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U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS CHRISTIAN SULLIVAN

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Videos











# **Female POW visits Team**

MINOT AIR FORCE BASE, N.D. -- Retired Brig. Gen. Rhonda Cornum, a former U.S. Army flight surgeon, visits with Airmen from the 791st Maintenance Squadron at a launch facility training site at Minot Air Force Base, N.D., May 24, 2016. During her visit, Cornum visited with 91st Missile Wing and 5th Bomb Wing Airmen to give a speech on comprehensive fitness and her experience as a prisoner of war during the Persian Gulf War.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSICA WEISSMAN











## **NoDak Speedway** Racers visit Team Minot

MINOT AIR FORCE BASE, N.D. -- Drivers from the NoDak Speedway in Minot, N.D., visited Minot Air Force Base May 25, 2016. Drivers were displaying cars, did some giveaways and informed Team Minot of the fun times they can have at the speedway this summer and on May 30 for Military Appreciation Day.

> U.S. AIR FORCE PHOTOS AIRMAN 1ST CLASS JESSICA WEISSMAN

# Military Appreciation Weekend

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## Commentary: Camera and costumes leads to crying and cops

AIRMAN 1ST CLASS JESSICA WEISSMAN | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Usually, whenever I'm tasked with a work order, I'm not particularly excited about it. I mean, don't get me wrong, I enjoy watching Airmen win awards and learning what they do for their job, but sometimes they're just another job. On the flip side, when unique opportunities come up, I usually always volunteer my time to go photograph the event, even on a weekend.

Last month at our weekly meeting, my supervisor mentioned iMagicon, a comic convention, was coming to Minot, North Dakota. I had never been to a comic con before, so when asked, I immediately volunteered to go photograph the event.

On Saturday, April 25, 2016, a group of friends and I decided we would all go so we could spend the day together, I could capture a few pictures, grab a bite to eat downtown and then come back to base.

When we got to the convention center of the Holiday Inn, we had no idea what to expect being in Minot. When we pulled into the parking lot, we saw a little kid dressed up as Iron Man, so we knew we were in the right spot. As we walked in, we saw booth after booth of games, costumes, action figures, the whole nine yards.

We walked around the front convention room for about 20 minutes and as we were watching some kids play, we noticed heavy traffic coming from

a hallway in the back corner of the room. We decided to follow suit and see what the fuss was about. After a short stride down the hallway, we came into a gymnasiumsize convention room with more people, more costumes and more booths. This is where the fun began.

There were at least 10 tables set up for people to play Magic in the front corner, where I noticed my supervisor and his family were playing, martial arts instructors conducting "ninja training" in the back, six or seven TVs set up for gaming on the left and a Stormtrooper holding cell to the right. As we walked around we looked through comic books, experienced virtual reality goggles and stood in awe of some children magically creating villages on Minecraft. I captured pictures of just about everything in this room, and as the night progressed, I photographed the costume contest.

Let me tell you, some of the costumes were spectacular. The competitors ranged from ghostbusters and transformers to butterflies and knights. The contest consisted of age categories, infants and toddlers, youth and adult. As the contest started, I hopped to the front of the crowd, right next to the judges' table and stage. I captured images of every contestant and reactions from the judges and the crowd. While we were waiting in between contestants, I captured

images of some attendees, including a child who, it seemed like, saw a lightsaber for the first time as he stood in awe of the glow. This was by far my favorite image of the night.

As the night ended, I made contact with some people to be sure they got the images I captured of them, showed my supervisor a few good images I captured from the costume contest and left for the night with no plans set for the rest of the evening.

As we left the venue, we decided to go grab a bite to eat and hang out downtown for a few hours. We went to Fuddruckers's. got some burgers and talked about life. After we ate, we decided last minute to go to the pet store and finish up the night bowling before we went home. As the night progressed and we were having fun out on the town, we decided to go to Rooster's nightclub, where a good majority of our friends were. We hung around at Rooster's for two or three hours and then our group decided they wanted to go to Sports on Tap. Since everyone was leaving, we decided that we would go as well. We got to Sports and stayed there for an hour and fifteen minutes until we decided to leave.

After a long night, we slowly walked to my friend's truck, laughing at all of the fun from the day. On the way, we passed multiple cop cars, who were prepared for anything to happen, as Sports is known to have a tussle every so often. When we reached the truck, I opened the passenger suicide door and as my friend got into the back seat, she noticed something wasn't right.

"Jessie, your bag is gone," she said.

"What," I exclaimed. "You are joking me right? Come on, that's not funny."

"I'm being serious. It's gone."

In an instant, a rage of panic, anger and confusion came over me. I jumped out of the passenger seat, nudged her out of my way and began to search the vehicle for my camera bag.

Sure enough, it was gone. At this point, I'm crying my eyes out in the front seat. My two friends re-search the vehicle as if it would pop-up out of nowhere after our first two checks.

Before going inside earlier that night, we had pushed the black camera bag between the passenger and back seats and placed

a large digital-camo duffel bag over top

With slightly tinted windows, we were sure the equipment would not be seen inside the vehicle and no one would try to break in.

As we began to search the outside of the vehicle for entry marks, I immediately turned to my friend with anger.

"Didn't you lock the truck when we left?" I bitterly asked.

"Of course I did," he said. "You know I always make it honk at least three times. I like to exaggerate things." I was not feeling his humor, as I was still crying hysterically.

At this point, we decide to immediately report the incident to the police that we passed on the way out. We quickly walked over to the police, and informed them of the situation. They walked over to the vehicle and respectfully interrogated us to try to get as much information as they could.

As we ended with the Minot Police, I immediately called my friend Kris who had gone through a similar situation a few years back. He reminded me that I should call my supervisor, so I did. Since it was nearing 1 a.m., I was honestly not expecting him to answer, and he did not. I figured it was going to be hard to understand me, so I did not leave a message, instead I called another NCO in my shop. Thankfully she answered.

In a very sleepy voice, she cleared her throat and whispered, "Hello?"

In a hurried and panicked voice I basically shouted at her in one breath, "Sergeant, my camera got stolen. I don't know what to do. I tried to call my supervisor, but he didn't answer. I didn't know if I should have called

Continued on page 13

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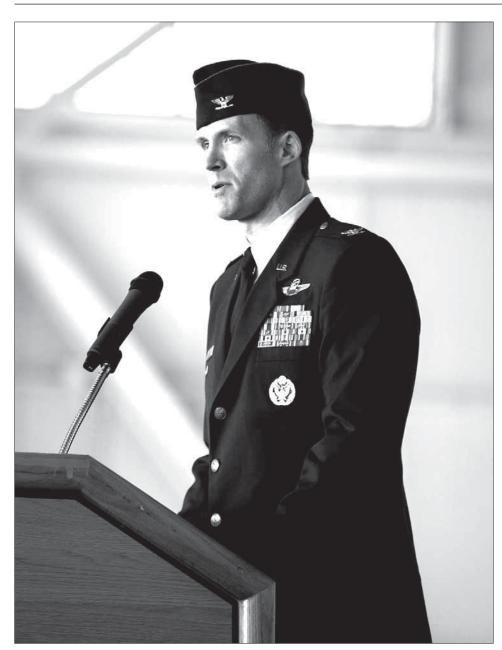
# TEAM MINOT WELCOMES NEW 5TH BW COMMANDER

Col. Matthew Brooks accepted command of the 5th Bomb Wing from Col. Jason Armagost during the 5th Bomb Wing change of command ceremony at Minot Air Force Base, North Dakota, June 3, 2016. Brooks comes to the 5th BW from Whiteman AFB, Missouri, where he served as the vice commander of the 509th BW. Brooks expressed his gratitude for being chosen to lead the Warbirds. "My family and I are thrilled to be part of such a legendary team," Brooks said. "I will do my best to uphold the standard of excellence that is the hallmark of the Warbirds and Team Minot." Armagost will be heading to Offutt AFB, Nebraska to serve with U.S. Strategic Command.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN APRYL HALL, AIRMAN 1ST CLASS CHRISTIAN SULLIVAN AND A1C JESSCIA WEISSMAN



















# Minot AFB homes opens to military retirees, DoD civilians, single service members and civilians

AUTUMN K. MCGRATH | MINOT AFB HOMES

INOT AIR FORCE BASE, N.D. -- Minot AFB Homes recently announced that a limited number of on-base family homes will now be available for rent by military retirees, DoD civilians, single service members and civilians.

About 160 residences, a mixture of two, threeand four-bedroom units in the Prairie Rose Estates neighborhood, are currently available to the new resident category(s), however inventory will fluctuate based on the demands of activeduty service members, who have first priority for all family housing.

"With military downsizing and other market conditions, there has been a decrease in occupancy for certain home styles and neighborhoods within housing at Minot AFB Homes," said Michael Lahr, Community Manager for Minot AFB Homes.

"If homes are not being filled by activeduty personnel, we offer opportunities for other eligible renters who pass our screening process to live in one these homes. Occupied homes make for a more vibrant community and also ensure adequate funding is in place to sustain ongoing renovations to the property, as well as new homes and amenities for our residents" added Mr. Lahr.

The advantages of living on-base are many. Most utilities are included in monthly rental and there are no hook-up fees. Curbside trash pick-up, recycle pickup and water-usage charges are also included in the monthly rent. Additionally, all upkeep and regular yard and home maintenance is provided, including 24hour emergency services. Security for on-base housing is provided by military police. Other amenities

include: playgrounds, outdoor pavilions and dog parks. Not to mention Minot AFB Homes amenities to come which include: community center, indoor splash park, indoor playground, sports courts and a new maintenance facility. Residents also benefit from on-base housing being close to base-convenience facilities, including outdoor pool, fitness center, food court, coffee shops, the Base Exchange, the commissary and more.

