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# 75th Anniversary Of D-Day

U.S. AIR FORCE PHOTOS | MAFB PUBLIC AFFAIRS









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### Heritage Flight honors SENIOR AIRMAN TRISTAN BIESE | 633RD AIR BASE WING PUBLIC AFFAIR

JOINT BASE LANGLEY-Force air power," Lopez said. "It shows the past, present EUSTIS, Va. (AFNS) -he U.S. Air Force and future in the aircraft that

we fly. Flying in formation with the P-51 over Bedford is an honor to those who came before us and it's truly humbling.

During the flyover the team performed the missing man formation. This formation is an aerial salute performed by aircraft at funerals or memorial events, typically in memory of a fallen pilot, a well-known military service member or veteran, or a wellknown political figure.

"To be able to represent the advances made by the Air Force and all the men and United States Air Force, McKenna, Air Force Heritage women of the Air Force is an incredible honor," Olson said. "Thank you to all those that inform the American gave their lives on D-Day 75

Within the last 6 months,

Capt. Andrew Olson, F-35 Lighting II Demonstration Team pilot, climbs up to check the cockpit before takeoff at Joint Base Langley-Eustis, Va., June 6, 2019. The U.S. Air Force Heritage Flight team flew the missing man formation during their flyover at the National D-Day Memorial in Bedford, Va

> U.S. AIR FORCE PHOTO | SENIOR AIRMAN TRISTAN BIESE

there. We hope to make you proud."

By showcasing the Airmen and combat the Heritage Flight team inform the American public on what the Air Force of tomorrow has to offer.

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#### Heritage Flight team conducted a flyover in honor of the 75th anniversary of D-Day and the last

celebration at the National D-Day Memorial in Bedford, Virginia, June 6, 2019.

The four-ship formation included Maj. Paul Lopez, F-22 Raptor Demonstration Team pilot, Maj. Garret Schmitz, F-16 Viper Demonstration Team pilot, Capt. Andrew Olson, F-35 Lighting II Demonstration Team pilot and Andrew Flight Foundation P-51 Mustang pilot.

"The Heritage Flight team gives people the chance to see years ago and the surviving a visual representation of Air members who are still out

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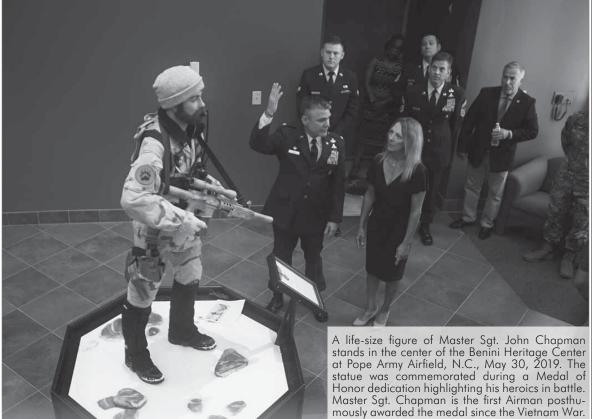
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U.S. AIR FORCE PHOTO | MAJ. JOLENE BOTTOR-ORTIONA

## Medal of Honor recipient John Chapman memorialized at 352nd Special Warfare Training Squadron

DANIELLE KNIGHT | SPECIAL WARFARE TRAINING WING

Pope Army Airfield, N.C. (AFNS) --

aster Sgt. John fitting.' Chapman was of Honor dedication at Pope Army Airfield, May 30. A life-size figure of Chapman, a hand-drawn portrait and a replica of his Medal of Honor were unveiled and placed on permanent display at the Benini Heritage Center, a nationally-recognized museum that is part of the 352nd Special Warfare Training Squadron, home of the Combat Control Apprentice Course. An outdoor memorial ceremony hosted by Col. James Hughes heroes," Wilson said. "Every followed the reveal, with Ms. Airman here has measured Valerie Nessel, the spouse of Chapman and other Gold Star spouses: Melanie Sather by heroes like Levitow, and Tabitha Brown and memorial keynote speaker, vice Chief of Staff of the Air Force Gen. Stephen W. Wilson. Hughes extended his thanks to the Gold Star families that came out to the event, stating that their presence means more to the Special Warfare community than they realized. His sentiment was met with a standing ovation in thanks of their enduring support. "Pope Air Force Base, now Pope Army Airfield, is a special place in the history of Air Force combat control and special tactics over the past four decades. It is a special place for John Chapman, where you have the combat control schoolhouse he went through," Hughes said. "Memorializing him here, where we forge the next

generation of Special Tactics combat control community; warriors is particularly

commemorated highly-decorated career field during a Medal in the Air Force for acts of valor since the Vietnam War. The museum was put into place upon the building of the schoolhouse in order to inspire the students and instructors on a daily basis. The figure of Chapman and the replica of his Medal of Honor are placed at the entrance to the schoolhouse as a centerpiece for the museum, to both inspire and remind students of the sacrifices of the fallen.

"This is truly the intersection of heritage and themselves or has been inspired in past centuries Pitsenbarger, Sijan. They will do the same for John Chapman and they will do it

a community I consider to be family." Nessel said. "I Combat control is the most hope John's dedication and sacrifice continue to inspire the next generation of heroes who are answering the call to serve and protect our nation and that they always remember the stories of those who have gone before them, so their names are never forgotten."

Maj. Michael Bain, 352nd Special Warfare Training Squadron commander, was a close friend and teammate of Chapman's. He and others made it possible to have the likeness and Medal of Honor replica housed in the Heritage Center.

"(Chapman) understood the capabilities that combat controllers bring to the fight and it was a badge of honor to know that he was on my team," Bain said. "He was the first friend to go, and sometimes, I don't feel like we talk enough about him. Having him memorialized at the schoolhouse feels like a way of bringing him home." For more information on Msgt. John Chapman and his "It is particularly impactful heroism, visit: https://static.

