

# northern sentry

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U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JONATHAN MCELDERRY

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## Minot AFB



## Videos

# MAPS: Unsung heroes of the missile field

AIRMAN 1ST CLASS JONATHAN MCELDERRY  
MINOT AIR FORCE BASE PUBLIC AFFAIRS

**M**INOT AIR FORCE BASE, N.D. --

When missile alert facility and launch facility equipment needs to be inspected or repaired, 791st Maintenance Squadron mechanical and pneudraulics section maintainers take charge.

From chain hoists to payload transporters, these Airmen are responsible for performing maintenance on equipment used within the missile complex.

Through periodic inspections, MAPS Airmen maintain 91st Missile Wing equipment to support U.S. Strategic Command's nuclear deterrence mission.

"We provide direct support to Operation Global Citadel by inspecting and maintaining equipment to ensure it remains serviceable," said Staff Sgt. Robert Cook, 791st MXS MAPS trainer.

Outside of periodic maintenance, which includes anything from 30-day inspections to annual inspections, these maintainers also perform corrective maintenance.

"If a payload transporter or transporter erector, which carries sections of a missile, comes back to us with any discrepancies, we'll fix it as soon as possible," Cook said.

With attention to detail and following their unit's technical orders, these maintainers ensure missile alert teams are able to complete their mission.

"Our ultimate goal is to enable alert teams to go to the missile complex and do their job," said Senior Airman John Conner, 791st MXS MAPS team chief. "We work on equipment that allows Airmen to get into the site, so if we don't do our job correctly, our maintainers wouldn't be able to do theirs."

Conner added that their unit has a hand in maintaining almost all equipment at MAFs and LFs.

"If we're not giving 100 percent of our effort, then it'll cause a negative chain reaction, which could hinder the mission," Conner said.

Cook noted how the importance of their career field provides a great sense of pride in what they do.

"It feels great knowing what we do has such a huge impact on the mission," Cook said. "Whenever I'm leaving work and I see a convoy coming home, I know we did our job correctly because that team returned safely."

Likewise, Conner also considers the results of their unit to be worthwhile.



U.S. AIR FORCE PHOTO | SENIOR AIRMAN J.T. ARMSTRONG

The 91st Maintenance Group mechanical and pneudraulics section Global Strike Challenge team pose with their equipment at Minot Air Force Base, N.D., May 30, 2017. The four-member MAPS GSC team disassembled, inspected and tested guided missile maintenance platform components.

"It's rewarding to be a part of something so important," Conner said.

"It's great to know we're doing something that means so much to the

Air Force Global Strike Command mission as a whole."



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# AFPC offers follow-on option to Airmen taking short tours

KAT BAILEY AND 2ND LT. STEPHEN WARREN | AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) -- Airmen selected for a dependent-restricted short tour for their second or later assignments can voluntarily apply to participate in the Follow-On assignment program, providing them greater flexibility in the assignment process and greater stability for their families.

The Department of Defense designed the Follow-On assignment program to provide all service members, officers and enlisted, with family stability, as well as to decrease permanent change of station costs. The application is a voluntary agreement with the Airman not to use PCS allowances in exchange for advance

assignment consideration of a stateside assignment, before they leave on a dependent-restricted short-tour assignment. The Air Force processes follow-on assignments to overseas locations as an exception to policy.

"The Air Force has a placement rate of 70.8 percent for follow-on assignments for the enlisted force in 2017," said Chief Master Sgt. Jennifer Holton, superintendent of the Support Career Management branch at the Air Force's Personnel Center. "As long as Airmen are putting down realistic location choices based on authorizations that exist at the desired follow-on locations, we've been successful at giving them what they want."

If an Airman chooses a follow-on, the family can stay at the current stateside location or elect to move to the location of their follow-on assignment, providing it, too, is stateside. The program provides stability to the family for work, residence and schooling, with the option to stay in place for another year or be in place at the new location a year or more early, prior to the end of the short tour.

"Instead of moving a family from say, Shaw [Air Force Base] to Mom's place in Boston for a year, and then to Tinker [AFB] and paying for two moves, the family can stay at Shaw [AFB] or go early to Tinker [AFB] while the Airman is away on the short tour," said Bill Houston, AFPC Assignments Policy and Procedures branch.

However, moving the family to any other location other than the follow-on location at the expense of the Air Force invalidates the follow-on assignment. Airmen agree up-front not to use PCS allowances to relocate dependents and household goods temporarily to a place other than the follow-on location, or to store household goods at government expense.

Houston said if participating in the Follow-On program would cause a financial or personal hardship, Airmen are encouraged to use their PCS allowances and not apply for the Follow-On program.

"The advantage of applying for a follow-on and thus not waiting for a 'normal' assignment is that the Airman's next assignment would be forecast 14-18 months before their reporting date for their follow-on rather than much later in their short tour, which could increase flexibility or stability for the family," Houston said.

Follow-on assignments are also available and highly encouraged for rated officers.

"As we face a fighter pilot absorption challenge, the Follow-On program encourages experienced pilots to volunteer for what has proven to be hard-to-fill short, remote tours," said Maj. Craig Cude, Fighter Assignments chief at AFPC. "We project increases in retention and reductions in the number of pilots who decline such tours and are then required to separate from the Air Force."

According to the fighter assignment team, the follow-on assignment option is available for all fighter pilots, with the exception of new pilots on their way to their first operational

assignment, or pilots wishing to compete for crossflow to the F-35. AFPC will consider follow-ons to formal training units on a case-by-case basis due to formal training availability and qualification requirements.

"For new pilots, the losing commander's input, based on the pilot's performance and potential, is vital in determining where an inexperienced pilot goes after their first year in an operational assignment," Cude said.

During each Vulnerable to Move List cycle, the fighter assignment team will provide a realistic outlook of locations available to select following the remote assignment. Cude says eligible pilots should base their follow-on preferences from that list.

"There must be a balance between flexibility for the assignment matching process and our Airmen's family stability," Cude said. "To help with pilot retention, we are adding more weight to the latter."

In order to apply for follow-on consideration, Airmen need to submit their applications on the virtual Military Personnel Flight webpage within 15 days of receiving their assignment notification and more than 150 days prior to their departure date.

Cude encourages all Airmen to weigh the merits of the program in order to decide what works best for them and their families.

"We want to give Airmen a choice to take the follow-on, or not, but to at least understand their options and have a greater voice in their own assignment process," he said.

Find additional information about follow-on assignments on myPers. Select "Any" from the dropdown menu and search "Follow-On."

For more information about Air Force personnel programs, go to myPers.

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**LAND AUCTIONS**  
Thursday, November 30, 2017

10:00 a.m. (CT)	3:00 p.m. (CT)
864.79 +/- Acres - Ward County, ND Auction Location: Astoria Hotel & Suites - Minot, ND	240 +/- Acres - Pierce County, ND Auction Location: Cobblestone Inn - Rugby, ND
864 +/- acres of mostly all cropland offered in five parcels located a few miles north of Minot, ND with great access off US Highway 83. Parcel 3 has cropland and excellent habitat for waterfowl, upland birds and deer hunting. All parcels are available for 2018 crop year.	240 +/- acres of excellent cropland offered in two parcels located west of Ruby, North Dakota. This property has distinctively high Soil Productivity Indexes in the upper 80s and is consistent in its productivity.
Parcel 1: Acres: 158 +/- Legal: E½SW¼ Lots 6 & 7 6-156-82 Cropland Acres: 151 +/-	Parcel 1: Acres: 160 +/- Legal: SE¼ 33-157-73 Cropland Acres: 156 +/-
Parcel 2: Acres: 324.33 +/- Legal: Part of 14-156-83 Cropland Acres: 316.74 +/-	Parcel 2: Acres: 80 +/- Legal: S½SE¼NE¼, S½SW¼NE¼, S½SE¼NW¼, S½SW¼NW¼ 5-156-7 Cropland Acres: 80 +/-
Parcel 3: Acres: 197.75 +/- Legal: SW¼ Less Out Lot 2 & SW¼NW¼ 11-156-83 Cropland Acres: 95.83 +/-	
Parcel 4: Acres: 139.74 +/- Legal: Lots 3 & 4 Less W332.1' & E½SW¼ 30-157-82 Cropland Acres: 136.63 +/-	
Parcel 5: Acres: 44.97 +/- Legal: NW¼ Less Portion to USA 25-157-83 Cropland Acres: 44.97 (Shares with USA land)	
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# VICE PRESIDENT VISITS MAFB

Vice President Mike Pence visited Minot Air Force Base, N.D., Oct. 27, 2017. The vice president received a briefing of base operations and toured a launch facility containing the LGM-30 Minuteman III, the only land-based Intercontinental Ballistic Missile (ICBM) in the United States.

