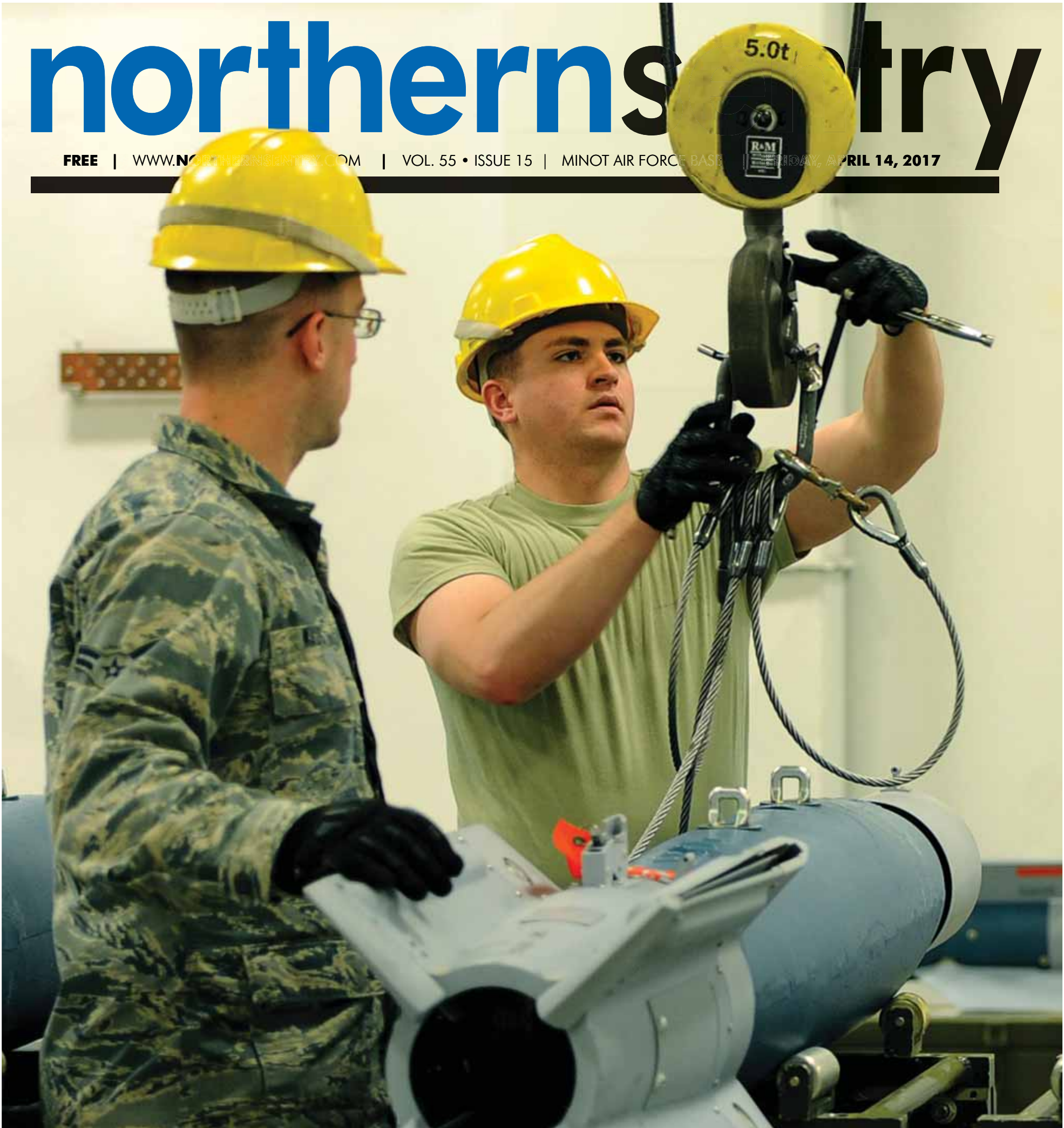


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Commentary: The Greatest Generation

SENIOR AIRMAN APRYL HALL | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- When I arrived bright-eyed and bushy-tailed to my first duty station Minot Air Force Base, North Dakota as a photojournalist in the world's greatest Air Force, I was eager to tell peoples' stories. While tackling what I believed to be one of my first real, in-depth features, I was told by my supervisor to track down a World War II veteran who could add to the story.

My current project was a fact-heavy history piece about the 8th Air Force's involvement in WWII. I thought my story was good as it was, but I humored my supervisor and started making calls.

A week later and I was driving downtown to pick up the 89-year-old B-17 Flying Fortress ball turret gunner who was supposed to add value to my "already perfect" article. I had always been good talking with senior citizens. My grandfather, who also served during WWII, lived with us growing up, so conversation and interaction was natural and comfortable. In fact, in many ways he reminded me of my grandfather, which allowed me to take to the gentleman instantly. Almost four hours later without a single dull moment, I knew Leo was someone I wanted to spend time with again. So

I did. Leo and I spoke often. We had dinner and met with him and his friends for breakfast. We exchanged Christmas gifts and I brought him as my date to base events. As often as my schedule allowed, I made a point to spend time together. When he told me stories about the war or just life in general, I was like a sponge, eager to soak up every ounce of information. He quickly became one of my favorite people in the world.

Over the next four years our friendship grew strong and I began to consider Leo family. He appreciated me involving him in military-life things like the Air Force Ball or Air Force Association banquets. I cherished his company and stories. Little did I know, throughout those years, he was teaching me a lesson I wasn't able to learn earlier in life.

My grandfather had always wanted to share war stories. He would comment, "When I was in the Navy..." but instantly I tuned out. I was a teenager who didn't care much for history. When I was 18 years old and leaving for college my grandpa passed away. I was deeply saddened and mourned his death, but never realized what I lost until I met Leo nearly a decade later.

Leo taught me that history does matter and those stories are important. He taught me that we make choices in life today, especially as



COURTESY PHOTO

service members, because of those who paved the way for us. He showed me what resiliency is and how courage and perseverance can overcome all. But most importantly, he taught me how to cherish the people in our lives.

A few weeks ago, when I received the news Leo had passed, I was initially regretful. I was ashamed I didn't call or spend more time with him. Part of me thought back to my grandfather's death, and how Leo enlightened me with what my grandfather's stories could have given me, if only I had listened. I felt a twinge of pain then too.

But, as I sat in the church and watched the American flag being folded and handed off to Leo's children, the sadness and regret washed away with pride. I was proud of all that Leo had accomplished throughout his 92-year-long life. Most importantly, I was proud and honored to call him a friend.

Leo is responsible for making my time in Minot

special. He made my very first feature article immeasurably better than what it was without him. He made my life better. The men and women like Leo who have seen and survived things we can't even fathom live to share their stories with us. Let them. Listen. We call them the Greatest Generation. Leo taught me why.

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U.S. AIR FORCE PHOTO | SENIOR AIRMAN KRISTOFFER KAUBISCH

According to the Air Force, many mishaps have cited fatigue as a contributing factor. Getting a better night's sleep is not only important to be alert during the work day, but also for avoiding health risks.

Good sleep promotes a successful mission

SENIOR AIRMAN KRISTOFFER KAUBISCH | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- A buzzing alarm can feel overwhelming, especially when you didn't get enough rest the previous night. Without adequate sleep, fatigue occurs, which in return decreases an individual's work capability.

According to the Air Force, many mishaps have cited fatigue as a contributing factor.

The Minot Air Force Base health promotions department conducts sleep assessments to help with fatigue and getting enough sleep.

A typical person should get between seven to eight

hours of sleep a night. However, as people age, the need for more sleep is decreased, according to the Center for Deployment Psychology. Many factors affect sleep, including sleep stage and circadian rhythm.

"We have different things at our fingertips: Facebook, Amazon, video games and Netflix," said Maj. Danielle Tuttle, 5th Medical Operations Squadron health promotions flight commander. "All of these things are harboring us from falling asleep."

Getting a better night's sleep is not only important to be alert during the work day, but also for avoiding health

risks.

"We give people tips on how to balance their sleep schedule with their family time on their days off," said Tuttle. "We also help individuals with eating and exercising habits, and other factors that are contributing to their lack of sleep."

Listed below are some things to consider for improving sleep habits.

What is causing you to feel so tired?

- Skipping your workout
- Not drinking enough water
- Stress
- Skipping breakfast
- Eating too much junk food
- Electronics before bed

Use these self-help tips to restore your energy levels.

- Eat often
- Exercise frequently
- Lose weight
- Sleep well
- Reduce stress
- Cut out caffeine
- Drink less alcohol
- Drink more water

For those seeking further assistance to improve sleeping habits, the 5th Medical Group health promotions department offers mass briefings, classes and a fatigue assessment.

Bumper stickers: extensions of communication

AIRMAN 1ST CLASS ALYSSA M. AKERS
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Active Duty Air Force members are held to high standards, even when it comes to bumper stickers placed on their privately owned vehicles.

"A bumper sticker acts as an additional type of speech by the Airmen," said 2nd Lt. Bryant Mishima-Baker, 5th Bomb Wing volunteer legal services officer. "We have to be careful of things that can be misunderstood."

According to Mishima-Baker, a good rule of thumb to follow is anything an Airman can't talk about face-to-face shouldn't be on their POV.

