

WHATS INSIDE THIS WEEK:



AFGSC CCC HOFFMAN VISIT



BACKPACK Brigade



JULY HALF MARATHON





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AFGSC CCC Hoffman visits Minot













Chief Master Sgt. Charles Hoffman, Command Chief Master Sergeant for Air Force Global Strike Command, visits Minot Air Force Base, July 23 - 26, 2019. Chief Hoffman was recently promoted to CCC of AFGSC, this was Hoffman's first visit to Minot AFB.

U.S. AIR FORCE PHOTOS | MAFB PUBLIC AFFAIRS



INGREDIENTS

Thick Cut Rib-Eye Steaks or Prime Rib Roast Kosher Salt Pepper Paprika Granulated Garlic Thyme

CONOL

Reverse Sear Rib-Eye Steak or Prime Rib Roast

Rare

Medium Ra

Medium Well

Medium

Well Done

1) Rub steak or roast with salt, pepper, paprika, garlic, and thyme. 2) Set the grill to "Smoke" or 180°F.

3) Place on grill grate and cook until desired doneness.

4) Set aside to rest for 20 minutes.

5) Increase temperature to the highest setting and allow grill to fully preheat.

6) Sear meat on the hot grill grates for a couple of minutes on each side. ΓRAEGER

STEAK DONENESS

115°

124°

 140°

150°

 160°

Head to HofE.com/BBQHQ for our article on **Reverse Sear Cooking.**





lateside Labin





SEPT 21 RELAX AND ENJOY ND 22 ON AUGUST 9 & 10 AT POCKET ACES LOUNGE PAY 1,580 hand pays totalin \$3,604,278 June 1-24 NO & LODGE 4 MILES WEST OF NEW VISIT 4BEARSCASINO.COM FOR DETAILS AND CHECK US OUT ON SOCIAL MEDIA.

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Co-ops donate \$15,000 to Children's Museum

VERENDRYE ELECTRIC COOPERATIVE

Verendrye Electric Cooperative recently teamed up with CoBank and Basin Electric Power Cooperative to donate \$15,000 to the Magic City Discovery Center to help build a children's museum in Minot.

Each organization donated \$5,000 to the project. CoBank, a cooperative bank headquartered near Denver, is one of Verendrye's lenders. The bank matched Verendrye's \$5,000 donation through its Sharing Success program.

Basin Electric, headquartered in Bismarck, is an electric cooperative that generates power for distribution cooperatives like Verendrye across 9 states. Verendrye and 140 other electric cooperatives own Basin Electric. Basin also matched Verendrye's \$5,000 donation.

"Verendrye Electric is proud to be a part of this project that will help children learn and have fun," said Verendrye Manager Randy Hauck. "We're thankful to have partners like CoBank and Basin Electric who contribute to the communities they serve."



Verendrye Electric Cooperative recently presented a \$15,000 check to the Magic City Discovery Center. Verendrye, CoBank and Basin Electric each contributed \$5,000. From left are: Education and Outreach Director Liz Weeks, volunteers Dick and Judy Winje, Treasurer Jessica Henderson, Interim Executive Director Wendy Keller, Verendrye Vice President Karen Hennessy, Verendrye Manager Randy Hauck and Verendrye Member Services Manager Tom Rafferty.

SUBMITTED PHOTO

Backpack Brigade



Team Minot families attend Operation Homefront's Backpack Brigade at Minot Air Force Base, North Dakota, Aug. 1, 2019. Operation Homefront provided 200 backpacks filled with supplies to children on the base while vendors provided families with local community information.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JOSH W. STRICKLAND)







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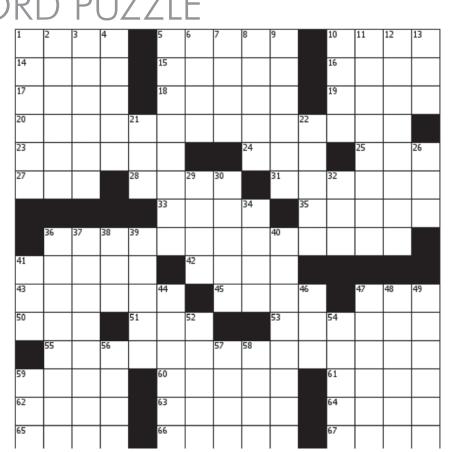


