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WINGMAN WEEK

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Videos



Shaggy Shuffle Community Walk

MINOT AIR FORCE BASE, N.D. -- Participants gather at the Shaggy Shuffle at Minot Air Force Base, N.D., May 24, 2016. The second-annual Shaggy Shuffle was an event to raise awareness for pet abuse. Activities included a walk, category competition and pools for the dogs.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN APRYL HALL

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Warbird of the Week




What did you do before you joined the Air Force?
Attended St. Bonaventure University

Hobbies or Interests
Playing recreational sports, watching sports and traveling.

Most life changing experience
My first job as a lifeguard. I learned many important life skills and how valuable it is to be part of a team.

Where do you see yourself in 10 years
Having a completed Master's Degree, being a mentor and carrying on the values I learned in the Air Force.

If you could have one special talent, what would it be
Be able to read what people think.



Favorite quote
"Two little mice fell into a bucket of cream. The first mouse quickly gave up and drowned, but the second mouse wouldn't quit. It kicked its feet so hard that it eventually churned that cream into butter and crawled its way out. Ladies and gentlemen, I am that second mouse."

Living with a Mental Illness

CAPTAIN DONALD WILLIAMS | 5TH MEDICAL GROUP

MINOT AIR FORCE BASE, N.D. -- Defective. Weak. Soft. Broken. Crazy. Compromised. Unfit. Career-ending.

These are just some of the words that people may associate with mental illness. Sadly, the sentiment behind labels like these can act as a barrier to help-seeking for many who face challenges in their lives. A further hindrance to those with mental health problems is that their suffering can go unrecognized or unacknowledged, even by those closest to them. The fact is that most people do not recognize mental illness when they see it. People can readily see and empathize with a physical injury or illness but not everyone can relate to an injury of the brain or emotional difficulties.

Mental health professionals work hard to bring awareness to psychiatric problems and available treatments, but we need your help. I invite you, the reader, to join in the efforts to shed more light on this important issue. So, what are the signs,

symptoms and indicators to look for? Maybe there is someone you know that has not been himself lately or "something" is different. Perhaps he is more withdrawn, overwhelmed and irritable or seems keyed up/on edge. These are some of the more common indicators that seeking help could be a good option. Sometimes, there are more subtle signs that someone may be experiencing some challenges. For example, loss of interest in things once enjoyed, a desire to be alone more often, loss of appetite, increased alcohol use, and having a more "gloomy outlook" on life.

Some people may think they do not need help or may not know when it is time to get help for a mental or emotional issue. The military has made strides in bringing awareness to mental illness and addressing the stigma that comes with mental health, but we still have work to do. I would like to invite you to consider the many encounters and interactions you have on a daily basis with people. Do you really know the person with whom you

are interacting? Have you considered that a loved one or friend may wear a mask to cover up problems and challenges for fear that others may discover they're struggling? Have you considered the many pressures that one endures daily to present as if nothing is "wrong" or that they are "fit"? What about yourself? The reality is that people are fearful of being called one of those labels mentioned earlier in this article. A mental illness is not a sign of weakness--they are disorders that affect your mood, thinking and your behavior and usually have more than one cause such as your family history, your current environment and lifestyle choices. Let's look past the labels and help those who are struggling.

May is National Mental Health Awareness Month. This year's focus is "Life with a Mental Illness." According to the National Alliance on Mental Illness (NAMI, 2016), "1 in 5 Americans will be affected by a mental health condition in their lifetime and every American is effected or impacted through their friends and family. As for the USAF,

1 in 10 active duty members reported untreated mental health problems (AFCAS, 2014).

If this article resonates with you in any way, please act on it--whether it's checking in with a fellow airman, looking out for a family member, or seeking guidance for yourself. Seek help early. Don't wait. Please consider the impact of not taking that first step for yourself, your family and your career. There are resources available to assist you. If you or someone you know would like more information on identifying and treating mental health issues, please contact the Mental Health Clinic, ADAPT, or Family Advocacy at 723-5527. Military One Source (723-3950), the Chaplains (723-2456), and the Military Family Life Consultants (MFLCS) (723-3950) are also great resources.

The fini-flight: an aviator's tradition

SENIOR AIRMAN APRYL HALL | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- The aircraft comes to a screeching halt on the

runway and begins to taxi to the ramp. The aircrew precisely parks the jet and finishes

up their checks with the maintenance crew. Meanwhile, some 30 yards away, sits a bus full of anxious family members and colleagues, waiting to burst out of the bus and make the short run to the aircraft. A maintainer signals to the bus and they erupt out of their seats and sprint to meet the lucky individual emerging from the jet. He turns and comes face-to-face with water hoses and champagne spraying, cheers and hugs. He just took his last flight in a B-52 at Minot Air Force Base.

Dating back to World War II, aircrew members have celebrated their last flights in similar fashion. Over the years, it has become an Air Force tradition for flyers.

"The fini-flight is a celebration for an aviator, as well as their family and friends,"

said Maj. Michael Middents, 5th Bomb Wing director of staff. "It formally marks the point at which that aviator departs from their assigned unit or will never fly their aircraft again."

After thousands of hours in the air, solving countless tactical problems on the fly and the numerous lifelong friendships made, the aviator will choose the crew and take off for one last spin in the jet they've come to know so well.

"Families and friends gather prior to the landing and stage themselves out on the ramp where the aircraft

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FACEBOOK

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Continued on page 11



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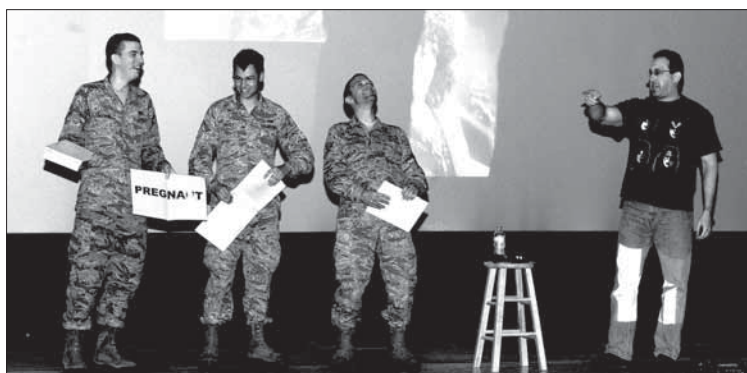
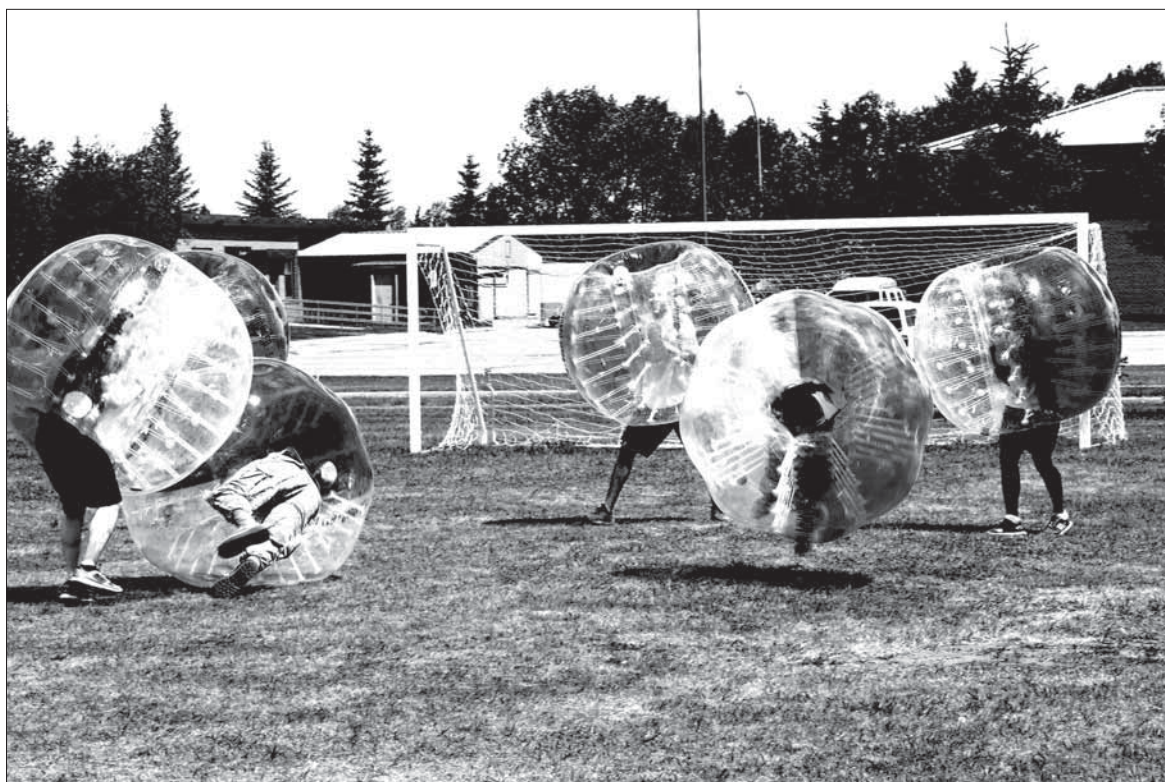
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WINGMAN WEEK UNITES TEAM MINOT

