

# nort entry

FREE | FRIDAY, APRIL 15, 2016 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE | VOL. 54 • ISSUE 17



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSICA WEISSMAN

## ONLY THE BEST COME NORTH!



[WWW.MINOT.AF.MIL](http://WWW.MINOT.AF.MIL)

Like "MINOT AIR FORCE BASE"

CONTACT MINOT AFB PUBLIC AFFAIRS:

(701) 723-6212  
V35BW.PA@US.AF.MIL



## Minot AFB



## Videos



## 5 AMXS groundbreaking for new AMU

MINOT AIR FORCE BASE, N.D. -- The 5th Aircraft Maintenance Squadron from Minot Air Force Base, N.D. hosted a ground-breaking ceremony for the new aircraft maintenance unit facility April 1, 2016. 5th Bomb Wing leadership, various contractors and approximately 200 maintenance Airmen attended the ceremony. The 5th AMXS is currently split into separate buildings throughout the flight line, some in which were constructed in the 1950s. The new AMU facility will provide consolidation and needed updates for the maintainers.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSICA WEISSMAN



**Gourmet Chef**  
 122 South Main • Minot, ND 58701  
 701-839-8928 • www.gchef.com

**APRIL 22-24 KNIFE TRADE UP SALE!**  
 Trade your used knife in for \$5 off a new one!

Must be \$25 or more. Blade for blade purchase. Used blades will be donated to local charities.

**WE BUY CARS**

**cartiva**  
of Minot

701-857-9210  
 3520 S. Broadway  
 Minot, ND 58701  
 www.cartivaofminot.com

**WE CARE.**

**FIRST WESTERN BANK & TRUST**  
 You can bank on us

**857-7179**  
 bankfirstwestern.com

Nancy Wegenast

**Consumer Loans**

**WATNE REALTORS**

**GARY KRAMLICH**  
 701-721-0526  
 KRAMLICH@MINOT.COM

408 N. Broadway • Minot, ND 58703  
 Office: 701-852-1156 • Fax 701-839-8966 • 1-800-568-5311

We're prepared to **SERVE** those that serve us.

**We do Banners & Signs**

**VIKING Screen Prints**

1-800-658-3485 or 463-2566

We offer several 8-week classes through our education program at Minot Air Force Base. Check out our summer semester classes in Campus Connection. Registration is now open with classes starting May 31st.

For advisement, visit our office in the Education Center or call 727-9044.

**Minot State UNIVERSITY**

Be seen. Be heard.  
 MinotStateU.edu/cel

# Air Force to Restructure Nuclear and Missile Operations (13N) Career Field

AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

**B**ARKSDALE AFB, La. -- The commander of Air Force Global Strike Command in concert with Headquarters Air Force Strategic Deterrence and Nuclear Integration Directorate has directed a review of the 13N career field.

The goal is to create a self-sustaining career field that places a premium on experience and expertise at the wing level, while developing officers for future leadership positions across the Air Force and nuclear enterprise.

"For nearly 50 years, our ICBM crew force has been manned almost entirely of first-assignment officers. We employed young officers for 4 years, and then forced many of them out of the career field to meet manpower needs across the Air Force," said AFGSC commander Gen. Robin Rand. "No other career field does this, and it has created a number of challenges for the ICBM community."

At each missile wing, a crew force of approximately 200 first-assignment officers performs alert duty around the clock, manning 15 launch control centers controlling 150 launch facilities.

In the past, instructors, evaluators, and flight

commanders were all in their first 4 years of Air Force service. Missile squadrons were comprised of a very young crew force led by an O-5 operations officer and a squadron commander, with no intermediate leadership positions.

"Overly strict policies and procedures were set in place as a substitute for a more experienced, mature, and engaging mid-level leadership," said AFGSC Director of Operations Brig. Gen. Fred B. Stoss. "Wouldn't we rather have an experienced instructor engage young lieutenants one-on-one to show them the way rather than subject the lieutenants to large group training sessions with make or break exams three times a month?"

The recently implemented "3 year plus 3 year" initial crew tour construct significantly improved crew force experience, but it did not establish a self-sustaining career field. The next logical step will require accessing the right number of 13N officers to sustain the career field over time, while eliminating the need to crossflow officers to other career fields. This means fewer accessions coming into the career field, but they will all be retained after the first assignment.

"All of the senior 13N officers agree this is the

right thing to do," said Lt. Gen. Jack Weinstein, Deputy Chief of Staff for Strategic Deterrence and Nuclear Integration. "We have been relying on a very young crew force to execute a nationally critical mission without the mid-level leadership they deserve. Other Air Force operations squadrons have a better balance between experience and inexperience, and that is where we are headed."

Not only will the restructure balance accessions with retention, thus eliminating crossflows, it will review and adjust grade structures across the entire career field, resulting in a redistribution of O-4 and O-5 billets to create a smooth rank structure pyramid seen in all other career fields.

Simultaneously, nuclear-related billets across the Air Force will be reviewed to determine if they are well suited for inclusion in the 13N career field. This will likely result in additional assignment opportunities for all 13N officers. As with other career fields, 13N officers will continue to be afforded Air Force-wide cross training opportunities such as undergraduate pilot training or the Funded Legal Education Program.

"I see the Air Force relying heavily on the 13N

career field as the backbone of nuclear expertise," stated Gen Rand. "In the future, just about every organization with a nuclear mission should have a 13N officer assigned to provide expertise in nuclear policy, command and control, and weapons effects."

"A team from across the Air Force and command is working the restructure plan, that is slated for review in May 2016," said Stoss. "While it will take several years to grow the right rank structure, we believe we can terminate crossflows as early as 2019."

"I greatly appreciate the support to our Airmen and the commitment by senior Air Force leadership in bringing the ICBM community into standard Air Force operations," said Twentieth Air Force Commander Maj. Gen. Tony Cotton. "This is the most significant change to the ICBM culture in 50 years, and will have a lasting and positive impact."

## CONTACTUS

**Tonya Stuart-Melland**  
Sales Manager | Ad Designer  
nsads@srt.com

**Beth Duchsherer**  
Ad Designer | Sales Representative  
nsgraphics@srt.com

**Tia Klein**  
Ad Designer | Sales Representative  
bhgads@srt.com

## MINOT AIR FORCE BASE PUBLIC AFFAIRS

### Chief of Public Affairs

Maj. Jamie Humphries

### Public Affairs Officer

Lt. Kylee Ashton

### Chief Editor

Staff Sgt. Chad B. Trujillo

### Staff Photojournalists

Master Sgt. Charlene Spade

Tech. Sgt. Kevin Davidson

Staff Sgt. Kristine MacDonald

Senior Airman Kristoffer R. Kaubisch

Senior Airman Sean Danker-Smith

Senior Airman Apryl L. Hall

Senior Airman Sahara Fales

Airman 1st Class Christian Sullivan

Airman 1st Class Izabella Sullivan

Airman 1st Class Justin Armstrong

Airman 1st Class Matthew Rauschnot

Airman 1st Class Jessica Weissman

### Media Relations

Marissa Howard

## COMMANDERS

5th Bomb Wing Commander:

Col. Jason R. Armagost

5th Bomb Wing Vice Commander:

Col. David Ballew

91st Missile Wing Commander:

Col. Michael J. Lutton

91st Missile Wing Vice Commander:

Col. Kelvin Townsend

## NEWS SUBMISSIONS

### Northern Sentry Office

nsads@srt.com | 701.839.0946

### MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

### MAIL&FAX

315 South Main Street, Suite 202

PO Box 2183

Minot, ND 58701 | 701.839.1867

### VIEW ONLINE

www.northernsentry.com

www.minot.af.mil

## FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BHG, Inc., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official newsource for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil). The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BHG Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

## First stop at a new base

**AIRMAN 1ST CLASS JESSICA WEISSMAN**  
MINOT AIR FORCE BASE PUBLIC AFFAIRS

**M**INOT AIR FORCE BASE, N.D. --

Transitioning from basic military training and technical training to their first duty station in the operational Air Force can be a struggle for new Airmen unless they are given proper guidance.

The First Term Airmen's Center is where Airmen receive guidance as they progress into their new career.

This week-long course is filled with informative briefings for Airmen new to Minot Air Force Base, North Dakota and the Air Force in general.

"Airmen can get this information from their units, but it is not quite on the level that we give here at FTAC," said Staff Sgt.

Antonio Tanksley, current FTAC team lead assigned to the 5th Operations Support Squadron. "Our course is focused on all of the different agencies on base, how they can help and what the Airmen can do for themselves and their families."

Airmen in FTAC learn about programs such as Operation Safe Ride and Alcohol and Drug Abuse Prevention and Treatment, while gaining knowledge on life within the dormitories and the town of Minot.

Continued on page 6

**CPM**

creative property management Inc.

## MOVE-IN READY UNITS!

HOUSES • APARTMENTS • CONDOS • TOWN-HOMES

• 10% MILITARY DISCOUNT

• ZERO DOWN AT LEASE SIGNING/ZERO DEPOSIT

• FREE RENT SPECIALS

VARIOUS LOCATIONS AROUND MINOT  
AND CLOSE TO MAFB

CALL NOW FOR A SHOWING!

**CPM**  
creative property management Inc.

701-852-5028

WWW.CREATIVEMINOT.COM

NORTHERN SENTRY | 839.0946

nsads@srt.com | www.northernsentry.com





# ROAD WARRIOR TRAINING

Airmen from the 791st Missile Security Forces Squadron convoy response force from Minot Air Force Base, N.D., participated in three iterations of training in Garrison, N.D., March 30, 2016. The preparation was for the Air Force Global Strike Command Road Warrior exercise scheduled to take place in May. Road Warrior is a week-long evaluation that will test CRF's capability to respond to combat situations.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSICA WEISSMAN AND AIRMAN 1ST CLASS MATTHEW RUSCHNOT



## FTAC from page 3

The Airman & Family Readiness Center offers a lot of information for the Airmen and their families, said Tanksley.

The AFRC provides information on finances, retirement, employment for spouses, Air Force Aid Society and deployment preparation and reintegration.

"Another huge chapter in the curriculum is resiliency," he added. "We set aside a full day of training to focus on the importance of this topic."

Resiliency training is fixated on learning about three of the four comprehensive airmen fitness pillars. Spiritual - identifying your beliefs and the sufficiency of those beliefs to help Airmen rebound from trauma. Physical - understanding fitness, recovery, sleep and focus on proper diet to improve mood, focus and energy levels. Social - defining a problem, asking for another's perspective, working together and choosing a solution to seal the agreement.

"The Airmen learn to be resilient to everything going on in the Air Force right now and things they may encounter when they leave FTAC," said Tanksley.

As the Airmen are learning about all things Team Minot, they are also learning about their new wingmen.

"I have met a lot of people since starting FTAC," said Airman 1st Class Michael Robles, an Airman assigned to the 5th Communications Squadron.

With a class including maintainers, a fire fighter, and other communications Airmen, Robles said he was able to relate with people he may not have ever met if it were not for FTAC.

These Airmen would not be given this information

without Tanksley's instruction.

"Staff Sgt. Tanksley was a great mentor throughout the course," said Robles. "He appointed me as class leader, so it means he saw something in me and to have someone do that just encourages me to make them proud."

Tanksley, who has been a member of Team Minot for two years, has a usual job as an alert facility manager within the Host Aviation Resource Management office.

"I decided to get out of my regular job to engage with junior Airmen," he said. "The lowest ranking Airman in my office is a senior airman. So, speaking with Airmen brand new to the Air Force and giving them a positive outlook on a base that they may not have all heard positive things about is big for me."

With recommendation from his supervision based on his attitude and personality, Tanksley completed the interview process and became the newest instructor at the beginning of 2016.

FTAC instructors are rotated every 90 days between the seven groups at Minot AFB.

"Based on a fair share, members are nominated by their chiefs," said Master Sgt. Daniel Mueller, wing career advisor assigned to the 5th Force Support Squadron.

"Anyone interested should contact the career assistance advisor or their group chief.

The opportunity to become a team lead doesn't come around very often, so after your window is closed the opportunity doesn't come around for almost a year and a half."

FTAC is a time for Airmen to understand all of the things offered to them by the Air Force and the surrounding community.

# Child Abuse Prevention Month

LAUREL GRAMS | MINOT AIR FORCE BASE FAMILY ADVOCACY

MINOT AIR FORCE BASE, N.D.

- April 11, 2016

- Join us for the 5K/10K Color Run April 26th at 4 p.m. in support of Child Abuse Awareness and Prevention Month, Alcohol Awareness Month, and Sexual Assault Awareness and Prevention Month.

April is National Child Abuse Prevention Month.

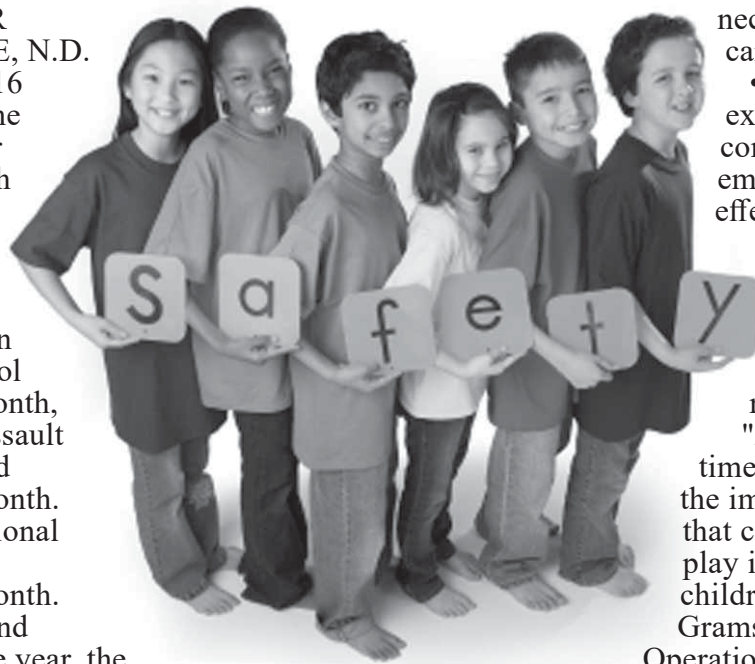
This month, and throughout the year, the Family Advocacy Program encourages all individuals and organizations to play a role in making Minot Air Force Base a better place for children and families. By ensuring that parents have the knowledge, skills and resources they need to care for their children, we can help promote children's social and emotional well-being and prevent child maltreatment within families and communities.

Research shows that when parents possess protective factors (skills and/or support to help individuals deal with

stressful events) the risk for neglect and abuse diminish and optimal outcomes for children, youth, and families are promoted.

