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Videos



Exclusive engineer ing experience

AIRMAN 1ST CLASS HEATHER LEY | 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

ix Airmen from Minot Air Force were selected to participate in the Engineer Week Immersion to learn the immerse themselves into the various jobs within the 5th Civil Engineer Squadron, Feb. 21, 2019.

From operating an excavator to putting on full bunker gear, participants got to experience a day in the life of a Team Minot Engineer.

"The immersion was an opportunity for people [in different career fields] to see what we do," said 2nd Lt. Tyler Rodriguez, 5th CES project programmer. "We have our hands in a lot of different things on base and we try to make sure everything runs smoothly."

To show the various aspects of 5th CES, the participants were taken to several different shops to get responsibilities and the a hands-on experience.

"As people mature and progress in their careers, they have opportunities to see what other career fields do," said Lt. Col. Matthew Altman, 5th CES commander. "If we can expose what engineers do to other Airmen earlier on in their careers, it will give them a broader perspective to take back to their work centers."

The participants traded Base, North Dakota a day at their work centers for a day dedicated to the tour, so they could fully engineering world.

"The Airmen were selected by their first sergeants to give us high performers who they thought would be good ambassadors to share what they learned from the immersion with their squadrons," said Rodriguez.

The tour included visits to the following: power production, heavy equipment, water fuel maintenance systems, engineering flight, emergency management, the fire department and the explosive ordnance disposal

Throughout the day, each shop was eager to show the tour members their shop's importance they have on the

"The engineers are excited to be a part of Team Minot,' said Altman. "We are very proud to contribute to the important missions of both wings and glad to have the opportunity to expose people to what we do."

Although the participants

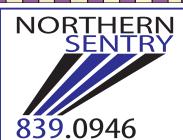
Senior Airman Ismael Del Toro, left, and Airman 1st Class Mat-thew Sharif, right, 5th Civil Engineer Squadron explosive ordnance disposal apprentices, assist Senior Airman Nikaylah Davis, an Engineer Week Immersion participant, getting into an advanced bomb suit at Minot Air Force Base, North Dakota, Feb. 21, 2019. Bomb suits are used to protect the EOD team from threats associated with explosive devices

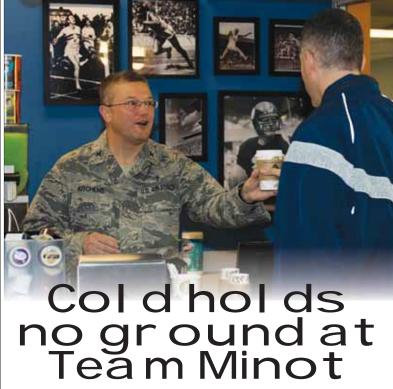
U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS HEATHER LEY

for the Engineer Week Immersion were selected by their first sergeants, anyone interested in engineering has the opportunity to find out more.

"Anytime we have people interested in 5th CES, even outside of engineer week, we are more than happy to show other Airmen what we do," said Rodriguez.







SENIOR AIRMAN ALYSSA M. AKERS | MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

functions as an umbrella for military members, there are several aspects that go into

developing a truly resilient individual.

One of the core pillars of Airmen resiliency is spiritual fitness.

Chaplain Col. Randall Kitchens, Air Force Global Strike Command chaplain, and his religious affairs functional manager visited Minot Air Force Base, North Dakota, from Feb. 25 to March 1, to check on Team

Minot Airmen and their religious support teams.

"We have a responsibility to organize, train and equip hile resiliency all religious support teams,' said Kitchens. "To do that, we advocate and work with leadership to ensure they have the manpower, resources, and readiness requirements for the Air

> "IT IS A CHALLENGE TO BE RESILIENT, **BUT THERE'S QUITE** A FEW RESILIENT AIRMEN HERE, **REGARDLESS** OF THE HARSH **WEATHER AND** LOCATION,"

- SENIOR MASTER SGT. TAMICA HALES, AFGSC RELIGIOUS AFFAIRS FUNCTIONAL **MANAGER**

Continued on page 8





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Estate cl aim

Minot Air Force Base, N.D.—Lt Hurl Millikin, from the 5th Security Forces Squadron, has been appointed the Summary Court Officer (SCO) for the estate of Senior Airman Andrew J. Leseney, 5th SFS. All claims for or against the estate of the deceased must be submitted to the SCO. For more information, call Millikin at (517) 242-3378.

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in-flight Transportation Isol ation System training

SENIOR AIRMAN CODY R. MILLER | 628TH AIR BASE WING PUBLIC AFFAIRS

JOINT BASE CHARLESTON, S.C. (AFNS)

oint Base Charleston hosted Air Mobility Command training for aeromedical and infectious disease personnel to better familiarize them with outbreak prevention protocols and procedures, with a focus on Ebola, March 4-6.

The training focused on the Transportation Isolation System, which is designed to provide aeromedical evacuation for patients with known or suspected exposure its kind in the Department to a contagious or infectious disease, while protecting aircraft and aircrew.

"We've got Airmen from multiple career fields and areas of expertise here," said Maj. Scott King, 628th Medical Group TIS support team leader. "This exercise includes aeromedical personnel, infectious disease doctors, critical care transport teams and TIS

Airmen transport simulated patients onto a C-17 Globemaster III during a transportation isolation system training exercise March 6, 2019, at Joint Base Charleston, S.C. Engineered and implemented after the Ebola virus outbreak in 2014, the TIS is an enclosure the Defense Department can use to safely transport patients with highly contagious diseases.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN CODY R. MILLER

support team members." King said that JB Charleston fulfilled a unique in 2014, the TIS was role in support the TIS mission.

