

U.S. AIR FORCE PHOTO | SENIOR AIRMAN J.T. ARMSTRONG

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AIRMEN 1ST CLASS DILLON J. AUDIT | 5TH BOMB WING PUBLIC AFFAIRS



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS DILLON J. AUDIT Staff Sgt. Michael J. Solo, 5th Force Support Squadron NCOIC of the base honor guard, poses with his honor guardsmen at Minot Air Force Base, N.D., June 26, 2017. The honor guard attends many ceremonies, to include colors team sequences with both flags and rifles, funeral sequences, pallbearing, firing party, flag folding, sword cordons and other ceremonies.

INOT AIR FORCE BASE, N.D. --As he sat at the funeral, he watched intently as uniformed robots walked by his grandfather's casket. Focused on their crisp, mechanical movements he stared curiously as the Airmen paid their respects. Not knowing how to feel, he found himself overcome with a sense of purpose.

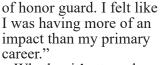
Staff Sgt. Michael J. Solo, 5th Force Support Squadron NCOIC of the base honor guard, was inspired to join the Air Force after seeing ceremonial guardsmen at his grandfather's funeral.

"Seeing them come out and do military funeral honors for him, I thought that was

awesome, kind of like the culmination of his whole life in the Air Force," said Solo. "He did 20 years in the Air Force and didn't do a thing with it after that, and here at the end of his life, they're providing that military funeral honors. I thought that was awesome."

Solo eventually joined the Air Force and was assigned to the services flight at 5th Contracting Squadron at Minot Air Force Base, North Dakota. After talking to previous honor guardsmen, he decided to get involved and become an honor guardsman himself.

"I loved honor guard more than my current job," said Solo. "I definitely got a lot more attached to the mission



Whether it's at work or at home, honor guard Airmen practice constantly to perfect their craft. Solo was no exception.

"When I was a guardsmen, it was 90 percent practicing, so it becomes kind of redundant after a while," said Solo. "It's easy to lose over three weeks, so when I went back it was more and more practice."

The honor guard supports many on base ceremonies which includes colors team sequences with both flags and rifles, funeral sequences, pallbearing, firing party, flag folding, sword cordons, and other ceremonies.

Funerals are one of the most important ceremonies for honor guardsmen. They require a strong bearing, dedication and the Airmen's full attention while performing.

Solo said his first funeral was the first time he made a mistake while in honor guard. He and his fellow honor guardsmen had to re-fold the flag twice. Later that day Solo answered a call from the daughter of the deceased, and she was furious.

"I apologized profusely, but I was incredibly disappointed in myself and I wasn't sure I wanted to do honor guard anymore," said Solo. "It was enough of an impact on me to where I'm never going to screw that up again."

Despite feeling discouraged, Solo felt like honor guard was the only thing he wanted, so he pushed on. Remembering the sense of purpose he felt at his grandfather's funeral, he overcame his disheartening thoughts and continued to strive to be the best.

"Honor guard brings me back to the tradition and the military aspect of the Air Force," said Solo. "Working a desk job, contracting, phones, e-mails, computers, you start to get detached from the tradition and heritage of it. Getting to come into honor guard, it's like you're the face of the Air Force."

Continuing his career in the honor guard, Solo recently rose up the ranks and became the new NCOIC of the base honor guard, with hopes of eventually join the Air Force Honor Guard.

"I'd go there in a heartbeat," said Solo. "I would love to keep contributing, and continue to do honor guard in some way."

Dedicating yourself to a cause is important because it shows when you put your mind to something you believe in, you can make a difference. Whether it's big or small, it still matters. To this day, Solo feels pride, the exact feeling that was instilled in him the day of his grandfather's funeral.















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Air Traffic Control: Eyes in the Sky

SENIOR AIRMAN SAHARA L. FALES | MINOT AIR FORCE BASE PUBLIC AFFAIRS

INOT AIR FORCE BASE, N.D. -- "When I was first notified of the emergency, it was an, 'Are you serious?' moment. I couldn't believe it," said Staff Sgt. Wolfgang Jubell, 5th Operations Support Squadron air traffic controller. "We immediately notified the Fire Department, Air Field Management, hospital and other base agencies with all the information on the aircraft. There was constant communication between us all."

During any in-flight emergency, it's an air traffic controller's responsibility to get the aircraft safely on the ground by clearing the airspace, communicating with the aircrew and ensuring emergency personnel are prepared to meet the aircraft when it lands.

"Once the pilots informed us that the aircraft was structurally sound and everyone was okay, a lot of weight was lifted off our shoulders," said Jubell. "I just wiped the sweat off my brow and we proceeded to get the aircraft back on the ground."

Communication plays a major role in ensuring that aircraft return safely. In the event that communication systems stop working, air traffic controllers have alternative ways of letting aircraft know when it's safe to land.

"If there is only one-way radio communication, we have a light gun we can use. Different colors and patterns to tell them what to do," said Senior Airman Jalah Patten, 5th OSS air traffic control journeyman. "The aircrew can also signal us back by rocking their wings or doing other motions."

Additionally, air traffic controllers always work with at least two other Airmen or a watch supervisor who can provide their experience whenever needed.

"We have a lot of Airmen who come from other bases

and have experience with other aircraft," said Jubell. "Each aircraft has different characteristics and abilities; those abilities will dictate how you can work them."

From the moment air traffic control Airmen arrive at technical school, they are taught air traffic control principles and procedures so they are prepared for any possible situation.

"Tech school is very intense and mentally demanding; I believe this helps Airmen cope with the stress the job can cause," said Tech. Sgt. Nathan Jeter, 5th OSS assistant chief controller.

"It's more intimidating once you get to your first duty station because the people you hear over the headset are real," added Patten.

Along with their extensive technical school training, air traffic control Airmen are required to complete their Control Tower Operator Certification and train on the simulator to prepare for any situation that may arise.

"In training I teach them the basics, then once we get further along in training I try to help them develop their own technique on how to handle operations," said Jubell. "We can't possibly teach them everything that could happen, but we do have a lot of checklists in place to help guide them through a majority of scenarios."

Although the job can be challenging, Patten enjoys seeing the immediate effects his role has on aircraft and aircrew when they return.

"My favorite part of the job is the experience," said Patten. "It's a cool experience to see the jets take off and come back, and to know that I helped these guys get home safe to their families."



