

northern sentry

FREE | VOL. 56 • ISSUE 15 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE | FRIDAY, APRIL 13, 2018



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS

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Minot AFB



Videos

Minot rescue crew saves man trapped from flood

AIRMAN 1ST CLASS JONATHAN MCELDERRY | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Members of the 54th Helicopter Squadron at Minot Air Force Base responded to a search and rescue call involving a man trapped in his cabin, surrounded by rising flood water in Savage, Montana, March 24, 2018.

At approximately 2 p.m. the crew received a phone call requesting a hoist-equipped aircraft to respond to the scene.

"We quickly came together and thoroughly discussed our objective, fuel considerations, timing, coordinates and communication," said Capt. Vicente Vasquez, 54th HS UH-1N Iroquois pilot. "By the time we got in the aircraft, there was no doubt in my mind that we were going to get this guy out safely."

Vasquez, the aircraft commander during the flight, said upon their arrival they saw the individual stranded in the center of the flood waters, standing on the deck of his cabin as the water steadily rose.

"Thanks to our accurate coordinates, we found the guy really quickly," said Vasquez. "We analyzed the winds and realized we wouldn't be able to land next to his house and walk him to the helicopter so we needed to hoist him up instead. We

then established our hoist and lowered the doctor onto the house's deck from about a 120-foot hover."

After being lowered onto the deck, Maj. Jared Brinkerhoff, 23rd Bomb Squadron flight surgeon, immediately assessed the situation.

"When I got to the individual I quickly evaluated him to ensure he was in good condition," Brinkerhoff said. "My main focus was to confirm he was alright and get him onto the hoist as efficiently and safely as possible."

Brinkerhoff, who trains with the crew at least once a month for search and rescue missions, said his familiarity with how things work during exercises reassured him that things would go well during this particular mission.

"There's a lot of planning and communication we do during training because safety is our top priority," Brinkerhoff said. "When it comes to real-world situations we want to have that muscle-memory of ensuring everyone knows what to do and are aware of each other's responsibilities."

Likewise, Vasquez mentioned the crew's prior training and mission readiness is what guaranteed the success of their search and rescue.

"We constantly train for

live hoists, search scenarios and evaluating conditions at locations we're unfamiliar with," Vasquez said. "We train countless hours for searches before we even get to our operational units, so we're all familiar with the concepts of search and rescue, which really helps us out there."

The team transported the survivor to a nearby hospital where emergency responders and the individual's family were waiting.

"The most rewarding moment was being able to see the man's wife picking him up at the airport after we dropped him off," Vasquez



U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JONATHAN MCELDERRY
Team Minot aircrew search-and-rescue team members stand in front of a UH-1N Iroquois at Minot Air Force Base, N.D., April 5, 2018. Members of the 54th Helicopter Squadron at Minot Air Force Base responded to a search and rescue call involving a man trapped in his cabin, surrounded by rising flood water, in Savage, Montana.

said. "We could see on her face that she was so grateful that he was alright."

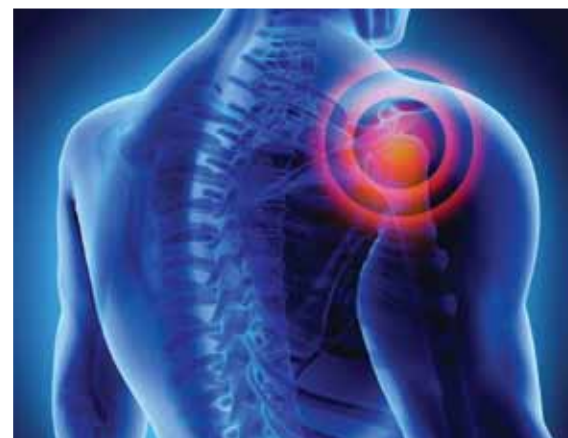
Vasquez added that the entire operation went well due to the combined effort from several men and women across Minot AFB.

"It was awesome to go out there and execute, but we

had a lot of support around us that helped make it all a success," Vasquez said. "There were several Airmen and contractors involved with a lot of the mission planning, maintenance, fuels and aircrew flight equipment. We wouldn't have been able to do this without them."



Daniel Lee, DO, MMS



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U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALYSSA M. AKERS





