

northersentry

FREE | VOL. 56 • ISSUE 36 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE | FRIDAY, SEPTEMBER 7, 2018

5th SFS MWDS FLY WITH 54th Helicopter SQUADRON



U.S. AIR FORCE PHOTO | SENIOR AIRMAN JONATHAN MCCLDERRY

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Videos



PHOTO: Secretary of the Air Force Heather Wilson, Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright present the Medal of Honor Flag to Valerie Nessel, widow of Medal of Honor recipient Tech. Sgt. John Chapman, during Chapman's Pentagon Hall of Heroes induction ceremony at the Pentagon, in Arlington, Va., Aug. 23, 2018. Chapman was posthumously awarded the Medal of Honor for actions on Takur Ghar Mountain in Afghanistan March 4, 2002. An elite special operations team was ambushed by the enemy and came under heavy fire from multiple directions. Chapman immediately charged an enemy bunker through thigh-deep snow and killed all enemy occupants. Courageously moving from cover to assault a second machine gun bunker, he was injured by enemy fire. Despite severe wounds, he fought relentlessly, sustaining a violent engagement with multiple enemy personnel before making the ultimate sacrifice. With his last actions he saved the lives of his teammates.

Tech. Sgt. John Chapman inducted into Hall of Heroes at Pentagon

STAFF SGT. VICTORIA H. TAYLOR | SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- "Chapman, John A., Technical Sergeant, USAF" is now permanently inscribed in the Hall of Heroes at the Pentagon following an induction ceremony Aug. 23, 2018.

Nearly two decades after the gallant actions that cost him his life and earned him the nation's highest military award, Chapman's name was unveiled by his widow, Valerie Nessel, Secretary of the Air Force Heather A. Wilson, Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright.

"Our nation endures and continues to be the land of the free because of brave men and women – because of John Chapman," said Wilson.

Chapman's name is now memorialized on the walls inside the Hall of Heroes

amongst fellow service members who have been recognized for combat valor.

"It's a story that will be told and retold for generations, the 'John Chapman story' joins the ranks of other legends like John Levitow and Bud Day," said Goldfein. "This incredible warrior who inspires all of us to be better Airmen."

Chapman is the first Airman since the Vietnam War to receive the Medal of Honor for actions taken.

"Those who knew him knew of his devotion of helping others. He would give anything in his power to help someone," said Wright. "So it's no surprise to any

of us that he be the fourth enlisted Airman, since the Air Force became an independent service, to be awarded the Congressional Medal of Honor. John died exactly the way he lived – doing anything in his power he could to help those in need."

Following remarks made by Air Force leaders, Chapman's family was presented with

a memorial plaque and the Medal of Honor Flag.

"I could go on and tell you all kinds of stories about John, but I don't have to... I think you already know what he was like," said his mother, Terry Chapman. "I'm ever so grateful to those who made this possible – I can't tell you how much it means to me and my family."

U.S. AIR FORCE PHOTOS
STAFF SGT. RUSTY FRANK

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“This award is a testament to the instruction and help we’ve had along the way because we wouldn’t have received this award without the support.”



“This award is important because it’s a combination of everything we’ve done including all the help our squadron has provided.”

U.S. AIR FORCE GRAPHIC | AIRMAN 1ST CLASS DILLON J. AUDIT

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FACEBOOK

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5 CS wins DISN Facility of the Year

AIRMAN 1ST CLASS ALYSSA M. AKERS
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Airmen with the 5th Communications Squadron receive the 2017 Defense Information Systems Agency Continental U.S. Outstanding Defense Information System Network Facility of the Year Award at Minot Air Force Base, North Dakota,

Aug. 21, 2018. They were commended for superior performance and outstanding contributions that ensured both positive management and control of the DISN and the guaranteed availability of DISN services to the Air Force and Department of Defense.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA M. AKERS



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AFCENT changes command in historic ceremony

U.S. AIR FORCES CENTRAL COMMAND PUBLIC AFFAIRS

AL UDEID AIR BASE, Qatar (AFNS) --

Lt. Gen. Joseph T. Guastella Jr. assumed command of U.S. Air Forces Central Command from Lt. Gen. Jeffrey L. Harrigian Aug. 30, 2018.

Army Gen. Joseph L. Votel, U.S. Central Command commander, presided over the ceremony, which was held at AFCENT's forward headquarters at Al Udeid Air Base for the first time. AFCENT's headquarters is at Shaw Air Force Base, South Carolina.

"In the coming era of great power competition, it will be our people and our leaders that will be the difference makers as they direct and enable the military operations and activities in support of our enduring national interests," said Votel. "And we will prevail because of the edge they give us. Lt. Gen. Guastella, I have full faith and confidence in your leadership and capabilities."

Guastella was promoted to lieutenant general prior to the ceremony. As AFCENT commander, he will provide the full-spectrum of air component capabilities in air, space and cyberspace to defeat

Army Gen. Joseph L. Votel, U.S. Central Command commander, stands with Air Force Lt. Gen. Joseph T. Guastella Jr., U.S. Air Forces Central Command commander, and Air Force Lt. Gen. Jeffrey L. Harrigian, outgoing AFCENT commander, during a change of command ceremony at Al Udeid Air Base, Qatar, Aug. 30, 2018. Guastella entered the Air Force in 1987 as a graduate of the U.S. Air Force Academy. He has flown the F-16 Fighting Falcon and A-10 Thunderbolt II, served as the wing commander of the 455th Air Expeditionary Wing at Bagram Airfield, Afghanistan, has had multiple combat tours and instructed at the U.S. Air Force Fighter Weapons School.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN XAVIER NAVARRO

enemies while promoting security and stability in the region.

As the Combined Force Air Component commander for the CENTCOM area of responsibility, he will work closely with coalition, joint and interagency partners across Southwest Asia to ensure stability and defense of a 20-nation region spanning from Egypt to Afghanistan.

"It goes without saying that I am deeply honored to have the opportunity to lead the men and women of AFCENT and to be a partner of this great coalition," said Guastella. "To our Airmen, joint warfighters, and men and women of coalition who get the job done: it's our youngest Airmen who have signed up to serve our nation who inspire me. From aircrews flying missions to maintainers on the flight line in extremely hot temperatures to logisticians moving supplies to and from the

fight to support Airmen, you guys are why I continue to serve, so I'm honored to be your new commander and to be a partner with you in this fight."

Most recently, Guastella served as Headquarters Air Force Space Command's director of integrated air, space, cyberspace and intelligence, surveillance and reconnaissance operations at Peterson Air Force Base, Colorado.

"Just over two years ago, I was honored by Gen. Votel, our partner nation's delegates, our coalition, joint and interagency partners and the men and women of U.S. Air Forces Central Command," said Harrigian. "It has been an incredible two years."

Harrigian, assumed command in July 2016. He led U.S. and coalition air operations for Operation Inherent Resolve, the mission to

Continued on page 11



Disabled veterans now eligible for Space-A travel

AIR FORCE WOUNDED WARRIOR PROGRAM

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) --

The 2019 National Defense Authorization Act was recently signed, which included a measure that will allow fully-disabled veterans the ability to utilize Space-Available travel.

Under the Disabled Veterans Access to Space-A Travel Act, veterans with a service-connected, permanent disability rating of 100 percent will be able to travel in the Continental United States or directly between the CONUS and Alaska, Hawaii, Puerto Rico, the U.S. Virgin Islands, Guam, and American Samoa (Guam and American Samoa travelers may transit Hawaii or Alaska); or traveling within Alaska, Hawaii, Puerto Rico, or the U.S. Virgin Islands on flights operated by Air Mobility Command.

