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AIR FORCE BASE | VOL. 55 • ISSUE 23



OPERATION HEROES

U.S. AIR FORCE PHOTO | STAFF SGT. CHAD TRUJILLO

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Minot AFB



Videos

Kelley assumes command of the 576th Flight Test Squadron

1ST LT. VERONICA PEREZ | 20TH AIR FORCE PUBLIC AFFAIRS

F.E. WARREN AIR FORCE BASE, Wyo. -- Col. David Kelley assumed command of 20th Air Force's 576th Flight Test Squadron, the only U.S. intercontinental ballistic missile test launch squadron, during a change-of-command ceremony at Vandenberg Air Force Base, California, June 1.

"To the men and women of the 576th Flight Test Squadron, I am incredibly proud to be your commander and promise to you my unwavering dedication to our mission and taking care of you and your families," Kelley said. "We are the only test unit in the United States military entrusted with launching intercontinental ballistic missiles. Each and every test operation we conduct has a global impact, by providing assurance to our allies that our nation's nuclear umbrella is viable and by providing a visible deterrent to potential adversaries."

In support of the 'deter

and assure' mission, the 576th FLTS determines the effectiveness and accuracy of the ICBM force by planning, preparing and conducting ICBM ground and flight tests. The test launches provide performance data and demonstrate the capability of the ICBM force. The information is shared with the Department of Energy, Department of Defense, U.S. Strategic Command, Headquarters Air Force and Air Force Global Strike Command.

Prior to assuming command of the 576th FLTS from Col. Craig Ramsey, Kelley served as the Director of Operations, 20th AF, F.E. Warren AFB.

Ramsey now heads to a position as the 91st Missile Wing vice commander, Minot AFB.

"I've been very proud to have witnessed all of the success of the men and women of the 576th Flight Test Squadron, and it has been my honor to represent them every day while in command," Ramsey said.



U.S. AIR FORCE PHOTO

Col. David Kelley accepts the 576th Flight Test Squadron flag from Maj. Gen. Anthony Cotton, 20th Air Force commander, during a change-of-command ceremony at Vandenberg Air Force Base, Calif., June 1, 2017. In support of the 'deter and assure' mission, the 576th FLTS determines the effectiveness and accuracy of the ICBM force by planning, preparing and conducting ICBM ground and flight tests.

"I'd also like to acknowledge and thank the host unit's

leadership team for their constant support and making

our ICBM flight feel at home over the last two years."



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Minot grand slams Grand Forks

DEVILS LAKE, N.D. -- Team Minot faced-off against Team Grand Forks in the 3rd annual softball tournament in Devil's Lake, N.D., May 25, 2017. Minot won the game, for the first time in three years becoming this year's softball tournament champions.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS DILLON AUDIT

Supervision Guidelines for Children

CAPTAIN KAVAKCIOGLU-ANDERSON | FAMILY ADVOCACY PROGRAM

MINOT AIR FORCE BASE, N.D. -- School is out! During summer break, outdoor activities naturally increase for children in the military community. Therefore, parents, sponsors and adults are asked to familiarize themselves with North Dakota's and Minot Air Force Base's Supervision Guidelines for preventive measures to protect children from neglect and injuries. Child Neglect is a continued failure to provide a child with needed care and protection. Examples of this are:

- Inadequate supervision
 - Inadequate nutrition
 - Inadequate clothing and hygiene
 - Failure to protect
 - Abandonment
 - Medical neglect
- In the military community whether you live on- or off-

base, the child's welfare and safety is the responsibility of the parent, guardian or sponsor - NOT the child's.

The table below presents the minimum supervision guidelines. Remember, each child is different. As a parent and sponsor, in addition to the minimum supervision guidelines, you have to consider child-specific factors such as personality, developmental progress, environment and maturity when making the decision to determine if the child is ready to accomplish activities with little or no supervision.

The Air Force Family Advocacy Program's mission is to build healthy communities by implementing programs designed for prevention and treatment of child and adult abuse. The Family Advocacy Program at Minot AFB offers various

prevention and treatment classes such as parenting, stress/anger management, Change Step and couples' classes.

For further information about supervision guidelines and prevention/treatment classes, please contact Family Advocacy Program at (701) 723-5096.

Remember, ensuring child safety is the responsibility of the parents, adults and sponsors. Child supervision is the key to a healthy and safe child!

Table:
Minot AFB AFI 31-116 1 March 2013

2.42. Unattended Children in Vehicles. Children 11 years and younger must not be left alone in a vehicle. If left alone, the child should be in direct view of the caregiver at all times. The child(ren) should be in a seat restraint and be unable to put the vehicle in gear.

2.42.1. If children (11-years old or younger) or animals are left unattended in a vehicle, DD Form 1408 will be issued and 6-traffic points will be assessed. If the children or animals were left in dangerous conditions in vehicle, i.e., in hot weather where interior temperatures may reach dangerous levels, keys left accessible to children or where conditions are deemed hazardous by a reasonable person an AF Form 3545 will be accomplished by Security Forces and a 30-day driving suspension package will be completed by % SFS/S5R for 5 MSG/CC consideration.

5th MXG implements innovative training

AIRMAN 1ST CLASS DILLON AUDIT | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- The 5th Maintenance Group Training Section has combined efficiency and readiness by merging ancillary training, CPR, Green Dot and resiliency training into an all-encompassing two-day training session offered every week.

Tech. Sgt. John M. Silva, 5th MXG training instructor, along with three other 5th MXG members, collaborated to reduce the time of Computer Based Training and other required training.

The new maintenance initial orientation training was implemented May

1st and cuts the previous training time by 75 percent. The training teaches Airmen topics such as wing and emergency medical support, power-based personal violence, and psychological resilience.

"We consolidated it into a plan where you get everything required throughout the year and we don't have to worry about them being overdue [with training]," said Silva.

The training instructors also reduced CBT time to one hour rather than four hours annually. This plan will save about 5,100 hours a year across the group and will also reduce scheduling, travel and classroom time for Airmen.

"That's 5,100 hours of time that these maintainers can turn a wrench instead of sitting at a computer doing CBTs," said Master Sgt. Steven A. Boyer, 5th MXG Unit Training Manager. "It also reduces scheduling time for our scheduling personnel, travel and idle classroom time. The reason it works so effectively for maintainers is because they don't have access to many computers."

The training not only saves time, but also allows Airmen to work hand-in-hand and learn to be more interactive with their fellow wingmen.

"With our experience as instructors, we're able to give that human aspect back and actually tell the audience 'Hey, these are the warning, cautions and notes of what actually can

happen,'" said Silva.

The classes range between 25-35 MXG personnel a day. 15 of these seats are open for other squadrons so they can complete Green Dot, resiliency and other required training.

"We had a great turn-out," said Silva. "We had about 35 people show up and the class went great. We actually had other instructors come in from Green Dot and Resiliency training to help us teach."

In the next year, they're hoping to train about 50 percent of the wing. By the end of this year, a projected 1,735 people will have attended these classes.

PRESS RELEASE: Minot Air Force Base Airman killed in motor vehicle accident

MINOT AFB PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- A motor vehicle accident occurred on Highway 83 June 2 near the base causing the death of Staff Sergeant Torrell W. Carter, 27, a 5th Munitions Squadron member.

"The Air Force is a close-knit family and the loss of one of our own affects all of us," said Col. Matthew Brooks, 5th Bomb Wing commander. "We share in

the sorrow felt by Torrell's loved ones and we must not forget the valuable contributions he made to his Nation and the impact he's left on our service."

The incident is currently under investigation by local authorities. Further information will be released as it becomes available.