Minot Air Force Base conducted Wingman Week activities May 19-26, 2016 at Minot AFB, N.D. The week promoted skills required to continually assess and adjust to different environments with the necessary balance of cognitive skill, physical endurance, emotional stamina and spiritual well-being needed to execute the central mission. Activities included a softball challenge between Grand Forks AFB at Devil's Lake, a fun run on the flightline, Operation Heroes, as well as special guest speakers throughout the week to include Brig. Gen. (retired) Rhonda Cornum, Michael Giersche, Mark Lindquist and former NFL star for the Steelers, Rocky Bleier.

U.S. AIR PHOTOS | SENIOR AIRMAN KRISTOFFER KAUBISCH, AIRMAN 1ST CLASS CHRISTIAN SULLIVAN, AIRMAN 1ST CLASS J.T. ARMSTRONG AND AIRMAN 1ST CLASS JESSICA WEISSMAN



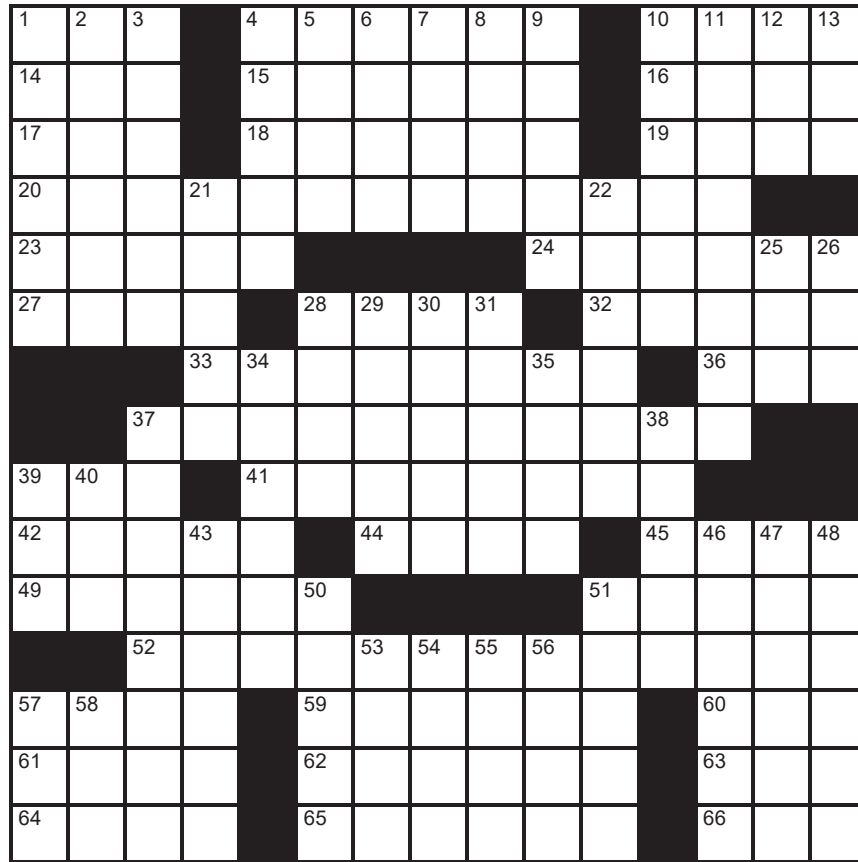


CROSSWORD PUZZLE

School's Out

Across

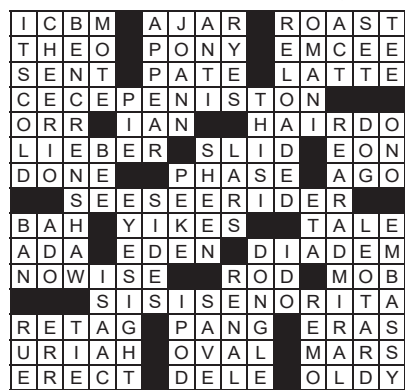
- 1 Put down
- 4 Shred
- 10 Sting
- 14 Oreg. neighbor
- 15 On land
- 16 Sushi supplies
- 17 Nancy, in Nancy
- 18 Designer Versace
- 19 Final Four org.
- 20 Diploma time
- 23 Square
- 24 Messi's sport
- 27 Pronto
- 28 High-tech tablet
- 32 Track event
- 33 Hunting dogs
- 36 Before, poetically
- 37 Academic cap
- 39 Ming of the Basketball Hall of Fame
- 41 Football's "Bald Eagle"
- 42 Ballade ending
- 44 Lighten
- 45 Combines
- 49 Novelist Ernest
- 51 Swagger
- 52 Highest honors
- 57 Straw in the wind
- 59 USAF newcomer
- 60 Russian orbiter
- 61 Custom
- 62 Cloverleaf part
- 63 Draw upon
- 64 Plenty
- 65 Repair, as mittens
- 66 Saigon soup