The protective factors are:

- Strong connections with children
- Good parenting skills
- Good coping skills to help deal with the stress of parenting
- Good supportive relationships with family, friends or other supports in the community
- Knowledge of where to find resources (e.g. basic



necessities, medical care, etc.)

- Ability to express and communicate emotions effectively
- Build and maintain healthy friendships and other relationships

"April is a time to celebrate the important role that communities play in protecting children," said Laurel Grams, 5th Medical

Operations Squadron family advocacy outreach manager. "Everyone's participation is critical. Focusing on ways to build and promote the protective factors, in every interaction with children and families, is the best thing our community can do to prevent child maltreatment and promote optimal child development."

For more information about child abuse prevention programs and activities during the month of April, and throughout the year, contact the Family Advocacy Program at 701-723-5096.

## MSU theatre arts presents 'The Chalk Circle'

MINOT STATE UNIVERSITY

Minot State University's Theatre Arts Program presents "The Chalk Circle" in Aleshire Theater April 18-21 at 7:30 p.m. The doors and box office will open at 7 p.m.

"The Chalk Circle" is an adaptation of Bertolt Brecht's "The Caucasian Chalk Circle," adapted and directed by Carlen Gilseth, communication arts assistant professor. Gilseth's adaptation is the tale of Rasha, a young Syrian girl, who unwittingly becomes the target of a life-and-death pursuit after she stops to help an infant.

"My adaptation updates

Brecht's play and brings part of the action in the play to our own backyard," Gilseth said. "North Dakota has a glut of fossil fuel, making it a cheap source of power for us. Though, perhaps, it isn't as cheap as we want to believe when we consider the toll it takes on this planet on which we live. My adaptation also changes the location of the war to Syria, where people are still fleeing for their lives today."

Brecht's "The Caucasian Chalk Circle" is a story which promotes Brecht's epic theatre techniques. Through humorous scenes, the play exposes serious topics, including an assassination, child neglect

and totalitarianism.

"Bertolt Brecht was continually adapting his plays during his lifetime," Gilseth said. "He felt the world was always in a constant state of flux, so he had to be changing with it. By updating the script and placing the prologue in North Dakota, I hope the audience will give more thought to the action of the play and the meaning of Brecht's words."

Admission is \$10 for adults, \$5 for seniors and students under 18. Those with a current MSU ID are free. Reservations are strongly encouraged. For ticket reservations or information, call the box office at 701-858-3172.



# Ultimate Cuts

809 N Broadway • Minot, ND • 852-2265

[www.ultimatecutsminotnd.com](http://www.ultimatecutsminotnd.com)

- Haircuts, specializing in Military Haircuts • Perms • Full Colors
- Color Corrections • Highlights & Lowlights • Vivid Color • Waxing

Find and Like us on Facebook today!  
Walk-ins upon availability

**6 Stylists**

Hours: Mon - Thurs: 8:30am-7:30pm  
Friday: 8:30am - 7pm • Saturday: 9am-4pm

## North Dakota Department of Health Encourages TALK. TEST. TREAT. During STD Awareness Month

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – The North Dakota Department of Health (NDDoH) encourages individuals and health care providers to talk about sexually transmitted disease (STD) prevention during April, STD Awareness Month. The Centers for Disease Control and Prevention (CDC) estimates approximately 20 million new cases of STDs occur each year in the United States, half of them among people ages 15 to 24. “Individuals and health care providers need to know that preventing STDs can be achieved with these three steps: Talk. Test. Treat.,” according to Sarah Weninger of the NDDoH.

Talk

- Talk openly and honestly to your partner(s) and your health care provider about

sexual health and STDs

- Talk with your partner BEFORE having sex and make sure your discussion covers several important ways to make sex safer

- Talk about when you were last tested and suggest getting tested together

- Agree to only have sex with each other

- Use latex condoms the right way every time you have sex

- Talk with your health care provider about your sex life, and ask what STD tests you should be getting and how often; not all medical checkups include STD testing, so unless you discuss it during your exam, you shouldn't assume you have been tested.

Test

- Get tested. It's the only way to know for sure if you

have an STD. Many STDs don't cause symptoms. If you're having sex, getting tested is one of the most important things you can do to protect your health.

Treat

- If you test positive for an STD, work with your doctor to get the correct treatment

- To make sure your treatment works:

- Don't share your medicine with anyone

- Avoid having sex again until you and your sex partner(s) have each completed treatment

For more information, contact Sarah Weninger, North Dakota Department of Health, at 701.328.2366. Information about STDs can be found by visiting [www.ndhealth.gov/STD/default.htm](http://www.ndhealth.gov/STD/default.htm) or <http://www.cdc.gov/sTd/default.htm>.

## Get a Jump-Start on Your North Dakota Summer Vacation Planning this April

NORTH DAKOTA TOURISM

**B**ISMARCK, N.D. – Warmer weather and longer days have arrived

in North Dakota, signaling the time to start planning for summer vacations. The state offers a range of activities and endeavors for travelers, from thrill-seekers to history buffs. A week hiking through Theodore Roosevelt National Park might spark your sense of adventure or maybe an urban Fargo weekend – shopping and eating, naturally – sounds. Whatever your fancy, start planning your North Dakota summer get-away today.

Check out these resources from North Dakota Tourism as you plan:

- Travelers can request a hard copy of the 2016 Travel Guide or Hunting and Fishing Guide

- Interactive ND Map (<http://www.ndtourism.com/nd-interactive-map>) – Find accommodations, attractions, visitor services and more

- Facebook and Twitter - Daily ideas and travel tips let visitors interact with ND Tourism

- Deals & Packages – Watch for updates on travel discounts on accommodations, attractions and events.

**For the Adventure Seeker**

- The rugged and unique splendor of Theodore Roosevelt National Park has captivated travelers through the ages. Bully Pulpit Golf Course, the Maah Daah Hey Trail and the Medora

Musical are other highlights in the area not to be missed.

- State parks across North Dakota offer visitors the opportunity to experience natural and historical aspects of the prairie. Parks near Lake Sakakawea, Pembina Gorge, the Missouri River and Devils Lake also serve as a gateway to many a fishing, boating or camping adventure.

- Summer is golfing season in North Dakota and there many options. Plan a golfing get-away at one of the 120 courses available.

**For the Foodie**

- Fargo is hitting its stride on the restaurant scene and new players pop up all the time. Mezzaluna, Blackbird Woodfire and Vinyl Taco are downtown dinner favorites. Uncorked Wine Bar and Proof Artisan Distillers are local purveyors of wine and spirits, respectively.

There are few places better suited for the farm-to-table movement than agricultural North Dakota. A range of restaurants across the state are partnering with local farms to bring local food to local tables. Check out farm-to-table eateries in Bismarck, Fargo, Grand Forks and Minot that are participating in the effort.

- The North Dakota State Fair is a perennial favorite for turkey legs, cheese curds, fry-bread tacos and mini donuts. Enjoy these American classics while listening to live performances by the likes of Fall Out Boy, Kenny Chesney, Kiss and Jake Owen.

- Food festivals abound

with all of North Dakota's summer bounty! Be one with the locals and sample regional fare at county fairs and events like the Ribs and Bluegrass Festival in Medora or the Rhubarb Festival in Grand Forks.

**For the History and Culture Buff**

- North Dakota's rich and fascinating history is easily accessible to travelers of all ages. There are 57 historic sites preserved and maintained by the State Historical Society. The State Museum at the North Dakota Heritage Center, the Lewis & Clark Interpretive Center and Fort Abraham Lincoln State Park offer visitors hands-on opportunities to learn more about North Dakota's heritage.

- There are nine winery tours in the prairie state of North Dakota. Wine lovers can experience a range of unique varietals in tasting rooms across the state (some visits may require an appointment).

- Visit an art museum, attend a local outdoor theater production or check out live music this summer at a range of indoor or outdoor venues.

These are a few of the opportunities to plan your summer vacation to North Dakota. For more information, go to [NDtourism.com](http://NDtourism.com) or phone 701-328-2525 or 800-435-5663.

Follow North Dakota Tourism on Facebook at [www.facebook.com/TravelND](http://www.facebook.com/TravelND) or on Twitter at [twitter.com/NorthDakota](http://twitter.com/NorthDakota) and get tips on what to see and do all year long.

## PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



“Birdhouses: Uses nest boxes about the size of Wood Duck boxes.”



- “Smithsonian Handbooks, Birds of North America Western Region”, part of the northern saw-whet owl description.

Three little girls – ages 5, 7, and 9 - came dashing excitedly into the house Easter Sunday.

The stunningly spring weather in late March meant playing and exploring outside, discovering a world so foreign from their city living.

The excitement resonated because of a little creature they found peering at them from a wooden nest box tucked among rows of towering Scotch pine trees.

A little round face with big yellow eyes and feathers in “eyebrow” fashion stared at the three faces who were staring back in return.

Something was in the large nest box and it wasn't a wood duck or squirrel.

It didn't blink and it didn't move. It just stared.

“It's a bird. We think it's an owl,” they proclaimed.

Thumbing through the bird book would be the only way to resolve the mystery, aided in great part by a cell phone photo.

Nope, it didn't have ear tufts. It wasn't a great-horned owl because they're too big to fit in the nest box – and they have large ear tufts.

Nope, it wasn't a burrowing owl because they burrow in old prairie dog tunnels when they nest.

It's definitely not a snowy owl because it's not white, is too small, and they don't nest in this region. North Dakota is a snowy owl's wintering area, not nesting area.

Hmmm, what kind of owl could this little guy be, the girls wondered as they thumbed through the book, trying to decide if one picture was close enough to what it looked like in real life.

“That's it. That's what it has to be,” the oldest emphatically proclaimed.

They centered on the description of a northern saw-whet owl, page 371 of “Smithsonian Handbooks, Birds of North America Western Region”: “... This species is one of the smallest owls...note the lack of ear tufts, dark bill,

and white eyebrows...eats small rodents (mice beware – yay), large insects, birds, and bats...hunts primarily at night...solitary...”

Length: 7 to 8 inches.

Wingspan: 17 to 20 inches.

Flight pattern: Silent buoyant direct flight with fluttering wing beats.

\*Nesting: No nesting material. Nests in tree cavities of abandoned woodpecker holes or nest boxes 14 to 60 feet above ground.

\*Eggs: 4 to 7 white oval eggs, 1.2 inches long.

Yup, the three young

adventurers found their first northern saw-whet owl.

To see one peering from a nest box is something experienced birders would probably revel in, as well.

A walk back into the trees a few days later revealed that, indeed, a northern saw-whet owl was in the nest box.

It appears for the rest of the summer that area will be avoided in order to give the little mouser a chance to raise her family.

But the entire experience can only make a person wonder...will those three girls remember that sunny Easter Sunday when they made their first birding discovery?

Could the experience instill future curiosities about the natural world? It's hard to say if a face-to-face encounter with a little owl will translate into a future birder, hunter, or just plain outdoor enthusiast.

But one thing is certain – for one day, the outdoors was the center of their world.

The challenge then passes onto the adults to foster that curiosity, that excitement, and the desire to explore and discover the natural world.

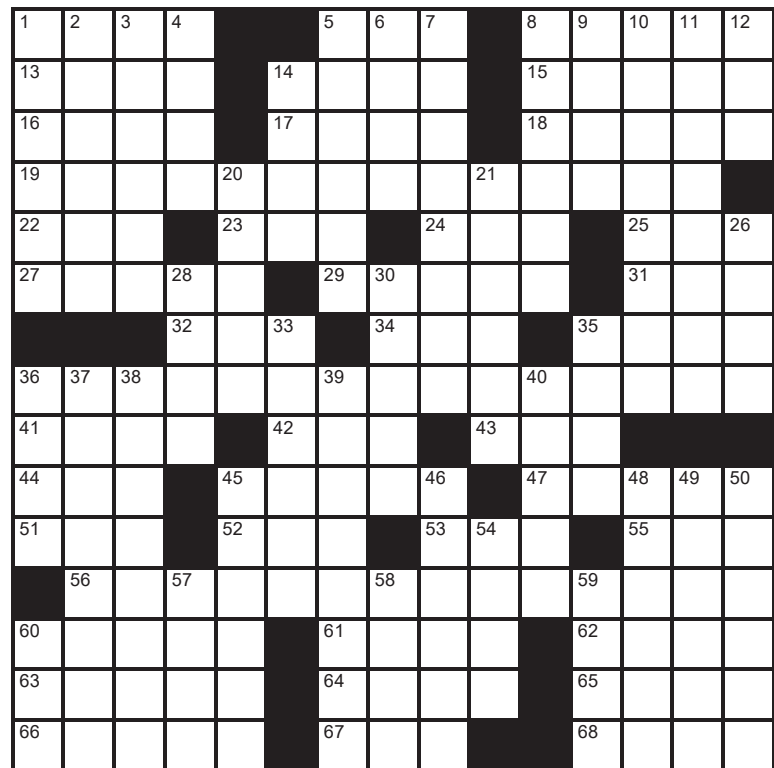
It really should be for more than a day.

But one day is a start thanks to a little 7-inch owl who was probably just as curious about them as they were about her.

Northern Sentry  
839-0946 or  
[nsads@srt.com](mailto:nsads@srt.com)

CROSSWORD PUZZLE

Tax Team



Across

- 1 Singer \_\_\_ Del Rey
- 5 Keyboard key
- 8 Poles, e.g.
- 13 Over
- 14 Volcano flow
- 15 New addition
- 16 Spray
- 17 "Give me \_\_\_"
- 18 Healthcare benefits giant
- 19 Late
- 22 Phenom
- 23 Optometrist's interest
- 24 Rock musician Brian
- 25 Hall-of-Famer Mel
- 27 Cut again
- 29 TV oldie about attorneys
- 31 By way of
- 32 Open tract
- 34 Nancy, in Nancy
- 35 Pirate Lafitte
- 36 2006 comic book film
- 41 Kentucky county
- 42 Old French coin
- 43 Actor Chaney
- 44 "\_\_\_ magic!"
- 45 Scale
- 47 Risk
- 51 Tiny criticism
- 52 Went underground
- 53 Yellowfin tuna
- 55 Member of the flock
- 56 Surmised
- 60 Mythical breastplate
- 61 Tall story
- 62 Responsibility
- 63 Cold shower?
- 65 Go the extra \_\_\_
- 66 Complex orgs.
- 67 9th mo.
- 68 Extremities
- 33 Social reformer Bloomer
- 35 Johnny Cash's wife
- 36 Hide
- 37 Inopportune
- 38 Mailing costs
- 39 Wool colorers
- 40 Issue
- 45 Pirate prizes
- 46 Undeserved infamy
- 48 Check
- 49 "If asked, yes"
- 50 Bifocals
- 54 Vandals
- 57 Losing proposition?
- 58 Roof's edge
- 59 Heavy reading
- 60 Balaam's mount

Down

- 1 Like some vertebrae
- 2 For each
- 3 Snacks
- 4 Opposer
- 5 Mortarboard attachment
- 6 With: French
- 7 Single guy
- 8 Follow closely
- 9 In \_\_\_ of
- 10 Avid gallery-goer
- 11 \_\_\_ blinds
- 12 Last word of "America, the Beautiful"
- 14 Lord's mate
- 20 Later
- 21 Nail polish
- 26 Light shades
- 28 "Jeopardy!" host
- 30 Per \_\_\_ (yearly)



Hop To It

Hip, heartwarming *Zootopia*' shows how far *House of Mouse* has evolved

NEIL POND | PARADE MAGAZINE

A little girl dreams of leaving her rural hometown, moving to the city, becoming something no one else has ever been and making the world a better place. Sounds like a cliché, you say. Well, maybe—except in *Zootopia*, the little girl is a bunny, she wants to be a cop, and the city is full of other animals, but no people.

