

northern sentry

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U.S. AIR FORCE PHOTO | SENIOR AIRMAN J.T. ARMSTRONG

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Minot AFB



Videos



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS

Susan Wagers, 5th Force Support Squadron special programs coordinator, crowns the eldest woman during the annual Thanksgiving Day of Love at Minot Air Force Base, N.D., Nov. 23, 2017. Every year, the eldest participants are crowned as queen and king of the event.

Minot AFB hosts annual Thanksgiving Day of Love

AIRMAN 1ST CLASS ALYSSA M. AKERS
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

The 48th annual Thanksgiving Day of Love for Minot Air Force Base and the community was celebrated Nov. 23 where approximately 190 seniors were escorted to the Jimmy Doolittle Center for a Thanksgiving meal served by Minot AFB Airmen.

The Day of Love began in 1969 under the innovation and leadership of Mr. Claude "Bud" Ebert, well known throughout the Air Force-wide Morale, Welfare and Recreation Programs community for his dedication to the programs during this era. The "Day of Love" was an expression used to promote the relationship between Airmen and senior citizens who share the absence of extended family to celebrate this holiday.

"A close relationship has been formed between the Commission on Aging and the base for the past several years," said Susan Wagers, 5th Force Support Squadron special programs coordinator. "Many seniors mark their

calendars year after year, anxiously awaiting the hospitality of the base and sharing their military background and stories with today's Airmen."

During the event, Col. Matthew Brooks, 5th Bomb Wing commander, and Col. Cathy Barrington, 91st Operations Group commander, accepted a plaque in representation of Team Minot's role in preserving the United States' freedom.

Additionally, the eldest man, born in 1923 and the eldest woman, born in 1926, were crowned as king and queen of the event.

During the event, 75 base volunteers assisted by driving buses, escorting seniors, serving meals and helping in the kitchen.

"It was an honor to volunteer for this event," said Senior Airman Malcolm Ford, 5th Logistics Readiness Squadron vehicle operations controller and Day of Love volunteer. "I felt exceptionally thankful to have family and friends to spend Thanksgiving with."



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS

Team Minot Airmen assist a Thanksgiving Day of Love attendee off the bus at Minot Air Force Base, N.D., Nov. 23, 2017. Approximately 190 seniors were transported to the Jimmy Doolittle Center for the Day of Love by Team Minot volunteers.



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Changes Are Coming to TRICARE. Are You Ready to "Take Command" of Your Health?

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Changes are coming to your TRICARE benefit beginning January 1, 2018. These changes will give you more benefit choices, improving your access to care, simplifying cost shares and allowing you to take command of your health. As January 1, 2018 approaches, the best way for you to prepare is by updating your information in DEERS and signing up for TRICARE benefit updates and email alerts through TRICARE.mil/changes. Also, please follow the 5th Medical Group on Facebook, at www.facebook.com/5thMedicalGroup, as

updates continue.

General overview of TRICARE changes

Region Consolidation
Currently, there are three TRICARE regions in the U.S.: North, South and West. The North and South regions will combine on January 1, 2018 to form TRICARE East, while TRICARE West will remain mostly unchanged. Two new contractors, Humana Military and Health Net Federal Services, will administer these regions. This change will allow better coordination between the military hospitals and clinics and the civilian health care providers in

each region. In Minot, we are currently located in the TRICARE West region and we will be covered under Health Net Federal Services.

TRICARE Select
On January 1, 2018, TRICARE Select will replace TRICARE Standard and TRICARE Extra both stateside and overseas. TRICARE Select will be a self-managed, preferred provider network option. You will not be required to have a primary care manager (PCM) and therefore you can visit any TRICARE-authorized provider for services covered by TRICARE without a referral. TRICARE Select adopts a number of improvements, including additional preventive care services previously only offered to TRICARE Prime beneficiaries.

TRICARE Prime
TRICARE Prime is a managed care program option. An assigned PCM provides most of your care. When you need specialty care, your PCM will refer you to a specialist. Active duty service members and their family members still will not have to pay anything when referred to a network provider by their PCM. All others pay annual enrollment fees and network copayments, and any changes to these fees can be seen on tricare.mil/changes.

Enrollment
All current TRICARE beneficiaries will be automatically enrolled into plans on January 1, 2018 as long as they are eligible. TRICARE Prime enrollees will remain in TRICARE Prime. TRICARE Standard and TRICARE Extra beneficiaries will be enrolled in TRICARE Select. During 2018, you can continue to choose to enroll in or change coverage plans.

In fall 2018, TRICARE will introduce an annual open enrollment period. During this period, you will choose whether to continue or change your coverage for the following year. Each year, the open enrollment period will begin on the Monday of the second full week in November and run through the Monday of the second full week in December.

Also, there will be an enrollment freeze

from December 1 to December 22, 2017, while TRICARE coverage is transitioning to the new regional managed care support contractors. If you are attempting to enroll during the freeze, although enrollment processing will be delayed until January 1, 2018, YOU WILL STILL HAVE ACCESS TO CARE. Save your pharmacy and other health care receipts while your enrollment is pending. You can get reimbursed for TRICARE covered expenses once the freeze is complete and your enrollment is processed. If you have a problem accessing care while your enrollment is pending, please visit <https://tricare.mil/changes/enroll> and contact your regional managed care support contractor. If you have a problem getting your medications while your enrollment is pending, contact Express Scripts.

Are You Ready? Take Action Now, this is YOUR Benefit – "Take Command!" Stay informed with the latest information

To stay informed, sign up for email alerts through tricare.mil/changes. You can also get alerts by signing up for eCorrespondence in milConnect. By staying informed, you will be ready for a smooth transition with TRICARE. If you have any questions, please feel free to contact the 5th Medical Group's TRICARE Beneficiary Counselor Mr. Thomas Melvin, at thomas.a.melvin.civ@mail.mil and the TRICARE Operations and Patient Administration Flight Commander, 2d Lt Tyrone Williams at tyrone.d.williams62.mil@mail.mil. You can also reach us by phone at (701) 723-5176.

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791 MSFS MARKSMEN, 5 SFS MWD TEAMS PARTICIPATE IN JOINT-UNIT TRAINING

MINOT AIR FORCE BASE, N.D. -- Airmen from the 791st Missile Security Forces Squadron and 5th Security Forces Squadron participate in joint-unit training at Minot Air Force Base, N.D., Nov. 22, 2017. During the training, 791 MSFS marksman teams evaded detection and capture by 5 SFS military working dogs and their handlers. Marksman teams observed the MWD team's behavior to better recognize the possibility of detection and adapt to the situation.

