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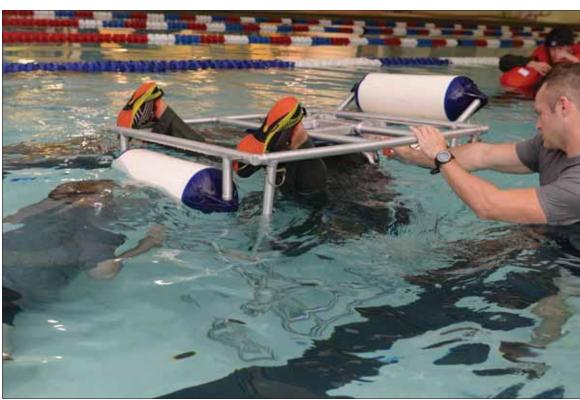




Videos











54HS completes SERE training

MINOT AIR FORCE BASE, N.D. -- Airmen from the 54th Helicopter Squadron complete survival, evasion, resistance and escape water egress training at the McAdoo Fitness Center at Minot Air Force Base, N.D., Aug. 31, 2016. SERE specialists observe Airmen and are prepared to safely release them if they cannot escape the simulated crash.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSICA WEISSMA







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FDIC







With base housing opened to public, security remains top priority

INOT AIR **FORCE** BASE, -- In June 2016, in an effort to increase the occupancy rate in base housing, Minot Air Force Base Homes initiated a program whereby non-DoD affiliated civilians may apply to lease a home residing on Minot AFB, on the installation. As part of the Air Force's housing privatization initiative, homes on Minot AFB are professionally managed by Balfour Beatty Communities.

The military housing privatization initiative

provides military families access to safe, quality, affordable, and wellmaintained housing on the installation. The priority for homes on base remains with active duty members and their families.

While there are currently no non-DoD affiliated civilians civilians residing in privatized housing on military installations is not uncommon. There are several Air Force installations that currently have successful processes allowing general public tenants to live on base.

Interested applicants will undergo an intense vetting process, to include pre-screening from Balfour Beatty Communities and an independent investigation with the 5th Security Forces Squadron prior to being considered for occupancy. According to Air Force Instruction 32-6007, paragraph 1.20.12, the Installation Commander "establishes local credentialing procedures for non-DoD affiliated persons applying for privatized housing. Commanders must ensure Federal Bureau of Investigation (FBI)

and OMB guidance is used by using the FBI National Crime Information Center (NCIC) as the authoritative database when conducting background checks."

Final approval for non-DoD affiliated civilians to reside in base housing rests with the installation commander. Minot AFB's mission and the safety and security of Airmen and families assigned to the base remain the top priority.

Operation SafeRIDE transitions to AADD

SENIOR AIRMAN APRYL HALL | MINOT AIR FORCE BASE PUBLIC AFFAIRS

INOT AIR FORCE BASE, -- Operation SafeRIDE. It's posted everywhere. It's on flyers and websites and brochures. It's heard during safety briefings every Friday before the duty day is over and the weekend festivities begin. We know what it is and how it works, but what does it stand for?

In an effort to help spread awareness, OSR will soon make the change to be called Airmen Against Drunk Driving, a program that is widely recognizable to Airmen

across the Air Force.

"A lot of career Airmen we have who PCS into Minot are more familiar with AADD, as it is a common program at many bases across the Air Force," said Staff Sgt. Shelby Gowler, 5th Bomb Wing Personnel Reliability Program representative and AADD public affairs officer. "We are hoping the change will make it more visible and recognizable to the military members coming to Minot."

In addition to the new name, the program will be revamped as a whole. Hours will be from 9 p.m. to 2 a.m. Thursday

through Saturday, which makes it easier to get volunteers for the twoman system.

"AADD is all about the wingman concept," said Senior Airman Erika Santos, an Airman assigned to the 5th Bomb Wing command post and AADD president. "For the safety of our volunteers and our passengers, two volunteers, a driver and a wingman, should be in the vehicles when picking up passengers."

Another initiative with AADD is to get the downtown community more involved. Local businesses have made numerous donations including vehicles, wireless internet and food for volunteers. Local bars are also getting involved with the program.

"Fifth 5th Bomb Wing and 91st Missile Wing leadership have gone out of their way to meet with the bar owners in Minot," Santos said. "Our AADD logo will now be featured inside the bars along with our business cards.'

After a little research, Santos discovered OSR was originally called AADD over 10 years ago. The name Operation SafeRIDE came about to get the message across that calling for a ride home didn't necessarily have to entail consuming alcohol. It was also an escape from an uncomfortable situation such as harassment or assault. The same rules

apply with AADD. "I think that the main reason OSR or AADD exists is to take care of our Airmen," Santos said. "I truly believe in the wingman concept, and AADD is an example of this."

Although the transition comes with a few new adjustments, AADD's sole purpose remains the same. The program provides options to all Airmen, and helps prevent potential destructive situations.

"Our program is meant for all Airmen in the Air Force regardless of rank," Santos said. "In the past three years that I have been on the council, I have seen OSR grow to get where it is today. Becoming AADD is just another way of reinventing ourselves and spreading awareness in the community."

While the phone number for AADD services remains the same (701-723-7233), the email address has changed. For those who wish to volunteer or request AADD services for an event, email minotAADD@ gmail.com

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FACEBOOK

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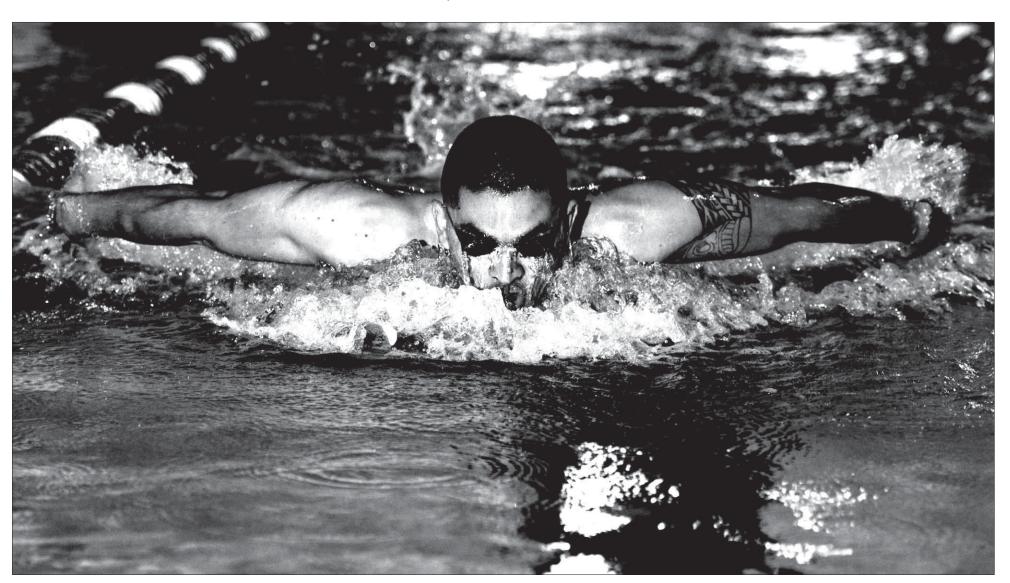


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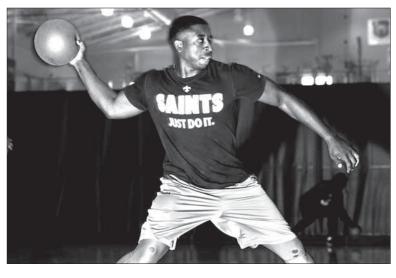
SUMMER GAMES 2016

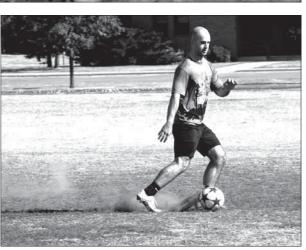
Team Minot Airmen competed in the Summer Games at the McAdoo Fitness Center at Minot Air Force Base, N.D., Aug. 30, 2016. Teams of Airmen from across both Wings faced off in soccer, basketball, water polo, dodgeball, beach volleyball, running and swimming relays and racquetball. The games also hosted individual challenges such as a slam dunk contest, bench pressing and dead-lifting.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG AND AIRMAN 1ST CLASS JONATHAN MCELDERRY

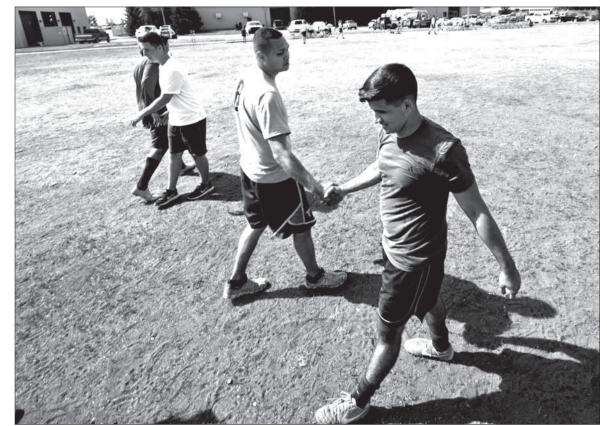














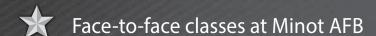




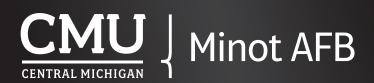








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What do

the 19th Chief of Staff of the Air Force,

the #1 NFL draft pick of 2013

and Minot Air Force Base

all have in common?

