

## WHATS INSIDE THIS WEEK:



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CENTENNIAL  
CELEBRATIONS

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# 5TH OPERATIONS GROUP 100 YEAR CELEBRATION



The 5th Operations Group hosted the 100 year celebration centennial at Minot Air Force Base, Aug 16, 2019. The centennial consisted of a B-52H stratofortress tour, outside games, free food and cake. More photos on page 7.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN DILLON J. AUDIT

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## Minot AFB



## Videos

# Maj. Gen. Dawkins Visit



Major General James C. Dawkins, Commander, Eight Air Force, visits with Team Minot Airmen at Minot Air Force Base, North Dakota, August 16, 2019. Dawkins' visit included tours of the 5th Medical Group, 5th Security Forces Squadron and weapons storage area.

U.S. AIR FORCE PHOTOS | SRA ASHLEY BOSTER

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 AUGUST 31

Northern Badlands Indian Rodeo Association  
**REGIONAL FINALS**  
SEPTEMBER 6 & 7 • 7:00 PM  
Missouri Valley Complex, Bismarck, ND

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Thirty-first Annual  
**Great  
Tomato  
Festival**

Wednesday, August 28, 2019  
Social: 6 pm Dinner: 7 pm  
ND State Fair Center, 4H Hall  
2005 Burdick Expy East  
Gates Open for Browsing at 5:30 pm

**SILENT AUCTION THROUGHOUT THE EVENING**

TICKET PRICES: \$30 in advance | \$35 at the door \*Now available online! [www.greattomatofestival.com](http://www.greattomatofestival.com)  
TICKET LOCATIONS: Taube Museum of Art, Minot Public Library, Artmain, and The Computer Store

**Menu**  
Haider's Salsa and Chips  
Assorted Hors d'oeuvres  
Smoked Pork Chops by the Master Chefs  
Roasted Tomatoes Stuffed with Rice  
Tomato and Cucumber Salad  
Beer Batter Bread  
Delicious Desserts

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Minot Symphony Orchestra,  
Minot Public Library,  
Taube Museum of Art

Info: 852-1045 (Library), 838-4445 (Taube), 858-4228 (MSO) | **MUST BE 21 TO ATTEND!** | [greattomatofestival.com](http://greattomatofestival.com)

# Telemedicine: Virtual care

SENIOR AIRMEN DILLON J. AUDIT, MINOT PUBLIC AFFAIRS

Telemedicine, bringing doctors and specialty care to a screen near you.

With a new concept called telemedicine, a virtual care system, the 5th Medical Group can now help Team Minot members from far away.

"When I came here, I saw that we were lacking specialty care," said Maj. Jennifer Pippin, 5th MDG chief of medical staff. "Our patients had to travel two hours to Bismarck or five hours to Fargo just to receive treatment."

Telemedicine opens opportunities by allowing patients to communicate with providers within or across the state line to ensure those needing specialty care can receive it thanks to the DHA (Defense health agency).

"We've been working on this for the past four or five months," said Pippin. "Our first test run was on August 5th and our first

group of patients on the 12th."

Telemedicine will also combat long road trips to providers which take Airmen out of the workplace for an entire duty day.

In the past, this lack of care affected the Team Minot mission by increasing patient travel funds, deployment curtailments and an increase in absence for duty.

These effects could prevent families from moving to Minot, however with telemedicine, the 5th MDG would be able to service their needs.

In the future, the 5th MDG plans on adding services such as mental health, neurology and immunizations to telemedicine.

"It wasn't until I got here that I realized what the need was, and I became very passionate about it," said Pippin. "I knew it was going to help our patients, and they would still receive quality health care."



Members contributing to telemedicine, test its capabilities at Minot Air Force Base, North Dakota, July 8, 2019. Telemedicine opens opportunities by allowing patients to communicate with providers within or across the state line to ensure those needing specialty care can receive it thanks to the DHA (Defense health agency).

