

northern sentry

FREE | FRIDAY, JULY 8, 2016 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE | VOL. 54 • ISSUE 29



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS J.T. ARMSTRONG

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Minot AFB



Videos



5K in honor of Orlando victims

MINOT AIR FORCE BASE, N.D. -- A 5K was organized June 17, 2016 at Minot Air Force Base, N.D., to pay respects to those who lost their lives in Orlando, Florida, on June 12. On behalf of the Minot AFB Diversity Committee, Staff Sgt. Briton Hurdle, a missile chef trainer assigned to the 5th Force Support Squadron, organized 35 runners and 17 volunteers to participate in this event.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSICA WEISSMAN

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Fire Up The Grill!

SENIOR AIRMAN KRISTOFFER KAUBISCH | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Summer is officially here. Outdoor activities are already starting to happen due to the warmer weather. It's time once again to start thinking and practicing grilling safety. Below are some important safety tips and tools to ensure safe practices when grilling.

Pick a safe area - Position the grill in a well-ventilated, flat, level surface away from overhangs, deck railings and shrubbery. Keep children and pets away from the grill when in use.

Handle charcoal carefully

- Never add lighter fluid directly to hot coals since flames could travel up the fluid stream. Instead, place several new briquettes in a metal can and apply lighter fluid. Transfer the briquettes into the pyramid in the grill with pair of long-handled tongs and light with a match. Use proper utensils for safe handling of food and coals.

Putting out the fire - Place the cover on the grill, close the vents and allow the coals to burn out completely. Let ashes cool for at least 48 hours, and dispose in a non-combustible container.

When using a gas grill, remember to allow it to completely cool before placing the cover over it.

Before placing food on grilling surface, preheat the grill. Remove charred food debris to reduce exposure to possible cancer-causing substances formed during high-heat cooking.

Avoid fire flare-ups by using lean meats and trimming away all visible fat. Raise the rack to the highest position away from the heat and keep food on one side of the grill and coals or other heat source on the other side.

When barbecuing for

family or friends, give careful consideration to where the grill will be placed. Make sure children and pets a place to play. Also, don't cook under any paper decorations.

The best way to enjoy your summer outdoor grilling is to take the necessary steps to prevent accidents, which includes maintaining and using your grill safely.

Visualizing threats: A decade of threat modeling

SENIOR AIRMAN MATTHEW LOTZ | NATIONAL AIR AND SPACE INTELLIGENCE CENTER PUBLIC AFFAIRS

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) -- Dynamic explosions, missile launches and air-to-air dogfights are just a few animations the National Air and Space Intelligence Center threat visualization team create to help communicate potential threats in the world.

For the past decade, these types of animations have allowed policymakers at all levels of government to watch a video clip, rather than read a stack of intelligence reports filled with military jargon and technical data.

"Seeing really is believing when it comes to our job," said Arthur Luke, a contractor from Ball Aerospace and Technologies Corp. "We explain important dangers using visual communications."

Since opening their doors



U.S. AIR FORCE GRAPHIC | JUSTIN WEISBARTH

Dynamic explosions, missile launches and air-to-air dogfights are just a few animations the National Air and Space Intelligence Center threat visualization team at Wright-Patterson Air Force Base, Ohio, create to help communicate potential threats in the world. For the past decade, these types of animations have allowed policymakers at all levels of government to watch a video clip, rather than read a stack of intelligence reports filled with military jargon and technical data.

in July 2006, the five-person shop -- a mix of civilians and contractors -- has created more than 250 visualizations for

customers throughout the Air Force and intelligence community.

"When an analyst requests a product, we must build off of information in the intelligence analytic report," said team member Greg Sundra. "It's the creativity of each individual in this office that builds off that foundation to communicate a critical message which makes our work so special."

Most of the products have a security classification and cannot be seen by the general public, but that doesn't stop the team from striving for perfection.

"I always think something can be improved in our work; it's never good enough," said team member Justin Weisbarth, a contractor from Ball Aerospace. "Each person on the team has particular skill sets and we use those capabilities to always give the customer greater than what they are asking for."

The threat visualization team has more than 100 years of combined experience, with most of

their backgrounds including productions related to freelance movies, 2-D graphics, logos and video special effects.

According to Steve Vanzant, the NASIC threat visualization team leader, he works with the best of the best and has people he can trust with anything.

"I have the jokester, the straight-man, the calm soul and the button-pusher," Vanzant said. "The diversity of thought helps the creative process, plus all those characters make it enjoyable to come to work."

The team's next project includes working with the Air Force Institute of Technology to allow visualization specialists across the intelligence community to use and share 3-D models, textures and other animation elements.

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FACEBOOK

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791ST TRAIN LIKE YOU FIGHT

Defenders from the 791st Missile Security Forces Squadron participated in annual tactical training at Minot Air Force Base, N.D., May 23, 2016. Training stations allowed SF members to practice small unit combat tactics, employ inert smoke grenades and perform casualty care and evacuation. These exercises were just a small portion of the tactical maneuver training SF members receive annually.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG





CROSSWORD PUZZLE

Fireworks Effects

Across

- 1 Dog-eared
- 5 Burn a bit
- 9 Kind of D.A.
- 13 Side by side?
- 14 Post-op time
- 16 Lodge letters
- 17 What a value-priced item gives you
- 20 Do something
- 21 Chilly chain
- 22 Naturalist John
- 23 Metal wastes
- 25 Decathlon event
- 28 Prefix with pad
- 29 Stationed
- 32 Laudatory lines
- 33 Talk idly
- 35 Like a rainbow
- 37 Hoops announcer's "Slam dunk!"
- 40 Food for frogs
- 41 Director Stone
- 42 Be bedridden
- 43 Spot for sports
- 44 December 24 and 31
- 48 Kind of court
- 51 Welcome
- 52 Powerful D.C. lobby
- 53 "Fernando" singers
- 56 Kvass ingredient
- 57 Seeks a wife
- 61 Mind
- 62 Less than right?
- 63 Retro hairdo
- 64 Old Italian coin
- 65 Feedbag feed
- 66 Tournament passes

1	2	3	4	5	6	7	8	9	10	11	12
13				14			15	16			
17				18				19			
20			21				22				
23			24				25			26	27
28				29	30	31			32		
			33	34				35	36		
	37	38						39			
40					41						
42				43				44	45	46	47
48			49	50				51			
		52				53	54	55		56	
57	58				59				60		
61				62					63		
64					65					66	

Down

- 1 River to the Ohio
- 2 Delphi figure
- 3 Avis offering
- 4 Shrew
- 5 Gator's kin
- 6 Parsley or sage
- 7 Greeting at sea
- 8 Printed
- 9 Activist Hoffman
- 10 Morgan of "Super Size Me"
- 11 Coll. course
- 12 Shatner novel "___ War"
- 15 See red
- 18 Dix and Bragg: Abbr.
- 19 Ford Explorer, e.g.
- 24 Boy toy
- 25 Sleeveless jacket
- 26 Suggestion
- 27 Actor Beatty
- 29 Shot
- 30 Can't tolerate
- 31 '60s activist Bobby
- 34 Mornings, for short
- 35 Bar order
- 36 Less typical
- 37 Tiny amount
- 38 Waterproof wrap
- 39 Palindromic girl
- 40 J.F.K. regulators
- 43 Omega opposite
- 45 Corroborate
- 46 Friend of Piglet
- 47 Record producers
- 49 Very cushy class
- 50 It may be framed
- 51 Blather
- 53 Shade of blue
- 54 Rifle part
- 55 Some queens
- 57 Campaigner, for short
- 58 Samurai's sash
- 59 Green: Prefix
- 60 Bar bill

Solution to last week's Crossword puzzle.

