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Crews control

AIRMAN 1ST CLASS ALYSSA M. AKERS | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

The sun peaks over the horizon to reveal the icy minefield known as the flight line. Airmen are bundled from head to toe in thermal underwear, thick coveralls, gloves and multiple headgear, but these comforting layers don't keep them from getting the job done.

The crew huddles in the back of a white van, speeding off to their aircraft. Teamwork is crucial during this time, ensuring nobody stays in the cold for too long and the mission requirements are met.

Behind every great aircraft is a great crew. At the base where 'Only the Best Come North', the B-52H Stratofortresses stand tall with help from dedicated Airmen.

5th Aircraft Maintenance Squadron crew chiefs are assigned to Minot Air Force Base's B-52s in crews of 3-10 Airmen to ensure every aircraft is well maintained from the time it lands to the next time it takes off.

"We're the stewards for not only the aircraft, but the maintenance as well," said Tech. Sgt. Nicholas Tullis, 5th AMXS B-52 crew chief. "We need to

know about every single person's job to assist and direct maintenance under our aircraft."

These Airmen assigned to an aircraft are ultimately held responsible for it. Crew chiefs, as subject matter experts on their aircraft, are in charge of determining if maintenance is needed and will direct Airmen from separate career fields on what needs to be done.

"We need to not only be qualified in our job, but also qualified in other maintenance fields," said Tullis. "We can service struts, hydraulics, reservoirs and more. If our job is done, we're asking others what they need help on."

They perform detailed inspections, servicing, pre-flight recovery, launches and landings along with many other duties.

"Our job is everything from the time the plane lands to the time it takes off," said Tullis. "That's why you see a crew chief's name on the side of a jet. If someone has a question about the aircraft, they can come to us for an answer."

Crew chiefs are located around the world, but Minot AFB is unique. Normal working hours consist of 40 minutes working, 20 off. During the winter, this

changes to 30 on and off, and a heater is placed next to the plane.

"It takes a special someone to be able to work out in mostly negative temperatures through half the year," said Tullis. "We are required to take breaks to ensure we stay warm and don't get injured."

The lowest temperatures recorded within the past few years was minus 68 degrees, not including the wind chill.

"The maintenance is not the hard part," said Senior Airman Matthew Bitz, 5th AMXS B-52 crew chief. "We have the ability to do our job, it's just doing it in the conditions we have to. Aircrafts don't behave the same way they would in 70 degree weather."

Even with this in mind, Minot AFB crew chiefs don't give up. Tasks take longer to complete, but that hasn't broken the morale of these Airmen.

"If someone asked me if I loved my job, I'd be standing and screaming, staying highly motivated every single day," said Bitz. "After a while, you learn that the small tasks you are doing are going toward the big picture. We're putting jets in the sky and supporting nuclear deterrence. Knowing this, it



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS

Crew chiefs with the 5th Aircraft Maintenance Squadron work together to tow a B-52H Stratofortress at Minot Air Force Base, N.D., Dec. 6, 2017. A B-52 can weigh anywhere from approximately 185,000 pounds empty to a maximum of 488,000 pounds.



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS

From left, Airman 1st Class Jarad Fisher and Senior Airman Dillon Hunick, 5th Aircraft Maintenance Squadron crew chiefs, signal to the tow vehicle driver at Minot Air Force Base, N.D., Dec. 6, 2017. Crew chiefs use signals to ensure the B-52 is towed correctly and safely.

starts to give you and your team morale."

"We're doing what we

need to do to protect the way of life in America," added Tullis.

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Deployed Airmen volunteer to enhance morale downrange

TECH. SGT. LOUIS VEGA JR. | 386TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

SOUTHWEST ASIA (AFNS) -- Just as Santa's elves are busy this time of year, Airmen at the 386th Air Expeditionary Wing donate their time and sweat during the holiday season making sure the Christmas spirit is alive and well for their wingmen who are far from home during the holidays.

Approximately 30 Airmen from different career fields within the 386th AEW are supporting the air base post office during the holiday season while deployed.

"Mail is one of the things that connects us with our families back home," said Senior Airman Daniel Nelsen, 43rd Expeditionary Electronic

Combat Squadron C-130H mission crew supervisor. "It's the Christmas season and there are a lot more packages, so I decided to help out since I was off [from work]."

This is Nelsen's first deployment and he has been in country for only two weeks. He deployed from the 41st Electronic Combat Squadron at Davis-Monthan Air Force Base, Arizona.

The air base's postal team, comprised of seven Airmen, has accepted the help from these volunteers to unload, sort and process mail ensuring morale during deployment remains high. The Airmen offer their off-duty time daily through Dec. 30, 2017.



U.S. AIR FORCE PHOTO | TECH. SGT. LOUIS VEGA JR.

Staff Sgt. Andrew Thomsen, 386th Expeditionary Communications Squadron mail processing supervisor, processes a package Dec. 13, 2017, while sorting mail during the holiday season at an undisclosed location in Southwest Asia.



U.S. AIR FORCE PHOTO | TECH. SGT. LOUIS VEGA JR.

Airmen from different career fields within the 386th Air Expeditionary Wing process and sort mail Dec. 13, 2017, during the holiday season at an undisclosed location in Southwest Asia.

"It is important to have mail communications with our loved ones back home," said Master Sgt. Richard Balanon, 386th Expeditionary Communications Squadron postmaster. "It is a morale booster, not only during the holidays, but every day."

According to Balanon, there is already a 30 percent increase of mail compared to the whole month of December 2016. They are expecting anywhere between 47,000 to 48,000 pieces of mail by the end of the month, weighing approximately 202,000 to 205,000 pounds.

"Mail makes or breaks people's mentality here," said Staff Sgt. Andrew Thomsen, 386th ECS mail processing supervisor.

"The demeanor some people have when they don't get mail they are expecting, compared to when they get it, is significantly different. My favorite part of the job is seeing how happy people are when they get their mail."

The Department of Defense standard requires the post office to process all mail within 24 hours of receiving it. With the help of the volunteers, the average amount of time to unload, process and organize two full truck-loads of mail is typically within four hours.

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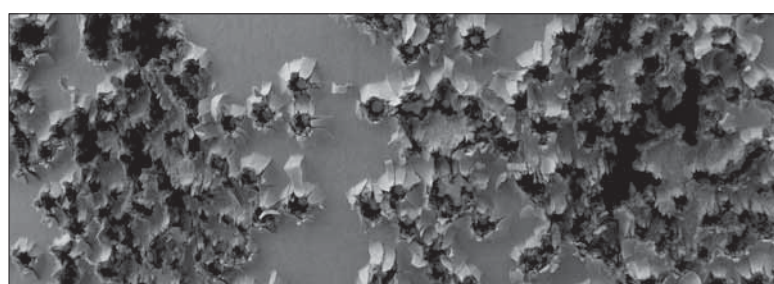
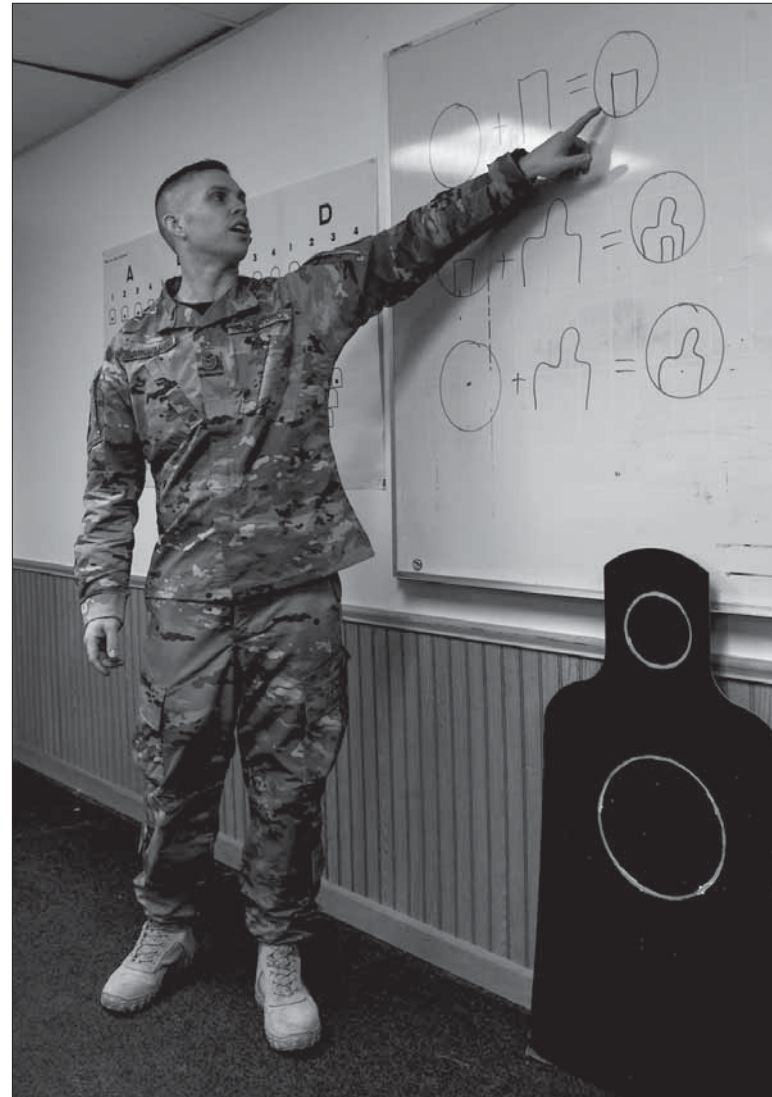
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U.S. Air Force photos | Airman 1st Class Jonathan McElderry



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A Christmas Without Cash

NORTH DAKOTA STATE UNIVERSITY EXTENSION COLUMN

From Thanksgiving Day through Cyber Monday, more than 174 million Americans shopped in stores and online during the five-day holiday weekend" (source: National Retail Federation) But for some families who are really struggling, there will be very little money available for holiday spending.