Central Michigan
University

Fall into September with North Dakota fun

NORTH DAKOTA LEGENDARY

Summer is winding down but September is full of adventure in North Dakota. Raise a glass (or beer stein) to the waning days of warmth at Oktoberfest. Soak in the sounds, colors and dance movements of a powwow. Bask in the glow of a star-filled sky during an astronomy festival. Or don your school colors and show hometown spirit at one of many homecoming events. To find more information about these activities, and for a complete list of events, go to NDtourism.com or call 800-435-5663 or 701-328-2525.

2016 GRANDowntown Street Fair Grand Forks: September 9-10

What's up is Downtown Grand Forks? More than 150 vendors will fill the streets, Town Square and Greenway park space with art, jewelry, clothing, crafts, music, food and fun during this inaugural event. Artist lineup features Rhyme or Reason, Boomtown, Sean Emery, and Joseph Bommersbach "Blind Joe". www.downtowngrandforks. org/street-fair; 701-746-4636

United Tribes International Powwow Bismarck: September 9-11

Come out for one of the highly awarded, premier cultural events in North Dakota. United Tribes International Powwow features more than 1,500 dancers and drummers from more than 70 tribes and regularly attracts around 20,000 spectators. www. unitedtribespowwow.com; 701-255-3285

Bakken X-Trek Williston: September 10

This terrain race is hailed as "MonDak's Filthiest 5K" and is back for another year to take full advantage of Williston's rugged geography. Extreme North Dakota (END) helped develop this challenging course that has participants running, crawling, wading and climbing their way towards the finish line. www.bakkenxtrek.com; 701-774-9041

Big Iron West Fargo: September 13-15

It will take a fast tractor and heaps of energy to visit all 900 exhibits at the largest farm show in the Upper Midwest but the Big Iron Farm Show tempts you to do it. Demonstrations, craft shows, seminars and more serve to educate farmers and ranchers from around the world about the latest innovation and

advancements in agriculture. www.bigironfarmshow.com; 701-282-2200

51st Annual Potato Bowl Grand Forks: September 13-17

It's the 51st year of the annual Potato Bowl so join this unique celebration of potatoes and football! Festivities include the World's Largest French Fry Feed, live music, fireworks and a parade. Cheer on the University of North Dakota as it plays the University of South Dakota on Saturday. www.potatobowl.org; 218-773-3633

Downtowners Street Fair Bismarck: September 16-17 Anointed the "Best of the Best" Festival in Bismarck, Downtowners Street Fair is back for another year of food and fun. More than 180 arts, crafts and food vendors offer handmade favorites, delicious eats and engaging activities in the heart of downtown Bismarck. Held in conjunction with the Autmnfest Parade on Saturday. Spend a day downtown. www. downtownbismarck.com; 701-223-1958.

Bismarck Marathon Bismarck: September 17 Kroll's Bismarck Marathon weaves through the Missouri River Valley and the cities of Bismarck and Mandan. Cheer runners from across the United States and Canada in this qualifier for the Boston and New York City marathons. www.bismarckmarathon. com; 701-220-9162

Octoberfest Jamestown: September 17

It's Octoberfest in North Dakota replete with beer, brats and lederhosen. Visit the Stutsman County Fairgrounds in Jamestown to commemorate German heritage. Don't miss the wiener dog race, musical entertainment and games. Attendees must be 21 years old. www.jamestownarts. com; 701-251-2496.

Pride of Dakota Harvest Showcase Dickinson: September 17-18

Shop from many Pride of Dakota members at the Harvest Showcase where you'll find unique products, including gourmet food, wine, art, jewelry, sporting goods, home décor, and pet items. www.prideofdakota. nd.gov; 701-328-2231

Wild Hog Weekend/Grand Forks Marathon Grand Forks: September 23-24

Put your sneakers on and grab some family fun with hog races and a 5K run/ walk. A 10K, half marathon and an inaugural full marathon are highlights of this event that also includes food and live entertainment. www.gfmarathon.com; 701-746-0444

Dakota Nights Astronomy Festival Medora: September

Marvel at the vastness of our universe and its countless twinkling stars while learning the secrets of the night sky from nationally recognized astronomers at the fourth annual Dakota Nights Astronomy Festival. Events take place in and around Theodore Roosevelt National Park. www.nps. gov/thro/learn/nature/ dakota-nights-festival.htm;

Oktoberfest Mandan Mandan: September 24

German-themed family fun abounds at Mandan's Oktoberfest in Dykshoorn Park. Polka bands, German food vendors, beer gardens, children's activities, adult games and a hay maze make this a not-to-bemissed fall favorite. www. mandanprogress.org; 701-751-2983.

Applefest Bismarck: September 24-25

For the 10th year, Bismarck's pioneer town of **Buckstop Junction comes** alive with entertainment for all ages. The event, which benefits the Bismarck Cancer Center, features live music, food and craft vendors, a range of children's activities and a fall festival tradition - an apple pie eating contest. www.applefest.org; 701-222-6119

NDSU Homecoming Fargo: September 26– October 1

Join a multi-day celebration of a Top 100 research university and its successful athletics program that consistently impresses the nation. Events include a parade, tailgating, a coronation, reunions and - of course - a football game! www.ndsu. edu/homecoming/; 701-231-8011.

Norsk Høstfest Minot: September 27-October 1

It's lefse, lutefisk, Vikings and all things Nordic. Don't miss out on uniquely Scandinavian delicacies and much more at North America's largest Scandinavian festival. www. hostfest.com; 701-852-2368

These are just a few of North Dakota activities and events taking place in September. For more information, go to NDtourism.com or phone 701-328-2525 or 800-435-

PRAIRIE ADVENTURES



"It's great to witness projects creating new partnerships and involving a lot of coordination hit the ground."

- Rachel Bush, North Dakota Pheasants Forever state coordinator.

rchery deer and dove seasons are already underway. Partridge and grouse seasons start Sept. 10. Following that, hunting kicks into full gear with the array of North Dakota's other abundant opportuni-

The state's residents enjoy one of the nation's highest per capita rate of hunter participation even with less than 10 percent of North Dakota in public ownership.

With private land producing most of the state's hunting places and spaces, as well at its wildlife, it underscores the importance of the role landowners play in supporting wildlife.

It also underscores the importance of conservation on private land and the critical need for conservation interests, hunters, and landowners to work together.

Healthy land benefits more than wildlife and hunt-

Healthy land benefits landowners.

Healthy land produces more and better crops, more and healthier livestock, and more wildlife.

Healthy land benefits everyone, regardless of whether or not they care about wildlife or where their food comes from.

That's why it's so important for conservation interests, hunters, and agriculture to work together because everyone needs healthy land.

Two recent examples of how those relationships can work successfully made North Dakota news earlier in August: In western North Dakota several conservation organizations, the N.D. Game and Fish Department, and a ranching family signed paperwork creating the state's largest contiguous block of PLOTS Private Land Open To Sportsmen. It includes habitat improvements along a creek that help producer, riparian habitat, and water quality alike.

However, because of the hefty price tag the project wasn't possible without sup-

port of several conservation organizations, including local southwest N.D. Pheasants Forever chapters, the Mule Deer Foundation, and others.

If hunters behave themselves and don't abuse the opportunity, they will have another 20,000 acres of private land to hunt for the next 10 years.

Farther east, some agricultural producers are taking advantage of a Delta Waterfowl program benefiting crop production, livestock, and waterfowl. The program, partially funded through the North Dakota Outdoor Heritage Fund, keeps vital seasonal spring duck breeding wetlands intact while allowing agricultural use once they go through their natural drying process later into summer.

Wetlands produce waterfowl and other shorebirds. However, their function is perhaps equally important to humans by acting as nature's water purifying system while reducing soil erosion and helping with flood protection.

Other conservation and landowner partnerships improve grasslands and soil health for livestock producers. That in turn, benefits deer, pronghorn, ducks, and upland game birds.

High tech capabilities through precision agriculture can save commodity producers money while creating more wildlife habitat if organizations such as local Pheasants Forever chapters can work with producers to establish habitat on less productive cropland acre-

The bottom line is that healthy grass and healthy soils benefit wildlife and humans.

In North Dakota, it's imperative those with an interest in grass, soil, livestock, food, wildlife, and wildlife habitat work together.

Is it possible in every situation?

No.

But when it comes together, it's a beautiful thing. For everyone.



