

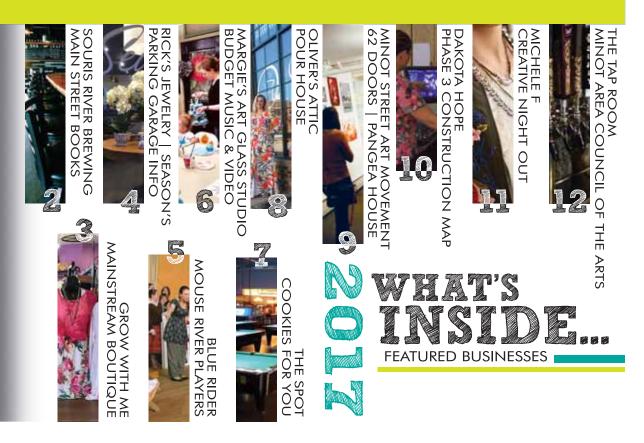


THINGS TO DO:

PLAY CREATE EXERCISE LEARN READ SHOP LAUGH EAT DRINK

Welcome to the "heart" of Minot, North Dakota. Our past is rich in history, tradition, and community. Downtown events attract thousands of people each year to visit, shop, and dine. Each individual event raises money for the continued beautification of Minot's Downtown area. **Construction on Phase 3 of the Downtown Infrastructure Improvements** Project is now under way. Please go to page 10 to view what roads are under construction. With the NEW downtown streets and sidewalks, BRIGHT lights being added in 2016, and over 1001 parking spots -Downtown is a wonderful place to take a walk during the day or evening. New speakers are being added to the light poles and music will played during the day and evening. There are many unique shops to experience and local pubs and restaurants to round out your downtown experience. If you haven't been downtown lately - stop down and explore and find everything you've been looking for!





A great big thank you goes out to everyone that helped Blue Rider, The Spot, Minot make this publication possible.

First of all I would like to thank all of our advertisers without you this wouldn't have been possible. Thank you: Grow with me, Michele F, Rick's Jewelry, Cookies For

Area Council of the Arts, Oliver's Attic, Dakota Hope, Margie's Art Glass & Studio, Main Street Books, Pour House, The Tap Room, Season's, Budget Music & Video and Mouse River Players.

Secondly, I would like to You, Mainstream Boutique, thank those of you who take

Souris River Brewing, The the time to pick up and read this publication. Your love for this publication motivates us to make it bigger and better each year.

Lastly, to those of you who support local downtown businesses it is much appreciated. Let's keep downtown flourishing for generations to come.

If you have any questions about this publication or future publications please feel free to call 701-839-0946 or email us nsads@srt.com or nsgraphics@gmail.com

ain Street Books Books offers is an independent bookstore located in the heart of downtown Minot. The doors first opened in March of 2006 and the store has been serving the Minot community for almost 10 years. Since their first opening however, Main Street Books has set up shop in three different spots around downtown. The current location, which they moved to in March of 2014 and is located on 8 Main St South, has proved to be their largest venue to date.

Besides selling new and used books, they also carry a variety of children's toys with brands such as Melissa & Doug. The store now offers in-store credit and will buy your lightly-used books. This opportunity is great for readers who want to be able to give back to the community. Also, by offering many different events and activities for people of all ages, they have quickly established themselves as one of the staples of the downtown Minot entertainment scene. Daily story time, book signings, guest authors, and book clubs are just some of the opportunities Main Street

their customers to get involved. They also participate in many of the Downtown Busi-Assoness

ciation events such as the Festival on Main, held in August of every year; or the Downtown Open House, an event held during the holiday season. Main Street Books continues to grow in its mission and in its involvement in the community by serving as a venue for many local authors and musicians to hold events and to help them continue to find a voice and an audience in the Minot Area.

Thanks to the friendly staff, finding books or toys is a breeze and checking out is even easier. They are always eager to help and will gladly order a book for you if you don't see it on their shelves. This welcoming atmosphere and the large selection of books, both new and used, makes Main Street Books a store to return to again and again.

During all the construc-

tion make sure you stop by and check out their construction viewing area. Complete with hard hats and safety vests that you can wear while you watch. Also during the summer months they have their Give Me Summer, Give Me Books Kick-off! PLAY BINGO WITH BOOKS! Just pop into the store to get your bingo sheet, and they will include a \$3 to get you started! Bring back a BINGO and get a \$5 gift card! If you want to reach for the stars and bring back a BLACKOUT, you can enter to win a \$50 gift card!

So come brave the construction this summer and join all the fun at Main Street Books.



ouris River Brewing is Minot's only craft brewery. With the original management back in place and a new brewmaster in 2016, Dr. Bryan Schmidt, Souris River Brewing is focused on bringing customer's only high quality premium, hand-crafted beers and all natural, made-from-scratch food that embodies what North Dakota is all about. SRB, as it is more commonly known as, was Minot's first Brew pub & Restaurant to only source ingredients from local and regional suppliers, thereby strengthening the community economic base and fostering goodwill across the region. They are Minot's only hometown brewery and they also distribute the beer to other bars and restaurants throughout the state of ND.