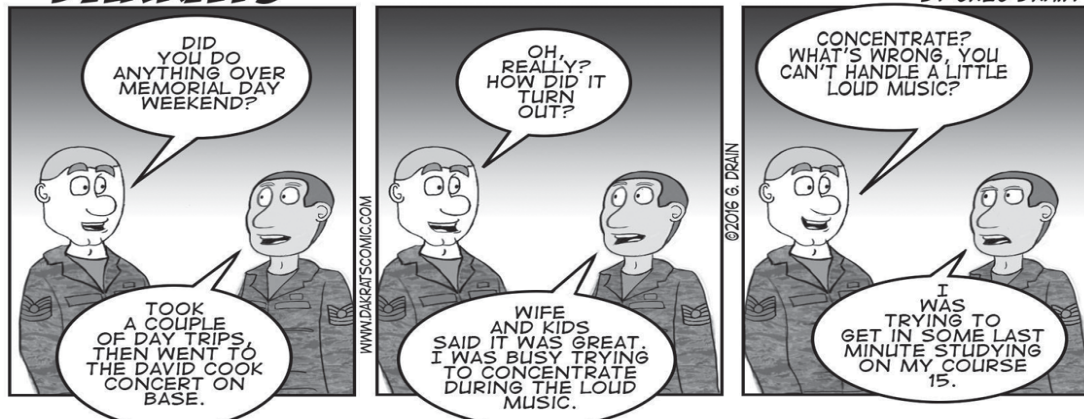
Down

- 1 ___ franca
- 2 Trims
- 3 Harley rival
- 4 Touch base?
- 5 Java is in it
- 6 "Take ___!"
- 7 Author Morrison
- 8 Cube creator Rubik
- 9 Checks
- 10 Whist holding
- 11 Used again
- 12 Chicken ___ King
- 13 Free radio ad
- 21 Boozehound
- 22 Shark's back fin
- 25 Canal locale
- 26 Ham holder
- 28 Teeny bit
- 29 Go on and on
- 30 Skylit lobbies
- 31 Money owed
- 34 Meddlesome
- 35 Some learning
- 37 Symphony section
- 38 Rodeo rope
- 39 Agreement
- 40 Queen, maybe
- 43 Praying figures.
- 46 Rally, as support
- 47 Weekend cowboy-like
- 48 Sound investment?
- 50 Witch's place
- 51 Was out
- 53 Prime
- 54 Stopper
- 55 ___ Bator
- 56 "La Bohème" heroine
- 57 Mouse catcher
- 58 Farm cry

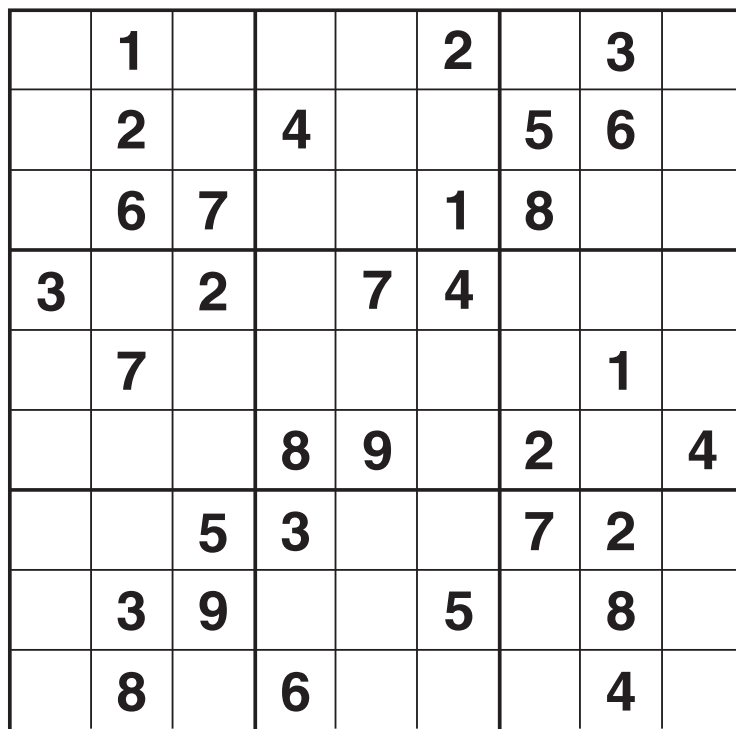
Solution to last week's Crossword puzzle.



DAKRATS



SUDOKU Solution to puzzle on page 14



What do superheroes do when they're not saving the planet? A lot of the same things everyone else does—they prattle around the house, do their best to get along and sometimes get on each other's nerves.

"Who's putting coffee grounds in the disposal?" Iron Man (Robert Downey Jr.) asks his houseguests, which include Captain America (Chris Evans), Black Widow (Scarlett Johansson), Scarlet Witch (Elizabeth Olsen), War Machine (Don Cheadle) and Vision (Paul Bettany). "Am I running a bed and breakfast for a biker gang?"

Crammed into a back of a tiny VW Beetle, the hulking Winter Soldier (Sebastian Stan) has a request of Falcon (Anthony Mackie). "Could you move your seat up?" Like a grumpy sibling on a family road trip that's already over-stretched his patience, Falcon isn't exactly in an agreeable mood. "No!" he snaps.

Captain America: Civil War is a big, sprawling superhero mega-movie, with more spandex to the gallon than any flick that's come down the pike in a long time. The latest in the multi-billion-dollar Marvel cinematic canon, it's officially the third of the Captain America franchise, but it's also a continuation of the Avengers movie arc, and it ropes in characters from other Marvel movie properties as well, including Iron Man, Ant-Man (Paul Rudd) and even the new Spider-Man (Tom Holland), whose movie won't be in theaters until next summer.

The "Civil War" in the title refers to the major rift that occurs within the Avengers when a United Nations panel wants to rein them in. The global community is concerned about the civilian deaths and wakes of destruction that accompany the superheroes' bad-guy smackdowns—a theme that also cropped up a few weeks ago in another comics-character slugfest, Batman v Superman.

The Avengers divide into two camps about the issue—those who feel that some international oversight and cooperation is the way to go (led by Iron Man), and the rebels who refuse to sign the accord (team Captain America). That sets the stage for several spats, a couple of subplots, more than two hours of squabbles and one stupendous battle royale in an abandoned airport.

Directors Anthony and Joe Russo keep things moving along with style, substance and significant flair, and they give all their characters time to shine—no easy task when they are so many, including newcomers Chadwick Boseman as an African prince who becomes the Black Panther; Marissa Tomei as Peter Parker's Aunt May; and Daniel Brühl as the Eastern European über-villain Zemo. There's also Jeremy Renner as Hawkeye, Martin Freeman as a CIA official, Emily Van Camp (from TV's *Revenge*) as Sharon Carter, and William Hurt as the U.S. Secretary of State. Oscar-nominated Alfre Woodard pops in as an aggrieved mom.

But through it all are the Avengers, the world's coolest, most powerful cadre of superfriends—family, actually—being ripped apart, fractured from within, pulverizing each other as the divide between them, widened by treachery, becomes filled with distrust, dark secrets and deep wounds from the past.

There's a whole army of frozen Winter Soldiers, a funeral and a sweet kiss between two characters that may point to future romance.

How does this wham-bam, jam-packed road trip on the superhero highway end? I won't spoil it. But you shouldn't be surprised to know that even when it does, it doesn't, and that the Marvel movie map is still being drawn for Captain America, Iron Man, Spider-Man and other characters for years to come!



Loaded Campfire Potatoes



INGREDIENTS:

- 6 white potatoes sliced 1/4" thick
- 1/2 cup shredded cheddar cheese
- 2 Tbsp bacon bits
- 2 Tbsp diced green onion
- 2 tsp butter
- salt
- sour cream (optional)

INSTRUCTIONS:

Place all ingredients onto a large piece of tinfoil. Wrap securely with foil and place onto the cooking surface. Cook for 45 minutes on medium heat. Top with salt and sour cream as desired.

