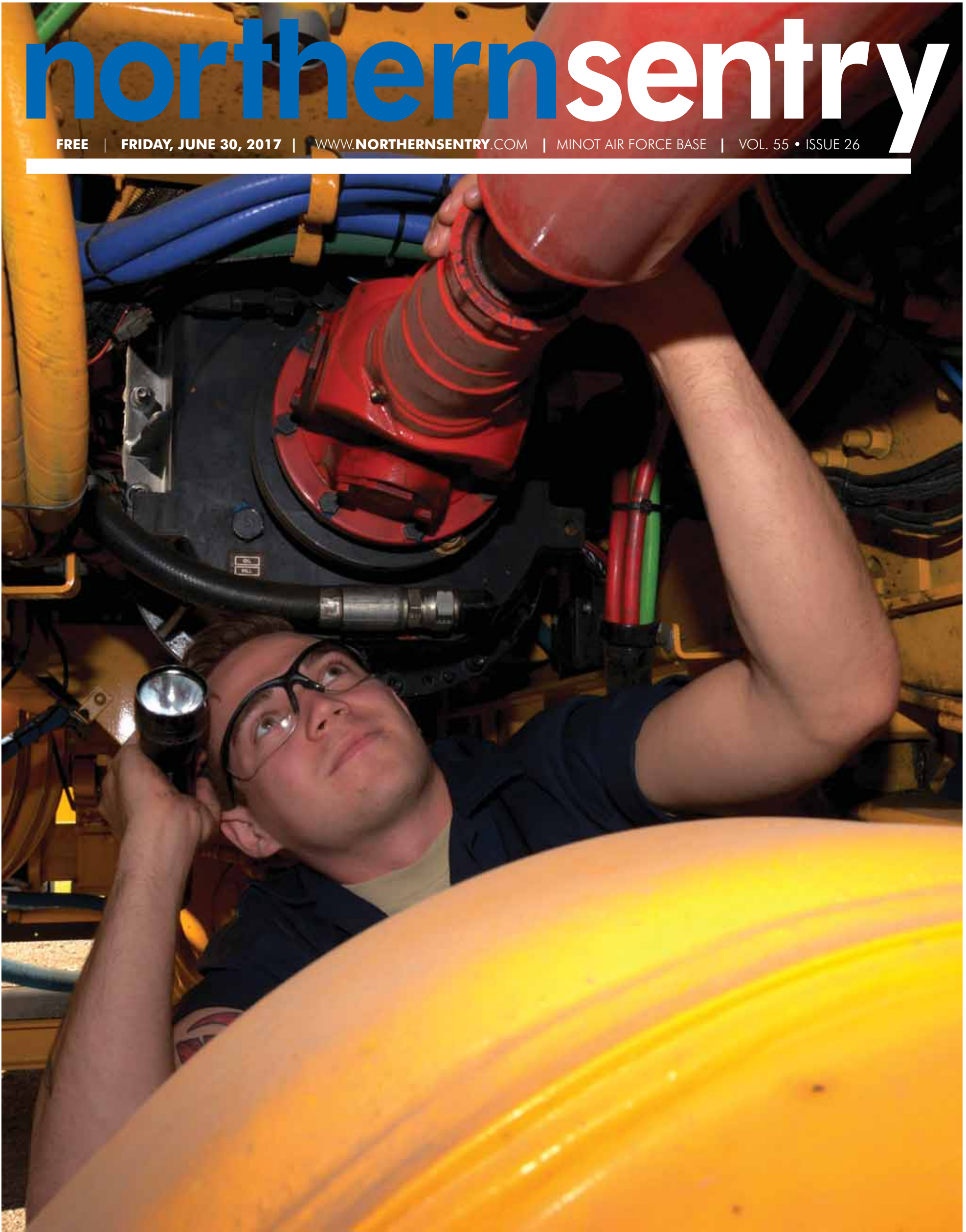


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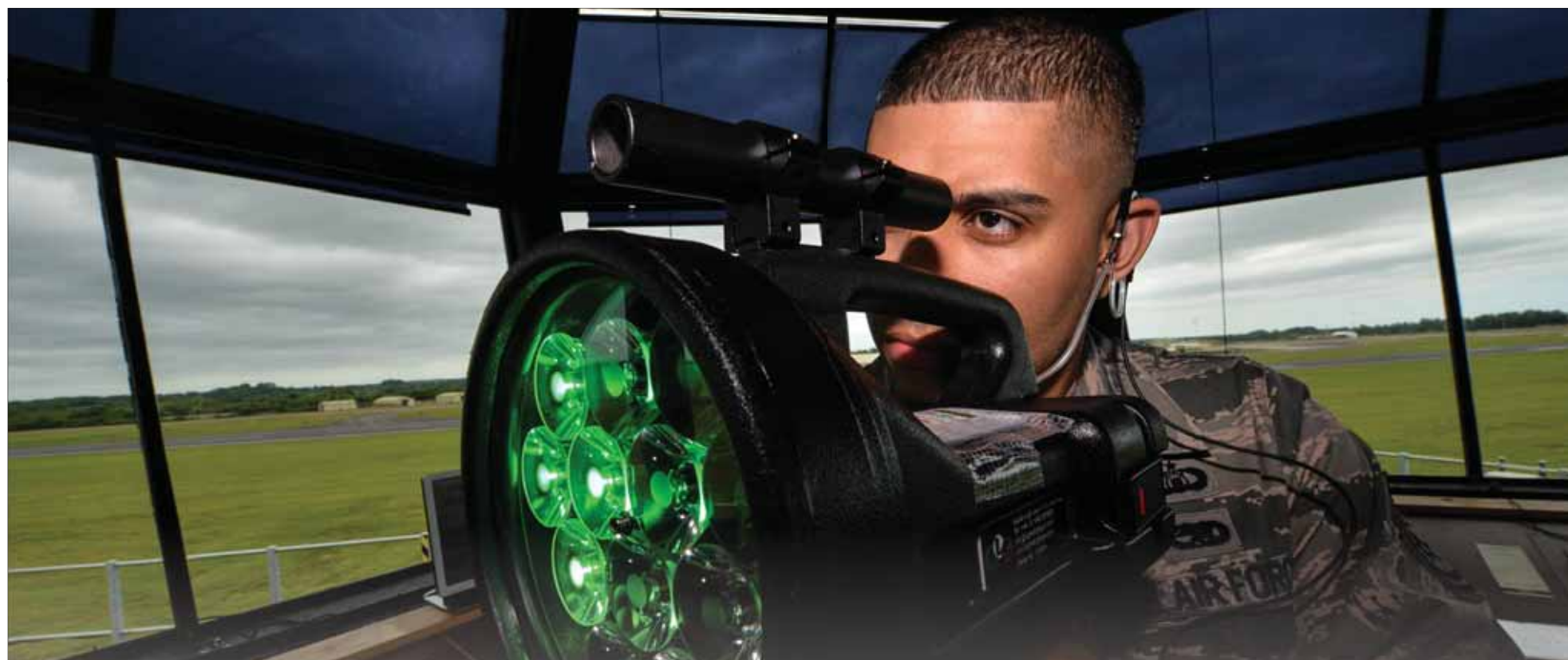
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Videos



Media, DV events showcase AFGSC historic strategic bomber operations in EUCOM

SENIOR AIRMAN CURTIS BEACH | 2ND BOMB WING PUBLIC AFFAIRS

RAF FAIRFORD, U.K. -- Local media outlets and military leaders from the U.S., the Royal Air Force and European allied nations came here June 12 to view history in the making.

Lt. Gen. Richard Clark, 3rd Air Force and 17th Expeditionary Air Force commander, was on hand to host the visiting officials and to address gathered media at the distinguished visitor and media events.

"The hospitality of our friends in the Royal Air Force continues to be exceptional, and you truly are a testament to the amazing relationship of our two great nations," Clark said.

While in Europe, three B-52H Stratofortresses from Barksdale Air Force Base,

La., and three B-1B Lancers from Ellsworth Air Force Base, S.D., will integrate with U.S. and Allied forces to showcase the strength and interoperability of the joint and coalition teams. These jets will also conduct bomber assurance and deterrence operations in the theater with two B-2 Spirit bombers, here from the active duty-Air National Guard total-force team at Whiteman Air Force Base, Missouri.

Clark spoke to attending media about the "all-star lineup" of bombers and Airmen, which represents the core global strike mission, and their ability to bring the flexible strike capability to Europe.

"The bomber team before you today confirms the

credibility of our forces to address a global security environment that is more diverse and uncertain than at any time in our history," said Clark. "[B-52s and B-1s will] participate in multi-national exercises like Arctic Challenge, Saber Strike and BALTOPS in order to demonstrate how our team of allies can rapidly amass at a time and location of our choosing to deter and defend against any possible aggression."

Also in attendance to speak to the media was Chargé d'Affaires Lewis Lukens, who serves as chief operating officer of the U.S. mission to the U.K. in London. His attendance underscored the importance of the international relationships and the shared commitment to peace, security and prosperity between the United States and the U.K.

"The closeness of the U.S. and U.K.'s security partnership not only benefits our two nations, but it serves as a pillar of strength for the NATO alliance today," said Lukens. "This deployment of strategic bombers to

the United Kingdom is a clear demonstration of that enduring commitment."