Located on 32 3rd Street NE, SRB is tucked within the outskirts of Downtown Minot. The restaurant's interior was designed from reclaimed wood from former North Dakota churches and homesteads. The menu has a variety of different dishes with main entrees featuring regionally sourced elk, bison, and walleye, and Prairie Rose Organic Beef from Willow City. SRB buys one oat finished cow at a time and hand cuts the steaks inhouse. Pairing that with their premium craft brewed beers created in house; SRB definitely provides an unprecedented dining experience that captures the spirit of the land, people and history of the Great Northern Plains.

Local art and music is also apparent within the restaurant. They have live music on weekends and customers can follow SRB on facebook for more information on the musicians that are scheduled. The industrial atmosphere and local art that surrounds the establishment of SRB make for an enjoyable and relaxed dining experience. In addition to a phenomenal dining experience are the top of the line, genuine and very social able staff and bartenders. SRB is one of the top restaurants within Downtown Minot. If you are missing something in your dinner time routine, then Souris River Brewing can definitely fill the void. Stop down and try the Meatloaf sandwich or one of over 30 crafted beers. You for sure will not be disappointed!







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MAINSTREAN

instream Boutique is a locally-owned franchise boutique located in Downtown Minot since 2014. Owner, Pam Karpenko stated that her mission when buying the unique and fashionable women's apparel is that she looks for pieces that you generally won't find elsewhere. She only buys limited size runs so that a customer won't find that same piece all over. Karpenko shared that she "wanted to create a unique space within the fashion market that allows the customer the confidence to know that when they purchase from Mainstream Boutique, they won't see that same outfit walking down the street." Three words are the main focus for Mainstream Boutique: Empower | Strengthen | and Celebrate! The boutique is where a customer can create their own style, embrace who they are, and that every customer is provided a unique personal attention so that Karpenko and her team may provide "wardrobe solutions that El Boutique will SING

to your SOUL!" In addition to providing

fashionable wardrobe for many women throughout Minot and the surrounding communities, Mainstream Boutique is involved with many charitable organizations. Many do not know that Mainstream Boutique donates their clearance items after a specific time frame to the YWCA so that other women are fortunate to have the same opportunity to feel beautiful and empowered. Pam has raised several amounts through donations and purchases from the boutique for organizations such as Relay for Life and The United Way. In 2016, Mainstream Boutique raised \$750 to assist in the purchase of a bullet proof vest for the Minot Police Department's Canine Officer.

Mainstream Boutique has also faced challenges with the downtown construction like many other sion awaits!

neighboring businesses. Karpenko wanted to let customers know that the perception of the construction is not as bad as it seems. She invites customers to come down and see that Downtown is accessible with a few modifications of driving an additional block or two to access where they want to go. There is parking available on Main Street and also within the new parking garages. Karpenko also stated that "any customer who makes a purchase from Mainstream Boutique will also receive their parking validated if they choose to use the parking garages downtown."

Downtown Minot is open! Many unique boutiques and shops are waiting for shoppers to explore. So stop down and empower your wardrobe at Mainstream Boutique! Your personal styling ses-

row with Me located is at 106 Main Street South in downtown Minot has been open for three and half years. Owners, Valerie Stadheim and Jody Meckle, have enjoyed every minute! "The best part is seeing the little ones growing, a lot of our customers were pregnant when they started coming here 3 1/2 years ago and now their little people come in and play with toys while mommy and daddy shop." mentioned Stadheim. "It is so fun to see how much they change." The store is locally owned and operated and was established to provide an affordable alternative for families in our ever changing economy.

Grow with Me not only sells high quality and gently loved clothing but they also buy your gently loved children's items and sell them for new kids to love. There is no appointment needed to bring your items in for evaluation, this is not a consignment store, payment or in store credit is made once evaluation is complete and you

get an additional 20% for store credit. To learn more about their drop off policy, please visit their web page or follow them on Facebook. https://www.facebook.com/growwithmeminot. Drop offs are accepted during open hours with the exception of Thursdays. During the months of February through June, we accept summer clothes only and August through December we accept fall/winter. We do not take clothing drop offs in January and July but do take other items.

Being a part of the community is also important to Valerie and Jody at Grow With Me. They are not only involved with raising funds for local charities but they also sponsor a local teeball team. Grow With Me would like to remind you to shop local for your community! And while today's economy is difficult and the construction is a damper for many downtown businesses, Grow With Me has many outstanding clients that know that the best deals are always found downtown.









premier jewelry shop and repair service for downtown Minot and many surrounding areas. They are a family-owned and operated business which has been serving the Minot area for over 29 years with 50+ years of jewelry design and gem knowledge combined. Owners Rick and Tracy Belzer are not only just business owners, they are highly trained and specialize in selecting only the best gems and other precious metals that they use to produce their fine and exquisite custom jewelry designs. Their jewelry is more than just the gems and metal. They believe that for all occasions jewelry is about love, family, tradition and the expression budget, of a person's inner self.

When a customer walks littlest into Rick's Jewelry they are welcomed with the beauty of the jewelry and welcomed c a n warmly by the area's best cus- g e t tomer service. Ready-

ick's Jewelry is the made jewelry such as necklaces, rings, earring and gifts for all occasions are a few of Rick's offerings but the main feature that sets Rick's above the rest is the customized jewelry from a simple drawing or idea, making them an ideal place to shop to find exactly what you are looking for. They carry over 100 unique gems to help make your dream jewelry piece a reality. This June, Ricks will be celebrating their 29th Anniversary and are looking forward to be serving in downtown for many more years to come.