Prior to this authorization, only military retirees, meaning those with a blue DD Form 2, and current service members were entitled to this benefit. This particular piece of legislation was originally introduced by the House Veterans Affairs Committee in 2016.

According to lawmakers, this proposal will allow travel on Space-A at no additional cost to the Department of Defense and without aircraft modifications. Additionally, data from the Government Accountability Office noted that roughly 77 percent of space-available seats in 2011 were occupied by

only 2.3 percent of the 8.4 million eligible individuals for the program.

Travelers should contact their local Passenger Terminal for further details and review travel information found on the AMC Travel Page for specific details on the Space A travel program.

Editor's note: Passengers seeking Space-Available or Space-A travel must keep in mind that there is No Guarantee you will be selected for a seat. Be aware that Space-A travelers must be prepared to cover commercial travel expenses if flight schedules are changed or become unavailable to allow Space-A travel. Per DODI 4515.13, Section 4, Paragraph 4.1.a, Reservations: There is no guarantee of transportation, and reservations will not be accepted or made for any space-available traveler. The DOD is not obligated to continue an individual's travel or return the individual to the point of origin or any other point. Travelers should have sufficient personal funds to pay for commercial transportation, lodging, and other expenses if space-available transportation is not available.

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5th SFS MWDs fly with 54th Helicopter Squadron

The 5th Security Forces Squadron military working dog section worked with the 54th Helicopter Squadron for a familiarization training flight at Minot Air Force Base, North Dakota, Aug. 23, 2018. The training between the 54th HS and 5th SFS MWD section helps promote operations between the two units and ensures MWD teams are familiar with helicopter flight procedures. This is the first time these two units have worked together.

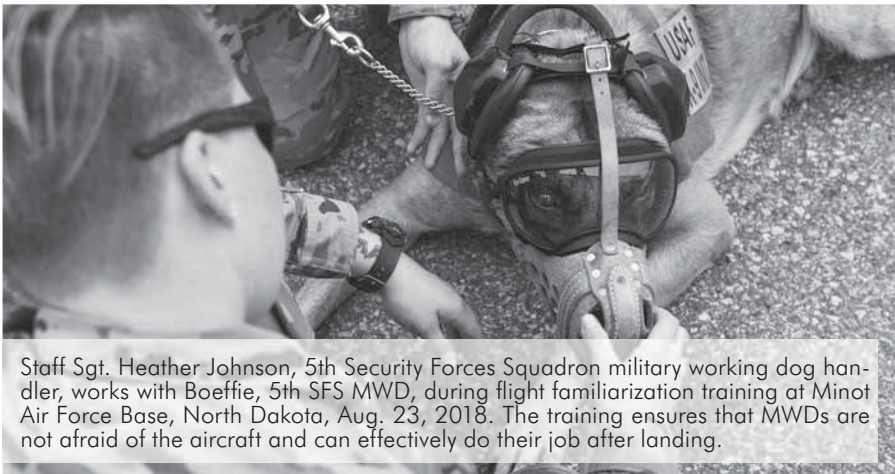
U.S. AIR FORCE PHOTOS | SENIOR AIRMAN JONATHAN MCELDERRY



Staff Sgt. Steven Vincent, 5th Security Forces Squadron military working dog handler, works with Boeffie, 5th SFS MWD, during flight familiarization training at Minot Air Force Base, North Dakota, Aug. 23, 2018. The flight was conducted to familiarize MWD teams with flying in a helicopter to prepare them for the situations they may face during a local emergency.



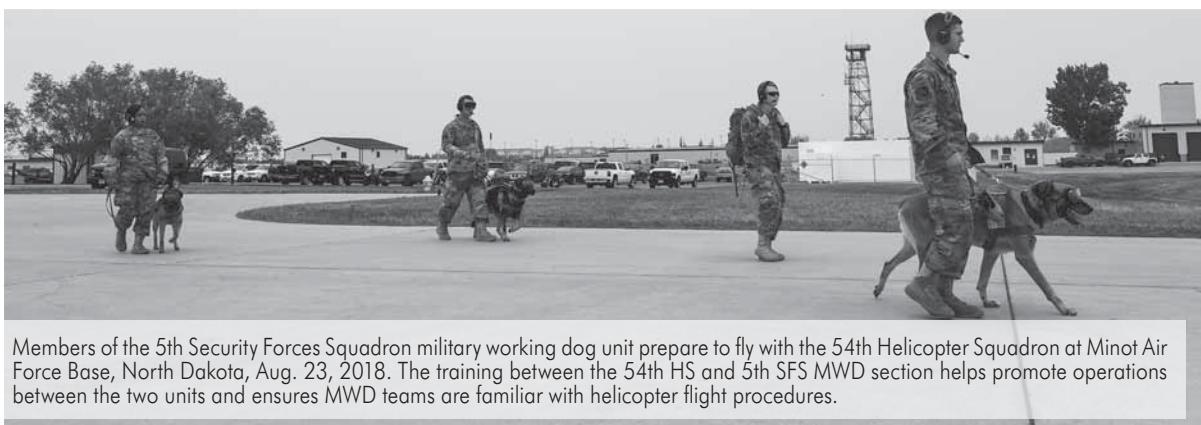
Staff Sgt. Timothy Driver, 5th Security Forces Squadron military working dog handler, adjusts safety equipment for Deny, 5th SFS MWD, during flight familiarization training at Minot Air Force Base, North Dakota, Aug. 23, 2018. This was the first time the K-9 unit has flown with the 54th Helicopter Squadron.



Staff Sgt. Heather Johnson, 5th Security Forces Squadron military working dog handler, works with Boeffie, 5th SFS MWD, during flight familiarization training at Minot Air Force Base, North Dakota, Aug. 23, 2018. The training ensures that MWDs are not afraid of the aircraft and can effectively do their job after landing.



An Airman pets Boeffie, 5th Security Forces Squadron military working dog, before a familiarization training flight at Minot Air Force Base, North Dakota, Aug. 23, 2018. The training between the 54th Helicopter Squadron and 5th SFS MWD section helps promote operations between the two units and ensures MWD teams are familiar with helicopter flight procedures.

