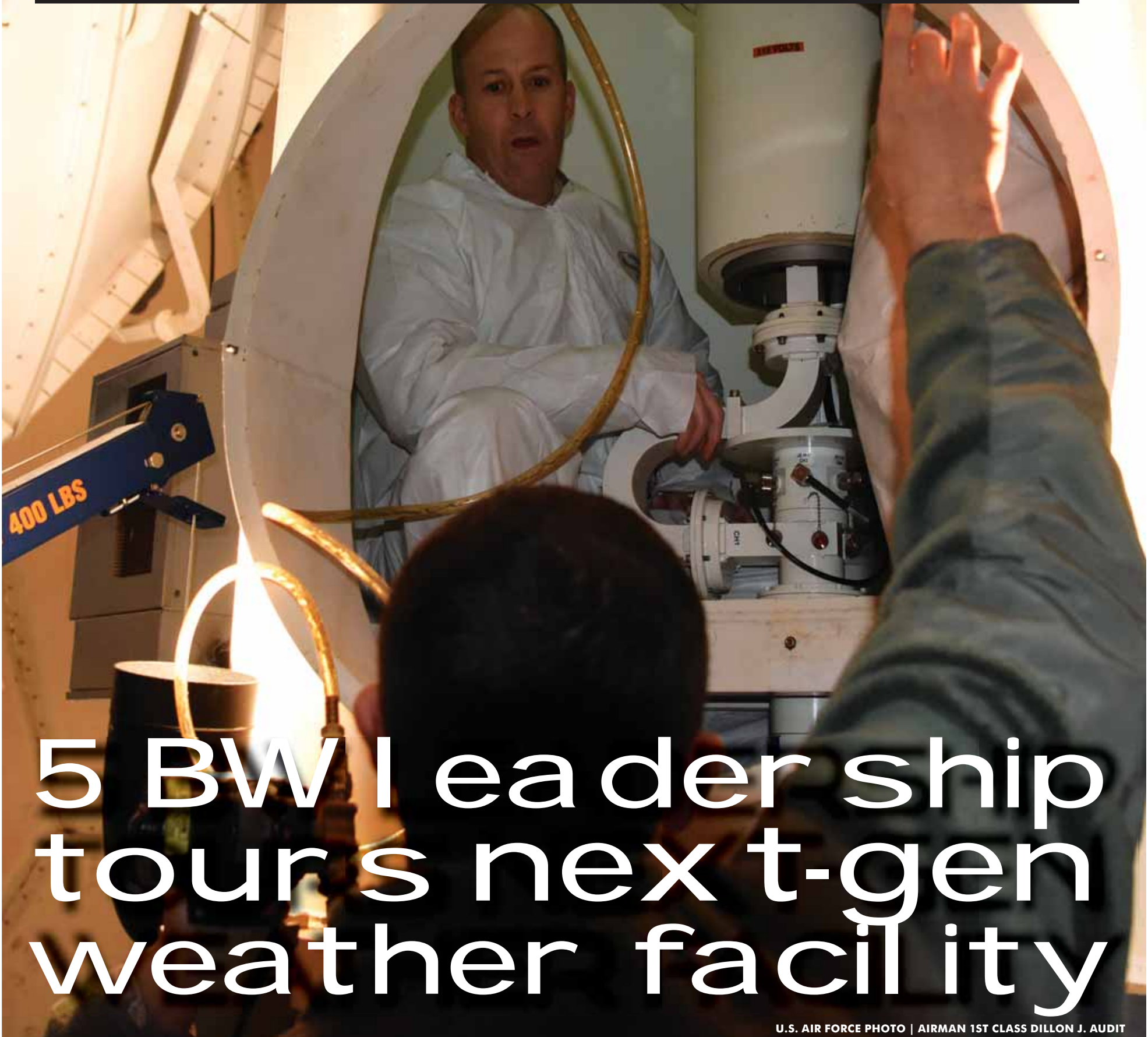


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Videos

Ar my commends JTACs for exceptional mission support in Afghanistan

CAPT. ANNA-MARIE WYANT | 455TH AIR EXPEDITIONARY PUBLIC AFFAIRS

455th Air Expeditionary Public Affairs BAGRAM AIRFIELD, Afghanistan (AFNS) --

Two joint terminal attack controllers assigned to the 817th Expeditionary Air Support Operations Squadron were commended by the Army for their achievements in support of joint military operations in Afghanistan.

Staff Sgt. Stephen Mynatt from the 13th Air Support Operations Squadron at Fort Carson, Colorado, and a senior airman from the 19th Air Support Operations Squadron at Fort Campbell, Kentucky, each received an Army Commendation Medal during their deployment to Bagram and additional regional locations.

"Radios are our weapons," said Lt. Col. Michael Kump, 817th EASOS commander. "A JTAC's ability to assess the situation, advise the ground commander, and call in deterrence or firepower is what makes them a force multiplier."

Mynatt and his fellow JTAC provided crisis response air control and support for Operation Faryab Response. They established an immediate and trusting working relationship with Army Col. Adrian T. Bogart III, the Train, Advise and Assist Command - North deputy commander, leading the response in an ambiguous and highly complex operation against a determined adversary. According to their

award citations, they directly contributed to preventing the Province of Faryab, Afghanistan from falling under the control of the Taliban.

From Aug. 20-28, Mynatt and his teammate translated commander's guidance to orchestrate and control fifteen F-16 Fighting Falcon sorties; nine B-1 Lancer bomber sorties; 30 lines of intelligence, surveillance and reconnaissance; nine employments of AH-64 air weapons teams; twelve shows of force; eleven shows of presence and ten kinetic strikes.

As a result of these actions and in conjunction with other Afghan and U.S. forces, the



Staff Sgt. Stephen Mynatt, a joint terminal attack controller deployed with the 817th Expeditionary Air Support Operations Squadron, supports joint operations at Bagram Airfield, Afghanistan.

U.S. AIR FORCE COURTESY PHOTO

JTACs inflicted extensive battle damage to the Taliban, including the destruction of captured Afghan Army equipment, which would have been a significant tactical advantage to the Taliban in Faryab Province had it fallen under their control.

"It was a team effort with everyone involved, and I wouldn't have been successful without the dedication of the Resolute Support Tactical Command Post staff," Mynatt said. "Even with limited resources, I was able to make the best out of just having a

map, compass and radio."

Mynatt and his teammate immediately integrated with the TAAC-N and RS TAC staffs, advised them on airpower integration and were instrumental in refining their staff processes to offensively target an extremely dynamic threat, Kump said. They performed above their scope of responsibility, filling the role of the air liaison officer by connecting various authorities and appropriately applying assets to facilitate an Afghan retrograde, while neutralizing threats across an entire Afghan

Province.

"Being able to integrate with an expeditionary Army staff and help them work through tactical and strategic problem sets was a unique experience for us," the senior airman JTAC from Fort Campbell said. "We were able to advise both the Army and Afghan forces on how to efficiently bring airpower into the Afghan National Defense and Security Forces scheme of maneuver during a critical mission."

The JTACs' actions resulted

Continued on page 12

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Air Medical Transport Accident

CHELSEY KRALICEK | CHI ST. ALEXIUS HEALTH MARKETING

Bismarck, N.D. – Late Sunday evening on November 18, a Bismarck Air Medical plane flying to Williston, N.D., to assist in a patient transport went down prior to arrival. A Bismarck Air Medical pilot and paramedic, along with a CHI St. Alexius Health registered nurse, were on board. There were no survivors. Per protocol, the National Transport Safety Board (NTSB) and the Federal Aviation Administration (FAA) will investigate the incident.

In a joint statement, Kurt Schley, CHI St. Alexius Health Bismarck President, and Dan Schaefer, Bismarck Air Medical and Metro Area Ambulance Operations Chief, stated, "It is a sad day here for both of our organizations. We are grieving for the family members of those who were on board."

The names of the individuals are not being released until families are notified. We are focused on supporting the families and associates from both organizations. We ask for your prayers and support at this very difficult time for all.

CHI St. Alexius Health officially announced the formation of its regional health care system on April 19, 2016. The system is the largest health care delivery system in central and western North Dakota and is comprised of a tertiary hospital in Bismarck, and critical access hospitals (CAHs) in Carrington, Dickinson, Devils Lake, Garrison, Turtle Lake, Washburn and Williston and numerous clinics and outpatient services. CHI St. Alexius Health manages five CAHs in North Dakota - Ashley, Elgin, Linton, and Wishek, as well as Mobridge Regional Medical Center in Mobridge, S.D.