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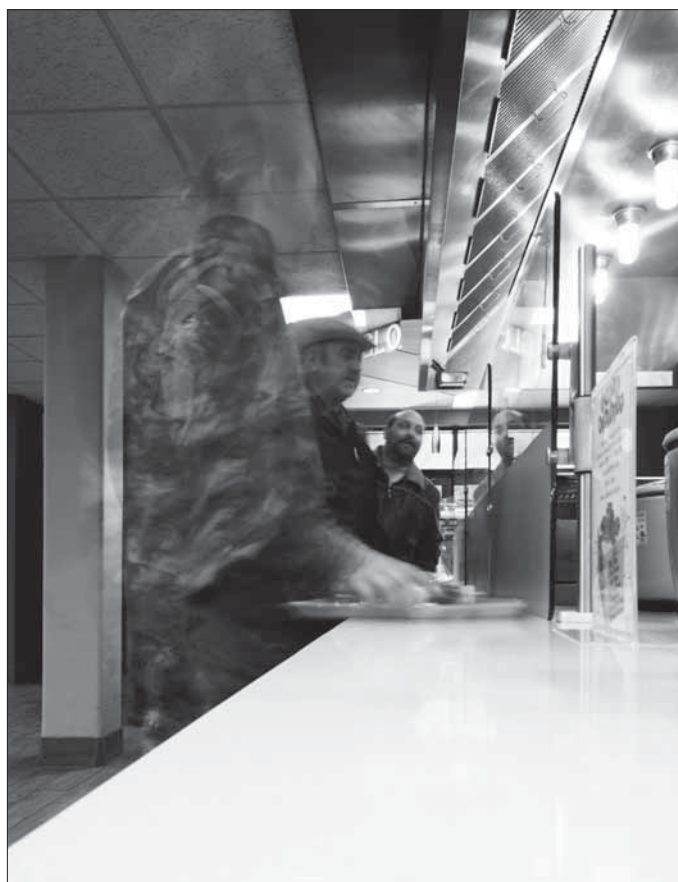
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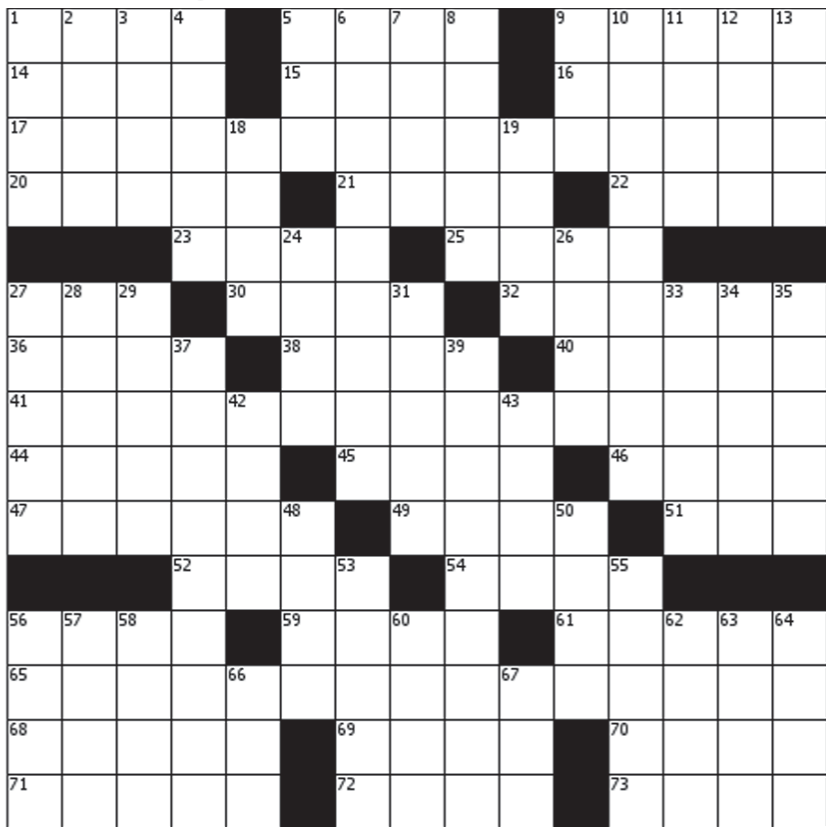
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CROSSWORD PUZZLE

Across

- 1. Floor-washing tools
- 5. Writer Ferber
- 9. Onrush
- 14. Give off
- 15. Fairway club
- 16. Alternatives to potatoes
- 17. Turkey __ (post-Thanksgiving lunches)
- 20. Pro hockey venue
- 21. Clinton's Vice President
- 22. Casino game
- 23. Uses a shovel
- 25. Dutch cheese
- 27. Uppercut alternative
- 30. H.S. seniors' exams
- 32. Paint stains
- 36. Sale condition
- 38. Garden flower
- 40. Bach work
- 41. Ancient Turkey was part of it
- 44. Built like a wrestler
- 45. Places (down)
- 46. Shut loudly
- 47. Certify
- 49. Getz of jazz
- 51. Overhead trains
- 52. Collarless shirts
- 54. Waikiki banquet
- 56. Like some garage floors
- 59. At any __ (nevertheless)
- 61. Soda-shop sipper
- 65. Go cold turkey
- 68. On the up and up
- 69. Become unclear
- 70. Author Wiesel



- 71. Signs of the future
 - 72. Swiss mountains
 - 73. Sandwich breads
- Down**
- 1. Arizona city
 - 2. Actor Sharif
 - 3. Heap
 - 4. Get to one's feet
 - 5. "__ for Evidence" (Grafton book)

- 6. Car-racing course
- 7. Forbidden thing
- 8. Agassi of tennis
- 9. __ Lanka
- 10. Tonics
- 11. Workout result, perhaps
- 12. Adolescent
- 13. Exxon's former name
- 18. Banquet platform

- 19. Ties the knot
- 24. Trot or gallop
- 26. Two-band radio
- 27. __ the Hutt ("Star Wars" series villain)
- 28. So far
- 29. Composer of "Carmen"
- 31. Nasal passage
- 33. Like gymnasts

- 34. Of country life
- 35. Appears to be
- 37. Diaper fastener
- 39. Paid one's bills
- 42. "Big Board" of Wall St.
- 43. Brother of Isaac
- 48. Tenure of office
- 50. Cape Canaveral org.
- 53. Brazilian dance
- 55. Speak
- 56. Scandinavian city
- 57. Line on a list
- 58. Theater level
- 60. Spill the beans
- 62. Depend
- 63. "I cannot tell __"
- 64. Letters before zees
- 66. Part of TGIF
- 67. Tax agcy.

SUDOKU Solution to puzzle on page 10

	1			2		3	4	
5	6				7	8		
	2			8			9	
		6				5		8
2		3				1		
	8			9			5	
		5	4				2	6
	7	9		1				8

Solution to last week's Crossword puzzle.

D	E	F	O	E		E	T	C	H		A	C	E		
I	V	O	R	Y		S	A	L	A	D		R	U	M	
C	O	R	R	E	C	T	T	I	M	E		M	R	I	
E	K	G		D	R	E	A	M		F	E	A	S	T	
S	E	E		R	A	E		A	H	E	A	D			
				C	O	M	M	I	T	A	C	R	I	M	E
O	N	T	O	P			C	E	L	T		L	I	D	
P	E	E	P		T	W	I	S	T		P	L	E	D	
E	R	A		T	O	R	E			I	R	O	N	Y	
C	O	M	P	U	T	E	R	G	A	M	E				
		M	A	N	E	S		L	I	P		L	A	B	
S	W	A	M	I		T	R	A	L	A		O	R	E	
H	A	T		C	O	L	O	R	S	C	H	E	M	E	
A	T	E		S	U	E	D	E		T	O	W	E	R	
Q	T	S		I	D	E	S			S	E	E	D	Y	

TOMB RAIDER • (PG-13) FRIDAY, APRIL 13 • 1800

“Lara Croft, the fiercely independent daughter of a missing adventurer, must push herself beyond her limits when she finds herself on the island where her father disappeared.”