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CROSSWORD PUZZLE

Back to School Shopping

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- 10 In a sec
- 14 Words to live by
- 15 PM Golda
- 16 Hardly believable
- 17 Nametag word
- 18 Back to school supply #1
- 20 Tax shelter
- 22 Shoot the breeze
- 23 Drunk
- **24** ... #2
- 30 Be a monarch
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- 36 Foreign dignitary
- 37 Author Austen
- 38 Tuscan city
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- 44 Liquefy
- 45 Acting Gardner
- 46 Chart fill 47 Flambé
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- **50** ... #4
- 53 Choose 56 Bando of baseball
- 57 Besides
- **58** ... #5
- 62 Dust Bowl-ers
- 66 Justice's garb
- 67 Gag reaction
- 68 Bit of color
- 69 Catchall abbr.
- 70 Put down 71 Bulrush, e.g
- 3 Zippo
- 5 Campfire treat
- 6 Rock blaster
- 7 Author Harper
- 9 Poet's land
- 10 Everything
- 11 Collars

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- 12 "Typee" sequel
- 21 Fragrant oil
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- 27 Done, in Dijon
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- 33 Time-stamp anew
- 34 "Well!"
- 35 Gold units
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- 38 Meet
- 40 Quiz **41** Starting point
- 42 Goat's cry
- 47 Writer Christie
- 48 Of a son
- 49 Chicago suburb

52 Genealogy

68

71

- 53 Grimm beast
- 54 Connive
- 55 Big brass
- 59 Moray, e.g.
- 60 Sorority letter
- 61 Actress Dennings
- 63 Hoosier st.
- **64** ___ roll 65 "I told you so!"





Odd Squad

DC Comics Suicide Squad is a crazy, colorful, over-stuffed mess

NEIL POND | PARADE MAGAZINE

The superhero summer gets a jolt of anarchy as a group of "metahuman" oddballs and outlaws commandeer the screen.

Based on obscure characters created by DC Comics, the Suicide Squad is a motley crew of death-row supervillains corralled by the government to combat threats too dangerous or deadly for ordinary defenses—like the "next" Superman, who might not be so people-friendly, or the slinky sorceress (Cara Delevingne) now building a doomsday machine to annihilate humanity—in exchange for lightened sentences.

Think The Dirty Dozen meets Guardians of the Galaxy, with a twist of Ghostbusters.

Will Smith is Deadshot, the world's most lethal assassin. Margot Robbie is Harley Quinn, a psychiatrist turned psycho by her bonkers boyfriend, the Joker (Jared Leto). There's also Aussie kleptomaniac Captain Boomerang (Jai Courtney), hulking human reptile Killer Croc (Adewale Akinnuoye-Agbaje, buried beneath a ton of rubbery prosthetics) and pyrotechnic homeboy El Diablo (a heavily tattooed Jay Hernandez).

Viola Davis is the ironfisted black-ops recruiter in charge of the squad. Karen Fukuhara plays Katana, a samurai whose sword contains the souls of everyone its ever slain. Joel Kinnaman is elite soldier Col. Rick Flag, who has a special—though convoluted tie to the Enchantress, the ancient, newly resurrected witch trying to destroy the world. Even Batman (Ben Affleck) and the Flash (Ezra Miller) drop in for cameos, as if they've casually wandered over from another movie.

Everyone has a backstory and a rockin' theme song. Harley gets a reworked version of the old Leslie Gore hit "You Don't Own Me,"

Creedence Clearwater Revival's swampy "Fortunate Son" plays for Killer Croc. and as Diablo's flames flicker in the night sky, we hear War's "Slippin' Into Darkness.'

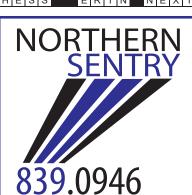
Writer-director David Ayer—who also directed the Brad Pitt WWII tank flick Fury and wrote Training Day, for which Denzel Washington won an Oscar—has a lot on his plate. Ultimately, the huge cast, unwieldy story and muddled, sometimes downright cheesy special effects become just too much—for him, and us—and everything crashes, smashes, mashes and finally collapses into a big, boom-y blob.

There are some things, however, to like about Suicide Squad. Leto's cackling Joker is an unhinged kick; you never know what he's going to do, how far he'll go or where. It's good to see Smith in a semi-supporting role where he can lay back in an ensemble but still unload some great quips. Davis is deliciously ambiguous as a high-ranking agent who'll do whatever it takes to do a dirty job. Robbie seems to be having fun as the wacko Harley, but her hyper-sexy shorty shorts, fishnet stockings, stiletto boots and smeared baby-doll makeup look like they came from a stripper's closet—or a fanboy's heated ComicCon dream—instead of a wacko supervillain's lair.

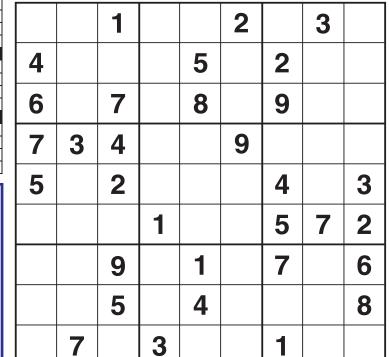
In the end, the movie is a hot mess—but a loud. star-packed, proudly trashy one. At one point, Harley and the Joker jump into an industrial vat of paint, then make out, rolling around and laughing like the nut jobs they are in the swirls of blue, red, yellow and green. That's pretty good snapshot of Suicide Squad as a whole: Stuffed full of everything, including itself, it's mad, mucky and yucky and doesn't make a lot of sense—but hey, look at all those crazy colors!

Solution to last week's Crossword puzzle.

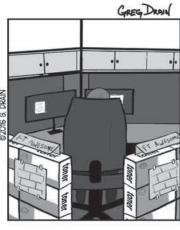
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Solution to puzzle on page 19







inot's original paint and wine

class, Paint the

Town Red, offered through

the Taube Museum of Art

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a double canvas image,

otherwise known in the

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instructors to guide you

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Myers! Both instructors

classes before. They will guide class participants

through their side of the

diptych, which is full of

vibrant colors, wine, and

movement. The canvases

for this Paint the Town

Red have been adjusted

to accommodate the two

hour time frame of the

have taught painting classes

for our Paint the Town Red

slight change from previous

classes; there will be TWO

art world as a diptych!



Cornbread Waffles with Pulled Pork



INGREDIENTS:

- 1 3/4 cup low-fat buttermilk 2 large eggs, separated
- 5 TBS canola or corn oil 1 1/2 cups all-purpose flour
- cup yellow cornmeal 3 TBS honey 2 tsp. baking powder
- 1 tsp. baking soda 1/2 tsp. kosher salt
- cup fresh or frozen corn kernels 8 cups pulled pork with BBQ sauce
- (I used store-bought) 2 cups shredded cheddar cheese
- 3 4 sliced green onions

INSTRUCTIONS:

Preheat waffle iron according to manufactures directions. In large measuring cup, combine the buttermilk, egg yolks, corn oil and honey. Set aside. In large bowl, combine the flour, cornmeal, baking powder, baking soda and salt. Pour the buttermilk mixture into the flour mixture and stir to combine. Let mixture sit for about 10 minutes to soften the cornmeal. Meanwhile, in medium bowl, with electric mixer, whip the egg whites to form stiff peaks. Fold the egg whites into the cornmeal batter. Fold in the corn kernels. Spray waffle iron lightly with cooking spray, and pour out about 1/3 cup of batter for each waffle and cook in iron to desired doneness. Repeat with batter until all used up. Keep waffles warm in low oven. Heat the pulled pork until warm, according to package directions.

To assemble meal, take one waffle and top with approximately 1 cup pulled pork mixture, 1/4 cup cheese and a sprinkling of green onions. Use two waffles for heartier appetites.

Apple Pie Bites

INGREDIENTS:

- 1/4 cup packed light brown sugar
- campaignIcon Coupons 1 teaspoon apple pie spice, and additional apple pie spice (about
- 1/4 teaspoon) for sprinkling on top of crescent rolls 3 tablespoons butter, melted
- 1/3 cup chopped pecans 1 small Granny Smith apple, cored and sliced into 8 (1/2-inch)
- 1 (8-ounce) can Pillsbury Original crescent rolls

INSTRUCTIONS:

Preheat your oven to 375 degrees F. Line a baking sheet with parchment paper. In a small bowl, combine brown sugar and apple pie spice. Set aside. Melt butter and toss apple slices in butter, set aside Arrange crescent roll triangles on baking sheet lined with parchment paper. Evenly distribute brown sugar mixture onto each triangle. Sprinkle each triangle evenly with the chopped pecans. Place an apple slice on the wide end of each triangle. Wrap crescent roll dough around each apple. Brush each crescent roll with remaining butter. Sprinkle lightly with additional apple pie spice. Bake for 10-12 minutes, or until golden brown. Cool for 5 minutes before serving.

Double your Art - Double your Fun!

September Painting Class **TAUBE MUSEUM OF ART**

class. Each participant will spend approximately 50-55 minutes with each instructor in order to complete their very own

diptych!

This special Paint the Town Red class will be held on Thursday, September 22, 2016. Doors open at 6:00 pm and painting will be from 6:30 to 8:30 PM. Also, different from our previous classes, this one will offer appetizers and cocktails with your ticket purchase. The cost for the class is \$40.00 for non-members and \$35.00 for members. Of course, this class also counts towards the Paint Perfect Rewards Program, where every 7 Paint the Town Red class, your 8th one is free! Class size is limited, so register early! To register for this special class or other Paint the

Town Red classes please visit www.taubemuseum. org and click on Paint the Town Red link to register and reserve your spot today.