There is only one Air Force Instruction that mentions bumper stickers directly.

According to AFI 51-902,

Political Activities by Members of the U.S. Air Force, section 3: Permitted Activities, members may display a political bumper sticker on their private vehicles. However, the following section states that members will not display a large political sign, banner or poster on a private vehicle.

These instructions allow an Airman to have political bumper stickers, but only up to a certain size.

"It's important to avoid the appearance that the Air Force is supporting a certain cause or business,"

Continued on page 10

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5 MUNS ENSURES TEAM MINOT'S FIRE POWER

Technicians with the 5th Munitions Squadron conventional maintenance, replace the spanner bolt assemblies on inert GBU-12 bombs at Minot Air Force Base, N.D., April 5, 2017. Conventional maintenance crew members conduct familiarization and characteristic training to meet armor load standardizations. Situational awareness and teamwork is crucial for safe and effective transport of weapons systems on base.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN KRISTOFFER KAUBISCH



North Dakota Department of Health Urges Caution During Tick Season

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – Spring has arrived, and with the warmer weather comes the emergence of ticks, which can carry a variety of diseases. The North Dakota Department of Health (NDDoH) encourages all individuals to take precautions against tick bites when outdoors.

“The key to preventing tick-borne diseases, such as Lyme disease, anaplasmosis and Rocky Mountain spotted fever, is to avoid tick bites and find and remove ticks promptly,” said Laura Cronquist, an epidemiologist with the NDDoH. “Areas that are heavily wooded or have tall grass or brush are more likely to be infested with ticks, especially between April and September, with the highest risk of disease transmission occurring during the warmer months.”

The NDDoH offers the following tips to help reduce the chance of ticks making contact with your skin:

- Use Environmental Protection Agency (EPA)-registered insect repellent.

To find EPA-registered products, go to www.epa.gov/insect-repellents/find-insect-repellent-right-you. Always follow label directions.

- Use products that contain permethrin on clothing and gear such as boots, backpacks and tents.

- Wear light-colored clothing to make the ticks easier to see.

- Wear long pants, and tuck the legs into your socks or boots.

- Keep your shirt tucked in.

- Bathe or shower as soon as possible after coming indoors (preferably within two hours) to wash off and more easily find ticks that are crawling on you.

- Carefully examine gear and pets for ticks.

- Place clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors.

“The best way to prevent tick bites is to avoid habitats where ticks can be found, or use repellent if tick-infested areas cannot be avoided,” Cronquist said. “It is also important to conduct a full-body tick check as soon

possible. Use tweezers to remove ticks that have attached to your body.”

According to Cronquist, the best way to remove a tick is to use fine-tipped tweezers to grasp it as closely to the skin’s surface as possible and gently pull upward with steady, even pressure until it is free. Avoid twisting, jerking or crushing the tick during removal. Make sure to wash your hands and the site of tick attachment with soap and water after removal.

The most common symptoms of tick-borne diseases include fever, chills, headache, fatigue, muscle aches and joint pain. Early detection of tick-borne diseases is important to prevent potentially severe complications, so people should seek medical care if they develop symptoms suggestive of a tick-borne disease after spending time outdoors.

For more information on tick-borne diseases and tick bite prevention, contact Laura Cronquist at lcronquist@nd.gov, 701.328.2378 or 800.472.2180.

~ CINCO DE MAYO 5K BEER DASH ~ An energizing outdoor activity!

TAUBE MUSEUM OF ART

Looking for an outdoor event to reenergize and support the arts at the same time? The Taube Museum of Art invites you to participate in their Cinco de Mayo 5K Beer Dash on Saturday, April 29th! The Cinco de Mayo

Fun Run is a noncompetitive event and is open to runners and walkers of all ages. “Beer stops” will be at The Pour House, Souris River Brewery, and The

Starving Rooster. Nonalcoholic beverages will also be available.

Registration starts at 9:00 am at the Taube Museum of Art, located at 2 N. Main St., downtown Minot. The 5K Run/Walk will start at 10:00 am. The route will start and end at the Taube Museum of Art. Registration fees for the 5K are \$35 for nonmembers and \$30 for members. Fees include: run/walk, Mexican lunch, beer, and a commemorative race t-shirt. T-shirts are only guaranteed if registered no later than April 17. Pre-registration is encouraged, but you may register the day of the event. Online registration is available at www.taubemuseum.org or stop by the Taube Museum of Art, The Pour House,

Souris River Brewery, or The Starving Rooster for registration forms.

Be sure to wear your “Fiesta Attire” to celebrate Cinco de Mayo! Prizes will be awarded to top 3 most extravagant outfits! With the continued support of the Minot community we are able to fulfill our mission of enriching lives through the visual arts.

Museum and Gift Shop business hours are 10:30am - 5:30pm Tuesday through Friday and 11:00am - 4:00pm Saturday. Contact Nancy F. Walter, Executive Director at the Taube Museum of Art at 838-4445 for further information.

Register Now!

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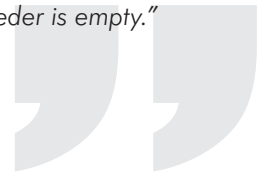
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PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



“Excuse me...your bird feeder is empty.”



– Tee shirt design featuring a squirrel tapping its foot.

Squirrel patrol.

It’s what the two resident Brittany hunting dogs, Eider and Garnet, believe is their moral obligation whenever they’re not afield after things with wings during hunting season.

You see, living out in the country this yard is shared with wildlife of all sizes and shapes, whether the humans in the house are enamored with them or not.

Critters include the usual bunnies, pheasants, variety of songbirds – including bluejays – deer, mink, weasel, etc. Unfortunately, skunks, coyotes, and raccoons have been known to visit, as well.

And squirrels.

Lots of squirrels, each and every one of them believing they own the yard and everything in it.

Eider and Garnet, however, have determined that squirrels are the Scourge of the Earth.

The squirrels, on the other hand, have determined it’s their Mission in Life to taunt, tease, and generally harass Eider and Garnet.

They sit on the deck, blink innocently into the windows and large glass doors, and flick their tails while the dogs bark, whine, cry, whimper, glare, and, basically, try to defend to their last breath their interior domain.

The windows and glass doors have more nose prints and tongue slobbers than a set of two-legged, 2-year-old quintuplet children could ever create.

The squirrels pay no mind.

They slurp from the deck’s birdbath, nibble sunflowers from the adjacent bird feeder, saunter or play tag with each other across the deck railing, sit on the deck’s chaise lounge and eat peanuts-in-the-shell (yes, the squirrels and bluejays enjoy roasted peanuts-in-the-shell in our yard), leaving the empty shells for later cleanup by the person filling their “peanut jar”.

Occasionally, the squirrels opt to investigate up close and personal, ventur-

ing to the door’s outside glass or screen in the summer while nose-to-nose with Eider and Garnet, separated by two panes of glass.

The people of the house have learned to check the yard before going outside with the dogs. Otherwise, the chase is on should Eider or Garnet – or both – venture outside when a squirrel is in their outdoor domain.

Typically, the squirrels have enough of a head start so they’re safely in any one of the multitude trees. Or they employ the “scatter and run” technique where an entire red, bushy-tailed herd of them scatter in a variety of directions, leaving the dogs in their wake.

Last week, however, one squirrel let down its guard – or else it was overly confident.

Garnet, being 4 years younger and at least 10 pound lighter than her “sister” Eider, kicked it into overdrive while the squirrel was still in “na-na-na-na-na, you can’t catch me mode”.

The squirrel was wrong. And that didn’t set well with the squirrel, who when Garnet grabbed her or him, decided to retaliate by nipping Garnet in the nose.

Twice. A surprised Garnet dropped the squirrel just as Eider lumbered to her rescue, grabbing the attack monster and shaking it.

By that time, the humans of the household got to the scene of the crime and the squirrel disappeared into the trees.

Both dogs went back to the house where Garnet underwent damage assessment.

Yup, two little nips across the nose.

Garnet is none the worse for the experience. The fate of the squirrel remains a mystery.

But Eider and Garnet remain on squirrel patrol... and plot their revenge while the squirrels, well, they still enjoy sunflower seeds, peanuts-in-the-shell, and the birdbath.