And there's this: Rabbits are "prey," like 90 percent of the population of the mammal metropolis of *Zootopia*, which is also home to predators—lions, tigers, wolves, foxes, jaguars. But over the centuries, prey and predators have evolved past their primal, biological instincts and learned to co-exist...mostly.

And *Zootopia*, the latest Disney film, shows just how far the *House of Mouse* has evolved from dreamy prince-and-princess fairy tales of decades past. There's bold new energy and excitement coursing through the studio, and it's everywhere in this hip, ingenious, wildly creative tale full of wit, emotion and a message of inclusion, understanding and diversity.

To see where the movie gets its mojo, start at the top. Co-directors Brian Howard and Rich Moore's credits include Disney's *Tangled*, *Bolt* and *Wreck-It*

Ralph as well as *The Simpsons*.

The smart, super-sharp story (Jennifer Lee, one of the writers, won an Oscar for *Frozen*, and Phil Johnson wrote the new Sacha Baron Cohen comedy *The Brothers Grimsby* and the underrated *Cedar Rapids*) begins with the departure of buoyantly optimistic Judy Hopps (Ginnifer Goodwin) from pastoral Bunnyborough for the teeming Xanadu of *Zootopia*, where she aspires to become a police officer, the city's first bunny cop. She does, and quickly hops smack into some deep-rooted prejudice, fears and stereotypes.

An elephant refuses to serve a fox in his ice cream parlor; a tiger is told, "Go back to the forest, predator!" It's no stretch to substitute racism, sexism and other "isms" for the "species-ism" that Judy finds separating animals that are otherwise friends, neighbors, coworkers and fellow citizens.

After Judy encounters Nick Wilde (Jason Bateman), a sly fox who makes his living running small-time scams and hustles, she soon must enlist his help investigating a mysterious case that's baffled the police chief (Idris Elba, a blustery cape buffalo).

To say much more about

the plot—which deepens and thickens considerably—would give away its many delights. The animal animations are outstanding, and the computer artists create special-effect magic melding the menagerie with the personalities of the actors—J.K. Simmons as a lion, Jenny Slate as a sheep, Tommy Chong (of *Cheech & Chong*) as a "naturalist" yak, pop star Shakira as a sexy gazelle (who sings the movie's theme song, "Try Everything").

The movie is a visual feast full of fun, suspense, surprise and adventure. It delivers its uplifting, more serious theme of unity and togetherness in a way that will rarely feel preachy or ponderous for kids. Grown-ups will keep busy tracking the dozens of pop-cultural riffs, sight gags and in-jokes, including meta-references to other Disney flicks and nods to classic Hollywood, like an especially clever *Godfather* scene and one of the best cop-doughnut jokes in any movie, ever.

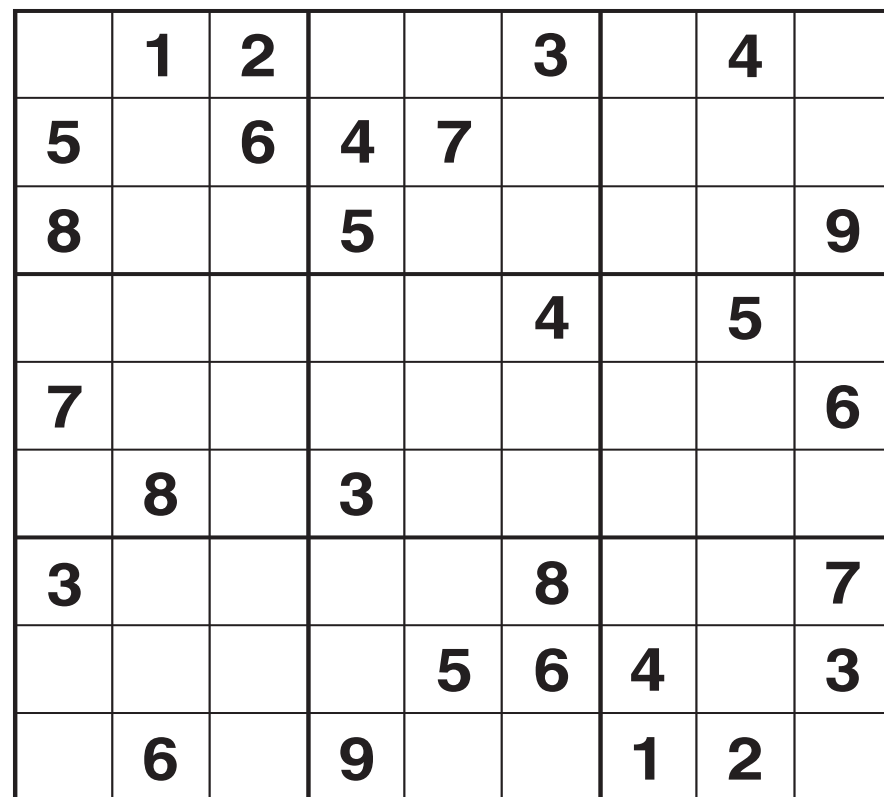
From a talking mouse mascot to a flying elephant and 101 Dalmatians, Disney has always had a thing for animals. In *Zootopia*, they're not only running the show, they've taken over the world. And they've got a very important, oh-so timely message for us all.

Solution to last week's Crossword puzzle.



SUDOKU

Solution to puzzle on page 18







## Homemade twix bars



### INGREDIENTS:

Shortbread:  
 1 1/4 cups all-purpose flour  
 1/4 cup granulated sugar  
 2/3 cup butter, softened slightly  
 Caramel:  
 1/2 cup butter  
 1/2 cup brown sugar  
 1/2 cup sweetened condensed milk  
 2 Tablespoons corn syrup  
 Chocolate:  
 2 cups chocolate chips  
 1 teaspoon vegetable oil

### INSTRUCTIONS:

Preheat the oven to 350°F. Line a 9x9 pan with parchment paper or spray with non-stick cooking spray. Set aside. Combine the flour and sugar in a medium size bowl. Then cut the butter in with a pastry cutter or two forks, until it forms a crumb mixture. Then press down into the pan and bake for 20 minutes. Remove from oven and allow to cool. For the caramel add the butter to a medium saucepan and melt over medium heat. Stir in the brown sugar, corn syrup, and sweetened condensed milk. Bring to a boil and cook for 5 minutes, stirring constantly. Remove from heat and stir an additional 2 minutes, or until it starts to thicken. Pour over cooled shortbread bars. Allow to cool. Once the caramel has become firm, mix the chocolate and oil in a microwave safe bowl. Cook on high for 1 minute. Stir and cook in 15 second intervals, until the chocolate is melted. Then pour over the caramel layer and allow to set. May place in the fridge to help set faster. Once the chocolate has hardened, cut into squares with a warm knife.

## Artists Selected for Project 88, Public Art Program a modern take on the classic hot clubs!

NICOLE DERENNE COORDINATOR | PUBLIC ARTS COMMISSION GRAND FORKS

Grand Forks, ND – Three artists have been selected for Project 88, a public art program in which pianos are transformed into painted artworks. Each artist will paint an original design on a piano to create a functional artwork in publicly accessible spaces for the community to enjoy and play.

Pianos can be found at the Grand Cities Mall, the River Cinema Mall, and the Altru Health System Rehab Center. Artists will paint their designs on-site, encouraging public engagement.

Selected artists include Mary Ann Austin, Hillary Kempenich, and Lillian Stegman. Mary Ann Austin's design, "The Secret Place", features a whimsical birch tree forest with flowers and will be painted on a piano located at the River Cinema Mall, near Mama Maria's Restaurant, in East Grand Forks. Austin will begin painting the piano on March 5. Hillary Kempenich's design, "Fluidity", promotes a positive and hopeful outlook in the face of challenges and will be painted on a piano located at the Altru Rehab Center.

Kempenich will begin painting her work on March 7. Lillian Stegman's design, "Prairie Symphony", which features a golden wheat field and bright blue sky, will be painted on a piano located at the Grand Cities Mall. Stegman will begin painting the piano on March 12.

"We are very pleased to work with artists to enliven public spaces and engage the community through art", said Nicole Derenne, Coordinator of the Public Arts Commission. Bryan Hoime, President of the North Valley Arts Council Board of Directors, suggests that "engaging artists to paint pianos in public places makes the spaces more vibrant and creates meaningful connections within the community."

"Project 88 is a musical tribute to our public spaces, welcoming everyone and providing imaginative ways to share musical experiences," said Joshua Gratton, President of the UND Student Group Project 88. "We invite everyone to share their passion for art, music, and performance by watching the artists create

artwork, playing the pianos, or listening to musical performances," said Derenne.

Project 88 is made possible by a grant from the Community Foundation of Grand Forks, East Grand Forks, and Region. Project 88 is organized through a partnership between the North Valley Arts Council, the Public Arts Commission, and the UND Student Group Project 88.

About the Public Arts Commission The Public Arts Commission (PAC) leads a community-wide coalition in the development of a vibrant cultural and artistic life for all who live in or visit Greater Grand Forks. PAC is committed to enhancing the public arts and culture of Greater Grand Forks, believing that an emerging public arts program will make a unique contribution to the local and regional economy and quality of life.

About the North Valley Arts Council The North Valley Arts Council (NoVAC) supports and promotes arts and culture for the artists, arts organizations, and citizens of Greater Grand Forks.

About Project 88, UND Student Group Project 88 is a student organization geared towards giving group members experience with the business side of music related events. We regularly set up concerts on campus, which provides performing opportunity for musicians and provides exposure of classical music to the general public.

**Still the coziest spot in town!**

YOU CAN NOW  
**TRADE YOUR BOOKS for credit!**  
 GUIDELINES AVAILABLE IN STORE

**MILITARY ID DISCOUNT!**  
 10% Off Everything, Every Day!  
 WITH A MILITARY ID

M-Th & Sat: 10am - 6pm • Fri: 10am - 8pm • Sun: 12n - 4pm  
 8 Main St S • Downtown Minot • 839-4050 • www.mainstreetbooksmint.com • mainstreetbooks@srt.com

**COME ONE COME ALL TO THE NORTHWEST SHRINE CIRCUS**

JORDAN WORLD CIRCUS at Las Vegas, NV

**7 PERFORMANCES**  
**April 25, 26, 27**

**ADVANCE TICKETS ON SALE AT THESE LOCATIONS**

- All MarketPlace Foods
- CVS Pharmacy
- White Drug, Town & Country
- Harley's Arrowhead Cenex
- Scheels, Dakota Square
- Lien's Jewelry, Downtown
- Minot Auditorium Office
- Minot AFB Outdoor Recreation
- Stop & Shop

MONDAY, APRIL 25  
 4 & 7:30 PM

TUESDAY, APRIL 26  
 10 AM, 4 & 7:30 PM

WEDNESDAY, APRIL 27  
 10 AM & 7 PM

**ALL SEASONS ARENA**

Proceeds are for the benefit of the Minot Shrine Club. Payments are not deductible as a charitable contribution. minotshriners.com

**CERTIFIED ORGANIC PRODUCE SHARES NOW AVAILABLE**

14-16 WEEKS OF SEASONAL PRODUCE

**FULL SHARE | HALF SHARE**  
 \$575 | \$400  
 (FIRST COME, FIRST SERVE)

FOR DETAILS CONTACT:  
 WWW.NORTHSTARORGANIC.COM  
 M.BAKER@NORTHSTARORGANIC.COM  
 OR CALL US AT 701-720-2635

**THE LANDING**  
 BAR & BOTTLE SHOP

**LIVE MUSIC!**

**Follow Suit** APRIL 15 & 16

**TRIVIA** MONDAYS

**KARAOKE** SUN & MON AT 9

**EVERY WEEKDAY PRICE**  
**\$2.50** DOMESTICS & BAR POUR | 10AM TO 7PM

2015 N BDWY, MINOT 701-852-2685

**North Hill BOWL**

**X-TREME BOWLING**  
 FRIDAY & SATURDAY

**OPEN BOWLING DAY & NIGHT**  
 MONDAY - SATURDAY

**X-TREME BOWLING HOURS:**  
 FRIDAY: 6PM-1AM  
 SATURDAY: 6PM-1AM

CELEBRATE WITH US!  
**WE DO BIRTHDAY PARTIES FOR ALL AGES!**

1901 NORTH BROADWAY, MINOT, ND  
 852-4108  
 NORTHHILLBOWL.COM

EXPERIENCE FUN & CREATIVITY @

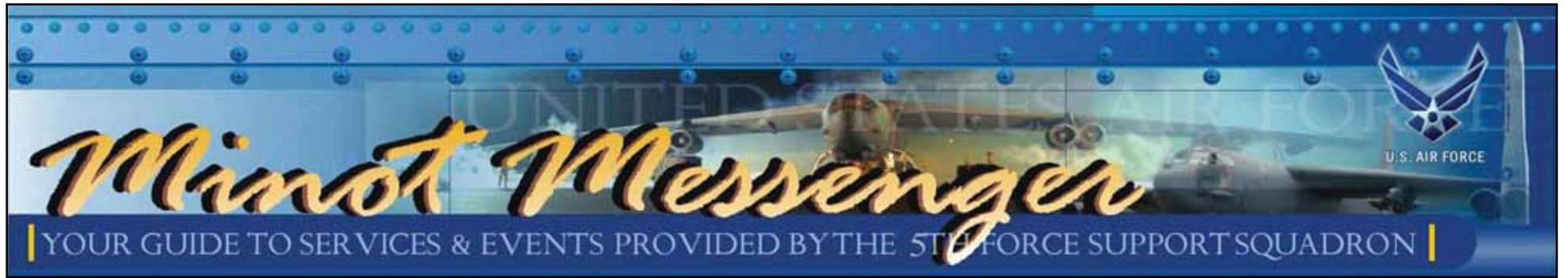
**Margie's**

**HOURS**  
 TUE & TH 10AM - 8:30PM  
 W F & SAT 10AM - 5:30PM  
 SUN & MON CLOSED

- PAINT YOUR OWN CERAMICS IN THE STUDIO!
- ENJOY A DELICIOUS FRUIT SMOOTHIE OR COFFEE FROM THE BLACK IGUANA COFFEE SHOP!
- BROWSE THE UNIQUE GIFT SHOP!