"Joint Base Charleston is hosting Airmen from all over event they get infected AMC to ensure everyone is familiar with the units,' King said. "This mission capability is the only one of of Defense. We're able to safely transport one or multiple Ebola infected patients if the danger of infection is ever present during a mission. Our base is medical workers that the only one in the (Defense Department) that can deploy these TIS units, supporting the mission of readiness and Air Force medical executing the AMC initiative of having rapid global mobility capabilities."

First implemented after the Ebola virus outbreak engineered to ensure service members get the proper treatment in the with any disease during relief missions to affected

According to the Center for Disease Control website, 11 people were treated for Ebola in the United States during the 2014-2016 epidemic, many of whom were were exposed during their time in West Africa. Units like the TIS allows workers to do their job and still receive the proper care in the case of an emergency.

Transportation isolation training takes place roughly three times a year and lasts for four days. The training goes from initial donning and doffing protocols for personal protective equipment to actual patient transport and care. This can include treating simulated patients at the "infection scene" all the way to securing them within the TIS unit and even taking part in a simulated inflight transport.



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THE LIGHTER SIDE

Across

- 1. Folklore beasts
- 5. Out to lunch
- 9. Environmental hazards, briefly
- **13**. Virtuous skipper
- 14. Red Sea peninsula
- 15. Coloratura piece
- 16. Start of a quip
- 18. MIT course
- 19. Gas for life
- **20**. Start
- 21. Jazz improv components
- 22. Sports group
- 24. Plummet
- 25. Part 2 of the quip
- 31. Admonish
- 34. "Training Day" actor Hawke
- **35**. Bath enhancement
- **36**. Bus route
- 37. 1924 Olympics locale
- 38. Web site language
- 39. Fertility clinic specimens
- **40**. Co-Nobelist of 1903
- 41. Court matters
- 42. Part 3 of the quip
- 45. "Shine" Oscar winner
- **46**. Natty

3

6

4

- **50**. Long-necked swimmers
- **52**. They may buckle
- 55. Keanu Reeves role
- 56. String together
- 57. End of the quip **59**. At some earlier time

4

3

- 60. Went up or advanced
- 61. "In the Line of Fire" actress Russo

5

8

7

9

1	2	ľ				ľ	ľ	ľ	ľ		ľ	10	**	12
13					14						15			
16				17							18			
19		\vdash		20						21				
22			23						24					
			25			26	27	28					29	30
31	32	33				34						35		
36					37						38			
39				40						41				
42			43						44					
		45							46			47	48	49
50	51					52	53	54				55		
56					57						58			
59					60						61			
62					63						64			

- **62**. Sugar source, sometimes
- **63**. Cookout crashers
- 64. Skater's maneuver

Down

- 1. First NBA lottery pick of 1992
- 2. "Chicago" murderess
- 3. "Mr. Smith Goes to Washington" director
- **4**. "Ain't ___ Sweet"

Solution to puzzle on page 10

2

6

4

7

8

5

1

9

- 5. Fizzles out
- **6**. Britain's Princess Royal
- 7. It's fancy-free?
- 8. Inconclusive result
- 9. Best Actor for "Scent
- of a Woman" 10. Screwballs
- **11**. Swindle
- 12. Plant pouches
- 14. Connective tissue
- **17**. Awaken

- 21. Creditor's claim
- 23. French novelist Andre
- 24. Rejuvenating spots
- 26. Essence
- 27. Sections of 26-Down
- 28. Kleptomaniac
- 29. Tangy flavoring
- 30. Under-the-sink joints
- 31. Backup cause 32. Honey of a home
- 33. Dazed

THE PRODIGY (R)



A mother concerned about her young son's disturbing behavior thinks something supernatural may be affecting him.

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Old-school magic meets the modern world when young Alex stumbles upon the mythical sword Excalibur. He soon unites his friends and enemies, and they become knights who join forces with the legendary wizard Merlin. Together, they must save mankind from the wicked enchantress Morgana and her army of supernatural warriors.



7

2

1

3

6

7

2

8

Solution to last week's Crossword puzzle.

Α	L	L	Α	Н		S	L	0	Т		Т	R	0	D
V	0	I	L	Е		Т	I	R	Е		Α	I	D	Е
Ι	Ν	F	L	А	Т	Е	А	В	А	L	L	0	0	Ν
D	I	Е		D	Е	Е	R		Р	Α	L	Т	R	Υ
			Р	R	Е	Р		Ι	А	Z	Υ			
Α	С	Т	I	0	Z		Т	0	R	Υ		А	L	А
В	R	Α	٧	0		Α	R	U	Т		S	N	U	В
В	Е	С	0	М	Е	٧	Е	R	Υ	А	Ν	G	R	Υ
Е	М	I	Т		Z	Ι	Т	S		Т	Α	L	Е	S
Υ	Е	Т		Α	D	0	S		S	Т	R	Е	S	S
			S	Р	А	Ν		L	0	R	Е			
L	I	S	Т	Е	Ζ		G	Α	L	А		J	Α	G
Е	Ν	L	Α	R	G	Е	А	Р	I	С	Т	U	R	Е
S	Т	I	R		Е	G	I	S		Т	0	N	Е	R
S	0	М	Е		R	0	L	Е		S	Т	Е	Α	М

- **37**. Nudge
- **38**. "Listen!"
- **40**. Use some four-letter **54**. Some are private
- words **41**. Halt
- 43. Trip from the Capitol
- 44. Fashion direction
- 47. Reference list
- **48**. Fishing net
- 49. Camper's aversion
- 50. Clutter creator
- **51**. Passover staple

52. Kublai, for one

53. Coming up

57. Former U.S. carrier

ADVANCED

SCREENING

58. MLB figure

Stromboli



INGREDIENTS:

Pizza Dough

- 1 (.25 ounce) package active dry
- 1 teaspoon sugar
- 1 cup warm water
- 1/2 teaspoon salt • 1 tablespoon olive oil
- 2 1/2–3 cups all purpose flour plus
- extra for rolling

Stromboli

- 3 tablespoons butter
- 1/2 teaspoon dried basil1/2 teaspoon dried oregano
- 1/2 teaspoon garlic powder2 1/2 cups finely shredded mozzarella
- 6 large thin slices sweet ham
- 1/2 cup marinara plus more for dipping
- 6 ounces pepperoni
- 1 egg beaten

INSTRUCTIONS:

- In a small bowl mix together yeast, sugar and water. Let it sit for about 10 minutes for the yeast to activate. If the yeast is active small bubbles will form on the surface.
- In the bowl of your stand mixer using dough hook add salt, yeast mixture and olive oil. Begin adding flour about 1/2 cup at time. Continue to add flour 1/2 cup at a time until the dough starts to pull from the sides.
- Knead the dough for 3-4 minutes on a well floured surface.
- \bullet Split dough in half. Roll dough out on lightly floured surface to an approximately 10 x 13 rectangle. Move dough to baking sheets.
- Melt butter in small microwaveable bowl. Stir in basil, oregano and garlic powder. Brush over the laid out pizza crust. Sprinkle each crust with 1 cup of shredded mozzarella leaving a 1 1/2 inch border all around the pizza crust. Layer with ham leaving same border. Divide pizza sauce and spread over ham keeping off of the border. Layer with pepperoni overlapping again avoiding the border. Turn the pizzas horizontally in front of you and gently roll the pizza dough into logs sealing the edges as you go. Place seam side down on baking sheets.
- Brush with beaten egg. Brush the tops lightly with the butter/herb mixture. Sprinkle each Stromboli evenly with the remaining mozzarella. Cut slits diagonally in the top about 1 inch
- Bake at 375 degrees for 20-25 minutes. Slice along slits and serve with extra marinara.



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7:00 PM - 11:59 PM Location: Sleep Inn & Suites 2400 10th St SW,

Minot. Minot's fundraiser of the year! This is your chance to dress to impress

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- 6 Martini Sampling Stations - 4 Raffle Games - Silent & Live Auction - Entertainment by Black



& Whyte Dueling Pianos - 7pm to - Youth Mentoring. For more 1 am. Guests will have a memorable information check out: Facebook evening while supporting a local event/The 2019 Martini Masquerade charity, Companions for Children

9:00 AM - 5:00 PM Location: **Dakota Territory** Air Museum 100 34th Ave Museum NE, Minot.

ACE is an exciting aviation camp experience guided by actual pilots and aviation mentors. The ACE Program introduces 3rd and 4th graders to general aviation concepts involving fun, handson learning activities within the unique surroundings of the Dakota Territory Air Museum.



30 children. For

Each Saturday has 2 sessions: information check out: 9:00am-12:00pm & 2:00pm- Facebook event/ 2019 ACE 5:00pm and limited to Aviation Camps for 3rd & more 4th Graders!

5:00 PM - 11:00 PM Location: Grand Hotel 1505

Broadway, Minot.

Get ready for an evening of fun at the Souris Valley Animal Shelter's 13th Annual Evening To Paws Gala at the Grand Hotel. This year's theme will be Lucky 13! So get ready for an evening of competitive bidding along with a great dinner and cash along with a great dinner and cash bar. Don't delay on purchasing

Souris Valley Animal Shelter 13th ANNUAL "EVENING TO PAWS" CALA YOU'VE BEEN DEALT AN INVITATION TO A

NIGHT OF GAMING

tickets as the event has been known to sell out! For more information check out: Facebook event/ Evening To Paws - 13th Annual Gala

4:00 PM - 7:00 PM Location: Sleep Inn & Suites Minot.

The Limitless Fashion Show is hoping to expand the impact it has made and continue to share our message of love, acceptance, and inclusion. Join us as we bring the community together to support a beautiful group of girls. Our models with special needs will each have a partner picked for their



positivity in the community to assist them. This is a great way to come together, form connections, Show YOUR support and have fun. We hope to see your smiling face there! For more information check out: Facebook event/ Limitless Fashion Show



4:00 PM - 5:00 PM Location: Minot Public Library 516 2nd Ave SW, Minot. Join us for the 4th

annual Prove Your Game contest! We will hold 2 build sessions and then the contest will be judged April 9th. Contestants will build their own orginal board game, complete with board, pieces, and instructions. Makerspace software and poster There will be prizes for by Teen Library and the Makerspace.



1st, 2nd and 3rd place and a lucky For More information: Facebook grand prize winner will win 2 tickets event/ 4th Annual Prove Your to iMagicon! Best of Luck! Sponsored Game Build & Contest



Heightened focus on the Arctic brings attention, chall enges to the Air Force

AIRMAN 1ST CLASS HEATHER LEY | 5TH BOMB WING PUBLIC AFFAIRS

Arlington, Va. (AFNS) -the Arctic's strategic foreboding expanse where the United States has maintained a resolute and unblinking presence the new icebreakers would be for decades.

While that reality is longfrozen in place, a host of new and emerging factors ranging from climate change to intensifying global commerce to a generation of advanced weapon systems is triggering fresh attention and activity in the lanes that make its once

No organization is feeling the shift more than the U.S. Air Force.

With installations scattered across Alaska, Canada and Greenland that include large air bases, training complexes, and a constellation of more than 50 radars, early warning and missile defense stations, the Air Force has the largest U.S. defense presence in a region that is a cornerstone of the country's defense.