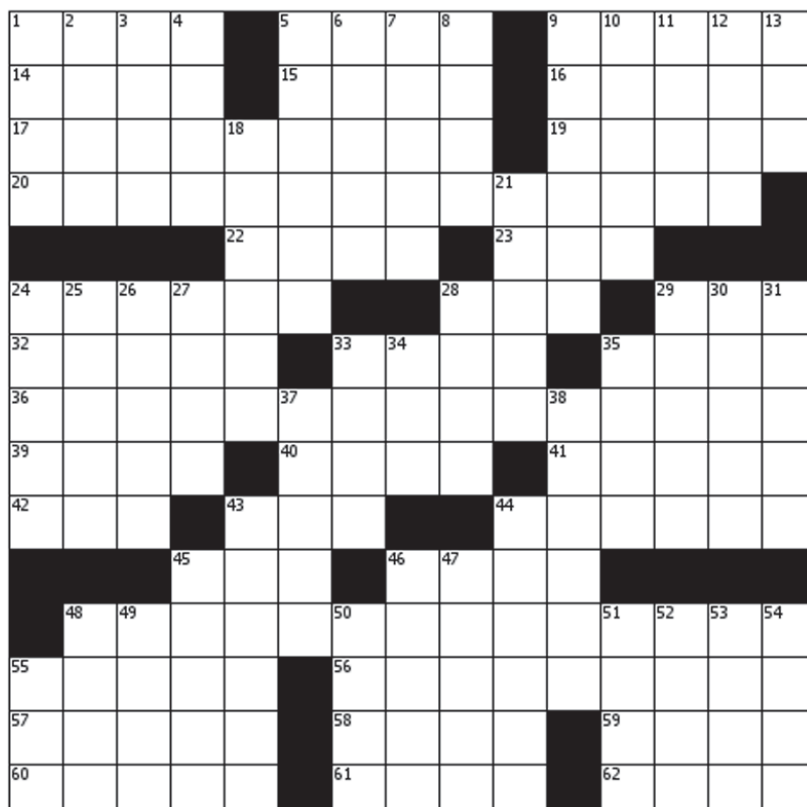
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CROSSWORD PUZZLE

Across

- 1. Single man at a party
- 5. Old Soviet news agency
- 9. Burghoff role in "M*A*S*H"
- 14. Strauss, the jeans maker
- 15. Rose's lover
- 16. January in Guadalajara
- 17. Create
- 19. Short superstar?
- 20. Quip (part 1)
- 22. "Citizen ---" (1992)
- 23. Set aflame
- 24. --- des Cygnes (Kansas river)
- 28. Suffer, as from the flu
- 29. Former name of Tokyo
- 32. Manage to avoid
- 33. Hippocratic pronouncement
- 35. Enthusiastic
- 36. Quip (part 2)
- 39. Young fellows
- 40. Per --- (daily)
- 41. Arthur Hailey work
- 42. Tennessee has two
- 43. Acquire
- 44. Kind of bead
- 45. Supportive of
- 46. Stanch
- 48. End of the quip
- 55. Crotchety old men
- 56. Table napkin at Buckingham palace
- 57. "Wait --- Dark"
- 58. Family lineage diagram
- 59. Eggy quaffs
- 60. Hunter's lure
- 61. Hemstitches
- 62. Grandiose poetry



Down

- 1. Trudge through the mire
- 2. Garr of film
- 3. Tel ---
- 4. Leslie Caron title role
- 5. Dances for two?
- 6. Disconcert
- 7. Hold for later, as big news
- 8. Appear to be
- 9. Pistol's kickback
- 10. Concerning
- 11. Editor's removal ma
- 12. Sphere
- 13. Reiner or Roy
- 18. Provoke, as a riot
- 21. Philanthropist Yale
- 24. Word with sugar or syrup
- 25. Of interest to Auduhon
- 26. Bassoon and English horn
- 27. Fly ball trajectories
- 28. Mighty mite
- 29. Mrs. Perón
- 30. Place for a short-order cook

- 31. In a strange manner
- 33. "Think nothing ---"
- 34. Tar's assent
- 35. Andy's radio partner
- 37. Nickel finish?
- 38. Equilateral parallelograms
- 43. Gruesome
- 44. Keanu of Tinseltown
- 45. Place for a barbecue
- 46. One cubic meter
- 47. Hurled
- 48. Finished
- 49. Mil. training class at college

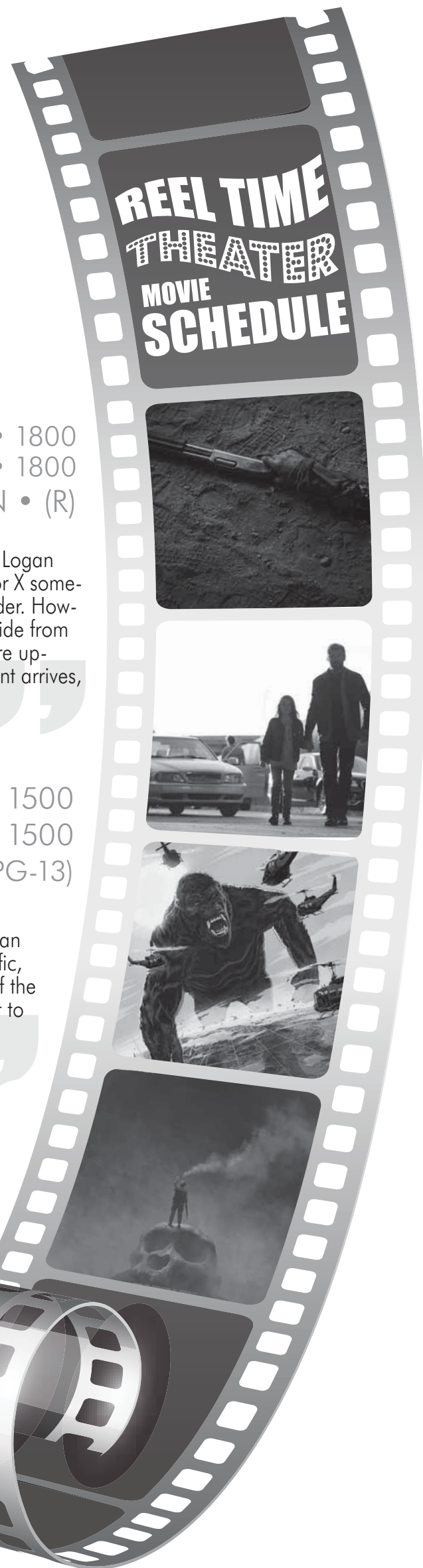
- 49. Mil. training class at college
- 50. Heathrow visitors
- 51. Russo of "In the Line of Fire"
- 52. On the surface of
- 53. Let --- (drop the matter)
- 54. Stack part
- 55. Ruminant's chew

SUDOKU Solution to puzzle on page 14

				1		2		3
				3	4			
5			6			7		
2		5			4		3	
8		4				1		9
	6		2			8		5
		7			9			6
		2	8					
3		1		5				

Solution to last week's Crossword puzzle.

G	E	T	S		L	I	E	U		C	H	A	R	O		
O	T	O	E		E	T	A	T		A	U	D	I	T		
A	R	M	E	D	T	O	T	H	E	T	E	E	T	H		
L	E	H	R	E	R		S	A	T	S		S	T	E		
			A	E	R	I	E			N	A	P	S	T	E	R
H	A	N	D	E	D	O	U	T	P	A	P	E	R	S		
A	R	K			K	E	N	S			E	W	E			
M	E	S	S			S	T	D			C	O	P	S		
			A	C	E			E	A	S	T		P	E	A	
F	I	N	G	E	R	E	D	T	H	E	P	E	R	P		
A	T	E	A	L	O	T			E	A	T	O	N			
I	S	R			E	D	U	C			R	E	U	B	E	N
T	H	U	M	B	E	D	O	N	E	S	N	O	S	E		
H	O	D	G	E			E	M	I	R		D	O	T	E	
S	T	A	R	S			S	O	T	S		S	K	A	T	



FRIDAY, APRIL 14 • 1800
FRIDAY, APRIL 15 • 1800
LOGAN • (R)

“ In the near future, a weary Logan cares for an ailing Professor X somewhere on the Mexican border. However, Logan's attempts to hide from the world and his legacy are upended when a young mutant arrives, pursued by dark forces. ”

SATURDAY, APRIL 15 • 1500
SUNDAY, APRIL 16 • 1500
KONG: SKULL ISLAND • (PG-13)

“ A team of scientists explore an uncharted island in the Pacific, venturing into the domain of the mighty Kong, and must fight to escape a primal Eden. ”



Best Ever Carrot Cake



INGREDIENTS:

- | | |
|---|---|
| 4 eggs | CREAM CHEESE FROSTING |
| 3/4 cup vegetable oil | 1 (8 oz) package cream cheese, softened |
| 1/2 cup applesauce | 1/2 cup salted butter, softened |
| 2 cups (13.8 oz) granulated sugar | 1 tsp vanilla extract |
| 2 tsp vanilla extract | 1 tsp vanilla extract |
| 2 cups (10 oz) all-purpose flour | 4 cups powdered sugar |
| 2 tsp baking powder | |
| 1 tsp baking soda* | |
| 1/2 tsp salt | |
| 2 tsp ground cinnamon | |
| 1/4 tsp ground nutmeg | |
| 1/4 tsp ground ginger | |
| 3 cups (12.3 oz) lightly packed finely grated carrots** | |
| 1 recipe Cream Cheese Frosting, recipe follows | |
| 2/3 cup chopped pecans | |

INSTRUCTIONS:

Preheat oven to 350 degrees. Line 2 9" round cake pans with aluminum foil, leaving an overhang on two side. Grease foil and dust with flour, set aside. (This cake can also be made in a 9x13 dish just increase baking time to 40 - 50 minutes until toothpick inserted in center comes out clean, I have even halved the recipe and baked it in an 8x8 dish). In a mixing bowl, whisk together flour, baking powder, baking soda, salt, cinnamon, nutmeg and ginger. In a large mixing bowl, with an electric mixer, combine vegetable oil, applesauce, eggs, granulated sugar and vanilla. Slowly stir in dry ingredients and mix until well blended. Stir in grated carrots. Divide mixture evenly into 2 prepared cake pans. Bake cakes in preheat oven for 35-39 minutes until toothpick inserted into center comes out clean. Remove from oven and allow to cool 5 minutes in cake dishes before removing to a wire rack to cool. Lift cakes out of pan with foil overhang and allow to cool on wire rack completely before frosting (once cool I cut about 1/4" off the tops to even them out before frosting, you'll notice the centers don't rise as high as the rest). Flip cakes upside down when frosting with Cream Cheese Frosting. Sprinkle with chopped pecans. Store cake in airtight container. *Recipe originally 2 tsp baking soda, I made it again today (4/5/15) and reduced to 1 tsp and it came out more level. **Grate carrots on small grate of a grater. This is usually 6-7 medium carrots.