But, a Christmas without cash doesn't have to mean that the holidays will be ruined for your family. In fact, it may give you an opportunity to have an even happier holiday season.

Begin by focusing on what you have, not on what you don't have. It's true that you might not have much money, but perhaps your home is full of love. Just by thinking about what you have, you'll lift your spirits.

Take some time to enjoy the season every day. Get a copy of Dicken's A Christmas Carol or other holiday book and read a bit each night, even if you don't have children in your home. Books have a wonderful way of mentally transporting us to a different time and place.

Be honest with your family. There's no shame in being short of money. Surviving tough times requires that all family members help. And, they can't help if you don't let them know the circumstances (obviously, you want to keep your conversation age appropriate).

Make gifts for others. Especially if you're unemployed, this is an opportunity to substitute your time for cash. And, it gives you a chance to make something unique specifically for the recipient.

Let your kids help you. By involving them in the baking, decorating, etc., you'll keep the children from focusing solely on what they hope to get. It's also a good time to share your own holiday memories with them and build new ones.

Help those less fortunate. Deliver socks to a homeless shelter. Volunteer at a soup kitchen. Even if you're really up against it, it's mentally healthy to know that you are not alone. In fact, you might find hope in serving others.

Have some seasonal fun. Take the time to make a snowman or snow angel. Have a snowball fight. Walk around your neighborhood looking at the displays. Shared smiles make better memories than expensive gifts.

Give future gifts. Even children from poor families generally will have something to play with on Christmas morning, so it's not critical they get everything on Christmas Day. A coupon from you to give that special toy in February will allow you to take advantage of price drops (especially on electronics). It will also give you time to save some money to pay for it.

Consider giving heirloom gifts. If your children are old enough, you might consider using this year to pass along that keepsake jewelry from Grandma or other family keepsakes.

Use old-fashioned decorations. Generations before us had festive holiday homes even when they didn't have money. Think paper chains, strung popcorn, pinecones and evergreen branches.

Substitute for that special gift. Ask yourself why does my child want that particular gift. There may be a better, less expensive way to accomplish what your child wants.

If you absolutely must have a specific toy or electronics item, there are a few ways to get it cheaper. Check stores for open box or return units. Surf the manufacturer's website for refurbished units.

Don't charge Christmas. If you're struggling financially, you shouldn't make it harder to survive January. Remember that it's very easy to charge yourself into a corner.

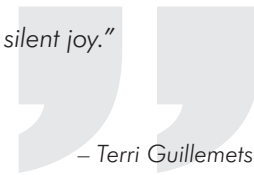
You'll notice a common thread among these ideas. Take the emphasis off of gifts and put it on the people that you love. As I understand it, the original goal of buying gifts was to bring happiness. This could be a marvelous opportunity to rediscover that happiness doesn't always start with a dollar sign. And, that would be good in any economy.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL



"The winter stars blaze in silent joy."



- Terri Guillemets.

Considering that more often than not it seems winter in North Dakota tends to be a tad on the brutal side - especially with wind - this year's warm, albeit windy, weather well into December is welcomed by many.

But not everyone is delighted about the lack of snow as Christmas draws near.

Christmas without snow? Bah, humbug, especially for those who treasure outdoor activities like as snowmobiling, cross-country skiing, and snowshoeing.

And ice-fishing? It's meager so far this year.

Several North Dakota's state parks have grooming and packing machines lined up and ready to go for tending to cross-country ski trails. Even Garrison Dam National Fish Hatchery has its groomer ready, patiently waiting for enough of the white stuff to rev up engines and get snow in perfect, tracked condition for skinny ski enthusiasts.

Cross Ranch, Fort Stevenson, Grahams Island, Icelandic, Lake Metigoshe, and Turtle River state parks all offer several miles of packed and groomed cross-country ski trails.

In the meantime, the trails are still available for hiking and fat tire bike riding.

When there is enough snow for snow-based activities, Fort Stevenson State Park packed trails specifically for snowshoeing and fat tire bike riding, plus its ski trails. The visitor center serves as the trailhead linking 'shoers or bike riders to more than 3 miles of packed trails.

The next question might be "what is a fat tire bike?"

The answer is exactly what the name says - bikes with wide tires for more traction on irregular surfaces other than pavement - even riding through snow. Fort Stevenson has fat tire bike rental available by the hour or day.

Lake Metigoshe is probably North Dakota's premier winter park, perhaps

in part because they tend to be the most consistent for adequate snow. They offer cross-country ski rentals, as well.

And don't think the parks are void of activities in the winter.

Oh, contraire. In fact, area state parks like Cross Ranch and Fort Stevenson even get people out and about on New Year's Day.

Cross Ranch hosts its annual First Find, First Day Hike beginning at 1 p.m. Meet at the River People's Visitor Center for an introduction to geocaching and then search the park for three hidden geocaches with New Year's surprises.

Fort Stevenson invites visitors to its First Day Hike beginning at 5 p.m. Participants can either cross-country ski, snowshoe or hike the trails, which will be lit with luminaries to guide the way. Fat tire bikes will be available to use at no charge. Plus snacks and a hot chocolate bar will be available in the Visitor Center.

In February Fort Stevenson hosts its Full Snow Moon Candlesight Hike beginning at 5 p.m. February's full moon is called the Snow Moon and park trails will again be lit with luminaries for cross-country skiing, snowshoeing, or hiking. People can also try out cross-country skis at no charge and, of course, there are will be refreshments at the Visitor Center.

Winterfest will be held at Cross Ranch on Feb. 17. Activities begin at the River People's Visitor Center at 1 p.m. and include soup and chili feed, horse drawn sleigh rides, "Paint the Snow Yeti" contest cookie s'mores, scavenger hunt, and candlelight cross-country ski and snowshoeing, along with a 5 p.m. introduction to snowshoeing.

More information about winter activities at North Dakota state parks is available on the N.D. Parks and Recreation Dept. website, (www.parkrec.nd.gov).

Flu-fighting tips to keep you and others healthy

S niffles, sore throat, fever, and aches and pains may accompany a number of illnesses, but during the wintertime such symptoms are typically indicative of influenza.

Throughout much of North America, flu season peaks between December and February. But flu season can occur anywhere from October to March, advises the U.S. Centers for Disease Control and Prevention. The flu is contagious and can sideline people for extended periods of time. The CDC says that each year one in five Americans gets the flu.

Taking steps to fend off the flu can help men and women and the people they routinely come in contact with.

Foods Food can be used to fend off the flu. Common foods that many people already have in their pantries can be powerful flu-fighters. Garlic, for example, contains compounds that have direct antiviral effects and may help destroy the flu before it

affects the body. Raw garlic is best. In addition to garlic, citrus fruits, ginger, yogurt, and dark leafy greens can boost immunity and fight the flu, according to Mother Nature's Network. The British Journal of Nutrition notes that dark chocolate supports T-helper cells, which increase the immune system's ability to defend against infection.

A study published in the American Journal of Therapeutics showed that carnosine, a compound found in chicken soup, can help strengthen the body's immune system and help fight off the flu in its early stages.

Flu shot and medications Annual flu shots administered in advance of flu season can help protect people and their families from getting the flu. The U.S. Food and Drug Administration says that, in select situations, antiviral medications - which are usually prescribed to treat the flu and lessen symptoms - can reduce the chance of illness in people exposed to influenza.

Many over-the-counter medicines can alleviate symptoms of the flu, but cannot fend it off.

Stop germ proliferation Germs can be spread easily between persons through direct contact and indirect contact with surfaces sick individuals have touched. Doctors recommend staying home for at least 24 hours after a flu-induced fever has dissipated. Well individuals should avoid contact with sick people.

Frequent hand-washing with soap and water can stop germs from spreading. When soap and water is not available, alcohol-based hand sanitizers can help. People also should avoid touching their eyes, noses and mouths after being in public places or around someone who is ill.

Rest and restore Those who feel symptoms coming on should begin drinking more liquids to keep the respiratory system hydrated and make mucus less viscous. Remember to get adequate sleep, as a tired body cannot effectively fight the flu virus.