As North American Aerospace Defense Command and U.S. Northern Command's forward operational commander in Alaska, as well as an assortment environment in the Arctic of other senior responsibilities, Lt. Gen. Thomas A. Bussiere is playing a central role in knitting the assorted efforts into a cohesive whole and navigating in the region." the region's increasingly complicated security and geopolitical realities.

"Once you present the clear, objective facts, people quickly realize the strategic importance of this region," he said. "It's why significance is difficult to we are taking this challenge very overstate," Secretary of the Air seriously." Indeed, where once the Arctic was the providence of a stable and identifiable set of countries and interests, it is suddenly far more crowded.

China, for example, is active here's no mystery – or in the region. Russia, meanwhile, Alaska will be home to more surprise – surrounding is moving forward with plans to build a new generation of importance, a vast and nuclear-powered icebreakers that are twice as powerful as the current generation. If realized, a key part of plans to maintain year-round operations and ship 80 million tons of cargo through the North Sea Route by 2024.

> A collection of smaller nations and commercial interests have migrated to the region that now has more open shipping unreachable natural resources more accessible. Landlocked Kazakhstan, for example, has expressed interest in using the Ob-Irtysh river system to reach the Arctic port of Sabetta.

The Arctic's repositories of oil, minerals and immense fish stocks are spurring "other nations seeking advantage of the means locking arms and even diminishing ice environment," concluded senior military and government leaders who took part in an Arctic summit in January in Washington, D.C.

The senior leaders were blunt in their analysis for what that means for the U.S. and its allies. "The rapidly changing and the increased presence of great power competitors, along with malign non-state actors challenge U.S. security interests

The attention – and rhetoric – are broadly based. "Both a northern approach to the United States, as well as a critical location for projecting American Force Heather Wilson and Air Force Chief of Staff Gen. David L. Goldfein wrote in a January

Actions are also following the

words. By 2022, for example, advanced fighter jets than any place on Earth.

At the same time, an increased emphasis on joint operations will be underway across Air Force installations ranging from Thule Air Force Base in Greenland to Alaska's two major Air Force bases Elmendorf and Eielson as well as facilities operated by the National Guard. Mixed in is the Joint Pacific Alaska Range Complex, one of the largest instrumented air, ground and electronic combat training range in the world. That space is important for training pilots today, especially those flying 5th generation aircraft.

It means working more closely with Army and National Guard units that have expertise working in, and surviving, the Arctic's difficult conditions. It participating in joint exercises with allies, especially allies from Nordic nations that have deep experience in the Arctic.

"The strategic value of the Arctic as our first line of defense has reemerged and

USNORTHCOM and NORAD are taking active measures to ensure our ability to detect, to track, and defeat potential threats in this region," Gen. Terrence O'Shaughnessy, recently told the Senate Armed Services Committee. He is the commander of NORAD and USNORTHCOM.

As the combatant commander charged with homeland defense, O'Shaughnessy is seeing the front line of homeland defense shifting north, making it clear the Arctic can no longer be viewed as a buffer. In a recently published commentary, O'Shaughnessy stated, "The

Arctic is a potential approach for our adversaries to conduct strikes on North America and is now the front line in our defense."

Bussiere carries a distinct perspective to the job, which is a crucial part of the larger NORAD effort. A decorated pilot and experienced commander, Bussiere understands on an intellectual level the Arctic's strategic importance in achieving his primary mission of defending the U.S. and Canada, especially along the northern approaches. Like almost everybody who's served in the Air Force, he is familiar with Gen. Billy Mitchell's aging but still valid quip, "Whoever holds Alaska will hold the world."

Congress recognizes it too. The defense authorization signed into law last year requires the Secretary of Defense to submit "no later than June 1, 2019 ... a report on an updated Arctic strategy to improve and enhance joint operations." The report requires a summary of U.S. national security interests in the Arctic, including the threats and security challenges "posed by adversaries operating in the Arctic region" — especially Russia and China.

Driving all of the activity is the updated understanding about the Arctic's strategic value.

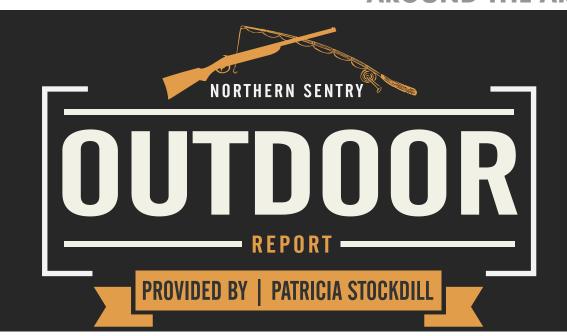
"When we think about the high north, we think about the value that the high north represents to all of us," Gen. Paul J. Selva, Joint Chiefs of Staff vice chairman, told the international audience at January's Arctic summit.

That value, he added, spans more than simply national security. The Arctic, he said, is "valuable" to environmental security, to expanding each country's economy and to serving as "the pathway to trade for the future. Stability and security in the high north benefits us all."





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Dates to Know:

- March 23: Williston Ducks Unlimited (DU) banquet, Grand Williston Hotel, 5:30
- March 27: Elk, moose, and bighorn sheep applications due, (gf.nd.gov).
 • March 27: Minot DU
- Waterfowl Hunters Party, Sleep Inn, 5:30 p.m.
- March 29: Muddy Buck Mule Deer Foundation banquet, Williston State College, The Well, 5 p.m.
- March 31: Zone 2 mountain lion season closes.
- April 1: New fishing and trapping licenses due.

OUTDOOR NOTES:

*Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.

