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Homeschoolers Win National Award

MARIT HEIDBREDER | DIRECTOR OF MINOT CLASSICAL CONVERSATIONS HOMESCHOOL PROGRAM

omeschool students Grace Alvarez (pictured left); daughter of Eric (MSgt) and Sommer Alvarez, and Grace Guest (pictured right); daughter of Todd (Lt. Col.) and Charlotte Guest, both earned the prestigious title of "Memory Master" on Monday April 23rd at Minot First Church of the Nazarene. These talented young ladies participate in the Minot Classical Conversations homeschool program and worked arduously in order to achieve this award.

"Memory Master" is an honor bestowed to students who have mastered all the memory work learned through the national **Classical Conversations** (CC) homeschooling curriculum. CC combines classical learning with a biblical worldview and believes the ultimate purpose of education is to know God and to make Him known. The memory work for Classical Conversation's Cycle 3 covers seven subject areas: geography, Latin, math, English grammar, science, history and timeline.

Classical Conversations defines mastery as the storing of information to long-term memory, which means the students do not cram for a single test and then move on. Instead they "pound" each fact into their brain like a "peg" through memorization, which later they will be able to "hang" information on as they expand their knowledge and understanding of each topic. At the end of the year, students who wish to obtain the Memory Master award must accurately recite all 24 weeks of information (for all 7 subjects) on four different occasions to four different people to assure complete mastery. The facts they committed to memory

include -*161 events and people in a chronological timeline

*24 history sentences with dates to add depth to our timeline (including the Preamble to the U.S. Constitution and the Bill of Rights)

*45 U.S. Presidents, in order

*120 locations and geographic features in North America (emphasis - the United States)

*24 science facts (including the first 12 elements of the periodic table by number, element and mass and the parts of 8 body systems)

*Latin rules and vocabulary (including the text of John 1:1-7 in Latin and English)

*English grammar facts (including the principal parts of 11 irregular verbs)

*Multiplication tables/ skip counting up to 15x15, common squares and cubes as well as basic geometry formulas, algebraic math laws and unit conversions

Parents who are interested in the Minot chapter of Classical Conversations may find out more at: www. classical conversations. com or by emailing Director Marit Heidbreder at theheidbreders@ yahoo.com. Classical Conversations is also bringing their free Parent Practicum training to Minot this summer at Our Redeemer's Church July 24-26th, 2018 for those interested in learning more about homeschooling classically, register at www.parentpracticum.com







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Little guy, big fixed heart: part II

AIRMAN 1ST CLASS KATHRYN R.C. REAVES | 20TH FIGHTER WING PUBLIC AFFAIRS

HAW AIR FORCE BASE, S.C. (AFNS) -- When Ashley and Tech. Sgt. Ben Mockovciak, 372nd Training Squadron Detachment 202 F-16 tactical aircraft maintenance instructor, learned their son Noah, barely one month old, had experienced a heart attack, their world was turned upside down.

Sitting in a room at the Palmetto Health Children's Hospital after the early morning rush in an ambulance, the family was faced with an uncertain future.

The hospital's doctors made a plan to monitor the infant overnight before he was transferred to Medical University of South Carolina for more tests and, before long, surgery. While Ashley went home to prepare for the trip to MUSC, Ben stayed with their son.

The plan quickly fell apart. Reliving the previous horror without the support of his spouse, Ben watched his son stop breathing again as he went into cardiac arrest. The father called for the nurse who immediately began CPR, working to revive Noah for nearly 15 minutes.

"It sucked just being completely helpless," said Ben. "You just don't know what to do in a situation like that. One minute my son's in my arms breathing and happy and smiling, the next he's not breathing and there's a bunch of people around him doing CPR."

Noah began to breathe again with a tube in his throat, which was later learned to have damaged his throat and swallowing ability.

Within hours, a new plan formed as a helicopter was prepared to transport him to MUSC days ahead of schedule.

Terrified for his son, Ben struggled with the idea of returning to the academy when the weekend was over.

"I called my boss and let him know what was going on," said Ben. "He said, 'Don't go back to the academy. Just go be with your family.""