Cream Cheese Frosting
In a large bowl, using an electric mixer, whip together cream cheese, butter and vanilla until fluffy. Stir in powdered sugar and mix until well combine.

SOURIS VALLEY ANIMAL SHELTER

40th ANNIVERSARY

11th annual Evening to Paws Gala A fundraising event to benefit SVAS

RANDY MCDONALD | SOURIS VALLEY ANIMAL SHELTER

The Souris Valley Animal Shelter is proud to announce the 11th annual Evening to Paws Gala on Saturday, April 15th, at The Grand Hotel. After perusing our silent auction tables full of valuable items from all over the area enjoy dinner and live music from local country



music sensation, Lexi Wyman. Then get your paddles ready to bid as we close the evening with an exciting live auction full of even more spectacular items including vacation packages, a NASCAR adventure, and a custom-made wine barrel table top arcade. 2017 marks the 40th Anniversary for SVAS, and at this year's Gala we will be unveiling our plans and kicking off a major capital campaign to rebuild and expand our shelter. Our current building, built in 1984, was designed to hold 29 dogs and 55 cats and we are always operating beyond capacity. Our remodeling and expansion plans include

doubling kennel space, an in-house spay/neuter clinic, and a large multi-purpose room for our animals to get exercise during the cold winter months. We are very excited for what is to come for the SVAS, and this year's Gala is the perfect opportunity to get started.

The Evening to Paws Gala is the biggest fundraiser of the year for the Souris Valley Animal Shelter, a non-profit organization serving Ward County and the surrounding area.



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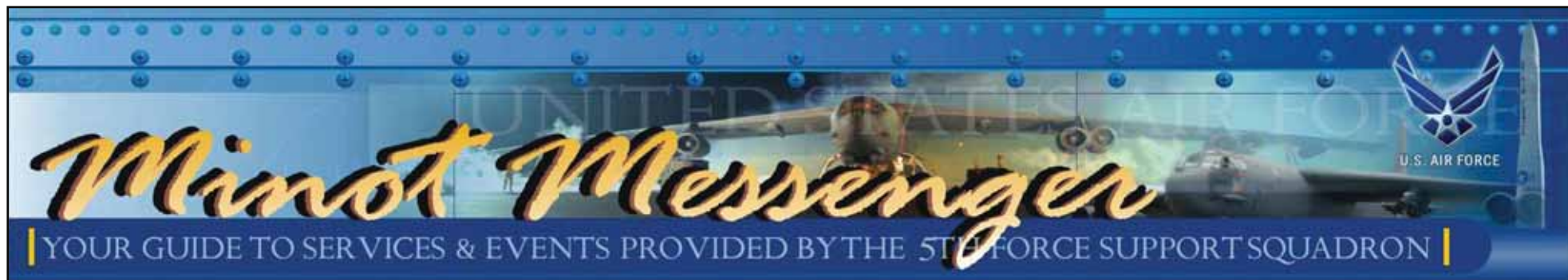
northrensentry

HELP WANTED

Looking for a driver to deliver Northern Sentry newspapers on base. This is not a house to house position but, to businesses and carriers on base. Must have own vehicle and own base pass. Can live in Minot or on Base.

Call 701-839-0946 if interested.

NEWS



Don't Miss ODR Open House and FREE National Park Passes

National Parks Visit PLUS
OUTDOOR REC OPEN HOUSE
APRIL 21 11-4 PM
Come see what Outdoor Recreation and the North Dakota area has to offer for all your summer adventures.
Free burgers, chips and drinks! (while supplies last)
723-3648

Mark your calendar for Friday, April 21 so you don't miss the fun when Outdoor Recreation holds their annual Open House. Plus the facility will also host Park Rangers from Theodore Roosevelt National Park who will be on hand to distribute free annual passes to qualified personnel.

To show appreciation for those who serve in the U.S. Military, the National Park Service and other land management agencies began issuing an annual pass offering free entrance to over 2000

federal lands including Theodore Roosevelt National Park for active duty military members and their dependents.

On Friday, April 21 from 11 a.m. to 4 p.m. at Outdoor Recreation, active duty members and their dependents can visit with representatives from the Theodore Roosevelt National Park and pick up their free pass. To obtain the pass, you must present your valid Common Access Card (CAC) or military dependent ID (DoD Form 1173). This Interagency Annual-Military Pass also permits free entrance for military personnel and their families to sites managed by the U.S. Fish & Wildlife Service, the Bureau of Land Management, the Bureau of Reclamation, and the U.S. Forest Service. Passes are limited to those on hand so be sure to come early.

Also on April 21, Outdoor Recreation is hosting an Open House from 11 a.m. to 4 p.m. Come see what Outdoor Recreation has to offer for your summer adventures including boats, campers, and more. Enjoy free burgers, chips, and drinks while supplies last. For more information, call Outdoor Recreation at 723-3648.

Enjoy Special MOMC Sunday Brunch At Doolittle Center

Month of the Military Child Brunch
Sunday, April 30, 10:30am-1:30pm
Jimmy Doolittle Center
Members: \$15.95
Non-Members: \$18.95
Children 12 & Under Eat FREE
723-3731

The Doolittle Center is hosting a special Month of the Military Child Sunday Brunch on April 30 from 10:30 a.m. to 1:30 p.m. Enjoy a delicious Sunday brunch while the kids visit with Dizzy the Clown for free balloon animals. During this brunch, special kids cuisine will be served and all children receive a free gift.

Something Minot AFB children always look forward to as part of the Month of the Military Child Brunch is the chance to win age appropriate boy and girl bicycles or other prizes. There are four age categories including: ages 2 and under, ages 3-5, ages 6-8, and ages 9-12.

Another giveaway as part of the Month of the Military Child Brunch is the opportunity for children to register their parents for a chance to win a prize. One lucky mom will receive a set of Sterling Silver Imperial Delta Pearl earrings valued at \$265.00. The winning dad takes home a men's Bulova stainless steel quartz watch valued at \$295.00.

The Month of the Military Child Brunch is sponsored by Verendrye Electric Cooperative and Knowles Jewelry. *No Federal Endorsement of Sponsors Intended.*

Cost for the brunch is \$15.95 for club members and \$18.95 for non-members. Children ages 12 and under are free. For more details, call 723-3731.

Enjoy Delicious Easter Sunday Brunch At The Doolittle Center

The Doolittle Center invites you to their special Easter Sunday Brunch on April 16 from 10:30 a.m. to 1:30 p.m. Their exceptional selection of breakfast and entrée items are sure to make it a memorable meal. Enjoy the delicious omelet bar, waffle bar, salad bar, carved prime rib, entrée line, and more. Youngsters won't want to miss the chance to visit with the Easter Bunny and receive a free Easter gift.

Cost for adults is \$15.95 for club members and \$18.95 for non-members, kids ages 6-12 are \$6.95, and children age 5 and under free. Call the Jimmy Doolittle Center at 723-3731 for additional information.

EASTER Brunch
SUNDAY, APRIL 16 10:30am-1:30pm
Jimmy Doolittle Center
Members \$15.95
Non-Members \$18.95
Children Ages 6-12 \$6.95
Children Ages 5 & Under: FREE
723-3731

WATCH HIM LIVE!
AS SEEN ON SNL and MTV's GUY CODE
DEAN EDWARDS
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FREE SHOW @ JIMMY DOOLITTLE
20 APRIL DOORS OPEN 1730

BUFFET SERVED 1730-1830

Menu
Cincinnati Chili Bar
Members: \$5
Non-Members: \$7

SHOW STARTS 1900

FOR MORE INFO:
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18 & OLDER

ALL APRIL LONG \$8 LARGE 2-TOPPING PIZZAS
ONLY AT ROUGH RIDERS PIZZA
CALL 727-4377 TO ORDER

CLUB MEMBER DRAWING ON FRIDAY, APRIL 14th WILL BE FOR \$2,000.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, Apr. 14 at Rockers Bar & Grill only as the Jimmy Doolittle Center will be closed. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Family Fun Night with the Butterfly Princess
at Lil' Riders Playland

Tuesday April 18
5-7:00pm
enjoy activities & Games!

