

U.S. AIR FORCE PHOTO | SENIOR AIRMAN CHRISTIAN SULLIVA

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Videos







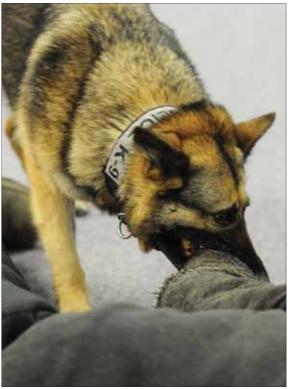
Armorers account for weapons

MINOT AIR FORCE BASE, N.D. -- Armorers with the 5th Security Forces Squadron are responsible for the weapons and ammunition in the armory at Minot Air Force Base, N.D., March 1, 2017. All ammunition and weapons are checked for serviceability before they are placed back in the armory. Armorers clean their weapons at least once a month as well as three times after firing at the range

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALYSSA M. AKERS











MWDs take a 'bite' out of training

MINOT AIR FORCE BASE, N.D. -- Military working dog handlers use specially trained dogs to maintain the security for military bases and personnel. Handlers work with the MWDs on a daily basis, training and instructing the dogs to find various items. Training is important to build a strong cohesive bond between the handler and dog in order to be ready for real world situ-

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN KRISTOFFER KAUBISCH









To give our students flexibility in seeking their CCAF or bachelor's degree, we offer 8- and 16-week classes. Our MSU advisor is conveniently located on base to assist you with your college plans. For currently enrolled students, summer and fall registration begins March 21st.

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LIGHTING THE PATHWAY OF FREEDOM

Teamwork makes the dream work

SENIOR AIRMAN CHRISTIAN SULLIVAN | MINOT AIR FORCE BASE PUBLIC AFFAIRS

INOT AIR FORCE BASE, N.D. --When it comes to safety, there can never be too many helping hands, such is the case when the Minot Air Force Base fire department invited several other local fire departments to receive missile field response training Feb. 24-25, 2017.

"We hosted a North Dakota Fire Association training class for our mutual aid partners, which educates them on how to handle missile alert facility and launch facility mishaps, as well as any other hazards they come across," said Matt Whitehead, 5th Civil Engineer Squadron fire

department operator.

The 5th CES fire department coordinated the training to help their local brothers in red preparedness to work hand-in-hand with them if needed.

We took them to a launch facility trainer on base, and provided them education on different equipment like helicopters and Bearcats," Whitehead said.

Jamie Reese, West Dunn Fire Department firefighter from Killdeer, North Dakota, was one of the many local firemen who participated in the training.

"We went through emergency responses for missile silos and helicopters," Reese said, "We trained on responding to emergencies if an Air

Force apparatus comes near our area."

This is not the first time the 5th CES has trained with their partners, but a first time training on base.

"This is the second year we've held the training, last year we hosted it at the North Dakota State Fairgrounds," Whitehead said. "This year we decided to have it here for better access to our equipment to enhance training."

Reese understands the importance for his fire department, as well as the surrounding departments, to train and be ready for an emergency.

"We have missile silos and the Air Force in our backyard, so it's nice to

meet these guys and see how they do things and show them how we do things," Reese said. "I know I learned a lot of things, it was a really good training."

Although they don't necessarily represent the same team, White understands the importance of working together to keep the surrounding towns, base and all of its assets safe.

"It's very important to we meet with other fire departments because it gives them an idea of what to look for in an emergency and helps everyone stay safe," Whitehead said.

your contact

supervisor,

first sergeant,

support staff

commander and

information

initial contact

arrival date

Mode of

incoming base

• If doing

recruiter's

required?

What you should

• Departure date

ask when making

Anticipated

transportation to

assistance program,

what is the address

Marital status

• Whether they

are living on or off

• Is assistance

with transportation

Don't despair if

this is your first

there's plenty of

remember, be an

sponsor. If you

don't know how

particular issue,

your supervisor,

commander or the

Readiness Center.

a sponsor can be

think of the kind

of help you would

want if you were

making a move.

like being a friend.

To understand your

basic responsibility

as a sponsor, simply

Airman and Family

Keep in mind that

to respond to a

get help from

first sergeant,

active, responsive

time as a sponsor;

help available. Just

with their

information along

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FACEBOOK

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Tuesday before publication date.

How to be a good sponsor

SENIOR AIRMAN KRISTOFFER KAUBISCH | MINOT AIR FORCE BASE PUBLIC AFFAIRS

INOT AIR FORCE BASE, N.D. -- You've been assigned as a sponsor, but aren't sure what to expect or the proper steps to take. Sponsor responsibilities



Saturday, April 1, 2017 9:30 a.m. - 3:00 p.m. A day filled with Inspiration, Joy & Lunch!

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are official duties; it's also an opportunity to shape someone's perception of their new base and the Air Force.

Here are tips to help make your sponsorship go smoothly during an Airman's transition.

Goals when helping a newcomer

- Ensure they feel like members of Team Minot before their arrival
- Ensure them and their families have a positive first impression
- Ensure they are mission ready

Once appointed as a sponsor, you should make contact with the newcomer within three duty days. Communication is the most critical step in the sponsorship process.

Tips when making Initial Contact "The Telephone Call"

 Ensure you call within the first 3 days of being notified of your

sponsorship. Continue to call until you reach the individual

- Be honest;
- constructive and positive • Introduce yourself by
- making the newcomer feel welcomed
- It isn't enough to say, "Let me know what you need." Be

PROACTIVE!

- Find out their needs and tailor your assistance to them
- Ask the newcomer to keep you informed of any changes in plans
- Provide them with



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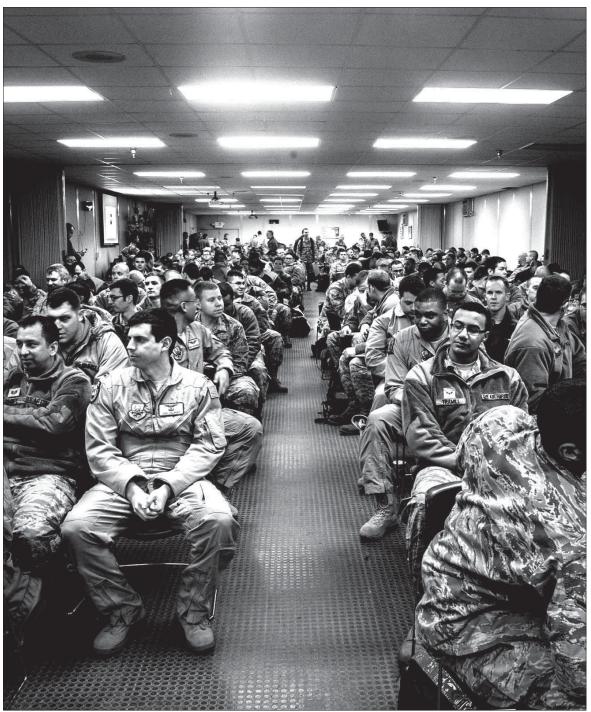


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MINOT AIRMEN DEPLOY TO THE MIDDLE EAST

Team Minot Airmen deployed from Minot Air Force Base, N.D., March 9, 2017. More than 400 Airmen from the 5th Bomb Wing deployed to the Middle East, in support of U.S. Central Command's Operation Inherent Resolve.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN CHRISTIAN SULLIVAN AND AIRMAN 1ST CLASS JESSICA WEISSMAN

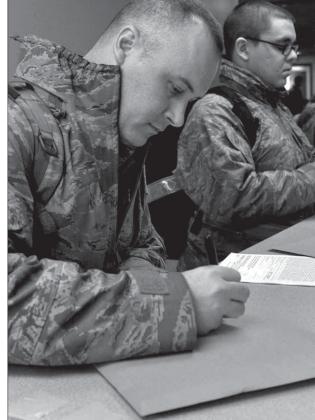


















PRAIRIE ADVENT

'They couldn't take direct law enforcement action but they could be "eyes in the field."