(U.S. AIR FORCE PHOTO BY SENIOR AIRMAN DILLON J. AUDIT)

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# Sertoma Beer Fest Tickets on Sale Now

SENIOR AIRMEN DILLON J. AUDIT, MINOT PUBLIC AFFAIRS

Minot, ND - Tickets for Beer Fest, an annual event sponsored by the Minot Sertoma Club, are now on sale at Visit Minot and online.

The event will be held Friday, September 6, at the State Fair Center, and begins at 6 pm. The evening will provide attendees with a tasting test of some of the best. Tickets are \$45 each in advance or a table of 8 can be purchased for \$320; tickets are \$50 at the door. Tickets can be purchased online at: <https://minotsertoma.org/projects/beerfest/>

Admission gets you free supper, door prizes and a raffle (including a small Traeger grill and air rifle), the Sertoma Saloon, snacks, a cash bar and fun! Proceeds will be used to benefit the hearing and speech initiatives of the Minot Sertoma Club.

For more information about Beer Fest, or sponsorship opportunities, call Jenny Castro at 406-490-6185.



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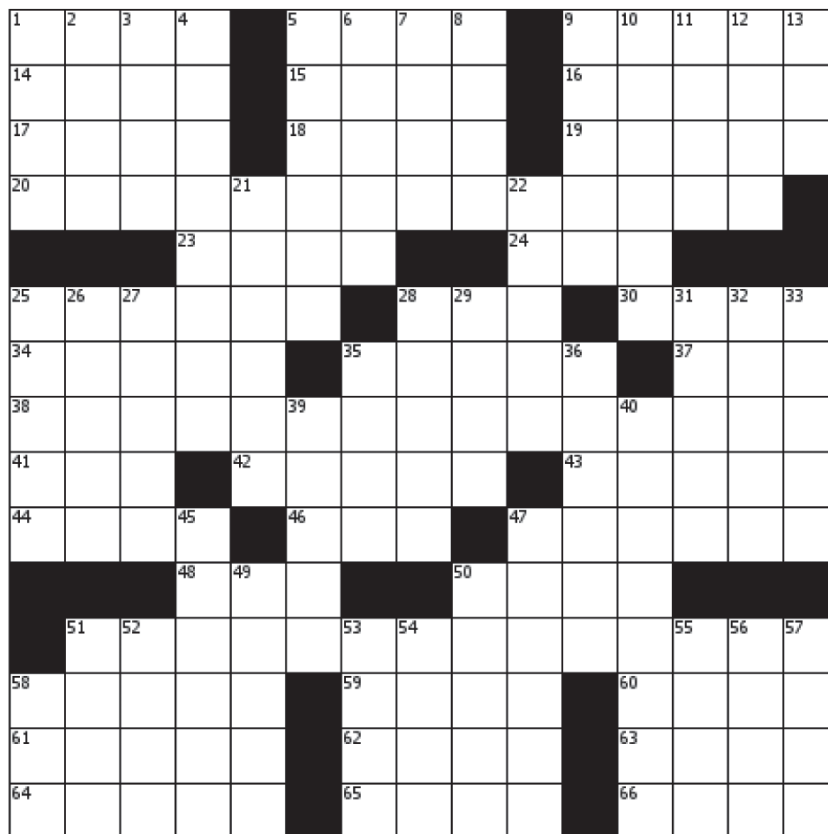
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# CROSSWORD PUZZLE

**Across**

- 1. Chubby love child
- 5. Diamond rubber?
- 9. Take a shine to?
- 14. Margot Fonteyn, among others
- 15. Sport for mallet-swingers
- 16. Ceremonial garments
- 17. Blue-white element
- 18. A snap
- 19. Kind of angle
- 20. Mexican revolutionary
- 23. Proves troublesome
- 24. Favorite
- 25. It features fast service
- 28. Plate cleaner
- 30. Existence, to Caesar
- 34. Fugard's "A Lesson From \_\_\_\_\_"
- 35. First name of a famed plane
- 37. Weigh station figure
- 38. Follies were his specialty
- 41. Flatfoot's badge material
- 42. Calcutta wraps
- 43. Martini addition
- 44. Visionist
- 46. Beer source
- 47. Went on and on ...
- 48. Play subdivision
- 50. Some neck pieces
- 51. Bebopper extraordinaire
- 58. Mellifluous Mario
- 59. Sea of Kazakhstan
- 60. MacLaine role
- 61. Inspire wrath
- 62. Court defense
- 63. Handy to



