every Fri, 1700-2100, Rockers Bar & Grill
- Your Choices Matter – Teen Resiliency, 1830, Youth Center
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Karaoke, Every Friday in April, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2000-2400, Rough Rider Lanes

SATURDAY

- Trek, 0800, Fitness Center
- Cycle, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Chess Club, 1100, Base Library
- Shakespeare and More!, 1300, Base Library
- Give Parents A Break, 1300-1700, CDC/School Age Program
- Base Skate, Every Saturday, 1600-1800, Youth Center
- Super Saturday Family Activity, Every Saturday, 1800-2000, Youth Center
- Saturday “Bowl the Night Away” with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- Country, 2100-0200, Rockers Bar & Grill

SUNDAY

- Zumba, 1400, Fitness Center

MONDAY

- Youth Tumbling Classes, Hours vary by age, Youth Center
- Youth Karate Classes, Hours vary by age, Youth Center
- TAP Accessing Higher Education, 0800-1600, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Reintegration Training, 1300-1400 A&FRC
- Step Jam, 1730, Fitness Center
- Yoga, 1830, Fitness Center
- Cycle+Core, 1930, Fitness Center

TUESDAY

- Registration opens for the Wine & Paint Class at Arts & Crafts
- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
- Fit to Fight MIX, 0600, Fitness Center
- Cycle+Strength, 0700, Fitness Center
- TAP Accessing Higher Education, 0800-1600, A&FRC
- Trek, 0900, Fitness Center
- Hard Core Cardio, 0945, Fitness Center
- Game Day, Every Tues, 1000-1930, Library
- Zumba, 1100, Fitness Center
- Torch Club Meeting, 1600-1700, Youth Center
- Yoga, 1615, Fitness Center
- Fit To Fight, 1630, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Family Fun Night with Galaxy Fighters, 1700-1830, Rough Riders-Lil’ Riders Playland
- TurboKick, 1730, Fitness Center
- Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)
- Hard Core Strength, 1830, Fitness Center
- Cycle, 1930, Fitness Center

WEDNESDAY

- Youth Karate Classes, Hours vary by age, Youth Center
- Cycle, 0600, Fitness Center
- Right Start, 0730-1200, A&FRC, Held at the Jimmy Doolittle Center
- Stroller Fitness, 0930, Youth Center
- Story Time, 1030, Base Library

- National Library Week Open House, 1100-1630, Base Library
- Fit to Fight Cycle, 1100, Fitness Center
- Fit to Fight CORE, 1130, Fitness Center
- New Patron Orientation, 1200, Child Development Center
- Cardio Blast, 1200, Fitness Center
- Pre-Deployment Readiness Training, Every Wed, 1400-1500, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Cycle+Strength, 1630, Fitness Center
- Buck with a Bang, Every Wed, 1700, Rough Rider Lanes
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
- Zumba, 1730, Fitness Center
- AFB Bowling 2.0, Every Wed, 1800, Bowling Center
- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center, (18 years & older)
- Yoga, 1830, Fitness Center

THURSDAY

- Youth Center Dance & Tumbling Classes, Every Thursday, Various Times, Youth Center
- HIIT & Core, 1100, Fitness Center
- Reintegration Training, Every Thurs, 1300-1400, A&FRC
- Spring Open House, 1530-1700, Child Development Center
- Fit to Fight, 1630, Fitness Center
- Single Airmen Wingman Night, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, 1700-1900, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Craft Club, 1800, Base Library
- Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center, (18 years & older)
- Body Blast, 1830, Fitness Center
- Cycle, 1930, Fitness Center

UPCOMING EVENTS - APRIL 15

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Cardio Blast, 1200, Fitness Center
- 2 Person Run & Row Challenge, 1530, Fitness Center
- Hog Roast, 1630, Rockers Bar & Grill
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill
- Freaky FREE Fridays, Every Fri, 1700-2100, Rough Rider Lanes
- BBQ Night, Every Fri, 1700-2100, Rockers Bar & Grill
- Family Pizza Night, 1700-1900, Jimmy Doolittle Center
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Karaoke, Every Friday in April, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2000-2400, Rough Rider Lanes