– N.D. Game and Fish Department Enforcement Division Chief Bob Timian describing the role non-wardens played during Dakota Access Pipeline (DAPL) protests across the state during hunting season when wardens were supporting DAPL law enforcement efforts.

Put Your Best Fork Forward During March, National Nutrition Month

JULIE GARDEN-ROBINSON FOOD AND NUTRITION SPECIALIST | NDSU EXTENSION SERVICE

o you make every bite count? Try these tips to add more nutrition to your

Do you include a variety of vegetables on your plate? Plan meals to include different vegetable groups throughout the week: Dark green, red and orange, beans and peas, and starchy vegetables. Stir chopped spinach into scrambled eggs or soup. Roast carrots for an easy side dish. Add black beans to a bagged salad for a quick meal.

Do you choose naturally sweet fruit for snacks and salads or include them in main dishes? Top your morning toast or cereal with sliced or chopped fruit. Make your own flavored yogurt by mixing fresh or frozen fruit into plain yogurt.

Do you make half of your grains whole grains? Check food labels on bread or cereal boxes to see if the first ingredient is whole grain, such as whole wheat or whole-grain oats. Cut your favorite snack mix with a whole grain, such as popcorn. If new to whole-grain pasta, try it with flavorful sauces to help you get used to the change.

Do you mix up your choices in the protein group? Families spend the largest percentage of their food budget on meat, poultry and

seafood, per a recent report. Replace half (or all) of the meat in a recipe with beans or legumes for a healthful way to save money. Try lentils in burgers, white beans in lasagna or spaghetti, or black beans in burritos.

Do you choose low- and fat-free dairy items to get the most nutrition for your calories? Make a dip for raw veggies or whole-grain crackers from low-fat plain yogurt and taco or ranch seasoning.

Put your best fork forward by choosing a variety of healthful foods this month and beyond. Visit www. ag.ndsu.edu/foodwise for recipes and more tips.

March is Colorectal Cancer Awareness Month -**Know Your Options, Get Screened**

NORTH DAKOTA DEPARTMENT OF HEALTH

arch is Colorectal Cancer Awareness Month, and the North Dakota Colorectal Cancer Roundtable, co-led by the North Dakota Department of Health and American Cancer Society, encourages all North Dakota residents age 50 and older be screened for colorectal cancer.

Colorectal cancer is the nation's second leading cause of cancer related deaths. However, it is one of only a few cancers that can be prevented. Through proper colorectal cancer screening, doctors can find and remove polyps, hidden growths, in the colon before they become cancerous. Removing polyps can prevent cancer altogether.

"Colorectal cancer is a major public health problem, and adults age 50 and older should be screened regularly. We have found that many people aren't getting tested because they don't believe they are at risk; they don't understand there are testing options; or they don't think they can afford it," said Dr. Fadel Nammour, MD, Gastroenterologist and Chair of the N.D. Colorectal Cancer Roundtable. "The truth is, the vast majority of cases of colorectal cancer

occur in people age 50 and older. Colorectal cancer in its' early stages usually has no symptoms, so everyone 50 and older should get tested. There are several screening options – even take home options – available. Plus, many public and private insurance plans cover colorectal cancer screening, and there may be local resources available to help those who are uninsured."

While colorectal cancer incidence rates have dropped 30 percent in the U.S. over the last 10 years among adults 50 and older, it is still the second leading cause of cancer death in the U.S., despite being highly preventable, detectable and treatable. In fact, in 2015 in the U.S., 132,700 cases of colorectal cancer were diagnosed.

It is estimated that 380 people in North Dakota will be diagnosed with colorectal cancer in 2017, and 140 will die from the disease.

'These statistics could look much better if more people were screened for colorectal cancer," stated Joyce Sayler, Community Partnership Coordinator, Division of Cancer Prevention and Control at the North Dakota

Department of Health. Approximately 4 in 10 North Dakota residents are not up to date with colorectal cancer screening, and the state has historically fallen in the lowest quartile for screening rates nationwide.

Nationally, the American Cancer Society and Centers for Disease Control and Prevention are leading an effort to raise the nation's colorectal cancer screening rates to 80 percent by the year 2018. More than 1,000 partners have signed onto the goal nationwide, including many healthcare organizations across North Dakota.

"We are asking all members of our community to come together, and help us by getting screened and talking to your friends and family who are over 50 years of age about getting screened," said Shannon Bacon, Health Systems Manager, American Cancer Society North Dakota. "Together, we can help to eliminate colorectal cancer as a major public health problem."

For more information or to learn about resources in your area, visit:

www.cancer.org/colon and www.ndcancercoalition.org

Unless the alleged perpetrators of two wildlife crimes venture back to North Dakota, it's unlikely they will have their day in court for their misdemeanor

Caught on graphic video and still photos, the two cases "generated a lot of buzz," N.D. Game and Fish Department Enforcement Division Chief Bob Timian described. The agency released the still photos and videos to the public in late 2016 in an effort to get assistance in identifying those involved.

It worked.

But the public's role started even before the video went viral. Concerned citizens sent still photos to the enforcement division of two men skinning an untagged deer, Timian said. After the still photos were made public someone sent wardens a video showing a deer brutally knifed and suffocated in the Missouri River mud and muck.

All four men are charged with illegal possession of a big game animal, a misdemeanor under North Dakota law. They won't be extradited back to the state because the charges are misdemeanors, Timian ex-

While they may not pay for their alleged crimes unless they return to North Dakota and are convicted, Timian stressed the key point in bringing charges is that people cared enough about wildlife and the situation to take action – first by notifying Game and Fish officials of the photos and video and by providing ingate something you don't know about," he added.

The two cases aren't the first time wardens received tips from photos but these two cases drew their share of public attention.

Game and Fish Depart-

ment wardens had an enforcement presence at Dakota Access Pipeline (DAPL) protest sites since September, Timian continued. The number of officers at any given time varied depending on the situation but the agency committed to assisting with a minimum of three wardens daily assigned to at least 12-hour shifts from September into mid-March.