THE LIGHTER SIDE

Ρl 77 Across

1. Short erect tail 5. Starsky's partner 10. The Amish, e.g. 14. ____ Major 15. Make accustomed (Var.) 16. Seraph's circle 17. College administrator 18. Rose perfume 19. Pressing need? 20. Pfeiffer film of 1995 23. Accompany to a party 24. Clutch producer 25. Toupee 27. Born of 28. Stir up, without a spoon 31. Surgeon's stitch 33. Loughlin of "Full House" 35. Shakespearean loverboy 36. Cruise movie of 1983 41. Wound up costing 42. Dentist's instruction 43. Make certain 45. Koppel and Turner 47. Took down for the count, for short 50. It starts in Apr. 65. Newsy bit 51. Victorian or Big Band 66. Fidgety 53. '64 event for the Beatles 67. Electronics giant 55. Environmental concern Down 59. Stereo precursor 60. "It's ____-see!" (rave review 1. Unexpected 2. Goalie's spot

- 61. Mrs. Dithers
- 62. Sacramento's ____ Arena
- 63. Stun gun
- 64. Egg cell



6. Biblical preposition

7. Ballerina's attire

9. Greek Mercury

12. Shutdowns

13. 32,000 ounces

10. Brat's kick target

11. They're found in

8. PC problem

canals

44. Book boo-boos **46**. NY-to-Atlanta dir. 47. Balkan province 48. Beat, as in a race 49. Like a teen idol

52. Fellow who sells

space

21. Commit a blunder

26. Name on Prizms ar

30. Emulate Dante's

32. Ballerina's perch

34. Fortuneteller's

22. To bury

Metros, once

Peak

opening

29. Timberwolf

- **54**. Mexican munchies
- 56. Camera feature
- **57**. Boot out
- 58. Applications
- **59**. ____ tai (rum drink)







1		2			3			
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	8		4			6	3	
		7				9		
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		8			6	1		
	9	6			5		7	
5		1	3	8	7	4		
			6			2		5

SUDOKU Solution to puzzle on page 10

3. Income from wealth

4. Dance of love

5. With gusto

CRAWL (R) FRIDAY, AUG 9 • 1800 SATURDAY, AUG 10 • 1700 SUNDAY, AUG 11 • 1500

> A young woman, while attempting to save her father during a category 5 hurricane, finds herself trapped in a flooding house and must fight for her life against alligators.

Solution to last week's Crossword puzzle.

A	1	В	В	А		S	Ρ	А	S		А	W	А	R	D
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S	5	Ρ	А	Т	E		D	Е	R	Ν		Т	Н	А	W



DINING, ARTS & ENTERTAINMENT

NORTHERN SENTRY FRIDAY, AUGUST 9, 2019 5





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Rick







INGREDIENTS:

- For the chicken Marination:
- Boneless chicken 500 grams
- Red chilli powder 1tsp
- Black pepper powder 1 tsp
- Ginger garlic paste 1 tsp
- Garam masala 1/2 tsp
- Yogurt/curd $\frac{1}{2}$ cup
- Salt to taste
- Oil 2tsp

INSTRUCTIONS:

- Clean and cut the chicken into small bite-size pieces.
- Take a bowl, add chicken pieces along with the ingredients mentioned under marination and Mix well.
- Heat a pan with oil and fry the marinated chicken pieces till all the moisture evaporates from it.
- Transfer the fried pieces into a plate and keep aside.
- Heat a kadai with butter, oil. Once it is hot add cumin seeds and when they begin to crackle add chopped onions and fry till they change their colour into brown colour.
- Add the ginger garlic paste and fry a minute.
- Next add red chilli powder, garam masala, sugar and fry on a medium flame for 5 minutes.
- Add tomato puree to the gravy and mix well, cook for 2 minutes.
- Then add 1/2 1 cup water with required salt.

- Next, add fresh cream along with Kasturi methi and combine well.
- Transfer the butter chicken into a serving bowl and enjoy with Naan/roti.



