

northern sentry

FREE | FRIDAY, MARCH 9, 2018 | VOL. 56 • ISSUE 10 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JONATHAN MCELDERRY

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Minot AFB



Videos

Together, one team one fight

AIRMAN 1ST CLASS ALYSSA M. AKERS | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

She skimmed by the crowds of people in the narrow hall, moving her eyes rapidly to each door she passed at the Air Force Academy in Colorado. Her eyes fell on the training grounds for the Drum and Bugle Corps.

A myriad of people spoke to her, but there was one snare drummer that stood out.

“He was the only upperclassman that wasn’t a jerk,” Col. Catherine Barrington, 91st Operations Group commander, said with a smile. “There wasn’t anything romantic, he was just a really nice person.”

A year and a half passed as friends until their relationship was tested.

“I had a death in the family and a lot of trouble getting to them,” said Cathy. “When I told him, he not only let me borrow his car, but was really supportive of me. It was kindness that you don’t find often.”

After this incident, they grew closer. During a trip to Aspen, Colorado, to perform a parade, he took a leap of faith and asked her on a date. Although she was hesitant, she agreed.

“After another week of being around one another and him asking me out on another date, I couldn’t deny that there was something about him that made me want to be with him,” said Cathy.

A few months before his graduation, they began dating.

One May evening, the couple was walking through the streets of the Academy. Their eyes fell on the chapel, bringing questions to their minds. “Do you think we’re going to get married one day,” said Col. William Barrington, 91st Maintenance Group commander. That one question, spoken aloud, brought Cathy over the moon.

“At first, I had been dreading his graduation since I didn’t know if our relationship would last,” said Cathy. “I loved him at this point and was afraid that we would grow apart after he graduated. This question brought back my fears.”

Bill was stationed in Cape Canaveral Air Force Station, Florida, directly after his graduation in 1995. In the summer of ‘96, Bill came back to see Cathy and proposed. Another year later, they were married.

“It was a very special day, both exciting and joyful,” Cathy said. “I was

absolutely thrilled to be marrying him.”

That year, Cathy graduated from the Academy and was assigned to Vandenberg Air Force Base, California, for a year of special training. They were now 2,730 miles apart.

“That last year was difficult, but we managed to make it work,” said Bill. “I would call her one week then she would call me the next to keep the phone bill from getting too high.”

During her training, she received her next orders to F.E. Warren AFB, Wyoming. Since they were married military-to-military, she knew that they would meet again there with orders, albeit a few months apart.

The marriage made the

military aspect of their relationship a little tricky, but their senior leaders had their best interests in mind, said Cathy.

“We couldn’t be in each other’s chain of command,” said Bill. “Due to that, they switched us around a lot as we progressed through our careers. We could both be flight commanders, but once I put on major, it proved a little more difficult.”

Besides the occasional temporary duty location for training, Bill and Cathy have been fortunate enough to be stationed together throughout their careers. Even now, with both being colonels, they are not separated. Instead, they managed to make it far in their careers as group



COURTESY PHOTO

commanders at Minot AFB, North Dakota.

“We’re in a unique situation here,” said Bill. “With us being ops and maintenance, we’re able to work out a lot of issues and scheduling together.”

Bill and Cathy have two children, Will, 13, and Adam, 10. No matter what is going on, they have managed to have at least one parent at almost every

Continued on page 8

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MINOT, NORTH DAKOTA

Civilian developmental education window for academic year 2019 open through May 1

RICHARD SALOMON | AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) -- Eligible Air

Force civilians have until May 1, 2018, to submit their civilian developmental education program applications to the Air

Force's Personnel Center for the 2019 academic year.

The Air Force Civilian Force Development Program offers more than 25 programs to help civilians develop leadership skills and expand their overall knowledge. They include the Civilian Associate Degree Program, Squadron Officer School, Education with Industry, Air Command and Staff College (in residence or the online master's program), Air Force Legislative Fellows Program, Air War College (in residence), National War College, the Defense Senior Leader Development Program and more.

Three new courses are slated for the 2019 academic year: the White House Leadership Development Program (open to GS-15s), Leading Effectively Through Change (open to GS-14s and GS-15s) and Leading Strategically (open to GS-15s). Leading Strategically is a one-week course that recently replaced the Leadership Development Program.

"These programs provide education and leadership opportunities that help prepare Air Force civilians to successfully meet

various challenges across a wide range of operations and missions," said Esther Chavarria, CDE program manager at AFPC. "Professional education enhances one's skills and knowledge and is central to the continuum of learning that spans a civilian's professional career."

Applicants may list up to four CDE program preferences and are required to upload a separate application package for each of the programs listed on the form. Although requirements and eligibility can vary, most intermediate and senior level developmental education programs require a bachelor's degree from an accredited institution as a minimum, with a few requiring a master's degree. Applicants must be nominated by their leadership and endorsed at the appropriate leadership level. To be eligible, applicants should also have a minimum of two years of federal service by May 1. Applicants should carefully review their program's submission requirements before preparing their application packages.