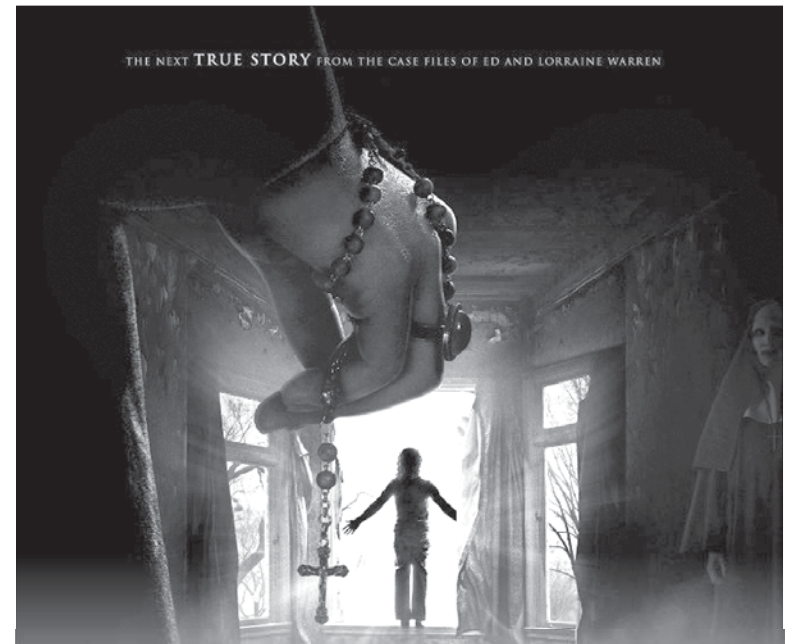
C	R	I	B	T	B	I	L	L	B	I	A	S		
H	O	B	O	W	Y	L	I	E	O	R	C	A		
E	S	A	U	I	O	W	A	N	R	E	E	L		
W	A	R	R	E	N	B	U	R	G	E	R			
		G	A	S		S	T	R	O	P	S			
I	P	A	T	E	C	H		H	O	W	L	E	R	
N	E	S		T	A	O	S		D	E	A	R	E	
S	T	I	C	K	S	T	O	T	H	E	R	I	B	S
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D	E	B	T		E	S	T	E	E		Y	A	M	S



SUDOKU

Solution to puzzle on page 14

1				2		3		
	4			5	6	2	7	
	3							8
		4		3		1		7
7		9		8		5		
6							9	
	8	5	4	9			2	
		7		6				3



The Real Ghost Busters

Husband and wife partners fight 1970s demons across the pond

NEIL POND | PARADE MAGAZINE

Beating the much-ballyhooed new Ghostbusters to the screen by several weeks, director James Wan shakes things up with a spook-fest of another kind—the second serving of his Conjuring series, based on the case files of real-life paranormal investigators Ed and Lorraine Warren, who claimed to have investigated more than 10,000 incidents since the 1950s.

This time, fresh off the 1970s investigation that became New York's "Amityville Horror," the Warrens are summoned across the pond to a working-class London borough, where a single mother and her four young children are being tormented by what seem to be malicious spirits.

Oh, yeah!

Patrick Wilson and Vera Farmiga once again portray the Warrens, a couple whose individual childhood brushes with the supernatural eventually led them to each other, into a paranormal partnership and marriage. The movie's soft little subplot about their strong bond, scored to the recurring Elvis hit "Can't Help Falling in Love" (which Wilson even gets to sing as a serenade, with a guitar!), is a dollop of pure sweetness in the carnival of creepiness.

Young Madison Wolfe, 11, who plays the Janet, the "possessed" youngest daughter of the British family, may look like a greenhorn, but you've likely already seen her if you watch TV, on Zoo, Scream, The Astronaut Wives Club or True Detective, or in the movies The Campaign, Trumbo or Joy. She's terrific as the bedevilments in her home send her flying into the air, crashing into walls, teleporting from room to room and taking control of her voice, personality and body.

Wan, who also directed the original Saw and Insidious, certainly knows his way around a haunted

house. He never overdoes the cheap thrills or gotchas, and he gets genuine jolts out of some truly nightmarish images—particularly a demonic nun and the "crooked man" from the old nursery rhyme. But he also has fun with bone-chilling scares he builds around mundane, everyday objects, like a blinking, bleeping toy fire truck, a bedroom poster of smiling actor-singer David Soul and a TV remote that won't stay where it's put.

The movie will probably feel a bit familiar, at times, to anyone who's seen The Exorcist, it could stand to be trimmed by at least 20-25 minutes, and someone should have told the music department that just because a movie is set in England, you don't have to use songs by the Bee Gees, the Hollies and the Clash if they don't really fit.

As the Warrens wrestle with demons, they also wrangle with questions of belief and doubt, skepticism and proof. "Your visions are a gift from God," Ed reassures Lorraine, who worries that her trance-like visits to the "dark side" have shown her too much, especially about what might become her own future. The movie frames the Enfield hauntings, which actually took place over a two-year period, in a Christmas setting, with prominent decorations on display and weirdly dissonant versions of familiar carols signaling that something unholy is afoot. In one scene, a freaked-out Lorraine stabs and shreds pages of her Bible with an ink pen.

If you're easily spooked, The Conjuring 2 may not be the most relaxing way to spend your popcorn dollar. On the other hand, if you like getting the good, old-fashioned hell scared out of you, then step right up for a retro terror trip to re-live another harrowing, real-life event from the annals of America's original ghost busters.



Camping Mac N' Cheese



INGREDIENTS:

- 1 1/2 cups elbow macaroni
- 8 oz prepared Alfredo sauce {just over half a jar}
- 1/2 cup grated sharp cheddar cheese
- 1/2 cup grated Parmesan cheese
- 1/4 cup mozzarella cheese
- 1/4-1/2 cup half and half or whole milk
- Salt and pepper, to taste

INSTRUCTIONS:

Cook pasta according to package directions. Drain and rinse with cold water. Stir alfredo sauce into the cooked pasta with the three cheeses and enough milk to keep things loosey goosey. {This is so your mac and cheese doesn't dry out while it's staying cool.} Stir in salt and pepper to taste. Divide between four mini aluminum pie tins {or one big one}, sprayed with nonstick cooking spray. Spray one side of aluminum foil with more nonstick cooking spray and cover each individual mac and cheese portion, sprayed side down, facing the food. Seal well. Store in a large plastic food storage bag in a cooler until ready to cook. Prepare a fire and let it burn down to the coals. Place a cooking rack over top that would be 2-3 inches above. Place each pie tin over the hot coals and cook 8-10 minutes or until hot. Remove from fire and serve immediately. *You can also just bake these at home in a glass baking dish at 350 degree oven for 20 minutes or so. Easy peasy!