CONTACTUS

Tonya Stuart-Melland
Sales Manager | Ad Designer
nsads@srt.com

Beth Duchsherer
Ad Designer | Sales Representative
nsgraphics@srt.com

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief of Public Affairs

Maj. Jamie Humphries
Public Affairs Officer

Lt. Danielle Lucero

Chief Editor

Staff Sgt. Chad B. Trujillo

Staff Photojournalists

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NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

MAIL&FAX

315 South Main Street, Suite 202

PO Box 2183

Minot, ND 58701 | 701.839.1867

VIEW ONLINE

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OPERATION HEROES: DEPLOYMENT THROUGH A CHILD EYES

Airmen and their families participate in Operation Heroes at Minot Air Force Base, N.D., June 3, 2017. Operation Heroes is an annual event hosted by the 5th Force Support Squadron that allows military children to undergo a mock deployment to help them better understand what their parents experience during deployments. During the event, children got to taste Meals Ready-to-Eat, try on gear, see weapons displays and create custom-made dog tags. The event concluded with a redeployment line and a welcome home celebration.

U.S. AIR FORCE PHOTOS | STAFF SGT. CHAD TRUJILLO AND SENIOR AIRMAN SAHARA L. FALES



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2017

Friday 6:30 - 10:30 p.m.
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Flea Bitten Tramps

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Admission
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Bring your lawn chair and bug spray.
No alcohol or pets in concert area.
Smoking in designated places.

Music workshops
Saturday 1-2:30 p.m. 'Learn a bluegrass song' with Jeff Scroggins & Colorado and the Po Ramblin Boys.
\$5 park entrance fee

Preventing Mosquito Bites Is Key to Avoiding West Nile Virus

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – The North Dakota Department of Health (NDDoH) reminds residents that preventing mosquito bites is the most effective way to avoid West Nile virus disease. While there have not been any human cases of West Nile virus reported to the NDDoH so far this year, the department expects that it will be only a matter of time before the first case is identified.

Most people infected with West Nile virus experience no symptoms or have only mild symptoms, such as fever and headache. However, the more serious form of the illness, West Nile neuroinvasive disease, can cause high fever, severe headache, stiff neck, altered mental status and death. People over age 50 or those who have underlying health issues are at greater risk for developing the neuroinvasive disease.

“West Nile virus disease can affect anyone and cause serious illness regardless of age,” said Laura Cronquist,

epidemiologist with the NDDoH. “In 2016, 85 North Dakota residents tested positive for West Nile virus. Cases ranged in age from younger than ten years to older than 60 years. Twenty-eight of the cases were hospitalized, and two people died.”

There is no human vaccine for West Nile virus, and there are no specific treatments for the disease. NDDoH recommends residents take these precautions to avoid mosquito bites:

Use insect repellent registered with the U.S. Environmental Protection Agency (EPA) that contains ingredients such as DEET, picaridin, IR3535, oil of lemon eucalyptus (or PMD) or permethrin. Always follow the directions on the manufacturer’s label for safe and effective use.

Wear long-sleeved shirts, long pants and socks when outdoors.

Limit outdoor activities between dusk and dawn when mosquitoes are most likely to bite.

Eliminate stagnant water in containers around homes where mosquitoes can lay

their eggs (e.g., gutters, buckets, flower pots, old tires, wading pools and birdbaths).

Keep mosquitoes from entering your home by installing or repairing screens on windows and doors.

In addition to human surveillance, the NDDoH West Nile virus surveillance program includes trapping and testing mosquitoes, reporting and testing sick animals, monitoring illness in humans and reporting and testing dead birds. New to the program this year is an iNaturalist project called Mosquitoes in North Dakota. The general public is encouraged to participate in the project by recording observations of mosquitoes found within the state. Mosquitoes in North Dakota can be found at <https://www.inaturalist.org/projects/mosquitoes-in-north-dakota>.

For more information about West Nile virus and the 2017 surveillance activities, contact Laura Cronquist, North Dakota Department of Health, at 701.328.2378 or visit www.ndhealth.gov/wnv.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



“It’s a long process but it’s intended to make sure we give the public time to comment.”

– N.D. Game and Fish Department Deputy Director Scott Peterson discussing the administrative rule change process.

Just because the North Dakota legislature pass a bill and it’s signed by the Governor, doesn’t mean that’s the end of the process for creating a new rule and regulation.

In the case of the N.D. Game and Fish Department, several new bills signed into law means the agency has been busy re-writing some existing agency administrative rules to conform to the new laws.

And the public still has time to comment before they’re eventually sent onto the legislature’s Administrative Rules Committee for final approval.

Game and Fish Dept. Deputy Director Scott Peterson described the process: First the agency issues a public notice for the proposed changes and a public meeting is held. Meeting and written comments are reviewed and responses are submitted to the N.D. Attorney General’s office.

Next, the agency applies to the Legislative Council, requesting that the proposed changes be placed on the legislature’s Administrative Rules Committee hearing calendar, which for the upcoming proposed changes is set for September. The committee then reviews the proposals and either approves or denies the changes.

All of the proposed changes for the upcoming 1:15 p.m. June 15 public meeting at the Game and Fish Department’s Bismarck office, 100 N. Bismarck Expressway, essentially update current rules to reflect the new laws passed in the 2017 session.

For example, one proposed change deals with public use of a Game and Fish Department Wildlife Management Area (WMA). New legislation prohibits the use of drones on WMAs and the administrative rule change simply puts it into agency policy.

When it comes to the increasing use of technology

for things such as drones and game cameras, “we’re trying to be proactive rather than reactive,” Peterson explained.

Another proposed rule change addresses the use of game cameras on WMAs as their popularity soars: If finalized, it would treat the use of game cameras on WMAs similar to ground blinds and tree stand – they’re OK to use but “you can’t leave them up year-around,” Peterson described. In addition, they can only be used for a period of time before and after hunting seasons.

The issue with hunters leaving private property on public land is that it can create the perception of exclusive use. Many North Dakotans won’t intrude in an area where someone else set up a tree stand, game camera, or ground blind. Yet on public land such as WMAs, the use of blinds, stands, and cameras doesn’t give that owner the sole right to hunt in the area where they’re in place.

Currently, several Game and Fish administrative rules address how special license raffles are conducted. A proposed change – again because of new legislation approved this session – combines moose, mule deer, elk, and antelope raffle procedures into one clear-cut administrative rule. “What this does is it adds a level of accountability for these organization... the rules are already in place for many but not all, so this standardized everything,” Peterson explained.

Typically, the administrative rule change process isn’t controversial, Peterson added, but the agency will oftentimes receive comments, which are then addressed and taken into consideration.

It’s all part of making the rules and regulations process as transparent as possible and applies to all state agencies.

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July 10 • July 13 • July 17 • July 20 • August 3

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- Safety for the sitter
- Accident management
- The business of babysitting
- Child development
- CPR

All classes are held 8:30 am to 3:30 pm

Trinity’s Health Center – Riverside, Education Center, 1900 8th Avenue SE

Due to the high demand for this class, the course fee of \$50 must be paid in advance. Please register by calling the Trinity Health Community Education Department at 857-5099 and then mail your check (payable to Trinity Health) to Trinity Health Community Education, P.O. Box 5020, Minot, ND 58702.

Payment must be received in advance to confirm your participation in the course.