The CDE board will convene in September and will release primary and alternate candidates later in the year. More than 1,200 civilians will be selected for numerous schools and programs.

For up-to-date CDE information, visit the Civilian Force Development page on myPers from a CAC-enabled computer, or select "Civilian Employee" from the myPers dropdown menu and search "developmental education." Required documents, application instructions, a list of CDE opportunities and other criteria are available on the page.

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FACEBOOK

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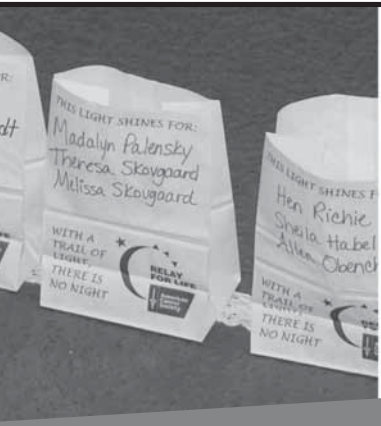

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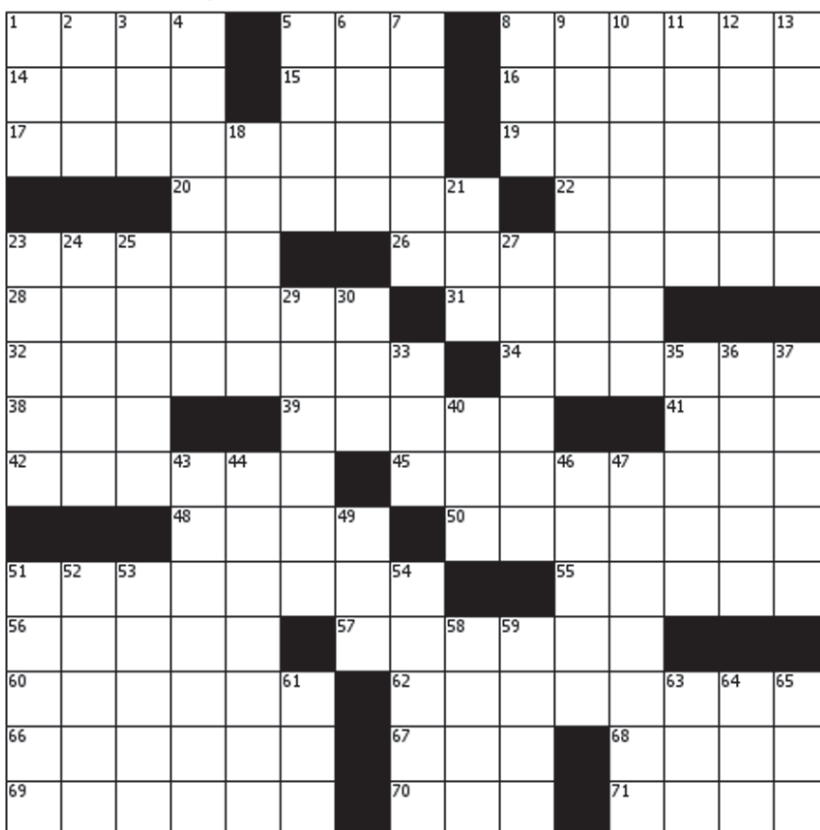
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CROSSWORD PUZZLE

Across

- 1. Deride
- 5. "I __ Soldier, Too: The Jessica Lynch Story"
- 8. Some undergrounds
- 14. Get in the game
- 15. Bell and Barker
- 16. Relaxing
- 17. Wainscoting, e.g.
- 19. Ray of "GoodFellas"
- 20. The jitters
- 22. Doctor, at times
- 23. Broad valleys
- 26. Student volume with exercises
- 28. Spider-Man enemy
- 31. Coward of the stage
- 32. Place holder
- 34. Pockets illegally
- 38. Holiday establishment?
- 39. Thrust (upon)
- 41. Norma McCorvey's alias, in a landmark case
- 42. Incense
- 45. Reduce in price
- 48. Early '70s Israeli prime minister
- 50. Street girls
- 51. Maine, in Maine
- 55. In reserve
- 56. Sharp-tasting
- 57. Corrida hero
- 60. Couch in a guest room, perhaps
- 62. Oscar-winning director of "Unforgiven"
- 66. That certain something



- 67. ICU devices
- 68. His __: big shot
- 69. Utters decisively
- 70. Opposite of paleo-
- 71. Suggestive opening

Down

- 1. Maxilla or mandible
- 2. Composer Brian
- 3. DDE's arena

- 4. Jeff Foxworthy target
- 5. Matchmaking god
- 6. Fab
- 7. Cock-a-hoop
- 8. Prefix with adroit
- 9. Online reservation
- 10. Misfortune
- 11. Like back pay, briefly
- 12. Prefix meaning bone
- 13. Desolate
- 18. London dist.

