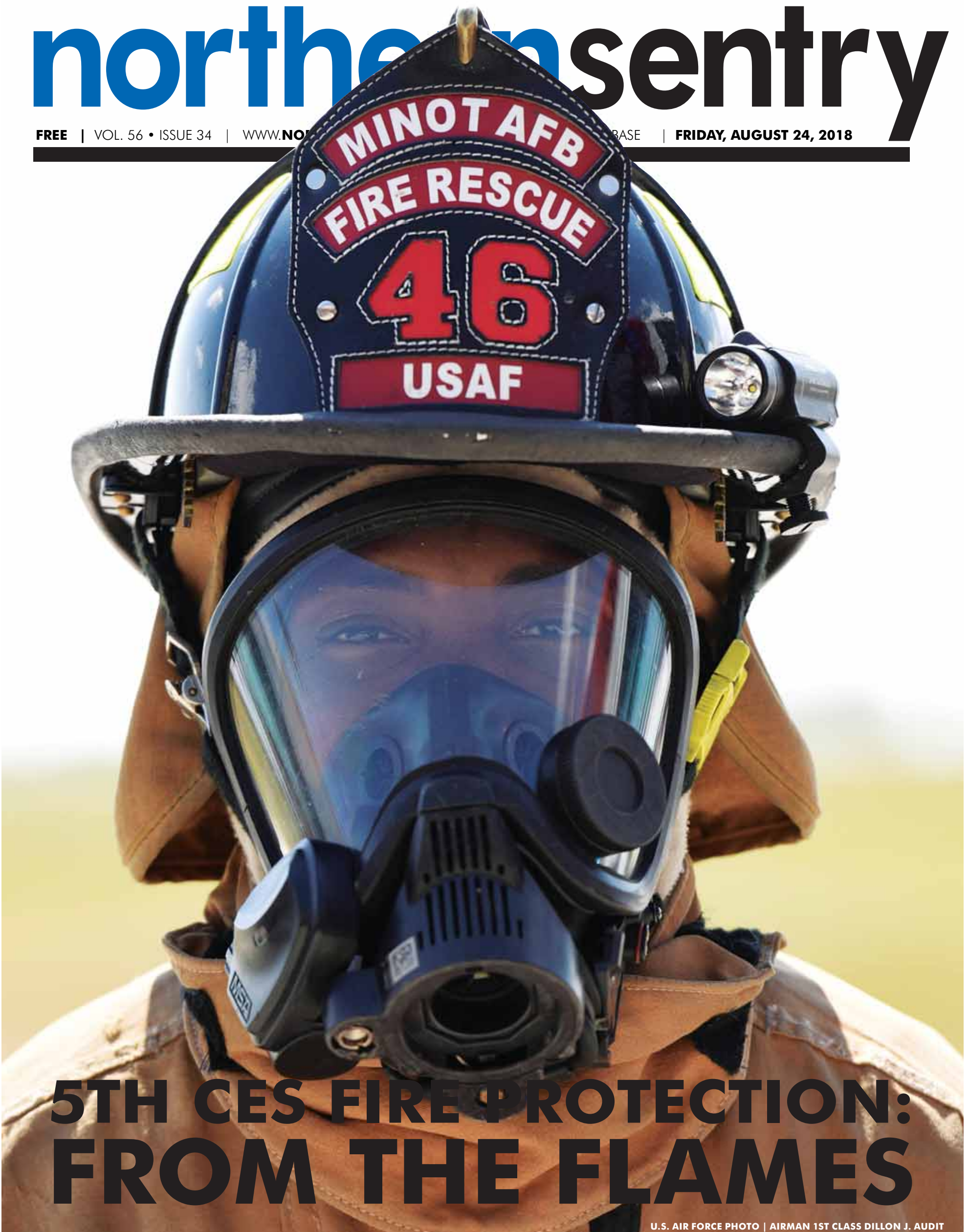


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FREE | VOL. 56 • ISSUE 34 | WWW.NORTHCENTRALAFB.COM | FRIDAY, AUGUST 24, 2018



5TH CES FIRE PROTECTION: FROM THE FLAMES

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS DILLON J. AUDIT

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Videos



Members of the 927th Aeromedical Staging Squadron secure a litter over a mannequin at Fort McCoy, Wisc. on Aug 15, 2018. The litter was for a joint training exercise consisting of onloading and offloading patients during Exercise Patriot Warrior.

U.S. AIR FORCE PHOTO | STAFF SGT. XAVIER LOCKLEY

International and joint partner s train for future deployments at Patriot Warrior

STAFF SGT. XAVIER LOCKLEY | 927TH AIR REFUELING WING PUBLIC AFFAIRS



FORT MCCOY, Wisc. (AFNS) --

Reserve Airmen from the 927th Aeromedical Staging Squadron, MacDill Air Force Base, Florida, along with Soldiers and Sailors from around the country partnered together, completing Engines Running Onload and Offload training during Exercise Patriot Warrior at Fort McCoy, Wisconsin, Aug. 15.

During an ERO scenario, crews of four people are required to carry their patient on a litter to an aircraft or medical vehicle, which will then take the patient where they need to go for further treatment.

Although it may sound easy, the teamwork element is extremely vital to accomplishing this segment. Not only are aeromedical evacuation crews responsible for the patient, they are accountable for ensuring the crew has proper personal protection, making sure that the awaiting aircraft is at a low speed ground idle. From there, crews will have to work together to load and unload patients in a timely matter.

"We learned a lot training with our other military counterparts," said U.S. Army SGT Kyle Keefer, 437th Ground Ambulance, 2nd Medical Brigade. "It's great to have all of the different services together, we continue to learn new things and develop chemistry with each other so that once we're deployed, we're familiar with how each service operates."

Development of chemistry is essential to mission success as

the opportunity for deployment is only a call away. Continuous practice will ensure that the crews are ready for anything that comes their way.

"We wanted this training to be beneficial not only for our Air Force Service members, but the other branches too," said Senior Master Sgt. Brad Clark, 927th Aeromedical Staging Squadron senior noncommissioned officer-in-charge. "In a deployed atmosphere, there might be a time when one of the Navy members might have to load a patient onto a C-130 aircraft with an Airman and we want that situation to not be unfamiliar to them downrange."

In addition to having fellow Reserve Soldiers and Sailors in attendance, members of

the Canadian Army were also on scene for observation of the training.

"Watching and observing how the U.S. troops conduct their patient evacuation training is very helpful for us," said Canadian Army Captain Jean-Phillippe Desgroseillers, Canadian Forces Health Services Center, healthcare administration officer. "We learned a lot from this and can take this process back with us

and teach our troops about a simpler method to evacuating patients."

The desired intention for exercise Patriot Warrior is to ensure that Reserve Airmen and their counterparts are mission-ready. Joint integration provides each service with the opportunity to learn from each other and develop rapport with their counterparts.

U.S. Air Force Senior Master Sgt. Brad Clark, 927th Aeromedical Staging Squadron senior non-commissioned officer in-charge, explains to Reserve Airmen, Soldiers and Sailors how to enter and exit an aircraft during an Engines Running Onload and Offload training scenario on Aug. 15, 2018 at Fort McCoy, Wisc. During the training, servicemembers practiced loading and unloading patients.

U.S. AIR FORCE PHOTOS | STAFF SGT. XAVIER LOCKLEY



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Estate Claims for Senior Airman Jacob Ellis

MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Minot Air Force Base, N.D.-- Lt Joshua Trosen, from the 5th Maintenance Squadron, has been appointed the Summary Courts Officer (SCO) for the estate of Senior Airman Jacob Ellis, 5th Aircraft Maintenance Squadron. All claims for or against the estate of the deceased must be submitted to the SCO. For more information, call Trosen at (218) 536-0189



Big Brother finds enrichment in giving back

ANGELINA CASAREZ | AFIMSC/PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) --

He was only 3 years old when he unexpectedly lost his father to a heart attack in 1986.

Although too young to understand how to grieve for his dad, Richard Cooper's life changed in an instant. After the loss of his father, he experienced more upheaval when he was separated from his three older brothers and raised as an only child by his mother.

His father figures came primarily in the form of coaches and teachers.

Today, Cooper, a marketing specialist with the Air Force Services Activity, has become a father figure himself as a volunteer with Big Brothers Big Sisters of San Antonio.

