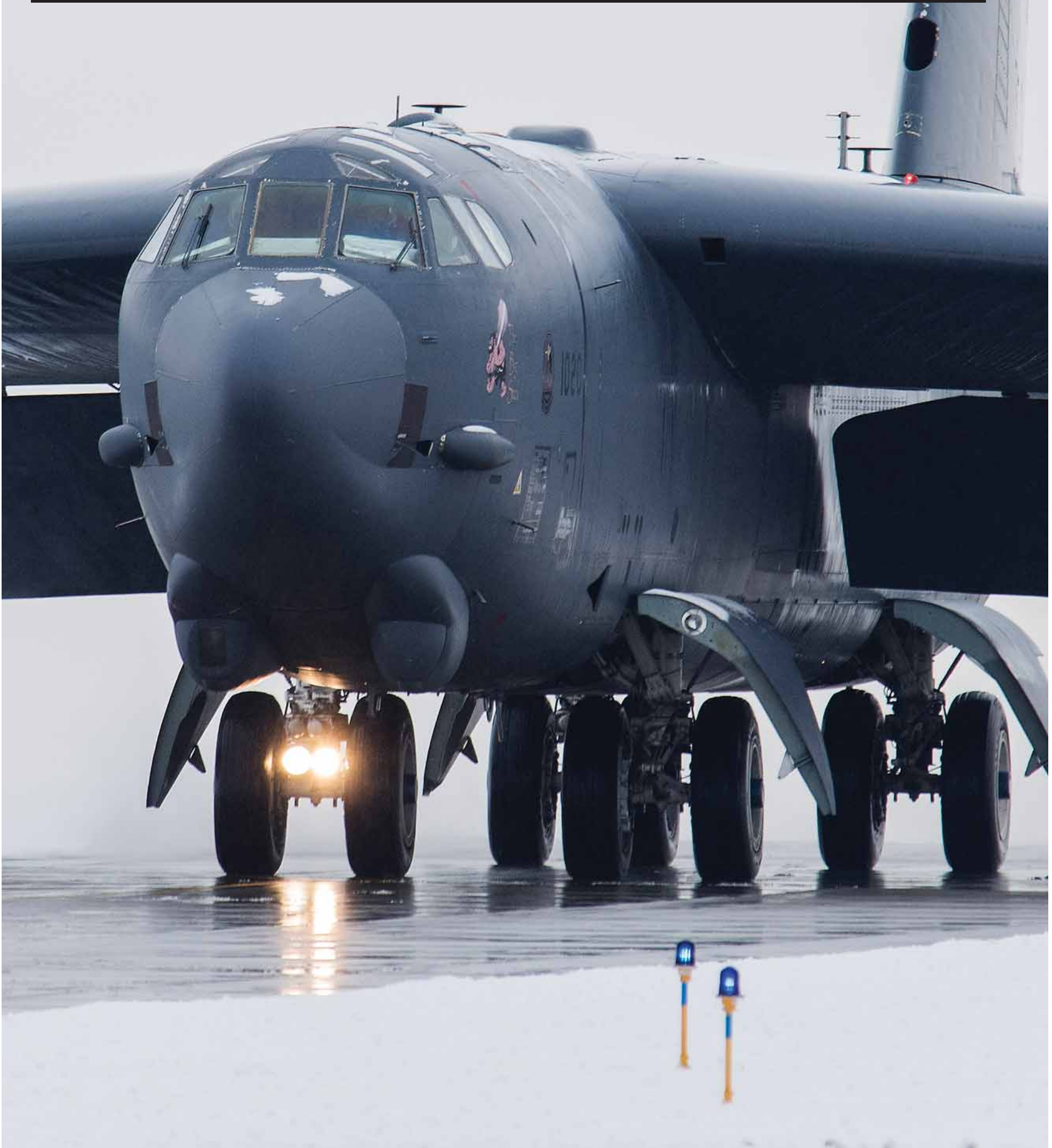


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U.S. AIR FORCE PHOTO | SENIOR AIRMAN J.T. ARMSTRONG

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Videos

MAFB Airmen host Veteran's Day lunch

AIRMAN 1ST CLASS DILLON J. AUDIT
5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Minot Air Force Base hosted a Veteran's Day Lunch at the Parker Senior Center in Minot, North Dakota, Nov. 9, 2017. A total of 23 Team Minot Airmen volunteered at this event, serving 101 veterans a thanksgiving meal, eating with them and listening to the stories they told.

"I wanted to show support and spend time with senior veterans to help brighten their day," said Staff Sgt. Hilda Kent, 5th Logistics Readiness Squadron NCO in charge. "It was my first time being part of this volunteer opportunity. I really enjoyed it and

look forward to doing this again."

Airman 1st Class Tyler McKee, 5th Communications Squadron knowledge manager apprentice, volunteered his time helping veterans and listening to their stories also.

"I volunteered because I believe we should honor our veterans because there is no greater sacrifice than service before self," said McKee.

Eating and talking with senior veterans can be an educational experience for any Airman, giving them a perspective on their heritage as service members.

"Visiting with the vets gave me a lot of insight on how things used to



COURTESY PHOTO
Team Minot members pose for a photo at the Parker Senior Center in Minot, N.D., Nov. 9, 2017. A total of 23 Team Minot Airmen volunteered at this event, serving 101 veterans a thanksgiving meal, eating with them and listening to the stories they told.

be in the military," said Airman Damir Styles, 5th Communications Squadron radio frequency apprentice. "We spoke about discipline and the mindset that you need in order to be successful,

including experiences that the veterans and their spouses went through."

According to Styles, It was a chance for people to get together and share their life experiences--military or not.

"To come together as a

community and have an event where you can eat and talk with the veterans, not only as a military member but as friends," said Styles. "It was a great experience and a privilege to go and talk to veterans."

23rd BS celebrates centennial

AIRMAN 1ST CLASS JESSICA WEISSMAN
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Since June 16, 1917, the 23rd Bomb Squadron has been on the frontline of our nation's wars.

Originally organized at Kelly Field, Texas, the 23rd

BS began as the 23rd Aero Squadron during World War I and transitioned to the squadron it is today during World War II.