Grilled BBQ Chicken and Vegetables



INGREDIENTS:

- 8 aluminum foil sheets large enough to wrap around one chicken breast
- 4 (4-ounces each) boneless, skinless chicken breasts
- 1/2-cup barbecue sauce (use your favorite)
- 1 zucchini, sliced into thin rounds
- 1 red, green or yellow bell pepper, cut into thin strips
- 8 asparagus spears
- salt and fresh ground pepper, to taste
- extra virgin olive oil

INSTRUCTIONS:

Preheat the grill to medium-high heat. For each foil pack, prepare two sheets of aluminum foil; place the sheets one on top of the other for durability. Place one chicken breast on each stacked pair of foil sheets; season with salt and fresh ground pepper. Brush each chicken breast with 1 to 2 tablespoons barbecue sauce. Divide equally and arrange vegetables around each chicken breast; season with salt and pepper. Drizzle chicken and vegetables with little olive oil. Fold the sides of the foil over the chicken, covering completely; seal the packets closed. Transfer foil packets to the preheated grill rack and cook for 20 to 25 minutes, or until done, turning once. Chicken is done when thermometer reads 165 F. Allow the chicken to rest for a few minutes. Serve.

IF COOKING IN THE OVEN
Preheat oven to 400F. Prepare chicken as directed above. Seal the packets closed and transfer to a baking sheet. Bake in the oven for 25 minutes, or until done. Remove from oven and let stand few minutes. Serve.



Volunteers needed for Public Art Installation

PUBLIC ART COMMISSION

Grand Forks, ND – Volunteers are needed to assist with a large-scale interactive public art installation on June 18 in downtown Grand Forks. Ceramic artist Guillermo Guardia will install “Crossing the Border” near the Sorlie Bridge in East Grand Forks and Grand Forks on Saturday, June 18.

Twelve volunteers are needed in two-hour shifts from 9:00 a.m. – 5:00 p.m. to assist in monitoring the artwork and encouraging public participation. To volunteer for “Crossing the Border”, contact Guardia at (701) 330-0227 or Guillermo.guardia@moguya.com.

“Crossing the Border” is a temporary public art

installation that addresses issues pertaining to immigration. “People immigrate for many reasons”, said Guardia. “Most look for a better future and, for opportunities. The main goal of “Crossing the Border” is to remind us that immigration is a central features of American history”.

The installation will include 300 ceramic figurines running toward the bank of the Red River in East Grand Forks and emerging from the river on the Grand Forks’ riverbank. The handmade figures are painted in bright colors to represent the diversity of cultural heritages fostered by immigration.

The theme of seeking opportunity through

immigration in “Crossing the Border” has special significance to Guardia. In 2002, Guardia immigrated to Grand Forks from Peru to earn his MFA in Ceramics at the University of North Dakota. Currently, Guardia is a studio ceramic artist at Muddy Waters Clay Center in Grand Forks. Guardia’s ceramic sculptures have been exhibited across the country.

“Crossing the Border” is made possible by a grant from the Community Foundation of Grand Forks, East Grand Forks and Region through the Forkin’ It Over for Public Art program. The installation is facilitated by the Public Arts Commission. The installation is free and open to the public.

Dakota Chamber Music Celebrating 20th Anniversary

MINOT STATE UNIVERSITY

The Dakota Chamber Music will celebrate its 20th season June 20-26. The institute brings professional artists together with talented and motivated students and adults for intensive performance and study. Minot State University’s resident trio, Luminus, forms the core of the

2016 DCM faculty. Erik Anderson, cello, Dianna Anderson, piano, and Jon Rumney, violin, comprise the trio.

“This is our 20th anniversary year, and we dedicate this week of music making in celebration of the life and legacy of Lynne Rumney, who founded DCM with her husband, Jon,” said Erik Anderson, professor of music. “Each year, it is a thrill to see their dream come alive once again in our halls and on our stage.”

Each year, DCM draws 40-50 musicians, high school through adult, who play strings, piano, winds and brass. It is by audition only and is coordinated by the MSU Division of Music.

Faculty concerts are on June 20 and 24 at 7:30 p.m. The June 20 concert features guest artists Beo, a Pittsburgh string quartet with two Minot State graduates, and the Ying Quartet, an ensemble with a distinguished international career and direct ties to the first years of DCM. Admission is \$10 for adults and \$5 for students.

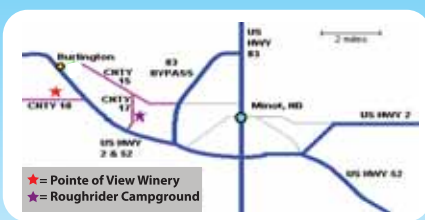
Concerts by DCM students are June 20 at 4 p.m., June 21 at 11 a.m., June 25 at 7 p.m. and June 26 at 1 p.m. Admission is free.

All concerts are in Ann Nicole Nelson Hall and are open to the public. For questions, contact Anderson at 858-3576 or erik.anderson@minotstate.edu.



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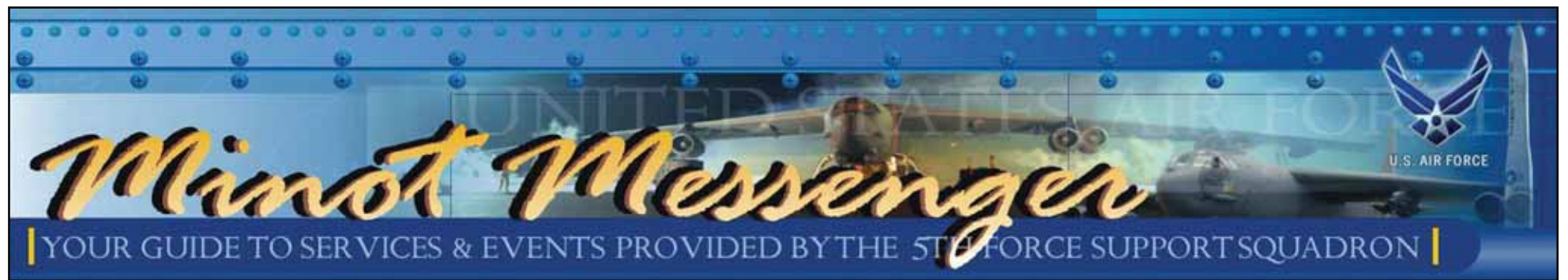
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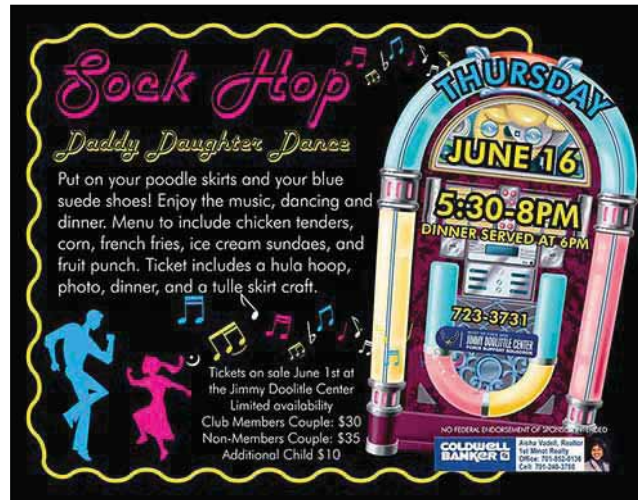


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WE CARE.



Create A Memory During The Annual Daddy & Daughter Dance



Everyone's life is full of unforgettable memories: graduation from school, the day you got married, the birth of your child, and more; all have special places in your heart. The Jimmy Doolittle Center is providing dads and daughters an opportunity to add another wonderful event to their memory during their sixth annual Daddy & Daughter Dance on Thursday, June 16th. The event will be held at the Doolittle Center from 5:30-8 p.m.

