

northersentry

FREE | VOL. 56 • ISSUE 7 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE | FRIDAY, FEBRUARY 16, 2018



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS DILLON AUDIT

ONLY THE **BEST** COME NORTH!



WWW.MINOT.AF.MIL

Like "MINOT AIR FORCE BASE"

CONTACT MINOT AFB PUBLIC AFFAIRS:

(701) 723-6212
V35BW.PA@US.AF.MIL



Minot AFB



Videos

AGE: Flight line surgeons

SENIOR AIRMAN JESSICA WEISSMAN
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

On a mere 20-degree morning, Airmen walk through the doors of an illuminated building containing massive pieces of equipment ready for maintenance.

An Airman opens his locker and puts on a pair of coveralls and safety glasses. After opening the toolbox and letting out a deep breath, he looks at his project and begins the four-day "heart" surgery.

As a heart pumps blood throughout the human body, a -86 diesel generator produces and distributes power to equipment. Senior Airman Dustin Holmes, 5th Maintenance Squadron aerospace ground equipment technician, starts by excising a skeletal frame protecting the generator, much like ribs protecting the heart.

"Generators are used on the flight line by maintainers to power the aircraft," said Master Sgt. Brian Steele, 5th MXS AGE flight chief. "We provide the equipment so crew chiefs can begin their pre-flight inspections and get the aircraft ready to depart."

These Airmen, AGE technicians, are responsible for equipment used on the flight line.

"Our job is critical to the mission on the flight line," Holmes said. "We provide generators and other servicing equipment to maintainers working hands-on on the aircraft. We ensure they have the equipment they need at the drop of hat in order to keep aircraft mission-capable."

As "jacks-of-all-trade", AGE technicians provide equipment to units from both the 5th Bomb Wing and 91st Missile Wing.

While temperatures stay below zero for multiple days during the winter months at Minot Air Force Base, this does not stop AGE technicians from supplying heaters to the flight line and missile complex so other

Airmen can stay warm while completing their mission.

Aerospace ground equipment technicians also maintain and inspect over 600 pieces of equipment.

"We maintain equipment that is 30-40 years old," Steele said. "We break equipment down to the core to replace generators and engines, and we also fix electrical and hydraulic issues."

After a successful transplant, Holmes and his team begin to reconnect wires and replace bolts. As they restore the generator to its original form, the rejuvenated piece of equipment is inspected and placed back in line – ready to power-up a B-52H Stratofortress.

(From left) Airman 1st Class Christopher Palomares, Senior Airman Dustin Holmes, and Staff Sgt. Robert Gordon, 5th Maintenance Squadron aerospace ground equipment technicians, stand near a removed generator at Minot Air Force Base, N.D., Jan. 24, 2018. Aerospace ground equipment technicians are responsible for delivery, maintenance and inspection of equipment used on the flight line.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN JESSICA WEISSMAN

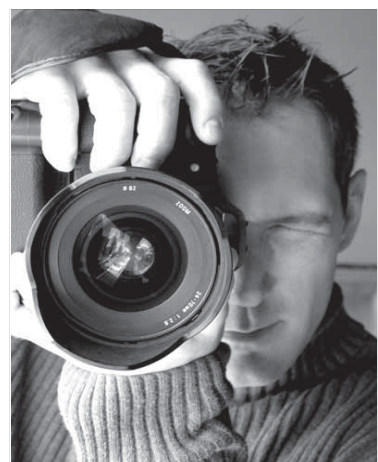


U.S. AIR FORCE PHOTO | SENIOR AIRMAN JESSICA WEISSMAN

Senior Airman Dustin Holmes, 5th Maintenance Squadron aerospace ground equipment technician, removes a bolt on a diesel generator at Minot Air Force Base, N.D., Jan. 24, 2018. Diesel generators are used to conduct and distribute power to the B-52H Stratofortress.



U.S. AIR FORCE PHOTO | SENIOR AIRMAN JESSICA WEISSMAN



Picture your ad in the **northsensentry**

MINOT AIR FORCE BASE | WWW.NORTHERNSENTRY.COM
Call us today for more info!
701-839-0946
nsads@srt.com

Laura Larson, M.S., LPCC
is now seeing clients for mental health needs at Northland Community Health Center in Minot.

Over 20 Years Experience

Services Include:
Individual & Family therapy to children, adolescents, & adults

Please call for more information or to schedule an appointment. 852-4600.
Northland Community Health Center is located in the Arrowhead Mall in Minot.

Northland HealthCenters

car tiva
701-857-9210
WWW.CARTIVAOFMINOT.COM

3520 S. BROADWAY
MINOT, ND 58701

MARGIE'S

HOURS:
TUES & TH: 10AM - 8:30PM • W,F & SAT: 10AM - 5:30PM
SUN & MON: CLOSED

THE FUN STARTS HERE!
PAINT CERAMICS, CANVAS OR A FUN GLASS PROJECT

ANYTIME!

BROWSE OUR UNIQUE GIFT SHOP

"YES YOU CAN!"

109 S MAIN ST • 837-8555 • MARGIESARTGLASS.COM

ENJOY A DELICIOUS FRUIT SMOOTHIE OR COFFEE FROM THE BLACK IGUANA COFFEE SHOP!

CAPITAL R.V. North Dakota RV Dealer
#1 Motor Home, Towable & Toy Hauler RV Sales

3000 14th Ave SW • Minot, ND
Hours: Monday - Friday 8:00 am - 5:00 pm
Saturday 8:00 am - 2:00 pm
701-838-4343 • 800-488-7896
www.capitalrv.com

February 17
RODNEY CARRINGTON

STAY & PLAY: \$65 - 2 G.A. tickets, hotel room and \$20 in slot play
ROCK 'N' RIDE: \$180 - Bus ride, 1 Gold ticket, 2 drinks and \$20 in slot play

2018 CHEVY COLORADO

Win a Chevrolet Colorado truck with \$4,000 in accessories!

Qualify: January 1 - February 23

FEBRUARY 24

UFC 222 MARCH 3
HOLLOWAY vs. EDGAR
Free to watch in the NEW 4 Bears Grand Ballroom!
Cash Bar & Free Appetizers

RELAX AND ENJOY TYLER STEPHENS FEBRUARY 16 & 17 AT POCKET ACES LOUNGE

800.294.5454

4 BEARS CASINO & LODGE
4 MILES WEST OF NEW TOWN

NOW OPEN 24 HOURS!

Download our NEW MOBILE APP so you always know what's up!

VISIT 4BEARSCASINO.COM FOR DETAILS AND CHECK US OUT ON SOCIAL MEDIA.

When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.

TEAM MINOT HOSTS 2018 SLC

Members of the Senior Leader Conference visit Minot Air Force Base, N.D., Feb. 7-9, 2018. During their visit, members of the SLC toured a missile alert facility, launch facility and a B-52H Stratofortress.