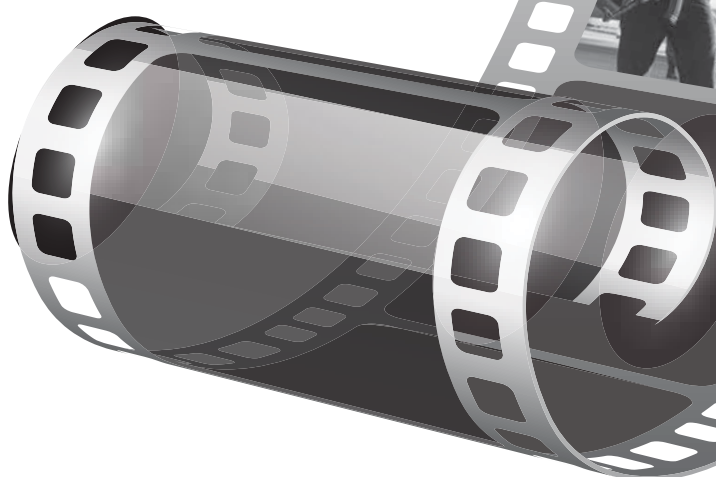
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7 DAYS IN ENTEBBE • (PG-13) SUNDAY, APRIL 15 • 1500

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Mini Oreo Cheesecake Cupcakes



INGREDIENTS:

- 12 Oreo cookies whole
- 6 Oreo cookies chopped
- 16 ounces cream cheese softened
- 1/2 cup granulated sugar
- 1/2 tsp vanilla extract
- 2 large eggs lightly beaten
- 1/2 cup sour cream

INSTRUCTIONS:

Preheat oven to 300°F. Line a standard 12-cup muffin pan with paper cups. Place one Oreo cookie into each paper cup. In a medium bowl, beat cream cheese, gradually adding sugar, vanilla, eggs, sour cream, mixing well after each addition. Stir in chopped cookies by hand. Spoon batter into muffin pan, filling each to almost the top. Divide batter evenly among cookie-lined cups, filling each almost to the top. Place in the lower third of the oven and bake for 25-30 minutes until firm in the middle. Remove from oven and transfer to cooling racks. Serve and enjoy!

Northwest Arts Center Grand Opening set for April

AVIS VEIKLEY, DIRECTOR NORTHWEST ARTS CENTER

MINOT, N.D. – Minot State University will commemorate completion of the new Northwest Arts Center, the Walter Piehl Gallery, and the Native American Artifact Collection with a grand opening celebration from 5 to 8 p.m., Thursday, April 19, in the lower level of Gordon B. Olson Library. The dedication program will start at 6:15 p.m.

Mandan-Hidatsa storyteller/musician Keith Bear, New Town, N.D., and cowboy poet/singer-songwriter D.W. Groethe, Bainville, Mont., will participate in the dedication of the center's Walter Piehl Gallery and the new exhibit space for MSU's Native American collection.

Piehl, who recently retired from a 50-year career teaching art at MSU, is donating a major body of his work to the center's permanent collection. The grand opening exhibit, "Retrospective: Covering 1962-2018," is an overview of his work.

"As far as having a gallery with my name on it, I didn't push it, but if they wanted to do it and thought it would help in promoting the art center, I was happy to go along with that," Piehl said. "I am also happy to be donate a major collection of my work as a permanent display in small parts and large parts here at the center. There is some pride involved with having my name on it, but it's more of my way of saying thank you to the university that has been good to me for, now, going on 48 years. They have encouraged my work and have been helpful in promoting my work outside of the classroom."

Heavily influenced by his early experiences on the rodeo circuit, Piehl's works have earned the admiration of collectors across the United States and abroad.

Piehl has said he didn't have access to art museums when he was growing up in rural North Dakota and that he became a teacher not only to pursue his love of painting, but to teach and share his appreciation of art with others. With the creation of the new Northwest Arts Center, MSU now has a museum-quality exhibit space accessible to students, area residents, and people throughout region.

"For our region to have a facility like this one that passes the muster of being a major museum with the kind of climate controls to receive first-class exhibitions was very important to me," Piehl added. "That is the real importance of a project like this."

The 6,730 square-foot facility is transitioning to be the permanent home for the Northwest Arts Center, replacing the gallery located in MSU's Hartnett Hall. The new gallery, display cases, and storage areas are climate controlled, providing protection for MSU's permanent collections and artifacts. Climate control also makes it possible for the Center to exhibit national and international touring exhibits.

"This new arts center will help MSU further promote the arts and be a wonderful source of pride, not just for students, faculty, staff, and friends of MSU, but a great source of pride for Minot and our entire region," said MSU

President Steven Shirley. "Further, within this new center, I can think of no one more deserving than Walter Piehl to feature with a gallery and addition to the permanent collection. What an exciting new addition to the Minot State University campus!"

"It's such a step forward from what we have had here," added Northwest Arts Center Director Avis Veikley. "We were limited in what we could have as shows in the past because of the space. We now have a climate controlled exhibit area and just the sheer space we have now is great. I have more lights than I've ever had. There is a great reception area for entertaining people, and we are much more accessible to the general public here than where we were before."