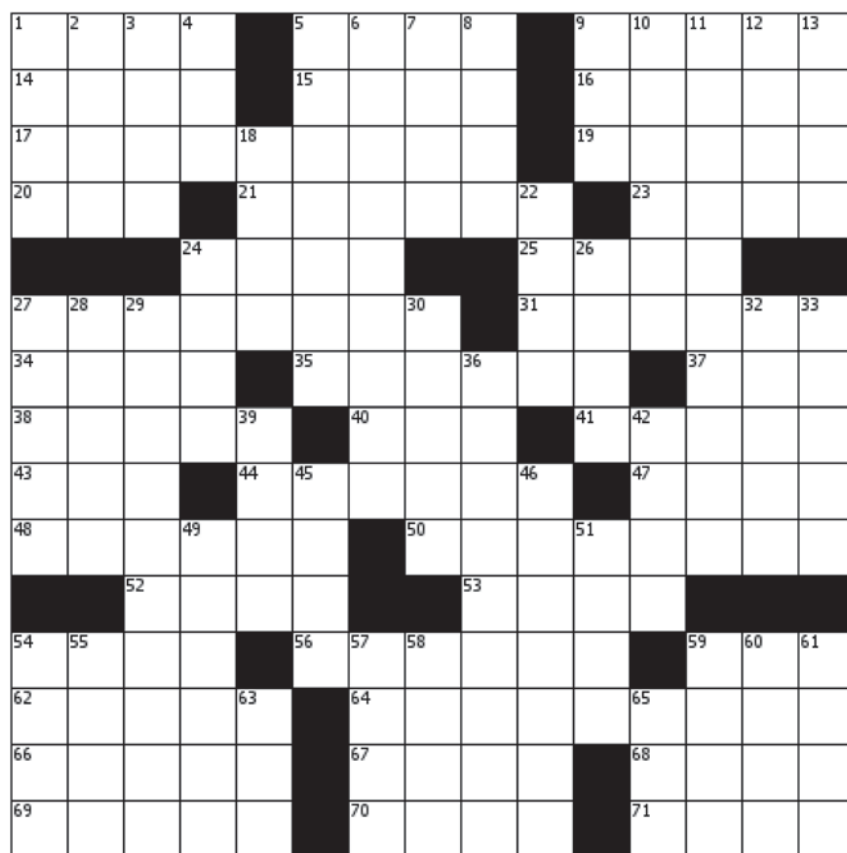


Members of the 5th Security Forces Squadron military working dog unit prepare to fly with the 54th Helicopter Squadron at Minot Air Force Base, North Dakota, Aug. 23, 2018. The training between the 54th HS and 5th SFS MWD section helps promote operations between the two units and ensures MWD teams are familiar with helicopter flight procedures.

CROSSWORD PUZZLE

Across

- 1. Departed
- 5. Opposed to, regionally
- 9. Ready follower
- 14. Onetime 64-Across role
- 15. Rubik with a cube
- 16. Cheesy setting
- 17. FIREFIGHTER'S CONCERN
- 19. Provoke
- 20. Captain's pronoun
- 21. Envelope of a sort
- 23. "Skedaddle!"
- 24. Fit
- 25. Tons
- 27. Road crew work
- 31. Delilah's victim
- 34. Politician Bayh
- 35. Areas where much dribbling occurs
- 37. Shade
- 38. Charters
- 40. Actress Carrere
- 41. Squirts
- 43. Bastille Day time
- 44. Future doctor's work
- 47. Something to have or throw
- 48. Trattoria order?
- 50. International pacts
- 52. Chance
- 53. Carp cousin
- 54. 1991 Grammy winner Marc
- 56. RESULT OF TAKING A DIVE
- 59. ___ chi
- 62. T. Roosevelt followers
- 64. Director of films whose titles are answers to the capitalized clues



- 66. Hilo hello
 - 67. Barely at all
 - 68. Sasha Cohen move
 - 69. Actor Max von ___
 - 70. Pet store supply
 - 71. Take off
- Down**
- 1. Tons
 - 2. Hawaiian fish once thought to be a good luck symbol

- 3. Pleasing
- 4. Comics cry
- 5. Good for the heart and lungs
- 6. Composer's flourish
- 7. Skinny
- 8. Say ___: refuse
- 9. Harem room
- 10. REDEMPTION FOR A PRICE
- 11. NURSE'S ASSIGNMENT, PERHAPS
- 12. Crunchy cookie
- 13. Beginner
- 18. Year Pope Gregory I died
- 22. 1800s Harper's Weekly cartoonist
- 24. Hull House founder Addams
- 26. Hold out
- 27. Fix the edge of
- 28. Musical with the song "Buenos Aires"

- 29. FATHER'S DAYS, SAY
- 30. Pretense
- 32. Navel phenomenon
- 33. Egg holders
- 36. Native American ritual
- 39. Flap
- 42. Post-full moon occurrence
- 45. German portraitist Holbein
- 46. Put away
- 49. EAGER
- 51. Repeat
- 54. Some no. crunchers
- 55. Air France destination
- 57. Campus VIP
- 58. Like a gunman, maybe
- 59. 9/12/78 TV debut
- 60. Aggressive god
- 61. Inactive
- 63. Cutter
- 65. Kind of party or story

SUDOKU Solution to puzzle on page 14

1			2		3		4	
5			6			1		3
		2			7	8		9
		4			2	3		1
7		8	5			6		
2		3	4			9		
9		5			1			8
	6		3		9			7

Solution to last week's Crossword puzzle.

B	U	R	B	S		T	A	N	S		P	A	S	S
A	T	E	U	P		I	H	O	P		O	M	N	I
T	A	B	L	E	C	L	O	T	H		T	O	A	D
	H	A	L	E	R		T	R	E	A	S	U	R	E
			D	E	O		E	R	I	T	R	E	A	
S	E	A	B	O	A	R	D		E	L	I			
E	V	E	R		K	N	O	W		S	C	R	I	M
L	I	R	E		S	O	N	I	C		K	A	N	E
F	L	O	A	T		T	O	D	O		E	Z	R	A
			K	I	A		R	E	F	E	R	E	E	D
H	A	R	D	E	S	T		N	F	L				
U	N	E	A	R	T	H	S		E	A	G	L	E	
M	I	N	N		H	O	U	S	E	P	L	A	N	T
I	M	A	C		M	R	E	D		S	A	N	T	O
D	E	L	E		A	N	T	I		E	M	E	R	Y

SLENDER MAN • (PG-13) FRIDAY, SEPT. 7 • 1800

“ In a small town in Massachusetts, a group of friends, fascinated by the internet lore of the Slender Man, attempt to prove that he doesn't actually exist - until one of them mysteriously goes missing. ”

THE MEG • (PG-13) SATURDAY, SEPT. 8 • 1700

“ After escaping an attack by what he claims was a 70-foot shark, Jonas Taylor must confront his fears to save those trapped in a sunken submersible. ”

MISSION IMPOSSIBLE:FALLOUT (PG-13) SUNDAY, SEPT. 9 • 1500

“ Ethan Hunt and his IMF team, along with some familiar allies, race against time after a mission gone wrong. ”





Teriyaki Chicken Ramen noodles



Teriyaki Chicken Ramen made in one pot. Everything you love about this takeout favorite, stir-fried with ramen noodles.

INGREDIENTS:

- 1 lb or 2 medium pieces boneless skinless chicken breasts, cut into 1-inch cubes
- 1/8 teaspoon sea salt 1/4 teaspoon black pepper, or to taste
- 3 teaspoons sesame oil divided
- 2 packets dried ramen noodles, seasoning packet discarded (or you can use fresh ramen noodles or for low carb, use shirataki noodles)
- 3 tablespoons olive oil divided
- 3 cloves garlic minced
- 1/2 teaspoon grated or minced fresh ginger
- 2 cups broccoli florets
- 1/2 cup grated carrots
- 1/2 bell pepper cut into thin strips
- 1/2 cup shelled edamame beans thawed if using frozen
- 1/2 cup low sodium soy sauce or gluten free tamari
- 3 tablespoons coconut sugar or brown sugar packed (for lower carb option, use sweetener of choice)
- 2 tablespoons rice vinegar
- 2 tablespoons cornstarch or arrowroot starch
- 1/2 - 2/3 cups water plus more as needed to thin out sauce
- 1/2 teaspoon red chili flakes or Sriracha sauce optional, to taste
- Toasted sesame seeds for garnish and thinly sliced green onions for garnish

INSTRUCTIONS:

- 1) In a large wok or skillet, prepare the noodles according to package directions. Drain and set aside. Meanwhile, season chicken with salt, black pepper and 1 teaspoon sesame oil. Set aside.
- 2) After the noodles are finished, drain pan and wipe down with a clean damp towel. Heat over medium-high heat. Add 1 1/2 tablespoons olive oil and saute chicken until cooked through, about 4-5 minutes. Transfer to a plate.
- 3) Return pan to heat and add remaining olive oil. Add the garlic, ginger, broccoli, grated carrots and edamame beans. Cook until the vegetables are just crisp tender, about 2-3 minutes.
- 4) Meanwhile, whisk together the soy sauce, brown sugar, remaining 2 teaspoons sesame oil, rice vinegar, cornstarch and water. Stir into pan along with the cooked chicken and prepared ramen noodles. Allow sauce to bubble and thicken up and toss to coat well. Adjust seasonings with salt and pepper as needed plus chili flakes or Sriracha if desired.
- 5) Serve hot topped with sesame seeds and green onions, if desired.