The Daddy & Daughter Dance provides fathers a chance to share an evening with their daughter

that they will never forget. This year's event features a "Sock Hop" theme and includes dinner, music, dancing, and making memories. Tickets also provide attendees a hula hoop, photo of Daddy and Daughter, and a tulle skirt craft.

The menu for the Daddy & Daughter Dance has been designed to fit the tastes of the young attendees. The dinner includes chicken tenders, French fries, corn, ice cream sundaes, and fruit punch.

Tickets for the Daddy & Daughter Dance are on sale now at the Doolittle Center. Cost is \$30 per couple (dad and daughter) for club members and \$35 per couple for non-members. Each additional child is \$10, for dads with more than one daughter. A limited number of tickets are available for this event so purchase your tickets early. Tickets must be purchased by June 15, 2016.

Put on your poodle skirts and your blue suede shoes and enjoy a rockin fun time. The Daddy & Daughter Dance is sponsored in part by Coldwell Banker - 1st Minot Realty. *No Federal Endorsement of Sponsor Intended.* For additional information, contact the Jimmy Doolittle Center at 723-3731.

Summer Reading Program Kicks Off On June 11th At Base Library



It's almost time for Summer Reading. The Base Library's Summer Reading Program will run from Saturday, June 11th to Saturday, August 20th and is open to all ages from infants to adults. This year's theme is "Read for the Win," so prepare for sports and games.

The Summer Reading Program starts with a Kick-off Party at 1:00 PM on Saturday, June 11th featuring games, crafts, and a puppet show as well as an opportunity to register for the Summer Reading Program.

Participants can register for the Summer Reading Program between June 11th and August 10th at the Library or register themselves online at tinyurl.com/MinotLibrary. While supplies last, everyone who registers will receive a t-shirt.

It doesn't matter what you read or how quickly you can read it; what matters is the amount of time you spend reading. Any reading improves literacy and studies show that children who read for pleasure consistently out-perform those who don't at school.

There are a lot of prizes available for readers to earn including prizes for reading a particular number of hours and opportunities to win grand prizes. Participants can earn grand prize drawing slips by reading or by earning badges by participating in particular activities like attending library programs, working out at the Fitness Center, participating in sports at the Youth Center, attending sports events, and more. Each age group has its own badge-book that specifies which and how many badges can be earned for each activity. Prizes have been provided by the DoD and through sponsorship

Continued On Next Page

ITT Office Offering Dakota Sun Garden Winery Tours

The Information, Tickets & Travel office is offering a variety of Dakota Sun Gardens Winery Tours. The Saturday's Sip, Taste & Mingle tours are available on June 11 & 18, July 23, and August 6 & 27. Cost is \$45 per person and includes transportation, wine tasting, and lunch. The Friday Evening in the Gardens tours are scheduled for July 8 and August 19. The July event features a concert by Blind Joe while the August date is highlighted by Jesse Veeder. Cost is \$53 per person and includes travel, entrance, and wine tasting. For more details, call the ITT office at 727-6669 or visit their office located in the Base Exchange.

CLUB MEMBER DRAWING ON FRIDAY, JUNE 3RD WILL BE FOR \$350.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Jun 6 Family Child Care Pre-Orientation

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC Pre-Orientation at the Family Child Care office on June 6th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For details, call the FCC office at 723-6662.

Jun 14 FCC Open House

The Family Child Care office is hosting an Open House on Tuesday, June 14th from 5-7 p.m. Come in and see what the FCC has to offer. There will be FREE ice cream for providers and families interested in FCC care or employment. For more information, call Family Child Care at 723-6662.

For 5th Force Support Job Opportunities, visit www.nafjobs.org

Youth Outdoor Soccer Registration

The Youth Center is holding Youth Outdoor Soccer registration now through June 10th for youth 3-15 years of age. Cost is \$40. Youth Center membership is required. A special Smart Start Outdoor Soccer is designed for children ages 3-4. All children who participate must have a current immunization record on file at the Youth Center. The season is scheduled to begin on August 9th. The Youth Center depends on volunteer coaches to help make the season a fun experience for all participating youth. If you are interested in volunteering, please stop by the Youth Center. For more information, call the Youth Center at 723-2838.

Kids Summer Bowling

Enjoy the summer fun at Rough Rider Lanes during the Kids Summer Bowling special from June 1st through July 29th. Children ages 17 and under can bowl for \$2 per game and received FREE shoe rental. The offer is valid Monday through Friday from 9 a.m. to 2 p.m. For more details, call 727-4715.

YOUNG AIRMEN EVENTS & PROGRAMS

Jun 8 Single Airmen Slice Night

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For more information, contact Rough Riders at 727-4377.

Jun 9 Single Airmen Wingman Night

Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Stop by and enjoy some tasty wings and a cool beverage. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. Plus Rockers is offering domestic drafts for \$2. For details, call 727-ROCK.

Jun 10 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on June 10th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Jun 11 Hip Hop All Nighter

Dance, party, and hang out with your friends during the Hip Hop All Nighter at the Rockers Bar & Grill on Saturday, June 11th from midnight to 4 a.m. Enjoy the latest Hip Hop, Rap, and R & B music all night. The event is free for club members and \$7 for non-members. For more details, call Rockers Bar & Grill at 727-ROCK.

Jun 12 Pride Of America Golf Scramble

The Rough Rider Golf Course swings into tournament action during the Pride of America Scramble on Sunday, June 12th beginning at 9 a.m. Check-in for the tournament starts at 8 a.m. This 18 hole, four person scramble is sponsored by Ryan Family Dealerships. Participants have a opportunity to win a 2016 Chevy Malibu in the hole-in-one contest. Entry fee for the tournament is \$30; green fees and cart rental not included. Your entry fee includes a meal at the completion on the event. The tournament is limited to the first 20 teams to sign up. Registration is open now until the day of the event; please call ahead to reserve your team slot. Contact the Rough Rider Golf Course at 723-3164 for additional information or to register your team. *No Federal Endorsement of Sponsor Intended.*

Jun 3 Margaritaville Party & Bingo

Come enjoy a North Dakotan Clambake along with yard games and bar bingo during the Margaritaville Party at the Jimmy Doolittle Center on Friday, June 3rd from 5-7 p.m. Savor some delicious s'mores around the fire pit on the patio. Plus club members and their bona fide guests can participate in bingo with games at 5 p.m., 6 p.m., and 7 p.m. Cards are \$1 each or 6 for \$5. The Margaritaville Party & Bingo is an adults only event. For details, call the Doolittle Center at 723-3731.

Jun 10 Family Movie Night & Steak Night

The Jimmy Doolittle Center invites you to Family Movie Night and Grill Your Own Steak Night on June 10th. From 5-7 p.m., you can pick your own delicious ribeye steak (fresh cut to size), chicken breast, or portabello mushroom and cook it on the patio over a charcoal grill. Cost is \$1.50 per ounce for steak and \$4.50 for either a chicken breast or portabello mushroom. To make your meal even more delicious, the Doolittle Center is featuring a potato bar with all the fixin's, fish and starfish shaped nuggets, goldfish crackers, and more. The potato bar is free for club members and \$7 for non-members. Then at 6 p.m., families can enjoy the FREE movie "Finding Nemo." For additional information, call the Doolittle Center at 723-3731.

Jun 14 Flag Day 5K Color Run

The Fitness Center is hosting the Flag Day 5K Color Run on Tuesday, June 14th at 5 p.m. Registration begins June 7th and continues until the day of the race. Event is open to all active duty, dependents, and civilians; strollers welcome. Call 723-2145 for additional information.