From Hawaii to Japan, the 23rd BS continues the legacy of deter and assure.

"We have conducted



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS
A B-52H Stratofortress flies over 23rd Bomb Squadron Airmen at Minot Air Force Base, N.D., Nov. 10, 2017. The 23rd BS celebrated their 100th anniversary by inviting alumni onto Minot AFB for a short tour and B-52 flyover.

operations during both world wars, OPERATION ALLIED FORCE and OPERATION IRAQI FREEDOM," said Capt. Zachary Grove, 23rd BS B-52H Stratofortress navigator. "We have flown countless aircraft over the years, to include Boeing B-17E Flying Fortresses, B-24 Liberators and our current aircraft, the B-52H Stratofortress, since 1959."

Most recently, the 23rd BS deployed to the Middle East to support OPERATIONS INHERENT RESOLVE and FREEDOM SENTINEL.

"During our most recent OIR deployment, we flew over 500 sorties with an average of approximately 10 hours per flight, all with no maintenance cancels," said Grove. "We dropped over 5-million pounds of ordnances and participated

in the liberation of Mosul, which included some of the worst street fighting since WWII."

The 23rd BS conducts nuclear-capable and conventional missions every day to deter potential adversaries and counter insurgency.

"Our nuclear-capable mission is considered no fail and is vital to national security. It deters potential adversaries and ensures our allies that we can defend and support them," said Grove. "Our conventional operations are conducted in regular warfare to counter terrorism operations. The dual role means that while we train nuclear-capable operations, we stay ready to strike potential enemies anywhere on the globe, whether it is a planned six-

month deployment to the middle east, or a sudden crisis that requires immediate response."

On Nov. 10, 2017, active-duty members of the 23rd BS invited alumni to Minot Air Force Base, North Dakota.

"We brought out some alumni and took them through the [B-52H Stratofortress] and showed them the most recent connect upgrade," said Capt. Keene Nettles, 23rd BS weapons system officer. "We did a retreat ceremony and conducted a flyover with the B-52."

Since July 25, 1968, the 23rd BS has been maintaining operations here. "It's amazing to know I've been a part of a group that has been flying the Air Force mission for so many years," Nettles said.

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Airman seeks to build a generation of lifesavers

MASTER SGT. MARK OLSEN | 514TH AIR MOBILITY WING PUBLIC AFFAIRS

JOINT BASE MCGUIRE-DIX-LAKEHURST, N.J. (AFNS) -- Senior Airman Selina N. Okyere has one goal in her life.

"I'm trying to teach the whole nation (of Ghana) to know basic life-saving skills," said Okyere.

That's no small undertaking; the Republic of Ghana is about the size of the state of Oregon and has a population of approximately 29 million people.

For Okyere, this goal is personal: she was born in Ghana.

"People die in Ghana because the people around them don't know basic first aid," said Okyere. "It's crazy when you hear about someone dying and it was something simple -- that could've been prevented."

It took joining the New York Army National Guard's 69th Infantry Battalion in 2012, and taking her first combat lifesaver course, for

Okyere to decide on making this her life's purpose.

The course was an epiphany for Okyere. She realized what she learned could be taught in Ghana.

"On the battlefield, you don't have doctors or medical professionals following you, we take care of our battle buddies. So why can't we teach someone how to apply pressure, or a tourniquet if someone is bleeding, or do CPR?"

So after Okyere received her U.S. citizenship, courtesy of her military service, she began working on how she could train the average Ghanaian with those life-saving skills.

According to Okyere, there is definitely a need for this training because in Ghana, very few people outside the medical field know life-saving, or even basic first aid skills. This includes both police and fire departments, and the military.

"I spoke to the police and

firefighters and they said this is the type of education they need to know," said Okyere.

Outside a major city in Ghana, the closest clinic or hospital can be an hour and a half away. Even for people living in large cities, congested traffic can mean an ambulance or taxi takes 45 minutes to get to the hospital. In Okyere's hometown of Kumasi -- a city of more 1.7 million people -- she said if your injury is life threatening, chances are you will die before you make it to the hospital.

"Your life really depends on bystanders, because the most they can do is get you in a car," said Okyere. "It's between you and your god if you survive."

And if you do survive and make it to a hospital, there are still no guarantees.

"I did a survey of the clinics in my area and some of them don't have any emergency room nurses. A big clinic near where I lived had only one. You can't expect that person to work a 24-hour shift, or seven days a week."

For Okyere, the solution is simple... Teach people basic life-saving techniques so in an emergency, they can step in and provide first aid until help arrives.

"I believe you don't have to be a health professional to save a person's life," she said.

During her time in the New York Guard, she started investigating ways to raise money for her plan and decided to create a 501(c) (3) nonprofit organization.

In 2016, that organization, Global Life Savers, was granted both incorporated and 501 status. It was also the same year she transferred to the 514th Air Mobility Wing as a crew chief with the 514th Maintenance Squadron.

The organization's vision is, "Empowered people saving lives." Their mission is advocacy and education, resourcing and skill development.

Okyere's big push is to raise money for training aids, such as CPR manikins and patient simulators, as well as first aid kits for every school.

"I want to start in elementary schools, teaching children basic life-saving techniques -- I want to build a generation of life savers," Okyere said.

To accomplish that, she took her message to Ghanaian government. On Sept. 30, 2016, Okyere spoke with Nana Akufo-Addo while he was campaigning for the Ghanaian presidency.

Her meeting with him paved the way to a meeting with cabinet members.

"I spoke to the minister of communications -- he was very interested," she said.

Okyere is following up with another meeting with Akufo-Addo and other ministers during a training mission to Ghana in December 2017.

Her long-term goals include getting supplies, beds and other basic hospital supplies. She has also put her own money toward realizing her dream.

"I have purchased six blocks of land in Kumasi," she said. "It is my dream to create an [Emergency Medical Technician] school to specifically train nurses and other people because they lack the basic life-saving training in schools," said Okyere.

Okyere is looking to raise \$500,000 to build the school. Once built, she will then turn her attention to staffing the school.