The Northwest Arts Center will also be the permanent display space for MSU's premier Native American artifacts collection, including the Ralph Hubbard Collection, the Harold Robinson Collection, the Clarence Parker Collection, the Wilson Collection, and the Miller-Tibbs Collection, and as well as other MSU art collections

The gallery hours are 9 a.m. to 4 p.m., Monday through Friday. Parking and visitor entrance are on the south side of the library. Exhibits at the Northwest Arts Center are free and open to the public.

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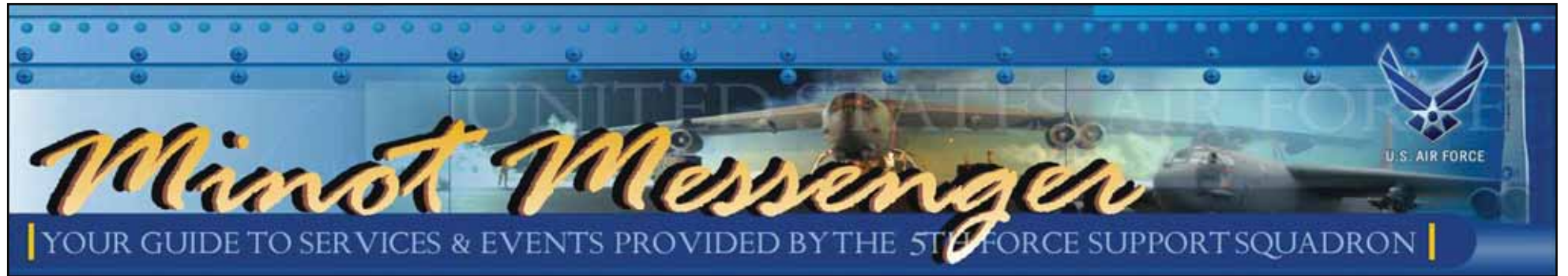
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Advance Tickets On Sale Now For "Dinner And A Comedy Show"



Get ready for a great night of laughs during the Dinner and a Comedy Show at Rockers Bar & Grill on Saturday, April 28. Doors will open at 6 p.m. with the show starting at 8 p.m. Headlining the show will be Air Force veteran and Minneapolis

native Ron Lamprecht.

Advance tickets for the Dinner and a Comedy Show are \$10 per person for Club Members and \$15 for non-members. Cost includes a delicious dinner served starting at 7 p.m. prior to the show. The menu includes tasty wings, sweet & sour meatballs, cheeseburger sliders, ham & cheese finger sandwiches, bacon wrapped lil' weenies, cheese & cracker selection, assorted fruit & veggies, and mini cheesecake bites. Tickets day of the show are \$17. This is an adults only event - 18 years of age and older.

Ron Lamprecht has toured the country doing shows including The Hollywood Improv with his act described as "taking the audience dancing". He has been featured in Laughlin, Nevada's Laughfest comedy festival as well as the 10,000 Laughs Festival in Minneapolis.

For more details, call Rockers at 727-ROCK.

Arts & Crafts Center Offering Wine & Paint Class On April 20



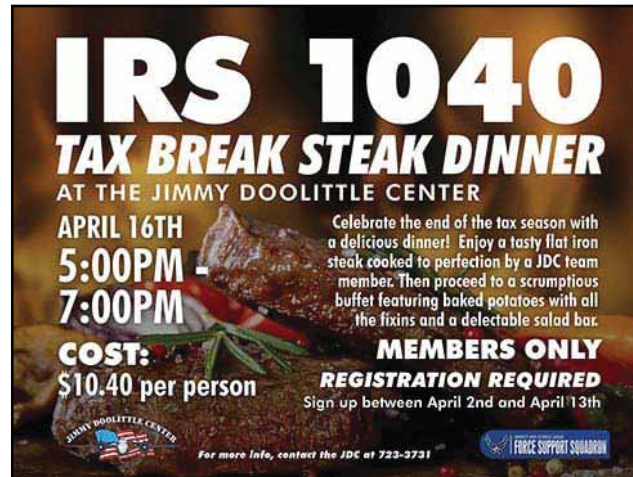
The Arts and Crafts Center invites you to their Wine & Paint class on Friday, April 20 from 6-8 p.m. Gather your friends for a fun evening out painting a masterpiece. Cost is \$26 per person for a two-hour exciting painting experience. Step-by-step instruction will be provided.

Pre-registration is required at the Arts & Crafts Center from now to April 19. There is limited seating available so be sure to register early. Class is open to adults 17 years of age and older only. Wine is not included in cost. You must provide your own wine if desired. For additional information, please contact the Arts & Crafts Center at 723-3640.

Club Members Invited To Enjoy Delicious Tax Break Steak Dinner

The Jimmy Doolittle Center invites Club Members to celebrate the end of the tax season with a delicious dinner on Monday, April 16 from 5-7 p.m. Enjoy a tasty flat iron steak cooked to perfection by a Jimmy Doolittle Center team member. Then proceed to a scrumptious buffet featuring baked potatoes with all the fixins and a delectable salad bar.

Cost for this Club Member only dinner is just \$10.40 per person. Registration is required for this dinner - sign-up between April 1 and April 13. For more details, call the Jimmy Doolittle Center at 723-3731.



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Open House
APRIL 27TH
11:00AM - 4:00PM

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 for Active Duty Military Members and Dependents

MILITARY

*Passes limited to those on hand.

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Friday, April 27th 1100-1600

Present your valid Common Access Card or Military Dependent ID (DoD Form 1173) to receive pass.

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Sweet Chili Pizza
April Special

This month's pizza features a sweet Thai chili sauce, loaded with chicken, green peppers, sweet pineapple, & red onion, topped off with a mouth-watering layer of mozzarella cheese.

Small: \$11
Medium: \$15
Large: \$17

Try it as a Panino Sandwich for \$8.25!