SUMMER READING PROGRAM from previous page

from the Minot AFB Officers' Spouses' Club. The top readers in three age groups will be entered into an Air Force-wide grand prize drawing sponsored by USAA. *No Federal Endorsement of Sponsors Intended.*

There will be programs all summer long for all age groups. Highlights include a tournament for players of Magic: the Gathering on June 18th; a board game making camp (June 20th, 22nd, and 24th) in which participants aged 9-18 will learn about creating board games and then go on to create their own and enter it into a competition on June 25th; a July 9th (July 16 in case of rain) Field Day program in the field behind the library featuring games, prizes, and a story walk; a live or life-sized games program on July 21st; a "quidditch" game based on the Harry Potter series by J. K. Rowling on July 30; a program for teens and adults based on the book Hunger Games by Suzanne Collins on August 4th, and a Library Quest game on August 12. Check out the Library's Facebook page (Minot Air Force Base Library) for program details and reminders.

The Base Library is challenging the base's squadrons to a competition to see which squadron participates the most in the Summer Reading Program. The squadron with the most active duty members participating in the Base Library's Summer Reading Program will receive an award certificate and the right to display the Summer Reading Program Squadron Trophy for a year. 705 MUNS won the competition in both 2014 and 2015.

The Summer Reading Program will end with a wrap-up party at 1:00 PM on Saturday, August 10th. The wrap-up party will be Olympics themed and will feature crafts and activities as well as the grand prize drawings and a presentation of the squadron trophy. For more information, call the Base Library at 723-3344.

JOIN YOUR AIR FORCE CLUB
...Where Heritage Begins

RECEIVE A \$25 BEST BUY® E-GIFT CARD
When you apply for the AF Club Membership credit card between June 1-30, 2016.
A valid email address required.

PLUS! BE ELIGIBLE TO WIN A \$500 BEST BUY® E-GIFT CARD
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See Official Rules at myairforcelife.com

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- 2% Unlimited Cash Back Rewards for on-base purchases*
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OR LEARN MORE AT YOUR NEAREST CLUB

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*Amount subject to credit approval. One gift per applicant, need be 18 or older (17 in HI and VT) apply. Restrictions and limitations apply. Air Force Club credit cards are issued by Chase Bank USA, N.A. Offer subject to change. See www.myairforcelife.com for pricing and rewards details. The promotion is not pre-empted, sponsored, or associated by Best Buy. BEST BUY, the BEST BUY logo and the tag design are trademarks of Best Buy and its affiliated companies. © 2016 Best Buy. All rights reserved.

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Operation Heroes 2016

MINOT AIR FORCE BASE, N.D. -- Children from Minot AFB go through a simulated deployment line at Minot AFB N.D., Sept. 25, 2016. The experience was to teach children of Airmen at Minot AFB what their parents go through in order to deploy. Each child who participated got their very own dog tag and experienced activities to include a pre-deployment brief, tour of a helicopter, security forces weapons, talking with B-52 pilots and ended with a redeployment line to welcome the children home from their simulated deployment.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS CHRISTIAN SULLIVAN AND AIRMAN 1ST CLASS JESSICA WEISSMAN

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HERO IN TRAINING

FAMILY FUN DAY

Join the Fire Department, Minot AFB Homes, and our other Minot AFB First Response Forces (including: Security Forces, MDG, and the EOD) to become a **HIT** member!

WHEN: June 24th
WHERE: 9am-2pm
LOCATION: Fire Department
AGES: NO AGE LIMIT
(Anyone under 8 must have adult supervision at ALL times)

LUNCH WILL BE PROVIDED

****No RSVP needed****
For more information: amcgrath@bbcgrp.com




2016 Police Week

SENIOR AIRMAN KRISTOFFER KAUBISCH
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Police Week is a nationally celebrated holiday that is pushed out by congress each year. It started in 1946 by John F. Kennedy Jr., when he designated May 15th as National Peace Officers Memorial Day. As it grew, the week surrounding that day became known as Police Week.

We recently celebrated Police Week on Minot Air Force Base, N.D. There were various events ranging from a flag football tournament, a simulated 9mm pistol shoot, a ruck march around base, a 5k memorial run and a "Top Cop" challenge, where different security forces units on base to show off their unique skills and what their unit brings to the table.

"Police Week is important because it gives us all a chance to get out in the community in a different light. We're not just cops at that point; we're just out there having fun with everyone else," said Staff Sgt. Alexander Northrup, 5th Security Forces Squadron, non-commissioned officer in charge of police services. "We are enjoying the community, participating in different sporting events and getting to see each other in a different light."

Another reason why Police Week is important is because it gives security forces members a chance to show everyone they support their fallen officers and remember them for what they have sacrificed. It also shows base populous the different

security forces missions on MAFB, as well as the missions outside of base.

"Police week is open to the base populous for the majority of the events," Northrup said. "We want to get as many people involved as possible."

Every security forces unit on base was involved, as well as the Office of Special Investigations. They all had a different role, either as a volunteer, participating in the events, or being a point of contact for one of the events. Police week was also opened up to downtown police departments including the Ward County Sheriff's Department Office, Minot Police Department and the North Dakota Highway Patrol.

Police week ended on Friday, May 20, at the McAdoo Fitness Center with a closing ceremony in remembrance of all of the fallen police officers, both local and security forces members.



U.S. AIR FORCE PHOTO | SENIOR AIRMAN KRISTOFFER KAUBISCH

Minot Air Force Base, N.D., observed National Police Week from May 15-20. During Police Week, various events ranging from a flag football tournament, a simulated 9mm pistol shoot, a ruck march around base, a 5k memorial run and a top cop challenge, where different security forces units on base were able to show off their skills of what their unit brings to the table. Police Week ended with a ceremony paying homage to those lost in the line of duty.



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS CHRISTIAN SULLIVAN

Security Forces members prepare to race in a Humvee push during the top cop challenge at Minot Air Force Base, N.D., May 18, 2016. During the challenge Airmen were tested physically and mentally as they raced to see who finished first.

FINI-FLIGHT from page 3



U.S. AIR FORCE PHOTO | SENIOR AIRMAN APRYL HALL

Lt. Col. Jason Karren, 5th Bomb Wing chief of wing inspections, is sprayed with water by his children after his final B-52 flight at Minot Air Force Base, N.D., May 12, 2016. With his retirement approaching, Karren's family and friends celebrated his last flight as an Air Force pilot.

will ultimately park," Middents said. "Once the aircraft has shut down, the flyer is met by them and oftentimes a barrage of water from fire bottles and champagne."

For Middents, who just recently had his fini-flight in a Minot BUFF, the experience was bittersweet.

"I chose an 18-hour sortie from Guam to North Dakota, with a delay over Hawaii to run close air support training with Joint Terminal Attack Controllers," Middents said. "I had plenty of time to appreciate everything unique about the B-52 before walking away from the jet for a while."

All the solemn feelings washed away as he caught a glimpse of familiar faces on the ramp.

"Seeing my family after landing was the highlight of the mission," Middents said. "My

wife and kids were fully loaded with water guns and sinister grins, and they let me have it in the chilly Minot spring weather."

Aviators begin their careers by pinning on wings in a formal ceremony and throughout time, meet special career milestones while flight hours build up and qualifications are earned. While every step in a flyer's career is an important one, the fini-flight is the capstone event.

"The flying career is concluded with a fini-flight, an informal event just as meaningful as the formal ceremony during which they were presented their wings," Middents said. "The fini-flight recognizes the honored aviator as one who can now hang their hat with the many Airmen who have gone before them in such a unique endeavor."