After the mortgage crisis of 2008 caused a career change, Cooper began

pursuing his bachelor's degree in marketing which required 120 hours of community service. While his classmates volunteered at local food banks and pursued administrative opportunities, Cooper wanted to do

She reached out to the Big Brothers Big Sisters organization in 2012 and a few months later Rashawn was matched with Cooper.

Lewis says one of the greatest gifts she could give her son is the opportunity for him to have an amazing man such as Cooper in his life.

"The program is so worth it. It's no cost to the parent and for single-parent homes it's a blessing," she said.

Prior to his match with Rashawn,

Cooper didn't have a direct connection with the military.

"(Being matched with Rashawn) gave me a better appreciation for our armed forces," Cooper said. "Sometimes we hear about good and bad things happening but a lot of people don't really see or understand the day-to-day sacrifices military families make."

When Cooper and

Continued on page 16

Richard Cooper, a marketing specialist with the Air Force Services Activity, is a father figure through his volunteerism with Big Brothers Big Sisters of San Antonio.

COURTESY PHOTO

"SOMETIMES WE HEAR ABOUT GOOD AND BAD THINGS HAPPENING BUT A LOT OF PEOPLE DON'T REALLY SEE OR UNDERSTAND THE DAY-TO-DAY SACRIFICES MILITARY FAMILIES MAKE."

-RICHARD COOPER

something more meaningful.

He remembered driving past Big Brothers Big Sisters and wanting to see what it was about. He applied, interviewed and was selected as a "big" to be matched with a "little."

Then, Dec. 9, 2012, Cooper met his new 5-year-old little brother, Rashawn. The youngster was only 9 months old when his father was killed in action in Afghanistan in 2007. Rashawn's father never had an opportunity to meet or hold him.

Rashawn's widowed mother, Liz Lewis, an advocate for Wounded Warriors and Gold Star families, found herself focused on providing opportunities for Rashawn to connect.

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Contingency Response Airmen assigned to the 621st Contingency Response Wing from Travis Air Force Base, Calif., secure a cargo load to a UH-60 Blackhawk helicopter during exercise Northern Strike at Alpena Combat Readiness Training Center, Mich., Aug. 8. Northern Strike is a robust military readiness exercise coordinated by the Michigan Army National Guard which features joint and multi-national militaries working together for total force integration.

U.S. AIR FORCE PHOTO | TECH. SGT. LILIANA MORENO



CRW Air men expand operational capabilities during Northern Strike

TECH. SGT. LILIANA MORENO | 621ST CONTINGENCY RESPONSE PUBLIC AFFAIRS

GRAYLING ARMY AIRFIELD, Mich. (AFNS) -- The distinctive sound of aircraft propellers echoed over the airfield as dozens of aircraft arrived to take part in the joint and multi-national exercise called Northern Strike 2018 from Aug. 4 through 18.

The 821st Contingency Response Group from Travis Air Force Base, California, deployed two small teams in support of the exercise. With one team at Grayling Army Airfield and one at Alpena Combat Readiness Training Center, both located in northern Michigan.

Northern Strike is a robust military readiness exercise coordinated by the Michigan Army National Guard and features Army, Navy, Marines, Air Force, Coast Guard and military members from Estonia, Germany, Hungary, Latvia, Lithuania, Poland and the U.K. working together for total force integration.

With approximately five thousand participants, the primary mission of the exercise is to maximize the full-spectrum combat readiness of each unit participating.

During the exercise, the CR teams worked alongside multiple Army units and the Air National Guard's 165th Airlift Wing from Savannah, Georgia.

"It is critical to our mission that our counterparts know how a CR team fits into their operations," said Capt. Jared Foust, 921st Contingency Response Squadron maintenance flight commander. "Communication is the number one challenge between services. We talk different, our command structure processes info and requests different, and we work different. It comes

down to face-to-face meetings with our counterparts to understand how we can better support each other."

The first mission for the team at Grayling AAF was to help load an Army M142 High Mobility Artillery Rocket System into a C-130H Hercules aircraft for transportation to the Alpena CRTC.

"We have some influence over every sphere of the movements for this mission," said Master Sgt. Kyle Prewitt, contingency response team chief at Grayling AAF. "It provides a look at some unique mission sets for our CRG members and a wonderful opportunity in smaller scale environment that allows more flexibility for training."

The small team of aerial porters, air traffic controllers, command and control, communications maintenance and ramp coordinators quickly went into action and started planning all the moving pieces to complete the mission.

"This is the first time I'm going to be able to do my job," said Airman 1st Class Karley White, 821st Contingency Response Support Squadron aerial porter. "I'm excited," White exclaimed.

Once the HIMARS was loaded into the C-130, White smiled and quickly crawled underneath it to secure it with chains onto the aircraft floor.

Her face showed a sense of accomplishment and pride once the HIMARS was all secured.

As ground operations continued, the CR air traffic controllers stayed busy working side-by-side with the Michigan Army National Guard to ensure safe and secure air flow for all aircraft participating in the exercise.

Northern Strike also afforded the CR teams a unique training opportunity to expand operational capabilities with rotary wing aircraft and gain sling-load experience.

"Our real-world experience from Hurricane Maria involved a massive amount of rotary wing ops. In response, we are seeking out opportunities like Northern Strike to get all CR personnel familiar with this type of aircraft," Foust said. "This exercise gives us a chance to work around rotary wing assets daily...I'm talking Navy, Army and Marine helos--all the flavors! Getting our guy's sling-load capable and comfortable with rotary wing airframes is a need for our customers."

When asked, how is such a small team able to make a big impact during the exercise? Prewitt said, "It all starts with understanding the customer requirements and communicating what we can provide."

"Mission planning and trust in your team is a must," he added.

Prewitt believes that early planning helps build relationships and trust with partner units. Which in turn, allows a CRT chief to make sure their team is well prepared for the mission, he said.

"Everyone takes a lot of pride in being a team who can get any job done...I have never been anything but amazed by how well they do their jobs," he said. "Our Airmen are always prepared to do whatever the mission asks them to do."

He knows flexibility is a key factor and even with the best planning efforts there are always changes.

Prewitt explained how the ability of CR Airmen



Above: Staff Sgt. Benjamin Stover, 821st Contingency Response Support Squadron crew chief, marshals a C-130H Hercules aircraft, during exercise Northern Strike at Grayling Army Airfield, Mich., Aug. 9. Northern Strike is a robust military readiness exercise coordinated by the Michigan Army National Guard which features joint and multi-national militaries working together for total force integration.

U.S. AIR FORCE PHOTO | TECH. SGT. LILIANA MORENO

Below: Contingency Response Airmen assigned to the 621st Contingency Response Wing from Travis Air Force Base, Calif., secure a cargo load to a UH-60 Blackhawk helicopter during exercise Northern Strike at Alpena Combat Readiness Training Center, Mich., Aug. 8. Northern Strike is a robust military readiness exercise coordinated by the Michigan Army National Guard which features joint and multi-national militaries working together for total force integration.



to step out of their comfort zone, and often in uncertain circumstances or unknown places helps prepare them to execute the mission during real-world contingency operations.

"No one here just does their primary job. They are

well-rounded Airmen who understand that they are performing a unique mission set," he said. "Everyone takes pride in their ability to do the hard work in an efficient manner. They prepare everyday for each exercise like it will be the next operational mission."