The agency also provided boats, snowmobiles, and all-terrain vehicles, as well as pilot and airplane.

Compared to other state agencies, such as the N. D. Highway Patrol, several county sheriff's departments, and the North Dakota National Guard, the Game and Fish Department's role – and expenses weren't nearly as extensive.

A vast majority of the Game and Fish Department's Enforcement Division is funded by hunter and angler license sales. Only boating law enforcement receives a small portion of outside funding, Timian explained, from the U.S. Coast Guard and the N.D. State Water Commission. The Commission's funding is used specifically for Missouri River boating law en-

The N.D. Department of Emergency Services has reimbursed the Game and Fish Department's Enforcement Division monthly for its expenses, Timian added, so hunters and anglers won't bear the cost of the agency's DAPL enforcement involvement.

Game and Fish Department enforcement involveformation once it became ment during the protests public. "You can't investi- occurred during the peak of hunting season, which meant at least three wardens daily couldn't be in the field in their districts. Other Game and Fish staff went afield in department vehicles as "eye's in the field," Timian said.

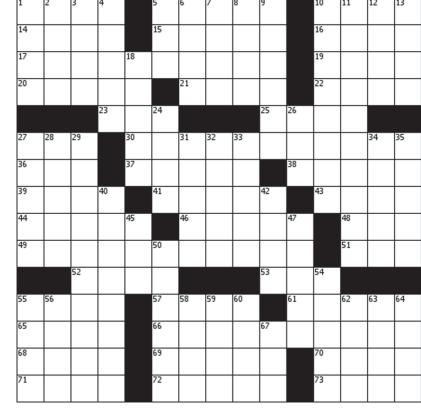
NORTHERN SENTRY

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CROSSWORD PUZZL

Across

- 1. Word with bed or head
- 5. Some come from fountains
- 10. College QB, maybe
- 14. Having the know-how
- 15. Modify
- 16. Capital of Italia
- 17. Where a comedienne swims?
- 19. "___ Karenina"
- 20. Imp's opposite
- 21. "Houston, we have a problem" recipient
- 22. Word with thick or onion
- 23. Keg attachment
- 25. Something that's struck
- 27. Scrooge-like remark
- 30. Verse for a rapper?
- 36. Dug into
- 37. Unbelievable bargain
- 38. Toyland visitors
- 39. Annapolis sch.
- 41. Luxurious material
- 43. Makes lacework
- 44. Ladies' men
- 46. Down the ___ (ruined)
- 48. Fingerlings-to-be 49. Grinder used by an actress?
- 51. Male delivery?
- 52. Argentine game played on horseback
- 53. Actor Herbert
- 55. Secluded valley
- 57. Type of item perfect for resale
- 61. "Generation of Vipers" author Philip
- 65. Tuna metamorphosis
- 66. Investment by a baseball player?
- 68. Punjab princess



- 69. First name in mascara
- 70. Post opposite
- 71. Purchases
- 72. Silent screen vamp Bara
- 73. Leader of the Belmonts

Down

- 1. Indian ruler
- 2. Dark, poetically
- 3. Tailings matter
- 4. Postulation
- 5. Word with club or pace
- 6. God of the Vikings

- 7. Vesuvius output
- 8. Mirrors
- 9. Gown features, often
- 10. Army hot shot

- 29. "The sky is falling" declarer

- 31. You can take them or leave them
- 32. O'Neal of "Paper Moon"
- 33. One might stand up in court
- 34. "Ditto!"
- 35. Birthplace of Big Bertha
- 40. Legendary island
- 42. 1994 Jodie Foster
- 32. O'Neal of "Paper Moon"
- 33. One might stand up in court
- 34. "Ditto!"
- 35. Birthplace of Big Bertha

- 40. Legendary island
- 42. 1994 Jodie Foster
- 45. Sink, as the sun
- 47. Prepares to stop
- 50. "Absolutely!"
- 54. "Oops!" (to a teen)
- 55. Clothes
- 56. Maui bash
- 58. Obi
- 59. Art Deco illustrator
- 60. ___ Scott decision
- 62. Anderson of "The Mullets"
- 63. Taking part
- 64. Fall place
- 67. Parliamentary vote



SUDOKU Solution to puzzle on page 14

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9rish Bread Pudding with Caramel Whiskey Sauce



INGREDIENTS:

FOR THE BREAD PUDDING: FOR THE WHISKEY-CARAMEL 3/4 cup heavy cream SAUCE: 1 1/2 cups granulated sugar 1 cup granulated sugar 2/3 cup water 1/4 cup salted butter, cubed 3/4 tablespoon vanilla extract 1 (12 ounce) can evaporated milk 2 ounces cream cheese, cubed 2 eggs, lightly beaten 3/4 cup Irish Whiskey Caramel 1/4 cup Irish Whiskey 1/4 cup milk Sauce (see below), divided use Approximately 10 cups cubed French bread, (cut into 1/2 inch cubes) 1/2 cup raisins (or chocolate chips if you don't like raisins) cinnamon and sugar for topping (about 1 tablespoon cinnamon and 2 tablespoons sugar mixed to combine)

INSTRUCTIONS:

Combine sugar and water in a small saucepan over medium-high

Combine sugar and water in a small saucepan over medium-high heat. Stir until the sugar completely dissolves. Stop stirring and allow to simmer until mixture is golden (about 17 minutes). DO NOT STIR! Remove from heat. Carefully add butter and cream cheese, whisking constantly until all clumps are dissolved. CAUTION! Mixture will be very hot and can bubble up during this time. Stir in whiskey and milk. Mixture will bubble a bit at this step as well. Set aside. FOR THE BREAD PUDDING: In a large bowl, combine heavy cream, sugar, vanilla extract, evaporated milk, eggs, and 2/3 cup caramel whiskey sauce in a large bowl. Stir well with a whisk. Add bread cubes, using a spatula to push down and make sure each piece of bread is coated. Cover and allow to sit in the fridge for at least 30 minutes to soak up all the goodness. Preheat oven to 350°F. If using a casserole dish, spray a 13 x 9-inch baking dish with nonstick spray, or spray each ramekin with nonstick spray (approximately 6 ramekins). each ramekin with nonstick spray (approximately 6 ramekins).
Pour bread mixture into prepared casserole dish, or divide between the prepared ramekins. Sprinkle top with cinnamon and sugar mixture and raisins or chocolate chips. Bake in preheated oven for 35 minutes or until set. Serve warm with more caramel-whiskey sauce.

Pop Your Pet Painting Class!! Kids Edition!

TAUBE MUSEUM OF ART

art! Soda Pop! Popcorn! Pop music! Get your POP on!! Looking for a fun time for your children to immortalize your pet on canvas? The Taube Museum of Art is holding a Pop Your Pet Kids Edition March 18, 2017 from 4:00 to 5:30 PM for ages 8 years and up.