The husband and wife followed their son to a second hospital, only seeing him for an



COURTESY PHOTO

Noah Mockovciak, Team Shaw child, lies in his bed at a hospital at Charleston, S.C., after open heart surgery, circa February 2017. During the procedure, surgeons stopped Noah's heart to mend a hole, a detached coronary artery and Truncus Arteriosus, a defect in which one blood vessel exits the heart instead of two.

hour before he was put into a medically-induced coma.

"We didn't realize at the time, but that was the last time we would see him with his eyes open for the entire week and the last time we got to hold him for about a month," said Ben.

The next day, Noah experienced his third heart attack.

"That's when they started to explain the odds to us, about survival and brain damage just because the (more) CPR you do, the more likelihood of brain cell loss and all this stuff, so it was really overwhelming to just take all that in," said Ben.

Noah's doctors asked the new parents to consider signing a "do not resuscitate" form.

"That's when you think hope would die," said Ashley. "I think that was the moment that my heart really broke. From that moment, we were kind of wondering what to do, but honestly we didn't want to give up on him because we knew our son and we just knew he was going to fight through it."

The Mockovciaks reached out to family and friends for support as Noah approached his surgery. Friends and fellow Airmen checked on the family throughout the hospital stay, bring along changes of clothes and food.

When surgery day arrived, the parents cried and prayed as they held on to their son's blanket for hours sitting in the waiting room while their child was operated on. In the operating room, surgeons stopped Noah's heart to mend a hole, a detached coronary artery and Truncus Arteriosus, a defect in which one blood vessel exits the heart instead of two. After his successful surgery, Noah's health began to improve quickly over the coming month. Following weeks of therapies, medicine and parent training, baby Noah returned home. "He came home again and we were even more nervous," said Ashley. "We had a baby with a (gastrostomy tube) who just had open heart surgery and we were even more delicate than we were with him the first time. (Even after all the training)

you're not really prepared for it. You're not really prepared as a fist-time mom or a first-time dad to be openheart surgery and G-tube (baby) parents. It's a little extra work and that becomes your norm. You don't know any different. You don't know what normal is anymore."

With a fixed heart, Noah attends regular therapies and medical appointments to grow stronger and healthier.

"Ashley's been doing a great job with all of that," said Ben. "I had to go back to work so she's been amazing with the baby and all his therapies. He's got his cardiology appointments, his gastrointestinal appointments, nutritionist, and his pediatrician, so she's always on the move. She's probably the best mom in the world."

More than a year later, the Mockovciak family continues to make strides with the support of those around them.

"We have such gratitude in our hearts for the support," said Ashley. "It's hard if you don't have support. We did and we were lucky. We had our church family, our (blood) family, our friends, and then we had the military family."

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FACEBOOK

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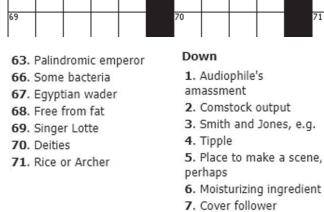
"If anybody meets Noah, they'll know how sassy and how much of a fighter he is," said Ashley with a smile on her face. "I think I admire that about him, because he's so full of life, so full of fight. There's no doubt in my mind that's why he survived. He fought and lived. That's why God gave us him, to give us a fighter."

THE LIGHTER SIDE

CROSSWORD PUZZLE



62. Drove recklessly



8. Beach shoe

SUDOKU Solution to puzzle on page 10

1		2			3		4	
	5			6		7		8
	4					9		
	3			1	4			
9								1
			5	8			6	
		6					8	
5		8		9			3	
	1		7			6		2

Solution to last week's Crossword puzzle.