As far as new resident screening and security is concerned, interested applicants must qualify through the Community Management office, successfully completing comprehensive credit, criminal and background checks. Monthly rental rates for non-active duty

are based on market rental rates and the specific home style. Minot AFB Homes now joins the ranks of many other military installations around the country that are already leasing family homes to military retirees and other resident classes.

"The ability to live on base at Minot AFB Homes is truly a unique opportunity," Lahr said. "We look forward to welcoming new residents to our community."

Families interested in moving into Minot AFB Homes can ask for information from Minot AFB Homes leasing office at 844-334-1029 or online at www.minotafbhomes.com. Applicants from the newly eligible category will be required to pass installation background checks and meet credit and income requirements.



## Warbird of the Week

## What did you do before you joined the Air Force?

When I was 15 I worked for Blockbuster Video and then a creative designer as a Florist for Creations by Reed.

#### **Hobbies or Interests**

The Ironman trithlon is my all-time passion, as well as photography and bowling.

#### Most life changing experience

The loss of my younger brother to suicide. One of the most traumatic, life altering experiences for me and my family.

## Where do you see yourself in 10 years

Retired from the USAF, employed as a resident of Arizona, Colorado, Washington D.C., Alaska or Hawaii.

#### If you could have one special talent, what would it be

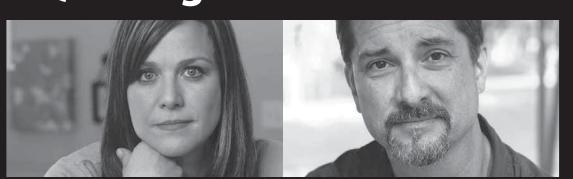
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than your best would
be to sacrifice the gift."
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## **Health Department Urges Public to Take Steps to Prevent West Nile Virus**

NORTH DAKOTA DEPARTMENT OF HEALTH

ISMARCK, N.D. - TheNorth Dakota Department of Health (NDDoH) reminds residents of the importance of protecting themselves and their families from mosquito bites. While there have not been any human cases of West Nile virus reported to the NDDoH so far this year, the department expects that it will be only a matter of time before the first case is identified.

Most people infected with West Nile virus experience no symptoms or have only mild symptoms, such as fever and headache. However, the more serious form of the illness, West Nile neuroinvasive disease, can cause symptoms of high fever, severe headache, stiff neck, altered mental status, and death. People over age 50 or those who have underlying health issues are at greater risk for developing the neuroinvasive disease than others.

"West Nile virus is a concern in North Dakota. In 2015, 23 North Dakota residents tested positive for West Nile virus. Eight of those people were hospitalized, and one person died," said Michelle Feist, epidemiologist with the NDDoH. "West Nile virus disease can affect anyone and cause serious

illness regardless of age. Last year, the family of the young woman who died from West Nile virus publically acknowledged her death to raise awareness about the seriousness of West Nile virus and how to prevent the disease. The family will be doing that again at a community West Nile awareness event on Saturday, June 4, 2016."

Preventing mosquito bites is the most effective way to avoid West Nile virus disease. There is no human vaccine for West Nile virus, and there are no specific treatments for the disease. NDDoH recommends residents take these precautions to avoid mosquito bites:

Use insect repellent registered with the U.S. **Environmental Protection** Agency (EPA) that contains ingredients such as DEET, picaridin, IR3535, oil of lemon eucalyptus (or PMD) or permethrin. Always follow the directions on the manufacturer's label for safe and effective use.

Wear long-sleeved shirts, long pants, and socks when outdoors.

Limit outdoor activities between dusk and dawn when mosquitoes are most likely to bite.

Eliminate stagnant water in containers around homes where mosquitoes can lay their eggs (e.g., gutters,

buckets, flower pots, old tires, wading pools, and birdbaths).

Keep mosquitoes from entering your home by installing or repairing screens on windows and doors.

Dancia Jackson, 23, of St. Michael, N.D., died as a result of neurological infection due to West Nile virus. Dancia's mother, Darcie Delorme, has organized a Community West Nile Awareness Day in St. Michael, N.D., on June 4, 2016. The agenda includes an opening prayer, a presentation from the NDDoH, a run/walk, a balloon release, and a community feed. The event will begin at 10:00 a.m. at the St. Michael's Wellness Center in St. Michael, N.D. Everyone is welcome to attend.

In addition to human surveillance, the NDDoH West Nile virus surveillance program will include trapping and testing mosquitoes, reporting and testing sick animals, monitoring illness in humans, and reporting and testing dead birds. For more information about West Nile virus and the 2016 surveillance activities, contact Michelle Feist, North Dakota Department of Health, at 701.328.2378 or visit www.ndhealth.gov/

### **Get Outside!**

**NORTH DAKOTA LEGENDARY** 

BISMARCK, ND -Summer is almost here and North Dakota's great outdoors is beckoning! Longer days and delightful temperatures are the perfect complement to outside activities. Whether you're in the mood to gather with a crowd or seek some peaceful solitude, there is something for you in North Dakota this

June. Warm weather is driving North Dakotans outdoors in droves, so get in on the fun. McQuades Softball Tournament, the world's largest charity tournament, gets underway in Bismarck with more than 400 men's and women's teams playing to support local charities. Bait your hook and join anglers at either the Devils Lake 40th Annual Walleye Tournament, Jamestown's Dakota Anglers Little Britches Fishing Tournament or Wahpeton's Dick Bell Catfish Tournament. Curious about classic cars? Learn from the enthusiasts at Mandan's Buggies-N-Blues, Valley City's Rally in the Valley. If classic cult films

like "Back to the Future" are more your thing, grab a blanket and get cozy under the stars for the Starlight Cinema series at Sleepy Hollow Arts Park in

Bismarck. If you seek tranquility, you can find it in one of North Dakota's 13 state parks or in its most prized gem, Theodore Roosevelt National Park (TRNP). The visitor center at the south entrance of TRNP loans binoculars to visitors, so pick a hike and get acquainted with the splendor of this national treasure. Explore Fort Stevenson State Park near Garrison, with ideal access to Lake Sakakawea, widely known as the "Walleye Capital of North Dakota." Sully Creek State Park near Medora is a prime entrance to the spectacular 144-mile Maah Daah Hey Trail. The trail is a favorite of hikers, mountain bikers and horseback riders because of its breathtaking views of the rugged Badlands and the Little Missouri River. Rent a kayak or canoe and trace the route of Lewis and Clark on

the Missouri River, although we recommend doing it in reverse ... traveling downriver is much easier!

Summer is festival time and there's no shortage of celebrations across North Dakota. Sample the delicious fare and enjoy live entertainment, including Uncle Kracker and Blind Melon, at Ribfest in Fargo Rockin' Rib Fest in Williston invites you to spend the afternoon taste-testing some of the best barbecue ribs around. Grand Forks' Grand Cities Art Fest features artisans, food vendors and live entertainment on the banks of the Red River for two full days of fun. The beloved Medora Musical gets underway this month so check out the foot-stompin' fun and enjoy pitchfork fondue while you're there.

These are just a few of North Dakota's activities and events taking place in June. Visit ndtourism.com for more information. Travelers are also invited to download or order a free copy of the 2016 North Dakota Travel Guide.

## PRAIRIE ADVENT

BY PATRICIA STOCKDILL



"To really appreciate North Dakota, everyone's got to slow down and take a look."

- Bill Jensen, North Dakota Chapter of The Wildlife Society discussing the website, Facebook, and Instagram launch of "Prairie Matters."

To the casual observer, North Dakota's prairie may seem boring.

It doesn't matter if a person is a North Dakotan or not.

To a lot of folks, prairie is boring.

Really boring.

Few frees dot the prai-

Where there are trees, someone determined to try to stop what may seem like the state's relentless, unforgiving wind likely planted them.

Admittedly, the prairie lacks the grandeur of mountains stretching skyward in rugged fashion, greenery of a tropical climate, or the sense of space afforded by an ocean.

It's easy to fall in love with those places.

It's not so easy to fall in love with the prairie.

But then again, maybe the prairie is like life – the more you work for something, the more you appreciate what you have. The more you appreciate what surrounds you.

The more a person stops and absorbs the sights, sounds, and smells of the prairie, the more one tends to appreciate it.

Yes, you may have to work to appreciate the prairie but once you stop and "smell the roses", for some people the prairie is heaven on earth.

Some of the folks who found that slice of heaven in North Dakota that is the prairie teamed up to share their passion, launching a website, (https://prairiematters.org), a Face-book page, (https://www. facebook.com/prairiematters), and an Instagram page, (https://www.instagram.com/prairiematters).

The sites went live the week of May 16, described North Dakota Chapter of the Wildlife Society (NDC-TWS) president Bill Jensen.

The NDCTWS is an organization of natural resource and scientific professionals. Admittedly, Jensen said, as folks dealing daily with multi-syllable scientific jargon, numbers, and sometimes confusing

government lingo, it's challenging to communicate about the value of prairie ecosystem and its wildlife in ways that aren't boring, let alone understandable to the average person. "It's how we were trained to speak and write," Jensen confessed.

So a group of chapter members decided there had to be a better way to tell their story.

A fun way. An entertain-

ing way.

A way in which people can actually see up close and personal what it is about the prairie that makes it special. The idea of "telling a better story" had been in the works for a couple of years, Jensen described.

And tell a better story they do.

The photography is stunning.

The stories are informative, yet they entertain. "The goal is to have it interest a fourth-grader, that fourth-grader's grandparents, and everyone in be-tween," Jensen explained.

Volunteers contribute to the site's content but people can participate by blogging their thoughts and comments.

The only steadfast, cast-in-stone rule when it comes to blogging on the site, though, is that the sites (thankfully) are not a political forum, Jensen emphasized.