Your child will receive guidance to make their own unique "pop art" pet

or dream pet painting on stretched canvas. Pre-submit your pet's image to the Taube at taube@srt.com by March 15th for enlarging, and join the ranks of Andy Warhol, Roy Lichtenstein, Keith Haring, David Hockney, and Richard Hamilton on the afternoon of the 18th for the Painting Party. Snacks and drinks in a party atmosphere are included in the price

is \$40 for nonmembers and \$35 for members. Pre-registration is required at www. taubemuseum.org/popyour-pet-kids.htm, or calling 838-4445 or registering in person at 2 N Main Street. Space is limited so register TODAY!

Upcoming classes at the Taube Museum of Art: Art All Around -March 9,

16, 23, 30, Family Paint Saturday - March of the ticket. The price 18, Paint the Town

Red Painting Class - March 21, Adult Pop Your Pet class will be held April 25, and registration is now open for Children's Art Camp the week of June 26-29, 2017. For full schedule visit our website at www. taubemuseum. org.

Proceeds support the Taube Museum of Art, a nonprofit art organization, to benefit ongoing programming.

With the continued support of the Minot community we are able to fulfill our mission of enriching lives through the visual arts.

Museum and Gift Shop hours are 10:30am - 5:30pm Tuesday - Friday and 11:00am - 4:00pm Saturday. Please call Nancy F. Walter, Executive Director at the Taube Museum of Art at 838-4445 for further information.





Michael is now coming to Minot to teach two classes at Margie's Studio in downtown Minot.

"Michael was one of the first instructors I was able to take classes with in 2003" says Margie Bolton, owner of Margie's Studio. "He is an excellent teacher, and his techniques are taught in a way that anyone can leave with a new ability in fused glass."

Classes with Michael are driven in a way that any level glass enthusiasts can attend. He will be teaching two classes, *Fritography with a Twist*, on April 21 & 22; and *Watercolor Effect*, on April 23 & 24. People should call Margie's Art Glass Studio at 701-837-8555 to reserve a spot.

The fees to attend these classes are \$375 each with all



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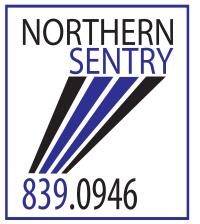
X-TREME BOWLING HOURS: FRIDAY: 9PM-1AM SATURDAY: 6PM-1AM

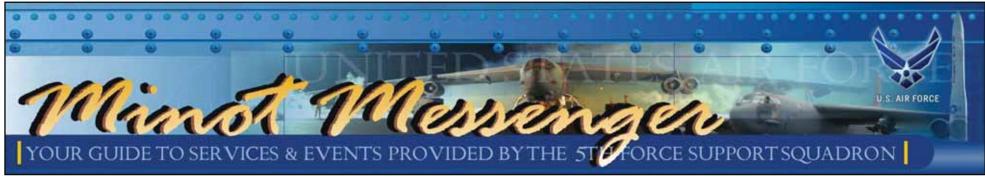
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Strike Up Some Fun During Scotch Doubles 9 Pin No-Tap Tourney



Enjoy Rockers' Family Dinner Night On March 21



Enjoy a delicious family meal while the kids visit Dizzy the Clown during Rockers' Family Dinner Night on Tuesday, March 21 from 5-8 p.m. Rockers Bar & Grill has a tasty menu planned including fried chicken, mashed potatoes, gravy, veggies, and a roll.

Cost is \$5 for club members (ages 6+), \$7 for non-members (ages 6+), and \$3 for children age 5 and under. Rockers will be closed for regular business beginning at 3 p.m. to prepare for this event. For more information, call 727-ROCK.

Rough Rider Lanes is holding a St. Patrick's Day Scotch Doubles 9 Pin No-Tap Tournament on Saturday, March 25 from 2-6 p.m. Cost of the tournament is \$30 per couple; shoe rental included.

Participants will bowl 5 games of Scotch Doubles 9 Pin No-Tap. One partner will throw the first ball. If they get a strike on the first ball then the other person bowls the first ball of the next frame. If they do not get a strike, then the partner has to shoot at the spare. Must have 20 bowlers to conduct the event and bowlers must be age 18 or older. Sign-up at Rough Rider Lanes or call 727-4715 for details.

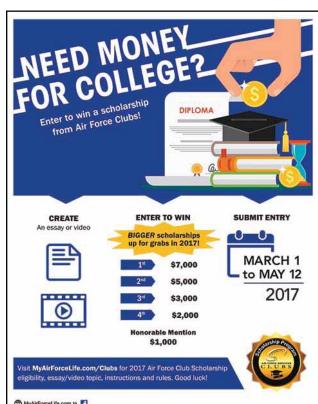
Youth Programs Hosting Open House & Spaghetti Dinner



Grab a scrumptious dinner and see what the Youth Center and School Age Care have to offer during the Youth Programs Open House & Spaghetti Dinner on Thursday, March 23 from 5-7 p.m. at the Youth Center. Cost is only \$3 per plate.

In addition, stroll through the Passport Walk and see what the base has to offer. Get a stamp at each activity/agency then turn in your passport at the end for a chance at a prize. Children must be accompanied by parent to participate. For more details, call the Youth Center at 723-2838.





Auto Hobby Hosting Ladies Night On March 27



Auto Hobby is hosting a Ladies Night on Monday, March 27 from 5-7 p.m. Ladies are invited to learn the basics on how to maintain their vehicle and tires. The class is taught by a certified mechanic.

Cost for Ladies Night is \$10 per person and includes complimentary snacks. A door prize will be given away at 6:30 p.m. Dependents may also attend. Registration deadline is March 24. Please wear clothes you don't mind getting dirty and closetoed shoes. To register or for more information call Auto Hobby at 723-2127.

For 5th Force Support Job Opportunities, visit www.nafjobs.org

CLUB MEMBER DRAWING ON FRIDAY, MARCH 17th WILL BE FOR \$2.000.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, Mar. 17 at Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS



Family Fun NiGht With at Lil' Ribers Playland enjoy activities and Games! 727-4377

Mar 31 Family Pizza Night & Karaoke

Family Pizza Night returns to the Jimmy Doolittle Center on Friday, March 31 from 5-7 p.m. Build your own personal pizza from a wide array of delicious toppings, sauces, and crust. Cost is \$5 per pizza for club members of all ages and \$7 per pizza for non-members of all ages. For additional information, contact the Doolittle Center at 723-3731.

Apr 3 Family Child Care Pre-Orientation Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on April 3 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more details, please call the Family Child Care office at 723-6662.

Every Tues Family Fun Night

Take the whole family out for a delicious meal. Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Call 727-4377 for more information.

YOUNG AIRMEN EVENTS & PROGRAMS

Mar 17 St. Patrick's Day Celebration

Join the fun at Rockers Bar & Grill on Friday, March 17 from 4:30-8 p.m. during their St. Patrick's Day Celebration. Enjoy traditional Irish cuisine including corned beef & cabbage, bangers & mash, Dublin coddle, and Irish cream cake. Then wash it down with a tall green beer or Irish coffee. Cost is FREE for club members and \$7 for non-members. You won't want to miss out on all the fun. For additional information, call Rockers Bar & Grill at 727-ROCK.