U.S. Air Force photos | Senior Airman J.T. Armstrong





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Mister Rogers' Neighborhood Sweater Drive provides warmth in ND and MN neighborhoods

PRAIRIE PUBLIC

Fargo, N.D., December 1, 2017 – Prairie Public and Gate City Bank are partnering to host the Mister Rogers' Neighborhood Sweater Drive. Now through December 15, Gate City Bank locations across the region will accept new and gently used sweaters, for children and adults, that will be distributed to local families in need.

This is the sixth year that Prairie Public and Gate City Bank have teamed up to host the Sweater Drive.

"Fred Rogers' cardigan sweater has come to represent his gentle spirit and nurturing of his television neighborhood," said Christine McClellan, Prairie Public's community engagement coordinator. "Prairie Public welcomes this opportunity to nurture

families in our own neighborhoods, and we encourage those who donate sweaters at Gate City Bank and to help spread the word about this project."

Fred Rogers' original sweaters were all knitted by his mother. To help set the tone for a visit with his young viewers, Rogers put on a sweater and changed into sneakers as a way to help children settle in for the television program. One of his sweaters is on display at the Smithsonian Institute.

Prairie Public Broadcasting, headquartered in Fargo, is a non-profit member station of PBS and NPR that provides public television services throughout North Dakota, northwestern Minnesota, southern Manitoba, and parts of Montana and South Dakota; public

radio service to North Dakota; and educational and technological services to communities and individuals across its coverage area.

A \$2.1 billion mutual community bank, Gate City Bank has been providing banking services to its customers since 1923. Gate City Bank has 36 convenient banking offices across North Dakota and west central Minnesota and employs 590 people. In addition to being the number one mortgage lender in North Dakota with locally approved, financed, and serviced home loans, Gate City Bank was named one of the "50 Best Places to Work" in 2014, 2015, 2016 and 2017 by Prairie Business. Additional information is available at gatecitybank.com.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



"A large-scale winter storm, with deep snow or ice cover, cuts off many birds from their natural food supplies and can actually cause them to starve by the thousands and even millions."

– National Wildlife Federation blog.

As Americans celebrate the traditional Thanksgiving feast, the early snow and cold serves as a reminder that life can be tough for one's feathered friends when winter arrives early.

Let's share some love by taking care of those hardy birds who opt to stay in North Dakota for the winter and those who call the state their wintering grounds - those northern species who, for them, North Dakota is as far south as they want to go.

It's not too early to start feeding and setting up winter birdbaths. The caveat, though, is that if a person opts to provide alternative food sources other than Mother Nature's bounty, they need to be diligent and stick with it throughout the winter.

Birds, like other wildlife, become dependent on searching feeders for food. If feeders aren't filled and maintained regularly, more harm than good could result.

Place feeders and birdbaths in areas where trees and shrubs provide shelter from predators – things such as avian predators like hawks and owls, as well as critters like a coyote or neighbor's cat. However, place the feeder far enough away – about 10 feet – so predators aren't within easy reach. Also place feeders and birdbaths downwind from trees and shrubs.

Feeders should also be in areas easily accessible for filling. If the feeder area is going to be in a location that fills with waist-deep snow a person is less apt to enthusiastically fill it.

Birds also need water in the winter. Yes, they can eat snow but, like people, staying hydrated is healthier if done with water. Like feeders, birdbaths should be in areas where they're easily filled yet close to shelter for the birds.

Select birdbaths that automatically shut off when

it's above 32 degrees and when empty. Be cautious if using extension cords – make sure they're designed for outdoor use.

Some other winter feeding tips:

*Use large feeders so they don't have to be filled as frequently and could sustain birds in a storm.

*Use suet high in fat and calories because birds burn extra energy to stay warm in the winter.

*Peanut butter is also high in oil and fat. Try mixing it with sunflowers and forming into balls or suet cakes, hanging them from a tree.

*Black oil sunflowers, hulled peanuts, and Niger seed are the best seeds to feed in the winter, especially sunflowers with their high oil content. A wide variety of wintering species eat those three main types of seeds.

*Keep suet and food on hand to avoid running out in severe weather.

Oh, and don't worry about bird's feet freezing in the winter when they sit on metal feeder perches. Their feet lack sweat glands so they won't freeze in cold temperatures.

In addition to feeders and birdbaths for wintering birds, it still boils down to habitat: Quality habitat serves two purposes – shelter from weather and predators and food.

Incorporating plants that hold seeds throughout the winter and not cutting those perennial plants and grasses with seed heads back until the spring provides a natural food source.

In addition, planting shrubs and trees with berries provides food for berry-feeding birds.

With a yard designed to attract, protect, and feed birds, feeders can then become a vital supplement in times of severe weather.

Plus, winter is a great way to learn bird identification – they're easier to see.



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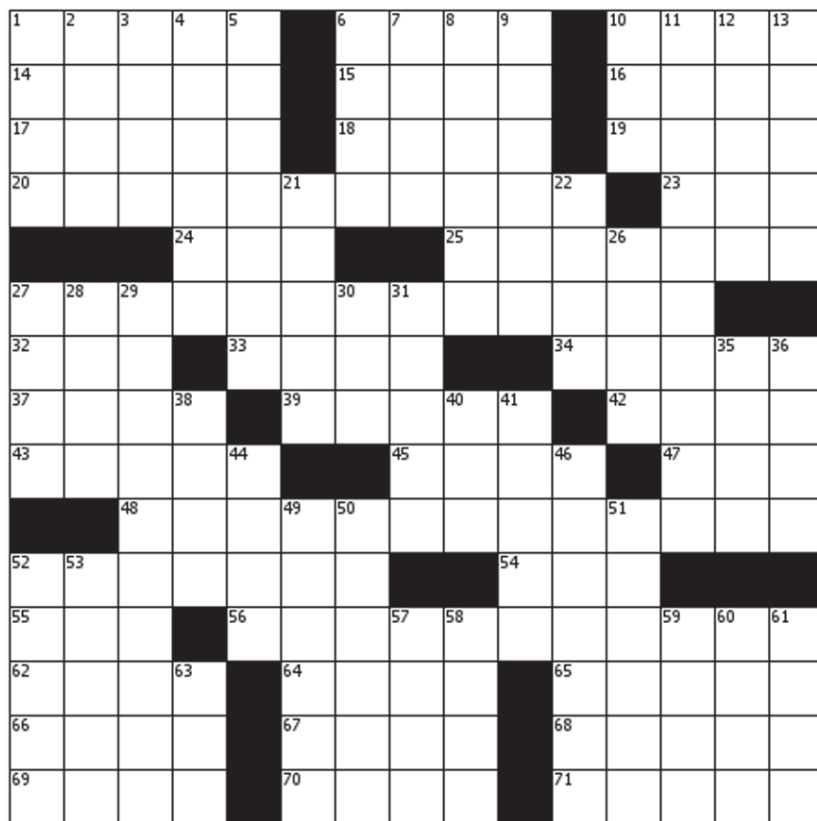
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CROSSWORD PUZZLE