- 37. Have a hunch
- 40. Yield to gravity
- 43. '50s TV cultural series
- 44. Bins for the birds
- 46. It merged with Sears in 2004
- 47. Repudiates
- 49. QU go-between
- 51. Words from cribs
- 52. City SSE of Gainesville
- 53. With tongue in cheek
- 54. Wheel alignment feature
- 58. Speak excitedly

- 59. Canadian station name
- 61. __ juvante: with God's help (Monaco's motto)
- 63. Olive or corn follower
- 64. Sapporo sash
- 65. Summer hrs.

SUDOKU Solution to puzzle on page 10

		1		2	3			
4			5		6			
2	5			4		7		
3		2		6	7			8
	6						4	
9			1	8		6		2
		8		5			9	1
			3		4			6
			9	7		5		

Solution to last week's Crossword puzzle.

L	E	A	R		D	S	M		F	O	C	A	L	
O	R	L	O	P		E	T	A		O	N	O	N	E
D	I	A	N	E		P	A	N		R	E	S	I	N
I	C	E	C	R	E	A	M	T	R	E	A	T		
			O	C	C	U	P	I	E	S	L	A	N	D
M	I	G		A	O	L		L	A	T		B	A	A
I	N	O	I	L			O	L	D		A	R	I	L
S	C	O	R	E	I	N	B	A	S	E	B	A	L	L
S	A	D	E		N	E	E			L	E	V	E	E
I	S	M		B	A	S		E	L	I		A	D	S
S	H	O	W	I	N	T	E	R	E	S	T			
		T	O	D	D	L	E	R	D	I	A	P	E	R
O	C	H	R	E		I	R	A		O	X	I	D	E
W	R	E	S	T		N	I	N		N	I	K	E	S
L	Y	R	E	S		G	E	T		S	E	N	T	



WINCHESTER • (PG-13)
FRIDAY, MARCH 2 • 1800

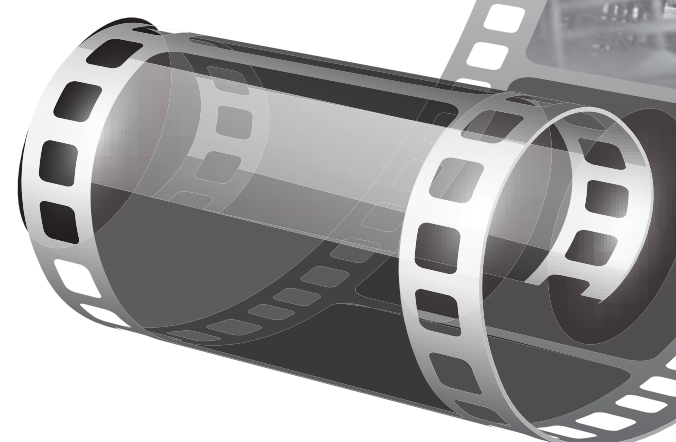
“ Ensnared in her sprawling California mansion, eccentric firearm heiress Sarah Winchester believes she is haunted by the souls of people killed by the Winchester repeating rifle. ”

PHANTOM THREAD • (R)
SATURDAY, MARCH 3 • 1700

“ Set in 1950's London, Reynolds Woodcock is a renowned dressmaker whose fastidious life is disrupted by a young, strong-willed woman, Alma, who becomes his muse and lover. ”

FOREVER MY GIRL • (PG)
SUNDAY, MARCH 4 • 1500

“ After being gone for a decade a country star returns home to the love he left behind. ”



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Green Goddess Mac and Cheese



INGREDIENTS:

- 8 ounces baby spinach
- 1 bunch parsley, tough stems removed, about 1 cup packed of leaves
- 1/2 pound (2 cups) dry elbow macaroni pasta
- Salt for pasta water
- 1 Tbsp cream
- 3 Tbsp butter
- 1 clove garlic, minced
- 3 Tbsp flour
- 2 1/2 cups milk
- 1 1/2 cups shredded white sharp cheddar cheese
- 1/2 cup shredded Parmesan cheese
- 1 teaspoon herbs de provence (or dry tarragon or Italian herb mix)
- 1 teaspoon ground black pepper
- 1 teaspoon Worcestershire sauce and/or 2 finely chopped anchovies
- 1/2 teaspoon dry mustard
- 1 teaspoon lemon juice
- Salt to taste

INSTRUCTIONS:

Blanch spinach and parsley: Bring a large pot of water to a boil. Add the spinach and parsley and blanch for 1 minute. Use a slotted spoon to remove the wilted spinach and parsley to a bowl of ice water. (Do not discard the blanching water, you will use it to cook the macaroni.) Strain the spinach and parsley. Wrap in paper towels and squeeze out excess moisture. Use blanching water to cook macaroni: Return blanching water to a boil. Add salt to the pasta water, 1 Tbsp salt for every 2 quarts of water. Add the macaroni pasta and cook until very al dente. (If the box of macaroni says to cook it 7 minutes, cook it 5. It will continue to cook and absorb moisture once you mix it with the sauce.) Drain the macaroni, rinse with cold water to stop the cooking, and set aside. Purée spinach with cream: While the macaroni is cooking, in a food processor, purée the cooked spinach mixture with the tablespoon of cream until smooth. Set aside. Make roux with butter, garlic, flour: Melt 3 Tbsp butter in a thick-bottomed pot on medium high heat. Add the minced garlic and cook for 20-30 seconds. The butter should bubble and foam. Add the flour and whisk to form a paste. Lower the heat to medium and cook for 1 to 2 minutes. Slowly add milk: Slowly add the milk, whisking as you add it to break up any clumps of flour. Increase the heat to medium high and let the mixture come to a simmer, continue to whisk. Lower the heat to medium low and let cook until the sauce is thick enough to coat the back of a spoon. Add dry mustard, pepper, herbs, Worcestershire: Stir in the dry mustard, black pepper, herbs, and Worcestershire sauce if using. Add the cheeses: Whisk in the 1 1/2 cups of grated white sharp cheddar and 1/2 cup grated Parmesan. Stir until the cheese has melted and the sauce is smooth. Add puréed spinach and parsley: Stir the puréed spinach and parsley into the sauce. If using finely chopped anchovies, you can add them in now. Taste the sauce for salt. Add more if needed. Add cooked macaroni: Stir in the cooked drained macaroni pasta. The pasta will continue to absorb liquid as it sits in the sauce, so don't be alarmed if the mac cheese seems really loose (the macaroni will continue to absorb moisture as it sits). Stir in lemon juice. At this point you can eat as is, or you can put into a casserole, top with a little more cheese and broil it for 5-10 minutes.



The Pursuit Celebrates Building Grand Opening

EMILY UNDERWOOD

The Pursuit, an ever-growing, Minot-based church is took a big step last Sunday, celebrating the grand opening of moving into a permanent home. The new building is located at 515 20th Ave SE in the former Magic City Harley Davidson building and services will be held at regular times Sunday, 9 a.m., 10:45 a.m. and 12:30 p.m. Last Sunday's gathering celebrated the newly renovated space and welcomed key individuals from the project, city officials and everyone from the community to come experience a service in the new building. All are welcome to attend.

The Pursuit is just shy of its 5th birthday. In April 2013, it made a splash in the local news with billboards announcing the first service for the new church that read "New Church in an Old Strip Club." While that downtown building, the former Chicago Club, served well for a time, the church quickly outgrew the space and began meeting in locations across town.

Each Sunday for the past few years, volunteers have set up and tore down "church" in hotel ballrooms, city parks and even the state fair grounds. Over time, the church grew to more than a 1,100 attendees per Sunday, making it one of the fastest growing churches in ND, and making it increasingly difficult to find a local space that could accommodate the crowd.

"We are excited to focus all of the time and energy we have put into setting up and tearing down in various locations into ministry," Nick Bawden, Executive Pastor said. "We will be able to invest in people's lives and Minot in a greater way."

Acquiring the building came with challenges. Once leaders decided to purchase the building, they had six weeks to raise the money necessary to move forward with the project. Between community

partnerships and member contributions, the funds were raised and the project began June 2017.

The completed building has a dynamic, flexible space that can support the church's ministries as they function.

"We brought in many mobile concepts we learned along the way to have a building that can be stewarded well for maximum impact," Bawden said.

As has become the culture within the church, the completion of the building project is a culmination of the efforts of many.

"We are blown away at the radical generosity of people given and sacrificed to make this project happen," Bawden said. "We want to thank all those who have given to this project over the last year. We also want to thank our local city officials, Hight Construction, and Prairie Engineering for working with us to make this happen."

While the church continues to grow and flourish in this new space, Bawden said the focus remains on helping people in Minot connect in small groups outside of large Sunday gatherings.

"We believe that when people are connecting relationally in a meaningful way, real life change can happen," Bawden said. "Groups focus on being there for each other, praying for each other, and encouraging each other to take the next steps in their faith regardless of where they are at."

"Our hope is that as we reach more people we can continue to get people connected relationally and see groups continue to drive our mission in North Dakota."

To find out more information about The Pursuit Minot, email hello@thepursuitminot.com or visit www.thepursuit.church.

The Pursuit's new location! 515 20th Ave SE. The former Harley Davidson building (Courtesy Photo)

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LINEUP INCLUDING:
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Easter Egg-stravaganza On March 30th At Youth Center Features Easter Egg Hunt & Candy Wonderland

Youth Center Eggstravaganza!
Base Wide Easter Egg Hunt & Games
30 March 6:00pm-8:30pm
Tickets 2 for \$1
Children must purchase tickets to play. Each child will receive a prize at each station!

Minot AFB children won't want to miss the exciting Easter Egg-stravaganza at the Youth Center on Friday, March 30 from 6-8:30 p.m. To make the event even more fun, the Youth Center is transforming one gym into a Candy Wonderland.