U.S. Air Force photos | Airman 1st Class Jonathan McElderry



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## Are You a Family Caregiver?

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**A**re you one of the 62,100 individuals in North Dakota providing care to a spouse, relative or friend?

A caregiver is someone who helps another with things he or she cannot do for him/herself due to a serious medical condition or the aging process in general. Caregiving can include transportation, housekeeping, grocery shopping, bill paying, personal care, managing legal or insurance matters or providing a place to live.

These are the different kinds of caregivers:

- Long-distance caregiver – These individuals look out for a loved one who lives in a different city, state or country.

- Sandwich generation caregiver – These are men and women who are sandwiched between taking care of their own children and taking care of one or more elderly parents.

- Spousal caregiver – These individuals find themselves taking care of a spouse with a serious illness.

- Working caregiver – These are adults in the workforce are faced with the dilemma of holding

down a job and making sure a loved one is taken care of properly.

Caregiving can be a rewarding experience, but it also can be filled with enormous challenges, such as time commitment, competing demands, financial implications, and physical and mental stress. Here are some common symptoms of caregiver stress: depression, withdrawal, insomnia, trouble concentrating, anger, health issues, exhaustion, anxiety, drinking, smoking and altered eating habits.

Many caregivers have no idea what to do, how to do it or where to get help. This dilemma makes family caregivers vulnerable.

Here are some tips to help you:

- Take care of yourself. The Powerful Tools for Caregivers (PTC) program is an evidence-based six-week workshop the North Dakota State University Extension Service offers through extensive partnerships with local organizations. The PTC program is designed to help family caregivers take better care of themselves and feel more confident in their ability to care for their family members. For

more information on the PTC program or upcoming workshops, contact Ellen Bjelland at the Ward County Extension Service office, 857-6450 or [ellen.bjelland@ndsu.edu](mailto:ellen.bjelland@ndsu.edu).

- Ask for help. The ND Family Caregiver Support Program is a system of support services for unpaid caregivers of older adults to help them continue to provide care in their homes and community through information, assistance, counseling, support groups and training. Contact the Aging Services Division at 1-855-462-5465 for more information or to learn more about other services and supports available to you and your care recipient. Also see [www.nd.gov/dhs/info/pubs/docs/aging/fact-sheet-family-caregiver-support-program.pdf](http://www.nd.gov/dhs/info/pubs/docs/aging/fact-sheet-family-caregiver-support-program.pdf) for more information.

- Get educated on family caregiving issues. The AARP's Caregiver Resource Center at [www.aarp.org/home-family/caregiving](http://www.aarp.org/home-family/caregiving) has checklists, worksheets, tips, tools, articles, blogs, Ask the Experts and more.

Source: Jane Strommen, NDSU Extension gerontology specialist, 701-231-5948, [jane.strommen@ndsu.edu](mailto:jane.strommen@ndsu.edu)

## PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



"A large-scale winter storm, with deep snow or ice cover, cuts off many birds from their natural food supplies and can actually cause them to starve by the thousands and even millions."

– National Wildlife Federation blog.

As Americans celebrate the traditional Thanksgiving feast, the early snow and cold serves as a reminder that life can be tough for one's feathered friends when winter arrives early.

Let's share some love by taking care of those hardy birds who opt to stay in North Dakota for the winter and those who call the state their wintering grounds - those northern species who, for them, North Dakota is as far south as they want to go.

It's not too early to start feeding and setting up winter birdbaths. The caveat, though, is that if a person opts to provide alternative food sources other than Mother Nature's bounty, they need to be diligent and stick with it throughout the winter.

Birds, like other wildlife, become dependent on searching feeders for food. If feeders aren't filled and maintained regularly, more harm than good could result.

Place feeders and birdbaths in areas where trees and shrubs provide shelter from predators - things such as avian predators like hawks and owls, as well as critters like a coyote or neighbor's cat. However, place the feeder far enough away - about 10 feet - so predators aren't within easy reach. Also place feeders and birdbaths downwind from trees and shrubs.

Feeders should also be in areas easily accessible for filling. If the feeder area is going to be in a location that fills with waist-deep snow a person is less apt to enthusiastically fill it.

Birds also need water in the winter. Yes, they can eat snow but, like people, staying hydrated is healthier if done with water. Like feeders, birdbaths should be in areas where they're easily filled yet close to shelter for the birds.

Select birdbaths that automatically shut off when

it's above 32 degrees and when empty. Be cautious if using extension cords - make sure they're designed for outdoor use.

Some other winter feeding tips:

- \*Use large feeders so they don't have to be filled as frequently and could sustain birds in a storm.

- \*Use suet high in fat and calories because birds burn extra energy to stay warm in the winter.

- \*Peanut butter is also high in oil and fat. Try mixing it with sunflowers and forming into balls or suet cakes, hanging them from a tree.

- \*Black oil sunflowers, hulled peanuts, and Niger seed are the best seeds to feed in the winter, especially sunflowers with their high oil content. A wide variety of wintering species eat those three main types of seeds.

- \*Keep suet and food on hand to avoid running out in severe weather.

Oh, and don't worry about bird's feet freezing in the winter when they sit on metal feeder perches. Their feet lack sweat glands so they won't freeze in cold temperatures.

In addition to feeders and birdbaths for wintering birds, it still boils down to habitat: Quality habitat serves two purposes - shelter from weather and predators and food.

Incorporating plants that hold seeds throughout the winter and not cutting those perennial plants and grasses with seed heads back until the spring provides a natural food source.

In addition, planting shrubs and trees with berries provides food for berry-feeding birds.

With a yard designed to attract, protect, and feed birds, feeders can then become a vital supplement in times of severe weather.

Plus, winter is a great way to learn bird identification - they're easier to see.



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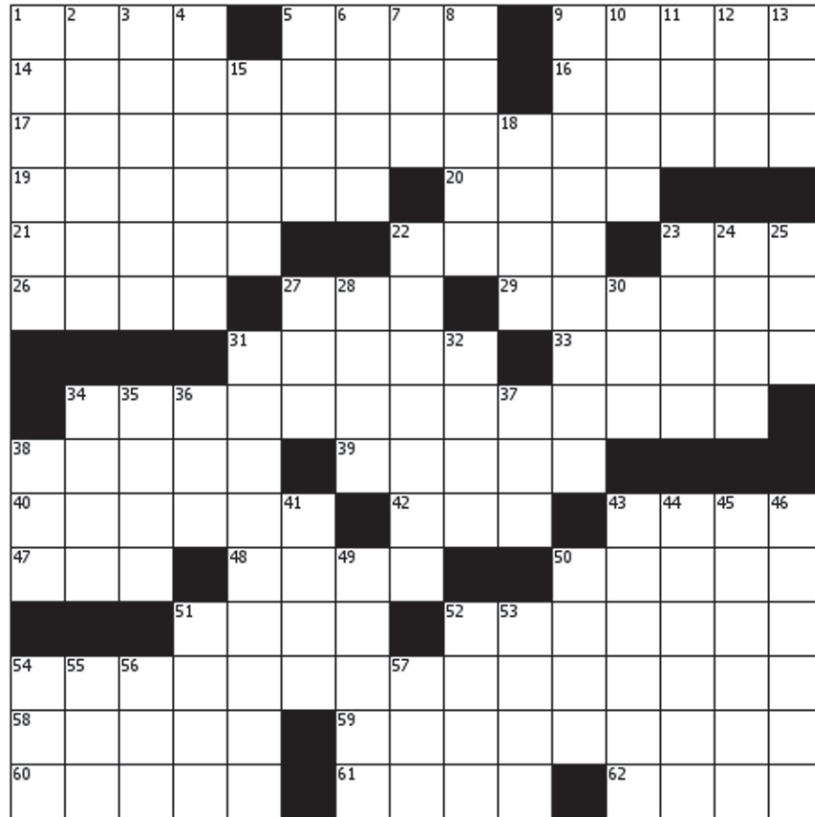
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# CROSSWORD PUZZLE