Environmental team aids Tyndall AFB hurricane recovery

SHANNON CARABAJAL | AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) --

An Air Force environmental recovery assistance team's assessment of the environmental impact of Hurricane Michael on Tyndall Air Force Base, Florida, is helping recovery and rebuilding efforts at the base.

The ERAT – including environmental experts from the Air Force Civil Engineer Center Environmental Directorate's East Regional Branch and the 325th Civil Engineer Squadron – evaluated 1,165 environmental assets in support of Task Force Phenix Nov. 5-9.

The task force, under the command of Col. Pat Miller, Air Force Installation and Mission Support Center vice commander, is assessing the long-term usability of facilities at the installation.

Composed of environmental compliance, conservation and restoration program experts, the onsite ERAT evaluated

the status of underground and above-ground storage tanks; fuel facilities; air quality sources; oil water separators; temporary storage and disposal facilities for hazardous waste and materials; remedial action systems; and impacts to habitat of threatened or endangered species.

The team classified results

as green, yellow or red to identify the level of damage and repair needed. Despite massive devastation at the base, only four percent of environmental assets were rated red, requiring significant action, said Mark Summers, ERAT lead and Robins Air Force Base, Georgia, Installation Support section chief.

Determining the environmental impact of a catastrophic natural disaster is not easy, but the information is invaluable as Air Force leaders identify priorities, develop rebuilding cost estimates and notify environmental regulatory agencies of site status.

"The team knocked out a ton in very short order. I truly appreciate their dedication, professionalism, and commitment to Tyndall's future," Miller said.

The task force called on AFCEC for support because most of the base environmental team were personally impacted by the hurricane, Summers explained, adding that several people took time away from dealing with hurricane damage to their own homes to join the ERAT.

"I was impressed they came in to help us," he said.

Additional offsite support from AFCEC East Regional Branch team members at Joint Base Langley-Eustis, Virginia, helped the ERAT compile,

A destroyed civil engineering building on Tyndall Air Force Base, Fla., was among 1,165 environmental assets evaluated by an environmental recovery assistance team Nov. 5 - 9, 2018. The team's assessment of the environmental impact of Hurricane Michael on Tyndall AFB is helping recovery and rebuilding efforts at the base.

U.S. AIR FORCE COURTESY PHOTO

"I WAS NOT EXPECTING THAT LEVEL OF DEVASTATION, BUT I WAS THOROUGHLY IMPRESSED WITH THE WORK THAT'S ALREADY BEEN DONE TO CLEAN UP THE INSTALLATION."

-MARK SUMMERS, ERAT LEAD AND ROBINS AIR FORCE BASE, GEORGIA, INSTALLATION SUPPORT SECTION CHIEF.

write and deliver reports.

"This was a true team effort," Summers said.

Working 13- to 14-hour days, the team delivered a 141-page environmental impact assessment report, verified all regulatory notifications were made and ensured Florida Department of Environmental Protection emergency orders were met.

"(We worked) long hours, but it was a rewarding week. The experience gave me a great respect for the work the military – uniformed, civilian and contractors – is doing to get Tyndall back up and operational," Summers said.

"The pictures you see, even the news, it's not reality," he continued. "I was not expecting that level of devastation, but I was thoroughly impressed with the work that's already been done to clean up the installation."

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SUPT evolves, molds next generation of military aviators

AIRMAN 1ST CLASS KEITH HOLCOMB | 14TH FLYING TRAINING WING PUBLIC AFFAIRS

COLUMBUS AIR FORCE BASE, Miss. (AFNS) -- Pilot training is ever evolving around new aircraft, new equipment, new procedures and faster production. With this, the syllabus in Phase II of training has recently changed, helping build a new type of military aviator.

The new syllabus adopted by the 41st and 37th Flying Training Squadrons on Columbus Air Force Base, Mississippi, is focused on building pilots who understand aviation and can adapt to their next airframe efficiently, instead of training them to be experts on each training airframe.

Each student pilot will learn everything they need to know to learn in a safe and efficient manner, which means mixing some instrumental training with contact sorties or vice versa, additional simulator time, mentorship from other students, more mission planning and flight line experience and more.

"Leadership is trying to get rid of the old mold, where students weren't allowed to do certain aspects of training, such as going to the simulators more regularly and providing more training tools in the squadron so they progress more efficiently," said Capt. Andrew Zaldivar, 37th FTS flight commander.

Students now build a lot of

their T-6 Texan II flights from the ground up, but still follow 'canned,' or template-like patterns when they get into the correct airspace.

"The actual procedures we are instructing is similar, but we are getting more involved in the planning aspect," Zaldivar said.

The one thing Zaldivar said he didn't enjoy about the new training besides the difficult scheduling, was his inability to really connect with the students and understand them. He recalled his instructors would make a point to know each student, enabling the instructors to motivate them more.

There is still motivation in the new syllabus, but it now comes from the senior classes mentoring the newer classes, which Zaldivar said is one of the things shifting the culture of pilot training.

"We have a senior and junior class system now," Zaldivar said. "The senior classes are taking things instructors used to do and they are doing them, that's allowing us to work on instructing and helps them with the mentorship and leadership aspect. I think if this continues, it will be a well-oiled machine, not to be cliché."

How did this all begin?
"A flight commander started to schedule students in a non-traditional way, with the intent of exposing them to more of the flying environment," said, Capt.

Second Lt. Austin Anderson, 41st Flying Training Squadron student pilot, and Capt. Joseph Sornsin, 41st FTS instructor pilot, prepare for a flight Nov. 6, 2018, on Columbus Air Force Base, Miss. The new syllabus adopted by the 41st and 37th Flying Training Squadrons on Columbus AFB is focused on building pilots who understand aviation and can adapt to their next airframe efficiently.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS KEITH HOLCOMB

Joseph Spitz, 41st FTS check pilot. "Creatively using the syllabus this led to more output of students at a faster rate. I carried those techniques to my flight and we identified there is an excess of capacity in the syllabus."

Spitz is one of the instructor pilots who looked at the training and wanted to push it to its maximum, training students faster, while ensuring the necessary skills to be world class military aviators.

"The big idea is when you have good flying weather we can go out there and crush contact stories which is just visual with the ground," Spitz said. "Then when we have bad weather days, we now have the ability to fly instrument type training to find air-space that is clear."

The individual style of training allows students to progress more at their own pace by removing unnecessary sorties from high performing students schedule and giving extra flights to students who are struggling with certain aspects of flying. Spitz is confident it will be the go-to process to train students when compared to the old syllabus.

"It's required more time upfront, but day to day we are doing more complicated missions, so we have to sit down with the student and go more in-depth on how we will accomplish our objective for the day," Spitz said. "The time component has gone up due to the fact we are doing a more complicated sortie and we added more students, because we have the ability to create more pilots at a somewhat accelerated pace, so it's not like we are doing any less work to do as a flying training squadron."

Spitz said when Specialized Undergraduate Pilot Training Class 19-16 goes to the next phases of pilot training, the instructor pilots will get great feedback on the syllabus and in turn will be able to re-attack the issues from a new perspective with the other flying training wings.

LCBP provides enterprise opportunities to lead, learn

MARISA ALIA-NOVOBILSKI | AIR FORCE MATERIEL COMMAND PUBLIC AFFAIRS

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) -- It's a little known program that packs a lot of punch as the premier career broadening program for logistics officers working to keep Air Force platforms ready and lethal for the enterprise fight.

The Logistics Career Broadening Program offers company grade logistics officers the opportunity gain leadership skills and experience in depot, supply, sustainment and development missions through a two-year rotation at an air or defense logistics center. Officers are embedded within the organizations where they have the opportunity to gain a better understanding of depot processes while also looking for ways to improve and shape the future logistics processes they may someday lead.

"This is a highly competitive program that provides officers a 360-degree perspective on service-wide logistics processes and issues. The individuals selected for these assignments are those we are looking at to become future materiel leaders in the logistics enterprise," said Maj. Gen. Allan Day, Air Force Materiel Command Logistics, Civil Engineering, Force Protection and Nuclear Integration Directorate director. "The officers work side-by-side with the military and civilian professionals in the organizations that keep our operational units and platforms lethal. The learning is invaluable."

Forty-three officers are currently serving in the program, spread across nine locations, including AFMC air logistics complexes at Hill Air Force Base, Utah; Robins AFB, Georgia; and Tinker AFB, Oklahoma. In addition to learning the day-to-day operations at the logistics hubs, the officers can earn professional certification in life cycle logistics.

