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Videos

## Article 15s: Aug-Oct '16

SENIOR AIRMAN STEPHANIE C. SUND | MINOT AIR FORCE BASE LEGAL OFFICE

MINOT AIR FORCE BASE, N.D. -- A vast majority of Team Minot members will never have to experience the non-judicial punishment process pursuant to Article 15 of the Uniform Code of Military Justice. However, it is important for military members to understand the different types of misconduct that can warrant non-judicial punishment and how commanders can punish offenders.

Under Article 15 of the UCMJ, all commanders may initiate non-judicial punishment. A member offered non-judicial punishment has the right to accept the punishment or demand trial by courtmartial. If the member accepts the Article 15 process they are provided an opportunity to respond and meet with the commander before a determination of guilt is made by that commander. Additionally, when a member accepts nonjudicial punishment they are not admitting to guilt.

After the commander

reviews the member's response and the circumstances of the offense, any mitigation or extenuation factors and the member's misconduct history, if any, the commander will make a guilt determination. If found guilty, the commander will determine the appropriate punishment.

The maximum punishment for an Article 15 action depends on the rank of the member being punished and the rank of the officer imposing punishment. Typical punishments include, but are not limited to, reduction in rank, forfeiture of pay, extra duty, restriction to base or a reprimand. The commander can also choose to suspend any portion of the punishment. The suspended punishment acts as a probation period for no more than six months. During this period, if the member commits further misconduct the suspended punishment can take effect.

During August, September and October 2016, the Minot Air Force Base Legal Office processed 25 Article 15s.

Short summaries of these offenses and subsequent punishments are listed below. The summaries are to inform the community of the nature of the punishments and potential consequences.

1. A technical sergeant from the 5th Aircraft Maintenance Squadron received a reduction in rank to the grade of staff sergeant suspended, forfeiture of \$1,573 pay per month for two months suspended, 45 days extra duty with 15 days suspended, and a reprimand for one specification in violation of Article 92, dereliction of duty, neglect.

2. A technical sergeant from the 5th AMXS received a reduction in rank to the grade of staff sergeant, forfeiture of \$1,494 pay per month for two months suspended, 45 days extra duty with 15 suspended, and a reprimand for one specification in violation of Article 92, willful dereliction of duty, and one specification in violation of Article 92, unprofessional relationship.

3. A technical sergeant from the 5th Communications Squadron received a

reduction in rank to the grade of Staff Sergeant suspended, forfeiture of \$66 pay for one month and a reprimand for one specification in violation of Article 92, willful dereliction of duty.

4. A staff sergeant from the 5th AMXS received a reduction in rank to the grade of senior airman, forfeiture of \$1,133 pay per month for two months suspended, and 45 days extra duty with 15 days suspended and a reprimand for one specification in violation of Article 134, obtaining services under false pretenses.

5. A staff sergeant from the 5th Bomb Wing received a reduction in rank to the grade of senior airman suspended, 30 days extra duty with 15 days suspended and a reprimand for one specification in violation Article 128, assault consummated by battery.

6. A staff sergeant from the 5th Logistics Readiness Squadron received a reduction in rank to the grade of senior airman, forfeiture of \$1,191 pay per month for

two months with one month suspended, 30 days extra duty with 15 days suspended, and a reprimand for one specification in violation of Article 92, willful dereliction of duty, and one specification in violation of Article 134, drunk and disorderly.

7. A staff sergeant from the 91st Missile Security Forces Squadron received a reduction in rank to the grade of senior airman and a reprimand for one specification in violation of Article 111, drunken driving.

8. A staff sergeant from the 91st MSFS received a reduction in rank to the grade of senior airman, forfeiture of \$1,241 pay for one month suspended, and a reprimand for two specifications in violation of Article 86, failure to go, and one specification in violation of Article 107, false official statement.

9. A staff sergeant from the 705th Munitions Squadron received a reduction in rank to the grade of senior airman, forfeiture of \$1,241 pay per month for two

Continued on page 3

## Sportsmen's Feed aims to build camaraderie

SENIOR AIRMAN KRISTOFFER KAUBISCH | MINOT AIR FORCE BASE PUBLIC AFFAIRS

noon until 5 p.m., with the

Team Minot will have the

opportunity to interact with

community members while

enjoying various wild game

dishes ranging from venison

Airmen come from many

to rocky mountain oysters.

different parts of the world

and this event gives them

main meal at 6 p.m.

MINOT AIR FORCE BASE, N.D. -- The 52nd annual Team Minot Sportsmen's Feed, which is designed to bring military and community members together, was held at the Jimmy Doolittle Center at Minot Air Force Base Jan.

22, 2017.

This is an annual event that brings together families and guests from the base and surrounding communities to sample wild game dishes and participate in family

Appetizers are served from

a chance to sample many different wild game that North Dakota has to offer. There are door prizes

and a chances to win raffle items donated by various downtown businesses.

For football fans, the NFL's conference championship games can be viewed on projectors in the main hall and on the TVs in the lounge area.

Civic leaders and members of the Minot community donated and will prepare wild game. Each ticket sold allows an Airman to attend the event for free. Many senior leaders on base have purchased tickets to sponsor Airmen and their families.

The Sportsmen's Feed is co-sponsored by the Minot Chamber of Commerce, the Military Affairs Committee and the Minot AFB First Sergeant's Council. The event brings together the

base and the downtown community as a way to keep camaraderie and take care of one another.

Building a strong partnership with the local community is very important to show support for the people around the base. We're not just a base within a community, we're a family.

At the end of the event, the remaining food is packaged and sent over to shift-workers on base who are unable to attend due to requirements of the mission.

Hope to see you all next









To give our students flexibility in seeking their CCAF or bachelor's degree, we offer 8- and 16-week classes. Our MSU advisor is conveniently located on base to assist you with your college plans. Spring semester's Term 2 classes start March 6.