727-4377

Like Us On Facebook
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FORCE SUPPORT SQUADRON

CREATIVE KIDS
Pom-Pom EGG Painting

April 20
10:30 - 11am
AGES: 3-5 • COST \$5
PLEASE SIGN UP AT LEAST 1 DAY PRIOR TO CLASS DATE

723-3640

Like Us on Facebook
MAD Arts & Crafts

FORCE SUPPORT SQUADRON

YOUNG AIRMEN EVENTS & PROGRAMS

Apr 14 Friday Night Karaoke
Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on April 14 from 8 p.m. to close. Rockers has a great karaoke selection for your enjoyment. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Apr 15 Country & Karaoke Night
Come out and boot scoot across the dance floor with your favorite dance partner during Country & Karaoke Night at Rockers Bar & Grill on Saturday, April 15 from 8 p.m. until 1 a.m. This event is FREE for club members and \$5 for non-members. For more details, call 727-ROCK.

GRILL YOUR OWN STEAK & GAME NIGHT
APRIL 21, 4:30-7PM

Come add your personal touch to our Friday Members Buffet by grilling your own steak your way! Plus we have all the fixins to go with your steak!

RIBEYE STEAK \$1.50/OZ.
CHICKEN BREAST \$4.50

Enjoy playing cards, dominoes, or giant Jenga with your friends!
In Bar Area Only

727-ROCK

FORCE SUPPORT SQUADRON

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An essay or video

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1 st	\$7,000
2 nd	\$5,000
3 rd	\$3,000
4 th	\$2,000
Honorable Mention	\$1,000

Visit MyAirForceLife.com/Clubs for 2017 Air Force Club Scholarship eligibility, essay/video topic, instructions and rules. Good luck!

FORCE SUPPORT SQUADRON

Apr 15 Swim Lesson Registration
Outdoor Recreation will hold Swim Lessons registration for children 6 years of age and older at the Indoor Pool on Saturday, April 15 from 12-2 p.m. Classes are for Swim Levels 1-3. Please bring swim wear and a change of clothes as there will be a swim test to determine child's level of ability. Classes will be held on April 22, 28, 29 and May 6. Friday classes are at 4 p.m., 5 p.m., and 6 p.m. while Saturday classes will be held at 9 a.m., 10 a.m., and 11 a.m. For more information, call Outdoor Rec at 723-3648.

Apr 19 Bundles For Babies
Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on April 19 from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your growing family and about many of the support programs that are available. Meet other expectant parents and receive a free gift for your new baby courtesy of the Air Force Aid Society. Please register by noon on March 14. For additional information, call 723-3950.

For 5th Force Support Job Opportunities, visit www.nafjobs.org

Apr 22 Spring Cycle-a-thon
The Fitness Center invites you to their Spring Cycle-a-thon event on Saturday, April 22 from 1-3 p.m. Enjoy a FREE 2 hour cycling class. All participants must reserve a bike at the front desk of the McAdoo Fitness Center prior to the event. The Spring Cycle-a-thon is open to DoD I.D. card holders 16 years of age and older. Please contact the McAdoo Fitness Center at 723-2145 for more information.

MINOT AFB

5 BW vs 91 MW CRUD

TOURNAMENT
April 21, 4pm
JIMMY DOOLITTLE CENTER

Looking for teams of 3 to compete in a Wing vs. Wing Crud Tournament! Register by April 19. 5 BW and 91 MW teams will compete to determine which wing will be the Crud Champions! Call the JDC to sign up and for more details.

723-3731

FORCE SUPPORT SQUADRON

TWELVE O'CLOCK HIGH
HERITAGE MOVIE AT THE JDC

FREE MOVIE AND POPCORN

APRIL 21 - 3:30PM
GROUND ZERO LOUNGE WILL BE OPEN

FORCE SUPPORT SQUADRON

GRILL YOUR OWN STEAK NIGHT

APRIL 21, 5-7PM

Pick your own ribeye steak (fresh cut to size), chicken breast, or portobello mushroom and grill it on our charcoal grill on the patio.

STEAK \$1.50/OZ.
CHICKEN BREAST \$4.50
PORTOBELLO MUSHROOM \$4.50

POTATO BAR: MEMBERS FREE
NON-MEMBERS \$7

Featuring a potato bar with all the fixin's, marinated salad and garlic medallions.

723-3731

FORCE SUPPORT SQUADRON

Applications Being Accepted For 2017 Teen Aviation Camp And Space Camp



The Air Force Services Activity Child and Youth Programs (AFSVA CYP) is offering two great summer camps providing students a wonderful opportunity to experience a multitude of activities and fun-filled interactions.

The Teen Aviation Camp will be held at the United States Air Force Academy in Colorado Springs, CO from June 24-30, 2017. The intent of the program and scheduled tours are designed to give all attendees an experience that will help them determine if aviation or the Air Force is a career choice.

This program is for youth currently in their freshman or sophomore or year. Eligible applicants include teen dependents of AF Active Duty or Active Duty Military assigned to/living on/working on an AF led installation, AF Retired, AF Civilian Employees, and Air National Guard or AF Reserve. Previous Teen Aviation Camp attendees may not apply. Lodging, meals, and activity fees are centrally funded beginning upon arrival to Teen Aviation Camp. Air fare or POV travel costs and spending money are the responsibility of the attendee.

The Air Force Services Space Camp is scheduled for July 30 - August 4, 2017 at the US Space and Rocket Center in Huntsville, Alabama. While at camp, youth ages 12-14 years old will have an opportunity to experience one of the following: Space Academy, Robotics Academy, or Aviation Challenge Mach II. Youth ages 15-18 years old may choose from one of the following Advanced Space Academy options: Aviation Challenge (Pilot Track) or SCUBA Diving (Mission Specialist Track).

Applicants must have a minimum GPA of 2.8. Eligible applicants include dependents of AF Active Duty or Active Duty Military assigned to/living on/working on an AF led installation, AF Retired, AF Civilian Employees, and Air National Guard or AF Reserve. Lodging, meals, and activity fees after arrival at Space Camp are centrally funded. Air fare or POV travel costs and spending money are the responsibility of the attendee.

For details, please visit the Youth Center or call 723-2838. **Aviation Camp applications are due to the Youth Center by April 28 and Space Camp applications by May 14.**



ND passes constitutional concealed carry law

SENIOR AIRMAN J.T. ARMSTRONG | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- On March 24, 2017, North Dakota governor Douglas Burgum signed a bill granting residents Constitutional Concealed Carry. The new legislation will allow North Dakota residents with a valid driver's license or ID card to carry concealed without a concealed weapons license.

The new law, which goes into effect Aug. 1, 2017, doesn't change Minot Air Force Base's Integrated Defense Plan.

While the carry of concealed weapons is not authorized, members residing in base housing

are allowed to store their privately owned weapons in their home. However, weapons must be registered with the 5th Security Forces Squadron armory.

Dormitory, visiting quarters and temporary lodging facility residents who wish to keep their weapons on base are required to store them at the armory.

Team Minot members who wish to concealed carry off base, the following criteria is required:

- Must be 18 years of age (21 to purchase a handgun)
- Must be a North Dakota resident for one year, with valid driver's

license or ID card

- Must not be prohibited by state or federal laws from possessing a firearm

- Must carry drivers license or ID card (or have a digital image of the license or ID)

- Must inform law enforcement officer upon in-person contact

- Must comply with restricted locations

You must have a concealed weapons license to carry concealed in the state of North Dakota until the new law takes effect.

More information about the state and Minot AFB requirements can be found at attorneygeneral.nd.gov/ or by contacting the 5th SFS armory at 701-723-3129.

BUMPER STICKERS from page 3



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS

said Mishima-Baker.

While there are specific guidelines for bumper stickers with political messages, regulations for other types of bumper stickers currently don't exist. Regardless, there are many regulations concerning an Airman's demeanor toward racist or sexist content.

"It is important to be mindful of what is added to your vehicle for the base populous to see," said Tech. Sgt. Amber Hastings, 5th Bomb Wing equal opportunity director. "If the bumper sticker is perceived to be offensive, the member may be asked to remove it from the vehicle so it does not negatively affect base personnel."

Failure to follow the regulations listed above may be grounds for punishment under Article 92 of the Uniform Code of Military

Justice, Failure to Obey an Order/Regulation.

If an NCO orders an Air Force member to remove a bumper sticker and they fail to do so, they may also be punished under Article 91 of the UCMJ, Insubordinate Conduct toward a Warrant Officer, NCO or Petty Officer.

"Punishment could be as simple as asking you to remove certain things, or it can go as far as receiving non-judicial punishment," said Mishima-Baker.

It's important to remember that we are members of the military at all times, added Mishima-Baker. The punishments that would be given for word-of-mouth may also be given for stickers on vehicles.

"If someone looks at your vehicle and it makes them uncomfortable, don't put on your car," said Mishima-Baker.