Mar 17 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on Mar. 17 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Mar 18 Green Dance Fitness Party

The Fitness Center invites you to their Green Dance Fitness Party event on Saturday, March 18 from 10 a.m. to noon. Enjoy a FREE 2 hour extravaganza of group fitness classes featuring various instructors and class formats. The event is open to all active duty and dependents 16 years of age and older. Call the Fitness Center at 723-2145 for more information.

Mar 18 70's and 80's Night

Rockers Bar & Grill invites you to take a trip back in their time machine during the 70's and 80's Night on Saturday, March 18 starting at 9 p.m. Relive the great music of the 1970's and 1980's as you dance the night away. Plus dress the night...be Diana Ross or Madonna. Cost is FREE for club members and \$7 for non-members. For additional information, contact Rockers Bar & Grill at 727-ROCK.



Mar 17 Doo It Your Way Burger Night

The Jimmy Doolittle Center invites you to their Doo It Your Way Burger Night on Friday, March 17 from 5-7 p.m. Choose from ground beef, ground turkey, or Portobello mushroom. Select the type and amount of meat, cheese, and seasonings you want. Cost is 50 cents per ounce of meat/cheese; Portobello mushrooms are \$4.50. There will be a buffet which includes salad, waffle fries, brownies, and all the burger toppings. Buffet cost is FREE for club members and \$7 for non-members. For more details, call the Doolittle Center at 723-3731.

Mar 23 Off-Base Budget Class

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting an Off-Base Budget Class on March 23 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and complete a budget worksheet. Attendees should bring their current LESs and have knowledge of their bills. Call the Airman & Family Readiness Center at 723-3950 to register or for details.













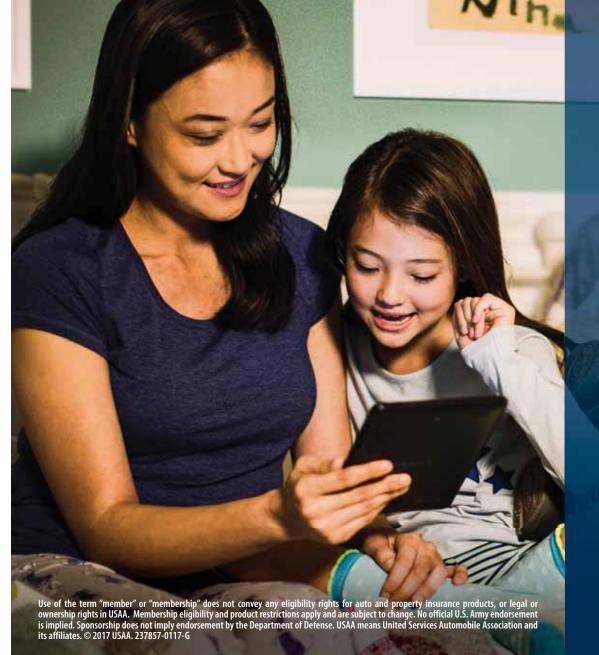




HVAC: climate control

MINOT AIR FORCE BASE, N.D. -- Heating, ventilation, air conditioning and refrigeration technicians are responsible for installing, maintaining and repairing furnaces, boilers, stoves, heat exchangers burners, blowers, fans and radiant heaters. HVAC Airmen are also responsible for maintaining electronic and pneumatic controls associated directly with the refrigeration and cooling equipment. Climate control is important to help provide a comfortable work area to Airmen.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN KRISTOFFER KAUBISCH



WE UNDERSTAND THE CHALLENGES OF **BEING AWAY FROM** HOME.

USAA's Deployment Guide gives you and your family the tools you'll need before, during and after your deployment.

FOR MORE MILITARY MEMBER BENEFITS, **VISIT USAA.COM/SERVING.**



TODAY

- Last day to register for Quarterly Airmen's Birthday Meal with First Sergeant
- TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development Center
- Fit Family Boot Camp, 0930, Fitness Center • Luck of the Irish Lunch Celebration, 1030-
- 1330, Dakota Inn Dining Facility
 - Fit to Fight, 1100, Fitness Center
- Friday Fun Members Buffet, 1630, Rockers
- St Paddy's Celebration, 1630-2000, Rockers Bar & Grill
 - Torch Club, 1700-1800, Youth Center
- "Doo It Your Way" Burger Night plus Family Bingo!, 1700-1900, Jimmy Doolittle Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill and the Jimmy Doolittle
 - Base Skate, 1800-1900, Youth Center
 - Keystone Club, 1830-1930, Youth Center
 - Mixed Fun League, 1830, Bowling Center
 - Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2100-Midnight, Bowling Center

SATURDAY

- Green Dance Fitness Party, 1000-1200, Fitness
 - Youth Leagues, 1000, Bowling Center
- Jiu Jitsu Training, 1100, Fitness Center
- Family Game Night, 1600-2100, CPPO, Held at Rough Riders Pizza
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Bowling Center
- 70s/80s Night, 2100-0100, Rockers Bar & Grill

SUNDAY

- Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

MONDAY

- TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development Center
 - Fit Family Boot Camp, 0930, Fitness Center
- Fit to Fight, 1100, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Yoga, 1830, Fitness Center

TUESDAY

- Youth Center Dance Classes, Every Tues, Various Times, Youth Center
- TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development Center
 - Swim Lessons, 0900, Indoor Pool
 - Swim Lessons, 1000, Indoor Pool
 - Game Day, Every Tues, 1000-1930, Library • Family Fun Night, Every Tues, 1700-2100,
- Rough Riders Pizza
- Family Fun Night w/ Fairy Princess, 1700-1900, Rough Riders Pizza

- Rockers Family Dinner Night, 1700-2000, Rockers Bar & Grill
- Jiu Jitsu Training, 1800, Fitness Center (18 &
 - Urban Boot Camp, 1830, Fitness Center
- Cycle, 1930, Fitness Center

WEDNESDAY

- TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development Center
- Club Member Benefit, Every Wed, 0900-2000, **Bowling Center**
 - Story Time, Every Wed, 1030, Base Library
- Fit to Fight Cycle/Core, 1100, Fitness Center
- Pre-Deployment Readiness Training, Every Wed, 1400-1500, A&FRC
 - 4-H Club, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Boss and Buddy Draft Special, 1630, Rockers Bar& Grill
- Wednesday Night Fun Open Bowl, Every Wed, 1700, Bowling Center
 - Zumba, 1730, Fitness Center
- Jiu Jitsu Training, 1800, Fitness Center (18 &
 - Yoga, 1830, Fitness Center