UPCOMING EVENTS



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7 SEPT

Have you been missing Street Dances as much as us?? WELL....Frankly Scarlett will be joining us on September 7th for Little Chicago Pub

District's 1st EVER Street Dance! Gates open at 6 pm. The location will be on 2nd Street NE on the Street in front of The Spot Pool Hall! This event is 21+ with a beer gardens full of Beer and mixed drinks! Part of the proceeds will be donated to Minot Area Men's Winter Refuge & Salvation Army! **For more information check out: Facebook/Fall Fest Street Dance.**



7 SEPT

6:00 PM - 11:00 PM Location: All Seasons Arena

A tasting test of some of the best, help us continue to support the important work Minot Sertoma Club does in Minot by sponsoring or attending our Beerfest on Friday September 7, 2018! Tickets will be going on sale in Early August! **For more information check out: www.minotsertoma.org/projects/beerfest/**



8 SEPT

Leewok IV Music & Arts Festival - OpenMind 7401 County Road 19 S, Minot, ND 58701

Leewok is the 4th annual fundraiser for Openmind. The goal of Leewok is to bring family and friends together to enjoy a day of music, art, food, and fun. Openmind is a local 501 (c)(3) organization dedicated to changing the stigma of mental health and growing mindfulness within our community. Kids 12 and under are FREE! **For more information: Facebook/LeewokIV or www.brownpapertickets.com/event/3560194**



14 SEPT

Magic Day of Giving is the largest single-day community service event completed by the residents of Minot.

Join us in giving back to the Magic City by signing up as a volunteer! Magic Day of Giving will kick off on Friday, September 14 with free Taco Johns Breakfast Burritos from 8:00am to 10:00am at the Minot Auditorium where volunteers who check in will receive a free Magic Day of Giving t-shirt. Breakfast and shirts while supplies last. Volunteer teams will then complete their two



hour long projects throughout the day. **Magic Day of Giving 2018 in Minot** For more information: Facebook/ sign up at www.magicdayofgiving.org

15 SEPT

10 a.m. to 4 p.m. @ Parking Lot across from The Spot Pool Hall. Join us for a one of a kind DIY makers market! This handmade art fair will

offer you some of the area's best artisans and makers. Fresh flowers, fruits, and vegetables galore, you will be delighted to see what's in-store. Canners, Winemakers, and alike, we will have it here! Beer garden made available by The Spot Pool Hall. **For More information: Facebook/PeddlersMarket.**



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AFTAC helps break the 'STEM mold'

SUSAN A. ROMANO, AFTAC PUBLIC AFFAIRS

PATRICK AIR FORCE BASE, Fla. (AFNS) -- In 1976, esteemed historian and author Laurel Thatcher Ulrich wrote a book entitled, "Well-Behaved Women Seldom Make History." The premise of her work was to shine a light on famous women throughout history who challenged the way things were done. While the title may seem to be a modern-day rallying cry for women to go out and break the rules through misbehavior, that was not the premise of her message. Ulrich's emphasis was to encourage women to do more -- to break with convention, make a mark on history and prove that ordinary people, including women, can have a lasting impact on the world by doing the unexpected.

Today, women from all walks of life are taking Ulrich's words to heart and finding ways to break those proverbial molds as they seek out careers in positions traditionally held by men. Women make up half the current U.S. workforce, but only 26 percent of them are in STEM -- science, technology, engineering and math. According to the U.S. Census Bureau, 61 percent of women in STEM are in the social sciences (communication, education, public health, etc.), and only 13 percent are in a hard science field such as engineering.

From an Air Force perspective, 64,367 of the nearly 321,000 Airmen currently on active duty are women. Of that 20 percent,

even fewer are in STEM-related fields. Air Force leadership is trying to break that cycle.

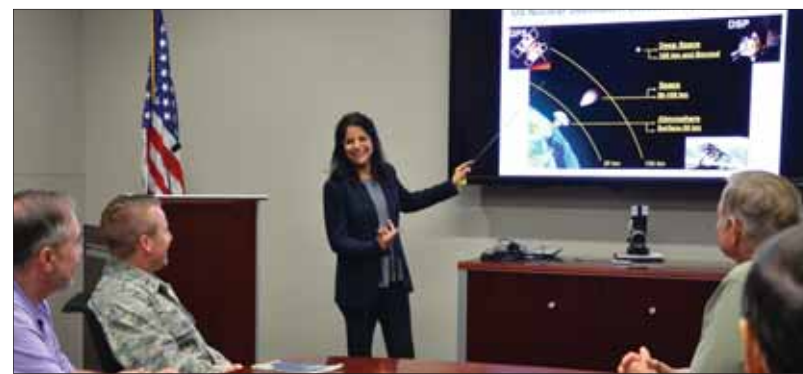
In a live session with The Washington Post's David Ignatius last month, Secretary of the Air Force Heather Wilson discussed new Air Force initiatives aimed at inspiring more women to enter scientific

talk about engineering is not resonating with our daughters, and it is with our sons. We found that if you look at teenagers, more boys are satisfied by solving the problem. They get satisfaction out of fixing something. A disproportionate number of girls want to know why the problem matters. So, if we say, 'Come be an engineer and you can do cool stuff,' we're talking to

"WOMEN MAKE UP HALF THE CURRENT U.S. WORKFORCE, BUT ONLY 26 PERCENT OF THEM ARE IN STEM - SCIENCE, TECHNOLOGY, ENGINEERING AND MATH."

career fields. During the interview, Wilson elaborated on steps the service is taking to recruit more women.

"One of the things we're trying to do is to encourage more young women to go to engineering school," said Wilson. "Sometimes the way in which we



Photos Clockwise: (1) Staff Sgt. Terica Clewis has been assigned to the Air Force Technical Applications Center performing various roles for the past three years. Her current duties include designing innovated software systems that assist center personnel (as well as the rest of the Air Force) to efficiently manage, store and process large-scale data. (2) An ever-present participant when the Air Force Technical Applications Center showcases its mission on the road, Diana Velosa enjoys reaching out to America's youth to encourage them to pursue careers in STEM - science, technology, engineering and math. (3) One of only four women in her squadron, Parveen Kapoor is the chief of the Atmosphere and Space Operations Flight within the 23rd Analysis Squadron at the Air Force Technical Applications Center. She leads a flight comprised of military and civilian scientists, mathematicians, engineers and technicians responsible for the operation and maintenance of the U.S. Nuclear Detonation Detection System.