Rick's Jewelry has a special gift line and for every even the f 0

k i d s

their mom a gift. Even loose diamonds and gems are available for purchase. They also have many different items for collectors too! Among their immense selection, they also offer services such as in-house jewelry repair, engraving, appraisals, watch batteries and band adjustments, clock repair, and custom design and re-design.

Rick's is proud to offer Military discounts and friendly service to all who enter the store. So whether you are looking for something to give that special

someone, or just looking for that unique custom jewelry item, then come downtown and stop by Rick's Jewelry, "where you'll shimmer and shine!"



V specializing in weddings, events, staging and installation. A unique selection of gifts sets them apart from being a traditional flower shop. It's interesting and fresh!! Orchids, succulents, and air plants are very popular, and trendy! Season's has an awesome special on Saturdays called "Super Saturdays". On Saturdays, after all the orders have been designed and the events and weddings have been set, the extra fresh flowers are available for \$1.00 a stem, always a great selection to choose from! (Of course some exclusions do apply, and while supply lasts.) There is also free de-

Owner, Scott Bethke has been designing flowers for over 25 years, and loves it!! His passion for flowers is obvious. Scott has a vast knowledge in plants and flowers will take you on a journey of his travels where he is able to show clients his creative designs.

Season's hours vary from Monday through Saturday but you can follow them on facebook for their current hours. View Season's designs and specials as well on facebook @SeasonsMinot. For more information on Season's or to order your fresh bouquets call (701) 852-1989 or check out their website at seasonsminot.com.





P1: South Side (Top Floor) P2: East Side (Ground Floor) **P3: North Side (Lower Floor)**

CENTRAL AVENUE PARKING RAMP

P1: South Side (Top Floor) **P2: East Side (Ground Floor) P3: North Side (Lower Floor)**

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STREET PARKING ALWAYS AVAILABLE VISIT WWW.DOWNTOWNMINOTISOPEN.COM FOR CURRENT CONSTRUCTION MAP

he oldest community theatre in Minot, Mouse River Players Community Theatre is committed to providing high-quality theatrical performances to the Minot community and surrounding areas. The theatre strives to bring the joy of live theatre to all members of the community, providing opportunities for children and adults to participate as actors, backstage helpers, or audience members!

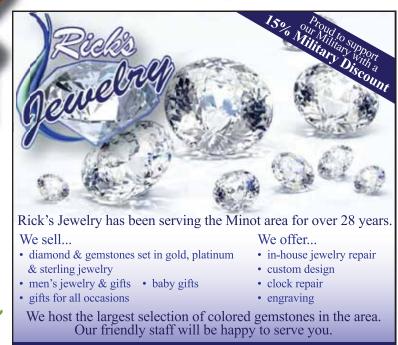
No matter how you would like to be involved with the theatre, there are possibilities for everyone! Our upcoming season includes roles both on and off-stage. The season starts with the musical "The teers into

Wedding Singer" by Chad Beguelin and Tim Herlihy based on the movie starring Adam Sandler, followed by "A Christmas Car-ol" adapted by Kevin Neuharth. The second part of our season brings a diverse selection of plays, the female version of Neil Simon's comedy "The Odd Couple" and a historical drama: "Orphan Train" by Aurand Harris about children who were taken from the east coast and deposited with families throughout the mid-west. The season closes with the courtroom drama "Twelve Angry Jurors" by Reginald Rose.

Mouse River Players is always excited embrace to volunnew our theatrical family. If being on-stage isn't your cup of tea, consider volunteering to help with the technical side of theatre. There is always a need for assistance with costumes, set building, and many other technical aspects. Or, join us front of house to help in the box office or with ushering patrons to their seats. Of course, there is always a seat available if you would prefer

to watch the shows! Contributions from businesses and individuals

are always welcomed. Constant support is needed to continue to maintain Mouse River Players' vision of bringing the best live theatre performances to the most important people we know-the audience. Information about Mouse River Players can be found at our website (www. mouseriverplayers.com) or Facebook page (www. facebook.com/ MouseRiverPlayers). If you are interested in becoming involved with Mouse River Players Community Theatre, please contact us at info@mouseriverplayers.com or by 701-838calling 3939.



Rick's Jewelry in downtown Minot "Wheee Gou'll Shimmee & Shine!" 23 Main St. S • 701.852.2566



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vailable

he opened on December 20, 1994, it is the oldest wood-framed building in Minot and the friendliest holein-the-wall bar you'll ever visit. Its exterior stands out in its dismal surroundings. Open the front door and you will find a treasure trove. Plastered wall to wall and floor to ceiling you will find original works of art from professional artist and Minot State University students. Among the various works of art there is a collection of aging taxidermy. Hud the moose greets you upon your

Blue Rider trip to the restrooms. The bar was named after the early 20th-century German expressionist artists' movement known as Der Blau Reiter (The Blue Rider). If you take a quick peek in the ladies room you will find a Franz Marc piece, one of the artists from the Blue Rider period. Patrons may belly up to the bar for a drink or settle in at one of the mismatched table sets. They have an excellent selection of beer from all over the country, sometimes carrying beer from countries as far away as Germany and as close as Canada and Mexico. Their various selections

come on tap or in bottles; they also have wine and soda for those of you who aren't big beer fans. If you aren't a fan of wine or beers don't fret the bar is more about socializing than alcohol. Come enjoy the sights and sounds and maybe make a new friend or two. The Blue Rider is open Monday through Wednesday from 4 p.m. till 1 a.m. and Thursday through Saturday from 3 p.m. till 1 a.m.; they are closed on Sundays. For more information about upcoming events check us out on Facebook. We hope to see you all real soon. Your friends at the Blue Rider.