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 Thursday-Friday, 9am-7pm

727-4718

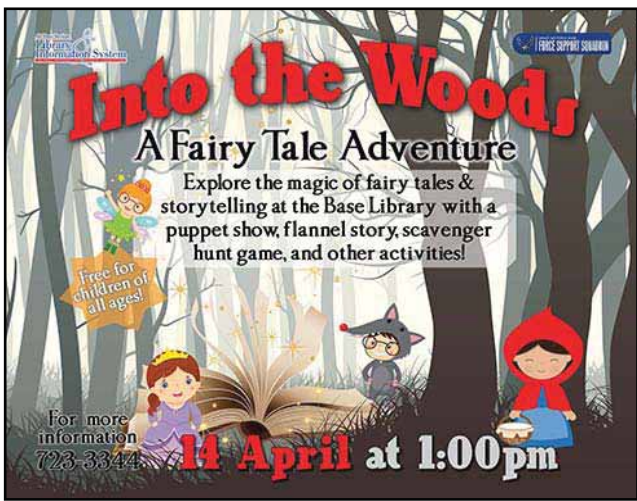
Month Of The Military Child Bowling Special

During the month of April, children age 17 and under can bowl for \$2.50/game and receive FREE shoe rental at Rough Rider Lanes. Offer valid Monday-Wednesday from 9 a.m. to 2 p.m. and Thursday & Friday from 9 a.m. to 7 p.m. For more information, call Rough Rider Lanes at 727-4715.

CLUB MEMBER DRAWING ON FRIDAY, APRIL 13 WILL BE FOR \$1,450.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, April 13 at Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS



Into the Woods
A Fairy Tale Adventure

Explore the magic of fairy tales & storytelling at the Base Library with a puppet show, flannel story, scavenger hunt game, and other activities!

Free for children of all ages!

For more information call 723-3344

14 April at 1:00pm

Apr 19 Creative Kids Class

Spend the morning with your preschooler creating fun paper bag puppets during the Creative Kids class at the Arts & Crafts Center on Thursday, April 19 from 10:30-11 a.m. Age appropriate projects are offered for children ages 3-5. Cost for the class is \$5. Please call at least one day prior to class to sign up for the class. For additional information, please contact the Arts & Crafts Center at 723-3640.



Family Fun Night with the **Snow Queen**
The last princess for this season!

Come out to Lil' Riders Playland to enjoy fun activities, music and \$1 slices!!

Tuesday April 17th
5:00-7:00pm

Free Admission
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Apr 18 Bundles For Babies

Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on April 18 from 9 a.m. to 10:30 a.m. Attendees will learn how to budget for your growing family and about many of the support programs that are available. Plus participants receive a free gift for your new baby courtesy of the Air Force Aid Society. Please register by noon on April 17. For more details, call 723-3950.



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COME TO THE YOUTH CENTER AND CELEBRATE THE MONTH OF THE MILITARY CHILD KIDS BLOCK PARTY AND EGGSPLOSION EVENTS! FUN ACTIVITIES FOR EVERYONE INCLUDING GAMES, PRIZES, BOUNCE HOUSES, FOOD, AND MORE!

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CHILDREN MUST PURCHASE TICKETS TO PLAY. EACH CHILD WILL RECEIVE A PRIZE AT EACH STATION!

723-2838

Friday Night Roller Skating

Did you know the Youth Center offers Base Skate every Friday from 6-7 p.m.? Come out with your family and skate the night away! You can bring your own skates, rollerblades and helmet or the Youth Center has some to check out. Cost is FREE for Youth Center members and only \$5 per family for non-members. No sign up is necessary. Don't miss this fun and healthy activity for youth 5 years of age and older. For more information, call the Youth Center at 723-2838.

Garden Plot Renewal

Spring is here and warmer weather is on the way! Now is the time to start your gardening plans. Outdoor Recreation is accepting garden plot consignments for the upcoming growing season now through April 14 for 2017 season plot owners. Anyone who is not a previous owner can start claiming their garden plot beginning April 16 on a first come, first served basis. Garden plot use begins around May 25 and ends on October 15. Plots are located on the corner of Minute Man Drive and Missile Avenue. Cost is \$20 per plot per season. For more details, call Outdoor Recreation at 723-3648.



Earth DAY
{is every day}

JOIN US FOR A WHOLE WORLD OF FUN
It's time to celebrate our beautiful planet
Friday, April 20, 2018
At the Dakota Inn Dining Facility

1030-1330

Come share your commitment on how you plan to reduce your carbon footprint in 2018 and receive one of our reusable items FREE!

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For more 5th Force Support events, visit www.facebook.com/5thforcesupport



case of the MONDAYS?

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YOUNG AIRMEN EVENTS & PROGRAMS

Apr 13 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on April 13 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

Apr 16-19 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on April 16, 17, 18 & 19 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! There are four classes to choose from. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.



NEW! UPGRADED ARCHERY SIMULATOR

Outdoor Recreation's Archery Simulator has received a long awaited UPGRADE!

Come by in April to give it a shot!

\$5 FOR 30 MINUTES
• FREE FOR ARCHERY MEMBERS •

723-3648

Apr 14 Spring Cycle-a-thon

Get your heart pumping and enjoy some healthy exercise! The Fitness Center is hosting the Spring Cycle-a-thon on Saturday, April 14 from 9-11 a.m. in the cycle room. Experience a great endurance ride during this FREE 2-hour event. The Spring Cycle-a-thon is open to all DoD ID card holders 16 years of age and older. For additional information, contact the McAdoo Sports & Fitness Center at 723-2145.