Across

- 1. Like a tack
- 6. "Animal House" attire
- 10. Craving
- 14. Boring thing
- 15. At the summit of
- 16. Blood fluids
- 17. Surgeon's requirement
- 18. Brad of "Fight Club"
- 19. Miles away
- 20. Wise trainers?
- 23. Country getaway
- 24. Yank's foe
- 25. Easter and Christmas
- 27. Mad PI?
- 32. "___ Maria"
- 33. Took a look at
- 34. X
- 37. Back of the neck
- 39. Worked for Hilfiger
- 42. Hindu deity
- 43. Flee to unite
- 45. Borodin's prince
- 47. Zip
- 48. An operatic plant?
- 52. Beast on a coat of arms
- 54. South American tuber
- 55. Bon follower
- 56. Dealers with the sole of discretion?
- 62. It was sacred to Tut
- 64. Logical beginning?
- 65. Put more paint on a brush
- 66. Balm ingredient, perhaps
- 67. New driver, typically
- 68. Church doctrine
- 69. Jekyll : Hyde :: Superman :



- 70. Nobel Institute city
 - 71. Express contempt
- Down**
- 1. Succumbs to gravity
 - 2. Sinuous dance
 - 3. Wide-eyed with expectation
 - 4. Look up to
 - 5. Come before
 - 6. Spanish appetizer
 - 7. Concerning the ear

- 8. Like some romances
- 9. Most fitting
- 10. Dos Passos opus
- 11. Elegance of manner
- 12. Ten C-notes
- 13. Deserves
- 21. Toes the line
- 22. Skirt feature, sometimes
- 26. Dyed-in-the-wool

- 27. All there
- 28. Roundish
- 29. Change the locale
- 30. Driving gadget
- 31. Track legend Moses
- 35. Satanic pursuit
- 36. Garage activity
- 38. "The Ten Commandments," e.g.
- 40. Quiche ingredient
- 41. Supporter of the arts, perhaps

- 44. Eve's grandson
- 46. 33s and 78s
- 49. Isle of Capri attraction
- 50. Rulers contain them
- 51. Assume, as a task
- 52. Inuit vessel
- 53. Aristocratic
- 57. Nautical centerpiece
- 58. "The Beat Goes On" singer
- 59. Sidle
- 60. Hoarfrost
- 61. Practice for the fight
- 63. Complete collection

SUDOKU Solution to puzzle on page 14

1						2		
3					4			
	5			6			4	7
				3		1		8
			9		5			
2		7		1				
	6			4				9
			7					5
		9			8			3

Solution to last week's Crossword puzzle.

S	E	W		M	E	W	S		S	T	A	G	E	D
A	N	A	B	O	L	I	C		P	I	L	L	A	R
P	U	L	L	O	F	F	A	V	I	C	T	O	R	Y
O	R	L	O	N		E	M	I	R		O	W	N	S
R	E	S	T	E	D			M	I	D				
				D	O	D	O		T	R	O	P	I	C
A	G	E	D		F	A	T	S		A	R	E	N	A
L	A	Y	O	F	F	T	H	E	S	W	E	E	T	S
P	R	E	L	L		A	E	R	O		S	P	O	T
S	Y	S	T	E	M		R	E	D	S				
				A	I	R			S	T	O	L	E	S
A	B	C	S		F	E	E	S		O	P	E	R	A
F	A	L	L	O	F	F	T	H	E	W	A	G	O	N
E	L	A	I	N	E		N	O	V	E	L	I	S	T
W	I	N	D	E	D		A	P	E	D		T	E	A

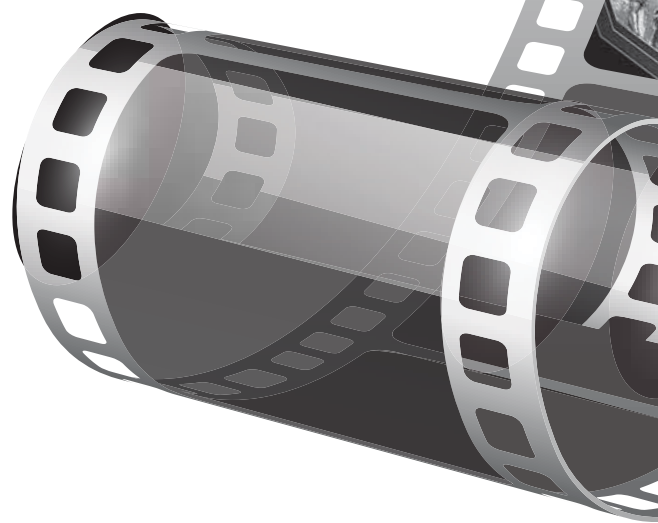
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FRIDAY, DECEMBER 8 • 1800
SUNDAY, DECEMBER 10 • 1500

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THOR: RAGNAROK • (PG-13)
SATURDAY, DECEMBER 9 • 1700

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REEL TIME THEATER MOVIE SCHEDULE





Salted Chocolate and Caramel Pretzel Bars



INGREDIENTS:

12 ounces semi-sweet chocolate chips , good quality chocolate divided into pieces (I like ghiardelli best for melting)
 8 ounces mini pretzel twists , half of a regular 16-ounce bag
 11 ounce bag Kraft Caramel Bits , or homemade caramel
 Sea salt for sprinkling

INSTRUCTIONS:

Line a large, rimmed baking sheet with parchment paper.
 Melt 8 ounces of the chocolate chips gently in the microwave (on low heat, stirring every 15 seconds) until smooth.
 Spread the chocolate evenly over the parchment. Immediately add the pretzel twists over the top (it's ok if they overlap!) and gently press them into the chocolate.
 Add caramel bits to a microwave safe bowl with 2 tablespoons water and melt according to package instructions (on high for 2 minutes). Stir well and drizzle the melted caramel over the top of all of the pretzels.
 Melt remaining 4 ounces of chocolate and drizzle over the caramel. Sprinkle with sea salt.
 Refrigerate until hardened.
 Cut or tear into pieces, Enjoy!