U.S. Air Force photos | Minot Air Force Base Public Affairs office



CONTACTUS

Tonya Stuart-Melland

Sales Manager | Ad Designer
nsads@srt.com

Beth Duchsherer

Ad Designer | Sales Representative
nsgraphics@srt.com

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief of Public Affairs

Lt Col. Jamie Humphries

Public Affairs Officer

Lt. Danielle Lucero

Superintendent

Master Sgt. Jeremy Larlee

Media Relations

Mr. Gregory Boster

Staff Photojournalists

Tech. Sgt. Jarad Denton

Tech. Sgt. Evelyn Chavez

Senior Airman Apryl L. Hall

Senior Airman Sahara Fales

Senior Airman Justin Armstrong

Senior Airman Jessica Weissman

Airman 1st Class Jonathan McElderry

Airman 1st Class Alyssa Akers

Airman 1st Class Dillon Audit

Airman 1st Class Ashley Boster

COMMANDERS

5th Bomb Wing Commander:

Col. Matthew R. Brooks

5th Bomb Wing Vice Commander:

Col. Sloan Hollis

91st Missile Wing Commander:

Col. Colin J. Connor

91st Missile Wing Vice Commander:

Col. Craig Ramsey

NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

MAIL&FAX

315 South Main Street, Suite 202

PO Box 2183

Minot, ND 58701 | 701.839.1867

VIEW ONLINE

www.northernsentry.com

www.minot.af.mil

FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official newsource for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

northernsentry Paper Locations

The Northern Sentry is available at these locations in MINOT each week:

- Northern Sentry Office | 315 South Main Street, Ste 202
- Grand Hotel | 1505 N Broadway
- North Hill Marketplace | 2215 16th St NW
- Arrowhead Marketplace | 1600 2nd Ave SW
- Baymont Inn & Suites | 1609 35th Ave SW
- La Quinta Inn & Suites | 1605 35th Ave SW
- Schatz Crossroads Truckstop, Inc. | 1712 20th Ave SE
- Main Marketplace | 1930 S Broadway St
- Holiday Inn Riverside | 2200 Burdick Expressway East
- M&H Gas Station | 25 Burdick Expressway E

If you are interested in having the Northern Sentry delivered to your business, let us know.

Call: 701-839-0946 | Email: nsgraphics@srt.com



creative property management Inc.

**BEAUTIFUL CONDOS & TOWNHOUSES
FOR RENT**

**2 AND 3 BEDROOMS AVAILABLE
WITH ATTACHED HEATED GARAGE**

GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE

STARTING AS LOW AS \$895 A MONTH!

SCHEDULE YOUR SHOWING TODAY!



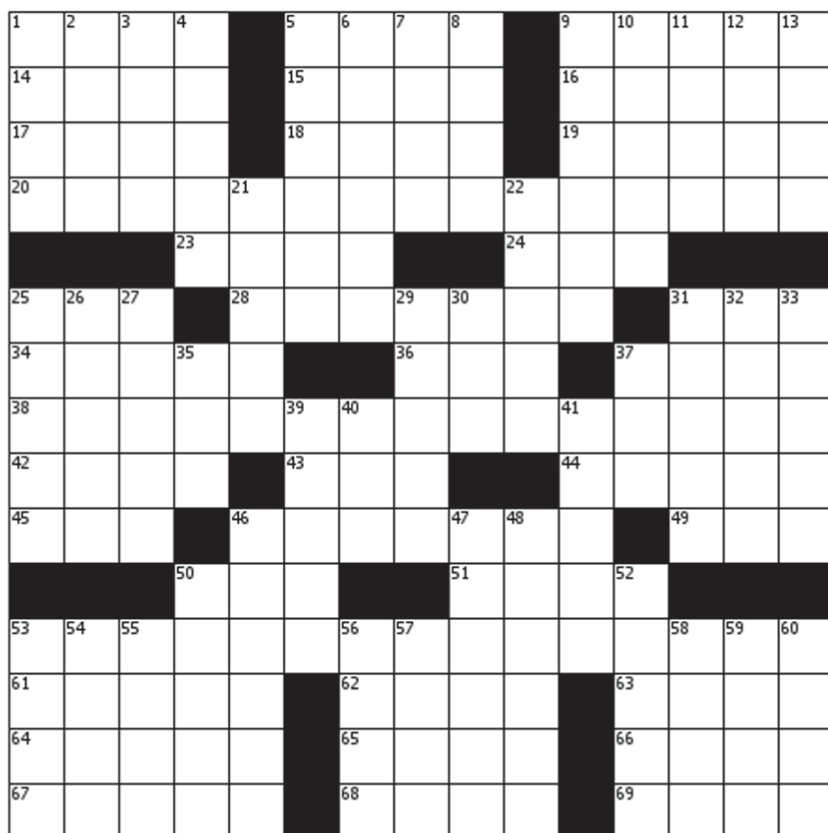
701-852-5028

WWW.CREATIVEMINOT.COM

CROSSWORD PUZZLE

Across

- 1. Bed board
- 5. Used the Jetway
- 9. Pest-removal word?
- 14. Whittle
- 15. Soft-shoe prop
- 16. Carpentry or plumbing, e.g.
- 17. "God ___ the details"
- 18. Magic bullet
- 19. Auspices
- 20. Gag for a dentist?
- 23. Thick skin
- 24. Wine listing
- 25. Venusians, e.g.
- 28. Slide used in lighting
- 31. Kernel's quarters
- 34. Something you and Columbo do
- 36. Chicago dinosaur
- 37. Deal with it
- 38. Gag for a florist?
- 42. Nimbus
- 43. Concorde treat
- 44. Unlikely to move
- 45. "Without a doubt!"
- 46. Pickup adjunct
- 49. "Go get 'em!"
- 50. Nancy in Nancy, e.g.
- 51. Unfetter
- 53. Gag for a typist
- 61. Creator of Jenny and Oliver
- 62. "Mama said there'd be days like this"
- 63. Put on a spare tire?
- 64. Word in a Hugo title
- 65. It may be pink



- 66. Emulate a wolf?
 - 67. Curl the lip
 - 68. Spruce
 - 69. Plane part
- Down**
- 1. ___-and-span
 - 2. Secure with a rope
 - 3. Part of an oratorio
 - 4. Last frame
 - 5. Give consent
 - 6. Boston Marathon prize
 - 7. Crucifix inscription
 - 8. Sophomoric one?
 - 9. Island off the N.J. coast
 - 10. Balboa opponent
 - 11. Vent violently

- 22. Joylessness
- 25. "A Modest Proposal" e.g.
- 26. Chef's wear
- 27. Impolite sound
- 29. WJM's Mr. Grant
- 30. You can do it to heartstrings
- 31. Quail
- 32. What the fat lady sings
- 33. Moorage
- 35. Through
- 37. Game that stings
- 39. Surpass
- 40. Electrolyte particle
- 41. Compare
- 46. Burrowing rodent
- 47. Chicken
- 48. Bacon request
- 50. Mollusk interior
- 52. Rabble-rouse
- 53. Iniquity locales
- 54. It can be cast
- 55. Camp closer?
- 56. Brooklyn Bridge river
- 57. "___ Want for Christmas"
- 58. Othello's persecutor
- 59. Zeroes
- 60. Strike zone border

SUDOKU Solution to puzzle on page 10

	1			2			3	
4				5	6		7	
						8	9	
	9		7					
6								3
					4		2	
	2	8			9			
								5
	7		3	1			4	

Solution to last week's Crossword puzzle.