109 S MAIN ST • 837-8555 • MARGIESARTGLASS.COM

**YES YOU CAN!**



### Youth Center Hosting MOMC Kid's Block Party On April 29th

As the Month of the Military Child celebration continues, a number of events are scheduled that focus on the importance of military children along with their families and caregivers.

The Youth Center's extravaganza for the Month of the Military Child kicks off with the Kid's Block Party on Friday, April 29th scheduled from 5-8 p.m. The Kid's Block Party is FREE and open to the entire base community. Come out and celebrate the Month of the Military Child with fun activities, games, prizes, bouncy house, food, and more. For additional information, call the Youth Center at 723-2838.

### Squadron No-Tap Bowling Tournament To Determine Squadron With Best Bowlers

Squadron vs. squadron who's the best? Rough Rider Lanes is hosting the 1st annual Squadron No-Tap Bowling Tournament to see which squadron has the best bowlers. The tournament is scheduled for Friday, April 29th beginning at 3 p.m.

Each 4-person team will bowl 3 games of 9 Pin No-Tap. The winning team is based on the team with the highest team total pin fall at the end of the 3 games. The bowler with the highest total pin fall after 3 games will also be recognized. Tournament cost is \$45/team and is limited to 20 teams. To sign-up, visit Rough Rider Lanes or call 727-4715 for more information.

### Enjoy Special MOMC Sunday Brunch At Doolittle Center

The Doolittle Center is hosting a special Month of the Military Child Sunday Brunch on April 24th from 10:30 a.m. to 1:30 p.m. Enjoy a delicious Sunday brunch while the kids visit with Dizzy the Clown for free balloon animals. During this brunch, special kids cuisine will be served and all children receive a free gift.

Something Minot AFB children always look forward to as part of the Month of the Military Child Brunch is the chance to win age appropriate boy and girl bicycles or other prizes. There are four age categories including: ages 2 and under, ages 3-5, ages 6-8, and ages 9-12.

Another giveaway as part of the Month of the Military Child Brunch is the opportunity for children to register their parents for a chance to win a prize. One lucky mom will receive a Sterling Silver Freshwater Oval Pearl Station necklace valued at \$295.00. The winning dad takes home a men's Wittnauer stainless steel quartz watch valued at \$395.00.

The Month of the Military Child Brunch is sponsored by Verendrye Electric Cooperative and Knowles Jewelry. *No Federal Endorsement of Sponsors Intended.*

Cost for the brunch is \$15.95 for club members and \$18.95 for non-members. Children ages 12 and under are free. For more details, call 723-3731.

### Register Now For Wine & Paint Class At Arts & Crafts Center

The Arts and Crafts Center invites you to their Wine & Paint class on Friday, April 22nd from 6:30-8:30 p.m. Cost is \$26 per person for a two-hour exciting painting experience. Step-by-step instruction will be provided. Sign-up at the Arts & Crafts Center now through April 21st. Class is open to adults 21 years of age and up only; limited seating. Wine is not included in cost; you must provide your own if desired. For details, call 723-3640.

**GARDEN PLOT OPEN REGISTRATION BEGINS MONDAY, APRIL 18TH AT OUTDOOR RECREATION**  
 Cost per plot is \$20 for the season - Season begins around May 26th until the end of October

**FAMILY and YOUTH EVENTS & PROGRAMS**

**Apr 15 Family Pizza Night**  
Family Pizza Night returns to the Jimmy Doolittle Center on Friday, April 15th from 5-7 p.m. Build your own personal pizza from a wide array of delicious toppings, sauces, and crust. Cost is \$5 per pizza for club members of all ages and \$7 per pizza for non-members of all ages. For additional information, contact the Jimmy Doolittle Center at 723-3731.

**Apr 20 Bundles For Babies**  
Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on April 20th from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your new baby and about many of the support programs that are available. Meet other expectant parents and receive a free gift for your new baby courtesy of the Air Force Aid Society. To register, call the Airman & Family Readiness Center at 723-3950.

**Apr 21 Creative Kids Class**  
Spend the morning with your preschooler creating a Mother's Day mat for framing during the Creative Kids class at the Arts & Crafts Center on Thursday, April 21st from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. For more details, call the Arts & Crafts Center at 723-3640.

**Youth Baseball & T-Ball Registration**  
The Youth Center is holding Youth Baseball & T-Ball registration now through April 29th for youth 3-13 years of age. Cost is \$40. Youth Center membership is required. The season is scheduled to begin on May 24th. The Youth Center depends on volunteer coaches to help make the season a fun experience for all participating youth. If you are interested in volunteering, please stop by the Youth Center. For additional registration information, contact the Youth Center at 723-2838.

**Apr 16 Spring Sampler Fitness Event**  
The Fitness Center invites you to try a variety of fun classes during the Spring Sampler Fitness Event on Saturday, April 16th from 10 a.m. to noon. The event is open to all DoD card holders 16 years of age and older. For more information, call the Fitness Center at 723-2145.

**Apr 23 Latin All Night & Salsa Lesson**  
Gather up your friends and get ready to party during Latin Night at Rockers Bar & Grill on Saturday, April 23rd. Enjoy the Salsa lessons beginning at 11 p.m. with the hottest Latin music from 11 p.m. to 3 a.m. Ladies will be admitted FREE until midnight. This event is free for club members and \$7 for non-members. For details, call 727-ROCK.

**Register Now For Ladies Night**

Auto Hobby is hosting a Ladies Night on Monday, April 25th from 5-7 p.m. Ladies are invited to learn the basics on how to maintain their vehicle. The class is taught by a certified mechanic. The April event includes mounting and balancing tires, tire rotation, and more. Cost is \$5 per person. A door prize will be given away at 6:30 p.m. Registration deadline is April 22nd. To register or for more information, call Auto Hobby at 723-2127.

**YOUNG AIRMEN EVENTS & PROGRAMS**

**Apr 15 Freaky FREE Friday**  
Strike up some fun during Freaky Free Friday at Rough Rider Lanes on April 15th from 5-9 p.m. When you purchase 2 games of bowling and shoe rental you'll receive an additional one game of bowling FREE. Gather your friends and family for an enjoyable night of affordable fun. For more details, call Rough Rider Lanes at 727-4715.

**Apr 15 Friday Night Karaoke**  
Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on April 15th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For additional information, call Rockers Bar & Grill at 727-ROCK.

**Apr 15 Run & Row Relay Challenge**  
The McAdoo Fitness Center is hosting a 2 Person Run & Row Relay Challenge on Friday, April 15th beginning at 3:30 p.m. at the outdoor track. Sign-ups are required; register at the Fitness Center now through April 15th. The 2 Person Run & Row Relay Challenge is open to all DoD I.D. card holders 16 years of age and older. For additional information, contact the McAdoo Fitness Center at 723-2145.

**Apr 16 Hip Hop All Nighter**  
Dance, party, and hang out with your friends during the Hip Hop All Nighter at the Rockers Bar & Grill on Saturday, April 16th from midnight to 4 a.m. Ladies are admitted free until 1 a.m. The event is free for club members and \$7 for non-members. For more details, call 727-ROCK.

**Apr 20 Single Airmen Slice Night**  
Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For more information, contact Rough Riders at 727-4377.

**Apr 21 Off-Base Budget Class**  
Planning to move off base? Do you have a functional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on April 21st from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LES and have knowledge of their bills. Class size is limited; call 723-3950 to register.



# iMAGICICON

Art by Tom Fleming

April 22-24, 2016

**Panels • Cosplay • Gaming • Tournaments**

Meet special guests Margot Kidder, Tom Fleming, Beetlecat Originals & more



Tickets available at [imagiconnd.com](http://imagiconnd.com) • Kids 12 & younger free

# Mixed martial Airman

AIRMAN NATHAN H. BARBOUR  
355TH FIGHTER WING PUBLIC AFFAIRS

**D**AVIS-MONTHAN AIR FORCE BASE, Ariz. (AFNS) -- (This feature is part of the "Through Airmen's Eyes" series. These stories focus on individual Airmen, highlighting their Air Force story.)

The silence of a wooded courtyard is broken by the crack of flesh and bone against the base of a tree. It is legend that one who is trained in muay thai will be able to chop down a banana tree using their hardened shins. This legend drives a young man, with dreams of being the best, to repeatedly assault the tree. It is padded but it does not give. Even the sturdiest heavy bag securely anchored to the floor would give in to the power of this fighter testing his might.

Senior Airman Jeremiah Garber, a 355th Maintenance Group analyst, wants to take his mixed martial arts game to the next level.

The amateur fighter arrived at the secluded Tucson ranch as the sun in Arizona blazed through the trees and flower bushes of the sanctuary. He already knew the drill: he must prepare immediately for the arrival of his muay thai trainer, Ricky Phrathep, who allows no rest.

Garber is not a novice; he started wrestling at an afterschool club before he was even attending classes.

"(The instructors) didn't know I wasn't in school yet," Garber said. "I just went to the club like I was in school already."

Phrathep wastes no time, instructing Garber to get his shoes on because they are practicing outside today.

Garber knew he was about to be put through the ringer.

"We work our bodies to a point that they'll never have to reach in competition and then we'll start working on some techniques and live sparring," Garber said. "We always train like that so when we do get to sparring, striking and head-to-head competition, it's as if we're in the fifth and final round."

Garber found his footing at a seventh-grade wrestling tournament. He lost a match, but with hopes to only reach second place, he pinned the rest of his opponents. To his surprise, Garber had actually won

the tournament because the opponent he originally lost to was defeated.

"I never won a tournament (until that day), and then I won six in a row," Garber said. "That's when I knew I could do it."

Already sweaty from a warmup exercise consisting of lifting dumbbells, log jumping and shadow boxing, Garber observed as Phrathep described the proper technique to drag a log with a rope tied to it. When the rope is handed to Garber, he must drag it approximately 50 meters back and forth until Phrathep says stop.

Garber stays motivated by imagining the growing distance of separation between him and his competition with every new level he takes his training.

After his 18th birthday, Garber fought in only one official MMA fight. A few months later, he joined the Air Force. It would be years before Garber would have the opportunity to fight in a cage again.

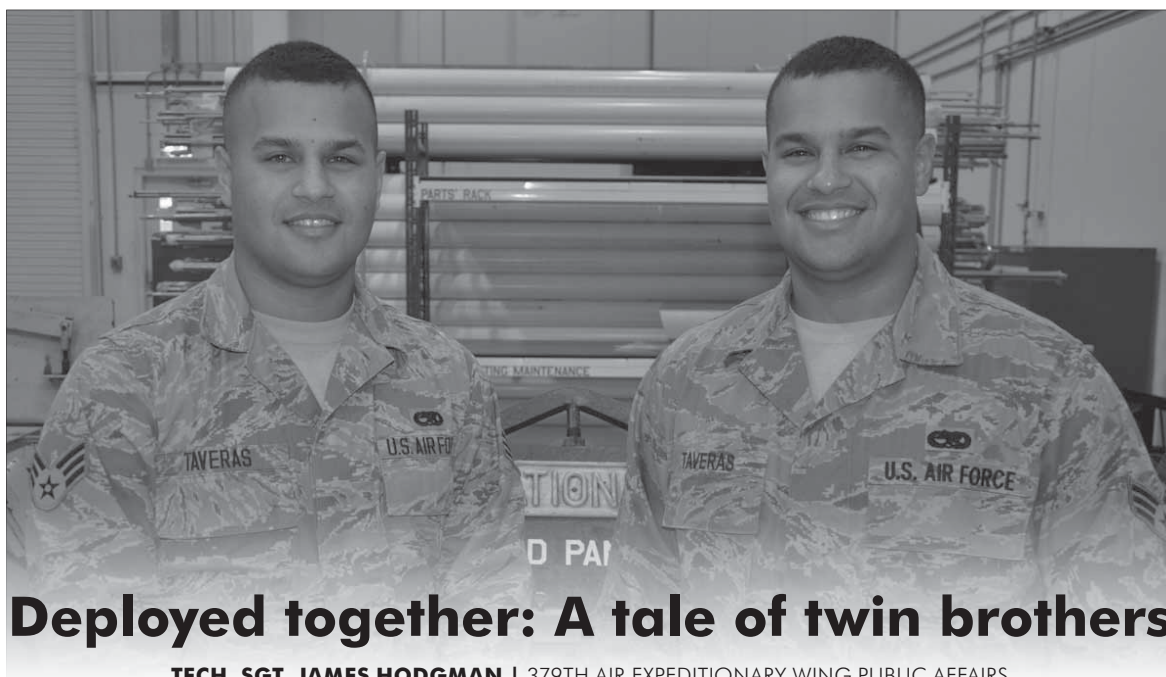
Garber found a jiu-jitsu class when he first arrived in Tucson. He spent hours upon hours perfecting his ground technique. Once he felt it was strong enough, he started muay thai to improve his striking abilities.

"I really like the speed and technicality of muay thai," Garber said. "If I go against a kickboxer, grappler or brawler who's just relying on their athleticism and physicality, I can cut those things away and cover and strike."

After more than 30 minutes of high intensity drills, Garber shook his arms to continue blood flow back to his hands. He and Phrathep then entered a nearby dojo and began to practice the techniques that will give Garber the edge he desires.

"Muay thai is very similar to kick boxing," Garber said. "The difference is that clenches, knees and elbows are vital for it to be effective. You always have to picture each part of your body as a weapon."

By utilizing Phrathep's extensive knowledge and experience, Garber intends to expand his arsenal to its maximum potential. He envisions his hands being molded into powerful clubs, his elbows sharpened into deadly knives, and his knees swinging with the might of sledge hammers.



## Deployed together: A tale of twin brothers

TECH. SGT. JAMES HODGMAN | 379TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

AL UDEID AIR BASE, Qatar (AFNS) -- (This feature is part of the "Through Airmen's Eyes" series. These stories focus on individual Airmen, highlighting their Air Force story.)

Twin brothers often share similar experiences from birth to high school graduation. But only a few can claim to serve in a deployed unit at the same time.

Senior Airman Emmanuel Taveras, an electrical and environmental journeyman, and his twin brother, Senior Airman Carlos Taveras, an aircraft structural maintenance apprentice, can.