SUMMER order some trea

Cookies • Cookie Bouquets • Cookie Platters Cupcakes/Cakes • Lunch • Coffee • Lattes/Frappes Sweet Treats • Pop, Wine or Beer Baskets

From the musical stylings of Stevie Ray Vaughn to the ever popular Beatles, Budget Music is the store to go to for everything vinyl and more. The store located centrally downtown is home to well over a thousand LP's, CD's, DVD's, gift items, jewelry and so much more!

As vinyl records are making their way back into the mainstream as "the only worthwhile way to own music"- Mario Aguilar, the unique experience of walking into Budget Music is one of a kind. There is no other place within Minot that will give you that relaxing ambiance of listening to an amazing musical artist strumming their guitar as if you are sitting front row center. The amazing sight of all the records that are just waiting to share that unique and Video also participates and rich sound is a sight that in the annual Record Store

many locals of Minot have shared since 1977. Budget Music is the local favorite record and music store that been independent for over 40 years. They have moved a few times over the years within Minot but their location downtown suits them well. Skateboards, posters, incense and clothing are many items besides the LP's, CD's and DVD's that managers Dylan Lee and Jon Bauer provide to all who enter their store. They even offer record players for that quality sound achievement for the new or used LP's. You may walk in as a stranger but you will leave with a greater sense of musical appreciation and a need to explore Budget Music & Video more.

In addition to everyday great deals, Budget Music Day that is held on April 16th every year. Record Store Day was conceived in 2007 by several independent record store owners and employees as a way to celebrate and spread the word about the unique culture of record stores. Special vinyl and CD releases as well as various promotional products are made exclusively for the day. On the last Record Store Day, Budget shared they had limited edition vinyl releases as well as live music, beverages and snacks. The beer & wine garden was provided by a neighboring business, Off the Vine. It was a great event that drew many fellow music and art lovers. Budget also participates in many local events such as iMagicon and many charities benefits.

Budget Music and Video is located at 11 Main Street South and are open Monday through Thursday 10:00am to 7:00pm, Friday and Saturdays from 10:00am to 8:00pm and Sundays from 12:00pm to 5:00pm. Check out their facebook page at Budget Music & Video.





is the perfect destination for artists, crafters and art lovers alike. Their Drop-in studio is perfect for those "what to do today" moments! Age is not an issue, they welcome everyone. Located in historic Downtown Minot, Margie's Art Glass Studio is home to both beginning and professional artists.

Margie began working in work. Gift certificates are ence. glass in 2000; and opened available. Margie's also has a Party her studio in 2004. She of-The Black Iguana is a full Room with various party fers resources for unique service espresso bar specialpackages available. Insuring options for your kitchen izing in classics like Ameria grand time will be had by cabinetry, side lights, front canos, various teas, all. Call with questions or doors and much more. lattes a n d for availability. Here you'll blendfind professional help available to ans w e r your questions.

Looking for that perfect gift? There vored Syrups. are many things available to Downstairs they a handson pottery painting studio. customers of Margie's, such as art glass, tools, artwork, Adults and children of all coffee and more! The gallery ages can pick from a wide features the work of regional selection of ceramic pieces artisans including Davy potand glazes. The drop-in tery, raku, custom jewelry, studio welcomes those who painted canvases and glass would like a creative experi-

ed drinks with Gourmet Fla-



and company, located in the heart of downtown Minot at 117 South Main Street. Cookie's For You has been providing customers with exceptional service for over 25 years and continues to offer unique and quality items that are sure tering "Lunch Box" to please everyone. The store specializes in 15 flavors of cookies from sugar to snickerdoodle and the all-time favorite, chocolate chip. All of the cookies are baked daily and decorated to fit any holiday or special event. There are several different types of specialty baskets available. The popular cookie bouquets, are decorated with cookies and candy, (similar to a flower bouquet, but with cookies and candy that you can eat!), we also have beer, pop & wine baskets. There are sweet and salty baskets and other treats, assorted homemade bars including scotcharoos, rice krispies, salted nut rolls, date bars, sour cream raisin bars and many other favorites too good to choose only one. In addition to all the wondrous assortments of cookies and sweet treats

ookies For You galore, Cookies For You a cookie gift also offers a wide assortbouquet ment of chocolate truffles (YUM!), specialty coffees, frappes, and protein drinks. The daily lunch specials are perfect for a quick pick up, they include a light soup and/or a sandwich. For larger groups, one can order the cawhich will provide a sandwich, soup, chips, pickle and a special treat for any size group.