A	D	O		S	L	O	M	O		W	R	A	P				
T	E	X		O	A	T	E	S		B	R	A	C	E			
L	E	E		O	X	T	A	I	L	L	I	G	H	T			
A	R	Y	A	N						D	E	V	O	T	E	E	S
S	E	E	H	E	R	E				R	O	W					
			P	A	R	E	N	T			V	I	G	O	D	A	
O	N	A		S	A	D	I	E			T	O	X	I	N		
M	O	T	H		D	U	G	I	N			A	L	D	O		
A	S	C	O	T		P	E	D	A	L		I	O	N			
R	E	H	E	A	T				R	E	V	A	M	P			
						V	O	L			R	E	P	O	S	T	S
F	A	I	L	E	D	A	T					T	I	T	H	E	
O	X	F	O	R	D		P	I	N	T	O				I	R	E
A	L	I	G	N			S	N	O	O	P				C	O	D
M	E	T	E				E	A	V	E	S				K	E	Y



BLACK PANTHER • (PG-13)
 FRIDAY, FEBRUARY 16 • 1800
 SATURDAY, FEBRUARY 17 • 1400
 SATURDAY, FEBRUARY 17 • 1800
 SUNDAY, FEBRUARY 18 • 1500

“T’Challa, after the death of his father, the King of Wakanda, returns home to the isolated, technologically advanced African nation to succeed to the throne and take his rightful place as king.”



Slow Cooker Honey Garlic Chicken



INGREDIENTS:

- 4 Large bone-in Chicken Breasts , skin removed
- 1/2 cup low sodium soy sauce
- 1/3 cup honey
- 1/3 cup hoisin sauce
- 2 tablespoons rice vinegar
- 1 teaspoon sesame oil
- 2 teaspoons fresh ginger , minced
- 1/4 teaspoon red chili flakes
- 5 cloves garlic , minced
- 1 small onion , finely diced
- 2 tablespoons cornstarch

INSTRUCTIONS:

Combine soy sauce, honey, hoisin sauce, rice vinegar, sesame oil, fresh ginger, garlic, chopped onion and chili flakes. Place chicken breasts in slow cooker and pour sauce on top. Cook on low for 4-5 hours. Remove chicken from slow cooker and shred, set aside. In a small bowl, combine 3 tablespoons of water and cornstarch. Place liquid from slow cooker into a saucepan and bring to a boil. While stirring the liquid, add cornstarch mixture a little at a time and stir until thickened. Let boil 1 minute. Pour sauce over shredded chicken and stir to combine. Serve over rice with desired toppings.

The International Artists Series of Minot and Live On Stage, Inc. announce Guitar virtuoso as part of their 2017 - 2018 Concert Season

LIVE ONSTAGE

NASHVILLE, Tenn. – (February 10, 2018) – Award-winning

classical, Spanish, fingerstyle guitarist, Andy Hackbarth, pays tribute to the “Father of the Classical Guitar,” Andres Segovia, in a concert at Ann Nicole Nelson Hall - MSU on Saturday, March 3, 2018 at 7:30 p.m. Doors will open 30 minutes in advance with no reserve seating. Single event tickets are available at \$30/adult and \$15/student at the door, or by calling the number below or on the International Artist Series website. Season tickets (early bird) for the upcoming season 2018-19 will be advertised and available at a discounted price at the door only. To purchase event tickets or to get more

information, please visit the association’s website at www.minotconcerts.org, contact 701-838-1113, or email at iasminot@srt.com.

Andy Hackbarth has spent his life studying, playing and teaching guitar. Andy holds a Bachelor of Music in Classical Guitar Performance from the University of Colorado at Boulder (where he taught guitar, theory, and songwriting for three years during graduate studies), and studied for several years at the Lawrence University Conservatory of Music and the Aspen Music School. Andy pays homage to Andres Segovia through his traditional Spanish fingerstyle work. His current touring show, A Tribute to Segovia, features instrumental selections and short stories about Segovia’s life

and music. This eclectic musical journey transports listeners from the music of Bach and the cathedrals of Germany, to the hills of Spain and the work of Albeniz and Tarrega; from classical Europe, to the southern tip of South America. A Tribute to Segovia also looks to modern music and how Segovia’s work has influenced the contemporary guitar world.

The International Artists Series of Minot, North Dakota has been presenting internationally acclaimed artists to the community since 1947. The all-volunteer non-profit board is committed to bringing artists and audiences together and enriching the cultural life of the greater Minot community through live performances offered at affordable, family friendly prices.



Mohammad T. Hashemi, MD



THE AREA’S STRONGEST ORTHOPEDIC TEAM JUST GOT STRONGER.

Recognized for excellence in orthopedic care, Trinity Health is proud to announce we’ve expanded our team of orthopedic surgeons to enhance our expertise in the areas of general orthopedics and total joint replacement.

Meet Dr. Hashemi, Orthopedic and Joint Replacement Specialist

An orthopedic surgeon board certified and fellowship trained in total joint reconstruction, Dr. Hashemi brings advanced expertise to the care of people with bone, joint, and muscle disorders. He specializes in total joint replacement of the hip and knee, including minimally invasive approaches.

Dr. Hashemi received residency training in orthopedic surgery at the University of Texas Southwestern Medical Center and completed his post-residency fellowship in total joint reconstruction at Desert Orthopaedic Center, Las Vegas. He’s dedicated to helping people of all ages maintain an active and healthy lifestyle.

Advanced Orthopedic Care

- Total hip, knee replacement
- Surgical and nonsurgical treatments for bone, joint, and muscle disorders
- Fractures, orthopedic trauma
- Shoulder care
- Pediatric orthopedics
- Carpal tunnel release

For more information, please call **(701) 857-5500** or visit trinityhealth.org

ELEVATION

20% MILITARY DISCOUNT EVERYDAY

OPEN 7 DAYS A WEEK

WEEKENDS: BRUNCH
BOTTOMLESS MIMOSA'S
Plus! 150+ ITEM BLOODY MARY BAR

701-837-0338
1912 VALLEY BLUFFS DR | LOCATED AT MINOT COUNTRY CLUB

main street BOOKS
NEW & USED
"Best Toys in Town"

Still the coziest spot in town!