- 64. Hoe target
  - 65. "60 Minutes" name
  - 66. Pep rally sites, often
- Down**
- 1. Lumberjack's tool
  - 2. Incapacitate
  - 3. Front of a bus?
  - 4. Easy chair
  - 5. Vocalizes
  - 6. Shark's concerns

- 7. To boot
- 8. "\_\_\_\_ N the Hood" (1991)
- 9. Soda selection
- 10. Put in place
- 11. Juxtapose
- 12. Salonikan's sixth letter
- 13. Japan closing

- 21. Van Gogh opus
- 22. It's big in NYC
- 25. White House residents, 1909-13
- 26. Jock Ewing's wife
- 27. "There's \_\_\_\_ here but us chickens!"
- 28. Expand, as a compressed file
- 29. Juillet et Mai
- 31. Pilsner holder

- 32. Puzzlers do it!
- 33. Drew to a close
- 35. Book before Nehemiah
- 36. Greek gathering places
- 39. Dressed to the nines
- 40. Brushing partner
- 45. Made fun of
- 47. First Lady Madison
- 49. Bygone leaders
- 50. Lacking a kick
- 51. Jutland citizen
- 52. "Picnic" creator
- 53. Strip in the Middle East
- 54. Monopoly token
- 55. Hares, to hounds
- 56. Prayer leader in a mosque
- 57. Where to find anvils
- 58. Legal field

## SUDOKU Solution to puzzle on page 10

	1		2	3		4		
5		6		4			3	
	4		7		5			8
		2					6	7
		8				5		
3	7					9		
6			4		2		1	
	3			9		2		4
		5		8	3		7	

Solution to last week's Crossword puzzle.

R	E	B	E	C		O	K	R	A		P	A	N	G
I	D	E	A	L		R	I	A	L		R	U	I	N
L	E	N	T	O		G	E	R	E		E	D	N	A
E	N	D		B	R	A	V	E	R	E	V	I	E	W
		R	O	B	I	N			T	A	U			
S	T	E	R	E	O		D	R	I	V	E	B	Y	
L	A	S	E	R		P	R	U	N	E		R	O	E
A	L	U	M		V	Y	I	N	G		R	U	D	E
T	I	L		P	E	R	P	S		W	I	S	E	R
	A	T	T	U	N	E	S		H	I	G	H	L	Y
		A	M	O		B	O	N	G	O				
B	R	A	G	A	M	U	F	F	I	N		R	A	E
L	O	N	G		O	R	A	L		I	N	D	I	A
E	L	K	E		U	S	I	A		N	E	E	D	S
D	E	A	D		S	A	L	T		G	O	R	S	E

## THE ANGRY BIRDS MOVIE 2 (PG)

SATURDAY, AUG 24 • 1700

“The flightless birds and scheming green pigs take their feud to the next level.”

## ONCE UPON A TIME IN HOLLYWOOD (R)

FRIDAY, AUG 23 • 1800

SUNDAY, AUG 25 • 1500

“A faded television actor and his stunt double strive to achieve fame and success in the film industry during the final years of Hollywood's Golden Age in 1969 Los Angeles.”





# Jalapeno Jelly



Recipe courtesy of: www.ballhomecanning.com/recipes/jalapeno-jelly/

**INGREDIENTS:**

- 12 oz jalapeño peppers (about 12 med)
- 2 cups cider vinegar, divided
- 6 cups sugar
- 2 3-oz pouches of Ball® RealFruit™ Liquid Pectin
- Green food coloring, optional
- 5 Ball® (8 oz) half pint glass preserving jars with lids and bands
- Optional: Ball® freshTECH Electric Water Bath Canner + Multicooker

