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**Videos** 



CP RAIL COURTESY PHOTOS

will arrive at the Main Street crossing located in Downtown Minot. According to the Railroads schedule, the Holiday train is expected to arrive around 6:30pm and then departs

around 7:15pm. The Holiday Train this year will feature the talented performers: The Trews, "The Trews are among the most prolific, electrifying, and innovative rock bands on the planet"- (www.cpr. ca/holiday-train/united-states); and Willy Porter, "Whether

united-states).

The event is free to the public and only asks for attendees to bring money or a heart-healthy donation for their local food bank.

Since the launching of the CP Holiday train back in 1999, the event has successfully raised over \$14.5 million dollars and gathered over 4.3 million pounds of food for the communities along the CP Rail routes in Canada and the United States.

With the holiday spirit, all Downtown businesses

will offer in-store sales, hot cocoa and other wonderful event specials.

The CP Holiday Train has been a very popular holiday event and has brought many visitors to Downtown Minot.

The street from Central north to the Railroad tracks is closed off to traffice and filled with people who have come to enjoy music, sip on hot cocoa and spread holiday cheer.

Children are also delighted by the opportunity to take a quick photo with Santa

who is mingling around throughout the crowds.

The CP Holiday Train is a wonderful event for such a great cause. Please help out those who may need an extra hand during these busy holiday times and bring canned foods or a monetary

donation for collection to stay with the Minot area food banks. The holiday time is a time for giving and to spread joy to others.

For more information about the CP Holiday Train Schedule and Entertainers, please visit www.cpr. ca/en/community/holiday-train.





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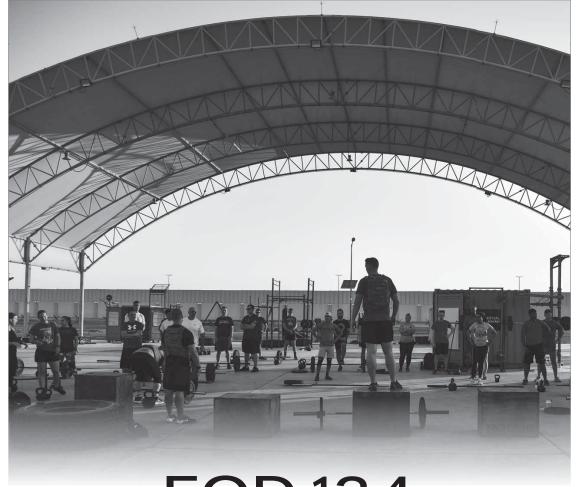
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## EOD 134 Memorial Workout

SENIOR AIRMAN MYA M. CROSBY | 380TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

AL DHAFRA AIR BASE, United Arab Emirates (AFNS) -- Airmen assigned to the 380th Expeditionary Civil Engineer Squadron Explosive Ordnance Disposal flight hosted the EOD 134 Memorial Workout, Nov. 30.

380th Air Expeditionary Wing Airmen, along with coalition partners, participated in the annual workout to honor the 134 EOD technicians from the U.S. Air Force, Army, Navy and Marine Corps that have been killed since Sept. 11,

An EOD technician's role is to detect, disarm and dispose of improvised explosive devices – a task that is magnified in a downrange location. Being an EOD technician in the U.S. Air Forces Central Command

area of responsibility means that there are many additional dangers to face while fulfilling the duty to serve the nation – dangers that can result in life-altering injuries or death.

"It is truly an honor to be able to serve alongside so many great men and women, and to be able to call myself an EOD technician in the United States Air Force, said Senior Airman Zachary Pennington, 380th ECES EOD technician. "I feel so lucky to be able to come into work and do what I love. The work that EOD techs do around the world every day is extremely important."

On top of the high demands of physicality and courageousness, the EOD career field is rightfully acknowledged as one of the most dangerous careers in the U.S. Armed Forces.

The participants executed a weight-based CrossFit styled workout including burpees, chest-to-bar pullups, and pendlay barbell rows, to name just a few of the exercises. The modern mix of calisthenics and weightlifting brought the service members together to honor the deceased EOD technicians while keeping fit to fight.

"A loved one – a friend somebody that I grew up with, died in Kandahar, Afghanistan, back in 2013, so it is very important for me to honor fallen U.S service members," said Staff Sgt. Karl Santos, 380th **Expeditionary Logistics** Readiness Squadron Individual Protective Equipment supervisor and

An Airman assigned to the 380th Expeditionary Civil Engineer Squadron Explosive Ordnance Disposal flight speaks during the EOD 134 Memorial Workout at Al Dhafra Air Base, United Arab Emirates, Nov. 30, 2018. 380th Air Expeditionary Wing Airmen, along with coalition partners, participated in the workout to honor the 134 EOD technicians from the U.S. Air Force, Army, Navy and Marine Corps that have been killed since Sept. 11, 2001.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MYA M. CROSBY

EOD 134 participant. "Fitness is one of the many ways for us to show that we haven't forgotten about them and that we never will. I like to think that no matter how much pain I'm experiencing throughout any kind of workout, that pain isn't even comparable to what the families of our fallen service members experienced."

Through the EOD 134 Memorial Workout, the men and women of Al Dhafra Air Base ensure that the lives of those before them are never forgotten.

"In the EOD career field, we say, 'We Remember,' said Pennington. "This simple phrase, 'We Remember,' serves as a promise to always remember the fallen and the sacrifices they made. We are indebted to these brave men and women, and holding an event such as this every year in honor of them is the least we can do."

Northern Sentry 839-0946 or

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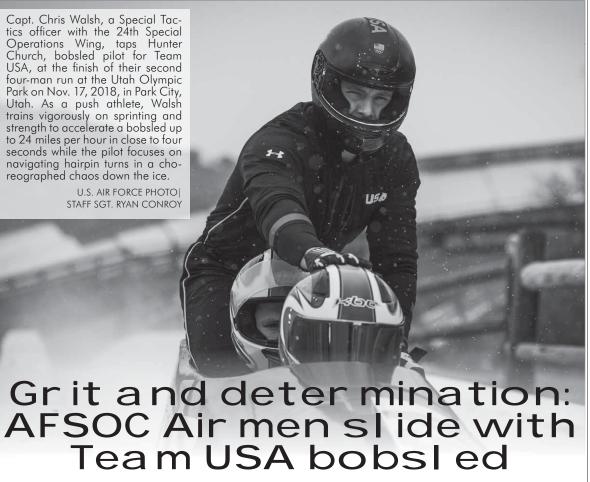
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STAFF SGT. RYAN CONROY | 1ST SPECIAL OPERATIONS WING PUBLIC AFFAIRS

## Nuclear bomb kit reaches major milestone for production phase

**LEAH BRYANT | AFNWC PUBLIC AFFAIRS** AIR FORCE NUCLEAR WEAPONS CENTER

KIRTLAND AIR FORCE BASE, N.M. (AFNS) --

he Air Force Nuclear Weapons Center received formal approval in late October to enter the production phase for the B61-12 nuclear gravity bomb's new guided tail-kit assembly, environments. or TKA.