While operating from Fairford in the various planned exercises and operations, the three bomber aircraft are training with partner nations to reinforce interoperability and to deter further aggression in the region.

"Deployments like these underscore our commitment to support our NATO and European allies through readied and postured forces focused on deterring conflict," said Clark. "The phenomenal deployment of this combat airpower is the visual manifestation of the adage 'you don't have to be everywhere at once, as long as you can be anywhere at a moment's notice.'"

These deployments are necessary to ensure readiness and validate the vigilance of global strike capability.

"Together our two countries stand in defense of freedom, as demonstrated daily through our two militaries' training and fighting together around the world," said Lukens. "This shared history, our shared

values and our shared commitment to our NATO allies will enable us to confront the challenges of the next 100 years."

Bomber deployments and operations like those projected from here provide valuable training for U.S.-based Global Strike Airmen to familiarize themselves with different geographic areas of operation.

"U.S. Strategic Command forces are on watch 24 hours a day, 365 days a year, seven days a week for our nation and our allies," said Clark."

Tech. Sgt. Jason Medina, 5th Operations Support Squadron air traffic controller watch supervisor, operates a light gun at Royal Air Force Fairford, United Kingdom, June 10, 2017. A team of four air traffic controllers from across the globe assembled to work with seven different airframes in support of multinational, large-scale exercises Arctic Challenge, BALTOPS 17 and Saber Strike 17. Allies and partner nations rely on common tactics, techniques, and procedures that enable them to quickly combine as an effective fighting force. Forces that participate in these exercise leave with a higher state of readiness, improved interoperability with forces from NATO and partner nations, and confidence in their ability to operate together in a time of crisis.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN CURT BEACH

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2016 Water Quality Report - System ID 5100660

Terms for this Report

AL (Action Level): The concentration of a contaminant, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health.

mg/L (milligram per liter): Or part per million, the parts of contaminant per million parts of water. Roughly equivalent to one drop per 10 gallons of water.

MRDL (Maximum Residual Disinfection Level): The highest level of disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

ND (Not Detected): Or below the detectable level of the test procedure.

NTU (Nephelometric Turbidity Units): A measure of how clean the water is, caused by suspended matter in the water.

pCi/l (picocuries per liter): A measure of radioactivity

ppm (parts per million): Or milligrams per liter, roughly equal to one drop per ten gallons of water or one minute in two years.

ppb (parts per billion): Or micrograms per liter, roughly equal to one drop in ten thousand gallons of water or one minute in two thousand years.

ppt (parts per trillion): Or nanograms per liter, roughly equal to one drop in ten million gallons of water.

ppq (parts per quadrillion): Or picograms per liter, roughly equal to one drop in ten billion gallons of water, or a four-year water supply for Minot.

TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.

The City of Minot was selected by the EPA to sample for 14 unregulated contaminants during 2015-2016. Samples were taken four times from both the Entry point to the distribution (Water Treatment Plant) and the Maximum Residence Time sampling point.

Unregulated contaminants are those for which the EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist the EPA in determining the occurrence of unregulated contaminants in drinking water and whether future regulation is warranted.

The following unregulated contaminants (Table 2) were the only contaminants detected during this sampling. Results are from Entry Point to the Distribution and Maximum Residence Time in the Distribution.

Table 1. Detected Regulated Contaminants					
Contaminant	MCLG	MCL	Level or Range	Date Tested	Source of Contaminant
INORGANIC CONTAMINANTS					
Arsenic (ppb)	0	10	1.74	3/16	Erosion of natural products; runoff from orchards; runoff from glass and electronics production wastes
Barium (ppm)	2	2	0.00433	3/16	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chromium (ppb)	100	100	1.37	3/16	Discharge from steel and pulp mills; Erosion of natural deposits
Fluoride (ppm)	4	4	0.72	3/16	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Nitrate + Nitrite (ppm)	10	10	0.18	2/16	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Selenium	50	50	1.65	3/16	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
DISINFECTION BYPRODUCTS					
Total Haloacetic Acids (ppb)	0	60	9	3/16	Byproduct of drinking water chlorination *Compliance based on annual average
Total Trihalomethanes (ppb)	0	80	40	12/16	Byproduct of drinking water chlorination *Compliance based on annual average
DISINFECTANTS					
Chloramine residual (ppm)	MRDLG 4	MRDL 4.0	2.2	1/16	Water additive used to control microbes
OTHER CONTAMINANTS					
Copper (ppm)	1.3	AL=1.3	0.038*	7/15	Corrosion of household plumbing systems; erosions of natural deposits; leaching from wood preservatives
Lead (ppb)	0	AL=15	7*	7/15	Corrosion of household plumbing systems
Total Coliforms	0	2% of monthly samples	1	7/16	Naturally present in the environment
RADIOACTIVE CONTAMINANTS					
Gross Alpha (pCi/l) Inc RA Exc RN&U	15	15	1.52	11/09	Erosion of natural products
Radium, combined (226,228) (pCi/l)	0	5	0.00919	11/09	Erosion of natural products
Uranium, combined (ppb)	0	30	0.722	11/09	Erosion of natural products

*This value represents the 90th percentile value of the most recent round of sampling.

Table 2. Detected Unregulated Contaminants			
Unregulated Contaminates	High Comp.	Units	Date
Alkalinity, Carbonate	10	ppm	March 2016
Alkalinity, Total	120	ppm	March 2016
Bicarbonate as HCO3	126	ppm	March 2016
Calcium	15.2	ppm	March 2016
Chloride	62.1	ppm	March 2016
Conductivity @ 25 c UMHOS/CM	1260	ppm	March 2016
Hardness, Total (CACO3)	115	ppm	March 2016
Magnesium	18.7	ppm	March 2016
PH	8.88	ppm	March 2016
Potassium	6.1	ppm	March 2016
Sodium	218	ppm	March 2016
Sodium Adsorption Ratio	8.84	ppm	March 2016
TDS	778	ppm	March 2016
Zinc	0.00105	ppm	March 2016

INTRODUCTION

We're very pleased to provide you with Minot Air Force Base's 2016 Water Quality Report. We want to keep you informed about



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the excellent water and services you have received over the past year. Our goal is and always has been, to ensure you receive a safe and dependable supply of drinking water. **We are pleased to report that our drinking water is safe and meets all state and federal requirements.**

WHERE DOES OUR WATER COME FROM?

Minot has two sources of water: the Minot Aquifer and the Sindre Aquifer. The Minot Aquifer follows the Souris River in this vicinity, and the wells are in the valley in the west part of Minot. The Sindre Aquifer comes from the north, travels under Minot, turns and goes southeast to the county line. The wells are about five miles southeast of town where the aquifer passes under the Souris River. The Minot Water Plant is located beside the Souris River at 900 16th Street Southwest.

Minot is currently working on what is called the NAWA or Northwest Area Water Supply project. This will bring Missouri River water from Lake Sakakawea to Minot where it will be treated and sent out to satisfy the water needs of much of northwest North Dakota, including Minot AFB.

WELLHEAD PROTECTION

The City of Minot participates in North Dakota's Wellhead Protection Program. The City of Minot has completed the delineation and contaminant/land use inventory elements. Based on information from these elements, our source water has been determined to be moderately susceptible to potential contaminants. Copies of the Wellhead Protection plan and other relevant information regarding this program can be obtained from the City of

Continued on page 12

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MAINTAINING THE DRIVE

Airmen from the 5th Logistics Readiness squadron prepare for the coming winter during their summer rebuild. Vehicle maintenance is performed on military, commercial general and special purpose vehicles. As well as base maintenance vehicles, aircraft and equipment-towing vehicles, and other vehicular equipment.

U.S. Air Force photos | Airman 1st Class Dillon J. Audit



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State Departments of Health and Agriculture Urge Residents to Avoid Blue-green Algae

NORTH DAKOTA DEPARTMENT OF HEALTH

BISMARCK, N.D. – Hot summer weather can contribute to the production of blue-green algae (cyanobacteria) in bodies of water that are used by people, pets and livestock. Blue-green algae discolor the water and can cause foam, scum or mats to appear on the surface. When severe blooms occur, the water can have the appearance of spilled green paint or green pea soup.

Blue-green algae can also produce toxins in the water called cyanotoxins. People and animals that swallow water containing cyanotoxins can become sick. Symptoms include diarrhea and vomiting; numb lips; tingling fingers and toes; dizziness; or rashes, hives or skin blisters. In severe cases, cyanotoxins can result in death. There are no known antidotes for the cyanotoxins produced by blue-green algae. Children are at higher risk than adults for illness because they can ingest a higher dose of toxin relative to their smaller size. The North Dakota Department of Health (NDDoH) can test water for toxins and, if they are detected, issue advisories to the public. However, because it can take time to test the water, people are urged to err on the side of caution and avoid waters that look discolored or scummy, or that have a foul odor.

“This summer we have already had several reports of livestock deaths linked to blue-green algae blooms and

cyanotoxin poisoning,” said Mike Ell with the NDDoH Division of Water Quality. Recent reports of blue-green algae blooms in Stanley Pond in Mountrail County and Harvey Reservoir in Wells County have prompted officials to issue exposure advisories at those recreational areas.

The NDDoH and North Dakota Department of Agriculture, Animal Health Division, urge the public to avoid contact with or swallowing water contaminated by blue-green algae, and to protect pets and livestock from waters that are affected.