MinotStateU.edu/cel





## **Team Minot to undergo CCRI**

SENIOR AIRMAN KRISTOFFER KAUBISCH | MINOT AIR FORCE BASE PUBLIC AFFAIRS

INOT AIR FORCE BASE, N.D. -- Minot AFB will undergo a Command Cyber Readiness Inspection Mar. 20-24, which is a thorough evaluation by the Defense Information Systems Agency of all network systems supported by the 5th Communications Squadron.

This inspection provides an assessment of network security compliance with Department of Defense policies and configuration requirements.

It will be conducted at

multiple locations throughout the base and DISA's end goal is to evaluate the security posture of our network systems. The base will be inspected on network vulnerabilities, physical security, user education, culture, and compliance with security orders and directives.

To that end, the men and women of the 5 CS are reminding everyone that they need help each day to continue to implement the practices learned in the annual DoD Cyber Awareness Challenge training.

Those practices include:

• Be aware of suspicious email and web traffic

• Never leave Common Access Cards unattended

 Only allow properly cleared personnel into controlled areas if they have their line-badge properly displayed—no 'piggybacking'

• Power on computers every day and secure computers at least every Wednesday and Thursday to ensure they receive all upgrades and patches needed to mitigate cyber vulnerabilities

"Our cyber defense capabilities are among the top in the Air Force and I am confident this

DoD level inspection will validate the operational capabilities of the men and women of the 5th Communications Squadron," said Lt. Col. Bob Mammenga, 5th Communications Squadron commander. "Overall, the 5 CS is committed to achieving a successful rating during the upcoming CCRI. "

with a reduction to

the grade of airman

forfeiture of \$783 pay

months suspended, 45

days extra duty with

28 days suspended

and a reprimand for

one specification in

failure to go.

violation of Article 86,

23. An airman first

class from the 791st

reduction in rank to

the grade of airman

with a reduction to

the grade of airman

forfeiture of \$783 pay

basic suspended,

per month for two

months suspended,

30 days restriction

to base suspended

and a reprimand for

one specification in violation of Article

24. An airman

from the 5th AMXS

received a reduction

forfeiture of \$783 pay

in rank to the grade

of airman basic,

per month for two

months suspended,

45 days restriction

to the base with 15

days suspended, 45

days extra duty with

15 days suspended,

and a reprimand for

one specification in

violation of Article 92,

duty, one specification

in violation of Article

92, unprofessional

one specification in

violation of Article

111, drunken driving.

25. An airman from

the 5th Civil Engineer

reduction in rank to the

grade of airman basic,

forfeiture of \$783 pay

per month for two

months suspended,

and a reprimand for

one specification in

violation of Article

violation of Article

111, drunken driving.

of duty, and one

specification in

92, willful dereliction

Squadron received a

relationship, and

willful dereliction of

134, indecent

language.

MSFS received a

basic suspended,

per month for two

#### CONTACTUS

Tonya Stuart-Melland

Sales Manager | Ad Designer nsads@srt.com

Beth Duchsherer

Ad Designer | Sales Representative nsgraphics@srt.com

Tia Klein

Ad Designer bhgads@srt.com

#### **MINOT AIR FORCE BASE**

**PUBLIC AFFAIRS** 

Chief of Public Affairs Maj. Jamie Humphries

**Public Affairs Officer** 

Lt. Danielle Lucero

Chief Editor

Senior Airman Kristoffer R. Kaubisch

Staff Photojournalists

Tech. Sgt. Evelyn Chavez Staff Sgt. Chad B. Trujillo Staff Sgt. Kristine MacDonald Senior Airman Apryl L. Hall Senior Airman Sahara Fales Airman 1st Class Christian Sullivan Airman 1st Class Izabella Sullivan Airman 1st Class Justin Armstrong Airman 1st Class Matthew Rauschnot Airman 1st Class Jessica Weissman Airman 1st Class Jonathan McElderry Airman 1st Class Alyssa Akers Airman 1st Class Dalton Shank

#### Media Relations

Marissa Howard

#### **COMMANDERS**

5th Bomb Wing Commander: Col. Matthew R. Brooks 5th Bomb Wing Vice Commander: Col. David Ballew 91st Missile Wing Commander: Col Colin J. Connor 91st Missile Wing Vice Commander: Col. Kelvin Townsend

#### **NEWS**SUBMISSIONS

Northern Sentry Office nsads@srt.com | 701.839.0946

#### MAFB Public Affairs Office

v35bw.pa@us.af.mil 701.723.6212

#### **MAIL&FAX**

315 South Main Street, Suite 202 PO Box 2183 Minot, ND 58701 | 701.839.1867 **VIEWONLINE** 

www.northernsentry.com

www.minot.af.mil

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mission of materials is at noon the Tuesday before publication date.

## **ARTICLE 15S** from page 2

months suspended, 45 days restriction to base, 45 days extra duty suspended and a reprimand for one specification in violation of Article 86, absent without

10. A staff sergeant from the 5th Operations Support Squadron received a reduction in rank to the grade of senior airman suspended, forfeiture of \$1241 pay per month for two months with one month suspended, 30 extra duty days suspended and a reprimand for one specification in violation of Article 92, dereliction of duty, neglect.

11. A staff sergeant from the 5th OSS received a reduction in rank to the grade of senior airman, forfeiture of \$1,241 pay for one month suspended and a reprimand for one specification in violation of Article 112,

wrongful use of marijuana. 12. A senior airman from the 5th AMXS received a reduction in rank to the grade of airman first class suspended, forfeiture of

months suspended, 45 days extra duty and a reprimand for one specification in violation of Article 92, dereliction of duty, neglect.

13. A senior airman from the 5th AMXS received a reduction in rank to the grade of airman first class, forfeiture of \$1,041 pay per month for two months suspended, 45 days extra duty with 15 days suspended and a reprimand for one specification in violation of Article 111, drunken driving.

14. A senior airman from the 5th Contracting Squadron received a reduction in rank to the grade of airman basic, and 45 days extra duty suspended for one specification in violation of Article 112a, wrongful use of a controlled substance, one specification in violation of Article 121, larceny, and one specification in violation of Article 134, malingering.