## 40th HS, I ocal for ces r escue man

#### **SENIOR AIRMAN DANIEL BROSAM** 341ST MISSILE WING PUBLIC AFFAIRS

MALMSTROM AIR FORCE BASE, Mont. (AFNS) --

n Air Force helicopter crew rescued a man June 3 near Monarch, Montana, concluding ground and air search and rescue groups around 11 p.m.

The 40th Helicopter Squadron received the request June 3 around 10 p.m. to assist the Cascade County Sheriff's Department in rescuing the man after he fell from a steep cliff and was holding on to a tree root approximately 250 feet from the ground.

A UH-1N Iroquois helicopter assigned to the squadron departed Malmstrom Air Force Base with four aircrew at approximately 10:20 p.m.

The aircrew included 40th HS pilots Maj. Jeffrey Miser and Capt. Kyle Lenz, and flight engineers Master Sgt. Joseph Cox and Tech. Sgt. Joshua Makepeace.

After approving the request for assistance, the crew departed Malmstrom AFB and flew approximately 22 miles to Monarch where local ground crews were already on scene.

The aircrew began working logistics and passed information to the on-scene commander. The pilots then flew over and hovered approximately 100 feet above the man to begin extraction.

Makepeace operated the rescue hoist and lowered Cox down on a forest penetrator, rescue strap in hand, who then secured the man with the strap.

The crew then transitioned the aircraft down to the landing zone marked by ground teams while Cox and the man were lowered down via hoist. The man was Joint Chiefs of Staff National passed down to the ground

team and evaluated for injuries. He was not injured.

"As a long-time first responder's wife and (mother of a first responder), and as a citizen who owes so much to those that sacrifice their lives daily for my family, I am truly grateful," said the man's mother-in-law. "Thank you so much to the incredible Malmstrom AFB chopper crew that saved my son-inlaw Monday night and to all of our first responders on scene. I'm so happy to say he is doing well."

The responding agencies included the 40th HS, Belt Rural Volunteer Fire Department, Belt Ambulance, the Cascade County Sheriff's Office, Cascade County Search and Rescue, Mercy Flight and Great Falls Emergency Services.

"The mission last night resulted in a quick and successful rescue, made to look easy because of the exceptional helicopter crew and great partnership we have with our local civilian partners," said Lt. Col. Bryan Tuinman, 40th HS commander.

This event marks the 428th save the squadron has made to date.

The 40th HS ensures strategic security by providing flexible, rapidresponse helicopter airlift support to the 341st Missile Wing. The 40th HS also performs aerial surveillance of Department of Defense strategic weapon convoys and short notice emergency security forces responses; supports emergency war order taskings and priority personnel and logistical transportation.

The 40th Helicopter Squadron has a proud rescue history and currently conducts search and rescue missions in support of the Search and Rescue plan.

for years to come."

Prior to the event, Nessel had the opportunity to address the upcoming graduating class of combat controllers.

that John's legacy is standing dma.mil/usaf/medalofhonorchapman/ guard over the future of our

Ful

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S NOEXCI

An Airman gets her head measured at the Female Fitment Event at Joint Base Langley-Eustis, Va., June, 4, 2019. The purpose of the event was to take the measurements of female aviators to use when

## Flight equipment redesigned to better fit femal e aviator s

#### AIRMAN 1ST CLASS MARCUS M. BULLOCK, **633RD AIR BASE WING PUBLIC AFFAIRS**

JOINT BASE LANGLEY-EUSTIS, Va. --

light equipment is on its way through a major overhaul. The to the equipment is it is being designed with measurements from female aviators.

Joint Base Langley-Eustis, Virginia, held a Female Fitment Event, June 4, where Air Force and Navy female aviators gathered to have their measurements taken, which will be used to design new prototypes for female flight equipment.

"We wanted to bring together a large enough group of women to get our different sizing both in our uniforms, helmets and masks," said Lt. Col. Shelly Mendieta, plans and requirements officer. "When you go to a squadron to go to a fitment event, there's usually only a couple of women, so to get a full spectrum of what is going to work for women aviators, we needed to bring them all together in one place."

In the past, flight equipment has been designed to the measurements of males because there are statistically more male aviators. This means more male measurements were

used as opposed to their female counterparts. Department of Defense leadership hopes to change that.

"The chief of staff of the biggest change coming United States Air Force is committed to seeing us make progress and better integrate humans into the machine environment mix," said Brig. Gen. Edward Vaughan, Air Force directorate of readiness and training, assistant to the director. "What has happened over the years is that a lot of our data and information we use to design these systems have traditionally been based on men."

Female aviators using flight equipment designed to the specifications of males presents a problem for their combat effectiveness. When it comes to the mission, the tools Airmen use play a big role in mission success.

Vaughan explained that if flight equipment, from harness straps to flight suits, does not meet the needs of the human, as well as of the various machines used for our missions, then service members are not going to be as effective and ready for combat.

The information gathered from the event is going to be crucial

in the development of not only female flight equipment, but female aviators as a whole across multiple branches.

"The goal is to ensure that the equipment that we are developing is going to fit properly, so that we have a safe that we get this word out," and ready force," Mendieta Vaughan said. "It's not just said. "By measuring a spectrum of women at different the fact that we are going to stages in their career, we can ensure that we have better equipment."

Many officers participating in this event are hoping

to be able to disseminate information to other bases regarding female flight equipment.

"When I look across the enterprise, this is an historic event and it's important Vaughan said. "It's not just the data that we are collecting and improve the equipment we use in combat, it's also important to make people aware that this is one of the challenges that we are facing right now. It's an take it for all it's worth."

Airmen challenge."

For many female aviators, this marks a monumental push to ensure they are combat ready and their opinions are being heard.