5th CES fire protection: from the flames

The 5th Civil Engineer Squadron fire protection Airmen cover structural, medical, aircraft and other emergencies on base and on the flight line. They routinely train to ensure mission readiness and the safety of the flight line and its aircraft.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS DILLON J. AUDIT | MINOT AIR FORCE BASE PUBLIC AFFAIRS



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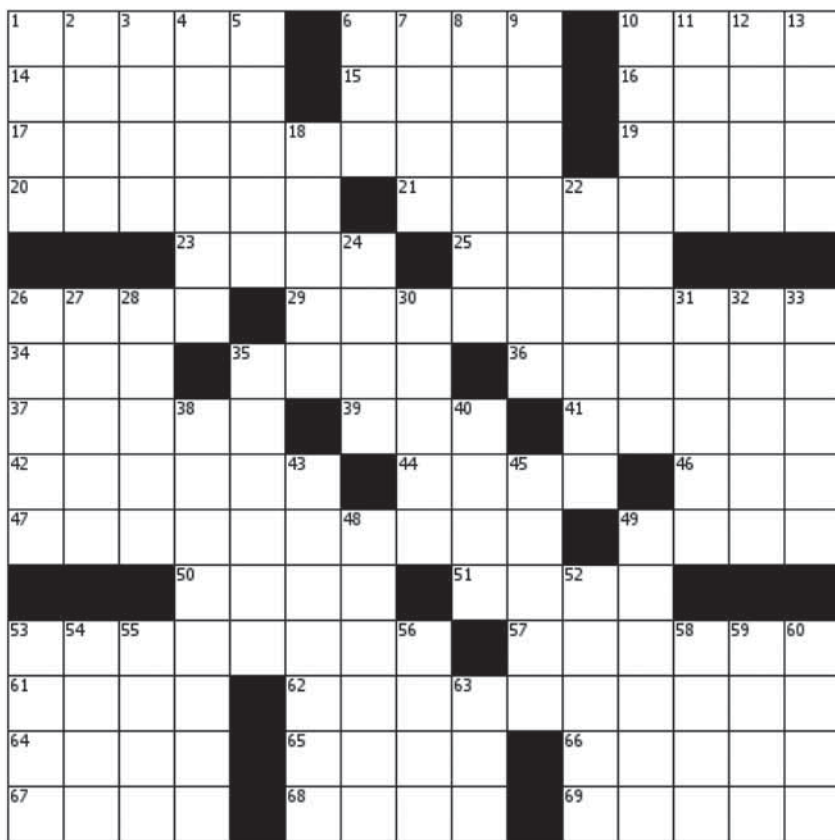
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CROSSWORD PUZZLE

Across

- 1. Vitamin C sources
- 6. Mustang encourager
- 10. George Michael's old group
- 14. Looks-everything link
- 15. Top-drawer
- 16. Financial predicament
- 17. Symbol of wedlock
- 19. Follows suit
- 20. Sudden violent wind
- 21. Word coined by Asimov
- 23. Bissextile year
- 25. Volcano shape
- 26. First king of Israel
- 29. Unmitigated untruths
- 34. Notable 1980 TV debut
- 35. "Prometheus Unbound" character
- 36. "Plant one right here!"
- 37. Coated with hoarfrost
- 39. Vessel edge
- 41. Grant entry
- 42. Plummer or Blake
- 44. Garb for the bench
- 46. Brit's Inc.
- 47. Chinese political radicals
- 49. Harry's wife
- 50. Insider dirt
- 51. Spread unchecked
- 53. Type of yarn
- 57. Peered through a scope
- 61. It's over 4,000 miles long
- 62. Daredevil's challenge, perhaps
- 64. Sister of Charles
- 65. Debatable



- 66. Knee-length, loose-fitting cloak
 - 67. Alligator ____ (avocado)
 - 68. One-time jet-set jets, briefly
 - 69. Insignificant jot
- Down**
- 1. Where rats are examined
 - 2. Sumer, nowadays

- 3. Remote button, perhaps
- 4. Ultimate purpose
- 5. Absconded with
- 6. Be hardly lively
- 7. Impecunious
- 8. Utilize the right combination
- 9. Popular women's monthly

- 10. Words between "so" and "is new"
- 11. A Pueblo people
- 12. Knighted Guinness
- 13. Unkempt state
- 18. Envelope parts
- 22. Where bank signatures are kept
- 24. It'll hold water
- 26. Lean end of the neck
- 27. Jungian life principle
- 28. Cause to lose one's nerve

- 30. City in a Woody Allen film title
- 31. Certain carpet fiber
- 32. Expels
- 33. Transmits
- 35. Enhancing accessories
- 38. Scotty's position
- 40. Rain cats and dogs
- 43. Corroborates
- 45. Shout heard over the applause
- 48. Page-numbering systems
- 49. Add muscle
- 52. Inherent abilities
- 53. Variety of pea
- 54. Wood type
- 55. It's near the crazy bone
- 56. Granny, for one
- 58. Enologist's interest
- 59. "Red" Viking
- 60. Where to find two black suits
- 63. Some Mustangs

SUDOKU Solution to puzzle on page 14

	1					2	3	
4		3		5		6	1	7
			6				4	
5				4			8	
	4	7				9	6	
	2			1				4
	5				7			
7	6	1		2		4		3
	8	9					5	

Solution to last week's Crossword puzzle.

G	A	L	A		A	F	I	R	E		I	N	T	L		
A	N	O	N		P	A	C	T	S		D	I	R	E		
G	O	O	D	W	A	L	K	S	P	O	I	L	E	D		
E	X	P	E	R	T	L	Y				N	O	S	E	S	
				R	A	H	S			S	E	C	T			
C	R	I	S	P	Y			C	O	L	A			C	W	T
H	E	R	O			A	U	R	A	L				O	A	R
I	C	A	N	N	O	T	T	E	L	L	A	L	I	E		
N	A	T			O	G	L	E	S				I	O	T	A
A	P	E			B	E	A	R			B	A	R	R	E	D
				A	L	E	S			S	O	U	L			
D	I	O	D	E				S	U	N	L	I	G	H	T	
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S	L	I	P			S	O	A	V	E			T	O	R	O
C	A	S	T			T	I	B	E	T			S	L	E	D

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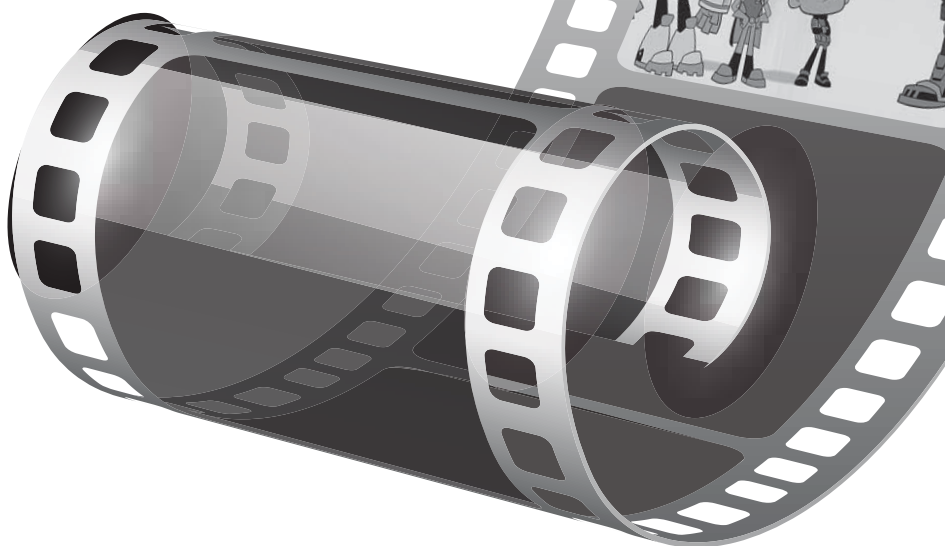
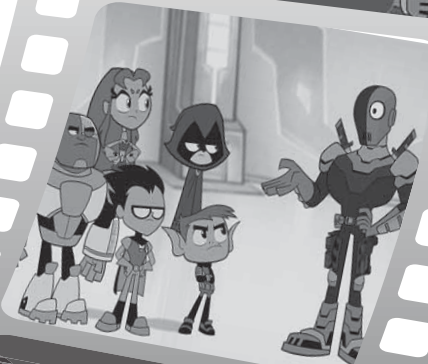
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“ While on probation, a black man begins to re-evaluate his relationship with his volatile best friend. ”



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“ A villain's maniacal plan for world domination sidetracks five teenage superheroes who dream of Hollywood stardom ”





CUBAN CHICKEN Black Bean Rice Bowls



Courtesy of <http://www.eats.com/cuban-chicken-black-bean-rice-bowls/>

INGREDIENTS:

Chicken

- 3 Tbsp. vegetable oil
- 2 large chicken breasts, diced
- 2 Tbsp. ground cumin
- 1 Tbsp. chili powder
- 1 Tbsp. dried oregano
- salt and pepper to taste
- 4 garlic cloves
- Zest and juice of 1 orange
- Zest and juice of 1 lime