**INSTRUCTIONS:**

1. Prepare boiling water canner. Heat jars in simmering water until ready for use. Do not boil. Wash lids in warm soapy water and set bands aside.
2. Puree peppers in food processor or blender with 1 cup cider vinegar until smooth. Do not strain purée.
3. Combine purée with remaining 1 cup cider vinegar and sugar. Bring to a boil over high heat. Boil 10 minutes, stirring frequently.
4. Add Ball® RealFruit™ Liquid Pectin, immediately squeezing entire contents from pouches. Continue to boil hard for 1 minute, stirring constantly. Remove from heat. Add food coloring, if using, and skim foam if necessary.
5. Ladle hot jalapeno jelly into hot jars leaving 1/4-inch headspace. Wipe rim. Center lid on jar. Apply band until fit is fingertip tight.
6. Process in a boiling water canner for 10 minutes, adjusting for altitude. Remove jars and cool. Check lids for seal after 24 hours. Lid should not flex up and down when center is pressed

Pairs well with: Cream Cheese and Toast or Crackers



## Upcoming Events

**24 AUG**

**THROTTLES N GEARS CANCER FUNDRAISER MOTORCYCLE RUN**  
9:30AM- 11:59PM

Location: Velva Rodeo Grounds 2nd St W Velva, ND  
Throttles N Gears takes pride in donating our proceeds towards local families affected by cancer. In 2018, TNG & New Horizon MC were able to receive enough donations to support 4 local families for their financial burdens. Registration at 9:30am at Velva Rodeo Grounds. \$20 per person. \$10 per rider



**For more information:**  
Facebook event/ Throttles-N-Gears

**25 AUG**

**WALK TO END ALZHEIMER'S 2019**  
9:00AM - 12:00PM  
Location: Oak Park 1300 4th Ave NW, Minot, ND

The world's largest event to raise awareness and funds for Alzheimer's care, support and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease!  
Register here: [www.alz.org/walk](http://www.alz.org/walk). Join us and lead the way to Alzheimer's first survivor. Together, we can end Alzheimer's disease!



**For more information:**  
Facebook event/ Visit Minot

**29 AUG**

**CRUISE NIGHT AT EAST END**  
6:00 - 10:00PM  
Location: The East End 400 Central Ave E Ste 102, Minot, ND

Come checkout cruise night on the last Thursday of each month starting in May and ending in August. All classic/custom cars and motorcycles are welcome so come show off your pride and joy. This is a free event weather permitting. The parking lot will be open to all ages with a separate beer garden for those 21+.



**For more information:**  
Facebook event/ The East End

**29 AUG**

**MARGIE'S ART STUDIO HOSTS GLASKOLBENS! BLOWN GLASS ORNAMENTS**  
6:00 - 8:00 PM  
Location: Margie's Art Studio 109 Main St S, Minot, N

Join us for this one of a kind class & experience the rush of making your own glass ornaments using a glass tube and a hot head torch. Plenty of colors to make these ornaments truly your own. We will demo and explain the process and you will have ten opportunities to make the perfect keeps to take home the next day. \$75/person. All materials included.



**For more information:**  
Facebook event/ Margie's Art Studio



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# Motor Magic Cruises into Minot

NORTH DAKOTA STATE FAIR

Minot, ND - The North Dakota State Fairgrounds will host Motor Magic for its 21st year in a row, August 30th - September 1st. The largest motorsports event in the Upper Midwest, Motor Magic provides entertainment for auto enthusiasts of all ages.

The Magic City International Dragway will kick off the motor mayhem with drag racing on Friday August 30th at 4:30pm. Additional drag races will be Saturday and Sunday at 10:00am.

The NoDak Speedway will have a free NoDak All-Star Race on Friday the 30th at 7:00pm. Saturday and Sunday at 5:00pm the NoDak Speedway will hold Dirt Track Racing.

Motor enthusiasts can visit the Dakota Cruisers Car Show, the Historic Military Vehicle Display, or bid on one of more than 100 classic cars at the Motor Magic

Classic Car Auction.