21. Ceremonial burner 22. Irish Gaelic 23. Same as before, in footnotes 24. Part of the Hindu trinity 28. Kilmer of "Batman Forever" 29. Provoke 30. Kind of card or stick 34. Ancestor of the adding machine 36. Sauce for chop suey 38. Sea cliff dweller 40. Atomic number 74 41. "The Neverending Story" author Michael 42. Is a productive hen

44. Vaulted cathedral area Louisiana's state tree 48. "Rocky II" or "Rocky III" 49. Leap like a leopard 50. Left brain's forte, supposedly 52. Insect with abdominal pincers 53. Part of the iris 55. Indoor-outdoor rooms 58. Depend (on) 59. One of Skelton's personas 60. "Metamorphoses" poet 64. Process leather 65. Self starter

9. Politician's crime

41

- 10. Emulate nomads
- 11. It may be hidden
- 12. Helps back to health 13. Dislike intensely



A QUIET PLACE • (PG-13) FRIDAY, MAY 11 • 1800 A family is forced to live in silence while hiding from creatures that hunt by sound.

RAMPAGE • (PG-13) SATURDAY, MAY 12 • 1700

When three different animals be-come infected with a dangerous pathogen, a primatologist and a geneticist team up to stop them from destroying Chicago.

BLUMHOUSE'S TRUTH OR DARE • (R) SUNDAY, MAY 13 • 1700







Ι	S	А	А	С		С	0	А	L		Е	S	Р	Y
С	Е	D	А	R		А	L	Т	А		R	U	L	Е
Е	W	Е	Н	E	А	R	D	Т	Н	Е	G	Ν	U	S
			S	А	М			А	R	Μ		В	м	W
А	Т	L		Т	0	Ρ	Ι	С		Ι	Н	0	Р	Е
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Е	R	L	E			А	S	E	V	E	R			
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	н	А	Ι	R	R	А	Ζ	Ι	Ν	G	D	А	Z	Е
Μ	0	L	Т	S		R	Ι	G	0	R		Ν	E	S
А	Т	Е		0	Р	Т			0	Е	D			
Н	А	R	E	R	А	Ι	S	Ι	Ν	G	D	А	Y	S
R	Ι	0	Т		В	А	E	R		0	А	Т	E	R
Е	R	S	E		А	L	E	E		R	Υ	А	Ν	S

A harmless game of Truth or Dare among friends turns deadly when someone -- or something -- begins to punish those who tell a lie or refuse the dare.



Cabbage Noodle Tuna Casserole



INGREDIENTS:

2 tbsp olive oil 2 tbsp grass-fed butter medium head green cabbage (about 1 1/2 lbs), cut into large shreds 1 cup onion, chopped 3 ribs celery, chopped 2 cloves garlic, minced sea salt and black pepper, to taste 2 tsp dried dill or 2 tbsp fresh

dill 2 tsp dry mustard powder (get it here) 2 tbsp lemon zest juice of 1 lemon 1 1/2 cup heavy cream 1 1/4 cup Parmesan cheese, grated, divided 3 – 50z cans albacore tuna, drained (I use this brand) 1/2 cup frozen peas

INSTRUCTIONS:

Heat the olive oil and butter in an extra large ovenproof skillet over medium heat. Once heated, add the cabbage, onion, celery, garlic, sea salt and black pepper to the pan. Sauté until the vegetables are crisp tender – about 10 minutes. Mix in the dill, mustard powder, lemon zest, and lemon juice. Pour the heavy cream and 1 cup Parmesan cheese into the pan. Mix in and keep stirring until the cheese has melted and combined with the heavy cream. Reduce heat to medium low and let simmer to allow the sauce to thicken. Once the sauce has started to thicken, stir in the tuna and the peas. Sprinkle the remaining Parmesan over the top of the dish and transfer to the oven. Broil on high for 3-5 minutes or until the Parmesan on top has made a golden brown crust.



Circus! Circus! Family Night at the Museum

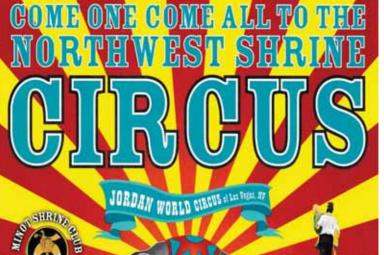
TAUBE MUSEUM OF ART

Come one, come all! The Taube Museum of Art is pleased to host Family Night at the Museum III - Circus, Circus! This event is the kick off for the summer art classes offered at the Taube Museum of Art. It will be

held on Friday, May 11th from 5:30 - 7:30 pm. This fun for all age's event will be an evening filled with Make and Take art activities centered on the offered summer classes and so much more! We are excited to bring you a special visit from one of the animals from Roosevelt Park Zoo from 5:30 - 6:00 pm only! There will be entertainment by local magician Blake Krabseth, as well as selfie dress up photo opportunities, face painting, balloons, and many of your favorite circus foods, all in a circus atmosphere!