Enjoy Delicious Easter Sunday Brunch At The Doolittle Center

The Doolittle Center invites you to their special Easter Sunday Brunch on April 1 from 10:30 a.m. to 1:30 p.m. Their exceptional selection of breakfast and entrée items are sure to make it a memorable meal. Enjoy the delicious omelet bar, Belguim waffle bar, breakfast specialties, herb crusted prime rib with au jus, baked ham with a brown sugar glaze, baked chicken, battered fried fish, garlic mashed potatoes with gravy, rice pilaf, chef veggies, assorted fresh salads, dessert station, and more. Plus adults can enjoy mimosas and champagne as part of the brunch.

Make your reservation today. Cost for adults is \$18.95 for club members and \$20.95 for non-members, children of club members ages 6-12 are \$8.95, children of non-members ages 6-12 are \$10.95, and children age 5 and under free. The Easter

An Easter Egg Hunt will be featured in the other gym. Both events are open to children 2 years of age and older.

Youngsters can enjoy a variety of games in each "land" of the Candy Wonderland including the Peppermint Forest, Gumdrops Mountain, Chocolate Swamp, Easterland, and more. There will be an obstacle course, over 20 games, a cake walk, and prizes. Children must purchase tickets prior to play. Cost is 2 tickets for \$1. Each child will receive a prize at each station.

In addition, most participants will receive a Dairy Queen ice cream treat card, a Paradiso Mexican Restaurant kids meal card, and/or a Sonic Drive-In complimentary menu item card.

Pictures can be taken with the Easter bunny, so be sure to bring your camera. A taco in a bag & drink special for only \$5 will be offered. For more details, please call the Youth Center at 723-2838.

Easter BRUNCH
Sunday, April 1
10:30AM - 1:30PM
Menu Options:
Herb Crusted Prime Rib with Au Jus, Baked Ham with a Brown Sugar Glaze, Baked Chicken, Battered Fried Fish, Garlic Mashed Potato with Gravy, Rice Pilaf, Omelet Station, Breakfast Specialties, Belgium Waffle Station, Dessert Station, Assorted Fresh Salads, Chef Veggies.
New! Also offering mimosas and champagne.
Make your reservation today! 723-3731

Brunch is sponsored by Verendrye Electric Cooperative. No Federal Endorsement of Sponsor Intended. Call 723-3731 for additional information.

St. Patrick's Day Celebration Coming To Rockers Bar & Grill

Saint Patrick's Day
celebration
MARCH 16
4:30-6:30 PM
CLUB MEMBERS: FREE
NON-MEMBERS: \$7
AGES 18+
Come Enjoy Traditional Irish Cuisine.
Corn Beef & Cabbage, Bangers & Mash, Dublin Coddle, and Irish Cream Cake.
Wash it down with a Tall Green Beer in the lounge.

Join the fun at Rockers Bar & Grill on Friday, March 16 from 4:30-6:30 p.m. during their St. Patrick's Day Celebration. You don't need to be a leprechan to join in the party.

Enjoy traditional Irish cuisine including corned beef & cabbage, bangers & mash, Dublin coddle, and Irish cream cake. Then wash it down with a tall green beer.

Cost is FREE for club members and \$7 for non-members. You won't want to miss out on all the fun. This event is for adults 18 years of age and older. For additional information, please contact Rockers Bar & Grill at 727-ROCK.

Sherbet Frappuccino
March Special
A delicious blend of strawberry puree, peach & raspberry syrup & vanilla bean topped with green vanilla whipped cream.
Grande \$5.00
Venti \$5.50

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STOP OVER TO THE PASSPORT STOP AND SEE WHAT THE BASE HAS TO OFFER. CHILDREN ACTIVITIES WILL BE OFFERED AT EACH STOP AND WHEN THE PASSPORT IS FULL, TURN IT IN TO BE ELIGIBLE FOR THE DRAWING & GRAND PRIZE!
- CHILDREN MUST BE ACCOMPANIED BY PARENT TO PARTICIPATE IN THE EVENT -
MARCH 23rd 6:00PM
\$3/plate

CLUB MEMBER DRAWING ON FRIDAY, MARCH 9 WILL BE FOR \$1,250.
You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, March 9 at Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