Campfire S'mores Granola

INGREDIENTS:

- | | |
|---|--|
| The base granola:
3 cups gluten free rolled oats
1/4 cup oat bran
pinch cinnamon
pinch sea salt | 1 T oil of choice or butter
1/4 cup pure maple syrup
Post grilling/foil baking:
1 cup + mini marshmallows
1 cup + dairy free chocolate chips |
|---|--|

INSTRUCTIONS:

Over the campfire: Coat a large sheet of tin foil generously with oil cooking spray and set aside ensuring it is completely covered, including the edges. In a large mixing bowl, combine the oats, oat bran, cinnamon, sea salt and mix well. Add the oil of choice and maple syrup and stir until fully incorporated. Lay the mixture in the centre part of the tin foil, preferably in a single layer, ensuring there is sufficient room to around the edges to wrap. Wrap the granola up without any room for air- We don't want steamed granola here. Lay the foil patch on the heated stone/coal and allow to heat for 5-10 minutes. Using tongs, shake the foil pack roughly every 2-3 minutes to avoid sticking. Remove and carefully open and allow to cool for 5 minutes. If you want melted chocolate and marshmallows, add now and mix through and allow to cool. For the grilled version: Coat a large sheet of tin foil generously with oil cooking spray and set aside. In a large mixing bowl, combine the oats, oat bran, cinnamon, sea salt and mix well. Add the oil of choice and maple syrup and stir until fully incorporated. Lay the mixture in the centre part of the tin foil, preferably in a single layer, ensuring there is sufficient room to around the edges to wrap. Place tin pouch directly on the grill on medium heat. If possible, stir every 3-4 minutes, or give it a shake and grill the granola for approximately 10-12 minutes. Remove from grill and be careful when opening pouch and give the granola another stir before allowing it to cool completely. Add in the marshmallows and chocolate chips.

Summer Exhibits at the Northwest Art Center

MINOT STATE UNIVERSITY NORTHWEST ART CENTER

Summer exhibits in the Northwest Art Center galleries at Minot State University feature mixed media, sculpture, and photography by Wendy Kimble and ceramics by Emilie Marquardt.

Kimble's exhibit, "Modern Venus," July 12 through August 10 in the Gordon B. Olson Library Gallery, explores society's evolving expectations of the female form "from the voluptuous 24,000 BCE Venus of Willendorf to society's expectations of the modern day ideal body type." Kimble, an adjunct art instructor at Minot State University, said her exhibit focuses on "the acceptance of ourselves, and teaching our daughters that the true beauty is within us."

"Hollow Innocence," Marquardt's display of scores of empty ceramic

vessels, opens July 22 in the Hartnett Hall Gallery with a public reception from 5 to 7 p.m. Marquardt's installation seeks to raise awareness of hunger among school age children in the Minot area. The exhibit runs through August 12.

"Each vessel represents a student in the Minot Public School system who is supported by Souris Valley United Way through their Backpack Buddy Program," said Marquardt. Four Minot elementary schools, Sunnyside, McKinley, Roosevelt, and Washington, participate in the program. Each week, volunteers coordinate the purchase of food and transport it to the schools. Teachers place bags of food into certain backpacks at the end of the day on Fridays to provide meals for children who might not

otherwise have substantial meals over the weekend. Visitors to the exhibit may make a \$10 donation to the program in exchange for one of the vessels.

Marquardt graduated from MSU in May 2016 with a Bachelor of Science degree in Art Education and a concentration in Special Education. She will teach art at Glenburn Public School this fall.

Both exhibits are free and open to the public. The Hartnett gallery is open 9 a.m. to 4:30 p.m. Monday through Friday, and the library gallery is open during regular library hours.

These programs are funded in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

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Minot AFB youth have an opportunity to experience the ultimate obstacle course during the 4th annual Mini Mudder event scheduled for Friday, July 15th beginning at 5 p.m. at the field located adjacent to the Pride Building, Northern Tier Credit Union, and Shopette. This Youth Center event

provides family members a chance to test their toughness on the kid size obstacle course.

Each participant in the Mini Mudder receives a FREE Rally towel (while supplies last). The event is FREE to both Youth Center members and non-members. All ages are welcome however youth age 8 years of age and under must be accompanied on the course by an adult.

Pre-registration is scheduled now through the day of the event. Registration forms are available at the Youth Center. On site registration and sign-in begins at 4 p.m. on July 15th at the Mini Mudder site.

There will be a special "Kidz Waveland" with water and mud events for the youngsters who are not ready to take on the Mini Mudder. Children ages 4 and under can enjoy water games and small mud obstacles. No registration is required.

The 1st Annual 3 Man Mudder Challenge is scheduled after the conclusion of the youth portion of the Mini Mudder. Three person teams from the same squadron can compete in a special relay race with the winning team awarded the Squadron Challenge Cup and bragging rights for the event.

The Mini Mudder community event is sponsored in part by Strata Corporation. *No Federal Endorsement of Sponsor Intended.*

For additional details and registration information, call the Youth Center at 723-2838.

Live Games Challenge Coming To The Library On July 21st

Play life-sized games including Library Clue & Hungry Hippos

The Base Library invites teens and tweens to participate in their Live Games Challenge on Thursday, July 21st beginning at 3 p.m. Play life-sized games including Library Clue and Hungry Hippos. If you've never tried playing life size games then this is your chance for an afternoon of fun. For additional information, contact the Base Library at 723-3344.

Library Hosting Field Day & Story Walk On July 9th

FIELD DAY & STORY WALK

723-3344

JULY 9th

1:00PM

Open to Children of all ages

FINISH

ALL AGES WILL ENJOY OUTDOOR ACTIVITIES IN THE FIELD BEHIND THE LIBRARY INCLUDING A STORY WALK, GAMES, AND ACTIVITIES!

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IN CASE OF RAIN, THE PROGRAM WILL BE HELD SATURDAY, JULY 16th AT 1:00PM

The Base Library invites children of all ages to enjoy their FREE Field Day & Story Walk event on Saturday, July 9th beginning at 1 p.m. Youth can enjoy outdoor activities in the field behind the library. A variety of events are scheduled including a Story Walk, games, and much more. Prizes and refreshments will be provided. In case of inclement weather, the program will be held Saturday, July 16th at 1 p.m.

The Field Day & Story Walk event is sponsored by Park University. *No Federal Endorsement of Sponsor Intended.* For additional information, please contact the Base Library at 723-3344.