If you are looking for a gift for someone special look no further! Cookies for You's cookie and candy bouquets and beer, wine, and pop baskets are both a thoughtful and edible gift! They also offer brownie and cookie pizzas, sweet trays, or just a simple box of assorted delicious homemade cookies. You are sure to find something for that special person at Cookies for You! To place your order, stop down or contact Cookies For You at (701) 839-4975. Check out their new revised website at www. cookiesforyou.com. You can also follow them on facebook for up to date photos of the cookie and specialty bouquets they create.

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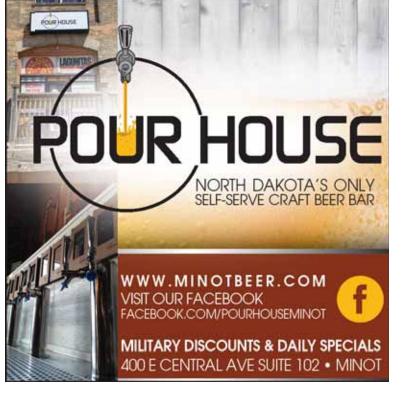




ly and be more sociable. She wanted to offer something different downtown that would set The Spot apart from other social gathering spaces. With 25 available billiard tables including five 9 ft. Diamond tables, thirteen 7 ft. Diamond tables and one unique three cushion table, The Spot is exceeding that goal. You can even try your hand at the slow pitch softball batting cage, pinball games or maybe a few of the new "Old School" video games such as Space Invaders or Golden Tee. In addition to being a great social gathering space, The Spot also does offer beer with over 70 different choices from domestic and imported to cider beers and

ages. And coming this fall there will be signups available for Pool and Dart Leagues.

The Spot has already been featured in many Downtown events such as the St. Patty's Day Pub Crawl, Downtown Summer Wine Walk and the new, upcoming Beer Olympics that will be held on July 8th. The exciting new event being put together by a few of the Downtown business for later this fall will feature the first Downtown Pajama Pub Crawl. For more information on events such as these and the many other exciting events follow The Spot on Facebook. They are open Monday through Saturday from 11 am to 1 am and Sundays from 11 am to 11 pm.



Fashion is not something that exists in dresses only. Fashion is in the sky, in the street, fashion has to do with ideas, the way we live, what is happening." -Coco Chanel

Oliver's Attic in downtown Minot is a women's boutique that celebrates fashion and affordability. Jackie Field, founder and owner, started Oliver's attic back in 2002. It all started when her good friend went to New York and started buying merchandise and instead of leaving all the merchandise lying around, Jackie thought "Bring it to me. I'll try to sell it for you." It was a side job at the beginning that they both enjoyed but in 2012 Jackie decided to pursue it as a full time career. But unfortunately late in 2012, Robert Sr. and Jackie's son, Robert Oliver Field II, passed away. Robert was an event planner and he always wanted to open up a shop called Oliver's Mayhem that offered all items that event planners would need such as props and decorations galore. His creativeness and magnificent attention to detail was evident in his business Miss Mabel's which he ran with his friend, Amy Hopkins. In memoriam to her son and with help from her husband other children Marisa and Mitchell, Jackie opened up Oliver's Attic because "you always find treasures in the attic".

The boutique expanded in 2015 with the Los Angelesbased distribution run by Jackie's daughter, Marisa Field. Today Oliver's attic has grown into a magnificent mother/daughter operated boutique dedicated to highlighting individuality and personality of multiple generations of women. Jackie or Stephanie, the familiar faces that will greet you as you enter at the top of the stairs, are always ready to help a customer find that unique piece that has been missing from the shopper's wardrobe. Items such as rompers, formal occasion dresses, casual and business attire from sizes small to 2X are only a few of the trea-

sures to explore. Belts, purses, scarves and jewelry are all available accessories for a styling session that will leave you in awe with the feeling of looking fabulous.

In addition to fantastic and affordable apparel, Jackie and her husband, Robert Sr., offer the outdoor patio on the backside of the building for special events such as bridal and baby showers, graduation parties and even book clubs. The event space is available in the summer and can be reserved by calling Jackie at (701)852-3680. And during the construction of Main Street, Oliver's attic is offering validation for parking (with a qualifying purchase) for customers using the new parking garages downtown. Jackie encourages customers to use the parking garages as

the closest garage (Renaissance Garage) is within half a block

from her business. So answer

i n n e fashion voice and stop in to see what treasures you may find in Oliver's Attic!

your

EXPERIENCE FUN & CREATIVITY HOURS: TUES & TH: 10AM - 8:30PM • W,F & SAT: 10AM - 5:30PM SUN & MON: CLOSED **THE FUN STARTS HERE!** ENJOY A PAINT CERAMICS, CANVAS OR A FUN GLASS PROJECT DELICIOUS FRUIT **SMOOTHIE OR COFFEE FROM** THE BLACK IGUANA COFFEE **BROWSE OUR UNIQUE GIFT SHOP** SHOP! 109 S MAIN ST • 837-8555 • MARGIESARTGLASS.COM



The Pour House, which opened May of this 2016, is Minot's newest and North Dakota's first and only self-serve beer and wine bar. The bar is located at 400 E Central Ave for everyone including ciders, in the Bricks Building, Downtown Minot and celebrates the craft beers such as Fat Tire, ability for customers to pour their own craft as well as do-

a pour your own bar would be a great addition since customers have the option to sample

a brew rather than commit to a whole pint. Andrew looks to try to have other brews available that are different than other bars in town. They will always have something wine and the ever popular, Big Foot and Surly.