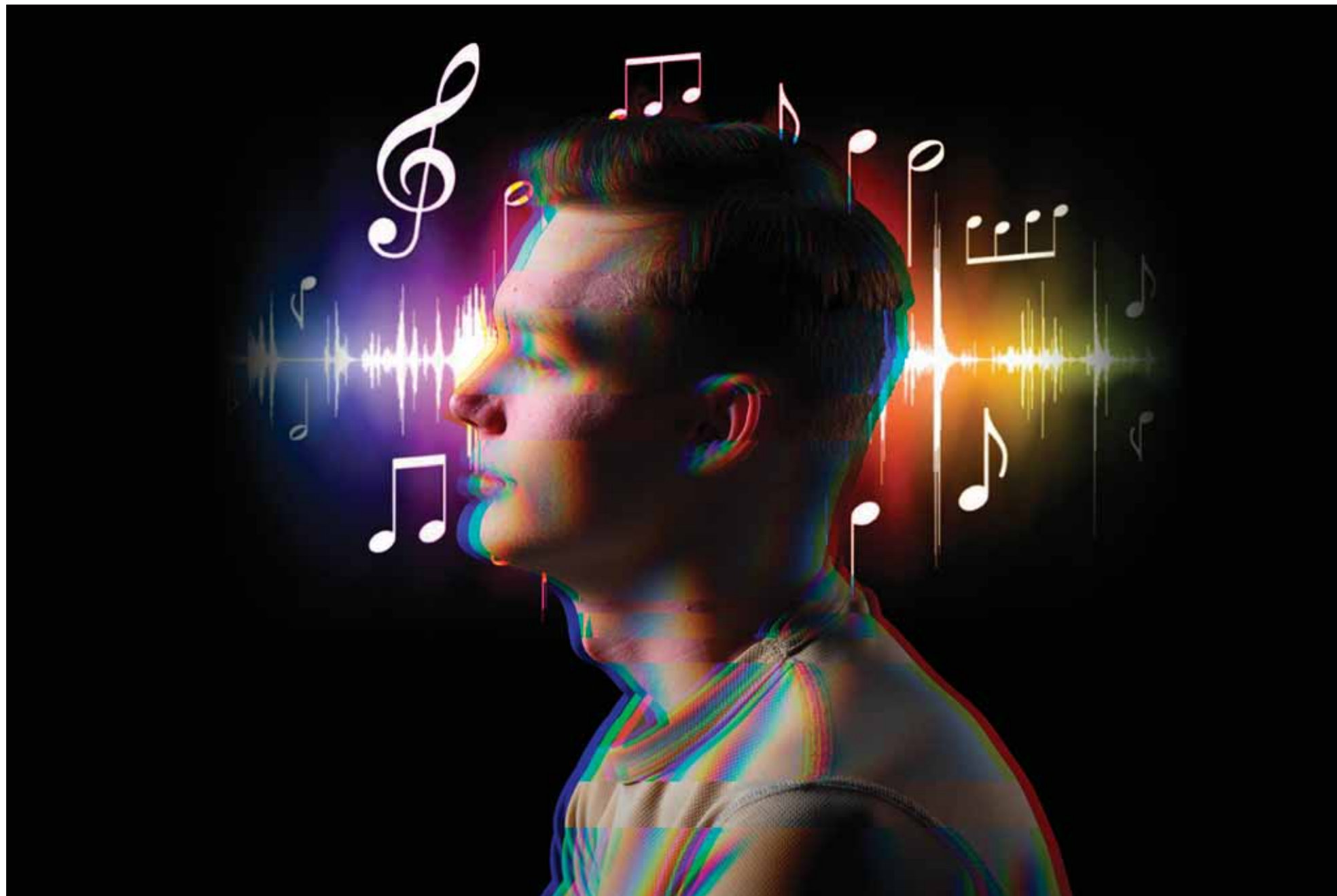


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An Airman's musical journey

AIRMAN 1ST CLASS ALYSSA M. AKERS | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

Musical notes danced around him as he closed his eyes. He kept his head on a steady nod and tapped his fingers to the beat, letting the melody carry him through a journey he's never been on.

For Airman 1st Class Zane Smith, 5th Force Support Squadron customer support technician, music is his escape.

"Every song has a story to tell and a journey to follow," said Smith. "Music creates an atmosphere that you can't seem to get away from, it's everywhere."

Music has always been a part of his life, but it wasn't until he was 13 that it truly changed his world.

"The night my friend introduced me to the drum and bass genre, it felt like my mind was blown – I wanted to learn more and hear more," said Smith. "It felt like falling in love with someone."

He spent the next few years expanding his horizons and refining his musical tastes. He never turned down a song request from a friend or family member, including his grandmother, who supported him at every turn.

However, his life took a dark turn in the ninth grade when his grandmother died.

"At that time, I felt like I was alone and that no one else could feel how I felt," said Smith.

He relied on music through

that troubling time, to both pick himself up and remember his grandmother.

"It's been a bumpy road, but I realized that if I want to remember her, I have memories of her that I tie with music," Smith said. "Even though she's gone, she will always be here because of music."

By his senior year in high school, Smith ventured into composing. He purchased a computer program, after months of saving, and reached out to a friend, who happened to be a world-famous producer, for help.

After graduation, he

enlisted in the Air Force. While he couldn't listen to music through basic military training, Smith realized that he had another form of support – his Air Force family.

"Not only do I have music to fall back on, but the family that I have gained over the past seven months," said Smith. "The Air Force has supplied me with great opportunities."

Smith has picked up the necessary skills to not only create music, but also teach others to do the same.

"Music has helped me get through tough times, so

I made it my goal to help others do the same – whether it's creating music or just listening to it," he said.

Since then, he has helped another friend produce an album, which led to show bookings and features in other songs.

"It's fantastic that I helped him achieve that," said Smith. "I've always been one to help others grow and succeed."

Smith's goal is to create impactful and meaningful songs that can convey the emotions he feels, regardless of whether they're good or bad.

"Every day I strive to make a project that not only means something to me, but also to someone else," said Smith.

"I want to save anyone from making a bad decision by listening to a song that really touches them. I want them to know that everything is going to be okay, just like I was okay."

Music is everywhere, from the everyday sounds you hear to the newest releases by popular artists, said Smith. Letting it in can take people through a journey they will never forget, leaving their toughest struggles in the past.

Airman 1st Class Zane Smith, 5th Force Support Squadron customer support technician, produces music in his spare time. Smith, originally from Charleston, Illinois, is a first-term Airman stationed at Minot Air Force Base, North Dakota.