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Mud Like You Mean It

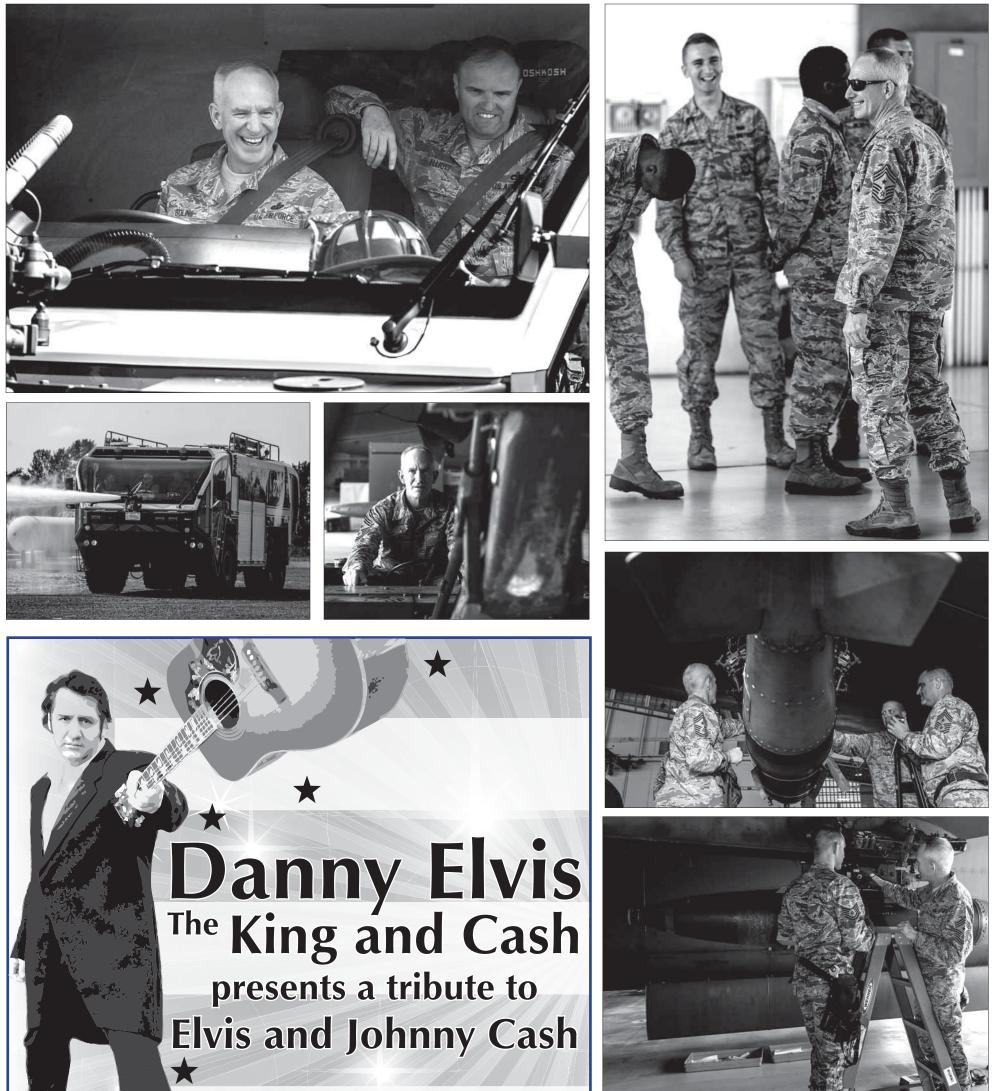
MINOT AIR FORCE BASE, N.D. -- Airmen and their families participated in the 2017 Mud Like You Mean It race at Minot Air Force Base, N.D., July 7, 2017. The event consisted of various obstacles that challenged their ability to crawl, climb, run and slide through mud and water. Approximately 600 Airmen and their families attended the event, which lasted two hours.

> U.S. AIR FORCE PHOTOS | SENIOR AIRMEN SAHARA L. FALES AND J.T. ARMSTRONG

8AF CCC VISITS MINOT

Chief Master Sgt. Alan Boling, Eighth Air Force command chief, visited Minot Air Force Base, N.D., July 10-11, 2017. During his visit, Boling spoke with 5th Bomb Wing Airmen and visited facilities including the fire department, phase maintenance dock, bomb building facility, dining facility and parachute shop.

U.S. Air Force photos | Senior Airman J.T. Armstrong



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Changes to North Dakota's Child Passenger Safety Law Effective August 1, 2017 More Children Will Be **Required To Ride in a Car Seat or Booster Seat**

NORTH DAKOTA DEPARTMENT OF HEALTH

ISMARCK, N.D. More children in North Dakota soon will be riding safely because of changes in the state's child passenger safety law. Effective August 1, children younger than eight years of age will be required to ride in a child restraint (car seat or booster seat) unless they are 4'9" tall or greater. The restraints must be used correctly – following the manufacturer's instructions. Children ages eight through 17 must be properly secured in a seat belt (or restraint, if needed). The law carries a penalty of \$25 and one point against the driver's license.

According to Dawn Mayer, director of the North Dakota Department of Health (NDDoH) Child Passenger Safety Program, "This revision basically extends the time a child is required to ride in a child restraint (car seat or booster seat) by one year." Child restraints offer more protection for children than just seat belts. Most children at age seven should be riding in a booster seat with a lap and shoulder belt because they are not tall enough to ride in a seat

belt.

Booster seats are belt positioning devices that help position the lap and shoulder belt safely across a child's body – low on the hips and centered across the chest. It is required to use both the lap and shoulder seat belt when using a booster seat.

Booster seats come in two general types – backless boosters and high-back boosters. High-back boosters are recommended if the vehicle seatback does not offer head protection (meaning the vehicle seat back is lower than passenger's ears).

The NDDoH recommends all children younger than 13 years ride in the back seat. Follow these best practices when it comes to transporting children of all sizes:

Rear-Facing: Children should ride rear-facing until at least two years of age (following car seat instructions) or until the upper size limits of the car seat.

Forward-Facing: When children are at least two years of age or have outgrown the highest rear-facing size limits of their car seat, they may ride forward-facing in a car

seat with a harness. Use the seat until the child reaches the harness's highest size limit allowed by the manufacturer.

Boosters: When children have outgrown the harness in their forward-facing car seat, they may utilize a booster seat. Children should be at least 40 pounds and at least four years of age. Keep children in boosters until about 4'9" tall.

Seat Belt: When children have outgrown their booster seat, they may use a seat belt when it fits over their body correctly. For a seat belt to fit properly, the lap belt must lie snugly across the upper thighs and be centered across the shoulder and chest. It should not lie on the stomach or across the neck.

A fact sheet for the public explaining the revised law and child passenger best practices for transporting children is available on the Department of Health's website at ndhealth. gov/injuryprevention/ childpassenger.

For more information, contact Dawn Mayer with the North Dakota Department of Health at 701.328.4536 or 800.472.2286.





"It's definitely a nice of anglers (fishing for catfish)...once people eat them, they'll go back to them."

- Scott Hobbs, Scott's Bait and Tackle, Pick City discussing fishing for catfish in the Missouri River tailrace.

Admittedly, they probably missed out in the "handsome" category when it comes to fish. They probably don't even fit in the "cute" category.

After all, channel catfish calling the Missouri River tailrace home - or any channel catfish for that matter – lack the glittery greenish-gold of walleye, the cute bluegill and crappie physique, and well, possibly remind folks of the lowly bullhead.

They have this big mouth...really big mouth. And whiskers - four of

them, in fact.

And they're kind of a gray-brown – not exactly eye-catching.

Some anglers may remember when bullheads and other native species were highly sought after among North Dakota anglers. However, that was before Garrison Dam and Valley City National Fish hatcheries and a N.D. Game and Fish Department fish-stocking program that elevated walleye to near god-like status.

Since then, pike, sauger, bullheads, and even channel catfish just don't have the glitz and glamour that comes with walleye fishing. Oh, some anglers haven't forgotten them and even seek them out.

Yet, channel catfish seriously lack angler love. They get a little love from some folks who treasure fishing for them on the Red River. For the true catfish angler, the Red River has a hefty reputation and catch-andrelease is hugely popular.

Channel catfish even get a little love from a few folks who know the secrets to their whereabouts on the Little Missouri River, the nel catfish enjoy in southern upper end of Lake Sakakawea, and maybe even Lake Oahe.

many of the anglers who make up that niche of catfish anglers in his Pick City store. Anglers in the tailrace typically catch nice, eater-sized catfish in that 1- to 3-pound range, he described, as they work the chutes from boats.

Or they may find them from the wing walls, although that's usually at night.

The presentations used when targeting catfish aren't that much different than looking for The King – walleye: Hobbs suggested vertical drifting with smelt or nightcrawlers - or any typical walleye rigging. "You're usually in fast water (tailrace chutes or immediately downstream)," he described.

With most fish less than 5 pounds in the tailrace, one's line weight really doesn't matter - anything from 8-pound up to 16-pound test line, he said.