YOU CAN NOW
TRADE YOUR BOOKS for credit!
GUIDELINES AVAILABLE IN STORE

MILITARY ID DISCOUNT!
10% Off Everything, Every Day!
WITH A MILITARY ID

M-Th & Sat: 10am - 6pm • Fri: 10am - 8pm • Sun: 12n - 4pm
8 Main St S • Downtown Minot • 839-4050 • www.mainstreetbooksminot.com • mainstreetbooks@srt.com

North Hill BOWL X-TREME BOWLING
FRIDAY & SATURDAY

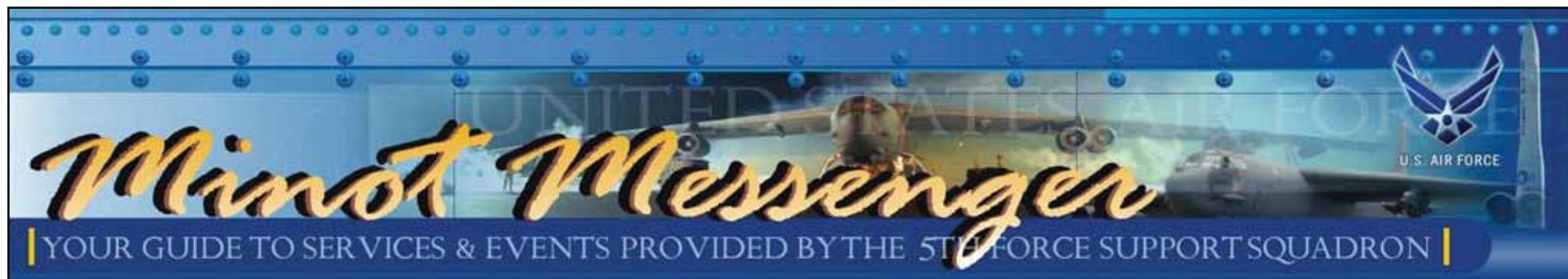
OPEN BOWLING DAY & NIGHT
MONDAY - SATURDAY
CLOSED SUNDAYS

X-TREME BOWLING HOURS:
FRIDAY & SATURDAY
6PM-1AM

CELEBRATE WITH US!
WE DO BIRTHDAY PARTIES
FOR ALL AGES!

1901 NORTH BROADWAY, MINOT, ND
852-4108
WWW.NORTHHILLBOWL.COM

Military Discounts Available!



Winter Games Coming To The Fitness Center On March 9th

2018 MCADOO WINTER GAMES
4TH ANNUAL
MARCH 9TH 10AM-3PM
REGISTER FEBRUARY 26-MARCH 7

723-2145 | 5TH FORCE SUPPORT SQUADRON

WINTER GAMES IS A DAY OF SPORTING EVENTS FOR MORALE, ESPIRIT DE CORPS & TO FIGHT THE WINTER BLUES! SQUADRONS COMPETE TO WIN MEDALS, THE WINTER CUP AND POINTS TOWARD THE 2018 COMMANDER'S CUP!

CONTACT YOUR SPORTS REP TO REGISTER

Fight the winter blues and join in the fun during the 4th annual Winter Games at the McAdoo Fitness Center on Friday, March 9 from 10 a.m. to 3 p.m. You'll enjoy fitness events which will challenge you to push yourself to the limit. Compete to win medals, the Winter Cup, and points toward the 2018 Commander's Cup.

A wide variety of fitness events are planned for this year's Winter Games. Compete in the 3 point shootout, soccer, dodgeball, Alpha Warrior challenge, volleyball, football combine, qinter obstacle course, wallyball tournament, racquetball doubles, snowshoe softball relay, bench press competition, log roll, Team Murphy, cross country ski relay, and more. Events may change due to weather conditions.

Registration for the Winter Games is from February 26 through March 7. Contact your unit sports representative to register. The event is open to all active duty, dependents, and civilian employees 18 years of age and older. For more information, contact the Fitness Center at 723-2145.

Congratulations To Our Super Sunday Prize Winners



Capt Lamin Jackson, 91 MMXS (pictured above) was the winner of the 60" Sharp 4K television during the Super Sunday event at Rockers Bar & Grill on February 4. Other major prize winners included SrA Chance Poultin, 5 MXG, winner of the Wampler massage chair, TSgt Jason Medina, 5 OSS, who won the patio umbrella, and 1Lt Christina Sheets, 5 MXG, who took home a barbecue grill. The event was sponsored by I. Keating Furniture, Verendrye Electric Cooperative, and First Command Financial Services. *No Federal Endorsement of Sponsors Intended.*

Dog Sled Trip Provides A Once In A Lifetime Experience

If you're looking for a once in a lifetime type experience, don't miss the Dog Sledding Trip on March 9-11. Outdoor Recreation invites you to join the fun as you sled through the majestic Superior National Forest in the heart of Minnesota. You will get to drive your own dog team and have lunch on the lake.

Price includes the dog sledding day trip, two nights lodging, and transportation to Ely, MN. Cost for active duty Airmen and their families are \$65/person quad room, \$90/person triple room, \$115/person double room, or \$215/person single room. Cost for all other DoD I.D. card holders are \$285/person quad room, \$300/person triple room, \$330/person double room, and \$420/person single room.

Make a reservation Call 723-3648

MARCH 9TH-11TH REGISTER FEB 12TH-MAR 2ND

AIRMEN & THEIR FAMILIES
SINGLE ROOM \$215 | TRIPLE ROOM \$90
DOUBLE ROOM \$115 | QUAD ROOM \$65

ALL OTHER DoD CARD HOLDERS
SINGLE ROOM \$420 | TRIPLE ROOM \$300
DOUBLE ROOM \$330 | QUAD ROOM \$285

PRICE INCLUDES DOG SLEDDING, 2/3 NIGHTS LODGING & TRANSPORTATION.

DOG Sledding Trip TO ELY, MINNESOTA

COME ON A DOG SLEDDING ADVENTURE WITH OUTDOOR REC THROUGH THE MAJESTIC SUPERIOR NATIONAL FOREST. DRIVE YOUR OWN DOG TEAM AND HAVE LUNCH ON THE LAKE. DON'T MISS THIS!

Deadline for registration is March 2. For more information, call Outdoor Recreation at 723-3648.