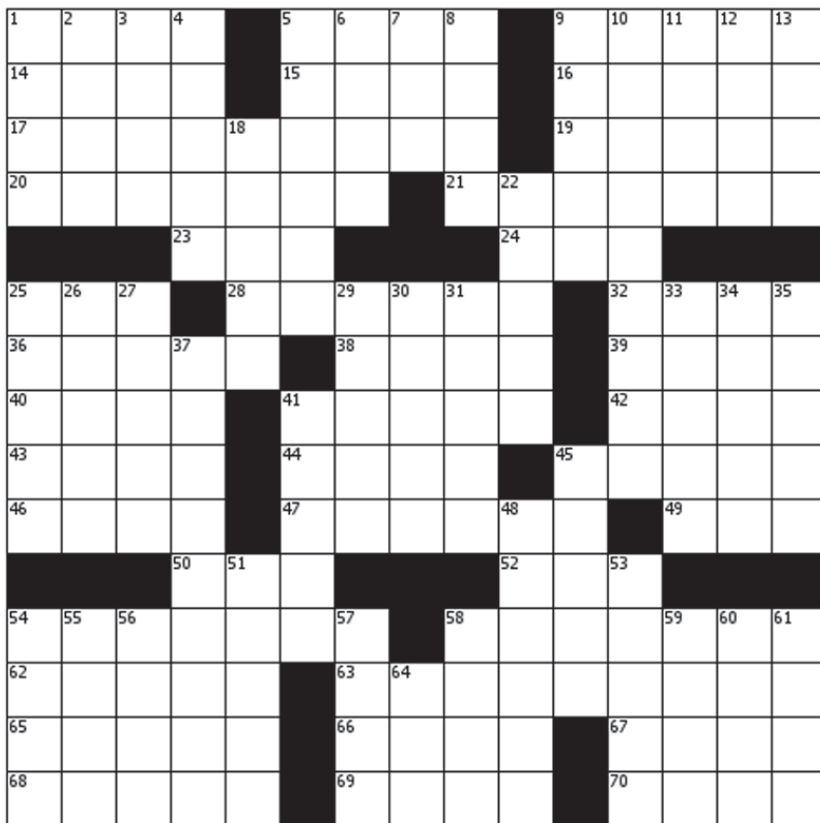
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CROSSWORD PUZZLE

Across

- 1. Holiday time
- 5. Comply
- 9. Really detest
- 14. Norwegian capital
- 15. Sonny of Sonny and Cher
- 16. Boston newspaper
- 17. Howard Stern, notably
- 19. Silk substitute
- 20. 26-time World Series winners
- 21. Threw out
- 23. PC panic button
- 24. Mouse spotter's cry
- 25. Tiny, on the Tay
- 28. Moral principles
- 32. Coffee, in slang
- 36. Leisure time activity
- 38. Rat-__
- 39. Tel __
- 40. Gossipy Barrett
- 41. Pile up
- 42. Musical closing
- 43. Power co. product
- 44. Animal hide
- 45. "... and the __ are not cloudy all day"
- 46. Like the night
- 47. Most foxy
- 49. Com preceder
- 50. When doubled, a dangerous fly
- 52. Architect I.M. __
- 54. It doesn't make all the stops
- 58. Riot squad's supply
- 62. Related to the soft palate
- 63. Surprise punt
- 65. Make official, as a law



- 66. Antiaircraft fire
- 67. K-12, in the ed biz
- 68. Decaf pioneer
- 69. Miss Trueheart of "Dick Tracy"
- 70. Calendar divisions

Down

- 1. Like a snoop
- 2. Workplace protection org.

- 3. North Carolina university
- 4. English philosopher John
- 5. "I ___!": courtroom challenge
- 6. Greets the villain
- 7. SASE, for one
- 8. Oxen coupler
- 9. Be of one mind
- 10. Game with hitting and busting

- 11. Singer Axton or pitcher Wilhelm
- 12. A woodwind
- 13. Tear apart
- 18. "One Flew Over the Cuckoo's Nest" author Ken
- 22. Kids around
- 25. Destroy, as documents
- 26. Money, in slang
- 27. "Li'l" Cadd creation

- 29. Veronica of "Hill Street Blues"
- 30. Sicily's country
- 31. Societal division
- 33. Sidestep
- 34. Blockbuster rental
- 35. "Halt, salt!"
- 37. Return over the same course
- 41. Niches in churches

- 45. T-bone or strip
- 48. Dust particles
- 51. Sealy competitor
- 53. Bothered
- 54. December 24th and 31st, e.g.
- 55. TV's warrior princess
- 56. Blueprint
- 57. Floor space meas.
- 58. Spanish aunts
- 59. Desert "monster"
- 60. Sore after exercising
- 61. Enjoys Vail
- 64. Suffix with glob

SUDOKU Solution to puzzle on page 14

1				2	3		4	
	5				1			6
			7				8	
	7		6				9	
9	8						7	3
	1				9		5	
	3				4			
7			1				6	
	2		3	5				9

Solution to last week's Crossword puzzle.

A	N	T		M	O	T	I	F		K	I	S	S	
E	E	R		A	M	U	S	E		A	N	K	A	
S	H	O	W	M	E	T	H	E	M	O	N	E	Y	
O	R	L	E	A	N	S		B	A	S		D	C	C
P	U	L	L				S	L	R		O	A	H	U
			L	O	V	E	M	E	T	E	N	D	E	R
P	A	K		D	I	N	O			M	E	D	E	A
O	S	O		E	N	D	O	R	S	E		L	S	T
S	H	A	M	U			T	H	I	N		E	E	E
H	E	L	P	M	E	R	H	O	N	D	A			
E	V	A	S		D	A	S				L	A	M	A
R	I	B		O	A	T		S	Q	U	I	R	E	S
	L	E	N	D	M	E	Y	O	U	R	E	A	R	S
	L	A	R	D		D	A	L	A	I		B	L	T
	E	R	A	S		G	O	O	D	S		Y	E	S

THE STAR • (PG)
 FRIDAY, DECEMBER 22 • 1800
 SUNDAY, DECEMBER 24 • 1500

“ A small but brave donkey and his animal friends become the unsung heroes of the first Christmas. ”

JUSTICE LEAGUE • (PG)
 FRIDAY, DECEMBER 23 • 1700

“ Fueled by his restored faith in humanity and inspired by Superman's selfless act, Bruce Wayne enlists the help of his newfound ally, Diana Prince, to face an even greater enemy. ”





Christmas Tree Napkins



INSTRUCTIONS:

1. Fold napkin in half twice; place with open point facing toward the top.
2. Fold first flap down toward bottom point.
3. Fold next flap down over first, letting a little fabric show in between layers.
4. Continue with remaining napkin folds.
5. Tuck right corner under, with ends meeting the edge of the opposite side toward the bottom.
6. Repeat with left side.
7. Starting at top, fold each layer under itself.
8. Once every layer has been folded, tuck cinnamon stick between last two folds.
9. Top with paper star

Christmas music origins

Scores of artists have released Christmas albums or holiday-infused singles during their careers. Christmas music can be broken down into two distinct categories: traditional hymns and carols and popular secular songs.

Some believe that the religious standards have been passed down since the earliest days of Christianity. However, that is not so. Before the 12th century, music wasn't typically included in religious services, and even then music was included only sporadically. In present day, religious tunes identified as Christmas

music typically are not sung until Christmas Eve and thereafter until the Epiphany.

Many of the oldest Christmas songs are not old at all. Many popular carols sung today are less than 200 years old. The world's most popular Christmas carol was originally a poem penned in 1816 by Austrian Catholic priest Josef Mohr. Two years later, Mohr asked Franz Xaver Gruber, an organist and local schoolteacher, to put his words to music. The resulting song, "Silent Night," was not translated into English for 40 years.

"Hark the Herald Angels Sing" also originated from

a poem and had the original opening line of, "Hark how all the welkin rings." The subsequent version was more catchy, and the faster-paced accompaniment was courtesy of Felix Mendelssohn, added 100 years after the poem was written.

"Jingle Bells," a nonreligious tune that has become synonymous with Christmas, was not originally written as a Christmas tune. In fact, the song was intended to celebrate Thanksgiving.

Christmas music is diverse, with lively tunes, modern interpretations and religious classics enjoyed through the years.

The history of Christmas stockings

Just when the excitement of opening presents abates after the last of the packages

under the Christmas tree have been torn open, children and adults alike may discover that there are more treats to be had nestled inside of stockings hung on the mantle.

The hanging of Christmas stockings is a tradition with an extensive history. Several legends attribute the hanging of stockings to different people or events. Here is a look at some of the stories that have made Christmas stockings so popular.

St. Nicholas Day Rather than hanging stockings on Christmas, many countries celebrate Saint Nicholas Day on December 6, and this is when stockings are proudly left out for treats. The small, inexpensive

trinkets are later unwrapped and enjoyed on Christmas Day.

Dutch heritage One tradition says that, in 16th century Holland, children kept their clogs filled with straw in front of the hearth for Santa's reindeer to find. They also left treats for Santa Claus. In return, Santa would leave gifts in the clogs. Over time, stockings were swapped out for clogs.