This marks the completion of a highly successful development effort for the tail kit," said Col. Dustin Ziegler, AFNWC director for air-delivered capabilities.

The AFNWC program office recently passed the Air success for all of its 31 bomb Force review of the weapon system's development

and received approval to end its engineering and manufacturing development phase and enter the next phase for production of the tail kit. In the production phase, the testing environment will more closely approach real-world

Known as Milestone C, the decision to enter this next phase marked the completion of a series of developmental flight tests. The program office completed a 27-month test program in less than 11 months, with 100 percent

Continued on page 9

HURLBURT FIELD, Fla. (AFNS) --

ours, days, weeks, months and even years of training have prepared two Airmen for one moment – four on navigating hairpin turns in explosive seconds at the top of a winding icy track in a city that once hosted the 2002 Winter Olympics.

Early days of sprinting, heavy lifting, box jumps and squats have faded into late nights of sanding runners, making countless adjustments and pushing through frustrations to shave off hundredths of a second pushing a 500-pound sled 60 meters.

The goal? A chance to make a team in four years. A chance for a medal. A chance to represent their nation and the Air Force. A chance.

Two Airmen within Air Force Special Operations Command were selected to compete with the USA Bobsled team this year. Capt. Dakota Lynch, a 34th Special Operations Squadron U-28A pilot, and Capt. Chris Walsh, a journey was a gauntlet of 24th Special Operations Wing special tactics officer, are push athletes who are ultimately competing for a spot on the U.S. Olympic team in 2022.

'If you want it bad enough, you're going to do whatever it both Lynch and Walsh were takes to be successful ... that's invited to national team trials the grit of this sport," said Walsh. "It takes four years of commitment to make yourself better with every opportunity and even then you're never really quite there ... you have to keep grinding."

As push athletes, both Airmen train vigorously on sprinting and strength to accelerate a bobsled up to 24 miles per hour in close to four seconds while the pilot focuses a choreographed chaos down the ice.

"It's a metal and carbon fiber bullet rifling down an ice track at speeds of 85-95 miles per hour," Lynch said. "It's like a fast-moving jet with a monkey at the controls while getting in a fight with Mike Tyson ... it can be incredibly violent."

Preceding the countless hours in the gym and on the track, the ride begins with a dream to succeed at the highest athletic level. For Walsh, it was an article in a magazine and for Lynch, it was a challenge from friends while deployed to Africa. For both, it would begin a journey of bruises, scrapes and exasperation that would lead them to Park City, Utah, for the International Bobsled and Skeleton Federation North American Cup.

The first steps of their tryouts and selection beginning with an open combine. From there, standout athletes were invited to rookie camp and then push championships in Lake Placid, New York. Then, to continue to the next phase -competition.

"It relates pretty closely to the job because there's days

Continued on page 9





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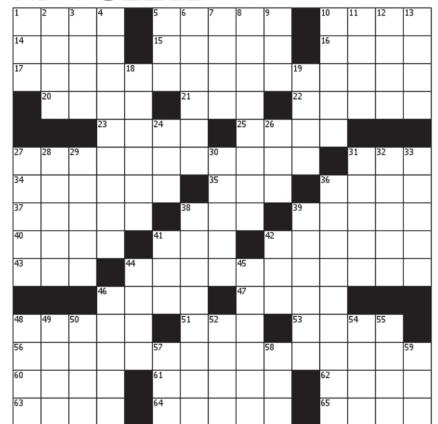


SENIOR AIRMAN DILLON J. AUDIT | 5TH BOMB WING PUBLIC AFFAIRS

Team Minot congratulates its four chief master sergeant selects at Minot Air Force Base, North Dakota, Dec. 7, 2018. A chief master sgt. is the highest enlisted rank in the Air Force.



- 1. National Geographic inserts
- 5. Competent
- 10. Shapeless mass
- 14. "Night" writer Wiesel
- 15. Euripides heroine
- 16. Fall short
- 17. Relief for thirsty livestock
- 20. MBA's interest
- 21. Capitol call
- 22. Southwest sights
- 23. Comedian Mort
- 25. What pitchers hate to give
- 27. Fight for supremacy
- 31. Lobbying org.
- 34. Turnpike entrance
- 35. D.D.E. predecessor
- 36. Speed away (with "out")
- 37. Indications of decay 38. Railroad beam
- 39. Oil, watercolor, etc.
- 40. Mt. Olympus ruler
- 41. Teensy
- **42**. Unhappiness
- 43. Top-notch ending
- 44. Not entirely joking
- **46**. Got ripped
- 47. Enjoys a loopy craft **48**. Criminal's creation, perhaps
- **51**. Travel term
- **53**. Suffix for suffering body parts
- **56**. Picnicker's worry
- 60. Circular snack
- 61. He was Santa in "Elf"



- 62. Kind of school
- 63. Hunter's quarry
- 64. Cluttered
- **65**. Fiery Sicilian

### Down

- 1. Kittenish response?
- 2. First "A" of A.A. Milne
- **3**. Crying shame
- 4. Tours Hollywood?
- 5. Jack Horner's last words
- 6. Alaska Range attraction
- 7. On tenterhooks
- 8. Hall of Fame wannabe
- **9**. Pit contents, perhaps

1800

SATURDAY, DEC. 15

FOOD COURT. SEATING OPEN TO NON-TICKET HOLDERS 30 PRIOR

TO THE SHOWTIME.

NO SHOWING

- **10**. Type of music
- 11. Fireplace supply
- 12. Fed. workplace monitor
- 13. Gershwin heroine
- 18. Domains
- 19. Exclude
- **24**. In the know
- **26**. Word of exception
- 27. Firewater
- 28. High points of a South American trip?