Visit The B-Fifty Brew Today And Enjoy Their Delicious February Special

Grande \$5.00
Venti \$5.50

Heavy cream blended with bittersweet mocha & hazelnut syrup, topped with whipped cream and dark chocolate curls... it's like Ferrero Rocher meets Frappuccino!

Hazelnut Chocolate Frappuccino

For more 5th Force Support events, visit www.facebook.com/5thforcesupport

BOWLING SPECIAL
AT ROUGH RIDER LANES
ENJOY 2 GAMES AT NORMAL PRICING, GET THE 3RD GAME FREE!

FEBRUARY 16 - MARCH 31
FRIDAY 5:00PM - 8:00PM
SATURDAY 4:00PM - 8:00PM
CALL 727-4715 FOR DETAILS

+ HALF-OFF SHOE RENTAL!

MINOT AIR FORCE BASE
5TH FORCE SUPPORT SQUADRON

CLUB MEMBER DRAWING ON FRIDAY, FEBRUARY 16 WILL BE FOR \$1,100.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill to obtain your application. The next weekly club membership drawing will be held on Friday, February 16 at Rockers Bar & Grill only. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Feb 21 Bundles For Babies

Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on February 21 from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your growing family and about many of the support programs that are available. Plus participants receive a free gift for your new baby courtesy of the Air Force Aid Society. Please register by noon on February 20. For more details, call the Airman & Family Readiness Center at 723-3950.

Friday Night Roller Skating

Did you know the Youth Center offers Base Skate every Friday from 6-7 p.m.? Come out with your family and skate the night away! You can bring your own skates, rollerblades and helmet or the Youth Center has some to check out. Cost is FREE for Youth Center members and only \$5 per family for non-members. No sign up is necessary. Don't miss this fun and healthy activity for youth 5 years of age and older. For more information, call the Youth Center at 723-2838.



Family Fun Night

Looking for a delicious and affordable meal? Rough Riders invites you to enjoy their Family Fun Night every Tuesday from 5-9 p.m. Club members can enjoy 2 large one topping pizzas, 12 breadsticks, and 2 pitchers of soda for only \$25. Non-members can join the fun for only \$32. Plus children are sure to enjoy spending time in the Lil' Riders Indoor Playland. For more information, please contact Rough Riders Pizza at 727-4377.

Feb 22 President's Day Special

Rough Rider Lanes is offering a President's Day bowling special on Thursday, February 22 from 9 a.m. to 9 p.m. Strike up some fun and bowl for \$2.75 per game and shoe rental of only \$1.75. Plus, it's a Red Pin day, get a strike when the head pin is a red pin and receive a free game coupon (one free game coupon per person per game). For more information, please call Rough Rider Lanes at 727-4715.

Base vs. Base Rowing Challenge

The Fitness Center is hosting the Base vs. Base Rowing Challenge now through February 28. The base with the best overall average meters will be the first recipients of the traveling trophy. Minot's top two rowers will be awarded gift certificates. T-shirts go to the first 10 rowers to reach 50,000 meters. Participants may only compete during normal Fitness Center hours of operation. For more information, call the Fitness Center at 723-2145.



YOUNG AIRMEN EVENTS & PROGRAMS

Feb 16 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on February 16 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Feb 26-28 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on February 26, 27, & 28 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! Three classes to choose from in February. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.

Feb 17 Heart Healthy Cardio Event

Get your heart pumping and enjoy some healthy exercise! The Fitness Center is hosting the Heart Healthy Cardio Event on Saturday, February 17 from 9-11 a.m. in the aerobics room. This 2-hour event features a variety of cardio and is a terrific way to get some exercise. The Heart Healthy Cardio Event is open to all DoD ID card holders 16 years of age and older. For more details, call the Fitness Center at 723-2145.

Why WIC: linking families to nutrition

AIRMAN 1ST CLASS ALYSSA M. AKERS
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- She sat in the doctor's office, 26 weeks pregnant with her second child. Time seemed to stand still as the doctor walked in and gave her a diagnosis she never expected: cancer. Through countless weeks of treatment, and a radiation session, she counted down to the birth of her child. After a few more weeks, she was called back in for more radiation. That appointment marked the beginning of her child's formula days. "Just the small containers that last about three days are \$16, which can add up to about \$300 a month," the mother said. "You can imagine the toll it takes on you when you still have to buy diapers, wipes and clothes for the baby, as well as everything else for your family."

Upon confiding in a friend about her financial struggle, she was informed about assistance she may qualify for: Women, Infants and Children (WIC).

As a nutrition and education program, WIC is designed to assist qualifying pregnant and breastfeeding women, new moms, infants and children under five. The program may also assist any other legal guardian who takes care of a qualifying infant or child under five.

"Once we determine a family is income-eligible for the program, we do a health screen to determine if the family is nutritionally-eligible," said Jackie Cenis, WIC program leader at Minot Air Force Base and international board-certified lactation consultant. "From there, we create a nutrition plan and carry-out education during each visit depending on the family."

After every appointment with the WIC office, the family-in-need receives a voucher or check designated for certain WIC-approved foods. Families may use these vouchers or checks in stores that accept them, including the base commissary.

The vouchers can be given for more than just formula for infants, as the mother in the story needed. Cenis works with families to develop a WIC-approved food list that includes fruits, vegetables, milk, whole grains, eggs, peanut butter, cereal, formula and baby food. Accepted foods on shelves at the commissary are marked with an orange sticker.

"In a household with my husband working and me going to school, we don't make a lot," said the mother. "WIC has helped us tremendously with ensuring we can afford food for our family. They also educated us on what is needed for each stage of growth with our children."

Pamphlets with additional information and recipes can be given during every appointment, said Cenis. New recipe pamphlets containing only WIC-approved foods are released every week and include the serving amount and nutritional facts.

"We provide a nutrition

education piece to help families," said Cenis. "We want to teach moms, dads and legal guardians how to feed their children so they may grow up healthy. We want them to know what works and what doesn't."

The WIC office also has access to many resources in order to refer families to different agencies they may qualify or need.

"Right now, my oldest is five and youngest is 16 months, and we still receive help from WIC," said the mother. "The biggest struggle was actually making the call to see if we qualified. Don't be afraid of being embarrassed or judged, it's there for a reason: to help."

For more information or to see if your family qualifies for the WIC program, please contact Cenis at (701) 723-2118. The base WIC office is

located inside the Airman and Family Readiness

Center at 291 Peacekeeper Place.



creative property management Inc.

MOVE-IN READY UNITS!
STUDIO AND 1 BEDROOM APARTMENTS

STARTING AS LOW AS \$325 A MONTH!

SCHEDULE YOUR SHOWING TODAY!



701-852-5028
WWW.CREATIVEMINOT.COM



WE ARE FIGHTING CANCER. TOGETHER.