**Across**

- 1. GI's diner
- 5. Author Murdoch
- 9. Pointed parts
- 14. Building designer
- 16. Elroy Jetson's dog
- 17. 1967 and 1968 Super Bowl champs
- 19. More virile
- 20. "My Way" singer Paul
- 21. Leaning
- 22. Former Ford models
- 23. It may be regular or premium
- 26. Cul-de-\_\_\_ (dead end roads)
- 27. Finder's cry
- 29. Bear witness
- 31. Intense
- 33. Eagle's nest
- 34. Carrot sticks, e.g.
- 38. Chick of jazz
- 39. Tests
- 40. Draw aimlessly
- 42. List shortener, for short
- 43. Window part
- 47. Tax ID
- 48. Greek god of war
- 50. Fry
- 51. Soprano Muffo
- 52. One blowing his own horn?
- 54. Famed London police headquarters
- 58. Thin soup
- 59. Peach relative
- 60. Tippy craft
- 61. Director Preminger



62. Rigel or Antares

**Down**

- 1. Molten rocks
- 2. Printers' mistakes
- 3. Picturesque
- 4. What she sells by the sea shore
- 5. "Let \_\_\_" (Beatles song)

- 6. Admiral's position?
- 7. Freezing
- 8. March honoree, for short
- 9. Betrays, in a way
- 10. "\_\_\_ silly question ..."
- 11. 66, for one (abbr.)
- 12. Shiverer's sound
- 13. "Help!"

- 15. "What's \_\_\_ for me?"
- 18. Time-half links
- 22. Certain paints
- 23. Actor Richard of "Pretty Woman"
- 24. Sale condition
- 25. Sault \_\_\_ Marie
- 27. King beater
- 28. Titanic
- 30. \_\_\_ Aviv

- 31. Snow fall?
- 32. Coup d' \_\_\_
- 34. Down under jumpers, briefly
- 35. Elvis Presley's middle name
- 36. Tied the knot
- 37. Pacer maker, once
- 38. LPs' successors
- 41. Cube designer Rubik

- 43. Woodland deities
- 44. Café \_\_\_
- 45. Breastbones
- 46. Cowboy, at times
- 49. "... his wife could \_\_\_ lean ..."
- 50. Type of cracker
- 51. Regarding
- 52. Ambassador's forte
- 53. Aware of
- 54. Johnny Carson's network, once
- 55. Notable period
- 56. Took the gold
- 57. Pig tail?

## SUDOKU Solution to puzzle on page 14

1			2	3				
4				5			6	
		5		1				
2			1	7		6		4
	8						5	
6		9		2	3			7
				6		1		
	7			8				6
				9	5			3

Solution to last week's Crossword puzzle.

R	O	M	P	S		S	T	I	R		W	H	A	T	
O	N	I	O	N		T	O	N	E		A	U	R	A	
D	E	L	L	A		A	R	C	S		I	R	E	S	
			K	I	L	L	T	H	E	C	L	O	C	K	
L	E	T		L	I	K	E			A	R	E	N	A	S
E	L	A	P	S	E			M	R	E	D				
A	I	R	S			R	E	A	C	T		M	I	A	
S	T	R	I	K	E	U	P	T	H	E	B	A	N	D	
H	E	Y		A	L	I	A	S			I	N	F	O	
			B	R	A	N			E	D	G	I	E	R	
A	C	R	O	S	S		R	I	M	E		A	R	E	
S	H	O	O	T	T	H	E	C	U	R	L				
P	O	S	T			I	A	G	O		A	U	D	I	T
E	R	I	E			C	L	A	N		I	N	U	R	E
N	E	E	D			S	O	N	S		L	A	G	A	N

COCO • (PG)  
 FRIDAY, NOVEMBER 24 • 1800  
 SATURDAY, NOVEMBER 25 • 1700  
 SUNDAY, NOVEMBER 26 • 1500

“Aspiring musician Miguel, confronted with his family's ancestral ban on music, enters the Land of the Dead to work out the mystery.”



### REEL TIME THEATER MOVIE SCHEDULE



## Sweet Potato Casserole



### INGREDIENTS:

3 cups cooked and mashed sweet potatoes  
 2/3 cup sugar  
 1/2 cup butter, softened  
 2 eggs, lightly beaten  
 1 teaspoon vanilla  
 1/3 cup milk

### TOPPING:

1/3 cup butter, melted  
 1 cup brown sugar  
 1/2 cup flour  
 1 cup chopped pecans

### INSTRUCTIONS:

Boil and mash sweet potatoes. Beat in sugar, butter, eggs, vanilla and milk until smooth and creamy. Put in 9x13 greased pan. To make topping, combine topping ingredients together in a small bowl. Stir and mix to combine. Crumble topping over sweet potatoes. Bake at 350 for 30 minutes.

## Cheese and Garlic Crack Bread

### INGREDIENTS:

1 crusty loaf, preferably sourdough or Vienna  
 3/4 cup shredded Mozzarella cheese (or other melting cheese)  
 Garlic Butter  
 100g /3.5oz / 7 tbsp unsalted butter, softened  
 2 large garlic cloves, minced  
 3/4 tsp salt  
 1 tbsp fresh parsley, finely chopped

### INSTRUCTIONS:

Preheat the oven to 180C/350F. Combine butter, garlic and salt in a heatproof bowl and melt in the microwave. Stir through parsley. Cut the bread on a diagonal into 2cm/1" diamonds but do not cut all the way through the bread (just like you would cut a french stick for garlic bread). Use your fingers or a knife to pry open each crack and drizzle in a teaspoon of butter and stuff in a pinch of cheese. This might sound like a bit of an effort, but I promise you it is worth it! You don't need to be super neat, it's nice to have some of the butter drizzled over the crust. Wrap with foil and bake for 15 minutes until the cheese has mostly melted, then unwrap and bake for 5 minutes more to make the bread nice and crusty. Serve immediately.



# 2017 DOWNTOWN CHRISTMAS OPEN HOUSE

NOVEMBER 24TH

3 PM - 8 PM

Christmas Tree Lighting  
6 PM

## Schedule of Events

**Cookies For You:** Cookie Monster will be visiting from 3-8pm. Little pumpkin cookie nibblers and warm apple cider

**Century Eyewear:** 15% off Frame and Lens Combo

**Rick's Jewelry:** We will be kicking off our 30th Anniversary Celebration. Special Sales, Prize Drawings, Customer Appreciation Gift, Cider & Treats. An appearance of our special Christmas Elves. Ornament Sale \$1 for every ornament sold goes to the Minot Area Homeless Coalition.

**Grow With Me:** Cookies and 25% off toys, including Melissa and Doug and our huge selection of gently loved toys!

**Main Street Books:** Hot Cider, all Day Sales from 10am - 3pm and 25% off any one item after 3pm.

**Taube Museum:** Festival of the Arts Sale and Refreshments

**Artspace Suite 1 Gallery:** Hot Apple Caramel Cider and Ginger Cookies. We will be handing out limited edition artist member Calendar Posters to the adults and Candy Canes and Crayons to the kids.

**Artmain:** Holiday Refreshments and Holiday Discounts throughout the weekend.

**Season's:** 30% Off all Decor, Homemade Christmas Goodies

**Inspired Interiors:** Open until 8pm

**Gourmet Chef:** Rocky Mountain Spiced Cider and Stonewall Kitchen food samples

**Michelle F:** In-store Specials and Holiday Treats

**Bray's Saddlery:** All day Specials and Christmas Cookies 9am-8pm

**Oliver's Attic:** S'mores on a stick, Warm Cranberry Christmas Punch. In Store Special "THE MORE YOU SPEND - THE MORE YOU SAVE"

**Esoterica:** Roasted Chestnuts 5:30pm until gone. Sales throughout the store

**Lien's Jewelry:** Hot Cinnamon Cider and Cookies 3pm-8pm. Holiday Wind Ensemble 6pm-8pm

**Margies Studio:** Drink Specials All Day Long

**MainStream Boutique:** Friday we will be serving hot cider all day and have our Candy Cane Sale with purchase discounts.