Some other free events to see are Fairgrounds' favorite Daryl's Racing Pigs. They will be set up to race at 12:00pm, 2:00pm, and 4:00pm on Saturday and Sunday. There will also be over 20 vendor booths over the weekend located in the lower atrium of The State Fair Center.

Enjoy Go-Karts each day starting Friday evening from 4:30 until 8:00pm. Saturday and Sunday the Karts will run from 12:00-6:00pm.

Admission to the North Dakota State Fairgrounds is free with major events priced separately. RV reservations start at just \$20 a night with 30amp electricity included.

For more information and a full schedule of events, visit [www.motormagic.net](http://www.motormagic.net) or call 701-857-7620.



THE STARS & STRIPES SCRAMBLE GOLF TOURNAMENT

The Stars & Stripes Scramble golf tournament was held on Saturday, August 17th at the Rough Rider Golf Course. The winning team was comprised of (left to right) Brent Bertsch, John Alex, and Kyle Magnusson. Not pictured is Scott Collins. The Stars & Stripes Scramble golf tournament was sponsored by Morelli's Distributing Inc. No Federal Endorsement of Sponsor Intended.

5TH FORCE SUPPORT SQUADRON PHOTO

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# BEACH PARTY 2019

SAT., AUGUST 24  
5:00-11:00PM

FT STEVENSON  
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Admission  
K-Adult: \$10  
Pre-K & under: Free

Food concessions

interactive games, NEW inflatables, & 9 Hole mini Golf!

5:00-9:00 pm

beach party store

dance in the sand

glow volleyball

9:00-11:00pm

40 Foot Obstacle Course!

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## Cajun Bacon

### INGREDIENTS

- 2 lb. Thick Cut Bacon
- 1 lb. Brown Sugar
- 1 1/2 tsp Cayenne Pepper

- 1) In a small mixing bowl, blend brown sugar and cayenne pepper and set aside.
- 2) Place a layer of bacon in a large disposable aluminum pan. Using a sifter, lightly dust with the brown sugar/pepper mixture.
- 3) Add another layer of bacon and repeat until all bacon has a light dusting of sugar mixture. Can be done ahead and refrigerated overnight. A syrup will form.
- 4) Place on grill and smoke/bake at 350° for 20-30 minutes. Flip bacon halfway through and watch carefully as bacon will go from perfect to burned and ruined in a minute or two. Do not allow fat to drip onto an exposed flame.
- 5) Carefully remove and allow sugar to cool before serving.

**Oven baking:** place bacon on a cooling rack and place rack in a lined jelly roll pan.



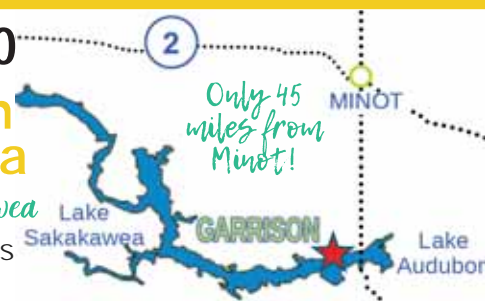
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NODAK ARMS

# OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

**Fishing:**

Lake Sakakawea elevation, Aug. 19, 1,849.77 feet above mean sea level (MSL); 46,600 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.41 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.46 MSL.

• N.D. Game & Fish Dept. game wardens: Antelope Lake slowed with blue-green confirmed. Wash equipment, stay out of the water, and keep dogs away. Clear Lake also confirmed for blue-green algae. No Missouri River System or Devils Lake reports.

• Devils Lake, Ed's Bait Shop, Devils Lake: Devils Lake Continued good for 10- to 14-inch walleye. Try 22 feet with spinners and bottom bouncers, but try other depths, as well, along the Golden Highway, Patience Point, Fort Totten, Birkland's Point, East Bay Campground, Black Tiger Bay old roadbed, or East Devils Lake east shoreline. Also try slip bobbers or lead core in deeper water for larger fish. Try deeper water for larger fish. Work windy shorelines for white bass. Pike remain elusive.