U.S. AIR FORCE PHOTOS | SUSAN A. ROMANO

Continued on page 11

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<h3 style="text-align: center; background-color: purple; color: white; padding: 5px;">WOMEN</h3> <p style="background-color: purple; color: white; padding: 5px; text-align: center;">4 Person Teams</p> <p>Tuesday (9/18)..... 6:30 pm Thursday (9/20)..... 6:30 pm</p>	<h3 style="text-align: center; background-color: orange; color: white; padding: 5px;">SENIORS</h3> <p style="background-color: orange; color: white; padding: 5px; text-align: center;">4 Person Mixed Teams</p> <p>••• FREE COFFEE ••• Leagues are 30 weeks</p> <p>Wednesday..... 10:00 am • starts September 12th Friday..... 1:00 pm • starts September 14th</p>

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EOD tech draws inspiration from family members

STAFF SGT. CHRISTOPHER STOLTZ | 386TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

SOUTHWEST ASIA -- As an Airman trudges through the desert, the 120-degree heat makes her 80-pound bomb suit feel like an oven. The Airman scans the provided coordinates, and locates the improvised explosive device buried partially in the sand.

The explosive ordnance

disposal technician communicates with her team, using specialized equipment to render the scene safe. As the training operation concludes and the device is removed from the scene and the Airman removes their helmet.

While many would consider the lifestyle of an EOD Airman

a stressful and arduous task to undertake, to Tech. Sgt. Jaqueline Risley, 386th Expeditionary Civil Engineer Squadron EOD equipment non-commissioned officer in charge, this is everything she has ever dreamed of.

"Prior to joining the Air Force,

I was going to college and didn't feel I was being challenged enough," said Risley, who is deployed from Seymour Johnson Air Force Base, North Carolina. "When I was younger, my cousin and I always talked about joining the military. He led the way when he joined the Marine Corps, and I followed suit a few years later when I first visited an Air Force recruiting office."

While her cousin inspired her entry to the enlisted force, her older sister inspired her to simply do great things in life. Although she passed away at a young age, Risley said her sister told her to chase down her goals, no matter how impossible they seem and to never follow the status quo.

"The recruiter went over a list of positions," said the Chester, Illinois, native. "After the recruiter explained what EOD was all about and watching the recruiting video, I was convinced it was the job I wanted. If I was seeking a challenge, it was very clear that EOD was going to offer just that."

Sometimes people get exactly what they ask for. Immediately after her basic training graduation, Risley was flung directly into the 169-day EOD technical school, where she would complete a flurry of physical training requirements and competency tests. This is also where course failure is commonplace.

However, this is exactly the challenge she envisioned, and remembering her sister's words, she rose to the occasion. The mental and physical challenge of EOD is the best part of her job, where according to Risley, the training, technology and tactics are rarely the same from one week to the next.

"The career field is always evolving," said the nine-year Air Force veteran. "We are always training and working toward not only adapting to the ever-changing environment, but finding ways to navigate through those changes with success. Those moments with your team are the most rewarding."

The moments with her team often include days of clearing and processing explosive materials, providing hazardous material response or developing operations plans. Risley said each task possesses a sense of camaraderie that extends beyond the battlefield, and even helping each

other with the task of wearing their bomb suit often becomes a mini-roast session. However, when duty calls, the team knows they can count on each other; their lives depend on it.

According to Risley, there are more challenges in EOD than insurgent-created explosives, including the obstacles that come along with being a female EOD technician.

She is hopeful some of the stigma can be quelled with the slated implementation of the Air Force's Tier-II physical fitness program. The program establishes a shared baseline fitness standard for Airmen, regardless of their age, rank or gender.

Risley believes there are many people who have preconceived ideas about females being in predominantly male career fields, but she still feels the positive experiences outweigh the negative. She attributed her resilience to her wife, Katie, her 3-year-old son, Jamison, and the supportive supervisors and wingmen throughout her career.

"I have met and worked with some of the most amazing people throughout my career, and I am thankful for each and every one of them," Risley said. "I'm also grateful for those who have mentored me along the way. I owe so much to them, and hope I can repay them by passing on their words of wisdom to others."

The mentorship she received has helped her succeed in her career thus far, helping her combat the dated mindset some individuals may hold.

"I strive to be identified as an EOD tech first, and a female second when it comes to my career," she said. "The other technicians I have worked with have all been extremely supportive and have done just that. To them, I am not just a female, I am an explosive ordnance disposal technician."

PHOTO: Tech. Sgt. Jacqueline Risley, 386th Expeditionary Civil Engineer Squadron explosive ordnance disposal equipment non-commissioned officer in charge, assists with the calibration of the unit's bomb robot Aug. 24, 2018, at an undisclosed location in Southwest Asia. Risley joined the nearly all-male EOD career field to fulfill her desire to constantly be challenged.

U.S. AIR FORCE PHOTO | STAFF SGT. CHRISTOPHER STOLTZ

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NORTH DAKOTA TOURISM PHOTOS | HEATHER LEMOINE

Find Fall in Full Glory in North Dakota

**KIM SCHMIDT | PUBLIC RELATIONS AND DIGITAL COMMUNICATIONS MANAGER
NORTH DAKOTA DEPARTMENT OF COMMERCE**

Summer is winding down and the sounds, tastes and smells of fall are right around the corner. Celebrate the changing seasons at one of several Oktoberfest events across the state. Discover more about diverse cultures, whether sampling international flavors at the world's largest Scandinavian festival or attending one of the world's largest Native American powwows. Root for the home team at both the college and high school levels. These are just a few ideas for finding fun in North Dakota this September. To find more information about these activities, and for a complete list of events, go to NDtourism.com or call 800-435-5663 or 701-328-2525.

• Harvestfest 2018 Hazen | September 5-9
Get autumn off to the right start with Harvestfest 2018. Enjoy live music, wiener dog races, a parade, a street dance and much more. For additional information, visit <http://www.visithazennd.com/>; 701-748-6848.

• United Tribes International Powwow Bismarck | September 7-9
Don't miss out on one of the most highly-acclaimed cultural events in North Dakota. The United Tribes 49th Annual International Powwow features more than 1,500 dancers and drummers from more than 70 tribes and regularly attracts around 20,000 spectators. www.unitedtribespowwow.com/; 701-255-3285

• Sodbuster Days Fort Ransom | Sept. 8-9
Learn more about North Dakota's homesteading life and traditions at Sodbuster Days at Fort Ransom State Park. Demonstrations will include horse-powered threshing and blacksmithing. Don't miss out on kids' activities, pie auctions, music and more. Visit www.parkrec.nd.gov/parks/frsp/frsp.html for more information; 701-973-4331.

• Big Iron | West Fargo September 11-13
Immerse yourself in all things "ag" for two full days at West Fargo's Big Iron Farm Show. More than 900 vendor exhibits and a variety of demonstrations and seminars are available, making this event one of the biggest in agribusiness. www.bigironfarmshow.com; 701-282-2200

• Bismarck Marathon Bismarck | September 15
Cheer on runners from across the United States and Canada as they pound out 26.2 miles of pavement along Kroll's Bismarck Marathon (a qualifying race for the Boston and New York City marathons) course. Racers weave their way through neighborhoods and parks of North Dakota's capital city, Bismarck, and her neighbor, Mandan. Coinciding events include a kid's mini marathon, a 5K, 10K, marathon relay and a half marathon. www.bismarckmarathon.com; 701-220-9162

• Oktoberfest | Jamestown September 15
Back for its seventh year, Jamestown Arts Centre's Oktoberfest brings lederhosen, brats and beers to this charming North Dakotan community. Gather family, friends and neighbors and head to the Stutsman County Fairgrounds to join in the celebration. Attendees must be 21 years old. www.jamestownarts.com; 701-251-2496.