According to Ell, “An advisory is issued to remind people that these blooms are most common in North Dakota in late summer, but it only takes a few hot days to trigger a bloom. Exposure can cause people and animals to become ill.”

“Whether it’s blue-green algae or toxic water due to increased salts and sulfates, cattle can develop adverse clinical signs, including death,” said Dr. Michelle Mostrom with NDSU’s Veterinary Diagnostic Lab. “A primary factor in these deaths is that cyanobacteria blooms can occur quickly, within a day, and it’s difficult for livestock producers to check water quality daily or every other day, which is very important in cases of cyanotoxin poisoning caused by cyanobacterial blooms. Some of these cyanotoxins are quick neurotoxins and can kill livestock in a few minutes to a few hours; no treatment will be

effective after the toxin has been quickly absorbed.”

The NDDoH and the Department of Agriculture, Animal Health Division, recommends these steps to avoid exposure to cyanotoxins:

- Respect advisories announced by public health authorities.
 - Do not swim, water ski, or boat in areas where the water is discolored or where you see foam, scum or mats of green or blue-green algae on the water.
 - If you accidentally swim in water that might have a cyanobacteria bloom, rinse off with fresh water as soon as possible.
 - Do not let pets or livestock swim in or drink from areas where the water is discolored or where you see foam, scum, or mats of algae.
 - If pets (especially dogs) swim in scummy water, rinse them off immediately – do not let them lick the algae (and toxins) off.
 - Do not irrigate lawns or golf courses with pond water that looks scummy or smells bad.
- For more information about the effects of blue-green algae blooms on pets and livestock, contact the Animal Health Division, North Dakota Department of Agriculture at 701.328.2655. For more information on public health issues or to report a suspected blue-green algae bloom, visit the NDDoH Harmful Algal Blooms (HABs) website at www.tinyurl.com/nodakhabs or contact the North Dakota Department of Health, Division of Water Quality at 701.328.5210.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



“The fawns born in the spring are old enough so they’re up and running and not so vulnerable to predation

– N.D. Game and Fish Dept. Big Game Management Supervisor Bruce Stillings discussing aerial pronghorn surveys.

North Dakota hunters don’t apply for pronghorn licenses until August and one reason comes from the sky.

N.D. Game and Fish Department big game biologists fly aerial pronghorn populations in July, unlike other aerial surveys for species such as mule deer and white-tailed deer.

By the first week in July, young pronghorn fawns – typically born the third week in May – are much more visible and less susceptible to predation, explained N.D. Game and Fish Dept. Big Game Management Supervisor Bruce Stillings.

They’re easier to see against what is usually a backdrop of green vegetation and any adults that may have wandered over to Montana or South Dakota likely meandered back by then.

Surveys provide vital information used in determining available licenses and units that will – or won’t – be open for the upcoming fall hunting season. In addition to helping determine population trends and population, the surveys offer insight into reproductive success.

Stillings said the surveys provide long-term data to compare population trends and other information because transects have been flown annually since 1958.

Tucked in a two-seat Super Cub, the pilot and observer fly mile-wide strip transects, counting any pronghorn they see along one-half mile either side of the airplane. Depending on topography, they’re only 200 to 300 feet off the ground. “I need you (the observer) to be like a goal keeper in hockey,” Stillings described. “So you’re swinging from side-to-side so you cover both sides – and you’ve got the eyes of the pilot to help.”

Pronghorn surveys starts approximately July 4, Stillings added, with five to six

airplanes, biologists, and pilots covering 10,000 square-miles of North Dakota’s primary pronghorn range west of U.S. Highway 85 and much of the outlying fringe pronghorn range east of the highway. Wind and rain permitting, that number of planes and observers can usually complete surveys “in a good seven-day stretch,” he added.

They’re in the air by sunrise, flying about five hours before taking a break. It’s back in the air – usually about 3 p.m. – until about 8 p.m. The low angle of the sun in the sky prevents them from flying much later in the evening than that because of shadows and sunlight restricting vision.

Each pilot-observer team covers about 2,300 square-miles.

Aerial surveys are a major piece of the puzzle to determine the number of licenses, Stillings continued, and is one main reason applications aren’t available sooner. The Game and Fish Department must make its pronghorn season recommendations and tentative proclamation available for Gov. Doug Burgum to sign before the end of July.

Even though transects have remained the same for almost six decades, GPS and technology helped revolutionize their work. They fly using GPS rather than compass, which is especially helpful in the rugged Badlands. In addition, data is entered digitally via computer rather than paper mapping.

Stillings isn’t sure what to expect in the next week or so when he and other biologists take to the air. Pronghorn populations have increased across much of their range in the state since 2012, he explained. “We might be seeing some leveling off and maybe a decrease because of harsh winter conditions in December and January but we’ll know in a few weeks.”

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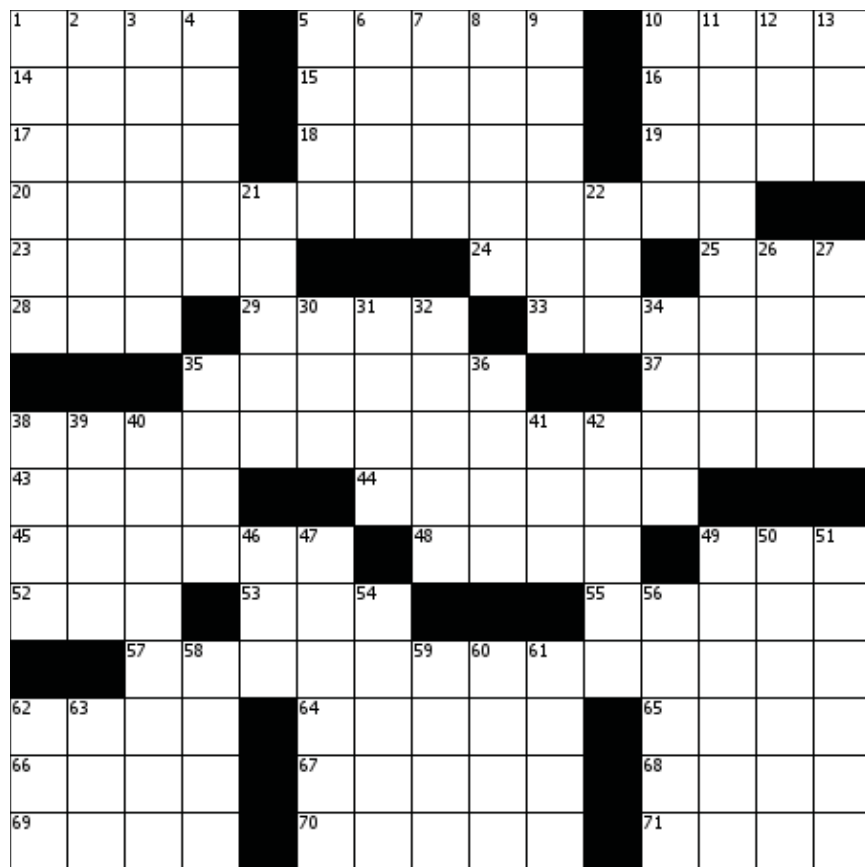
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CROSSWORD PUZZLE

Across

- 1. Per unit
- 5. Several Norwegian kings
- 10. Pierce with a point
- 14. Mother Hubbard's quest
- 15. Like some bulls
- 16. Mississippi tributary
- 17. More than ajar
- 18. Project Gemini rocket
- 19. Great-great-grandson of Augustus
- 20. Astaire musical
- 23. Use the unsharpened end
- 24. Apply bread to gravy
- 25. Mighty Joe Young, for one
- 28. Oink-filled pen?
- 29. Just ____, skip and a jump away
- 33. Repairman's reading
- 35. Logon requirement, often
- 37. "Alice's Restaurant" name
- 38. Seeks a wife
- 43. Teheran VIP
- 44. Insidious
- 45. Computer programming language
- 48. Bygone pump name
- 49. Wildcatter's find
- 52. Half-picas
- 53. Part of a musical gig
- 55. Cardiologist's concern
- 57. Literary sobriquet
- 62. Word with French or stage
- 64. Street urchin
- 65. Fam. members
- 66. Farm fraction
- 67. Driving reversal
- 68. Director Kazan
- 69. Kind of base



- 70. Twisting routes
- 71. Jealousy unit

Down

- 1. Dwelling places
- 2. Lichtenstein movement
- 3. Eventually
- 4. Hangs in the balance
- 5. Milky gem
- 6. Lake in Roma
- 7. With the stroke of ____
- 8. Poison administrators
- 9. Zigzag downhill

- 10. Vocal piece
- 11. Books of synonyms
- 12. Key factor in inflation?
- 13. Cry in the dark?
- 21. Baker's supply
- 22. MPG raters
- 26. ____ Alto, Calif.
- 27. North Carolina university
- 30. Sneaky laugh sound
- 31. They're found in pockets and seams
- 32. Sharp irritation
- 34. ____ the Great (boy detective)
- 35. Quantico initials
- 36. Makes tracks?
- 38. King Cole's request
- 39. Arab sultanate
- 40. Traveler's document
- 41. Popular '80s dolls
- 42. "Backyards, Greenwich Village" artist

- 46. Dreaded snake
- 47. Three miles
- 49. "1984" author
- 50. Napoli locale
- 51. Words before one's feet or one's door
- 54. "____ Entertainment!"
- 56. Frightful giants
- 58. Length X width
- 59. These birds won't fly
- 60. Get stuck in mud
- 61. Rural stopovers
- 62. Subject of this puzzle
- 63. South American tuber

SUDOKU Solution to puzzle on page 14

		1					2	3
			4	2		5	6	7
				5			1	
	6	2		1		3		
8		3				1		6
		5		6		8	9	
	3			7				
5	2	6		4	9			
4	8					6		

Solution to last week's Crossword puzzle.