"These skills benefit them throughout their careers, whether at a depot or supporting a flight line or missile field," said Maj. Brandon Grone, Munitions and Missiles Branch, AFMC Logistics, Civil Engineering, Force Protection and Nuclear Integration Directorate deputy chief. "Officers are provided the time to learn and collaborate with others in the field. They can use the training directly in their current rotation and follow-on assignments."

Participants also have

opportunities to work on high-level Air Force projects that help them grow professionally as both logisticians and leaders. Past projects have included the development of a new school for civilian hires and work as

"THIS IS A HIGHLY COMPETITIVE PROGRAM THAT PROVIDES OFFICERS A 360-DEGREE PERSPECTIVE ON SERVICE-WIDE LOGISTICS PROCESSES AND ISSUES."

-MAJ. GEN. ALLAN DAY, AIR FORCE MATERIEL COMMAND LOGISTICS, CIVIL ENGINEERING, FORCE PROTECTION AND NUCLEAR INTEGRATION DIRECTORATE DIRECTOR

action officers for the Air Force's "Benchmarking with Industry" Project.

"The program has completely transformed my understanding of the acquisition and sustainment enterprise, which I now better understand is a COG (center of gravity) for readiness and winning our wars," said Capt. Ryan M. VanArtsdalen, a current career broadening officer at the Ogden Air Logistics Complex, Hill Air Force Base. "The depot is where many organizations come together as an enterprise team. Understanding how each organization works, communicates, partners and relies on each other has strengthened my ability to manage and lead organizations horizontally and vertically."

Officers in logistics career fields to include aircraft maintenance, munitions and missile maintenance and logistics readiness are eligible to apply for the program during the application cycle, which typically opens in early spring. The program is also open to the Scientific Utilization Field, Developmental Engineers, Acquisition Managers, Contracting and Financial Management officers. To be eligible for the program, officers must have four to seven years of commissioned service as of the application close date.

"LCBP has been the most informative, educational and influential assignment in my career and has completely changed the way I think and lead in the logistics profession," said VanArtsdalen. "I highly encourage anyone who enjoys solving difficult problems and learning about people, processes and procedures—someone who wants to think strategically about (Defense Department) and Air Force issues-- to apply. You will use what you learn the rest of your professional career."



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The 91st Missile Wing celebrates their 70th Anniversary

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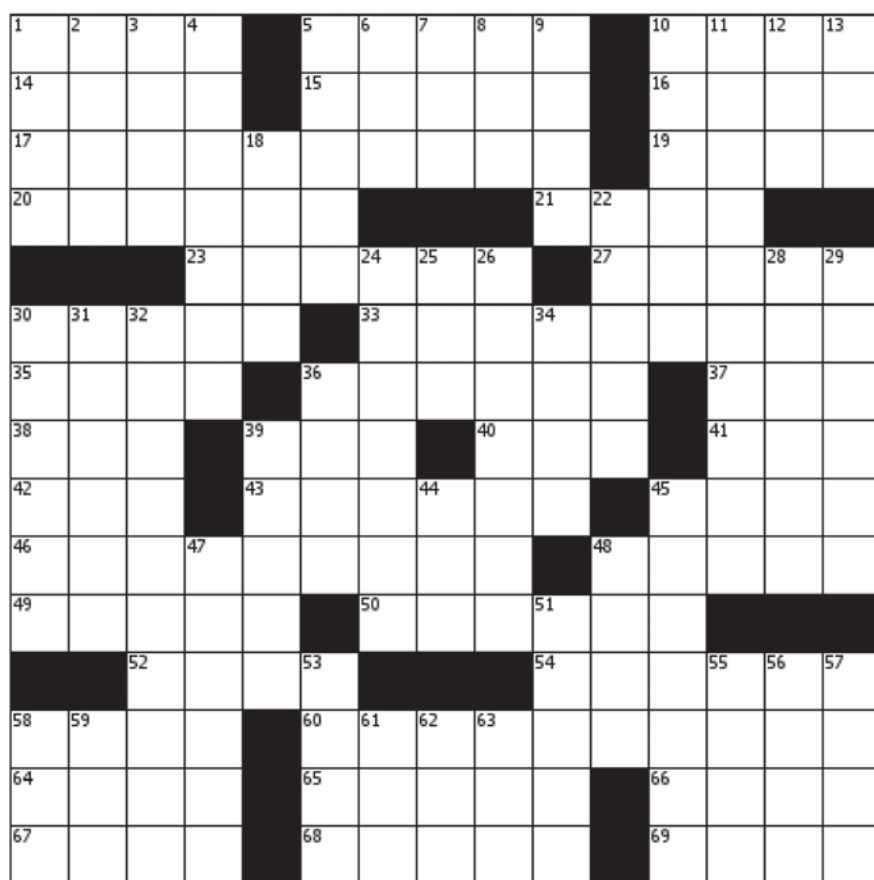
The 91st Missile Wing celebrates their 70th Anniversary Nov. 10, 2018. The 91 MW was originally founded as the 91st Strategic Reconnaissance Wing in 1948. After multiple name changes including the 91st Space Wing in 1996, it became the 91st Missile Wing in 2008.



CROSSWORD PUZZLE

Across

- 1. Kasparov's coup de grâce
- 5. Long-tailed parrot
- 10. Unicorn feature, e.g.
- 14. The same, in a bibliography
- 15. Invisible appetizer
- 16. Song sung solo
- 17. Elemental duplicate?
- 19. Shade starter
- 20. Off base
- 21. Rim coating, sometimes
- 23. Quenches
- 27. Showed disapproval
- 30. Type of moth
- 33. Elemental choo choo?
- 35. Weirdly odd, spelled oddly
- 36. Surround sound's inferior
- 37. What chit-chat may break
- 38. Animated owner of a 40-Across
- 39. Small, moist amount
- 40. Cheers, e.g.
- 41. Limit
- 42. Little fiend
- 43. Schwarzenegger film
- 45. Cod or Fear
- 46. Elemental luminosity?
- 48. More wan
- 49. Blown-up area
- 50. Word with metric or honor
- 52. Mmes. of Mexico City
- 54. Flowed like Dr. Dre
- 58. Chicken chaser
- 60. Elemental serpent?
- 64. Irish tongue



- 65. Parting word
 - 66. Bourbon Street veggie
 - 67. Faithful follower?
 - 68. Food and shelter, e.g.
 - 69. Depend upon
- Down**
- 1. Cheese lovers
 - 2. Judaic month
 - 3. Yukon or Guam (Abbr.)
 - 4. Attaché's residence
 - 5. Type of ray
 - 6. ___ de Triomphe
 - 7. Lovey-dovey sound
 - 8. Fuse unit
 - 9. Methods
 - 10. Hounds hunt holler
 - 11. Like a long speech
 - 12. Part of a crater
 - 13. Snooze
 - 18. "For Your Eyes ___"
 - 22. Regard with extreme aversion
 - 24. Soldier's knapsacks
 - 25. Prior, to Poe
 - 26. Frozen desserts
 - 28. Houdini specialty
 - 29. More complex
 - 30. Sign of the zodiac
 - 31. Petty officers
 - 32. Influence beforehand

- 34. Close
- 36. Hindu wrapper?
- 39. River mouth phenomenon
- 44. Reserved
- 45. Tree that repels insects
- 47. The jitters
- 48. Fruit tree
- 51. Lock with no key?
- 53. Peruse
- 55. Toy dog
- 56. Countess' spouse
- 57. Invasion date
- 58. Burns of documentaries
- 59. Wrath
- 61. Poem of praise
- 62. Type of chart
- 63. Group of seals

SUDOKU Solution to puzzle on page 10

	1	2		3				
	4		5		6		1	
7	3				4		8	
		5					2	9
1	6					4		
	9		3				4	7
	7		8		2		9	
				1		6	3	

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Difficult

Solution to last week's Crossword puzzle.