Selfies  
With Santa  
Fiancee  
3 PM- 4:45 PM

Free Wagon  
Rides  
Main & Central 3  
PM - 8 PM

Cookies & Milk  
With Santa  
North Entrance of  
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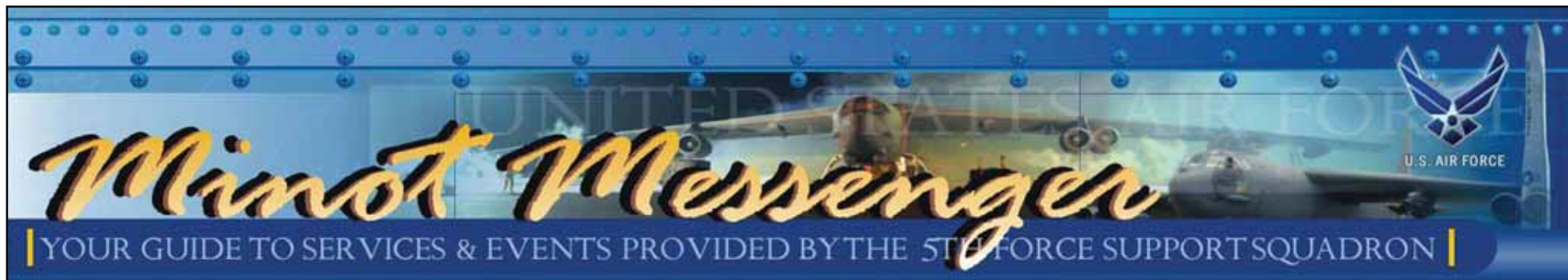
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Alyssa Jermiason - Oboe  
Charlie Young - Clarinet  
Sheri Lien - Bassoon

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## Library Hosting Winter Reading Program For Adults & Teens



The Base Library is holding their Winter Reading Program for adults and teens from December

1 through March 1. You can stay warm with some good books plus chances to win prizes. To participate, adults and teens simply need to visit the Base Library between December 1 and February 15 or register at [www.tinyurl.com/minotlibrary](http://www.tinyurl.com/minotlibrary). Then read and log CSAF Reading List titles or books read for fun to receive prizes and chances to win bigger prizes

In addition to individual prizes, the squadron whose active duty members read the most CSAF Reading list books and log them for the Base Library's Winter Reading Program will receive a certificate and bragging rights.

For additional information on this year's Winter Reading Program, please call the Base Library at 723-3344.

## Take To The Slopes During The Huff Hills Skiing & Snowboarding Trip On December 9



Join Outdoor Recreation for a fun filled day in the snow during the Huff Hills Ski Trip on Saturday, December 9. Registration opens on November 20.

Huff Hills Ski Area is located 16 miles south of Bismarck/Mandan, ND along the western slope of the Missouri River. The scenic area offers skiing and snowboarding in a great family environment. The beginner area features family-friendly terrain. The base area has great food service, and a variety of items are available to satisfy the appetites of hungry skiers.

The ski and snowboarding trip to Huff Hills Ski Area includes transportation, lift tickets, and rentals. Cost is only \$15/person - limited number of spots available. The trip is part of the Recharge for Resiliency program. To make your reservations visit Outdoor Recreation or contact Outdoor Rec at 723-3648 for more information.

## Free Admission For Club Members To UFC Fight Night

Club members receive FREE admission to the UFC 218 pay-per-view event at Rockers Bar & Grill on Saturday, December 2. Non-members price is only \$7.

The action features the UFC Featherweight championship bout between current champion Max Holloway and former WEC Featherweight champion José Aldo. Other main event action will feature a UFC Heavyweight fight between gargantuan Frenchman Francis Ngannou and #1 ranked Alistair Overeem from England. A UFC Flyweight battle will see 2008 Olympic gold medalist in freestyle wrestling Henry Cejudo taking on Sergio Pettis while a heated UFC Lightweight bout is expected when #4 ranked Eddie Alvarez takes on #5 ranked Justin Gaethje. The main card also features a strawweight showdown between Tecia "The Tiny Tornado" Torres and Michelle "The



Karate Hottie" Waterson.

Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. This is an adults only event - no children. For more details, call 727-ROCK.

## Entry Deadline For Air Force Art Contest Is November 30



Submission deadline for this year's Air Force Art Contest is quickly approaching with entries accepted through November 30. This contest is designed to feature, highlight, and celebrate art created by Air Force members and their families. Artists can submit up to two photographs of their two-dimensional (2D) painting or drawing on any subject. The art is accepted in oil, watercolor, acrylic, pastel, mixed media, gouache, egg tempera, pen and ink; drawing media such as graphite, charcoal, colored pencils, scratch board, markers, and metal point. Artists may enter up to two images of artwork.

There are two categories: Adult and Youth. The adult category has 2 divisions: Novice and Accomplished Adults. Adults must be 18 years of age or older. The youth category has three age divisions: teens 13-17 years of age, pre-teens 9-12 years of age, and children 6-8 years of age.

Prizes will be awarded to the top three (3) winners in each category. Participants must upload photos of their art at [MyAirForceLife.com/arts](http://MyAirForceLife.com/arts). For more details, call the Arts & Crafts Center at 723-3640.

For 5th Force Support Job Opportunities, visit [www.nafjobs.org](http://www.nafjobs.org) or call NAF Human Resources at 723-2812



**CLUB MEMBER DRAWING ON FRIDAY, DECEMBER 1 WILL BE FOR \$600.**

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club membership drawing will be held on Friday, December 1 at Rockers Bar & Grill only (Doolittle Center will be hosting the Team Minot Holiday Social). Drawing time varies each week between 5:30-6:30 p.m.

**WEEKLY 9 PIN NO TAP TOURNAMENT - SATURDAYS (except Nov. 25) Registration 4:30 p.m. - Tournament 5 p.m. - Rough Rider Lanes**  
 Cost is \$15 per person. A minimum 15 bowler participation is required to run the tournament. Each bowler will bowl 3 games. Nine pins on first ball counts as a strike. Payout will depend on the number of entries. Must be 17 years of age or older to bowl in this event. Call 727-4715 for more details.



**FAMILY and YOUTH EVENTS & PROGRAMS**

**Dec 4 Family Child Care Pre-Orientation**  
 Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on December 4 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more information, call the Family Child Care office at 723-6662.

**Dec 7 Hour Of Code**  
 The Base Library invites everyone from ages 4 to 104 to participate in their Hour Of Code event on Thursday, December 7 at 6 p.m. The Hour Of Code is a nationwide initiative by Computer Science Education Week and Code.org to introduce millions of students to one hour of computer science and computer programming. During this FREE event, participants will play online/off-line games that offer a fun way to learn or improve coding skills for various levels. No coding experience is necessary. For more information, call 723-3344.

**Dec 8 Youth Center Masquerade Ball**  
 The Youth Center will be hosting a Masquerade Ball for youth age 9 and older on Friday, December 8 from 7-9 p.m. Come out in your best dressed attire and dance the night away. Cost is FREE for Youth Center members and \$10 for non-members. Prior to the Masquerade Ball, the Youth Center is holding mask creating all week from 4-5:30 p.m. For more details, call the Youth Center at 723-2838.

**Dec 9 A Victorian Christmas Carol**  
 Children of all ages are invited to A Victorian Christmas Carol at the Base Library on Saturday, December 9 at 1 p.m. Explore a Victorian Christmas with stories, classic crafts, and authentic activities. For more information, call 723-3344.

**Family Fun Night**  
 Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Rider Indoor Playland. For additional information, please contact Rough Riders Pizza at 727-4377.

**Dec 2 Power Lifting Competition**  
 Are you the strongest at Minot AFB? The Fitness Center is hosting a Power Lifting Competition on Saturday, December 2 at 2 p.m. This FREE event is open to DoD ID card holders 16 years of age and older. Registration deadline is November 27. For additional information, call the Fitness Center at 723-2145.

**Dec 4 Federal Résumé Workshop**  
 Get a jump start on your Federal Job search with this interactive workshop. The Airman & Family Readiness Center is hosting the Federal Résumé Workshop on Monday, December 4 from 10-11:30 a.m. The workshop will help you create an account in the USAJOBS website, search for jobs, create a résumé and more! Open to all AD, retirees, AAFES/NAF, DoD civilians, and eligible family members. Seating is limited - call the Airman & Family Readiness Center at 723-3950 to sign up today.