THURSDAY

- TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development Center
 - Swim Lessons, 0900, Indoor Pool
 - Swim Lessons, 1000, Indoor Pool
 - Craft Club, 1030, Base Library
- Hard Core Strength Muscle Pump, 1130,
- Reintegration Briefing, Every Thurs, 1300-1400, A&FRC
 - Off-Base Budget Class, 1430-1600, A&FRC
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- YC Spaghetti Dinner/Open House + Passport Walk, 1700-1900, Youth Center/SAP
- Jiu Jitsu Training, 1800, Fitness Center (18 & Older)
 - Teen Book Club, 1800, Base Library
- Hard Core Strength Muscle Pump, 1830, Fitness Center
- Fun 9 Pin No Tap Mixed League, 1830, Bowling Center
 - Mixed Couples League, 1830, Bowling Center
 - Cycle/Core, 1930, Fitness Center

UPCOMING EVENTS - MARCH 24

- Last day to register for Ladies Night at Auto Hobby
- TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development
- Fit Family Boot Camp, 0930, Fitness
 - Friday Fun Members Buffet, 1630,

Rockers Bar & Grill

- Torch Club, 1700-1800, Youth Center
- Minot's March Madness Wine Pairing, 1700-1900, Jimmy Doolittle Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill and the Jimmy Doolittle
 - Base Skate, 1800-1900, Youth Center
- Give Parents A Break, 1800-2200, Child Development Center/School Age Annex
 - Youth Cooking Classes, 1830, Youth Center
 - Keystone Club, 1830-1930, Youth Center
 - Mixed Fun League, 1830, Bowling Center • Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri,

2100-Midnight, Bowling Center

UPOMING EVENTS - MARCH 25

- Chess Club, 1100, Base Library
- Jiu Jitsu Training, 1100, Fitness Center
- St Patrick's Day Scotch Doubles 9 Pin No-Tap Tournament, 1400-1800, Bowling Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2100-Midnight, Bowling Center

ONGOING EVENTS

- 2017 Club Member Scholarship Contest, Need money for college? Enter to win a scholarship from the Air Force Clubs. Create an essay or video and submit it starting March 1st. Visit MyAirForceLife. com/Clubs for eligibility, essay/video topics, instructions, & rules.
- Air Force Marathon MAJCOM Challenge, Represent your command! Run in a Full or Half Marathon on September 16th, 2017. Go to usafmarathon.com/majcom-challenge to apply.
- Rough Riders Monthly Pizza Special. March Special – Chicken Parmesan Pizza. A delicious breaded cubed chicken on top of our famous marinara, seasoned with oregano, tomatoes, Parmesan, mozzarella, and garlic. Baked to perfection and topped with fresh basil straight out of the oven. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Try it on a Panino! \$8.25 meal – includes side & drink
- B-Fifty Brew Drink Special. Lucky Coffee Vanilla Frappuccino March Special - A delicious Frappuccino coffee flavored with vanilla topped with an espresso infused whipped cream. Don't forget our green clover sprinkles for good luck! Tall \$4.50 Grande \$5.00 Venti \$5.50
- Auto Hobby Monthly Special. March Oil Change Special The entire month of March, when you purchase oil and a filter from Auto Hobby you will get the flat stall FREE for 1 HOUR! Save \$3.50





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EXPECTANT AND BREASTFEEDING

MOTHERS We meet the 2nd Thursday of each month at 10 AM at the Rough Rider's Golf Course Meeting Room. Please check our facebook page LLL of Minot for last minute meeting updates and changes. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. Babies and children welcome. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLofMinot.

MINOT ENLISTED SPOUSES CLUB

Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

PARK UNIVERSITY SPRING 2016 REGISTRATION IS NOW OPEN!!

Don't let the Holidays get your side tracked!! Park University's Spring 1 (Jan 16-Mar 12, 2017) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

CENTRAL MICHIGAN UNIVERSITY AT MINOT AFB

CMU specializes in master level degrees. CMU offers a military discount to active duty, spouses, and federal employees. The Spring I term for faceto-face at Minot AFB, starts January 13 to February 25, 2017 (only meeting two weekends) Classes will meet Fridays, 5-10pm and Saturdays 8:00am-3:30pm. Online classes starts January 9 to March 3, 2017. We are always looking for local instructors in the Minot area. The candidates must have a Ph.D. or a terminal degree. If you have any questions or want more information about our programs or faculty opportunities, please stop by the office M-F: 8am-4:30pm located at the Education Building, 156 Missile Ave. #219, or call us at 701-727-5535 or email minot.afb@cmich.edu.

MINOT OFFICER SPOUSES CLUB

Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/ little-clubs.html

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY AT MINOT AFB is now

registering for the Spring 2017 term (20 Mar-21

May). To sign up for Undergraduate and Graduate courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu. If you have any questions, please call 701-727-9007.

WELCOME SPRING! VENDOR SHOW 3/17/2017 10:00 AM - 3/19/2017 6:00 PM

Dakota Square Mall. Local small business and home-based vendors on hand to sell everything from truly amazing home-made salsa & goodies, boutique apparel & gifts, the best in skincare and the latest in healthy essential oils and more! Something for everyone!!

BABAR STORYTIME 3/18/2017 10:30 AM

Main Street Books; 8 Main Street South. Join us this Saturday as we read Babar's Guide to Paris! After the story, stick around as we have a fun craft! This event is primarily for ages 3-7, but we always welcome everyone!

STORY TIME AND CRAFT WITH BECCA 03-18-2017 10:30 AM - 03-**18-2017 11:30 AM** Main Street Books

8 Main Street South. Come and enjoy Themed Stories and Crafts at Main Street Books on Saturdays. We will be reading with your child at 10:30 am, followed by a matching craft! Don't miss the fun! Children of all ages welcome!

PRAIRIE WARRIOR AUCTION 3/18/2017 5:30 PM

Holiday Inn -2200 Burdick Expy E. In its previous 30 years, the annual Military Affairs Committee Prairie Warrior Competition has raised more than a half a million dollars. The funds support many base organizations and functions designed to improve the morale of the men and women stationed at Minot Afb. This includes expenses incurred by competition teams, squadron activities and annual awards banquets. funds also go to the Thanksgiving baskets project during the holiday season and operation Warmheart, a program for families in need. The 31st annual auction, set for Saturday, March 18, will be held at the Holiday Inn in Minot with a preview of auction merchandise beginning at 5:30 p.m. The live auction, with auctioneer John Bearman, will begin at 6:30 p.m. Refreshments and hors d'oeuvres will be served, and there is a \$25 charge at the door. Each year, the event raises thousands of dollars to help with the expenses for Minot Air force base competitions. Every year, donations by area businesses and individuals make this event successful. Items donated can be serious, humorous, unusual, imaginative or creative. Any special instructions or information about the items, such as historical significance, should be included if applicable as the information may increase the items' value during bidding, for further information about donating auction items, appropriate auction items, or to arrange for pick-up of auction items, please call the Chamber at 852-6000.