Prairie Matters is a place to learn and appreciate North Dakota's prairie and find prairie places to visit such as N.D. Game and Fish Department Wildlife Management Areas, North Dakota Trust Lands, U.S. Fish and Wildlife Service Waterfowl Production Areas or National Wildlife Refuges, and others.

The goal is to inform and engage people with the prairie – its history, plants and animals, and its importance

Someone said that those who appreciate the prairie have a soul.

Prairie Matters is a place that helps people find theirs.

nsads@srt.com

## CROSSWORD PUZZLE

#### **Just Deserts**

#### Across

- 1 Fiasco
- 5 Cap'n's mate
- 9 Spread
- 14 Abbr. on some dials
- 15 One side of a debate
- 16 Pointer
- 17 Mexican money
- 18 Toot one's horn
- 19 "Sic transit gloria
- 20 2016 DNCE hit
- 23 Marie Claire competitor
- 24 Eccentric
- **25** Hot
- 28 Youngsters
- 30 Juilliard subj.
- 33 "Chicago" murderess
- 34 City north of Carson
- 35 Museum statue. perhaps
- 36 Place to get a pint
- 39 Field measure
- 40 Proof goof
- 41 Peruvian beast
- 42 URL part
- 43 Jazz trumpeter Baker
- 44 Swindled 45 "Bali '
- 46 Small, medium or large
- 47 Summer dessert
- 54 Designer Lauren
- 55 Good earth
- 56 Thailand, once
- 58 Wide open
- 59 Facts and figures
- 60 Water-skiing locale

Solution to last week's Crossword puzzle.

GIANNI

M O R T A R B O A R D
O Y A T I T T L E

SPORTERSERE

MAGNACUMLAUDE

- 61 Gist
- 62 Stair part
- 63 Discharge

### 18 19 23 35 36 38 39 42 49 53 48 51 52 57 58 59 60

#### Down

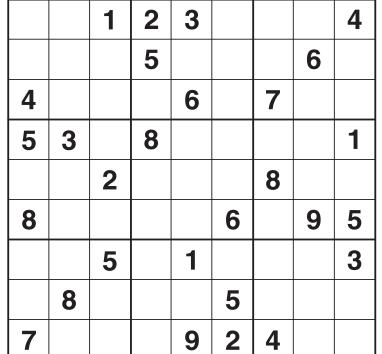
- 1 Jazz style
- 2 Oil grp.
- 3 Phoenix neighbor
- 4 Sign of a thaw
- 5 Going on in an ununderstandable way
- 6 Sandwich specification
- 7 Ballpark figure?
- 8 Approaching
- 9 Having celebrity 10 Emit violently
- 11 "Rise, Glory, Rise" composer
- **12** Pop
- 13 Kind of bed

- 21 Church officer
  - 22 Planet of the Ewoks
  - 25 Simple chord
  - 26 Boxer Marciano's given name
  - 27 Strain
  - 28 Neat and tidy
  - 29 Data
  - 30 Piped-in pop
  - 31 1972 Bill Withers hit
  - 32 Priceless violin
  - 34 "Big Mouth" Martha
  - 35 Newfoundland lighthouse site
  - 37 Work
  - 38 "My Fair Lady" lady

- 43 "My Antonia" author
- 44 PC image type
- 45 Mudhole lover
- 46 Go blading
- 47 Where boys will be
- boys 48 Vogue
- 49 Bator
- **50** 88
- 51 Winter wear
- 52 Actor Neeson
- 53 Pseudonym of H. H. Munro
- 57 Encountered



Solution to puzzle on page 18







# Naughty & Nice

Crowe and Gosling mix action and laughs in The Nice Guys

NEIL POND | PARADE MAGAZINE

he opening shot of The Nice Guys pans across the back of the iconic HOLLYWOOD sign, grimy and tagged with graffiti, as the lights of the city below glitter in the night like a gigantic box of jewels.

After the Temptations set a '70s groove to "Papa Was a Rollin' Stone," we're off and rolling ourselves on a raucous, retro-rollicking comedy-adventure romp as a pair of mismatched investigators-for-hire (Russell Crowe and Ryan Gosling) team up to look for a missing girl (Margaret Qualley of TV's The Leftovers). But soon they find themselves in a much deeper drama involving porn stars, pinkie promises, menacing thugs, Kim Basinger in full L.A. Confidential mode, and a shocking conspiracy of catalytic converters and highranking collusion.

Writer-director Shane Black made his mark back in the late 1980s with the screenplay for Lethal Weapon, starring Mel Gibson and Danny Glover. He went on to refine his format—a high-octane mix of cheeky quips and pulpy, explosive action—behind the camera with Kiss Kiss Bang Bang (2005) and Iron Man 3 (2013).

The movie takes place in 1977, and it revels in the details of its smoagy, sometimes smutty setting. The background hums with tunes from Kiss, America, Rupert Holmes, the Band, Herb Alpert and Earth, Wind and Fire. Chevy Camaros, Caprice Classics and Dodge Coronets line up for 69-cent-a-gallon gas. Billboards trumpet the hottest movies: Jaws 2, Airport 77. Newspaper headlines spread the dread about killer bees from Bra-

You'll recognize versatile character actor Keith David as a villain. Matt Bomer from TV's American Horror Story plays John Boy, an assassin sharing a certain facial feature with the Waltons TV character of the same name. And young Angourie Rice, 14 at the time of filming, almost steals the show as Holly, the daughter of Gosling's character. She's the soft heart of this rough-and-tumble the tender conscience in the midst of its outbursts of casual violence.

But the real treat throughout is the pair-up of two actors not known for baring their funny bones. Crowe's Jackson Healey is a rumpled, jaded tough guy who leads with his fists—often sporting brass knuckles. Gosling plays Holland March as a mopey, bottomfeeding P.I. with a drinking problem and a tattoo that reminds him, "You will never be happy." Their oil-andwater styles initially clash, of course, but eventually smooth into some major movie mojo. (Pay attention and you'll even catch their nod to classic Abbott and Costello.)

It all builds into a spectacular shoot-out showdown at a gleaming auto expo, where everyone is scrambling to get their hands on a canister containing a reel of film as it rolls, bounces and spins across the floor, out a window, down a street and into the flames of a burning car. That's one hot movie, as it turns out, in more ways than one.

And so is The Nice Guys, a juicy, slam-bang actioncomedy cocktail punched up, pimped out and powered down with rowdy, newfangled film-noir fun. Hot stuff—catch it.



## S'mores Bites



#### **INGREDIENTS:**

- 7 whole graham crackers (equals 1 cup), finely crushed
- 1/4 cup powdered sugar
- 6 tablespoons butter, melted
- 2 (1.55 oz) milk chocolate candy bars (I used hershey's), divided into rectangles
- 12 large marshmallows, cut in half

#### INSTRUCTIONS:

Preheat the oven to 350°F. Finely crush the graham crackers into crumbs, using whatever method you want. I used my slap chop, but a food processor would work or even putting them in a plastic bag and smashing. Combine graham cracker crumbs, powdered sugar and melted butter into a small bowl. Evenly divide crumb mixture into each cup of a 24 cup mini muffin pan, grease slightly before using. Press crumbs down to form shallow cups. Bake 4-5 minutes or until edges are bubbling. While that's baking, break the candy breaks into the divided rectangle pieces. Also cut the marshmallows in half using a scissors that has been sitting in cold water. Remove the pan from the oven and place one chocolate rectangle into each cup. Place one marshmallow half, cut-side down, into each cup. Return to oven for 2-4 minutes or until marshmallows are just slightly softened. If you'd like the tops to be brown, turn the oven to broil, and broil the s'mores bites for 1-2 minutes. Cool on a cooling rack for 15 minutes before carefully removing them from the pan.

## Frozen Blueberry Bites



#### **INGREDIENTS:**

1 cup fresh blueberries ½ cup light vanilla or fruit flavored yogurt A few toothpicks

#### **INSTRUCTIONS:**

Place a berry on a toothpick and dip in yogurt. Place single-layered on a parchment or wax paper-lined cookie sheet. Freeze for about an hour (they should freeze fast). Eat immediately or store in an airtight container in the freezer.





## MSU Summer Theatre Opens with Godspell

MINOT STATE UNIVERSITY

Minot State University Summer Theatre opens its 51st season with "Godspell" at the MSU Amphitheater June 8-12. All performances begin at 8:30 p.m., and the box office opens at 7:30

Mark McQuade, music associate professor, directs this vibrant musical written by John-Michael Tebelak with music and lyrics by Stephen Schwartz.
"Godspell" is a vibrant
portrayal of the life and parables of Jesus Christ and his messages of kindness, peace and love.

"I based my vision for this production on the composer's premise of the formation of a community in a setting of urban blight and poverty," McQuade said. "One of the most impoverished and blightridden places on the planet is Calcutta, India, which I had the incredible opportunity to visit 10 years ago. The city is hugely overcrowded and

polluted. Despite the fact that 15 million people live in the Calcutta metropolitan area, people are lost and constantly searching for refuge within a community and deliverance out of the states in which they find themselves. I felt like the story and values of 'Godspell' really fit perfectly into this setting."

"Godspell" began as a student project, which was performed by Carnegie Mellon University students. Because of its popularity, the musical moved to La MaMa Experimental Theatre Club in Greenwich Village before making its way off-Broadway where it enjoyed long-running success. It made its official debut on Broadway in 1971. With a bohemian and eclectic blend of music, dance, games, storytelling and comedy and featuring popular such songs as "Day by Day," "Prepare Ye the Way of the Lord," "Learn Your Lessons Well" and "By My Side,"

"Godspell" continues to touch audiences of all ages.

Ticket prices are \$6 for adults, \$10 for seniors (over 55), students and military with ID, \$8 for children (12 and under), \$5 for MSU faculty, staff and students. For more information, contact Chad Gifford. Summer Theatre production director, at 833-5702 or visit the MSU Summer Theatre webpage, http://www. minotstateu.edu/theatre/ summer.shtml.