- 30. Recipient of a stop order? 31. "Don Quixote" role

29. Speckled swimmer

- 32. What's lined up in
- 17, 27, 44, and 56-Across
- 33. Hammer features 36. View enhancer
- 38. Air
- 39. Deadly
- **41**. General assembly?
- 42. Land's end
- 44. Place for a run
- 45. Phases

48. Enthralled

**52**. Hostelries

**54**. Smart

58. "Eureka!" for one 59. Whirlpool

46. Lake near Carson City

49. Pasternak heroine

50. Two stars dating,

55. Plot in Genesis?

57. Zodiac creature



### Solution to puzzle on page 14

		1				2		3
3			4		5		6	
		7		3	8			9
			1			5		4
	6		5		3		8	
9		5			2			
4			9	8		3		
	1		3		6			7
2		3				1		

### Medium

### Solution to last week's Crossword puzzle.

L	Р	G	Α		Е	В	В	S		Е	Р	S	0	М
Е	А	R	Ν		К	0	0	К		L	I	Т	R	Е
S	Р	А	G	Н	Е	Т	Т	I		S	С	А	В	S
S	А	М	0	А		С	Н	Е	F		K	R	I	S
			R	I	С	Н	А	R	D	Р	Е	Т	Т	Υ
F	I	G	Α	R	0				R	0	Т	S		
Е	R	0	S		L	0	W	S		S	Т	0	R	К
Α	М	I		Μ	А	С	Н	Е	Т	Е		V	I	А
Т	А	Ν	G	0		Т	0	Т	0		٧	Е	Ν	Т
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Н	0	Т	Α	Ν	D	S	W	Е	А	Т	Υ			
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Z	Ι	Р	U	Р		S	Е	R	Е	Ν	G	Е	Т	Ι
Е	С	0	L	Е		Α	D	0	S		Е	G	Α	D
D	Е	Т	Е	R		L	Υ	R	Е		S	А	L	Е

# **English CHRISTMAS TRIFLE**



Poached Pear and Raspberry Trifle, adapted from Emeril Lagasse. Requires almond pound cake, (or store-bought), homemade Creme Anglaise, (or Bird's custard), poached pears, fresh raspberries and homemade whipped cream.

### **INGREDIENTS:**

- 1 vanilla bean split lengthwise
- 4 cups heavy cream, divided
- 6 egg yolks • 1/2 cup granulated sugar
- Prepared pound cake about 12 ounces, crusts trimmed • 1/2 cup Marsala wine, or sherry
- 1/2 cup Amaretto
- 4 cups fresh or frozen and thawed raspberries
- 1/4 cup confectioners' sugar
- Fresh raspberries and mint leaves for decoration

### **INSTRUCTIONS:**

- To make the creme anglaise, in a small saucepan, bring 2 cups cream to a bare boil with vanilla bean, and scraped seeds over medium heat. Remove from the heat and let cool slightly. In a medium bowl, beat the egg yolks and 1/2 cup granulated sugar until ribbons form. Gradually add 1 cup of the warm cream, and mix well. Add back to the pot with the remaining cream and stirring constantly cook over medium heat until thick enough to coat the back of a spoon. Remove from the heat and strain through a fine mesh strainer, discarding the vanilla bean. Press a piece of plastic against the surface to prevent a skin from forming. Let cool slightly.
- In a medium bowl, whip the remaining 2 cups cream with the confectioner's sugar.
- To assemble the trifle cut the cake into 1/2-inch thick slices to fit tightly into the bottom of a trifle bowl (or a 1 1/2-quart decorative glass bowl), and slightly up the sides about 1-inch.
- Drizzle or sprinkle the cake with Marsala and Amaretto. In a mixing bowl toss the berries with 2 tablespoons Marsala, stirring to bruise the berries slightly. Layer 1/3 of the pears over the top of the cake, then top with 1/3 of the creme anglaise, (or prepared Bird's Custard) followed by 1/3 of the raspberries. Repeat the process, layering the remaining ingredients, finishing with the freshly whipped cream on top.







11/26/2018 12/31/2018 6:00 PM - 10:00 PM Location: Oak Park 1300 4th Ave NW, Minot.

Christmas in the Park is held annually in Minot's Oak Park starting in the Friday after Thanksgiving and running through New Year's Eve. Please join us in celebrating the season with a lovely light display! \$5 per car. Cash preferred but cards accepted.

For more information: Facebook event/ Minot Sertoma ~ Christmas in The Park

7:00 PM - 2:00 PM Location: Make a Scene Kids Theatre 2915 10th St SW, Minot. Join us in the Candy Cane Courthouse

as we help Jim Dandy get into the Christmas spirit!! Produced by special arrangement with PIONEER DRAMA SERVICE,

INC, Englewood, Colorado. For more information check out: Facebook event/ MASK presents Jingle Bells Jury

or 5 tickets

BY JAY MORIARTY

11:00 AM - 3:00 PM Location: Minot Loyal Order of the Moose 400 9th

St SW, Minot. Yes it's that time again !!!! Come out and get free pic with Santa and a free gift. Food, games and fun for the whole family.

Please share and let make this the biggest yet !!!!!

For More information: Facebook event/ Ice Cold Christmas 2018



6:30 PM - 7:15 PM Location:

Main Street Railroad Crossing Minot, ND

The Canadian Pacific (CP) Holiday Train will soon set out once again to entertain hundreds of thousands of people, celebrating 20 years of collecting food and raising funds for food banks across North America. All events are free. We just ask event attendees to bring money or a heart-healthy donation for their local food bank. For more information check out: Facebook event/ CP Holiday

**Train with The Trews and Willy Porter** 

5:30 PM - 7:30 PM Location:

The Tap Room 23 Main St S, Entrance is on the South Side of Building Facing 1st Ave Look for Black Awning, Minot.

Join us for a fun ride through Minot on a fun bus to check out some of the premiere Christmas light displays! Let our driver handle the driving, while you "ooooo" and "aaaaa" at the lights! We will start at The Tap Room or Saul's around 5:30pm for some pre-bus drinks with the bus departing at 6pm





and returning at 7pm. We hope you stick around for a fun night with friends, but you are free to hop around downtown in the holiday spirit. For more information check out: Facebook event/Christmas Light Tours



### **BOBSLED** from page 4

where you know it's going to be tough," said Walsh. "Every workout, every time I'm in the garage with the team, every step I take is either taking me closer or further away from my goal. If I'm lazy and I decide to slack one day ... that workout may mean the difference between me making the Olympic team or not."

Both Airmen attribute their time in AFSOC to their success on their bobsled journey. Walsh is a member of Air Force special tactics, which is a special operations ground force comprised of highly trained Airmen who solve air to ground problems across the spectrum of conflict and crisis.

"The qualities that special tactics fosters in individuals translates very well to bobsledding," said Walsh. "ST operators are mature, responsible and disciplined and need to be squared away as individuals. If they're

not, the team as a whole is weak ... so having that grit and determination to see the mission through is a big piece of what makes me successful here."