Merchant's family story A popular tale tells the story of a merchant, his wife and three daughters. After the wife falls ill and dies, the man becomes devastated and squanders all of his wealth on frivolous things to mask his sadness. When it comes time for the daughters to marry, the man does not have money for a dowry. St. Nicholas hears of the plight and knows the man would be too proud to accept charity. Therefore, St. Nicholas anonymously tosses three bags of gold coins down the chimney.

The man's daughters had done the laundry prior and left their stockings hanging by the fireplace to dry. The gold landed in the stockings, thus starting the Christmas stocking tradition.

Italian good witch One stocking story does not attribute the tradition to Santa, but to a kind-hearted Italian witch named "La Befana." La Befana arrives on a broomstick the night of January 5 and fills the stockings of good children with sweet treats and toys. Bad children are awarded lumps of coal. La Befana is also credited with being the old woman who the wise men ask for directions to Christ's manger in the Christ child's story. After turning down an offer to accompany them, La Befana later carried gifts in search of Christ.

Christmas stockings have become part of holiday traditions, and this beloved tradition has its own unique history.

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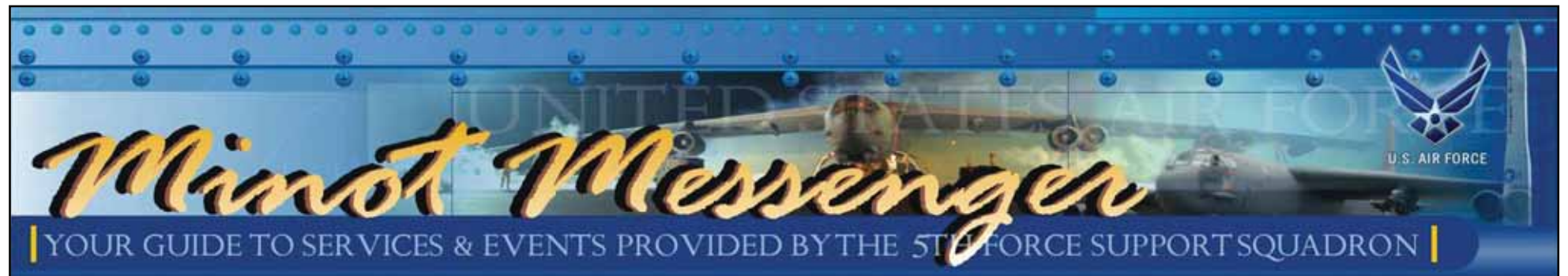
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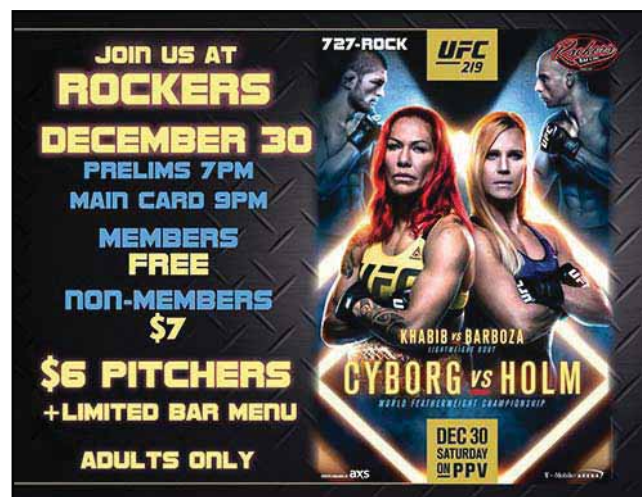
DECEMBER 21, 22, 23
10AM - 5PM

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701.720.0215
OR
701.720.4494
2001 8th Ave. SE Minot



Free Admission For Club Members To UFC Fight Night



Club members receive FREE admission to the UFC 219 pay-per-view event at Rockers Bar & Grill on Saturday, December 30. Non-members price is only \$7.

The action features the UFC Women's Featherweight championship bout between current champion Cris Cyborg and former UFC Bantamweight champion Holly Holm. Other main event action will feature a UFC Lightweight fight between undefeated and #2 ranked Khabib Nurmagomedov and #3 ranked Edson Barboza. A UFC Bantamweight battle will see #4 ranked Jimmie Rivera taking on Brazilian John Lineker while a heated UFC Women's Strawweight bout is expected when undefeated Cynthia Calvillo takes on former champion Carla Esparza. The main card also features a welterweight showdown between Neil Magny and #8 ranked Carlos Condit as well as additional exciting UFC action.

Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. This is an adults only event - no children. For more details, call 727-ROCK.

Water Safety Instructor Course Offered By ODR



Want to teach swim lessons? Get Red Cross certified! Outdoor Recreation is offering a Water Safety Instructor Certification Course. There will be a Pre-Test on Wednesday, January 3 at the Indoor Pool from 6-7 p.m.

Online course work is scheduled for January 6 through February 3. In-class course work will be held at Minot High School on Saturdays including January 6, January 13, January 20, and February 3 from 10 a.m. to 6 p.m.

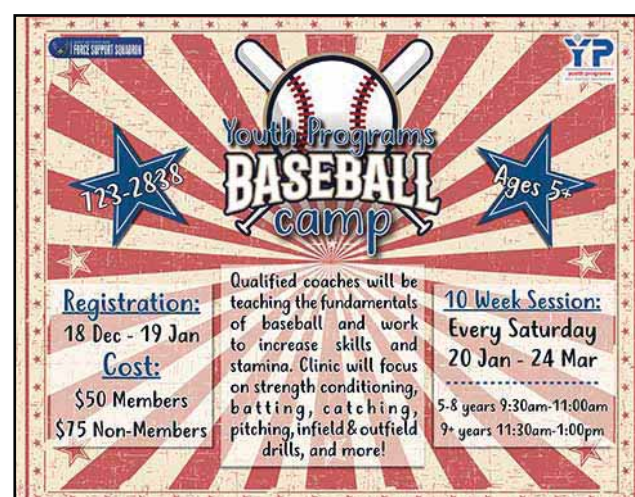
Cost for the Water Safety Instructor Certification Course is \$200. Registration deadline is December 22. Class size is limited so sign up today! Participants must be 16 years of age or older.

If you have ever wanted to teach swim lessons you don't want to miss this great certification course opportunity. For additional information or to register for the upcoming Water Safety Instructor Certification Course, please contact Outdoor Recreation at 723-3648.

Baseball Camp Coming To Youth Center Starting Jan. 20

Youth at Minot AFB can learn the fundamentals of baseball and increase skills and stamina during the Youth Programs Baseball Camp hosted by the Youth Center. This 10-week camp will be held on Saturdays from January 20 through March 24. Sessions for children 5-8 years of age will be held from 9:30 a.m. to 11 a.m. and sessions for youth 9 years of age and older will be held from 11:30 a.m. to 1 p.m.

The camp is taught by qualified coaches and will focus on strength conditioning, batting, catching, pitching, infield and outfield drills, and more. The camp is open to both Youth Center members and non-members. Cost is \$50 for members and \$75 for non-members. Registrations for the camp are being accepted from December 18 through



January 19. For more information, please contact the David C. Jones Youth Center at 723-2838.

Enjoy Ice Fishing Trip To Lake Metigoshe On January 13



Test your angling skills during the guided Ice Fishing Trip to Lake Metigoshe hosted by Outdoor Recreation on Saturday, January 13. Will you be lucky enough to hook onto a northern pike lunker or catch a whopper of a walleye? Lake Metigoshe has an ample amount of both species of fish as well as bluegill and crappie. Must be at least 10 years of age or older to participate.

Registration deadline is Monday, January 8. The Lake Metigoshe fishing trip is a Recharge for Resiliency event. For additional details and cost for this event, please call Outdoor Recreation at 723-3648.

For 5th Force Support Job Opportunities, visit www.nafjobs.org or call NAF Human Resources at 723-2812



Youth Basketball & Cheerleading Registration Begins Jan. 3

The Youth Center is holding Youth Basketball and Cheerleading registration for Youth Center members 3-12 years of age from January 3 through January 31. Cost for Youth Basketball is \$30 for Smart Start ages 3 & 4 and \$40 for ages 5-12. Cost for Cheerleading is \$30 for ages 3 & 4 and also for ages 5-12. New cheerleading uniforms are required (please see Youth programs for details).

Youth Center membership and a current immunization record are required to be on file prior to registration. Both the Youth Basketball and Cheerleading seasons begin on March 13. For additional information, please contact the Youth Center at 723-2838.



CLUB MEMBER DRAWING ON FRIDAY, DECEMBER 22 WILL BE FOR \$700.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill to obtain your application. The next weekly club membership drawing will be held on Friday, December 22 at Rockers Bar & Grill only (the Jimmy Doolittle Center will be closed for renovation). Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Now - Mar 19 Winter Challenges

Need some activities to liven up the winter months? The base library is offering a number of fun activities from December 21 through March 19. They are hosting a Photo Scavenger Hunt where you can pick up a list of items to photograph at the library on or after December 21 and then submit your photos featuring a team member and each item on the list on or before March 19. The library is also holding Lego Challenges where you complete a different challenge each week at the library's Lego Table. Plus they are hosting S.T.E.A.M. Challenges with a different challenge each week. For more details, call 723-3344.