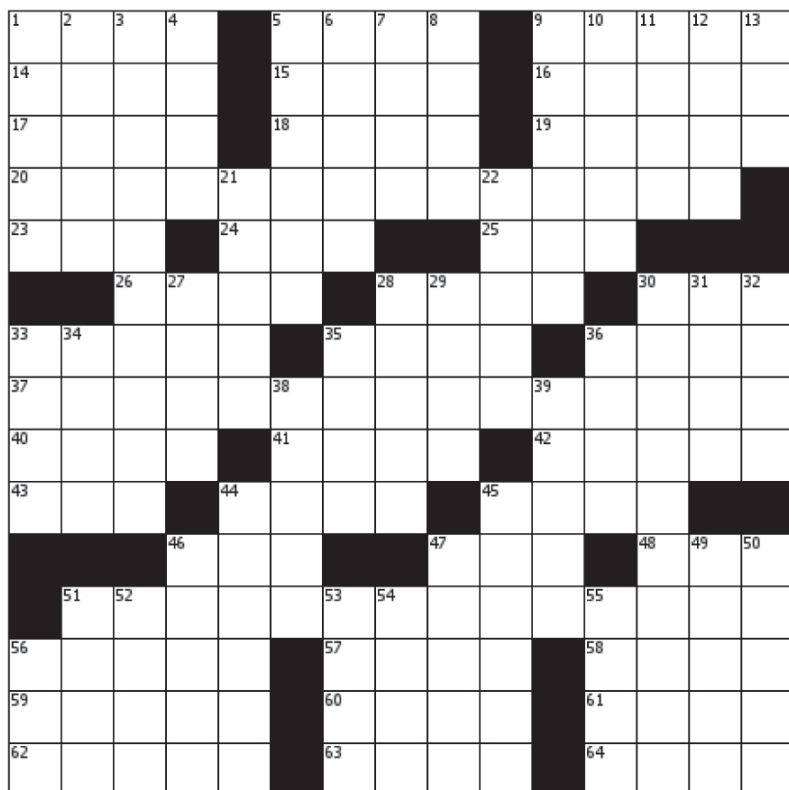
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CROSSWORD PUZZLE

Across

- 1. Warsaw or Munich, e.g.
- 5. He walked "the line"
- 9. Coffee machine setting
- 14. Jai tail?
- 15. Vocal range
- 16. "J.W. Coop" milieu
- 17. Handy bag
- 18. Diamond fault
- 19. Lace end
- 20. Polite act
- 23. Canaanite's ancestor
- 24. Sci-fi gun
- 25. Net judge's call
- 26. "My thoughts exactly!"
- 28. Marian, for one
- 30. Blubber
- 33. Brave legend
- 35. Split hairs
- 36. Stuffing herb
- 37. Polite act
- 40. Where you may find yourself on thin ice
- 41. Woodstock's Guthrie
- 42. Holography tool
- 43. What some pitches are
- 44. Native Canadian
- 45. Oscar winner Sorvino
- 46. Sofa problem
- 47. "Tamerlane" poet
- 48. Tie up the phone
- 51. Polite act
- 56. Dull
- 57. Rightfully deserve
- 58. Collier's way in
- 59. Fill with optimism
- 60. Did an impression
- 61. Heckled
- 62. Barkin in "This Boy's Life"
- 63. Warren Beatty flick
- 64. Many moons



Down

- 1. Garden area
- 2. See ya in Hawaii
- 3. Dual-hulled boats
- 4. Ballpark level
- 5. Loose tunic
- 6. Ease, as anxieties
- 7. Wild guess
- 8. Plaintive cry
- 9. Assigned scores
- 10. Man of many words
- 11. Out of work
- 12. Difficulty, so to speak
- 13. Morse bit
- 21. Pierre and Marie's daughter
- 22. High-nosed ones
- 27. Lampoon
- 28. "Pretty Baby" director
- 29. Where to see Puppis and Carina
- 30. Dachshund, slangily
- 31. Brutish boss
- 32. Oktoberfest order
- 33. City on the Jumna
- 34. Rainless
- 35. Unadulterated
- 36. Luminary
- 38. Henry Wells' partner
- 39. More cunning
- 44. City on the Delaware River
- 45. Pitchers stand on them
- 46. Strike forcefully
- 47. Studied carefully (with "over")
- 49. "All kidding ___ ..."
- 50. Bunches of bits?
- 51. Vociferation
- 52. Iridescent gemstone
- 53. A stone's throw away
- 54. Spit relative
- 55. Storied plantation?
- 56. Churchill's sign

SUDOKU Solution to puzzle on page 14

| | | | | | | | | |
|---|---|---|---|---|---|---|--|---|
| | 1 | 2 | | 3 | | | | |
| 4 | | 3 | | 5 | | | | |
| | 6 | 7 | | 8 | 4 | | | |
| | 7 | | 9 | | | | | 2 |
| | | 3 | | 7 | | | | |
| 8 | | | 4 | | | 9 | | |
| | 5 | 9 | | 8 | | 3 | | |
| | | 4 | | 5 | | | | 8 |
| | | 7 | | 6 | | 1 | | |

Solution to last week's Crossword puzzle.

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | C | A | R | | P | I | L | E | S | | T | E | S | T |
| N | A | M | E | | A | D | U | L | T | | H | A | L | E |
| U | S | E | D | | P | O | L | K | A | | E | R | I | N |
| G | E | N | E | R | A | L | U | S | G | R | A | N | T | |
| | | Y | E | S | | | | E | E | L | | | | |
| M | A | T | E | S | | S | A | W | | C | A | R | L | O |
| A | R | E | | E | R | A | S | E | S | | M | O | A | T |
| J | O | H | N | W | I | L | K | E | S | B | O | O | T | H |
| O | L | E | O | | B | E | E | P | E | R | | S | H | E |
| R | E | E | S | E | | M | D | S | | U | T | T | E | R |
| | | | T | V | S | | | D | I | A | | | | |
| | A | B | R | A | H | A | M | L | I | N | C | O | L | N |
| D | E | L | I | | A | G | A | I | N | | O | B | O | E |
| D | I | A | L | | V | E | R | N | E | | M | E | S | S |
| S | O | B | S | | E | S | S | E | S | | A | Y | E | S |



REEL TIME THEATER MOVIE SCHEDULE



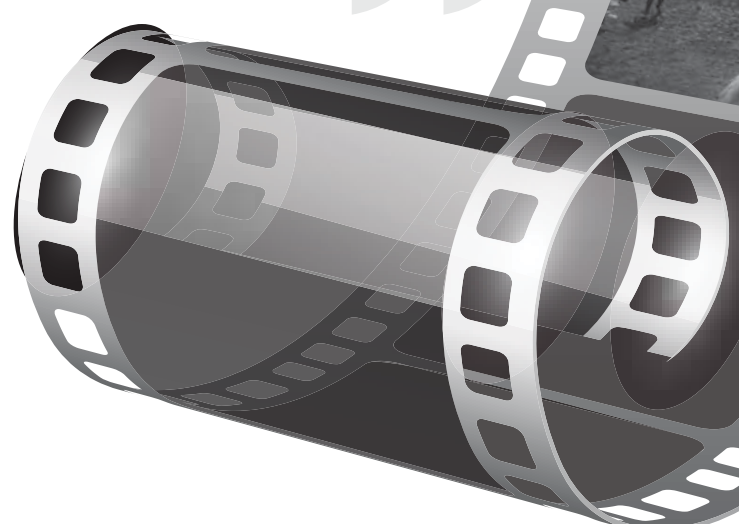
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SUNDAY, JUNE 11 • 1500

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Create A Memory During The Parent & Child Luau Event

PARENT & CHILD LUAU Night
June 15th
 5:30-8:30pm
 Tickets on Sale until June 9th

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Non-Member Couple \$35
Each Additional Child \$10

Pappy's & Daughter's, Mother's & Son's...
 It's time to Luau! How low can you go in the limbo contest? Show us your moves at the Parloa Off! Enjoy a kid friendly menu including a chocolate fountain & pineapple upside down cake! Each child receives a lei & create your own necklace to take home!

Sponsored By: Coldwell Banker, Watne Realtors, USAA, etc.

Everyone's life is full of unforgettable memories: graduation from school, the day you got married, the birth of your child, and more; all have special places in your heart. The Jimmy Doolittle Center is providing parents and their children an opportunity to add another wonderful event to their memories during the Parent & Child Luau event on Thursday, June 15. The event will be held at the Doolittle Center from 5:30-8 p.m.