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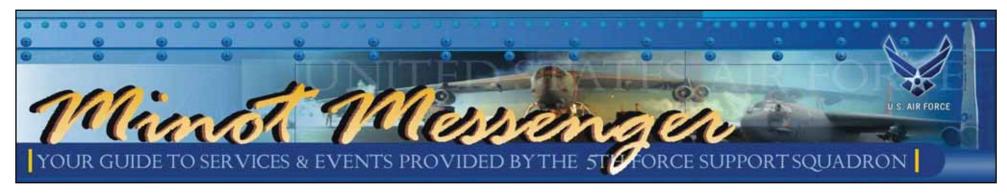


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## 5 FSS Events A Great Way To Celebrate Father's Day



Make Father's Day extra special this year with a wide variety of events and activities available at 5th Force Support Squadron facilities. A delicious barbeque brunch, golfing, family bowling outing, and more are all great opportunities to help make dad's day unforgettable.

#### **FATHER'S DAY GRILL YOUR OWN STEAK** June 17th - Rockers Bar & Grill

Celebrate Father's Day a little early by enjoying the Father's Day Grill Your Own Steak Night at Rockers Bar & Grill on Friday, June 17th from 4:30-7 p.m. Come add your personal touch to Rocker's Friday member's buffet by grilling your own steak your way. Cost for hand cut steaks are \$1.50 per ounce. Plus Rockers Bar & Grill has all the fixin's to go with your steak on the buffet line. Cost for the buffet is FREE for club members and \$7 for non-members. If you're not already a club member, sign up for Club Membership during this event and you will receive one steak dinner FREE. For more information, call Rockers Bar & Grill at 727-ROCK.

#### **FATHER'S DAY BOWLING SPECIAL** June 18th - Rough Rider Lanes

Celebrate Father's Day early by enjoying the Father's Day bowling special at Rough Rider Lanes on Saturday, June 18th from 6-11 p.m. Dad's can bowl up to 3 games FREE and receive a FREE shoe rental. Family members bowl for \$2.50 per game and \$2 a shoe rental. Call Rough Rider Lanes at 727-4715 for more details.

#### **FATHER'S DAY GOLF SPECIAL** June 19th - Rough Rider Golf Course

Bring dad to the Rough Rider Golf Course on Sunday, June 19th from 10 a.m. to 3 p.m. for a FREE 15 minute lesson with FREE range balls. Dad can also play 9 holes of golf for FREE if accompanied by family members. Family member's fee will be dependent on rank of military sponsor. Fees may also include club and cart rental as needed. For additional information, call the Rough Rider Golf Course at 723-3164.

#### **FATHER'S DAY SUNDAY BRUNCH** June 19th - Jimmy Doolittle Center

A tasty, mouth-watering dining experience awaits dad during the Father's Day Barbeque Brunch at the Jimmy Doolittle Center on June 19th from 10:30 a.m. to 1:30 p.m. In addition to the normal delectable Sunday brunch items served at the Doolittle Center, this special event has a barbeque twist that will include ribeye steaks, BBQ ribs, and more. Cost is \$15.95 for club members, \$18.95 for non-members, \$6.95 for children ages 6-12 years of age, and children age 5 and under are free; dads receive \$1 off their meal. If sign up for Club Membership at this event, you will receive brunch for dad FREE. Contact the Jimmy Doolittle Center at 723-3731 for more details.

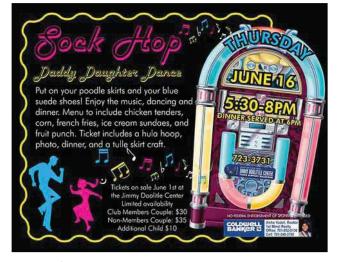
## Get Your Annual Daddy & Daughter Dance By June 15th

Everyone's life is full of unforgettable memories: graduation from school, the day you got married, the birth of your child, and more; all have special places in your heart. The Jimmy Doolittle Center is providing dads and daughters an opportunity to add another wonderful event to their memory during their sixth annual Daddy & Daughter Dance on Thursday, June 16th. The event will be held at the Doolittle Center from 5:30-8 p.m.

The Daddy & Daughter Dance provides fathers a chance to share an evening with their daughter that they will never forget. This year's event features a "Sock Hop" theme and includes dinner, music, dancing, and making memories. Tickets also provide attendees a hula hoop, photo of Daddy and Daughter, and a tulle skirt craft.

The menu for the Daddy & Daughter Dance has been designed to fit the tastes of the young attendees. The dinner includes chicken tenders, French fries, corn, ice cream sundaes, and fruit punch.

Tickets for the Daddy & Daughter Dance are on sale now at the Doolittle Center. Cost is \$30 per couple (dad and daughter) for club members and \$35 per couple for non-members. Each additional



child is \$10, for dads with more than one daughter. A limited number of tickets are available for this event so purchase your tickets early. Tickets must be purchased by June 15, 2016.

Put on your poodle skirts and your blue suede shoes and enjoy a rockin fun time. The Daddy & Daughter Dance is sponsored in part by Coldwell Banker - 1st Minot Realty. No Federal Endorsement of Sponsor Intended. For additional information, contact the Jimmy Doolittle Center at 723-3731.

#### **GRILL YOUR OWN STEAK NIGHT & FAMILY MOVIE NIGHT**

Fri., June 10 from 5-7 p.m. at the Doolittle Center - Movie "Finding Nemo" starts at 6 p.m.

## **Summer Reading Program Kicks** Off On June 11th At Base Library



It's almost time for Summer Reading. The Base Library's Summer Reading Program will run from Saturday, June 11th to Saturday, August 20th and is open to all ages from infants to adults. This year's theme is "Read for the Win," so prepare for sports and games.

The Summer Reading Program starts with a Kick-off Party at 1:00 PM on Saturday, June 11th featuring games, crafts, and a puppet show as well as an opportunity to register for the Summer Reading Program.

Participants can register for the Summer Reading Program between June 11th and August 10th at the Library or register themselves online at tinyurl.com/MinotLibrary. While supplies last, everyone who registers will receive a t-shirt.

It doesn't matter what you read or how quickly you can read it; what matters is the amount of time you spend reading. Any reading improves literacy and studies show that children who read for pleasure consistently out-perform those who don't at school.

There are a lot of prizes available for readers to earn including prizes for reading a particular number of hours and opportunities to win grand prizes. Participants can earn grand prize drawing slips by reading or by earning badges by participating in particular activities like attending library programs, working out at the Fitness Center, participating in sports at the Youth Center, attending sports events, and more. Each age group has its own badge-book that specifies which and how many badges can be earned for each activity. Prizes have been provided by the DoD and through sponsorship

**Continued On Next Page** 

## **CLUB MEMBER DRAWING** ON FRIDAY, JUNE 10TH WILL **BE FOR \$400.**

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

#### **FAMILY and YOUTH EVENTS & PROGRAMS**

#### Jun 14 FCC Open House

The Family Child Care office is hosting an Open House on Tuesday, June 14th from 5-7 p.m. Come in and see what the FCC has to offer. There will be FREE ice cream for providers and families interested in FCC care or employment. For more information, call Family Child Care office at 723-6662.

#### Jun 15 Bundles For Babies

Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on June 15th from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your new baby and about many of the support programs that are available. Meet other expectant parents and receive a free gift for your new baby courtesy of the Air Force Aid Society. To register for Bundles for Babies or for additional information, contact the Airman & Family Readiness Center at 723-3950.

#### Jun 16 Creative Kids Class

Spend the morning with your preschooler having fun creating a colored sand art container during the Creative Kids class at the Arts & Crafts Center on Thursday, June 16th from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. For more details, call 723-3640.

#### Board Game Making Camp

The Base Library invites you to participate in their Board Game Making Camp. On Monday, June 20th at 3 p.m., learn about games, game making, and start brain storming ideas and prototyping your game. Then on Wednesday, June 22nd at 3 p.m., test your prototype and improve your game. On Friday, June 24th at 3 p.m., use the Library's technology and crafts supplies to create the final version of your game. Finally, on Saturday, June 25th at 1 p.m., bring your final game to the Library and play it with competition judges for a chance at prizes.

#### Jun 14 Flag Day 5K Color Run

The Fitness Center is hosting the Flag Day 5K Color Run on Tuesday, June 14th at 5 p.m. Registration begins June 7th and continues until the day of the race. Event is open to all active duty, dependents, and civilians; strollers welcome. Call 723-2145 for additional information.

## Pride Of America Golf Scramble Set For June 12th At Golf Course



The Rough Rider Golf Course swings into tournament action during the Pride of America Scramble on Sunday, June 12th beginning at 9 a.m. Check-in for the tournament starts at 8 a.m. This 18 hole, four person scramble is sponsored by Ryan Family Dealerships. Participants have a opportunity to win a 2016 Chevy Malibu in the hole-in-one contest. Entry fee for the tournament is \$30; green fees and cart rental not included. Your entry fee includes a meal at the completion on the event. The tournament is limited to the first 20 teams to sign up. Registration is open now until the day of the event; please call ahead to reserve your team slot. Contact the Rough Rider Golf Course at 723-3164



# SUMMER READING PROGRAM from previous page

from the Minot AFB Officers' Spouses' Club. The top readers in three age groups will be entered into an Air Force-wide grand prize drawing sponsored by USAA. No Federal Endorsement of Sponsors Intended.

The Base Library is challenging the base's squadrons to a competition to see which squadron participates the most in the Summer Reading Program. The squadron with the most active duty members participating in the Base Library's Summer Reading Program will receive an award certificate and the right to display the Summer Reading Program Squadron Trophy for a year. 705 MUNS won the competition in both 2014 and 2015.