Family Fun Night

Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Rider Indoor Playland. For additional information, please contact Rough Riders Pizza at 727-4377.

Jan 8 Family Child Care Pre-Orientation

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on January 8 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more information, call the FCC office at 723-6662.

Jan 13 Star Wars Spectacular

Children of all ages are sure to enjoy the fifth annual Star Wars Spectacular at the Base Library on January 13 at 1 p.m. Come to the library for a Star Wars celebration featuring stories, crafts, a Jedi training course, and more! May the force be with you! For details, call the library at 723-3344.

Jan 25 Star Wars Game Night

Teens, tweens, and adults can test their Star Wars knowledge and board game skills during Star Wars Game Night on Thursday, January 25 at the Base Library. For more information, call 723-3344.

YOUNG AIRMEN EVENTS & PROGRAMS

Dec 22 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on December 22 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Jan 22-25 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on January 22, 23, 24, & 25 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! Four classes to choose from in December. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.

Jan 6 Indoor Triathlon

The Fitness Center is hosting a Indoor Triathlon on Saturday, January 6 at 8 a.m. How far can you run in 20 minutes, swim in 20 minutes, and bike in 20 minutes? This FREE event is limited to the first 50 participants. Registration is from December 29 to January 4. You'll receive a complimentary t-shirt for participating. Open to DoD I.D. card holders 16 years of age and older. For more information, call the Fitness Center at 723-2145.

Jan 6 New Year New You Fitness Event

Start the new year off right by enjoying a great FREE fitness event. The Fitness Center is hosting the New Year New You fitness event on Saturday, January 6 from 9-11 a.m. in the aerobics room. This 2-hour multi class, multi instructor event is a terrific way to begin an exercise regime in 2018. For more details, call the Fitness Center at 723-2145.

Ski and Snowboard Rental

Outdoor Recreation offers downhill and cross country ski rentals with daily, Saturday, weekend, and weekly rates. They also offer snowboard package rentals. For more information, call 723-3648.

Dec 27-29 Christmas Vacation Special

Are your children needing something fun to do during their holiday break from school? Rough Rider Lanes is offering a Christmas Vacation Bowling Special from December 27-29. Children 17 years of age and younger can bowl for \$2 per game and \$1.50 shoe rental from 9 a.m. to 4 p.m. Youth league bowlers cost is \$1 per game and FREE shoe rental. For additional information, call Rough Rider Lanes at 727-4715.

Jan 2 Drop 2 Sizes

Is weight loss one of your New Year's resolutions? The Fitness Center invites everyone who would like to get into better shape in 2018 to join their FREE Drop 2 Sizes program. This 12 week program begins at 12 p.m. on January 2 and features twice per week workouts, monthly meetings, journaling, and prizes for all. Registration opens on December 19. For more information, contact the Fitness Center at 723-2145.

Jan 3 Tot Open Gym

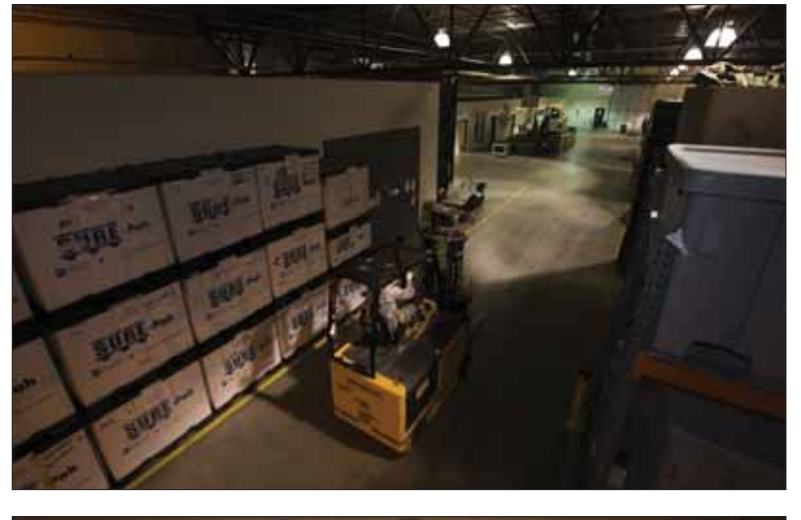
The Youth Center is offering Tot Open Gym for children 5 years of age and under starting January 3 on Monday, Wednesday, and Friday from 9:30-11 a.m. Every week, a different fitness focus will be available for open gym time. A parent or adult must be present and active with children at all times. Cost is \$3 per visit, per family for Youth Center members and \$6 per visit, per family for non-members. A shot record is required for multiple attendances. For more details, call 723-2838.

Family coming for the HOLIDAY SEASON?
Reserve holiday guests a room at the Sakakawea Inn
Now accepting Space-A reservations for 1 Dec 2017-2 Jan 2018
Reservations can be made up to 30 days in advance for up to a 30 day stay. Open to all Military and Civilian Personnel assigned to Minot AFB.
Call today to make your reservation (701) 248-7000 or DSN: 453-6161
AFI 34-123 allows Space-A guests to stay a maximum of 30 days per year in lodging.

Dakota Inn Holiday Meal
December 25th, 2017
1030-1330
Roast Beef
Savory Rotisserie Chicken
Carved Pit Ham
Chicken Noodle Soup
Potatoes Au Gratin
Red Bliss Smashed Potatoes
Broccoli w/Carrots & Red Peppers
Smokey Greens
Brown Gravy
Assorted Pies & Holiday Cookies
Wishing you A HAPPY Holiday Season

Register January 2nd-19th
Trip January 26th-28th
DOG Sledding Trip TO ELY, MINNESOTA
call 723-3648 for Pricing!
Come on a dog sledding adventure with Outdoor Recreation. You will be sledding through the majestic Superior National Forest in the Heart of Minnesota. You will get to drive your own dog team and have lunch on the lake. Price includes dog sledding day trip, two nights lodging & transportation.
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TODAY

- Last day to register for the Water Safety Instructor (WSI) Certification Course at Outdoor Rec
- Tactical Fitness, 0630, Fitness Center
- Zumba, 1200, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Get Fit Together Bowling, 1700-2000, Bowling Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

SATURDAY

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Tactical Strength & Fitness, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Get Fit Together Bowling, 1600-2000, Bowling Center
- Rockers Open for Dinner Service ONLY, 1600-2100, Rockers Bar & Grill
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

SUNDAY

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Family Zumba, 1400, Fitness Center

MONDAY

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Holiday Meal, 1030-1330, Dakota Inn Dining Facility

TUESDAY

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Game Day, 1000-1930, Base Library
- Zumba, 1100, Fitness Center

WEDNESDAY

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Christmas Vacation Special, 0900-1600, Bowling Center
- Club Member Benefit, Every Wed, 0900-2000, Bowling Center
- Parent & Tot Fit Kids, 0930, Fitness Center
- Story Time, Every Wed, 1030, Base Library
- Yoga, 1100, Fitness Center
- Pre-Deployment Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Wednesday Night Fun Open Bowling, 1700-2100, Bowling Center
- Squadron Extramural League, 1730, Bowling Center

THURSDAY

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Christmas Vacation Special, 0900-1600, Bowling Center
- Yoga, 1000, Fitness Center
- Weight Lifting 101, 1100, Fitness Center
- Muscle Pump, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Cycle, 1500, Fitness Center
- Fitness Hour, 1600-1700, Youth Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Mixed Couples League, 1830, Bowling Center
- Have a Ball Bowling League - Sports Theme, 1830, Bowling Center

UPOMING EVENTS - DECEMBER 29

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Registration Opens for the Indoor Sprint Triathlon 20-20-20 at the Fitness Center
- Tactical Fitness, 0900, Fitness Center

- Christmas Vacation Special, 0900-1600, Bowling Center
- Express Cycle, 1200, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Get Fit Together Bowling, 1700-2000, Bowling Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

UPOMING EVENTS - DECEMBER 30

- For a complete listing of 5 FSS Facility Holiday Hours, visit 5thforcesupport.com
- Tactical Strength & Fitness, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Get Fit Together Bowling, 1600-2000, Bowling Center
- Fight Night UFC#219 Cyborg vs Holm, 1900, Rockers Bar & Grill
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