Additional class dates: October 4, November 10, and December 8, 2016.

The proceeds from this event will support the Taube Museum of Art, a non-profit organization.

Normal Museum and Gift Shop hours are: Tuesday - Friday: 10:30 am - 5:30 pm and Saturday: 11:00 am - 4:00 pm. There is no charge for admission, but contributions are accepted to help the Taube Museum fulfill their mission of enriching lives through the visual arts.

Please contact Nancy F. Walter, Executive Director or Doug Pfliger, Gallery

Manager at 838-4445 for further information.

Exciting Children's Art Classes For Ages 9 Months and Beyond!

TAUBE MUSEUM OF ART

he Taube Museum of Art is officially kicking off its 2016-2017 year of Children's Art Classes, by offering a diverse range of classes for all ages, starting from 9 months. By following our mission of enriching lives



through the visual arts, we teach that art is an integral part of a child's learning process. There are so many developmental benefits such as developing hand and eye coordination, language development, decision making, visual learning, and even improved academic learning. To register for classes please visit www.taubemuseum. org/education.htm, call 701-838-4445 http:// www.taubemuseum.org/ education.htm, or stop by the museum during normal business hours.

* A Start In Art runs bimonthly from September to April, Tuesday or Wednesday at 9:30 am. Children listen to stories, receive visits from different zoo animals and work on related art projects. This program is designed for

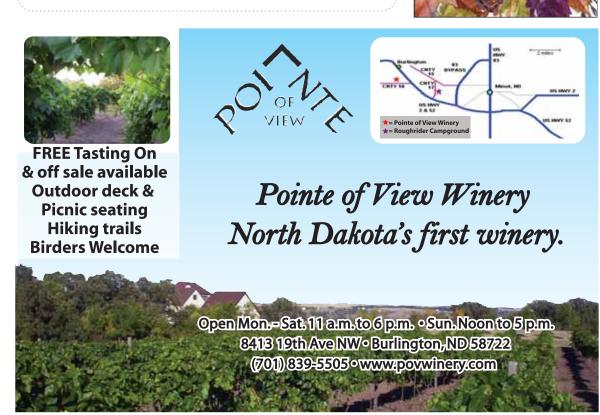
children between the ages of 9 months and 5 years.

* Art All Around is a step above your traditional art class, and is geared towards children who have an interest in further art exploration. Students will complete their own masterpiece during each session. Classes are held weekly on Thursdays at 4:00 pm.

* Goodnight, Art is a program where kids can wear their pajamas to the museum to listen to a bedtime story and create an exciting art project to take home. This class is suited for kids from 3-8 years old and runs from 7:00 - 8:00 pm bi-monthly on Mondays.

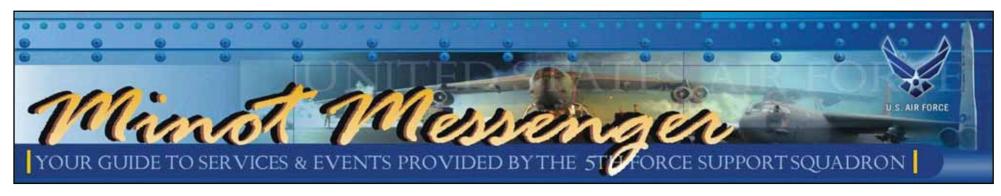
* Tour with Art Activity is an opportunity for large groups, daycare centers, or even classrooms to view the current exhibit we have on display and then participate in a related hands-on art activity.

See you soon at the Taube Museum of Art Education Classroom!

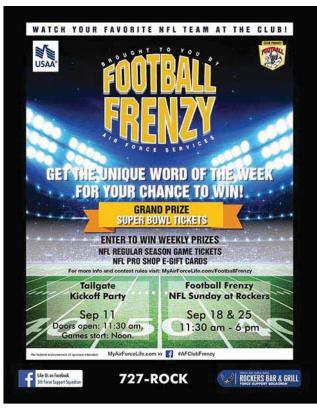








Air Force Club Membership And Football, A Winning Combination



Air Force Clubs throughout the world offer club members who participate in the Football Frenzy promotion chances to win NFL Game tickets, egift cards towards NFL gear valued at \$100 each, and at the end of the season, 2 lucky club winners will win a trip to Super Bowl 2017!

Club Members need only attend a Football Frenzy event at Rockers Bar & Grill on Sundays throughout the NFL season and enter online to be registered. A poster located at Rockers Bar & Grill will contain the MyAirForceLife Football Frenzy entry link and QR code which takes customers to the prize registration page. The poster also includes a "Word of the Week" which will be required to complete your online registration.

"Football Frenzy is a members' reward program," said Lt Joseph Smiley, Flight Commander, 5 FSS Sustainment Services Flight. "There are many reasons to be a club member and a once-ina-lifetime opportunity like this is just one of them."

In addition to the NFL game tickets, the club offers food and beverage discounts, specials and local prize giveaways during various Football Frenzy events. The promotion runs concurrently with the NFL season 11 Sep 16 through 5 Feb 17.

For more information on Football Frenzy, call or stop by J.R. Rockers at 727-ROCK or check us out at MyAirForceLife.com/AFClubFrenzy.

Pet Fair Offers A "Dog-Gone" **Good Time For Pet Lovers**

You never know what you'll see when you attend the annual Pet Fair. The event features more than simply cats and dogs as those attending often see guinea pigs, lizards, and more. Pet lovers of all kinds will enjoy the annual Family Pet Fair on September 10th from 10 a.m. to noon at Bud Ebert Park.

Again this year, the 5th Force Support Squadron has partnered with the Exchange to provide a great family outing designed for anyone who owns a pet. It provides a perfect opportunity to show off the furry members of your family with lots of great contests, prizes, and giveaways.

Owners may register their pet at the event in numerous contest categories including: Most Unique Name, Owner and Pet Look-A-Like, Best Dressed Pet, Most Unusual Pet Trick, Best Feline, Best Canine, and Best Unique Pet. Prizes will be awarded to contest winners.

A wide variety of pet supplies and products will be given away to attendees during this year's Pet Fair. You are also invited to visit various pet related booths.

The annual Pet Fair is sponsored by The Exchange and North Country Mercantile. No Federal



The Rough Rider Golf Course hosted the Stars & Stripes Scramble on Saturday, August 27th. The winning team of the First Flight was (left to right): Dennis Olliney, Nathan Carlson, Bill Large, and Derek Olliney. The tournament was sponsored by Morelli's Distributing Inc. No Federal Endorsement of Sponsor Intended.



Endorsement of Sponsors Intended. For more information, call FSS Marketing at 723-6707.



The winning team of the Second Flight during the Stars & Stripes Golf Tournament was comprised of (left to right): Ryan Derheim, Kevin Heilman, Mike Derheim, and Sean Anderson. The tournament was held at the Rough Rider Golf Course.

Football Frenzy Kicks Off With Tailgate Party On Sept. 11th



It's time to cheer on your favorite NFL team as Rockers Bar & Grill kicks off this year's Sunday football action with their Football Kick-Off Tailgate Party in the lounge on Sunday, September 11th. Doors open at 11:30 a.m. with the games beginning at noon. The event is free for club members and \$5 for non-members; adults only.

Enjoy great snacks and drink specials. Then catch all the action on the big screen or on one of the many televisions located throughout Rockers Bar & Grill.

For additional information regarding the Football Kick-Off Tailgate Party, call Rockers Bar & Grill at 727-ROCK



CLUB MEMBER DRAWING ON FRIDAY, SEPT. 9TH WILL BE FOR \$1,000.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The weekly club member drawing will be held at both the Jimmy Doolittle Center and Rockers Bar & Grill. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Sep 10 FREE Castle Capers

The Base Library invites children of all ages to their FREE Castle Capers event on Saturday, September 10th at 1 p.m. Meet dragons, princesses, and knights as well as enjoy stories and crafts. For additional information regarding the Castle Capers event, contact the Base Library at 723-3344.

Sep 12 Family Child Care Pre-Orientation Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC Pre-Orientation at the Family Child Care office on September 12th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For details, call the Family Child Care office at 723-6662.

Sep 15 Creative Kids Class

Spend the morning with your preschooler having fun creating a back-to-school apple craft during the Creative Kids class at the Arts & Crafts Center on Thursday. September 15th from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. Call 723-3640 for more information.



Air Force Ball Kids Night Out

The Youth Center is hosting a special Air Force Ball Kids Night out on Saturday, September 17th from 5-9 p.m. The event is open to both Youth Center members and non-members ages 5-12. Cost is \$40 per child and includes snacks, games, crafts, and more. Registration deadline is September 16th. Call 723-2838 for additional details.