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TODAY

- Last day to register for the Picture Framing Class at Arts & Crafts
- Youth Center Dance Classes, Various Times, Youth Center
- Senior TAP GPS Workshop, 0800-1600, A&FRC, Held at the Professional Development Center
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- Youth Volleyball Camp, 1630, Youth Center
- Torch Club, 1700-1800, Youth Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Wine & Paint Class, 1800-2000, Arts & Crafts
- Give Parents A Break, 1800-2200, Child Development Center/School Age Program
- Base Skate, 1800-1900, Youth Center
- Keystone Club, 1830-1930, Youth Center
- Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2100-Midnight, Bowling Center

SATURDAY

- Jiu Jitsu Training, 1100, Fitness Center
- Swim Lesson Registration & Skills Test, 1200-1400, Outdoor Rec, Held at the Indoor Pool
- Get up. Get out. Get Fit Together Bowling, Every Sat in April, 1700-2000, Bowling Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Bowling Center
- Country & Karaoke Night, 2100-0100, Rockers Bar & Grill

SUNDAY

- Easter Brunch, 1030-1330, Jimmy Doolittle Center
- Easter Brunch, 1030-1330, Dakota Inn Dining Facility

MONDAY

- Registration opens for Mother/Son S.T.O.M.P. at the Jimmy Doolittle Center
- Reservations for new owner garden plots open at Outdoor Rec
- TAP Accessing Higher Education Workshop, 0800-1600, A&FRC, Held at the Education Center
- Reintegration Briefing, 1300-1400, A&FRC
- Home Buying Seminar, 1430-1630, A&FRC
- Youth Volleyball Camp, 1630, Youth Center

TUESDAY

- TAP Accessing Higher Education Workshop, 0800-1600, A&FRC, Held at the Education Center
- Pre- Separation Counseling, 0800-1130, A&FRC
- Game Day, Every Tues, 1000-1930, Library
- Cardio Training, 1430, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Family Fun Night, Every Tues, 1700-2100, Rough Riders Pizza
- Family Fun Night w/ the Butterfly Princess, 1700-1900, Rough Riders Pizza – Lil' Riders
- Jiu Jitsu Training, 1800, Fitness Center (18 & Older)
- Urban Boot Camp, 1830, Fitness Center
- Cycle, 1930, Fitness Center

WEDNESDAY

- Last day to register for the Crud Tournament at the Jimmy Doolittle Center
- Last day to register for Creative Kids at Arts & Crafts
- Youth Center Karate Classes, Various Times, Youth Center
- Club Member Benefit, Every Wed, 0900-2000, Bowling Center
- Bundles for Babies, 0900-1030, A&FRC
- Story Time, Every Wed, 1030, Base Library
- Fit to Fight Cycle/Core, 1100, Fitness Center
- Pre-Deployment Readiness Training, Every Wed, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Tabata Training, 1430, Fitness Center
- 4-H Club, 1600-1700, Youth Center
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Boss and Buddy Draft Special, 1630, Rockers Bar & Grill
- Wednesday Night Fun Open Bowl, Every Wed, 1700, Bowling Center
- Zumba, 1730, Fitness Center
- Jiu Jitsu Training, 1800, Fitness Center (18 & Older)
- Yoga, 1830, Fitness Center

THURSDAY

- Creative Kids, 1030-1100, Arts & Crafts
- Hard Core Strength Muscle Pump, 1130, Fitness Center
- Cycle, 1130, Fitness Center
- Reintegration Briefing, Every Thurs, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Mock Test, 1430, Fitness Center
- When a Parent Deploys, 1600, FCC Office, Held at the Child Development Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Dean Edwards Comedy Show, Doors Open 1730, Show Starts 1900, Buffet Served 1730-1830, Jimmy Doolittle Center
- Jiu Jitsu Training, 1800, Fitness Center (18 & Older)
- Hard Core Strength Muscle Pump, 1830, Fitness Center

UPCOMING EVENTS - APRIL 21

- Last day to register for Ladies Night at Auto Hobby
- Youth Center Dance Classes, Various Times, Youth Center
- Fit Family Boot Camp, 0930, Fitness Center
- Fit to Fight, 1100, Fitness Center
- Outdoor Rec Open House, 1100-1600, Outdoor Rec
- National Parks Annual Pass Visit, 1100-1600, Outdoor Rec
- Blast from the Past Heritage Movie: "Twelve O'Clock High", 1530, Jimmy Doolittle Center
- Crud Tournament, 1600, Jimmy Doolittle Center
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- Youth Volleyball Camp, 1630, Youth Center
- Rockers Steak & Game Night, 1630-1900, Rockers Bar & Grill
- Torch Club, 1700-1800, Youth Center
- Grill Your Own Steak Night, 1700-1900, Jimmy Doolittle Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Give Parents A Break, 1800-2200, Child Development Center/School Age Program
- Base Skate, 1800-1900, Youth Center
- Keystone Club, 1830-1930, Youth Center
- Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2100-Midnight, Bowling Center

UPOMING EVENTS - APRIL 22

- Youth Center Dance Classes, Various Times, Youth Center
- Swim Lessons, 0900, 1000, 1100, Indoor Pool
- Picture Framing Class, 1000, Arts & Crafts
- Chess Club, 1100, Base Library
- Jiu Jitsu Training, 1100, Fitness Center
- Spring Cycle-a-thon, 1300-1500, Fitness Center
- Get up. Get out. Get Fit Together Bowling, Every Sat in April, 1700-2000, Bowling Center
- Saturday "Bowl the Night Away" with Lights & Strikes, 2000-Midnight, Bowling Center

ONGOING EVENTS

- Get Up. Get Out. Get Fit Together Bowling, Visit Rough Rider Lanes from 1700-2000, on Saturdays in April and bowl as many games as you want for FREE including shoe rental! But get there early because lanes will fill up fast! Did you know? Bowling 3 games is equal to walking 1 mile?
- 2017 Squadron Golf Tournament Booking, Book your squadron's ideal Friday(s) to participate in this seasons Squadron Golf Tournament. First come, first serve for dates. Call 723-3164.
- 2017 Club Member Scholarship Contest, Need money for college? Enter to win a scholarship from the Air Force Clubs. Create an essay or video and submit it now through May 12th.
- Visit MyAirForceLife.com/Clubs for eligibility, essay/video topics,

instructions, & rules.

- Air Force Marathon MAJCOM Challenge, Represent your command! Run in a Full or Half Marathon on September 16th, 2017. Go to usafmarathon.com/majcom-challenge to apply.
- Rough Riders Monthly Pizza Special. April Special – Sriracha Honey Chicken Pizza. Sweet meets Spicy. Taste our delicious diced chicken tossed in sriracha and honey with a ranch dressing base finished with melted Colby Jack cheese. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Try it on a Panino! \$8.25 meal – includes side & drink \$8 One Topping Large Pizza Special. Every day during April, enjoy a delicious large two topping (your choice) pizza for ONLY \$8. Not valid on ESM card purchases. Delivery available with a minimum \$10 order.
- B-Fifty Brew Drink Special. Chocolate Covered Marshmallow Bunny April Special – Try a Frappuccino topped with chocolate infused whipped cream, toasted marshmallow syrup and mini marshmallows. It's sure to get you hoppin'! Tall \$4.50 Grande \$5.00 Venti \$5.50
- Auto Hobby Monthly Special – Now – April 15. April Studded Tire Special – Customers come to Auto Hobby and dismount their winter tires and mount their all-season tires and the staff will balance them. Stall fee included. SALE \$10/tire



Laura Larson, M.S., LPCC
is now seeing clients for mental health needs at Northland Community Health Center in Minot.

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Or Signal Realtors 852-3505



EXPECTANT AND BREASTFEEDING MOTHERS We meet the 2nd Thursday of each month at 10AM at the Rough Rider's Golf Course Meeting Room. Please check our facebook page LLL of Minot for last minute meeting updates and changes. Our mission is to help mothers to breastfeed through mother-to-mother support, encouragement and education. Babies and children welcome. It's free to attend! Please contact us at (701) 409-0292, LLLofMinot@gmail.com or on Facebook at www.facebook.com/LLLofMinot.

MINOT ENLISTED SPOUSES CLUB
Come and join the MESC! You can meet a lot of fun ladies. Join us for a much of different socials plus playing BUNCO!!! We also have mini clubs for everyone to enjoy. We are open to all enlisted spouses of all military branches. you can also check out our Facebook page at Minot Enlisted Spouses Club or/and our website at http://www.mesc.org/

PARK UNIVERSITY SPRING 2016 REGISTRATION IS NOW OPEN!!
Don't let the Holidays get your side tracked!! Park University's Spring 1 (Jan 16-Mar 12, 2017) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

CENTRAL MICHIGAN UNIVERSITY AT MINOT AFB
CMU specializes in master level degrees. CMU offers a military discount to active duty, spouses, and federal employees. The Spring I term for face-to-face at Minot AFB, starts January 13 to February 25, 2017 (only meeting two weekends) Classes will meet Fridays, 5-10pm and Saturdays 8:00am-3:30pm. Online classes starts January 9 to March 3, 2017. We are always looking for local instructors in the Minot area. The candidates must have a Ph.D. or a terminal degree. If you have any questions or want more information about our programs or faculty opportunities, please stop by the office M-F: 8am-4:30pm located at the Education Building, 156 Missile Ave. #219, or call us at 701-727-5535 or email minot.afb@cmich.edu .

MINOT OFFICER SPOUSES CLUB
Are you an officer spouse? Please join the Minot Air Force Base Officer Spouses' Club (OSC)! We are an organization designated to provide and foster a welcoming environment, committed to meeting social and philanthropic needs of all members by encouraging growth, friendship and a sense of community. OSC board positions now open! Please visit our website to join or for more information at www.minotosc.org Like us on Facebook at Minot

OSC. Many little clubs to include Bunko, Socialite, Bowling, and much more at www.minotosc.org/little-clubs.html

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY AT MINOT AFB is now registering for the Spring 2017 term (25 April-26 June). To sign up for Undergraduate and Graduate courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu . If you have any questions, please call 701-727-9007.