Museum's 7th annual Old-Fashioned Holiday Dinner Dec. 9

PRAIRIE VILLAGE MUSEUM

Great food, Mr. & Mrs. Claus, dozens of gifts, baked goodies and holiday music are the hallmarks of Prairie Village Museum's Old-Fashioned Holiday Dinner coming up Saturday, Dec. 9, at the Rugby Eagles Club.

Friends of the Museum will start serving Theresa Wangler's roast beef dinners at 5 p.m. Santa and Mrs. Claus will arrive around 5:30 to meet and greet kids of all ages.

Throughout the evening attendees can shop for baked goods and purchase chances on gift baskets donated by more than 30 local businesses and historical society members.

Bernie Arcand will kick off the dinner music at 5 p.m., followed by pianists Cheryl Holm and Pam Anderson. Youth from the Church of Jesus Christ of Latter Day Saints will come a caroling around 6:30 p.m. Drawing for the gift baskets starts at 7 p.m. Winners need not be present to win.

Dinner tickets are \$10 for adults and \$5 for kids (6 to 12); no charge for preschoolers. Tickets will be available at the door.

Theresa's roast beef dinner will include roast beef, mashed potatoes, gravy, vegetable, coleslaw, and rolls. Friends of the Museum are providing ethnic holiday treats, like lefse, kuchen and krumkake

for dessert.

This year's Old-Fashioned Holiday Dinner is sponsored by Center Mutual Insurance, Envision, Merchants Bank, TBEI-Rugby Manufacturing, Thrivent Financial, Dave and Caye Bednarz, and the Rugby Convention & Visitors' Bureau.

An easy way to tell friends and family about the dinner is to direct them to the museum website at www.prairievillagemuseum.com.

Youth from the Church of Jesus Christ of Latter Day Saints pose for a photo during a rehearsal for their appearance at the museum's Old-Fashioned Holiday Dinner set for Saturday, Dec. 9. Their director, Jill Roberts, front center, appeared as Eliza Doolittle in Village Arts summer production of "My Fair Lady."

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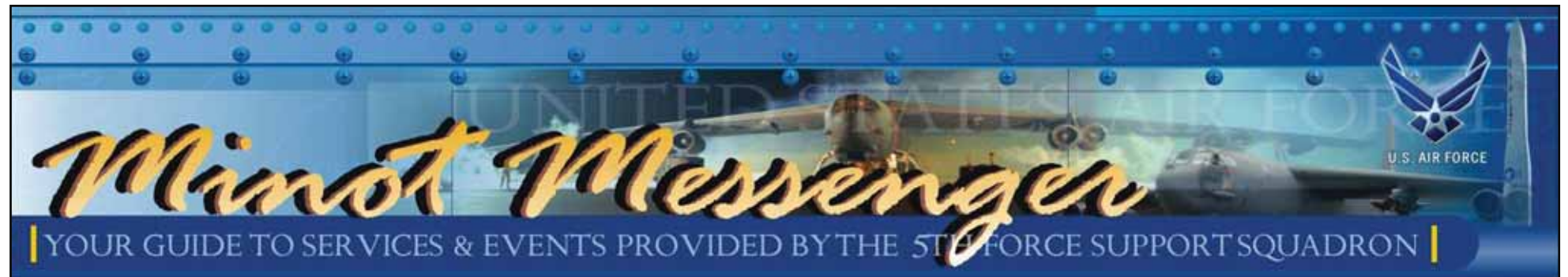
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Dinner With Santa At Rockers Bar & Grill On December 21



Come see Santa and let the little ones plead their case one last time for their wish lists during Dinner With Santa at Rockers Bar & Grill on Thursday, December 21 from 5-7 p.m. This club member only event features a delicious menu including fried chicken, mashed potatoes & gravy, corn, rolls, and cookies for only \$3/person. Children 5 years of age and under are FREE.

Rockers will close at 1 p.m. on December 21 to prepare for this event. Dinner With Santa is sponsored by North Highlands Apartments & Villas. No Federal Endorsement of Sponsor Intended.

Baseball Camp Coming To Youth Center Starting Jan. 20

Youth at Minot AFB can learn the fundamentals of baseball and increase skills and stamina during the Youth Programs Baseball Camp hosted by the Youth Center. This 10-week camp will be held on Saturdays from January 20 through March 24. Sessions for children 5-8 years of age will be held from 9:30 a.m. to 11 a.m. and sessions for youth 9 years of age and older will be held from 11:30 a.m. to 1 p.m.

The camp is taught by qualified coaches and will focus on strength conditioning, batting, catching, pitching, infield and outfield drills, and more. The camp is open to both Youth Center members and non-members. Cost is \$50 for members and \$75 for non-members. Registrations for the camp are being accepted from December 18 through January 19. For more information, please contact the David C. Jones Youth Center at 723-2838.

Library Hosting Winter Reading Program For Adults & Teens

The Base Library is holding their Winter Reading Program for adults and teens now through March 1. You can stay warm with some good books plus chances to win prizes. To participate, adults and teens simply need to visit the Base Library between December 1 and February 15 or register at www.tinyurl.com/minotlibrary. Then read and log CSAF Reading List titles or books read for fun to receive prizes and chances to win bigger prizes.

In addition to individual prizes, the squadron whose active duty members read the most CSAF Reading list books and log them for the Base Library's Winter Reading Program will receive a certificate and bragging rights.

For additional information on this year's Winter

Reading Program, please call the Base Library at 723-3344.

Water Safety Instructor Course Offered By ODR

Want to teach swim lessons? Get Red Cross certified! Outdoor Recreation is offering a Water Safety Instructor Certification Course. There will be a Pre-Test on Wednesday, January 3 at the Indoor Pool from 6-7 p.m.

Online course work is scheduled for January 6 through February 3. In-class course work will be held at Minot High School on Saturdays including January 6, January 13, January 20, and February 3 from 10 a.m. to 6 p.m.

Cost for the Water Safety Instructor Certification Course is \$200. Registration deadline is December 22. Class size is limited so sign up today! Participants must be 16 years of age or older.

If you have ever wanted to teach swim lessons you don't want to miss this great certification course opportunity. For additional information or to register for the upcoming Water Safety Instructor Certification Course, please contact Outdoor Recreation at 723-3648.