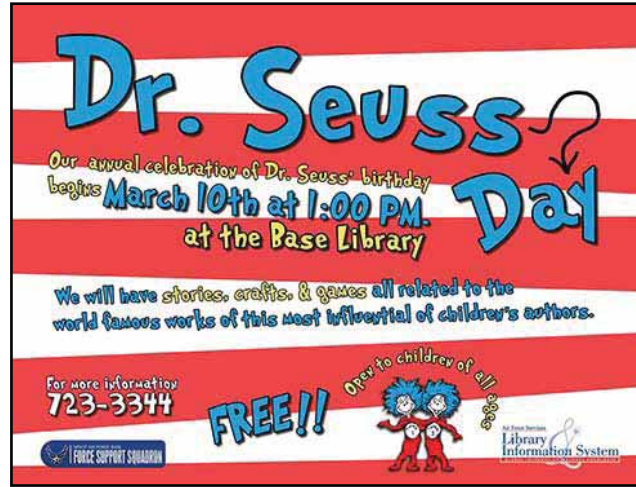
FAMILY and YOUTH EVENTS & PROGRAMS

Youth Baseball & T-Ball Registration

The Youth Center is holding Youth Baseball & T-Ball registration now through March 30 for youth 3-12 years of age. Cost for Smart Start (ages 3-4 years old) is \$30. The cost for youth ages 5-12 years old is \$40. Current immunization record with current physical must be on file to register. Youth Center membership is required. The season is scheduled to begin on May 21. For additional youth baseball and T-ball registration information, please contact the David C. Jones Youth Center at 723-2838.

Friday Night Roller Skating

Did you know the Youth Center offers Base Skate every Friday from 6-7 p.m.? Come out with your family and skate the night away! You can bring your own skates, rollerblades and helmet or the Youth Center has some to check out. Cost is FREE for Youth Center members and only \$5 per family for non-members. No sign up is necessary. Don't miss this fun and healthy activity for youth 5 years of age and older. For more information, call the Youth Center at 723-2838.



Mar 12 Family Child Care Pre-Orientation

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC Pre-Orientation at the Family Child Care office on March 12 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more details, call 723-6662.

YOUNG AIRMEN EVENTS & PROGRAMS

Mar 9 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on March 9 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Mar 19-22 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on March 19, 20, 21 & 22 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! There are four classes to choose from. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.



Mar 17 Seeing Green Dance Party

Get your heart pumping and enjoy some healthy exercise! The Fitness Center is hosting the Seeing Green Dance Party on Saturday, March 17 from 9-11 a.m. in the aerobics room. See green with the Zumba and Urban Boot Camp instructors during this FREE 2-hour event. The Seeing Green Dance Party is open to all DoD ID card holders 16 years of age and older. For more details, call the Fitness Center at 723-2145.

Mar 15 Creative Kids Class

Spend the morning with your preschooler having fun creating a colored sand art container during the Creative Kids class at the Arts & Crafts Center on Thursday, March 15 from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. Call the Arts & Crafts Center at 723-3640 for details.

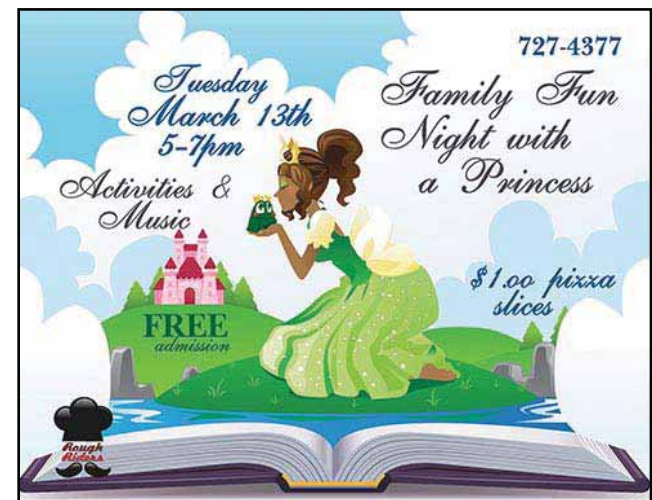
Mar 16 Teen Bash

Minot AFB youth ages 12-18 years of age are invited to the Teen Bash as part of the #WeOwnFriday event at the Youth Center on March 16 from 7-10 p.m. Enjoy bounce houses, pizza, open gym, and video games. The snack bar will be open. Cost is FREE for Youth Center members and \$5 for non-members. For more information, call the Youth Center at 723-2838.

Mar 24 10 Game Marathon Tournament

Bowl in our 10 Game Marathon for a chance to WIN CASH! The tournament scheduled for Saturday, March 24 at Rough Rider Lanes. Entry fee is \$75 with \$40 going towards the prize fund. The tournament will run from 3-9 p.m. This event is for participants 18 years of age or older. There must be 25 bowlers to conduct this event. Lights and Strikes will run after the tournament. For additional information, please contact Rough Rider Lanes at 727-4715.

For 5th Force Support Job Opportunities, visit www.nafjobs.org



Arts & Crafts Center Offering Wine & Paint Class On March 16



The Arts and Crafts Center invites you to their Wine & Paint class on Friday, March 16 from 6-8 p.m. Gather your friends for a fun evening out painting a masterpiece. Cost is \$26 per person for a two-hour exciting painting experience. Step-by-step instruction will be provided.

Pre-registration is required at the Arts & Crafts Center from March 6 to March 15. There is limited seating available so be sure to register early. Class is open to adults 17 years of age and older only. Wine is not included in cost. You must provide your own wine if desired. For additional information, please contact the Arts & Crafts Center at 723-3640.