Enjoy Dakota Sun Gardens Winery Trip On July 23rd

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JULY 23rd
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For more details, call the ITT office at 727-6669 or visit their office located in the Base Exchange.

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DANIEL CORMIER CHAMPION VS CHAMPION JON BONES

CORMIER vs JONES

WORLD LIGHT HEAVYWEIGHT CHAMPIONSHIP

ON PAY-PER-VIEW
JULY 9 SAT

BUD LIGHT

ROCKERS BAR & GRILL

727-ROCK

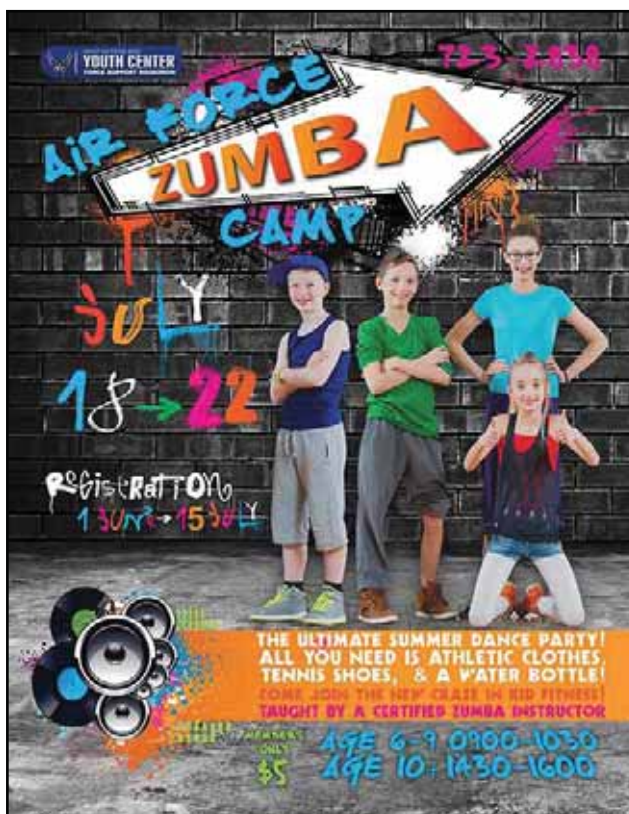
CLUB MEMBER DRAWING ON FRIDAY, JULY 8TH WILL BE FOR \$600.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing is held every Friday and announced at both Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Jul 11 Family Child Care Pre-Orientation
 Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC Pre-Orientation at the Family Child Care office on July 11th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For additional information, call the FCC office at 723-6662.

Jul 21 Creative Kids Class
 Spend the morning with your preschooler having fun creating paper bag puppets during the Creative Kids class at the Arts & Crafts Center on Thursday, July 21st from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. For additional details, contact the Arts & Crafts Center at 723-3640.



Jul 8 Toga Party & Bingo
 The Jimmy Doolittle Center invites you to dress up in your favorite toga and bring your Grecian Goddess to their Toga Party on Friday, July 8th from 5-7 p.m. Enjoy delicious gyros and enter the Best Toga Contest. Plus club members and their bona fide guests can participate in bingo with games at 5 p.m., 6 p.m., and 7 p.m. Cards are \$1 each or 6 for \$5. The Toga Party & Bingo is an adults only event. For details, call the Doolittle Center at 723-3731.

Jul 11 Federal Résumé Workshop
 Want to Jump Start your Federal Job search? Let's take an interactive trip through USAJOBS! The Airman & Family Readiness Center is hosting Federal Résumé Workshop on Monday, July 11th from 10 a.m. to 11:30 p.m. You'll learn how to create an account in the USAJOBS website, search for federal jobs online, create a USAJOBS resume, and more. Call the Airman & Family Readiness Center at 723-3950 to sign up today.

Jul 11 FREE Lunch For Club Members
 Club membership pays and club members are sure to enjoy Members Monday on July 11th. Club members will receive a free lunch the first Monday of each month (not to exceed \$9.50). When the first Monday of the month falls on a holiday, Members Monday moves to the second Monday of the month. Simply stop by the Jimmy Doolittle Center, Rockers Bar & Grill, Rough Riders, or Kelley's Place and show your club card to receive your complimentary lunch. Offer valid for lunch only. Lunch hours vary by location. One lunch per card.

Jul 15 Grill Your Own Steak Night
 The Jimmy Doolittle Center invites you to their Grill Your Own Steak Night on July 15th from 5-7 p.m. Pick your own delicious ribeye steak (fresh cut to size), chicken breast, or portabello mushroom and cook it on the patio over a charcoal grill. Cost is \$1.50 per ounce for steak and \$4.50 for either a chicken breast or portabello mushroom. To make your meal even more delicious, the Doolittle Center is featuring a potato bar with all the fixin's, marinated salad, and garlic medallians. The potato bar is free for club members and \$7 for non-members. For more details, call the Doolittle Center at 723-3731.

Only The Best Come North Scramble Tees Off July 10th



The Rough Rider Golf Course swings into tournament action during the Only The Best Come North Scramble on Sunday, July 10th beginning at 9 a.m. Check-in for the tournament starts at 8 a.m. This 18 hole, four person scramble is sponsored by Don Bessette Motors. *No Federal Endorsement of Sponsor Intended.* Entry fee for the tournament is \$30; green fees and cart rental not included. Your entry fee includes a meal at the completion on the event. The tournament is limited to the first 20 teams to sign up. Registration is open now until the day of the event; please call ahead to reserve your team slot. Call 723-3164 for more information.

YOUNG AIRMEN EVENTS & PROGRAMS

Jul 8 Friday Night Karaoke
 Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on July 8th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Jul 13 Single Airmen Slice Night
 Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. For additional information, contact Rough Riders at 727-4377.

Jul 14 Single Airmen Wingman Night
 Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. For more details, call Rockers Bar & Grill at 727-ROCK.

Jul 16 Hip Hop All Nighter
 Dance, party, and hang out with your friends during the Hip Hop All Nighter at the Rockers Bar & Grill on Saturday, July 16th from midnight to 4 a.m. Enjoy the latest Hip Hop, Rap, and R & B music all night. The event is free for club members and \$7 for non-members. For more details, call 727-ROCK.

Jul 21 Off-Base Budget Class
 Planning to move off base? Do you have a functional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on July 21st from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LES and have knowledge of their bills. Class size is limited; call 723-3950 to register.

Jul 25 Outdoor Iron Airman Challenge
 The Fitness Center invites you to participate in their Outdoor Iron Airman Challenge on Monday, July 25th starting at 11:30 a.m. During a 30 minute period, you'll be challenged by 4 disciplines - running, push-ups, pull-ups, and sit-ups. Registration is from July 14-22; maximum of 20 participants. Open to all eligible DoD I.D. holders age 16 and up. For more information, call 723-2145.