*Remember to keep any fish caught in 20 feet of water and deeper because they don't survive coming up from those

depths.
*It's illegal to chase, harasses, or pursue all wildlife - including coyotes with any motorized vehicle

Fishing: Lake Sakakawea elevation, March 18: 1,836.99 feet above mean sea level (MSL); 16,100 cubic feet per second (CFS) Garrison Dam average

Devils Lake elevation: 1,448.34 feet above mean sea level (MSL). *N.D. Game & Fish Dept. game

wardens: Antelope Lake continues producing perch. Overall access remains limited with tracked vehicles still needed to get to and around area lakes. No

Devils Lake reports.

*Devils Lake, Ed's Bait Shop, Devils
Lake: Anglers can get around on the
north end of 6-Mile Bay with some pike and walleye success. Creel Bay also has access but getting on and around other areas of Devils Lake remains difficult with tracked vehicles still a necessity. Slush also occurring on the lake and at access

*Devils Lake, Woodland Resort, Devils Lake: Snow on the ice remains an issue around on the lake. Trails still available in Creel Bay but no trail plowing is going on. Overall success is spotty throughout most of the lake. Look for better success and more activity as snow settles and the pre-spawn perch bit takes off.

*Lake Darling, Karma C-Store,

OUTDOOR NOTES:

Ruthville: Activity remains limited with ongoing access issues throughout many

*Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Little activity

with ongoing access problems.
*Lake Metigoshe, Four Seasons, Bottineau: Not much activity on Lake Metigoshe but those going are finding a few walleye and bluegill. More anglers are going to Strawberry Lake and Dion Lake with fair success.

*Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Try back bays on the east end of Lake Sakakawea for some pike success. Work 21 feet and

shallower for walleye on Lake Audubon. *Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: In general, access remains limited but anglers can get on some areas of Lake Sakakawea, including Steinke or Douglas bays. Look for some pike activity in the back bays but no walleye reports. Totten Trail, culvert, and the refuge have access off Lake Audubon but walleye success is slow. Heavy snow remains on the lake.

*Lake Sakakawea, Scenic 23, New Town: Anglers using tracked vehicles finding fair for walleye activity in the Van Hook Arm with good success at times. Overall spotty success, though, but when it's on, the walleye bite is good. Try jigs and minnows in 20 feet.

*Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Improving Missouri River success using 3-way swivels in the tailrace and jigs and minnows down river. Some nice walleye numbers with good numbers of ling. Look for shore success using crankbaits for walleve

*Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Continued good pike success on Lake Sakakawea with some large ones being taken. Work shallow back bays with herring or frozen smelt and tip-ups. Best walleye success is around White Earth Bay. Blacktail Dam producing some decent panfish success

*Lonetree WMA area lakes, Harvey: Access remains difficult at best on area lakes with limited activity

*North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Access

continues limiting activity on area lakes. N.D. Parks & Recreation Dept.

*Fort Stevenson, Garrison: 1- to 2-inch snow pack on trails with some bare ground in areas on North Pine Loop. Overall fair conditions as temperatures deteriorate conditions. Look for bare areas and slush. Trails will be groomed, if possible.

Downhill skiing (conditions can vary):

*Big Sky Resort, Big Sky, Mont.: 51to 93-inch machine groomed, packed powder base. 305 runs, all lifts, 7 Terrain

Parks, 10 jumps, and 80 rails open.
*Bottineau Winter Park, Bottineau: 14-

to 24-inch base with beginner runs, 7 runs, 7 tubing lanes, with several jumps and rails with 1 box Terrain Park feature

open.
*Huff Hills, Mandan: 35- to 40-inch powder, packed powder base. 15 runs and all lifts open. New rhythm section, jumps, and rails in Terrain Park.

Terry Peak Ski Area, Lead, S.D.: 18to 24-inch base with variable, machine-groomed base. All runs and lifts open. Snowmobile N.D. (conditions can

vary):
*Cattail (Barnes, Cass, Steele, & Traill counties) Trails open and in fair condition

with 8- to 12-inch base.
*East-central Valley (Cass & Richland counties: Trails open and in good condition with 11 to 16-inch base. West side of Rural Cass South Trail closed on the west side from Davenport to Casselton.

*Lake Region (Nelson & Ramsey counties): All trails open with 10- to 20inch base. Good condition.

*Missouri Valley (Emmons & Burleigh counties): 10- to 15 -inch base with all trails open with some areas of large drifts

*North-central (Benson, McHenry, Pierce, Ramsey, & Towner counties): NC 1, 2, & 3 trails closed but all other trails are open with 6- to 16-inch base. Good condition but swatch for snow piles along

*Northeast (Cavalier, Pembina, & Walsh counties): Border, Pembina, Neche, and Cavalier trails closed but all others open with 10- to 20-inch base. Many ditch trails full of snow. North Nekoma Trail open from Langdon to Nekoma to Milton.

*Peace Garden (Bottineau & Rolette counties): Trails open and in good condition with 10- to 18-inch base.

*Red River North (Pembina & Walsh counties): Al trails open, except Cavalier Trail and in good condition with 10- to 18-inch base

*Red River South (Grand Forks & Walsh counties): 6- to 12-inch base with

all trails open and in good condition.
*Sargent (Richland & Sargent counties)
6- to 10-inch base with all trails open and in good condition. Ditches blown in.

*Sheyenne Valley (Barnes, Dickey, LaMoure, Ransom, & Stutsman counties): 9- to 14-inch base with fair conditions. All trails open except L-3, L-4, M-2, &

*Sno-Trails (Bottineau, McHenry, Renville, & Ward counties) 10- to 16inch base with all trails open except International Trail.

*Southern Valley (Richland County): All trails open with 12- to 16-inch base and in fair condition.

*N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300,

website: (http://gf.nd.gov). *Report All Poachers: (800) 472-2121 or (701) 328-9921.