"I'm looking at bringing nurses over here [to the U.S.] to get the education so they can go back and teach at the school," Okyere said.

To accomplish this, Okyere is exploring partnering with American medical schools and hospitals while investigating other partnerships.

One of the groups Okyere is talking to is the European Resuscitation Council. The ERC's goals mirror Okyere's in that they look at improvements in science, research, education and implementation, and make those skills available to everyone.

In the meantime, Okyere has assembled a group back in Ghana to take those life-saving skills on the road.

"When I was in Ghana, my brother, who is a nurse, got some people together from his hospital and I gave a CPR and basic life-saving skills class," she said. "Then we went to churches, schools and sporting events to teach people about first aid."

The 30 minute

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FACEBOOK

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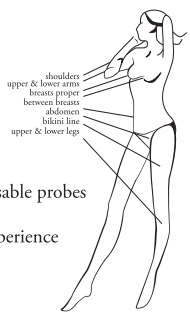
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Continued on page 8

GLOBAL THUNDER 18

Multiple B-52H Stratofortresses assigned to Air Force Global Strike Command (AFGSC) departed from Minot Air Force Base, N.D., Nov. 4, 2017, during exercise Global Thunder 18. Exercise Global Thunder is an annual command and control and field training exercise designed to train Department of Defense forces and assess joint operational readiness across all of USSTRATCOM's mission areas, with a specific focus on nuclear readiness.

U.S. Air Force photos | Senior Airman J.T. Armstrong | Airman 1st Class Jessica Weissman
Airman 1st Class Jonathan McElderry | Airman 1st Class Alyssa Akers | Airman 1st Class Dillon Audit



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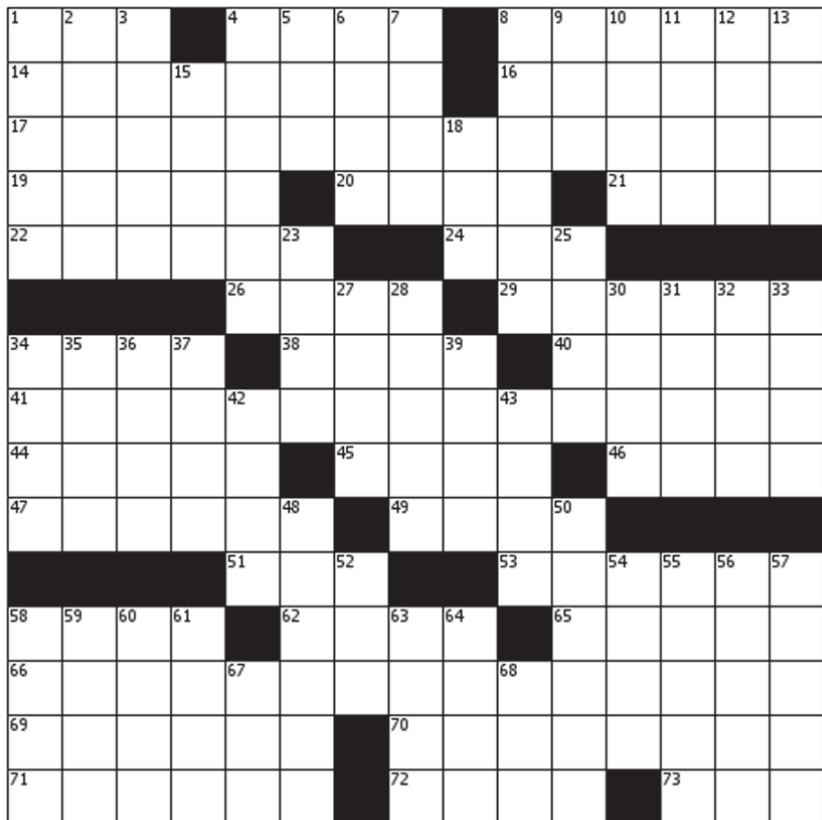
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CROSSWORD PUZZLE

Across

- 1. Singer's function
- 4. Catty comments
- 8. Simulated
- 14. Type of steroid
- 16. Mainstay
- 17. Win in an upset
- 19. Lightweight crease-resistant fabric
- 20. Arab nobleman
- 21. Possesses
- 22. Refreshed
- 24. Term start
- 26. Featherbrain
- 29. Capricorn, e.g.
- 34. Venerable
- 38. Last name in pool legends
- 40. Sports building
- 41. A must-do when dieting
- 44. Shampoo brand
- 45. Prefix for dynamics
- 46. Detect
- 47. Word with buddy or honor
- 49. National League squad
- 51. Word with force and mail
- 53. Remedies for the cold shoulder?
- 58. Fundamentals
- 62. Charges
- 65. Giacomo Puccini specialty
- 66. Resume boozing
- 69. "Taxi" or "Seinfeld" role
- 70. Cornwell or Clancy, e.g.
- 71. How one might feel after a sprint
- 72. Mimicked
- 73. Long Island drink



Down

- 1. Distinctive taste
- 2. Accustom
- 3. They meet at corners
- 4. Sentimentalized nostalgically
- 5. Impish one
- 6. Better half, often
- 7. Rip-off
- 8. Liveliness
- 9. Spasm
- 10. Choral part
- 11. Blush
- 12. Post a gain
- 13. Carrie Nation's supporters
- 15. Ink problem
- 18. Vigor
- 23. Tip, as a topper
- 25. Standoff
- 27. Floppy contents
- 28. Partner of this and that (with "the")
- 30. Mesabi loads
- 31. Quick look-see
- 32. Wild about