• Devils Lake, Woodland Resort, Devils Lake: Continued good for small walleye. Work 20 to 25 feet with bottom bouncers and nightcrawlers around main lakes bays and sunken roads. Look for larger walleye with artificial bait but fewer numbers. White bass throughout the lake.

• Lake Darling, Karma C-Store, Ruthville: Continued fair walleye success on Lake Darling. Some activity at Grano but no reports on success. Devils Lake OK, at best, for walleye.

• Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Lots of boat and shore-fishing but overall success is slow. Lake is also weedy. Beaver Lodge Canoe Trail is low and it's difficult to access the river from the pools.

• Lake Metigoshe, Four Seasons, Bottineau: Fair for some nice-sized walleye along with fair bluegill success.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Continued fair walleye success in 20 to 40 feet along main lake points on the east end of Lake Sakakawea. Try various presentations. Occasional salmon along the south shore but overall it's still slow. Not much for Lake Audubon reports.

• Lake Sakakawea/Lake Audubon,

6-Mile Bait & Tackle, Garrison: The east end of Lake Sakakawea slowed with weather fronts moving through but look for improving success with stable weather. Work 30 to 40 feet with spinners and nightcrawlers for walleye on Lake Audubon. Sort through small fish for keepers

• Lake Sakakawea, Indian Hills Resort, Garrison: Work deep in 40 to 50 feet for walleye with long snells and nightcrawlers. Remember to keep any fish caught from that depth. Try the south side with several 20-plus-inch fish, a matter of quality more so than quantity. Limited weekday hours.

• Lake Sakakawea, Scenic 23, New Town: Van Hook Arm slowed for walleye. Better success south around Beulah Bay.

• Lake Sakakawea, Van Hook Resort, New Town: Walleye activity slowed. Work deep as 40 feet but also move up shallow less than 10 feet with little success in between. Overall success is spotty. Move around and try a variety of presentations.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing walleye in the spillway channel and pond. Try slow death hooks and nightcrawlers or plastics. Also try crankbaits. Overall success is fair to good with best success before 11 a.m. Chutes continue producing a variety of catfish, trout, and walleye using 3-way swivels but limited salmon numbers. Limited shore success during the day with walleye activity at night casting crankbaits. Lake Sakakawea fair to good for walleye but move around to locate active fish. Try 18 to 20 feet with a morning bite around Steinke Bay, 7 Sisters, Wolf Creek, or Douglas Bay with slow death hook and bottom bouncer with nightcrawlers. Also try using Lindy presentation with slow death hook. Salmon remain spotty. Try variety of presentations with best success still around Government Bay to Deadman's but look for a move to the face of the dam in coming weeks.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Lake Sakakawea remains inconsistent with walleye scattered throughout the west end. Try slow death hooks with nightcrawlers or minnows. Missouri River producing nice catfish numbers. Trenton Lake and Skunk Hollow continue producing some

**Dates to Know:**

• Beware of blue-green algae, watching for discoloration on lakes and wetlands. Stay out of the water, wash equipment, and keep dogs away.

• Release any fish caught deeper than 20 feet because they won't survive coming up from deep water.

• Aug. 24: Beach Party, 5 p.m., Fort Stevenson State Park.

• Aug. 29: Youth Outdoor Festival, N.D. State Fair Conservation & Skills Park, 5:30 p.m.

• Aug. 30: Deer and pronghorn (lottery license only) archery seasons open.

• Aug. 30: Mountain lion season opens.

• Sept. 1: Dove season opens.

• Sept. 2: Labor Day.

**Tournaments:**

• Aug. 24: Lake Sakakawea, White Earth Bay.

crappie.

• Lonetree WMA area lakes, Harvey: Area lakes slowed.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Not much activity on the Mouse River or area lakes.

**N.D. rivers:**

• Des Lacs River, Foxholm: River stage, 5.21 feet; streamflow, 3.41 CFS.

• Little Missouri River, Watford City: River stage, 0.07 feet; streamflow, 519 CFS.

• Missouri River, Washburn: River stage, 14.26 feet.

• Pembina River, Walhalla: River stage: 1.81 feet; streamflow, 51 CFS.