• Pride of Dakota Harvest Showcase | Dickinson September 15-16
Find an array of unique products, ranging from gourmet foods to pet items at the Pride of Dakota Harvest Showcase. Artisans and craftspeople from around the state are eager to share their goods with you. Bring a reusable cloth bag and save \$1. Learn more at www.prideofdakota.nd.gov/events/DickinsonShowcase2018/; 701-328-2231.

• 53rd Annual Potato Bowl USA & UND Homecoming Grand Forks | Sept. 18-22
Back for its 53rd year, the annual

Potato Bowl is a celebration of all things potato and football! Festivities include a golf scramble, a baked potato bar (at Hugo's locations) and a fun run. Cheer on the University of North Dakota as it plays Idaho State on Saturday, September 22. www.potatobowl.org; 218-773-3633

• Applefest | Bismarck September 22-23
Come out for to celebrate the onset of autumn while supporting a good cause. Now in its 12th year, Applefest is put on by the Bismarck Cancer Center and is held at Bismarck's beloved pioneer town of Buckstop Junction. The celebration features live music, food and craft vendors, children's activities and a fall festival favorite – an apple pie eating contest. www.applefest.org; 701-222-6119.

• Norsk Høstfest | Minot September 26-29
Find your inner Viking – or just a new Dala horse – at North America's largest Scandinavian festival. Hostfest is held annually at the North Dakota State Fairgrounds in Minot and attracts tens of thousands of people from around the globe. Come get your fill of lefse, lutefisk, Swedish clogs and Viking helmets at this multi-day event featuring all things Nordic. www.hostfest.com; 701-852-2368

These are just a few of North Dakota activities and events taking place in September. For more information, go to NDtourism.com

Follow North Dakota Tourism on Facebook at www.facebook.com/TravelND, on Twitter at twitter.com/NorthDakota or on Instagram at www.instagram.com/northdakotalegendary and get tips on what to see and do all year long.

Minot Association of Builders Announce 2018 Parade of Homes

ELYSHA HEAD | MINOT ASSOCIATION OF BUILDERS

Minot, ND – The Minot Association of Builders is proud to announce the 2018 Parade of Homes! Explore 8 homes crafted by local builders on September 15th from 10 AM to 4 PM. The Parade of Homes offers you a unique opportunity to tour multiple new homes and get a peek at what's new and different in home design in 2018. Talk with area builders like Future Builders, HG Homes, Heartland Developers, the Silver Springs Development and Trend Builders. You're sure to find some inspiration for your next project, a builder or subcontractor who can fit your needs, or maybe even your new home.

To take a sneak peek at the Parade map and magazine visit www.minotab.com/parade starting September 1st. Tickets are \$5 for ages ten and up and available at any of the Parade homes. They are valid for the whole day

and provide entry into all homes. Envision you and your family as owners and talk with builders to make that dream a reality!

About the Minot Association of Builders

The Minot Association of Builders (MAB) is a non-profit trade organization that was established in 1965. Our goal is to promote the home building industry, home ownership and affordable housing in Minot, North Dakota and the surrounding areas. Builder and associate members (those who provide services directly and indirectly related to the home building industry) join MAB because they are highly skilled, highly trained professionals who are committed to the home building industry. Because membership is 3-in-1 (local, state and national), there are dedicated staff and members monitoring legislative issues and governmental rules and regulations that affect the building industry on every level.

The Minot Association of Builders is governed by a representative 13-member Board of Directors.

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AFCENT CHANGES from page 4



defeat the Islamic State of Iraq and Syria, and against the Taliban and terrorist networks as part of Operation Freedom's Sentinel in Afghanistan.

During his tenure, Harrigian flew multiple combat sorties in the F-22 Raptor as part of OIR.

Over the last two years, the international coalition to defeat ISIS achieved multiple milestones enabled by airpower, including the 2017 liberations of Mosul and Raqqa. Air strikes against ISIS and air operations in support of Coalition and partnered ground forces have devastated the terrorist group, and enabled the final phase of the Defeat-ISIS campaign, Operation Roundup.

Under Harrigian's leadership, the air component supported the Afghan government by striking the Taliban and training, advising and assisting Afghan National Defense and Security Forces, especially the Afghan Air Force.

In 2017, the U.S. began

a deliberate air campaign to strike Taliban revenue sources to pressure them to reconcile with the Afghan government. Earlier this year, in line with the new South Asia strategy, AFCENT re-aligned A-10 Thunderbolts, KC-135 Stratotankers and MQ-9 Reapers to Afghanistan as part of a refocus on operations in Afghanistan.

"What this team is accomplishing every day is something we all should be proud of," Harrigian said. "With over 70 nations and over 21,000 Joint and combined Airmen, it's clear to me the coalition remains strong. Our mission was clear: to deliver the world's most decisive air, space and cyberspace effects for United States Central Command and for our partners."

Harrigian turns over AFCENT to Guastella, who has plenty of experience in the region.

"Lt. Gen. Harrigian, I can't be more proud to follow in your footsteps," said Guastella. "You've taken this very difficult job

as Combined Forces Air Component Commander and taken it to another level. I'm deeply honored to hopefully build on your tremendous success."

Guastella previously served as the director of operations for AFCENT and the Combined Air Operations Center from 2006 to 2007. He also commanded the 455th Air Expeditionary Wing at Bagram Airfield, Afghanistan, from 2012 to 2013.

Guastella has flown the F-16 Fighting Falcon and A-10 Thunderbolt II, served multiple combat tours, and instructed at the U.S. Air Force Fighter Weapons School. He has flown more than 4,000 flight hours including combat missions in support of operations Just Cause and Desert Storm. He previously commanded at the flight, squadron and wing levels.

Guastella commissioned in 1987 after graduating from the U.S. Air Force Academy. He thanked his family for their support throughout his career and Harrigian for setting such a high standard.

Harrigian's next assignment will be as the deputy commander, U.S. Air Forces in Europe – Air Forces Africa, at Ramstein Air Base, Germany.



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AFTAC from page 8

the boys. If you say, 'If you want to make a difference in someone's life; if you want to have clean water or save the life of a family member you love, or make the environment cleaner, or provide energy to the world, be an engineer.' Then we're talking to both boys and girls."

One Air Force entity has made great strides on making Wilson's STEM goals a reality. The Air Force Technical Applications Center, headquartered at Patrick AFB, Florida, is a highly-technical organization made up of scientists, technicians, engineers and analysts whose role is to detect, identify, analyze and report nuclear detonations underground, in the

atmosphere, underwater or in space. It is the sole organization in the Defense Department charged with this vital international mission. Despite its vital role to national decision makers, AFTAC's pool of employees skews heavily male. Of its more than 1,000 members who make up the center's workforce, only 160 are military or civilian women. Even fewer are in STEM positions.

One of the ways AFTAC is looking to increase the number of female employees in technically-skilled roles is hosting its annual Women in Science and Engineering Symposium. For the past four years, AFTAC has invited the best speakers from various industries – academia, defense, corporate and commercial – to share best practices on how to recruit, engage, employ and encourage women into hard science career paths.

Rose Day, AFTAC's chief of civilian recruiting, believes the best way to "break the mold" is to expose girls at an early age to the sciences.

"One of the messages I like to relay to students when we travel for recruiting efforts is very simple: I tell the girls, 'You are needed.' Everyone wants to hear those words because it makes them feel like they are a valuable, needed contributor," Day explained. "We have to be advocates, we have to set

the example and we have to collaborate. But we can't do this alone. We also have to partner with the men in the room because their advocacy is a critical part to the partnership. That's how we break the mold."