The Summer Reading Program will end with a wrap-up party at 1:00 PM on Saturday, August 10th. The wrap-up party will be Olympics themed and will feature crafts and activities as well as the grand prize drawings and a presentation of the squadron trophy. For more information, call the Base Library at 723-3344.



#### YOUNG AIRMEN EVENTS & PROGRAMS

#### Jun 10 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on June 10th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For additional information, contact Rockers Bar & Grill at 727-ROCK.

#### Jun 11 Hip Hop All Nighter

Dance, party, and hang out with your friends during the Hip Hop All Nighter at the Rockers Bar & Grill on Saturday, June 11th from midnight to 4 a.m. Enjoy the latest Hip Hop, Rap, and R & B music all night. The event is free for club members and \$7 for non-members. For more details, call Rockers Bar & Grill at 727-ROCK.

#### Jun 15 Single Airmen Slice Night

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For additional information, contact Rough Riders at 727-4377.

#### Jun 16 Single Airmen Wingman Night

Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Stop by and enjoy some tasty wings and a cool beverage. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. Plus Rockers is offering domestic drafts for \$2. For details, call 727-ROCK.

Jun 18 Magic: The Gathering Competition Join the Base Library for their Magic: The Gathering Competition on Saturday, June 18th beginning at 1 p.m. Bring your deck of Magic: The Gathering cards to play with fellow enthusiasts and have a chance to win a prize. For complete details, call the Base Library at 723-3344.

#### Jun 23 Off-Base Budget Class

Planning to move off base? Do you have a functional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on June 23rd from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LES and have knowledge of their bills. Class size is limited; call 723-3950 to register.

















## **Play Hard or Go Home**

MINOT AIR FORCE BASE, N.D. -- Team Minot faced-off against Team Grand Forks in the 2nd annual Wingman Week softball tournament in Devil's Lake, N.D., May 20, 2016. Wingman week is intended to help Airmen recharge and to reframe the Wingman concept. Grand Forks won the final game, becoming this year's softball tournament champions.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG









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## 742 MS Bench **Presentation**

MINOT AIR FORCE BASE, N.D. -- The 742nd Missile Squadron presented a custom engraved bench at the Roosevelt Park Zoo in Minot, N.D., May 26, 2016. The bench donated by the 742nd MS, aka The Wolf Pack, commemorates hundreds of volunteer hours and is appropriately positioned in front of the Gray Wolf exhibit.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG







## **Anderson AFB receives Minot B-52**

ANDERSEN AIR FORCE BASE, Guam -- A B-52 Stratofortress from Minot Air Force Base, North Dakota, arrived June 2, at Andersen AFB, Guam. The aircraft is deployed in support of U.S. Pacific Command's Continuous Bomber Presence operations. This forward deployed presence demonstrates continuing U.S. command to stability and security and the Pacific Action Pacific Pacific Provided Pro in the Indo-Asia-Pacific region. The Ú.S. military has maintained a deployed strategic bomber presence in the Pacific since March 2004, which has contributed significantly to regional security and stability.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALEXA ANN HENDERSON | RELEASED





## **Minot Bombers Deploy to RAF Fairford**

MINOT AIR FORCE BASE, N.D. -- B-52H Stratofortresses deploy from Minot Air Force Base, N.D., June 2, 2016 for Royal Air Force Fairford, United Kingdom. The deployed B-52s will participate in U.S. European Command's exercises Baltops 16 and Saber Strike 16, and U.S. Africa Command's Just Hammer. Training with allied nations and organizations contributes to enhanced resiliency and interoperability and enables us to build enduring relationships necessary to confront the broad range of global challenges.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG







## **CAMERA & COSTUMES** from page 3

you."

As I continued to ramble nonsense, she stopped me with her calming voice, Weissman, breathe."

I breathed in through my nose and let out a pulsating sigh as tears were still streaming down my face.

"Did you call the police to make a report?" she asked.

"Yes, they were here already because we're at Sports.

"Okay, well there isn't much more you can do tonight," she reminded me. "Talk with Kris about his experience and we can get you started on Monday with paperwork to get things figured out."

As we ended our conversation and I started to settle down, we headed home after a long, eventful evening.

As I think back to this night, each day I realize the importance of safeguarding my equipment and vow to never let such an event happen again, as long as I can control it. There are many precautions I can take to ensure this doesn't happen again, such as don't leave my equipment unsecured in my vehicle or ask a wingman if they can watch my gear if I don't have enough time to go home.

As a new Airman, leadership continues to push the importance of safeguarding my equipment, and sadly I learned this lesson the hard

For the rest of my career, I will never forget to keep my equipment locked up and secure.



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#### **TODAY**

- Last Day To Register For Youth Outdoor Soccer, Youth Center
- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- TAP GPS Workshop, 0800-1600, A&FRC, held at Professional Development Center
  - Stroller Fitness, 0930, Fitness Center
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill
- Grill Your Own Steak Night, 1700-1900, Jimmy Doolittle Center
- Family Movie Night, Movie begins at 1800, Jimmy Doolittle Center
- Club Membership Cash Drawing, 1730-1830, Jimmy Doolittle Center and Rockers Bar & Grill
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Lights & Strikes Bowling, Every Fri, 2000-2300, Rough Rider Lanes
  - Karaoke, 2000-Close, Rockers Bar & Grill

#### **SATURDAY**

- Summer Reading Program Registration Opens, Library
- Dakota Sun Gardens Winery Tour, 0900, Information, Tickets & Travel
  - Chess Club, 1100, Library
- Summer Reading Program Kick-Off Party, 1300, Library
- Saturday "Bowl the Night Away" with Lights and Strikes, 2000-2300, Bowling Center
- Hip Hop All Nighter, 0000-0400, Rockers Bar & Grill

#### **SUNDAY**

- Pride of America Golf Tournament, 0900, Golf Course
- Sunday Escapes Book Club, 1330, Base Library
  - Zumba, 1400, Fitness Center

#### **MONDAY**

- Youth Tumbling Classes, Hours vary by age, Youth Center
- TAP Higher Education 2-Day Workshop, 0800-1600, A&FRC, Held at Education Center
  - Stroller Fitness, 0930, Fitness Center
  - Fit to Fight, 1100, Fitness Center
  - Reintegration Training, 1300-1400 A&FRC
- H2O Fitness, 1615, Indoor Pool at Fitness Center
  - Step Jam, 1730, Fitness Center
- US Kids Golf, 1700-1800 or 1800-1900, Golf Course
- Learn On The Course, 1800, Rough Rider Golf Course
  - Yoga, 1830, Fitness Center

#### **TUESDAY**

- Registration for the Outdoor Iron Man Challenge opens today at the Fitness Center
- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
- TAP Higher Education 2-Day Workshop, 0800-1600, A&FRC, Held at the Education Center
- Pre-Separation Counseling, 0830-1130, A&FRC
  - Game Day, Every Tues, 1000-1930, Library
  - Yoga Flow, 1130, Fitness Center
  - Torch Club Meeting, 1600-1700, Youth Center
    Family Fitness Boot Camp, 1630, Fitness
- Center
  Flag Day 5k Color Run, 1700, Fitness Center
  FCC Open House, 1700-1900, FCC Office
- (inside Rough Riders)Family Fun Night, Every Tues, 1700-2100,Rough Riders Pizza
- TurboKick, 1730, Fitness Center
- Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)
  - Urban Boot Camp, 1830, Fitness Center
  - Cycle, 1930, Fitness Center

#### **WEDNESDAY**

- Registration for the Mini Mudder 2016 opens at the Youth Center
- Youth Karate and Tumbling Classes, Hours vary by age, Youth Center
  - Bundles for Babies, 0900-1030, A&FRC
  - Stroller Fitness, 0930, Fitness Center
  - Story Time, Every Wed, 1030, Base Library
    Lunchtime Pickup Basketball, Every Wed,
- 1100-1300, Fitness Center-Court B
  - Fit to Fight Cycle, 1100, Fitness CenterFit to Fight CORE, 1130, Fitness Center
  - Pre-Deployment Readiness Training, Every

- Wed, 1400-1500, A&FRC
  - 4-H Club, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
  - Cycle, 1630, Fitness Center
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
- Women's Softball League, 1730 & 1830, Fitness Center-Softball Fields
  - Zumba, 1730, Fitness Center
- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center, (18 years & older)
  - Yoga, 1830, Fitness Center

#### **THURSDAY**

- Youth Center Dance Classes, Every Thursday, Various Times, Youth Center
- Yoga Kids (Parent Child Class), 0930, Fitness Center
- Creative Kids Class, 1030-1100, Arts & Crafts
- Reintegration Training, Every Thurs, 1300-1400, A&FRC
- H2O Fitness, 1615, Indoor Pool at the Fitness Center
- Single Airmen Wingman Night, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, 1700-1900, Rockers Bar & Grill
- "Sock Hop" Daddy Daughter Dance, 1730-2000, Jimmy Doolittle Center
  - Zumba, 1730, Fitness Center
- Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center, (18 years & older)
- The Walking Dead Have a Ball League, Every Thurs, 1830, Bowling Center
  - Body Blast, 1830, Fitness Center
  - Cycle, 1930, Fitness Center

#### **UPCOMING EVENTS - JUNE 17**

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Stroller Fitness, 0930, Fitness Center
- Father's Day Grill Your Own Steak Night, 1630-1900, Rockers Bar & Grill
- Friday Fun Members Buffet, Every Fri, 1630, Rockers Bar & Grill
- Back yard BBQ Burger Burn Airmen Appreciation Night, 1700-1900, Jimmy Doolittle Center
- Club Membership Cash Drawing, 1730-1830, Jimmy Doolittle Center & Rockers Bar & Grill
- Give Parents A Break, 1800-2200, Child Development Center/School Age Program
- Keystone Club Meeting, Every Fri, 1830-1930, Youth Center
- Lights & Strikes Bowling, Every Fri, 2000-2300, Rough Rider Lanes
  - Karaoke, 2000-Close, Rockers Bar & Grill