"Women have been flying in the Air Force for a very long time," Mendieta said. "We have made progress but this is the first time in my 20-year career that we have had the kind of momentum that we have to get this right. We have the opportunity to get this right and we have to grab that and

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#### THE LIGHTER SIDE

## CROSSWORD PL

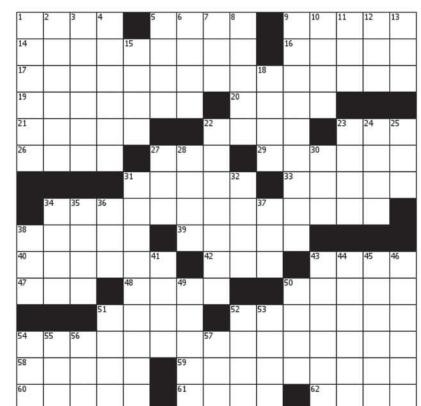
Across 1. GI's diner 5. Author Murdoch 9. Pointed parts 14. Building designer 16. Elroy Jetson's dog 17. 1967 and 1968 Super Bowl champs 19. More virile 20. "My Way" singer Paul 21. Leaning 22. Former Ford models 23. It may be regular or premium 26. Cul-de-\_\_\_ (dead end roads) 27. Finder's cry 29. Bear witness 31. Intense 33. Eagle's nest 34. Carrot sticks, e.g. 38. Chick of jazz 39. Tests 40. Draw aimlessly 42. List shortener, for short 43. Window part 47. Tax ID 48. Greek god of war 50. Fry 51. Soprano Moffo 52. One blowing his own horn? 54. Famed London police headquarters 58. Thin soup 59. Peach relative



62. Rigel or Antares

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SUDO

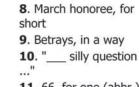


#### Down

- 1. Molten rocks
- 2. Printers' mistakes 3. Picturesque 4. What she sells by the sea shore
- 5. "Let \_\_\_\_" (Beatles song)

Solution to puzzle on page 10

- 6. Admiral's position? 7. Freezing



11. 66, for one (abbr.)

- 12. Shiverer's sound
- 13. "Help!" 15. "What's \_\_\_\_ for me
- 18. Time-half links

	23. Actor Ri	chard of				
	"Pretty Wom	nan"				
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e?"	31. Snow fall?					
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22. Certain paints

32. Coup d' \_\_\_\_ 34. Down under jumpers, briefly

#### 35. Elvis Presley's middle name 36. Tied the knot

37. Pacer maker, once

41. Cube designer Rubik

38. LPs' successors

43. Woodland deities

46. Cowboy, at times

49. "... his wife could \_

45. Breastbones

44. Café

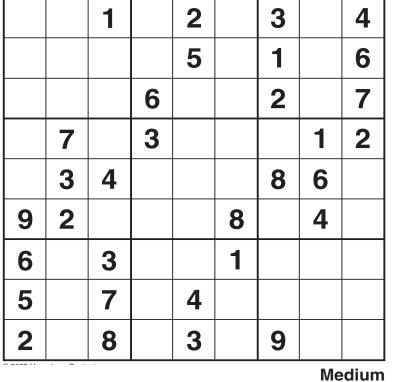
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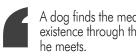
- 50. Type of cracker 51. Regarding
  - 52. Ambassador's forte
  - 53. Aware of
  - 54. Johnny Carson's
  - network, once
  - 55. Notable period 56. Took the gold
  - 57. Pig tail?











### DARK PHOENIX (PG-13) FRIDAY, JUNE 14 • 1800

Jean Grey begins to develop incredible powers that corrupt and turn her into a Dark Phoenix. Now the X-Men will have to decide if the life of a team member is worth more than all the people living in the world.

A DOG'S JOURNEY (PG) SATURDAY, JUNE 15 • 1700 SUNDAY, JUNE 16 • 1500

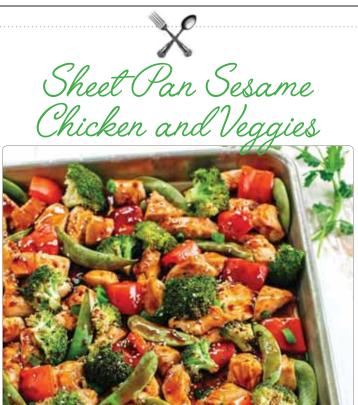
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Solution to last week's Crossword puzzle.



#### **DINING, ARTS & ENTERTAINMENT**

NORTHERN SENTRY FRIDAY, JUNE 14, 2019



**INGREDIENTS:** 

• 1 lb boneless skinless chicken breasts, cut into 1-inch pieces 1 large head of broccoli, chopped (about 2 cups) 2 medium red bell peppers, cut into chunks 1 cup snap peas Salt and pepper, to taste

Optional toppings: sesame seeds and green onions FOR THE SAUCE:  $^{1}\!/_{4}$  cup lower-sodium soy sauce 1 Tbsp sweet chili sauce 2 Tbsp honey 2 cloves garlic 1 tsp. fresh ginger

#### INSTRUCTIONS:

Preheat oven to 400 degrees F.

To make the sauce: In a small saucepan, heat soy sauce, sweet Io make the sauce: In a small saucepan, heat soy sauce, sweet chili sauce, honey, garlic and ginger on medium heat and bring to a boil. Turn down heat and allow sauce to simmer, whisking occasionally, until sauce is thick and bubbly. Remove from heat. Spread chicken and chopped veggies on a baking sheet sprayed with PAM cooking spray and season with salt and pepper. Drizzle half the sauce over the chicken and veggies (reserving the other half for later) and toss to combine. Bake in the oven for about 20 minutes, tossing halfway through, and continue cooking until veggies are tender and chicken is cooked continue cooking until veggies are tender and chicken is cooked through.

Drizzle remaining sauce over top and sprinkle with sesame seeds and green onions. Serve over brown rice or quinoa and enjoy!



#### JUNE 14 - 15 - 16, 2019 @ CORBETT FIELD





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More information: Facebook

event/ Souris Valley Sabre Dogs baseball vs Hub City Hotshots

PM

Minot

Location:

Minot

Theatre

7:05 PM - 9:00

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Field

This is a meet/get together to kick off the season. The event is open to any car, truck, motorcycle etc.