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For more information check out: Facebook event/ Magic City **Discovery Center**



MOVIE IN THE PARK - THE GREATEST SHOWMAN 9:30 PM-11:00PM Location: Oak Park 1300 4th Ave NW,

Maysa

Minot, ND 58703 Summer 2019 Movies in the Park All movies start at sunset (around 9:30pm)

For more information check out: Facebook event/ Minot Parks





(MINOT, ND) The Taube Museum of Art is seeking photography submissions for an exhibition from September 5 - October 11, 2019 in the Main Gallery. This exhibition is open to all Minot and surrounding photographers, professional and nonprofessional alike. Photographs may be color, black and white, digital and traditionally printed photos. A number of pieces will be selected for honors by Ryan Stander of Minot State University.

Photographers are not required to be a member of the Museum to submit entries, but must be 18 years of age to submit works. All photographs must be

Open Call to All Photographers

mounted, framed and ready for hanging with wire hangers. Each photographer may be limited to three entries, depending on entries and sizes submitted. All photographs must be taken within the last three years. Subject matter is not limited, but final selection is at the discretion of the museum staff.

Photographs may be hand delivered to the Taube Museum of Art or shipped in a sturdy reusable container with return postage included. All works must be received no later than August 29th, 2019. Digital inventory lists are required, submitted to taube2@srt.com. They must include title, size, and

style of print, price, and a short bio.

Museum and Gift Shop hours: Tues - Fri 10:30 - 5:30 pm, Sat 11:00 am – 4:00 pm or by special appointment. There is no charge for admission, but contributions are accepted to help the Taube Museum fulfill their mission of enriching lives through the visual arts.

The exhibition is made possible with support from the North Dakota Council on the Arts.

For more information - 838-4445: Rachel Alfaro, Executive Director or Charles Lee, Gallery Manager

2019 Minot AFB Education Fair Wednesday, 14 Aug 19, 0900-1500

The Minot AFB Education Center will be holding an Education Fair at the Jimmy Doolittle Center. Come talk to representatives from the following schools:

Columbia Southern University American Military University **Full Sail University** Ashford University Suny Empire State College **College of Saint Scholastica Embry-Riddle** Aeronautical University Southern New Hampshire University **Colorado Technical University** Universal Technical Institute

Lincoln Tech NJ Central Michigan University **Trident University** Waldorf University **Columbia College Bethel University** Minot State University Park University

For any questions please call 723-2772.

Ready, Set, Rummage!

Rummage Sale to benefit the Taube Museum of Art

(MINOT, ND) It is that time of year again and we are inviting the community to our annual Rummage Sale to be held on August 9th and 10th. We have household items, furniture, art, toys, jewelry, books, movies, and everything else you might want!

Rummage Sale Fundraiser you in advance in making this a will be held on August 9th from 10:30 am - 5:30 pm and August 10th from 11:00 am – 4:00 pm. All proceeds benefit the Taube Museum of Art to fulfill our mission of enriching lives through the visual arts. Thank

successful fundraiser.

Please call Rachel Alfaro, Executive Director or Charles Lee, Gallery Manager at the Taube Museum of Art at 838-4445 for further information.



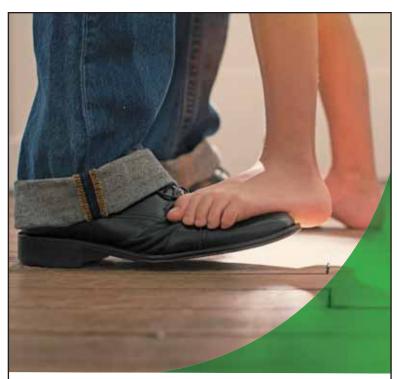


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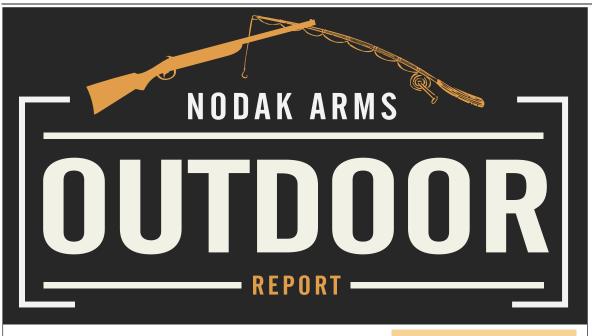
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AROUND THE AREA



OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Aug. 5, 1,851.33 feet above mean sea level (MSL); 46,300 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.68 feet above mean sea level (MSL). Stump Lake elevation: 1,448.71 MSL.