- 2 cans black beans, drained
- 2 tsp. ground cumin
- 1 tsp. smoked paprika
- salt and black pepper to taste

Cilantro-Lime Rice

- 1 tsp. vegetable oil
- 1/2 yellow onion, diced
- 1 1/2 cups Jasmine rice
- 3 cups low sodium chicken broth
- Zest and juice of 2 limes
- 1/2 cup cilantro, chopped
- salt and black pepper to taste

Black Beans

- 2 tsp. vegetable oil
- 1/2 yellow onion, diced
- 3 cloves garlic, minced

INSTRUCTIONS:

Chicken

- To a blender, combine the ingredients for the chicken marinade. Add the cumin, chili powder, dried oregano, salt and pepper, 4 cloves garlic, zest and juice of 1 orange, and the zest and juice of 1 lime to the blender. Blend together until everything is finely chopped and smooth.
- Add the chicken to a bowl or a Ziploc bag and pour half the marinade over the chicken. Toss to coat and allow the chicken to sit for at least 30 minutes, or overnight in the marinade.
- Heat a large skillet with vegetable oil over medium-high heat. Once the pan is hot add the chicken and cook, 10-12 minutes or until browned all over and cooked throughout. Add the remaining marinade to the skillet and cook until it has reduced slightly, about 5 minutes.

Black Beans

- Heat the vegetable oil in a large cast iron skillet over medium high heat. Add the onions and saute for 3-4 minutes, until soft and translucent. Add the garlic and saute 30-60 seconds. Add the black beans and spices and cook for 5-10 minutes. Using a potato masher, mash about half of the beans in the pan, then mix it all together. Season with salt and pepper if necessary.

Cilantro Lime Rice

- Heat the oil in a large saucepan over medium-high heat. Add the onion and saute until soft. Add the rice and stir to coat with the oil allowing to toast for about a minute. Add the chicken broth and increase the heat to high, allowing it to come to a boil. Reduce heat to a simmer and place the lid on the pan. Cook for about 15 minutes, until most of the liquid has absorbed.
- Turn off the heat and allow rice to sit with the lid on for an additional 5 minutes. Add the lime, cilantro and season with salt and pepper, to taste.
- To serve, divide the cilantro lime rice among bowls. Top with chicken and black beans. Add mango salsa and fried plantains if desired!
Mango Salsa Recipes @ cookieandkate.com/2015/fresh-mango-salsa-recipe/

UPCOMING EVENTS



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LOCAL MINOT

**25
AUG**

Downtown Minot will have their Annual Street Festival on August 25 from 10:00AM to 5:00PM. Events to take place include activities for the whole family such as, Celebrity Bingo, music, food & beer gardens, bounce houses, kid & adult games and outstanding shopping deals from many of the downtown boutiques and shoppes. This event is free to the public but tickets may be purchased for games and other activities. **For More Information: Facebook/Festival On Main**

**25
AUG**

A number of brave Edgers will have the opportunity to rappel down The Parker Suites, from 9:00AM to 5:00PM, in exchange for donations back to the amazing local non-profit organization, YWCA Minot. Join us in #safely participating in a once in a lifetime opportunity of rappelling down the 8-story Parker Center building, located in downtown Minot. **For More Information: Facebook/Over the Edge YWCA**



**26
AUG**

Minot's food truck festival is one of the fastest growing festivals in North Dakota. It is undeniable that the food truck phenomenon is here to stay! Last year, we saw an amazing potential to build on to, and create an event/tradition that can remain special to Minot. We are now entering our second season and will continue building on our start in 2017, where 5,000 attendees joined us for the first festival season and hopefully over 10,000 this year. Above all, we are hoping to create a great family-friendly event for the community and surrounding communities of Minot, ND for generations to come.

For more information: www.minotfoodtruckfestival.com/

**AUG31
SEPT 2**

The Largest Motorsports Festival in the Upper Midwest. Classic Car Auction, Vendor Show, Swap Meet, Historic Military Vehicle Display, Radio Controlled Airplane and Truck Display, and more! **For more information check out: <https://www.motormagic.net>**



**1
SEPT**

Pointe of View Winery. 2018 Grape Harvest. We will be doing an annual grape harvest. Donuts, juice and coffee will be served starting at 9am and harvest will start at 10 am. Lunch will be served after the harvest which usually takes about 2 hours. We're doing a pig roast again this year. Hope to have the jump castle again also. Located at 8413 19th Ave NW Burlington, ND. **For more information: Facebook/2018 Grape Harvest.**



**7
SEPT**

Have you been missing Street Dances as much as us?? WELL...Frankly Scarlett will be joining us on September 7th for Little Chicago Pub District's 1st EVER Street Dance! Gates open at 6 pm. The location will be on 2nd Street NE on the Street in front of The Spot Pool Hall! This event is 21+ with a beer gardens full of Beer and mixed drinks! Part of the proceeds will be donated to Minot Area Men's Winter Refuge & Salvation Army! **For more information check out: Facebook/Fall Fest Street Dance.**



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Exercise Pitch Black 2018 strengthens alliances

SENIOR AIRMAN SAVANNAH L. WATERS | 8TH FIGHTER WING PUBLIC AFFAIRS

ROYAL AUSTRALIAN AIR FORCE BASE DARWIN, Australia (AFNS) --

Exercise Pitch Black 2018 is a Royal Australian Air Force-hosted biennial multinational large force employment exercise held from July 27 through Aug. 17. This year's event, the largest since its inception, involves 16 nations, 140 aircraft and more than 4,000 personnel -- approximately 150 of which call the 8th Fighter Wing from Kunsan Air Base, South Korea, their home.

U.S. Air Force Gen. CQ Brown, Jr., Pacific Air Forces commander, received an orientation of Exercise Pitch Black 18 and visited with participating Airmen Aug. 13.

"The National Defense Strategy talks about strengthening alliances and attracting new partners," Brown said. "The Juvats (80th Fighter Squadron) are participating in an exercise with the opportunity to work with other countries' aircraft and military. It's a full integration of planning

efforts and capabilities, allowing us to really build those relationships so we can continue to work together in the future."

Exercise PBK18 allows participant nations to exercise deployed units in the tasking, planning and execution of offensive counter-air and offensive air support while using one of the largest training airspace areas in the world -- Bradshaw Field Training Area and Delamere Air Weapons Range.

"The airspace here is about three times the airspace of Nellis Air Force Base, Nevada, one of our larger airspaces

"THROUGH THIS EXERCISE, WE CAN LEARN MORE NOT ONLY ABOUT EACH OTHER'S AIR FORCE, BUT ABOUT EACH OTHER AND HOW AND WHERE WE OPERATE, IMPROVING FUTURE JOINT OPERATIONS."

-U.S. AIR FORCE GEN. CQ BROWN, JR. PACIFIC AIR FORCES COMMANDER

in the United States," Brown said. "From my personal experience as a command pilot, to have the vast airspace that we do here allows us to bring in a lot more aircraft, and strengthens our pilots' ability to test their warfighting capabilities."

Another unique aspect of this year is the exercise

is conducted as part of the Marine Rotational Force-Darwin initiative, one of two components that comprise a force posture agreement between the

U.S. Air Force Gen. CQ Brown, Jr., Pacific Air Forces commander (right), speaks with Senior Master Sgt. Eric Bennett (middle), 80th Aircraft Maintenance Unit superintendent, and Capt. Donovan Ricks (left), 80th AMU officer in charge, during Exercise Pitch Black 2018, at Royal Australian Air Force Base Darwin, Australia, Aug. 13, 2018. Brown, who started his career at Kunsan Air Base, South Korea, visited with participating Airmen from the 8th Fighter Wing.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN SAVANNAH WATERS

Continued on page 9

LEAGUE BOWLING

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<p style="text-align: center; font-weight: bold; font-size: 1.2em;">MEN</p> <p style="text-align: center; background-color: blue; color: white; padding: 5px;">5 Person Teams</p> <p>Tuesday (9/18)..... 6:30 pm Wednesday (9/19).... 6:30 pm Wed. 4 Man Team.... 7:00 pm</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">MIXED</p> <p style="text-align: center; background-color: red; color: white; padding: 5px;">Teams</p> <p>Sunday (9/16)..... 7:00 pm Wednesday (9/19).... 7:00 pm Thursday (9/20)..... 6:30 pm Friday (9/21)..... 6:30 pm</p>
<p style="text-align: center; font-weight: bold; font-size: 1.2em;">WOMEN</p> <p style="text-align: center; background-color: purple; color: white; padding: 5px;">4 Person Teams</p> <p>Tuesday (9/18)..... 6:30 pm Thursday (9/20)..... 6:30 pm</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">SENIORS</p> <p style="text-align: center; background-color: orange; color: white; padding: 5px;">4 Person Mixed Teams</p> <p style="text-align: center; color: white;">••• FREE COFFEE •••</p> <p style="text-align: center; color: white;">Leagues are 30 weeks</p> <p>Wednesday..... 10:00 am <small>• starts September 12th</small> Friday..... 1:00 pm <small>• starts September 14th</small></p>

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EXERCISE PITCH BLACK from page 8

two nations and serves as a tangible demonstration of the United States' sustained commitment to the alliance and the Indo-Pacific region.