ONGOING EVENTS

- Rough Riders Pizza Special December Special - Macaroni & Cheese Pizza. Our delicious macaroni & cheese pizza is back!!
- Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza Try it on a Panino! \$8.25 meal - includes side & drink
- B-Fifty Brew Drink Special. December Special - Eggnog Fog. A Holiday drink comprised of Earl Grey tea, vanilla syrup, and our seasonal milk choice, Eggnog. Tall \$4.50 Grande \$5.00 Venti \$5.50
- Auto Hobby Special. December 21-31: \$1 off Tire Balancing - Regular Price \$6.50 per tire - SPECIAL PRICE \$5.50 per tire; Please ask for the special
- Winter Reading Program : 1 Dec, 2017 thru 1 Mar, 2018 Sign up for the Library's Winter Reading Program and stay warm with some good books! Registration open from 1 Dec, 2017 until 15 Feb, 2018. Adults and teens who read an log CSAF Reading list titles or books read for fun will receive prizes & chances to win bigger prizes! For more information or to sign up, visit tinyurl.com/MinotLibrary
- Winter Reading Program Squadron Contests: 1 Dec, 2017 thru 1 Mar, 2018. Registration is open from 1 Dec, 2017 until 15 Feb, 2018. The squadron whose active duty members read the most CSAF Reading List books and log them for the Base Library's Winter Reading Program will receive a certificate & bragging rights! For more information or to sign up, visit tinyurl.com/MinotLibrary
- Sakakawea Inn Now Accepting Holiday Reservations for 1 Dec. 2017-2 Jan. 2018. Reserve Holiday Guests a room at the Sakakawea Inn. Reservations can be made up to 30 days in advance for up to a 30 day stay. Open to all Military and Civilian Personnel assigned to Minot AFB. Call today to make your reservation! (701) 248-7000 or DSN: 453-6161

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

is now registering for the Spring 2018 term (8 Jan-11 Mar). To sign up for Undergraduate and Graduate courses, please stop by the ERAU office, located inside the Base Education Center Bldg, Room 223 or email your request to minot@erau.edu . If you have any questions, please call 701-727-9007.

MAIN STREET BOOKS UPCOMING EVENTS

Tuesday at 10:30 am Dec. 5, Dec. 12, Dec. 19, Dec. 26 and Thursday at 10:30 am Dec. 7, Dec. 14, Dec. 21, Dec. 28. Story Time with Miss Danielle or Miss Cassie. Miss Danielle & Miss Cassie love finger plays and nursery rhymes, songs and engaging your littlest one (or two) in the magic of story. More info at mainstreetbooksminot.com
 Sunday, December 10, 2017 1pm - 3pm Join us as we welcome Stephen Bolduc and Amy Phillips as they talk about their new book "The Prairie Post Office."
 Tuesday, December 12, 2017 7:00 pm TOOT! TOOT! What's that?? It's the

Polar Express pulling into Main Street Books! Join Us Tuesday, December 12th at 7:00PM for our annual Polar Express Party! Enjoy a reading of the Polar Express, a surprise visitor, and a FREE hot chocolate bar! No tickets needed this year but a free will offering is appreciated so we can keep this event happening year after year!
 Saturday Dec. 9, Dec. 16, and Dec. 23 12pm - 2pm Ho! Ho! Ho! Santa Claus is coming to Main Street Books. From 12:00pm - 2:00pm, Santa will be down at the store, ready to hear about who's been naughty or nice this year! And of course, you can take your own FREE PICTURES with Santa!
 Saturday December 9, 2017 11 am Join us for a reading of "Hoot & Peep: A Song for Snow" with a craft and snack to follow.
 Thursday Dec. 14 Join us the night of the Holiday Train. From 5-9 free Glow lite for kids hot cider, candy canes and store specials.
 Saturday December 16, 2017 11 am Join us for a reading of "The Snowy Day" with a craft and snack to follow.
 Saturday December 23, 2017 11am Join us for a reading of "Santa's Sleigh is on its way to North Dakota" with a craft and snack to follow.

A MAGIC CITY CHRISTMAS : HERO EDITION 12/22/2017 10:30 AM - 12:30 PM

Success Depot. Kris "Tanto" Paronto US Hero of Benghazi attack is holding a speaking Event and book signing.

PRESCHOOL PLAYDOUGH CLUB 12/22/2017 10:30 AM - 11:30 AM

Ward County Public Library. Come and enjoy playdough at the Ward County Public Library. Playdough and fun toys will be set up for the kids. A parent or guardian must be present the entire time. For more information, please contact the library at (701) 852-5388.

GAMERS UNPLUGGED 12/23/2017 10:00 AM - 12:00 PM

Ward County Public Library. Come and enjoy board games at the Ward County Public Library. All ages are welcome. Bring friends or come make new ones! For more information, please contact the library at (701) 852-5388.

FREE ICE SKATING 12/23/2017 1:00 PM - 3:00 PM

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

FREE ICE SKATING 12/24/2017 1:00 PM - 3:00 PM

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

CHRISTMAS CAMP 12/27/2017 - 12/29/2017 9:00 AM - 12:00 PM

Caleb's Clubhouse. The best way to spread Christmas cheer is singing loud for all to hear! We will be singing loud, decorating cookies, celebrating Jesus, meeting Santa, and creating art projects at our Christmas Camp. Dates of camp will be December 27th-29th from 9:00 am-12:00 pm. The cost of the Christmas Camp will be \$50. Please fill out the registration forms below and drop it at Caleb's Clubhouse or send via email to Kelseychminot@gmail.com.

FREE ICE SKATING 12/27/2017 1:00 PM - 3:00 PM

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.



Laura Larson, M.S., LPCC
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Please call for more information or to schedule an appointment. 852-4600. Northland Community Health Center is located in the Arrowhead Mall in Minot.



**CHRISTMAS CAMP
12/27/2017 - 12/29/2017
9:00 AM - 12:00 PM**

Caleb's Clubhouse. The best way to spread Christmas cheer is singing loud for all to hear! We will be singing loud, decorating cookies, celebrating Jesus, meeting Santa, and creating art projects at our Christmas Camp. Dates of camp will be December 27th-29th from 9:00 am-12:00 pm. The cost of the Christmas Camp will be \$50. Please fill out the registration forms below and drop it at Caleb's Clubhouse or send via email to Kelseyccminot@gmail.com.

**STORY TIME
12/28/2017 10:00 AM - 10:30 AM**

Ward County Public Library. Join us for Story Time every Thursday at 10am. We will have stories, crafts, and activities for children ages 1 and up. For more information, please contact the library at 701-852-5388.

**FREE ICE SKATING
12/28/2017 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**CHRISTMAS CAMP
12/27/2017 - 12/29/2017
9:00 AM - 12:00 PM**

Caleb's Clubhouse. The best way to spread Christmas cheer is singing loud for all to hear! We will be singing loud, decorating cookies, celebrating Jesus, meeting Santa, and creating art projects at our Christmas Camp. Dates of camp will be December 27th-29th from 9:00 am-12:00 pm. The cost of the Christmas Camp will be \$50. Please fill out the registration forms below and drop it at Caleb's Clubhouse or send via email to Kelseyccminot@gmail.com.

**FREE ICE SKATING
12/29/2017 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**JURASSIC QUEST
December 29 & 30 3:00 PM - 8:00 PM**

North Dakota State Fair Event Center. Jurassic Quest brings you a Dinosaur Adventure for the whole family. The main dinosaur exhibit features ultra-realistic, life-size animatronic dinosaurs; Over 80 life-size dinosaurs in all. Visitors can interact with these huge creatures, learn about them and even ride a few. It features realistic scenes, enormous dinosaurs, cute baby dinosaurs and lots of fun activities for kids of all ages. There are huge T-Rex and Triceratops fossil digs where young paleontologists can uncover long-hidden dinosaurs bones, the "Dino Bounce" area with several, towering, dinosaur theme inflatable mazes, face painting, Dino crafts and much more!

**2017 ND TEXAS HOLD'EM
CHAMPIONSHIP
12/29/2017 - 1/01/2018 6:00 PM**

The Vegas Motel. The ND Texas Hold'em Championship is a charity poker tournament for MSU Alumni Association.

**FREE ICE SKATING
12/30/2017 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**MINOT STATE MEN'S AND
WOMEN'S BASKETBALL
12/30/2017 4:00 PM - 8:00 PM**

Minot State Dome. Minot State Men's and Women's Basketball will play St. Cloud State University. The Women play at 4:00pm and the Men play at 6:00pm.

**MINOT MINOTAUROS VS BISMARCK
BOBCATS
12/30/2017 7:30 PM - 10:30 PM**

MAYSIA Arena Minot, ND. Central Division NAHL regular season hockey game.

**NEW YEARS EVE @ ELEVATION
12/31/2017 - 1/01/2018
10:00 AM - 1:00 AM**

Elevation. Celebrate New Years Eve at Elevation!

We are starting the last day of 2017 off at 10 am with a brunch buffet & a 50 foot, 150+ item Bloody Mary Bar! We will offer a brunch buffet for \$17 per person, and the Bloody Mary Bar is \$15 per person! Brunch starts at 10 am until 2 pm. The Bloody Mary bar will start at 11 am and goes until 2 pm. Check out our website for information of what will be offered on the brunch buffet. Reservations are not required, however, they are recommended. Come back for dinner and try our feature: Fresh Flown in California Grouper! Reservations are not required, however, they are recommended for dinner with us on New Year's Eve. End 2017 with us!