The Parent & Child Luau provides fathers a chance to share an evening with their daughter or

moms an opportunity to enjoy time with their son. This year's event features a "Luau" theme and includes dinner, music, dancing, and making memories. Tickets also provide each child with a complimentary lei as well as a create your own necklace to take home.

The menu for the Parent & Child Luau has been designed to fit the tastes of the young attendees and includes a chocolate fountain and pineapple upside down cake. Participants can participate in a limbo contest and show off their moves in the dance off.

Tickets for the Parent & Child Luau are on sale now at the Doolittle Center. Cost is \$30 per couple (dad and daughter or mom and son) for club members and \$35 per couple for non-members. Each additional child is \$10, for parents with more than one child. A limited number of tickets are available for this event so purchase your tickets early. Tickets must be purchased by June 9, 2017.

The Parent & Child Luau is sponsored in part by Coldwell Banker - 1st Minot Realty and Watne Realtors. *No Federal Endorsement of Sponsor Intended.* For additional information, contact the Jimmy Doolittle Center at 723-3731.

Base Library Hosting Summer Reading Program Kick-Off Party

summer reading Program
Kick-off party
June 10 - 1pm

This year's Summer Reading Program is "Read by Design!" Come to the Library to register for the program, receive your t-shirt and gift bag, and then enjoy a variety of art & engineering themed activities - INCLUDING A PUPPET SHOW! It's open to all ages!

CAN'T MAKE IT TO THE PARTY? NO WORRIES! Register online at <http://tinyurl.com/MinotLibrary> **between 10 Jun & 31 July!**

To learn more or register, call the Library at 723-3344 or visit our website at <https://tinyurl.com/moflib>

It's almost time for Summer Reading. The Base Library's Summer Reading Program will run from Saturday, June 10 to Saturday, August 12 and is open to all ages from infants to adults. This year's theme is "Read by Design," so get ready for Science, Technology, Engineering, Arts, and Mathematics.

The Summer Reading Program starts with a Kick-off Party at 1:00 PM on Saturday, June 10 featuring activities, crafts, and a puppet show as well as an opportunity to register for the Summer Reading Program.

Participants can register for the Summer Reading Program at the Library between June 10 and July 31 or register themselves online at <http://tinyurl.com/MinotLibrary> from June 10 to July 31. While supplies last, everyone who registers at the Library will receive a t-shirt.

It doesn't matter what you read or how quickly you can read it; what matters is the amount of time you spend reading. Any reading improves literacy and studies show that children who read recreationally out-perform those who don't.

There are a lot of prizes available for readers to earn including prizes for reading a particular number of hours and opportunities to win grand prizes. Participants can earn grand prize drawing slips by reading or by earning badges by participating in particular activities like attending library programs, making things, participating in a variety of competitions at the library, and more. Each age group has its own badge-book that specifies which and how many badges can be earned for each activity. Prizes have been provided by the DoD and through sponsorship from USAA and the Minot AFB Officers' Spouses' Club. *No Federal Endorsement of Sponsors Intended.* For more information, call the Base Library at 723-3344.

5 FSS Events A Great Way To Celebrate Father's Day

Make Father's Day extra special this year with a wide variety of events and activities available at 5th Force Support Squadron facilities. Help make dad's day unforgettable.

FATHER'S DAY BOWLING SPECIAL

June 17 - Rough Rider Lanes

Celebrate Father's Day early by enjoying the Father's Day bowling special at Rough Rider Lanes on Saturday, June 17 from 6-11 p.m. Dad's can bowl up to 3 games FREE and receive a FREE shoe rental. Family members bowl for \$2.75 per game and \$2 a shoe rental. Call Rough Rider Lanes at 727-4715 for more details.

FATHER'S DAY GOLF SPECIAL

June 18 - Rough Rider Golf Course

Bring dad to the Rough Rider Golf Course on Sunday, June 18 from 10 a.m. to 3 p.m. for a FREE 15 minute lesson with FREE range balls. Dad can also play 9 holes of golf for FREE if accompanied by family members. Family member's fee will be dependent on rank of military sponsor. Fees may also include club and cart rental as needed. For additional information, call the Rough Rider Golf Course at 723-3164.

For 5th Force Support Squadron job opportunities, visit www.nafjobs.org or call the NAF Human Resources office at (701) 723-2812

Birthday Party Packages

Birthday Packages include 2 hours rental of party room with a 30 minute set up & clean up time, and a food package of your choice.

PACKAGE 1 (1-10 people):
 2 large pizzas (24 slices), 1 order of breadsticks (2 dipping sauces), and 3 pitchers of soda (free refills). Cost: \$40

PACKAGE 2 (11-21 people):
 3 large pizzas (36 slices), 2 order of breadsticks (4 dipping sauces), and 4 pitchers of soda (free refills). Cost: \$55

PACKAGE 3 (22-35 people):
 4 large pizzas (48 slices), 3 order of breadsticks (6 dipping sauces), and 6 pitchers of soda (free refills). Cost: \$70

Party Packages available for In-House Only. Please no outside food with the exception of birthday cake. Food may be purchased at Rough Riders or from Rockers Bar & Grill, Jimmy Doolittle Center or Kelley's Place.

723-4671

Whitewater Rafting & Horseback Riding Trip Set For July 14-16

Whitewater Rafting & Horseback Riding
JULY 14TH - 16TH
 REGISTER JUNE 10TH - JULY 7TH

Join us for a trip to Red Lodge, Montana for some whitewater rafting & horse riding on the Yellowstone River. We'll spend half the day rafting & the rest of the day horseback riding.

COST
 Single: \$100 - Double: \$99 - Triple: \$65
 Quad Room \$50

723-3648

Enjoy some adventure during the Whitewater Rafting & Horseback Riding Trip to Red Lodge, Montana with Outdoor Recreation on July 14-16. Price includes bus ride to and from Laurel, MT, a full day of rafting and horseback riding, and two nights lodging at the Best Western in Laurel, MT. Registration opens June 12 and ends July 7 (or when trip is full). Must be 10 years of age or older to participate.

Cost is \$50/person quad occupancy, \$65/person triple occupancy, \$95/person double occupancy, and \$190/person single occupancy. For more information, call Outdoor Recreation at 723-3648.

CLUB MEMBER DRAWING ON FRIDAY, JUNE 9th WILL BE FOR \$2,000.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, June 9 at Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.



Midco Free Day
 Thursday • June 15
 Midcontinent sponsors admission for everyone for the whole day – Everyone gets in free!

Military Appreciation Day
 Friday • June 16
 Active military, veterans and families free with a military ID

World Giraffe Day
 Saturday • June 17
 Family friendly activities, feeding station, bounce house & etc.

Father's Day
 Sunday • June 18
 Celebrate your Dad with a day at the Zoo! Fathers get in FREE with a paid child admission!

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 (on Minot's North Hill behind Memory Fireworks)



HAPPY Father's DAY



HAPPY FATHER'S DAY



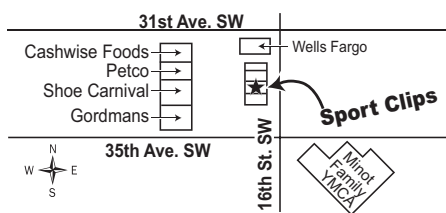
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Reg. Varsity Haircut: \$18; Reg. Jr Varsity (10 & Under) Haircut: \$15. Present coupon before haircut. Not valid with any other offer. Void if bartered, copied, traded, or sold. Valid only at Minot Location.



FREE
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for Returning Clients

SportClips
 HAIRCUTS

EXPIRES 7/23/17 • CODE 0406

Reg. Adult MVP: \$23; Reg. Child (10 & Under) MVP: \$20. Present coupon before haircut. Not valid with any other offer. Void if bartered, copied, traded, or sold. Valid only at Minot Location.



FAMILY and YOUTH EVENTS & PROGRAMS

Jun 15 Creative Kids Class

Spend the morning with your preschooler having fun creating a colored sand art container during the Creative Kids class at the Arts & Crafts Center on Thursday, June 15 from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. Call the Arts & Crafts Center at 723-3640 for details.