C	A	S	T		A	M	O	I		O	R	M	A	N	
A	R	O	O		N	E	O	N		D	E	I	T	Y	
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H	O	R	S	E		D	O	Z	E		A	R	T	Y	



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Pecan Pie CHEESECAKE

Courtesy of dreamingindijoy.com/recipe/pecan-pie-cheesecake-thanksgiving-and-christmas-dessert-recipe/



INGREDIENTS:

For the Crust:

- 1 and 3/4 cups Nilla Wafers cookie crumbs
- 1/4 cup light brown sugar
- 1/3 cup unsalted butter (melted)

For the Pecan Filling:

- 1 and 1/4 cup light brown sugar
- 2/3 cup dark corn syrup
- 1/3 cup unsalted butter (melted)
- 2 large eggs (lightly beaten)
- 1 and 3/4 cups pecans (chopped)
- 2 teaspoons vanilla extract

For the Cheesecake Filling:

- 3 8 ounce packages (24 ounces total) cream cheese (softened to room

- temperature)
- 1 and 1/4 cups light brown sugar
- 2 tablespoons all-purpose flour
- 4 large eggs
- 2/3 cup heavy cream
- 2 teaspoons vanilla extract

For the Topping:

- 3 and 1/2 tablespoons unsalted butter (melted)
- 1/2 Cup light brown sugar
- 1 teaspoon ground cinnamon
- 1/4 cup heavy whipping cream
- 1 cup toasted pecans (chopped)

INSTRUCTIONS:

To Toast the chopped pecans:

Preheat oven to 350° Fahrenheit. Lightly spritz baking sheet with cooking spray. Spread the chopped pecans evenly on the oil spritzed baking sheet and toast them just until they become aromatic, about 5 minutes. (You have to watch them carefully as they are easily scorched.)

To make the Crust:

MAKE SURE you are looking at the ingredient measurements in the section just for the crust! Line the bottom of 9 inch springform pan with parchment paper and set aside. Combine Nilla wafer cookie crumbs and brown sugar, stir in melted butter, then press the mixture evenly into bottom and halfway up the side of your 9 inch springform pan. Set aside in the refrigerator to firm up the crust while you make the filling.

To make the Pecan Filling:

MAKE SURE you are looking at the ingredient measurements in the section just for the PECAN filling layer! In a medium saucepan, combine light brown sugar, corn syrup, melted butter, eggs, toasted pecans and vanilla. Bring to a boil over medium-high heat, stirring constantly. Reduce heat and simmer stirring constantly until thickened (about 5-7 minutes). Pour into your prepared crust and set aside.

To make the Cheesecake Filling:

MAKE SURE you are looking at the ingredient measurements in the section just for the CHEESECAKE layer! Preheat the oven to 350 degrees Fahrenheit.

Beat the cream cheese until creamy, then add brown sugar and flour and beat until fluffy. Add eggs, one at a time, beating just until combined after each addition. ***Be VERY careful to not over-beat it. Stir in the heavy cream and vanilla, then pour cheesecake mixture over your pecan filling. Place springform pan on a baking sheet, put it in the oven and reduce the heat to 325 Fahrenheit. Bake the cheesecake for 60-70 minutes (until a toothpick inserted in the center comes out almost clean). **To check if your cheesecake is done, gently shake the cheesecake. If the cheesecake looks nearly set and only a small circle in the center jiggles slightly, it is done. (The center will firm up during the cooling time.) Do not use a knife to check doneness. -- BHG* Turn off your oven and leave the cheesecake in your with oven door closed for 1 hour. (Set a timer!) Run a knife around edges of cheesecake but don't take out of the springform pan until completely cooled.

To make the topping:

MAKE SURE you are looking at the ingredient measurements in the section just for the TOPPING! In a small saucepan combine butter and brown sugar. Cook for 3-5 min or until very bubbly, then stir in cinnamon, heavy whipping cream and chopped, toasted pecans. Cool to room temperature. Release the sides of springform pan and spoon the topping over cooled cheesecake. Store the finished dessert in the fridge until you are ready to serve it!

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BURN the BIRD



FRIDAY NOV 23 9AM-12PM



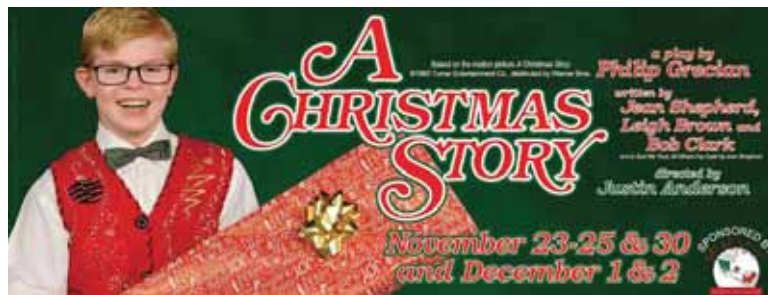
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of event; classes begin at 9:30am. our annual campaign. See you there! Childcare is available for the normal For more information: Facebook event/ 2 hour drop in fee. All proceeds go to Burn the Bird 2018

23-24 NOV

7:30 PM - 9:00 PM
Location:
Mouse River Players
115 1st St SE, Minot,
ND

A full-length comedy based on the movie "A Christmas Story" and recreates the classic tale of Ralphie as he pursues a Red Ryder BB gun. Everything you loved about the movie can be found on stage at Mouse River Players Community Theatre! Performances: November 23-24, 30 and December 1 at 7:30 PM



November 25 and December 2 at 2:00 PM House opens 30 minutes prior to show time. Ticket Prices: Adults: \$15 Children thru age 12: \$10 Seniors (60+), Students (13 thru college), and Military: \$13 For more information check out: Facebook event/ A Christmas Story

24-25 NOV

9:00 AM - 5:00 PM
Location:
North Dakota State Fair Center 2005
Burdick Expy E,
Minot, ND Join the
Minot Rifle & Pistol
Club and Longshots for the 47th Annual
Minot Gun Show in the ND State Fair
Center. ADMISSION: - \$5.00 each day
- Children under 12 free with parent
Food on premises Saturday 9am to 5pm
& Sunday 9am to 3pm ALL FEDERAL,
STATE, AND LOCAL GUN LAWS TO
BE OBEYED For More information:
Facebook event/ Minot Gun Show

Club and Longshots for the 47th Annual Minot Gun Show in the ND State Fair Center. ADMISSION: - \$5.00 each day - Children under 12 free with parent Food on premises Saturday 9am to 5pm & Sunday 9am to 3pm ALL FEDERAL, STATE, AND LOCAL GUN LAWS TO BE OBEYED For More information: Facebook event/ Minot Gun Show



24 NOV

10:00 AM - 3:00 PM
Location:
Roosevelt Park Zoo
1219 Burdick Expy E,
Minot, ND
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for? Get them the gift of a memory at the
Roosevelt Park Zoo.

Make your Mark! Someone hard to buy for? Get them the gift of a memory at the Roosevelt Park Zoo. • 4x8 brick for \$100 • 8x8 brick for \$200 All proceeds help us meet our financial goals for the #NewHabitats for our tigers and lions. Buy a Brick today! http://www.rpzoo.com/buy-a-brick/ For more information check out: Facebook event/ Make Your Mark!



Buy a Brick

29-30 NOV

7:00 PM - 9:30 PM
Location:
North Dakota State Fair Center 2005
Burdick Expy E, Minot,
ND

November 29 and 30, & December 1, 2018 at 7:00pm. Join Lady Pamela, Lord Eric, and the royal court as they kick off the Christmas Season with beautiful music, carol singing, festive skits, and lots of fun and laughter! Performances begin at 7 pm. Doors open at 6 pm for the Silent



NOVEMBER 29 & 30 | DECEMBER 1 | 7:00PM Auction, Cash Bar, & Coffee Bar! Tickets are required, and must be purchased in advance. Tickets are available at www.minotchamberchorale.org/tickets or by calling 701-441-3094. *Salad, Buffet, and figgy pudding are included in ticket price. For more information check out: Facebook event/ Renaissance Christmas Feast

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- 3:00 TO 8:00PM -
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- 5:30PM -
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Christmas blessings
- 6:00PM -
Lighting of the Christmas tree

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- GROW WITH ME** - 20% off clothes and shoes. Cookies from 1pm until gone.
- CENTURY EYEWEAR** - 15% off a Frame & Lens purchase. All day!
- LIEN'S JEWELRY** - Live Music "The Sub-Zero Winds".
- COOKIES FOR YOU** - Cookie Monster & treats from 3pm-8pm.
- ESOTERICA** - Chestnuts roasted on an open fire 3:30 until gone.
- MARGIE'S ART STUDIO** - Class Demos starting at 11am. Live Music.
- TAUBE MUSEUM OF ART** - Local artist sales during open house. Refreshments served.
- GOURMET CHEF** - Gene Putnam playing guitar 4pm-7pm.
- BRAYS SADDLERY** - All day specials & Christmas cookies from 9am to 8pm.
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Minot State students, Eckmann travel to Asia Fitness Conference

MICHAEL LINNELL | DIRECTOR OF UNIVERSITY COMMUNICATIONS

Thirteen Minot State University students, along with professor Terry Eckmann, attended the 2018 Asia Fitness Conference held at the Bangkok International Trade and Exhibition Centre in Bangkok, Thailand, Oct. 5-7.