Executive Director, Nancy Walter states, "The museum





staff designed the event as way to share what the Taube has to offer to the general public already familiar with the museum, as well as for families entering the doors for the first time." This is an opportunity for families to learn about the rich history of the Taube Museum in a fun filled environment.

Fees for this fun filled, open house event are \$5 per child! Every child will go home with great projects and photos and memories. In addition to all the evening activities, all Summer Artventures class registrations and Art Camp registrations submitted during the event will receive a 10% discount! How can you beat that?! There are 31 summer art classes offered for ages 1-12 from June 6 - August 2, 2018 and two sessions of Art Camp is scheduled from June 25-28, either morning or afternoon. Registrations are available by stopping by the museum or online at www. taubemuseum.org/summerart-ventures-2018.htm.

Funding from this event will be used for continued arts programming to help fulfill their mission of enriching lives through the visual arts.

This event is sponsored in part by Town and Country Credit Union. Museum and Gift Shop hours: Tues - Fri 10:30 - 5:30 pm, Sat 11:00 am - 4:00 pm or by special appointment.

For further information contact Doug Pfliger, Gallery Manager, Taube Museum of Art, 701-838-4445.





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THURSDAY, MAY 10 10 a.m. & 7 p.m. FRIDAY, MAY 11 10 a.m., 4 & 7:30 p.m. SATURDAY, MAY 12 10 a.m., 2 & 6 p.m. ALL SEASONS ARENA

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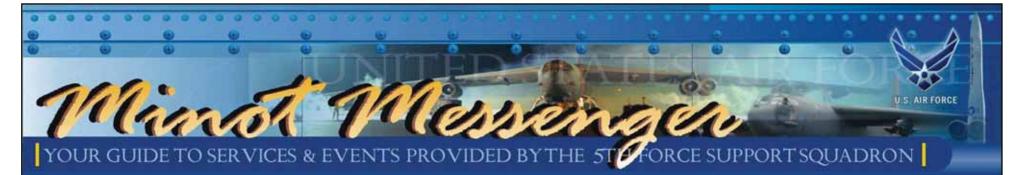
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Over \$4,000 In Prizes During Spring Showcase For Spouses



Less than a week remains until the annual Spring Showcase for Spouses. This year's Spring Showcase for Spouses is packed with many of the favorite booths from past shows as well as numerous new exhibitors. The annual event provides guests an informative and fun-filled social evening. The Spring Showcase for Spouses will be held at the Jimmy Doolittle Center on Thursday, May 17 from 6-8:30 p.m.

This year's extravaganza will be overflowing with almost 50 booths showcasing a wide variety of products and services available on base and from exhibitors throughout Minot and the surrounding area. Among the offerings featured at this year's showcase is home décor, fashion and jewelry items, health, wellness, beauty products and services, and much more.

You can stroll through the numerous exhibitor's booths and register for over \$4,000 in terrific door prizes and complimentary items. Guests are en couraged to visit each booth and register for their prize giveaway. You must be 18 years of age or older to register.

This year's Spring Showcase for Spouses is sponsored in part by USAA and Minot Spouses Club. The following businesses are planning to attend and have a booth display: Beachbody, Caribbean Color, Classical Conversations, Coldwell Banker 1st Minot Realty, Commissary, Damsel in Defense, doTerra, First Command Financial Services, FSS Airman & Family Readiness Center, FSS Community Services Flight, FSS Human Resources, Gavan's Pet Services, HAWC (Health & Wellness Center), Jamberry, Kristian's Spray Tanning, Legging Army, Leilani's Spa & Salon, Limelight by Alcone, Lipsense, Little Chicago Pub District, Love on a Leash, LulaRoe, Mary Kay, Maskcara Beauty, Minot Spouses Club, Minot Marvelous Maids, Miranda's Tasty Traditions, Nanna's Cheesecakes, Norwex, Nubian Mane, Pampered Chef, Petals & Blooms, Petunia Wears Pink, Plexus, Pruvit, Rodan & Fields, Scentsy, Send Out Cards, Sexual Assault Prevention & Response, Soňe Spa, Stand By Me Photography, Superior Nutrition Minot, Sweet Violet Tutu Boutique, Taube Museum, The Exchange, Thirty-One, Tires Plus, Tupperwear, Visit Minot, Young Living Essential Oils, and Younique. No Federal Endorsement Of Sponsors Intended.