Kids Summer Bowling

Enjoy the summer fun at Rough Rider Lanes during the Kids Summer Bowling special now through July 31. Children ages 17 and under can bowl for \$2 per game and receive FREE shoe rental. The offer is valid Monday through Friday from 9 a.m. to 2 p.m. For additional information, call Rough Rider Lanes at 727-4715.

Every Tues Family Fun Night

Take the whole family out for a delicious meal. Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Rider Indoor Playland. For additional information, call Rough Riders Pizza at 727-4377.

Jun 21 Bundles For Babies

Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on June 21 from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your growing family and about many of the support programs that are available. Plus participants receive a free gift for your new baby courtesy of the Air Force Aid Society. Please register by noon on June 20. For additional information, call 723-3950.

Kids Bowl Free Program

Children 15 years of age and under can now sign-up for **2 FREE games of bowling per day from now - September 4**. Rough Rider Lanes is participating in the Kids Bowl Free program which allows children to sign up at no charge to receive the free games. Visit the www.kidsbowlfree.com website to register your child. You will receive your free bowling passes each week via email. Members may use the coupon on any electronic device or print the coupon for presentation to the center. Shoe rental is not included. Each family may also purchase a "Family Pass" directly from the website for \$28.95 that allows 4 additional family members over the age of 15 to receive coupons for 2 free games of bowling per day all summer.

Jun 9 Margaritaville Party

Come enjoy a North Dakota clambake and s'mores on the patio during the Margaritaville Party at the Jimmy Doolittle Center on Friday, June 9 from 5-7 p.m. Cost is FREE for Club members and \$7 for non-members. The Margaritaville Party & Bingo is an adults only event. For details, call the Doolittle Center at 723-3731.



The Rough Rider Golf Course hosted the Memorial Day Scramble Tournament on Saturday, May 27. The winning team of the First Flight was (left to right): Gordie Haverluck, Anthony Guevara, Derek Gietzen, and Travis Hubrig. The tournament was sponsored by Minot Automotive Center. No Federal Endorsement of Sponsor Intended.



The winning team of the Second Flight during the Memorial Day Scramble Golf Tournament was comprised of (left to right): Terry Magnuson, Donita Magnuson, Lyle Magnuson, and Allan Magnuson.

YOUNG AIRMEN EVENTS & PROGRAMS

Jun 9 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on June 2 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Jun 17 3D Outdoor Archery Tournament

Outdoor Recreation is hosting a 3D Outdoor Archery Tournament at the Outdoor Archery Range on Saturday, June 17. Registration and California start is scheduled from 9-11 a.m. Come shoot our 15 - 3D Rinehart target range and see how you stack up against the competition. Non-competitive categories include Cubs, Youth, Men's, Women's, and Traditional. Entry cost per shooter is \$5. For more information, call Outdoor Recreation at 723-3648.

Jun 17 Minot vs. Grand Forks Match Play

The action heats up during the Minot vs. Grand Forks Match Play Tournament on Saturday, June 17 with an 11 a.m. shotgun start at the Plainsview Golf Course at the Grand Forks AFB. The tournament is open to all Active Duty, retired Air Force personnel, and DoD employees. For more details, call the Rough Rider Golf Course at 723-3164.

Jun 19-22 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on June 19, 20, 21 & 22 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and complete a budget worksheet. Attendees should bring their current LESs and have knowledge of their bills. Call the Airman & Family Readiness Center at 723-3950 to register or for additional information.



Chicken Stir Fry with Rice Noodles

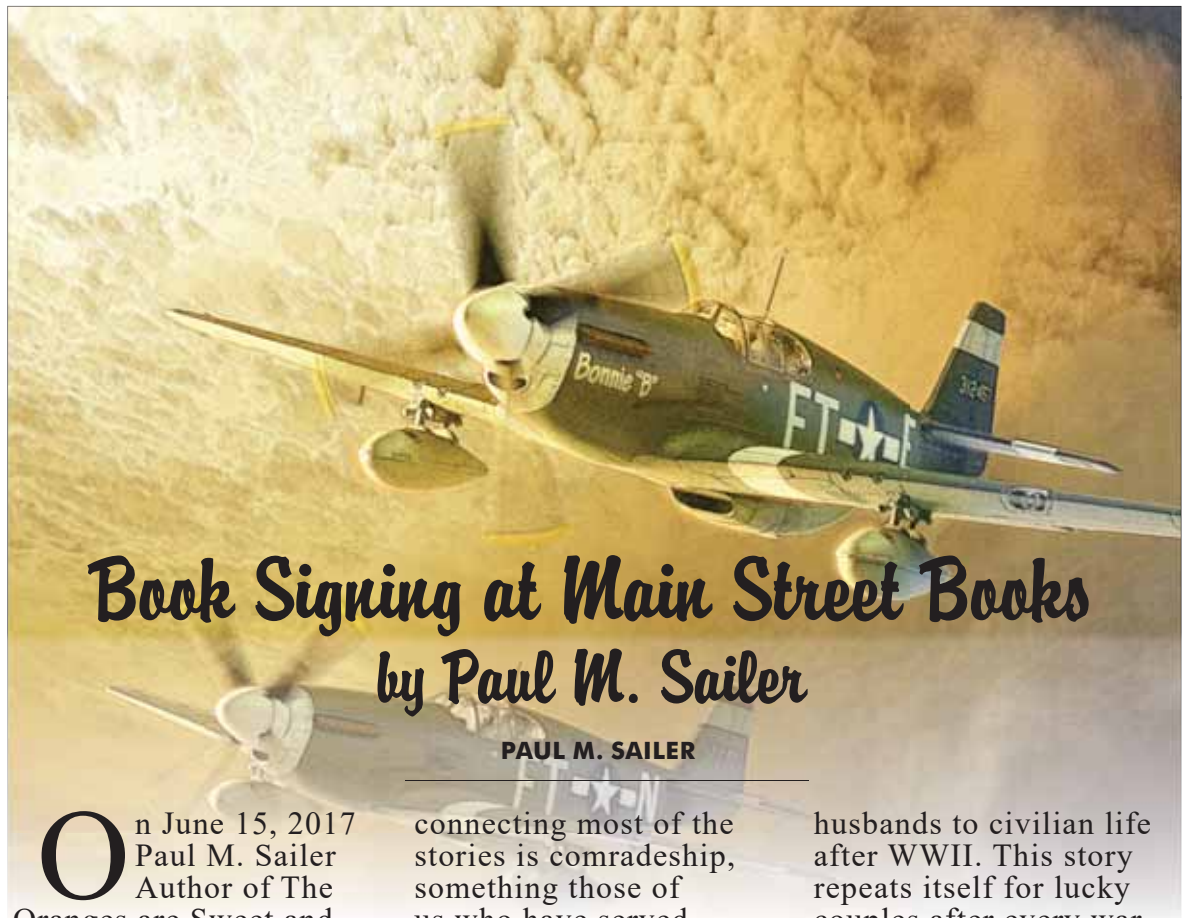


INGREDIENTS:

- 12 oz rice noodles
- 3 tablespoons vegetable oil
- 2 skinless boneless chicken breasts, sliced into bite-size strips
- 1 red bell pepper (or 1/2 red and 1/2 green), sliced
- 1 cup broccoli, chopped
- 4 oz shiitake or portabella mushroom, sliced
- 1 tablespoon peeled and shredded fresh ginger
- 1/2 cup chicken broth
- 2 tablespoons soy sauce
- 2 tablespoons ketchup
- 1 teaspoon cornstarch
- few drizzles of sesame oil

INSTRUCTIONS:

Bring medium size pan of salted water to a boil. Add noodles and cook them on medium heat for about 2 to 4 minutes (depending on thickness of noodles), or until barely tender. Drain and stir in 1 tablespoon of vegetable oil. In a large wok or skillet, heat 2 tablespoons of vegetable oil over high heat, add chicken and stir-fry for about 3 minutes. Remove from the skillet and set aside. Add bell peppers, broccoli and mushrooms and saute 1 minute then add ginger to the skillet and stir-fry for another 2 minutes. In a mixing bowl combine chicken stock, soy sauce, ketchup and cornstarch. Add chicken, noodles, and broth mixture to the skillet and stir-fry for 3 minutes or until chicken is cooked through. Right before serving drizzle sesame oil. Grab a fork and enjoy!