Sep 9 Grill Your Own Steak Night

The Jimmy Doolittle Center invites you to their Grill Your Own Steak Night on September 9th from 5-7 p.m. Pick your own delicious ribeye steak (fresh cut to size), chicken breast, or portabello mushroom and cook it on the patio over a charcoal grill. Cost is \$1.50 per ounce for steak and \$4.50 for either a chicken breast or portabello mushroom. To make your meal even more delicious, the Doolittle Center is featuring a potato bar with all the fixin's, marinated salad, and garlic medallians. The potato bar is free for club members and \$7 for non-members. For more details, call 723-3731.

Sep 11 Retiree Scramble

The Rough Rider Golf Course is hosting the Retiree Scramble on Sunday, September 11th beginning at 9 a.m. Check-in for the tournament starts at 8 a.m. This 18-hole, four person scramble is sponsored by the Air Force Association and Tires Plus Total Car Care. No Federal Endorsement of Sponsor Intended. Entry fee for the tournament is \$30; green fees and cart rental not included. Registration is open now until the day of the event. the 723-3164 for more information.

For 5th Force Support Job Opportunities, visit www.nafjobs.org or call NAF Human Resources at 723-2812

YOUNG AIRMEN EVENTS & PROGRAMS

Sep 9 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on September 9th from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Sep 14 Single Airmen Slice Night

Single Airmen (E-4 and below) are invited to join Rough Riders on Wednesday nights from 5-9 p.m. for Single Airmen Slice Night. Single Airmen can purchase any available slice of pizza for just \$1 per slice; limit 4 slices of pizza per person. Offer is available to all single Airmen (E-4 and below); must show military ID to receive discount. Enjoy delicious pizza at a very affordable price. For additonal more information, call at Rough Riders at 727-4377.

Sep 15 Single Airmen Wingman Night

Calling all single Airmen! Rockers Bar & Grill is hosting Single Airmen Wingman Night every Thursday from 5-7 p.m. Single Airmen can choose a basket of wings spun in their choice of sauce with one dipping sauce for only \$5; price includes drink. For more details, call Rockers Bar & Grill at 727-ROCK.

Sep 22 Off-Base Budget Class

Planning to move off base? Do you have a functional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on September 22nd from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LES and have knowledge of their bills. Class size is limited; call the Airman & Family Readiness Center at 723-3950 to register or for more information.









MORE BENEFITS TO HELP BRING YOU PEACE OF MIND.

USAA provides more benefits to military members than any other financial services provider, so you can rest easy knowing you're covered.

The Family Deployment Preparation Checklist helps get you and your family ready.



>> VISIT USAA.COM/SERVING FOR A FULL LIST OF THE BENEFITS.

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WE'RE OPEN

Sanford Health Northwest Clinic

There are now two convenient locations for the people of Minot and surrounding communities to receive expert care. Sanford Health Northwest Clinic is now open to care for all your family medicine and specialty care needs.

Sanford Health Northwest Clinic offers family medicine and specialty services including:

- Adult and pediatric cardiology
- General surgery
- Medical oncology
- Neurosurgery
- Orthopedics Podiatry

Sanford Health Northwest Clinic

Monday – Friday, 8 a.m.-5 p.m. 1500 21st Ave. NW, Minot ND (701) 418-4300

Sanford Health family medicine clinic services.

SANF**∌**RD

Purwa Joshi, MD

FAMILY MEDICINE

Trinity Health is pleased to announce that Purwa Joshi, MD, has joined our Family Medicine team. Dr. Joshi is dedicated to serving the health needs of adults and adolescents, with an emphasis on women'shealth, diagnosis and treatment of illnesses and injuries, managing chronic conditions such as diabetes and high blood pressure, and educating patients on self-care and lifestyle changes to prevent disease.

Medical Education:

- Doctor of Medicine, Ryazan State I.P. Pavlov Medical University in Russia
- Internship, Seth G.S. Medical College & K.E.M. Hospital in Mumbai, India
- Family practice residency, University of North Dakota School of Medicine and Health Sciences, Northwest Campus, in Minot
- · She and her husband, Dr. Gaurav Bansode, have an 8-month-old son.



Appointments and Consultations: Call 857-7383 or 1-800-598-1205

TRINITY

Health Center – Medical Arts, 5th Floor 400 Burdick Expy. E • Minot, ND 58701

Have a question? Download our app today: trinityhealth.org/mobile



MAFB BATTLE OF THE BADGES **BLOOD DRIVE**

Friday, September 30 9:30am - 3:00pm

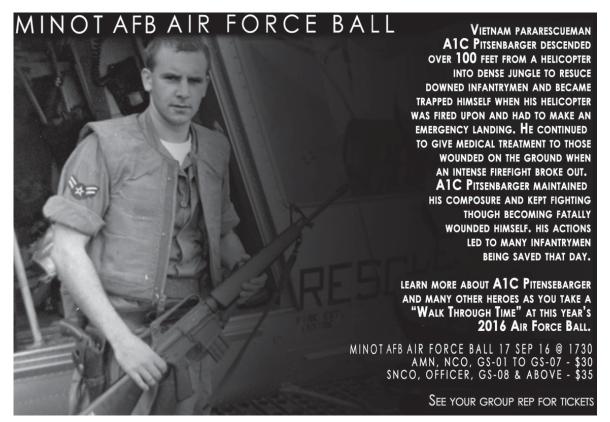
~ Base Fire Dept. at 896 Flightline Drive ~

For an appointment call 720-635-9347



Please bring photo ID and donor card. Free cholesterol testing with every donation!

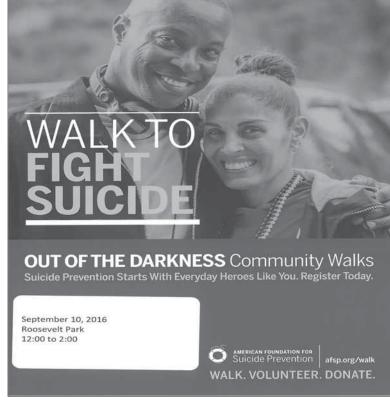














Rough Rider of the



What did you do before you joined the Air Force

Student at Wichita State University and photo technician at Walgreens.

Hobbies or Interests

Working out, shopping, traveling, spending time with family and friends.

Most life changing experience Joining the Air Force

Where do you see yourself in 10 years

If not still in the Air Force I will be persuing a job in the business world using my degree. Either way, I see myself still with my husband and hopefully being a mother as well.

If you could have one special talent, what would it be

Read people's minds



Favorite quote 'If you can dream it, you can do it." -Walt Disney

TODAY

- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Warbird Tactical Fitness, 0600, Fitness Center
- Fit Family Boot Camp, 0930, Fitness Center Cycle/CORE, 1130, Fitness Center
- Swim Lesson Registration, 1600-1800, Indoor
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
 - Torch Club Meeting, 1700-1800, Youth Center
- Grill Your Own Steak Night, 1700-1900, Jimmy Doolittle Center
- Club Membership Cash Drawing, 1730-1830, Rockers Bar & Grill/Jimmy Doolittle Center
- Family Movie Night, 1800-2000, Jimmy Doolittle Center
 - Family Color Run, 1800-2000, Youth Center
- Keystone Club Meeting, 1800-1900, Youth Center
- Give Parents A Break, 1800-2200, Child Development Center/School Age Program
- Wine & Paint Class, 1830-2030, Arts & Crafts
- Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2000-2300, Rough Rider Lanes

SATURDAY

- Historical Medora Musical Trip, Departs 0700,
- Pet Fair, 1000-1200, Bud Ebert Park
- Fall Fitness Sampler, 1000-1200, Fitness Center
- Minot vs Grand Forks Match Play, 1100, Golf Course
 - Chess Club, 1100, Base Library
 - Castle Capers, 1300, Base Library
 - Base Skate, 1600-1800, Youth Center
- Super Saturday Family Activity, 1800-2000, Youth Center
- Saturday "Bowl the Night Away" with Lights and Strikes, 2000-2300, Bowling Center
- UFC Fight Night UFC#203 Miocic vs Overeem, 2100, Rockers Bar & Grill

SUNDAY

- Air Force Retiree 4 Person Scramble, Shotgun start 0900, Golf Course
- Football Frenzy Tailgate Kick-Off Party, 1130, Rockers Bar & Grill
 - Sunday Escapes Book, 1300, Base Library
 - Zumba, 1400, Fitness Center

MONDAY

- Youth Tumbling Classes, Every Mon, Various Times, Youth Center
 - Warbird Tactical Fitness, 0600, Fitness Center
 - Fit Family Boot Camp, 0930, Fitness Center
- Federal Resume Workshop, 1000-1130. A&FRC
 - Fit to Fight, 1100, Fitness Center
 - Reintegration Training, 1300-1400, A&FRC
- Intro to Saving & Investing, 1500-1600, A&FRC
 - H2O Fitness, 1630, Indoor Pool
 - Zumba, 1730, Fitness Center
- Key Spouse Monthly Meeting, 1800-2000,
- A&FRC, Held at the Jimmy Doolittle Center • FCC Pre-Orientation, 1800-2000, Family
- Child Care Office Inside Rough Riders
- Learn on the Course, Every Mon, 1800, Golf
 - Yoga, 1830, Fitness Center