UPOMING EVENTS - APRIL 16

- Picture Framing Class, 1000, Arts & Crafts
- Spring Sampler Event, 1000-1200, Fitness Center
- Base Skate, Every Saturday, 1600-1800, Youth Center
- Super Saturday Family Activity, Every Saturday, 1800-2000, Youth Center
- Saturday “Bowl the Night Away” with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- Hip Hop All Nighter, Midnight-0400, Rockers Bar & Grill

ONGOING EVENTS

- Month of the Military Child Bowling Special, April 1-29, Children 17 and under can bowl for \$2.25 a game and get a FREE shoe rental. Mon-Tues: 0900-1400, Wed-Fri: 0900-1900
- Lego Building Competition, 2-16 April, Everyone can vote on Facebook or at the Library for their favorite creation submitted in March.
- BBQ Night, Every Friday Rockers Bar & Grill prepares all the best finger-licking barbecue. Smoked Chicken, Beef Brisket, or St. Louis Style Spare Ribs paired with baked beans, coleslaw and a dinner roll. Platters start at \$16.95, Members receive \$2 off platter prices.
- Climb to Fitness, Rock wall available at McAdoo Fitness. Ages 18 & up with a DoD ID

Card. Ages 13-17 with written consent and parent or legal guardian present. Contact McAdoo Fitness Center for more details at 723-2145.

- Qualified Personal Trainers, by appointment, Fitness Center
- Rough Riders Monthly Pizza Special: April Special – BBQ Pastrami Pizza. Our tasty signature BBQ sauce loaded with pastrami and red onions, sprinkled with red pepper flakes. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Panino Meal – Pastrami, red onions, and red pepper flakes with melted Swiss. Topped with spinach & tomatoes. Served with BBQ sauce. \$8.50 includes a side and drink.
- Auto Hobby Monthly Special: April Special – Remove studded tires April 1st-15th. Customers come to Auto Hobby and dismount winter tires and mount all-season tires – the staff will balance the tires. Sale \$15/pair of tires – stall fee included

PRENATAL YOGA

The Youth Center is offering Prenatal Yoga on Wednesdays at 10:15 a.m. Improve your pregnancy and birth experience through prenatal specific yoga. This multifaceted approach encourages flexibility, strength, balance, stamina, focused breathing, relaxation techniques, positive mental centering, and more. This style of class is great for any level of yoga practice, new to advanced. With your doctor's approval, you will gain many health benefits for you and your baby. The 45 minute session, held once a week, will be a guided journey which will allow you to learn skills to use at home during your pregnancy, during labor/birth, and postpartum. This is an ongoing class and can be joined at any point during normal and healthy pregnancy. Cost is \$40 per month. For more information, call the Youth Center at 723-2838.

EXPECTANT AND BREASTFEEDING MOTHERS

La Leche League of Minot will not be meeting for the month of December-we hope you have a nice holiday with your family. We meet the 3rd Friday of each month at 10AM at North Plains Chapel in the basement. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLoMinot.

PARK UNIVERSITY SUMMER 2016 REGISTRATION IS NOW OPEN!!

Park University's Summer 2016 term (6 June 2016 – 31 July 2016) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

YOUTH EMPLOYMENT SKILLS

High school students that are an active duty Air Force dependent can earn money for college through participation in the Youth Employment Skills (YES) program. You must be a Youth Center member age 13 to 18 and completed the 8th grade. Applications are available at the Youth Center. Call the David C. Jones Youth Center at 723-2838 for more information.

MINOT OFFICER SPOUSES CLUB

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/little-clubs.html

MINOT ENLISTED SPOUSES CLUB

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY is now registering for the Spring 2016 online term (25 April-26 June). To sign up for classes, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu. If you have any questions, please call 701-727-9007.