Book Signing at Main Street Books by Paul M. Sailer

PAUL M. SAILER

On June 15, 2017 Paul M. Sailer Author of *The Oranges are Sweet* and his latest book *I Had a Comrade* will be at Main Street Books from 4 pm - 6 pm signing copies of his book. Everyone is welcome so please stop by.

Sailer is a former Army helicopter pilot from Minnesota. He served a tour in Vietnam. His college background is in American history. His new book, *I Had a Comrade*, deals in ten true stories about people who experienced the trauma of war. In this case, WWII. The theme

connecting most of the stories is comradeship, something those of us who have served understand. We know it tends to only exist in the military. He lets the subjects of his stories speak to this in their own terms.

He is coming to western North Dakota the week after next because one of the subjects of a story entitled *Husbands and Wives*, grew up in McKenzie County, west of New Town. Doris Froholm Bickel married a fighter pilot. The story deals with the important role women played in the adjustments of their

husbands to civilian life after WWII. This story repeats itself for lucky couples after every war.

The first story in *I Had a Comrade* is about a B-17 Flying Fortress pilot who flew with the 5th Bomb Group out of Pearl Harbor, Midway and Guadalcanal. The Fifth if part of the lineage of your bomb wing at Minot. The pilot, Bill Healy, went on to fly missions against Germany.

From Main Street Books he goes the following day to the McKenzie County Public Library. He is hoping to round that out at New Town on June 17.

Northwest Art Center Hosts Summer Exhibits and Reception

MINOT STATE UNIVERSITY

Summer exhibits at the Northwest Art Center treat gallery visitors to contrasting

“artist’s-eye” views of life on the prairies and high plains via the work of two regional painters.

The Gordon B. Olson Library Gallery features vibrant, impressionistic landscape and still life paintings by Nicole Gagner of Bismarck in “*Prairie Impressions*,” on display through June 16.

Works such as “*Looking Back on Stormy Skies*” describe the Dakota landscape in bright dabs of color, while domestic still life studies such as “*Rows of Preserves*” and “*Stocked Pantry*” speak of familiarity with a close-to-the-land lifestyle.

Working primarily in oil, Gagner says she is inspired by “texture, saturated color, unique plays of light and form, and (perhaps most importantly) my grandmother’s pickles.”

From farther to the west come “*Views from the High Plains*,” the traditional watercolors of Leith Howard DeWeese, St. Marie, MT. Growing up in the west, DeWeese said she developed “a sense of place and a reverence for nature, responding to sites with open vistas and clean air.” Tumbled barns, weathered outbuildings

and abandoned, rusted tools give evidence of hands and lives from a now-past era, as DeWeese commemorates historic homesteads.

The DeWeese exhibit is on display in the Northwest Art Center’s Hartnett Hall Gallery until June 22, when it will close with a reception with the artist from 6:30 to 8 p.m. at the gallery.

DeWeese was born in Logan, Utah. She graduated from the University of Arizona with a B.F.A. in Art Education, and has worked as a graphic designer, jewelry maker, and art educator in a career spanning over thirty years. She has exhibited widely in North Dakota, Montana and Arizona.

The exhibitions and reception are free and open to the public. The Hartnett hall Gallery is open from 9 a.m. to 4:30 p.m. Monday through Friday. The library gallery is open regular library hours; call 858-3200 for times. Parking in university lots is unrestricted after 4:30 p.m.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.



Raffle to Benefit CancerCare Patients

5 Raffle Tickets for **\$20** or **\$5** each

Only 2000 tickets will be sold!

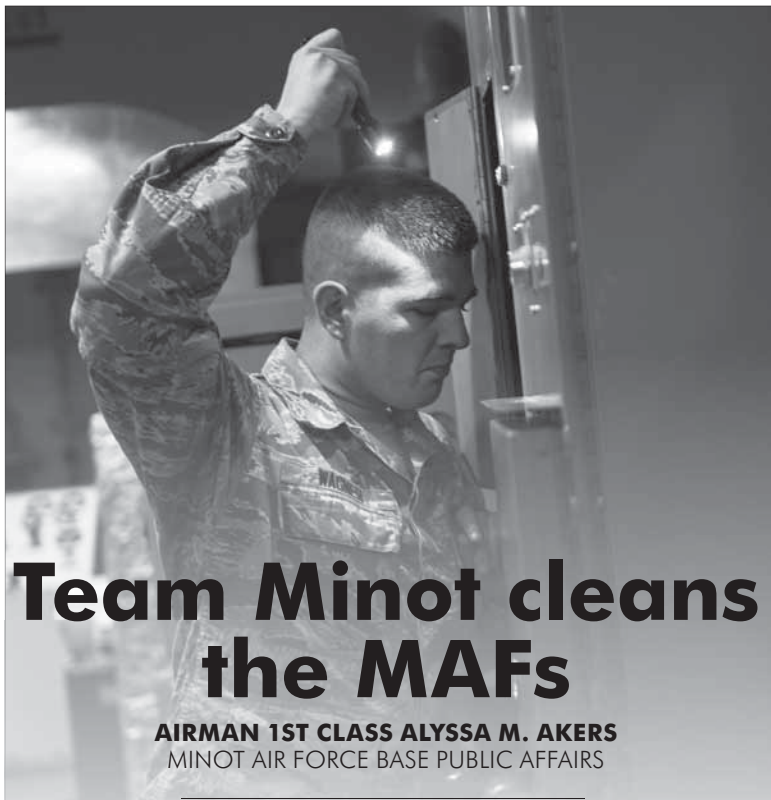
Raffle Prizes include:

1. A 3-Year Wildwood Country Club Membership (\$1,560.00)
2. 1 Year YMCA Family Membership (\$950.00)
3. 4 Disney World 1 Day Park Hopper Passes (\$620.00)
4. Medora Vacation Package (\$600.00)
5. 4 Bears Stay & Play Packages (\$500.00)
6. 4 Minnesota Vikings Preseason Tickets (\$240.00)
7. Aussie Outdoor Living Electric Grill (\$200.00)
8. Pandora Earrings (\$180.00)
9. FitBit Blaze (\$150.00)
10. Autographed UND Hockey Jersey (\$125.00)

Get Your Tickets Today!

Drawing will be held at the conclusion of Building Hope Women’s Golf Tournament. Monday, June 19, 2017, 6:00 p.m., Souris Valley Golf Course, Minot. Need not be present to win. You must be at least 18 years of age to purchase a ticket or win a prize.

**To Purchase Tickets Call Trinity Health Foundation
Al Evon 857-5432 or Cody McManigal 857-2430**



Team Minot cleans the MAFs

AIRMAN 1ST CLASS ALYSSA M. AKERS
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

The 5th Bomb Wing and 91st Missile Wing personnel at Minot Air Force Base have teamed up to ensure mission readiness at the missile alert facilities throughout North Dakota.

Since May 22, Minot AFB personnel have traveled to all MAFs for "Blitzkrieg," the operation in which the 5th Civil Engineer Squadron, 91st Missile Maintenance Squadron, and other units complete work orders that have accumulated through the winter months.

"This is the first time we've ever done this," said Tech. Sgt. Daniel Corcoran, 5th CES structure craftsman and MAF Blitzkrieg NCO in charge. "The two wings are working together so we can knock these work orders out and get the MAFs running smoothly."