For 5th Force Support Job Opportunities, visit www.nafjobs.org or call NAF Human Resources at 723-2812

CLUB MEMBER DRAWING ON FRIDAY, DECEMBER 8 WILL BE FOR \$600.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club membership drawing will be held on Friday, December 8 at Rockers Bar & Grill only (Doolittle Center will be closed for a private holiday party). Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Dec 8 Youth Center Masquerade Ball
The Youth Center will be hosting a Masquerade Ball for youth age 9 and older on Friday, December 8 from 7-9 p.m. Come out in your best dressed attire and dance the night away. Cost is FREE for Youth Center members and \$10 for non-members. Prior to the Masquerade Ball, the Youth Center is holding mask creating all week from 4-5:30 p.m. For more details, call the Youth Center at 723-2838.

Dec 9 A Victorian Christmas Carol
Children of all ages are invited to A Victorian Christmas Carol at the Base Library on Saturday, December 9 at 1 p.m. Explore a Victorian Christmas with stories, classic crafts, and authentic activities. For more information, call 723-3344.

Family Fun Night
Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Rider Indoor Playland. For additional information, please contact Rough Riders Pizza at 727-4377.

Dec 14 Percy Jackson Night
The base library has a fun evening planned for teens and tweens during their Percy Jackson Night program on Thursday, December 14 starting at 6 p.m. Celebrate Rick Riordan's Percy Jackson series and all things Greek and Roman with trivia, games, and activities. This FREE event is open to everyone. For additional information, please call the library at 723-3344.

Dec 20 Bundles For Babies
Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on December 19 from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your growing family and about many of the support programs that are available. This is a great opportunity to network with other expectant parents and learn new parenting skills. Plus participants receive a free gift for your new baby courtesy of the Air Force Aid Society. Please register by noon on December 19. For additional information, please contact the Airman & Family Readiness Center at 723-3950.

Dec 9 Best Four Game Tournament
Strike up some fun during the Best Four Game Tournament at Rough Rider Lanes on Saturday, December 9 from 4-9 p.m. Bowl six games (one game will be 9 Pin No Tap) with your best four games going towards the high series. Payout will be one in four/five depending on participation. Cost is \$50 per person with \$25 going into the prize fund. Participants must be 18 years of age or older. A minimum of 20 bowlers needed.

Dec 21 Creative Kids Class
Create Christmas snowman masks and ornaments during the Creative Kids class at the Arts & Crafts Center on Thursday, December 21 from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. Call 723-3640 for details.

Family coming for the HOLIDAY SEASON?
Reserve holiday guests a room at the Sakakawea Inn
Now accepting Space-A reservations for 1 Dec 2017-2 Jan 2018
Reservations can be made up to 30 days in advance for up to a 30 day stay. Open to all Military and Civilian Personnel assigned to Minot AFB.
Call today to make your reservation (701) 248-7000 or DSN: 453-6161
AFI 34-135 allows Space-A guests to stay a maximum of 30 days per year in lodging.

need some activities to liven up the winter months?
Win Prizes!
winter challenges
21 December 2017 - 19 March 2018
at mafb library
723-3344

- photo scavenger hunt**
Pick up a list of items to photograph at the Base Library on or after 21 December and submit your photos featuring a team member and each item on the list on or before 19 March
- weekly lego challenges**
Complete a different challenge each week at the Library's Lego Table
- s.t.e.a.m. challenges**
Complete a different challenge each week at the Library

Dive under the sea at Family Fun Night with the **Mermaid Princess**
at Lil' Riders Playland
Tuesday December 12 5-7 pm
enjoy activities, games and \$1.00 Pizza slices!
727-4377

WATCH YOUR FAVORITE NFL TEAM AT THE CLUB!
FOOTBALL FRENZY
SUNDAYS 11:30AM-6:30 PM
GET THE UNIQUE WORD OF THE WEEK FOR YOUR CHANCE TO WIN!
GRAND PRIZE SUPER BOWL TICKETS
CATCH ALL THE ACTION OF THE 2017 NFL SEASON EVERY SUNDAY AT ROCKERS BAR & GRILL
WING & PITCHER SPECIALS
GET 6 WINGS, FRIES, & DRINK FOR \$8.95
GET YOUR FAVORITE DRAFT PITCHER FOR JUST \$8.95

YOUNG AIRMEN EVENTS & PROGRAMS

Dec 8 Friday Night Karaoke
Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on December 8 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Dec 18-21 Off-Base Budget Classes
Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on December 18, 19, 20, & 21 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! Four classes to choose from in December. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.

Dec 11 Jingle Run 2 Miler
The Fitness Center is holding the Jingle Run 2 Miler on Monday, December 11. This indoor 2-mile run event will be broken up into different heats throughout the day from 7 a.m. to 2 p.m. in an attempt to accommodate participants busy schedules. The run is open to all DoD ID card holders 16 years of age and older. Sign-up at the Fitness Center or call 723-2145 for more information.

Dec 16 Ho Ho Ho Holiday Sampler
Looking for some fun and exercise? The Fitness Center is hosting the Ho Ho Ho Holiday Sampler event on Saturday, December 16 from 9-11 a.m. This sampler is a combination of strength and cardio classes taught by a variety of instructors. For additional information, contact the Fitness Center at 723-2145.

Ski and Snowboard Rental
Outdoor Recreation offers downhill and cross country ski rentals with daily, Saturday, weekend, and weekly rates. They also offer snowboard package rentals. For more information, call Outdoor Recreation at 723-3648.

Happy Birthday!
Sterling Manning
turned 4 on December 8!
Join the Birthday Club!
E-mail your name, address, phone number & birth date to birthdayclub@5thforcesupport.com along with a color photo (.jpg format). Please submit request for child's birthday wish a minimum of 10 days before birthday.



Team Minot brings in the holiday season with tree lighting ceremony

MINOT AIR FORCE BASE, N.D. -- Col. Matthew Brooks, 5th Bomb Wing commander, and Col. Sloan Hollis, 5th Bomb Wing vice commander, flipped the switch during the annual tree lighting ceremony at Minot Air Force Base, N.D., Nov. 30, 2017. Airmen and their families attended the event to help usher in the holiday season. The ceremony included a visit from Santa Claus who arrived on a 5th Civil Engineer Squadron fire truck.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS DILLON J. AUDIT

Evolution of the Airman Safety App

KEITH WRIGHT | AIR FORCE SAFETY CENTER

KIRTLAND AIR FORCE BASE, N.M. (AFNS) -- The evolution of the Air Force Safety Center's Airman Safety App reached an important milestone with recent software updates Dec. 1, 2017.