While exploring the Spring Showcase For Spouses, guests can enjoy a delicious array of complimentary hors d'oeuvres and desserts. There will be a cash bar available in the Ground Zero Lounge. For additional information, please contact the 5th Force Support Marketing office at 723-6718 or the Doolittle Center at 723-3731.

Celebrate Mother's Day With A Variety Of 5 FSS Events

You'll find a variety of Mother's Day events at 5th Force Support Squadron facilities this year. Enjoy a delicious Sunday Brunch or fun events for Mom and the entire family.

MOTHER'S DAY BOWLING SPECIAL May 12 - Rough Rider Lanes

Celebrate Mother's Day a little early by enjoying the Mother's Day bowling special at Rough Rider Lanes on Saturday, May 12. Mom's can bowl up to 3 games FREE and receive a FREE shoe rental. Family members bowl for \$2.75 per game



Club Member Appreciation Night Set For Friday, May 18 At Doolittle Center and Rockers Bar & Grill



To show appreciation, the Jimmy Doolittle Center and Rockers Bar & Grill are hosting special events exclusively for Club Members on Friday, May 18.

Begin your night with a Beer and Wine Food Pairing at the Jimmy Doolittle Center from 4:30 p.m. - 7:30 p.m. Come enjoy various wines and beers paired with delicious food selections, including Goose Island IPA & Curry Chicken Meatballs, Relax Riesling & BBQ Pork Loin, Blue Moon Belgium White Ale & Kimchi Beef Tacos, La Crema Chardonnay & Shrimp and Grits, Deschutes Fresh Squeezed IPA & Prosciutto and Gorgonzola Crostini, Rex-Goliath Merlot & Deconstructed Cheeseburger, Oatmeal Summit Stout & Crispy Bratwurst, and Rex-Goliath Cabernet Sauvignon & Pizzetta with Caramelized Onions, Mushroons, & Rosemary. Food will be complimentary and beer & wine are pay as you go. This is an adults only event and Club Members must RSVP no later than May 15 by calling the Jimmy Doolittle Center at 723-3731.

Then head over to Rockers Bar & Grill for an exciting Club Members' Karaoke Contest. Showcase your singing talents for a chance at win an FSS gift card. The top three contestants will receive the following: 1st place - \$300 FSS gift card, 2nd place - \$150 FSS gift card, and 3rd place - \$50 FSS gift card. For more information, contact Rockers Bar & Grill at 727-ROCK.

If you are not currently Club Member, it is simply to become one. Join today by visiting www. memberplanet.com/account/usaf and completing the short membership registration. For more details, call Rockers Bar & Grill at 727-ROCK or the Jimmy Doolittle Center at 723-3731.

and \$2 a shoe rental. Call Rough Rider Lanes at 727-4715 for more details.

MOTHER'S DAY GOLF SPECIAL May 13 - Rough Rider Golf Course

Bring mom to the Rough Rider Golf Course on Sunday, May 13 from 9 a.m. to 2 p.m. for a FREE 15 minute lesson with FREE range balls. Register now through May 11. Also, If accompanied by family members, Mom can play 9 holes of golf for FREE if accompanied by family members. Family members will pay regular cost. For additional information, call the Rough Rider Golf Course at 723-3164.