Lifeguard Certification Course

Call Outdoor Rec at **723-3648** to register

Register by March 26th

Class Starts March 31st

Skills Test March 31st: 9AM - 10AM

Online Course Work April 1st - 6th

Practice Skills & Test April 7th & 8th: 9AM - 6PM

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TOGETHER from page 2

event their kids are involved in, including baseball, cross country and instruments.

“Bill and I coached their baseball teams starting with T-ball, but they have recently outgrown our coaching ability,” said Cathy. “It’s a challenge, but we make it work.”

“There’s always going to be challenges,” added Bill. “We have to balance work and family, TDYs, etcetera. As the day goes on, someone has to break off to take care of the kids.”

They also ensure when they’re finishing their degrees or professional military education, there’s enough time to study and assist each other.

“I know I benefit from his guidance and the discussions we have about leadership, the Air Force and other professional aspects,” said Cathy. “I like to think we help each other out.”

As they progress further in their careers and personal life, they know that there is a time when they will leave the military. Regardless, they know they can rely on each other.

“He is the love of my life, a terrific role model, a great leader and my closest friend,” said Cathy. “Being a parent, a wife and an officer is demanding, but I have the best teammate in the world.”



COURTESY PHOTO

AF officials announce creation of Info Ops tech school

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- Air Force officials have announced the creation of a new Information Operations technical training school, which is expected to open in fiscal year 2019.

The standup of a dedicated training school at Hurlburt Field, Florida, follows the Air Force’s creation of the Information Operations career field and Air Force specialty code in late 2016.

“Information Operations is not new to the Air Force,” said Col. Ziggy Schoepf, 14F career field manager. “However, this is the first time that the Air Force has codified this capability in a dedicated officer career field. With the creation of the career field and a dedicated schoolhouse, the Air Force is acknowledging the importance of Information Operations to the future of warfare.”

Prior to the creation

of the 14F Information Operations AFSC, Airmen from various AFSCs served in IO positions as career broadening experiences for a limited period. Because these Airmen returned to their core AFSC following their service in IO positions, the Air Force was limited in its ability to sustain institutional knowledge and practice of IO tactics, techniques and procedures.

Creation of the 14F AFSC enabled the service to standardize education and training for Airmen, building a foundation to cultivate IO expertise and improve a commander’s ability to operate in more pervasive and connected information and operational environments.

The 14F Initial Skills Course will consolidate and integrate content from multiple IO-related training courses, such as

IO intelligence integration, military deception, operational security and psychological operations. The 14-15 week-long courses will begin late fiscal 2019. Until the schoolhouse is fully operational, IO students receive training through a variety of Air Force and joint courses that cover the required subjects.

“Although our Airmen currently receive training on the same subject matters, standing up the 14F AFSC allowed us to create a continuum of learning to develop expertise and experience within the Air Force,” said Schoepf. “The course will provide students with cohesive training rooted in social science. Graduates will have the skills to build strategies and plans that sustain or change perceptions and attitudes driving the behavior and decision making of relevant actors.”

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CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 5:30 pm Sunday 8:30 & 11:00 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>Harvest Reformed Church</p> <p></p> <p>We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p>Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p>Trinity Church</p> <p></p> <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	<p>Bible Fellowship Church</p> <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p>Faith United Methodist Church</p> <p></p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p> <p>UNITED CHURCH OF CHRIST </p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p></p> <p>Sunday Worship. 8:30 & 11:00 am Adult Bible Study, Adult Choir, Youth Sunday School 9:45 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Carlyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p>
<p>Immanuel Baptist Church</p> <p></p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled)..... 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p> <p></p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>First Lutheran Church - ELCA</p> <p></p> <p>120 - 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship .. 8:30 am and 11:00 am Wednesday Supper 5:15 pm Wednesday Education 6:00 pm Wednesday Worship 7:00 pm</p> <p>Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Brandy Gerjets www.flcminot.com</p>	<p>Gospel Tabernacle Community Church</p> <p></p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:30 am & 10:30 am Sunday Fellowship 9:30 am Wednesday Worship 6:45 pm Church School Wednesday 5:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p> <p> 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Calvary Alliance Church</p> <p> 715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p>West Minot Church of God</p> <p> Family Worship Center</p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center..... 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>Vincent United Methodist Church</p> <p> 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>
<p>GRACE FELLOWSHIP CHURCH Independent - affiliated with IMF</p> <p></p> <p>8300 29th Ave NW Burlington, ND 58722 (South side of Highway 2) 701-839-6319</p> <p>Sunday School 9:00 am Meet and Greet 10:00 am Sunday Worship 10:30 am</p> <p>Pastor Gregg S Smith www.gracefellowshipatburlington.com</p>	<p>OUR REDEEMER'S CHURCH</p> <p> A Church of the Lutheran Brethren</p> <p>Thursdays: Worship..... 6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p>Cross Roads Baptist</p> <p></p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>	<p>Vincent United Methodist Church</p> <p> 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>

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ESTATE CLAIMS

MINOT AIR FORCE BASE, N.D. -- Capt. Stephan Goodwin, from the 91st Security Support Squadron, has been appointed the Summary Courts Officer for the estate of Senior Airman William Buchanan, 791st Missile Security Forces Squadron. All claims for or against the estate of the deceased must be submitted to the SCO. For more information, call Goodwin at (701) 723-2978.