This simple, web-based tool provides a streamlined process for all Airmen, their families and anyone accessing the base to report safety issues as they encounter them.

"The Air Force wants to utilize every Airman as a sensor to identify hazards in their workplace and throughout the installation," said Col. William Culver, Air Force chief of Aviation Safety. "The aviation community, both commercial and military, has been doing this for many years and now we can take those best practices across all safety disciplines".

With this update, the Air Force will use the Airman Safety App to leverage the expanding Aviation Safety Action Program voluntary reporting capability. This includes aircrew operations and logistics/maintenance safety issues and events. The transformation -- "Aviation" is expanding to "Airman".

Airmen will also have access to the latest hazard reports through active messaging and an ASAP Scoreboard located in the Air Force Safety Automated System database.

Another improvement links

the Airman Safety App with a new hazard management module in AFSAS enabling safety professionals to track and mitigate reported hazards.

"Supporting features were upgraded in AFSAS to increase the application's capability," said Douglas MacCurdy, acting chief information officer and chief of Information Technology and Cyberspace Operations. "Air Force safety professionals now have a hazard management tool capable of cradle-to-grave identification and risk mitigation of safety issues".

The Airman Safety App opened the door to a new way of limiting and eliminating safety hazards, like exposed electrical wires in the workplace, and road hazards around each and every installation while providing a substantial amount of data essential to proactive mishap prevention and effective risk management.

The application is accessible anytime, anywhere and with almost any device -- desktop, laptop, tablet or smart phone -- and focuses on minimizing the most common obstacles, making reporting quicker and easier to accomplish.

Initiating the reporting process is easy, just access the Airman Safety App online at <https://asap.safety.af.mil> and select the Airman Safety Action Report icon.



Rinat Mouzafarov's Institute of Dance and Ballet Theater
presents

Oh, Christmas Tree

If this tree could talk...
the stories it would tell.



December 9, 2017 • December 10, 2017
7:00 PM 2:00 PM

Central Campus Auditorium

Tickets Available At:

Home Sweet Home Northwest Music
Jacobsen's Music Video Magic
Esoterica

Adult: \$10
Child: \$5



HUMAN TRAFFICKING

If you suspect Human Trafficking
REPORT IT!

Contact the DOD Hotline at:

dodig.mil/hotline
or call toll-free **800-424-9098**

Visit **ctip.defense.gov**
for more information.

For 24/7 assistance, call the
National Human Trafficking
Resource Center at 1-888-373-7888.

Send written complaints to:
Defense Hotline
The Pentagon
Washington, D.C. 20301-1900



Pills for the ill

MINOT AIR FORCE BASE, N.D. -- Pharmacy technicians from the 5th Medical Support Squadron review, process, and verify prescriptions at Minot Air Force Base, N.D., Nov. 17, 2017. The pharmacy provides more than 1,000 unique medications to active duty military members, dependents and veterans, filling around 250 prescriptions daily and 74.5K yearly.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALYSSA M. AKERS



Laura Larson, M.S., LPCC
is now seeing clients for mental health needs at Northland Community Health Center in Minot.

Over 20 Years Experience

Services Include:
Individual & Family therapy to children, adolescents, & adults

Please call for more information or to schedule an appointment. 852-4600. Northland Community Health Center is located in the Arrowhead Mall in Minot.





North Dakota RV Dealer
#1 Motor Home, Towable
& Toy Hauler RV Sales

3000 14th Ave SW • Minot, ND
Hours: Monday - Friday 8:00 am - 5:00 pm
Saturday 8:00 am - 2:00 pm
701-838-4343 • 800-488-7896
www.capitalrv.com

TODAY

- Last day to register for the Jingle Run 2 Miler at the Fitness Center
- Private Holiday Party - Ground Zero Lounge at the Jimmy Doolittle Center Closed
- Tactical Fitness, 0630, Fitness Center
- Fit To Fight, 1100, Fitness Center
- Express Cycle, 1200, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Get Fit Together Bowling, 1700-2000, Bowling Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Youth Center Masquerade Ball, 1900-2100, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

SATURDAY

- Tactical Strength & Fitness, 0900, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Yoga, 1000, Fitness Center
- Weight Lifting 101, 1000, Fitness Center
- A Victorian Christmas Carol, 1300, Base Library
- Get Fit Together Bowling, 1600-2000, Bowling Center
- Best Four Game Tournament, 1600-2100, Bowling Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

SUNDAY

- NFL Sunday Ticket Football Frenzy, 1130-1830, Rockers Bar & Grill
- Sunday Escapes Book Club, 1330, Base Library
- Family Zumba, 1400, Fitness Center

MONDAY

- Tactical Fitness, 0630, Fitness Center
 - Jingle Run 2 Miler, 0700-1400, Fitness Center
 - TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
 - Build Wealth with TSP, 1130-1300, A&FRC
 - Reintegration Briefing, 1300-1400, A&FRC
 - Yoga, 1730, Fitness Center
 - Weight Lifting 101, 1730, Fitness Center
- TUESDAY**
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
 - Game Day, 1000-1930, Base Library
 - Fit to Fight, 1100, Fitness Center
 - Family Fun Night with the Mermaid Princess, 1700-1900, Rough Riders Pizza & Lil' Riders Playland
 - Family Fun Night, 1700-2100, Rough Riders Pizza
 - Urban Boot Camp, 1830, Fitness Center
 - Cycle, 1930, Fitness Center

WEDNESDAY

- Last day to register for the 3-Point Shoot-Out Competition at the Fitness Center
- Right Start, 0730, A&FRC, Held at the Jimmy Doolittle Center
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Club Member Benefit, Every Wed, 0900-2000, Bowling Center
- Parent & Tot Fit Kids, 0930, Fitness Center
- Story Time, Every Wed, 1030, Base Library
- Cycle, 1200, Fitness Center
- Pre-Deployment Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Wednesday Night Fun Open Bowling, 1700-2100, Bowling Center
- Squadron Extramural League, 1730, Bowling Center
- Yoga, 1830, Fitness Center

THURSDAY

- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Yoga, 1000, Fitness Center
- Weight Lifting 101, 1100, Fitness Center
- Muscle Pump, 1130, Fitness Center
- 3-Point Shoot Out, 1200, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Fitness Hour, 1600-1700, Youth Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Weight Lifting 101, 1730, Fitness Center
- Percy Jackson Night, 1800, Base Library
- Mixed Couples League, 1830, Bowling Center
- Have a Ball Bowling League - Sports Theme, 1830, Bowling Center
- NFL Thursday Night Football FRENZY, 1915, Rockers Bar & Grill