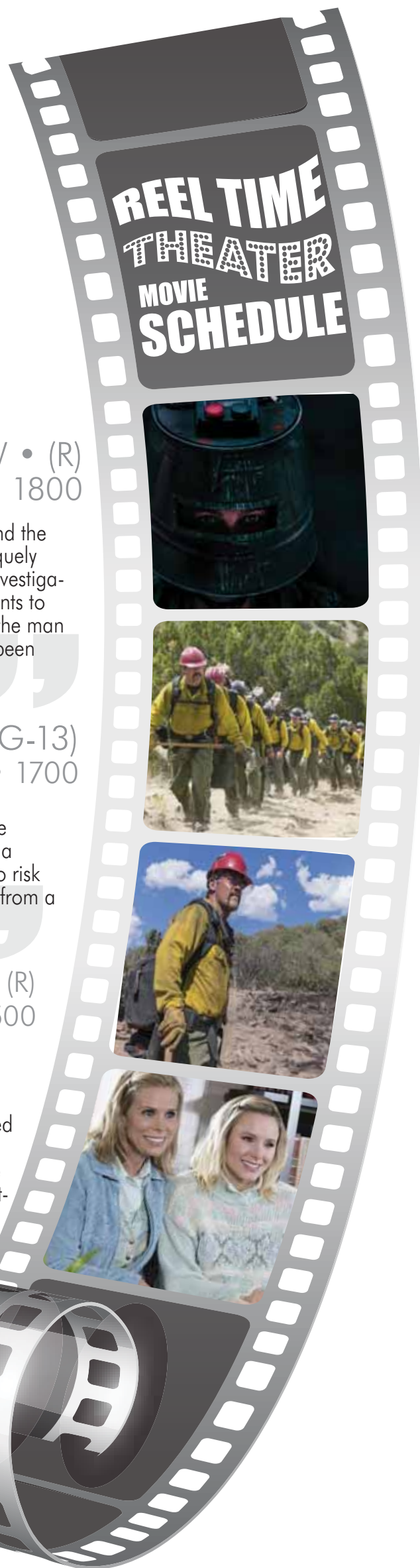
- 33. Dramatis personae
- 34. "Heidi" setting
- 35. Jackson 5's hometown
- 36. Spots
- 37. Lunkhead
- 39. Withered
- 42. Circus performer?
- 43. Plants grass slab by slab
- 48. Somewhat upset
- 50. Put away
- 52. Sports official
- 54. October birthstone
- 55. Within permitted bounds
- 56. Jagged
- 57. Fe or Catalina
- 58. "___ Good Men" (1992)
- 59. Indonesia island
- 60. Scottish family
- 61. Performed a glissade
- 63. Laboratory heating device
- 64. Commercial establishment
- 67. I, to Claudius
- 68. Twilight

SUDOKU Solution to puzzle on page 10

		1				2		3
	3			1		4	5	
5				3	6			
3	7	6			8			
1			7		5			9
			3			7	8	1
			4	2				8
	1	8		5			7	
9		3				6		

Solution to last week's Crossword puzzle.

M	E	S	S		I	R	I	S		B	A	R	B	S
A	R	C	H	I	T	E	C	T		A	S	T	R	O
G	R	E	E	N	B	A	Y	P	A	C	K	E	R	S
M	A	N	L	I	E	R		A	N	K	A			
A	T	I	L	T			L	T	D	S		G	A	S
S	A	C	S		A	H	A		A	T	T	E	S	T
				A	C	U	T	E		A	E	R	I	E
	R	A	W	V	E	G	E	T	A	B	L	E	S	
C	O	R	E	A		E	X	A	M	S				
D	O	O	D	L	E		E	T	C		S	A	S	H
S	S	N		A	R	E	S			S	A	U	T	E
			A	N	N	A		T	O	O	T	L	E	R
N	E	W	S	C	O	T	L	A	N	D	Y	A	R	D
B	R	O	T	H		N	E	C	T	A	R	I	N	E
C	A	N	O	E		O	T	T	O		S	T	A	R



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JIGSAW • (R)
FRIDAY, DECEMBER 1 • 1800

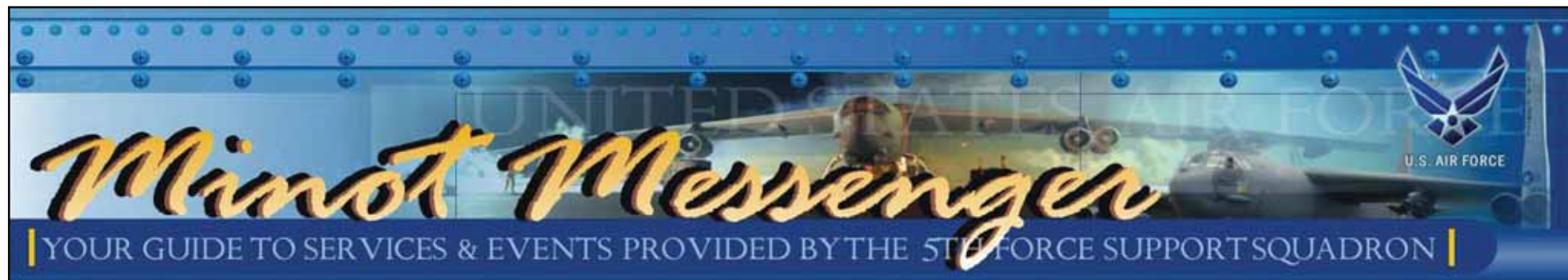
“ Bodies are turning up around the city, each having met a uniquely gruesome demise. As the investigation proceeds, evidence points to one suspect: John Kramer, the man known as Jigsaw, who has been dead for ten years. ”

ONLY THE BRAVE • (PG-13)
SATURDAY, DECEMBER 2 • 1700

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A BAD MOMS CHRISTMAS • (R)
SUNDAY, DECEMBER 3 • 1500

“ As their own mothers drop in unexpectedly, our three under-appreciated and over-burdened moms rebel against the challenges and expectations of the Super Bowl for mothers: Christmas. ”



Free Admission For Club Members To UFC Fight Night



Club members receive FREE admission to the UFC 218 pay-per-view event at Rockers Bar & Grill on Saturday, December 2. Non-members price is only \$7.

Library Hosting Winter Reading Program For Adults & Teens

The Base Library is holding their Winter Reading Program for adults and teens from December 1 through March 1. You can stay warm with some good books plus chances to win prizes. To participate, adults and teens simply need to visit the Base Library between December 1 and February 15 or register at www.tinyurl.com/minotlibrary. Then read and log CSAF Reading List titles or books read for fun to receive prizes and chances to win bigger prizes.