Minot's 2016 Fourth of July Festival

MINOT, N.D. -- Col. Matthew Brooks, 5th Bomb Wing commander, speaks during Minot's 2016 4th of July Festival at Roosevelt Park in Minot, N.D., July 4. In celebration of our nation's independence, the festival also featured food, games and performances.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN APRYL HALL

Park University Announces Graduates from Minot AFB Campus Center

PARK UNIVERSITY

Parkville, Mo.—June 24, 2016 — Park University's Minot (N.D.) Air Force Base Campus Center held its commencement ceremony on June 10 at the James Crawford Airman Leadership School Auditorium on the base. The University had 25 students eligible to participate in the ceremony — 21 students received a bachelor's degree and four students received an associate degree.

List of Undergraduate Degrees Conferred (Honors designation key ([at least 45 earned credit hours prior to the last term of enrollment at Park University]):

- @ — Summa Cum Laude (3.9 to 4.0 grade point average)
 - # — Magna Cum Laude (3.7 to 3.899 GPA)
 - \$ — Cum Laude (3.5 to 3.699 GPA)
- (Name, Degree Concentration [if applicable], Hometown and High School Attended [if provided])

Bachelor of Science
 Yaw A. Agyekum, Management/Computer Information Systems, Minot, N.D.

• @ Justin B. Bacio, Management/Marketing, San Diego, Calif. (attended Narbonne High School, Harbor City, Calif.)

• \$ Anthony V. Bennett, Management/Logistics, Anchorage, Alaska (attended Manzano High School, Albuquerque, N.M.)

• \$ Phillip E. Besaw II, Criminal Justice Administration/Security, Minot Air Force Base, N.D. (attended Indian River High School, Philadelphia, Pa.)

• Marita D. Burgess, Management/Marketing, Chester, Va.
 Artis T. Carhee, Management/Finance, Las Vegas, Nev.

• \$ Larry S. Cleveland, Management/Computer Information Systems, Crestview, Fla.

• @ Ariana Beth Davidson, Social Psychology, San Antonio, Texas

• Denishia V. Fisher, Management/Healthcare, Crowley, Texas

• \$ Tiesha Glover, Management/Healthcare, Minot, N.D. (attended Calhoun County High School, St. Matthews, S.C.)

• \$ Yvonne N. Hamilton, Social Psychology, San Antonio, Texas (attended Martin Van Buren High School, Queens Village, N.Y.)

• @ Kimo Mikaele Kalilikane, Information and Computer Science/Software Engineering, Minot Air Force Base, N.D. (attended Kamehameha High School, Honolulu, Hawaii)

• Melissa A. Keim, Social Psychology, Sabetha, Kan. (attended Hiawatha [Kan.] High School)

• Darius D. Lawhorn, Management/Healthcare, Greensboro, N.C.

• Jarrod W. Leonard, Social Psychology, Yokota Air Base, Japan

• # Donald E. Nelson, Management/Human Resources, Minot, N.D.

Alexander James Northrup, Management, Minot, N.D. (attended Walton [N.Y.] Central High School)

• Jesus A. Olivares, Management, Aviano Air Base, Italy

• Levi M. Ryan, Criminal Justice Administration/Law Enforcement, Minot, N.D.

• Shawn Wagorn, Criminal Justice Administration/Law Enforcement, San Antonio, Texas

• Ashley Work, Social Psychology, Fort Bragg, N.C.

Associate of Science
 • Melissa C. Erdahl, Social Psychology, Minot Air Force Base, N.D. (attended Everett [Wash.] High School)

• Melissa Johnson, Management, Minot Air Force Base, N.D. (attended Etiwanda [Calif.] High School)

• Christina D. Olliney, Management, Minot, N.D.

• Benjamin S. Turner, Management, Minot Air Force Base, N.D. (attended Heritage Christian School, Blacksburg, S.C.)

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MINOT AIR FORCE BASE 2015 WATER QUALITY REPORT

System ID 5100710

Terms for this Report

AL (Action Level): The concentration of a contaminant, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health.

mg/L (milligram per liter): Or part per million, the parts of contaminant per million parts of water. Roughly equivalent to one drop per 10 gallons of water.

MRDL (Maximum Residual Disinfection Level): The highest level of disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

ND (Not Detected): Or below the detectable level of the test procedure.

NTU (Nephelometric Turbidity Units): A measure of how clean the water is, caused by suspended matter in the water.

PCU (picocuries per liter): A measure of radioactivity

ppm (parts per million): Or milligrams per liter, roughly equal to one drop per ten gallons of water or one minute in two years.

ppb (parts per billion): Or micrograms per liter, roughly equal to one drop in ten thousand gallons of water or one minute in two thousand years.

ppt (parts per trillion): Or nanograms per liter, roughly equal to one drop in ten million gallons of water.

ppq (parts per quadrillion): Or picograms per liter, roughly equal to one drop in ten billion gallons of water, or a four-year water supply for Minot.

TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.

Contaminant	MCLG	MCL	Level or Range	Date Tested	Source of Contaminant
INORGANIC CONTAMINANTS					
Arsenic (ppb)	0	10	3.41	5/10	Erosion of natural products; runoff from orchards; runoff from glass and electronics production wastes
Barium (ppm)	2	2	0.00795	6/10	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chromium (ppb)	100	100	2.1	6/10	Discharge from steel and pulp mills; Erosion of natural deposits
Fluoride (ppm)	4	4	1.16	12/15	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Nitrate + Nitrite (ppm)	10	10	0.14	2/15	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Selenium	50	50	4.54	6/10	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
DISINFECTION BYPRODUCTS					
Total Haloacetic Acids (ppb)	0	60	10	3/15	Byproduct of drinking water chlorination *Compliance based on annual average
Total Trihalomethanes (ppb)	0	80	42	9/15	Byproduct of drinking water chlorination *Compliance based on annual average
DISINFECTANTS					
Chloramine residual (ppm)	MRDLG 4	MRDL 4.0	2.2	7/15	Water additive used to control microbes
OTHER CONTAMINANTS					
Copper (ppm)	1.3	AL=1.3	0.038*	7/15	Corrosion of household plumbing systems; erosions of natural deposits, leaching from wood preservatives
Lead (ppb)	0	AL=15	7*	7/15	Corrosion of household plumbing systems
Total Coliforms	0	5% of monthly samples	0	1/14-12/14	Naturally present in the environment
RADIOACTIVE CONTAMINANTS					
Gross Alpha (pCi/l) Inc RA Exc RN&U	15	15	1.52	11/09	Erosion of natural products
Radium, combined (226,228) (pCi/l)	0	5	0.00919	11/09	Erosion of natural products
Uranium, combined (ppb)	0	30	0.722	11/09	Erosion of natural products

*This value represents the 90th percentile value of the most recent round of sampling.