**Dec 6 Brown Bag Book Talks**  
 The Base Library invites you to Brown Bag Book Talks on Wednesday, December 6 at noon. No required reading; no scripted discussion questions. Come to the library to share what you are currently reading or listen to others doing so. Bring a brown bag lunch if desired. For additional information, please contact the Base Library at 723-3344.

**Dec 9 Best Four Game Tournament**  
 Strike up some fun during the Best Four Game Tournament at Rough Rider Lanes on Saturday, December 9 from 4-9 p.m. Bowl six games (one game will be 9 Pin No Tap) with your best four games going towards the high series. Payout will be one in four/five depending on participation. Cost is \$50 per person with \$25 going into the prize fund. Participants must be 18 years of age or older. A minimum of 20 bowlers needed to conduct event. For more details, call Rough Rider Lanes at 727-4715. Lights and Strikes Bowling will run after the tournament.

**YOUNG AIRMEN EVENTS & PROGRAMS**

**Dec 1 Friday Night Karaoke**  
 Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on December 1 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

**Dec 18-21 Off-Base Budget Classes**  
 Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on December 18, 19, 20, & 21 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! Four classes to choose from this month. Call the Airman & Family Readiness Center at 723-3950 for additional information.

**Dec 11 Jingle Run 2 Miler**  
 The Fitness Center is holding the Jingle Run 2 Miler on Monday, December 11. This indoor 2-mile run event will be broken up into different heats throughout the day from 7 a.m. to 2 p.m. in an attempt to accommodate participants busy schedules. The run is open to all DoD ID card holders 16 years of age and older. Sign-up at the Fitness Center or call 723-2145 for more information.

**Dec 16 Ho Ho Ho Holiday Sampler**  
 Looking for some fun and exercise? The Fitness Center is hosting the Ho Ho Ho Holiday Sampler event on Saturday, December 16 from 9-11 a.m. This sampler is a combination of strength and cardio classes taught by a variety of instructors. For additional information, contact the Fitness Center at 723-2145.

**Ski and Snowboard Rental**  
 Outdoor Recreation offers downhill and cross country ski rentals with daily, Saturday, weekend, and weekly rates. They also offer snowboard package rentals. For more information, call Outdoor Recreation at 723-3648.

# IMA brings religious diversity to Air Force chaplain team

SENIOR MASTER SGT. TIMM HUFFMAN  
HEADQUARTERS INDIVIDUAL RESERVIST READINESS AND INTEGRATION ORGANIZATION

**B**UCKLEY AIR FORCE BASE, Colo. (AFNS) – Reserve 1st Lt. Brett Campbell became one of the Air Force’s newest chaplains when he graduated chaplain school in September 2017.

Campbell, an Individual Mobilization Augmentee at the 460th Space Wing chapel at Buckley Air Force Base, Colorado, is the first, and only, Buddhist chaplain in the Air Force.

He said his life’s goal is to help other people, which led him to military service.

The Iowa native, who was raised Catholic, discovered meditation and was introduced to Buddhism while at Iowa State University. He was attracted to the religion because it was more of a life philosophy and he was frustrated with the mainstream church culture and system that he said was so susceptible to corruption. After graduation, Campbell joined the Peace Corps and served in Mongolia where he began identifying as a Tibetan Buddhist.

Buddhism, Campbell explained, is about learning how our minds control how we relate to the world we live in, and then training our minds to do things that enable us to live more peaceful, relaxed lives.

“There is a spiritual aspect,” he added, “but I describe it in those terms because it’s easier for people to understand.”

After returning to the U.S., he began graduate school at Naropa University in Boulder, Colorado, and continued to pursue his new faith. He earned his masters of divinity in 2013 and was also ordained as a Buddhist upasaka, translated devoted layman, by renowned Buddhist teacher Dzogchen Ponlop Rinpoche.

Campbell wanted to serve as a chaplain, especially in the military. He began pursuing both the Navy and Air Force chaplain programs and filled the intervening years by serving in religious and teaching roles at several different hospitals, including the Denver Veterans Affairs hospital, where he taught meditation and loving-kindness classes on the post-traumatic stress disorder ward with fellow Buddhist Steve Burden.

“I was really impressed with Brett,” said Burden. “He has empathy, compassion and an ability to reach out to the younger guys.”

During this time, Campbell applied and was accepted into the Air Force Reserve chaplain candidate program.

According to Lt. Col. Amy Hunt, the Air Force Reserve chaplain recruiter, the Air Force Chaplain Candidate Program is an

opportunity for seminary and other professional religious school students to evaluate their compatibility and potential for commissioning as Air Force chaplains. The focus is on experiencing ministry in the Air Force during summer training internships. Chaplain candidates draw on their background, education and experience to function as part of a chapel team. Upon entering the program, the candidate commissions a chaplain candidate, second lieutenant and upon graduation and ecclesiastical endorsement, the chaplain candidates may be eligible for reappointment as an Air Force chaplain.

After completing his requirements and graduating from Commissioned Officer Training in April 2017, Campbell began his ministry to the Airmen at Buckley AFB, serving on active-duty orders through the summer, prior to attending his formal chaplain training. In addition to leading a small Buddhist gathering each Thursday, Campbell counseled Airmen who came into the chapel, taught secular meditation and mindfulness classes and would offer his own, unique style of invocations when called upon to support functions.

With no model for a Buddhist invocation, Campbell said he had

to work through what these public “prayers” would look like. They have evolved over the past six months, but he said he uses them to provide Airmen with a moment of self-reflection. In one recent invocation, he encouraged Airmen to reflect on the benefits of their work relationships and how each individual could do their part to strengthen those bonds.

Chaplain (Lt. Col.) Robert Ward, 460th Space Wing chaplain, said Campbell came to the unit already possessing a strong, well-rounded skill set and carries a calmness with him that settles on those around him.

“Chaplain Campbell has a knack,” said Ward. “People gravitate towards him and he has a very unique way of being present and available (to others).”

Ward said that Campbell is a valuable asset in the mission to support the base’s 19,000 employees. Chaplains aren’t just focused on their religion, said Ward, a large part of their role is to be present as a resource to help when people need guidance, advice or counseling.

Campbell said counseling is a topic he enjoyed learning more about during his chaplain training at Maxwell AFB, Alabama. It was something he’d touched on in school and elsewhere, but the training he received through the Air Force was much more in-depth and was something that, just from his first summer on duty, he knew he’d use frequently in the military.

While the Buddhist chaplain brings diversity to the chaplaincy at Buckley AFB, Ward said the reservist also brings manpower flexibility. Campbell came at a time when the

office was short two chaplains, said Ward. The ability to bring Campbell on active duty orders allowed the chapel staff to better support Buckley AFB Airmen during that shortfall.

As an IMA, Campbell has a minimum commitment of 24 days each year, which Campbell is working to complete this fall. With the 460th Space Wing chaplain staff back at full staff, Campbell, like all reservists, will return to his civilian life for a while after that commitment is finished. However, while he’s not required to, the new chaplain has committed to returning to Buckley AFB on a weekly basis to mind his small but growing Buddhist flock.

Ward said he was concerned there might be pushback to hiring a chaplain who wasn’t from a major faith group, but that those fears were unnecessary.

“Since he’s been here, that hasn’t happened one bit,” Ward said. “People in the military get it; he has a place at the table, he has a skillset, he can do his job.”

IMAs are Air Force Reservists assigned to augment active component and government organizations, including Air Force units, major commands and combatant commands. They are part of the Individual Reserve, which is managed by the Headquarters Individual Reservist Readiness and Integration Organization, located at Buckley AFB. The IR also includes reservists in the Participating Individual Ready Reserve, who typically augment the Civil Air Patrol and the U.S Air Force Academy, participating for points towards retirement only.