15. A senior airman from the 5th Medical Operations Squadron received a reduction in rank to the grade of airman first class, forfeiture of \$1,041 pay for one month suspended, 15 days extra duty suspended and a reprimand for one

16. A senior airman from the 791st MSFS received a reduction in rank to the grade of airman first class, forfeiture of \$1,041 pay per month for two months with one month suspended and a reprimand for one specification in violation of Article 111, drunken driving.

17. A senior airman from the 91st MSFS received a reduction in rank to the grade of airman with a reduction to the grade of airman basic suspended, forfeiture of \$783 pay per month for two months suspended and a reprimand for one specification in violation of Article 112, wrongful use of marijuana.

18. An airman first class from the 5th Force Support Squadron received a reduction in rank to the grade of airman basic, 60 days restriction to base, and a reprimand for one specification in violation of Article 92, willful dereliction of duty, and one specification in violation of Article 111, drunken driving.

19. An airman first class from the 5th LRS received a reduction in rank to the grade of airman suspended, forfeiture of \$878 pay for one month with \$678 suspended, 45 days restriction to base and a reprimand for one specification in violation of Article 86, failure to go.

20. An airman first class from the 791st Maintenance Squadron received a reduction in rank to the grade of airman suspended, forfeitures of \$878 pay for one month, 30 days restriction to base and a reprimand for one specification in violation of Article 134, drunk and disorderly.

21. An airman first class from the 5th MXS received a reduction in rank to the grade of airman, forfeiture of \$878 pay per month for two months suspended, 45 days extra duty suspended and a reprimand for one specification in violation of Article 111, drunken driving.

22. An airman first class from the 791st MSFS received a reduction in

rank to the grade of airman



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## 5 BW LOAD CREW OF THE QUARTER

Weapons load crew members participated in the Load Crew of the Quarter competition inside Dock 7, at Minot Air Force Base, N.D., Jan. 20, 2017. Two weapons load crews, representing the 23rd Aircraft Maintenance Unit and the 69th AMU, were timed on their ability to load two inert munitions onto a B-52H Stratofortress. The competition was comprised of four parts: dress and appearance, a loader's knowledge test, toolbox inspection and the timed bomb load.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG AND AIRMAN 1ST CLASS ALYSSA AKERS









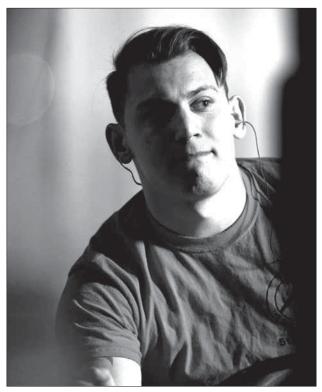














## Cinnamon Roll Greek Yogurt Pancakes



#### **INGREDIENTS:**

#### FOR THE PANCAKES:

1/4 cup (60 g) plain Greek yogurt 1/2 cup (40 g) rolled oats\*

1/2 tsp baking powder
2 large egg whites OR 1 large egg
1-2 Tbsp (15-30 ml) unsweetened almond milk\*\*
1/2 tsp vanilla extract

FOR THE CINNAMON SUGAR FILLING:

Tbsp (15 ml) coconut oil, melted\*\*\*

1 tbsp (12 g) coconut palm sugar\*\*\*\*

1/2 tsp ground cinnamon FOR THE VANILLA FROSTING:

1 Tbsp (7 g) vanilla protein powder small amount of unsweetened almond milk (I used about 1/2 Tbsp)

#### **INSTRUCTIONS:**

Preheat a skillet over medium heat and generously coat it with cooking spray or oil. You want to make sure that it's nice and hot before you start cooking your pancakes. Add all the pancake ingredients to a blender in the order listed and blend on high until oats are fully broken down and batter is smooth and frothy. Allow the batter to sit for a few minutes so that it has a chance to thicken up while you make the cinnamon swirl - simply mix all the ingredients together in a small bowl and place it beside the stove. Pour the batter straight from the blender onto the skillet until desired size of pancakes is reached. Cook the pancakes until the edges have set and bubbles begin to form on the tops. Using a spatula, flip and cook for another 1-2 minutes.\*\*\*\*\* Repeat until all the batter is gone, making sure to coat your skillet again with oil between each batch. To assemble, spread a small amount of cinnamon sugar filling on one of the pancakes before placing another pancake on top. Spread that one with more of the filling, and repeat the process until all the pancakes are stacked. To make the frosting, mix the protein powder with enough almond milk to get it to the consistency you want. Pour it over the pancake stack and enjoy!

## 5 Ingredient Peanut Butter Energy Bites

**INGREDIENTS:** 

2/3 cup creamy peanut butter ½ cup semi-sweet chocolate chips 1 cup old fashioned oats ½ cup ground flax seeds 2 tablespoons honey

#### **INSTRUCTIONS:**

Combine all 5 ingredients in a medium bowl. Stir to combine. Place in the refrigerator for 15-30 minutes so they are easier to roll. Roll into 12 bites and store in the fridge for up to a week.



MINOT AIR FORCE BASE, N.D. --

With winter in full swing, it is a great time to get outside and enjoy the snow and Outdoor Recreation at Minot Air Force Base is just the place to get started.

Outdoor Rec. is an organization that gives Airmen and their families the opportunity to experience various North Dakota activities to include skiing, snowboarding and dog sledding.

From snowboarding all day in Bottineau, North Dakota, to a weekend ski trip in South Dakota, Outdoor Rec. allows Airmen to take full advantage of the winter season.

"Airmen can come to Outdoor Rec. and we'll try to find something for them to do so they're not stuck in their rooms when they could be out having fun," said Toni Sanders, 5th Force Support Squadron Outdoor Recreation assistant manager.

If you don't have winter gear, Outdoor Rec. has you covered!

The organization provides Team Minot with winter equipment including skis, snowshoes, ice-fishing gear, snowboards and snowmobiles.

"We are always finding new ways to keep people busy while also offering events in the local area for people who aren't able to get away for an entire weekend," said Caitlin Cook, 5 FSS Outdoor Recreation manager.

People interested in going on a winter trip can sign up at least one month in advance, but need to be signed up and paid for at

least a week prior to the trip's date, according to the Outdoor Rec. employees.