Joining Eckmann on the trip were students Michael Chance, Minot Air Force Base; Bryanna Christianson, Sidney, Mont.; Katie Clark, Minot; Katie Eckmann, Minot; Alecia Feehan, Minot; Liz Gallardo, Vacaville, Calif.; Eduardo Gomez, Logrono, Spain; Nicole Hanson, Minot; Jameson Hayden, Lacey, Wash.; Liam Hayden, Lacey, Wash.; Kristal Heth, Westhope; Maddy Lodoen, Westhope; and Sheyenne Schmidt, Minot.

The 2018 conference was the 10th annual event, attracting over 1,200 students from 63 countries. It featured 60 internationally known presenters from around the world, including Eckmann. Along with multiple sessions each day, the event also featured an exhibition and showcase stage with the latest in fitness equipment, gear, and educational products and six completions including Fitness Idol, Personal Trainer of the Year, CWL Olympic Lifting Sport Competition, IKFF Kettlebell Competition, The Powerlifting Open; and AFC Fit

Games.

Minot State students attended sessions on group exercise, mind-body, leadership, strength and conditioning, personal training, and exercise science. Several students earned medals for their high level of conference engagement while Gomez won a Garmin watch for his speed in a treadmill race. Students made valuable connections with world-known fitness industry experts, international fitness professionals, and educators from around the world.

Along with the conference, Minot State students taught and observed physical education and English classes at St. Andrews International School. St. Andrews is an English speaking school that follows a British curriculum. Approximately 40 percent of the students are Asian and 60 percent are from other international countries. The school faculty are about 60 percent from the U.K. and 40 percent from Asia and other countries.

MSU students embraced an exciting array of active outdoor teambuilding excursions: zip lining, repelling, kayaking, ATV tours, and a sunrise island tour of eight islands. Students also had the opportunity to feed and then walk through the forest with elephants prior to giving them a mud bath at an elephant sanctuary.

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Dates to Know:

- **Nov. 24 & 25:** Minot Rifle & Pistol Club Gun show, N.D. State Fair Center, opens 9 a.m.
- **Nov. 25:** Deer gun season closes.
- **Nov. 25:** Mountain lion Zone 1 early season opens.
- **Nov. 29:** Dove season closes.
- **Nov. 30:** Deer muzzleloader season opens.



NUMBERS TO KNOW:

- **N.D. GAME AND FISH DEPT., MAIN BISMARCK OFFICE:** (701) 328-6300, WEBSITE: (HTTP://GF.ND.GOV)
- **N.D. GAME AND FISH DEPT., RIVERDALE OFFICE:** (701) 654-7475
- **REPORT ALL POACHERS:** (800) 472-2121 OR (701) 328-9921
- **FRIENDS OF LAKE SAKAKAWEA, THE REGION'S ONLY ORGANIZATION WORKING FOR QUALITY LAKE ACCESS, WEED CONTROL AND EFFECTIVE PARTNERSHIPS,** (WWW.LAKESAKAKAWEA.COM)
- **DAKOTA RECREATION REPORT & N.D. BIG GAME RECORDS BOOK:** (WWW.DANCINGPRAIRIEARTS.COM)

OUTDOOR NOTES:

*ATV, UTV, and snowmobile use now allowed on Lake Darling on Upper Souris Nat'l. Wildlife Refuge from south of Carter Dam to Lake Darling Dam. Access points are the same as for standard vehicles and must only be used for ice-fishing access only. State registration and insurance laws also apply.

Fishing:

Lake Sakakawea elevation, Nov. 19: 1,840.69 feet above mean sea level (MSL); 29,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.13 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.11 MSL.

*N.D. Game & Fish Dept. game wardens: No Lake Darling, Devils Lake, north-central area lakes, and Missouri River System reports.

*Devils Lake, Ed's Bait Shop, Devils Lake: No activity yet on Devils Lake back bays but a few anglers fishing northern feeder lakes. Limited reports yet.

*Devils Lake, Woodland Resort, Devils Lake: Bays icing over but main lake remains open yet. Some walk-on activity on northern feeder lakes, including Lake Irvine.

*Lake Darling, Karma C-Store, Ruthville: Lake Darling icing over. Look for increasing activity as ice conditions improve.

*Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Lots of early season activity but limited success with anglers fishing at Grano and spillway boat ramp. Water clarity seems good just north of Lake Darling Dam but spearers aren't seeing many pike for early season darkhouse spearing.

*Lake Metigoshe, Four Seasons, Bottineau: Lake Metigoshe iced over with anglers walking onto back bays and finding a few bluegill and walleye.

*Lake Metigoshe, Lake Metigoshe State Park, Bottineau:

Lake Metigoshe iced over but anyone venturing out needs to be extremely cautious. Park trails still usable for hiking and fat tire bikes. Sledding hill open with about 4 inches of snow.

*Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Back bays icing over on Lake Sakakawea but no activity. Lake Audubon iced over but use extreme caution if accessing any of the back bays.

*Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Bait shop closed until Lake Audubon had more walkable ice.

*Lake Sakakawea, Scenic 23, New Town: No activity in the Van Hook Arm with open water yet. Walk-on access only at Tobacco Garden but that bay is icing over.

*Lake Sakakawea, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing walleye from shore in the evening off the rocks using crankbaits. Use extreme caution on the slippery rocks.

*Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Trenton Lake slow but producing a few pike with occasional walleye and crappie. Some walk-on activity around Lewis & Clark State Park on Lake Sakakawea.

*Lonetree WMA area lakes, Harvey: Coal Mine Lake opens for ice-fishing with walkable ice.

*North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Generally light activity on area lakes with overall slow success. Most anglers waiting for better ice.

Hunting:

*Deer: Generally fair success but some areas still reporting lower deer numbers.

*Upland: Increasing numbers of pheasants showing up in pockets with corn harvest winding down.

*Waterfowl: Good numbers of Canada geese along the open water of the east end of Lake Sakakawea and open water of the Missouri River. Most birds moved out of the lake's midsection.

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Time for Christmas Travels! Annual Holiday "Twilight" Tour of Homes

NANCY F. WALTERS | TAUBE MUSEUM OF ART

(MINOT, ND) - 'Tis the season for the Taube Museum of Art's Holiday Twilight Tour of Homes Fundraiser! The Taube Museum of Art is happy to present, the

Holiday "Twilight" Tour of Homes for 2018. It will be held on December 1, 2018 from 3pm-7pm, with tastefully decorated homes and cultural destinations for you to enjoy and delight in every detail. Enjoy a day of dazzling fun with your \$16 ticket. Tickets are available in advance at the Taube Museum of Art, Artmain, and all Marketplace Foods locations. Day of the Tour tickets is \$20 and will be available at the Taube Museum of Art, as well as at each home. By purchasing a ticket, attendees will be supporting the Taube Museum of Art and have a delightful time viewing:

• **Brady and Laura Wheeler's home at 3517 21st St SE** was built in 2014 and was designed to feel bright and airy. Notice the high ceilings that really play a part in achieving this. Laura has always loved design, especially when it comes to decking the halls! She incorporates many different elements in her home. Brady and Laura are parents of three children so you will notice some elegance in the living room/kitchen and as you move to other areas of the home you will find trees decorated by them with unicorns, dinosaurs, and all things whimsy. Make sure to take a look all around, it's the most wonderful time of year!

• **Monica Peterson's home is located at 214 7th St SE** in historic Eastwood Park. The house is over 100 years old and has seen its share of floods! The property has gone through a total restoration, top to bottom, inside and out. The goal was to combine modern style with historic charm.

Decorating for Christmas is a tradition in Monica's family that has been passed down from her Mom and Aunts. They all go above and beyond in decking the halls, with unique creativity. There is a mix of traditional, vintage, and modern touches throughout the home. It truly is the most wonderful time of the year, full of magic and nostalgia, reminding you that there is no place like home for the holidays!

• **Dr. Robert Thomas and Eric Johnson's home at 1716 12th St NW** is perched on top of Minot's North Hill; our house is brimming with an eclectic sense of style. The highlight of our holiday is the 10

foot tree covered in hand-painted blown glass ornaments. Our love of glass extends to the Viking vases in the dining room and Futura pottery above the stockings. The house is filled with an extensive art collection by artists from all across the country. Red and green are just two of a rainbow of colors in the salt water reef tank passed on the way to the kitchen where marathon cookie baking takes place each holiday. We are proud to partner with the Taube to celebrate the season and welcome all to our home.