TRINITY HEALTH

MADHU UNNIKRISHNAN, MD, MS, HEMATOLOGIST AND MEDICAL ONCOLOGIST, AND PAMELA HOLWEGNER, FNP-C, AOCNP

State-of-the-art care enhanced by world class expertise.

At Trinity Health we detect cancers earlier than ever, when they are the most treatable. When diagnosed, we take a multidisciplinary team approach to offer the peace of mind of many opinions. And then we go a step further by collaborating with the experts at Mayo Clinic.

Working together, Trinity Health brings you the benefit of an individualized treatment plan designed to fight your specific cancer. Then we provide you access to the latest therapies, including clinical trials. This is the power of exceptional cancer care found right here at Trinity Health CancerCare Center. When it's cancer, there's no stronger team you want on your side.



CALL (701) 857-3535 TO CONNECT WITH OUR CANCER EXPERTS, OR LEARN MORE AT TRINITYHEALTH.ORG/CANCER.

MINOT, NORTH DAKOTA

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 5:30 pm Sunday 8:30 & 11:00 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p> Harvest Reformed Church</p> <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p>Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Bible Fellowship Church</p> <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p> Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p> <p> UNITED CHURCH OF CHRIST</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship. 8:30 & 11:00 am Adult Bible Study, Adult Choir, Youth Sunday School 9:45 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p>
<p> Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled) 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p> St. John the Apostle Catholic Church</p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship .. 8:30 am and 11:00 am Wednesday Supper 5:15 pm Wednesday Education 6:00 pm Wednesday Worship 7:00 pm</p> <p>Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Brandy Gerjets www.flcminot.com</p>	<p></p> <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:30 am & 10:30 am Sunday Fellowship 9:30 am Wednesday Worship 6:45 pm Church School Wednesday 5:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p> First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Calvary Alliance Church 715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center..... 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p> Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF</p> <p></p> <p>8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319</p> <p>Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am</p> <p>Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship..... 6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>	<p> Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>

 **Zion Lutheran ELCA**

1800 Hiawatha St. 852-1872

Worship Times
Saturday 5:00 pm
Sunday 8:30 am & 11:00 am
Wednesday..... 6:15 pm

John Streccius, Pastor
Carol Wendel, Pastor

To Advertise your Church in this space.

Call 839-0946

Only \$7.00 a space / per week

ADVERTISE YOUR Church

Advertise FOR ONLY \$7 PER WEEK

Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM

CONTACT TONYA

call 701-839-0946

email NSADS@SRT.COM

fax 701-839-1867

we've got the church you've been looking for

Your life matters to God!



CLASSIFIEDS

www.northern Sentry.com | nsads@srt.com | 701.839.0946 | 315 S. Main Ste 202 | PO Box 2183 | Minot, North Dakota

HELP WANTED

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING? Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. *We are an equal opportunity employer and a drug free workplace.* Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Gail Peterson by E-mail or phone at gpeterson@kalixnd.org (701)833-6559

PROFESSIONALS

LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT
www.marykay.com/lclouse.
701-839-0475 or 701-721-0475

AN AD IN THE NORTHERN SENTRY with get your business noticed. Email your ads to nsads@srt.com or call 839-0946

REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at www.brokers12.com.

FLEA MARKET

MOVING NEED CASH? Sell your used/unwanted items at MINOT FLEA MARKET, March 3 and 4, State Fairgrounds. Info 701-340-7930.

OPEN HOUSE

OPEN HOUSE Sunday February 18th 2:00-3:30
1211 34th Ave SE - Minot \$294,500 This 3 bedroom w/ office, 3 bath, one owner home, built in 2012 is close to the John Hoeven Elementary school and just blocks from the Minot Country Club. Large kitchen with walk in pantry. Lots of cupboards. All appliance stay with home. Fully finished basement with a lot of storage. Three stall attached garage with access to the laundry/mud room from garage.



AUTOMOTIVE

90 DAY FREE POWERTRAIN WARRANTY on most cars. Check out our inventory at karz4u.com or call Cliff (Retired MSgt) at 701-240-9172.

JOHN'S

AUTOBODY
Pays Up To **\$500**
Insurance Deductibles
We Guarantee All Work & Color Match
4121 S. Broadway
839-8896

HOW DO I SUBMIT ARTICLES OR STORY IDEAS TO THE NORTHERN SENTRY?

The Northern Sentry is a privately owned and edited publication in no way affiliated with the Minot Air Force Base, the Department of the Air Force or the Department of Defense. Military members and DoD civilian employees must contact the Public Affairs office prior to contacting any member of the media.

RENTALS

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

SELL YOUR STUFF - One person's trash is another's treasure. Sell your unwanted items with an ad in the Northern Sentry. Contact us at nsads@srt.com or 701-839-0946 for more information.

SERVICES

WE CLEAN ALL TYPES OF FLOORING including carpets, upholstery, walls, air ducts. Let us clean your boat, camper, garage, storage unit. We have dump trailer for debris removal. Low rates. Cash/check/credit. Prairie Carpet Services. 701-833-2884 or 448-2883.

TRANSPORTATION

I BUY CARS OR HAUL JUNKERS AWAY FOR FREE - Call Karz 4-U at 240-9172.

\$\$\$ QUICK CASH \$\$\$
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

SELL YOUR CAR in the Northern Sentry. Email your ad copy to nsads@srt.com or call 839-0946 for more info.

AUCTION

DO NOT MISS THIS SALE!
All Seasons Arena, Minot, ND
McKee-Fairweather - PART II
Sundsbak Auctions
Sunday, March 4th, 12:01PM
Rare ND Antiques & Collectibles, Plus Guns. 1996 Honda Accord LX Wagon, Creme Puff, Rare!, 159,000, Needs Nothing, No Rust, Drive Anywhere!; 1960s Kustom AmpHead & PA with 2 Speakers, Blue Sparkle, Tuck & Roll, VF; Rebuilt by Feist Electronics, Bismarck 2017; Orig. ND Native American Art, Leaded Glass; Old B&W Images of ND Towns & Native Americans; Art; Native Postcards; Old Cast Iron; Pottery; Glassware; Crocks; Old Stereo Equip.; Old Trunks; Old Harley Davidson Images; Tables; Chairs; Rare Indian Motor Oil Porcelain; And Other Signs; Rare German War Eagle on Board from Old Porter Brothers in Minot; Old Wes Cummings Jack Knives Shadow Box, Roseglen, ND; Partial Listing.
Questions or more Information
Call 701-626-2712

BUSINESS & PROFESSIONAL DIRECTORY

AUTOMOTIVE

MBM AUTO SERVICE
Minot's Service Specialists
PARTS & SERVICE
We Specialize In:

1215 Valley St.
838-9607
Next to Action Wrecking

QUICK CASH!!
Running & Non-Running
Cars & Trucks

Edwardson Sales
839-9512
We also sell cars \$500 - \$1500
Give Us A Call!
Will Haul Junk Cars Free Of Charge

ACTION AUTO WRECKING
Free Parts Locating service
1215 Valley St., Minot
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not
Selling new, used and rebuilt parts.
Phone 852-2470 or Toll Free
1-800-533-5904 • Fax 838-7627

STORAGE UNITS
NORTHERN PRAIRIE CONDOS & STORAGE, INC.
Military Discounts - Best Rates
24 Hour Access
701-720-1093
Convenient North Location for Both Base & Minot Customers

HOBBY SHOP

AEROPORT HOBBY SHOP
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.
838-1658
2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

ANSWERS

SUDOKU ANSWERS

7	1	9	4	2	8	5	3	6
4	8	3	9	5	6	1	7	2
2	6	5	1	3	7	8	9	4
8	9	2	7	6	3	4	5	1
6	5	4	2	9	1	7	8	3
1	3	7	5	8	4	6	2	9
5	2	8	6	4	9	3	1	7
3	4	1	8	7	2	9	6	5
9	7	6	3	1	5	2	4	8

Answers to puzzle from page 4

HOME LOANS

FAST & FREE PREAPPROVAL • VA AND FHA FINANCING

LENDING NOW
PREMIER MORTGAGE CORP.
701-838-3247
MIKE LINDQUIST • NMLS #213449 • CELL 578-0478 | JORDAN WALD • NMLS #922889 • CELL 721-9391
1408 20th Ave. SW, Ste 3, Minot, ND • **APPLY ONLINE** at LENDINGNOW.com

ACCOUNTANT

BRADY MARTZ
CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradymartz.com

REAL ESTATE

www.brokers12.com **BROKERS12**
REAL ESTATE
701-852-3757


Place a display ad for as little as **\$9.00** per week!

For more information
call **839-0946** or email nsads@srt.com

REAL ESTATE



powered by



Serving the Greater Minot Area Since 1951

408 North Bdwy
Minot, ND
701-852-1156




 <p>\$189,900</p> <p>JUST MOVE IN – 3 bedroom, 1 3/4 bath ranch style home in NW area. Lower level family room, 3/4 bath and non-egress bedroom. Attached garage.</p> <p>MLS #180112</p>	 <p>\$234,900</p> <p>FAMILY SIZE – 3 bedroom, 2 1/4 bath home SW area. Eat-in kitchen, formal dining, main floor fireplace, large living room and master suite. Lower level family room, bath, laundry and storage. Double garage.</p> <p>MLS #172765</p>	 <p>\$99,900</p> <p>AFFORDABLE – Cozy 3 bedroom, 1 1/2 bath, 1 1/2 story home. Main level living area and 1 bedroom. Upper level has 2 bedrooms and a bonus space. Covered front porch, central air and detached garage.</p> <p>MLS #172124</p>
 <p>\$122,000</p> <p>TOTALLY UPDATED – 5 bedroom, 2 bath home in SE Minot. Main level has 3 bedrooms and lower level has 2 egress bedrooms. Vinyl siding. Deck. Central air. Parking off the alley.</p> <p>MLS #172321</p>	 <p>CONGRATULATIONS THAD TARASEN</p> <p>TOP PRODUCER, JANUARY 2018</p>	 <p>\$79,900</p> <p>IN MOHALL – Nice sized 1 1/2 story home with 3 bedrooms on upper level. New flooring on main level. Attached double garage, shed and mature trees. Includes 2 add'l lots with water and sewer hookups.</p> <p>MLS #172078</p>
 <p>Janea Martell 320-333-5264 janea@minothomes.com</p>	<p>Check our site for weekly dates and times of Open Houses</p> <p>OPEN HOUSE</p> <p>one click printout of weekly open houses</p>	 <p>Janet Schelling 240-7537 janet@minothomes.com</p>

CARS FOR SALE



240-9172

1105 16th St. SW • Minot
Cliff Butler/Retired MSgt
www.Karz4-U.com

FREE 90 Day or 3000 mile powertrain WARRANTY included!



09 Ford Focus SE
99K, Very Clean, Like New Inside & Out
\$5,195



01 Dodge 2500 SLT-Plus
Extcab 4x4 Cummins Diesel, 170K, NICE
\$11,995



08 Toyota Sienna
Must See Loaded & ready to go!
\$8,995



08 Toyota Camry LE
Great Car! Only 107,000 miles.
\$7,195



04 Jeep Wrangler SE
4x4, 5 Speed Manual, 128K
\$7,995



05 Chevy 1500
Extcab 4x4, 165K, Nicest one around, MINT!
\$10,995



05 Chevy Impala LS
104K, Brand new tires, Remote!
\$3,995



09 Buick Lacrosse
33K, "Little old lady car", Like New! Remote!
\$9,995



04 Chevy 1500 LS
4x4 Crewcab, 146K, Very Nice, Remote Start
\$10,995



08 Pontiac G6 GT
4dr, 97,000 miles, Runs/Drives Great!
\$5,995

See the rest of our inventory at www.Karz4-U.com

BASE ANNOUNCEMENTS

TODAY

- Tactical Fitness, 0630, Fitness Center
- TAP GPS Workshop, 0800-1600, A&FRC, held at the Education Center
- Weight Lifting 101, 1100, Fitness Center
- Fit to Fight, 1130, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Bowling Special Play 2 Games, get the 3rd Free, 1700-2000, Bowling Center
- Yoga, 1700, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Wine & Paint Class, 1800-2000, Arts & Crafts Center
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

SATURDAY

- Presidents' Day Holiday
- Weekend Hours of Operation - For a complete listing of holiday facility hours, please visit www.5thforcesupport.com
- Healthy Heart Cardio Event, 0900-1100, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Bowling Special Play 2 Games, get the 3rd Free, 1600-2000, Bowling Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

SUNDAY

- Presidents' Day Holiday

Weekend Hours of Operation - For a complete listing of holiday facility hours, please visit www.5thforcesupport.com

- Family Zumba, 1400, Fitness Center

MONDAY

• Presidents' Day Holiday

Weekend Hours of Operation - For a complete listing of holiday facility hours, please visit www.5thforcesupport.com

- Presidents Day Lunch Special, 1030-1330, Dakota Inn Dining Facility

TUESDAY

- Game Day, 1000-1930, Base Library
- Fit to Fight, 1130, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Air Force Annual Awards Banquet Kid's Night Out - 5 BW, 1730-2130, Youth Center
- Urban Boot Camp, 1830, Fitness Center
- Cycle/Strength/Core, 1930, Fitness Center