Andrew was hooked on mestic beers. Andrew Em- craft brews and got the idea to mel, owner of the Pour House, start The Pour House after he wanted to add more to Down- was introduced to craft beers town Minot and the idea of at Red Lodge, MT at the Big

Sky Brewing Co. Since then Andrew started experimenting with home brewing and knew that he wanted to have a place where all different types of people from all walks of life could relax and enjoy all sorts of craft beers in a nonintimidating atmosphere. The bar regularly holds live music and other events such as Summer Bashes. They will hopefully in the future hold more events such as musicians and possibly boxing matches outdoors when the weather permits.

For more information about The Pour House check out their website at www. minotbeer.com or their facebook page at www.facebook. com/pourhouseminot Their hours are Monday through Wednesday 3:00pm to 11:00pm, Thursday through Saturday 3:00pm to 1:00am and Sundays from 12:00pm to 8:00pm.







CPANGEA HOUSE

ocated South 11B Main Street just below Artmain and Budget Music & Video lies a hidden gem. 62 Doors Gallery & Studio consists of 7 individual studio spaces, a print making/ art facilities studio, a gallery

at renters work collaboratively to put together themed gallery exhibitions featuring art from local and regional artists, with receptions that are open to the public.

Recently 62 Doors has combined forces with Pangea House. Pangea House is a Minot Community Collective. Pangea House has existed as a

since November 2008 with the goal of nurturing the Minot community through live music, arts and education.

For more information about 62 Doors visit them on Facebook and Instagram. Or stop by for a visit they are open every Saturday from 10 AM - 6 PM.

them on Facebook, Instagram or check out their blog at pangeahouse.org.

Also come join 62 Doors & Pangea House August 11-13 for Why Not Fest. This year the two forces are joining together to create a one of a kind music festival and art show. The kick off party for For more information the event is Thursday, August and a commons area. Studio local not-for-profit institution about Pangea House visit 10 at the Blue Rider, you must It will be a blast!

be 21 and older to attend. The rest of the events are for all ages. The venues will be 62 Doors and the old Chicago Club. On the morning of the last day of the festival there with be an opening reception for the Off the Page show at 62 Doors and brunch will be served.

Hope to see you all there.

1not Art Movement was started in 2015 by Carissa Botton and Chelsea Gleich. Most recently it has been given over to Minot Area Council of the Arts and is now being run by local artist Tonya Stuart-Melland.

After painting a few murals in downtown Minot there has been a slight hiatus while the project switched hands. The first project is set to take place on the Facebook page.

Street during the Creative Night Out on July 6 from 5PM -9PM. People will be invited to help paint pet waste bag dispensers that will be hung in the downtown area, in hopes that people will pick up after their pets.

Future projects include yarn bombing, murals, downtown clean up etc. If you have any ideas or would like to volunteer or donate please feel free to contact Tonya at minotstreetart@ gmail.com or message her

The goal and purpose of the Minot Street Art Movement is to promote walkablility, urban vitality and access to public art in the Minot downtown area.

Minot Street Art Movement will be posting in the Facebook page to let evervone know about future events. Hope to see you all downtown!





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"To support and advance the full range of arts for all ages and abilities"

3 MAIN STREET S, SUITE 2 MINOT, ND 58701 info@minotarts.org - www.minotarts.org Office (701) 852-2787

DAKU

elp for Unintended Pregnancy You are not alone

Pregnancy can challenge anyone but when it is unintended, it can be very tough. Military personnel can find it especially challenging because of the distance from family and living in an unfamiliar community. The pressures and fears that any woman or man in this situation can experience are often compounded by not knowing who to talk to and where to find help.

Dakota Hope Clinic in downtown Minot was established for this very situation, according to Nadia Smetana, Clinic director. "Women and men who have an unexpected pregnancy are the focus of our staff – we have the time to listen to all their concerns. We provide evidence-based options consultation, community referral, education, and material support. The best part for clients is that all our services are free of charge and of course confidential."

Decisions regarding unin-

tended pregnancy may be one of the hardest choices anyone has to make, explains Kristi Fannik, RN, Nurse Manager at the clinic. "They feel like their life as they know it and the plans they have are over if they continue the pregnancy." Kristi and her staff have specialized training regarding the pros and cons of all the choices and are aware of the community resources available to help. "Our concern is first of all for the woman and man involved, to empower them to make this life changing decision only after being fully informed."

Dakota Hope is a faithbased non-profit governed by a local board of directors and supported by the community. It is one of seven pregnancy help centers across North Dakota. They are affiliated with national organizations that provide training, professional standards, and resources for the staff. In addition to pregnancy help, they offer testing and treatment for chlamydia

and gonorrhea, and screening for Hepatitis C and HIV. The clinic services are open to anyone.