Elk, Moose, Bighorn Sheep Applications Online

NORTH DAKOTA GAME AND FISH DEPARTMENT

sheep applications are available, and prospective hunters can apply online at the state Game and Fish Department's website, gf.nd.gov.

General lottery applications can also be submitted by calling 800-406-6409. Preferential landowner (gratis) applications must be submitted online. Paper applications are not available.

The deadline for applying is March 27.

A total of 478 elk licenses are available to hunters this fall, an increase of 70 from last must apply for a license at year and the most since 2011.

Coordination among state Game and Fish, private landowners and the Standing Rock Sioux Tribe will continue late summer, the bighorn to highlight elk management in lottery will then be held hunting Unit E6.

are available in 2019, an increase of 145 from last year. Most of the increase is antlerless licenses in units M9, M10 and M11, due to an increasing moose population in applicants would not receive these units.

Hunting units M1C and M4 will remain closed due to a continued downward trend in moose numbers in the northeastern part of the state.

As stated in the 2019-20 chronic wasting disease proclamation, hunters harvesting an elk in unit E6 or

orth Dakota's elk, a moose in unit M10 cannot moose and bighorn transport the whole carcass including the head and spinal column outside of the unit. More information on CWD is available by visiting the Game and Fish website.

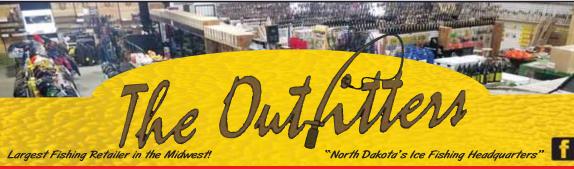
A bighorn sheep hunting season is tentatively scheduled to open in 2019, depending on the sheep population. The status of the bighorn sheep season will be determined Sept. 1, after summer population surveys are completed. The season was closed in 2015 due to a bacterial pneumonia outbreak.

Bighorn sheep applicants the same time as moose and elk, but not for a specific unit. Once total licenses are determined for each unit in and successful applicants A record 479 moose licenses contacted to select a hunting

Because the bighorn sheep application fee is not refundable as per state law, if a bighorn season is not held, a refund.

Elk, moose and bighorn sheep lottery licenses are issued as once-in-a-lifetime licenses in North Dakota. Hunters who have received a license through the lottery in the past are not eligible to apply for that species again.





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705th Muns

fron patrol the flightline during an exercise at Minot Air Force Base, Airmen from the 5th Security Forces North Dakota, March 14, 2019. These Airmen are essential to guarding and protecting the flightline from our adversaries.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN DILLON J. AUDIT



NO GROUNDS continued from page 2

Force."

During his visit, Kitchens toured both 5th Bomb Wing and 91st Missile Wing, while "Sometimes, all you need interacting with Team Minot is someone to hear your Airmen.

"It's always exciting for me to be able to talk with the what they're going through great Airmen that serve in our Air Force, especially at Minot," said Kitchens.

He also worked an hour and a half at the McAdoo Fitness Center's Airman Ministry Juice Bar.

"I came out here on a blusteringly cold morning, below zero temperatures, 30 mile-per-hour winds," began Kitchens. "So to find Airmen here, early in the morning, [walking into the gym] with a smile, motivated... That just reblues me and reminds me of the importance of what we do."

The juice bar began as an innovative idea, put together hear their stories and the by the Chapel Ministries that allows them to serve Airmen at a public venue. They give away free coffee, hot chocolate and athletic drink slushies, along with spiritual literature.

"I think this goes back to being able to meet individuals right where they are," said Senior Master Sgt. Tamica Hales, AFGSC religious affairs functional manager. "We'll meet you at fitness. the gym, at Task Force True North in your squadron, at the Chapel... Wherever you few resilient Airmen here, are, that's exactly where we regardless of the harsh want to meet you."

There are many reasons why the Chapel Ministries' juice bar works well, but one to do, they've been very big reason is the ability to listen to Airmen's stories.

"Meeting them is a great start, but we want to listen

to their story and walk with them through their challenges," said Kitchens. story. It's best to empathize in order to understand and share that journey [together]."

While their visit was centered on the Airmen, the religious support team also wanted to check on other teams. TFTN is an initiative that strives to promote Airmen resiliency by providing mental health, embedded into four groups: the 5th Mission Support Group, 5th Maintenance Group, 91st Security Forces Group and 91st Maintenance Group.

"All we've heard are glowing standing results of how this is working," said Hales. "We got to great successes of being embedded. They built relationships with the Airmen and helped them through difficult times, so to hear how the team is totally working together, that's a huge success story."

With all assets that Team Minot Airmen are provided, Kitchens and Hales believe Minot AFB to be a success in regards to spiritual

"It is a challenge to be resilient, but there's quite a weather and location," said Hales. "Even with people saying they don't have much creative to keep their mind positive and on the mission. This is why I love the saying 'only the best come north."

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Mass Schedule

Saturday 5:30 pm Sunday .. 8:30am & 11:00am

Fr. Fred Harvey, Pastor www.littleflowerminot.com



5900 Highway 83 N, Minot www.faithumcminot.com

> **Pastor Tom Sumers** 701-838-1540

Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.



Immanuel Baptist Church

1615 2nd St. SE • Minot • 839-3694 Sundays:

Sunday School	9:15 a.m.
Worship	
Wednesday	rs:
Soup Kitchen 11:30 a.r	m 12:30 p.m.
Family Supper	5:45 p.m.
Classes for all ages	6:30 p.m.
Adult Choir (as schedule	

Brian T. Skar, Pastor www.ibcminot.org

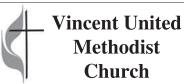
Bethany Lutheran

215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA

Sunday Worship	8:30 &	10:30	an
Sunday Fellowship		9:30	an
Wednesday School			
Wednesday Worship			

Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv

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Pastor Jennifer McDonald www.vincentumc.com

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1805 2nd St. SE 838-1111

Morning Worship	8:30 a.m.
Sunday School	10 a.m.
Morning Worship	11 a.m.
Wednesday Family Night	6:30 p.m.