"I hope everyone really takes advantage of this winter with so much snow around because it may not be like this again next year," said Cook, who added that there is a maximum of 20 people per trip so the sooner a person signs up, the better.

For more information, check out the Minot AFB Outdoor Recreation Facebook page or call (701) 723-3648.

(From left) Ashley Shafer, 5th Force Support Squadron Outdoor Recreation aid, and Dana Sharrit, 5 FSS Outdoor Recreation associate, finish calibrating skis at Minot Air Force Base, N.D., Dec. 2, 2016. Outdoor Rec. is an organization that gives Airmen and their families the opportunity to experience North Dakota events like skiing, snowboarding and dog sledding.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JONATHAN MCELDERRY





DEADLINE FOR DISPLAY & CLASSIFIED ADS:

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Any ad received after this time will run the following week.



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### Over \$2,000 In Prize Giveaways During Super Sunday Party



The New England Patriots and Atlanta Falcons will battle for the Super Bowl 51 championship. Rockers Bar & Grill invites you to catch all the action on Sunday, February 5 during their Super Sunday Party. Doors will open at 3 p.m. with kickoff at 5:30 p.m.

The Super Sunday Party features a tailgating buffet beginning at 4:30 p.m. (while it lasts). The buffet will feature plenty of delicious items including chili dogs, subs, meatballs, BBQ weenies, chips, veggie tray, and more. Admission for the Super Sunday Party is FREE for club members and \$7 for non-members.

Rockers is offering a wing special (in house or carry-out) featuring a bucket of 50 wings for \$45 or a bucket of 100 wings for \$90. Beer and drink specials will also be available.

Besides great food and football action, you'll have an opportunity to register for a chance to win awesome door prizes. Adults (18 years and older) can register at the event for over \$2,000 in prize giveaways. Prizes include a Southern Motion recliner valued at \$700, a Aussie Electric barbecue grill, weekend getaways to Fargo, Grand Forks, and Bismarck, casino packages, a Minot staycation, plus many other great items. Winners must be present to win.

The Super Sunday Party at Rockers Bar & Grill and local prize giveaways are sponsored by I. Keating Furniture, Verendrye Electric Cooperative, and First Command Financial Services. No Federal Endorsement of Sponsors Intended.

For additional details, call Rockers Bar & Grill at 727-ROCK.

### Enjoy Soup-er Bowl Party At The Doolittle Center On Feb. 3



The Jimmy Doolittle Center invites you to enjoy a special First Friday Soup-er Bowl Party on Friday, February 3 from 4-9 p.m. Join the fun with corn hole, darts, and crud as well as activities themed around the football finale.

A delicious menu featuring a soup bar with chili, chicken tortilla, vegetable beef, and assorted breads will be served from 4-6 p.m. Cost is FREE for Club Members and \$7 for non-members.

A variety of family friendly activities will be available for everyone to enjoy. For additional information, please contact the Jimmy Doolittle Center at 723-3731.

### **Celebrate Valentine's Day With Numerous 5 FSS Events**

You'll find a variety of Valentine's Day events at 5th Force Support Squadron facilities this year. From delicious dining options to fun events for both young and those not quite so young, there is something for everyone to enjoy.

#### **SWEETHEART DANCE**

#### February 11 - Youth Center

Youth Center members 9 years of age and older are invited to the Sweetheart Dance on Saturday, February 11 from 5-8 p.m. at the Youth Center. Dress in your best! Door prizes and a photo booth will be available. Cost is \$5 or 2 canned goods. Registration opens on February 1. For more details, call the Youth Center at 723-2838.

#### FIT FUN WITH A LOVED ONE February 11 - Fitness Center

Share fitness fun with friends and loved ones on Saturday, February 11 from 10 a.m. to noon at the Fitness Center. This FREE 2 hour organized fitness class is open to all DoD I.D. card holders 18 years of age and older. Call the Fitness Center at 723-2145 for more information.

### **SWEETHEART'S BOWLING**

February 11 - Rough Rider Lanes

Rough Rider Lanes is offering a Sweetheart's Bowl-



ing special on Saturday, February 11 from 4-9 p.m. You and your sweetheart can bowl 4 games each for only \$15 per couple with free shoe rental. For more information, call Rough Rider Lanes at 727-4715.

#### **VALENTINE'S TOUCH OF CLASS DINNER** February 14 - Jimmy Doolittle Center

If you're searching for an elegant evening complete with a gourmet meal, then don't miss the special Valentine's Day "Touch of Class" at the Jimmy Doolittle Center on February 14. This is an dining experience you and your loved one are sure to enjoy.

You'll savor the delicious menu which includes

(Continued On Next Page)



### 2016 DoD MWR Customer **Satisfaction Survey Seeks Feedback From Customers**



Recently, select members of active duty, National Guard and Reserve components received the 2016 DoD MWR Customer Satisfaction Survey. All recipients were chosen at random. The survey will measure the impact of satisfaction on three desired outcomes - readiness, retention, and unit cohesion of the MWR programs offered by Force Support Squadrons. The survey will be distributed through GovDelivery.com and for the first time, spouses will also have an opportunity to participate. If you receive the DoD MWR Survey, please take a few minutes to fill it out. Your response can make a significant difference.

## CLUB MEMBER DRAWING **ON FRIDAY, JANUARY 27th WILL BE FOR \$1,850.**

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, Jan. 27 at the Jimmy Doolittle Center and Rockers Bar & Grill. Drawing time varies each week between 5:30-6:30 p.m.

#### **FAMILY and YOUTH EVENTS & PROGRAMS**

#### Jan 27 Family Pizza Night & Karaoke

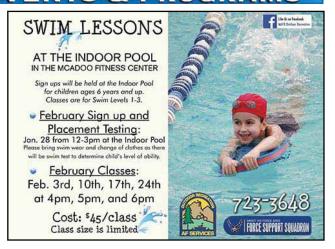
Family Pizza Night returns to the Jimmy Doolittle Center on Friday, January 27 from 5-7 p.m. Build your own personal pizza from a wide array of delicious toppings, sauces, and crust. Cost is \$5 per pizza for club members of all ages and \$7 per pizza for non-members of all ages. For additional information, contact the Jimmy Doolittle Center at 723-3731.