One trick Hobbs offered that could make a difference in keeping or releasing a catfish is the size of hook. "I would suggest bigger hooks, a No. 2 or larger," he explained. The reason is removing the hook from the mouth of the catfish.

When the hook is too small, it's more difficult to get the hook easily out.

It's hard to say why channel catfish don't get much love. Maybe it is their appearance. Maybe it's because they're not named 'walleye.'

But Hobbs has a suggestion – head to the tailrace and try to catch a few of those nice eater-sized tailrace catfish.

Cook them up. While they'll likely never attain the popularity chan-

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- · Hematology/Oncology fellowship, Case Western Reserve University School of Medicine, Cleveland, OH
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- · Member, American Society of Clinical Oncology, the American Society of Hematology, the European Society of Medical Oncology, and the American Association of Cancer Research



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Thankfully, there is also a steady niche of anglers who have catfish love for those calling the Missouri River tailrace home.

Scott's Bait and Tackle owner Scott Hobbs sees

states and most certainly could never topple King Walleye from its perch on Top of the Hill, Hobbs feels that once people eat catfish they will fish for them more. Maybe they can get the angler love the native fish deserves.



839.0946 nsads@srt.com

THE LIGHTER SIDE



SUDOKU Solution to puzzle on page 14

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Solution to last week's Crossword puzzle.

S	L	0	Т	А	В	L	Е	Ρ	А	Ρ	А	W

Across

- **1**. Kin of tens and hundreds
- 5. Grp. including Luxembourg,
- Turkey and Italy
- 9. Unlike dirt roads
- 14. Fictional Mr.
- 15. Saintly king
- **16**. Like some folds
- 17. Another man's Persian, it's said
- 18. Regal address
- 19. Time units?
- 20. Editor's order
- 23. It works to have a nest egg
- 24. ____ monde (high society)
- 25. Absurd comedies 29. Kind of warfare
- **30**. When it's light, it's this **33**. Hard to get close to
- 34. "Fudge!"
- **35**. It's written at the top of the list
- 36. Avoid the issue
- **39**. Ltr. writer's courtesy
- 40. Yard sale caveat
- 41. Chutney fruit
- 42. Summer hrs. at the White

- 5. Between-meal bites 6. Completely unfamiliar 7. Infield defense 8. Needs a new radiator hose, perhaps 9. Nocturnal marsupial 10. "Stop, sailor!" 11. Famous street across Hollywood 12. Termini 13. First part of an Iowa 21. Cause of merchandise shrinkage 22. You are here
- **34**. Depute **35**. Refrain syllables 37. International Court of Justice site (with "The") 38. Act without restraint 43. Conservatory graduate, e.g. 44. Sorrowful through loss 45. Ghostly in appearance 46. Morrison and Tennille 47. Alveoli locale 48. Words said with a nod 49. It covered Caesar's butt 50. Poor box contents 51. Combustion byproduct 52. Where "the joke is" or "the drinks are"? 53. Untouchable leader 54. Reggae variation

'HOMECOMING' KING NEIL POND

f all the comicbook superheroes, Spider-Man was always the one that always connected most directly to me as a kid.

Mainly because he was a kid, too-unlike Superman, Batman, Daredevil, Thor, the Hulk and just about everyone else. They were all bona fide adults with day jobs, or at least grown-up lives and responsibilities.

Spider-Man's alter ego, Peter Parker, was an insecure, misunderstood high school student, a teenager who juggled classes, crimefighting and mad crushes on Mary Jane Watson and Gwen Stacy.

I could dig that. More than 50 years after his first appearance in a Marvel Comic, and now after three big-screen movies starring Tobey McGuire and two with Andrew Garfield, Spider-Man: Homecoming returns the character to the hormones and high-school hallways of his roots.

And it marks the fullblown debut of a new Spider-Man, Tom Holland, and he crushes it. The young British actor, 21, has appeared in several other films, including In The Heart of the Sea and The Lost City of Z, and he was one of the kids swept away by the tsunami with Naomi Watts in The Impossible. But he rocks Spider-Man as if this was the role he's been waiting in the wings to play all along. He gave a teaser cameo appearance as Spidey in last year's Captain America: Civil War, and the movie creatively begins with Peter's "home video" leading up to his experience in that film's "clash of the Avengers" tarmac scene. Do we need yet another Spider-Man movie? Heck yeah—if it's this one, a rollicking, soaring glide of a

ride that puts a bright new, fun, feisty, re-energized spin on pop culture's top web star.

Although it's officially a franchise reboot, Spider-Man: Homecoming dispenses (thankfully) with much of the backstoryhow Peter Parker became an orphan, how he became Spider-Man-and gets right down to business. In the opening scene, we meet the character who'll become Spidey's next nemesis: Adrian Toomes (Michael Keaton), the owner of a New York salvage company who exacts revenge on the circumstances-and bureaucrats-that screwed him out a big job, spurring him to a life of crime as the Vulture.

Using a high-tech winged harness that allows him to fly, Toomes uses giz-mology stolen from superhero smack-down sites to create guns that can obliterate people and buildings. That's bad news for just about everyone, except bad guys who'll pay him big bucks for the black-market bang. There are several

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House 43. Not "fer' 44. Springsteen and Steinbrenner **45**. Cut ____ (jitterbug) 46. Vietnamese festival 47. "Be sensible!" 54. Japanese restaurant offering **55**. Top-of-the-line 56. Individual 57. They provide prayer support 58. End-of-wk. sentiment **59**. Some suburban chauffeurs 60. He or she may be special **61**. ". . . land of Nod, on the _ of Eden'' **62**. Jeanne d'Arc, et al.

Down

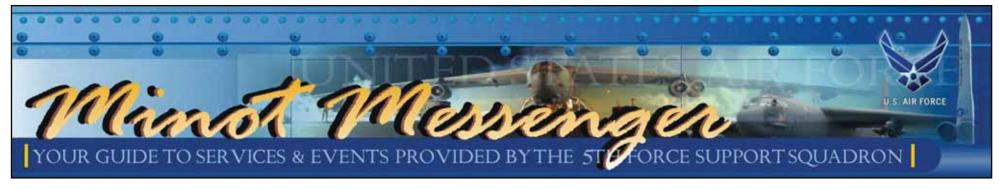
- **1**. Units of resistance
- Putin's refusal
- 3. Root of the taro

Penetrate slowly

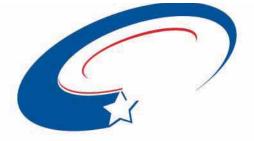
delightful surprises, and one huge one, so the less said about certain things, the better.

Yes, Stan Lee makes a cameo. Robert Downey Jr. pops in and out as Tony Stark, who provides Peter Parker with his righteously upgraded Spidey suit. The scene in which Peter discovers, and activates, the suit's Siri-like personalassistant is simply terrific.

When Spider-Man hesitates at the top of a the Washington Monument, during a boffo rescue scene a bit later, the personal assistant in his suit asks him why he's pausing, some 550 feet off the plaza below. His response: "I've never been this high before."



Air Force Implements Revolutionary Change To Club Membership



CLUBS

The Air Force is revolutionizing its club membership program in the coming months, to include a transition away from the club credit card to the AF Club Membership portal.

"Many people told us that they wanted to become a part of their Air Force clubs and the culture that surrounds membership, but declined because of the credit card requirement," said Jonathan Boyd, Air Force Services Activity chief of nonappropriated fund food and beverage operations.

"We've changed the way to Air Force Club membership and much more with this new portal. We're very excited to roll out this new capability to our current members and offer it to all of our activeduty force, retirees and Department of Defense civilians," said Jeff Polangin, 5th Force Support Squadron Food and Beverage Operations Director.