The location will be in the parking lot of the auditorium. For more information check out: Facebook event/ Season **Opener 4.0** 





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For More Information check out: Facebook event/City Band at Arts in the Parks



Facebook event/ Father's Day at the Zoo



## Air Force Recruiting sets the pace at Indy 500

#### MASTER SGT. CHANCE BABIN | AIR FORCE RECRUITING SERVICE PUBLIC AFFAIRS

INDIANAPOLIS (AFNS) --

he Air Force brand the No. 25 car driven by Conor Daly and was an associate sponsor for the Andretti

Autosport team and its four drivers, including Alexander Rossi, who placed second in the race.

More than 300,000 people were in attendance at "the greatest spectacle in racing" and another 5.4 million watched the race on NBC. The event was the most streamed Indy car race ever on the network.

"We're really happy to welcome the Air Force to the Andretti family for the Indy 500 with Conor and a full season across all our cars," said Michael Andretti, Andretti Autosport chairman and chief executive officer. "Having five Hopefully we can all do this American drivers represent the team at America's biggest race was very special and we're honored to have the opportunity to pay tribute to the brave men and women of the U.S. Air Force. Having the Air Force with us, not just at Indy, but full season makes us very proud."

This is the second year in a row Daly has represented the Air Force. Last year he raced for Thom Burns Racing in the Indy 500. Making the jump to the Andretti team was a h

Indiana. "My car for the last two years Andretti Autosport gives us an auto race May 26, as a lot faster. It's just awesome to about all of the opportunities

> the race after qualifying 11th. He climbed to as high as fourth with 32 laps remaining. Andretti said a late mechanical adjustment may have cost Daly several places and left him vulnerable at the final restart with 18 laps to go. He finished the race in 10th place.

"(Daly) did a great job," Andretti said. "We screwed him up a little bit on that last pit stop and that put him back. I think he had the potential to be right up there with Alex (Rossi) right there at the end. I really feel bad for him. He drove a really, really good race. He actually did a great job all month long. He's a pleasure to work with. We had a lot of fun. again."

Rossi had a back-and-forth battle with eventual winner, Simon Pagenaud, but gave up the lead in the final few laps to take second place for Team Andretti. Teammate Ryan Hunter-Reay finished eighth, giving Andretti three top-10 finishers.

"Those last couple of laps were incredible. They were really battling it out up at the front of the pack and I thought Alexander Rossi was going to end up in first place," said Brig Gen. Jeannie Leavitt, Air Force Recruiting Service commander.

"I think partnering with

was on full display at has been the best looking car in opportunity to engage with the the Indianapolis 500 the field and this year it's going American public and tell them Air Force Recruiting sponsored be part of this team," Daly said. available when they join the Air free admission to Ribfest that Daly held his own throughout Force. It is a great partnership.'

**Continued on page 10** 



#### **RIBFEST BRINGS THE** MEATS TO MINOT FOR 5<sup>TH</sup> YEAR KALI ASKVIG | NORTH DAKOTA STATE FAIR

inot Ribfest is back again for its 5th year at the North Ďakota State Fairgrounds. As they have in years past, award-winning ribbers from around the country will be here grilling and serving the best brisket, smoked chicken, and ribs. New this year, there will be an outdoor Monster Truck Show happening during Ribfest at the Grandstand. Anyone who purchases a Monster Truck Show ticket in advance will receive day

Ribfest is a fun, family friendly event and a great place to celebrate Father's Day weekend.

On Friday and Saturday night, everyone can enjoy free music; there will be an Eagles Tribute Band featured on Saturday night. There will also be bounce houses, go karts, and an escape room, as well as other activities for kids and families of all ages. To start off Sunday, The Pursuit Church will be holding a Father's Day Service open to all with special music.

Ribfest will be held June 14-16 on the North Dakota State Fairgrounds. Admission is \$5 for all ages. For more information and a full schedule visit our website minotribfest.com.

> PHOTO COURTESY OF NDSF

## Welcome Dr. Gooden



Michael Gooden, MD

Trinity Health is pleased to welcome Michael Gooden, MD, a board-certified vascular/endovascular surgeon with over 20 years of experience caring for people with blood vessel disorders.

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Working closely with patients and their providers, Dr. Gooden treats all aspects of peripheral vascular disease to improve lives and prevent disability. His expertise includes peripheral artery bypass, stenting, and minimally invasive approaches to repair aortic aneurysms and other disorders. Originally from Iowa and reared in Tucson, Dr. Gooden served six years in the US Navy as a Hospital Corpsman, and was recalled for Desert Storm. He received his medical doctorate at the University of Arizona. Following general surgery residency at the University of New Mexico, he completed a two-year vascular surgery fellowship at Cleveland Clinic in 2004.

Vascular/Endovascular Procedures & Conditions

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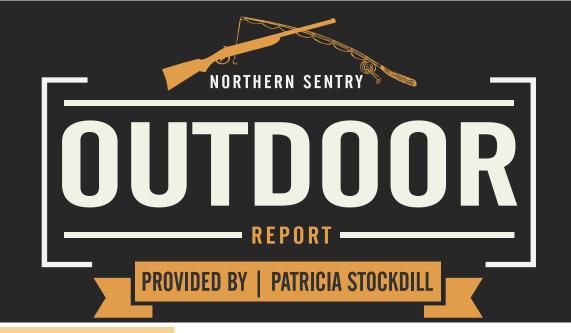


trinityhealth.org

#### AROUND THE AREA



08,16-17,2019



#### **Dates to Know:**

\* June 14: Upper Souris Nat'l. Wildlife Refuge Nature Hike, 7 p.m. RSVP at, (fsourisloopr@

mail.com) \*June 20 & 21: Youth Day Camp, Lake Metigoshe State Park. Contact Amy Schimetz at the park, (701) 263-4514, or email, aschimetz@nd.gov, for more information or to

register. \*June 22 & 23: Frontier Military Days, Fort Stevenson State Park, Garrison. Tournaments:

\*June 15: Lake Sakakawea, Fort Stevenson State Park; Lake Sakakawea, Sportsmen Centennial; Lake Sakakawea, Beulah **Bay; Devils Lake, 6-Mile** Bay.