E	L	B	A		G	R	U	E	L		P	L	O	P	
Z	I	O	N		L	A	R	G	E		R	I	V	E	
R	E	A	D	Y	O	R	N	O	T		E	T	A	L	
A	U	S	T	E	R	E				I	T	S	E	L	F
			H	A	Y		C	E	N	S	E				
L	A	Y	E	R		P	A	Y		A	L	B	U	M	
L	E	A	N		M	O	R	E	O	R	L	E	S	S	
A	S	H		T	A	M	A	L	E	S		G	A	D	
N	O	W	O	R	N	E	V	E	R		G	I	G	O	
O	P	E	R	A		L	A	T		F	I	N	E	S	
				A	C	T	O	N		S	A	N			
B	O	R	N	E	O				L	O	W	M	A	S	S
A	G	O	G			D	A	Y	O	R	N	I	G	H	T
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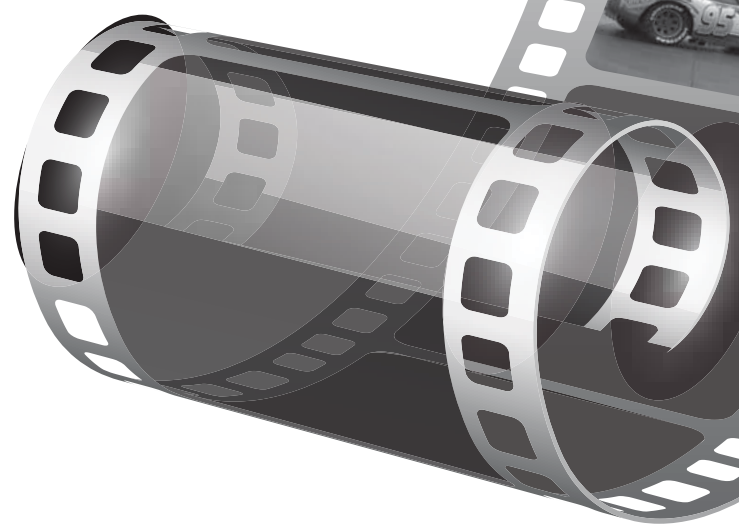
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REEL TIME THEATER MOVIE SCHEDULE





Sparkling Red, White and Blue Sangria



INGREDIENTS:

- 1 bottle dry white wine (I used chardonnay)
- 2 cups (1 pint) fresh blueberries
- 1 cup fresh raspberries
- 1 cup apple juice (or white grape juice)
- 1 pound fresh strawberries, hulled and sliced
- 1 bottle champagne (or any variety of sparkling white wine)
- 3-4 Granny Smith apples (*or see alternatives below)
- ice

INSTRUCTIONS:

Stir together white wine, blueberries, raspberries, strawberries and apple juice together in a large pitcher. Cover and refrigerate for 1-4 hours, so that the flavors can meld. (Heads up that the longer the mixture sits, the more red it will become.) When you're ready to serve the sangria, gradually stir in the champagne and apples and ice. Serve immediately. *Other options for the "white" fruit could include fresh pears, jicama, pineapple or starfruit. **If you would like the tiered red, white and blue presentation in individual glasses that I used, just add extra red berries to the bottom of empty serving glasses, followed by a layer of blueberries, then strain out the sangria wine, and add some apple stars on top.

Possess Your Vessel

Art by Carol Fielhaber opening at the Taube Museum of Art

TAUBE MUSEUM OF ART

The Lower Gallery of the Taube Museum of Art will feature Possess Your Vessel by Minot artist Carol Fielhaber. Fielhaber's work is a mix of message and mystery. The purpose at the heart of this exhibit is to encourage each individual as well as societies, communities, and cultures to be empowered, to take ownership of and to grow their own vessel in a way that makes them whole and validated according to Fielhaber. Fielhaber goes on to say we are all born with a unique fingerprint, footprint, heartbeat and DNA. Somewhere along the line in our life's journey, many of us cease to remember our unique being and begin to seek to be someone else, to please someone else. These are choices we make consciously

and unconsciously. Being woman directs her imagery, concepts, and purposes, and even though they all come from a woman's perspective, she realizes that the struggle belongs to all of mankind. Fielhaber uses the elements of color, texture, shape, line and value to express the diversity of the human heart and spirit. While painting, she often uses her hands and fingers to better express her thoughts and allows her to become a physical part of the piece. Fielhaber spent many years as an Art Educator and loved to share in the creativity of the young heart, but now is embracing her own creativity and choosing to possess her vessel, accept her gifts

and has been enjoying every minute of her journey and looks forward to years of painting. Fielhaber's exhibition runs through July 28th with an artist reception, which is free and open to the public, on Thursday, June 22nd from 5:30 - 7:00 pm. Hors d'oeuvres and wine will be served. Museum and Gift Shop hours: Tues - Fri 10:30 - 5:30 pm, Sat 11:00 am - 4:00 pm or by special appointment. There is no charge for admission, but contributions are accepted to help the Taube Museum fulfill their mission of enriching lives through the visual arts. The exhibition is made possible with support from the North Dakota Council on the Arts.

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BEER OLYMPICS

July 8, 2017 @ 6pm

\$40 per team (doubles). Limited to 20 teams. 5 games total - beer pong, flippy cup (beer supplied for game) pool, longest drive golf and cornhole (bag toss). Stop by or call 701-852-7768 to register. Prizes, trophies and bragging rights awarded!

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6th ANNUAL RIDE TO REMEMBER

DOMESTIC VIOLENCE CRISIS CENTER'S

SATURDAY, JULY 8 • The Landing Bar

All Riders Welcome Car, Truck, Bus and Motorcycle
5 Stops

Registration 10:30 AM - Run Begins 12:00 PM
\$10 entry fee per rider
Raffle Tickets available at all Bars and DVCC
Drawing at 8:00 pm

Call 852-2258 for more information
Dinner and Silent Auction with Live Music to Follow

All proceeds benefit the Domestic Violence Crisis Center



FREE Picnic, Live Music & Fireworks Scheduled For July 1



The holiday that recognizes the adoption of the Declaration of Independence declaring the United States independence from Great Britain is now commonly associated with picnics, fireworks, and family oriented events. Minot AFB personnel and their families can enjoy many of those traditional activities during the Celebrate America event on July 1 complete with food, fun, and events for all ages.

The Celebrate America festivities will be held at Bud Ebert Park on Saturday, July 1. The fun-filled

event begins at 5:30 p.m. with activities for children including inflatables, games, kids crafts, and more. Magician Fermin Garcia will perform shows every 30 minutes beginning at 5:30 p.m. and ending at 7:30 p.m.

The celebration features a delicious FREE picnic offering plenty of scrumptious food from 5:30-8 p.m. The menu includes summer favorites such as hot dogs, hamburgers, chips, and a drink. A "Pay As You Go" bar will be available serving beer, wine coolers, and soft drinks.

Live music provided by the popular band "Static Radio" is scheduled from 7:30-11 p.m.

The Independence Day holiday wouldn't be complete without a fantastic fireworks display at dusk. Attendees are encouraged to bring your own blankets and lawn chairs. No glass containers are allowed at Bud Ebert Park during the Celebrate America event. Celebrate America is sponsored by Elite Real Estate. *No Federal Endorsement of Sponsor Intended.*

For additional information on this year's Celebrate America event, please contact Susan Wagers at 723-6718.

FREE Admission For Club Members To UFC Fight Night

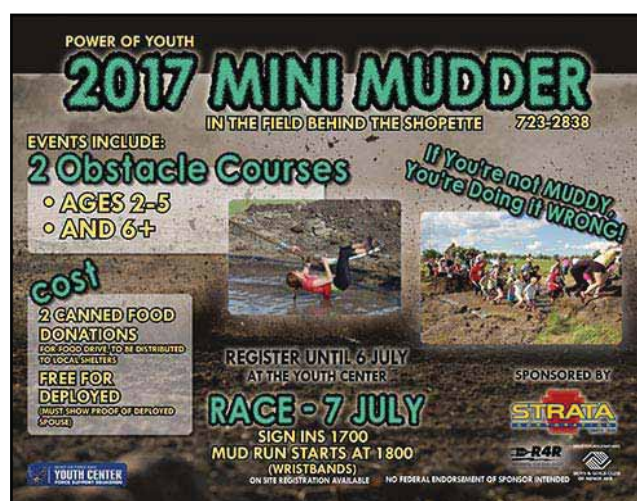


Club members receive FREE admission to the UFC 213 pay-per-view event at Rockers Bar & Grill on Saturday, July 8. Non-members price is only \$7.