• **Ken and Janet Dammen's home filled with Seasonal Splendor at 1329 1st St SE**, just take a walk through the cozy home of Janet and Ken Dammen, to bring you to a variety of holiday styles. Each room telling a personal story from the vintage cars and whimsical decorations in Ken's room to Victorian splendor in Janet's. Janet's eye for color and creative spirit showcase her custom made floral swags and holiday wreaths in their festive glory!

• **Gol Stave Church - Scandinavian Heritage Park at 1020 S. Broadway** will be decked out with the holiday spirit! If you have not had the opportunity to visit this cultural destination in Minot, this will be the perfect time! This church is replica of the original Gol Stave Church that was built in Gol, Hallingdal, Norway.

• **Creative Culture Studio and Spartan Firearms both are located in the old Speedway at 7101 Hwy 2 & 52 W.** The Creative Culture Studio is an art studio business that will be transformed into a Winter Wonderland holiday style with treats for everyone who visits. Cross over to Spartan and be mesmerized with their holiday talents!

• **Northwest Art Center - is a non-profit arts center operating on the campus of Minot State University located at 500 University Ave W**, on the south side of MSU Library. The Center houses the Walter Piehl Gallery, which will be decorated with traditional Christmas style for all tour goers. There is a public reception area and climate-controlled collections storage for Minot State University's Permanent Art Collection and Native American Collections. Over the years the Center has enriched the artistic life of northwest North Dakota with year-round

art exhibitions, a performing arts series, a public lecture series, and numerous workshops and artists-in-residence activities. Programming of the Northwest Arts Center is supported by entry fees from its juried competitions, grants, student activity fees, memberships, and private donations. All exhibits are free and open to the public.

The homes and locations may be visited in any order. Please wear slip on shoes as a bag will be provided for them as you walk through the homes. Stop at the Taube Museum of Art at 2 North Main Street to register for two \$250.00 gift certificates donated by I Keating Furniture World, artwork, jewelry by Nancy's Fancies, as well as many more door prizes totaling over \$1,000! Enjoy a sip of cider, sweet treats, and view the art on display from the Festival of the Art Sale and maybe do a little Christmas shopping all while enjoying the acoustic guitar playing by Leonard Haabak! Remember to buy your homemade cookies and sweet treats from the Cookie Walk at the Taube Museum, sold by the pound, all starting at 3 pm, until they are gone. The Roaming Coffee Castle will be open outside the Museum for attendees to purchase hot drinks to warm up on our winter day! The Taube Museum of Art will also feature Nancy's Fancies Jewelry "Pop Up" Showcase. Each piece of her designer jewelry has been hand-crafted and designed by her in her home studio. A portion of her proceeds will benefit the Taube Museum of Art.

Anyone interested in having their home on the 2019 tour, please contact Nancy Walter at 701-838-4445, to have your name added to the list. It's never too early to start planning!

Contact the Taube Museum of Art for additional information or visit our website at www.taubemuseum.org. Museum and Gift Shop business hours: Tues. - Fri. 10:30 am - 5:30 pm, Sat. 11:00 am - 4:00 pm or by special appointment. Museum admission is free, although contributions are accepted to help the Taube Museum fulfill their mission of enriching lives through the visual arts. This fundraiser is brought to you by the Taube Museum of Art, a 501c3.

For further information: Nancy F. Walter, Executive Director at the Taube Museum of Art at 838-4445



The pharmacy process

5TH MEDICAL GROUP PHARMACY, 5TH MEDICAL GROUP

MINOT AIR FORCE BASE, N.D. --

Have you ever wondered what's going on back there, behind the pharmacy counter? Wondered why a prescription may take longer than you wished for it to be ready? After all, how hard could it be to slap a label on a bottle or to count 30 pills? Let's explore the journey your prescription takes between being processed and dispensed, efficiently and safely.

First, either your provider enters the prescription electronically or gives you a hardcopy to bring into the pharmacy. Upon receipt of the prescription, your arrival to the pharmacy window prompts the technicians to transcribe the prescriptions into the pharmacy software. This can take a bit of time for hardcopies, as providers are not known for their penmanship. First, a technician must review the prescriptions for completeness and accuracy prior to transcribing them. This is important because there are state and federal requirements governing the information needed for a prescription. There are some instances where a pharmacy staff member would need to call your provider's office. One reason could be if it was supposed to be entered electronically, but the provider has not yet entered it or if the prescription was incomplete. The time taken to make sure that all prescription information is complete and accurate not only increases your wait time, but also other patients' wait time. After transcription, the prescription is processed through Tricare and an analysis is performed identifying any potential medication interactions based on your medical history. The technician assesses and documents the interaction for the pharmacist to review. After all of the checks are done on the prescription, a label is generated. The label has a unique barcode that is specific to you and your medication and is used in the next step, the filling process.

During the filling process, a technician working the filling station pulls the label from the printer, then scans the barcode. This tells the system to pull up detailed information on the prescription. The technician performs a second check of the prescription, validating accuracy and that the information in the system is correct. If an error is identified, the technician rectifies it in the system and creates new labeling. If it is not a controlled

medication, then they retrieve the manufacturer medication bottle from the shelf and scan the barcode. This confirms the right medication was selected. The technician then counts out the specified quantity, puts it in a prescription bottle, affixes the label neatly to the bottle and passes it to the pharmacist for final review.

If the medication is controlled, it must be filled with additional steps in the vault. The vault is a double locked area just like what you would expect to find in a bank. In this area, a perpetual inventory is maintained. Additional electronic systems are utilized with multifactor authentication with fingerprint analysis. Filling controlled medications requires two-person integrity to complete a double-count. After the double-count and review of the prescription, it is ready for final review from the pharmacist.

The pharmacist performs a 3-way verification; checking the prescription your provider wrote, the label typed at the window and the medication used by the filler. The pharmacist verifies the appropriate usage and dosing of medications to ensure that it is safe for you to take. If necessary, the Pharmacist may confer with your provider on any medication interactions, dosing, evidence based medication therapy and formulary requirements. If the pharmacist identifies something that needs to be rectified, it goes back through the process.

Once all of these steps are complete your prescription is ready for pickup. A familiar sight will be your name popping up on the screen alerting you to come to the pharmacy pick up window. At this point the pharmacy staff will perform a final verification to ensure you are receiving the correct medication. At this point, you have the opportunity to speak to the pharmacist or address any questions or concerns with the pharmacy staff as you sign for your medication.

At the Minot Air Force Base Pharmacy, we strive to not only provide safe medication therapy, but better patient satisfaction. Our average wait time is less than 20 minutes. If you are not able to wait for your prescription or don't want to brave the winter weather, have it delivered to your door, through the Tricare Mail Order Pharmacy. We understand that your time is valuable and we'd like to hear what we can do better. The next time you are at the pharmacy, if you have any feedback for us, please fill out a brief survey!



Visiting Colombia, CSAF stresses importance of maintaining close ties to key Latin America ally

CHARLES POPE | SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

A BOGOTA, Colombia (AFNS) -- Air Force Chief of Staff Gen. David L. Goldfein concluded a two-day visit to Colombia on Thursday, reinforcing bonds with one of the United States' closest allies in Latin America and pledging to accelerate joint training activities with an air force he called the "gold standard" in the region.

The visit was Goldfein's first as the Air Force's highest-ranking officer to a country that has worked closely with the United States on an assortment of regional and security concerns for decades. At the same time, Goldfein's visit took place amid heightened regional concerns that underscored the importance of maintaining the longstanding ties the countries share.

"Colombia is the gold standard when it comes to securing a country and forging a positive way forward," Goldfein said during an address to a collection of senior leaders, junior officers and non-commissioned officers, noting that the Colombian Air Force participated in the last U.S. Air Force Red Flag exercise.

As he did throughout the two-day visit in Bogota, Goldfein praised the Colombian military -- and specifically its air force -- for its high performance and partnership.

"As our national defense strategy states, we cannot win without coalition partners. ... Colombia has been, and will continue to be, a capable and willing partner of the United States," Goldfein said.

In addition to policy discussions that ranged from strategies for Colombia's ongoing actions to defeat narco-terrorism, security implications triggered by political turmoil in neighboring Venezuela and Colombia's potential for training pilots from other countries in light attack, there was pomp and ceremonies that captured the two countries' relationship.

In a ceremony at the Memorial Heroes Caidos en Combate, or Fallen Heroes Memorial, Goldfein laid a wreath to honor Colombian troops lost in battle.

Later in the day during a gathering of senior leaders from both air forces, Colombia's highest-ranking air force officer, Gen. Carlos Eduardo Bueno, told Goldfein, "The United States and the United States Air Force will always be considered our principle strategic ally."