\*June 16: Lake Audubon, Totten Trail. \*June 21 – 23: Devils Lake, Grahams Island State Park. \*June 22: Lake Sakakawea, **Parshall Bay.** 

Fishing: Lake Sakakawea elevation, June 10, 1,849.72 feet above mean sea level (MSL); 18,000 cubic feet per second (CFS) Garrison Dam average daily releases. Devils Lake elevation: 1,449.07

feet above mean sea level (MSL). Stump Lake elevation: 1,449.02 MSL

\*N.D. Game & Fish Dept. game wardens: East end of Lake Šakakawea still somewhat slow for walleye. Devils Lake good for white bass with a lot of anglers along Highway 19, Channel A, and County Road 4. Walleye somewhat spotty yet. Goose Lake kicking out some walleye but not many reports from other area lakes.

\*Devils Lake, Ed's Bait Shop, Devils Lake: Most activity remains west for walleye. Try Howard's Bay or the chain of smáller lakes north. Continued activity in the evening along the bridges. Try slip bobbers with nightcrawlers or leeches. Good white bass success using minnows.

\*Devils Lake, Woodland Resort, Devils Lake: Fair to good for walleye. Try slip bobbers or spinners and leeches in shallow water less than 10 feet. Work deeper with spinners. Try Pelican Lake or Howard's and New Mil bays. \*Lake Darling, Karma C-Store, Ruthville: Not much activity around Baker's Bridge with low water

levels. OK success for walleye and

pike on Lake Darling. \*Lake Metigoshe, Four Seasons, Bottineau: Good pike success. Bluegill just starting to move into shallower water with generally slow success yet. Occasional walleye.

\*Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Improving walleye activity on the east end of Lake Sakakawea. Try back bays and the mouth of bays in 3 to 15 feet using a variety of presentations as it transitions into a typical summer bite. Lake Audubon remains fair for walleye along with some nicesized bass Water temperatures warmer than on the east end of Sakakawea. Remember to release any muskie taken from Lake Audubon. No Missouri River reports.

\*Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Mixed walleye success on the east end of Lake Sakakawea. Try minnows yet around Douglas Bay. Lake Audubon remains fair for walleye using leeches or nightcrawlers.

\*Lake Sakakawea, Indian Hills Resort, Garrison: Walleye starting to move eastward with improving success around Deepwater and Parshall bays. Look for better success closer to Indian Hills as water temperatures continue to warm. Try minnows and nightcrawlers with some success now coming on leeches.

\*Lake Sakakawea, Scenic 23, New Town: Good for walleye throughout the Van Hook Árm and surrounding area. Try a variety of presentations.

\*Lake Sakakawea, Van Hook Resort, New Town: Van Hook Arm good for walleye in 8 to 24 feet. Work structure and move around with success throughout the Arm pitching jigs in shallow water. Also ry nighterawler harnesses or slow death hooks in deeper water.

\*Lake Sakakawea/Missouri River Scott's Bait & Tackle, Pick City: Missouri River producing some walleye activity during the day in the spillway channel. Try jigs or pulling crankbaits. Look for better success in the chutes with higher eleases. Iry casting crankbalts in the morning or evening for walleye from the rocks. Not much activity in the wing walls or down river. Try pitching jigs up shallow with nightcrawlers or plastics along the north shore of Lake Sakakawea on the east end. Also try slow death

hooks. Continued pike success casting crankbaits from shore.

**OUTDOOR NOTES:** 

\*Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Continued good walleye success on Lake Sakakawea around Lewis and Clark State Park, Lund's Landing, and White Earth Bay but the lake is high in elevation and rising as mountain runoff comes into the system. Success could slow if water gets too murky with runoff. Try spinners in shallow water during evening hours but move deeper during the day. Pike success remains good using smelt or live minnows. Missouri River rising in water level but was good for sauger and walleye. Trenton Lake continues producing crappie. Little Muddy River slowed

\*Lonetree WMA area lakes, Harvey: In general, small area lakes including Goose, Clear, Richard, and Hinsz lakes, improving for walleye with nice success.

\*North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: George Lake producing some pike. Anglers on the Mouse River are finding some walleye success

\*Des Lacs River, Foxholm: River stage, 5.52 feet; streamflow, 3.31 CFS.

\*Little Missouri River, Watford City: River stage, 1.09 feet; streamflow, 1,030 CFS.

\*Missouri River, Washburn: River stage, 9.38 feet. \*Pembing River, Walhalla: River

stage: 2.35 feet; streamflow, 130 CFS.

\*Souris River, Foxholm: River stage, 5.25 feet; streamflow, 6.41 CFS.

\*Souris River, Minot: River stage, 4.07 feet; streamflow, 5.8 CFS. \*Yellowstone River, Sidney, Mont.: River stage, 13.82 feet; streamflow, 58,000 CFS. \*Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Better walleye success with some

Better walleye success with some bigger fish coming from the Grano area with Lake Darling fair at best for small walleye. Remember the refuge closes to public use at 10 p.m. nightly.

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hink back to the times when days were long, hair was big, and dreams were bigger. Dak Jam aims to transport the people of North Dakota back to those days. This the importance of honoring our pasts and what made us who we are. While music is the reason to come, the experience is the the Lot, Dak Jam is becoming more than just a regular parking lot party. Headliners Hairball and Pop Rocks take the main stage and Captain Geech takes the after-party stage in the MSU Dome north parking lot. These bands cover hit songs from the 70s, 80s, 90s, and early 2000s, sure to make memories come flooding back. Music is not

the only element that makes Dak Jam a must-attend event. Attendees will experience live art, delicious food, interactive activities, environmental initiatives, and throwback vibes. Dak Jam will be held on August 16 and 17, and a twoday pass is just \$50, but don't wait for the last minute, order tickets and merchandise right when they go on sale June 3 through Eventbrite or check out our website at www.dakjam. com. Follow the event on Facebook, Instagram, Twitter, and Snapchat @dakjamfest for event information and updates, promotional contests, and throwback posts meant to get the nostalgia flowing. Dak Jam is the end of summer party created to make new memories while cherishing the old ones.



two-night festival highlights reason to stay. From Rockin'

Numbers to know: \*N.D. Game and Fish Dept main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov). \*Report All Poachers: (800) 472-2121 or (701) 328-9921.