The action features the UFC Women's Bantamweight Championship bout between current champion Amanda Nunes and #1 ranked Valentina Shevchenko. In the co-headline event, Yoel Romero takes on Robert Whittaker in an interim UFC Middleweight Championship battle.

Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. The UFC Fight Night is an adults only event - no children. For more information, call Rockers Bar & Grill at 727-ROCK.

2017 Mini Mudder Event Takes To The Course On July 7



Minot AFB youth have an opportunity to experience the ultimate obstacle course during the 5th annual Mini Mudder event scheduled for Friday, July 7 at 6 p.m. at the field located adjacent to the Pride Building, Northern Tier Credit Union, and Shoppette. This Youth Center event

provides family members a chance to test their toughness on the kid size obstacle course.

Cost for the event for both Youth Center members and non-members is a 2 can donation that will be distributed to local food pantries. The event is FREE to families of deployed members (must show proof of deployed spouse). All ages are welcome, however, youth 8 years of age and under must be accompanied on the course by an adult.

Pre-registration is scheduled now through July 6. Registration forms are available at the Youth Center. On site registration and sign-in begins at 5 p.m. on July 7 at the Mini Mudder site.

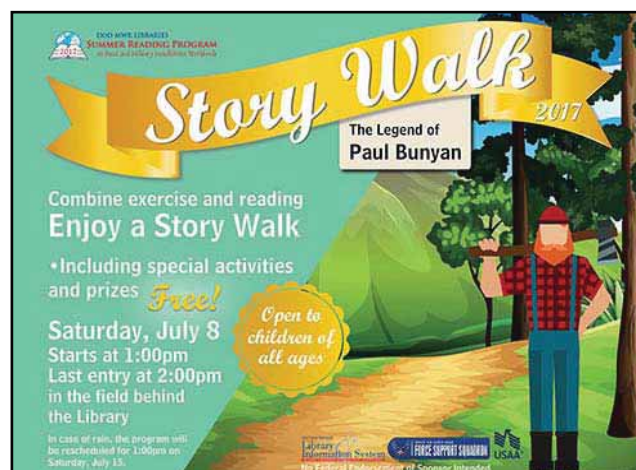
The event features 2 obstacle courses, one for children 2-5 years of age and the other for children and families 6 years of age and older.

The Mini Mudder community event is sponsored in part by Strata Corporation. *No Federal Endorsement of Sponsor Intended.* For more details and registration information, call 723-2838.

Base Library Hosting Story Walk On Saturday, July 8

The Base Library invites children of all ages to enjoy their FREE Story Walk event on Saturday, July 8 beginning at 1 p.m. Youth can enjoy outdoor activities in the field behind the library that combine exercise and reading. The Story Walk will include a variety of activities, games, and prizes. The Story Walk will feature the classic tale of Paul Bunyan. In case of inclement weather, the program will be held Saturday, July 15 at 1 p.m.

For additional information, call the Base Library at 723-3344. If you haven't registered for the Summer Reading Program, be sure to sign-up at the Base Library during the Story Walk event.



For 5th Force Support Squadron job opportunities, visit www.nafjobs.org

CLUB MEMBER DRAWING ON FRIDAY, JUNE 30th WILL BE FOR \$2,000.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, June 30 at Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

U.S. KIDS GOLF - SESSIONS ON JULY 10-21 & AUGUST 7-18
Classes Mon., Wed., & Fri. - 5-6 p.m. or 6-7 p.m. - Golf Course
Cost: \$125 - Students receive a set of starter golf clubs, golf instruction by an experienced instructor, and on course experience. Call 723-3164 for details.

FAMILY and YOUTH EVENTS & PROGRAMS

Kids Drive Free Program At Golf Course

The Rough Rider Golf Course is excited to once again offer the Kids Drive Free program on their range. Bring your child to the golf course now through August 31 from 3-9 p.m. daily to practice on the range. Range balls are FREE for kids for the summer! For more information, call the Rough Rider Golf Course at 723-3164.

Kids Summer Bowling

Enjoy the summer fun at Rough Rider Lanes during the Kids Summer Bowling special now through July 31. Children ages 17 and under can bowl for \$2 per game and receive FREE shoe rental. The offer is valid Monday through Friday from 9 a.m. to 2 p.m. For additional information, call Rough Rider Lanes at 727-4715.

Family Fun Night

Tired of cooking? Take the whole family out for a delicious meal. Rough Riders Pizza invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Rider Indoor Playland. For additional information, please contact Rough Riders Pizza at 727-4377.

Jul 6 Bad Art Night

Express your creativity without worrying about little things like taste and aesthetics during the Bad Art Night at the Base Library on Thursday, July 6 at 6 p.m. Create something horrendous and then vote to decide whose art is the worst! Artistic ability allowed but not required. Adults, teens, and tweens are sure to enjoy this FREE event. For additional information, please call the Base Library at 723-3344.

Jul 7 Movie Night At Bud Ebert Park

Looking for some FREE fun for the whole family? Outdoor Recreation is hosting a Movie Night at Bud Ebert Park on Friday, July 7. Enjoy a relaxing evening playing games in the park starting at 7 p.m. Then cap off the night with "The Great Outdoors" movie beginning at 9:30 p.m. This movie is rated PG and is great for the entire family. Be sure to bring your lawn chairs and blankets. For additional information, please contact Outdoor Recreation at 723-3648.

Youth Indoor Flag Football Registration

The Youth Center is hosting registration for Youth Indoor Flag Football from July 5-31. Cost is \$30 for children 3-4 years of age and \$40 for youth 5-12 years of age. Youth Center membership is required. For more details, call 723-2838.

Board Game Making Camp

The Base Library invites you to participate in their FREE Board Game Making Camp. Every Monday, Wednesday, and Friday at 3 p.m. from July 3-14, youth can learn about board game making and design. Then participants will create, test, and enter a competition with the board game they have designed. The final competition will be held on Saturday, July 15 at 3 p.m. Judges are needed for this competition. To volunteer to be a judge, please sign-up at the Base Library. For additional information, contact the Base Library at 723-3344.

Jimmy Doolittle Center Now Hiring

The Jimmy Doolittle Center is looking for highly motivated individuals for the following positions: Cook, Bartender, and Wait Staff. The 5th Force Support Squadron offers competitive pay to like positions downtown that afford our team members the opportunity to support the quality of life and community here at Minot Air Force Base. For more details, call NAF Human Resources at 723-2812 or apply at www.nafjobs.org.



Never heard of Hero Clix? Read about it at: <https://wizkids.com/heroclix>

HERO CLIX TOURNAMENT

Saturday, 15 July 2017 at 2:00pm
at the Base Library • Open to teens and adults

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Everything you will need to play the game will be provided including experienced players who are willing to teach beginners.

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FIRECRACKER FIRST FRIDAY at Jimmy Doolittle Center **JULY 7th**

BOOM! 4-9PM
FOOD 4-6PM
Relax with friends & play cornhole, darts or cards. Enjoy our Kid-friendly firecracker themed buffet with hamburgers, hotdogs, potato & pasta salad and all the fixin's PLUS fire roasting & more on the patio!

COST
Club Member & Spouse: FREE
Adult Non-Members: \$7
Child (under 6): FREE
Child (6 & up): \$3

POP! 723-3731



GET CERTIFIED

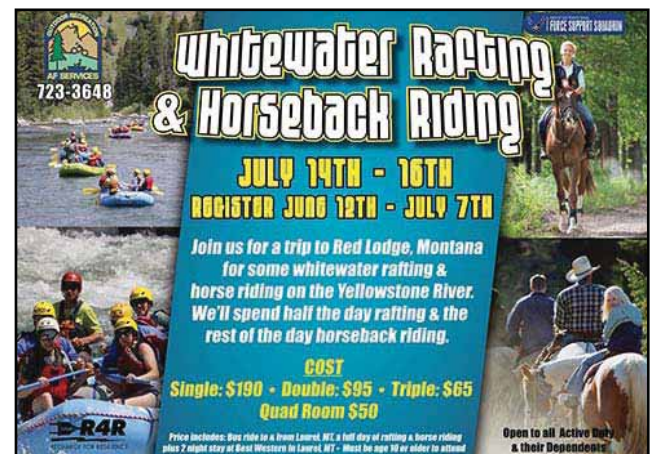
Water Safety Instructor Certification Course

Register by **JULY 11TH**
At Outdoor Recreation
Pre-test: **JULY 15TH** at 6:30PM Outdoor Pool
Interested in teaching swim lessons? Get Red Cross WSI Certification. Must be 16 or older to register.

COURSE DATES:
(9AM-6PM)
JULY 18TH, 25TH, 26TH
AUGUST 8TH & 9TH

Cost: \$200

Whitewater Rafting & Horseback Riding Trip Set For July 14-16



Whitewater Rafting & Horseback Riding

JULY 14TH - 16TH
REGISTER JUNE 12TH - JULY 7TH

Join us for a trip to Red Lodge, Montana for some whitewater rafting & horse riding on the Yellowstone River. We'll spend half the day rafting & the rest of the day horseback riding.

COST
Single: \$190 • Double: \$95 • Triple: \$65
Quad Room \$50

Price includes: Bus ride to & from Laurel, MT, a full day of rafting & horse riding plus 7 night stay at Best Western in Laurel, MT. Must be age 16 or older to attend.

Open to all Active Duty & their Dependents.