Unregulated Contaminant	Minimum Reporting Level (ug/L)	Average Value at Entry Point to the Distribution System (ug/L)	Range of Detection at Entry Point to Distribution System (ug/L)	Average Value at Maximum Residence Time in the Distribution System (ug/L)	Range of Detection at Maximum Residence Time in the Distribution System (ug/L)
Chromium	0.20	1.48	1.40 to 1.70	1.48	1.20 to 1.80
Molybdenum	1.00	6.60	6.10 to 7.00	6.80	6.20 to 8.10
Strontium	0.30	154.43	105.40 to 188.70	144.75	111.00 to 188.30
Vanadium	0.20	3.33	2.60 to 4.00	3.58	2.80 to 4.10
Chromium (VI)	0.03	1.38	1.27 to 1.56	1.41	1.28 to 1.57

The City of Minot was selected by the EPA to sample for 21 unregulated contaminants during 2014-2015. Samples were taken four times from both the Entry point to the distribution (Water Treatment Plant) and the Maximum Residence Time sampling point.

Unregulated contaminants are those for which the EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist the EPA in determining the occurrence of unregulated contaminants in drinking water and whether future regulation is warranted.

The following unregulated contaminants (Table 2) were the only contaminants detected during this sampling. Results are from Entry Point to the Distribution and Maximum Residence Time in the Distribution.



Fabrication flight

MINOT AIR FORCE BASE, N.D. -- Metals technicians from the 5th Maintenance Squadron work in their shop at Minot Air Force Base, N.D., June 29, 2016. The unit creates and maintains essential parts for aircraft, equipment and weapons systems.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN APRYL HALL

CYBER SECURITY EDUCATION #7

CLASSIFIED MEDIA

When you create a CD or any type of local media, you must correctly label it!

CYBER SECURITY EDUCATION #8

WARNING

UNAUTHORIZED USE OF USB DEVICES ON AIR FORCE INFORMATION SYSTEMS ARE PROHIBITED.

DO NOT USE

VIOLATORS WILL LOSE SYSTEM PRIVILEGES AND WILL HAVE TO RE-ACCOMPLISH CYBER AWARENESS TRAINING

Charles O. Wood, MD

NEUROSURGERY

Trinity Health is very pleased to welcome Charles O. Wood, MD, a board certified neurosurgeon with over 30 years of experience providing surgical care to people with brain and spinal disorders due to disease or trauma. Dr. Wood specializes in innovative approaches to neurological surgery, including minimally invasive and image-guided brain and spine surgery, and artificial disc replacement.

Medical Education/Practice History

- Medical degree, Emory University School of Medicine, Atlanta
- Neurosurgery residency and Clinical Neurotrauma fellowship, Medical College of Virginia, Richmond
- Founder, North Georgia Neurosurgical Associates
- Co-developer, Neuroscience Center at Gwinnett Medical Center, Georgia
- Director of Neurosciences, Greenview Regional Hospital, Kentucky, where he also co-directed the Stroke Center.
- Served patients in Grand Forks and Glasgow, KY, the past three years.
- Member, American Association of Neurological Surgeons and the Congress of Neurological Surgeons.

Appointments and Consultations:
Call 701-857-5877 or 1-800-862-0005
Health Center – East, Suite 401
20 Burdick Expressway W • Minot, ND 58701

Have a question? Download our app today: trinityhealth.org/mobile

1st Lt. Christopher CIESLAK

Warbird of the Week

5th BW Protocol SHELBY TOWNSHIP, MI

What did you do before you joined the Air Force
Graduated from the University of Michigan with a bachelors degree in Economics and worked for a private financial consulting group.

Hobbies or Interests
Weight training, playing or watching sports, traveling and reading.

Most life changing experience
Leaving home after entering the Air Force. It has made me appreciate my family so much more.

Where do you see yourself in 10 years
Still in the Air Force as a Major.

If you could have one special talent, what would it be
Playing a musical instrument

Favorite quote
"Be humble. Be hungry. And always be the hardest worker in the room."
-Dwayne "The Rock" Johnson

A Baby's First Test – The Answers Might Save a Life

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – The North Dakota Department of Health (NDDoH) is pleased to announce that July 1 marked an important step in saving the lives of babies born in North Dakota. The state newborn screening program expanded their newborn screening panel to include a disorder called Severe Combined Immune Deficiency (SCID).

SCID, also known as “Bubble Boy Syndrome,” is a rare, but serious primary immune deficiency characterized by lack of a functioning immune system. Newborns with SCID often appear healthy at birth, but are at increased risk to develop infections that may become

severe. If not identified early through newborn screening, babies with SCID often die by age 1. “Early detection and treatment saves lives and improves outcomes for SCID and all disorders included on the newborn screening panel,” said Joyal Meyer, Newborn Screening Program Director.

Treatment for SCID includes a bone marrow transplant, which is often done within the first few months of life. “The five-year survival rate for infants diagnosed with SCID who receive treatment by three and a half months of age is approximately 94 percent,” according to Dr. Chris Cleveland, Pediatric Immunologist at Sanford Health in

Fargo and SCID Medical Consultant for NDDoH.

Newborn screening is done by taking a few drops of blood from a baby's heel 24 to 48 hours after birth. The blood is tested for 51 rare, but serious disorders. All of the disorders screened for can be treated, and most babies, if identified early, can grow up to be healthy with normal development.

The newborn screening program recently partnered with families to develop videos to help educate the public on the importance of testing. The main video can be found at <https://youtu.be/weJAz9o74Cw>.

For more information, contact Joyal Meyer, North Dakota Department of Health, at 701.328.2493.

Find Waldo In Minot!

Elusive Book Character Creates Summertime Fun to Support the Shop Local Movement

MAIN STREET BOOKS

Where's Waldo? In Minot of course! The famous children's book character in the striped shirt and black-rimmed specs is visiting twenty-five local businesses throughout our community this July. Find Waldo Local is a great summer vacation activity and a wonderful way to support local businesses and the Shop Local movement in our community, including these partners: Main Street Books, YogifyU, Lulu Lane, Mainstream Boutique, Anderson's DS & Bootery, Art Main,

Cookies for You, and more!

Anyone who wishes to participate can pick up a “Find Waldo Local in Minot!” passport, which contains the names of all the participating sites, and get their passport stamped or signed for each Waldo they spot. Collecting store stamps or signatures at twenty or more businesses will entitle diligent seekers entry into a grand-prize drawing on July 31, with the top prize being a six-volume deluxe set of Waldo books. This year, participants can also #ColorWaldoAndWin:

when they share a completed coloring sheet of Waldo on Instagram, they'll be entered into a drawing to be one of five lucky winners of a deluxe prize pack.

Waldo is the creation of Martin Handford, whose entertaining drawings of crowd scenes swept the world in the late eighties. Since then, the Where's Waldo? books have held a cherished spot on bookstore shelves the world over. There are now over 65 million Waldo books in print worldwide, and they've been translated into over thirty languages. An entire generation has grown up searching for Waldo and his cast of wandering companions.

In celebration of Waldo's longevity and popularity, his American publisher, Candlewick Press, is once again teaming up with the American Booksellers Association and two hundred and fifty independent bookstores across the country for some hide-and-seek fun to encourage communities to patronize their local businesses. There is no charge to participate, and the hunt lasts for the entire month of July. For more information about hunting for Waldo in Minot, call Main Street Books at 701-839-4050

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



“Now it's even got a handicapped-accessible fishing pier.”