The Air Force Services Activity (AFSVA) has Bar & Grill or the Jimmy D partnered with MemberPlanet to manage the Air to your Force Support Squ Force Club Membership portal through a web site, https://5thforcesupport.com.

as well as develop a mobile application for personal electronic devices.

"The beauty of the Club Membership Portal is that members can now choose to use their top of the wallet credit or debit card to pay for membership dues," Polangin said. In addition to more freedom with dues payment methods, members will be better informed about club programs and events in "real time" through the web portal and mobile application.

"Through our membership portal, club members can find out what events are happening at their club," said Boyd. "We're also looking to expand the membership portal to provide our members with information pertaining to other installation services facilities and products."

The new AF Club Membership Portal will be rolled out across the Air Force 1 Aug.

"Air Force club membership is a tradition," said Col. Donna Turner, AFSVA commander. "It's where our Airmen experience, learn, and share our Air Force culture. Our clubs provide resiliency to our Airmen and their families. This new approach to club membership will make it easier for our Airmen to stay connected with the tradition and build on the AF culture and esprit de corps established by those who have served before."

For more information on the new Air Force Clubs Membership portal, stop by Rockers Bar & Grill or the Jimmy Doolittle Center or go to your Force Support Squadron's website at https://5thforcesupport.com.

Don't miss comedian Ron Lamprecht coming to Rockers Bar & Grill on Aug. 5th



Show Off Your Ride At The Show & Shine Car Show

If you're a car enthusiast, make plans now to attend the Show & Shine Car Show scheduled for August 19. From muscle cars to antiques, from the hottest new rides to classic cruisers, this 12th annual event is a must see for the automotive aficionado. The car show will be held in the parking lot adjacent to Rockers Bar & Grill from 3-6 p.m. in conjunction with the annual Block Party.

This year's show will feature the following classes: Car (1976 and newer), Car (1975 and older), Truck (1976 and newer), Truck (1975 and older), Imports (no specific year/model), and Motorcycle. Each class will be judged by the public with the top vehicle in each class receiving the "People's Choice" award for their respective division. In addition, a special "Kid's Choice" award will be given to the top vehicle overall as determined by the votes of the children age 12 and under attending the show. Two special awards, the Warbird's Choice and the Rough Rider's Choice, will be presnted to the 5th Bomb Wing and the 91st Missile Wing judge's favorite entry.

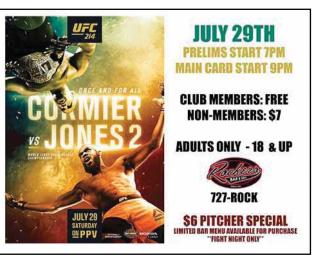
Car enthusiasts interested in entering their vehicle in the Show & Shine Car Show should contact Marvin at Auto Hobby, 723-2127 to obtain an entry form. Civilians, including spouses and all vehicle passengers, who do not have clearance to enter Minot AFB must register by August 4. There is no entry fee and each exhibitor receives a complimentary 12th Annual Show & Shine T-shirt for

FREE Admission for Club Members To UFC Fight Night

Club members receive FREE admission to the UFC 214 pay-per-view event at Rockers Bar & Grill on Saturday, July 29. Non-members price is only \$7.

The action features the UFC Light Heavyweight Championship bout between current champion Daniel Cormier and former champion Jon Jones. In other events, Cris Cyborg battles Tonya Evinger for the Women's Featherweight title and Tyron Woodley takes on Demian Maia for the Welterweight title.

Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. The UFC Fight Night is an adults only event - no children. For more information, call Rockers Bar & Grill at 727-ROCK.



First Friday Coming To Jimmy Doolittle Center On August 4 entering the



The Jimmy Doolittle Center invites you to enjoy a special Tail Gate First Friday event on Friday, August 4 from 4-9 p.m. Join the fun with corn hole, darts, and crud as well as a tailgate-style themed buffet.

A delicious kid-friendly menu featuring grilled chicken wings, chili, popcorn shrimp, and more will be served from 4-6 p.m. Cost is FREE for Club Members and spouse, \$7 for adult non-members, \$3 for children 6 years of age and older, and FREE for children age 5 and under. The event is family friendly. For more details, call the Jimmy Doolittle Center at 723-3731.

WATER CARNIVAL - SUNDAY, AUGUST 13 - 1 P.M. - OUTDOOR POOL Join us for a FREE fun-filled time at the Outdoor Pool with games & prizes For more information, call Outdoor Recreation at 723-3648

entering their vehicle/motorcycle.

For 5th Force Support Squadron job opportunities, visit www.nafjobs.org

CLUB MEMBER DRAWING ON FRIDAY, JULY 21st WILL BE FOR \$2,000.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, July 21 at Rockers Bar & Grill only as the Jimmy Doolittle Center is closed through July 31. Drawing time varies each week between 5:30-6:30 p.m.



2017 Rock Schedule:

Saturday, July 22- Fergie Saturday, July 29 – Paramore with special guests X Ambassadors

2017 Grandstand Schedule:

Friday, July 21-Little Big Town Sunday, July 23- Brothers Osborne Monday, July 24 - Enduro Race* Tuesday, July 25- The Western Grand National Truck and Tractor Pull* Wednesday, July 26- Thomas Rhett Thursday, July 27- Lonestar Friday, July 28-Jason Aldean *General Admission Events

Tuesday, July 25 New this year is a Truck and Tractor Show roaring into the Grandstand Monday, July 24 & Tuesday, July 25

NPRA Championship Bull Riding

Other items available for purchase include Season and Daily Gate Passes, Mega Ride Carnival Passes, Ranch Rodeo tickets, beer tickets and nine-day camping spots.

For ticket information visit www.ndstatefair.com, call 701-857-7620 or visit the North Dakota State Fair office from 8am-5pm, Monday-Friday, at the State Fair Center. Dates for the 2017 ND State Fair July 21-29.

More information is available at www.ndstatefair.com.



* Must be present coupon & military ID to receive offers For more information, contact Minot Area Chamber of Commerce 701-852-6000



Sponsored By: Military Affairs Committee Minot Area Chamber of Commerce

Military Day July 25, 2017



FREE Military Appreciation Beef Picnic North of Commercial II 11:00 am - 1:00 pm July 25, 2017 only

Sponsored by ND Beef Commission, ND Stockmen's Assoc. & ND Cattlewomen FIRST COME, FIRST SERVE







FREE Carnival Rides 1:00 pm - 3:00 pm July 25, 2017 only Must present military ID at each ride *Coupon not required* 50% off Adult **NPRA Championship Bullriding** July 25, 207 only at 7:00 pm **\$8** value Not good with any other offer One coupon per customer - No cash value Must present military ID & coupon at time of purchase Not valid on advance ticket purchases 50% off **Deals Throughout Grounds** July 25, 2017 only Not good with any other offer Not valid on advanced ticket purchases