In addition to individual prizes, the squadron whose active duty members read the most CSAF Reading list books and log them for the Base Library's Winter Reading Program will receive a certificate and bragging rights.

For additional information on this year's Winter

The action features the UFC Featherweight championship bout between current champion Max Holloway and former WEC Featherweight champion José Aldo. Other main event action will feature a UFC Heavyweight fight between gargantuan Frenchman Francis Ngannou and #1 ranked Alistair Overeem from England. A UFC Flyweight battle will see 2008 Olympic gold medalist in freestyle wrestling Henry Cejudo taking on Sergio Pettis while a heated UFC Lightweight bout is expected when #4 ranked Eddie Alvarez takes on #5 ranked Justin Gaethje. The main card also features a strawweight showdown between Tecia "The Tiny Tornado" Torres and Michelle "The Karate Hottie" Waterson.

Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. This is an adults only event - no children. For more details, call 727-ROCK.

Water Safety Instructor Course Offered By ODR



Want to teach swim lessons? Get Red Cross certified! Outdoor Recreation is offering a Water Safety Instructor Certification Course. There will be a Pre-Test on Wednesday, January 3 at the Indoor Pool from 6-7 p.m.

Online course work is scheduled for January 6 through February 3. In-class course work will be held at Minot High School on Saturdays including January 6, January 13, January 20, and February 3 from 10 a.m. to 6 p.m.

Cost for the Water Safety Instructor Certification Course is \$200. Registration deadline is December 22. Class size is limited so sign up today! Participants must be 16 years of age or older.

If you have ever wanted to teach swim lessons you don't want to miss this great certification course opportunity. For additional information or to register for the upcoming Water Safety Instructor Certification Course, please contact Outdoor Recreation at 723-3648.



Reading Program, please call the Base Library at 723-3344.

For 5th Force Support Job Opportunities, visit www.nafjobs.org or call NAF Human Resources at 723-2812

CLUB MEMBER DRAWING ON FRIDAY, DECEMBER 8 WILL BE FOR \$600.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club membership drawing will be held on Friday, December 8 at Rockers Bar & Grill only (Doolittle Center will be closed for a private holiday party). Drawing time varies each week between 5:30-6:30 p.m.

Percy Jackson Night - Thursday, December 14 - 6 p.m. - Base Library
Celebrate Rick Riordan's Percy Jackson series and all things Greek and Roman with trivia, games, and activities. For more information on this FREE event, call the Base Library at 723-3344.

FAMILY and YOUTH EVENTS & PROGRAMS

Dec 4 Family Child Care Pre-Orientation
 Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on December 4 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more information, call the Family Child Care office at 723-6662.

Dec 7 Hour Of Code
 The Base Library invites everyone from ages 4 to 104 to participate in their Hour Of Code event on Thursday, December 7 at 6 p.m. The Hour Of Code is a nationwide initiative by Computer Science Education Week and Code.org to introduce millions of students to one hour of computer science and computer programming. During this FREE event, participants will play online/off-line games that offer a fun way to learn or improve coding skills for various levels. No coding experience is necessary. For more information, call 723-3344.

Dec 9 A Victorian Christmas Carol
 Children of all ages are invited to A Victorian Christmas Carol at the Base Library on Saturday, December 9 at 1 p.m. Explore a Victorian Christmas with stories, classic crafts, and authentic activities. For more information, call 723-3344.

Dec 21 Creative Kids Class
 Spend the morning with your preschooler having fun creating a Christmas snowman masks and ornaments during the Creative Kids class at the Arts & Crafts Center on Thursday, December 21 from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. Call 723-3640 for details.

Family Fun Night
 Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Rider Indoor Playland. For additional information, please contact Rough Riders Pizza at 727-4377.

Dec 4 Federal Résumé Workshop
 Get a jump start on your Federal Job search with this interactive workshop. The Airman & Family Readiness Center is hosting the Federal Résumé Workshop on Monday, December 4 from 10-11:30 a.m. The workshop will help you create an account in the USAJOBS website, search for jobs, create a résumé and more! Open to all AD, retirees, AAFES/NAF, DoD civilians, and eligible family members. Seating is limited - call the Airman & Family Readiness Center at 723-3950 to sign up.

Dec 6 Brown Bag Book Talks
 The Base Library invites you to Brown Bag Book Talks on Wednesday, December 6 at noon. No required reading; no scripted discussion questions. Come to the library to share what you are currently reading or listen to others doing so. Bring a brown bag lunch if desired. For additional information, please contact the Base Library at 723-3344.

Dec 9 Best Four Game Tournament
 Strike up some fun during the Best Four Game Tournament at Rough Rider Lanes on Saturday, December 9 from 4-9 p.m. Bowl six games (one game will be 9 Pin No Tap) with your best four games going towards the high series. Payout will be one in four/five depending on participation. Cost is \$50 per person with \$25 going into the prize fund. Participants must be 18 years of age or older. A minimum of 20 bowlers needed to conduct event. For more details, call 727-4715.

YOUNG AIRMEN EVENTS & PROGRAMS

Dec 8 Friday Night Karaoke
 Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on December 8 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Dec 11 Jingle Run 2 Miler
 The Fitness Center is holding the Jingle Run 2 Miler on Monday, December 11. This indoor 2-mile run event will be broken up into different heats throughout the day from 7 a.m. to 2 p.m. in an attempt to accommodate participants busy schedules. The run is open to all DoD ID card holders 16 years of age and older. Sign-up at the Fitness Center or call 723-2145 for more information.

Dec 18-21 Off-Base Budget Classes
 Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on December 18, 19, 20, & 21 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! Four classes to choose from this month. Call the Airman & Family Readiness Center at 723-3950 for additional information.

Dec 16 Ho Ho Ho Holiday Sampler
 Looking for some fun and exercise? The Fitness Center is hosting the Ho Ho Ho Holiday Sampler event on Saturday, December 16 from 9-11 a.m. This sampler is a combination of strength and cardio classes taught by a variety of instructors. For additional information, contact the Fitness Center at 723-2145.