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**TODAY**

- For a complete listing of 5 FSS Facilities Thanksgiving Holiday Weekend hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Craft Club, 1030, Base Library, held at the Education Center temporary location

**SATURDAY**

- For a complete listing of 5 FSS Facilities Thanksgiving Holiday Weekend hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Tactical Strength, 0900, Fitness Center
- Weight Lifting 101, 1000, Fitness Center
- Yoga, 1000, Fitness Center

**SUNDAY**

- For a complete listing of 5 FSS Facilities Thanksgiving Holiday Weekend hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Zumba, 1400, Fitness Center

**MONDAY**

- Last day to register for the Power Lifting Competition at McAdoo Fitness
- Tactical Fitness, 0630, Fitness Center
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Cycle, 1200, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Newbery Book Club, 1530, Base Library, held at the Education Center temporary location
- Special Dinner Service - Limited Menu, 1730-2100, Jimmy Doolittle Center
- Urban Boot Camp, 1830, Fitness Center

**TUESDAY**

- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Game Day, 1000-1930, Base Library
- Fit to Fight, 1100, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Special Dinner Service - Limited Menu, 1730-2100, Jimmy Doolittle Center
- Cycle, 1930, Fitness Center

**WEDNESDAY**

- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Parent & Tot Fit Kids, 0900, Fitness Center
- Club Member Benefit, Every Wed, 0900-1400, Bowling Center
- Story Time, Every Wed, 1030, Base Library
- Pre-Deployment Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600, Youth Center
- Wednesday Night Fun Open Bowling, 1700-2100, Bowling Center
- Ground Zero Lounge Open, 1700-2100, Jimmy Doolittle Center
- Special Dinner Service - Limited Menu, 1730-2100, Jimmy Doolittle Center
- Squadron Extramural League, 1730, Bowling Center
- Zumba, 1730, Fitness Center
- Yoga, 1830, Fitness Center

**THURSDAY**

- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Yoga, 1000, Fitness Center
- Weight Lifting 101, 1100, Fitness Center
- Special Lunch Service available – Italian Buffet, 1100-1300, Jimmy Doolittle Center
- Reintegration Briefing, 1300-1400, Dakota Inn Dining Facility
- Fitness Hour, 1600-1700, Youth Center
- Weight Lifting 101, 1730, Fitness Center
- Special Dinner Service – Limited Menu, 1730-2100, Jimmy Doolittle Center
- Mixed Couples League, 1830, Bowling Center
- Have a Ball Bowling League - Sports Theme, 1830, Bowling Center

**UPOMING EVENTS - DECEMBER 1**

- Last Day to Register for Huff Hills Ski Trip at Outdoor Rec
- Winter Reading Program Starts at the Base Library
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Give Parents A Break, 1800-2200, CDC & School Age Program
- Team Minot Holiday Social Kid's Night Out,

- 1800-2200, Youth Center
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

**UPOMING EVENTS - DECEMBER 2**

- Youth Bowling League, 1000, Bowling Center
- Power Lifting Competition, 1400, Fitness Center
- Weekly Fun 9 Pin No Tap Tournament, 1630, Bowling Center
- UFC Fight Night – UFC 218: Holloway vs. Aldo 2, prelims 1900 and main card 2100, Rockers Bar & Grill
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

**ONGOING EVENTS**

- Rough Riders Monthly Pizza Special November Special –Spicy Pacific Rim Sriracha Pizza. Featuring Sriracha sauce, coconut cream, mozzarella, sausage, ham, bacon, pineapple, & peppers. If you love flavor explosions, this is the pizza for you! December Special –Macaroni & Cheese Pizza. Our delicious macaroni & cheese pizza is back!! Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Try it on a Panino! \$8.25 meal – includes side & drink
  - B-Fifty Brew Drink Special. November Special – Pumpkin Spice Chai Latte. Our classic Chai Latte with our seasonal fall flavor Pumpkin Spice. December Special – Eggnog Fog A Holiday drink comprised of Earl Grey tea, vanilla syrup, and our seasonal milk choice, Eggnog. Tall \$4.50 Grande \$5.00 Venti \$5.50
  - Auto Hobby Specials. November 16-30: Tire Balancing – Regular Price \$6.50 per tire – SPECIAL PRICE \$4.50 per tire; Please ask for the special. December 1-10: \$3 off Strut Swap – Bring in old struts & Auto Hobby will remove spring from strut & install new strut on spring– regular price \$15 per strut– SPECIAL PRICE \$12 per strut; Please ask for the special. December 12-20: \$1 off Stall Fees– Regular Flat Stall Price \$3/hour– SPECIAL PRICE \$2/hour Regular Lift Stall Price \$6/hour– SPECIAL PRICE \$5/hour; Please ask for the special. December 21-31: \$1 off Tire Balancing – Regular Price \$6.50 per tire – SPECIAL PRICE \$5.50 per tire; Please ask for the special
  - Winter Reading Program : 1 Dec, 2017 thru 1 Mar, 2018. Sign up for the Library's Winter Reading Program and stay warm with some good books! Registration open from 1 Dec, 2017 until 15 Feb, 2018. Adults and teens who read an log CSAF Reading list titles or books read for fun will receive prizes & chances to win bigger prizes! For more information or to sign up, visit [tinyurl.com/MinotLibrary](http://tinyurl.com/MinotLibrary)
  - Winter Reading Program Squadron Contests: 1 Dec, 2017 thru 1 Mar, 2018
- Registration is open from 1 Dec, 2017 until 15 Feb, 2018. The squadron whose active duty members read the most CSAF Reading List books and log them for the Base Library's Winter Reading Program will receive a certificate & bragging rights! For more information or to sign up, visit [tinyurl.com/MinotLibrary](http://tinyurl.com/MinotLibrary)

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY**

is now registering for the Fall 2017 term (6 Dec-13 Feb). To sign up for courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to [minot@erau.edu](mailto:minot@erau.edu). If you have any questions, please call 701-727-9007.

**CHRISTMAS TREE LIGHTING 11/24/2017 6:00 PM - 6:30 AM**

Downtown Minot Main St. and Central Ave. Join the Downtown Merchants for the annual lighting of the Christmas tree. Join us for an evening of Holiday cheer!

**A CHRISTMAS CAROL 11/24/2017 - 11/25/2017 7:30 PM - 9:30 PM**

115 1st St SE Mouse River Players Community Theatre. A Christmas Carol tells the story of Ebenezer Scrooge as he discovers the true meaning of Christmas. Dramatized by Kevin Neuharth.

**DOWNTOWN WALK MINOT 11/25/2017 9:30 AM - 11:00 AM**

Downtown Minot, gathering place: the hallway

outside Gourmet Chef. Walk festive Downtown Minot and hear the histories of various downtown businesses. Receive special coupons for the Walk Minot participants plus a special gift from Minot Area Team Wellness. Families are welcome and the walk is free. The walk is approximately 30-45 minutes long, Dress for the weather. Updates can be found on the Walk Minot facebook page.

**FREE ICE SKATING 11/25/2017 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**MAIN STREET BOOKS UPCOMING EVENTS**

Tuesday at 10:30 am Nov. 7, Nov. 14, Nov 21 and Nov. 28 and Thursday at 10:30 am Nov. 9, Nov. 16, and Nov. 30 Story Time with Miss Danielle. Miss Danielle loves finger plays and nursery rhymes, songs and engaging your littlest one (or two) in the magic of story. More info at [mainstreetbooksminot.com](http://mainstreetbooksminot.com) Friday Nov. 10, 2017 5-7 pm Kombucha tasting and information from 5-7 pm. Discover why kombucha is one of the fastest growing health drinks in the country, how it is made and other exciting facts about this fizzy probiotic tea. More info at [mainstreetbooksminot.com](http://mainstreetbooksminot.com) Saturday Nov. 11 2017 11 am Storytime and face painting with Super Duper Fun Time Entertainment's Wonder Woman and Super Girl. Wear your capes or come capeless. There will also be a Super Duper Kids activity. More info at [mainstreetbooksminot.com](http://mainstreetbooksminot.com) Saturday Nov. 18, 2017 11 am "The Perfect Thanksgiving" story time and activity. Bring your little gobblers down to hear Cassie read "The Perfect Thanksgiving" by Eileen Spinelli, "Otis gives Thanks," by Loren Long and "The Night Before Thanksgiving" by Natasha Wing. After the story we will be making our own little gobblers and gobbling down a cookie. More info at [mainstreetbooksminot.com](http://mainstreetbooksminot.com) Saturday Nov. 25, 2017 10 am- 5pm Small Business Saturday's 2nd annual Bookseller Competition with local educators. Help them compete for \$250 worth of books for your children's school or library. More info and to find out what time your favorite librarian is appearing go to [mainstreetbooksminot.com](http://mainstreetbooksminot.com) Sunday Nov. 26, 2017 1:00 pm Free Workshop with Molly Beck, author of "Reach Out: The Simple Strategy You Need to Expand Your Network and Increase Your Influence." The book features personal stories on networking from some of today's top thought leaders. Studies, statistics, and real world examples illustrate the key concepts of Reaching Out. A book signing will follow the workshop and refreshments will be served. More info at [mainstreetbooksminot.com](http://mainstreetbooksminot.com) Saturday Dec 2, 2017 11 am Don't be a Grinch—join Main Street Books for a special "How the Grinch Stole Christmas" story time and activity. There will be refreshments, a great grinchy activity and you can even get your picture taken with Santa Claus (for free, of course) from noon-2pm.