#### Feb 2 Harry Potter Night

Harry Potter fans are invited to celebrate the Harry Potter series at the library on Thursday, February 2 at 6 p.m. Enjoy trivia, games, and activities during this FREE event. For additional information, call the library at 723-3344.

#### Feb 6 Family Child Care Pre-Orientation

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on February 6 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For additional information, please contact the Family Child Care office at 723-6662.



#### Youth Basketball & Cheerleading Registration

The Youth Center is holding Youth Basketball and Cheerleading registration for Youth Center members 3-15 years of age from now through January 31. Cost for Youth Basketball is \$30 for Smart Start ages 3 & 4 and \$40 for ages 5-15. Cost for Cheerleading is \$80 for ages 3 & 4 and \$95 for ages 5-13 (cheerleading cost includes new uniform). Cost for returning cheerleaders with uniforms is \$26. Youth Center membership and a current immunization record are required to be on file prior to registration. Both the Youth Basketball and Cheerleading seasons begin on March 14. For additional information, please contact the David C. Jones Youth Center at 723-2838.

#### YOUNG AIRMEN EVENTS & PROGRAMS

#### Jan 27 Friday Night Karaoke

Come and show off your talent during Friday Night Planning to move off base? Do you have a func-Karaoke at Rockers Bar & Grill on Jan. 20 from 8 p.m. to close. Rockers Bar & Grill has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

#### Jan 28 Country Night

Come out and boot scoot across the dance floor with your favorite dance partner during Country Night at Rockers Bar & Grill on Saturday, January 28 starting at 8 p.m. Enjoy a night of great country music and fun. This event is FREE for everyone! For additional information, please contact Rockers Bar & Grill at 727-ROCK.

For 5th Force Support Job Opportunities, visit www.nafjobs.org

### Feb 6 Off-Base Budget Class

tional budget plan? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on February 6 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and so forth. Attendees should bring their current LESs and have knowledge of their bills. Call 723-3950 to register or for details.

#### Feb 11 UFC Fight Night

Club members receive FREE admission to the UFC 208 pay-per-view event at Rockers Bar & Grill on Saturday, February 11. Non-members price is only \$7. The action features the UFC Women's Featherweight Championship bout between Holly Holm and Germaine de Randamie. Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. The UFC Fight Night is an adults only event - no children. For more details, call 727-ROCK.



### Feb 1 Brown Bag Book Talks

The base library invites you to Brown Bag Book Talks on Wednesday, February 1 at noon. No required reading; no scripted discussion questions. Come to the library to share what you are currently reading or listen to others doing so. Bring a brown bag lunch if desired. For more details, call 723-3344.

### Hit The Slopes During Deadwood, SD & Terry Peaks Ski Trip

Travel south with Outdoor Recreation to the historic Deadwood, South Dakota and Terry Peaks Ski Resort On February 17-20.

Terry Peak Ski Area is South Dakota's premier destination for a winter vacation, featuring skiing and snowboarding. The family-friendly ski resort is located in the Black Hills of South Dakota, near historic Deadwood. The summit of Terry Peak stands at 7,076 ft tall, with the highest vertical drop between the Rockies and the Alps. You don't want to miss this great opportunity to enjoy a spectacular weekend getaway.

Cost for the Deadwood and Terry Peaks Ski Trip is \$95/person guad occupancy, \$120/ person triple occupancy, \$170/person double occupancy, or \$320/person single occupancy. The price includes transportation, three nights lodging, 2 day lift tickets, and rentals. Deadline for reservations is noon on Friday, February 10. For additional information or to make your reservations for this premier winter vacation destination, call Outdoor Recreation at 723-3648.



#### VALENTINE'S EVENTS

#### from previous page

a tantalizing Surf and Turf platter for two featuring Chateau Briand and broiled lobster tail. A complete beverage service, to include wine, is available. Dates who attend the Valentine's Touch of Class receive a free rose.

This is an all-ranks dinner served from 6-9 p.m; cost is \$35 per person for club members and \$40 per person for non-members. Reservations must be made by February 13 by calling the Doolittle Center at 723-3731. Limited seating available.

#### SWEETHEART'S PRIME RIB DINNER February 14 - Rockers Bar & Grill

Make this Valentine's Day unforgettable for your sweetheart with a scrumptious dining experience at Rockers Bar & Grill on Tuesday, February 14 from 5-9 p.m. Rockers Bar & Grill is offering a delicious Prime Rib Dinner special featuring mouth-watering, slow roasted prime rib, garlic baby bakers, steamed vegetables and garlic medallions. The meal includes a complimentary glass of wine or a slice of cheesecake. This delectable Valentine's Day dining choice is sure to be a hit with you and your loved one. Cost for the Prime Rib Dinner special is \$13.95/person for club members and \$15.95/person for non-members. For additional information, contact Rockers Bar & Grill at 727-ROCK.

## CROSSWORD PUZZLE

#### ACROSS

- "Gaping" gullet
   Robin of "Lifestyles of the Rich and Famous"
- 9) They measure up
- 14) Lennon's mate
- 15) Pool problem
- 16) Slip the clutches of 17) "Neither" go-with
- 18) How to announce a boxing
- match
- 20) Confuse
- 22) Eyelid protuberance
- 23) Makes impure
- 26) Detonate
- 30) Complied with commands
- 32) Two out of 100?
- 34) Paddle kin 36) Tied the knot again
- 38) Shelter for birds
- 39) Stalag inmates
- 41) Clear, as a cloudy windshield

- 43) "Let it ride," to a proofer
- 44) Bumpy gait
- 45) Hindu dignitary 47) Govt. cosmetics watchdog
- 48) Undresses
- 51) "Holy" Ohio town
- 53) Cleverly skillful
- 55) Italian seaport
- 58) Conspirators' plan
- 60) Draw a conclusion 61) One way to keep up
- 67) .com relative
- 68) Just plain bad
- 69) Place to sweat
- 70) Cells for women only
- 71) Survived somehow
- 72) Fashioned into a sphere
- 73) Top of many rating scales