U.S. AIR FORCE PHOTO ILLUSTRATION | AIRMAN 1ST CLASS ALYSSA M. AKERS

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Northland HealthCenters



SAT., MAY 12, 2018

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520 Mass Schedule Saturday 5:30 pm Sunday 8:30 & 11:00 am Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church  109 6th St. SE Minot • 838-3094 Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m. The Very Reverend Father Anastassy</p>	<p>Harvest Reformed Church  We are devoted to faithful preaching of God's Word. Confessionally Reformed Biblical worship. Now meeting at 1505 N Broadway, Grand International, Norse Room Sunday Service 10:30 a.m. 838-0605 www.harvestreformedchurch.org</p>	<p>Trinity Church  An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m. www.trinitychurchminot.org</p>	<p>Bible Fellowship Church  Worship Service at 10:45am Sundays Sunday School at 9:45am 1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p>Faith United Methodist Church  5900 Highway 83 N, Minot www.faithumcminot.com Pastor Tom Sumers 701-838-1540 Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church  Sending the Glorious Light of Jesus Christ to a Dark and Needy World Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church 1000 NE 3rd Street 852-0315 Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship..... 11:00am Wednesday Evening Schedule Community Dinner.....5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064 Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am Please join us, all are welcome here!  UNITED CHURCH OF CHRIST</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i>  Sunday Worship.8:30 & 11:00 am Adult Bible Study, Adult Choir, Youth Sunday School9:45 am 2209 4th Avenue NW Minot, ND 839-4663 Carllyle Roth, Pastor www.stmarksminot.com Call or check out our website for more information.</p>
<p>Immanuel Baptist Church  1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m. Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled)..... 8:00 p.m. Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609 Saturday School..... 2:00 p.m. Sunday Worship..... 3:30 p.m. Wednesday Bible Study 7:30 p.m. Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church  2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>First Lutheran Church - ELCA  120 - 5th Ave. NW 852-4853 Saturday Worship 5:30 pm Sunday Worship .. 8:30 am and 11:00 am Wednesday Supper.....5:15 pm Wednesday Education6:00 pm Wednesday Worship.....7:00 pm Services are now available online at firstlutheran.tv Radio Broadcast KRRZ 1390 AM 8:30 AM Pastor Brandy Gerjets Associate Pastor Ellery Dykeman www.flcminot.com</p>	<p>Gospel Tabernacle Community Church  9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour6:30 p.m. Evening Worship7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA Sunday Worship 8:30 am & 10:30 am Sunday Fellowship9:30 am Wednesday Worship.....6:45 pm Church School Wednesday5:45 pm Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church  200 3rd St. SW • 852-4533 www.fbcminot.org Classic Worship Service 8:30 a.m. Adult Sunday School.....9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church.....9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Calvary Alliance Church  715 20th Avenue NW Minot, ND 58703 www.calvaryofminot.com 701-852-0670 Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12)6:30 pm</p>	<p>West Minot Church of God  <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center.....852-6352 westminot.com facebook.com/westminot</p>	<p>Vincent United Methodist Church  1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors! Saturday Informal Worship.. 5:00 p.m. Sunday School9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m. Pastor Mary Johnson www.vincentumc.com</p>
<p>To Advertise your Church in this space. Call 839-0946 Only \$7.00 a space / per week</p>	<p>OUR REDEEMER'S CHURCH  <i>A Church of the Lutheran Brethren</i> Thursdays: Worship.....6:30 p.m. Sundays: Worship..... 8:30 a.m. & 10:45 a.m. 700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p>	<p>Cross Roads Baptist  Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m. www.minotcrbc.org email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111 Morning Worship8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night..... 7 p.m.</p>	<p>Vincent United Methodist Church  1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors! Saturday Informal Worship.. 5:00 p.m. Sunday School9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m. Pastor Mary Johnson www.vincentumc.com</p>

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5	6	4	9	3	7	8	1	2
3	2	7	1	8	4	6	9	5
7	9	6	2	4	1	5	3	8
8	4	1	7	5	3	2	6	9
2	5	3	8	6	9	1	7	4
4	8	2	3	9	6	7	5	1
1	3	5	4	7	8	9	2	6
6	7	9	5	1	2	4	8	3

Answers to puzzle from page 4

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MLS #180697



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BASE ANNOUNCEMENTS

TODAY

- LAST DAY to make reservation for IRS 1040 Tax Break Steak Dinner at the JDC
- TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center
- Month of the Military Child Bowling Special, 0900-1900, Bowling Center
- Fit to Fight, 1100, Fitness Center
- Olympic Lift Training, 1230, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Keystone Club Meeting, 1630, Youth Center
- Yoga, 1700, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill and Jimmy Doolittle Center
- Friday Night Skate, 1800-1900, Youth Center
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Bowling Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

SATURDAY

- Spring Cycle- a-thon, 0900-1100, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Into the Woods: A Fairy Tale Adventure, 1300, Base Library
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

SUNDAY

- Family Zumba, 1400, Fitness Center

MONDAY

- Garden Plot Open Registration

- Begins at Outdoor Recreation
- Tactical Fitness, 0630, Fitness Center
- Month of the Military Child Bowling Special, 0900-1400, Bowling Center
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- IRS 1040 Tax Break Steak Dinner, 1700-1900, Jimmy Doolittle Center
- Zumba, 1730, Fitness Center
- Yoga, 1830, Fitness Center

TUESDAY

- Athlete/Trainer Applications due for Armed Forces Women's Soccer Championship
- Pre-Separation Counseling, 0800-1130, A&FRC
- Month of the Military Child Bowling Special, 0900-1400, Bowling Center
- Game Day, 1000-1930, Base Library
- Yoga, 1000, Fitness Center
- Zumba, 1130, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Family Fun Night with a Princess, 1700-1900, Rough Riders Pizza
- Urban Boot Camp, 1830, Fitness Center
- Cycle/Core, 1930, Fitness Center