MOTHER'S DAY SUNDAY BRUNCH May 13 - Jimmy Doolittle Center

The Jimmy Doolittle Center is hosting a special Mother's Day Sunday Brunch on May 13 from



10:30 a.m. to 1:30 p.m. Come enjoy the delicious menu featuring hand-carved Herb Crusted Prime Rib with Au Jus, delectable Chicken Cordon Bleu, Roast Pork Loin, Roasted Potatoes, Pasta Fresca, Chef Veggies, and more. Cost for the Mother's Day Brunch is \$20.95 for adult Club Members and \$22.95 for adult nonmembers. Teens of Club Members ages 13-17 are \$18.95 and teens of non-members are \$20.95. Children of Club Members ages 6-12 are \$9.95 and children of non-members ages 6-12 are \$11.95. Kids age 5 and under are FREE for Club Members and \$3 for non-members.

Seating is limited. Pre-paid reservations are required. For more information, call 723-3731.

2018 AIR FORCE PHOTO CONTEST - SUBMIT YOUR PHOTOS NOW - MAY 31 Categories for Adult & Youth - For more information, visit MyAirForceLife.com/Photo-Contest

CLUB MEMBER DRAWING ON FRIDAY, MAY 11 WILL BE FOR \$1,700.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill or the Jimmy Doolittle Center to obtain your application. The next weekly club member drawing will be held on Friday, May 11 at Rockers Bar & Grill and the Jimmy Doolittle Center. Drawing time varies each week between 5:30-6:30 p.m.

FAMILY and YOUTH EVENTS & PROGRAMS

Kids Bowl Free Program

Children 15 years of age and under at Minot AFB can now sign-up for 2 FREE games of bowling per day from now - August 31, 2018. Rough Rider Lanes is participating in the Kids Bowl Free program which allows children to sign up at no charge to receive the free games. Simply visit www.kidsbowlfree.com/AirForce website to register your child. Then you will receive your free bowling passes each week via email. Members may use the coupon on any electronic device or print the coupon for presentation to the center. Shoe rental is not included. Each family will have the opportunity to purchase a "Family Pass" directly from the website for \$29.95 that allows 4 additional family members over the age of 15 to receive coupons for 2 free games of bowling per day all summer. For additional details, call Rough Rider Lanes at 727-4715.

Armed Forces Bowling Day

Active duty and retirees pay just \$2.50/game and receive free shoe rental on Saturday, May 19 from 6 p.m. to midnight at Rough Rider Lanes.

May 12 Superhero Saturday

Celebrate Superhero Saturday at the base library on Saturday, May 12 beginning at 1 p.m. Children of all ages can listen to stories about their favorite superheroes and enjoy a variety of superhero crafts and activities. Costume wearers welcome - not required. Kids won't want to miss this FREE event. For more details, call the base library at 723-3344.

Youth Outdoor Soccer Registration

The Youth Center is holding Youth Outdoor Socccer registration from now - May 31 for youth 3-12 years of age. Cost for Smart Start (ages 3-4 years old) is \$30. The cost for youth ages 5-12 years old is \$40. Current immunization record with current physical must be on file to register. Youth Center membership is required. The season is scheduled to begin on August 1. For additional information, please contact the Youth Center at 723-2838.

For 5th Force Support Job Opportunities, visit www.nafjobs.org

2018







REGISTER ONLINE AT:

WWW.AMERICASKIDSRUN.ORG

YOUNG AIRMEN EVENTS & PROGRAMS

May 11 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on May 11 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.





Outdoor Rec Offering Horseback Riding & Rock Climbing Trip



May 14-17 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on May 14, 15, 16 & 17 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! There are four classes to choose from to help fit your busy schedule. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.

May 18 Wine & Paint Class

The Arts and Crafts Center invites you to their Wine & Paint class on Friday, May 18 from 6-8 p.m. Cost \$26 per person for a two-hour exciting painting experience. Step-by-step instruction will be provided. Pre-registration is required at the Arts & Crafts Center from May 8-17. Class is open to adults 17 years of age and older only. Wine is not included in cost. You must provide your own wine if desired. For additional information, call 723-3640.

Outdoor Recreation invites you to enjoy their Horseback Riding and Rock Climbing trip on May 25-28 to Custer State Park in Custer, South Dakota. Experience a thrilling rock climbing excursion at Sylvan Lake, followed by a beautiful horseback ride and breathtaking Jeep tour. Stay in cabins in Custer and discover the heart of the park while encountering all kinds of animals and historical sites.