For Lynch, the team mentality of a four-man bobsled loosely correlates to responsibilities of piloting an aircraft. The U-28A aircraft Lynch flies provides an on-call capability for improved tactical airborne intelligence, surveillance and reconnaissance in support of special operations forces.

"In AFSOC, I am responsible for the aircraft, the men and the women on that aircraft and ensuring the mission is executed properly, safely and precisely," said Lynch. "Things aren't going to get handed to you conditions are going to suck, you're going to get your crap punched in, but you're going to have to have the strength and resiliency to drive through it and press forward."

As active-duty Airmen, both Lynch and Walsh have had to negotiate service commitments with leadership support. Both have been granted permissive temporary duty by their respective commanders to vie for a chance at being accepted into the Air Force World Class Athlete Program.

WCAP provides active duty, National Guard and reserve service members the opportunity to train and compete at national and international sports competitions with the ultimate goal of selection to the U.S. Olympic team while maintaining a professional military career.

"I wouldn't be here without my squadron and group commanders taking a chance on me and giving me a shot," said Walsh. "It makes me want to do really well to represent my country, the Air Force and AFSOC in a good light."

### **NUCLEAR** from page 4

drops. The accelerated schedule, as well as other risk mitigation strategies, enabled the program office to save more than \$280 million in development costs, according to Ziegler.

"The flight tests demonstrated the system works very well in its intended environment," said Col. Paul Rounsavall, AFNWC senior materiel leader for the B61-12 TKA, Eglin AFB, Florida. "This development effort brought the first-ever digital interface to the B61 family of weapons and demonstrated the B61-12 TKA's compatibility with the Air Force's B-2 and F-15 aircraft. In addition, the TKA achieved greater than five times its required performance during developmental testing and is ready to start initial operational test and evaluation."

The Department of

Energy's National Nuclear Security Administration is responsible for the B61-12 nuclear bomb assembly. The Air Force is responsible for the B61-12 TKA, joint integration of the bomb assembly and TKA into the "all-up-round" of the weapon, and its integration with aircraft.

Headquartered at Kirtland AFB, AFNWC is responsible for synchronizing all aspects of nuclear materiel management on behalf of Air Force Materiel Command and in direct support of Air Force Global Strike Command. The center has about 1,100 personnel assigned to 18 locations worldwide, including Eglin AFB; Hanscom AFB, Massachusetts; Hill AFB, Utah; Kirtland AFB; and Tinker AFB, Oklahoma, in the U.S. and Ramstein Air Base in Germany.

## **Our Primary Care Team** Just Got Stronger



Sally Eberle, FNP-C

### Welcome, Sally Eberle, FNP-C

A board-certified nurse practitioner, Sally Eberle, FNP-C, provides comprehensive primary care for families of all ages. A graduate of Medcenter One College of Nursing, she earned her Master of Science in Family Nurse Practice from the University of Mary. She provided primary care services to patients in the Minot area for the past decade, both at Trinity Health and CHI St. Alexius Health.

- Primary care for children, teens, and adults of all ages
- Women's health; pediatric and geriatric care
- In-office procedures and dermatological procedures, including skin biopsies and lesion removals
- Health screenings and physical exams



Kayla Thomas, FNP-C

### Welcome, Kayla Thomas, FNP-C

A board-certified nurse practitioner, Kayla Thomas, FNP-C, offers complete primary care for individuals and families through all life's stages. She earned her Bachelor of Science in Nursing from Minot State University and her Master of Science in Family Nurse Practice from the University of North Dakota. She worked nine years at Trinity Health, and the past two years at CHI St. Alexius

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## Tributes flow in as nation mour ns passing of George H.W. Bush

JIM GARAMONE | DEFENSE.GOV

WASHINGTON (AFNS) -resident Donald J. Trump declared Dec. 5 as a national day of mourning for former President George H.W. Bush, who passed away Friday night at age 94.

Trump joined countless others in paying tribute to Bush and his lifetime of service as a Navy pilot in World War II, congressman, ambassador to the United Nations, CIA director, vice president and president.

"Through his essential authenticity, disarming wit, and unwavering commitment to faith, family, and country, President Bush inspired generations of his fellow Americans to public service – to be, in his words, "a thousand points of light" illuminating the greatness, hope, and opportunity of America to the world," Trump said in a statement released by

the White House Dec. 3. "With sound judgment, common sense, and unflappable leadership, President Bush guided our nation, and the world, to a peaceful and victorious conclusion of the Cold War," he said. "As president, he set the stage for the decades of prosperity that have followed. And through all that he accomplished, he remained humble, following the quiet call to service that gave him a clear sense of direction."

Defense Secretary James N. Mattis said Bush "took his experience in war to build a better world as our commander in chief. His service to our nation demonstrated how we as a people can draw on our humility, diversity and devotion to our country to meet every challenge with fortitude and confidence."

"We will miss him, but at the going down of the day, his example will long guide our Sailors, Soldiers, Airmen and Marines for how to live life without regret," Mattis said.

International Leaders

All praised Bush's steady hand on the tiller as the Soviet Union imploded and democratic government arose in Central and Eastern Europe. "When the Iron Curtain came down, the world needed politicians with visions and will," wrote NATO Secretary General Jens Stoltenberg. "President George H.W. Bush was capable and committed. He seized the moment and shaped history. He will be remembered as one of the architects of the post-Cold

Atlantist." Bush was born into privilege, but was a true "servant leader." "George H.W. Bush's life is a testament to the notion that public service is a noble, joyous calling," President Barack Obama wrote in a release. "And he did tremendous good along the journey. Expanding America's promise to new immigrants and people with disabilities. Reducing the

War era and as a true trans-

scourge of nuclear weapons and building a broad international coalition to expel a dictator from Kuwait. And when democratic revolutions bloomed across Eastern Europe, it was his steady, diplomatic hand that made possible an achievement once thought anything but – ending the Cold War without firing a

The man who defeated him in 1992 – President Bill Clinton – gave thanks for Bush's "great long life of service, love and friendship."

The two men became close while working together in the aftermath of Hurricane Katrina. "He never stopped serving. I saw it up close, working with him on tsunami relief in Asia and here at home after Hurricane Katrina," Clinton said. "His remarkable

leadership and great heart were always on full display. I am profoundly grateful for every minute I spent with President Bush and will always hold our friendship as one of my life's greatest gifts.