"As good as the U.S. Air Force is, each one of these nations has brought a new level of capability to the fight," Brown said. "As nations come together at Exercise Pitch Black, our allied forces show us how they operate, which will help us improve how we operate."

The ability to work with U.S. allied nations and partners and expanding capabilities at these

bases can give PACAF, especially 8th Fighter Wing Airmen, not only a change of pace, but a better appreciation of their personal capabilities, Brown said.

"Having been a part of the Wolf Pack a few times, I know how hard you exercise," Brown said, who started his career at Kunsan Air Base, Republic of Korea, as a young lieutenant and later served as the wing commander, affectionately known as "the Wolf." "An off-peninsula exercise like Pitch Black provides the Wolf Pack a different

perspective from normal operations, as well as the chance to deploy and employ to different locations."

For the Air Force as a whole, there's value to deploying in different locations, Brown said.

"Airmen, no matter what country you're from, all think alike to an extent," Brown said. "Through this exercise, we can learn more not only about each other's Air Force, but about each other and how and where we operate, improving future joint operations."

Pitch Black began

in 1990 as an exercise between Singapore and Australia. This year's participation includes Australia, Canada, France, Germany, India, Indonesia, Japan, Malaysia, the Philippines, Singapore, South Korea, Sweden, Thailand and the U.S. The exercise includes day and night flying, with participants operating out of both Royal Australian Air Force bases Darwin and Tindal.

In addition to the F-16s from the 80th Fighter Squadron "Juvats," U.S. aircraft participation includes Air Force and

Marine Corps fighters and bombers; refuelers; rotary wing aircraft; and supporting ground forces.

During his visit, Brown also met with various Royal Australian Air Force leadership responsible for directing and supporting the exercise as well as key defense and military leaders over the course of several days in country. The trip was his first since taking command July 26 and provided a firsthand look at not only the U.S. military's participation in the exercise, but also opportunities to strengthen the U.S.-Australia alliance and the Indo-Pacific region.



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Aircraft parts store: No one flies without supplies

AIRMAN 1ST CLASS ALEXANDRIA LEE | 100TH AIR REFUELING WING PUBLIC AFFAIRS

RAF MILDENHALL, England --
The 100th Logistics Readiness Squadron is one of the largest squadrons at RAF Mildenhall, and is the beating heart that keeps the Bloody Hundredth's mission going. RAF Mildenhall is one of the few bases with an aircraft parts store open 24 hours; leaving no room for a pause in the mission with a constant pulse for overseas and stateside bases requirements as well. "Our daily mission is to provide logistics support to anyone on the flightline," said Tech. Sgt. Carlise Miles, 100th LRS NCO --in-charge of the aircraft parts store. "When an aircraft has broken components and a maintenance shop needs parts for repairs, whether overseas or stateside, we make sure we get them as soon as possible."

The store's main focus is to maintain assets that support the CV-22 Osprey, C-130 Hercules and the KC-135 Stratotanker. They store a variety of items and equipment, from toilet paper that is stocked in the aircraft to the propellers that lift the CV-22 Osprey. The APS also provides materials and parts for some transient aircraft that arrive at RAF Mildenhall.

"We have to know the parts, whether for aerospace ground equipment or aircraft maintainers, we have to know what we are issuing to make sure the part is up-to-date," said Senior Airman Barnell Thomas, 100th LRS APS Journeyman.

The Airmen keep their inventory up to date by a computer database and a radio-frequency identification system. Requested items are first found in the computer database, which tells the Airmen the item location in the warehouse. The system also helps them stay up-to-date with training and any needs the parts may require, from shelf life to handling instructions.

"I didn't know exactly how large of a role we would play as part of the mission, starting out after tech school," said Airman 1st Class Gabrielle Halliburton, 100th LRS APS Journeyman. "We stock everything. The parts store's main purpose is providing flightline support to the aircraft maintenance crew's, 24-hours a day, seven-days-a-week."

The aircraft parts store also provides aircraft with mobility readiness spare part kits. The kits are air-transportable packages of spare parts configured for rapid deployment in support of conflict or war. Each package is tailored to support a specific scenario, for a specific type and number of aircraft for the

first 30 days of a deployment.

"We are the backbone to every mission flying out of RAF Mildenhall.

An aircraft doesn't leave without the help of APS," Thomas said.

Miles agreed.

"We help continue the projection of airpower through unrivaled air refueling across Europe and Africa with every successful mission," Miles said.



Photos Clockwise from Top: U.S. Air Force Airmen from the 100th Logistics Readiness Squadron have an end of day briefing in the aircraft parts store warehouse at RAF Mildenhall, England, Aug. 8, 2018. The aircraft parts store's main purpose is to provide flightline support to the aircraft maintenance crews 24-hours a day, seven-days-a-week.

U.S. Air Force Airman 1st Class Jimmy Ogletree, 100th Logistics Readiness Squadron aircraft parts store journeyman, front, and Staff Sgt. Morgan Petter, 100th LRS APS supervisor find aircraft parts for an order request at RAF Mildenhall, England, Aug. 8, 2018. The APS supplies the aircraft with mobility readiness spare part kits. Each package is tailored to support an aircraft for the first 30 days of a deployment.

U.S. Air Force Senior Airman Barnell Thomas, 100th Logistics Readiness Squadron aircraft parts store journeyman, unloads a new shipment of supplies in the warehouse at RAF Mildenhall, England, Aug. 8, 2018. The aircraft parts store provides aircraft with mobility readiness spare part kits. The kits are air-transportable packages of spare parts configured for rapid deployment in support of conflict or war.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALEXANDRIA LEE