Costs for active duty and dependents are \$105/person quad room, \$125/person triple room, \$160/person double room, and \$275/person single room. Costs for all other DoD ID card holders are \$288/person quad room, \$308/person triple room, \$343/person double room, and \$458/person single room. Registration is from April 30 to May 18. Space is limited, so sign up today. The trip is part of the Recharge For Resiliency initiative. For more details, call Outdoor Recreation at 723-3648.

Visit our website at www.5thforcesupport.com





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DAKOTA NORTH THE NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

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CLASSIFIEDS



TODAY

• TAP GPS Workshop, 0730-1630, A&FRC, held at the Education Center

- Kids Bowl Free, 0900-2100, Bowling Center
- Fit to Fight, 1100, Fitness Center
- Cycle, 1200, Fitness Center
- Olympic Lift Training, 1230,
- Fitness Center • Muffins with Mom, 1430, Child
- Development Center
- Torch Club, 1600, Youth Center • Keystone Club Meeting, 1600,
- Youth Center • Friday Fun Members Buffet,
- 1630-1830. Rockers Bar & Grill • Yoga, 1700, Fitness Center
- · Club Member Cash Drawing, 1730-1830, Rockers Bar & Grill
- and Jimmy Doolittle Center
- Zumba, 1800, Fitness Center • Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Bowling Center

- **BASE ANNOUNCEMENTS**
- SUNDAY • Mother's Day Golf Special, 0900-1400, Golf Course • Mother's Day Brunch, 1030-1330, Jimmy Doolittle Center • Family Zumba, 1400, Fitness
- MONDAY

Center

- LAST DAY to register for the Lifeguard Certification Course at Outdoor Rec
- Tactical Fitness, 0630, Fitness Center
- Kids Bowl Free, 0900-1400, Bowling Center
- Cycle, 1200, Fitness Center
- Reintegration Briefing, 1300-
- 1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Zumba, 1730, Fitness Center
- Craft Club, 1800, Base Library
- Yoga, 1830, Fitness Center
- Tactical Strength & Fitness,
- 1930, Fitness Center

- the Fitness Center

- Bundles for Babies, 0900-1030, A&FRC
- Fitness Center
- Base Library
- Fit to Fight, 1100, Fitness Center
- Cycle, 1200, Fitness Center
- Pre-Deployment/ Remote
- A&FRC
- 1600, A&FRC
- Mug Club Special, 1600-1800,
- Rockers Bar & Grill
 - 2018 Intramural Softball Season Coaches Meeting, 1600, Fitness Center

09 Chevy 1500 LT Ext Cab 04 Honda Accord EX 149K. Runs Great \$5,995 \$12,995 JOB OPPORTUNITY le are

Hiring! The North Dakota Center for Persons with Disabilities (NDCPD) at Minot State University is seeking an experienced and qualified individual to serve as a Research Associate on **newly funded grant projects** at NDCPD.

The person hired for this position will take on the coordination and management of assigned projects with the goal of meeting funding agency expectations within the scope and budget.

The position requires a Bachelor's degree, Master's degree Preferred; other degree levels will be considered. Preference will be given to applicants with a disability-related degree (special education, psychology, social work, etc.) and those with experience in working with people with disabilities

For a detailed job description, visit MSU's website at www.minotstateu.edu/hr/jobs.shtml

Position will remain open until filled. Application reviews will begin on May 14, 2018.

Application Process:

To apply, go to http://www.minotstateu.edu/hr/jobs.shtml and click the "START AN APPLICATION FOR EMPLOYMENT" link. Applications can also be submitted electronically to susie.mack@minotstateu.edu or mailed to:

Susie Mack, Coordinator of Operations NDCPD @ Minot State University 500 University Avenue West Minot, ND 585707

For accomodations contact: hr@minotstateu.edu

- Creative Kids Class, 1030-1100, Arts & Crafts Center
- Olympic Lift Training, 1100, Fitness Center
- Muscle Pump, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- & Beer Pairing, 1630-1930, Jimmy Doolittle Center
- Friday Fun Members Buffet,
- 1630-1830, Rockers Bar & Grill
- Yoga, 1700, Fitness Center • Club Member Cash Drawing,
- 1730-1830, Rockers Bar & Grill