The brothers are assigned to the 379th Expeditionary Maintenance Squadron and work in the same building. They arrived at Al Udeid Air Base, Qatar, in January, only six days apart.

Emmanuel said serving in a deployed location with his brother is a dream come true.

"We always wanted this, to be assigned to the same base," Emmanuel said. "It's unique to have that happen, especially at a deployed location; we're so thankful."

Carlos said there are benefits to being in a deployed location with his brother.

"Having him here makes the experience so much easier to deal with," he said. "It can be stressful at times, but having my brother around makes things better."

The Taveras brothers were born in Puerto Rico and moved to the Dominican Republic when they were 4 years old. At the age of 10, they moved to the Bronx, New York, where they lived until each of them decided to join the Air Force, following in their Uncle Juan's footsteps.

"My uncle served in the Air National Guard and he was my motivation," Emmanuel said. "He pushed us to consider serving in the USAF and

stressed the education benefits and travel opportunities Airmen have."

"I wanted to be just like my uncle," Carlos added. "I never considered joining the military until he did; the military provided me with an opportunity to explore and see things we didn't get to see."

Emmanuel enlisted in June 2011, foregoing his last two years of college, while Carlos enlisted two years later after earning his bachelor degree in graphic design.

"I was a little jealous when (Emmanuel) joined," Carlos said. "At that time, I was thinking about joining. When I heard he was joining and later got orders to Germany, it kind of made me lose my mind because I wanted to travel and see the world."

Both brothers like to travel and expressed an interest in experiencing different cultures. The duo credit the Air Force with allowing them to pursue their dreams. Between the pair, they've traveled to 13 countries.

Prior to deploying to Al Udeid AB, Carlos was assigned to McConnell Air Force Base, Kansas, while Emmanuel was at Misawa AB, Japan.

Carlos said he was very excited when he learned he would deploy.

"I volunteered for any deployment available because I needed a change of pace, but several people volunteered ahead of me," Carlos said. "So, I held on to hope. Then in October, my shop chief said he needed someone to fill in for someone else who couldn't deploy. I quickly said yes."

While Carlos learned he was deploying in October 2015, Emmanuel was already scheduled to arrive at Al Udeid AB in August. Both brothers volunteered for their respective deployments and that decision ultimately brought them together to serve in the same unit.

Emmanuel said he's hopeful he and his brother will be assigned together again in the future.

"Hopefully, we can get assigned to the same base in Europe or another one in Asia," he said. "That way we could travel to so many more countries together."

Carlos joked that Emmanuel could serve as his tour guide since he's already been assigned to Germany, South Korea and Japan.

"Sure thing," Emmanuel said.

**CAPITAL  
R.V.**

North Dakota RV Dealer  
#1 Motor Home, Towable  
& Toy Hauler RV Sales

3000 14th Ave SW • Minot, ND  
Hours: Monday - Friday 8:00 am - 5:00 pm  
Saturday 8:00 am - 2:00 pm  
701-838-4343 • 800-488-7896  
www.capitalrv.com



**Laura Larson, M.S., LPCC**  
is now seeing clients for mental health needs at  
Northland Community Health Center in Minot.

**Over 20 Years Experience**

**Services Include:**  
Individual & Family therapy to children, adolescents, & adults  
Please call for more information or to schedule an appointment. 852-4600. Northland Community Health Center is located in the Arrowhead Mall in Minot.



**Northland Community  
Health Center**

"Our Family Caring For Your Family"

**TODAY**

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Cardio Blast, 1200, Fitness Center
- 2 Person Run & Row Challenge, 1530, Fitness Center
- Hog Roast, 1630-Until food is gone, Rockers Bar & Grill
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill
- Freaky FREE Fridays, Every Fri, 1700-2100, Rough Rider Lanes
- BBQ Night, Every Fri, 1700-2100, Rockers Bar & Grill
- Family Pizza Night, 1700-1900, Jimmy Doolittle Center
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Karaoke, Every Friday in April, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2000-2400, Rough Rider Lanes

**SATURDAY**

- Last Day to vote on Lego creations at the Base library for the Lego Building Competition
- Picture Framing Class, 1000, Arts & Crafts
- Spring Sampler Event, 1000-1200, Fitness Center
- Base Skate, Every Saturday, 1600-1800, Youth Center
- Super Saturday Family Activity, Every Saturday, 1800-2000, Youth Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- Hip Hop All Nighter, Midnight-0400, Rockers Bar & Grill

**SUNDAY**

- Zumba, 1400, Fitness Center

**MONDAY**

- Garden Plots available for reservations at Outdoor Rec
- Youth Tumbling Classes, Hours vary by age, Youth Center
- Youth Karate Classes, Hours vary by age, Youth Center
- Senior TAP GPS Workshop, 0800-1600, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Reintegration Training, 1300-1400 A&FRC
- Home Buying Seminar, 1430-1630, A&FRC
- Step Jam, 1730, Fitness Center
- Yoga, 1830, Fitness Center
- Cycle+Core, 1930, Fitness Center

**TUESDAY**

- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
- Fit to Fight MIX, 0600, Fitness Center
- Cycle+Strength, 0700, Fitness Center
- Senior TAP GPS Workshop, 0800-1600, A&FRC
- Pre-Separation Counseling, 0830-1130, A&FRC
- Trek, 0900, Fitness Center
- Hard Core Cardio, 0945, Fitness Center
- Game Day, Every Tues, 1000-1930, Library
- Zumba, 1100, Fitness Center
- Torch Club Meeting, 1600-1700, Youth Center
- Yoga, 1615, Fitness Center
- Fit To Fight, 1630, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- TurboKick, 1730, Fitness Center
- Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)
- Hard Core Strength, 1830, Fitness Center
- Cycle, 1930, Fitness Center

**WEDNESDAY**

- Youth Karate Classes, Hours vary by age, Youth Center
- Cycle, 0600, Fitness Center
- Senior TAP GPS Workshop, 0800-1600, A&FRC
- Bundles for Babies, 0900-1030, A&FRC
- Stroller Fitness, 0930, Youth Center
- Story Time, 1030, Base Library
- Fit to Fight Cycle, 1100, Fitness Center
- Fit to Fight CORE, 1130, Fitness Center
- Cardio Blast, 1200, Fitness Center
- Pre-Deployment Readiness Training, Every

- Wed, 1400-1500, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Cycle+Strength, 1630, Fitness Center
- Buck with a Bang, Every Wed, 1700, Rough Rider Lanes
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
- Zumba, 1730, Fitness Center
- AFB Bowling 2.0, Every Wed, 1800, Bowling Center
- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center, (18 years & older)
- Yoga, 1830, Fitness Center

**THURSDAY**

- America's Kids Run online registration opens at [www.americaskidsrun.org](http://www.americaskidsrun.org)
- Youth Center Dance & Tumbling Classes, Every Thursday, Various Times, Youth Center
- Senior TAP GPS Workshop, 0800-1600, A&FRC
- Creative Kids Class, 1030-1100, Arts & Crafts
- HIIT & Core, 1100, Fitness Center
- Reintegration Training, Every Thurs, 1300-1400, A&FRC
- Off-Base Budget, 1430-1600, A&FRC
- Fit to Fight, 1630, Fitness Center
- Single Airmen Wingman Night, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, 1700-1900, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center, (18 years & older)
- Body Blast, 1830, Fitness Center
- Cycle, 1930, Fitness Center

**UPCOMING EVENTS - APRIL 22**

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Senior TAP GPS Workshop, 0800-1600, A&FRC
- Stroller Fitness, 0930, Youth Center
- Fit to Fight, 1100, Fitness Center
- Cardio Blast, 1200, Fitness Center
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill
- Freaky FREE Fridays, Every Fri, 1700-2100, Rough Rider Lanes
- Airman Appreciation Night, 1700-1900, Jimmy Doolittle Center
- BBQ Night, Every Fri, 1700-2100, Rockers Bar & Grill
- Give Parents a Break, 1800-2200, Child Development Center/School Age Program
- Wine & Paint Class, 1830-2030, Arts & Crafts
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Karaoke, Every Friday in April, 2000-Close, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2000-2400, Rough Rider Lanes

**UPOMING EVENTS - APRIL 23**

- Trek, 0800, Fitness Center
- Cycle, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Chess Club, 1100, Base Library
- Base Skate, Every Saturday, 1600-1800, Youth Center
- Super Saturday Family Activity, Every Saturday, 1800-2000, Youth Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Rough Rider Lanes
- Salsa Lessons, 2300, Rockers Bar & Grill
- Latin Night, 2300-0300, Rockers Bar & Grill

**ONGOING EVENTS**

- Month of the Military Child Bowling Special, April 1-29, Children 17 and under can bowl for \$2.25 a game and get a FREE shoe rental. Mon-Tues: 0900-1400, Wed-Fri: 0900-1900
- Lego Building Competition, 2-16 April, Everyone can vote on Facebook or at the Library for their favorite creation submitted in March.
- BBQ Night, Every Friday, Rockers Bar & Grill prepares all the best finger-licking barbecue. Smoked Chicken, Beef Brisket, or St. Louis Style Spare Ribs paired with baked beans, coleslaw and a dinner roll. Platters start at \$16.95, Members receive \$2 off platter prices.
- Climb to Fitness, Rock wall available at McAdoo Fitness. Ages 18 & up with a DoD ID Card. Ages 13-17 with written consent and parent or legal guardian present. Contact McAdoo Fitness

Center for more details at 723-2145.

- Qualified Personal Trainers, by appointment, Fitness Center
- Rough Riders Monthly Pizza Special
- April Special – BBQ Pastrami Pizza. Our tasty signature BBQ sauce loaded with pastrami and red onions, sprinkled with red pepper flakes. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Panino Meal – Pastrami, red onions, and red pepper flakes with melted Swiss. Topped with spinach & tomatoes. Served with BBQ sauce. \$8.50 includes a side and drink.
- Auto Hobby Monthly Special. April Special – Remove studded tires April 1st-15th. Customers come to Auto Hobby and dismount winter tires and mount all-season tires – the staff will balance the tires. Sale \$15/pair of tires – stall fee included.

**PRENATAL YOGA**

The Youth Center is offering Prenatal Yoga on Wednesdays at 10:15 a.m. Improve your pregnancy and birth experience through prenatal specific yoga. This multifaceted approach encourages flexibility, strength, balance, stamina, focused breathing, relaxation techniques, positive mental centering, and more. This style of class is great for any level of yoga practice, new to advanced. With your doctor's approval, you will gain many health benefits for you and your baby. The 45 minute session, held once a week, will be a guided journey which will allow you to learn skills to use at home during your pregnancy, during labor/birth, and postpartum. This is an ongoing class and can be joined at any point during normal and healthy pregnancy. Cost is \$40 per month. For more information, call the Youth Center at 723-2838.

**EXPECTANT AND BREASTFEEDING MOTHERS**

We meet the 2nd Thursday of each month at 10AM at the Rough Rider's Golf Course Meeting Room. Please check our facebook page LLL of Minot for last minute meeting updates and changes. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. Babies and children welcome. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at [www.facebook.com/LLLofMinot](http://www.facebook.com/LLLofMinot).

**PARK UNIVERSITY SUMMER 2016 REGISTRATION IS NOW OPEN!!**

Park University's Summer 2016 term (6 June 2016 – 31 July 2016) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at [mino@park.edu](mailto:mino@park.edu). If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

**YOUTH EMPLOYMENT SKILLS**

High school students that are an active duty Air Force dependent can earn money for college through participation in the Youth Employment Skills (YES) program. You must be a Youth Center member age 13 to 18 and completed the 8th grade. Applications are available at the Youth Center. Call the David C. Jones Youth Center at 723-2838 for more information.

**MINOT OFFICER SPOUSES CLUB**

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at [www.minotosc.org](http://www.minotosc.org) Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at [www.minotosc.org/little-clubs.html](http://www.minotosc.org/little-clubs.html)

**MINOT ENLISTED SPOUSES CLUB**

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at <http://www.mesc.org/>

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** is now registering for the Spring 2016 online term (25 April-26 June). To sign up for classes, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to [minot@erau.edu](mailto:minot@erau.edu). If you have any questions, please call 701-727-9007.

**AIR FORCE SGTS ASSOCIATION, CHAPTER 959, GENERAL MEMBERSHIP MEETING** GENERAL MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants Association (AFSA) is a federally chartered non-profit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired-All are welcome! Like us on Facebook at [www.facebook.com/MinotAFSA](http://www.facebook.com/MinotAFSA). We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at [AFSACH959@gmail.com](mailto:AFSACH959@gmail.com).

**MAIN STREET BOOKS STORYTIME –** An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth – 4yrs and 11:00 a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; [www.mainstreet-booksminot.com](http://www.mainstreet-booksminot.com)

**MAIN STREET BOOKS 1ST SATURDAYS STORYTIME –** A weekend storytime for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth – 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; [www.mainstreetbooksminot.com](http://www.mainstreetbooksminot.com)

**JURASSIC QUEST 4/15/2016 3:00 PM**  
North Dakota State Fair Center. Ticket Price: Kids (ages 2-12) \$11-\$22 age 2 and under are FREE Adults (ages 13-64) \$16-\$18 Seniors (age 65+) \$16 Military Options Jurassic Quest brings you a Dinosaur Adventure for the whole family. The main dinosaur exhibit features ultra-realistic, life-size animatronic dinosaurs; Over 50 life-size dinosaurs in all. Visitors can interact with these huge creatures, learn about them and even ride a few. It features realistic scenes, enormous dinosaurs, cute baby dinosaurs and lots of fun activities for kids of all ages. There are huge T-Rex and Triceratops fossil digs where young paleontologists can uncover long hidden dinosaurs bones, the "Dino Bounce" area with several, towering, dinosaur theme inflatable mazes, face painting, Dino crafts and much more!

**FOOD PANTRY BENEFIT CONCERT 4/15/2016 7:30 PM**  
Minot Auditorium. A Food Pantry Benefit Concert will be held at the Minot Auditorium, featuring The Nashville Tribute Band, a Christian Country group from Nashville! The concert is FREE - all we are asking is that you bring non-perishable goods that will be donated to the three area food pantries - Salvation Army, Our Lady of Grace, and The Lord's Cupboard. Come on down and check it out - good music for a great cause!

**PARKED MOTORCYCLE SYNDROME EVENT 4/16/2016 9:00 AM**  
Magic City Harley-Davidson. We've all suffered from PMS long enough (Parked Motorcycle Syndrome). Join us for our spring event. Lunch will be served from 11 to 2. Drawings for door prizes. Sound like fun? Join us!

**MINOT STORY HOUR: AT THE TABLE 4/16/2016 7:00 PM**  
Minot Public Library. The Minot Story Hour is a community storytelling event. On our "At the Table" night, come here 6 members from the Minot community share real stories about food, friends, family (dynamics) and all the stuff that happens when we sit together at the table. Food and beverages will be served. There will be live, local music.