JULIE MCELWAIN BOOK SIGNING 4/14/2017 5:00 PM
Main Street Books; 8 Main Street South. Stop by Main Street Books between 5pm- 7pm to meet author Julie McElwain and grab a copy of her book, A Twist in Time, the sequel to 2016's A Murder in Time. About A Twist in Time: When Kendra Donovan's plan to return to the 21st century fails, leaving her stranded in 1815, the Duke of Aldridge believes he knows the reason—she must save his nephew, who has been accused of brutally murdering his ex-mistress.

LITTELST BUNNY STORYTIME 4/15/2017 10:30 AM
Main Street Books; 8 Main Street South. Join us this week as we read The Littlest Bunny in North Dakota! Stick around after the story for a fun Easter egg decorating craft! This event is primarily for ages 3-7, but we always welcome everyone to join the fun!

STORY TIME AND CRAFT WITH BECCA 04-15-2017 10:30 AM - 04-15-2017 11:30 AM
Main Street Books 8 Main Street South. Come and enjoy Themed Stories and Crafts at Main Street Books on Saturdays. We will be reading with your child at 10:30 am, followed by a matching craft! Don't miss the fun! Children of all ages welcome!

TEEN FANDOM 4/17/2017 2:00 PM
Minot Public Library. Join us for Fandom where we will hold panel discussions, make crafts, play with tech and CELEBRATE all the things TEENS are FANS of!

SIDE BY SIDE STORIES 04-18-2017 10:00 AM - 04-18-2017 10:30 AM
Minot Public Library. Side by Side stories will be held Tuesdays at 10:00 am for children accompanied by parents or other caregivers. For more information, please contact the Children's Library at 838-0606.

STORY TIME 04-19-2017 10:00 AM - 04-19-2017 11:30 PM
Main Street Books; 8 Main Street South. Come and enjoy Storytime at Main Street Books on Wednesdays. We will be singing and reading and rhyming with your children during the 10:00 AM storytime for ages birth - 4yrs. and the 11:00AM storytime for ages 4+. All ages are welcome to both half hour story sessions. See you here!

CRAFTY CREW 4/20/2017 12:00 PM
Ward County Public Library. The Crafty Crew is a club where adults can come together to do crafts. Join us at the Ward County Public Library on April 20, 2017, either at 12:00 pm or 5:00 pm, to make glass beaded candle holders. For more information, please contact the library at 701-852-5388.

NIGHT OF STARS 4/20/2017 6:30 PM
Minot Auditorium. The Night of Stars is an event for all our gymnasts to perform and show off their talent. There is also a silent auction, raffle and 50/50 tickets. Concessions will be served. Gymagic is a non-profit organization.

GAME ON! 04-21-2017 04:30 PM - 04-21-2017 06:30 PM
Ward County Public Library. The Ward County Public Library will be offering gaming systems every Friday from 4:30 pm to 6:30 pm and Saturdays from 10 am to 1 pm starting April 21st. The last day will be June 3rd. We will have a Wii and an Xbox 360 with Kinect. Bring your friends because we are sure to have a fun time! For more information, please contact the library at 701-852-5388.

MINOT BREAD OF LIFE LUTHERAN CHURCH 1415 17th Ave SW will hold their annual spring rummage & bake sale Saturday April 22nd from 8am-2pm. Fresh baked caramel rolls will be available at 8am with a sloppy-joe luncheon served from 10:30-1:00. A free will offering will be taken with proceeds used to fund scholarships for our youth to summer bible camp.

THE MINOT CHAMBER CHORALE will end its season with a 'Choral Extravaganza and Ice Cream Social', at 3:00 pm, Sunday, April 30, at Our Savior Lutheran Church (3705 11th St SW, Minot). The concert will showcase a variety of choral favorites including spirituals, folk songs, contemporary choral works and much more. The event will conclude with our popular ice cream social. No admission charge. A free will offering will be taken.

CONCRETE & CONSTRUCTION AUCTION
Wednesday, May 3, 2017 - 10:00 a.m. (CT)
Auction Location: - On Site -13212 26th St. NW • Arnegard, ND
Full Inventory & Online Bidding Available at www.pifers.com


Pifer's Auctioneers is excited to offer this extraordinary lineup of nearly new concrete equipment, DOT spec pavers, Ready-mix Batch Plants and trucks, semi-trucks, trailers, track skid steers, payloaders, excavators, and so much more. Check our website for our full inventory!

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 '07 Doosan Excavator	 Cemco 275 Batch Plant	OWNERS: Virtuoso Construction

This sale is managed by Pifer's Auction Company, Kevin Pifer, ND #715. All statements made the day of the auction take precedence over all printed materials. The seller reserves the right to reject or accept all bids.


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 838-1520
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 Saturday 5:30 pm
 Sunday 8:30 & 11:00 am
Fr. Fred Harvey, Pastor
www.littleflowerminot.com

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109 6th St. SE Minot • 838-3094
 Sunday Liturgy 10 a.m.
 Saturday Vespers.... 6 p.m.
 The Very Reverend Father Anastassy

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Sunday Service 10:30 a.m. 838-0605
www.harvestreformedchurch.org

GLENBURN FIRST BAPTIST CHURCH

 402 South Street • 701-362-7971
Sundays:
 Morning Worship..... 10:00 a.m.
 Sunday School 11:15 a.m.
Wednesdays:
 Glenburn Youth Group - interdenominational
 Meets September thru May - for students in grades 7-12
 6:00 meal followed by singing, games, and lessons.
 Pastor David W. Wisthoff • 701-240-1491

Bible Fellowship Church

 Worship Service 10:45am Sunday
 Sunday School/Bible Study 9:45am
GRIEF SHARE
Preview Session March 12 at 6:30pm
838-0916 • 1720 4th Ave NW
minotbiblefellowship.org

Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com
Pastor Tom Sumers
701-838-1540
 Sunday School (All Ages): 10 a.m.
 Sunday Coffee Fellowship: 10:30 a.m.
 Worship Services: Sunday 11 a.m.

Minot Baptist Church

 Sending the Glorious Light of Jesus Christ to a Dark and Needy World
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.
Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
 Pastor David Miller

Cornerstone Presbyterian Church
1000 NE 3rd Street 852-0315
Sunday Schedule
 Contemporary Worship..... 9:30am
 Child/Youth Sunday School.. 11:00am
 Adult Sunday School 8:30 & 11:00am
 Traditional Worship..... 11:00am
Wednesday Evening Schedule
 Community Dinner 5:30-6:30pm
 Contemporary Worship 6:30pm
 Youth Group & Small Groups.. 7:15pm
All are Welcome!
www.ecominot.org

Congregational United Church of Christ
430 N. Broadway • 839-1064
 Sunday School 11 a.m.
 Sunday Worship 11 a.m.
 Tuesday Lunch
 Bible Study 11 a.m. - 1 p.m.
 Wed. Youth Classes 6:30 - 8:30 p.m.

St. Mark's Lutheran Church

Missouri Synod
 Sunday Worship 8:30 & 11:00 a.m.
 Sunday School, Adult Bible Class & Adult Choir 9:45 a.m.
2209 4th Avenue NW Minot, ND 839-4663
Carlyle Roth, Pastor
www.stmarksminot.com
 Call or check out our website for more information.

First Presbyterian Church

430 N Broadway
 (Congregational Church of Christ Building)
701-460-6321
 Worship..... 9:00 a.m.
www.fpcminot.org
Visitors Welcome

Apostolic Faith Church, UPCI
2929 19th Ave NW • Minot
 Located off Hwy 83 Bypass West
(701)838-0609
 Saturday School 2:00 p.m.
 Sunday Worship 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.
Jesse Starr, Pastor

St. John the Apostle Catholic Church

 2600 West Central Ave • Minot, ND 58701
839-7076
 Daily Mass Schedule:
 Tuesday 7 p.m.
 Wednesday - Friday 9 a.m.
 Saturday 5 p.m.
 Sunday 8 & 10:30 a.m.
 Fr. Dave Zimmer, Pastor
 Parish website: www.stjohnminot.com

First Lutheran Church - ELCA

 120 - 5th Ave. NW
852-4853
 Saturday Worship 5:30 pm
 Sunday Worship 8:30 am
 Sunday Education 9:45 am
 Sunday Worship 11:00 am
 Wednesday Supper..... 5:30 pm
 Wednesday Education 6:00 pm
 Services are now available online at firstlutheran.tv
 Radio Broadcast KRRZ 1390 AM 8:30 AM
 Pastor Ken Nelson & Pastor Brandy Gerjets

Our Redeemer's Church

A Church of the Lutheran Brethren
Sundays:
 Worship..... 8:30 a.m. & 10:45 a.m.
 Interpreter services for the deaf .. 10:45 a.m.
 Radio Broadcast KHRT 1320 AM 11 a.m.
700 16th Ave SE • 701-838-0750
 For more information visit us on the web at:
www.ourredeemers.org