- · LAST DAY to register for the 2018 Intramural Softball Season at
- Club Member Benefit, Every
- Wed, 0900-1400, Bowling Center
- Kids Bowl Free, 0900-1400,
- Bowling Center
- Parent & Tot Fit Kids, 0930,
- Story Time, Every Wed, 1030,

- Readiness Training, 1300-1400,
- Off-Base Budget Class, 1430-
- 4-H Club, 1600, Youth Center

- EFMP FS Peer Support Group, 1700-1800, A&FRC
- - and Jimmy Doolittle Center

SATURDAY

• Last day for Small Engine Service Special at Auto Hobby

• Tactical Strength & Fitness, 0900, Fitness Center

• Picture Framing Class, 1000, Arts & Crafts Center

• Yoga, 1000, Fitness Center

• EFMP-FS Sensory Friendly Movie, 1100, A&FRC, held at the Base Theater

• Superhero Saturday, 1300, Base Library

• Mother's Day Bowling Special, 1700-2230, Bowling Center • Bowl the Night Away with "Lights & Strikes", 2000-2400,

Bowling Center • Fight Night UFC 224: Nunes Vs Pennington, Preliminaries at 1900 and Main Card at 2100, Rockers Bar & Grill

TUESDAY

• Free Stall Fee With Purchase Of Oil & Filter Special Begins At Auto Hobby

• Pre-Separation Counseling, 0800-1130, A&FRC

• Kids Bowl Free, 0900-1400, **Bowling Center**

• Game Day, 1000-1930, Base Library

• Olympic Lift Training, 1300, Fitness Center

• Off-Base Budget Class, 1430-1600, A&FRC

• Family Fun Night, 1700-2100,

Rough Riders Pizza

• Urban Boot Camp, 1830, Fitness Center

WEDNESDAY

• LAST DAY to register for May Creative Kids Class at the Arts & Crafts Center

• Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill

• Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill

• EFMP - Zoo Event: Talk to a Tortoise, 1700, A&FRC, held at the **BBC** Community Center

• Zumba, 1730, Fitness Center

• Yoga, 1830, Fitness Center

THURSDAY

• LAST DAY to Register for May Wine & Paint Class at the Arts & Crafts Center

• LAST DAY to register for the "Have a Ball" Bowling League at the Bowling Center

• Kids Bowl Free, 0900-2100, **Bowling Center**

• Parent & Tot Fit Kids, 0930, Fitness Center

• Yoga, 1000, Fitness Center

• Fitness Hour, 1600-1700, Youth Center

• Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill • Olympic Lift Training, 1730, Fitness Center

• Craft Club, 1800, Base Library • Spring Showcase For Spouses, 1800-2030, Jimmy Doolittle Center

18 MAY

• LAST DAY to register for Horseback Riding & Rock Climbing Trip at Outdoor Rec • Kids Bowl Free, 0900-2100, Bowling Center

• Fit to Fight, 1100, Fitness Center

• Cycle, 1200, Fitness Center

• Olympic Lift Training, 1230, Fitness Center

• Torch Club, 1600, Youth Center

• Keystone Club Meeting, 1600, Youth Center

Club Member Appreciation Wine

• Give Parents a Break, 1800-2200, CDC & SAC

• Wine & Paint Class, 1800-2000, Arts & Crafts Center

• Zumba, 1800, Fitness Center

 Club Member Appreciation Karaoke Contest, 2000-2200, Rockers Bar & Grill

• Lights & Strikes Bowling, 2100-2400, Bowling Center

19 MAY

• America's Kids Run, 0900, Youth Center

• Tactical Strength & Fitness, 0900, Fitness Center

• Yoga, 1000, Fitness Center

• Olympic Weightlifting Clinic, 1300-1500, Fitness Center

• Armed Forces Day Bowling Special, 1800-2400, Bowling Center





MOTHER'S DAY IS SUNDAY, MAY 13