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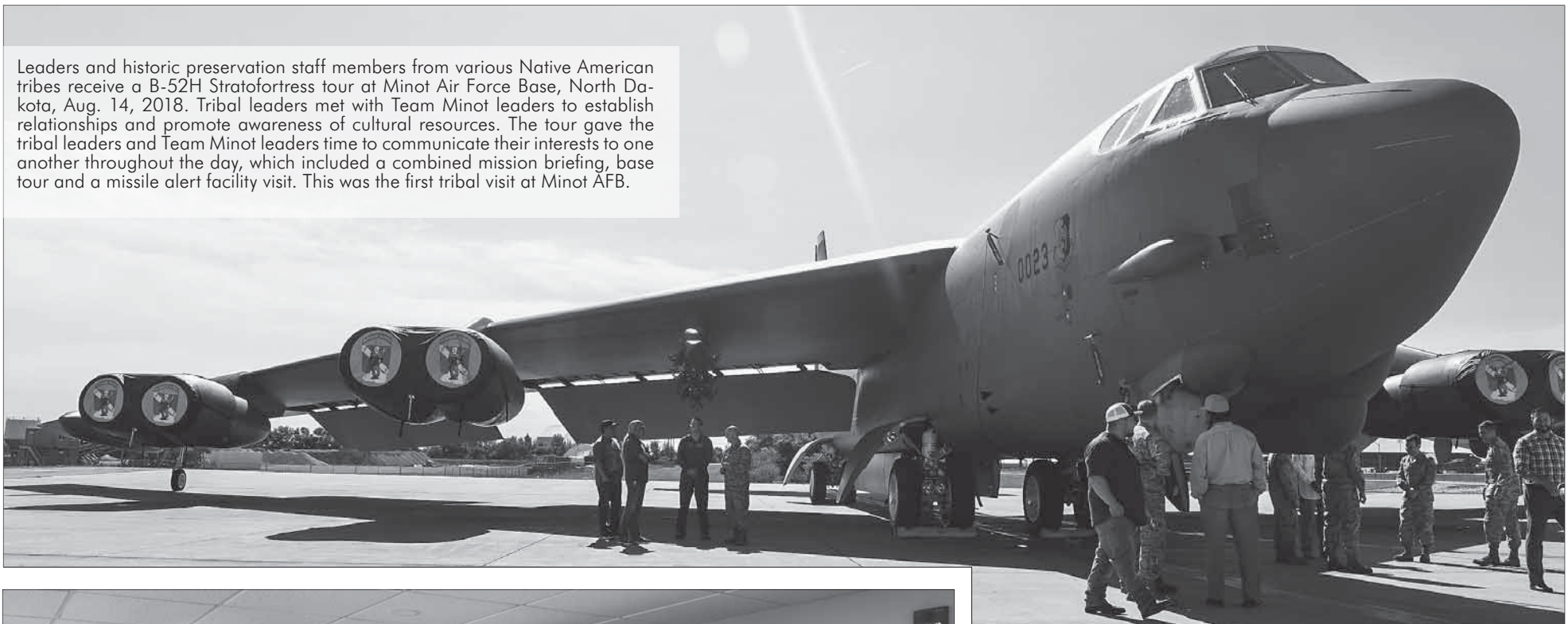
Tribal Visit 2018

MINOT AIR FORCE BASE, N.D. -- Leaders and historic preservation staff from various Native American tribes visited Minot Air Force Base, North Dakota, Aug. 14, 2018. The tribal leaders met with Team Minot leaders to ensure new lines of communication were established and build a fruitful and effective relationship. During the visit, tribal leaders received a B-52H Stratofortress tour, military working dog demonstration and a launch facility tour.

SENIOR AIRMAN JONATHAN MCELDERRY | MINOT AIR FORCE BASE PUBLIC AFFAIRS

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN JONATHAN MCELDERRY | MINOT AIR FORCE BASE PUBLIC AFFAIRS

Leaders and historic preservation staff members from various Native American tribes receive a B-52H Stratofortress tour at Minot Air Force Base, North Dakota, Aug. 14, 2018. Tribal leaders met with Team Minot leaders to establish relationships and promote awareness of cultural resources. The tour gave the tribal leaders and Team Minot leaders time to communicate their interests to one another throughout the day, which included a combined mission briefing, base tour and a missile alert facility visit. This was the first tribal visit at Minot AFB.



Senior Airman Anthony Rose-Prude, 5th Security Forces Squadron military working dog handler, briefs tribal leaders on MWD equipment at Minot Air Force Base, North Dakota, Aug. 14, 2018. Leaders and historic preservation staff from various Native American tribes met with Team Minot leaders to ensure new lines of communication were established and build a fruitful and effective relationship. During the visit, tribal leaders received a B-52H Stratofortress tour, military working dog demonstration and a launch facility tour.



A tribal leader photographs a military working dog handler and MWD during a tribal visit at Minot Air Force Base, North Dakota, Aug. 14, 2018. Tribal leaders met with Team Minot leaders to establish relationships and promote awareness of cultural resources. The tour gave the tribal leaders and Team Minot leaders time to communicate their interests to one another throughout the day, which included a combined mission briefing, base tour and a missile alert facility visit. This was the first tribal visit at Minot AFB.



Col. Glenn Harris, 91st Missile Wing commander, speaks with a tribal leader during a launch facility tour near Minot Air Force Base, North Dakota, Aug. 14, 2018. Tribal leaders met with Team Minot leaders to establish relationships and promote awareness of cultural resources. The tour gave the tribal leaders and Team Minot leaders time to communicate their interests to one another throughout the day, which included a combined mission briefing, base tour and a missile alert facility visit. This was the first tribal visit at Minot AFB.



Lt. Col. David Bristow, 792nd Missile Squadron commander, briefs tribal leaders on missile alert facility capabilities at a MAF near Minot Air Force Base, North Dakota, Aug. 14, 2018. Leaders and historic preservation staff members from various Native American tribes met with Team Minot leaders to ensure new lines of communication were established and build a fruitful and effective relationship. During the visit, tribal leaders received a B-52H Stratofortress tour, military working dog demonstration and a launch facility tour.

AFAS to award more than \$6 million in annual grants, scholarships

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- The Air Force Aid Society will award more than \$6 million in Gen. Henry Hap Arnold education grants and AFAS merit scholarships to the dependents of active duty and retired Airmen.

A total of 2,556 college and university students will receive the education grants and merit-based scholarships, ranging from \$500 to \$5,000, during the 2018-2019 academic year.

"Providing ongoing educational support to the families of Airmen is the generational impact that our founders General Henry Hap and Mrs. Bee Arnold envisioned when AFAS was established over 76 years ago," said retired Maj. Gen. and AFAS board president Judge William A. Moorman. "We are excited to continue their legacy in recognizing the academic excellence of these students with these awards."

The General Henry Hap Arnold education grants are awarded based on financial need and

take into consideration a family's income and the student's educational costs. Each year, named grants are awarded to students in honor of individuals or organizations that have exemplified extraordinary service to the U.S. Air Force. For a full listing, visit named General Hap Arnold education grants.

A select group of incoming college and university freshmen who completed the Gen. Henry Hap Arnold education grant application with a 4.0 GPA were invited to apply for the AFAS merit-based, achievement scholarships. Applications were evaluated based on cumulative GPA scores, high school transcripts and written essays. Each year, topics focus on issues that adversely affect school and college campuses. This year, students were asked to submit essays on sexual assault, bullying and school shootings.

"Our Airmen and their families rely on the financial support we provide each year through the educational grants and

scholarships," said AFAS CEO and retired Lt. Gen. John D. Hopper Jr. "Thank you to our generous donors, who make what we do possible. It means a great deal that we are able to provide financial relief to help offset rising college tuition costs for so many Air Force families."

Students who applied for the Henry Hap Arnold education grants are also eligible to receive an additional \$1,000, no-interest AFAS supplemental education loan for the upcoming academic year to cover incidental college expenses.

Since launching the education program, AFAS has awarded over \$167 million in Henry Hap Arnold education grants to 109,499 students, and 229 merit scholarships totaling nearly \$1 million. Henry Hap Arnold education grant applications for the 2019-2020 academic year will be available beginning January 2019. For more information and eligibility requirements, visit www.afas.org.

Run with the Minotauro Bulls!

An outdoor Family activity!

NANCY F. WALTER, EXECUTIVE DIRECTOR | TAUBE MUSEUM OF ART

MINOT, ND - Looking for an outdoor event for the whole family and support the arts at the same time? The Taube Museum of Art invites you to participate in their Run With the Bulls Fun Run on Sunday, September 9th.

Our Run With the Bulls fun run is a noncompetitive event and is open to runners and walkers of all ages. Family participation is encouraged!

We are proud to partner with the Minot Minotauros Hockey Team. The players, as well as their Mascot Tank, will be leading the run! They will also be on the Stage starting at 12 pm for selfies with the players and Tank, as well as autographs! Registration will be from 12 - 1 pm at the stage at Oak Park. The 5K Run/Walk will start at 1:00 pm. Registration fees for the 5K Fun Run are \$20 for individuals and \$60 for a family of four. Each additional family member is \$12 each. Day of race prices will be \$25 for individuals and \$70 for families, additional family members remains the same. Fees include: run/walk with the Minotauros, a commemorative race t-shirt, snacks, water, and a

Minotauros tattoo. T-shirts are only guaranteed if registered no later than August 24. There will be a limited number available the day of the race. Pre-registration is encouraged, but you may register the day of the event. Online registration is available at www.taubemuseum.org/runwiththebulls.htm or visit the Taube Museum of Art for registration forms.