All spoke of Bush's devotion to his wife of 73 years, Barbara, who died earlier this year. "After 73 years of marriage, George and Barbara Bush are together again now, two points of light that never dimmed, two points of light that ignited countless others with their example," Obama said.

Perhaps the most fitting tribute was one of the shortest. On Twitter, the U.S. Navy posted a picture of President Bush with the words, "Fair winds and following seas, sir. We have the watch.



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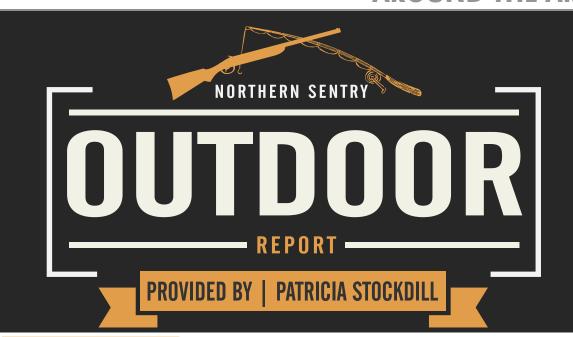
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MAKING MORE POSSIBLE

Trinity on Track in 2017 with New Medical Complex Plans, Minot Daily News, 1/1/2018



### **Dates to** Know:

- Dec. 16: Zone 3 Canada goose and deer muzzleloader
- Dec. 18: Lostwood NWR Christmas Bird Count, 8 a.m. • Dec. 19: Des Lacs and J. Clark Salver Christmas Bird
- Count, 8 a.m. And the time for Upper Souris' count is also 8 a.m
- Dec. 21: Zone 2 Canada goose season closes
- Dec. 21: Upper Souris Nat'l. Wildlife Refuge Christmas Bird
- Dec. 22: Minot Christmas Bird Count.



### NUMBERS TO KNOW:

- N.D. GAME AND FISH **DEPT.**, MAIN BISMARCK OFFICE: (701) 328-6300 WEBSITE: (HTTP://GF.ND.GOV)
- N.D. GAME AND FISH **DEPT.**, RIVERDALE OFFICE: (701) 654-7475
- REPORT ALL **POACHERS:** (800) 472-2121 OR (701) 328-9921
- FRIENDS OF LAKE **SAKAKAWEA, THE REGION'S ONLY** ORGANIZATION **WORKING FOR QUALITY LAKE ACCESS, WEED CONTROL** AND EFFECTIVE PARTNERSHIPS, (WWW. LAKESAKAKAWEA.COM)
- DAKOTA RECREATION **REPORT & N.D BIG GAME RECORDS BOOK: (WWW.** DANCINGPRAIRIEARTS.

## **OUTDOOR NOTES:**

\*Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.

<u>Fishing:</u> Lake Sakakawea elevation, Dec. 10: No updates available.

Devils Lake elevation: 1,448.13 feet above mean sea level (MSL). Stump Lake elevation: 1,448.03

\*N.D. Game & Fish Dept. game wardens: Antelope Lake slowed. Goose Lake producing a few walleye but a case of quality more so than quantity. Dion Lake has a bit of a tough perch bite with occasion fish and a few trout. Sort through for keeper walleye on Clear Lake. Watch ice heaves on Devils Lake. Overall spotty success on Devils Lake with the most consistent success around East Bay. No activity on the east end of Lake Sakakawea.

\*Devils Lake, Ed's Bait Shop, Devils Lake: Improving perch success. Try around East Bay Campground or south shore around Fort Totten. Fair to good pike spearing success on northern feeder lakes with some hook-and-

line walleye activity.
\*Devils Lake, Woodland Resort, Devils Lake: A mix of perch and walleye activity with most anglers staying in locations such as Creel Bay. Continued activity on northern

feeder lakes.
\*Lake Darling, Karma C-Store, Ruthville: Good walleye success using jigs and minnows around Grano and Lake Darling. Fair walleye success on the east end of Lake Audubon.

\*Lake Metigoshe, Four Seasons, Bottineau: Lots of activity with fair to good bluegill and walleye success. Water clarity good for pike spearing with fair to good

success. \*Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Spotty walleye success on Lake Audubon with most activity still along the east end. Try jigs and minnows. Ice depth varies so use caution. Missouri River continues producing walleye in the tailrace and down river.

\*Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Anglers starting to move around more on the east end of Lake Audubon. Houses are going

out but remember ice depth varies greatly with poorer ice conditions farther west on the lake towards Totten Trail. Try 8 to 15 feet around sundown along the north side on the east end.

\*Lake Sakakawea, Scenic 23, New Town: Anglers need to be patient for better ice on the Van Hook Arm. It iced over but isn't good enough for access yet.

\*Lake Sakakawea/Missouri River Scott's Bait & Tackle, Pick City: Not much Missouri River activity but a few analers still shore-fishing for walleye from the rocks at night and wing walls during the day. A few boat anglers working down river during the day. Not many Lake Audubon reports.

\*Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Lake Sakakawea fair for walleye from Lewis & Clark State Park to White Earth Bay using jigs and minnows in 8 to 24 feet. Ice depth varies so use caution and test it as you move along. Trenton Lake continues producing crappie.

\*Lonetree WMA area lakes, Harvey: Continued fair to good success on area pike, perch, and walleye lakes.

\*North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Clear Lake fair for a mix of walleye and perch. Limited reports from other area lakes and the river.

\*Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Anglers starting to spread out on Lake Darling more but not a lot of overall walleye success or success for pike spearing. Most anglers finding smaller walleye. Good water clarity for spearing. More permanent fish houses starting to move onto the lake.

**Hunting:** 

\*Deer: Activity slowing.
\*Furbearers: Nice fur prices helping to bring out predator calling interest for coyotes.

\*Pheasants: Birds are flighty but hunters still finding some pockets with fair bird numbers. Not much hunting pressure, though, in areas but better numbers than anticipated are still around the Lonetree WMA

\*Waterfowl: Good numbers remain along the open water of the east end of Lake Sakakawea and the Missouri River but Van Hook Arm and midsection iced over and birds moved out.

# SRT offers \$40,000 in Scholarship Opportunities Local and National Scholarships Available to Area Students

BRITTANY ARMSTRONG | CORPORATE COMMUNICATIONS COORDINATOR | SRT COMMUNICATIONS

Minot, ND he 2019 SRT College Scholarship Program applications are available. With five local scholarships awarded, a total of \$8,500 will be given to students in 2019. In addition to SRT's opportunities, SRT partners with the Foundation for Rural Service to offer national scholarships.