Enjoy some adventure during the Whitewater Rafting & Horseback Riding Trip to Red Lodge, Montana with Outdoor Recreation on July 14-16. Price includes bus ride to and from Laurel, MT, a full day of rafting and horseback riding, and two nights lodging at the Best Western in Laurel, MT. Registration opens June 12 and ends July 7 (or when trip is full). Must be 10 years of age or older to participate.

Cost is \$50/person quad occupancy, \$65/person triple occupancy, \$95/person double occupancy, and \$190/person single occupancy. For more information, call Outdoor Recreation at 723-3648.

YOUNG AIRMEN EVENTS & PROGRAMS

Jun 30 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on June 30 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Jul 7 First Friday 5K Fun Run

The Fitness Center is hosting a Summer Series 5K Fun Run. Every First Friday from now through September, you're invited to participate in a 5K Fun Run. The next event is scheduled for Friday, July 7 with the run beginning at 7:30 a.m. at the Fitness Center. The events feature awards for the fastest male and female at each run. T-shirts will be awarded at the last run. For more information on this FREE event, call the Fitness Center at 723-2145.

Jul 1-31 Photo Scavenger Hunt

Grab a camera, form a team, and take a few walks around Minot AFB to participate in the Base Library's Photo Scavenger Hunt during the month of July. Take pictures of a team member with each item on the list and submit them by showing them to a member of the library staff or sharing them on the Library's Facebook page to earn a chance to win prizes. Entries must be submitted before August 1. For more details, call 723-3344.

Jul 16 Only The Best Come North Scramble

The Rough Rider Golf Course is hosting the Only The Best Come North Scramble on July 16 beginning at 9 a.m. This 18 hole, four person scramble is sponsored by Don Bessette Motors. Entry fee is \$30; green fees and cart rental not included. The tournament is limited to the first 20 teams to sign up. Call 723-3164 for more details. *No Federal Endorsement of Sponsor Intended.*

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TODAY

- Last day to register for July US Kids Golf Session at the Golf Course
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Professional Development Center
- Fit Family Boot Camp, 0930, Fitness Center
- Torch Club, 1600, Youth Center
- Friday Fun Members Buffet, 1630, Rockers Bar & Grill
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill and the Jimmy Doolittle Center
- Keystone Club, 1830, Youth Center
- Karaoke, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, Every Fri, 2100-2400, Bowling Center

SATURDAY

- Independence Day Holiday Weekend Hours, For 5th Force Support Squadron facility hours of operation for the Independence Day holiday weekend period of July 1-4, 2017, please visit www.5thforcesupport.com
- Celebrate America, 1730, Bud Ebert Park, Fireworks at dusk

SUNDAY

- Independence Day Holiday Weekend Hours, For 5th Force Support Squadron facility hours of operation for the Independence Day holiday weekend period of July 1-4, 2017, please visit www.5thforcesupport.com

MONDAY

- AFGSC Family Day, For 5th Force Support Squadron facility hours of operation for the Independence Day holiday weekend period of July 1-4, 2017, please visit www.5thforcesupport.com
- Board Game Camp, 1500, Base Library

TUESDAY

- Independence Day, Federal Holiday, For 5th Force Support Squadron facility hours of operation for the Independence Day holiday weekend period of July 1-4, 2017, please visit www.5thforcesupport.com
- Dakota Inn Independence Day Meal, 1030-1330, Dakota Inn Dining Facility

WEDNESDAY

- Youth Indoor Flag Football Registration Opens at the Youth Center
- Club Member Benefit, Every Wed, 0900-1400, Bowling Center
- Story Time, Every Wed, 1030, Base Library
- Parent Advisory Group Meeting, 1100, Child Development Center
- Cycle & Core, 1100, Fitness Center
- Brown Bag Book Talks, 1200, Base Library
- Pre-Deployment Readiness Training, Every Wed, 1300-1400, A&FRC
- Board Game Camp, 1500, Base Library
- 4-H Club, 1600, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill
- Boss & Buddy Draft Special, 1630, Rockers Bar & Grill
- Strength 101, 1730, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY

- Pre-Separation Counseling, 0800-1130, A&FRC
- Career Technical Training, 0800-1600, A&FRC, held at the Education Center
- Reintegration Briefing, Every Thurs, 1300-1400, A&FRC
- Members 2 for 1 Appetizers, Every Thurs, 1700-1900, Rockers Bar & Grill
- Weightlifting 101, 1730, Fitness Center
- Bad Art Night, 1800, Base Library
- Hard Core Strength/Muscle Pump, 1830, Fitness Center
- Cycle and Core, 1930, Fitness Center

UPOMING EVENTS - JULY 7

- First Friday 5K Run, 0730, Fitness Center
- Career Technical Training, 0800-1600, A&FRC, held at the Education Center
- Fit Family Boot Camp, 0930, Fitness Center
- Fit to Fight, 1100, Fitness Center
- Board Game Camp, 1500, Base Library
- Firecracker First Friday, 1600-2100, Food served 1600-1800, Jimmy Doolittle Center
- Friday Fun Members Buffet, 1630, Rockers

Bar & Grill

- Mini-Mudder 2017, 1700, Youth Center, held in the field behind the Shoppette
- Weightlifting 101, 1730, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill and the Jimmy Doolittle Center
- Movie Night, 1900, Bud Ebert Park
- Lights & Strikes Bowling, Every Fri, 2000, Bowling Center
- Karaoke, 2000, Rockers Bar & Grill

UPOMING EVENTS - JULY 8

- Chess Club, 1100, Base Library
- Story Walk, 1300, Base Library
- Give Parents A Break, 1300-1700, School Age Program and Child Development Center
- Weightlifting 101, 1730, Fitness Center
- Fight Night: UFC 213, 1900, Rockers Bar & Grill
- "Bowl The Night Away" with Lights & Strikes Bowling, Every Sat, 2000, Bowling Center

ONGOING EVENTS

- Kids Summer Bowling, Enjoy the summer fun at Rough Rider Lanes! Children ages 18 and under can bowl for \$2/game and receive a FREE shoe rental! Offer valid now- July 31st Monday-Friday 0900-1400.
- Summer Reading Program, Looking for Summer fun? This year's "Read by Design" Summer Reading Program is a Minot AFB favorite! Readers can log books read between now and August 12th to win prizes. It is open to all ages. For more details, call the Base Library at 723-3344.
- US Kids Golf, Get your child on the green with US Kids Golf. Students will receive a set of golf clubs, instruction by an experience golf instructor and on-course experience. Sessions are July 10-21 (Register by June 30) & August 7-18 (Register by July 27). For more information or to register contact the Golf Course at 723-3164.
- Photo Scavenger Hunt, Grab a camera, form a team, and take a few walks around the base to participate in the Base Library's Photo Scavenger Hunt during the month of July. Take pictures of a team member with each item on the list and submit them by showing them to a member of Library staff or sharing them on the Library's Facebook page to earn a chance to win prizes. Entries must be submitted before August 1st. For more information, contact the Base Library at 723-3344.
- Youth Indoor Flag Football Registration Open, July 5th- July 17th – Season runs Oct 10th- Nov 17th. For more information, contact the Youth Center at 723-2838.
- Kids Drive Free Range Balls, The Rough Rider Golf Course is excited to once again offer the Kids Drive Free program on their range. Bring your child to the golf course now through August 31 from 1500-2100 daily to practice on the range. Range balls are FREE for kids under the age of 18 years old for the summer
- Rough Riders Monthly Pizza Special June Special – Spicy BBQ Chicken Pizza. Chopped chicken marinated in our tangy BBQ sauce and seasoned with Cajun & red pepper flakes on a BBQ base & loaded with chopped onion, pineapple, & green pepper. Finished off with cheddar & mozzarella cheese – this one is sure to please!
- July Special – Bacon Cheeseburger Pizza A new spin on an American Classic! This pizza boasts a Ketchup base covered with marinated ground beef. Topped with bacon, onion, and chopped tomatoes, and finished off with provolone & American cheese – You've got to try this pizza before it's gone! Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza Try it on a Panino! \$8.25 meal – includes side & drink
- B-Fifty Brew Drink Special June Special – Orange Creamsicle. Take a trip back to your childhood with this blended drink! Orange Juice, Milk & Crème blended with orange syrup and vanilla bean then topped with whipped cream – it's to die for! July Special – The Patriot Celebrate America when you order the Patriot! Vanilla bean Frappuccino with blended Raspberry, topped with whipped cream and blueberry drizzle. Freedom never tasted so good. Grande \$5.00 Venti \$5.50

- Rough Riders Monthly Pizza Special June Special – Spicy BBQ Chicken Pizza. Chopped chicken marinated in our tangy BBQ sauce and seasoned with Cajun & red pepper flakes on a BBQ base & loaded with chopped onion, pineapple, & green pepper. Finished off with cheddar & mozzarella cheese – this one is sure to please!
- July Special – Bacon Cheeseburger Pizza A new spin on an American Classic! This pizza boasts a Ketchup base covered with marinated ground beef. Topped with bacon, onion, and chopped tomatoes, and finished off with provolone & American cheese – You've got to try this pizza before it's gone! Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza Try it on a Panino! \$8.25 meal – includes side & drink
- B-Fifty Brew Drink Special June Special – Orange Creamsicle. Take a trip back to your childhood with this blended drink! Orange Juice, Milk & Crème blended with orange syrup and vanilla bean then topped with whipped cream – it's to die for! July Special – The Patriot Celebrate America when you order the Patriot! Vanilla bean Frappuccino with blended Raspberry, topped with whipped cream and blueberry drizzle. Freedom never tasted so good. Grande \$5.00 Venti \$5.50

PARK UNIVERSITY SUMMER 2017 REGISTRATION IS NOW OPEN!!