Military **Appreciation Day Tuesday, July 25, 2017 Schedule Highlights**

		\mathbf{U}
TIME	EVENT	LOCATION
8a	4-H Horse Show	Arena I & II
9a	Jr. Limousin Show	East Expo Barn
9a-7a	Instagram Contest	1
10a	Jr. Angus Show	East Expo Barn
10a-4a	Xcel Energy Family Day Festival	State Fair Park
11a	4-H Consumer Choices Contest	State Fair Center
11a-11:30a	Fritters	Strolling the Grounds
11a-1p	Military Beef Picnic	North of Commercial II
11a-6p	College Save Mural	Next to Stage 6
11a-8p	"Comfort Zone (Diaper Changing Area, etc.)"	'Jaycee Building
11a-8p	Kids Clubhouse	Jaycee Building
11a-9p	Giant Sandbox	Kids Kingdom
11a-9p	Fur Traders Rendezvous	-
11a-10p	Commercial Exhibits	Commercial Bldgs I & II
11a -	Thrill Zone	North of Grandstand
11:30a	Jr. Red Angus Show	East Expo Barn
11:30a-7p	Dakota Talent	State Fair Park
12p	Carrie Cunningham Band	Stage 2
12p	FFA/4-H Livestock Exhibitor Meeting	Expo Barn
12p-12:30p	Wild About Dinosaurs	Strolling the Grounds
12:30p	Daryl's Racing Pigs	Stage 4
12:30p	Dollipops	Stage 1
12:30p-1p	Fritters	Strolling the Grounds
1p	Lexi Wyman Band	Stage 2
1p	Extreme Raptor Show	Stage 5
1p	Jr. Simmental Show	East Expo Barn
1p-3p	Diaper Derby/Toddler Trot	Near Dakota Talent Stage
1p-3p	Free Carnival Rides with Military ID	Midway
1p-7p	ND Game & Fish	Outdoor Skills Park
1p-12a	Carnival Hours	Midway
1:30p	Flippen Out Trampoline Show	Stage 7
1:30p	Disc Connected K-9's	Stage 3
2p	Kid's Pedal Pull	Front of KX Building
2p	Carrie Cunningham Band	Stage 2
2p	STEAM Education Day-Technology	4-H Hall
2p-2:30p		Strolling the Grounds
2p-7p	Clowns-Strolling	Kids Kingdom
2:30p-3p	Wild About Dinosaurs	Strolling the Grounds
3p	Daryl's Racing Pigs	Stage 4
3p	Lexi Wyman Band	Stage 2
3p-3:30p	Fritters	Strolling the Grounds
3:30p	Dollipops	Stage 1
3:30p	Flippen Out Trampoline Show	Stage 7
4p	ND Jr. Hereford Field Day	Expo Barn
4p	Disc Connected K-9's	Stage 3
-	Extreme Raptor Show	Stage 5
	Wild About Dinosaurs	Strolling the Grounds
5n	ND Junior Goat Show	Evno Barn

50% off \$35 Daily



5p **Unlimited Ride Wristband** 5p July 25, 2017 only \$17.50 value 5:30p

6p Not good with any other offer *Limit one coupon per customer - No cash value* 6p 6p-6:30p Coupon available at Minot Chamber with Military I.D. Must present military I.D. & coupon at time of purchase 6:30p Not valid on advanced ticket purchases 7p



7p 50% off Gate Admission 7p-7:30p with a Pepsi Product 7p-7:30p July 25, 2017 only 7:30p 8p-8:30p Not good with any other offer 10p Not valid on advanced ticket purchases 10:45p

7p 7p

ND Junior Goat Show Carrie Cunningham Band ND Club Calf Association Show 5p-5:30p Fritters Daryl's Racing Pigs 5:30p-6p Wild About Dinosaurs Dollipops Lexi Wyman Band Fritters Flippen Out Trampoline Show Disc Connected K-9's Crowd Pleasers Karaoke Contest Western Grand National Truck & Tractor Pull NPRA Championship Bull Riding Wild About Dinosaurs Fritters Extreme Raptor Show Fritters Carrie Cunningham Band Crowd Pleasers Karaoke Contest Finals

Expo Barn Stage 2 East Expo Barn Strolling the Grounds Stage 4 Strolling the Grounds Stage 1 Stage 2 Strolling the Grounds Stage 7 Stage 3 Dakota Talent Stage Grandstand **All Seasons Arena** Strolling the Grounds Strolling the Grounds Stage 5 Strolling the Grounds Stage 2 Dakota Talent Stage

FAMILY and YOUTH EVENTS & PROGRAMS

Kids Drive Free Program At Golf Course

The Rough Rider Golf Course is excited to once again offer the Kids Drive Free program on their range. Bring your child to the golf course now through August 31 from 3-9 p.m. daily to practice on the range. Range balls are FREE for kids for the summer! For more information, call the Rough Rider Golf Course at 723-3164.

Kids Summer Bowling

Enjoy the summer fun at Rough Rider Lanes during the Kids Summer Bowling special now through July 31. Children ages 17 and under can bowl for \$2 per game and receive FREE shoe rental. The offer is valid Monday through Friday from 9 a.m. to 2 p.m. For additional information, call Rough Rider Lanes at 727-4715.

Aug 5 Baby and Me Story Time

The Base Library invites you to their Baby and Me Story Time scheduled for Saturday, August 5 at 3:30 p.m. This special story time for infants and toddlers aged 0-18 months and their caregivers will include stories, action rhymes, and information on preparing your child to talk, learn, and love literature. For more details, call the Base Library at 723-3344.

Youth Indoor Flag Football Registration The Youth Center is hosting registration for Youth Indoor Flag Football from July 5-31. Cost is \$30 for children 3-4 years of age and \$40 for youth 5-12 years of age. Youth Center membership is required. For more details, call the Youth Center at 723-2838.

YOUNG AIRMEN EVENTS & PROGRAMS Aug 4 First Friday 5K Fun Run

Jul 21 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on July 21 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Like us on Facebook, visit www.facebook.com/5thforcesupport The Fitness Center is hosting a Summer Series 5K Fun Run. Every First Friday from now through September, you're invited to participate in a 5K Fun Run. The next event is scheduled for Friday, August 4 with the run beginning at 7:30 a.m. at the Fitness Center. The events feature awards for the fastest male and female at each run. T-shirts will

be awarded at the last run. For more information on this FREE event, call the Fitness Center at 723-2145.



Aug 7 Family Child Care Pre-Orientation

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on August 7 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more details, call the Family Child Care office at 723-6662.

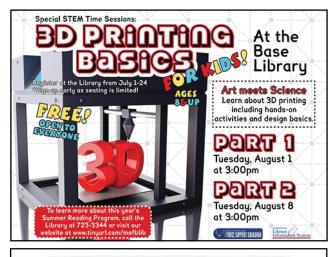
Aug 12 Minot vs. Grand Forks Match Play The action heats up during the Minot vs. Grand Forks Match Play Tournament on Saturday, August 12 with an 11 a.m. shotgun start at the Rough Rider Golf Course. Registration starts at 10 a.m. Cost for Minot AFB participants is \$20. See who wins the overall trophy between Minot AFB and Grand Forks AFB. The tournament is open to all Active Duty, retired Air Force personnel, and DoD employees. For more details, call the Rough Rider Golf Course at 723-3164.

Aug 14-17 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on August 14, 15, 16, & 17 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, and complete a budget worksheet. Attendees should bring their current LESs and have knowledge of their bills. Call the Airman & Family Readiness Center at 723-3950 to register or for additional information.

Photo Scavenger Hunt

Grab a camera, form a team, and take a few walks around Minot AFB to participate in the Base Library's Photo Scavenger Hunt during the month of July. Take pictures of a team member with each item on the list and submit them by showing them to a member of the library staff or sharing them on the Library's Facebook page to earn a chance to win prizes. Entries must be submitted before August 1. For more details, call the Base Library at 723-3344.



Tell us what makes you

... have a nice play!

Let us know how we are doing in making your golf enjoyable!

Just go online to www.MyAirForceLife.com/golf to fill out one of our golfer surveys.

(Paper versions are available on requ USAF SCN: AF17-078NR



The Jimmy Doolittle Center will be closed from July 15-31, 2017.