### I'M PRO CROSSWORDS By Timothy E. Parker

_	$\overline{}$												
2	3		4	5	6	7	8		9	10	11	12	13
Т	$\top$		15		Г	$\top$	$\top$		16	$\top$	$\top$	$\top$	$\top$
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$\vdash$	+	21				22	$\vdash$	$\top$	$\vdash$				
T	$\top$	$\top$		24	25		26	$\top$	$\vdash$	27	28	29	
	30	T			Т	31		32	T	$\top$	$\top$	T	33
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53	$\top$	$\top$		$\vdash$	54		55	$\top$	$\vdash$	T	+	56	57
			58	$\vdash$		59	٦		60	T	+	$\top$	$\top$
62	63	64		$\vdash$		$\vdash$	65	66			67	$\top$	$\top$
$\vdash$	$\top$	$\top$			69	$\vdash$	$\top$	$\top$	T		70	$\top$	$\top$
$\vdash$	+	+	$\vdash$		72	+	+	+	$\vdash$		73	+	+
	35	30 35 53	30 35 40 53	30 21 35 36 40 49 53 58	35 36 40 41 49 50 53 58	35 36 21 35 36 41 45 58 69 69	15	15	15	15	15	15	15       16         18       19         21       22         30       31         31       32         35       36         40       41         45       42         46       47         53       54         55       60         62       63         64       69

#### DOWN

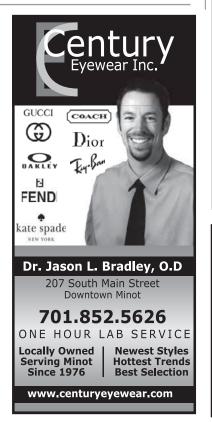
- 1) Single-celled organism
- 2) Battery post
- 3) Verbatim
- 4) Name-affixing tool 5) Right-angle pipe
- 6) Long \_\_\_\_ and far away ...
- 7) Bird sounds
- 8) Tests for weight
- 9) Cylindrical and tapering
- 10) Vestment for a priest
- 11) Afghani coin, once 12) Tokyo, way back when
- 13) Mend with a needle
- 19) Court call, if tripled
- 21) "Ad" or "women's" follower
- 24) Watched closely
- 25) Setting in "Les Miz"
- 27) Mythical monsters
- 28) "Eye for eye, tooth for tooth, hand for hand" go-with
- 29) Honored with a bash
- 31) Skim, as milk new record 33)
- 34) Makes a choice
- 35) Main blood vessel
- 37) Martial arts schools
- 40) Recipe directive
- 42) Elaborate party
- 46) Whirlybird landing place
- 49) Easy out, often 50) Farm storage unit
- 52) Bookcase locale, perhaps
- 54) Human trunk
- 56) Chicken's lack? 57) Nose or heart, e.g.
- 59) Old Russian ruler
- 61) Sink in the middle
- 62) Helium's atomic number 63) Terrestrial amphibian
- 64) British saloon
- 65) Bathroom fixture 66) 67 degrees, 30 minutes

## SUDOKU Solution to puzzle on page 10

				1		2		3
		4		2				5
	6		7		3	8		9
	8	9				7		
5		3				4		2
		7				3	6	
9		2	5		4		8	
1				7		9		
3		8		6				

Solution to last week's Crossword puzzle.

1	2 _	3		4_	5	6 _	7_	8 <b>H</b>		9	10_	11_	12	<sup>13</sup> S
M	A	W		<b>L</b>	Ĕ.	Α	C	н		<b>T</b>	A	P	E	S
<sup>14</sup> <b>O</b>	N	0		15 <b>A</b>	L	G	Α	E		16 <b>E</b>	L	U	D	Е
<sup>17</sup> N	0	R		18 <b>B</b>	L	0	W	F	<sup>19</sup> <b>O</b>	R	В	L	0	W
<sup>20</sup> <b>A</b>	D	D	<sup>21</sup> L	E			<sup>22</sup> <b>5</b>	T	Υ	E				
<sup>23</sup> <b>D</b>	Е	F	ı	L	<sup>24</sup> <b>E</b>	<sup>25</sup> <b>S</b>		<sup>26</sup> <b>S</b>	Е	Т	<sup>27</sup> <b>O</b>	28 <b>F</b>	<sup>29</sup>	
		30 <b>O</b>	В	E	Y	Е	<sup>31</sup> <b>D</b>		<sup>32</sup>	E	R	0	Е	<sup>33</sup> S
O	<sup>35</sup>	R		<sup>36</sup> R	Е	w	E	<sup>37</sup> <b>D</b>			38 C	0	Т	Е
<sup>39</sup> <b>P</b>	0	w	<sup>40</sup> S		<sup>4</sup> <b>b</b>	Е	F	0	42 <b>G</b>		<sup>43</sup> <b>S</b>	Т	Е	T
<sup>44</sup> <b>T</b>	R	0	Т			<sup>45</sup> R	Α	J	Α	46 <b>H</b>		47 F	D	Δ
48 <b>S</b>	Т	R	ı	<sup>49</sup> <b>P</b>	<sup>50</sup> S		<sup>51</sup>	0	L	E	<sup>52</sup> <b>D</b>	0		
	<sup>53</sup>	D	R	0	ı	<sup>54</sup>		<sup>55</sup> <b>S</b>	A	L	E	R	<sup>56</sup> N	<sup>57</sup> C
				58 <b>P</b>	L	0	59 <b>T</b>			60	N	F	Е	R
<sup>61</sup> <b>S</b>	62	63 E	<sup>64</sup> <b>P</b>	F	0	R	S	65	66 E	Р		67 <b>O</b>	R	G
68 <b>A</b>	W	F	U	L		<sup>69</sup> <b>S</b>	A	U	N	A		<sup>70</sup>	V	Δ
<sup>71</sup> <b>G</b>	0	т	В	Υ		72	R	В	Е	D		<sup>73</sup>	Е	N

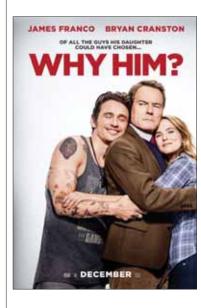


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Mass Schedule Saturday ...... 5:30 pm Sunday .... 8:30 & 11:00 am

Fr. Fred Harvey, Pastor www.littleflowerminot.com

5900 Highway 83 N, Minot

www.faithumcminot.com

**Pastor Tom Sumers** 

701-838-1540

Sunday School (All Ages): 10 a.m.