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Evening Worship	6:00 p.m.
Wednesday Evening	7:00 p.m.

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Apostolic Faith Church, UPCI

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Saturday School	2:00 p.m.
Sunday Worship	3:30 p.m.
Wednesday Bible Study	.7:30 p.m.

Jesse Starr, Pastor

First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org

	_
Classic Worship Service	8:30 a.m.
Adult Sunday School	9:45 a.m.
Contemporary Worship Service	ce 9:50 a.m.
Children's Church	9:50 a.m.
Sunday School (All Ages)	11:00 a.m.
Contemporary Worship Service	ce 11:05 a.m.
Mod AMANA (Sopt to May)	6:20 n m

Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Josh Huseby, Worship Arts Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

Wed. AWANA (Sept. to May)

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Contemporary Worship 6:30pm

Youth Group & Small Groups.. 7:15pm

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www.trinitychurchminot.org

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Tuesday Bible Study12pm
Saturday Noah's Breakfast9:30am

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Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com



Wednesday Supper... Wednesday Education 5:45 pr www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM

Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Associate Pastor Ellery Dykeman



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1105 16th St. NW • 839-1407 Sunday School 9:30 a.m.

Sunday worship 10:30 a.m
Children's Church & Nursery
Wednesday Family Training Hour
Meal 5:30p.m
Classes for All Ages 6:30 p.m
Youth Center, Friday7:00 - 11:00 p.m
ABC Child Care Center852-6352

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Sunday Worship8:30 am & 11:00 am

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SUDOKU ANSWERS

7	1	6	5	2	8	3	4	9
9	2	5	3	6	4	8	1	7
3	4	8	9	1	7	6	5	2
2	7	9	1	4	3	5	6	8
8	6	1	2	5	9	7	3	4
5	3	4	8	7	6	2	9	1
6	8	2	4	9	5	1	7	3
4	5	3	7	8	1	9	2	6
1	9	7	6	3	2	4	8	5

Answers to puzzle from page 4

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- 5th Annual Winter Games, 1000-1500, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Youth Programs Open House, Spaghetti Dinner & Passport Walk, 1800-2000, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Teen Health & Wellness Party, 2000-2200, Youth Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

SATURDAY

- Zumba, 0900, Fitness Center
- Baseball Camp, 0900-1100, Youth Center
- Barre, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Board Games at the Ground Zero Lounge, 1600, Ground Zero Lounge at the Jimmy Doolittle Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

SUNDAY

- Barre, 1300, Fitness Center
- Family Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

MONDAY

- Reservations open for Easter Brunch on April 21st at the Jimmy Doolittle Center
- Tactical Fit Express, 0600, Fitness Center
- Senior TAPS GPS Workshop, 0730-1630, Held at the Education Center and hosted by the A&FRC
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC • Sesame Street Live! C is for Celebration, TWO SHOWS: Show 1 — 1500 Meet &
- Greet, 1530 Doors Open, and 1600 Show Begins; Show 2-1800 Meet & Greet, 1830
- Doors Open, and 1900 Show Begins, Event held at the Base Theater
- Yoga Strong, 1700, Fitness Center Youth Center closes, 1730, Youth Center Battle Rig Fitness, 1800, Fitness Center
 Zumba, 1800, Fitness Center

'UESDAY

- Senior TAPS GPS Workshop, 0730-1630, Held at the Education Center and hosted by the A&FRC
- Game Day, 1000-1930, Base Library
- Express Cycle, 1130, Fitness Center • Fit to Fight, 1700, Fitness Center
- Zumba, 1800, Fitness Center

WEDNESDAY

- Last day to register for Canvas & Paint Class hosted by Arts & Crafts at Jimmy
- Circuit Training, 0600, Fitness Center
- Senior TAPS GPS Workshop, 0730-1630, Held at the Education Center and hosted
- Right Start, 0730, Held at the Jimmy Doolittle Center and hosted by the A&FRC
- Club Member Benefit, 0900-2000, Rough Rider Lanes • Story Time, 1030, Base Library
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Sauadron Extramural League, 1730, Rough Rider Lanes
- Yoga, 1830, Fitness Center

THURSDAY

- Last day to register for Family Paint Class at Arts & Crafts
- Tactical Fit Express, 0600, Fitness Center
- Senior TAPS GPS Workshop, 0730-1630, Held at the Education Center and hosted by the A&FRC
- Cycle, 1130, Fitness Center
 Pinterest Party, 1300, Arts & Crafts
- Reintegration Briefing, 1300-1400. A&FRC
- 4 Lenses Workshop, 1400-1600, A&FRC
- Trivia Registration, 1600-1845, Jimmy Doolittle Center
- Fitness Hour, 1600-1700, Youth Center
 Club Members' 1/2 Price Appetizers (with purchase of adult entrée), 1700-1900,
- Olympic Weightlifting, 1730, Fitness Center
- Zumba, 1800, Fitness Center
- Trivia Night, 1900, Jimmy Doolittle Center

29 March

- Last day to register for CPR & First Aid Certification Course at Outdoor
- Last day to register for YP Baseball & T-Ball at Youth Center
- Senior TAPS GPS Workshop, 0730-1630, Held at the Education Center and hosted by the A&FRC Torch Club, 1600-1700, Youth Center
 Barre, 0600, Fitness Center
- Latin Dance Night, Bar opens 1600, Salsa lesson 1900, Dance Social
- 2000-2400, Ground Zero Lounge in the Jimmy Doolittle Center • Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- · Gentle Yoga, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill Zumba, 1800, Fitness Center
 March Madness, 1800-2000, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