This event is FREE to the public. There will be an opportunity to make a donation at the door (or any time during the event) to support the Souris Valley United Way's "Backpack Buddies" program.

**MINOT STORY HOUR: AT THE TABLE 4/16/2016 7:00 PM**  
Minot Public Library. The Minot Story Hour is a community storytelling event. On our "At the Table" night, come here 6 members from the Minot community share real stories about food, friends, family (dynamics) and all the stuff that happens when we sit together at the table. Food and beverages will be served. There will be live, local music. This event is FREE to the public. There will be an opportunity to make a donation at the door (or any time during the event) to support the Souris Valley United Way's "Backpack Buddies" program.

**MAGIC CITY YOUTH BASEBALL PANCAKE BREAKFAST 4/17/2016 8:00 AM**  
Moose Lodge. Come support Magic City Youth Baseball at their annual Pancake and Sausage Breakfast. April 17th 8-1, at the Moose. \$5. All are welcome.

**COMEDIAN CARLOS MENCIA AT THE ALL SEASONS ARENA 4/17/2016 6:00 PM**  
All Seasons Arena, state fairgrounds. Comedian Carlos Mencia, star of the mind of Mencia and numerous HBO and Comedy Central specials, will be appearing at the all seasons Arena on April 17 at 6 PM. Carlos is definitely a Hollywood A list comedian and the show is sure to be the comedy event of 2016. Tickets are available through the fairgrounds ticket office as well as on [Etix.com](http://Etix.com).

**HARLEY-DAVIDSON 101 4/19/2016 5:30 PM**  
If you've always wanted to ride, but never took that first step. Or do you know someone who should be riding? The road starts here. Join us for a Motorcycle Boot Camp event. Bring a friend and learn about everything you ever wanted to know about Harley-Davidson motorcycles and the H-D lifestyle.

**FRIENDS OF THE LIBRARY BOOK SALE 4/21/2016 12:00 PM**  
Minot Public Library, 516 2nd Ave. SW, Minot, ND The Friends of the Library Book Sale is held in the "Hidden Treasures" room of the Minot Public Library at 516 2nd Ave SW. ALL proceeds from this book sale go to the Friends of the Library group. For more information on the Friends of the Library visit the Friends of the Library page on the MPL website. For details about the sale please call 701-852-1045

**THE CHALK CIRCLE 4/18/2016 7:30 PM - 4/21/2016 7:30 PM**  
Aleshire Theater - Minot State University. Minot State University Theatre Arts Program presents "The Chalk Circle." How far would you go to save a strangers life? In "The Chalk Circle," an adaptation by assistant professor Carlen Gilseth from Bertolt Brecht's "The Caucasian Chalk Circle," you'll see the story unfold of a young Syrian girl named Rasha who unwittingly gets involved in a life and death chase when she stops to help an infant child. Admission is \$10 for adults and \$5 for seniors and students under 18. MSU students, faculty and staff are admitted free with current ID. For ticket

reservations, call the box office at 701-858-3172. Contact: Theatre Box Office Email: [carlen.gilseth@minotstateu.edu](mailto:carlen.gilseth@minotstateu.edu). Phone: 701-858-3172.

**PJS, POPCORN & STORY TIME 4/22/2016 10:00 AM**  
United Community Bank, Minot. Join the Minot location of United Community Bank in a Pajama Party to support the Domestic Violence Crisis Center. Bring a pair of kids' or women's pajamas, twin bedding, or pillows to donate to the DVCC and enjoy fresh popped popcorn, story time and a behind the scenes tour of the bank. Can't make it to the party? Pajama donation drop off is available from April 18-22.

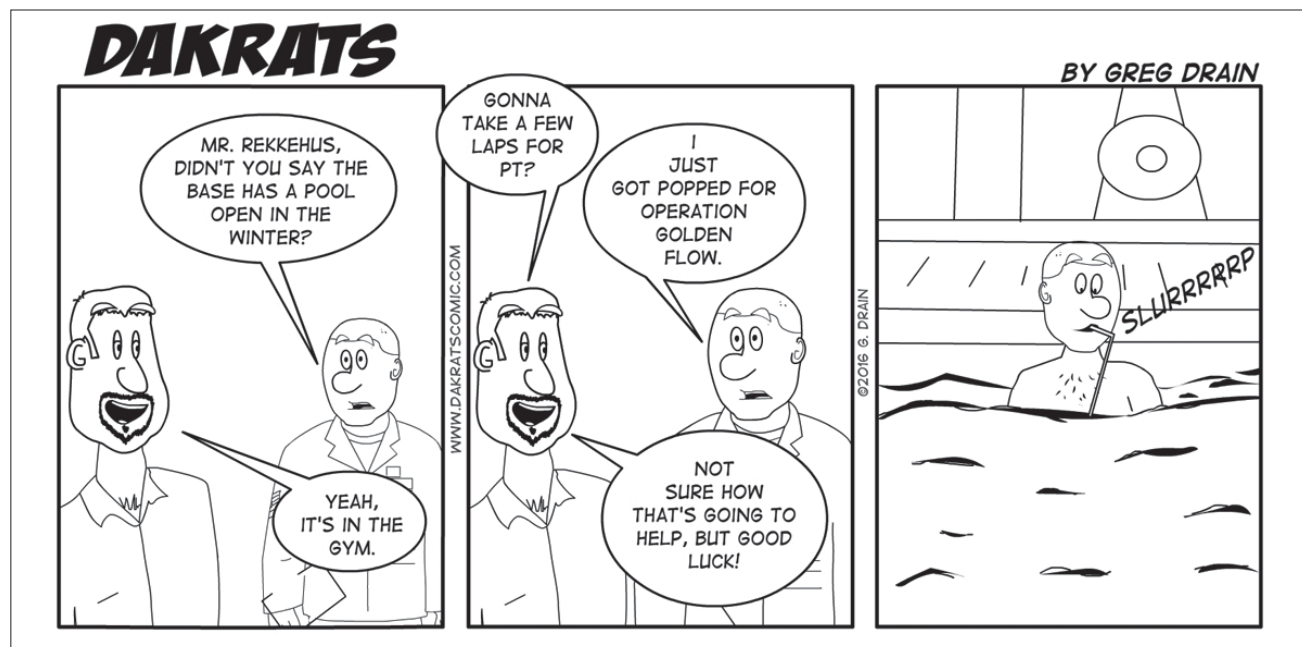
**IMAGICON 4/22/2016 10:00 AM - 4/24/2016 5:00 PM**  
Holiday Inn - Riverside. iMagicon (Minot's Comic Convention) is back and expanding! Join us for three full days of gaming, cosplay, comics, panels and more! 2016 events include overnight LAN tournaments, Minecraft Build Offs, Draw Offs, Ninja Training sessions, cosplay contests and much more! Tickets on sale at [www.imagiconnd.com](http://www.imagiconnd.com). Tickets INCLUDE access to all events, tournaments, activities held at iMagicon (no micro transactions). Room block available at the Holiday Inn Riverside, Minot ND (just mention iMagicon). For more information, visit [www.imagiconnd.com](http://www.imagiconnd.com) or follow us on Facebook at <https://www.facebook.com/imagiconnd>.

**EARTH DAY RECYCLING EVENT 4/22/2016 11:30 AM**  
Kalix Recycling Center. Come celebrate Earth Day with us at the Kalix Recycling Center! We will have giveaways for the first 100 people that bring in plastic! During the week of Earth Day, 04/18 to 04/23, we will be giving double tokens for recyclables (excludes aluminum), which can be spent like cash at Marketplace Foods. All aluminum cans brought in on Earth Day will be paid at a premium token rate!

**11TH ANNUAL SWING INTO SPRING CONCERT & DANCE 4/22/2016 7:00 PM**  
Grand Hotel, Minot, ND. Please join the Minot Public School Foundation and the Minot Community Concert Band as we present our 11th annual Swing Into Spring Concert & Dance, Friday, April 22nd, 2016 at the Grand Hotel. Concert starts at 7:30 pm followed by light hors d'oeuvres and a dance. Get your dancing shoes ready and come join us for a fun night of music, dancing, food, and friends!


**MINOT BABY FAIR 4/23/2016 10:00 AM**  
Minot Municipal Auditorium. Join us for a free community event for parents to connect with other fellow parents and become familiar with all of the local resources available to them!

**PARTY WITH THE MINIONS 4/23/2016 1:00 PM**  
The moose lodge Minot <https://www.facebook.com/events/1697636097120823/>. Meet the minions. Relay for life fundraiser. Music dancing snacks games. 5 dollars at the door.



# CHURCH DIRECTORY

**Little Flower Catholic Church**  
 800 University Avenue West  
 838-1520  
**Mass Schedule**  
 Saturday ..... 5:30 pm  
 Sunday ..... 9:30 am  
**Fr. Fred Harvey, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)

**St. Peter The Aleut Eastern Orthodox Church**  
  
**109 6th St. SE**  
**Minot • 838-3094**  
 Sunday Liturgy ..... 10 a.m.  
 Saturday Vespers.... 6 p.m.  
 The Very Reverend Father Anastassy

**Heritage Baptist**  
 Independent Fundamental  
**Meeting at 435 21st St. NW**  
**833-1798**  
 Sunday School ..... 9:30 a.m.  
 Sunday Worship ..... 10:45 a.m.  
 Sunday Evening..... 6 p.m.  
 Wed. Prayer/Bible Study ..... 7 p.m.  
 Wed. Children's Awana Club .. 6:45 p.m.  
**Pastor Tim Bagwell**  
[heritagebaptistminot.com](http://heritagebaptistminot.com)

**GLENBURN FIRST BAPTIST CHURCH**  
  
 402 South Street • 701-362-7971  
**Sundays:**  
 Morning Worship..... 10:00 a.m.  
 Sunday School ..... 11:15 a.m.  
**Wednesdays:**  
 Glenburn Youth Group - interdenominational  
 Meets September thru May - for students in grades 7-12  
 6:00 meal followed by singing, games, and lessons.  
 Pastor DeVawn Beckman • [revdev@srt.com](mailto:revdev@srt.com)

**Bible Fellowship Church**  
  
 Worship Service 10:45am Sunday  
 Sunday School/Bible Study 9:45am  
**GRIEF SHARE**  
**Classes Starting**  
**November 4th, 7:00pm**  
**838-0916 • 1720 4th Ave NW**  
[minotbiblefellowship.org](http://minotbiblefellowship.org)

**Faith United Methodist Church**  
  
**5900 Highway 83 N, Minot**  
**www.faithumcminot.com**  
**Rev. Debra Ball-Kilbourne**  
 Sunday School (All Ages): 9:30 a.m.  
 Worship Services: Sunday 11 a.m.  
 Wednesday: 5:15 p.m.

**Minot Baptist Church**  
  
 Sending the Glorious Light of Jesus Christ to a Dark and Needy World  
 Sunday School ..... 9:45 a.m.  
 Morning Worship .... 11:00 a.m.  
 Evening Worship ..... 6:00 p.m.  
 Wednesday Evening..... 7:00 p.m.  
*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
 Pastor David Miller

**Harvest Reformed Church**  
  
 We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.  
 Now meeting at 1505 N Broadway, Grand International, Norse Room  
**Sunday Service 10:30 a.m.**  
**838-0605**  
**www.harvestreformedchurch.org**

**Congregational United Church of Christ**  
**430 N. Broadway • 839-1064**  
 Sunday School ..... 11 a.m.  
 Sunday Worship ..... 11 a.m.  
 Tuesday Lunch  
 Bible Study ..... 11 a.m. - 1 p.m.  
 Wed. Youth Classes 6:30 - 8:30 p.m.

Welcome to the  
**Minot Church of Christ**  
 1315 1st St. NE  
**Sunday:**  
 Bible Classes ..... 9:30 a.m.  
 Worship..... 10:30 a.m. - 5 p.m.  
**Wednesday:**  
 Bible Classes ..... 7 p.m.  
*"Restoring 1st Century Christianity in the 21st Century"*

**First Presbyterian Church**  
  
**430 N Broadway**  
 (Congregational Church of Christ Building)  
**701-460-6321**  
 Worship..... 9:00 a.m.  
**www.fpcminot.org**  
*Visitors Welcome*

**Apostolic Faith Church, UPCI**  
**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701)838-0609**  
 Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.  
**Jesse Starr, Pastor**

**Cornerstone Presbyterian Church**  
**1000 NE 3rd Street**  
**852-0315**  
**Sunday Schedule**  
 Contemporary Worship ..... 9:30am  
 Child/Youth Sunday School.. 11:00am  
 Adult Sunday School..... 8:30 & 11:00am  
 Traditional Worship ..... 11:00am  
**Wednesday Evening Schedule**  
 Community Dinner ..... 5:30-6:30pm  
 Contemporary Worship ..... 6:30pm  
 Youth Group & Small Groups.. 7:15pm  
**All are Welcome!**  
**www.ecominot.org**

**First Lutheran Church - ELCA**  
  
 120 - 5th Ave. NW  
 852-4853  
 Saturday Worship ..... 5:30 pm  
 Sunday Worship .... 8:30 am & 11:00 am  
 Sunday Education ..... 9:45 am  
 Wednesday Education ..... 6:00 pm  
  
 Services are now available online at [firstlutheran.tv](http://firstlutheran.tv)  
 Radio Broadcast KRRZ 1390 AM 9:30 AM  
 Pastor Ken Nelson & Pastor Brandy Gerjets

**St. Mark's Lutheran Church**  
 Missouri Synod  
 Sunday Worship ..... 8:30 & 11:00 a.m.  
 Sunday School, Adult Bible Class & Adult Choir  
 9:45 a.m.  
**2209 4th Avenue NW Minot, ND**  
**839-4663**  
**Carlyle Roth, Pastor**  
**www.stmarksminot.com**  
 Call or check out our website for more information.