Ski and Snowboard Rental
 Outdoor Recreation offers downhill and cross country ski rentals with daily, Saturday, weekend, and weekly rates. They also offer snowboard package rentals. For more information, call Outdoor Recreation at 723-3648.

GENERATION OF LIFESAVERS

from page 2



U.S. AIR FORCE PHOTO | MASTER SGT. MARK C. OLSEN

Senior Airman Selina N. Okyere, a crew chief with the 514th Maintenance Squadron at Joint Base McGuire-Dix-Lakehurst, N.J., created Global Life Savers Inc. 501(c), a nonprofit organization to teach basic first aid skills to the citizens of the Republic of Ghana.

classes teach the basics of first aid. So far, Okyere has taught multiple classes each trip she's taken to her homeland, with more trips scheduled in coming months. The training is paying off.

In May, Okyere said her group went to the town of

Ejisu Asaman to give a series of classes. Soon after, one of the students used those skills and saved an individual who had a heart attack. In the past, because the village is located in a remote part of Ghana, that person would have died. This time, because

of the training Okyere's group gave, that individual lived.

"They did the right thing and saved the person's life," said Okyere.

With that life saved, Okyere is one step closer to realizing her goal.

Find Your Festive Fun this December in North Dakota

NORTH DAKOTA LEGENDARY

The holidays are right around the corner and festivities are taking place across the state. Hand-pick some handmade, one-of-a-kind gifts at the Pride of Dakota Holiday Showcase. Get in the celebratory spirit at a Christmas music concert or a

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performance of The Nutcracker. Gather family and friends, compile your wish lists and seek out Santa and Mrs. Claus at the local shops. Whatever your idea of holiday fun, there is something for everyone in North Dakota this December. For more events, visit

NDtourism.com or call 800-435-5663 or 701-328-2525. Pride of Dakota Holiday Showcase Bismarck December 1-3

Get in the holiday mood while meandering around the more than 200 Pride of Dakota vendor displays offering handmade food, books, jewelry, decor, personal care products and more. The event is held right in time for the giving season and you're sure to find something for everyone on your list. www.prideofdakota.com; 701-328-2231 or 800-242-7535

Christmas on the Prairie West Fargo December 2

Bonanzaville transforms to an old-fashioned village where carolers can be heard singing holiday tunes and Christmas cookies are baked in a wood-burning oven. Join revelers at this annual celebration where you can take a ride in a horse-drawn wagon, decorate a gingerbread house or get your photo taken with Santa. www.bonanzaville.org; 701-282-2822

Heartland Ag Showcase Minot December 5-6

Check out the "new and improved" farming trade show at Minot's North Dakota State

Fair Grounds. Don't miss this great opportunity to close out the year with the purchase or sale of seed, fertilizer, chemical and other types of farm equipment. Learn more at <http://www.farmshowminot.com/>; 701-822-2719.

Hayride, Santa and Mrs. Claus at Buckstop Junction Bismarck December 2

Step back in time on a horse-drawn sleigh ride through Bismarck's "old-time" town of Buckstop Junction. Stop at the historic and festive 1914 Lewis Hotel to visit with Santa and Mrs. Claus and check out the activities and crafts for children. <http://www.buckstopjunction.org/>; 701-250-8575

Medora's Old-Fashioned Cowboy Christmas Medora December 8-10

Head to Medora this December for an authentic Cowboy Christmas experience. A "Magical Medora Christmas" returns for the third year and brings with it a family-friendly holiday show for audiences of all ages to enjoy. This western experience is one more fantastic reason to enjoy Medora's beauty in the winter months. www.medorand.com; 701-623-4830.

Northern Plains Dance: The Nutcracker Bismarck December 8-10

Experience the magic of a classic Christmas tradition as Bismarck's Northern Plains Dance presents "The Nutcracker" at the historic

Sour Cream Raisin Bar

INGREDIENTS:

- 2 cups raisins
- 1 3/4 cup rolled oats
- 1 3/4 cup flour
- 1 tsp baking soda
- 1 cup brown sugar
- 1 tsp cinnamon
- 1 cup butter, softened
- 3 egg yolks
- 1 1/2 cup sour cream
- 1 cup sugar
- 2 1/2 Tbsp cornstarch
- 1 tsp vanilla

INSTRUCTIONS:

Preheat oven to 350. Line a 9 X 13 pan with parchment paper, spray lightly with cooking spray. Cover raisins with hot water and let soak until plump, 5 to 10 mins. Drain and set aside. Crumble together oats, flour, baking soda, brown sugar, cinnamon, and butter in a large bowl. Pat half of the crumb mixture into prepared pan. Bake at 350 for 5 minutes. Remove from oven and set aside. Meanwhile, whisk together egg yolks, sour cream, sugar, and cornstarch in a medium saucepan over medium heat. Stir constantly until mixture thickens, about 10 minutes. Remove from heat and stir in vanilla and raisins. Pour the filling over the partially baked crust. Sprinkle the remaining oat mixture over the filling. Lightly pat down. Bake at 350 for about 30 minutes, until top is browned. Let cool. Remove from pan using parchment paper handles. Cut into bars and serve. I would refrigerate these if you are not eating them right away.

Belle Mehus Auditorium. This beloved story of a young girl and her Christmas-time dreams is sure to inspire and thrill audiences of all ages. For tickets and information, visit www.northernplainsdance.com; 701-530-0986.

Holiday Pops Concert Minot December 10

Get in the holiday spirit with the Minot Symphony Orchestra! Area choirs join in the seasonal music from American, British and Russian composers. Fans of the film "Home Alone" will enjoy the concert finale.

Canadian Pacific Holiday Train Hankinson, Enderlin - Dec. 13, Carrington, Harvey, Minot, Kenmare - Dec. 14

It's that time of year again! Canadian Pacific's Holiday

Train is rolling through North Dakota so don't miss your chance to enjoy entertainment by Terri Clark, Dallas Smith and Kelly Prescott. The lighted train collects food and donations to support local food banks. <http://www.cpr.ca/holiday-train/schedule-united-states>.