– Garrison Dam National Fish Hatchery manager Rob Holm describing Camp Loop Pond.

Initially, the idea of a children's trout fishing pond near the U.S. Army Corps of Engineers Downstream Campground seemed like a great idea – a way to involve children in fishing, making use of water expended from Garrison Dam National Fish Hatchery, and shoring up a problematic area with an erosion problem. Tucked below Garrison Dam on the road going south of Garrison Dam National Fish Hatchery, the pond was a great fishing adventure for children when camping nearby with family or friends or just spending some time enjoying the area.

It worked for a few years, described Garrison Dam National Fish Hatchery manager Rob Holm. Camp Loop Pond, as it's called on official N.D. Game and Fish Department fishing information, was created in the late 1990s. It even had a waterfowl nesting island.

The problem, though, is that the sandy Missouri River bottomland soil coupled with water movement from the creek feeding from the hatchery into the pond quickly silted it in.

It was shallow when built but could sustain trout. “But being it was sand, it became shallower even quicker,” Holm described. It didn't take the wily rainbow trout that the Game and Fish Department stocked through the hatchery's rearing efforts long to find their way back home, which was upstream in the little feeder creek and back to the hatchery.

Stocked bluegill also ventured outward, only they found an exit allowing them to get to the nearby Missouri River.

It was a great idea and an excellent cooperative venture between all three agencies but just couldn't reach its potential because of the sandy soils.

It simply didn't pay to stock the pond, so after a few years Camp Loop Pond was stocked no

more.

However, in 2014 the Game and Fish Department's Save Our Lakes lived, yet again, up to its moniker and assisted with funding the pond's restoration. The island, as beneficial as it was for waterfowl nesting, was contributing to siltation build-up so it was removed. The pond was deepened, re-sloped, large stabilization rock was added to reduce erosion, and “we've got a regular drain outlet,” Holm added. It even has its own little spillway.

Camp Loop Pond is now 4.2 acres in size, its entire shoreline covers ½-mile, and is about 14 feet deep. It's annually stocked in April and May with a total of 700 ½-pound rainbow trout. It was stocked with catfish in its early years and the Game and Fish Department is considering future catfish stocking options.

In addition to the fishing pier, the pond has benches and the hatchery's hiking trail loops through the area. Parking is available shortly before entering the Downstream Campground and campground hosts have free children's fishing equipment available through a loaner program, Holm continued.

The 1.67-mile hiking trail near the pond treks along the river bottom. Its crushed gravel, hard-packed surface is also handicapped-accessible. The first portion, called the Wetlands Loop, near the hatchery was built in 1997, Holm said, with the remainder completed during the Lewis and Clark Bicentennial tenure through a program funding multi-use trails throughout the entire Lewis and Clark route to the West Coast.

Trail signage is located on the north end at the hatchery and near Camp Loop Pond with a kiosk near a “Wildlife Observation” sign.

The trail and Camp Loop Pond are free and open to the public of all ages.



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Health Center

“Our Family Caring For Your Family”

Northern Sentry
839-0946 or
nsads@srt.com

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520 Mass Schedule Saturday 5:30 pm Sunday 9:30 am Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church  109 6th St. SE Minot • 838-3094 Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m. The Very Reverend Father Anastassy</p>	<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 per week</p>	<p>GLENBURN FIRST BAPTIST CHURCH  402 South Street • 701-362-7971 Sundays: Morning Worship..... 10:00 a.m. Sunday School 11:15 a.m. Wednesdays: Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons. Pastor DeVawn Beckman • revdev@srt.com</p>	<p>Bible Fellowship Church  Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am GRIEF SHARE Classes Starting November 4th, 7:00pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org</p>
<p>Faith United Methodist Church  5900 Highway 83 N, Minot www.faithumcminot.com Rev. Debra Ball-Kilbourne Sunday School (All Ages): 9:30 a.m. Worship Services: Sunday 11 a.m. Wednesday: 5:15 p.m.</p>	<p>Minot Baptist Church  Sending the Glorious Light of Jesus Christ to a Dark and Needy World Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Harvest Reformed Church  We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship. Now meeting at 1505 N Broadway, Grand International, Norse Room Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ 430 N. Broadway • 839-1064 Sunday School 11 a.m. Sunday Worship 11 a.m. Tuesday Lunch Bible Study 11 a.m. - 1 p.m. Wed. Youth Classes 6:30 - 8:30 p.m.</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE Sunday: Bible Classes 9:30 a.m. Worship..... 10:30 a.m. - 5 p.m. Wednesday: Bible Classes 7 p.m. <i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p>First Presbyterian Church  430 N Broadway (Congregational Church of Christ Building) 701-460-6321 Worship..... 9:00 a.m. www.fpcminot.org <i>Visitors Welcome</i></p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609 Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m. Jesse Starr, Pastor</p>	<p>Cornerstone Presbyterian Church 1000 NE 3rd Street 852-0315 Sunday Schedule Contemporary Worship 9:30am Child/Youth Sunday School.. 11:00am Adult Sunday School.... 8:30 & 11:00am Traditional Worship..... 11:00am Wednesday Evening Schedule Community Dinner..... 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p>	<p>First Lutheran Church - ELCA  120 - 5th Ave. NW 852-4853 Saturday Worship 5:30 pm Sunday Worship 9:30 am  Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 9:30 AM Pastor Ken Nelson & Pastor Brandy Gerjets</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i> Sunday Worship 9:30 a.m. 2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor www.stmarksminot.com  Call or check out our website for more information.</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA Sunday Worship 9:00 am Sunday Fellowship 10:00 am Wednesday Worship..... 6:45 pm Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 per week</p>	<p>St. John the Apostle Catholic Church  2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule: Tuesday 7 p.m. Wednesday - Friday 9 a.m. Saturday 5 p.m. Sunday 8 & 10:30 a.m. <i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>Calvary Alliance Church  715 20th Avenue NW Minot, ND 58703 www.calvaryofminot.com 701-852-0670 Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p>Our Redeemer's Church <i>A Church of the Lutheran Brethren</i> Sundays: Worship..... 8:30 a.m. & 10:45 a.m. Interpreter services for the deaf.. 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m. 700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p>
<p>BREAD OF LIFE ELCA LUTHERAN CHURCH  Pastor Taryn Montgomery Pastor Alex Hoops Saturday Worship 5:00 pm Sunday Worship 9:30 am Sunday Fellowship 10:30 am Breadoflifeminot.com <i>Everyone Welcome</i> </p>	<p>BELIEVERS BIBLE CHURCH of MINOT I John 5:13 www.bbcminot.org Where you can find truth and love in Christ Jesus the Lord! Sunday Worship..... 11:00 am <i>The Carnegie Center</i> 105 2nd Avenue SE</p>	<p>Cross Roads Baptist  Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m. www.minotrcbc.org email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873</p>	<p>West Minot Church of God <i>"A Family Worship Center"</i> 1105 16th St. NW • 839-1407 Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church..... 10:30 a.m. Wednesday Family Training Hour.. 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care & Pre-School Center 852-6352</p>	<p>Bethel Free Lutheran AFLC  <i>"Building Followers of Jesus Christ!"</i> Sunday School 9 a.m. Worship Service 10:30 a.m. Wednesday Supper 6:15 p.m. Adult/Youth Bible Study Kids Club 7 p.m. Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF  8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319 Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p>First Baptist Church  220-3rd St. S.W. • 852-4533 www.fbcminot.org Classic Worship Service 8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service... 9:50 a.m. Adult Sunday School 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Children's Church..... 11:05 a.m. Wed. Awana (Sept. - May) 6:30 p.m. Rev. Kent Hinkel, Senior Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Gospel Tabernacle Community Church  9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	<p>Dakota Baptist Church  <i>Teaching the Word, One Verse At a Time! KJB</i> 916 5th Ave, SE Minot, ND 58701 Sunday School..... 10:30 a.m. Sunday Evening Worship 5:30 p.m. Wednesday Worship 7:00 p.m. (701)852-5399 www.dakotabaptistchurch.com Email: dbchurch@srt.com Pastor: Jeremy Jacob</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111 Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship..... 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>
<p>Trinity Church  An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m. www.trinitychurchminot.org</p>	<p>Immanuel Baptist Church  1615 2nd St. SE • Minot • 839-3694 Summer Schedule Sundays: Worship 10:00 a.m. Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Brian T. Skar, Pastor www.ibcminot.org</p>	<p>ZION Lutheran ELCA  1800 Hiawatha St. 852-1872 Saturday Worship 5 p.m. Sunday Worship... 8:30 a.m. & 11 a.m. John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p>Vincent United Methodist Church  1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors! Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m. Pastor Ray Baker www.vincentumc.com</p>	