Other upcoming events at the Museum include:

1. Adult Painting class with Janie Myers, Ages 21+ | Thursday, August 23 | 6:30 - 8:30 pm

2. Mosaics Mirror Frame Class with Kathy Monti, Ages 16+ | Saturday, September 8 | 1-3 pm

For more information on our classes visit www.taubemuseum.org/adult-classes.htm

With the continued support of the Minot community we are able to fulfill our mission of enriching lives through the visual arts.

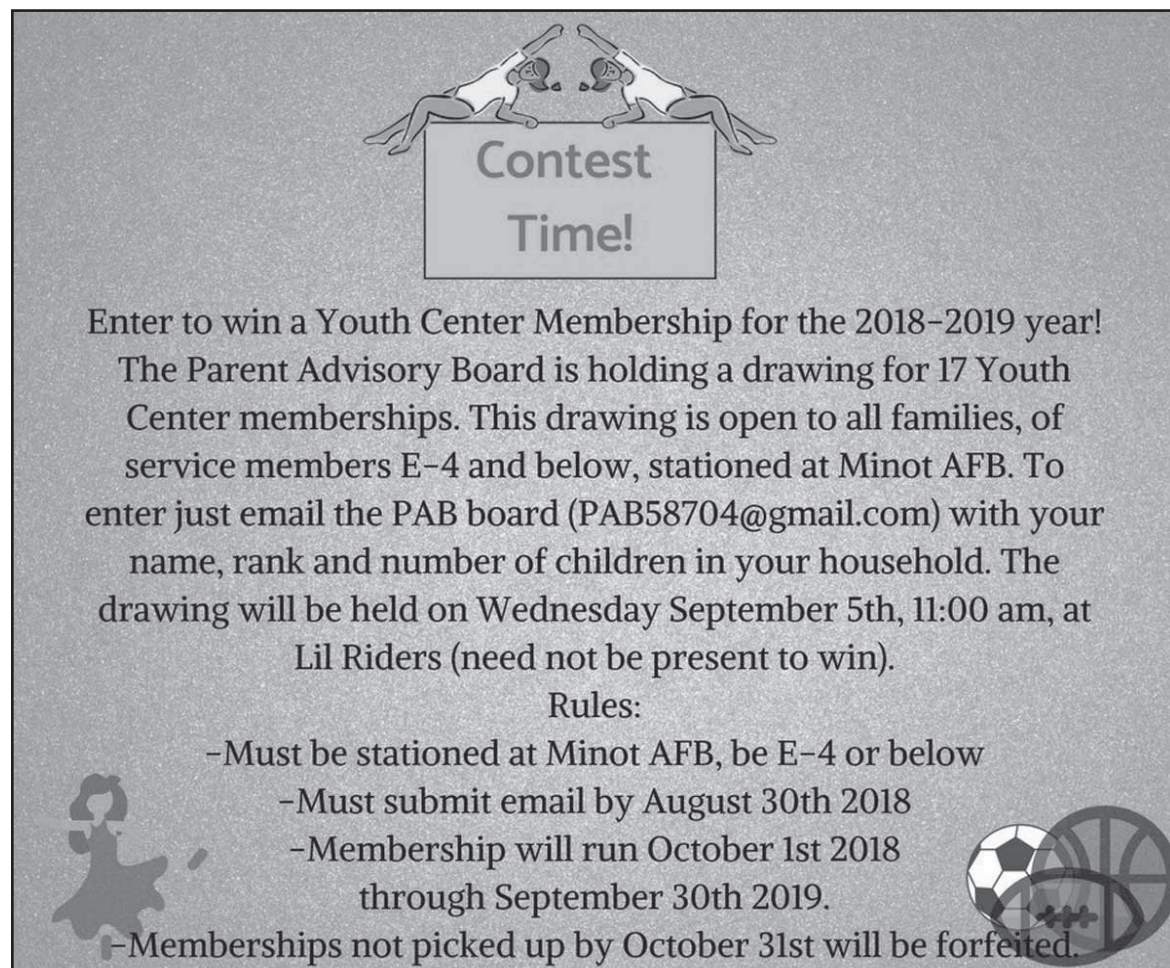
Museum and Gift Shop business hours: 10:30am - 5:30pm Tuesday through Friday | 11:00am - 4:00pm Saturday. Contact Nancy F. Walter, Executive Director at 838-4445 for further information.



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Contest Time!

Enter to win a Youth Center Membership for the 2018-2019 year! The Parent Advisory Board is holding a drawing for 17 Youth Center memberships. This drawing is open to all families, of service members E-4 and below, stationed at Minot AFB. To enter just email the PAB board (PAB58704@gmail.com) with your name, rank and number of children in your household. The drawing will be held on Wednesday September 5th, 11:00 am, at Lil Riders (need not be present to win).

Rules:

- Must be stationed at Minot AFB, be E-4 or below
- Must submit email by August 30th 2018
- Membership will run October 1st 2018 through September 30th 2019.
- Memberships not picked up by October 31st will be forfeited.



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<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Summer Mass Schedule Saturday 5:30 pm Sunday 9:30 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers..... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>	 <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	 <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916</p> <p>MinotBibleFellowship.org</p>
 <p>Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 10 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p>  <p>UNITED CHURCH OF CHRIST</p>	 <p>St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 9:30 am Bible Study 8:45 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663</p> <p>Carlyle Roth, Pastor www.stmarksminot.com</p> <p>Call or check out our website for more information.</p>
 <p>Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Worship 10:00 a.m. Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	<p>First Lutheran Church - ELCA</p> <p>120 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:30 pm Sunday Worship 9:30 am</p>  <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com Pastor Brandy Gerjets Associate Pastor Ellery Dykeman</p>	 <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 9:00 am Sunday Fellowship 10:00 am Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p>  <p>200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Josh Huseby, Worship Arts Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Calvary Alliance Church</p>  <p>715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p>West Minot Church of God</p> <p><i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>Vincent United Methodist Church</p>  <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i></p> <p>open hearts...open minds...open doors!</p> <p>Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>
<p>To Advertise your Church in this space.</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>	<p>OUR REDEEMER'S CHURCH</p> <p><i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship..... 6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p>Cross Roads Baptist</p>  <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	<p>Vincent United Methodist Church</p>  <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i></p> <p>open hearts...open minds...open doors!</p> <p>Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>

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6	1	5	9	7	4	2	3	8
4	9	3	2	5	8	6	1	7
8	7	2	6	3	1	5	4	9
5	3	6	7	4	9	1	8	2
1	4	7	3	8	2	9	6	5
9	2	8	5	1	6	3	7	4
3	5	4	1	9	7	8	2	6
7	6	1	8	2	5	4	9	3
2	8	9	4	6	3	7	5	1

Answers to puzzle from page 6

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 <p>\$389,000</p> <p>SPLIT FOYER – 4 bedroom, 3 bath home with open main level. Deck off dining room. Lower level family room with wet bar. Private fenced back yard with patio and shed. Attached triple garage.</p> <p>MLS #181767</p>	 <p>\$240,000</p> <p>TOWNHOME – 3 bedroom, 2 bath townhome with 1570 sq ft of one level living. Kitchen has oak cabinets and ceramic tile in both kitchen and dining room. Sunroom off dining area. In-floor heat. Central air. Double garage.</p> <p>MLS #181969</p>	 <p>\$324,500</p> <p>WANT NEW CONSTRUCTION? – Consider this Hunter James “Krista” option patio home with 3 bedrooms, 2 baths and 1576 sq ft of living space. Triple garage. Call for details. Prices vary based on lot choice.</p> <p>MLS #181628</p>
 <p>\$259,900</p> <p>NORTH HILL CONDO – 4 bedroom, 3 bath condo with lake views. Breakfast bar in kitchen. Lower level family room. Covered deck and walkout patio. Double garage.</p> <p>MLS #181702</p>	 <p>\$217,400</p> <p>GREAT STARTER – 3 bedroom, 2 bath home with open floor plan. Main level laundry. Lower level family room. Fenced yard with mature trees. Close to schools. Attached garage.</p> <p>MLS #181411</p>	 <p>\$214,500</p> <p>STONEBRIDGE FARMS – 3 finished levels in this twin home on Minot’s North edge. Open main level with deck off dining room. 2 upper level bedrooms and bath. 1 lower level bedroom, ¾ bath and laundry. Double garage.</p> <p>MLS #180695</p>
 <p>Matt Watne 720-5700 mwatne@minot.com</p>	<p>Check our site for weekly dates and times of Open Houses</p> <p>OPEN HOUSE</p> <p>one click printout of weekly open houses</p>	 <p>Mel Bartsch 240-0479 melbartsch@yahoo.com</p>