Park University's Summer term (June 5, 2017- July 30, 2017) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online.

Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by and see us or send us an email. Stop in and see us!!!!

CENTRAL MICHIGAN UNIVERSITY AT MINOT AFB

CMU specializes in master level degrees. CMU offers a military discount to active duty, spouses, and federal employees. The Spring I term for face-to-face at Minot AFB, starts January 13 to February 25, 2017 (only meeting two weekends) Classes will meet Fridays, 5-10pm and Saturdays 8:00am-3:30pm. Online classes starts January 9 to March 3, 2017. We are always looking for local instructors in the Minot area. The candidates must have a Ph.D. or a terminal degree. If you have any questions or want more information about our programs or faculty opportunities, please stop by the office M-F: 8am-4:30pm located at the Education Building, 156 Missile Ave. #219, or call us at 701-727-5535 or email minot.afb@cmich.edu.

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY IS NOW REGISTERING FOR THE FALL 2017 TERM (7 Aug-8 Oct).

To sign up for Undergraduate and Graduate courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu. If you have any questions, please call 701-727-9007.

READ TO THE ANIMALS 6/30/2017 12:00 PM

Souris Valley Animal Shelter, 1935 20th Ave SE Bring your kids to the Souris Valley Animal Shelter for a unique opportunity to keep them reading this summer! The Read to the Animals program gives kids a fun environment to read in while they interact with some of our amazing pets. This program is absolutely free! No registration required.

MAIN STREET BOOKS STORY TIME AND ACTIVITY 7/01/2017 10:30 AM

Main Street Books 8 Main Street South. Come and enjoy Themed Stories at Main Street Books on Saturdays. We will be reading with your child at 10:30 am, followed by a matching activity! Don't miss the fun! Children of all ages welcome!

MINOT AREA COUNCIL OF THE ARTS, ARTS IN THE PARKS, 2017 FREE SUMMER CONCERTS 7/02/2017 4:00 PM

Oak Park. Arts in the Parks is a Free Summer Concert Series featuring Live Music and Visual Artists. It is Every Sunday and Thursday Evening from June 11th through August 3rd. For more information contact Tina at the Minot Area Council of the Arts: (701) 852-2787 tina@minotarts.org.

MINOT AREA TEAM WELLNESS/ WALK MINOT MONDAY 7/03/2017 6:30 AM

Celebrate Walk Minot Monday on Monday the 3rd or Tuesday the 4th of July. Snap a picture of your family enjoying the outdoors: walking, playing baseball, tag, etc and upload a picture to our facebook page.

FOURTH OF JULY FESTIVAL 7/04/2017 10:00 AM

Roosevelt Park 1215 E Burdick Expy Minot ND 58701 Adult Admission \$5 Children (ages 3-12) \$1 Children 2 & Under Free Purchase of a wristband includes: *Admission to the Roosevelt Park Pool *Adults will receive half priced admission to the Roosevelt Park Zoo at \$5.50 *Children 12 and under will be free to the Roosevelt Park Zoo Tentative Schedule 10:00am Patriotic Ceremony at Medal of Honor Memorial 11:00AM-3:00PM Festival (food vendors, craft vendors, bounce castles, yard games and much more) 12:00PM-3:00PM Princess and SuperHero Meet & Greet 1:00pm-3:00pm Music from Lexi Wyman

2017 MINOT RUBBER DUCK RIVER RACE 7/04/2017 3:00 PM

Roosevelt Park River. As part of the 4th of July in the Park join us at 3pm at Roosevelt Park to watch the Rubber Duck River Race. For each "adopt a duck raffle ticket" sold, there will be a coinciding duck that will be dropped in the river and race for the prize! 1st Place - \$500, 2nd Place - \$300 3rd Place - \$200. If you would like to adopt a duck for the race visit www.minotrubberduckrace.com. All online purchases will be emailed their duck raffle number withing 48 hours. You do not need to be present to win. All raffle ticket sales support local non-profit organizations including: Companions for Children, Independence Inc. and the Minot Public Schools Foundation. The race should last about 30 minutes and the winners will be announced immediately. Bring lawn chars or blankets to watch the race. May the best duck win! - FIND US ON FACEBOOK!

READ TO THE ANIMALS 7/04/2017 6:00 PM

Souris Valley Animal Shelter, 1935 20th Ave SE Bring your kids to the Souris Valley Animal Shelter for a unique opportunity to keep them reading this summer! The Read to the Animals program gives kids a fun environment to read in while they interact with some of our amazing pets. This program is absolutely free! No registration required.

STORY TIME 7/05/2017 10:00 AM

Main Street Books; 8 Main Street South. Come and enjoy Storytime at Main Street Books on Wednesdays. We will be singing and reading and rhyming with your children during the 10:00 AM storytime for ages birth - 4yrs. and the 11:00AM

storytime for ages 4+. All ages are welcome to both half hour story sessions. See you here!

WHIMSICAL WEDNESDAY 7/05/2017 10:30 AM

Minot Public Library. A story time featuring our puppet, Flash, will be held on Wednesdays at 10:30 am for independent children ages 3-6.

CREATIVE NIGHT OUT FIRST THURSDAY EVENTS 7/06/2017 5:30 PM

Downtown Minot. Creative Night Out bring diverse Creative Talents for First Thursday Events Creative Night Out brings the diverse talents of the community to downtown Minot, starting May 4th running on the first Thursday of each month through September. Each month will feature three creative types whether its music, poetry, dance, storytelling or visual arts this event has something for everyone. The events will start at 5:30 where locals will stop in at our creative participating retail "hot spots" where you can enjoy music, snacks, sale specials, and artist demonstrations while picking up the evenings events map. These maps will lead you on your entertainment adventure for the evening. 6:00 will be the starting feature at a local artist studio. You will tour the studio and have the opportunity to listen to their studio talk. Next stop, 7:00 will feature storyteller, poets and more. The finale of the evening starts at 8:00 where you can kick back, relax, and listen to the featured local musician. For more information or to get involved contact us on Facebook at Creative Night Out or email us at creativenightout@yahoo.com.

WATER QUALITY REPORT from page 3

Minot Engineers Office, Public Works during normal office hours.

THE SAFE DRINKING WATER ACT

The Safe Drinking Water Act (SDWA) was first passed in 1977. It was amended in 1986 and again in 1996. As part of the 1996 amendments all customers must receive a report on the quality of their drinking water. This report covers the calendar year 2016. These results represent the latest tests performed on our water. Also included in the report are pertinent subjects such as water sources, water quality, and a description of terms used.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate the water poses a health risk. More information about contaminants and potential effects can be obtained by calling EPA's Safe Drinking Water Hotline (800-426-4791).

ANALYSIS OF MINOT AFB DRINKING WATER

There are 83 substances that are regulated by the EPA, all regulated substances found in our water are well within the established limits and are listed in Table 1. There are a number of components common in all water. Since Minot has 14 different wells, these components can vary, but their averages are listed in Table 2. In addition to the regulated substances Minot also test for turbidity(clarity) and disinfection by-products. Soon to be added are radon, sulfates, and more disinfection by-products.

Federal regulations allow a system to monitor for regulated contaminants less often than once a year. The results listed in Table 1 include the date and results of the most recent samples collected.

A FEW WORDS ABOUT WATER QUALITY

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

Inorganic contaminants, such as salts and metals, which can be naturally- occurring or result from urban storm run-off, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

Pesticides and herbicides, which may come from a variety of sources such as agriculture, storm water runoff, and residential uses.

Organic chemicals, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water run-off and septic systems.

Radioactive materials, which can be naturally occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control (CDC) and Prevention guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Minot AFB is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. **Use water from the cold tap for drinking and cooking. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking.** If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

If you have questions regarding this report, please contact Minot AFB Base Utilities Inc. at 727-5050. You may also attend the Minot City Council Public Works Committee meetings if you have concerns about water quality. Meeting times and dates can be obtained by contacting the City Clerk's office at 857-4752. Also, if you are aware of non-English speaking individuals who need help with the appropriate language translation, please call Debbie Chappo at (701) 852-0333.