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ANSWERS

SUDOKU ANSWERS

6	9	1	7	2	3	4	8	5
4	8	7	5	9	6	2	1	3
2	5	3	8	4	1	7	6	9
3	1	2	4	6	7	9	5	8
8	6	5	2	3	9	1	4	7
9	7	4	1	8	5	6	3	2
7	4	8	6	5	2	3	9	1
5	2	9	3	1	4	8	7	6
1	3	6	9	7	8	5	2	4

Answers to puzzle from page 4

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MLS #180469



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MLS #180197



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MLS #172602



Mel Bartsch
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melbartsch@yahoo.com



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Melissa Leier
720-9640
leiermelissa@hotmail.com

BASE ANNOUNCEMENTS

TODAY

- 4th Annual Winter Games, 1000-1500, Fitness Center
- Fit to Fight, 1100, Fitness Center
- Olympic Lift Training, 1215, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Bowling Special Play 2 Games, get the 3rd Free, 1700-2000, Bowling Center
- Yoga, 1700, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill & Jimmy Doolittle Center
- Friday Night Skate, 1800-1900, Youth Center
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Operation Night Hoops (Teens Only), 1900-2200, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

SATURDAY

- Tactical Strength & Fitness, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Give Parents A Break, 1300-1700, CDC & School Age Program
- Dr. Seuss Day, 1300, Base Library
- Bowling Special Play 2 Games, get the 3rd Free, 1600-2000, Bowling Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

SUNDAY

- Family Zumba, 1400, Fitness Ctr.

MONDAY

- Tactical Fitness, 0630, Fitness Center
- TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center
- Federal Résumé Workshop, 1000-1130, A&FRC
- Reintegration Briefing, 1300-1400, A&FRC
- Zumba, 1730, Fitness Center
- Family Child Care Pre-Orientation, 1800-2000, FCC Office
- Craft Club, 1800, Base Library
- Yoga, 1830, Fitness Center

TUESDAY

- TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center
- Game Day, 1000-1930, Base Library
- Yoga, 1000, Fitness Center
- Zumba, 1130, Fitness Center
- Family Fun Night with a Princess, 1700-1900, Rough Riders Pizza
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Urban Boot Camp, 1830, Fitness Center

WEDNESDAY

- TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center
- Right Start, 0730, Jimmy Doolittle Center, hosted by A&FRC
- Club Member Benefit, Every Wed, 0900-2000, Bowling Center
- Parent & Tot Fit Kids, 0930, Fitness Center
- Story Time, Every Wed, 1030, Base Library
- Pre-Deployment Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft

- Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down
- Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Squadron Extramural League, 1730, Bowling Center
- Zumba, 1730, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY

- TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center
- Parent & Tot Fit Kids, 0930, Fitness Center
- Yoga, 1000, Fitness Center
- Creative Kids Class, 1030-1100, Arts & Crafts Center
- Olympic Lift Training, 1100, Fitness Center
- Muscle Pump, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- March Kids Swim, 1330-1530, Indoor Pool
- Fitness Hour, 1600-1700, Youth Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Olympic Lift Training, 1730, Fitness Center
- Craft Club, 1800, Base Library
- Mixed Couples League, 1830, Bowling Center

16 MARCH

- TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center
- Fit to Fight, 1100, Fitness Center
- Olympic Lift Training, 1215, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Rockers St. Patrick's Day Celebration, 1630-1830, Rockers

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- Bowling Special Play 2 Games, get the 3rd Free, 1700-2000, Bowling Center
- Yoga, 1700, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill & Jimmy Doolittle Center
- Friday Night Skate, 1800-1900, Youth Center
- Wine & Paint Class, 1800-2000, Arts & Crafts Center
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Bowling Center
- Keystone Club Meeting, 1830-1930, Youth Center
- Teen Carnival (Teens Only), 1900-2200, Youth Center
- Lights & Strikes Bowling, 2100-2400, Bowling Center

17 MARCH

- Seeing Green Dance Party, 0900-1100, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Dakota Inn St. Patrick's Day Lunch, 1030-1330, Dakota Inn Dining Facility
- EFMP Family Bowling, 1500-1800, Bowling Center
- Bowling Special Play 2 Games, get the 3rd Free, 1600-2000, Bowling Center
- Bowl the Night Away with

- "Lights & Strikes", 2000-2400, Bowling Center

ONGOING EVENTS

- March Kids Swim. Beat the winter blues with FREE Kids Swim at the Indoor Pool! Homeschooling families are welcome to attend. Every Thursday in March from 1330-1530
- March Auto Hobby Special Purchase your oil and filter from Auto Hobby and get one hour of stall time free! Save up to \$6! *Ask for March special at service counter. Offer valid 1-30 March during operating hours.

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