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WRIGHT-PATTERSON AIR the 5K, which takes place on FORCE BASE, Ohio (AFNS)

unners who plan on their last chance to save money including Huffman Prairie, on registration if they register before prices increase June 17.

Prices for the full, half and 10K marathons are currently \$100, \$90 and \$45 respectively. Marathon, presented by All three races will increase by Northrop Grumman, USAA \$10 on June 17 while the 5K and Tailwind Trot 1K Kids' Run, hosted by Wright State University, will increase by \$5 and \$3 respectively. The Fly! Fight! Win! Challenge will increase to \$190.All registered runners receive a technical shirt and goodie bag. Everyone who finishes a race also gets a medal celebrating this year's featured aircraft, the KC-46 Pegasus. Medals are presented at the finish line by Air Force senior leaders. All races begin and end at the National Museum of the United States Air Force, except

the campus of Wright State University.

The Air Force Marathon is participating in the a Boston Marathon qualifying Air Force Marathon event and the course goes past this September have a number of historic landmarks where the Wright Brothers developed the world's first practical airplane.

The 2019 Air Force

DISTANCE	APR 8 – JUN 16	JUN 17 – SEP 18
MARATHON	\$100	\$110
HALF	\$90	\$100
10K	\$45	\$55
5K	\$35	\$40
Tailwind Trot 1K Kids I	Run \$17	\$20
FLY! FIGHT! WIN! CHALLENGE!	\$170	\$190

#### **INDY 500 PACE** from page 8

For the Air Force, being a part of Indy means a full month and represented the Air Force of events leading up to the big race.

"The investment with Conor Daly and the No. 25 car running in the Indy 500 was successful before the green flag dropped," said Maj. Ross McKnight, AFRS branch chief of special events. "We've seen good lead and registrant numbers, great awareness and great push on social media. I'm real happy with how everything looks. We had the awareness and the reach, a lot of success at various high school visits as well as lead and registrants on the given weekends."

While McKnight was excited with how the Andretti team performed, he was equally thrilled with the entertainment the race gave to fans. He hopes fans can recognize the traits a race team and the Air Force share and see the nearly 270 career opportunities available in the Air Force—either full or part time.

"I want the fans to be entertained and relate to the sport and see how it can be transitioned into supporting their Air Force," he said.

There are many similarities between Indy racing and the Air Force, with each having dedicated teams that prepare for engagement.

"I think it's a great fit because there's a lot of science, technology, engineering and math," Daly said. "The technology that goes into these cars, the work that is put into making these cars fast are all in the minute details, stuff you need to have when you're flying fighter jets as well. Everything is really detail oriented and I think that aligns so well with everything in the Air Force."

Capt. Nichole Stillwell, a 27th Fighter Squadron F-22 Raptor pilot at Joint Base Langley-Eustis, Virginia, was a sacrifice for our freedoms."

guest of AFRS for the weekend during the Indy 500 parade Saturday, riding with Daly in an Indy 500 Corvette pace car. She joined Leavitt before the race in a salute to the military, riding around the track with service members from all branches.

"The parade was the highlight," Stillwell said. "I got to sit with Conor and get to know him. He is an outstanding individual. We got to see a lot of the fans and see the patriotism that is the Indy 500. It was pretty awesome."

She said the racing teams and the Air Force share many similarities.

"The partnership with Team Andretti and the fact they correlate the precision and the teamwork it takes to execute the Indy 500 is similar to what we do in the Air Force," the pilot said. "That was a real learning point for me to see how much we correlate and how similar we are. I learned a ton while I was here."

The Indy 500 highlighted the military throughout the weekend and respectfully honored Memorial Day. The Air Force Heritage Flight performed a flyover before the race with a four-plane formation of an F-16 Fighting Falcon, P-51 Mustang, P-40 Warhawk and an A-10 Thunderbolt II. The A-10 and F-16 broke off and raced around the track using minimum radius turns. Finally, the F-16 ended the flyover with a maximum climb departure that sent the crowd into a roaring cheer.

"The Indy 500 is an iconic American event and has a tradition of being run on Memorial Day weekend," Andretti said. "I think it's so fitting because it allows us to use the largest racing stage to help honor the men and women who have made the ultimate

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and Boeing, is scheduled for

& Fitness expo is scheduled

of Champions is scheduled

for Friday, Sept. 20, from 8 to

10 a.m. and the gourmet pasta

dinner is scheduled for Friday

evening, starting at 5:30 p.m.

For more information

about the Air Force

usafmarathon.com.

Marathon go to www.

Saturday, Sept. 21. The Sports

for Thursday, Sept. 19 and Friday, Sept. 20. The Breakfast

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## Hess Corporation donates to Minot State Summer Theatre

#### MICHAEL LINNELL | DIRECTOR OF UNIVERSITY COMMUNICATIONS

MINOT, N.D. inot State University announced Hess Corporation has donated \$11,110.50 to Minot to upgrade the sound system at the iconic amphitheater.

Members of Hess Corporation in Minot presented Minot State President Dr. Steven Shirley with to maximize audio at the a check Tuesday at a ceremony at Summer Theatre. This marks the second year Hess Corporation performances. has donated to the long-running summer program as new lighting with all new microphones, a new

"Minot State University Summer Theatre is an asset to the region and many of our employees have had an opportunity to enjoy the beautiful the amphitheater and we won't outdoor theater," said Brent Lohnes, general manager for Hess North Dakota. "At Hess, we work to identify and support those groups and programs that help strengthen the communities began its 54th season in June where our employees live, work, and has been home to countless and play. We are happy to support events since it found its

the performing arts and provide the needed resources for new lighting and upgrades to the audio equipment utilized by the MSU Summer Theatre."