Four winners will be selected to each receive a \$1,500 SRT general scholarship. The SRT scholarship program highlights community involvement. However, applicants are also judged on school activities, an essay response, and GPA.

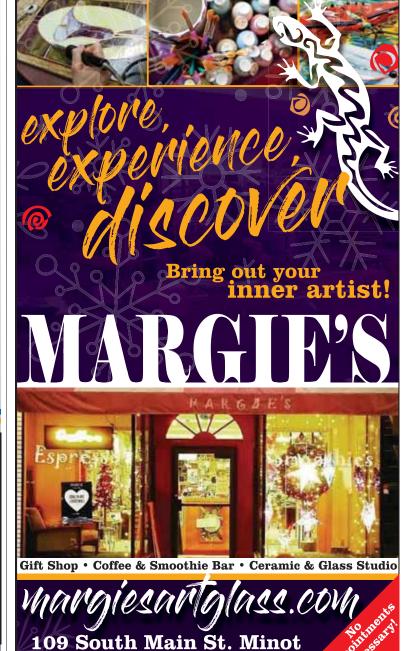
The SRT Technical Scholarship will award \$2,500 to one student. This scholarship is open to graduating high school seniors or undergraduate students studying telecommunications or other computer technology related fields.

SRT is also proud to partner as a member of the Foundation for Rural Service (FRS) to participate in a national scholarship program that could provide local students with scholarships. Students submitting an FRS application are eligible for multiple national scholarship opportunities.

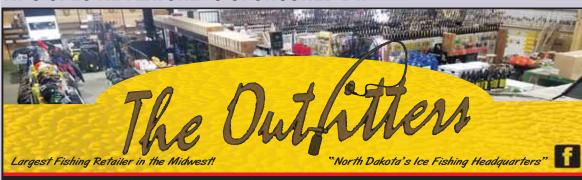
"Last Spring, SRT increased the scholarship dollars awarded to students. Our board of directors felt it was important to assist students working to further their education," said SRT CEO/General Manager Steve Lysne. "In addition to our local dollars given out, two students from our area were both awarded a national scholarship through FRS. Those two were chosen from 1,400 applicants from across the country, so we strongly encourage students to apply for all our scholarship opportunities."

Applications are available at area schools, SRT offices, and online srt.com/srtcares. Applications for FRS Scholarships are due February 22nd, and SRT Scholarship applications are due March 1st. Scholarship recipients will be announced in April and an awards lunch will be held for the winners.

SRT Communications located in Minot, North Dakota is the state's largest telecommunications cooperative. SRT services include Internet, Security, TV, Phone and Business Services and has served north central North Dakota since 1951, employs more than 200 people, and serves over 40,000 customers.



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## 36th CRG brings relief, inspiration after devastation

MASTER SGT. JAMES MAY | 36TH CONTINGENCY RESPONSE GROUP

SAIPAN, Northern Mariana Islands (AFNS) -- On Oct. 25, Daverrick Camacho, a firefighter from Saipan, woke-up to a nightmare turned reality. Everything he worked toward was wiped off the face of the earth. The place he called home and held family gatherings was nothing more than darkly twisted debris, scattered across the front lawn.

Camacho was grateful that his family was safe, but soon realized they survived Super Typhoon Yutu. The strongest tropical cyclone ever to pass over the Commonwealth of the Northern Mariana Islands, or CNMI, Saipan and Tinian, equivalent to a Category 5 hurricane.

As he assessed the damages, he felt sick to his stomach. He lost pictures of deceased loved ones and family heirlooms that were irreplaceable. The burden of the world felt like 200-pound weights mounted on his shoulders.

He gathered himself and walked to a tent his family pitched and heard, "Dad I guess today is a great day for camping." Everyone laughed and something beautiful happened in the darkness. He noticed a sign his kids painted that read "CNMI We Got This!'

That same day, the Air Force called their "Ace in the Hole" unit to support relief operations in Saipan and Tinian. Before the call, the unit was performing humanitarian assistance operations in Balikpapan and Palu, Indonesia in response to a 7.5 earthquake and tsunami that left 2,000 dead and 435,000 displaced.

The 36th Contingency Response Group from Andersen Air Force

Base, Guam, has been on backto-back humanitarian and relief missions since Oct. 4, encompassing four islands.

"It's nice to see the military respond so fast, it's like having an airshow in our backyard," said Camacho.

### Who we are

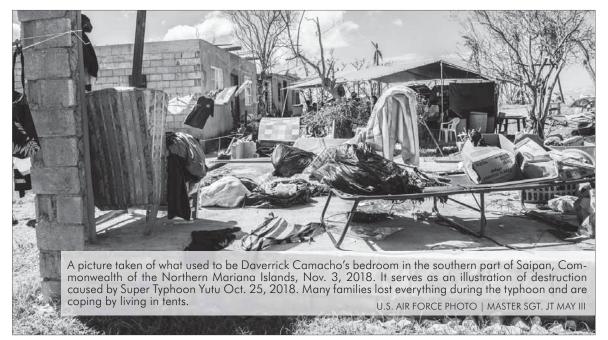
The 36th CRG incorporates more than 30 different jobs into one closeknit team. It is a rapid-deployable unit designed at the initiative of Air Force leadership to be a "firstin" force to secure an airfield and establish and maintain airfield operations.

The group is comprised of the 36th Mobility Response Squadron, the 554th RED HORSE Squadron, the 644th Combat Communications Squadron, and the 736th Security Forces Squadron.

"I know I have asked a lot from our guys, especially with the 24hour notices we received, but I also know what we're capable of and our diverse skill sets," said Col. Daniel Roesch, 36th CRG commander. "Our work could mean the difference between life or death."

### A small footprint with huge

Since Oct 5, the 36th CRG has managed airlift for 211 sorties, 1,427 passengers, and partnered with 14 countries to transport 702 displaced people to safety. They have offloaded and downloaded 15 million pounds of humanitarian and recovery supplies for the U.S. Agency for International Development, and Federal Emergency Management Agency missions so far.



"Experiences like these remind me that we have the best Airmen in the Air Force in the 36th CRG," said Chief Master Sgt. William Hebb, 36th CRG superintendent.

All supplies delivered to the four islands were coordinated, directed, packed, offloaded and downloaded by 36th CRG members. For the missions to be successful each person was required to not only know their job but the person's job to their left and right.

They train and prepare for worstcase scenarios, such as someone getting sick or needing to forward deploy. The built-in redundancy is practiced at home station to not only make the member more diverse but ensure the mission will not be affected.