Record-breaking snow from last winter created a few issues at the MAFs. Due to several days of road closures, teams couldn't drive to fix the minor issues as they occurred.

"The base was unable to complete some work orders through the winter due to the snow, so we're trying to complete them through the summer," said Corcoran. "Additionally, we're installing a new vent system

on the roof to help alleviate snow buildup."

Each squadron created teams of multiple career fields to visit the MAFs for the jobs. One of these teams, the Electromagnetic Team, arrived early to H-01 to complete their respective work orders in a timely and effective manner.

"Our main goal is to restore the capsules to excellent condition," said Tech. Sgt. Randy White, 91st MMXS EMT assistant NCO in charge. "We need to make sure our equipment is reliable and the location can remain operable and withstand any kind of attack."

With anywhere from two-to-four work orders at each site for each team, Team Minot will likely be working on these discrepancies throughout summer, said White.

"Right now, we have three teams focusing on Oscar, Delta and Hotel MAFs," said Corcoran. "Once they're done, we will move on until there are no more work orders."

Senior Airman Kenneth Wagner, 91st Missile Maintenance Squadron facilities maintenance section technician, checks a panel outside of the launch control center at H-01 Missile Alert Facility in the missile complex, N.D., May 24, 2017. Airmen from the 91st MMXS teamed up with Airmen from the 5th Civil Engineer Squadron for "Blitzkrieg," an operation where all the work orders that accrued during the winter months are completed.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN APRYL HALL



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COURTESY GRAPHIC

Throughout the summer, the McAdoo Fitness Center at Minot Air Force Base, N.D. will host 5K runs on the first Friday of each month. To participate, members can sign up at the fitness center the morning of the event.

First Friday 5Ks promote fitness

AIRMAN 1ST CLASS JONATHAN MCELDERRY | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

Throughout the summer, the McAdoo Fitness Center at Minot Air Force Base will host 5K runs on the first Friday of each month.

The 5Ks are scheduled from May to September and help promote fitness and improve morale.

"One of our main goals with hosting these 5Ks is to encourage a healthy lifestyle," said Tech. Sgt. Dennis Murphy, 5th Force Support Squadron McAdoo Fitness Center section chief.

To participate, members can sign up at the fitness center the morning of the event.

Murphy, who will host

the June 5K, noted how successful the May run was.

"The first run was a complete success," he said. "We had at least 150 people participate."

Murphy also added how participating in these runs can be a good way to test Airmen's cardio fitness.

"When it comes to the fitness world and PT testing, the run is the most crucial portion of the test, which makes this a great way for people to show what they're made of when it comes to running," Murphy said.

Judy LaRue, 5th Force Support Squadron McAdoo Fitness Center manager, also talked about how the 5Ks help Airmen improve their fitness.

"These 5Ks will help Airmen build stamina, which is a good way for them to train for their PT tests," said LaRue. "It's also about everyone coming together for good morale, welfare and esprit de corps."

This is the first year the summer series of 5Ks has occurred, but the center plans to make it a recurring event for upcoming years.

The routes for the 5Ks vary, but the center aims to provide a consistent path for runners.

The 5Ks also have their own themes and awards are given to the fastest male and female after each run.

For more information, call the fitness center at 701-723-2145.

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 838-1520
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Bible Fellowship Church

 Worship Service 10:45am Sunday
 Sunday School/Bible Study 9:45am
GRIEF SHARE
Preview Session March 12 at 6:30pm
838-0916 • 1720 4th Ave NW
minotbiblefellowship.org

Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com
Pastor Tom Sumers 701-838-1540
 Sunday School (All Ages): 10 a.m.
 Sunday Coffee Fellowship: 10:30 a.m.
 Worship Services: Sunday 11 a.m.

Minot Baptist Church

 Sending the Glorious Light of Jesus Christ to a Dark and Needy World
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.
Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
 Pastor David Miller

Cornerstone Presbyterian Church
1000 NE 3rd Street 852-0315
Sunday Schedule
 Contemporary Worship 9:30am
 Child/Youth Sunday School.. 11:00am
 Adult Sunday School.... 8:30 & 11:00am
 Traditional Worship..... 11:00am
Wednesday Evening Schedule
 Community Dinner..... 5:30-6:30pm
 Contemporary Worship 6:30pm
 Youth Group & Small Groups.. 7:15pm
All are Welcome!
www.ecominot.org

Congregational UCC
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Sunday School 11am
Tuesday Bible Study 12pm
Saturday Noah's Breakfast .. 9:30am
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701-720-0187
 Worship..... 9:00 a.m.
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(701)838-0609
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 Sunday Worship 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.
Jesse Starr, Pastor

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 Wednesday - Friday 9 a.m.
 Saturday 5 p.m.
 Sunday 8 & 10:30 a.m.
 Fr. David A. Richter, Pastor
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 852-4853
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 Sunday Worship 8:30 am
 Sunday Education 9:45 am
 Sunday Worship 11:00 am
 Wednesday Supper..... 5:30 pm
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 Sunday Fellowship 10:00 am
 Wednesday Worship 6:45 pm
 Website: www.bethanylutheranminot.com
 Email: bethanylutheran@srt.com
 Live Streaming: bethanylutheran.tv
Pastor Janet Hernes Mathistad
Pastor Gerald Roise

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org
 Classic Worship Service 8:30 a.m.
 Sunday School (All Ages)..... 9:45 a.m.
 Contemporary Worship Service.. 11:00 a.m.
 Children's Church..... 11:00 a.m.
 Wed. AWANA (Sept. to May) 6:30 p.m.
Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Pastor Sam Kautzmann, Student Ministries
Elaine Carlson, Children's Ministry Director

Calvary Alliance Church

 715 20th Avenue NW
 Minot, ND 58703
www.calvaryofminot.com
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 Sunday Worship Service 10:00 am
 Wednesday Prayer 6:30 pm
 Wednesday Youth Group (grade 7-12) 6:30 pm

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 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal..... 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday..... 7:00 - 11:00 p.m.
 ABC Child Care Center..... 852-6352
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 Sunday Worship 9:30 am
 Sunday Fellowship 10:30 am
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 Wednesdays:
 Soup Kitchen 11:30 a.m. - 12:30 p.m.
Brian T. Skar, Pastor
www.ibcminot.org

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 Sunday Worship 11 a.m. & 6:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.
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 email: rcbc@srt.com
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 Family Hour 6:30 p.m.
 Evening Worship 7:30 p.m.
 Bible Study/Child-Adult
 Children Worship (Wed).... 7 p.m.
 Prayer (Friday)..... 7 P.m.

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 Sunday Worship 9 a.m.
 Memorial Day weekend - Labor Day Weekend
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Carol Wendel, Pastor

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Torrell Carter, stationed at Minot AFB, N.D., recently passed away. Anyone with a claim for or against his estate should step forward at this time by contacting 1st Lt. Christina Sheets, reachable by telephone at 307-321-6315, or by email at christina.sheets.3@us.af.mil.