Sunday Coffee Fellowship: 10:30 a.m.

Worship Services: Sunday 11 a.m.

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Church

430 N

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of Christ Building)

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Faith United

Methodist

Church





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Christ to a Dark and Needy World

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Evening Worship ......6:00 p.m.

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Pastor David Miller

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Wednesday Bible Study .....7:30 p.m.

Jesse Starr, Pastor



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www.harvestreformedchurch.org **Cornerstone Presbyterian** 

Church

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852-0315

**Sunday Schedule** 

Child/Youth Sunday School.. 11:00am

Adult Sunday School.... 8:30 & 11:00am

Traditional Worship.....11:00am

Wednesday Evening Schedule

Community Dinner............ 5:30-6:30pm Contemporary Worship........... 6:30pm

Youth Group & Small Groups.. 7:15pm

All are Welcome!

www.ecominot.org

Contemporary Worship......

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Wednesdays:

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Pastor DeVawn Beckman • revdev@srt.com

Congregational

**United Church** 

of Christ

430 N. Broadway • 839-1064

Sunday School ..... 11 a.m.

Sunday Worship ..... 11 a.m.

Bible Study ...... 11 a.m. - 1 p.m.

Wed. Youth Classes 6:30 - 8:30 p.m.

Saturday Worship ...... 5:30 pm

Sunday Worship ...... 8:30 am

Sunday Education......9:45 am

Sunday Worship.....11:00 am

Ė

Services are now available online at

Wednesday Supper......

Wednesday Education .....

First Lutheran

Church - ELCA

120 - 5th Ave. NW

852-4853

...5:30 pm

Tuesday Lunch

### Bible Fellowship Church

Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am



Classes Starting November 4th, 7:00pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org



#### St. Mark's **Lutheran Church**

Missouri Synod

Sunday Worship ......8:30 & 11:00 a.m. Sunday School, Adult Bible Class & Adult Choir 9:45 a.m.

2209 4th Avenue NW Minot, ND 839-4663

Carlyle Roth, Pastor www.stmarksminot.com

Call or check out our website for

## more information.



A Church of the Lutheran Brethren

#### Sundays:

Worship......8:30 a.m. & 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM .... 11 a.m

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Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv

**Pastor Janet Hernes Mathistad Pastor Gerald Roise** 



•	_
Classic Worship Service	. 8:30 a.m.
Adult Sunday School	9:45 a.m.
Contemporary Worship Service	9:50 a.m.
Children's Church	9:50 a.m.
Sunday School (All Ages)	11:00 a.m.
Contemporary Worship Service	11:05 a.m.
Wed. AWANA (Sept. to May)	6:30 p.m.

Rev. Kent Hinkel. Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

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St. John

2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule:

Tuesday ...... 7 p.m. Wednesday - Friday ...... 9 a.m. Saturday ......5 p.m. Sunday ...... 8 & 10:30 a.m.

Fr. Dave Zimmer. Pastor Parish website: www.stijohnminot.com

Calvary Alliance Church

Minot, ND 58703

www.calvaryofminot.com 701-852-0670 Sunday School......9:00 am

Sunday Worship Service ...... 10:00 am

Wednesday Prayer ..... 6:30 pm

Wednesday Youth Group

(grade 7-12)...

715 20th Avenue NW

#### firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Ken Nelson & Pastor Brandy Gerjets **West Minot Church of God**

#### "A Family Worship Center" 1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
Sunday Worship 10:30 a.m.
Children's Church10:30 a.m.
Wednesday Family Training Hour 6:30 p.m.
Wednesday Kids on the Rock 6:30 p.m.
Youth Center, Friday7:00 - 11:00 p.m.

**ABC Child Care & Pre-School Center** 852-6352

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Worship Service		
Wednesday Supper		
Adult/Youth Bible Study		
Kids Club	7	p.m.

Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com

## BREAD OF LIFE ELCA

#### **Pastor Taryn Montgomery**

Saturday Worship ......5:00 pm Sunday Worship 8:30 am & 11:00 am Sunday Education ...... 9:45 am Wednesday Education......6:00 pm

> Breadoflifeminot.com Everyone Welcome



#### Immanuel **Baptist Church**

1615 2nd St. SE • Minot • 839-3694 Sundays:

Sunday School ...... 9:15 a.m. Worship ... Soup Kitchen .... 11:30 a.m. - 12:30 p.m.

Family Supper ..... 5:45 p.m. Classes for all ages ........... 6:30 p.m. Adult Choir (as scheduled). 8:00 p.m.

> Brian T. Skar, Pastor www.ibcminot.org



www.minotcrbc.org

838-1873



Sunday School (all ages) ......9:45 a.m. Sunday Worship ..... 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.

email: crbc@srt.com

415 28th Ave SE (Behind Menards)

### **First Assembly** of God 1805 2nd St. SE

838-1111

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Sunday School	10 a.m.
Morning Worship	11 a.m.
Evening Worship	6:30 p.m.
Wednesday Family Nigh	ıt 7 p.m.

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An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School

& Fellowship ......9:00 a.m. Worship ...... 10:45 a.m.

www.trinitychurchminot.org



#### **Gospel Tabernacle** Community Church

9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

. . . .

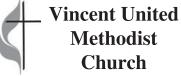
Sunday School 9:45 a.m.
Adult/Children Worship 11 a.m.
Family Hour6:30 p.m.
Evening Worship7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed)7 p.m.
Prayer (Friday)7 P.m.