Sesame Street/USO tour begins at MAFB

MINOT AIR FORCE BASE, N.D. -- In honor of Military Appreciation Month and the 75th anniversary of the USO, a six-month stateside tour kicked off at Minot Air Force Base, North Dakota, debuting a new show about military-to-civilian transition. Approximately 150 family members met at the base theater to see a performance by well-known characters from Sesame Street, to include Katie, a military child experiencing moving to a new base. "Sesame Street is thrilled to once again partner with our friends at the USO during their momentous 75th anniversary," said Dr. Jeanette Betancourt, senior vice president of U.S. Social Impact at Sesame Workshop. "We are honored to continue supporting our nation's military families and celebrate nearly ten years of bringing our resources and the Sesame Street/USO Experience for Military Families to installations around the world."

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSICA WEISSMAN

Nationally approved, medically accurate training program designed for 11 years old and older.



2016 Summer Class Schedule June 2 • June 21 • June 28 • June 30 July 12 • July 19 • July 21 • August 9

Safe Sitter® teaches adolescent babysitters how to handle crises, how to keep their charges secure, and how to nurture and guide a young child. Safe Sitter® babysitters help children stay safe and sound while their parents are away. In the process, these 11 years old and older emerge as more confident, responsible and compassionate teens and adults.

During this one-day course, students listen, practice, role-play—and learn an array of topics including:

- Choking and CPR
- Safety for the sitter
- Accident management
- The business of babysitting
- Child development
- CPR

All classes are held 8:30 am to 3:30 pm

Trinity's Health Center – Riverside, Education Center, 1900 8th Avenue SE

Due to the high demand for this class, the course fee of \$45 must be paid in advance. Please register by calling the Trinity Health Community Education Department at 857-5099 and then mail your check (payable to Trinity Health) to Trinity Health Community Education, P.O. Box 5020, Minot, ND 58702. Payment must be received in advance to confirm your participation in the course.



North Dakota Department of Health Reminds Residents to Use Care While Cleaning to Avoid Hantavirus Disease

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – With the Memorial Day weekend approaching, many people will be cleaning cabins and other buildings that have been closed for the winter. The North Dakota Department of Health (NDDoH) reminds everyone of the importance of protecting themselves against hantavirus disease.

Hantavirus pulmonary syndrome (HPS) is a viral infection that causes severe lung disease. Infected rodents spread the virus in their urine, droppings, and saliva. The virus is transmitted to people when they breathe in air contaminated by the virus, and on rare occasions it can be transmitted through an infected rodent bite. The deer mouse is the primary carrier of the virus.

“Hantavirus infection has been associated with the presence of rodents, rodent droppings, and nests, which can be found when cleaning or occupying previously vacant cabins, sheds, or other dwellings and outbuildings,” said Michelle Feist, Epidemiology and

Surveillance Program Manager with the Department of Health’s Division of Disease Control. “Since there is no treatment for hantavirus disease, except for supportive care, it is important to clean rodent infestation properly to prevent infection.”

NDDoH offers the following tips for cleaning a building with signs of rodent infestation to avoid hantavirus infection:

- Ventilate the space by opening the doors and windows for 30 minutes before you start cleaning
 - Do not stir up dust by sweeping or vacuuming up droppings, urine or nesting materials
 - Wear gloves and use disinfectant when cleaning up dead rodents or their urine, droppings and nests
 - Saturate the material with disinfectant for five minutes before removal
 - Mop floors and clean countertops, cabinets and drawers with disinfectant
 - Use a commercial EPA-registered disinfectant following the label instructions or a bleach solution made with one-part bleach and nine parts water
- Symptoms of HPS usually begin two

to three weeks after infection. Early symptoms commonly include fever, muscle and body aches, fatigue, headache, dizziness, chills, nausea and vomiting. The illness worsens within a short period of time to include coughing and shortness of breath as lungs fill with fluid.

Fourteen cases of HPS have been reported to the Department of Health since 1993, when the virus was first recognized in the United States. Seven of the 14 reported cases were fatal. One case was reported in 2015, this individual has since recovered. Nationally, through Jan. 6, 2016, 690 cases have been reported with 36 percent resulting in death. More than 96% of the reported cases have occurred in states west of the Mississippi River.

For more information, contact Michelle Feist, North Dakota Department of Health, at 701.328.2378.

Please note: A fact sheet containing important precautions to minimize the risk of hantavirus pulmonary syndrome infection is available at www.ndhealth.gov/Disease/Documents/faqs/Hantavirus.pdf.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

“

For generations, people have had access to public land and water...there is no guarantee there will be access.”

”

– Tim Sandstrom, New Town.

On the surface, it seems like a plausible idea to transfer public land management from a financially strapped federal agency to a state with more resources.

After all, local folks tend to know what works better at local levels.

But step back, take a deep breath, and peel back layers of an onion that is not one, but two, potential land transfers along the Missouri River System (MRS) in North Dakota and it’s hard not to smell a bad onion.

Some background: A potential Lake Sakakawea land transfer within Fort Berthold Indian Reservation had been a discussion item with the U.S. Army Corps of Engineers, the federal agency in charge of Missouri River System management, for nearly four decades. It simmered down to the point where most folks thought it was a non-issue.

Wrong.

This spring it became public that the corps has a Memorandum of Understanding (MOU) with Three Affiliated Tribes (TAT) transferring more than 30,000 acres along Lake Sakakawea to the U.S. Department of Interior to be held for TAT management. Much of the land was privately owned, Indian and non-Indian alike.

Now a similar move farther south on Lake Oahe is underway, transferring public land managed by the corps to the State of North Dakota. Draft legislation allows land transfers to private individuals.

While local management, whether tribal or state, seems do-able, Tim Sandstrom, New Town, believes many unanswered complexities exist: How can “land no longer needed” exist, is there guaranteed free public access, would North Dakota hunting, fishing, and trapping licenses be honored, and why would private land be forfeited to the TAT (on Sakakawea)?

Recreation is one of eight authorized purposes

of the Flood Control Act creating Garrison and Oahe dams, Sandstrom said.

There is no guarantee from the State of North Dakota or TAT lands will remain public.

Consider that if North Dakota assumes management, a significant financial commitment is needed for land management – noxious weed control, staffing, equipment, administrative expenses, etc.

The corps isn’t exactly flush with cash but the State of North Dakota isn’t sitting in the same financial situation it was just a year ago, either.

Could Lake Oahe and Lake Sakakawea lands ultimately come under private ownership, potentially land-locking public resources? Don’t scoff at the idea, Sandstrom suggested.

What about legalities and the public process? Both potential transfers caught organizations such as Friends of Lake Sakakawea, who closely works with the corps on issues, by surprise.

Doesn’t such a transfer require Congressional legislation – or at least public hearings? Congressional legislation created the reservoirs and authorized purposes.

Landowners along what is now Lake Oahe and Lake Sakakawea were compensated, albeit it taken as eminent domain. They had no choice but to sell.

Sandstrom’s great-grandfather is one whose land now sits beneath and along Lake Sakakawea.

Sandstrom believes if lands are released from the ACOE they should remain in public local ownership but as the MOU stands currently, it’s hard not to argue heirs should receive opportunity at original surface and mineral acres versus defaulting ownership to the TAT.

The past doesn’t change, Sandstrom said. Dredging emotions, heartache, divisiveness – and, yes, even racial tensions of the past – serve no public benefit, he offered.

2016 is the year we want to
“Paint Your World Purple”
in the battle against cancer.