#### **UPOMING EVENTS - JUNE 18**

- Dakota Sun Gardens Winery Tour, 0900, Information, Tickets, & Travel
- Magic: The Gathering Competition, 1300, Base Library
- Father's Day Bowling Special, 1800-2300, Bowling Center
- Saturday "Bowl the Night Away" with Lights and Strikes, 2000-2300, Bowling Center

#### **ONGOING EVENTS**

- Rough Riders Monthly Pizza Special. June Special Pineapple Pulled Pork Pizza. Our tasty barbecue sauce, delicious pulled pork, pineapple, bacon, jalapenos, and mozzarella cheese topped with French fried onions. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Panino Meal Pulled pork, pineapple, bacon slices, and jalapenos topped with mozzarella cheese, fresh tomatoes, and French fried onions. \$8.25 includes a side and drink.
- B-Fifty Brew Special. Not a coffee or tea fan? Try our Redbull Burners! Choose your Redbull® flavor: Original, Blueberry, Cranberry, or Tropical. Then choose your syrup: peach, coconut, raspberry, or strawberry. Top with pink lemonade or lemonade. Venti \$5.50 Grande \$5.00
- Auto Hobby Monthly Special \*Must mention ad to receive special price\*. June 1st-14th \$1.00 Off Lift Stall. Does not include lifts for oil changes. Regular Price: \$6.00/hr Sale Price: \$5.00/hr. June 15th-30th \$1.00 Off Flat Stall. Regular Price: \$3.00/hr Sale Price: \$2.00/hr.

#### PRENATAL YOGA

The Youth Center is offering Prenatal Yoga on Wednesdays at 10:15 a.m. Improve your pregnancy and birth experience through prenatal specific yoga. This multifaceted approach encourages flexibility, strength, balance, stamina, focused breathing, relaxation techniques, positive mental centering, and more. This style of class is great for any level of yoga practice, new to advanced. With your doctor's approval, you will gain many health benefits for you and your baby. The 45 minute session, held once a week, will be a guided journey which will allow you to learn skills to use at home during your pregnancy, during labor/birth, and postpartum. This is an ongoing class and can be joined at any point during normal and healthy pregnancy. Cost is \$40 per month. For more information, call the Youth Center at 723-2838.

**EXPECTANT AND BREASTFEEDING MOTHERS** We meet the 2nd Thursday of each month at 10AM at the Rough Rider's Golf Course Meeting Room. Please check our facebook page LLL of Minot for last minute meeting updates and changes. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. Babies and children welcome. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLofMinot.

## PARK UNIVERSITY SUMMER 2016 REGISTRATION IS NOW OPEN!!

Park University's Summer 2016 term (6 June 2016 – 31 July 2016) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see

#### **MINOT OFFICER SPOUSES CLUB**

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/little-clubs.html

#### MINOT ENLISTED SPOUSES CLUB

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** is now registering for the Summer 2016 term (31 May-1 Aug). To sign up for Undergraduate and Graduate courses please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu . If you have any questions, please call 701-727-9007.

AIR FORCE SGTS ASSOCIATION, CHAPTER 959, GENERAL MEMBERSHIP MEETING GENERAL

MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants Association (AFSA) is a federally chartered non-profit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired-All are welcome! Like us on Facebook at www. Facebook.com/MinotAFSA. We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at AFSACh959@gmail.

## MAIN STREET BOOKS STORYTIME – An interactive storytime with songe rhymes nun-

An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth – 4yrs and 11:00

a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

#### MAIN STREET BOOKS 1ST SATUR-**DAYS STORYTIME** – A weekend storytime

for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth – 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

#### FALLEN HEROES TO BE HONORED BY MINOT STATE VETERANS CENTER

The Veterans Center will honor veterans Friday (May 27) with a search-and-discover-fallen-heroes mission on the Minot State University campus and in First Lutheran Church Cemetery. Interested participants should meet near the flagpoles in front of the Student Center shortly before 10 a.m. Those unable to attend the event may conduct their own search-and-discover mission at three Minot cemeteries, First Lutheran Church Cemetery, Rosehill Cemetery and Sunset Memorial Garden, by going to the Veterans Center webpage, http://www.minotstateu.edu/veterans. Click the "Search and Discover Mission" link for instructions on how to conduct a search-and-discover mission along with answers to questions about veterans buried in the cemeteries. "If people want to pay tribute to area veterans this Memorial Day weekend, here is an opportunity for families and individuals to learn more about those who served in the U.S. Armed Forces to help preserve the freedoms everyone enjoys today," said Andy Heitkamp, Veterans Center director. For questions, contact Heitkamp at andy.heitkamp@ minotstateu.edu.

#### AVALANCHE RANCH VACATION BIBLE SCHOOL 6/06/2016 9:00 AM -6/10/2016 12:00 PM

West Minot Church of God 1105 16th St. NW. Minot, ND. 58703. Please place this on your community Calendar: West Minot Church of God announces it's annual Vacation Bible School Avalanche Ranch A wild ride through God's Word June  $6\text{th-}10\text{th}\ 2016\ \text{We}\ \text{will}\ \text{play}\ \text{games},\ \text{sing songs}\ \text{and}$ have tons of fun. Snacks will be provided To register please call the Church office 701-839-1407

#### **SUMMER WINE WALK** 6/10/2016 6:00 PM

Downtown Minot. Join us downtown as the Minot Downtown Business & Professional Association host the Annual Hot Summer Nights Wine Walk. A perfect night of fun for you and your friends with more than 20 downtown businesses. Each will be featuring a different wine and hors d'oeuvres.

#### BABY PLAY 06-10-2016 10:00 AM -06-10-2016 10:30 AM

Minot Public Library. Baby Play offers a firsttime experience to the library for ages children 12 months to 3 years of age and their caregivers.

#### SUMMER WINE WALK 6/10/2016 6:00 PM

Downtown Minot. Join us downtown as the Minot Downtown Business & Professional Association host the Annual Hot Summer Nights Wine Walk. A perfect night of fun for you and your friends with more than 20 downtown businesses. Each will be featuring a different wine and hors d'oeuvres.

#### **BENDS, BRUNCH & BUBBLY** 6/11/2016 9:30 AM

Elevation. Enjoy a relaxing yoga session with Nora Mihalick from YogifyU, followed by a delicious french toast brunch and mimosa tasting courtesy of Elevation. Proceeds benefit the Trinity Health Auxiliary Healthy Hearts Club. \*Tickets are \$30 each \*Must be 21 to attend \*Mats will be provided To sign up, visit www.trinityhealth.org/auxiliarybbb and follow the instructions.

#### SOMERSET COURT RUMMAGE SALE 6/11/2016 8:00 AM

1900 28th St SW. Somerset Court will be having their annual rummage sale on Saturday, June 11th from 8 am until 4 pm. All proceeds go to the Resident Activity Fund. The sale will be in the auditorium on the south side of the building. Everything priced to sale.

#### **GAME ON SATURDAY 6/11/2016** 1:00 PM

Minot Public Library. We are excited to offer TEEN GAMING on the second Saturday of every month. From 1:00-4:00, come on down to Teen Gaming in the South Community room. We have a Wii, a WiiU, an Xbox360 and a Kinect. We have tablets to play on too! Bring a game from home or play one of ours! Grab a friend or two and let's **GAME ON SATURDAYS!** 

#### UNDER THE SEA: A PIRATE ADVEN-TURE! 6/11/2016 1:00 PM

The Grand International. AHOY! Come join MN Jack Sparrow on a PIRATE ADVENTURE! In this pirate adventure, you'll go on a treasure hunt where you'll get to "walk the plank", explore the deep blue sea with the Little Mermaid, make a wish with fairy dust from a certain little fairy, and so much MORE! This is sure to be one of the most FUN adventures you'll get to go on this year! Each li'l pirate, princess, or pixie will get to enjoy the following: A pirate sword to decorate and take home A treasure hunt where there are treasures to be found A pirate "boot-camp" history lesson (REALLY COOL!!) A musical sing-along with the Little Mermaid Pirate ship craft and pirate ship races Pixie dust wishes and dance with Tinker Fairy Mermaid princess tiara or pirate face-painting Sweet treats treasure buffet Picture time But WAIT! Want to learn some extra cool pirate moves, learn how to swim and sing like a mermaid, and fly like a fairy? Get a VIP ticket and get the VIP treatment by arriving 30 minutes early PLUS get a very special gift from our Pirate Adventure Trio: MN JACK SPARROW, THE LITTLE MERMAID, AND our TINKER FAIRY! (Your pirate, mermaid, or fairy will get either a beautiful set of fairy wings or a cool pirate hat). Please NOTE: ALL guests must purchase a ticket. All participating children (ages 2 and up) are \$25 (VIP are \$40). Adult tickets and children who are only observing (not participating) are \$10. Children under 2 (not participating/observing only and don't need their own chair) are FREE! There MUST be at least ONE adult per 4 children, no exceptions. This is for the safety of all involved.

#### **NODAK SPEEDWAY** 6/12/2016 7:00 PM

NDSF Grandstand. Weekly Points Racing Unless otherwise stated: 3:00 pm - Pit Gate OPENS 5:00 pm - Grandstands OPEN 7:00 pm - Racing STARTS Grandstand Ticket Prices: Adults \$13.00 Seniors \$11.00 Military \$11.00 Ages 8-14 \$6.00 Ages 7 & Under Free. \*Specials may have Higher Prices\* Advanced Discount tickets available at Enerbase's ExpressMart location For Nodak Speedway updates, text the word "Nodak" to 84483

#### MAKER MONDAY 06-13-2016 10:30 AM - 06-13-2016 11:30 AM

Minot Public Library. Maker Monday is for independent children ages 3-6. This is an activity based story time that features a story and related activity each week for children ready to separate from their caregiver and attend on their own.