Bethany Lutheran
215 3rd Ave. SE, Minot, ND
Phone: 838-5196 • Fax: 852-8494
 A Member of the ELCA
 Sunday Worship 8:15 am & 10:45 am
 Sunday Fellowship 9:15 am
 Sunday School 9:30 am
 Wednesday Worship 6:45 pm
 Website: www.bethanylutheranminot.com
 Email: bethanylutheran@srt.com
 Live Streaming: bethanylutheran.tv
Pastor Janet Hernes Mathistad
Pastor Gerald Roise

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org
 Classic Worship Service 8:30 a.m.
 Adult Sunday School 9:45 a.m.
 Contemporary Worship Service 9:50 a.m.
 Children's Church..... 9:50 a.m.
 Sunday School (All Ages)..... 11:00 a.m.
 Contemporary Worship Service..... 11:05 a.m.
 Wed. AWANA (Sept. to May) 6:30 p.m.
Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Pastor Sam Kautzmann, Student Ministries
Elaine Carlson, Children's Ministry Director

Calvary Alliance Church

 715 20th Avenue NW
 Minot, ND 58703
www.calvaryofminot.com
701-852-0670
 Sunday School..... 9:00 am
 Sunday Worship Service 10:00 am
 Wednesday Prayer 6:30 pm
 Wednesday Youth Group (grade 7-12) 6:30 pm

West Minot Church of God

Family Worship Center
1105 16th St. NW • 839-1407
 Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal..... 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday 7:00 - 11:00 p.m.
 ABC Child Care Center 852-6352
westminot.com
facebook.com/westminot

Bethel Free Lutheran AFLC

"Building Followers of Jesus Christ!"
 Sunday School 9 a.m.
 Worship Service 10:30 a.m.
 Wednesday Supper 6:15 p.m.
 Adult/Youth Bible Study
 Kids Club 7 p.m.
Pastor Shane McLoughlin
530 22nd Ave NW • 852-6492
bethel@minot.com

BREAD OF LIFE ELCA LUTHERAN CHURCH

Pastor Taryn Montgomery
 Saturday Worship 5:00 pm
 Sunday Worship, 8:30 am & 11:00 am
 Sunday Education 9:45 am
 Wednesday Education..... 6:00 pm
Breadoflifeminot.com
Everyone Welcome

Immanuel Baptist Church

1615 2nd St. SE • Minot • 839-3694
Sundays:
 Sunday School 9:15 a.m.
 Worship 10:30 a.m.
Wednesdays:
 Soup Kitchen 11:30 a.m. - 12:30 p.m.
 Family Supper 5:45 p.m.
 Classes for all ages 6:30 p.m.
 Adult Choir (as scheduled), 8:00 p.m.
Brian T. Skar, Pastor
www.ibcminot.org

Cross Roads Baptist


 Sunday School (all ages) 9:45 a.m.
 Sunday Worship 11 a.m. & 6:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.
www.minotcrbc.org
email: crbc@srt.com
415 28th Ave SE (Behind Menards) 838-1873

First Assembly of God
1805 2nd St. SE 838-1111
 Morning Worship 8:30 a.m.
 Sunday School 10 a.m.
 Morning Worship 11 a.m.
 Evening Worship 6:30 p.m.
 Wednesday Family Night..... 7 p.m.

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701-839-6319
 Sunday School 9:00 am
 Meet and Greet 10:00 am
 Sunday Worship 10:30 am
Pastor Gregg S Smith
www.gracefellowshipatburlington.com

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9999 27th St NE
4 miles south of MAFB
James W. Henderson
Anna B. Henderson
Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday
 Sunday School 9:45 a.m.
 Adult/Children Worship.. 11 a.m.
 Family Hour 6:30 p.m.
 Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.

ZION Lutheran ELCA

1800 Hiawatha St. 852-1872
 Saturday Worship 5 p.m.
 Sunday Worship ... 8:30 a.m. & 11 a.m.
John Streccius, Pastor
Carol Wendel, Pastor

Trinity Church

An Evangelical Free Church
3500 4th St. SW • 839-5127
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 Sunday School & Fellowship 9:00 a.m.
 Worship 10:45 a.m.
www.trinitychurchminot.org

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1024 2nd St. SE • 838-4425
Behind Town & Country Shopping Center
open hearts...open minds...open doors!
 Saturday Informal Worship .. 5:00 p.m.
 Sunday School 9:00 a.m.
 Sunday Worship Service 10:00 a.m.
 Fellowship..... 11:00 a.m.
Pastor Ray Baker
www.vincentumc.com

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 - Assistant Utility Operator (DFS) (2 Positions) (Temporary) - Gillette, WY
 - Student Intern - Mechanical (DFS) (Six to 12 months starting in June 2017) - Gillette, WY
 - Student Intern - Electrical & Instrumentation (DFS) - Gillette, WY

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ANSWERS

SUDOKU ANSWERS

7	4	9	5	1	8	2	6	3
1	2	6	7	9	3	4	5	8
5	3	8	6	4	2	7	9	1
2	1	5	9	8	4	6	3	7
8	7	4	3	6	5	1	2	9
9	6	3	2	7	1	8	4	5
4	5	7	1	2	9	3	8	6
6	9	2	8	3	7	5	1	4
3	8	1	4	5	6	9	7	2

Answers to puzzle from page 6

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FAMILY SIZE - Totally refurbished 5 bedroom home. Kitchen has great cabinet space, deck off dining room, main level bedroom and laundry, 2 upper level bedrooms and the master bedroom and another bedroom in lower level. Detached, heated triple garage.

MLS #170413



\$429,000

COUNTRY SETTING - Split foyer home with many super upgrades and 3,188 sq ft of living space. 5 bedrooms, 3 1/2 baths. Walkout lower level with large family room, 2 bedrooms, full bath and laundry. Large rear deck, patio and detached double garage.

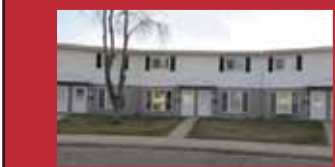
MLS #170663



\$263,500

JUST LISTED! 3 bedroom, 2 1/2 bath home in great SW location. Kitchen has breakfast bar and pantry, formal dining and living room with backyard views and access to deck. 2 main level bedrooms and an office. Walkout lower level has family room, daylight bedroom and a 3/4 bath. Double garage.

MLS #170721



\$107,000

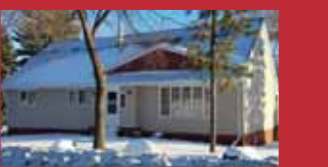
COMFORTABLE CONDO - Tastefully remodeled condo in convenient location close to shopping and park. Beautiful birch cabinets in the eat-in kitchen. Bright living room. Main floor laundry. Upper level has 2 bedrooms and a full bath. Lots of storage on both levels. Carport with space for 2 cars.

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MLS #162420



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\$185,000 - Glenburn



Nice 1456sf home, in a small country setting, 3 bedroom/2 bathroom home on almost a half acre lot. The stove, dishwasher, and refrigerator stay with the home. Back yard is fenced. Call Clyde Thorne at 701-240-8594. #170275

\$125,000

\$140,000



Great starter home with 2nd home amenities! 3 bedroom, 2 bath 1 1/2 story home has a nice sized living room with arch opening to formal dining room with window seating, spacious kitchen and double garage. Call Aisha Vadell at 701-240-3780. #170251

\$205,000

\$89,500 - Lansford



This charming farmhouse has 4 bedrooms, 1.5 baths and is situated on 6 lots in Lansford, ND. If you like small town living, this will be an ideal house for you. It has a detached 2 stall garage that has new shingles in 2016. Call Cindy Strandberg at 701-833-1956. #170238

\$134,900



This is a cozy 2 bedroom/2 bathroom home that is close to grocery store and Roosevelt Elementary School. Has a fenced yard and deck to sit out on or entertain. The owner has put in new flooring, refinished the attic floor, paint, bathroom, replaced attic windows and new 2016 dishwasher. Call Clyde Thorne at 701-240-8495. #170226

\$42,000



Nice 3 bedroom home with 2 bathrooms close to all of the schools. Hardwood flooring throughout the entire home. Sellers have installed new kitchen cabinets with soft close drawers and new appliances with a gas stove. Call Clyde Thorne at (701)-240-8594. #170191

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"Budget Smart" & cheery describes this inexpensive & remodeled 3 bedroom, single bath home. New windows & paint. Walk thru kitchen. Large laundry. single garage with new roof. Call Lorell Seibold at 701-721-4996. #170258

\$230,000



Two bedroom Mobile home located on a large double lot. It has an attached breezeway that offers extra space and a nice sized double garage attached to it as well. This large lot gives you plenty of space. Call Tamie Dunn at (701)-720-1723. #170155



Great opportunity for someone looking for a ready to move into home at an affordable price. Features 2 bedrooms, 1 full bath, with a completely remodeled main floor. Includes maintenance free vinyl siding, patio, and large fenced backyard. Call Todd Fetting at 701-721-2100. #162234



Refinished to perfection! This four bedroom 3 bath home in SE location features a lower level kitchen 2 egress bedrooms, 1 non-egress bedroom, & spacious family room. The perfect in-law space. New maintenance free deck. Call Aisha Vadell at 701-240-3780. #160865

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