Visit our website at www.5thforcesupport.com

TODAY

- Fit Family Boot Camp, 0930, Fitness Center
- Fit To Fight, 1200, Fitness Center
- Torch Club, 1600, Youth Center

 Friday Fun Members Buffet, 1630, Rockers Bar & Grill

 Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill

• Give Parents A Break, 1800-2200, School Age Program and Child Development Center

Keystone Club, 1830, Youth Center

Karaoke, 2000, Rockers Bar & Grill

• Lights & Strikes Bowling, Every Fri, 2000, Bowling Center

SATURDAY

• 3D Archery Tournament Series, 0900, Outdoor **Recreation Archery Range**

Chess Club, 1100, Base Library

• Lights & Strikes Bowling, Every Sat, 2000, Bowling Center

SUNDAY

- Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

MONDAY

• TAP GPS Workshop, 0800-1600, A&FRC, held at Professional Development Center

- Kids Yoga Class, 0930, Fitness Center
- Reintegration Briefing, Every Mon, 1300-1400, A&FRC
- Build Wealth With TSP, 1500-1600, A&FRC
- Newbery Book Club, 1530, Base Library

• Yoga, 1830, Fitness Center

• Cycle Challenge, 1930, Fitness Center

TUESDAY

• TAP GPS Workshop, 0800-1600, A&FRC, held at Professional Development Center

• Water Safety Instructor Course, 0900-1800, Outdoor Recreation

Game Day, 1000-1930, Base Library

 Communication Skills Workshop, 1300-1430, A&FRC

STEM Time, 1500, Base Library

 Family Fun Night, 1700-2100, Rough Riders Pizza

• Urban Boot Camp, 1830, Fitness Center

• Cycle & Core, 1930, Fitness Center

WEDNESDAY

• Right Start, 0730-1200, A&FRC, held at the Jimmy Doolittle Center

• TAP GPS Workshop, 0800-1600, A&FRC,

held at Professional Development Center • Club Member Benefit, Every Wed, 0900-1400, **Bowling** Center

 Water Safety Instructor Course, 0900-1800, Outdoor Recreation

- Story Time, Every Wed, 1030, Base Library
- Cycle & Core, 1200, Fitness Center

• Pre-Deployment Readiness Training, 1300-1400, A&FRC

• 4-H Club, 1600, Youth Center

• Mug Club Special, 1600-1800, Rockers Bar & Grill

• Members Wind Down Wednesday, Every Wed, 1630, Rockers Bar & Grill

• Boss & Buddy \$1 Draft Special, 1630, Rockers Bar & Grill

- Yoga, 1830, Fitness Center
- Cycle Challenge, 1930, Fitness Center

Bar & Grill

 Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill

- Keystone Club, 1830, Youth Center
- Karaoke, 2000, Rockers Bar & Grill

• Lights & Strikes Bowling, Every Fri, 2000, **Bowling Center**

UPOMING EVENTS - JULY 29

 Competition Dance Team Skills Assessment/ Tryouts Ages 4-15 at the Youth Center

• Times vary by age. For more information contact the Youth Center at 723-2838.

• Fight Night: UFC 214 : Cormier vs Jones 2, 1900, Rockers Bar & Grill

• Lights & Strikes Bowling, Every Sat, 2000, **Bowling Center**

ONGOING EVENTS

• Kids Summer Bowling, Enjoy the summer fun at Rough Rider Lanes! Children ages 18 and under can bowl for \$2/game and receive a FREE shoe rental! Offer valid June 1- July 31 Monday-Friday 0900-1400.

 Summer Reading Program, Looking for Summer fun? This year's "Read by Design" Summer Reading Program is a Minot AFB favorite! Readers can log books read between now and August 12th to win prizes. It is open to all ages. For more details, call the Base Library at 723-3344.

• US Kids Golf, Get your child on the green with US Kids Golf. Students will receive a set of golf clubs, instruction by an experience golf instructor and on-course experience. Session is August 7-18 (Register by July 27). For more information or to register contact the Golf Course at 723-3164

• Photo Scavenger Hunt, Grab a camera, form a team, and take a few walks around the base to participate in the Base Library's Photo Scavenger Hunt during the month of July. Take pictures of a team member with each item on the list and submit them by showing them to a member of Library staff or sharing them on the Library's Facebook page to earn a chance to win prizes. Entries must be submitted before August 1st. For more information, contact the Base Library at 723-3344.

 Youth Indoor Flag Football Registration Open, Now - July 31st – Season runs Oct 10th - Nov 17th. For more information, contact the Youth Center at 723-2838

• Kids Drive Free Range Balls, The Rough Rider Golf Course is excited to once again offer the Kids Drive Free program on their range. Bring your child to the golf course now through August 31 from 1500-2100 daily to practice on the range. Range balls are FREE for kids under the age of 18 years old for the summer.

 Rough Riders Monthly Pizza Special-July Special – Bacon Cheeseburger Pizza. A new spin on an American Classic! This pizza boasts a Ketchup base covered with marinated ground beef. Fixed with bacon, onion, and chopped tomatoes, and finished off with provolone & American cheese – You've got to try this pizza before it's gone! Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Try it on a Panino! \$8.25 meal includes side & drink • B-Fifty Brew Drink Special July Special – The Patriot. Celebrate America when you order the Patriot! Vanilla bean Frappuccino with blended Raspberry, topped with whipped cream and blueberry drizzle. Freedom never tasted so good. Grande \$5.00 Venti \$5.50

and see us or send us an email. Stop in and see us!!!!

CENTRAL MICHIGAN UNIVERSITY AT MINOT AFB

CMU specializes in master level degrees. CMU offers a military discount to active duty, spouses, and federal employees. The Spring I term for faceto-face at Minot AFB, starts January 13 to February 25, 2017 (only meeting two weekends) Classes will meet Fridays, 5-10pm and Saturdays 8:00am-3:30pm. Online classes starts January 9 to March 3, 2017. We are always looking for local instructors in the Minot area. The candidates must have a Ph.D. or a terminal degree. If you have any questions or want more information about our programs or faculty opportunities, please stop by the office M-F: 8am-4:30pm located at the Education Building, 156 Missile Ave. #219, or call us at 701-727-5535 or email minot.afb@cmich.edu.

EMBRY-RIDDLE AERONAUTICAL **UNIVERSITY IS NOW REGISTERING** FOR THE FALL 2017 TERM (7 Aug-8

Oct). To sign up for Undergraduate and Graduate courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu . If you have any questions, please call 701-727-9007.



POLICE · COMMUNITY PARTNERSHIPS

Tuesday, August 1 5:30-8 pm **Minot High School** Magic City Campus, northside

Trinity Health is teaming up with the Minot Police Department, Target and area businesses and organizations to promote public safety and recognize those who keep our community safe.

Free games, food, music, face painting,

THURSDAY

· Last day to register August US Kids Golf Session at the Golf Course

• TAP GPS Workshop, 0800-1600, A&FRC, held at Professional Development Center

• Patriotic Family Photo Shoot, 0800-1700, Child Development Center

• Craft Club, 1030, Base Library

 Reintegration Briefing, Every Thurs, 1300-1400. A&FRC

• Members 2 for 1 Appetizers, Every Thurs, 1700-1900, Rockers Bar & Grill

• Zumba, 1730, Fitness Center

- Teen Book Club, 1800, Base Library
- Muscle Pump, 1830, Fitness Center

UPOMING EVENTS - JULY 28

• TAP GPS Workshop, 0800-1600, A&FRC, held at Professional Development Center

- Fit Family Boot Camp, 0930, Fitness Center
- Fit To Fight, 1200, Fitness Center
- Torch Club, 1600, Youth Center
- Friday Fun Members Buffet, 1630, Rockers

PARK UNIVERSITY SUMMER 2017 REGISTRATION IS NOW **OPEN!!**

Park University's Summer term (June 5, 2017- July 30, 2017) registration is now open. Contact our office for more details. A variety of classes are available for CCAF and Undergraduate degrees. Classes are held onsite in the evening or online. Signing up for classes is easy: stop by our office at the Education Center-156 Missile Ave Minot AFB or email us at mino@park.edu. If you have any questions you can call us (727-0469), stop by

prizes, inflatables, educational booths, NorthStar Criticair, law enforcement special equipment displays and MAFB K9 demonstrations

Parking available is the student and teacher parking lots of the school. Seating is limited; bring lawn chairs and blankets if you'd like.