WEDNESDAY

- Circuit Training, 0600, Fitness Center
- Accessing Higher Education, 0800-1600, A&FRC, held at the Education Center
- Club Member Benefit, Every Wed, 0900-2000, Bowling Center
- Bundles for Babies, 0900-1030, A&FRC
- Parent & Tot Fit Kids, 0930, Fitness Center
- Story Time, Every Wed, 1030, Base Library
- Pre-Deployment Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill

- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- EFMP Kids Art Camp, 1700-1900, BBC Community Center
- Squadron Extramural League, 1730, Bowling Center
- Zumba, 1730, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY

- Armed Forces Bowling Championship Applications Due
- Pre-Separation Counseling, 0800-1130, A&FRC
- President's Day Bowling Special, 0900-2100, Bowling Center
- Yoga, 1000, Fitness Center
- Weight Lifting 101, 1100, Fitness Center
- Muscle Pump, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- February Kids Swim, 1330-1530, Indoor Pool, hosted by Outdoor Recreation
- Fitness Hour, 1600-1700, Youth Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Weight Lifting 101, 1730, Fitness Center
- Mixed Couples League, 1830, Bowling Center
- Cycle, 1930, Fitness Center

23 FEBRUARY

- Tactical Fitness, 0630, Fitness Center
- Weight Lifting 101, 1100, Fitness Center
- Fit to Fight, 1130, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill

- Bowling Special Play 2 Games, get the 3rd Free, 1700-2000, Bowling Center
- Yoga, 1700, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

24 FEBRUARY

- Tactical Strength & Fitness, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Give Parents a Break, 1300-1700, CDC & School Age Program
- Bowling Special Play 2 Games, get the 3rd Free, 1600-2000, Bowling Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

ONGOING EVENTS

- Rough Riders Pizza Special. February Special –Chicken Pesto Our deliciously seasoned crust topped with pesto sauce, diced chicken, sliced tomatoes, & mozzarella cheese. Finished off with a sprinkle of parmesan. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza Try it on a Panino! \$8.25 meal – includes side & drink
- B-Fifty Brew Drink Special February Special – Hazelnut Chocolate Frappuccino Heavy cream blended with bittersweet mocha & hazelnut syrup, topped with whipped cream and dark chocolate curls... It's like Ferrero

Rocher meets frappuccino! Grande \$5.00 Venti \$5.50

- February Auto Hobby Special Come in to Auto Hobby to mount your own tires and have the staff balance them & we will waive the stall fee! *Includes flat & lift stalls – Ask for the February special to receive discount on services. Offer valid 1-28 February during operating hours.
- Winter Reading Program : 1 Dec, 2017 thru 1 Mar, 2018 Sign up for the Library's Winter Reading Program and stay warm with some good books! Registration open from 1 Dec, 2017 until 15 Feb, 2018. Adults and teens who read an log CSAF Reading list titles or books read for fun will receive prizes & chances to win bigger prizes! For more information or to sign up, visit tinyurl.com/MinotLibrary
- Winter Reading Program Squadron Contests: 1 Dec, 2017 thru 1 Mar, 2018 Registration is open from 1 Dec, 2017 until 15 Feb, 2018. The squadron whose active duty members read the most CSAF Reading List books and log them for the Base Library's Winter Reading Program will receive a certificate & bragging rights! For more information or to sign up, visit tinyurl.com/MinotLibrary

OPERATION: MUGS & HUGS 2/17/2018 10:00 AM - 3:00 PM

North Dakota State Fair Center. We all love our kids and want to be prepared for everything. Bring your child to Operation: Mugs & Hugs for fingerprinting, height and weight measurements, photos, and DNA kits. Bouncy houses will be set up for the kids to have some fun while they wait! This event is entirely FREE!! Takes place at the iHeartMedia Healthy Living Expo.

Workforce Recruitment Program helps young people with disabilities find jobs

RICHARD SALOMON | AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) -- The Air Force is increasing its participation in an annual work program that gives on-the-job experience to college students and recent graduates with disabilities.

The Workforce Recruitment Program connects federal and private sector employers nationwide with job-seeking college students and recent graduates with disabilities. The program is sponsored by the Defense Department and the Department of Labor.

In support of this initiative, the Air Force Equal Opportunity office works with the major commands and individual bases to raise WRP awareness among managers and hiring officials.

"Each year, the Air Force provides summer or temporary jobs to

more than 35 motivated interns with disabilities who are eager to prove their abilities in the workplace," said Kendra Duckworth, Air Force EO disability program manager. "Our goal is to double the number of internship opportunities this year, so we can increase the representation of persons with disabilities in the federal workforce."

WRP recruiters conduct interviews with interested candidates from accredited colleges and universities from across the country. Candidates represent all majors and range from college freshmen to graduate and law students. Information from the interviews is loaded into a searchable database for hiring officials, who can register at www.wrp.gov to review candidates and rank top selections.

WRP internships run

from Jan. 15 to Sept. 30 each year and are funded by the DoD at no cost to the unit. If desired and if a vacant position is available, the Air Force organization may convert the intern into a permanent position without a competitive

announcement at the end of the internship.

"The Air Force takes pride in striving to be a model employer for individuals with disabilities and is committed to maximizing their opportunities while supporting the overall mission," said Mary Villarreal, Air Force Personnel Center human resource specialist.

For more information, call the Air Force's Equal Opportunity

Policy office at (240) 612-4006. Interested individuals can also email AFPC's Civilian Force Management Branch at afpc.dp3fm.civforcemgtbranch@us.af.mil for additional information.

For more information about Air Force personnel programs, go to myPers. Eligible individuals who do not have a myPers account can request one by following these instructions.

For every season of your life,
Grow with us.

It's never too early, or too late. North Star Community Credit Union is here to help you with all of your financial needs.

NOW 11 LOCATIONS THROUGHOUT NORTH DAKOTA.

nscu.com

North Star
Community Credit Union

EQUAL HOUSING OPPORTUNITY | FEDERALLY INSURED BY NCUA

DON BESSETTE MOTORS

GIVE ME A BREAK SALES EVENT

PUT YOUR TAX SAVINGS TO WORK FOR YOU!

'16 Hyundai SONATA
\$15,995 2.4L 4 Cyl #M23261

'10 GMC Acadia AWD R13526B	'17 KIA Sportage M23179	'16 Dodge Dart M23194	'15 Mazda 3 M23091	'13 Suburban LTZ M23007A
--------------------------------------	-----------------------------------	---------------------------------	------------------------------	------------------------------------

Prices do not include additional fees and costs of dosing, including government fees and taxes, any finance charges, any dealer documentation fees, any emissions testing fees or other fees. All prices, specifications and availability subject to change without notice. Contact dealer for most current information.

WWW.DONBESSETTEMOTORS.COM 1715 N BROADWAY MINOT, ND
701-852-3300