### A mixture of happy and sad tears

At first glance, you would never know these men and women completed such monumental tasks. At closer look, their eyes, faces, and hands reveal the truth. Destruction, heartache, wind burns, sun blisters,

fatigue and working 12 to 14-hour shifts in 100-degree weather, took a physical and emotional toll.

On a few occasions, members had tears in their eyes after they were told thank you by people who lost everything.

"When I look at the news or I meet people affected by the typhoons, earthquakes, and tsunamis, I think about my family and I get emotional because this can happen to anyone," said Master Sgt. Jaime Almquist, 36th Mobility Response Squadron contingency response team chief. "If I must work an 18-hour shift to get people the supplies they need, I'm honored to do whatever I can because they're now my family, and it's our responsibility.

### What the future holds

Any time somebody says "36th CRG," members belt "Send me!" It's not just a chant to inspire troops, but a request. Each member in the group wants to contribute to every mission, Roesch said, and is disappointed when they're told to

take a knee.

"One of my priorities as commander is to either have myself, squadron commanders or my group chief out with our teams when possible," said Roesch. "I know we have strong leadership through our officer ranks down to our youngest Airmen, but our collective teamwork allows us to tackle objectives and readjust to obstacles we've faced."

With the backing and support from USAID, FEMA, U.S. Indo-Pacific Command, Pacific Air Forces and 36th Wing, the sky is the limit for humanitarian relief operations.

Haden highlights the fact that it's rarely a solo operation, but a joint, multinational and interagency collaboration.

Camacho and his family have taken to rebuilding what they've

"One day at a time, we're slowly transitioning from survivor mode, Camacho said. "My family is healthy, and we now have FEMA tents and running water. Thank you all for leaving your family to help mine."

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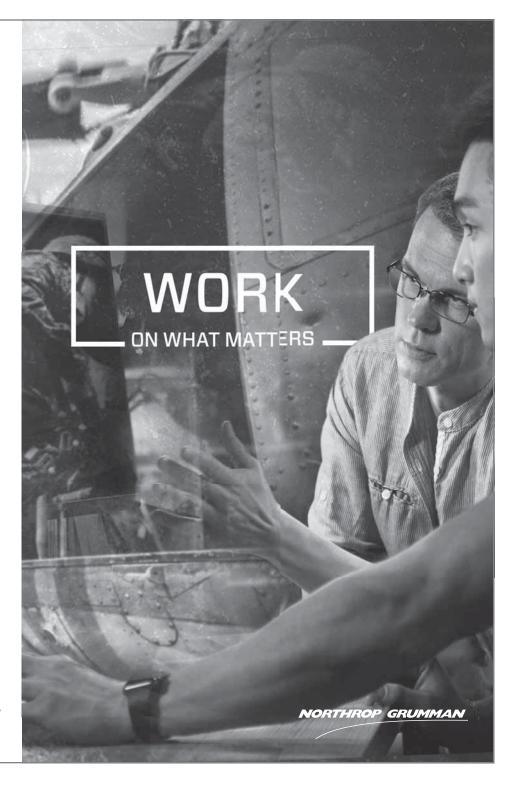
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800 University Avenue West 838-1520

**Mass Schedule** 

Saturday ..... 5:30 pm Sunday .. 8:30am & 11:00am

Fr. Fred Harvey, Pastor www.littleflowerminot.com



5900 Highway 83 N, Minot www.faithumcminot.com

> **Pastor Tom Sumers** 701-838-1540

Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.



### **Immanuel Baptist Church**

1615 2nd St. SE • Minot • 839-3694 Sundays

ouuajo.	
Sunday School	9:15 a.m
Worship	
. Wednesdays	
Soup Kitchen 11:30 a.m.	- 12:30 p.m
- '1 0	E 45

Family Supper ...... 5:45 p.m. Classes for all ages ...... 6:30 p.m. Adult Choir (as scheduled). 8:00 p.m.

> Brian T. Skar. Pastor www.ibcminot.org

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Fellowship...... 11:00 a.m.

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www.vincentumc.com

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838-1111

Morning Worship ......8:30 a.m.

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Morning Worship ......11 a.m.

Wednesday Family Night..... 6:30 p.m.

Vincent United

Methodist

Church

Wednesday School ..... Wednesday Worship ....

..5:45 pm

.....6:45 pm

## **Church, UPCI**

Located off Hwy 83 Bypass West (701)838-0609

Saturday School	2:00 p.m.
Sunday Worship	3:30 p.m.
Wednesday Bible Study	.7:30 p.m.

Jesse Starr, Pastor

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**Eastern Orthodox** 

Church

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Sunday Liturgy ..... 10 a.m.

Saturday Vespers.... 6 p.m.

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Sunday School ...... 9:45 a.m.

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Evening Worship ......6:00 p.m.

Wednesday Evening......7:00 p.m.

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Pastor David Miller

2929 19th Ave NW • Minot

Saturday School	2:00 p.m.
Sunday Worship	3:30 p.m.
Wednesday Bible Study	.7:30 p.m.

### **First Baptist Church** 200 3rd St. SW • 852-4533 www.fbcminot.org

•	_
Classic Worship Service	8:30 a.m.
Adult Sunday School	.9:45 a.m.
Contemporary Worship Service	. 9:50 a.m.
Children's Church	.9:50 a.m.
Sunday School (All Ages)	11:00 a.m.
Contemporary Worship Service.	. 11:05 a.m.
Wed. AWANA (Sept. to May)	6:30 p.m.

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1000 NE 3rd Street 852-0315

Sunday Schedule	<b>3</b>
Contemporary Worship	9:00am
Sunday School (All Ages)	10:00am
Traditional Worship	11:00am

Wednesday Evening	Schedule
Community Dinner Contemporary Worship.	

### Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org St. John the Apostle

## Catholic Church

2600 West Central Ave • Minot, ND 58701 839-7076

Daily M	ass Schedule:
Tuesday	7:00 p.m
(3rd Tue	esday 7:00 a.m.)
Wednesday - F	riday 7:00 a.m
Saturday	5:00 p.m
Sunday	9.00 g 10 30 a m

Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com



## 701-852-0670

Sunday School	9:00 am	ı
Sunday Worship Service	e 10:00 am	ı
Wednesday Prayer	6:30 pm	
Wednesday Youth Gro	up	ı
(grado 7 12)	6:30 nm	١.



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Worship	10:30 a.m.