UPOMING EVENTS - DECEMBER 15

- Tactical Fitness, 0630, Fitness Center
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Fit To Fight, 1100, Fitness Center
- Express Cycle, 1200, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Ground Zero Lounge Open, 1600-2100, Jimmy Doolittle Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Get Fit Together Bowling, 1700-2000, Bowling Center
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

UPOMING EVENTS - DECEMBER 16

- Ho Ho Ho Holiday Sampler, 0900-1100, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Give Parents A Break, 1300-1700, CDC & School Age Program
- Get Fit Together Bowling, 1600-2000, Bowling Center
- Weekly Fun 9 Pin No Tap Tournament, 1630, Bowling Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

ONGOING EVENTS

- December Special - Macaroni & Cheese Pizza Our delicious macaroni & cheese pizza is back!! Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza. Try it on a Panino! \$8.25 meal - includes side & drink
- B-Fifty Brew Drink Special December Special - Eggnog Fog A Holiday drink comprised of Earl Grey tea, vanilla syrup, and our seasonal milk choice, Eggnog. Tall \$4.50 Grande \$5.00 Venti \$5.50
- Auto Hobby Specials December 1-10: \$3 off Strut Swap - Bring in old struts & Auto Hobby will remove spring from strut & install new strut on spring - regular price \$15 per strut - SPECIAL PRICE \$12 per strut; Please ask for the special
- December 12-20: \$1 off Stall Fees - Regular Flat Stall Price \$3/hour - SPECIAL PRICE \$2/hour Regular Lift Stall Price \$6/hour - SPECIAL PRICE \$5/hour; Please ask for the special
- December 21-31: \$1 off Tire Balancing - Regular Price \$6.50 per tire - SPECIAL PRICE \$5.50 per tire; Please ask for the special
- Winter Reading Program : 1 Dec, 2017 thru 1 Mar, 2018 Sign up for the Library's Winter Reading Program and stay warm with some good books! Registration open from 1 Dec, 2017 until 15 Feb, 2018. Adults and teens who read an log CSAF Reading list titles or books read for fun will receive prizes & chances to win bigger prizes! For more information or to sign up, visit tinyurl.com/Minot-Library
- Winter Reading Program Squadron Contests: 1 Dec, 2017 thru 1 Mar, 2018 Registration is open from 1 Dec, 2017 until 15 Feb, 2018. The squadron whose active duty members read the most CSAF Reading List books and log them for the Base Library's Winter Reading Program will receive a certificate & bragging rights! For more information or to sign up, visit tinyurl.com/MinotLibrary
- Sakakawea Inn Now Accepting Holiday Reservations for 1 Dec. 2017-2 Jan. 2018 Reserve Holiday Guests a room at the Sakakawea Inn. Reservations can be made up to 30 days in advance for up to a 30 day stay. Open to all Military and

Civilian Personnel assigned to Minot AFB. Call today to make your reservation! (701) 248-7000 or DSN: 453-6161

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

is now registering for the Fall 2017 term (6 Dec-13 Feb). To sign up for courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu. If you have any questions, please call 701-727-9007.

CHRISTMAS TREE LIGHTING 11/24/2017 6:00 PM - 6:30 AM

Downtown Minot Main St. and Central Ave. Join the Downtown Merchants for the annual lighting of the Christmas tree. Join us for an evening of Holiday cheer!

MAIN STREET BOOKS UPCOMING EVENTS

Tuesday at 10:30 am Dec. 5, Dec. 12, Dec. 19, Dec. 26 and Thursday at 10:30 am Dec. 7, Dec. 14, Dec. 21, Dec. 28. Story Time with Miss Danielle or Miss Cassie. Miss Danielle & Miss Cassie love finger plays and nursery rhymes, songs and engaging your little one (or two) in the magic of story. More info at mainstreetbooksminot.com

Sunday, December 10, 2017 1pm - 3pm Join us as we welcome Stephen Bolduc and Amy Phillips as they talk about their new book "The Prairie Post Office."

Tuesday, December 12, 2017 7:00 pm TOOT! TOOT! What's that?? It's the Polar Express pulling into Main Street Books! Join Us Tuesday, December 12th at 7:00PM for our annual Polar Express Party! Enjoy a reading of the Polar Express, a surprise visitor, and a FREE hot chocolate bar! No tickets needed this year but a free will offering is appreciated so we can keep this event happening year after year!

Saturday Dec. 9, Dec. 16, and Dec. 23 12pm - 2pm Ho! Ho! Ho! Santa Claus is coming to Main Street Books. From 12:00pm - 2:00pm, Santa will be down at the store, ready to hear about who's been naughty or nice this year! And of course, you can take your own FREE PICTURES with Santa! Saturday December 9, 2017 11 am Join us for a reading of "Hoot & Peep: A Song for Snow" with a craft and snack to follow.

Thursday Dec. 14 Join us the night of the Holiday Train. From 5-9 free Glow lite for kids hot cider, candy canes and store specials.

Saturday December 16, 2017 11 am Join us for a reading of "The Snowy Day" with a craft and snack to follow.

Saturday December 23, 2017 11am Join us for a reading of "Santa's Sleigh is on its way to North Dakota" with a craft and snack to follow.

HOLIDAY CRAFT SHOW

Saturday, 9 Dec, 9:00 a.m. - 4:00 p.m. Parker Senior Center, 21 1st Ave SE, Downtown Minot. Many crafters jointly displaying unique handmade crafts and baked goods. One check covers all you purchases, so no need to remember booth location, we now also are taking credit/debit cards. FREE ADMISSION.

'CHRISTMAS STORY THROUGH SONG' AND SING-A-LONG 12/09/2017

2:00 PM - 3:00 PM Brentmoor Assisted Living Center. Join the Schumann Guild in this December/Christmas Musicales. All welcome to sing favorite Christmas Carols. Call 701-852-5131 for additional information.