TUESDAY

- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
 - Warbird Tactical Fitness, 0600, Fitness Center
- VA Career Technical Training, 0800-1600, A&FRC, Held at the Education Center
- Pre-Separation Counseling, 0830-1130,
 - Game Day, Every Tues, 1000-1930, Library
 - Yoga, 1130, Fitness Center
 - Running Clinic, 1430, Fitness Center
- Swim Lessons, 1600-1900, Indoor Pool • Family Fun Night, Every Tues, 1700-2100,
- Rough Riders Pizza
- Jiu Jitsu Training, Every Tues, 1800-1930, Fitness Center, (18 years & older)
 - Urban Boot Camp, 1830, Fitness Center
 - Cycle, 1930, Fitness Center

WEDNESDAY

- Youth Karate and Tumbling Classes, Hours vary by age, Youth Center
 - Warbird Tactical Fitness, 0600, Fitness Center

- Right Start, 0730-1200, A&FRC, Held at the Jimmy Doolittle Center
- VA Career Technical Training, 0800-1600, A&FRC, Held at the Education Center
- Club Member Benefit, Every Wed, 0900-1400, **Bowling Center**
 - Fit Family Boot Camp, 0930, Fitness Center • Story Time, Every Wed, 1030, Base Library
- Parent Advisory Group Meeting, 1100, Child Development Center
- Lunch Time Pickup Basketball, Every Wed, 1100-1300, Fitness Center-Court B
 - Fit to Fight Cycle, 1100, Fitness Center
 - Fit to Fight CORE, 1130, Fitness Center
- New Parent Orientation, 1200, Child
- Development Center Pre-Deployment Readiness Training, Every
- Wed, 1400-1500, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
 - Cycle, 1630, Fitness Center
 - H2O Fitness, 1630, Indoor Pool
- Single Airmen Slice Night, Every Wed, 1700-2100, Rough Riders Pizza
 - Zumba, 1730, Fitness Center
- Jiu Jitsu Training, Every Wed, 1800-1930, Fitness Center, (18 years & older)
 - Yoga, 1830, Fitness Center

THURSDAY

- Youth Center Dance Classes, Every Thursday, Various Times, Youth Center
 - Warbird Tactical Fitness, 0600, Fitness Center Interview Skills Workshop, 0900-1000,
 - Creative Kids Class, 1030-1100, Arts & Crafts
- HIIT Circuit + Core, 1100, Fitness Center Reintegration Training, Every Thurs, 1300-1400, A&FRC
 - Swim Lessons, 1600-1900, Indoor Pool
- Single Airmen Wingman Night, Every Thurs, 1700-1900, Rockers Bar & Grill
- Members 2 For 1 Burger Night, Every Thurs, 1700-1900, Rockers Bar & Grill
 - Zumba, 1730, Fitness Center
- Jiu Jitsu Training, Every Thurs, 1800-1930, Fitness Center, (18 years & older)
 - Hard Core Strength, 1830, Fitness Center
 - Cycle/ CORE, 1930, Fitness Center

UPCOMING EVENTS - SEPT. 16

- Last day to register for the AF Ball Kids Night Out at the Youth Center
- Youth Center Dance Classes, Every Friday, Various Times, Youth Center
- Warbird Tactical Fitness, 0600, Fitness Center
- Fit Family Boot Camp, 0930, Fitness Center Cycle/CORE, 1130, Fitness Center
- Friday Fun Members Buffet, 1630, Rockers
- Torch Club Meeting, 1700-1800, Youth Center Club Membership Cash Drawing, 1730-1830, Rockers Bar & Grill/Jimmy Doolittle Center
- Keystone Club Meeting, 1800-1900, Youth
- Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2000-2300, Rough Rider Lanes

UPOMING EVENTS - SEPT. 17

- Play the Course Backward, Shotgun start 0900, Golf Course
- Base Skate, 1600-1800, Youth Center
- Air Force Ball Kids Night Out, 1700-2100, Youth Center
- Super Saturday Family Activity, 1800-2000, Youth Center
- Saturday "Bowl the Night Away" with Lights and Strikes, 2000-2300, Bowling Center

ONGOING EVENTS

- Murder Mystery Dinner & Theater, Come out to an interactive dinner and show featuring the "Altos...like the Sopranos only lower." Dress in your best Soprano style attire for a chance at prizes and the title of "Best Dressed." Advance tickets on sale now for \$10 at the Jimmy Doolittle Center. Tickets will be available at the door for \$15.
- Indoor Pool Parties, Make your reservation for a party at the Indoor Pool! Times available: Friday 1800-2000 & Saturday 1000-1200 & 1500-1700. Each 2 hour party is \$75 for up to 30
- Pizza Delivery Option, Starting September 9th, Rough Riders Pizza will be offering delivery to on base housing, including the dorms. The delivery minimum is just \$10 plus a \$2 delivery

- charge. Delivery will only be available Fridays & Saturdays from 1700-2100.
- Trapped in Bismarck, The latest craze in puzzles is here. Can you solve the riddles and escape the room in under an hour? Get discounted tickets to Trapped in Bismarck at the Information, Tickets, & Travel office –inside the Base Exchange. Select times available. Call 723-6669.
- Rough Riders Monthly Pizza Special. September Special – Taco Pizza. Taco sauce, ground beef, mozzarella, & cheddar cheese on a fresh baked crust topped with fresh tomatoes, crisp lettuce, and crunchy tortilla chips. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Panino Meal - Taco Sandwich - Ground beef, mozzarella, cheddar cheese, topped with lettuce & tomatoes. Served with taco sauce. \$8.25 meal – includes side & drink
- B-Fifty Brew Drink Specials. Hot Butterbeer Latte – Tasty caramel sauce with toffee nut syrup, warmed with steamed espresso and topped with whipped cream and a sprinkle of cinnamon. Tall \$4.50 Grande \$5.00 Venti \$5.45
- Auto Hobby Monthly Special. September 1st-15th – Pay for 2 hours stall use and receive 1 hour stall use FREE. September 16th-30th – Buy oil & oil filter from Auto Hobby & use a stall for FREE for 1 hour.

PARK UNIVERSITY FALL 2016 REGISTRATION IS NOW OPEN!!

Park University's Fall 11 term (Oct 15, 2016 -Dec 11, 2016) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. We look forward to seeing you!!!

MINOT OFFICER SPOUSES CLUB

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/ little-clubs.html

EMBRY-RIDDLE AERONAUTICAL

UNIVERSITY is now registering for the Fall 2016 term (8 Sept-9 Nov). To sign up for Undergraduate and Graduate courses please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu . If you have any questions, please call 701-727-9007.

AIR FORCE SGTS ASSOCIATION, **CHAPTER 959, GENERAL MEMBERSHIP MEETING GENERAL**

MEMBERSHIP MEETING takes place on the Second Tuesday of each month at ROCKERS at noon (1200hrs). The Air Force Sergeants Association (AFSA) is a federally chartered nonprofit organization representing the professional and personal interests of active duty, retired, and veteran Total Air Force and their families. Please join us as we discuss Base and Community events and current legislation. Officers, enlisted, civilian, dependent, Active Duty, Veterans, and Retired--All are welcome! Like us on Facebook at www. Facebook.com/MinotAFSA. We post any meeting changes, important news, events, and volunteer opportunities on our page. If you have questions, please contact us via email at AFSACh959@gmail.

CENTRAL MICHIGAN UNIVERSITY AT MINOT AFB

CMU specializes in master level degrees. The Fall II term for face-to-face starts 10/24-12/16/2016. Classes only meet Fridays, 5-10pm and Saturdays 8:00am-3:30pm. Online classes starts 10/21 to 12/10. CMU offers a military discount to active duty, spouses, federal employees, and veterans. We are always looking for local instructors in the Minot area. The candidates must have a Ph.D. or a terminal degree. If you have any questions

or want more information about our programs or faculty opportunities, please stop by the office M-F: 8am-4:30pm located at the Education Building, 156 Missile Ave. #219, or call us at 701-727-5535 or email minot.afb@cmich.edu.

MINOT ENLISTED SPOUSES CLUB

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

EXPECTANT AND BREASTFEEDING

MOTHERS We meet the 2nd Thursday of each month at 10AM at the Rough Rider's Golf Course Meeting Room. Please check our facebook page LLL of Minot for last minute meeting updates and changes. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. Babies and children welcome. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLofMinot.