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CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Summer Mass Schedule Saturday 5:30 pm Sunday 9:30 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p> Harvest Reformed Church</p> <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p>Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p>GLENBURN FIRST BAPTIST CHURCH</p> <p>402 South Street • 701-362-7971</p> <p>Sundays: Morning Worship..... 10:00 a.m. Sunday School 11:15 a.m.</p> <p>Wednesdays: Glenburn Youth Group - interdenominational Meets September thru May - for students in grades 7-12 6:00 meal followed by singing, games, and lessons.</p> <p>Pastor David W. Wisthoff • 701-240-1491</p>	<p>Bible Fellowship Church</p> <p>Worship Service 10:45am Sunday Sunday School/Bible Study 9:45am</p> <p>GRIEF SHARE</p> <p>Preview Session March 12 at 6:30pm 838-0916 • 1720 4th Ave NW minotbiblefellowship.org</p>
<p> Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p><i>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</i></p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship..... 9:30am Child/Youth Sunday School.. 11:00am Adult Sunday School..... 8:30 & 11:00am Traditional Worship..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner..... 5:30-6:30pm Contemporary Worship..... 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p> <p>UNITED CHURCH OF CHRIST</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 9:30 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p>
<p>First Presbyterian Church</p> <p> 430 N Broadway (Congregational Church of Christ Building) 701-720-0187</p> <p>Worship..... 9:00 a.m. www.fpcminot.org</p> <p><i>Visitors Welcome</i></p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School..... 2:00 p.m. Sunday Worship..... 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7 p.m. Wednesday - Friday 9 a.m. Saturday 5 p.m. Sunday 8 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship 8:30 am Sunday Education 9:45 am Sunday Worship..... 11:00 am Wednesday Supper..... 5:30 pm Wednesday Education 6:00 pm</p> <p>Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Ken Nelson & Pastor Brandy Gerjets</p>	<p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship..... 6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 9:00 am Sunday Fellowship 10:00 am Wednesday Worship..... 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p> <p> 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service .. 11:00 a.m. Children's Church..... 11:00 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Calvary Alliance Church 715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center..... 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p> Bethel Free Lutheran AFLC <i>"Building Followers of Jesus Christ!"</i></p> <p>Sunday School 9 a.m. Worship Service 10:30 a.m. Wednesday Supper 6:15 p.m. Adult/Youth Bible Study Kids Club 7 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p> BREAD OF LIFE ELCA LUTHERAN CHURCH</p> <p>Pastor Taryn Montgomery</p> <p>Saturday Worship 5:00 pm Sunday Worship 9:30 am Sunday Fellowship 10:30 am</p> <p>Breadoflifeminot.com <i>Everyone Welcome</i></p>	<p> Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Worship 10:00 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>	<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF</p> <p></p> <p>8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319</p> <p>Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am</p> <p>Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p></p> <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday)..... 7 P.m.</p>	<p> Zion Lutheran ELCA</p> <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship 5 p.m. Sunday Worship 9 a.m. Memorial Day weekend - Labor Day Weekend</p> <p>John Streccius, Pastor Carol Wendel, Pastor</p>	<p>ADVERTISE YOUR Church</p> <p>Advertise FOR ONLY \$7 PER WEEK</p> <p>Revisions MADE UPON NOTICE FROM THE CHURCH</p> <p>Deadline TUESDAYS BY NOON WEEK OF PUBLICATION</p> <p>VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM</p> <p>CONTACT TONYA</p> <p>call 701-839-0946</p> <p>email NSADS@SRT.COM</p> <p>fax 701-839-1867</p>	
<p> Trinity Church</p> <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	<p>Vincent United Methodist Church</p> <p></p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Ray Baker www.vincenumc.com</p>			

CLASSIFIEDS

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CLAIMS STATEMENT

Kayla Leech, stationed at Minot AFB, N.D., recently passed away. Anyone with a claim for or against his estate should step forward at this time by contacting Capt James M. Bayless, reachable by telephone at 701-723-4522, or by email at James.Bayless.2@us.af.mil. Direct all questions and concerns to Capt Bayless.

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ANSWERS

SUDOKU ANSWERS

6	5	1	9	8	7	4	2	3
3	9	8	4	2	1	5	6	7
2	7	4	6	5	3	9	1	8
9	6	2	7	1	8	3	4	5
8	4	3	2	9	5	1	7	6
7	1	5	3	6	4	8	9	2
1	3	9	5	7	6	2	8	4
5	2	6	8	4	9	7	3	1
4	8	7	1	3	2	6	5	9

Answers to puzzle from page 6

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 <p>\$199,000</p> <p>NICE CONDO – 2 bedroom, 2 ¾ bath condo with beautiful city views. Private patio off master suite. Formal dining, living room with fireplace and access to large deck, kitchen has lots of cabinets. Walkout lower level with family room. Double garage.</p> <p>MLS #171430</p>	 <p>\$139,900</p> <p>GREAT STARTER – 3 bedroom home on fenced corner lot. Large living room, dining area off galley kitchen. 2 main level bedrooms and a 3rd in the upper level. Enclosed front porch, garage with alley access. Owner/Licensed Salesperson.</p> <p>MLS #170054</p>	 <p>\$104,900</p> <p>AFFORDABLE – 2 bedroom, 1 ½ bath condo in central location, close to shopping and park. Open living, dining and kitchen floor plan. Upper level bedrooms, bath and good storage space. Covered carport for 2 cars.</p> <p>MLS #171345</p>
 <p>\$88,900</p> <p>IN MOHALL – 3 bedroom home close to school. Remodeled main floor. Lots of cabinets and counter space in kitchen. Main level has 1 bedroom and upper level has 2 bedrooms plus an office area. Attached double garage.</p> <p>MLS #170595</p>	 <p>HAVE A SAFE AND HAPPY JULY 4th HOLIDAY</p> <p>FROM YOUR COMPUTER, TABLET OR SMARTPHONE FIND YOUR</p>  <p>GET IT ON Google Play or Download on the App Store</p>	 <p>\$279,900</p> <p>PRICE REDUCED! 4 bedroom, 3 bath home with over 3000 sq ft of living space. Master bedroom has walk-in closet and ¾ bath. Full finished basement has 1 bedroom with walk-in closet. Double garage. Beautiful yard with patio.</p> <p>MLS #170827</p>
 <p>Susanne Hoskin 833-0160 susanneh@srt.com</p>		 <p>Thad Tarasen 240-6737 thad@minohomes.com</p>

Find ALL listed homes for sale in Minot and the surrounding areas at www.brokers12.com.

FSBO, OPEN HOUSE JUNE 29 5-7PM - 608 2nd Street NE, Steel Siding, 2 B/R with Extra Room, 1 Bath, Dining Room, All Appliances, Large Fenced Yard with Garden and Firepit, 2 Car Insulated Garage, Lots New. \$154,900 - **PRICE REDUCED!** 263-1339 Pics on Bisanonline.com



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northern sentry

Paper Locations

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- Simonsons Station Store | 1312 S. Broadway
- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Country Inn & Suites | 1900 22nd Ave SW
- Scissors Edge | 1609 S Broadway St
- Watne | 408 N Broadway
- 1st Minot Management | 217 Main St S
- Magic City Hoagies | 1515 24th Ave SW

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 <p>\$196,900</p> <p>Great Investment property in a convenient SW location. This completely occupied 4 plex has 3 two bedroom units and 1 one bedroom unit. Each unit has newer flooring, new refrigerators, stoves and remodeled bathrooms. Windows and siding new in approx. 2008. Call Tamie Dunn at 720-1723. #171502</p> <p>\$215,000</p>	 <p>\$89,900 - Carpio</p> <p>Very inexpensive small town living 25 minutes from Minot and 25 minutes from the MAFB. 2 nice size bedrooms with double garage. Updated open kitchen, large living room, very nice enclosed patio area. Wood stove helps heat the house all winter long. Call Lori Henderson at 721-0158. #171500</p> <p>\$270,000</p>	 <p>\$247,500</p> <p>Here is your 4 bedroom, 2 bath, 4 level home on quiet dead end street in NW Minot. Open dining area to wood deck, double attached 2 stall garage is heated for a warm start on the coldest of days all winter long. Call Aisha Vadell at 240-3780. #171499</p> <p>\$279,000</p>
 <p>Newer townhouse you would love to call home! This 3 bedroom, 2 bath 1 owner townhome is move in ready. Insulated & sheetrocked double garage has access into the daylight lower level. The master bedroom is spacious with double closet spaces, and private full bath. Call Aisha Vadell at 240-3780. #171472</p> <p>\$94,900</p>	 <p>Very well laid out 4 bedroom / 3 bathroom condo located in southwest Minot, close to Dakota Square Mall. This unique home has 2 complete kitchens, kitchen islands and laundry rooms on each floor. The basement kitchen comes with a pantry. Call Clyde Thorne at 240-8594. #170838</p> <p>\$163,500</p>	 <p>Beautiful 4 bedroom home located on north hill of Minot. Upon entering the home, you will notice an nice size foyer that you can add a bench and wall hangers. Upstairs, an open concept with the dining room looking out the patio doors into the back yard. Call Clyde Thorne at 240-8594. #170241</p> <p>\$309,995</p>
 <p>Don't miss out on this opportunity to buy this super nice condo by the 20th Ave Mall has 2 bedrooms, 2 baths nice living room and a one stall garage. You have access to the large community room (updated in 2015) for you and your guests. Call Tamie Dunn at 720-1723. #161605</p>	 <p>Welcome, Home! This quaint single family house in NW Minot has a welcoming feel the minute you walk through the door. The open concept living room, kitchen and dining area boast a wonderful flow and the fireplace is a warm friendly feature. Call Amber Alexander at 500-0810. #170853</p>	 <p>Don't miss this well cared for home in a spacious NE neighborhood built in 2013 with 3 bedrooms & 2 full baths. The living room & family room have large bay windows for plenty of light. The living room opens up to a large kitchen with a pantry, staggered cabinets & beautiful backsplash. Call Brad Livesay at 721-7769. #170323</p>

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