MINOT CHRISTIAN WOMEN

Holiday Elegance. A fun luncheon is being held for all Minot area ladies at the Grand Hotel, on Tuesday, December 12th, 12:15-2:00 pm \$13.00 inclusive. Program: A wonderful concert of Christmas music will be provided by pianist Linda Lumley & soloist Gina Footh, both from Stanley, ND. We will also get to enjoy a Christmas carol sing-a-long! Speaker, Karyn Person, Lorette, MB, with her husband, runs a small business in the Winnipeg area. She will share her message: "The Gift of Christmas Love." **Join in the fun by wearing black, white, and/or red!! For reservations, contact Darcy at 837-8233 or minotchristianwomens@hotmail.com

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 5:30 pm Sunday 8:30 & 11:00 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p> Harvest Reformed Church</p> <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p>Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Bible Fellowship Church</p> <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p> Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am</p> <p>Please join us, all are welcome here!</p> <p> UNITED CHURCH OF CHRIST</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship. 8:30 & 11:00 am Adult Bible Study, Adult Choir, Youth Sunday School 9:45 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Carllyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p>
<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p> <p> 2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship .. 8:30 am and 11:00 am Wednesday Supper 5:15 pm Wednesday Education 6:00 pm Wednesday Worship 7:00 pm</p> <p>Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Brandy Gerjets www.flcminot.com</p>	<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:30 am & 10:30 am Sunday Fellowship 9:30 am Wednesday Worship 6:45 pm Church School Wednesday 5:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p> <p> 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Calvary Alliance Church</p> <p>715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30 p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship 6:30 p.m.</p> <p>Sundays: Worship 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>
<p> BREAD OF LIFE ELCA LUTHERAN CHURCH</p> <p>1415 17th AVE SW 838-3360</p> <p>Saturday Worship 5:00 pm Sunday Worship 8:30 & 11:00 am Sunday Education 9:45 am</p> <p>Pastor Taryn Montgomery</p> <p>Everyone Welcome  Breadoflifeminot.com</p>	<p> Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled) 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night 7 p.m.</p>	<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF</p> <p> 8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319</p> <p>Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am</p> <p>Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p> Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	<p> ZION Lutheran ELCA</p> <p>1800 Hiawatha St. 852-1872</p> <p>Worship Times Saturday 5:00 pm Sunday 8:30 am & 11:00 am Wednesday 6:15 pm</p> <p>John Streccius, Pastor Carol Wendel, Pastor</p>	<p>ADVERTISE YOUR Church</p> <p>Advertise FOR ONLY \$7 PER WEEK</p> <p>Revisions MADE UPON NOTICE FROM THE CHURCH</p> <p>Deadline TUESDAYS BY NOON WEEK OF PUBLICATION</p> <p>VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM</p> <p>CONTACT TONYA</p> <p>call 701-839-0946</p> <p>email NSADS@SRT.COM</p> <p>fax 701-839-1867</p>	
<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 per week</p>	<p>Vincent United Methodist Church</p> <p> 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>			

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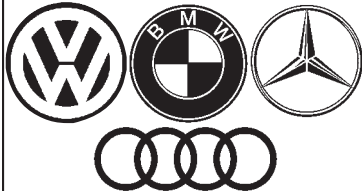
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9	5	8	1	6	2	3	4	7
4	9	5	2	3	7	1	6	8
6	3	1	9	8	5	7	2	4
2	8	7	4	1	6	5	3	9
7	6	3	5	4	1	8	9	2
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5	1	9	6	2	8	4	7	3

Answers to puzzle from page 6

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Chief Wright to Airmen: Know your retirement options

CHIEF MASTER SGT. OF THE AIR FORCE KALETH O. WRIGHT

WASHINGTON (AFNS) -- If I had to pick just one thing I'm most passionate about as the Chief Master Sgt. of the Air Force, without a doubt it would be taking care of our Airmen and their families professionally, physically, spiritually and financially. I'm a firm believer that these four things go hand in hand. In order to be the best, most resilient Airman possible, you have to balance your professional, physical, spiritual and financial wellness. This is why I'm always looking to arm our Airmen with knowledge to help them grow and make the best decisions possible in their lives.

Part of arming our Airmen with knowledge means providing them the tools necessary to understand and smartly plan their long-range financial goals. But this planning isn't just for Airmen with families; it's vital for all Airmen.

Beginning Jan. 1, 2018, the Department of Defense will transition to the Blended Retirement System. If you haven't heard about BRS, you need to get up to speed now and learn all you can. I need each of you to take an active interest in your financial planning by using every resource we've made available to learn about the BRS.

The BRS gives Airmen an opportunity to save their money in a portable Thrift Savings Plan while receiving matching government funds at the same time. This is the most basic layman's description of the program, which is why I need you to arm yourselves with all of the research and information available. To help you, our Air Force leaders have put together a team of experts ready to provide extensive training. Certified personal financial counselors are available at your Airman and Family Readiness Center. These experts cannot decide for you, but they can help you evaluate which retirement plan is best for you. Every Airman's situation is different, financial goals are unique to each Airman and there is no "one size fits all" decision.

Airmen who enter the Air Force on or after Jan. 1, 2018, are automatically covered by the BRS. Active component Airmen serving now and those who enter the Air Force on or before Dec. 31, 2017, will be

grandfathered under the current retirement system. Airmen with fewer than 12 years of active service on Dec. 31, 2017, or Reserve Component Airmen with fewer than 4,320 retirement points as of Dec. 31, 2017, have the choice to opt into the BRS. Reserve Component members' "retirement points" and retirement eligibility for the defined benefit are the same under the BRS as under the current retirement systems. The opt-in window for BRS will run from January 1, 2018 through December 31, 2018.

Make your decision knowing only you can determine which system is best for you, and understand that if you opt into BRS, it is irrevocable. You only have one chance to make this choice, so it's imperative you and those involved in making financial decisions for your family fully understand the pros and cons of both retirement systems.

I encourage each of you to take all of the training available on ADLS and utilize the BRS comparison calculator on the Military Compensation website (<http://militarypay.defense.gov/Calculators/>) before making an appointment with your base financial counselor. The calculator provides a comparison between the current retirement system and the BRS. Doing your homework and preparing your questions ahead of time will help you get the most from your financial counseling appointment. I would like to see all eligible Airmen trained as soon as possible to give everyone time to really think about their options and be fully prepared before making this life-impacting decision.

There are pros and cons to every major decision we make, and this holds true for both retirement plans. I can't tell you what to do. I can't tell you what's best for your family. All I can tell you is that you need to arm yourself with knowledge. Check out the training, talk to people who can provide you with objective advice, talk to those who will be most impacted by your decision and execute your plan knowing you made the best decision for you and your family.

For more information about the BRS, visit the BRS website at <http://militarypay.defense.gov/BlendedRetirement/>.



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