30 March

- Zumba, 0900, Fitness Center
 Baseball Camp, 0900-1100, Youth Center • Barre, 1000, Fitness Center • Youth Bowling League, 1000, Rough Rider Lanes
- Swerk, 1100, Fitness Center
 Family Paint Class, 1300-1500, Arts & Crafts
- Board Games at the Ground Zero Lounge, 1600, Ground Zero Lounge at the Jimmy Doolittle Center
- Canvas & Paint Class, 1800-2000, Held at the Jimmy Doolittle Center and hosted by the Arts & Crafts Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

Rough Riders Pizza

Buffalo Chicken Wrap

Grilled chicken, lettuce, red onion, pepper jack cheese, roasted peppers, tomato, and buffalo ranch sauce combine in this delectable wrap! Try it today for \$9.25 includes

The B-Fifty Brew

Coffee and Donuts

Grab some coffee & donuts to-go and share with a friend or treat yourself — you deserve a sweet start to your day!

Auto Hobby March Specials

Purchase your oil and filter from Auto Hobby and get one hour of stall time FREE! Ask for the March Special at the service counter to receive discount services. Offer valid 1-31 March during operating hours.

NOURISH YOUR MIND, **BODY AND SPIRIT**

LEARN HEALTHY TIPS & STRATEGIES FROM AREA EXPERTS



EMILY RODACKER | JUST BE

Minot, ND--

he Healthy Living Festival returns for its third year to promote all facets of a healthy lifestyle with opportunities to meet experts in the community and participate in interactive presentations to learn strategies for leading a healthier lifestyle.

"We are really excited about our third annual event. Personal and community wellness have been our goal since the beginning," said Emily and co-host of the Healthy Living Festival. "We don't know what we don't know. The Healthy Living Festival is the perfect place to learn something new and Festival will be held find support for taking care Saturday, March 30 of our minds, bodies, and spirits."

Living Festival focus on individual wellness, but a portion of proceeds from the event are donated to a

community organization that also emphasizes health and wellness in a unique way. That's exactly what the Minot Air Force Base (MAFB) Chaplain Corps

"The MAFB Chaplain Corps is committed to facilitating the free exercise of religion and serving airmen, their families, and civilian employees to support all aspects of health and wellness," said Maj. Glen Harris, Deputy Wing Chaplain. "This donation will further support our mission by allowing for Rodacker, owner of Just Be additional unit engagement and whole-person learning activities that foster healthy lifestyles to our MAFB

The Healthy Living from 10am to 3pm at the Sleep Inn at Dakota Not only does the Healthy Square. General admission and lunch tickets can be purchased at www. thejustbelifestyle.com or by calling 701-340-4069.

SATURDAY, MARCH 30, 2019

SLEEP INN AT DAKOTA SQUARE PORTION OF PROCEEDS DONATED TO MAFB CHAPLAIN CORPS

northernsentry 839-0946

THURSDAYS • FRIDAYS • SATURDAYS MAFB AIRMEN AGAINST DRUNK DRIVING



55TH WING PUBLIC AFFAIRS

Neb. (AFNS) --

ike large portions of Nebraska, Offutt Air Force Base personnel are battling flood waters which started to creep onto the installation March 15.

An increase in water levels upstream due to a recordsetting snowfall this winter, in addition to a huge drop in air pressure earlier in the week, has overwhelmed the southeastern side of the base with water from impassible with water reaching the Missouri River and Papio Creek.

"Team Offutt has done an incredible job working together to battle this historic flood as best we can," said Col. Michael Reconnaissance Squadron as Manion, 55th Wing commander. well as the Bennie L. Davis "We can't thank our on-base mission partners enough for their support through this as well as officials from the City

OFFUTT AIR FORCE BASE, of Bellevue, the city of LaVista, Sarpy County, the state of Nebraska and the Omaha Public Power District.'

> Base officials evacuated the base lake early Friday and personnel worked around the clock to fortify facilities with more than 235,000 sandbags and 460 flood barriers to minimize damage as much as possible.

All streets south and east of the Offutt Field House are approximately 30 buildings including the headquarters facilities of the 55th Wing, 55th Security Forces Squadron, 97th Intelligence Squadron, 343rd Reconnaissance Squadron as maintenance facility among

"Our team worked as rapidly as possible to improve water

and the surrounding areas affected by flood waters March 17, 2019. An increase in water levels of surrounding rivers and waterways caused by recordsetting snowfall over the winter in addition to a large drop in air pressure caused widespread flooding across the state of Nebraska.

U.S. AIR FORCE PHOTO TECH. SGT. RACHELLE BLAKE

defenses around critical infrastructure," Manion said. In addition, portions of the

flightline are covered with water and multiple aircraft have been evacuated to other locations. The STRATCOM Gate is also

closed at this time due to water crossing the road. In response, the 55th SFS is utilizing the Meyer Gate for cargo and construction traffic and is expected to open the Bellevue Gate full time on March 18.

"We're requesting everyone's patience as we work through this together," Manion said. "Our defenders are working hard to keep everyone safe, so please obey all traffic control point personnel."

North Star Community Credit Union 79th Annual Meeting

Registration 5:30pm | Supper 6:00 pm Meeting to follow

Minot Town Hall Meeting Tuesday, March 26th, 2019 Sleep Inn & Suites (Dakota Square Mall) All Members Welcome! 2400 10th St SW Minot, ND

Annual Meeting- Friday, March 29, 2019 Benson County Event Center- 209 Railway Ave Maddock, ND Registration 5:30pm | Supper 6:00 pm Meeting to follow



nsccu.com