Event sponsored by:



NORTH DAKOTA STATE FAIR 7/21/2017 8:00 AM

North Dakota State Fairgrounds. Come to the largest annual event in North Dakota! Enjoy 7 free stages packed with exciting entertainment daily from acrobatics, music, live animal shows, and much more. Have fun all day at the carnival with over 30 rides and games. See top entertainers such as Thomas Rhett, Litte Big Town, Lonestar, Jason Aldean, and Brothers Osborne perform on the Grandstand Stage. Shop til you drop and get out of the heat in our 3 air conditioned Commercial Buildings with over 400 vendors selling everything from jewelry and clothing to cookware, aromatherapy, and hot tubs. Don't forget about the Fair food that is sure to please any appetite, visit the food court for some of your Fair favorites such as cheese curds, foot-long corn dogs, turkey leg and much much more! The North Dakota State Fair is home to over 30,000 exhibits from around the state with contributors from 4-H, FFA Chapters, schools and local static exhibitors. We are proud to display the talents of North Dakota residents in the North Dakota State Fair Center during all nine days of Fair! Another Fair staple that we are proud to host is the Ranch Rodeo and NPRA Championship Bull Riding in our All Seasons Arena. Date: July 21-29, 2017 Tickets: Daily Gate Admission: Adults \$10, Junior(age 7-12) \$5, Children 6 and under are FREE. Season Gate Pass: Adult \$25, Junior (ages 7-12) \$15. Grandstand Showpass: \$110 Standing Room, \$110. Reserved Seating (Showpass includes Little Big Town, Jason Aldean, Thomas Rhett, Brothers. Osborne, Lonestar, Western Grand National Truck & Tractor Pull, Enduro Race) NPRA Championship Bull Riding: Adult \$16, Ages 7-12 \$6. Ranch Rodeo: Adult \$10, Ages 7-12 \$5

READ TO THE ANIMALS 7/21/2017 12:00 PM

CAPITAL

Souris Valley Animal Shelter, 1935 20th Ave SE Bring your kids to the Souris Valley Animal Shelter for a unique opportunity to keep them

reading this summer! The Read to the Animals program gives kids a fun environment to read in while they interact with some of our amazing pets. This program is absolutely free! No registration required.

RUN THE ROUTE 2017 7/22/2017 8:30 AM

North Dakota State Fair. Run the Route is a 5K and/or 1 Mile Run/Walk. It follows the parade route right before the parade starts. First 400 entries receive a T-Shirt and prizes are awarded to top finishers. All age groups are encouraged to participate.

GAMERS UNPLUGGED 7/22/2017 10:00 AM

Ward County Public Library. Come and enjoy board games at the Ward County Public Library. All ages are welcome. Bring friends or come make new ones! For more information, please contact the library at (701) 852-5388.

MAIN STREET BOOKS STORY TIME AND ACTIVITY 7/22/2017 10:30 AM

Main Street Books 8 Main Street South. Come and enjoy Themed Stories at Main Street Books on Saturdays. We will be reading with your child at 10:30 am, followed by a matching activity! Don't miss the fun! Children of all ages welcome!

MINOT AREA COUNCIL OF THE **ARTS, ARTS IN THE PARKS, 2017** FREE SUMMER CONCERTS 7/23/2017 4:00 PM

Oak Park. Arts in the Parks is a Free Summer Concert Series featuring Live Music and Visual Artists. It is Every Sunday and Thursday Evening from June 11th through August 3rd. For more information contact Tina at the Minot Area Council of the Arts: (701) 852-2787 tina@minotarts.org.

NORM OF THE NORTH MOVIE MATINEE 7/24/2017 2:00 PM

Minot Public Library. Open to adults and children of all ages- under 5 MUST be with an adult. Feel free to bring your own snack!

SIDE BY SIDE STORIES 7/25/2017 10:00 AM

Minot Public Library. Side by Side stories will be held Tuesdays at 10:00 am for children accompanied by parents or other caregivers. For more information, please contact the Children's Library at 838-0606.

ART FOR YOUNG CHILDREN 7/25/2017 1:00 PM

Taube Art Museum. I scream you scream! All about ice cream, art projects and the finale of eating your own handmade treat! Age: 4-5. Visit website for more information.

INTRO TO LEGO ROBOTICS 7/25/2017 1:30 PM

Minot Public Library. Introduction to LEGO Robotics is available to children grades 4-6. Registration is required for the 4 week session. Limit 15 children.

All ages are welcome to both half hour story sessions. See you here!

WHIMSICAL WEDNESDAY 7/26/2017 10:30 AM

Minot Public Library. A story time featuring our puppet, Flash, will be held on Wednesdays at 10:30 am for independent children ages 3-6.

MANGA MANIAC'S POWER HOUR 7/26/2017 3:00 PM

Minot Public Library. Join the Manga Maniacs as they work in the Makerspace on their own Manga stories and artwork!

STORY TIME 7/27/2017 10:00 AM

Ward County Public Library. Come enjoy story time and activities at the Ward County Public Library on Thursdays at 10 am. For more information, please contact the library at (701)852-5388.

DR. STRANGE MOVIE MATINEE 7/27/2017 2:00 PM

Minot Public Library. It's hot out and MPL has FREE admission and FREE Popcorn in our South Community Room which now features awesome audio, making movies sound better than ever! Bring a friend or two to the following show.

PAINT AND GLOW 7/27/2017 2:30 PM

Taube Art Museum. Paint using fluorescent paint on black stretched canvas. Age: 8+ Visit website for more details.

DECOUPAGE BIRDHOUSE 7/27/2017 6:00 PM

Margie's. Decoupage Birdhouse Join Vhonda Bunce to decoupage your own quirky birdhouse. All materials included, but feel free to bring printed material to apply. Class fee \$30.00.

MINOT AREA COUNCIL OF THE **ARTS, ARTS IN THE PARKS, 2017 FREE SUMMER CONCERTS** 7/27/2017 7:00 PM

Oak Park 1305 4th Avenue NW Minot ND 58703 Arts in the Parks is a Free Summer Concert Series featuring Live Music and Visual Artists. It is Every Sunday and Thursday Evening from June 11th through August 3rd. For more information contact Tina at the Minot Area Council of the Arts: (701) 852-2787 tina@minotarts.org.

MAKE YOUR OWN STAINED GLASS 7/27/2017 7:00 PM

Minot Public Library. Come learn how to make your own stained glass. Craft materials are free and the event is for all ages. Please contact 701-852-1045 with any questions. Hope to see you there!

PRESCHOOL PLAYDOUGH CLUB 7/28/2017 10:30 AM

Ward County Public Library. Come and enjoy playdough at the Ward County Public Library. Playdough and fun toys will be set up for the kids. A parent or guardian must be present the entire time. For more information, please contact the library at (701) 852-5388.

READ TO THE ANIMALS 7/28/2017 12:00 PM



3000 14th Ave SW • Minot, ND

North Dakota RV Dealer

#1 Motor Home, Towable

HealthCenters

& Toy Hauler RV Sales

Northland



creative property management Inc.

MOVE-IN READY UNITS!

STUDIO AND 1 BEDROOM APARTMENTS

STARTING AS LOW AS \$325 A MONTH!

SCHEDULE YOUR SHOWING TODAY!