• N.D. Game & Fish Dept. game wardens: Look for some activity at Antelope and Clear lakes. Devils Lake spotty for walleye with continued good numbers of small fish. East end of Lake Sakakawea spotty for walleye. Van Hook Arm and New Town area remains spotty and inconsistent for walleye.

• Devils Lake, Ed's Bait Shop, Devils Lake: Steady walleye success. Try west around Grahams Island or Howard's Bay using slip bobbers and bottom bouncers with leeches. Look for continued white bass activity.

• Devils Lake, Woodland Resort, Devils Lake: Continued good for small walleye so move around to locate larger fish. Try spinners and bottom bouncers in 25 feet yet work as shallow as 4 feet. Pike bite slowed. • Lake Darling, Karma C-Store, Ruthville: Limited Lake Darling reports.

• Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Some fishing activity but limited reports.

• Lake Metigoshe, Four Seasons, Bottineau: Improving bluegill success with a few larger fish now showing up. Work shallow areas along the weed beds. Look for some evening walleye activity.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Fair to good walleye success on the east end of Lake Sakakawea. Work deeper water in the mouth of bays and main lake structure. Try 8 to 12 feet working out to 35 feet with a variety of presentations and bait. Improving salmon success along the east end along the south shore. No Lake Audubon or Missouri River

walleye but good smallmouth bass. Work gravelly, rocky flats in about 8 to 10 feet.

• Lake Sakakawea, Indian Hills Resort, Garrison: Some nice, larger walleye now showing up. Work deep in 20 to 23 feet using spinners and bottom bouncers with nightcrawlers or leeches. Move around with no particular location for schooling.

• Lake Sakakawea, Scenic 23, New Town: Fair walleye success throughout the Van Hook Arm but anglers working harder to find larger fish with good numbers of smaller ones. Try variety of depths and presentations.

• Lake Sakakawea, Van Hook Resort, New Town: Scattered walleye success working a variety of depths from shallow out to 25 and 30 feet. Try pitching jigs in the shallows with slow death hooks or spinners and nightcrawlers in deeper water. Move around.

Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River continues producing walleye during the day from boats using slow death hooks and nightcrawlers or jigs and minnows. Try spillway channel, spillway inlet, or cable crossing. Best success remains before 10 a.m. Some catfish and trout mixed in. Try 3-way swivels in the chutes. Shore bite slowed but try the rocks in the evening casting crankbaits. Not many reports from the wing walls. Lake Sakakawea fair for walleye on the east end but move around and locate active schools. Best success also in the morning. Try 20 to 25 feet along the Riverdale Bluffs but also try Mallard Island, Douglas Bay, 3 bays west of Sakakawea State Park, or Wolf Creek. Salmon bite remains tough. Try 65 to 90 feet or as deep as 100 feet around Deadman's Bay using a variety of presentations.

Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Try Lund's Landing or the guard camp for walleye working deep in about 25 feet with crankbaits or spinner rigs with nightcrawlers or minnows. Cleaner water is down river around the Van Hook Arm. Try 11,800 CFS. jigging for walleye. Yellowstone River dropping with a decent catfish bite. • Lonetree WMA area lakes, Harvey: No new reports.

North-central/central N.D.

Dates to Know: • Remember to follow North

Dakota's ANS regulations, including removing plugs at the boat ramp.

• Aug. 10: Souris River Basin Longbeards Nat'l. Wild Turkey Federation youth event, Velva Wildlife Club, Contact DJ Randolph, (701) 720-2134, for information.

• Aug. 11: Bison Stampede 5, 10, & 15-K runs, Cross Ranch State Park. Call the park, (701) 794-3731, for information.

• Aug. 14: Tundra swan applications due.