### www.trinitychurchminot.org

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Tuesday Bible Study12pm
Saturday Noah's Breakfast9:30am

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Sunday Worship 10:30 a.r
Children's Church & Nursery
Wednesday Family Training Hour

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Adult/Children W	/orship…11 a.m.
Family Hour	6:30 p.m.
<b>Evening Worship</b>	7:30 p.m.
Bible Study/Chile	d-Adult
Children Worshi	p (Wed)7 p.m.
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at (559) 960-8194, or by email

at eric.kilgore.1@us.af.mil.



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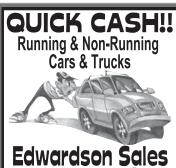
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2112 N. Broadway • Minot, ND

**ANSWERS** 

### **SUDOKU ANSWERS**

8	4	1	6	9	7	2	5	3
3	9	2	4	1	5	7	6	8
6	5	7	2	3	8	4	1	9
7	2	8	1	6	9	5	3	4
1	6	4	5	7	3	9	8	2
9	3	5	8	4	2	6	7	1
4	7	6	9	8	1	3	2	5
5	1	9	3	2	6	8	4	7
2	8	3	7	5	4	1	9	6

Answers to puzzle from page 6

### **HOME LOANS**





ACCOUNTANT



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\$236,500

RANCH STYLE - Spacious 3 bedroom, 3 bath home. Formal dining room. Vaulted, beamed ceilings with 3 skylights. 2 fireplace with electric inserts. Finished lower level. Storage shed and double garage.

MLS #180176



JUST LISTED! – Affordable 2 bedroom, 1 bath mobile home. Kitchen has gas stove and lots of cabinet space. Updated bathroom. Vinyl siding and updated vinyl windows. Washer/dryer and outside shed stay. Concrete parking pad.

MLS #182627



SPACIOUS CONDO - Nice 2 bedroom, 1 3/4 bath condo in SW area. Open floor plan. Large pantry in kitchen. Master bedroom with walk-in closet and bath. Main level laundry. Daylight lower level family room. Double garage.

MLS #181236

Ric Montoya

240-0749

grigio92@aol.com



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## ALEST CON CONTIN

## **TODAY**

**SATURDAY** 

**MONDAY** 

- Barre, 0600, Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Holiday Wreath Class, 1300, Arts & Crafts • Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Gentle Yoga, 1700, Fitness Center • Keystone Meeting, 1700-1800, Youth Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

• Ho Ho Ho Holiday Sampler, 0900-1100, Fitness Center

Youth Bowling League, 1000, Rough Rider Lanes

• Outdoor Rec Winter Bash, 1000-1400, Outdoor Recreation

• Rough Rider Lanes will close at 2000 for a special function

## **TUESDAY**

- Run 4 Fitness, 0600, Fitness Center
- Pre-Separation Counseling, 0800-1130, A&FRC
- Barre, 0915, Fitness Center
- Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Fit to Fight, 1700, Fitness Center
- EFMP-FS Family Art Camp, 1700-1900, BBC Community Center on Sirocco Drive, hosted by A&FRC
- Family Fun Night, 1700-2100, Rough Riders Pizza

Last day to register for Creative Kids Class for Arts & Crafts

• Club Member Benefit, 0900-2000, Rough Rider Lanes

• Zumba, 1800, Fitness Center

• Circuit Training, 0600, Fitness Center

Bundles for Babies, 0900-1030, A&FRC

• Digital Literacy Club, 1630-1730, Youth Center

Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill

• Squadron Extramural League, 1730, Rough Rider Lanes

• Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill

Story Time, 1030, Base Libra

• Run 4 Fitness, 1145, Fitness Center

### 21 December

- Winter Challenges begin at the Base Library
- Christmas Vacation Bowling Special, 0900-1600, Rough Rider Lanes
- Torch Club, 1600-1700, Youth Center
- Cookie Decorating, 1600-1730, Youth Center
- Halo 4 SAI Gaming Tournament, 1600-1800, held in the gaming truck located near the entrance of Dorm 210
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Gentle Yoga, 1700, Fitness Center • Zumba, 1800, Fitness Center
- Keystone Meeting, 1700-1800, Youth Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Mixed Fun League, 1830, Rough Rider Lanes Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

### 22 December

- Zumba, 0900, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Family Game Day, 1300-1500, Youth Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes

### • Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC • Off-Base Budget Class, 1430-1600, A&FRC · 4-H Club, 1600-1700, Youth Center • Mug Club Special, 1600-1800, Rockers Bar & Grill

- ullet NFL Sunday Ticket Football Frenzy & Barnes & Noble Gift Card + Magic City Beverage Giveaway, 1130-1830, Rockers Bar & Grill
- Barre, 1300, Fitness Center
- Family Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

## **THURSDAY**

WEDNESDAY

### Last day to register for Women's Intramural Basketball

- Tactical Fit Express, 0600, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC • Newbery Book Club, 1530, Base Library
- Digital Literacy Club, 1630-1730, Youth Center
- Zumba, 1730, Fitness Center
- Knitting Club, 1800, Base Library · Yoga Strong, 1830, Fitness Center
- Battle Rig Fitness, 1800, Fitness Center
- - Barre, 0915, Fitness Center

Yoga, 1830, Fitness Center

- Creative Kids Class, 1030-1100, Arts & Crafts
- Off-Base Budget Class, 1430-1600, A&FRC
- Fitness Hour, 1600-1700, Youth Center
- Members 2-4-1 Appetizer Night, 1700-1900, Rockers Bar & Grill
- Olympic Weight Lifting, 1730, Fitness Center
- Zumba, 1800, Fitness Center

- Tactical Fit Express, 0600, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Have a Storm Ball League, 1800, Rough Rider Lanes

## Rough Riders Pizza Special

<u> December Special - Shrimp Scampi Pizza</u> A creamy base of alfredo sauce coated with mouth-watering mozzarella & parmesan cheeses, topped off with spinach, herbs, and shrimp.
Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza Try it on a Panino! \$8.25 meal — includes side & drink

The B-Fifty Brew Drink Special

<u>December Drink of the Month – Cupcake Delight Frappucino</u>

A tasty drink combining whole milk, vanilla bean powder, and a delicious

twist of strawberry, raspberry, and toffee nut syrups. Topped off with whipped cream and colorful sprinkles. Try yours hot or iced!

### **Auto Hobby December Specials**

December 1-15 \$3 OFF Strut Swap

Customer removes struts from vehicles and Auto Hobby staff will remove old strut from spring and install a new strut. Normal Price: \$15 per strut | Santa Special: \$12 per strut

December 16-30 \$1 OFF Stall Fees Flat Stall | Normal Price: \$3 per hour | Santa Special: \$2 per hour

Lift Stall | Normal Price: \$6 per hour | Santa Special: \$5 per hour