MAIN STREET BOOKS STORYTIME -

An interactive storytime with songs, rhymes, puppets and books. Every Wednesday and Thursday morning at 10:00 a.m. for birth - 4yrs and 11:00 a.m. for 4 yrs+. All ages welcome. Each storytime 30 minutes long. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

MAIN STREET BOOKS 1ST SATUR-

DAYS STORYTIME – A weekend storytime for families. Once a month on the 1st Saturday of the month there will be a specially themed storytime at Main Street Books that will be interactive with songs, rhymes, puppets and books. The 10:00 a.m. storytime is 30 minutes long and is geared for birth - 4 yrs, but all ages are welcome. Main Street Books, 8 South Main Street, Minot. 701-839-4050; www.mainstreetbooksminot.com

MAGIC DAY OF GIVING 9/09/2016 8:30 AM

Magic Day of Giving is the largest single-day community service event completed by the residents of the City of Minot and greater Minot area. Volunteers will rake, paint, pick up garbage, build shelves, wash windows, improve local parks and much more! Join us in giving back to the Magic

GIRL SCOUT CARNIVAL 9/09/2016 5:30 PM

Your invited to Camp Owetti inside Minot's Oak Park Friday September 9th for a Girl Scout Carnival! Join the fun with Carnival Games for the kids and a vendor show for Mom and Dad! Plus find out all that girl scouting has to offer from adult volunteer opportunities to becoming a Girl Scout. Don't miss the fun 5:30 to 7:30 Friday September 9th Camp Owetti inside Minot's Oak park!

SERTOMA BEERFEST 9/09/2016 6:00 PM

Sertoma Beerfest 2016 will be taking place September 9th starting at 6:00pm sharp at the State Fair Center. This will be a taste test of some of the best brews around! There will be door prizes, food, fun and much more! Details regarding ticket sales and costs will be announced soon. Proceeds from the event are used to benefit hearing and speech initiatives of the Minot Sertoma Club.

RTL OPEN MIC NITE 09-09-2016 07:00 PM - 09-09-2016 09:30 PM

Founded with the spirit of Rock the Leaves Music Festival, musicians and music lovers alike have built a burgeoning artist movement through RTL Open Mic Nites, where artists of a wide array of disciplines share their God-given talents in an intimate stage setting. Several artists that have been featured at Beardstock and Rock the Leaves were a product of the series formerly called Share Your Shine Open Mic Nites. While the name has now been shortened, the movement continues to grow, cultivating a home for all ages to share and celebrate talent.

WESTERN PLAINS OPERA PRES-ENTS: RIGOLETTO 9/09/2016 7:30

Minot's own Western Plains Opera Company is producing the Giuseppe Verdi's tragic masterpiece, Rigoletto, featuring an internationally acclaimed cast. A father's struggle to protect his daughter from outside evils manifests in a most devious manner when a womanizing duke captures her heart. Unfortunately, a curse will exact a toll from these characters in a most tragic ending. For tickets: Visit: www.wpopera.org Call: (701) 858-3185

OUT OF THE DARKNESS COMMU-NITY WALK 9/10/2016 11:30 AM

Roosevelt Park. American Foundation for Suicide Prevention will host a 3 mile walk. This event is open to the public. Registration is free with the option to raise money for research, education, public policy and suicide prevention.

COMMUNITY ROLL-A-THON 9/10/2016 12:00 PM

Minot Bark Park and Burlington Loop. Day will start with a "Roll-A-Thon". Two different lengths for people to sign up for, both starting and ending at Bark Park. Everyone must be on wheels of some sort to participate (bike, skate, stroller, skateboard, ect). Paid entry fee into Roll-A-thon. After completing the wheel portion, there will be a hosted BBQ and block party at the Bark Park. This part of the event is open to everyone for a free will donation. All Proceeds will be donated to the Domestic Violence Crisis Center.

THE ADDICT'S MOM LIGHTS OF HOPE 2016 9/10/2016 4:00 PM

Roosevelt Park Band Shelter. September is National Recovery Month! Our traditional Lights of Hope will be held on September 10th and this event is our opportunity and our right to honor and support our loved ones in their respective stages of recovery.

ROLLER DERBY 9/10/2016 7:00 PM

North Dakota State Fairgrounds. Nodak Knockouts v Gapland Rollers (SK) Doors open at 6:00pm, bout starts at 7:00pm ADULTS: \$10 in advance, \$12 at door CHILDREN: (6-12 yrs old) \$5 in advance, \$7 at door Children 5yrs and under FREE Advanced tickets available online and at Souris **River Brewing**

RIGOLETTO 9/11/2016 3:00 PM

Ann Nicole Nelson Hall, Minot State University Western Plains Opera Company presents Giuseppi Verdi's Rigoletto in the magnificent Ann Nicole Nelson Hall at Minot State University. Rigoletto is an opera where we will see a father's struggle to protect his daughter from outside evils manifest in a most devious manner when a womanizing Duke captures her heart. Unfortunately, a curse will exact a toll from these characters in a most tragic ending. Tickets available online at www.wpopera. org or by calling the box office at 701-858-3185.

HEALTHY HEARTS BRUNCH SYMPOSIUM 9/12/2016 9:00 AM

Holiday Inn Riverside. The Healthy Hearts Brunch Symposium will feature presentations from Trinity Health cardiologist, Dr. Emad Dodin, and Trinity Health Stroke/Stemi Coordinator Jerilyn Alexander. A delicious yogurt parfait buffet will be served. Tickets are \$15 and can be purchased at the Trinity Hospital Gift Shop or by calling Sherry at 701-857-5221.

MAKER MONDAY 09-12-2016 10:30 AM - 09-12-2016 11:00 AM

Minot Public Library. Maker Mondays will continue this fall for all independent children ages 3-6. This is a story/ activity program which will be held Mondays at 10:30 am. Topics for the weekly program are as follows: September 12- Popsicles September 19-Cookies September 26- Popcorn October 3- Pete the Cat October 10- Little Red Hen October 17- Apples October 24- Elephant and Piggie October 31-Halloween November 7- Where the

Wild Things Are November 14- Farms and Barns November 21- Turkey Turkey November 28- Cupcakes December 5- Here Comes Santa

HEALTHY HEARTS GOLF SCRAMBLE 9/12/2016 12:00 PM

Vardon Golf Club. Great hole-in-one prizes including \$20,000 in cash, roundtrip airline tickets for 2, a set of irons and a flatscreen TV. One lucky participant will get a chance to shoot a long-range put and win \$2,500. The scramble is open to both men and women, with 4 individuals making up a team. The cost per team is \$500 and includes 2 golf carts. Registration begins at 11 a.m. To sign up, call Sherry at 857-5221 or Jordan at 857-7841.

SIDE BY SIDE STORIES 09-13-2016 10:00 AM - 09-13-2016 10:30 AM

Minot Public Library. Side by Side stories will be held Tuesdays at 10:00 am for children accompanied by parents or other caregivers.

LEGO CLUB 9/13/2016 7:00 PM

Minot Public Library. The LEGO Club will meet the second Tuesday of the month at 7:00 PM in the Imagination Station of the Minot Public Library. Children ages 4 and up are invited to come build

WHIMSICAL WEDNESDAY 09-14-2016 10:30 AM - 09-14-2016 11:00 AM

Minot Public Library. Whimsical Wednesdays, a puppet story time will be held on Wednesdays at 10:30 am for independent children ages 3-6.

BABY PLAY 09-16-2016 10:00 AM -09-16-2016 11:00 AM

Minot Public Library. Baby Play is a story time and sensory play activity for children ages 12 months to 3 years of age and their caregivers. There will be stories with an opportunity for children to play after the story time.

COLOR ME HAPPY COLORING CLUB 9/17/2016 1:00 PM

The Minot Public Library is excited to begin offering a coloring club for adults! The club will meet the third Saturday of every month from 1:00 pm -2:30 pm. The Color Me Happy Coloring Club gives grown-ups an opportunity to unwind and take part in some childlike fun. MPL will provide all the supplies you need to relax and get creative, but you are welcome to bring your own. No registration is necessary; for more information please call 852-1045.

MINOT FLEA MARKET 9/17/2016 8:00 AM - 9/18/2016 3:00 PM

We have antique furniture, beautiful carved wood figures large and small, oddities of all sorts, comic books, toys, board games, books, stencils, tools, purses, jewelry, cleaning products, as well as baked goods, honey, jam and jellies, and much more. We're open Saturday 8 am-4 pm and Sunday 10 am-3 pm and located at the North Dakota State Fair Center.





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Join a Registered Dietitian for a small group grocery store tour!

The Original Marketplace Foods 1930 South Broadway, Minot September 13 • 2-3 p.m.

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RSVP by September 12. Space is limited! Please reserve your spot today! Call 857-5268



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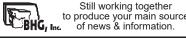
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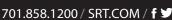












CHURCHDIRECTORY

Little Flower Catholic Church

800 University Avenue West 838-1520

Mass Schedule

Saturday 5:30 pm Sunday 9:30 am

Through Labor Day weekend.

Fr. Fred Harvey, Pastor www.littleflowerminot.com





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Sundays:

Morning Worship...... 10:00 a.m. Sunday School 11:15 a.m.

Wednesdays:

Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons.

Pastor DeVawn Beckman • revdev@srt.com



Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am



Classes Starting November 4th, 7:00pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org

Faith United Methodist Church

5900 Highway 83 N, Minot

www.faithumcminot.com

Rev. Debra Ball-Kilbourne

Sunday School (All Ages): 9:30 a.m. Worship Services: Sunday 11 a.m. Wednesday: 5:15 p.m.

Minot **Baptist Church**

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Sunday School	9:45 a.m.
Morning Worship	
Evening Worship	6:00 p.m.
Wednesday Evening	7:00 p.m.