• Aug. 15: Early Canada goose season opens.

• Aug. 15: Adult Day Camp, Lake Metigoshe State Park. Call Amy Schimetz at the park, (701) 263-4514, for information and registration.

Tournaments: • Aug. 10: Lake Sakakawea, White Earth Bay. • Aug. 11: Lake Sakakawea,

Sakakawea State Park.

• Aug. 13: Stump Lake. • Aug. 16 & 17: Devils Lake,

Grahams Island State Park. • Aug. 17: Lake Sakakawea, Sakakawea, State Park; Lake

Sakakawea, Indian Hills Resort; Lake Sakakawea, Van Hook Arm; Devils Lake, Creel Bay.

lakes, Towner Hdwe. Hank, Towner: Activity remains light and limited on the river and area lakes.

N.D. rivers:

• Des Lacs River, Foxholm: River stage, 5.14 feet; streamflow, 3.21 CFS

• Little Missouri River, Watford City: River stage, 0.32 feet; streamflow, 627 CFS.

• Missouri River, Washburn: River stage, 14.27 feet.

• Pembina River, Walhalla: River stage: 1.85 feet; streamflow, 56.8 CFS.

• Souris River, Foxholm: River stage, 5.68 feet; streamflow, 20.2 CFS.

• Souris River, Minot: River stage,

2018 91st AFGSC Level Awards

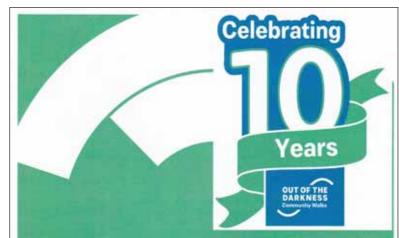
Team Minot members from the 91st Missile Wing receive awards from Col. Glenn Harris, 91st Missile Wing commander, at Minot Air Force Base, North Dakota, July 18, 2019.



CIVILIAN CAT II OF THE YEAR Todd Moore, 91 MW/SEG (91 MW winner)



LT GEN LEO MARQUEZ AWARD (COMPANY GRADE MANAGER) Capt Marisol Vierra, 91 MMXS



reports.

Sakakawea/Lake Lake Audubon, 6-Mile Bait & Tackle, Garrison: Continued fair to good walleye success on the east end of Lake Sakakawea. Try live bait working around sunken islands from the Highway 83 embankment to the west. Lake Audubon slowing for

4.22 feet; streamflow, 20.5 CFS.

• Yellowstone River, Sidney, Mont.: River stage, 3.99 feet; streamflow,

Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov). • Report All Poachers: (800) 472-2121 or (701) 328-9921.

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Prairie Village Museum hosts Village Fair on August 11

THE PRAIRIE VILLAGE MUSEUM

The Prairie Village Museum will celebrate its 34th Annual Village Fair this weekend in Rugby. The full day event takes place at the Museum grounds where the 20+ buildings come alive with demonstrations, costumed characters, food trucks, music, art shows, and more. Historical Society members get in free as do active duty military members. All others pay at the door. Memberships can be purchased on the day of the Fair.

The Fair starts with a pancake and sausage breakfast at 9:00 am served by Rugby Broadcasters. Demonstrations will take place throughout the day in the village and kids are welcome to take part and get hands on with all of them.

Blacksmithing, butter churning, hand washed laundry, horse rides, and more will be available this year. There will also be a turning lathe and small engine demonstrations in the afternoon. As people explore the village you will find people who worked and went to school in the buildings there to talk with you about life as a student in the Silva School or life as the telephone operator in the Bottineau telephone office.

Several options for food are available. After the pancake breakfast there will be snacks like pickles on a stick, penny candy, root beer floats, ice cream sundaes, popcorn and old tyme sarsaparilla and cream soda. Henry's 90Wt Ribs and Deb's food trucks will be serving all day including ribs, brisket, kraut burgers, and loaded

hot dogs.

Music will be featured in the Saloon and other buildings throughout the day. Minot native Jerry Schlag and the JMB Band will play in the morning and the early afternoon in the gazebo bringing the village alive with polka and other traditional music. Other local Rugby talent will be playing piano in the soda fountain and the saloon.