AIR FORCE SGTS ASSOCIATION, CHAPTER 959, GENERAL MEMBERSHIP MEETING GENERAL MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants Association (AFSA) is a federally chartered non-profit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired-All are welcome! Like us on Facebook at www.facebook.com/MinotAFSA. We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at AFSACH959@gmail.com.

MAIN STREET BOOKS STORYTIME – An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth – 4yrs and 11:00 a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreet-booksminot.com

MAIN STREET BOOKS 1ST SATURDAYS STORYTIME – A weekend storytime for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth – 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

BIG ONE ART & CRAFT FAIR 4/08/2016 10:00 AM
North Dakota State Fair Center. The 25th Annual Minot Spring Show includes over 250 booths showcasing products hand made from across the US. Over 150 exhibitors will fill their booths with arts, crafts and baked goods that all have a touch of being hand made. Show Dates & Hours 25th Annual Minot Spring Show Location: ND State Fair Center 2005 Burdick Expressway East, Minot ND 58701 Admission: \$3.00 Friday, April 8, 2016 10am - 7pm Saturday, April 9, 2016 9am - 5pm.

MINOT FLEA MARKET 4/09/2016 8:00 AM - 4/10/2016 3:00 PM
We have antique furniture, beautiful carved wood figures large and small, oddities of all sorts, comic books, toys, board games, books, stencils, tools, purses, jewelry, cleaning products, as well as baked goods, honey, jam and jellies, and much more. We're open Saturday 8 am-4 pm and Sunday 10 am-3 pm and located at the North Dakota State Fair Center. Admission is ONLY \$1. Children 10 and under are FREE!

GET OUT OF STORAGE AND READY TO RIDE 4/09/2016 11:00 AM
Magic City Harley-Davidson. With warmer weather on its way, is your motorcycle ready to ride? Stop by our Service Department today to learn about what you should do before your first ride.

"THE ANNUAL SPRING RUMMAGE SALE AT BREAD OF LIFE LUTHERAN CHURCH, 1415-17th Ave SW, will be April 9 from 8 a.m. to 2 p.m. Fresh baked caramel rolls will be available at 8 a.m. with a sloppy-joe luncheon served from 10:30 a.m. – 1:00 pm. A free will offering will be taken on rummage sale items with proceeds used to fund youth Bible camp scholarships."

CHILI COOK-OFF 4/09/2016 11:30 AM
Magic City Harley-Davidson. Minot Harley Owners Group hosting annual chili cook-off at Magic City

Harley-Davidson. Bring your best and hottest pot of chili to see if you can be the winner! If you are faint of heart you can just come and hang out and taste too!

FAMILY PAINTING DAY 4/09/2016 1:30 PM
Grab your kiddos, ages 6 and up, and join the Taube Museum of Art for an afternoon of entertaining art instruction by a Minot local artist! The Taube Museum of Art has created a new monthly Paint Party - You and Your Child Painting class! This creative upbeat class is open to the artistic and the not so artistic. These classes will be held one Saturday a month, with the first one held January 16th. The instructor will guide your family through step by step in recreating the featured painting. It is easy, fun, and stress free! No experience required for you or your child! You can create individually or partner together to take home a painting you can call "uniquely yours" and possibly unleash a new talent you will want to continue to explore. Each class will cover a different painting technique or style. Each monthly session is \$22 for non members and \$18 for members, per person, which includes all the supplies needed to create your 9" x 12" canvas masterpiece. Each session will be held at the Taube Museum of Art from 1:30 – 3:00 pm. Class size is limited, so register early! Additional class dates: October 8th, November 12th, December 10th. Additional class dates forthcoming! For more information or to register call the Taube Museum of Art at 838-4445, email taube@srt.com, visit our website at www.taubemuseum.org.