-Friday, Saturday, & Sunday

-Not available during special events,

-Upon check-in guest will receive

\$20.00 in fun bucks (\$5.00

MAKER MONDAY 03-20-2017 10:30 AM - 03-20-2017 11:00 AM

Minot Public Library

Maker Mondays, a story/activity program for independent children ages 3-6, will be held on Mondays at 10:30 AM in the Imagination Station of the Minot Public Library. The programs for the spring are as follows:

Mar 20- Welcome Spring;

Mar 27- Cloudy Day;

Apr 3- Chicks;

Apr 10 - Easter Craft;

Apr 17- Rockets; Apr 24- Kites; May

1- Mother's Day;

May 8- Flowers

SIDE BY SIDE STORIES 03-21-2017 10:00 AM - 03-21-2017 10:30 AM

Minot Public Library. Side by Side stories will be held Tuesdays at 10:00 am for children accompanied by parents or other caregivers. For more information, please contact the Children's Library at 838-0606.

STORKS MOVIE MATINEE 3/21/2017 2:00 PM

Minot Public Library. Open to adults and children of all ages- under 5 MUST be with an adult.

GHOSTBUSTERS TEEN MOVIE 3/21/2017 2:00 PM

Minot Public Library. Join us as we discover what it means to create a board game. We will have 2 workshops on how to build, advice freely flowing and assistance using the software and printer through out the workshop. You can craft a board on your choice of software, build your own game pieces and write your own rules. On March 30th, we will hold the contest where participants will prove their game by allowing others to play it! The best game builder wins the grand prize: 2 free tickets to iMagicon! 2nd and 3rd placers will receive gift cards. You are welcome to work on your game as much as you'd like.

COMEDIAN ERIC O'SHEA 3/21/2017 7:00 PM

Ann Nicole Nelson Hall, Old Main, Minot State University. Please join us for a comedy show featuring Eric O'Shea! As a veteran performer of over 1200 colleges and universities, sit back, buckle yourself in and let his clean wit and priceless observations take you through your embarrassing childhood and everyday moments that drive you insane! From surviving family, to surviving all 24 hours of the day-from original stories to celebrity impressions (including ELMO!) - Eric's UNIQUE humor, expressions, and high-energy show is unlike anything you've ever heard. Admission is free. Parking is unrestricted. http://www.ericoshea.com/

"WHEN YOU WISH UPON A STAR" **WOMEN'S RETREAT** Faith United

Methodist Church 5900 Hwy 83 N, Minot Saturday, April 1, 2017 9:30 a.m. - 3:00 p.m. A day filled with Inspiration, Joy & Lunch! Tickets \$10; purchase by March 25th. Call Judy at 838-1540 for Tickets.



North Dakota RV Dealer **#1 Motor Home, Towable** & Toy Hauler RV Sales

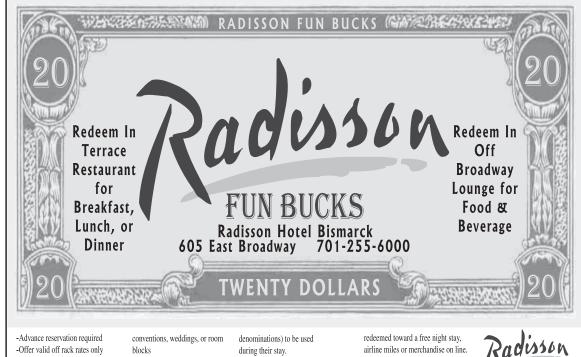
3000 14th Ave SW • Minot, ND

Hours: Monday - Friday 8:00 am - 5:00 pm Saturday 8:00 am - 2:00 pm

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CHURCHDIRECTORY

Little Flower Catholic Church

800 University Avenue West 838-1520

Mass Schedule Saturday 5:30 pm Sunday 8:30 & 11:00 am

Fr. Fred Harvey, Pastor www.littleflowerminot.com

5900 Highway 83 N, Minot www.faithumcminot.com

Pastor Tom Sumers

701-838-1540

Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m.

Worship Services: Sunday 11 a.m.

First Presbyterian

Church

www.fpcminot.org

Visitors Welcome

Bethany Lutheran

215 3rd Ave. SE, Minot, ND

Phone: 838-5196 • Fax: 852-8494

A Member of the ELCA

Sunday Worship 8:15 am & 10:45 am

Wednesday Worship6:45 pm

Website: www.bethanylutheranminot.com

Email: bethanylutheran@srt.com

Live Streaming: bethanylutheran.tv

Pastor Janet Hernes Mathistad

Pastor Gerald Roise

Broadway

(Congregational Church

of Christ Building)

701-460-6321

Faith United

Methodist

Church





109 6th St. SE Minot • 838-3094

Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.

The Very Reverend Father Anastassy



We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.

Now meeting at 1505 N Broadway, Grand International, Norse Room

Sunday Service 10:30 a.m. 838-0605

www.harvestreformedchurch.org

GLENBURN FIRST BAPTIST CHURCH

402 South Street • 701-362-7971

Sundays:

Morning Worship...... 10:00 a.m. Sunday School 11:15 a.m.

Wednesdays:

Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons

Pastor David W. Wisthoff •701-240-1491 Congregational

United Church

of Christ

430 N. Broadway • 839-1064

Sunday School 11 a.m.

Sunday Worship 11 a.m.

Bible Study 11 a.m. - 1 p.m.

Wed. Youth Classes 6:30 - 8:30 p.m.

Saturday Worship 5:30 pm

Sunday Worship 8:30 am

Sunday Worship......11:00 am

Wednesday Supper.....5:30 pm

Wednesday Education6:00 pm

Services are now available online at firstlutheran.tv

Radio Broadcast KRRZ 1390 AM 8:30 AM

Sunday Education

First Lutheran

Church - ELCA

120 - 5th Ave. NW

852-4853

...9:45 am

Tuesday Lunch

GRIEF SHARE **Preview Session**

Bible Fellowship

Church

March 12 at 6:30pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org

Worship Service 10:45am Sunday

Sunday School/Bible Study 9:45am



St. Mark's **Lutheran Church**

Missouri Synod

Sunday Worship8:30 & 11:00 a.m. Sunday School, Adult Bible Class & Adult Choir 9:45 a.m.

2209 4th Avenue NW Minot, ND 839-4663

Carlyle Roth, Pastor

www.stmarksminot.com

Call or check out our website for more information.







A Church of the Lutheran Brethren

Sundays:

Worship....... 8:30 a.m. & 10:45 a.m. Interpreter services for the deaf .. 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at:

www.ourredeemers.org

Bethel Free Lutheran **AFLC**

"Building Followers of Jesus Christ!"

Sunday School 9 a.m. Worship Service 10:30 a.m. Wednesday Supper...... 6:15 p.m. Adult/Youth Bible Study

Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com

First Assembly of God

1805 2nd St. SE 838-1111

Morning Worship8:30	a.m.
Sunday School10	a.m.
Morning Worship11	a.m.
Evening Worship 6:30	p.m.
Wednesday Family Night 7	p.m.

To Advertise your Church in this space.

Call 839-0946

Only \$7.00 per week

Minot **Baptist Church**

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School	9:45 a.m.
Morning Worship	11:00 a.m.
Evening Worship	6:00 p.m.
Wednesday Evening	7:00 p.m.

Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller

Apostolic Faith

Church, UPCI

2929 19th Ave NW • Minot

Located off Hwy 83 Bypass West

(701)838-0609

Saturday School 2:00 p.m.

Sunday Worship 3:30 p.m.

Wednesday Bible Study7:30 p.m.

Jesse Starr, Pastor

First Baptist Church

Classic Worship Service 8:30 a.m.

Adult Sunday School 9:45 a.m.

Contemporary Worship Service 9:50 a.m.

Sunday School (All Ages)...... 11:00 a.m.

Contemporary Worship Service...... 11:05 a.m.

Wed. AWANA (Sept. to May) 6:30 p.m.

Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

200 3rd St. SW • 852-4533

www.fbcminot.org

Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule

Contemporary Worship 9:30am Child/Youth Sunday School .. 11:00am Adult Sunday School 8:30 & 11:00am Traditional Worship.....

Wednesday Evening Schedule Community Dinner.....5:30-6:30pm Contemporary Worship.......... 6:30pm Youth Group & Small Groups.. 7:15pm

All are Welcome! www.ecominot.org

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule:

Tuesday	7 p.m.
Wednesday - Friday	9 a.m.
Saturday	5 p.m.
Sunday	8 & 10:30 a.m.

Fr. Dave Zimmer, Pastor Parish website: www.stijohnminot.com

Calvary Alliance Church

715 20th Avenue NW

Minot, ND 58703

www.calvaryofminot.com

701-852-0670

Sunday Worship Service 10:00 am

Wednesday Prayer 6:30 pm

Wednesday Youth Group

(grade 7-12).....

Sunday School...

Pastor Ken Nelson & Pastor Brandy Geriets **West Minot**

Family Worship Center

1105 16th St. NW • 839-1407
Sunday School 9:30 a.n
Sunday Worship 10:30 a.r
Children's Church & Nursery
Wednesday Family Training Hour

Meal... Classes for All Ages 6:30 p.m. Youth Center, Friday......7:00 - 11:00 p.m. ABC Child Care Center852-6352

westminot.com

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BREAD OF LIFE ELCA

Pastor Taryn Montgomery

Saturday Worship5:00 pm Sunday Worship 8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Education6:00 pm

Breadoflifeminot.com

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8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319



Sunday School	9:00 am
Meet and Greet	10:00 am
Sunday Worship	10:30 am
, '	

Pastor Gregg S Smith www.gracefellowshipatburlington.com



An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Suriday Scribbi				
& Fellowship	9	00:0	a.m.	
Worship				
•				

www.trinitychurchminot.org

Children's Church.....

Immanuel Baptist Church

1615 2nd St. SE • Minot • 839-3694 Sunday Sobari

Sunday School	9:15 a.m.
Worship	10:30 a.m.
We	dnesdays:
Soup Kitchen	.11:30 a.m 12:30 p.m.
Family Supper	5:45 p.m.
Classes for all a	ges 6:30 p.m.
Adult Choir (as s	scheduled). 8:00 p.m.

Brian T. Skar, Pastor www.ibcminot.org

Gospel Tabernacle

Community Church

9999 27th St NE

4 miles south of MAFB James W. Henderson

Anna B. Henderson

Church: 701-838-4492

Home: 701-838-5759

KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.

Adult/Children Worship...11 a.m.

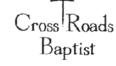
Family Hour6:30 p.m.

Evening Worship7:30 p.m.

Children Worship (Wed)....7 p.m.

Prayer (Friday)7 P.m.

Bible Study/Child-Adult



Sunday School (all ages)9:4	5 a.r
Sunday Worship 11 a.m. & 6:3	0 p.r
Wednesdays (Prayer & Missions)6:3	0 p.r

www.minotcrbc.org email: crbc@srt.com

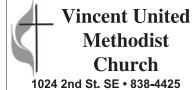
415 28th Ave SE (Behind Menards) 838-1873



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Saturday Worship 5 p.m. Sunday Worship ... 8:30 a.m. & 11 a.m.

John Streccius, Pastor Carol Wendel, Pastor



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Fellowship...... 11:00 a.m. Pastor Ray Baker www.vincentumc.com



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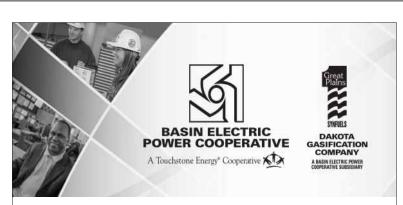
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8	9	6	3	7	5	4	2	1
3	5	7	4	2	1	9	6	8
4	1	2	8	6	9	7	5	3
6	3	9	1	8	7	2	4	5
5	4	1	6	3	2	8	9	7
2	7	8	9	5	4	1	3	6

Answers to puzzle from page 6

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SMALL TOWN LIVING – Many updates in this 3 bedroom, 2 bath manufactured home on 5 lots in Des Lacs. Sliding glass door in dining room to backyard, fireplace in living room, new roof and furnace. Large addition that connects to the double garage.

MLS #170443

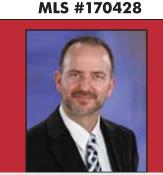


SPACIOUS CONDO - 4 bedroom, 3 bath with vaulted ceiling in living area. Large lower level has a family room, 2 bedrooms and ¾ bath. Double garage. Owner/Licensed Salesperson.

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Janet Schelling

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This picture perfect home near the university is ready for you to move right in! Many upgrades in this 2 bedroom, 2.5 baths, home include knotty-pine lined ceilings, updated kitchen, newer roof, siding and windows. The basement was gutted and remodeled after the 2011 flood. Call Cindy Strandberg at 833-1956. #170464

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pedrooms all nice size on the main level including a large master bedroom with master bathroom with double sinks and 2 closets. Main floor laundry, office, large sunken living room, full bath with double sinks and another half bath. Call Lori Henderson at 721-0158. #162226

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cozy home on South Hill with a non-conforming bedroom in Call Cindy Strandberg at 833-1956. #170486

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Looking for a rural property? Then this is the one! very nice newer 5 bedroom, 2.75 bath with 36x32 triple garage on 4.62 acres just 5 minutes from Minot. 1620 sqft on each level with 3 bedrooms or the main floor. Call Lori Henderson at 721-0158.

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1.1/2 story has a great start w/steel siding, covered porch, newer appliances, partially fenced generously sized yard. Formal dining room has an arch opening to living room. The basement is ready to finish. Call Aisha Vadell at 240-3780. #170465

\$169,500



Don't miss out on this newer modular home that sits on a good size lot. There are 3 bedrooms and 2 laundry. The home is close to a park and in a guiet neighborhood with many mature trees. Call Clyde Thorne at 240-8594. #151547

\$165,000



Welcome, Home! This quaint single family house in NW Minot has a welcoming feel the minute you walk through the door. The open concept living room, kitchen and dining area boast a wonderful flow and the fireplace is a warm friendly feature. The natural light shines through all the windows. Call Amber Alexander at 500-0810. #162161

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- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
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