This summer's kids camp efforts will be on display as well. The Kids Art Camp will have their art show in the new German Russian Heritage Building all day. The German Russian Kids Camp attendees will show off their traditional dance skills at 2pm at the Gazebo. Kids and adults alike will get the change to try their hand at Ham Radio with the help of the Devils Lake Ham Radio club who will have their antenna and booth set up all day.

The Germans from Russian Heritage Building will be open to the public. The building is nearing completion, and this is the first time that the public will get to see the local groups efforts at fundraising and building their new Heritage Hall. The Hall will host its first event on September 15th with Dr. Eric Schmaltz from Oklahoma State University delivering the inaugural lecture.

The Geographical Center Historical Society's mission is to document, preserve and interpret the history and ongoing story of North Central North Dakota for the people of the region and for visitors from around the world, through educational and entertaining programming and through displays of artifacts and historic buildings at Prairie Village Museum. More information about our programs and exhibits available on our website or check out our social media.





Public Invited to Annual Ice Cream Social at Former Governors' Mansion

BISMARCK, N.D. – Enjoy free family entertainment, children's games, refreshments, and tours through the Former Governors' Mansion State Historic Site at 320 East Ave. B in Bismarck at the annual Ice Cream Social on Sunday, Aug. 11. Free hot dogs and ice cream will be available.

The program begins at 12:30 p.m. as North Dakota State Troubadour Chuck Suchy sings the National Athem, followed by a welcome by the Society for the Preservation of the Former Governors' Mansion president Bruce Hagen and introduction of dignitaries and special guests. Suchy will perform

Tracie Bettenhausen with Basin

Garden. At 3:15 p.m. State Historical Society of North Dakota historic sites manager Robert Hanna will discuss agriculture and the Welk Homestead State Historic Site. All times are approximate.

Children's activities will include a petting zoo on the east lawn of the mansion from 1 to 2 p.m. From 1 to 3 p.m. there will be agricultural coloring pages and children can plant a seed to take home to watch it grow. Historic children's games will be available on the east lawn for play all afternoon.

The public is encouraged to

present on the Basin Backyard bring lawn chairs or blankets. In case of inclement weather, the program will be held at Trinity Lutheran Church at 502 N. Fourth St. Additional parking will be available at Trinity Lutheran Church and St. George's Episcopal Church at 601 N. Fourth St.

This event is sponsored by the State Historical Society of North Dakota and the Society for the Preservation of the Former Governors' Mansion. Find a calendar of upcoming State Historical Society events at history. nd.gov/events.





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BUY CARS OR HAUL JUNKERS AWAY FOR FREE -Call Karz 4-U at 240-9172.

\$ \$ \$ QUICK CASH \$ \$ \$ Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

PROFESSIONALS **LEECLOUSE INDEPENDENT**

BEAUTY CONSULTANT www.marykay.com/1clouse. 701-839-0475 or 701-721-0475. tfn

RECREATIONAL

′95 CRESTLINER 1750 SPORTSFISH, 115 Mercury hp. Been a great boat, no issues. Comes with two Lowrance depth finders. Selling due to purchase of a new boat. Live in Minot if interested in viewing. \$3,995. Call Shane at 701-833-5767. wk <u>34</u>

HELP WANTED

IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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THE NORTH DAKOTA

NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot. tfn

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112

N. Broadway.

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Apply in person at: 605 27th St SE, Minot ND 58701 Or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014

REAL ESTATE

CHARMING 1906 HOME with updates 50 Minutes from Base. 3 acres! 1010 93rd ST NW Newburg, ND 8762. Lucas Knight Signal Realtors 701-852-3505, 701-720-9163

HOME FOR SALE IN DEERING,

Just 16 miles from Base on 5 city lots, newly updated. MLS 191392. 204 1st Ave S. Contact Lucas Knight, Signal Realtors. 701-720-9163

PRICE REDUCED! 1 MOBILE HOME ESTATES, DEERING ND. \$37,499. 2012 Custom 2 Bed 2 Bath Mobile Home For Sale. Contact Lucas Knight With Signal Realtors Today! 701-720-9163.