To purchase your luminaria, contact Lori at 852-4441 or stop in at Gerdau.

Be a part of this year’s **Relay for Life - June 10th!** Kids activities begin at 4 pm, with the Opening Ceremony at 7 pm, followed by the Survivor’s Lap and entertainment for all!

The beautiful Luminaria Ceremony will be held at 10 pm.

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www.minotrelay.com
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RELAY FOR LIFE

June 10, 2016

Opening Ceremony at 7 pm

in front of Old Main, MSU Campus



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CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 5:30 pm Sunday 9:30 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>	<p>GLENBURN FIRST BAPTIST CHURCH</p>  <p>402 South Street • 701-362-7971</p> <p>Sundays: Morning Worship..... 10:00 a.m. Sunday School 11:15 a.m.</p> <p>Wednesdays: Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons.</p> <p>Pastor DeVawn Beckman • revdev@srt.com</p>	<p>Bible Fellowship Church</p>  <p>Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am</p> <p>GRIEF SHARE</p> <p>Classes Starting November 4th, 7:00pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org</p>
<p>Faith United Methodist Church</p>  <p>5900 Highway 83 N, Minot</p> <p>www.faithumcminot.com</p> <p>Rev. Debra Ball-Kilbourne</p> <p>Sunday School (All Ages): 9:30 a.m. Worship Services: Sunday 11 a.m. Wednesday: 5:15 p.m.</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Harvest Reformed Church</p>  <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p>Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ</p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School 11 a.m. Sunday Worship 11 a.m. Tuesday Lunch Bible Study 11 a.m. - 1 p.m. Wed. Youth Classes 6:30 - 8:30 p.m.</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes 9:30 a.m. Worship..... 10:30 a.m. - 5 p.m.</p> <p>Wednesday: Bible Classes 7 p.m.</p> <p><i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p>First Presbyterian Church</p>  <p>430 N Broadway (Congregational Church of Christ Building) 701-460-6321</p> <p>Worship..... 9:00 a.m. www.fpcminot.org</p> <p><i>Visitors Welcome</i></p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:30am Child/Youth Sunday School.. 11:00am Adult Sunday School.... 8:30 & 11:00am Traditional Worship..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>First Lutheran Church - ELCA</p>  <p>120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship 9:30 am</p>  <p>Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 9:30 AM Pastor Ken Nelson & Pastor Brandy Gerjets</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i></p>  <p>Sunday Worship 9:30 a.m.</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor</p> <p>www.stmarksminot.com Call or check out our website for more information.</p> 
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:15 am & 10:45 am Sunday Fellowship 9:15 am Sunday School 9:30 am Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7 p.m. Wednesday - Friday 9 a.m. Saturday 5 p.m. Sunday 8 & 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>Calvary Alliance Church</p>  <p>715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p>Our Redeemer's Church <i>A Church of the Lutheran Brethren</i></p>  <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m.</p> <p>700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p>
<p>BREAD OF LIFE ELCA LUTHERAN CHURCH</p>  <p>Pastor Taryn Montgomery Pastor Alex Hoops</p> <p>Saturday Worship 5:00 pm Sunday Worship 9:30 am Sunday Fellowship 10:30 am</p> <p>Breadoflifeminot.com <i>Everyone Welcome</i></p> 	<p>BELIEVERS BIBLE CHURCH of MINOT</p> <p>I John 5:13 www.bbcminot.org</p> <p>Where you can find truth and love in Christ Jesus the Lord!</p> <p>Sunday Worship..... 11:00 am</p> <p><i>The Carnegie Center</i> 105 2nd Avenue SE</p>	<p>Cross Roads Baptist</p>  <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotrcbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>West Minot Church of God <i>"A Family Worship Center"</i></p>  <p>1105 16th St. NW • 839-1407</p> <p>Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church..... 10:30 a.m. Wednesday Family Training Hour .. 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m.</p> <p>ABC Child Care & Pre-School Center 852-6352</p>	<p>Bethel Free Lutheran AFLC</p>  <p><i>"Building Followers of Jesus Christ!"</i></p> <p>Sunday School 9 a.m. Worship Service 10:30 a.m. Wednesday Supper 6:15 p.m. Adult/Youth Bible Study Kids Club 7 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF</p>  <p>8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319</p> <p>Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am</p> <p>Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p>First Baptist Church</p>  <p>220-3rd St. S.W. • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service... 9:50 a.m. Adult Sunday School 11:00 a.m. Contemporary Worship Service, 11:05 a.m. Children's Church..... 11:05 a.m. Wed. Awana (Sept. - May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Gospel Tabernacle Community Church</p>  <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	<p>Dakota Baptist Church</p>  <p><i>Teaching the Word, One Verse At a Time! KJB</i> 916 5th Ave, SE Minot, ND 58701</p> <p>Sunday School..... 10:30 a.m. Sunday Evening Worship 5:30 p.m. Wednesday Worship 7:00 p.m.</p> <p>(701)852-5399 www.dakotabaptistchurch.com Email: dbchurch@srt.com Pastor: Jeremy Jacob</p>	<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>
<p>Trinity Church</p>  <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	<p>Immanuel Baptist Church</p>  <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled), 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.immanuelbaptistminot.org</p>	<p>ZION Lutheran ELCA</p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship 5 p.m. Sunday Worship... 8:30 a.m. & 11 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p>Vincent United Methodist Church</p>  <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Ray Baker www.vincentumc.com</p>	

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5	1	8	9	6	2	4	3	7
9	2	3	4	8	7	5	6	1
4	6	7	5	3	1	8	9	2
3	9	2	1	7	4	6	5	8
8	7	4	2	5	6	9	1	3
1	5	6	8	9	3	2	7	4
6	4	5	3	1	8	7	2	9
2	3	9	7	4	5	1	8	6
7	8	1	6	2	9	3	4	5

Answers to puzzle from page 6

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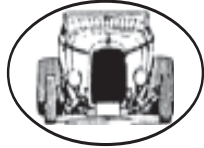
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\$130,000 - Garrison



This is a great 2 bedroom, 2 bath home in Garrison, ND. The house features two living areas, a nice kitchen and dining layout, a master bedroom with attached bath, an upper attic area that could be a third bedroom and an unfinished basement. Call Alish Charley. 509-5362 #161080

\$795,000



Luxury, location, and lots of custom detailing describes this one-of-a-kind 4 bedroom, 4 bathroom 4,750 sq. ft. Minot residence. Pulling up to the home you will be in awe of the extensive landscaping and beautiful valley views. Call Amber Alexander. 500-0810 #161059

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Great 1st home! This affordable priced 3 bed, 2 bath home has a view that overlooks Town & Country mall! Convenient main floor bedroom. The enclosed front porch adds great useable space winter, spring, summer, or fall! Call Aisha Vadell. 240-3780 #161087

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Nice one level home on Large lot in a private cul-de-sac. This home has been nicely refurbished with hardwood flooring throughout living room, hallway and bedrooms and tile floor in kitchen and dining areas. Call Virginia Slavick. 721-7493 #161064

\$173,500



Lovely and well maintained 2 bedroom 1 & 1/2 bathroom condo with stunning views of the Magic City! This home has so much to offer both inside and out. The peace and quiet of the serene backyard cooley is sure to be enjoyed. Call Amber Alexander. 500-0810 #161074

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Here is a beautiful Shultz mobile home located in very desirable Prairie Bluffs Park. This is a 3 bedroom 2 bath 1,232 square ft. home. As you walk inside you will notice this place has been meticulously taken care of. Call Nathan Stremick. 500-3890 #161088

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