Before departing for Washington, Goldfein also bestowed the Legion of Merit to Bueno. In presenting

nations. "You are part of everything we do and we are proud of that," Mejia told Goldfein. "That kind of partnership is making an incredible difference."

He thanked Goldfein and the United States for working closely on both establishing and executing interoperability. Demonstrating that capacity is important now that Colombia has been designated a NATO global partner. Mejia also thanked Goldfein for

Top Photo: Air Force Chief of Staff Gen. David L. Goldfein and Commander of the Colombian Air Force General Carlos Eduardo Bueno Vargas salute during the Memorial Heroes Caidos en Combate in Bogota, Colombia, Nov. 15, 2018. Goldfein's visit to the country and U.S. engagement in the region reflect the enduring promise of friendship, partnership and solidarity between the Americas.

U.S. AIR FORCE PHOTO | TECH SGT. ANTHONY NELSON JR.

"AS OUR NATIONAL DEFENSE STRATEGY STATES, WE CANNOT WIN WITHOUT COALITION PARTNERS. ... COLOMBIA HAS BEEN, AND WILL CONTINUE TO BE, A CAPABLE AND WILLING PARTNER OF THE UNITED STATES,"

- AIR FORCE CHIEF OF STAFF, GEN. DAVID L. GOLDFEIN



Commander of the Colombian Air Force General Carlos Eduardo Bueno Vargas briefs Air Force Chief of Staff Gen. David L. Goldfein on capabilities and common interests between the countries' air forces, in Bogota, Colombia, Nov. 15, 2018. Regional partnerships like that of the U.S. and Colombia reflect an enduring promise of a cooperative, prosperous and secure hemisphere.

U.S. AIR FORCE PHOTO | TECH SGT. ANTHONY NELSON JR.

Colombia's participation in the last Red Flag exercise.

But Mejia also noted a collection of difficult issues that could test the relationship. Among the challenges are the continuing threat to Colombia's stability from narco-trafficking as well as ongoing problems in Venezuela that have triggered a flow of refugees to Colombia.

Goldfein's trip was the most recent example of senior U.S. officials visiting Colombia this year. In addition to Mattis, U.N. Ambassador Nikki Haley as well as Admiral Kurt Tidd, head of U.S. Southern Command, visited the country. Former Secretary of State Rex Tillerson also came to Colombia when he served.

For the United States, the interest

is both strategic and longstanding.

In 1822, for example, the United States became one of the first countries to recognize the republic of Colombia and to establish a resident diplomatic mission in the country.

More recently, Mack McLarty, who served as chief of staff for former President Bill Clinton, and John Negroponte, who served in a variety of security and diplomatic positions for former President George W. Bush including U.N. ambassador, wrote in an op-ed for the Miami Herald about U.S. relations with Colombia.

"As we address an ongoing political and humanitarian crisis in Venezuela, Colombia represents a stable, democratic neighbor to the west," they wrote.

"JTACS" from page 2

in exceptionally high battle damage to the enemy without civilian casualties, Bogart said. He called their performance "exceptional, heroic and valorous, and well above the call to duty," and said their "character, stamina and devotion were unmatched."

Over the first three days at the onset of the Battle for Faryab, the JTACs managed multiple round-the-clock and sorties simultaneously, and they quickly and accurately provided decision-making criteria to the ground force commander, he added.

"I am extremely proud of these two Airmen and how well they represented the squadron and the Air Force on this no-notice mission," Kump said. "Their skill and attention to detail turned the tide of the battle in this highly-contested province, enabled the ANDSF to regroup, and forced the Taliban to withdraw from key terrain."

The 817th EASOS provides close air support command and control, terminal attack control, intelligence, surveillance, and reconnaissance expertise, and weather forecasting and warning capability to rotary-wing task forces, manned/unmanned intelligence platforms, and maneuver units, as well as command headquarters across the combined joint operations area. Their operations fall under NATO's Resolute Support mission. The squadron, a direct-report unit to 9th Air Expeditionary Task Force - Afghanistan, is a tenant unit of the 455th Air Expeditionary Wing.

"The men and women of the 817th (EASOS) rely heavily on the excellent day-to-day support we receive from the 455th," Kump said.

The 455th is the primary Air Force entity in theater that provides finance, legal, historian, chaplain and many other support functions to the 817th EASOS and other tenant units at Bagram Airfield.

The 817th (EASOS) operationally integrates with the 455th by directing the wing's A-10s, F-16s and MQ-9s to support ground units and assist with airspace management for the aircraft. The squadron's JTACs and tactical air control parties oversee and control wing aircraft during air-to-ground missions, while intelligence, surveillance and reconnaissance liaison officers assist ground forces in establishing collection plans and requirements.

"I have the privilege of commanding one of the most unique units in Afghanistan," said Kump. "We provide many capabilities to the operations in this country and have some extraordinary Airmen executing missions and Army support across the entire country."



CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 5:30 pm Sunday .. 8:30am & 11:00am</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers.... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>ALL ARE WELCOME</p> <p>Ahla W Sahla MIRE SE VJEN SELAMAT DATANG BENVENUTO VÄLKOMMEN Willkommen WELCOME BIENVENIDO Baruch Haba Aloha Bem-windo VELKOMIN YOKOSO BENVIDO Welkommen Tere Tulemast</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p> Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Tom Sumers 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am</p> <p>Please join us, all are welcome here!</p> <p> UNITED CHURCH OF CHRIST</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 8:30 am & 11:00 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663</p> <p>www.stmarksminot.com Call or check out our website for more information.</p>
<p> Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled), 8:00 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p> St. John the Apostle Catholic Church</p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Saturday Worship..... 5:00 pm Sunday Worship.. 8:30 am & 11:00 am Sunday Education..... 9:45 am Wednesday Supper..... 5:00 pm Wednesday Education 5:45 pm</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Associate Pastor Ellery Dykeman</p>	<p> Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday School 5:45 pm Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p> <p> 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School..... 9:45 a.m. Contemporary Worship Service . 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Josh Huseby, Worship Arts Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Calvary Alliance Church</p> <p>715 20th Avenue NW Minot, ND 58703</p> <p>www.calvaryofminot.com 701-852-0670</p> <p>Sunday School..... 9:00 am Sunday Worship Service 10:00 am Wednesday Prayer 6:30 pm Wednesday Youth Group (grade 7-12) 6:30 pm</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School..... 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m.</p> <p>ABC Child Care Center..... 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p> Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i></p> <p>open hearts...open minds...open doors!</p> <p>Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p>Pastor Jennifer McDonald www.vincentumc.com</p>	<p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship..... 6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>ADVERTISE YOUR</p> <h1>Church</h1>	
<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>		<p>Advertise FOR ONLY \$7 PER WEEK</p> <p>Revisions MADE UPON NOTICE FROM THE CHURCH</p> <p>Deadline TUESDAYS BY NOON WEEK OF PUBLICATION</p>	

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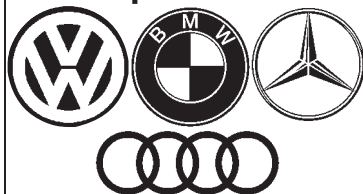
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7	3	6	1	9	4	2	8	5
4	8	5	6	7	1	3	2	9
3	2	7	4	8	9	1	5	6
1	6	9	2	5	3	4	7	8
2	9	1	3	6	5	8	4	7
6	7	3	8	4	2	5	9	1
8	5	4	9	1	7	6	3	2

Answers to puzzle from page 4

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 <p>\$249,900</p> <p>RANCH STYLE – 4 bedroom, 2 ¾ bath home on 2 lots. Open kitchen, dining and living room. Family room with wood pellet stove. Walkout lower level to covered patio. Double garage.</p> <p>MLS #182420</p>	 <p>\$249,900</p> <p>NICELY UPDATED! – 4 bedroom, 3 bath home. Large living room and patio off the kitchen. Lower level family room with private entrance. Fenced back yard. Double garage.</p> <p>MLS #181435</p>	 <p>\$199,900</p> <p>IN MOHALL – 4 bedroom, 2 ½ bath home with many updates. Remodeled kitchen, 30x36 addition, newer siding, shingles, furnace and water heater. Unfinished basement. 28x50 garage with workshop.</p> <p>MLS #182082</p>
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ESTATE CLAIM

SSgt Shauntiva O. Humphries, stationed at Minot AFB, N.D., recently passed away. Anyone with a claim for or against her estate should step forward at this time by contacting Lt Eric Kilgore, reachable by telephone at (559) 960-8194, or by email at eric.kilgore.1@us.af.mil.