WEDNESDAY

- LAST DAY to register for Creative Kids Class at Arts & Crafts Center
- Club Member Benefit, Every Wed, 0900-2000, Bowling Center
- Month of the Military Child Bowling Special, 0900-1400, Bowling Center

- Bundles for Babies, 0900-1030, A&FRC
- Parent & Tot Fit Kids, 0930, Fitness Center
- Story Time, Every Wed, 1030, Base Library
- Fit to Fight, 1100, Fitness Center
- Cycle, 1130, Fitness Center
- Pre-Deployment Readiness Training, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- 4-H Club, 1600, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- EFMP - FS Parent Support Group, 1630-1730, A&FRC
- Dakota Inn Quarterly Airmen Birthday Meal, 1730-1830, Dakota Inn Dining Facility
- Squadron Extramural League, 1730, Bowling Center
- Zumba, 1730, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY

- LAST DAY to register for Wine & Paint Class at the Arts & Crafts Center
- Boots to Business Workshop, 0800-1600, A&FRC, held at the Education Center
- Month of the Military Child Bowling Special, 0900-1900, Bowling Center
- Parent & Tot Fit Kids, 0930, Fitness Center
- Creative Kids Class, 1030-1100, Arts & Crafts Center
- Olympic Lift Training, 1100, Fitness Center
- Muscle Pump, 1130, Fitness Center
- Reintegration Briefing, 1300-

- 1400, A&FRC
- April Kids Swim, 1330-1530, Indoor Pool
- Off-Base Budget Class, 1430-1600, A&FRC
- FCC Month of the Military Child Bowling Event, 1500-1700, FCC, held at the Bowling Center
- Fitness Hour, 1600-1700, Youth Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Olympic Lift Training, 1730, Fitness Center
- Mixed Couples League, 1830, Bowling Center
- Cycle/Core, 1930, Fitness Center

20 APRIL

- Month of the Military Child Bowling Special, 0900-1900, Bowling Center
- Dakota Inn Earth Day Event, 1030-1330, Dakota Inn Dining Facility
- Fit to Fight, 1100, Fitness Center
- Olympic Lift Training, 1230, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Member's Buffet, 1630-1830, Rockers Bar & Grill
- Keystone Club Meeting, 1630, Youth Center
- Yoga, 1700, Fitness Center
- Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill and Jimmy Doolittle Center
- Wine & Paint Class, 1800-2000, Arts & Crafts Center
- Friday Night Skate, 1800-1900, Youth Center
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Bowling Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

21 APRIL

- Tactical Strength & Fitness, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Youth Bowling League, 1000, Bowling Center
- Give Parents a Break, 1700-2100, CDC & School Age Program
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Bowling Center

ONGOING EVENTS

- April Kids Swim Beat the winter blues with FREE Kids Swim at the Indoor Pool! Homeschooling families are welcome to attend. Every Thursday in March and April from 1330-1530
- Month of the Military Child Bowling Special. Throughout the month of April, celebrate the Month of the Military Child at Rough Rider Lanes! Kids 17 and under can bowl for \$2.50 a game and receive FREE rental! Offer Valid: Monday-Wednesday: 9am-2pm, Thursday-Friday: 9am-7pm. For more information, call 727-4715
- Registration for the IRS 1040 Tax Break Steak Dinner at the JDC. Celebrate the end of the tax season with a delicious steak dinner on April 16th from 5-7PM! Enjoy a tasty flat iron steak cooked to perfection by a JDC team member. Then proceed to a scrumptious buffet featuring baked potatoes with all the fixins and a delectable salad bar. This is a MEMBERS ONLY event and registration is REQUIRED. Sign up between April 2nd and 13th. Cost is \$10.40 per person. Make your reservations today or find out more by calling 701-723-3731

Weather keeps missileers on alert for 72 hours

STAFF SGT. SAHARA L. FALES | MINOT AIR FORCE BASE PUBLIC AFFAIRS



MINOT AIR FORCE BASE, N.D. --

Before dispatching to the field, the crews held a mission-planning meeting where they assessed the weather and prepped for what they expected to be a two-day shift.

"The hardest part for me was not knowing when we were going to go home," said 1st Lt. Davis White,

741st Missile Squadron missile combat crew commander. "We just kept getting calls saying they were extending our shift for 12 hours, and then another 12 hours, and another."

Because the alert exceeded their typical 24-hour shift, procedures allowed each member of the crew to go above ground to take care of hygiene needs and catch some sunlight every day.

"Getting to go upstairs for sun and conversing with others really made a difference. It was nice to get to talk to someone else besides this guy," said 1st Lt. Miguel Barrios, 741 MS missile combat crew commander, nudging White who sat next to him.

"It can get pretty stuffy in the capsule because there isn't a whole lot of room," added White. "It helps when you're friends with the guy you're downstairs with."

Although the tour made things like child and pet care a challenge for some crews, White said their wingmen on Minot AFB worked hard to ensure they were taken care of.

"We felt really supported by the people back on base," added Barrios. "We kept getting calls from people who knew we were going to stay on alert asking if they could help us with anything back home."

Barrios and White said the mindset of other crews they communicated with also helped them get through their shift.

"When we talked on the phone with others at different squadrons they maintained

a positive attitude which really kept us going," said Barrios. "They kept cheering 'lets go for 96 hours!'"

To commemorate any lengthy stay, crew members receive a small metal pin with the consecutive alert shift hours on it. White and Barrios, along with the others who worked those three long days, will now get to proudly wear their uniforms with a "72" on their shoulder.



(From Left) First Lieutenants Davis White and Miguel Barrios, 741st Missile Squadron missile combat crew commanders, pose for a photo at Minot Air Force Base, N.D., March 30, 2018. Due to a snow storm, White and Barrios were one of several crews required to pull a 72-hour alert shift at a missile alert facility.

U.S. AIR FORCE PHOTO
STAFF SGT.
SAHARA L. FALES

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