Bismarck-Mandan Civic Chorus Christmas Concert Bismarck December 9-10

Celebrate the season with the Bismarck-Mandan Civic Chorus as it presents "A North Dakota Christmas" at the Cathedral of the Holy Spirit in Bismarck.

These are just a few festive events and activities in North Dakota this December. For more information, go to NDtourism.com or phone 701-328-2525 or 800-435-5663

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520 Mass Schedule Saturday 5:30 pm Sunday 8:30 & 11:00 am Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church  109 6th St. SE Minot • 838-3094 Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m. The Very Reverend Father Anastassy</p>	<p> Harvest Reformed Church We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship. Now meeting at 1505 N Broadway, Grand International, Norse Room Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m. www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am 1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p> Faith United Methodist Church 5900 Highway 83 N, Minot www.faithumcminot.com Pastor Tom Sumers 701-838-1540 Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church Sending the Glorious Light of Jesus Christ to a Dark and Needy World Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church 1000 NE 3rd Street 852-0315 Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064 Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am Please join us, all are welcome here!  UNITED CHURCH OF CHRIST</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i> Sunday Worship. 8:30 & 11:00 am Adult Bible Study, Adult Choir, Youth Sunday School 9:45 am 2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p>
<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 per week</p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609 Saturday School..... 2:00 p.m. Sunday Worship..... 3:30 p.m. Wednesday Bible Study 7:30 p.m. Jesse Starr, Pastor</p>	<p> St. John the Apostle Catholic Church 2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853 Saturday Worship 5:30 pm Sunday Worship .. 8:30 am and 11:00 am Wednesday Supper..... 5:15 pm Wednesday Education 6:00 pm Wednesday Worship 7:00 pm Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Brandy Gerjets www.fleminot.com</p>	<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 per week</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA Sunday Worship 8:30 am & 10:30 am Sunday Fellowship 9:30 am Wednesday Worship 6:45 pm Church School Wednesday 5:45 pm Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church  200 3rd St. SW • 852-4533 www.fbcminot.org Classic Worship Service 8:30 a.m. Adult Sunday School..... 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Calvary Alliance Church 715 20th Avenue NW Minot, ND 58703 www.calvaryofminot.com 701-852-0670 Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p> West Minot Church of God <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center..... 852-6352 westminot.com facebook.com/westminot</p>	<p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i> Thursdays: Worship..... 6:30 p.m. Sundays: Worship..... 8:30 a.m. & 10:45 a.m. 700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p>
<p> BREAD OF LIFE ELCA LUTHERAN CHURCH 1415 17th AVE SW 838-3360 Saturday Worship 5:00 pm Sunday Worship 8:30 & 11:00 am Sunday Education 9:45 am Pastor Taryn Montgomery Everyone Welcome Breadoflifeminot.com </p>	<p> Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m. Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper..... 5:45 p.m. Classes for all ages..... 6:30 p.m. Adult Choir (as scheduled)..... 8:00 p.m. Brian T. Skar, Pastor www.ibcminot.org</p>	<p> Cross Roads Baptist Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m. www.minotcrbc.org email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111 Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>	<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 per week</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF  8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319 Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p> Gospel Tabernacle Community Church 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	<p> ZION Lutheran ELCA 1800 Hiawatha St. 852-1872 Worship Times Saturday 5:00 pm Sunday 8:30 am & 11:00 am Wednesday..... 6:15 pm John Streccius, Pastor Carol Wendel, Pastor</p>	<p>ADVERTISE YOUR Church Advertise FOR ONLY \$7 PER WEEK Revisions MADE UPON NOTICE FROM THE CHURCH Deadline TUESDAYS BY NOON WEEK OF PUBLICATION VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM</p> <div data-bbox="1522 2389 1858 2834"> <p>CONTACT TONYA call 701-839-0946 email NSADS@SRT.COM fax 701-839-1867</p> </div>	
<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 per week</p>	<p> Vincent United Methodist Church 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors! Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m. Pastor Mary Johnson www.vincentumc.com</p>			

CLASSIFIEDS

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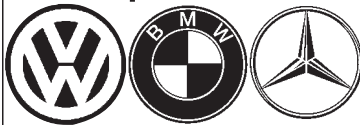
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7	6	1	5	8	4	2	9	3
8	3	9	2	1	7	4	5	6
5	2	4	9	3	6	8	1	7
3	7	6	1	9	8	5	4	2
1	8	2	7	4	5	3	6	9
4	9	5	3	6	2	7	8	1
6	5	7	4	2	9	1	3	8
2	1	8	6	5	3	9	7	4
9	4	3	8	7	1	6	2	5

Answers to puzzle from page 6

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 <p>\$575,000</p> <p>COUNTRY SETTING - 3 bedroom, 2 1/2 bath brick ranch home on 31 acres near Burlington. Fireplace on main level. Lower level family room and 3/4 bath. Garage for 4 vehicles. Quonset, shop and bins. Great valley views.</p> <p>MLS #170133</p>	 <p>\$370,000</p> <p>SPACIOUS LIVING - 5 bedroom, 2 1/2 bath home in NW area. Kitchen has a large island. Gas fireplace in living room plus wood fireplace in family room. Maintenance free deck. Double garage.</p> <p>MLS #171745</p>	 <p>\$514,900</p> <p>MOTIVATED SELLER - New 3 bedroom, 2 bath home in SE Minot. Open floor plan with gas fireplace in living room, gourmet kitchen has quartz counters and pantry. Covered patio, fenced back yard. 4 car garage. Seller/Agent related. Price reduced!</p> <p>MLS #172292</p>
 <p>\$298,500</p> <p>PRICED TO SELL - 4 bedroom, 2 1/2 bath split level home close to school, park and shopping. Custom oak cabinets, island and pantry in kitchen. Lower level family room. Triple garage. Price Reduced!</p> <p>MLS #171866</p>	 <p>\$79,900</p> <p>IN MOHALL - Nice sized 1 1/2 story home with 3 bedrooms on upper level. New flooring on main level. Attached double garage, shed and mature trees. Includes 2 additional lots with water and sewer hookups.</p> <p>MLS #172078</p>	 <p>\$229,900</p> <p>NICE DUPLEX - Totally updated. Each unit has 2 bedrooms, 1 bath, custom kitchen cabinets, basement and side yards with sprinkler system. Spacious living areas and large closets. Detached double garage to share.</p> <p>MLS #172199</p>
 <p>Carrie Montoya 240-0709 carriecornhusker@aol.com</p>	<p>FROM YOUR COMPUTER, TABLET OR SMARTPHONE FIND YOUR</p> <p>MINOT HOMES</p> <p>APP AT</p> <p>GET IT ON Google Play or Download on the App Store</p>	 <p>Colleen Johnson 721-4536 crowjohnson@min.midco.net</p>