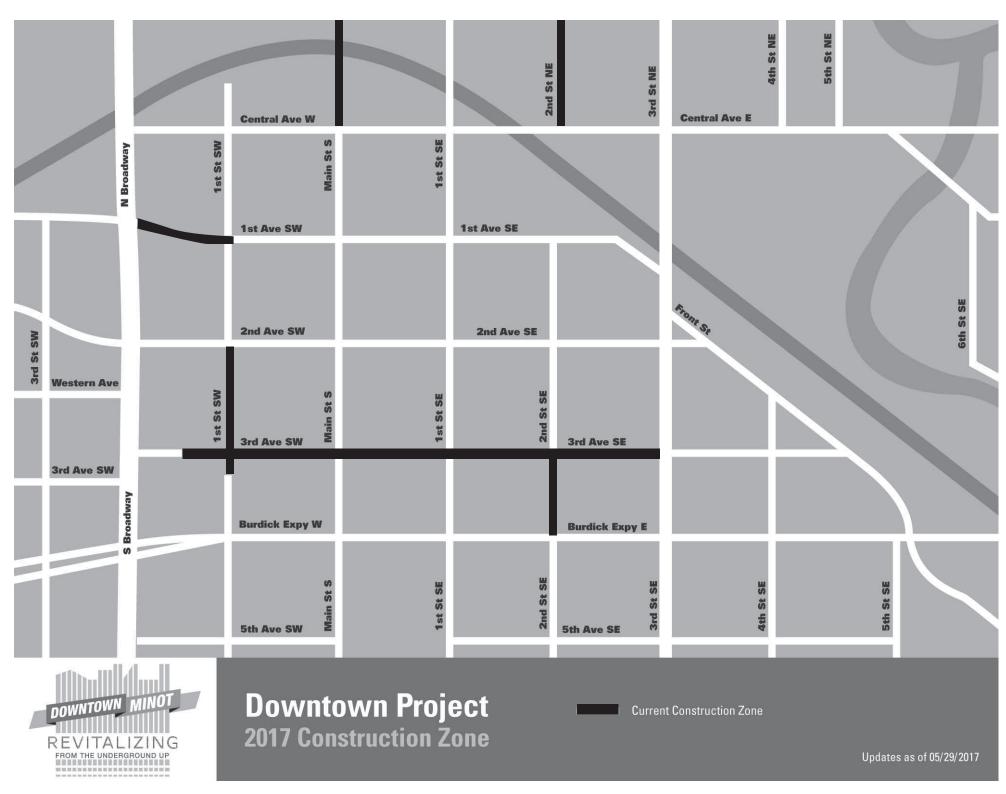
After confirming the pregnancy with a free test, clients are offered a free limited OB ultrasound if they are at least 6 weeks along. The ul-trasound can verify that the pregnancy is viable, in the uterus, and how far along the pregnancy is. Clients can see the baby in real time and regardless of their ultimate decision, the information provided by the ultrasound is necessary.

Earn While You Learn program, a customized education program throughout the pregnancy and for up to a year after the baby is born. Points earned for each program attended can be exchanged for personal and baby items such as diapers. This program is available for anyone who is financially challenged by a pregnancy.

Dakota Hope Clinic does not recommend or perform abortions and they do not facilitate abortion referrals. However, for anyone who chooses that option or has ex-Dakota Hope offers the perienced a past abortion, the

clinic doors are always open to them. According to Fanik. "Abortion is often chosen out of desperation and although it may provide an immediate sense of relief, many women and men eventually come to regret that decision. For them, we have resources and support."

See add in this paper for location. In addition to daytime hours Tues. - Thurs.. they are open one evening and one Saturday per month. Call 701-852-4673 for information or to make an appointment.





Family owned and founded F is also a gallery for fellow in 2004, Michele F began its slow but steady journey to what it is today. Originating under the name Bead Unique on the main street of Velva, ND, this rural environment was the perfect nest for a budding artist. Michele Feist is the artist and original fire behind this ever-growing and evolving women's boutique. She has hand fabricated all of the exclusive

jewelry designs in house for the past 10 years. Teaching herself by trial and error only and gaining inspiration from her love of being able to travel and life's simple blessings. She and her two daughters, Danielle and Kaitlin, strive to create a warm oasis for women to shop, socialize, and feed their souls. Each day one is likely to find fresh designs hot off of Michele's workbench. Her many loyal followers find it intriguing to see what her recent inspirations result in and just where her mind has taken her! Many appreciate the unique mix of quality metals, precious and semi-precious gemstones, Swarovski crystal and vintage found objects in her designs. Most notable, is her use of moonstone, labradorite, pearls, drusy agates. She wants her pieces to whisper to your soul and make you feel special, feminine, beau-

artist Todd Reed out of Boulder, Co. He specializes in metal smithing and the use of raw diamonds and is known around the world.

This destination is also a mecca for the women that love premium, free-spirited clothing. With-in the lines carried, one will find specialty silk, cotton and flannel pieces that appeal to the modern gypsy. Brands such as Johnny Was, BedStu, Free People, and Old Gringo are featured. Amongst the vast selection of handmade jewelry, fine fashion, genuine and leather boots handand bags, one will also find one of the finest home fragrance collections, Voluspa. Known for its superior wax blend and high quality oils, these candles and diffusers have earned the stamp of approval far and wide! Ultimately, Michele F was built upon the foundation of nurturing souls and spirits through tiful, and timeless. Michele creating and offer-

ing unique, quality items for each and every type of person! Their goal is to offer every customer much more than an average retail experience.