MINOT GUN CLUB PANCAKE BREAKFAST AND SHOOTING 4/10/2016 9:00 AM
Minot Gun Club, 1331 62nd Ave NE, Minot, ND Opening day of Minot Gun Club. Pancake breakfast will run from 9am to 1pm. Free will offering. Shooting will start at 9am and run till 4pm. Current prices for shooting are \$6 per round for members for skeet and trap or \$7 for non-members. Round price is for clays only. Family membership is \$50 per season. Season runs April-Oct. Bring your shotgun and come try some fun shooting sports. For more information please contact Sharon Reistad-Manager at 701-240-7219. Open to all ages and shooting abilities Cash and check only accepted at club. Shotgun only club.

'GENERAL PUBLIC IS WELCOME AT THIS NON-DENOMINATIONAL EVENT.'
All Minot area ladies are invited to a "Gifts of Spring" luncheon at the Grand Hotel, Tuesday, April 12th, 12:15-2:00 \$13.00 inclusive. Program: Artist Kathy Monti, Berthold, ND will show & tell her art from "Prairie Light Art Glass Studio." Speaker Barbara Tornow, Wentworth, SD will share how she dealt with the experience of an abortion in her faith story: "Soul Check." For reservations contact Darcy at 837-8233 or minotchristian-womens@hotmail.com.

LEGO CLUB 04-13-2016 07:00 PM - 04-13-2016 08:00 PM
Minot Public Library. The LEGO Club will meet the second Tuesday of the month at 7:00 PM in the Imagination Station of the Minot Public Library. Children ages 4 and up are invited to come build with us.

A KNIGHT FOR A PRINCESS 4/14/2016 6:00 PM - 4/15/2016 9:00 PM
Grand Hotel Minot. The Optimist Club of Minot announces the third annual father/daughter dance! This dance is a great opportunity for dads to treat their daughters to a "knight" they'll never forget! The night includes a perfect father/daughter date: dinner, dancing and professional photo opportunities to capture the magic of the evening. This event is not limited to just dads and daughters. We welcome anybody who would like to treat the princess in their life - dads, moms, grandpas, uncles, even family friends. This year's theme is Frozen! Attendees can expect to meet Elsa, Anna and Olaf! For more information, visit the Minot Optimist Club page on Facebook.

ART ALL AROUND 04-14-2016 04:00 PM - 04-14-2016 05:30 PM
A Step Above Your Traditional Art Class (MINOT, ND) Have you been looking for an artistic art exploration opportunity for your child? The Taube Museum of Art has created a new monthly art class, Art All Around, geared towards children 9 years and older. This hour and half class is a step above your traditional art class, and is an opportunity for your child to create and take home a new Masterpiece! Each session is \$18 per child, which includes all the supplies needed to create their masterpiece. They will be held at the Taube Museum of Art Education Classroom on the following Thursdays: April 28, May 12 from 4:00 – 5:30 pm. Class size is limited for a more individualized instruction, so be sure to register early. For more information or to register call the Taube Museum of Art at 838-4445, email taube@srt.com, visit our website at www.taubemuseum.org.

JURASSIC QUEST 4/15/2016 3:00 PM
North Dakota State Fair Center. Ticket Price: Kids (ages 2-12) \$11-\$22 age 2 and under are FREE Adults (ages 13-64) \$16-\$18 Seniors (age 65+) \$16 Military Options Jurassic Quest brings you a Dinosaur Adventure for the whole family. The main dinosaur exhibit features ultra-realistic, life-size animatronic dinosaurs; Over 50 life-size dinosaurs in all. Visitors can interact with these huge creatures, learn about them and even ride a few. It features realistic scenes, enormous dinosaurs, cute baby dinosaurs and lots of fun activities for kids of all ages. There are huge T-Rex and Triceratops fossil digs where young paleontologists can uncover long hidden dinosaurs bones, the "Dino Bounce" area with several, towering, dinosaur theme inflatable mazes, face painting, Dino crafts and much more!

MINOT STORY HOUR: AT THE TABLE 4/16/2016 7:00 PM
Minot Public Library. The Minot Story Hour is a community storytelling event. On our "At the Table" night, come here 6 members from the Minot community share real stories about food, friends, family (dynamics) and all the stuff that happens when we sit together at the table. Food and beverages will be served. There will be live, local music. This event is FREE to the public. There will be an opportunity to make a donation at the door (or any time during the event) to support the Souris Valley United Way's "Backpack Buddies" program.