**Bethany Lutheran**  
 215 3rd Ave. SE, Minot, ND  
 Phone: 838-5196 • Fax: 852-8494  
 A Member of the ELCA  
 Sunday Worship .... 8:15 am & 10:45 am  
 Sunday Fellowship ..... 9:15 am  
 Sunday School ..... 9:30 am  
 Wednesday Worship ..... 6:45 pm  
 Website: [www.bethanylutheranminot.com](http://www.bethanylutheranminot.com)  
 Email: [bethanylutheran@srt.com](mailto:bethanylutheran@srt.com)  
 Live Streaming: [bethanylutheran.tv](http://bethanylutheran.tv)  
**Pastor Janet Hernes Mathistad**  
**Pastor Gerald Roise**

**North Hill Baptist Church**  
  
 524 21st Ave. NW • Minot, ND 58703  
**701-839-7283**  
 Meet 'n' Greet ..... 10:00 a.m.  
 Worship ..... 10:30 a.m.  
**Pastor Dan Andrus, 701-578-5060**  
[sparrow@minot.com](mailto:sparrow@minot.com)  
[minotnorthhillbaptistchurch.com](http://minotnorthhillbaptistchurch.com)  
*"We're Not There Yet...Come Grow With Us!"*

**St. John the Apostle Catholic Church**  
  
 2600 West Central Ave • Minot, ND 58701  
**839-7076**  
 Daily Mass Schedule:  
 Tuesday ..... 7 p.m.  
 Wednesday - Friday ..... 9 a.m.  
 Saturday ..... 5 p.m.  
 Sunday ..... 8 & 10:30 a.m.  
*Fr. Dave Zimmer, Pastor*  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

**Calvary Alliance Church**  
  
 715 20th Avenue NW  
 Minot, ND 58703  
**www.calvaryofminot.com**  
**701-852-0670**  
 Sunday School..... 9:00 am  
 Sunday Worship Service ..... 10:00 am  
 Wednesday Prayer ..... 6:30 pm  
 Wednesday Youth Group (grade 7-12) ..... 6:30 pm

**Our Redeemer's Church**  
 A Church of the Lutheran Brethren  
**Sundays:**  
 Worship..... 8:30 a.m. & 10:45 a.m.  
 Interpreter services for the deaf . . 10:45 a.m.  
 Radio Broadcast KHRT 1320 AM .... 11 a.m.  
**700 16th Ave SE • 701-838-0750**  
 For more information visit us on the web at:  
**www.ourredeemers.org**

**BREAD OF LIFE ELCA LUTHERAN CHURCH**  
  
**Pastor Taryn Montgomery**  
**Pastor Alex Hoops**  
 Saturday Worship ..... 5:00 pm  
 Sunday Worship... 9:00 and 11:15 am  
 Sunday Education..... 10:00 am  
 Wednesday Education..... 6:30 pm  
**Breadoflifeminot.com**  
*Everyone Welcome*  


**BELIEVERS BIBLE CHURCH of MINOT**  
**I John 5:13**  
**www.bbcminot.org**  
 Where you can find truth and love in Christ Jesus the Lord!  
 Sunday Worship ..... 11:00 am  
**The Carnegie Center**  
 105 2nd Avenue SE

**Cross Roads Baptist**  
  
 Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ... 6:30 p.m.  
**www.minotcrbc.org**  
**email: crbc@srt.com**  
**415 28th Ave SE (Behind Menards)**  
**838-1873**

**West Minot Church of God**  
  
 "A Family Worship Center"  
**1105 16th St. NW • 839-1407**  
 Sunday School..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church..... 10:30 a.m.  
 Wednesday Family Training Hour.. 6:30 p.m.  
 Wednesday Kids on the Rock ..... 6:30 p.m.  
 Youth Center, Friday..... 7:00 - 11:00 p.m.  
**ABC Child Care & Pre-School Center**  
**852-6352**

**Bethel Free Lutheran AFLC**  
  
*"Building Followers of Jesus Christ!"*  
 Sunday School ..... 9 a.m.  
 Worship Service ..... 10:30 a.m.  
 Wednesday Supper ..... 6:15 p.m.  
 Adult/Youth Bible Study  
 Kids Club ..... 7 p.m.  
**Pastor Shane McLoughlin**  
**530 22nd Ave NW • 852-6492**  
**bethel@minot.com**

**GRACE FELLOWSHIP CHURCH**  
 Independent - affiliated with IMF  
  
**8300 29th Ave NW**  
**Burlington, ND 58722**  
 (South side of Highway 2)  
**701-839-6319**  
 Sunday School ..... 9:00 am  
 Meet and Greet ..... 10:00 am  
 Sunday Worship ..... 10:30 am  
**Pastor Gregg S Smith**  
[www.gracefellowshipatburlington.com](http://www.gracefellowshipatburlington.com)

**First Baptist Church**  
  
**220-3rd St. S.W. • 852-4533**  
**www.firstbaptist-minot.org**  
 Classic Worship Service ..... 8:30 a.m.  
 Adult Sunday School..... 9:45 a.m.  
 Contemporary Worship Service... 9:50 a.m.  
 Children's Church..... 9:50 a.m.  
 Sunday School (All Ages)..... 11:00 a.m.  
 Contemporary Worship Service... 11:05 a.m.  
 Wed. Awana (Sept. - May) ..... 6:30 p.m.  
**Rev. Kent Hinkel, Senior Pastor**  
**Pastor Tim Houck, Interim Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

**Gospel Tabernacle Community Church**  
  
**9999 27th St NE**  
**4 miles south of MAFB**  
**James W. Henderson**  
**Anna B. Henderson**  
**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**  
**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

**Dakota Baptist Church**  
  
*Teaching the Word, One Verse At a Time! KJB*  
**916 5th Ave, SE**  
**Minot, ND 58701**  
 Sunday School ..... 10:30 a.m.  
 Sunday Evening Worship ..... 5:30 p.m.  
 Wednesday Worship ..... 7:00 p.m.  
**(701)852-5399**  
**www.dakotabaptistchurch.com**  
**Email: dbchurch@srt.com**  
**Pastor: Jeremy Jacob**

**First Assembly of God**  
**1805 2nd St. SE**  
**838-1111**  
 Morning Worship ..... 8:30 a.m.  
 Sunday School ..... 10 a.m.  
 Morning Worship ..... 11 a.m.  
 Evening Worship ..... 6:30 p.m.  
 Wednesday Family Night..... 7 p.m.

**Trinity Church**  
  
**An Evangelical Free Church**  
**3500 4th St. SW • 839-5127**  
 (Just North of Super Wal-Mart)  
 Sunday School & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:45 a.m.  
**www.trinitychurchminot.org**

**Immanuel Baptist Church**  
  
**1615 2nd St. SE • Minot • 839-3694**  
**Sundays:**  
 Sunday School ..... 9:15 a.m.  
 Worship ..... 10:30 a.m.  
**Wednesdays:**  
 Soup Kitchen .... 11:30 a.m. - 12:30 p.m.  
 Family Supper ..... 5:45 p.m.  
 Classes for all ages ..... 6:30 p.m.  
 Adult Choir (as scheduled). 8:00 p.m.  
**Brian T. Skar, Pastor**  
**www.immanuelbaptistminot.org**

**ZION Lutheran ELCA**  
  
**1800 Hiawatha St.**  
**852-1872**  
 Saturday Worship ..... 5 p.m.  
 Sunday Worship... 8:30 a.m. & 11 a.m.  
**John Streccius, Pastor**  
**Nathan Mugaas, Pastor**

**Vincent United Methodist Church**  
  
**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
**open hearts...open minds...open doors!**  
 Saturday Informal Worship.. 5:00 p.m.  
 Sunday School ..... 9:00 a.m.  
 Sunday Worship Service .... 10:00 a.m.  
 Fellowship..... 11:00 a.m.  
**Pastor Ray Baker**  
**www.vincentumc.com**



# CLASSIFIEDS

www.northernentry.com | nsads@srt.com | 701.839.0946 | 315 S. Main Ste 202 | PO Box 2183 | Minot, North Dakota

## HELP WANTED



**BASIN ELECTRIC  
POWER COOPERATIVE**  
A Touchstone Energy® Cooperative



**DAKOTA  
GASIFICATION  
COMPANY**  
A BASIN ELECTRIC POWER  
COOPERATIVE SUBSIDIARY

Basin Electric and its subsidiary, Dakota Gasification Company, seek to be an **employer of choice**. Not only do we offer competitive salaries, we also offer an incredible benefits package.

### Basin Electric Power Cooperative

- Instrument II - Wheatland, WY
- Service Dispatcher (Part Time) - Bismarck, ND
- Assistant Laborer (DCS) - Brookings, SD

For job details, go to [jobs.basinelectric.com](http://jobs.basinelectric.com)

Questions? Call 701-557-5603 or 701-557-5402

Our people are the heart of our organization and we employ more than 2,300 individuals across multiple Midwest states.

*Equal Opportunity Employer of Minorities, Females, Protected Veterans and Individuals with Disabilities.*



**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway. tfn

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot. tfn

**LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?**  
Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. *We are an equal opportunity employer and a drug free workplace.*  
**Apply in person at:**  
605 27th St SE, Minot ND 58701  
or contact: Gail Peterson  
by E-mail or phone at  
gpeterson@kalixnd.org  
(701)833-6559

**Domestic Violence Crisis Center** is accepting applications for **EXECUTIVE DIRECTOR**  
Responsible for the mission, vision, strategic direction, & overall operations of the Domestic Violence Crisis Center.  
**Responsibilities include:**  
Fiscal & Grant Management, Board Relations, Personnel Management, Program Management & Development, and Fundraising & Public Relations.  
**Qualifications**  
Requires a bachelor's degree in a Human Service related field with administration experience and at least 10 years of experience in increasingly responsible roles in non-profit leadership. A Master's degree is preferred.  
**Apply At:**  
701-852-2258  
DVCC Office  
PO Box 881  
Minot, ND 58701  
or email [admadvcc@yahoo.com](mailto:admadvcc@yahoo.com)  
**CLOSING DATE: APRIL 30**



Picture your ad in the  
**northernentry**  
MINOT AIR FORCE BASE | WWW.NORTHERNENTRY.COM  
Call us today for more info!  
701-839-0946  
[nsads@srt.com](mailto:nsads@srt.com)

## RENTALS

**MANAGEMENT OF RENTAL HOMES & APARTMENTS.** Professional, experienced, and affordable. Contact Matt or Geri. IPM, Inc. 852-1157 tfn

**NEED A PLACE TO CALL HOME?** One & Two Bedroom Units Two Bedroom House & Efficiencies. Most w/ HT & WTR Paid MINOT, BURLINGTON, SURREY & LANSFORD CALL TODAY 839.4200 tfn

**LOVE DOWNTOWN? PARKER SUITES** One & two bedroom Units. HT, WTR, CBL PAID AVAILABLE NOW 839-4200 tfn

**WALK TO MSU NEW RENTAL INCENTIVES** Beautiful 2 BED/2 BATH WTR PAID, A/C D/W, Microwave, Garage, Secured w/ Cameras On Site Resident Manger NO SMOKING 839-4200 tfn

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157 tfn

**THE PINES** Beautiful LUXURY APARTMENTS Awesome Fall Specials! NEW MILITARY INCENTIVES! 2 & 3 Bedrooms, 2 Bath. WTR PD, W/D in unit A/C D/W, DBL GRG PET FRIENDLY Secured w/ Cameras On Site Resident Manager Reduced Deposit & Rental Incentives 839.4200 tfn

**WILLOW HOLLOW** PARK LIKE SETTING NEW RENTAL INCENTIVES 2 BED/1 OR 2 BATH SOME W/ DEN & W/D in unit WTR PAID Garage, A/C, DW, BALC, Secured Building On Site Resident Manager NO SMOKING 839-4200 tfn

## FLEA MARKET

**MOVING NEED CASH?** Sell your used/unwanted items at MAGIC CITY FLEA MARKET, May 7 & 8, State Fairgrounds. Info 701-340-7930. tfn

**SELL YOUR STUFF** - One person's trash is another's treasure. Sell your unwanted items with an ad in the Northern Sentry. Contact us at [nsads@srt.com](mailto:nsads@srt.com) or 701-839-0946 for more information.

**AN AD IN THE NORTHERN SENTRY** with get your business noticed. Email your ads to [nsads@srt.com](mailto:nsads@srt.com) or call 839-0946

## PROFESSIONALS

**LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT**  
[www.marykay.com/lclouse](http://www.marykay.com/lclouse)  
701-839-0475 or 701-721-0475 tfn

**CHIROPRACTICSOLUTIONS**  
- Now open & accepting new patients. Flexible hours including Saturdays. Therapeutic massage therapist available utilizing various techniques. Lindsey White D.C. & Danielle White L.M.T. 3108 S. Broadway, Suite B, Minot, ND. 58701. 852-3232 tfn

## Minot Daily News

# ACCOUNT EXECUTIVE

**Our Advertising Department is seeking a motivated, energetic and creative person to join our team!**  
As an Account Executive on our established team you'll have to support to propose and sell cutting edge solutions to grow your clients' business. Print, mobile advertising, social media, streaming audio and video, websites, mobile apps - and much more.  
The ideal candidate excels in communication, professional demeanor and dress, has a positive attitude, strong organizational abilities, computer skills, and is willing to work in a fun, fast-paced environment.  
This is a great career opportunity with a competitive benefit package including medical, dental, vision, 401(k), paid holidays and vacation.