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Sunday School .		11 a	a.m.
Sunday Worship		11 a	a.m.
Tuesday Lunch			
Diblo Study	11 a m	1,	n m

Bible Study 11 a.m. - 1 p.m.

Wed, Youth Classes 6:30 - 8:30 p.m.

Welcome to the **Minot Church of Christ** 1315 1st St. NE

Sunday:

Bible Classes	9:30 a.m	١.
Worship 10	:30 a.m 5 p.m	٦.

Wednesday:

Bible Classes 7 p.m.

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Carlyle Roth, Pastor

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Broadway (Congregational Church of Christ Building) 701-460-6321

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Sunday Fellowship 9:15 am

Wednesday Worship......6:45 pm

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Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv

Pastor Janet Hernes Mathistad

Pastor Gerald Roise

Sunday School ..

.....9:30 am

Apostolic Faith Church, UPCI

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Saturday School 2:	00 p.m.
Sunday Worship 3:	30 p.m.
Wednesday Bible Study7:	30 p.m.

Jesse Starr, Pastor

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Tuesday 7 p.m.

Wednesday - Friday 9 a.m.

Sunday 8 & 10:30 a.m.

Fr. Dave Zimmer, Pastor

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the Apostle

Catholic Church

Saturday



852-4853

Saturday Worship	5:30 pm
Sunday Worship	9:30 am



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www.calvaryofminot.com

Sunday School	9:00 am
Sunday Worship Service.	10:00 am
Wednesday Prayer	6:30 pm
Wednesday Youth Group	· ·
(grade 7-12)	6:30 pm

Minot, ND 58703

701-852-0670

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Church
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Sundays:

Worship......8:30 a.m. & 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m.

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www.ourredeemers.org



Pastor Taryn Montgomery Pastor Alex Hoops

Saturday Worship5:00 pm Sunday Worship.8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Education......6:00 pm

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> www.minotcrbc.org email: crbc@srt.com

415 28th Ave SE (Behind Menards) 838-1873



1105 16th St. NW • 839-1407

Sunday School	9:30 a.m.
Sunday Worship	10:30 a.m.
Children's Church	10:30 a.m.
Wednesday Family Training	Hour 6:30 p.m
Wednesday Kids on the Roo	k 6:30 p.m.
Youth Center, Friday	7:00 - 11:00 p.m.

ABC Child Care & Pre-School Center 852-6352

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Sunday School	9	a.m.
Worship Service		
Wednesday Supper	6:15	p.m.
Adult/Youth Bible Study		
Kids Club	7	p.m.

Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com

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Sunday Worship	10:30 an

Pastor Gregg S Smith www.gracefellowshipatburlington.com



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& Fellowship9:00 a.m. Worship 10:45 a.m.

www.trinitychurchminot.org

First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org

Classic Worship Service	.8:30 a.m
Adult Sunday School	9:45 a.m
Contemporary Worship Service	9:50 a.m
Children's Church	9:50 a.m
Sunday School (All Ages)	11:00 a.m
Contemporary Worship Service	11:05 a.m
Wed AWANA (Sent to May)	6:30 n m

Rev. Kent Hinkel, Senior Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

Immanuel Baptist Church

1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.

Wednesdays:
Soup Kitchen 11:30 a.m 12:30 p.m
Family Supper 5:45 p.m
Classes for all ages 6:30 p.m
Adult Choir (as scheduled), 8:00 p.m

Brian T. Skar, Pastor www.ibcminot.org



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Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

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Sunday School	10:30 a.m
Sunday Evening Worship	5:30 p.m
Wednesday Worship	7:00 p.m

(701)852-5399 www.dakotabaptistchurch.com Email: dbchurch@srt.com **Pastor: Jeremy Jacob**



1800 Hiawatha St. 852-1872

Saturday Worship 5 p.m. Sunday Worship... 8:30 a.m. & 11 a.m.

John Streccius, Pastor Nathan Mugaas, Pastor

First Assembly of God 1805 2nd St. SE 838-1111

Sunday School10 a.m. Morning Worship11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night...... 7 p.m.

Morning Worship8:30 a.m.



Vincent United Methodist Church

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Pastor Ray Baker www.vincentumc.com

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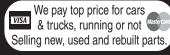
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For More Info: Fenced yard, deck and attached garage.

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MLS #160679

MLS #1610358



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MLS #161812

Shanel Effertz

833-9718

ne<mark>l</mark>@minothomes.com



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GREAT BUY - Could be a 2 bedroom home with rental income or convert it to a 5 bedroom, 2 bath, 1 1/2 story family home Attached garage has shared driveway with neighbor. Large lot and shed. For More Info: TEXT TO: 63975 MSG: WATNE62

MLS #161794



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\$49,900

ADORABLE – Modern, open floor plan in this 3 bedroom, 2 bath remodeled mobile home. Large dining room, kitchen with lots of cabinet space, pantry and island. Master suite has 2 closets and bath. Fenced yard and storage shed. For More Info: TEXT TO: 63975 MSG: WATNE3

MLS #161795



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northernsentry **Paper Locations**

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- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Country Inn & Suites | 1900 22nd Ave SW • Scissors Edge | 1609 S Broadway St
- Watne | 408 N Broadway
- 1st Minot Management | 217 Main St S
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7	3	4	5	2	9	8	6	1
5	1	2	8	7	6	4	9	3
9	8	6	1	3	4	5	7	2
3	4	9	2	1	8	7	5	6
1	6	5	9	4	7	3	2	8
2	7	8	3	6	5	1	4	9

Answers to puzzle from page 9

HOME LOANS

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\$309,900



1st Minot Realty

Very nice solid built Ranch style home with ove 1700 sq. ft. on each level! This home features 3 arge bedrooms, 3 bathrooms, heated garage and is on a corner lot. There are so many extras that come with this home. Call Tamie Dunn at 720-1723 #161819

\$164,900



2 bathrooms / 1 car garage. No basement, verything on one level (no steps), with main floor laundry. Open concept with living room, dining oom, and kitchen. Call Clyde Thorne at 240-8594.

\$224,900



Newly painted exterior on this nice 4 bedroom, 2 bath, split foyer home in NW Minot. New flooring in kitchen, dining room, both bathrooms, and entryway. 3 bedrooms on the upper level with a master bedroom and master bath. Call Lori

\$185,000



Check out this great 2 bedroom, 2 stall garage home with alley access. Very nice kitchen, dining area, 2 bedrooms on main floor. Very large nice 1/2 bath downstairs, large storage area and family room. Call Lori Henderson at 721-0158. #161818

\$139,000



University and it was NOT flooded. Huge backyard that is fenced and very private. This house is gorgeous and a must see! Call Nathan

\$259,900



Very nice rural property with 2 acres. House offers 6 bedrooms, 2.5 baths. Main floor consists of large living room with hardwood flooring, nice sized dining room, 2 bedrooms, office and a full bathroom. Call Jerry Thomas at 833-7578. #161304

\$124,900



to school, park, play ground & Dairy Queen. This home has 2 bedrooms, one bath with some fresh paint on the main floor. Patio & nice size back yard that is fenced with alley access. Call Brad Livesay at 720-7769. #161809

\$284,900



just south of the Dakota Square Mall. This 1768sf home has a nicely laid out, open concept home, with a master bedroom suite. Covered patio in the back . Call Clyde Thorne at 240-8594. #161789

\$169,000



This recently repainted 2 bedroom, 2 bath home with a large shaded backyard is a must see! With a 1 stall attached garage right off the street and a 2 stall garage in the back, there is plenty of space for extra vehicles or big toys. Call Megan Atchison at 441-9085. #161383

America's # Participation Sport!

5 Person Teams

Monday (9/19)...... 6:30 pm Tuesday(9/20)......6:30 pm Wednesday(9/21).... 6:30 pm

4 Person Teams

Tuesday(9/20)......6:30 pm Thursday(9/22)............6:30 pm

Bumper League available for ages 5-6

Saturday.....9:00 am • all ages starts September 17th

Sunday..... 6:00 pm

• 12 and over starts September 11th



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EVENING LEAGUES 28 WEEKS LEAGUES START IN MID SEPTEMBER



Wednesday(9/21)....7:00 pm Thursday(9/22)...... 6:30 pm Friday(9/23).....6:30 pm Sunday(9/18).....7:00 pm

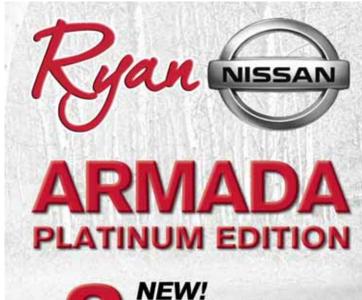
 FREE COFFEE Leagues are 30 weeks

Wednesday...... 10:00 am • starts September 14th Friday..... 1:00 pm • starts September 16th

DAYTIME COFFEE FREE COFFEE

Tuesday..... 9:00 am • Starts 9/13, 4 person teams

Thursday..... 1:00 pm Starts 9/22, 3 person teams



2015 MODELS STILL IN STOCK

Supply subject to prior sale. See store for details. Offer ends 9/30/2016





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