Find ALL listed homes for sale in Minot and the surrounding areas at www. brokers12.com.

FSBO MOHALL ND

2010 Mfd home 28x64 has 2 decks, 3bdrm, 2bath, office, 2car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Asking \$240k. Call/ text to inquire or to show. 701-228-4089 or 701-228-4190.

REAL ESTATE

FSBO IN GLENBURN

bedrooms, 2 full baths, family room, living room, 2 car attached garage, almost acre lot. \$169,900. 204 Oakley Drive. Please L/M 701-838-4309, I am in and out a lot..BisManOnline.com, AD# 3128696

RENTALS

wk33

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HOUSE • APARTMENT FOR

RENT IN MINOT Small 2 bedroom house \$750/mo. Pet friendly, large yard. 2 bedroom apartment \$600/mo. (701) 340-0879 wk32

GLENBURN

2 Beds/1 Bath. Very Nice & Clean. Water & Heat Paid. Laundry. Only \$495 + elec. Call Today 839-4200.

HOUSE FOR RENT

Very Nice Home in Maxbass. Beds/1 Bath. 2 Stall 5 Acres. \$800 Garage. 839-4200. utilities.

THE PINES APARTMENTS

BEAUTIFUL UNITS SOME PET FRIENDLY 1, 2 & 3 BEDROOMS Washer/Dryer in unit, D/W Microwave, A/C, Garage FREE WIFI, Military Discounts \$1.00 MOVE IN SPECIAL!!! CALL NOW, 839-4200

1 & 2 Beds in Burlington. Heat & Water Paid. Ready for Move In. \$475-\$495. Call 839-4200.

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

RENTALS

HOUSES FOR RENT

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2 & 3 Bedroom Apts Located in Surrey. Very Well Kept. Heat & Water Paid. Across from Surrey School. \$675-\$775. Call For Your Tour Today! 839-4200.

<u>SMC</u>

We Have A Great Variety Of Aparments & Homes For Rent. Competitive Rates & Discounts & Specials Available. Call 839-4200.

PCS SALE

PCS SALE, everything must go. Dining room set, bedroom set, bookcase, desk, and more. Please text if interested 407.669.2929, will send pictures. wk33

FOR SALE

FIVE SHELF BOOKCASE WITH SLIDING GLASS DOORS. Very Old Oak Miniature Camel Back Trunk. Vintage Solid Wood Marantz Stereo Cabinet, Old Tractor Seat & Horse Hames Stool Chair, Vintage Hammond Chord Organ, Works Fine. Questions Call 701-626-2712.

GARAGE SALE

3721 E. BURDICK EXPY HUGE VINTAGE 8 **COLLECTIBLE SALE!** Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712. tfn

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CLASSIFIEDS

REAL ESTATE

BASE ANNOUNCEMENTS



WHAT'S GOING ON MA

TODAY

- Couch to 5k, 0600, Fitness Center
- Senior TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Youth Programs Summer Paintball Camp, 0900-1200, Youth Center
- Rockers Backyard Bash, 1600-2000, Rockers Bar & Grill
- Torch Club. 1600-1700. Youth Center
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

TUESDAY

- Registration Opens for Family Paint Class at Arts & Crafts
- Pre-Separation Counseling, 0800-1130, Held at the Education Center and hosted by the A&FRC
- Specialty Activity Camps Science Camp: Ages 9+, 0900-1200, Youth Center • Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Auaust Youth Golf Lessons, 1700-1900, Rough Rider Golf Course
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- Swerk, 1900, Fitness Center

WEDNESDAY

- Barre, 1000, Fitness Center
- Escape Room Game, 1100-1700, Base Library
- EFMP Adult Fitness Series: Aerial Yoga, 1200-1300, held at Spectrum Fitness Minot, hosted by A&FRC
- · Game Night at the Ground Zero Lounge, 1600, Ground Zero Lounge at the Jimmy Doolittle Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes
- Last Day to Register for Creative Kids Class at Arts & Crafts
- Circuit Training, 0600, Fitness Center
- Right Start, 0730, Held at the Jimmy Doolittle Center and hosted by the A&FRC
- Specialty Activity Camps Science Camp: Ages 9+, 0900-1200, Youth Center
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- 2019 Minot AFB Education Fair, 0900-1500, Held at the Base Jimmy Doolittle Center and hosted by the Education Center