**Do you have a passion for marketing? This is for you!**

**EARNING POTENTIAL EXCEEDING \$50,000!**

Please send or email your resume and letter of interest to:



**Jim Hart**  
Advertising Director  
Minot Daily News  
P.O. Box 1150  
Minot, ND 58702-1150  
[jhart@minotdailynews.com](mailto:jhart@minotdailynews.com)  
No Phone Calls Please  
We Are An Equal Opportunity Employer  
M/F/H

## NORTHERN SENTRY UPCOMING SPECIAL SECTIONS

*Mothers Day*  
DEADLINE: APRIL 22

**SUMMER  
adventure  
GUIDE** DEADLINE:  
MAY 20

**Beth Duchsherer**  
701.839.0946 • [nsgraphics@srt.com](mailto:nsgraphics@srt.com)  
315 S Main Street Suite 202

## Warbird of the Week



**Airman 1st Class**  
**Elliot BRIELL**  
5th Civil Engineer Sq. **SEGUIN, TX**



**What did you do before you joined the Air Force?**  
Heavy equipment operator, and worked on my BS in Biology.  
**Hobbies or Interests**  
Fishing, hunting, triathlons and beer.  
**Most life changing experience**  
USAF basic military training.  
**Where do you see yourself in 10 years**  
USAF pararescueman out on a mission.  
**If you could have one special talent, what would it be**  
Breathe underwater

**Favorite quote**  
"Out of every one hundred men, ten shouldn't even be there, eighty are just targets, nine are the realfighters, and we are lucky to have them, for they make the battle. Ah, but the one, the one is a warrior, and he will bring the others back."  
- Heraclitus

Northern Sentry  
839-0946 or  
[nsads@srt.com](mailto:nsads@srt.com)

TRANSPORTATION

**I BUY CARS OR HAUL JUNKERS AWAY FOR FREE -**  
Call Karz 4-U at 240-9172.

**\$\$\$ QUICK CASH \$\$\$**  
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

**LOOKING FOR GREAT ADVERTISING IDEAS?** call us at 839-0946 or email us at: nsads@srt.com.

**JOHN'S**  
  
**AUTOBODY**  
Pays Up To **\$500**  
Insurance Deductibles  
We Guarantee All Work & Color Match  
4121 S. Broadway  
839-8896

**QUICK CASH!!**  
Running & Non-Running Cars & Trucks  
  
**Edwardson Sales**  
**839-9512**  
We also sell cars \$500 - \$1500 Give Us A Call!  
Will Haul Junk Cars Free Of Charge

**SUDOKU ANSWERS**

9	1	2	6	8	3	7	4	5
5	3	6	4	7	9	2	8	1
8	4	7	5	2	1	6	3	9
6	9	3	7	1	4	8	5	2
7	5	4	8	9	2	3	1	6
2	8	1	3	6	5	9	7	4
3	2	9	1	4	8	5	6	7
1	7	8	2	5	6	4	9	3
4	6	5	9	3	7	1	2	8

Answers to puzzle from page 8

**NORTHERN SENTRY**  
  
839.0946

**KARZ 4-U AUTO SALES** **240-9172**  
1105 16th St. SW • Minot  
Cliff Butler/Retired MSgt  
www.Karz4-U.com

 <b>08 Chevy Avalanche</b> 271 Loaded, 124K, Nice <b>\$17,995</b>	 <b>05 Ford Explorer XLT</b> 4x4, 119K, 3rd row, pwr seat, nice <b>\$6,995</b>	 <b>06 Chevy Colorado Crew</b> 4x4, 102K, over \$5000 in lift/wheels/tires <b>\$13,995</b>
 <b>06 Hummer H3 Luxury</b> 4x4, htd leather, sunroof, dvd only 79k <b>\$15,995</b>	 <b>07 Chrysler Pacifica Touring</b> AWD, leather, remote start 75K <b>\$7,995</b>	 <b>09 Toyota Corolla</b> 4dr, 52,000 miles, clean car <b>\$9,995</b>
 <b>05 Toyota Tundra SR5</b> 4x4, 183K but runs/drives great <b>\$9,995</b>	 <b>07 GMC Yukon XL</b> 4x4, Leather, Sunroof, DVD 137K <b>\$13,995</b>	 <b>03 Ford Ranger XLT Extcab</b> 4x4, WOW! 77K! PW/PDL/Cruise <b>\$8,995</b>
 <b>08 Toyota FJ</b> 4x4, 91,000 miles, get ready for winter <b>\$18,995</b>	 <b>02 Toyota Sequoia</b> 4x4, 149K, Very Nice <b>\$7,995</b>	See the rest of our inventory at <a href="http://www.Karz4-U.com">www.Karz4-U.com</a>

We're getting **Personal with you!**  
Let everyone at the Minot AFB and surrounding areas know your news!  
**The Northern Sentry**  
would like to share what's important news to you.  
Call 701.839.0946 or email nsads@srt.com for more info!  
• Engagements  
• Weddings  
• Babies  
• Anniversaries  
• Birthday Ads  
• Obituaries

**BUSINESS & PROFESSIONAL DIRECTORY**

**CLEANING & MOVING**

**S&H LINDSAY** CLEANING AND MOVING SERVICES  
Licensed & Insured - Residential & Commercial  
Moving (2 people) Cleaning  
**ONLY \$80 per hour** **ONLY \$35 per hour**  
YOU PROVIDE THE TRUCK WE'LL DO THE REST  
Steve: 441-0685 | Heidi: 441-9309

**ACCOUNTANT**

**BRADY MARTZ**  
CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
www.bradymartz.com

**STORAGE UNITS**

**NORTHERN PRAIRIE CONDOS & STORAGE, INC.**  
Military Discounts - Best Rates  
24 Hour Access  
701-720-1093  
Convenient North Location for Both Base & Minot Customers

**HOBBY SHOP**

**AEROPORT HOBBY SHOP**  
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.  
838-1658  
2112 N. Broadway • Minot, ND  
Ask for Eva • www.airporthobby.com

**NORTHERN SENTRY**  
  
839.0946

**AUTOMOTIVE**

**MBM AUTO SERVICE**  
Minot's Service Specialists  
**PARTS & SERVICE**  
**VW**  
Diagnostics Check ups  
  
We Specialize in Volkswagen, Audi, and More...  
1215 Valley St.  
838-9607  
Next to Action Wrecking

**ACTION AUTO WRECKING**  
Free Parts Locating service  
1215 Valley St., Minot  
Formerly Minot Wrecking  
We pay top price for cars & trucks, running or not  
Selling new, used and rebuilt parts.  
Phone 852-2470 or Toll Free 1-800-533-5904 • Fax 838-7627

**HOW DO I SUBMIT ARTICLES OR STORY IDEAS TO THE NORTHERN SENTRY?**  
The Northern Sentry is a privately owned and edited publication in no way affiliated with the Minot Air Force Base, the Department of the Air Force or the Department of Defense. Military members and DoD civilian employees must contact the Public Affairs office prior to contacting any member of the media.

**REAL ESTATE**

**FOR SALE**  
**Century 21**  
Action Realtors  
www.minotsells.com  
SUPPORT OUR TROOPS  
Action Realtors  
500 20th Ave SW  
Minot, ND 58701  
(701) 839-0021  
To View All Properties Listed In Minot And The Surrounding Areas  
Go To [www.minotsells.com](http://www.minotsells.com)  
For More Information Or To Schedule A showing  
Call A Century 21 Action Agent at 839-0021

**HOME LOANS**

...Very Fast...Very Simple  
...and the Very Best Rates!  
**eLendingNow**  
PREMIER MORTGAGE CORP  
• Fast & Free preapproval  
• VA and FHA Financing  
Jordan Wald • Cell 721-9391  
NMLS #922889  
Mike Lindquist • Cell 578-0478  
NMLS #213449  
Apply Online at [eLendingNow.com](http://eLendingNow.com)  
1408 20th Ave. SW, Ste 3, Minot, ND • 701-838-3247

Place a display ad in the Northern Sentry  
For more information call 839-0946  
or visit us at 315 S Main St. Suite 202  
(inside the front doors of the Main Medical building)  
or email nsads@srt.com.

REAL ESTATE



Find ALL listed homes for sale in Minot and the surrounding areas at [www.brokers12.com](http://www.brokers12.com).

RENTALS



AVAILABLE NOW IN NW MINOT!

BEAUTIFUL COUNTRY MEADOWS APARTMENTS

- 2 BEDROOM
- 2 BATHROOM
- STAINLESS APPLIANCES
- WASHER & DRYER IN UNIT
- BALCONY/PATIO
- DETACHED GARAGE
- CABLE & WIFI PAID
- OFF SITE SECURITY SYSTEM

**\$0 DEPOSIT FOR QUALIFIED MILITARY APPLICANTS!**

CALL NOW FOR A SHOWING!



CREATIVE PROPERTY MANAGEMENT  
701-852-5028  
[WWW.CREATIVEMINOT.COM](http://WWW.CREATIVEMINOT.COM)



65 years serving the real estate needs of the Minot Area  
408 North Broadway, Minot, ND 58703 • 701-852-1156



**\$264,900**

SHARP – Remodeled ranch style home with 3 bedrooms, full bath, open living, dining and kitchen on main level. Finished lower level has a family room, large master suite, laundry and 1/2 bath. Backyard patio, new cedar fence. Double garage.

MLS #160455



**\$219,900**

MOVE IN READY – 3 bedroom, 2 bath home with original hardwood floors, 9' ceilings and built-ins. Spacious kitchen that overlooks the big back yard. Full finished basement. Many updates in this home to include updated main level bath and a new bath in lower level. Attached garage.

MLS #160678



**\$151,000**

COZY – 3 bedroom, 1 1/4 bath home. Kitchen has white cabinets, laminate flooring and stainless steel appliances. 2 bedrooms and full bath on main. Lower level master with egress window, bath and laundry. Vinyl siding. Double garage.

MLS #160140



**\$326,900**

SPLIT LEVEL – 4 bedroom, 2 1/2 bath home built by Hunter James in convenient location, close to school, park and shopping. Oak cabinets, trim and doors. Pella windows, drain tile, LED lighting. Triple garage.

MLS #152432



**\$434,000**

CHARACTER HOME – 5 bedrooms, 3 1/2 baths and attention to detail throughout. Screened front porch with tile floor, designer kitchen has walk-in pantry and island. Formal dining. Living suite above the triple garage.

MLS #160679



**\$269,900**

PRICE REDUCED – Sharp 4 bedroom, 3 bath home. Oak kitchen cabinets, breakfast bar and dining area with doors to sun room. Hard surface flooring. Family room with gas fireplace. Double garage.

MLS #152678



Judy Hoskin  
721-3837  
[judyh@minothomes.com](mailto:judyh@minothomes.com)



ZOOM IN  
Search [minothomes.com](http://minothomes.com)  
408 N Broadway • 852-1156



Matt Watne  
720-5700  
[mwatne@minot.com](mailto:mwatne@minot.com)

northernsentry Paper Locations

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- Simonsons Station Store | 1312 S. Broadway
- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Tesoro | 7141 Highway 2 E
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Country Inn & Suites | 1900 22nd Ave SW
- Scissors Edge | 1609 S Broadway St
- Watne | 408 N Broadway
- 1st Minot Management | 217 Main St S

- |                    |                  |                       |
|--------------------|------------------|-----------------------|
| <b>RUTHVILLE:</b>  | <b>GLENBURN:</b> | <b>SURREY:</b>        |
| • R&J's Fuel       | • Glenburn Cenex | • City Hall           |
| <b>BURLINGTON:</b> | • City Hall      | • Barry's Food & Fuel |
| • J's Stop & Go    |                  |                       |

If you are interested in having the Northern Sentry delivered to your business let us know.

Call: 701-839-0946

Email: [nsgraphics@srt.com](mailto:nsgraphics@srt.com)

Place an ad for as little as \$9 per week!

For more info call 839-0946 or email [nsads@srt.com](mailto:nsads@srt.com)



1st Minot Realty

COLDWELL BANKER 1st Minot Realty

219 South Main Street, Minot, ND 58701

(701) 852-0136 / (800) 950-4375

Online at [www.cbminot.com](http://www.cbminot.com)

Serving Minot and the Surrounding Area for Over Half a Century!

**\$410,000**



Luxury home in awesome SW location. Large open kitchen, dining, living room with fireplace, vaulted ceilings, huge master bedroom suite with private whirl pool bath, 2 other nice size bedrooms on main. Call Dawn Verbruggen Today! #160683

**\$115,000**



Large formal dining room just off of the kitchen. Living room bright & open. Small area of the backyard is fenced and makes an excellent garden spot. The nice sized bedrooms and full bath are conveniently located upstairs. Call Aisha Vadell Today! #160388

**\$245,000**



A Green Valley, 5 bedroom, 2 bathroom, 2 car garage home located just a few houses down from Green Valley Park and tennis courts. The well laid out home features an updated kitchen, tiled countertops, and all appliances. Call Clyde Thorne Today! #160160

**\$169,900**



One level living in great SW neighborhood. 2 blocks from Edison school and close to shopping and parks. 4 bedroom, 1 bath on a large fenced lot. This home has a lot of updates including kitchen, appliances, flooring, painting and new breaker box. Call Brad Livesay Today! #160682

**\$53,000**



You will love the quality and affordability of this mobile home. Decorated with neutral colors and an open floor plan. The huge deck expands almost the length of the home. Call Cindy Strandberg Today! #160370

**\$269,900 - Stanley**



Great 4 bedroom house with 2 separate kitchens cozy fireplace in basement to keep you warm. 2 car garages with a total of 4 stalls for parking. Heavily treed lot the backyard has storage shed & garden with playhouse. Balcony overlooks backyard. Call Neil Gush Today! #152353

**\$7,000**



2 bed 1 bath mobile home, located in Edgeview Mobile Home Park, lot rent is \$450 per month. Call Jerry Thomas Today! #160626

**\$289,900**



This three bed, two bath single level townhome is just blocks from the New Country Club and built by locally trusted, Real Builders Inc. The 1,684 finished sq. ft. is meticulously maintained and boasts high quality finishes. Call Amber Alexander Today! #160368

**\$249,000**



Nice 2 bedroom home in a quiet neighborhood. Large beautiful windows throughout the home, laundry hook up on main floor and basement. Large sunken living room with wood fireplace. Nice open kitchen with lots of counter space, new cabinets and appliances. Call Lori Henderson Today! #152390

Member: Jay Rodriguez  
U.S. Navy Reserve

14 Years of Active Duty    3 Years Enlisted    7 PCSs  
**POLICY# 5143271181**    1 Auto Claim  
 2 Grade Schoolers    11 Years of Marriage    8 Road Trips

To us, it's what's behind the number that matters.  
 Your family, home and car — we help protect what matters to you. At USAA, we offer more benefits for our military members than any other major financial service provider. USAA. We know what it means to serve.

★ GET A QUOTE. [usaa.com/insurance](http://usaa.com/insurance) or 800-531-USAA (8722)

Use of the term "member" or "membership" does not convey any eligibility rights for auto and property insurance products, or legal or ownership rights in USAA. Membership eligibility and product restrictions apply and are subject to change. To be eligible for auto and property insurance, separated military personnel must have received a discharge type of Honorable. Eligible former dependents of USAA members may purchase auto or property insurance if the member obtained USAA auto or property insurance. Property and casualty insurance provided by United Services Automobile Association, and its affiliate property and casualty insurance companies, and is available only to persons eligible for P&C group membership. Each company has sole financial responsibility for its own products. Members were compensated for their participation. © 2016 USAA. 227862-0216

**Ryan**

Exhilarating Performance.  
Reimagined Design.

Visit Us To Get Your New  
**NISSAN NOW**

**SPEND MORE - SAVE MORE!**

**SPEND \$100** on parts or service **SAVE \$15**

**SPEND \$500** on parts or service **SAVE \$75**

**SPEND \$1000** on parts or service **SAVE \$150**

Parts & Service Special  
**15% OFF**

**Ryan**

Offer valid on any Ryan Nissan Parts or Service purchase. Not valid with any other offer. Must present coupon at time of arrival. Limit one per visit. Ends 4/30/2016.

**2015 Nissan Altima 2.5 S**

Lease example #N5001

MSRP: \$24,050

**\$213/month**  
for 36 months with approved credit

**\$0**  
DOWN PAYMENT  
FIRST PAYMENT  
DUE AT SIGNING



Lease payment after all rebates to dealer with approved credit for 36 months at .072% APR. 12,000 miles allowed per year. No security deposit. First payment due at signing. Tax, title, license and doc fees included. LEV \$11,785. Ends 4/30/16.

[www.RyanNissan.com](http://www.RyanNissan.com)

Ryan Nissan • 3915 S. Broadway, Minot