**MCDC NOON YEAR'S EVE PARTY
12/31/2017 12:00 PM - 2:00 PM**

Magic City Discovery Center / 100 34th Avenue NE (inside Dakota Territory Air Museum). The Noon Year's Eve Party is the annual, spectacular, daytime bash at the Magic City Discovery Center! Celebrate the arrival of 2018 with your whole family. Participate in STEAM activities for all ages, capture memories in a photo booth, dance to your favorite songs, and countdown to an epic balloon drop. This annual event will sell out, so get your tickets soon! Tickets \$5/person available at <https://www.eventbrite.com/e/mcdc-noon-years-eve-party-tickets-39932996668>. Under 12 months are free. Tickets must be purchased in advance.

**FREE ICE SKATING
12/31/2017 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**MINOT STATE MEN'S AND
WOMEN'S BASKETBALL
12/31/2017 2:00 PM - 6:00 PM**

Minot State Dome. The Minot State Men's and Women's Basketball team will host the University of Minnesota Duluth. The Women play at 2 p.m. and the Men play at 4 p.m.

**THE ODD COUPLE (FEMALE
VERSION) January 5, 6 & 7
7:30 PM - 9:30 PM**

115 1st St SE Mouse River Players Community Theatre. Neil Simon's popular play has been updated, but the hilarity remains the same!

**FREE ICE SKATING
1/06/2018 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**DRAG ME INTO THE NEW YEAR
1/06/2018 8:00 PM - 11:30 PM**

Vegas Motel. Let the Magic City Misfits drag you into the new year -- literally! -- with your favorite local drag kings and queens.

Tickets are \$15 and can be purchased online at <https://dragmeintotheneyear.brownpapertickets.com/> or at the door the night of the event. There is no age limit, although proper photo identification will be required for the cash bar (21+, of course). [Also, due to potential language and adult themes, parental discretion is advised.] If you want to get a room at The Vegas Motel for that evening, call 839-3000 now to reserve your room. (Be sure to mention "DRAG ME INTO THE NEW YEAR" to get the special rate!)

**FREE ICE SKATING
1/07/2018 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**MSU BEAVERS HOCKEY VS UNLV
REBELS
1/11/2018 7:00 PM - 10:30 PM**

Maysa Arena - Pepsi Rink. College hockey game between MSU Beavers and UNLV Rebels.

**DOMESTIC VIOLENCE CRISIS
CENTERS 4TH ANNUAL CAUSE TO
ROCK 1/12/2018 6:00 PM - 11:30 PM**

Riverside Holiday Inn -Minot. The Domestic Violence Crisis Center is excited to announce our 4th Annual Cause to Rock Event on January 12th at Riverside Holiday Inn. The doors open at 6 pm with appetizers and a cash bar. Sit down Dinner will be served at 7 pm. Live, silent and card auctions throughout the night. A guest speaker will

tell her story about her experience with domestic violence and how she is doing today. Soul Shine will be rocking the stage from 8 pm until midnight. Tickets on sale now at the Domestic Violence Crisis Center, One for 35.00 or two for 60.00. You can also reserve a table for you and 7 friends for 300.00. For any and all questions give us a call at the Domestic Violence Crisis Center at 701-852-2258.

**MINOT STATE MEN'S AND
WOMEN'S BASKETBALL
1/12/2018 6:00 PM - 10:00 PM**

The Dome. Minot State Men's and Women's Basketball will play Minnesota State University-Mankato. The Women play at 6:00pm and the Men play at 8:00pm.

**MSU BEAVERS HOCKEY VS ASU
SUN DEVILS
1/12/2018 8:00 PM - 10:30 PM**

Maysa Arena - Pepsi Rink. College hockey between MSU Beavers and ASU Sun Devils.

**FREE ICE SKATING
1/13/2018 1:00 PM - 3:00 PM**

All Seasons Arena. Free Public Ice Skating! If you don't have skates, don't worry, we have skate rental available for \$2.00 each.

**MINOT STATE WRESTLING
1/19/2018 7:00 PM - 9:00 PM**

Minot State Dome. The Wrestling team will host St. Cloud State University at 7 p.m.

**MINOT MINOTAUROS VS AUSTIN
BRUINS 1/19/2018 8:00 PM - 11:00 PM**

MAYSIA Minot, ND. Central Division NAHL regular season hockey game.

**KMOT AG EXPO
January 24, 25 & 26 9:00 AM - 5:00 PM**

North Dakota State Fair Event Center • FREE Admission • FREE Parking & Shuttle to the Show • FREE Living Ag Classroom • FREE Seminars We invite everyone to come out to the 2018 KMOT Ag Expo. Parking and admission are free, and there is a heated shuttle bus to bring you from the parking lot to the front door. Once you arrive at the KMOT Ag Expo, make sure to stop by the KMOT/Bremer Information Booth. They will have our Official Program with exhibitor maps and listing, as well as seminar room schedule. So come out and enjoy the 46th Annual KMOT Ag Expo. There is something for everyone. Doors open 9 a.m. – 5 p.m. (Wednesday & Thursday) and 9 a.m. – 4 p.m. (Friday). For more information contact: Jeff Emmert, Ag Expo Assistant Manager KMOT Ag Expo 1800 16th St SW Minot ND 58701 Phone: 701-852-5254 Fax: 701-838-8195 E-mail: agexpo@kmot.com

**MINOT STATE MEN'S AND
WOMEN'S BASKETBALL
1/26/2018 6:00 PM - 10:00 PM**

Minot State Dome. The Minot State Men's and Women's Basketball team will host Winona State University. The Women play at 6 p.m. and the Men play at 8 p.m.

**MSU BEAVERS HOCKEY VS
MIDLAND UNIVERSITY WARRIORS
1/26/2018 8:00 PM - 10:30 PM**

Maysa Arena - Pepsi Rink. College Hockey between MSU Beavers and Midland University Warriors.

**MINOT STATE MEN'S AND
WOMEN'S BASKETBALL
1/27/2018 4:00 PM - 8:00 PM**

Minot State Dome. The Minot State Men's and Women's Basketball team will host the Upper Iowa University. The Women play at 4 p.m. and the Men play at 6 p.m.

**MSU BEAVERS HOCKEY VS
MIDLAND UNIVERSITY WARRIORS
1/27/2018 8:00 PM - 11:00 PM**


Maysa Arena - Pepsi Rink. College Hockey game between MSU Beavers and Midland Warriors.

**MSU BEAVERS HOCKEY VS
DAKOTA COLLEGE OF BOTTINEAU
LUMBERJACKS 2/01/2018
7:00 PM - 10:00 PM**

Maysa Arena - Pepsi Rink. College hockey game between MSU Beavers and DCB Lumberjacks.

CHURCH DIRECTORY

Little Flower Catholic Church
 800 University Avenue West
 838-1520
Mass Schedule
 Saturday 5:30 pm
 Sunday 8:30 & 11:00 am
Fr. Fred Harvey, Pastor
www.littleflowerminot.com

St. Peter The Aleut Eastern Orthodox Church

109 6th St. SE
Minot • 838-3094
 Sunday Liturgy 10 a.m.
 Saturday Vespers.... 6 p.m.
 The Very Reverend Father Anastassy

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838-0605
www.harvestreformedchurch.org

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 Sunday School & Fellowship 9:00 a.m.
 Worship 10:45 a.m.
www.trinitychurchminot.org

Bible Fellowship Church

 Worship Service at 10:45am Sundays
 Sunday School at 9:45am
1720 4th Ave NW, Minot
838-0916
MinotBibleFellowship.org

Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com
Pastor Tom Sumers
701-838-1540
 Sunday School (All Ages): 10 a.m.
 Sunday Coffee Fellowship: 10:30 a.m.
 Worship Services: Sunday 11 a.m.

Minot Baptist Church

 Sending the Glorious Light of Jesus Christ to a Dark and Needy World
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.
Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
 Pastor David Miller

Cornerstone Presbyterian Church
1000 NE 3rd Street
852-0315
Sunday Schedule
 Contemporary Worship 9:00am
 Sunday School (All Ages) 10:00am
 Traditional Worship..... 11:00am
Wednesday Evening Schedule
 Community Dinner 5:30-6:30pm
 Contemporary Worship 6:30pm
 Youth Group & Small Groups.. 7:15pm
All are Welcome!
www.ecominot.org

Congregational UCC
 430 N. Broadway • 839-1064
Sunday Worship 11am
Sunday School 11am
Tuesday Bible Study 12pm
Saturday Noah's Breakfast .. 9:30am
 Please join us, all are welcome here!
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St. Mark's Lutheran Church
Missouri Synod

 Sunday Worship. 8:30 & 11:00 am
 Adult Bible Study, Adult Choir, Youth
 Sunday School 9:45 am
2209 4th Avenue NW Minot, ND
839-4663
Carlyle Roth, Pastor
www.stmarksminot.com
 Call or check out our website for more information.