**THE MINOT CHAMBER CHORALE INVITES YOU TO A RENAISSANCE CHRISTMAS FEAST**

November 30, December 1 & 2, 2017 6:00 p.m. Social, 7:00 p.m. Dinner Holiday Inn Riverside \$49 adult, \$20 children under 12 Evening includes a three-course dinner, wassail and entertainment Group rate: \$5 discount per person for groups of 14 or more! Military discount: \$5 discount with ID all Performances. The merriment and pageantry of our 45th annual celebration makes this the kick-off event of the holiday season. Step into the Castle Hall as a royal court of richly costumed singers, dancers and jesters revel amid the board's head, wassail bowl and plum pudding. Don't forget to shop our unique silent auction! Reservations Required. Call (701) 441-3094, or Purchase Tickets Online [www.minotchamberchorale.org](http://www.minotchamberchorale.org)

**HOLIDAY CRAFT SHOW**

Saturday, 9 Dec, 9:00 a.m. - 4:00 p.m. Parker Senior Center, 21 1st Ave SE, Downtown Minot. Many crafters jointly displaying unique handmade crafts and baked goods. One check covers all you purchases, so no need to remember booth location, we now also are taking credit/debit cards. FREE ADMISSION.

# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520 <b>Mass Schedule</b> Saturday ..... 5:30 pm Sunday .... 8:30 &amp; 11:00 am  Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b>  <b>109 6th St. SE Minot • 838-3094</b>  Sunday Liturgy ..... 10 a.m. Saturday Vespers.... 6 p.m.  The Very Reverend Father Anastassy</p>	<p> <b>Harvest Reformed Church</b>  We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship. Now meeting at 1505 N Broadway, Grand International, Norse Room <b>Sunday Service 10:30 a.m. 838-0605</b> www.harvestreformedchurch.org</p>	<p> <b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School &amp; Fellowship ..... 9:00 a.m. Worship ..... 10:45 a.m. www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am  <b>1720 4th Ave NW, Minot 838-0916</b> MinotBibleFellowship.org</p>
<p> <b>Faith United Methodist Church</b>  5900 Highway 83 N, Minot www.faithumcminot.com <b>Pastor Tom Sumers 701-838-1540</b>  Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p><b>Minot Baptist Church</b>  Sending the Glorious Light of Jesus Christ to a Dark and Needy World  Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>Cornerstone Presbyterian Church</b>  1000 NE 3rd Street <b>852-0315</b> <b>Sunday Schedule</b> Contemporary Worship ..... 9:00am Sunday School (All Ages) ..... 10:00am Traditional Worship ..... 11:00am  <b>Wednesday Evening Schedule</b> Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm <b>All are Welcome!</b> www.ecominot.org</p>	<p><b>Congregational UCC</b> 430 N. Broadway • 839-1064  Sunday Worship ..... 11am Sunday School ..... 11am Tuesday Bible Study ..... 12pm Saturday Noah's Breakfast ..9:30am  Please join us, all are welcome here!  <b>UNITED CHURCH OF CHRIST</b></p>	<p> <b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i>  Sunday Worship. .... 8:30 &amp; 11:00 am Adult Bible Study, Adult Choir, Youth Sunday School ..... 9:45 am <b>2209 4th Avenue NW Minot, ND 839-4663</b> <b>Carllyle Roth, Pastor</b> www.stmarksminot.com Call or check out our website for more information.</p>
<p><b>To Advertise your Church in this space.</b>  <b>Call 839-0946</b>  Only \$7.00 per week</p>	<p><b>Apostolic Faith Church, UPCI</b>  2929 19th Ave NW • Minot Located off Hwy 83 Bypass West <b>(701)838-0609</b>  Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.  <b>Jesse Starr, Pastor</b></p>	<p><b>St. John the Apostle Catholic Church</b>  2600 West Central Ave • Minot, ND 58701 <b>839-7076</b> Daily Mass Schedule: Tuesday ..... 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> <b>First Lutheran Church - ELCA</b> 120 - 5th Ave. NW 852-4853  Saturday Worship ..... 5:30 pm Sunday Worship .. 8:30 am and 11:00 am Wednesday Supper ..... 5:15 pm Wednesday Education ..... 6:00 pm Wednesday Worship ..... 7:00 pm  Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Brandy Gerjets www.flcminot.com</p>	<p><b>To Advertise your Church in this space.</b>  <b>Call 839-0946</b>  Only \$7.00 per week</p>
<p><b>Bethany Lutheran</b> 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA  Sunday Worship .... 8:30 am &amp; 10:30 am Sunday Fellowship ..... 9:30 am Wednesday Worship ..... 6:45 pm Church School Wednesday ..... 5:45 pm  Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv <b>Pastor Janet Hernes Mathistad</b> <b>Pastor Gerald Roise</b></p>	<p><b>First Baptist Church</b>  200 3rd St. SW • 852-4533 www.fbcminot.org  Classic Worship Service ..... 8:30 a.m. Adult Sunday School ..... 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church ..... 9:50 a.m. Sunday School (All Ages) ..... 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) ..... 6:30 p.m. <b>Rev. Kent Hinkel, Senior Pastor</b> <b>Rev. Barry Seifert, Associate Pastor</b> <b>Pastor Sam Kautzmann, Student Ministries</b> <b>Elaine Carlson, Children's Ministry Director</b></p>	<p> <b>Calvary Alliance Church</b> 715 20th Avenue NW Minot, ND 58703 <b>www.calvaryofminot.com</b> <b>701-852-0670</b>  Sunday School ..... 9:00 am Sunday Worship Service ..... 10:00 am Wednesday Prayer ..... 6:30 pm Wednesday Youth Group (grade 7-12) ..... 6:30 pm</p>	<p> <b>West Minot Church of God</b> <i>Family Worship Center</i> <b>1105 16th St. NW • 839-1407</b>  Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30 p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352 <b>westminot.com</b> <b>facebook.com/westminot</b></p>	<p> <b>OUR REDEEMER'S CHURCH</b> <i>A Church of the Lutheran Brethren</i>  <b>Thursdays:</b> Worship ..... 6:30 p.m. <b>Sundays:</b> Worship ..... 8:30 a.m. &amp; 10:45 a.m. <b>700 16th Ave SE • 701-838-0750</b>  For more information visit us on the web at: <b>www.ourredeemers.org</b></p>
<p> <b>BREAD OF LIFE ELCA LUTHERAN CHURCH</b> <b>1415 17th AVE SW 838-3360</b>  Saturday Worship ..... 5:00 pm Sunday Worship .... 8:30 &amp; 11:00 am Sunday Education ..... 9:45 am  <b>Pastor Taryn Montgomery</b>  <i>Everyone Welcome</i>  <b>Breadoflifeminot.com</b></p>	<p> <b>Immanuel Baptist Church</b> 1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School ..... 9:15 a.m. Worship ..... 10:30 a.m. Wednesdays: Soup Kitchen .... 11:30 a.m. - 12:30 p.m. Family Supper ..... 5:45 p.m. Classes for all ages ..... 6:30 p.m. Adult Choir (as scheduled) ..... 8:00 p.m.  <b>Brian T. Skar, Pastor</b> www.ibcminot.org</p>	<p> <b>Cross Roads Baptist</b>  Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.  <b>www.minotcrbc.org</b> <b>email: crbc@srt.com</b> <b>415 28th Ave SE (Behind Menards) 838-1873</b></p>	<p><b>First Assembly of God</b> <b>1805 2nd St. SE 838-1111</b>  Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Evening Worship ..... 6:30 p.m. Wednesday Family Night ..... 7 p.m.</p>	<p><b>To Advertise your Church in this space.</b>  <b>Call 839-0946</b>  Only \$7.00 per week</p>
<p><b>GRACE FELLOWSHIP CHURCH</b> Independent - affiliated with IMF  <b>8300 29th Ave NW Burlington, ND 58722</b> (South side of Highway 2) <b>701-839-6319</b>  Sunday School ..... 9:00 am Meet and Greet ..... 10:00 am Sunday Worship ..... 10:30 am  Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p> <b>Gospel Tabernacle Community Church</b>  9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson  Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday  Sunday School ..... 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour ..... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) ..... 7 P.m.</p>	<p> <b>ZION Lutheran ELCA</b> <b>1800 Hiawatha St. 852-1872</b>  Worship Times Saturday ..... 5:00 pm Sunday ..... 8:30 am &amp; 11:00 am Wednesday ..... 6:15 pm  <b>John Streccius, Pastor</b> <b>Carol Wendel, Pastor</b></p>	<p><b>ADVERTISE YOUR Church</b></p> <p><b>Advertise FOR ONLY \$7 PER WEEK</b></p> <p><b>Revisions MADE UPON NOTICE FROM THE CHURCH</b></p> <p><b>Deadline TUESDAYS BY NOON WEEK OF PUBLICATION</b></p> <p><b>VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM</b></p> <p><b>CONTACT TONYA</b> call 701-839-0946 email NSADS@SRT.COM fax 701-839-1867</p>	
<p><b>To Advertise your Church in this space.</b>  <b>Call 839-0946</b>  Only \$7.00 per week</p>	<p><b>Vincent United Methodist Church</b>  <b>1024 2nd St. SE • 838-4425</b> <i>Behind Town &amp; Country Shopping Center</i> <b>open hearts...open minds...open doors!</b> Saturday Informal Worship .. 5:00 p.m. Sunday School ..... 9:00 a.m. Sunday Worship Service .... 10:00 a.m. Fellowship ..... 11:00 a.m. <b>Pastor Mary Johnson</b> www.vincentumc.com</p>			