READ TO THE ANIMALS 7/25/2017 6:00 PM

Souris Valley Animal Shelter, 1935 20th Ave SE. Bring your kids to the Souris Valley Animal Shelter for a unique opportunity to keep them reading this summer! The Read to the Animals program gives kids a fun environment to read in while they interact with some of our amazing pets. This program is absolutely free! No registration required.

STORY TIME 7/26/2017 10:00 AM

Main Street Books; 8 Main Street South

Come and enjoy Storytime at Main Street Books on Wednesdays. We will be singing and reading and rhyming with your children during the 10:00 AM storytime for ages birth - 4yrs. and the 11:00AM storytime for ages 4+.

Souris Valley Animal Shelter, 1935 20th Ave SE Bring your kids to the Souris Valley Animal Shelter for a unique opportunity to keep them reading this summer! The Read to the Animals program gives kids a fun environment to read in while they interact with some of our amazing pets. This program is absolutely free! No registration required.

NYPUM MOTORCYCLE FUN RUN 2017

7/29/2017 10:00 AM

Dakota Boys and Girls Ranch, 6301 19th Ave. NW, NYPUM Building, north side of County Rd. 15, Minot, ND. Motorcycles and automobiles welcome! Sweep Vehicle will be provided. Cost includes lunch, prizes & early dinner back at Magic City Harley-Davidson. Event proceeds benefit the NYPUM (National Youth Project Using Minibikes), held each summer on the Dakota Boys and Girls Ranch Minot campus. Registration will open at 10 am and kickstands are up at 11 am.

CHURCHDIRECTORY



8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319

Sunday School	9:00 am
Meet and Greet	10:00 am
Sunday Worship	10:30 am

Pastor Gregg S Smith www.gracefellowshipatburlington.com



An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship9:00 a.m. Worship 10:45 a.m. www.trinitychurchminot.org



Gospel Tabernacle Community Church

> 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m. Adult/Children Worship...11 a.m. Family Hour6:30 p.m. Evening Worship7:30 p.m. Bible Study/Child-Adult Children Worship (Wed)....7 p.m. Prayer (Friday)7 P.m.

ELCA

1800 Hiawatha St. 852-1872

Saturday Worship 5 p.m. Sunday Worship9 a.m. Memorial Day weekend - Labor Day Weekend

> John Streccius, Pastor **Carol Wendel, Pastor**

Vincent United Methodist Church 1024 2nd St. SE • 838-4425

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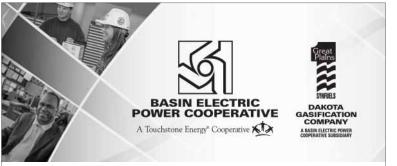
Saturday Informal Worship .. 5:00 p.m. Sunday School9:00 a.m. Sunday Worship Service10:00 a.m. Fellowship..... 11:00 a.m. **Pastor Mary Johnson** www.vincentumc.com



CLASSIFIEDS

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INGREDIENTS:

2 cups cooked grilled chicken breasts, chopped (seasoned with your favorite spices, see note*) 1/4 cup Hidden Valley® Simply Ranch dressing 1/2 cup mozzarella cheese 1/4 cup cilantro, minced (optional) 4 8'' tortillas

INSTRUCTIONS:

Lay tortillas on a clean flat surface. Place about $1\!/_2$ cup chicken, 1 tablespoon ranch, 2 tablespoons of cheese, and 1 tablespoon of minced cilantro on each tortilla. Fold tightly to form a burrito shape.

Heat a heavy-duty pan or grill to medium heat. Coat with a light layer or oil or cooking spray and cook wraps for 1-2 minutes on each side or until the tortilla is crispy and golden. Remove from heat, slice in half and serve immediately. Notes

*For the chicken: You can use cooked rotisserie chicken, leftover chicken, or grilled chicken seasoned with your favorite spices. I like to season my chicken with a tablespoon of fajita seasoning and grill in a hot pan for 5-6 minutes per side or until cooked through.



Annual Summer Gourmet Picnic 29th Annual Great Tomato Festival

TAUBE MUSEUM OF ART

The 29th Annual Great Tomato Festival will be held on Wednesday, August 9, 2017 at the ND State Fair Center, 4H Hall, 2005 Burdick Expressway East. This classic community fundraising event was established in 1989 by Jeff and Peggy Miller. It has become the annual end of summer gourmet picnic to attend! The menu consists of smoked pork chops cooked to perfection by master chefs, a top secret recipe of roasted tomatoes stuffed with rice, along with chips and salsa, tomato and cucumber salad, beer batter bread and brownies.

The evening also includes entertainment by the Dakota Dixie Jazz Band and Minot Symphony Orchestra Musicians, creative tomato displays, a social hour serving tomato hors d'oeuvres, and an amazing silent auction.

New this year will be a LIVE AUCTION, which

will include vacation destination getaways, autographed memorabilia, and more! The silent auction will include more than 250 auction items include tickets to sporting events, theater and music, restaurant meals, kids' activities, vacation stays, art, furniture, and more! Returning again is the Great Chocolate Cake Revival! A selection of fancy chocolate cakes will be available to bid on and take home that evening. The creator of the cake with the highest bid will receive a prize! Doors open for browsing at 5:30 pm with social hour at 6:00 pm, and dinner served at 7:00 pm. Tickets are \$25.00 in advance and \$30.00 at the door. Attendees must be 21 to attend. Advance tickets are available at Minot Public Library. Taube Museum of Art, Artmain, Interiors Plus, The Computer Store or online at www.greattomatofestival. com. Pick up your tickets

now to ensure yourself a spot at this fun-filled evening!

The Great Tomato Festival is a community fundraiser, which has benefitted a number of non-profit organizations since its inception. The mission of the fundraiser is "Working together with the purpose of raising funds to enhance the services of the specific nonprofit organizations". It

currently benefits the Minot Public Library, Taube Museum of Art, and Minot

Symphony Orchestra. All net proceeds from ticket sales and silent auction are directly granted to the sponsoring organizations.

For more information please contact: greattomatofestival@srt. com Janet Anderson - Minot Public Library: 852-1045 Nancy F. Walter - Taube Museum of Art: 838-4445 Ellen Fenner - Minot Symphony Orchestra: 858-4228

13 Unique Foods That You Can Only Find at the North Dakota State Fair

esides the concerts, everyone's favorite part of the Fair is the FOOD. From Funnel Cakes to Teriyaki Chicken on a Stick, there is something for every tastebud! Every year there is something new and exciting to try, so we wanted to highlight the 13 new foods for you to try at the North Dakota State Fair:

• Jalapeño Cheddar Corn Dog - Shannon Straight Concessions.

• Solem Concessions, Inc., Food Zone 1 Buffalo Flavored Cheese Curds

• The Original Minneapple Pie - Minneapple Pie, Food Zone 3.

• Handmade individual Apple Pie that is deep fried. • Milky Way in a Waffle On-A-Stick - Waffle Chix, Food Zone5.

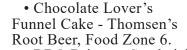
• The Avalanche - Kookie Kookies and Cream, Food Zone 5.

• The Donut Sundae -Kookie Kookies and Cream, Food Zone 5.

• Spicy BBQ Beef Crepe - Corner Café, Food Zone 3. • Garlic & Black

Pepper Steak - Little Blue Elephant, Food Zone 2.

• Roughneck Nachos - Minnesota Wing King, Food Zone 3.



• BBQ Brisquet Sandwich - Bubba's BBQ, State Fair Center.

• A Slice of the Fair -Spicy Pie Express, State Fair Center A slice of pizza topped with cheese curds and corn dogs.

Visit out website at ndstatefair.com to explore our Food Finder and discover all of our delectable dining options. Find all of these mouthwatering foods and so much more at the 2017 North Dakota State Fair. Where Summer Shines!