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 <p>05 Chevy 1500 Extcab 4x4, 165K, Nicest one around, MINT! \$10,995</p>	 <p>05 Chevy Impala LS 104K, Brand new tires, Remotel! \$3,995</p>	 <p>09 Buick Lacrosse 33K, "Little old lady car", Like New! Remotel! \$9,995</p>
 <p>07 Chevy Trailblazer LS Very Nice SUV with only 112K. \$7,995</p>	 <p>07 Honda Accord SE Super low mileage with remote start \$8,995</p>	<p>See the rest of our inventory at www.Karz4-U.com</p>

NEWSPAPER LOCATIONS

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Paper Locations

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- 1st Minot Management | 217 Main St S
- Mainstream Boutique | 2 Main Street S
- Watne Realtors | 408 N Broadway
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Landing Bar & Bottleshop | 2015 N Broadway
- The Vegas Motel | 2315 N Broadway
- Superpumper #34 | 2625 N Broadway
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Country Inn & Suites | 1900 22nd Ave SW
- Magic City Hoagies | 1515 24th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Baymont Inn & Suites | 1609 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Sonic Drive-In | 1601 35th Ave SW
- YMCA | 3515 16th St SW
- Holiday Stationstores | 3301 S Broadway
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Main Marketplace | 1930 S Broadway St
- Scissors Edge | 1609 S Broadway St
- Simonsons Station Store | 1312 S. Broadway
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- M&H Gas Station | 25 Burdick Expressway E
- Minot Housing Authority Office | 108 E Burdick Expy # 1
- Minot Travel Plaza Enerbase | 4750 Hwy 83 North

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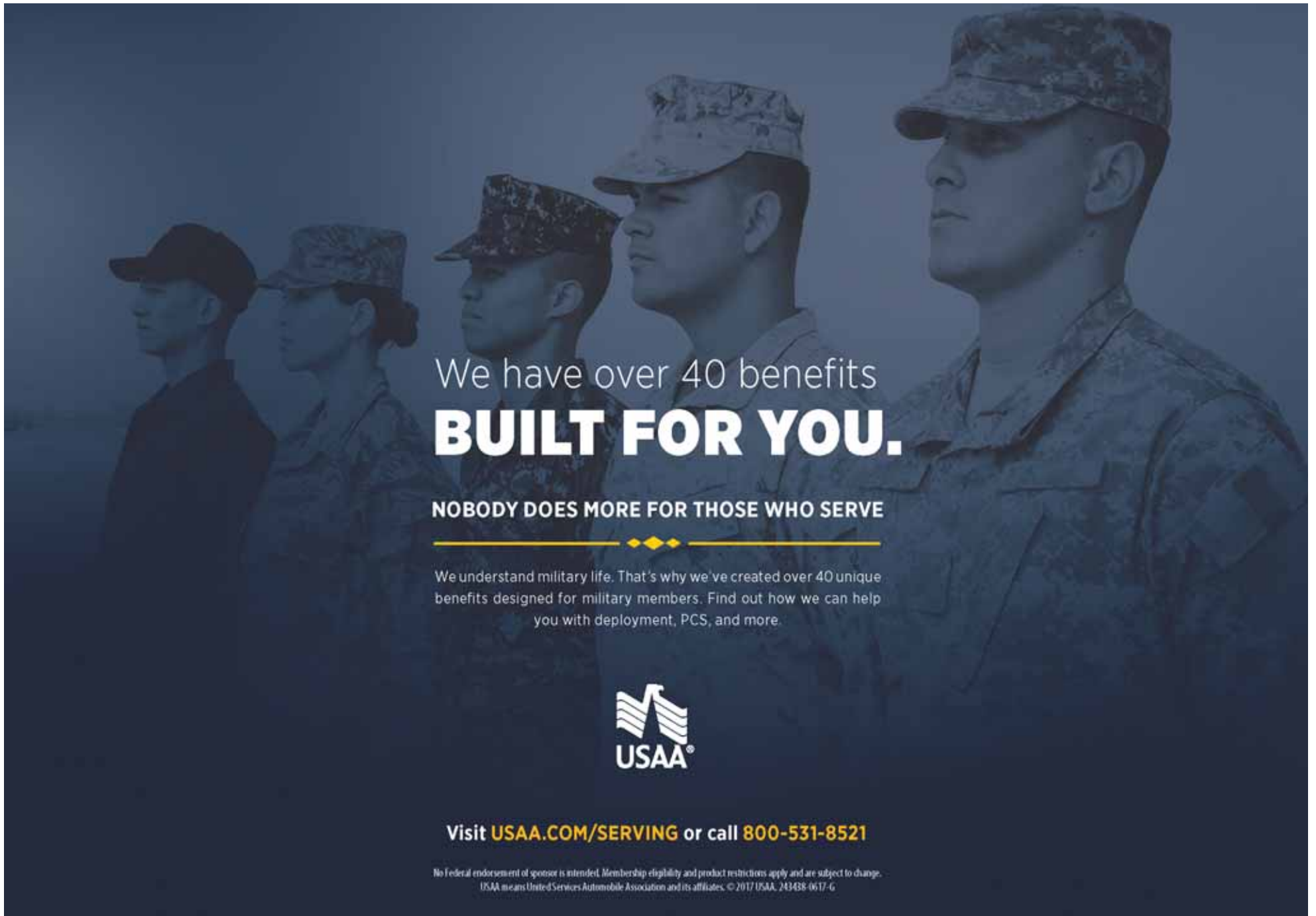
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