The upgrades planned for State University Summer Theatre Summer Theatre in 2019 include replacing 30 general microphones and 10 MicroSet head-worn microphones along with multiple sound system upgrades needed amphitheater to allow patrons the opportunity to fully enjoy

"We are planning to start fresh was installed for the 2018 season. sound board, and new cables," said Chad Gifford, MSU Summer Theatre artistic director. "With the new equipment, this will give us clearer sound throughout have some of the issues we've had in the past with microphones breaking in the middle of an event."

Minot State Summer Theatre

permanent home on the hillside on the north end of campus in 1971. In 2018, more than 9,000 audience members experienced four productions featuring talent from Minot State and the surrounding communities.

Projects like the upgraded sound system and improved lighting have enhanced the theater experience over the past five decades.

"With the support of a company like Hess, we can raise the bar even higher to make the productions match the quality our audiences have come to expect," Gifford said.



**UNIVERSITY** Minot State University is a public university dedicated to excellence in education, scholarship, and community engagement achieved through rigorous academic experiences, active learning environments, commitment to public service, and a vibrant campus life.

## Best with what they've got: A new I ife for old parts

#### **SENIOR AIRMAN TESSA B. CORRICK** | 2ND BOMB WING PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

ust like every other aircraft, parts on a B-52H Stratofortress age, get damaged and become unserviceable.

One detachment at Barksdale Air Force Base has developed a way to take those unusable parts and create hands-on training opportunities for maintainers.

"Normally, we have to coordinate with the maintenance squadron to find an aircraft that's not being flown or worked on and ask if we can get a block of time to go out and perform training tasks," said Master Sgt. Michael Farrar, 372nd Training Squadron Field Training Detachment 5 superintendent. "Training is important and everyone understands that, but vou have actual missions being completed out there on the flight line. So, there is always a chance for us to be in the way or even not being able to get the aircraft to do our training and that is where the unserviceable parts come in."

By utilizing aged or operationally condemned parts, the Air Education Training Command detachment assembles trainers that allow for a safe and focused environment for their Airmen to learn in.

For example, the detachment has a functioning landing gear trainer, which allows them to show maintainers step-by-step how to complete tasks such as replacing hydraulic fluid or change a tire without the worries of damaging operational aircraft, outside distractions or the fastpaced actions being conducted on the flight line.

"We want to provide effective training, so if using an operational aircraft is better, we would certainly like to do that over a trainer," said Tech. Sgt. Dylan Drake, 372nd TRS FTD 5 crew chief instructor. "However, having the trainers here is certainly more convenient and

gives us the ability to do it over and over if we need to."

Currently, the detachment is trying to get a section of a B-52H tail from the boneyard to use for drag chute training, which will alleviate one of their most difficult training scenarios to set

up. "The reason the training is problematic to organize is because the chutes are only deployed after a flight, so trying to coordinate a time where we have the students and also have an aircraft land can sometimes be tough between the communication and timing," Drake explained. "Having that tail section here that we can load whenever we need to would be a great addition to our capabilities.<sup>3</sup>

This hands-on experience has proven to be effective to students when it comes to absorbing the information.

'This form of instruction is a lot better because when you're actually doing it yourself, it's a lot easier to retain," said Airman 1st Class Chase Guggenbuehl, a student at the detachment and 11th Aircraft Maintenance Unit crew chief. "It makes you want to pay attention. It's not just words on a screen. The actual tools and parts of the jet are right in front of you to help you see how it actually works.'

The feedback from the courses at Barksdale AFB and Minot AFB, North Dakota, have been so positive that it is now being used as a model for maintenance field training across the Air Force.

"It's awesome to be a part of this capability and help other maintainers get the training they need to be effective and ultimately getting the aircraft off the ground and completing the mission," Farrar said. "That is only possible when you have a team who is dedicated to what they do, care about their students and who are always looking for ways to be more impactful.'



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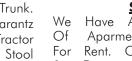
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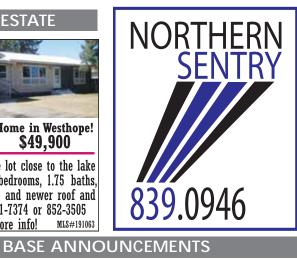




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## TODAY

- Last Day to Register for Father's Day Golf Lessons at Rough Rider Golf Course
- Youth Programs Summer Paintball Camp, 0900-1200, Youth Center
- Specialty Activity Camp Archery Camp, 0900-1200, 1300-1600 Youth Center • Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club
- Member drawn also announced at the Jimmy Doolittle Center and Rough Riders Pizza) • June Youth Golf Lessons, 1700-1900, Rough Rider Golf Course
- Texas Hold 'Em, 1800, Rockers Bar & Grill Zumba, 1800, Fitness Center
- Live Music with Joshua Herman, 1900-2300, Ground Zero Lounge at the JDC
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

### SATURDAY

- Zumba, 0900, Fitness Center
- Barre, 1000, Fitness Center
- Family Paint Class, 1000-1200, Arts & Crafts
- Alpha Warrior Regional Competition, 1200, Fitness Center

- TUESDAY
- Last Day to Register for June Pinterest Party at Arts & Crafts
- Run 4 Fitness, 0600, Fitness Center
- Barre, 0915, Fitness Center • Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC • Family Night Kids Eat Free with Adult Entrée Purchase, 1700-2000, Rockers Bar
- & Grill
- Cycle, 1700, Fitness Center
- Fit to Fight, 1800, Fitness Center

## WEDNESDAY

- Circuit Training, 0600, Fitness Center
- Career Exploration & Planning Track, 0800-1700, held at the Education Center, hosted by A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Boot Camp, 1145, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Board Game Making Camp, 1500, Base Library



#### 21 June

- White Water Rafting and Zip-Lining Trip hosted by Outdoor Recreation at Bozeman, MT
- Last Day to Register for Match Play Tournament at Rough Rider Golf Course Boot Camp, 1145, Fitness Center
  Board Game Making Camp, 1500, Base Library Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill

Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Rough Riders Pizza)

• Zumba, 1800, Fitness Center • Keystone Meeting, 1800-1900, Youth Center Give Parents a Break, 1800-2200, Child Development Center & Youth Center Karaoke Night, 2100, Rockers Bar & Grill

• Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

#### 22 June

- Game Night at the Ground Zero Lounge, 1600, Ground Zero Lounge at the Jimmy Doolittle Center
- Father's Day Bowling Special, 1700-2000, Rough Rider Lanes
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

## **SUNDAY**

- Father's Day Lunch, 1100-1400, Jimmy Doolittle Center
- Father's Day Golf Lesson, 1200-1500, Rough Rider Golf Course
- Family Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

### MONDAY

- Tactical Fit Express, 0600, Fitness Center
- Swerk, 0915, Fitness Center
- Boot Camp, 1145, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Board Game Making Camp, 1500, Base Library
- Yoga Strong, 1700, Fitness Center
- Zumba, 1800, Fitness Center

- 4-H Club, 1600-1700, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

### **THURSDAY**

- Cycle, 0600, Fitness Center
- Career Exploration & Planning Track, 0800-1700, held at the Education Center, hosted by A&FRC
- Barre, 0915, Fitness Center
- Summer Luau, 1030-1330, Dakota Inn Dining Facility
- Cycle, 1130, Fitness Center
- Pinterest Party, 1300, Arts & Crafts
- Off-Base Budget Class, 1430-1600, A&FRC
- Fitness Hour, 1600-1700, Youth Center
- Trivia Registration, 1600-1845, Ground Zero Lounge in the Jimmy Doolittle Center
- Cycle, 1700, Fitness Center
- Club Members' 1/2 Price Appetizers (with purchase of adult entrée), 1700-1900, Rockers Bar & Grill
- Olympic Weightlifting, 1730, Fitness Center
- Fit to Fight, 1800, Fitness Center
- Trivia Night, 1900-2100, Ground Zero Lounge in the Jimmy Doolittle Center

- White Water Rafting and Zip-Lining Trip hosted by Outdoor Recreation at Bozeman, MT
- Match Play Tournament, 0730, Rough Rider Golf Course
- Zumba, 0900, Fitness Center • Barre, 1000, Fitness Center
- EFMP Adult Fitness Series: Jungle Cycle, 1215-1315, Held at Spectrum Fitness and hosted by AFRC
- Baby & Me Story Time, 1500, Base Library
- Game Night at the Ground Zero Lounge, 1600, Ground Zero Lounge at the JDC
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes • Hip Hop All Nighter, 2200-0300, Rockers Bar & Grill

**Bough Riders Pizza** <u>June Special - Booker Special</u> Delicious meatballs, mozzarella cheese, and tasty marinara sauce melt together in this tasty sandwich served on an Italian hoagie! Try it today for \$9.75 –includes chips and a drink!

#### The B-Fifty Brew June Special - Chicken Salad

Try this flavorful combination of diced chicken, cranberries, grapes, pecans, & mayonnaise alone or on a croissant or potato bun for only \$4!

## Auto Hobby May Specials June 1-15 | Lift Stall Special Receive \$1 off Lift Stalls!\* Regular price: \$6/hour. Special price:

\$5/hour. Must mention ad to get special price! \*Does not include lifts used for oil changes



## Thunder bir ds announce 2020 officer sel ections

#### NELLIS AIR FORCE BASE, Nev. (AFNS) --

he commander of Air Combat Command, Gen. Mike Holmes, has officially selected the officers who will be joining the United the two wingmen. Taylor will States Air Force Thunderbirds for the 2020 demonstration season.

• Maj. Trevor Aldridge, 493rd Fighter Squadron, RAF Lakenheath, U.K., has been selected as Thunderbird No. 2, the team's left wing pilot. He will fly as close as 3 feet from the No. 1 jet during flight F-16 Fighting Falcon aircraft. formations, demonstrating the teamwork and precision of America's Air Force. Aldridge will transition to the lead solo will replace Maj. Will Graeff.

UNITED STATES AIR DEMONSTRATION SQUADRON

• Capt. Zane Taylor, 8th FS, Mexico, has been selected as Thunderbird No. 4, the team's slot pilot. He will fly just aft of the No. 1 jet and between replace Maj. Whit Collins.

• Capt. Kyle Oliver, 27th FS, Joint Base Langley-Eustis, Virgina, has been selected as Thunderbird No. 6, the team's opposing solo pilot. The solo pilots perform maneuvers that showcase the maximum capabilities of the Capt. Michelle Curran, the current opposing solo pilot, position in 2020.

• Maj. Kevin DiFalco, 31st Holloman Air Force Base, New Operational Support Squadron, Aviano Air Base, Italy, has been selected as Thunderbird No. 7, the team's operations officer. His duties will include air space coordination, ground communication with the pilots in the air and safety observation. DiFalco will replace Maj. Eric Gorney.

#### • Capt. Katherine

Moorkamp, Headquarters Air Combat Command, JB Langley-Eustis, Virgina, has been selected as Thunderbird No. 10, the team's executive officer. Her responsibilities will showcased a remarkable level include leading an executive support staff responsible for Thunderbirds budget, training

and force support actions for the commander. Moorkamp will replace Capt. Lauren Venturini.

• Capt. Remoshay Nelson, 8th Fighter Wing, Kunsan AB, South Korea, has been selected as Thunderbird No. 12, the team's public affairs officer. She will assume the team's extensive media relations, community relations and public maintain continuity of relations programs. Nelson will replace Maj. Ray Geoffroy.

"This year's applicant pool featured some of the very finest Air Force leaders who of skill and motivation. This was an incredibly difficult choice, but I'm confident we

chose the right team to carry on the Thunderbird mission and showcase America's Air Force." said Lt. Col. John Caldwell, U.S. Air Force Air **Demonstration Squadron** commander.

The 12 officer positions on the team are a two-year tour of duty. By design, the position openings are staggered, allowing the squadron to experience and leadership. In 2021, Thunderbird Nos. 1, 3, 6, 8 and 11 will be replaced.

Imagery and video of the new Thunderbird officers can be found at the following link:

https://www.dvidshub.net/ unit/Thunderbirds http://www.afthunderbirds. com/site/

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