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2	6	4	5	3	9	1	8	7
8	5	3	7	1	2	6	4	9
7	1	9	6	8	4	5	3	2
6	2	1	8	7	3	4	9	5
3	8	5	4	9	1	7	2	6
4	9	7	2	6	5	8	1	3

Answers to puzzle from page 8



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SCHOOL REGISTRATION

Minot Public School's Kindergarten Enrollment For the 2016-2017 School Term

Kindergarten enrollment will be held at the District Enrollment Office at the Minot Public School's Administration Building located at 215 2nd St SE, **by appointment only.**

To schedule an appointment, call 857-4444 or 857-4400, as soon as possible. www.minot.k12.nd.us for more information and to print required enrollment forms.

Items you must have at your enrollment appointment even if you already have children in the district:

- Parent/Guardian photo ID
- Copy of State Certified Birth Certificate
- Copy of Immunization Record
- Custody/Guardianship paperwork if applicable
- Proof of Residence (e.g.: Utility Bill - current within the last 60 days, Rental/Lease Agreement, Home Mortgage Statement, Home Purchase Agreement, Homeowner's Insurance Policy, Ward County Property Tax Statement)

Children must be 5 years old by July 31, 2016 to enroll.

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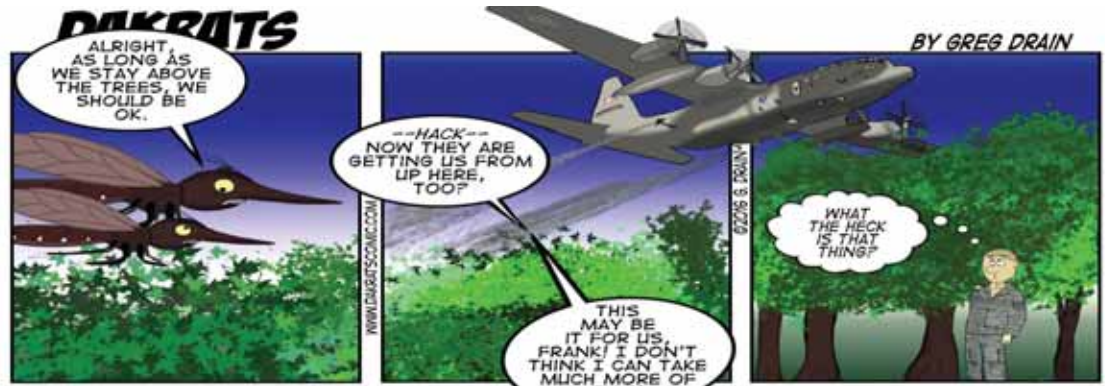
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 \$192,000 Very nice 2 bedroom 1 3/4 bath home in great convenient SW location. Nice size kitchen with stainless steel appliances. Lots of cabinet storage and walk-in pantry. Very large dining room with patio doors to the nice sized fenced backyard. Call Lori Henderson. #161378	 \$55,000 Bring this 3 bedroom 3 bath ranch back to life in this great neighborhood! The home is being sold "AS IS" in its present condition. Call Cindy Strandberg. #161369	 \$264,000 Beautiful 2 story townhome, located in NW Minot, just east of the new north hill MarketPlace shopping center. This home boasts of a 3 bed, 2.5 bath, and 2 car garage. HOA that covers the lawn care, snow removal, commons insurance, and trash. Call Clyde Thorne. #161358
 \$169,000 This recently repainted 2 bedroom, 2 bath home with a large shaded backyard is a must see. With a 1 stall attached garage right off the street and a 2 stall garage in the back, there is plenty of space for extra vehicles or big toys. Call Megan Atchison. #161383	 \$196,900 Perfect opportunity to purchase this property and have your mortgage paid by a renter. Lower level has been completely remodeled with 2 bedrooms (1 non-egress), full bath, laundry room, full kitchen and living room and study area. Call Lori Henderson. #161382	 \$144,900 Here is a great investment opportunity - duplex near the college that will meet FHA guidelines for owner occupied buyers. This duplex had the interior refurbished after the flood with new windows and now the exterior is being updated with steps and siding. Call Brad Livesay. #161371
 \$130,000 The yard is huge and private. A new roof was installed less than 5 years ago, a new furnace was also installed around the same time. The garage roof has new beams, plywood and shingles. The stucco is in amazingly good condition. Call Cindy Strandberg. #161370	 \$120,000 The perfect open inviting floor plan! 3 bedroom 2 bath manufactured home with double garage, step down into the large eat in kitchen with breakfast island and lots of cabinets space. Arch open family room has a cozy corner fireplace. Call Aisha Vadell. #160297	 \$159,900 Character counts in this stucco home! Newly remodeled and structurally sound. Beautiful finished hardwood floors through out. Large master, formal dining room. One of the owners is a licensed Real Estate Agent. Call Dawn VerBruggen. #160582



Youth Center offers Paintball 101

MINOT AIR FORCE BASE, N.D. -- The Youth Center at Minot Air Force Base offered a Paintball 101 course to members of the youth center June 13-17, 2016. Children were given a safety briefing each day and were able to compete against other members at the Outdoor Recreation paintball field.

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