MAGIC CITY YOUTH BASEBALL PANCAKE BREAKFAST 4/17/2016 8:00 AM
Moose Lodge. Come support Magic City Youth Baseball at their annual Pancake and Sausage Breakfast. April 17th 8-1, at the Moose. \$5. All are welcome.

Senior Airman

Augustine DEANGELO

91st Missile Security Forces Sq.

Rough Rider of the Week




What did you do before you joined the Air Force?
Working for Hallmark and going to college.

Hobbies or Interests
Fitness, weightlifting and spending time with friends.

Most life changing experience
Being diagnosed with vitiligo, a skin pigmentation disease. It has made me a more resilient, confident-well rounded person.

Where do you see yourself in 10 years
Working for federal law enforcement, commissioned in the Air Force and having at least 3 kids.

If you could have one special talent, what would it be
To have a great singing voice.



Favorite quote
"Success is to be measured not so much by the position one has reached as by the obstacles he has overcome."
- Booker T. Washington

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 5:30 pm Sunday 9:30 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>Heritage Baptist Independent Fundamental Meeting at 435 21st St. NW 833-1798</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:45 a.m. Sunday Evening..... 6 p.m. Wed. Prayer/Bible Study 7 p.m. Wed. Children's Awana Club .. 6:45 p.m.</p> <p>Pastor Tim Bagwell heritagebaptistminot.com</p>	<p>GLENBURN FIRST BAPTIST CHURCH</p>  <p>402 South Street • 701-362-7971</p> <p>Sundays: Morning Worship..... 10:00 a.m. Sunday School 11:15 a.m.</p> <p>Wednesdays: Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons.</p> <p>Pastor DeVawn Beckman • revdev@srt.com</p>	<p>Bible Fellowship Church</p>  <p>Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am</p> <p>GRIEF SHARE</p> <p>Classes Starting November 4th, 7:00pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org</p>
<p>Faith United Methodist Church</p>  <p>5900 Highway 83 N, Minot</p> <p>www.faithumcminot.com</p> <p>Rev. Debra Ball-Kilbourne</p> <p>Sunday School (All Ages): 9:30 a.m. Worship Services: Sunday 11 a.m. Wednesday: 5:15 p.m.</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Harvest Reformed Church</p>  <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p>Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ</p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School 11 a.m. Sunday Worship 11 a.m. Tuesday Lunch Bible Study 11 a.m. - 1 p.m. Wed. Youth Classes 6:30 - 8:30 p.m.</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes 9:30 a.m. Worship..... 10:30 a.m. - 5 p.m.</p> <p>Wednesday: Bible Classes 7 p.m.</p> <p><i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p>First Presbyterian Church</p>  <p>430 N Broadway (Congregational Church of Christ Building) 701-460-6321</p> <p>Worship..... 9:00 a.m. www.fpcminot.org <i>Visitors Welcome</i></p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School..... 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:30am Child/Youth Sunday School.. 11:00am Adult Sunday School.... 8:30 & 11:00am Traditional Worship..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>First Lutheran Church - ELCA</p>  <p>120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship 8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Education 6:00 pm</p>  <p>Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 9:30 AM Pastor Ken Nelson & Pastor Brandy Gerjets</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i></p>  <p>Sunday Worship 8:30 & 11:00 a.m. Sunday School, Adult Bible Class & Adult Choir 9:45 a.m.</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p> 