- Cycle, 0600, Fitness Center
- Specialty Activity Camps Science Camp: Ages 9+, 0900-1200, Youth Center • Federal Résumé Workshop, 1000-1130, Held at Education Center and hosted by

THURSDAY

- A&FR(
- Creative Kids Class, 1030-1100, Arts & Crafts
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Trivia Registration, 1600-1845, Ground Zero Lounge in the Jimmy Doolittle Center
- August Youth Golf Lessons, 1700-1900, Rough Rider Golf Course • Club Members' 1/2 Price Appetizers (with purchase of adult entrée), 1700-1900,
- Rockers Bar & Grill
- Olympic Weightlifting, 1730, Fitness Center
- EFMP Couples Cooking Class: Stir Fry, 1800-2000, Held at Gourmet Chef and hosted by A&FRC
- Trivia Night, 1900-2100, Ground Zero Lounge in the Jimmy Doolittle Center



SUNDAY

SATURDAY

For 5th Force Support Squadron facility events, visit www.5thforcesupport.com

MONDAY

Tactical Fitness Express, 0600, Fitness Center

- Specialty Activity Camps Science Camp: Ages 9+, 0900-1200, Youth Center
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- August Youth Golf Lessons, 1700-1900, Rough Rider Golf Course
- Family Child Care New Provider Pre-Orientation, 1700-1900, Family Child Care office
- Craft Club, 1800, Base Library
- Zumba, 1800, Fitness Center
- High School Bus Briefing, 1900-2000, Held at the Base Theater and hosted by School Liaison Office and Youth Programs

- Story Lime, 1030, Base Library Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC • Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- August Youth Golf Lessons, 1700-1900, Rough Rider Golf Course
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

Rough Riders Pizza

August Special: Monday Lunch Special: Chicken Marsala Don't miss this special featuring grilled chicken and sautéed onions & mushrooms with pasta in a creamy marsala sauce! Served with garlic bread and available only while supplies last! Try it on Mondays during lunch for \$9.25 — includes a drink!

The B-Fifty Brew

August Special:

Ultimate Breakfast Sandwich

You can't go wrong with this classic! Enjoy crispy bacon, tomato, egg, and roasted peppers on a bagel or croissant for only \$41

Auto Hobby

August Special

August 1–30: Tire Balance Special Mount 4 tires and Auto Hobby staff will balance them for just \$3.50 per tire! *Must mention advertisement to receive special price*

- Last Day to Register for Stars & Stripes Scramble at Rough 16 Aug Rider Golf Course
- Specialty Activity Camps Science Camp: Ages 9+, 0900-1200, Youth Center Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- August Youth Golf Lessons, 1700-1900, Rough Rider Golf Course
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- Keystone Meeting, 1800-1900, Youth Center
- Live Music with Joshua Herman, 1900-2300, Ground Zero Lounge at the Jimmy Doolittle Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes
- Youth Programs Family Paintball Camp, 0900-1300, Youth Center 17 Aug
- Cycle, 0900, Fitness Center
- Stars & Stripes Scramble, 0900, Rough Rider Golf Course
- Swerk, 1000, Fitness Center
- Summer Reading Program Wrap Up Party, 1300, Base Library
- Ladies Night Out: Bunco, 1600, Ground Zero Lounge inside the Jimmy Doolittle Center
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Fight Night UFC 241: Cormier vs Miocic, prelims begin at 1900, main event begins at 2100, Rockers Bar & Grill
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

Half Marathon July 2019

Team Minot Airmen participate in a half-marathon on the flightline at Minot Air Force Base, North Dakota, July 19, 2019. The half-marathon consisted of two full laps around the flightline. 1st place male winner was Airmen 1st Class Jordan Foster and the 1st place female winner was Alice Shepio-Bryson.

U.S. AIR FORCE PHOTOS | AIRMAN FIRST CLASS JOSH W. STRICKLAND









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- OCP PONCHOS
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