#### COME MAKE TRADING CARDS 6/13/2016 2:00 PM

Minot Public Library. Make special trading cards in the Maker Space. For children grades 2 and up and teens.

#### WALK MINOT-MONDAY 6/13/2016 6:30 PM

MSU and three little parks. Steve Shirley, president of Minot State University will be our leader. We will visit three "not so known" parks close to MSU. These parks are: 11&11th, Nubbins, and Riverside. Free and family ori-

#### LEGO CLUB 06-13-2016 07:00 PM - 06-13-2016 08:00 PM

Minot Public Library. The LEGO Club will meet the second Tuesday of the month at 7:00 PM in the Imagination Station of the Minot Public Library. Children ages 4 and up are invited to come build with us.

#### **RUN FOR THE HILLS 6/13/2016** 7:00 PM

Minot Country Club. Get some exercise, a glimpse of the Minot Country Club AND support Companions for Children. United Com-

munity Bank will be hosting the 2nd Annual Run for the Hills featuring a 2 mile walk/run with over 1000 feet of Elevation change. Preregistration is just \$15 prior to May 31.

#### SIDE BY SIDE STORIES 06-14-2016 10:00 AM - 06-14-2016 10:30 AM

Minot Public Library. Side by Side stories is for children ages 2 and up who are accompanied by a parent or other caregiver. Children will enjoy stories, finger plays, and a short movie.

#### **TEEN & ADULT STAR WARS MOVIE** AND GAMING 6/14/2016 6:00 PM

Minot Public Library. Join us for some Star Wars themed video gaming and then a showing of Star Wars: The Force Awakens on the big screen! Free Popcorn! Bring your whole family !!!

#### MINOT DISC GOLF LEAGUE NIGHT 06-14-2016 06:00 PM - 06-14-2016 08:00 PM

Polaris Park. Disc golf enthusiasts of every age and skill level are invited to attend the Minot Disc Golf Club's League Nights, every Tuesday night at Polaris Park (712 26th Ave. NW) at 6pm. It doesn't matter if you're a beginner or a seasoned veteran, all are welcome to join the Minot Disc Golf Club every Tuesday night. There is NO COST to play. it is a fun and free league. If you don't have a disc of your own, just show up and we'll make sure you have one to throw. For more information, Like us on Facebook at www.facebook.com/minotdg Minot Disc Golf is a community of disc golf enthusiasts that enjoy the game and look for ways to improve the disc golf experience in Minot, North Dakota.

#### THE BREAD OF LIFE ANNUAL COM-**MUNITY CARNIVAL** will be Wednesday,

June 15, 5 pm-8:30 pm, at 1415 17th Ave SW, Minot. There will be a hamburger/hotdog supper, carnival games, bounce houses, special music. There will be no charge for the event but there will be a free-will offering for the "Ministry House" for Lutheran Campus Ministry. All are invited.

#### WHIMSICAL WEDNESDAY 06-15-2016 10:30 AM - 06-15-2016 11:00 AM

Minot Public Library. Join Flash, the library puppet for Whimsical Wednesday story time. This story time is for independent children ages 3-6.

#### POPCORN OLYMPICS 6/15/2016 2:00 PM

Minot Public Library. Children grades 2-5 join us for our version of the Summer Olympics.

#### **SIMPLE EXERCISES 6/16/2016 2:00** PM

Minot Public Library. Get going with Simple Exercises. A YMCA expert will be here to give exercise tips. Grade 1 and above.

















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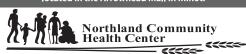


#### Laura Larson, M.S., LPCC is now seeing clients for mental health needs at

#### Northland Community Health Center in Minot.

**Over 20 Years Experience** 

**Services Include:** ndividual & Family thearpy to children, adolescents, & adults



## Prairie Lake Festival

**Garrison High School Gymnasium** CAMP Saturday, June 18, 2016 CROSS Ministries

Auction begins at 10:30 a.m.

Viewings: Saturday, June 18 from 8 am to 10 am

**Quilts of all types** 

Fine Jewelry, Handcrafted Wood Work, Specialty Gift Baskets, Paintings, Photos, Etc.

Concessions: frozen treats, bars, monster cookies, assorted cookies, KUCHEN, taco in a bag, roast beef meal, pop and water









MINOT AIR FORCE BASE, N.D. -- David Cook and his band perform for military members and their families at Minot Air Force Base, N.D., May 30, 2016. The 2008 American Idol winner performed tracks from his most recent album and popular songs by Michael Jackson and Led Zeppelin.

U.S. AIR FORCE PHOTOS | STAFF SGT. CHAD TRUJILLO AND AIRMAN 1ST CLASS J.T. ARMSTRONG

## **Underwood Midsummer Classic**

Car & Motorcycle Show

Saturday, June 25<sup>th</sup> 2016 Underwood, North Dakota

Registration Starts at 10:30am Parade 12:30pm Car Show 1:00-5:00pm Whack-A-Car 2:00-4:00pm **Burn Out Contest 3:00pm** Free Will BB-Q Feed 5:00pm

NDRCRC Mini Monster Jam Finale 6:00pm Frozen T-shirt Contest 7:00pm

Awards 5:30pm

Street Dance: Fully Loaded 8:30pm

For more information check out our Facebook page or email us underwoodmidsummerclassic@gmail.com

#### **CHURCHDIRECTORY**

#### Little Flower Catholic Church

800 University Avenue West 838-1520

**Mass Schedule** 

Saturday ..... 5:30 pm Sunday ...... 9:30 am

Fr. Fred Harvey, Pastor www.littleflowerminot.com





109 6th St. SE Minot • 838-3094

Sunday Liturgy ..... 10 a.m. Saturday Vespers.... 6 p.m.

The Very Reverend Father Anastassy

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Harvest



402 South Street • 701-362-7971

Sundays:

Morning Worship...... 10:00 a.m. Sunday School ...... 11:15 a.m.

Wednesdays:

Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons.

Pastor DeVawn Beckman • revdev@srt.com

#### Bible Fellowship Church



Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am



**Classes Starting** November 4th, 7:00pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org

## Welcome to the

#### 1315 1st St. NE Sunday:

**Minot Church of Christ** 

Bible Classes ......9:30 a.m. Worship...... 10:30 a.m. - 5 p.m.

Wednesday:

Bible Classes ...... 7 p.m.

"Restoring 1st Century Christianity in the 21st Century"

### Congregational **United Church** of Christ

430 N. Broadway • 839-1064

Sunday School ..... 11 a.m. Sunday Worship ...... 11 a.m. Tuesday Lunch

Bible Study ...... 11 a.m. - 1 p.m. Wed. Youth Classes 6:30 - 8:30 p.m.

#### St. Mark's **Lutheran Church**

Missouri Synod

Sunday Worship ......9:30 a.m.

2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor

www.stmarksminot.com Call or check out our website for



A Church of the Lutheran Brethren

#### Sundays:

Worship...... 8:30 a.m. & 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM .... 11 a.m.

700 16th Ave SE • 701-838-0750 For more information visit us on the web at:

www.ourredeemers.org



#### **Bethel Free** Lutheran **AFLC**

"Building Followers of Jesus Christ!"

Sunday School ...... 9 a.m. Worship Service ...... 10:30 a.m. Wednesday Supper...... 6:15 p.m. Adult/Youth Bible Study

**Pastor Shane McLoughlin** 530 22nd Ave NW • 852-6492 bethel@minot.com

## **First Assembly** of God

1805 2nd St. SE 838-1111

Morning Worship	8:30 a.m.
Sunday School	10 a.m.
Morning Worship	11 a.m.
Evening Worship	. 6:30 p.m.
Wednesday Family Night	7 n m

## Vincent United Methodist

#### Behind Town & Country Shopping Center open hearts...open minds...open doors!

Saturday Informal Worship.. 5:00 p.m. Fellowship...... 11:00 a.m.

www.vincentumc.com

Minot Faith United Methodist Church

5900 Highway 83 N, Minot

www.faithumcminot.com Rev. Debra Ball-Kilbourne

Sunday School (All Ages): 9:30 a.m Worship Services: Sunday 11 a.m. Wednesday: 5:15 p.m.

First Presbyterian

Church

www.fpcminot.org

Visitors Welcome

Bethany Lutheran

215 3rd Ave. SE, Minot, ND

Phone: 838-5196 • Fax: 852-8494

A Member of the ELCA

Sunday Worship ...... 9:00 am

Sunday Fellowship ...... 10:00 am

Wednesday Worship ......6:45 pm

Website: www.bethanylutheranminot.com

Email: bethanylutheran@srt.com

Live Streaming: bethanylutheran.tv

**Pastor Janet Hernes Mathistad** 

**Pastor Gerald Roise** 

**Pastor Taryn Montgomery** 

**Pastor Alex Hoops** 

Saturday Worship ...... 5:00 pm

Sunday Worship ..... 9:30 am

Sunday Fellowship ...... 10:30 am

Everyone Welcome

**GRACE FELLOWSHIP CHURCH** 

Meet and Greet ......10:00 am

Sunday Worship ...... 10:30 am

Pastor Gregg S Smith

www.gracefellowshipatburlington.com

Independent - affiliated with IMF

8300 29th Ave NW

Burlington, ND 58722

(South side of Highway 2)

701-839-6319

Sunday School ......

Breadoflifeminot.com

BREAD OF LIFE ELCA

430 N

Broadway

(Congregational Church

of Christ Building)

701-460-6321

**Baptist Church** 

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ...... 9:45 a.m. Morning Worship ....11:00 a.m. Evening Worship ......6:00 p.m. Wednesday Evening......7:00 p.m.

Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller

**Apostolic Faith** 

Church, UPCI

2929 19th Ave NW • Minot

Located off Hwy 83 Bypass West

(701)838-0609

Saturday School ...... 2:00 p.m.

Sunday Worship ...... 3:30 p.m.

Wednesday Bible Study .....7:30 p.m.

Jesse Starr, Pastor

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Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org

Cornerstone Presbyterian Church 1000 NE 3rd Street

852-0315

Sunday Schedule
Contemporary Worship........9:30am
Child/Youth Sunday School .. 11:00am Adult Sunday School.... 8:30 & 11:00am Traditional Worship......

**Wednesday Evening Schedule** Community Dinner..........5:30-6:30pm Contemporary Worship........6:30pm Youth Group & Small Groups.. 7:15pm

All are Welcome! www.ecominot.org

First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853

Saturday Worship ...... 5:30 pm Sunday Worship ...... 9:30 am

Services are now available online at firstlutheran.tv

Radio Broadcast KRRZ 1390 AM 9:30 AM Pastor Ken Nelson & Pastor Brandy Gerjets

Calvary Alliance Church 715 20th Avenue NW Minot, ND 58703

www.calvaryofminot.com 701-852-0670

Sunday School......9:00 am Sunday Worship Service ...... 10:00 am Wednesday Prayer ...... 6:30 pm Wednesday Youth Group

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule:

Tuesday ...... 7 p.m. Wednesday - Friday ...... 9 a.m. Saturday .....

Fr. Dave Zimmer, Pastor



...5 p.m. Sunday ...... 8 & 10:30 a.m.

Parish website: www.stijohnminot.com



(grade 7-12).....

# Cross Roads

Baptist Sunday School (all ages) ...... 9:45 a.m. Sunday Worship ..... 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m.

www.minotcrbc.org email: crbc@srt.com

415 28th Ave SE (Behind Menards) 838-1873



Sunday School ...... 9:30 a.m. Sunday Worship ...... 10:30 a.m. Wednesday Family Training Hour .. 6:30 p.m. Wednesday Kids on the Rock ...... 6:30 p.m. Youth Center, Friday. ... 7:00 - 11:00 p.m

**ABC Child Care & Pre-School Center** 852-6352

Teaching the Word, One Verse At a Time! KJB 916 5th Ave, SE Minot, ND 58701

Sunday School ...... 10:30 a.m. Sunday Evening Worship ...... 5:30 p.m. Wednesday Worship ...... 7:00 p.m.

(701)852-5399 www.dakotabaptistchurch.com Email: dbchurch@srt.com Pastor: Jeremy Jacob

1800 Hiawatha St. 852-1872

Nathan Mugaas, Pastor

## Trinity Church

An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Sunday School & Fellowship ......9:00 a.m. .....10:45 a.m.

www.trinitychurchminot.org

#### www.bbcminot.org Where you can find truth and

I John 5:13

**BELIEVERS BIBLE** 

CHURCH of MINOT

love in Christ Jesus the Lord!

Sunday Worship ...... 11:00 am

The Carnegie Center 105 2nd Avenue SE

First Baptist Church 220-3rd St. S.W. • 852-4533 www.fbcminot.org

Classic Worship Service ...... 8:30 a.m. Sunday School (All Ages) ...... 9:45 a.m. Contemporary Worship Service... 9:50 a.m. Adult Sunday School ......11:00 a.m. Contemporary Worship Service. 11:05 a.m. Children's Church.....11:05 a.m. Wed. Awana (Sept. - May) ...... 6:30 p.m.

Rev. Kent Hinkel, Senior Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

> Immanuel **Baptist Church**

1615 2nd St. SE • Minot • 839-3694

Summer Schedule Sundays: Worship ...... 10:00 a.m.

Wednesdays:

Soup Kitchen .... 11:30 a.m. - 12:30 p.m.

Brian T. Skar, Pastor www.ibcminot.org



### **Gospel Tabernacle Community Church**

9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School ...... 9:45 a.m.

Family Hour ......6:30 p.m. Evening Worship ......7:30 p.m. Bible Study/Child-Adult Children Worship (Wed)....7 p.m. Prayer (Friday) ......7 P.m.

Adult/Children Worship...11 a.m.



Saturday Worship ..... 5 p.m. Sunday Worship ... 8:30 a.m. & 11 a.m.

John Streccius, Pastor





### Church 1024 2nd St. SE • 838-4425

Pastor Ray Baker

# **CLASSIFIEDS**

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# **CARRIERS**

The Northern Sentry is now hiring carriers to deliver papers at the MAFB. Call 701-838-

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- · Administrative Assistant III Bismarck, ND
- · Assistant Electrical Supervisor Wheatland, WY
- · Operator Technician Alexander, ND

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#### **GARAGE SALE**

**STAMPING** SCRAPBOOKING **RUMMAGE SALE HUGE 10th** Annual Multi-Party – 40 plus sellers! Saturday, June 25th 9-3 pm 429 Cedon Dr, Minot.

SELL YOUR STUFF - One person's trash is another's treasure. Sell your unwanted items with an ad in the Northern Sentry. Contact us at nsads@srt. com or 701-839-0946 for more information.

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THE PINES Beautiful LUXURY APARTMENTS Awesome Fall NEW MILITARY INCENTIVES! 2 & 3 Bedrooms, 2 Bath. WTR PD, W/D in unit A/C D/W, DBL GRG PET FRIENDLY Secured w/ Cameras On Site Resident Manager Reduced Deposit & Rental Incentives 839.4200

PARK LIKE SETTING NEW RENTAL INCENTIVES 2 BED/1 OR 2 BATH SOME W/ DEN & W/D in unit WTR PAID Garage, A/C, DW, BALC, Secured Building On Site Resident Manager NO SMOKING 839-4200

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**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

#### **REAL ESTATE**

Find ALL listed homes for sale in Minot and the surrounding areas at www. brokers12.com.

**PROFESSIONALS** 

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#### **CHIROPRACTICSOLUTIONS**

- Now open & accepting new patients. Flexible hours including Saturdays. Therapeutic massage therapist available utilizing various techniques. Lindsey White D.C. & Danielle White L.M.T. 3108 S. Broadway, Suite B, Minot, ND. 58701. 852-3232

#### SUDOKU ANSWERS

9	6	1	2	3	7	5	8	4
3	2	7	5	8	4	1	6	9
4	5	8	9	6	1	7	3	2
5	3	6	8	7	9	2	4	1
1	9	2	4	5	3	8	7	6
8	7	4	1	2	6	3	9	5
6	4	5	7	1	8	9	2	3
2	8	9	3	4	5	6	1	7
7	1	3	6	9	2	4	5	8

Answers to puzzle from page 8

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Master has ¾ bath and walk-in closet. Fenced back yard. Attached double garage.

\$179,500

MLS #161167



\$199,000

COMPLETELY REMODELED – Charming 4 bedroom, 2 bath home. Living room with fireplace, spacious kitchen/dining, office area, bedrooms and ½ bath on main level. Upper level has 3 bedrooms, full bath and hardwood floors. Attached garage.



\$104,500

MOVE IN READY - 4 bedroom home with open floor plan. Kitchen has granite counters, slate backsplash and eat-in bar. Deck off dining room. Gas fireplace in living room, large master suite, main level laundry. Lower level family room, bedroom, office and bath. Triple room, patio and detached single garage. VA

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AFFORDABLE - 2 bedroom, 2 bath condo with open floor plan. Kitchen, dining area and living room with electric fireplace. Community

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main level. Large deck off living room, dining and kitchen. Upper level master suite,

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#### \$334,000



breeze in the open dining area and gorgeous contemporary kitchen featuring quartz countertops. Charley at 509-5362, #161160

## \$215,000



new Ramstad School. This home has 3 bedrooms 2 bathrooms, and a 2 car garage. Open concept with the living room, dining room and kitchen.

#### \$240,000



additional income! Located just 1/2 block from the University, the main level unit has kitchen, dining area and large living room with 3 bedrooms and 1.5 baths. Additional lower and upper level units possible. Call Tamie Dunn at 720-1723. #160956

### \$220,000



ranch with awesome features in a great neighborhood that's NOT in the floodplain. This home has a 4 season bonus room with access to the maintenance free deck that wraps around. Call Cindy Strandberg at 833-1956. #161147

#### \$272,900



Outstanding 4 bedroom, 2 bath home with a large fenced yard in convenient neighborhood with inimal traffic in SW Minot. Many updates including bathroom. Fenced yard with large patio area. Call Brad Livesay at 720-7769. #160721

#### \$169,500



"American Classic" 3 bedroom, 2 bath with walk through eat in kitchen. Finished basement with family room, 1 non-egress bedroom. Convenient location! Entertainer's deck. Single Garage. Brand

#### \$279,000



Minot boasting 2,792 finished sq. ft. with 4 large bedrooms and 2.75 bathrooms. No backvard neighboring units; perfect for peaceful nights on the deck! Owner is a licensed Real Estate Agent. Call Amber Alexander at 500-0810. #161115

#### \$174,900 - Burlington



Newer townhome in Burlington ND. Two story home with 2 1/2 baths, 2 car garage. Move in ready!. Call Neil Gush at 340-1734. #160144

#### \$187,900 - Burlington



4 Bedroom 2 bath home with single attached garage. Upper level offers large living room open to kitchen & dining room. Dining room has sliding glass doors to deck overlooking backyard. Large master bedroom with double doors leading to deck. Call Jerry Thomas at 833-7578. #160367



## **Central Avenue Ramp Grand Opening**

MINOT, ND -- May 26, 2016 Downtown Minot celebrated the opening of their second parking garage. Those who want to take in beautiful Downtown Minot have two parking garages to choose from, to make getting around the construction much easier. NORTHERN SENTRY PHOTOS | BETH DUCHSHERER