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:15 am & 10:45 am Sunday Fellowship 9:15 am Sunday School 9:30 am Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>North Hill Baptist Church</p>  <p>524 21st Ave. NW • Minot, ND 58703 701-839-7283</p> <p>Meet 'n' Greet..... 10:00 a.m. Worship..... 10:30 a.m.</p> <p>Pastor Dan Andrus, 701-578-5060 sparrow@minot.com minotnorthhillbaptistchurch.com <i>"We're Not There Yet...Come Grow With Us!"</i></p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule:</p> <p>Tuesday 7 p.m. Wednesday - Friday 9 a.m. Saturday 5 p.m. Sunday 8 & 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>Calvary Alliance Church</p>  <p>715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p>Our Redeemer's Church <i>A Church of the Lutheran Brethren</i></p>  <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m.</p> <p>700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p>
<p>BREAD OF LIFE ELCA LUTHERAN CHURCH</p>  <p>Pastor Taryn Montgomery Pastor Alex Hoops</p> <p>Saturday Worship 5:00 pm Sunday Worship .. 9:00 and 11:15 am Sunday Education 10:00 am Wednesday Education 6:30 pm</p> <p>Breadoflifeminot.com <i>Everyone Welcome</i></p> 	<p>BELIEVERS BIBLE CHURCH of MINOT</p> <p>I John 5:13 www.bbcminot.org</p> <p>Where you can find truth and love in Christ Jesus the Lord!</p> <p>Sunday Worship..... 11:00 am</p> <p><i>The Carnegie Center 105 2nd Avenue SE</i></p>	<p>Cross Roads Baptist</p>  <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>West Minot Church of God <i>"A Family Worship Center"</i></p>  <p>1105 16th St. NW • 839-1407</p> <p>Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church..... 10:30 a.m. Wednesday Family Training Hour .. 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m.</p> <p>ABC Child Care & Pre-School Center 852-6352</p>	<p>Bethel Free Lutheran AFLC</p>  <p><i>"Building Followers of Jesus Christ!"</i></p> <p>Sunday School 9 a.m. Worship Service 10:30 a.m. Wednesday Supper..... 6:15 p.m. Adult/Youth Bible Study Kids Club 7 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF</p>  <p>8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319</p> <p>Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am</p> <p>Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p>First Baptist Church</p>  <p>220-3rd St. S.W. • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service... 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages)..... 11:00 a.m. Contemporary Worship Service... 11:05 a.m. Wed. Awana (Sept. - May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Gospel Tabernacle Community Church</p>  <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	<p>Dakota Baptist Church</p>  <p><i>Teaching the Word, One Verse At a Time! KJB</i> 916 5th Ave, SE Minot, ND 58701</p> <p>Sunday School..... 10:30 a.m. Sunday Evening Worship 5:30 p.m. Wednesday Worship 7:00 p.m.</p> <p>(701)852-5399 www.dakotabaptistchurch.com Email: dbchurch@srt.com Pastor: Jeremy Jacob</p>	<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>
<p>Trinity Church</p>  <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	<p>Immanuel Baptist Church</p>  <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled). 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.immanuelbaptistminot.org</p>	<p>ZION Lutheran ELCA</p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship 5 p.m. Sunday Worship ... 8:30 a.m. & 11 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p>Vincent United Methodist Church</p>  <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Ray Baker www.vincentumc.com</p>	

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7	5	1	2	8	9	3	4	6
2	8	9	3	6	4	1	5	7
6	3	4	7	1	5	9	8	2
4	1	2	8	9	6	7	3	5
5	9	7	4	2	3	8	6	1
3	6	8	1	5	7	4	2	9
8	4	6	5	7	1	2	9	3
9	7	3	6	4	2	5	1	8
1	2	5	9	3	8	6	7	4

Answers to puzzle from page 8

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MAFB Airmen fly to Chile, Colombia

MINOT AIR FORCE BASE, N.D. -- Airmen from Minot Air Force Base, N.D. completed a sortie to the countries of Chile and Colombia April 2, 2016. The aircrew flew a B-52 Stratofortress 11,154 miles for a total of 26.4 hours to participate in the La Feria Internacional del Aire y del Espacio 2016 Air Show in Santiago, Chile for an estimated 60,000 people. The Airmen also participated in a planned intercept exercise with a SR-560 Lear Jet and two F-21 Kfir fighter jets in Colombia with the Colombian Air Force.

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