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|---|---|---|---|---|---|---|---|---|
| 7 | 1 | 5 | 2 | 8 | 4 | 3 | 6 | 9 |
| 4 | 9 | 8 | 3 | 6 | 1 | 5 | 2 | 7 |
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| 5 | 7 | 1 | 6 | 9 | 3 | 4 | 8 | 2 |
| 9 | 4 | 3 | 8 | 1 | 2 | 7 | 5 | 6 |
| 8 | 2 | 6 | 5 | 4 | 7 | 1 | 9 | 3 |
| 6 | 5 | 9 | 1 | 7 | 8 | 2 | 3 | 4 |
| 1 | 3 | 4 | 9 | 2 | 5 | 6 | 7 | 8 |
| 2 | 8 | 7 | 4 | 3 | 6 | 9 | 1 | 5 |

Answers to puzzle from page 6

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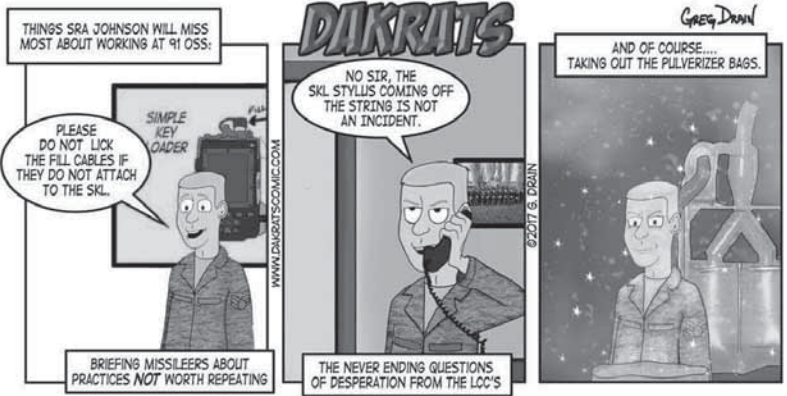
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- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Holiday Inn Riverside | 2200 Burdick Expressway East
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Nice (outside unit) condo in the Woodside Addition. Condo features stainless steel appliances, high definition countertops, single garage, large bedrooms, and large living/dining room. Condo has outside sprinkler system. Call Jerry Thomas at 833-7578. #171313

\$184,900

\$209,900

Great Townhome in Trappers Cove that overlooks the lake. Enjoy the view from your three season room with heated floor & air conditioning. This home has 3 bedrooms & 3 bathrooms along with a sitting room with an electric fireplace. Call Brad Livesay at 720-7769. #171310

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\$219,900

Beautiful 4 bedroom ranch on large fenced lot. Main floor features remodeled kitchen with newer appliances, dining room & living room with beautiful hardwood floors and bay window, 3 bedrooms, remodeled full bathroom. Call Jerry Thomas at 833-7578. #171308

\$229,000

\$164,900

Nice ranch style home on a quiet street in NW Minot! The main floor of this home features 3 bedrooms, full bath, nice sized kitchen w/dining & living room. Downstairs offers a large family room with bar & an extra non-egress bedroom w/built-ins. Call Tamie Dunn at 720-1723. #171306

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Easy, affordable living located in one of the best parks in Minot. This mobile home is very spacious with a functional floor plan boasting over 1,200 sq. ft., three good sized bedrooms and two full bathrooms. The open-concept living-dining-kitchen area has tons of natural light. Call Amber Alexander at 500-0810. #171304

\$232,300

Enjoy for the summer months or live at the lake year-round in this quaint cabin home on Rice Lake. This 2 bedroom lake property has 1700 plus sq feet on the main level and additional 1136 in basement! The beautifully maintained yard is landscaped throughout. Call Tamie Dunn at 720-1723. #171294

\$170,000

A sweet deal for someone who wants to be close to shopping, school, restaurants and still have privacy. This 3 bedroom, 2 bath manufactured home sits on a .70 acre lot with a coulee in the back yard. A double garage with room to spare for a work bench. Call Cindy Strandberg at 833-1956. #171285

\$170,000

Don't miss out on this newer modular home that sits on a good size lot. There are 3 bedrooms and 2 baths with an open floor plan with main floor laundry. The home is close to a park and in a quiet NW neighborhood with many mature trees. Call Clyde Thorne at 240-8495. #170686

\$170,000

A 2011 single floor home with 3 bedrooms and 2 full bathrooms. Master suite has a nice size walk in closet and full bathroom. All appliances stay with the home including the washer & dryer. New carpet as of March 2017. Yard has a 6' privacy fence and there is a double car garage. Call Clyde Thorne at 240-8594. #170142

PRESS RELEASE: Gen. Hyten to present 2016 Omaha Trophy to 5th Bomb Wing

MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- General John E. Hyten, Commander of U.S. Strategic Command (USSTRATCOM), will present the 2016 Omaha Trophy to the 5th Bomb Wing at Minot Air Force Base Tuesday, June 6.

In February the 5th Bomb Wing was named the 2016 Omaha Trophy recipient for the fifth time, in the Strategic Bomber category, as the command's premier strategic bomber wing.

The Omaha Trophy is awarded annually to five outstanding units that represent USSTRATCOM's mission areas, their role in global operations and USSTRATCOM's continued emphasis on strategic deterrence. Selections are based on formal evaluations, meritorious achievement, safety and factors such as community involvement and humanitarian actions.

The Omaha Trophy, which dates back to the U.S. Air Force's Strategic Air Command, was originally created by the Strategic Command Consultation Committee in 1971. At the time, a single trophy was presented annually as a

token of appreciation to the command's best wing.

In an article by U.S. Strategic Communication, U.S. Air Force Gen. John E. Hyten was quoted as saying, "These awards are a direct reflection of the hard work and tireless effort demonstrated by the men and women, in and out of uniform, who support the command. USSTRATCOM is a powerful, dominant warfighting command whose ultimate strength is its people, joint and allied warfighters—officers, enlisted and civilians."

Gen. Hyten's career includes assignments in a variety of space acquisition and operation positions and serving in senior engineering positions on both Air Force and Army anti-satellite weapon system programs. USSTRATCOM, of which he currently commands, is one of the nine Unified Commands under the Department of Defense.

Media interested in covering this event should please send requests via email to v35bw.pa@us.af.mil no later than COB Monday, June 5. For questions, please call the Public Affairs office at 701-723-6212.



Shantelle R. Carey, An Individual Exploration of Spirituality

NORTH WEST ART CENTER MINOT STATE UNIVERSITY

Minot State University art student Shantelle R. Carey will present a solo exhibit, "An Individual Exploration of Spirituality," at the Northwest Art Center's Gordon B. Olson Library Gallery at Minot State University June 26 through July 28, 2017. Opening reception is June 29 from 5 to 6 p.m. at the gallery.

The exhibit — featuring mixed media paintings on animal hides as well as symbolic objects and sculptures fashioned from natural materials — studies the unification of religion and spirituality. It traces Carey's formation of a new set of beliefs combining principles from Christianity, Buddhism, and Native American culture.

After hearing what she describes as "an especially odd sermon," Carey experienced a conflict between her beliefs and the beliefs of the church, and so set out to find "more comfortable spiritual territory."

For many of the works in the exhibit, Carey

created her own canvases by stretching rabbit hides. She then painted on them scenes symbolic of her unified belief system. Other objects created for the exhibit include hide pouches and pseudo-ceremonial "weapons." A centerpiece of the display is "The Gift," a 7-foot by 9-foot painting on a bison hide.

The exhibition recognizes the importance and influence of spiritual beliefs. It focuses, said Carey, "on the idea of finding your own religious and spiritual home whether it is one religion or an assemblage of beliefs." Religion has always been a sensitive area for society, said Carey, but she hopes that the exhibition will help to reinforce the idea of religious freedom and acceptance.

Carey is a painter and sculptor born in Springfield, MO in 1993. She currently works in Minot, ND, and attends Minot State University, pursuing a Bachelor of Arts degree in painting. She creates paintings and sculptures inspired by the natural world. Her creations allow her

to explore new places, techniques, and a variety of art forms.

Exhibitions to date include: 3D Show, Cirque Nocturne One Night Show, and Everything but the Kitchen Sink Show at the 62 Doors Gallery; and the Minot State Annual Juried Student Art Show in 2015, 2016, and 2017. Carey's work was published in the MSU literary magazine The Coup in 2015 and 2016. She also has painted group murals in Buffalo, MO. After attaining her degree, Carey intends to pursue a long-term career in painting. When she is not painting, you can find her at the animal shelter petting all the cats.

The exhibition and reception are free and open to the public. The gallery is open regular library hours. For hours, call 858-3200. Parking in university lots is unrestricted after 4:30 p.m.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

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