Immanuel Baptist Church

1615 2nd St. SE • Minot • 839-3694
 Sundays:
 Sunday School 9:15 a.m.
 Worship 10:30 a.m.
 Wednesdays:
 Soup Kitchen 11:30 a.m. - 12:30 p.m.
 Family Supper 5:45 p.m.
 Classes for all ages 6:30 p.m.
 Adult Choir (as scheduled)..... 8:00 p.m.
Brian T. Skar, Pastor
www.ibcminot.org

Apostolic Faith Church, UPCI
2929 19th Ave NW • Minot
 Located off Hwy 83 Bypass West
(701)838-0609
 Saturday School 2:00 p.m.
 Sunday Worship 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.
Jesse Starr, Pastor

St. John the Apostle Catholic Church

 2600 West Central Ave • Minot, ND 58701
839-7076
 Daily Mass Schedule:
 Tuesday 7:00 p.m.
 (3rd Tuesday 7:00 a.m.)
 Wednesday - Friday 7:00 a.m.
 Saturday 5:00 p.m.
 Sunday 8:00 & 10:30 a.m.
Fr. David A. Richter, Pastor
 Parish website: www.stjohnminot.com

First Lutheran Church - ELCA

 120 - 5th Ave. NW
 852-4853
 Saturday Worship 5:30 pm
 Sunday Worship .. 8:30 am and 11:00 am
 Wednesday Supper..... 5:15 pm
 Wednesday Education 6:00 pm
 Wednesday Worship 7:00 pm
 Services are now available online at firstlutheran.tv
 Radio Broadcast KRRZ 1390 AM 8:30 AM
 Pastor Brandy Gerjets
www.flcminot.com

To Advertise your Church in this space.
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Bethany Lutheran
215 3rd Ave. SE, Minot, ND
Phone: 838-5196 • Fax: 852-8494
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 Sunday Worship 8:30 am & 10:30 am
 Sunday Fellowship 9:30 am
 Wednesday Worship 6:45 pm
 Church School Wednesday 5:45 pm
 Website: www.bethanylutheranminot.com
 Email: bethanylutheran@srt.com
 Live Streaming: bethanylutheran.tv
Pastor Janet Hernes Mathistad
Pastor Gerald Roise

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org
 Classic Worship Service 8:30 a.m.
 Adult Sunday School..... 9:45 a.m.
 Contemporary Worship Service .. 9:50 a.m.
 Children's Church..... 9:50 a.m.
 Sunday School (All Ages) 11:00 a.m.
 Contemporary Worship Service .. 11:05 a.m.
 Wed. AWANA (Sept. to May) 6:30 p.m.
Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Pastor Sam Kautzmann, Student Ministries
Elaine Carlson, Children's Ministry Director

Calvary Alliance Church

 715 20th Avenue NW
 Minot, ND 58703
www.calvaryofminot.com
701-852-0670
 Sunday School..... 9:00 am
 Sunday Worship Service 10:00 am
 Wednesday Prayer 6:30 pm
 Wednesday Youth Group (grade 7-12) 6:30 pm

West Minot Church of God

Family Worship Center
1105 16th St. NW • 839-1407
 Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal..... 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday..... 7:00 - 11:00 p.m.
 ABC Child Care Center 852-6352
westminot.com
facebook.com/westminot

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Sundays:
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 Dec 24th Christmas Eve Worship
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 Dec 25th No worship service
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Cross Roads Baptist

 Sunday School (all ages) 9:45 a.m.
 Sunday Worship 11 a.m. & 6:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.
www.minotcrbc.org
 email: crbc@srt.com
415 28th Ave SE (Behind Menards)
838-1873

First Assembly of God
1805 2nd St. SE
838-1111
 Morning Worship 8:30 a.m.
 Sunday School 10 a.m.
 Morning Worship 11 a.m.
 Evening Worship 6:30 p.m.
 Wednesday Family Night..... 7 p.m.


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 Independent - affiliated with IMF

8300 29th Ave NW
Burlington, ND 58722
 (South side of Highway 2)
701-839-6319
 Sunday School 9:00 am
 Meet and Greet 10:00 am
 Sunday Worship 10:30 am
Pastor Gregg S Smith
www.gracefellowshipatburlington.com

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9999 27th St NE
4 miles south of MAFB
James W. Henderson
Anna B. Henderson
Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday
 Sunday School 9:45 a.m.
 Adult/Children Worship.. 11 a.m.
 Family Hour 6:30 p.m.
 Evening Worship 7:30 p.m.
 Bible Study/Child-Adult
 Children Worship (Wed).... 7 p.m.
 Prayer (Friday) 7 P.m.

Zion Lutheran ELCA

1800 Hiawatha St.
852-1872
 Worship Times
 Saturday 5:00 pm
 Sunday 8:30 am & 11:00 am
 Wednesday..... 6:15 pm
John Streccius, Pastor
Carol Wendel, Pastor

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 Sunday School 9:00 a.m.
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 Fellowship..... 11:00 a.m.
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www.vincentumc.com

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Questions? Call 701-557-5603 or 701-557-5402

Dakota Gasification Company - Beulah, ND

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Questions? Call 701-873-6896

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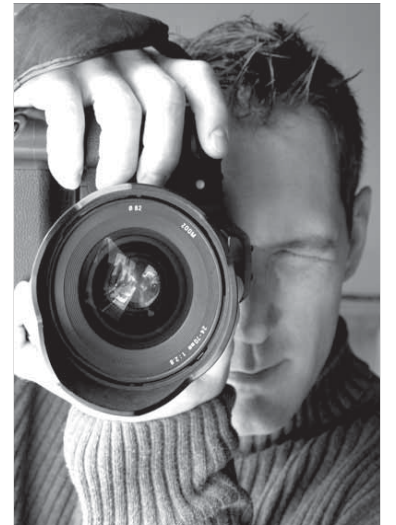
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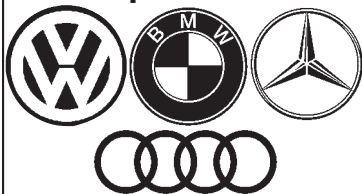
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1	7	4	3	5	9	2	8	6
3	2	6	8	7	4	9	5	1
9	5	8	1	6	2	3	4	7
4	9	5	2	3	7	1	6	8
6	3	1	9	8	5	7	2	4
2	8	7	4	1	6	5	3	9
7	6	3	5	4	1	8	9	2
8	4	2	7	9	3	6	1	5
5	1	9	6	2	8	4	7	3

Answers to puzzle from page 6

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 <p>\$159,000</p> <p>GREAT STARTER – 3 bedroom home with lots of charm. Original hardwood floors in living and dining rooms. Kitchen has a pantry. Upper level has 3rd bedroom with doors to a deck. Lower level family room and laundry. Attached garage.</p> <p>MLS #170684</p>	 <p>\$115,900</p> <p>GORGEOUS 4 bedroom, 2 bath manufactured home in Prairie Bluffs. Electric fireplace in living room, large family room, deck off dining, kitchen with island. Detached double garage. Reduced price.</p> <p>MLS #172440</p>	 <p>\$108,000</p> <p>IN KENMARE – 2 bedroom, 1 1/2 bath home. New hardwood, carpet and paint. Nice kitchen. Large living room. Full basement with bath and laundry. Large yard, patio and alley access. Attached garage.</p> <p>MLS #171139</p>
 <p>\$219,900</p> <p>RURAL SETTING – 3 bedroom, 2 bath, 2012 mobile home minutes from Minot on large lot. Open kitchen, dining and living room. Attached, oversized double garage, deck and central air.</p> <p>MLS #172657</p>	 <p><i>Merry Christmas</i></p>	 <p>\$109,900</p> <p>AFFORDABLE LIVING – Cozy 2 bedroom home with large fenced yard. New carpet and linoleum in living and dining. Recently updated bath room. Lower level laundry with washer/dryer included. Detached garage.</p> <p>MLS #172602</p>
 <p>Judy Hoskin 721-3837 judyh@minothomes.com</p>	<p>FROM YOUR COMPUTER, TABLET OR SMARTPHONE FIND YOUR</p> <p>MINOT HOMES</p> <p>APP AT</p> <p>GET IT ON Google Play or Download on the App Store</p>	 <p>Leigh Ann Perdue 641-0150 LeighAnn@minothomes.com</p>

NEWSPAPER LOCATIONS

northern sentry


Paper Locations

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- 1st Minot Management | 217 Main St S
- Mainstream Boutique | 2 Main Street S
- Watne Realtors | 408 N Broadway
- Minot International Airport | 25 Airport Rd
- Grand Hotel | 1505 N Broadway
- The Landing Bar & Bottleshop | 2015 N Broadway
- The Vegas Motel | 2315 N Broadway
- Superpumper #34 | 2625 N Broadway
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Country Inn & Suites | 1900 22nd Ave SW
- Magic City Hoagies | 1515 24th Ave SW
- Cash Wise Foods | 3208 16th St SW #400
- Baymont Inn & Suites | 1609 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Sonic Drive-In | 1601 35th Ave SW
- YMCA | 3515 16th St SW
- Holiday Stationstores | 3301 S Broadway
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Main Marketplace | 1930 S Broadway St
- Scissors Edge | 1609 S Broadway St
- Simonsons Station Store | 1312 S. Broadway
- Holiday Inn Riverside | 2200 Burdick Expressway East
- Vintage City | 2001 8th Ave SE, Ste C
- M&H Gas Station | 25 Burdick Expressway E
- Minot Housing Authority Office | 108 E Burdick Expy # 1
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