WHAT'S GOING ON MAFB

TODAY

• **AFGSC Family Day – For the full listing of 5th Force Support Squadron facility hours for the Thanksgiving holiday weekend period of November 22-25, visit 5thforcesupport.com**

SATURDAY

• **For the full listing of 5th Force Support Squadron facility hours for the Thanksgiving holiday weekend period of November 22-25, visit 5thforcesupport.com**
• Registration opens for the Powerlifting Competition at the Fitness Center
• Zumba, 0900, Fitness Center
• Hip Hop All Nighter, 2200-0300, Rockers Bar & Grill

SUNDAY

• **For the full listing of 5th Force Support Squadron facility hours for the Thanksgiving holiday weekend period of November 22-25, visit 5thforcesupport.com**
• NFL Sunday Ticket Football Frenzy & Prize From Morelli's Distributing Giveaway, 1130-1800, Rockers Bar & Grill
• Sunday Escapes Book Club, 1330, Base Library
• Family Zumba, 1400, Fitness Center
• Yoga, 1500, Fitness Center

MONDAY

• Tactical Fit Express, 0600, Fitness Center
• TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
• NAF Job Fair, 1000-1400, held at Rough Riders Pizza, hosted by NAF Human Resources
• Reintegration Briefing, 1300-1400, A&FRC
• Off-Base Budget Class, 1430-1600, A&FRC
• Newbery Book Club, 1530, Base Library
• Digital Literacy Club, 1630-1730, Youth Center
• Zumba, 1730, Fitness Center
• Battle Rig Fitness, 1800, Fitness Center
• Yoga, 1830, Fitness Center

TUESDAY

• Run 4 Fitness, 0600, Fitness Center
• TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
• Barre, 0915, Fitness Center
• Game Day, 1000-1930, Base Library
• Fit to Fight, 1130, Fitness Center
• Cycle, 1230, Fitness Center
• Off-Base Budget Class, 1430-1600, A&FRC
• Fit to Fight, 1700, Fitness Center
• Family Fun Night, 1700-2100, Rough Riders Pizza
• Zumba, 1800, Fitness Center

WEDNESDAY

• Circuit Training, 0600, Fitness Center
• TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
• Right Start, 0730, held at the Jimmy Doolittle Center, hosted by A&FRC
• Club Member Benefit, 0900-2000, Rough Rider Lanes
• Story Time, 1030, Base Library
• Run 4 Fitness, 1145, Fitness Center
• Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
• Off-Base Budget Class, 1430-1600, A&FRC
• 4-H Club, 1600-1700, Youth Center
• Mug Club Special, 1600-1800, Rockers Bar & Grill
• Digital Literacy Club, 1630-1730, Youth Center
• Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
• Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
• Squadron Extramural League, 1730, Rough Rider Lanes
• Yoga, 1830, Fitness Center

THURSDAY

• Tactical Fit Express, 0600, Fitness Center
• TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
• Barre, 0915, Fitness Center
• Fit to Fight, 1130, Fitness Center
• Cycle, 1230, Fitness Center
• Reintegration Briefing, 1300-1400, A&FRC
• Off-Base Budget Class, 1430-1600, A&FRC
• Fitness Hour, 1600-1700, Youth Center
• Fit to Fight, 1700, Fitness Center
• Single Airmen Bowl Free, 1700-2100, Rough Rider Lanes
• Olympic Weight Lifting, 1730, Fitness Center
• Zumba, 1800, Fitness Center
• NFL Thursday Night Football Frenzy, 1900, Rockers Bar & Grill



UPCOMING EVENTS:

30 November

• Last day to submit entries for the Air Force Art Contest at www.myairforcelife.com/artcontest
• Barre, 0600, Fitness Center
• TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
• Torch Club, 1600-1700, Youth Center
• Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
• Yoga, 1700, Fitness Center
• Keystone Meeting, 1700-1800, Youth Center
• Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
• Kids Night Out - Team Minot Holiday Social, 1745-2200, CDC and Youth Center
• Zumba, 1800, Fitness Center
• Mixed Fun League, 1830, Rough Rider Lanes
• Karaoke Night, 2100, Rockers Bar & Grill
• Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

1 December

• Winter Reading Program at the Base Library begins
• Youth Bowling League, 1000, Rough Rider Lanes
• Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes

Rough Riders Pizza Special November Special – Garlic Chicken Pizza

A delicious base of garlic butter sauce topped with mozzarella cheese, chicken, mushrooms, broccoli, and black olives. Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza Try it on a Panino! \$8.25 meal – includes side & drink

The B-Fifty Brew Drink Special November Drink of the Month – Toasted Marshmallow Latte

A delightful beverage with white chocolate mocha sauce, caramel syrup, and whole milk. Topped with whipped cream and a drizzle of caramel. Try it hot or iced!

Auto Hobby September Specials November 16-30

Tire Balancing Special - Regular Price: \$6.50 per tire-Special Price: \$4.50 per tire!



F-35s begin Auto GCAS test flights

GIANCARLO CASEM | 412TH TEST WING PUBLIC AFFAIRS

EDWARDS AIR FORCE BASE, Calif. (AFNS) -- Automatic Ground Collision Avoidance System saves lives. That's the bottom line for those involved in testing the Auto GCAS. The 461st Flight Test Squadron recently began test flight missions with the F-35 Lightning II and the Auto GCAS at Edwards Air Force Base, California.

"Auto-GCAS saves lives, it's been proven in the F-16 and the F-22," said Lt. Col. Tucker Hamilton, F-35 Integrated Test Force director and 461st FLTS commander. Hamilton explained

that pilots could become disoriented from a variety of scenarios including target-fixation or Gravity-Induced Loss of Consciousness. In the case of a probable ground collision, the Auto GCAS would activate, take control from the pilot and return the plane to safe altitude and attitude.

The Auto GCAS utilizes sensors on the plane, terrain data and other various on-board monitors to determine a probable ground collision. Based on the plane's trajectory, speed and lack of input from the pilot, the system then calculates the best way to recover to a safe

trajectory. Edwards AFB plays an integral role in the testing and development of the F-35 Auto GCAS, gleaned from experience during the F-16 Auto and F-22 GCAS development. Edwards AFB also shaped the programatics of the capability, advocating for fielding earlier than originally planned on behalf of the warfighter.

"We understand the technology very well at Edwards (AFB) because we developed it here. We've been able to be an advocate to the warfighter, and the F-35 enterprise as a whole, to get them to accelerate implementation of F-35 Auto

GCAS by about seven years," Hamilton said. "It wasn't supposed to get in the F-35 for another seven years from now, and we're flying it today."

The addition of Auto GCAS to the F-35 makes it a more capable aircraft, said Lt. Col. Raven LeClair, 461st FLTS test pilot.

"This technology is the stepping stone to increased combat capability via a fully capable combat autopilot that will be able to execute tactical maneuvers to defeat inbound kinetic and non-kinetic threats and maximize lethality through precise weapon employment," expressed LeClair. "The future F-35 pilot is going to be a lethal battlefield manager with automated tools at his fingertips to ensure survivability and lethality."

One of the key points of the test flights is to make sure the Auto GCAS is compatible with the F-35's other onboard computer systems.

"Whenever you have this type of technology, the first objective is to do no harm," Hamilton said. "You don't want this technology to cause an accident, or a collision with the ground. One of our jobs as flight testers is to ensure that it does no harm to the operator; that it doesn't have any nuisance issues; everything is working the way it's supposed to, we give it the 'safety thumbs up,' and then it's able to go out to the fleet and save lives."

Although the system is designed to save lives, Hamilton warned pilots should not be over-reliant on the system.

"The pilot cannot use Auto

GCAS as a crutch. It's very important they do everything in their power to execute the mission without relying on any safety net to protect them. They've got to execute not thinking it's there, they should execute with that mindset; and then if it saves them, it saves them," Hamilton asserted.

According to LeClair, the current success and advanced implementation of the Auto GCAS has been a total team effort.

"The tremendous support from the services and international partners ensured the F-35 will field AGCAS technology years earlier than originally planned, saving countless lives and aircraft," LeClair stated.

"The development of the Auto GCAS has been one of the most rewarding missions I've undertaken at Edwards (AFB). To be able to see it come to fruition in the F-35 early has been extremely rewarding," Hamilton said.

The push to develop, test and evaluate the system is rooted in the command's commitment to the warfighter, both on the ground and in the air.

"We know we're going to save lives. People will be able to go home to their families. Men and women that would have died can now be saved, and it's all about the warfighter," Hamilton said. "We need to protect our brothers and sisters in arms. It is our responsibility to use the technology to be able to bring them home every day, that's something they deserve and it's something we have the capability to provide."

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