You can stay connected daily thanks to their website and social media

(info

below)! Sales, Promotions, and daily inspiration are offered on these platforms.

Website: michelefdesigns. com

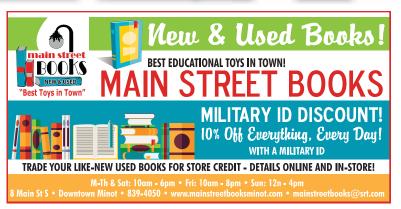
Facebook: Michele F, Minot

Instagram: @michelefdesigns.

Email: michelefdesigns@ gmail.com

Phone: 701-858-0550







HOT SPOTS:

- Artspace Suite 1 Gallery
- Taube Museum of Art
- Gourmet Chef
- Rick's Jewelry
- Urban Winery
- 62 Doors Gallery & Studios
- Seasons Floral
- Artmain
- Oliver's Attic
- Budget Music & Video
- 3 Little Pigs Food Truck

5:30 PM Creations by past Minot Fashion Week designers and the Taube Museum's kids Mod Fashion class on display at Artmain.

Up and coming fashion talents with showcase models wearing original designs at Oliver's Attic.

7:00 PM Minot Story Hour at Off the Vine.

8:00 PM Music by Alex Barcomb outside Budget Music & Video.

Events are FREE to attend!

Contact us for info or to get involved! facebook/ Minotcreativenightoutfirstthrusdays Email: creativenightout@yahoo.com

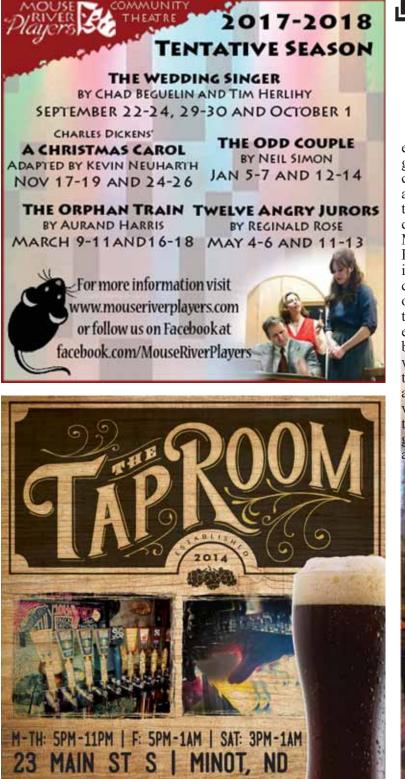


he Minot Area serve more than

Arts (MACA) has Minot the area since 1978. This coun- MACA continues its cil grew out of a Chamber legacy by creating of Commerce committee more opportunities and has continued its original purpose to promote arts events and organizations. Our mission is "to support and advance the full range of arts for all ages and abilities." ARTS IN THE PARKS Summer Concert Series was added to the program in the mid-1980s. This series now reaches nearly 5,000 people the arts of this comeach summer. There will be free LIVE performances throughout the summer! Shows begin Thursdays at 7 pm, and Sundays at 4 pm downtown, we hope and again at 7 pm. All Concerts will take place at Oak port and advance the Park this summer. Check the arts, as well as be a line-up at www.minotarts. place you can come org. ARTISTS IN THE and say hi and see SCHOOLS was added to the what Arts and Culprogram in the early 1990s. tural Events are hap-This program has grown to pening in our area.

Council of the 4,000 students annually, bringing to served the schools a wide variety of the arts. for local artists to share their work with the community, and for the community to engage in a cultural activities. In addition to the programs that are already in place, MACA looks forward to helping munity grow. With the development of downtown Minot and having our office to continue to sup-







Nestled behind Rick's Jewelry you will find a hidden gem, The Tap Room. This craft beer favorite is described as being "known for serving the best pour in town!" Located in the lower level at 23 Main Street South, The Tap Room offers only high quality craft beer from around the will not only like but love! country. Many of the beers on tap are only available in their establishment. With the every changing rotation of the beers offered on tap, they always have something new to try from the robust porter to a Belgian-style saison, there vill surely be something on tap for everyone. They have a So if you are looking for great relaxing, speakeasy style some place new to discover atmosphere which makes it and need some help exploring lam; and closed on Sundays.

extremely unique from other bars in the area. All the bartenders are well versed in the many different styles of craft beer to help those who aren't so familiar to the uniqueness and flavorful tap and bottled craft beers. They will help guide you toward a beer you

Owner Jon Lakoduk is the ultimate beer connoisseur; he is the first Certified Cicerone[®] in North Dakota. A Cicerone is a designated hospitality professional with proven experience in selecting, acquiring and serving today's wide range of beers.

craft beer this is the place for you. On weekends their outdoor patio is set up so you can enjoy your beer under the sun or stars with friends new and old. They will also be offering ice cream beer floats during the summer months. Trivia is a popular addition to the Tap Room and is held on Monday and Tuesday nights starting at 7:30 for teams up to 8 people.

For more information about The Tap Room, follow them on Facebook and also on Untappd to stay up to date with their rotating beer list. They are open Monday through Thursday from 5pm to 11pm; Fridays from 3pm to 1am; Saturdays from 5pm to