# CLASSIFIEDS

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### Dakota Gasification Company - Beulah, ND

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## ANSWERS

### SUDOKU ANSWERS

1	6	8	2	3	4	5	7	9
4	3	7	8	5	9	2	6	1
9	2	5	6	1	7	4	3	8
2	5	3	1	7	8	6	9	4
7	8	1	9	4	6	3	5	2
6	4	9	5	2	3	8	1	7
3	9	4	7	6	2	1	8	5
5	7	2	3	8	1	9	4	6
8	1	6	4	9	5	7	2	3

Answers to puzzle from page 6

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 <b>\$249,900</b> A MUST SEE! Nicely updated 5 bedroom, 3 bath multi-level home. Family room on main, 3 upper level bedrooms, basement has a 2nd family room, bedroom and bath. Double garage. <b>MLS #172141</b>	 <b>\$115,000</b> JUST LISTED! Cozy 2 bedroom home at an affordable price. New carpet and linoleum in living room and dining area. Recently updated bathroom. Lower level laundry with washer/dryer included. Large fenced yard. <b>MLS #172602</b>	 <b>\$194,900</b> MOVE IN READY - 3 bedroom, 1 1/4 bath home. Custom oak cabinets, island, and pantry. Deck off dining room. Lower level family room, 1/4 bath, laundry and storage room. Attached garage. <b>MLS #172037</b>
 <b>\$249,900</b> FAMILY LIVING - Spacious 5 bedroom, 1 1/2 story home that has been totally refinished. Large kitchen. 12x26 deck off dining room. Main level has 1 bedroom, upper level has 2 bedrooms and the master and another bedroom are in the basement. Triple garage. <b>MLS #172226</b>	 <b>\$148,000</b> GREAT STARTER - Move in ready 3 bedroom home in NW area. Updated kitchen and bathroom. Original hardwood in bedrooms that has been restored. Egress bedroom in basement. Detached garage. <b>MLS #170529</b>	 <b>\$107,000</b> CONVENIENT LOCATION - 2 bedroom, 2 story condo in central location. Located close to shopping, park and walking trail. Eat-in kitchen. Main floor laundry. Upper level bedrooms and bath. Carport parking for 2 cars. <b>MLS #171909</b>
 <b>Ali Ryan</b> 720-9004 amryan66@yahoo.com	FROM YOUR COMPUTER, TABLET OR SMARTPHONE FIND YOUR <b>MINOT HOMES</b> APP AT 	 <b>Blake Krabseth</b> 720-1786 blake@minothomes.com

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 <b>07 Chevy Trailblazer LS</b> Very Nice SUV with only 112K. <b>\$7,995</b>	 <b>07 Honda Accord SE</b> Super low mileage with remote start <b>\$8,995</b>	See the rest of our inventory at <a href="http://www.Karz4-U.com">www.Karz4-U.com</a>

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Paper Locations

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- Northern Sentry Office | 315 South Main Street, Ste 202
- Simonsons Station Store | 1312 S. Broadway
- M&H Gas Station | 25 Burdick Expressway E
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Vegas Motel | 2315 N Broadway
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- Holiday Stationstores | 3301 S Broadway
- YMCA | 3515 16th St SW
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North
- Rebel 1 Stop | 2625 N Broadway
- Main Marketplace | 1930 S Broadway St
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Holiday Gas Station | 3301 S Broadway
- Sonic Drive-In | 1601 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Country Inn & Suites | 1900 22nd Ave SW
- Scissors Edge | 1609 S Broadway St
- Watne | 408 N Broadway
- 1st Minot Management | 217 Main St S
- Magic City Hoagies | 1515 24th Ave SW

- |                    |                  |                       |
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 <b>\$264,900</b> Large home located in quiet cul-de-sac on Bel-Air Drive! With over 3300 sq ft., this home has plenty of space and lots of storage room! The main floor not only features a large kitchen with lots of built in pantry cabinets, it has a dining area with gas fireplace and door access to covered deck. Call Tamie Dunn at 720-1723. #172577 <b>\$137,500</b>	 <b>\$299,500</b> Scenic Beauty accents this deluxe, 2 bed, 2 bath, Townhome in Arbor View. Maple wood, soft tone colors, brushed stainless appliances, gas fireplace and deck make this floor plan a favorite! The walk-out lower level can be designed as you wish or used for storage. Call Lorell Seibold at 721-4996. #172404 <b>\$113,900</b>	 <b>\$299,000</b> You must see this one of a kind home with so much character in a beautiful private cul-de-sac. 5 bedrooms (2 non-egress) with 3 on the main level including a nice size master bedroom with bathroom and walk-in closet. Large beautiful formal dining room, large amazing sunken living room with 3 large windows and gas fireplace. Call Lori Henderson at 721-0158. #171573 <b>\$309,995</b>
 Nice (outside unit) condo in the Woodside Addition. Condo features stainless steel appliances, high definition countertops, single garage, large bedrooms, and large living/dining room. Condo has outside sprinkler system. Call Jerry Thomas at 833-7578. #171313 <b>\$225,000</b>	 Looking for a home with minimal stairs? We have the perfect one! Everything is on the main floor. This condo offers a secured entrance that opens to a grand entryway. There is also an attached garage that enters into the kitchen. The kitchen is spacious with plenty of storage and counter space. Call Micky Venable at 240-5257. #171226 <b>\$199,000</b>	 Silver Springs new construction 1800sf home, with 3 bedrooms / 2 1/2 bathrooms / 3 car garage / main floor laundry located on a corner lot with a walk out basement. Master bedroom suite includes a walk-in closet and a dual sink bathroom. Call Clyde Thorne at 240-8594. #170782 <b>\$109,900</b>
 Here is your totally rebuilt 2 story home in prestigious Eastwood Park for an affordable price! 3 large bedrooms with ceiling fans & great closet space. Durable, easy to clean Dura Ceramic flooring with wood plank design make an excellent choice to place on the main floor and upper level. Call Aisha Vadel at 240-3780. #170605	 Nicely remodeled home with large two stall heated garage. Laminate flooring flows through the living room and dining area as well as the two bedrooms on the main floor. Master bedroom is large with two closets. Also on the main floor is a full bath and roomy kitchen with lots of counter space. Call Tamie Dunn at 721-1723. #172023	 "Budget Smart" & cheery describes this inexpensive & remodeled 3 bedroom, single bath home. New windows & paint. Walk thru kitchen. Large laundry. single garage with new roof. Not in the flood plain. Call Lorell Seibold at 721-4996. #170258

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