Parveen Kapoor, 23rd Analysis Squadron Atmosphere and Space Operations Flight chief, also believes talent in STEM fields must be groomed early in the school system.

"Recently, there has been a major emphasis placed in this area for young girls, and while I'm completely on board with that, I believe there needs to be encouragement across the board for both boys and girls in STEM," Kapoor said.

When AFTAC celebrated National Pi Day March 14, Tech. Sgt. BreAnne Groth's section was amazed when she picked up a dry-erase marker and began writing out Pi in decimal form from memory. With ease, she surpassed 100 decimal points and stopped only because she ran out of room on the white board.

Math and science have always been a passion of hers, and she applies her knowledge in her everyday responsibilities at AFTAC. As the center's satellite technique alert officer, she is a qualified national expert in analyzing and reporting global nuclear detonations to national decision makers in accordance with ratified nuclear treaties. She is also responsible for monitoring state-of-the-art health and configuration control of more than 200 sensors on 38 orbiting space vehicles.

"This means I'm not only concerned with ensuring and optimizing current sensor performance; I also advise the treaty monitoring community of future constellations and make recommendations for sensors that will be used well after I retire from the Air Force," Groth said. "Any career field may seem like a challenge, but the secret is to embrace and learn from the differences. STEM has so many different kinds of people, including really smart women, but the one thing that we all have in common is our passion for science."

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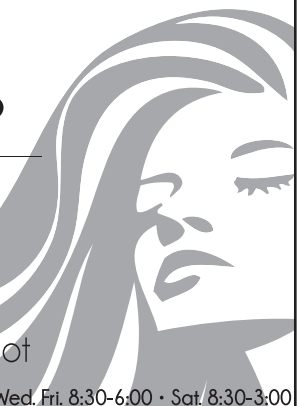


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CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Summer Mass Schedule Saturday 5:30 pm Sunday 9:30 am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	 <p>BREAD OF LIFE ELCA LUTHERAN CHURCH 1415 17th AVE SW 838-3360</p> <p>Saturday Worship5:00 pm Sunday Worship 8:30 & 11:00 am Sunday Education.....9:45 am</p> <p>Pastor Deborah J. Burger-Peery <i>Everyone Welcome</i> Breadoflifeminot.com </p>	 <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:45 a.m.</p> <p>www.trinitychurchminot.org</p>	 <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>	
 <p>Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening.....7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship..... 9:00am Sunday School (All Ages) 10:00am Traditional Worship..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner..... 5:30-6:30pm Contemporary Worship..... 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am</p> <p>Please join us, all are welcome here!</p>  <p>UNITED CHURCH OF CHRIST</p>	 <p>St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship8:30 am & 11:00 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663</p> <p>www.stmarksminot.com Call or check out our website for more information.</p> 	
 <p>Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled). 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	 <p>First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Saturday Worship..... 5:00 pm Sunday Worship.. 8:30 am & 11:00 am Sunday Education..... 9:45 am Wednesday Supper..... 5:00 pm Wednesday Education 5:45 pm</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Associate Pastor Ellery Dykeman</p>	 <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday School 5:45 pm Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p>  <p>200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School.....9:45 a.m. Contemporary Worship Service.. 9:50 a.m. Children's Church.....9:50 a.m. Sunday School (All Ages)11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Josh Huseby, Worship Arts Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	 <p>Calvary Alliance Church 715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12)6:30 pm</p>	 <p>West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center.....852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>	
 <p>Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i></p> <p>open hearts...open minds...open doors!</p> <p>Saturday Informal Worship.. 5:00 p.m. Sunday School9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Mary Johnson www.vincentumc.com</p>	 <p>OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship.....6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	 <p>Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>ADVERTISE YOUR</p> <h1>Church</h1>		
<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>			<p>Advertise FOR ONLY \$7 PER WEEK</p> <p>Revisions MADE UPON NOTICE FROM THE CHURCH</p> <p>Deadline TUESDAYS BY NOON WEEK OF PUBLICATION</p>	

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36w

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ANNOUNCEMENT

6th Annual Minot Coin Club Show, September 29-30, Saturday 10-6, Sunday 10-4 at Sleep Inn Minot, Door Prizes, Free Gifts for Kids, DAILY GOLD COIN GIVEAWAY, 25 Dealer tables buying and selling coins, currency, tokens, precious metals and more, 701-833-7979.

39w

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MOVING NEED CASH? Sell your used/unwanted items at MAGIC CITY FLEA MARKET, SEPTEMBER 8 & 9, State Fairgrounds. Info 701-340-7930.

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w35

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

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38w



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ANSWERS

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1	8	6	2	9	3	7	4	5
5	9	7	6	4	8	1	2	3
4	3	2	1	5	7	8	6	9
6	5	4	9	7	2	3	8	1
3	2	9	8	1	6	5	7	4
7	1	8	5	3	4	6	9	2
2	7	3	4	8	5	9	1	6
9	4	5	7	6	1	2	3	8
8	6	1	3	2	9	4	5	7

Answers to puzzle from page 6

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 <p>\$199,900</p> <p>IIN MOHALL – 4 bedroom, 2 ½ bath home with many updates. Remodeled kitchen, 30x36 addition, newer siding, shingles, furnace and water heater. Unfinished basement has lots of storage. 28x50 garage with workshop.</p> <p>MLS #182082</p>	 <p>\$220,000</p> <p>JUST LISTED! Ranch style home with great floor plan. Large living room, kitchen with dining area and doors to the back yard. 3 bedrooms, 3 baths. Finished lower level has family room, non-egress bedroom, office and storage. Double garage with shop.</p> <p>MLS #182061</p>	 <p>\$67,900</p> <p>GREAT FIND – Comfortable living in this 2 bedroom, 1 ¾ bath condo. Spacious living/dining areas and a balcony that overlooks a well maintained yard with trees. Downstairs has private storage. Detached garage.</p> <p>MLS #182085</p>
 <p>\$199,000</p> <p>CLASSIC CHARM - 3 bedroom, 2 bath, 1 ½ story home. Formal dining room, fireplace in living room and main level library. Open staircase to upper level. Leaded glass windows and leaded glass built-ins. Enclosed 3 season porch. Attached garage.</p> <p>MLS #182025</p>	 <p>\$239,900</p> <p>BEAUTIFULLY REMODELED – 2 story home with 5 bedrooms and 4 baths. Fireplace in living room. Master bedroom with full bath and walk-in closet. Finished lower level has large family room, 2 bedrooms, full bath. Attached garage.</p> <p>MLS #181763</p>	 <p>\$232,000</p> <p>MOVE IN READY – 2 bedroom, 2 bath ranch style home. Custom kitchen cabinets. Finished lower level has ¾ bath and family room with fireplace and wet bar. New furnace and central air. Patio and double garage. Reduced Price.</p> <p>MLS #181319</p>
 <p>Thad Tarasen 240-6737 thad@minothomes.com</p>	<p>Check our site for weekly dates and times of Open Houses</p> <p>OPEN HOUSE</p> <p>one click printout of weekly open houses</p>	 <p>Ali Ryan 720-9004 amryan66@yahoo.com</p>

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BASE ANNOUNCEMENTS

MAKE IT A SEPTEMBER TO REMEMBER

Ladies, you are invited to a luncheon on September 11th, 12:15-2:00 pm, \$13.00 inclusive at the KC Club. For reservations contact Darcy at 837-8233 or minotchristianwomens@hotmail.com. Program: A women's quartet, "High Maintenance," from Bottineau, ND, will delight us with a mini-concert. Speaker and passionate lawn mower (!), Judi Rauscher, Sioux Falls, SD, will share her message, "The Pictures of Life." Temporary change in location! KC CLUB 2601 N. Broadway, Minot, ND.

& MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request or any inquiries to minot@erau.edu. To apply to the University, please go to https://worldwide.erau.edu/admissions/apply/ and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY is now

registering for the Fall 2018 term (8 Sept-9 Nov). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation

PARK UNIVERSITY MINOT

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WHAT'S GOING ON MAFB

TODAY

TUESDAY



UPCOMING EVENTS:

- Last day to register for Air Force Retiree 4-Person Scramble at Rough Rider Golf Course
- First Friday 5K –'RUN DMC' Run, 0730, Fitness Center
- Keystone Meeting, 1600-1700, Youth Center
- Torch Club Meeting, 1600-1700, Youth Center
- Grecian Summer Night First Friday, 1600-2200, Jimmy Doolittle Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Jimmy Doolittle Center and Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

- Registration opens for September Wine & Paint Class at Arts & Crafts
- Run 4 Fitness, 0600, Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Fit Family Boot Camp, 0900, Fitness Center
- Game Day, 1000-1930, Base Library
- Fit To Fight, 1130, Fitness Center
- Fit to Fight, 1700, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Zumba, 1830, Fitness Center

WEDNESDAY

- Tactical Fitness, 0600, Fitness Center
- Right Start, 0730, held at the Jimmy Doolittle Center, hosted by A&FRC
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Story Time, 1030, Base Library
- Run 4 Fitness, 1145, Fitness Center
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Digital Literacy Club, 1630-1730, Youth Center
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1830, Fitness Center
- Tactical Fitness, 1930, Fitness Center

SATURDAY

- Air Force Retiree 4-Person Scramble, 0900, Rough Rider Golf Course
- Fall Fitness Sampler, 0900-1100, Fitness Center
- Olympic Weight Lifting 101, 1300-1500, Fitness Center
- Zoo Time!, 1300, Base Library
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes
- Fight Night – UFC 228: Woodley vs Till, Preliminaries begin at 1900 and Main Card at 2100, Rockers Bar & Grill

SUNDAY

- Rockers Tailgate Party & NFL Shop Giveaway!, 1130-1800, Rockers Bar & Grill
- Family Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

MONDAY

- Athlete/Trainer Applications due for Armed Forces Marathon Championship
- Tactical Fitness, 0600, Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Reintegration Briefing, 1300, A&FRC
- Digital Literacy Club, 1630-1730, Youth Center
- FCC Open House, 1700-1900, FCC Office inside Rough Riders Pizza
- Zumba, 1730, Fitness Center
- Craft Club, 1800, Base Library
- Key Spouse Monthly Meeting, 1800-1930, held at the PDC, hosted by A&FRC
- Yoga, 1830, Fitness Center

THURSDAY

- Jimmy Doolittle Center closed in preparation for the Air Force Ball
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Fit to Fight, 1130, Fitness Center
- Reintegration Briefing, 1300, A&FRC
- Fitness Hour, 1600-1700, Youth Center
- Fit to Fight, 1700, Fitness Center
- EFMP Family Art Camp, 1700-1900, held at BBC Community Center Sirocco Lane, hosted by A&FRC
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Olympic Weight Lifting, 1730, Fitness Center
- Craft Club, 1800, Base Library
- Zumba, 1830, Fitness Center
- NFL Thursday Night Football Frenzy, 1900, Rockers Bar & Grill

14 September

- Jimmy Doolittle Center closed in preparation for the Air Force Ball
- Last day to register for Play the Course Backwards 2 Person Scramble at Rough Rider Golf Course
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Texas BBQ, 1115, Child Development Center
- Keystone Meeting, 1600-1700, Youth Center
- Torch Club Meeting, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

15 September AIR FORCE BALL

- Rockers Bar & Grill will be closed for the Air Force Ball
- Run for Fitness! Special Intro Class, 0800-1000, Fitness Center
- Play the Course Backwards 2 Person Scramble, 0900, Rough Rider Golf Course
- Zumba, 0900, Fitness Center
- Yoga, 1000, Fitness Center
- Family Pet Fair, 1000-1200, Bud Ebert Park
- Air Force Ball Kids Night Out, 1700-2300, Child Development Center and Youth Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes

Rough Riders Pizza Special

September Special – Roasted Red Pepper
This month's special is our delicious basil butter crusted dough covered with a classic base of marinara sauce, followed by a layer of pepper jack cheese, and topped with Italian sausage, chopped roasted red peppers, and mozzarella cheese before being cooked to perfection. A drizzle of Sriracha sauce completes this scrumptious pizza!
Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza
Try it on a Panino! \$8.25 meal – includes side & drink

B-Fifty Brew Drink Special

September Special – Mexican Mocha
This month's drink special starts when delicious mocha syrup is mixed with steamed soy milk. Next, espresso, white mocha syrup, and cinnamon dolce syrup are blended before this treat is topped with fluffy whipped cream and a sprinkle of cinnamon. Get it hot or iced!
Grande \$5.00, Venti \$5.50

Auto Hobby September Specials

September 1-15 | Pay for 2 hours of stall use and receive 1 hour stall use FREE!

LEEWOK: CHANGING THE STIGMA

MUSIC & ARTS FESTIVAL

OPENMIND

MINOT, ND - OpenMIND is hosting our 4th annual fundraiser event on Saturday, September 8th. LeeWok Music & Arts Festival is an all ages event held at The Oaks located along the Souris River in Logan, ND boasting all day live music from regional acts Nato Coles and the Blue Diamond Band, Lutheran Heat, Boreal Gardens, The San Haven Chuckle, Jami Lynn and the Mooncats. Activities for the day will also include yoga, guided meditation, all sorts of kid's art, science and mindfulness activities plus a BBQ dinner all included in \$35 ticket price. Kid's 12 and under are free. LeeWok is an outdoor event running from 2:00 - 12:00 PM (rain or shine). Beer and wine will be served throughout the evening. Ticket purchases can be made at www.lee-wok.com.

WHO IS OPENMIND?

OpenMIND is local non-profit organization devoted to bringing awareness to mental health and suicide in our community. The suicide rate in North Dakota has risen by over 70% over the last ten years and has become a real daunting issue in our state. We feel there is an underlying stigma against addressing mental

health within our culture. We need to work together to change this. We created LeeWok Music & Arts Festival in honor of our brother Lee Randall - who we lost to suicide nearly eight years ago. OpenMIND has partnered with Heidi Demers of Mindful you - Mindful me (www.mindfuleyoumindfulme.org) to help spur programs focused on mental health within our community. The goal of this partnership is to implement and promote mindfulness education in children - these techniques have been proven to increase optimism and happiness in classrooms, decrease bullying and aggression,

increase compassion and empathy for others and help students resolve conflicts. Our hope is to give the kids tools they can use anytime: tools to calm down, slow down and feel better when they are troubled. Imagine if all the children around the Earth learned to use these tools during their childhoods. What a change our world would experience within just one generation.



COURTESY PHOTOS

LEEWOK MUSIC & ARTS FESTIVAL 2018

SATURDAY, SEPTEMBER 8TH
2PM - 12AM
THEE OAKS - 7401 COUNTY RD 19 S MINOT, ND
TICKETS: \$30 ADVANCE, \$35 DAY OF SHOW (KIDS 12 & UNDER FREE)
CLASSIC BBQ STYLE FOOD (included in ticket price)
BEER & WINE AVAILABLE

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