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BASE ANNOUNCEMENTS

TODAY

- Last day to register for Indoor Flag Football at the Youth Center
- Last day to register for Minot AFB Club Championship at Rough Riders Golf Course
- Kids Bowl Free Program, 0900-2100, Rough Rider Lanes
- End of Summer Picnic, 1115, Child Development Center
- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Family Child Care Picnic, 1500-1700, 256 Spruce Street Community Center
- Keystone Meeting, 1600-1700, Youth Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

SATURDAY

- Minot AFB Club Championship, 0800, Rough Rider Golf Course
- Zumba, 0900, Fitness Center
- Dakota Inn's 2nd Year Anniversary, 1030-1330, Dakota Inn Dining Facility
- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes

SUNDAY

- Minot AFB Club Championship, 0800, Rough Rider Golf Course

- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Sunday Escapes Book Club, 1330, Base Library
- Family Zumba, 1400, Fitness Center

MONDAY

- Tactical Fitness, 0600, Fitness Center
- TAP GPS Workshop, 0700-1630, held at the Education Center, hosted by A&FRC
- Kids Bowl Free Program, 0900-1400, Rough Rider Lanes
- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Reintegration Briefing, 1300, A&FRC
- Newbery Book Club, 1530, Base Library
- Zumba, 1730, Fitness Center
- Yoga, 1830, Fitness Center
- Tactical Strength & Fitness, 1930, Fitness Center

TUESDAY

- TAP GPS Workshop, 0700-1630, held at the Education Center, hosted by A&FRC
- Kids Bowl Free Program, 0900-1400, Rough Rider Lanes
- Game Day, 1000-1930, Base Library
- Fit To Fight, 1130, Fitness Center
- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Fit To Fight, 1700, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Zumba, 1830, Fitness Center

WEDNESDAY

- Tactical Fitness, 0600, Fitness Center
- TAP GPS Workshop, 0700-1630, held at the Education Center, hosted

- by A&FRC
- Kids Bowl Free Program, 0900-1400, Rough Rider Lanes
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- EFMP Slither with a Snake, 1700-1800, held at the BBC Community Center – Sirocco Drive, hosted by A&FRC
- Yoga, 1830, Fitness Center
- Tactical Fitness, 1930, Fitness Center

THURSDAY

- TAP GPS Workshop, 0700-1630, held at the Education Center, hosted by A&FRC
- Kids Bowl Free Program, 0900-2100, Rough Rider Lanes
- Fit to Fight, 1130, Fitness Center
- Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
- Reintegration Briefing, 1300, A&FRC
- Fitness Hour, 1600-1700, Youth Center
- Fit to Fight, 1700, Fitness Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Monthly BGCA Awards/Recognition Preteen and Teen, 1700, Youth Center

BASE ANNOUNCEMENTS

- Olympic Weight Lifting, 1730, Fitness Center
 - Zumba, 1830, Fitness Center
- UPCOMING EVENTS 31 AUGUST**
- AFGSC Family Day – For the full listing of 5th Force Support Squadron facility hours for the Labor Day holiday weekend period of August 31 – September 3, visit 5thforcesupport.com
 - Last day for Free Range Balls for Juniors at Rough Rider Golf Course
 - TAP GPS Workshop, 0700-1630, held at the Education Center, hosted by A&FRC
 - Free Range Balls for Juniors, 1200-2100, Rough Rider Golf Course
 - Club Members \$\$\$ Drawing, 1730-1830, Jimmy Doolittle Center

1 SEPTEMBER

- For the full listing of 5th Force Support Squadron facility hours for the Labor Day holiday weekend period of August 31 – September 3, visit 5thforcesupport.com
- Banned & Challenged Books Challenge begins at the Base Library
- Zumba, 0900, Fitness Center

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BIG BROTHER from page 3

Rashawn, or RJ for short, became brothers, they connected instantly.

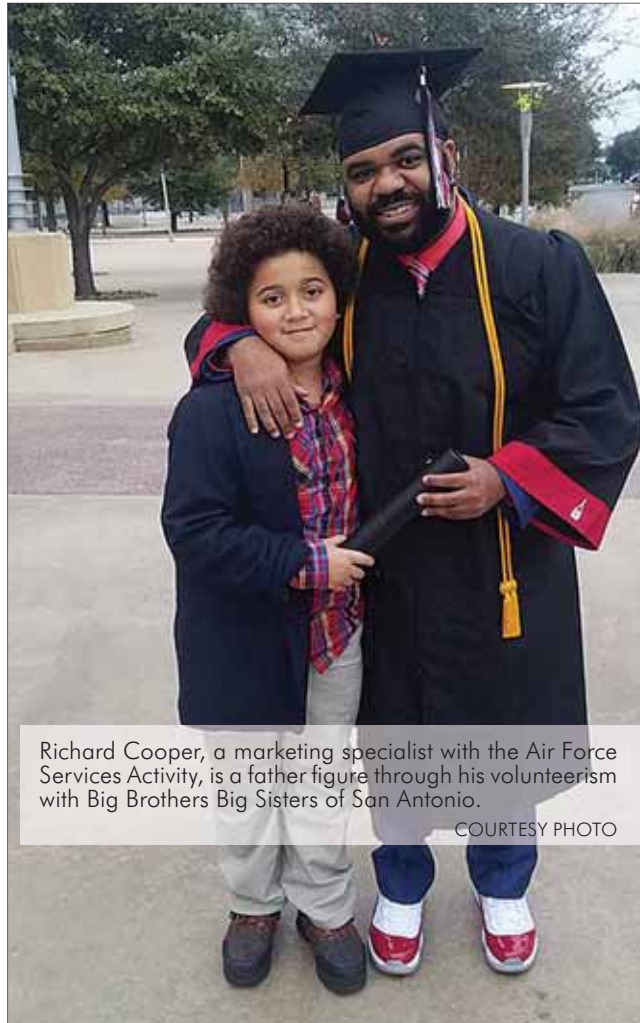
“Becoming a big brother was the best decision I’ve ever made,” Cooper said. “At first I figured I’d volunteer a little on the weekends and give back like so many of the male role models did for me as a young boy, but RJ truly enriched my life and I immediately became invested in him. It was a humbling experience. RJ inspired me to be a better man.”

According to its website, Big Brothers Big Sisters of South Texas’ vision is that “all children achieve success in life.”

In an effort to help children succeed, Big Brothers Big Sisters recommends mentors provide a minimum 12-month commitment in an effort to provide consistency, trust and mentorship to a little brother or sister. However, there are many bigs and littles who stay connected far beyond a year.

“RJ has been in my life for nearly six years. We are family. We will always be a part of each other’s lives and share a special bond,” Cooper said.

Big Brothers Big Sisters has been connecting mentors and children for more than



Richard Cooper, a marketing specialist with the Air Force Services Activity, is a father figure through his volunteerism with Big Brothers Big Sisters of San Antonio.

COURTESY PHOTO



a century. The organization matches children ages 6 through 18 with adult mentors, operating in all 50 United States and in 12 countries around the world with the belief every child has the ability to succeed and thrive in life.

The program offers an opportunity to connect adults and children together,

however, with a shortage of mentors and such high demand, male mentors like Cooper are especially crucial to the organization.

“We develop positive relationships that have a direct and lasting effect on the lives of young people. At any given time, there are up to 1,000 children on our waiting list,” said Christina Martinez,

vice president of external relations and Big Sister of the organization. “It is critical for us to continue to recruit, train and match caring adults, like Richard Cooper, to children in our community who need the support. Most of the children on our waiting list are boys of color, and the majority of volunteers who enroll are female. We are always trying to fill the gap by intentionally recruiting caring and committed men, like Richard.”

Cooper remains a committed part of RJ’s life and is excited to see what his future holds.

“I never imagined the impact I would have on a child, but I also never realized the impact this resilient little boy would have on me,” he said. “I am proud to be part of this military family, I am proud to be part of Big Brothers Big Sisters and, most importantly, I am proud to be here for Rashawn.”

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