1800 Hiawatha St. 852-1872

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John Streccius, Pastor Nathan Mugaas, Pastor



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#### **ANSWERS**

#### **SUDOKU ANSWERS**

8	9	5	4	1	6	2	7	3
7	3	4	8	2	9	6	1	5
2	6	1	7	5	3	8	4	9
6	8	9	3	4	2	7	5	1
5	1	3	6	8	7	4	9	2
4	2	7	1	9	5	3	6	8
9	7	2	5	3	4	1	8	6
1	5	6	2	7	8	9	3	4
3	4	8	9	6	1	5	2	7

Answers to puzzle from page 8

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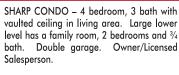




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SPACIOUS LIVING - 5 bedroom, 5 bath, 1 1/2 story home with walkout lower level. Open staircase to 2 upper level bedrooms and full bath. Main level master with ½ bath plus 2 add'l bedrooms, full bath, kitchen, dining room with hardwood floors. Attached double plus detached double garage. Reduced!

MLS #162420



Mike Vannatta 720-7112 v@minothomes.com



Access it from your mart phone, tablet, or computer

FROM YOUR COMPUTER, TABLET OR SMARTPHONE MINOT HOMES

Google Play





\$90,000

IN KENMARE - Large kitchen, living room with arched entry to dining area, laundry room and ½ bath on main level. Upper level has full bath and 3 bedrooms. 3 seasons room on front. Nice sized lot with double garage and alley access.

MLS #162447



Milt Korslien nclemilt@srt.com

Place a display ad in the Northern Sentry For more information call 839-0946 or visit us at 315 S Main St. Suite 202 (inside the front doors of the Main Medical building) or email nsads@srt.com.



1st Minot Realty

### **COLDWELL BANKER 1st Minot Realty**

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Serving Minot and the Surrounding Area for Over Half a Century!

#### \$232,300



bathrooms. Master suite has a nice size walk in closet and full bathroom. All appliances stay with the home including the washer & dryer. Call Clyde Thorne at 240-8594. #170142

#### \$495,000



Plenty of room inside and out! Over 3,000 Sq Ft home on over 2 1/2 acres is less than 5 minutes addition features a large, open seating area. 240-3780. #162312

#### \$299,900



location. Great open floor plan, hardwood floors throughout the main floor. Master bedroom with large master bath and walk in closet. Call Lori Henderson at 721-0158. #161839

#### \$249,500



A 2016sf home with 4 hedrooms and 2 hathrooms Fenced yard with a nice size deck, with apple and chokecherry trees. Driveway has an additional parking pad for additional vehicles. Call Clyde Thorne at 240-8594. #170119

#### \$157,500



Great condition investment property located close to two public parks, the grocery store and other shops! This newly renovated duplex features two 700 sq. ft. units each boasting 2 bedrooms, one full bath and laundry room. Call Amber Alexander at 500-0810.

#### \$284,900



Price reduced! Enjoy this countryside setting in this great rural neighborhood just minutes from town! This well cared for home has over 2400 sq ft that includes 5 bedrooms, 2 baths. Call Tamie Dunn at 720-1723. #161450

#### \$154,900



Great investment property in quiet SE neighborhood out of the flood zone & close to downtown shopping, this property has a 4 bedroom unit, two 1 is a licensed real estate agent. Call Brad Livesay at 720-7769. #170090

#### \$229,900



Enjoy the peaceful paradise of this 3 bed, 3 bath townhome at Trappers Cove! Rare find beside the lake & conveniently close to Dakota Square, restaurants, shopping & health care! Call Lorell Seibold at 721-4996. #160237

#### \$396,000 - Logan



Country home located just south of Minot in Logan, nestled above the valley. Home is surrounded by numerous pines and spruces that protects the home from the North Dakota winds. Call Clyde Thorne at 240-8594. #162301

#### **RENTALS**

#### FOR RENT: IN GLENBURN,

3 Bedroom duplex, 1 1/2 bathroom, Master bedroom suite and attached single garage. Available now - \$750.00 per month plus utilities and \$750.00 deposit. Great Preschool thru Senior High Public School in town. Call 362-7437 or 720-3089

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If you have any problems concerning the delivery of the Northern Sentry in base housing, please call Michelle Bock at 838-5937.

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#### **NEWSPAPER LOCATIONS**

### northernsentr **Paper Locations**

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- Simonsons Station Store | 1312 S. Broadway • M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- Vegas Motel | 2315 N Broadway Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW • Minot Travel Plaza Enerbase | 4750 Hwy 83 North

Rebel 1 Stop | 2625 N Broadway

- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW • Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Country Inn & Suites | 1900 22nd Ave SW Scissors Edge | 1609 S Broadway St
- Watne | 408 N Broadway 1st Minot Management | 217 Main St S • Magic City Hoagies | 1515 24th Ave SW

#### **RUTHVILLE:** R&J's Fuel

- **GLENBURN:**
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- City Hall **BURLINGTON:**
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Barry's Food & Fuel

• City Hall







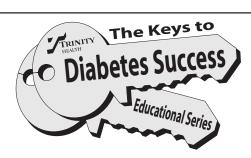




## 54th HS maintenance keep the Iroquois airborne

MINOT AIR FORCE BASE, N.D. -- Kim Smith, 54th Helicopter Squadron UH-1N Iroquois mechanic, rewires an attitude director indicator at Minot Air Force Base, N.D., Jan. 18, 2017. The ADI, aka gyro horizon, is an instrument that states the orientation of the helicopter to the horizon. Maintenance on 54th Helicopter Squadron's fleet is critical, in order to provide support to 91st Missile Wing Airmen and assets in the missile complex.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS J.T. ARMSTRONG



## **Healthy Kidneys:**

Prevention, Nutrition, and Treatment January 31 • 7 p.m.

**Health Center – Riverside Education Center** 1900 8th Ave SE • Minot

#### Presented by

Michelle Fundingsland, RD, LRD and Susan Burkhart, APRN, CNS, CDE, BC-ADM Trinity Health

Reservations are not required, but recommended. Please call 857-5268.





## Picture your ad in the northernsentry

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