• Souris River, Foxholm: River stage, 6.58 feet; streamflow, 114 CFS.

• Souris River, Minot: River stage, 4.3 feet; streamflow, 33.4 CFS.

• Yellowstone River, Sidney, Mont.: River stage, 4.95 feet; streamflow, 8,250 CFS.

**Hunting:**

• Early Canada goose: Fair success around the Williston area. A few localized pockets of families scattered around central N.D. but no real field-feeding activity in what crops that have been harvested.

**Numbers to know:**

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (800) 472-2121 or (701) 328-9921.

# 5th Operations Group 100 year celebration



The 5th Operations Group hosted the 100 year celebration centennial at Minot Air Force Base, Aug 16, 2019. The centennial consisted of a B-52H stratofortress tour, outside games, free food and cake.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN DILLON J. AUDIT

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**Jessica Vasas**

Jessica, new to MAFB, found a \$20 Golden ticket the first time she ever read the Northern Sentry!

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Operational Medicine Flight Commander with the 5th Medical Group.  
When a patient presented to the clinic for abnormal nose bleeds, Maj. Johnson was determined to find an answer. Even though the patient began to feel better, Maj. Johnson referred the patient to Hematology, which found significant bilateral jugular vein thrombosis, or blood clots in the neck. Maj. Johnson's concern saved this patient's life.

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# Annual Summer Gourmet Picnic 31st Annual Great Tomato Festival

## GREAT TOMATO FESTIVAL

Minot, ND -The 31st Annual Great Tomato Festival will be held on Wednesday, August 28, 2019 at the ND State Fair Center, 4H Hall, 2005 Burdick Expressway East. This classic community fundraising event was established in 1989 by Jeff and Peggy Miller. It has become the annual end of summer gourmet picnic to attend! The menu consists of smoked pork chops cooked to perfection by master chefs, a top secret recipe of roasted tomatoes stuffed with rice, along with chips and salsa, tomato and cucumber salad, beer batter bread and brownies. The evening also includes entertainment by the Dakota

Dixie Jazz Band and Minot Symphony Orchestra Musicians, creative tomato displays, a social hour serving tomato hors d'oeuvres, and an amazing silent auction. Continued from last year will be a LIVE AUCTION, which will include vacation destination getaways, an autographed Star Wars Limited Edition Photo, a Limited Edition Game of Thrones poster autographed by cast, and more! NEW this year, we will be having two Games of Chance to win a Michael Kors bag and a Tiffany Bracelet! The silent auction will include more than 250 auction items, including tickets for things to do in Minot, restaurant meals, kids' activities, vacation stays, art, furniture, and

more. Returning again is the Great Chocolate Cake Revival! A selection of fancy chocolate cakes will be available to bid on and take home that evening. Doors open for browsing at 5:30 pm with social hour at 6:00 pm, and dinner served at 7:00 pm. Tickets are \$30.00 in advance and \$35.00 at the door. Attendees must be 21 to attend. Advance tickets are available at Minot Public Library, Taube Museum of Art, The Computer Store or online at [www.greattomatofestival.com](http://www.greattomatofestival.com). Pick up your tickets now to ensure yourself a spot at this fun-filled evening! The Great Tomato Festival is a community fundraiser, which has benefitted a number

of non-profit organizations since its inception. The mission of the fundraiser is "Working together with the purpose of raising funds to enhance the services of the specific nonprofit organizations". It currently benefits the Minot Public Library, Taube Museum of Art, and Minot Symphony Orchestra. All net proceeds from ticket sales and silent auction are directly granted to the sponsoring organizations. For more information please contact: [greattomatofestival@srt.com](mailto:greattomatofestival@srt.com) Janet Anderson - Minot Public Library: 852-1045 Rachel Alfaro - Taube Museum of Art: 838-4445

Ellen Fenner - Minot Symphony Orchestra: 858-4228



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## Discover Peace after Abortion

### DAKOTA HOPE CLINIC

Dakota Hope Clinic of Minot offers individual and group sessions for women who seek peace and healing after a past abortion experience. The seven-week group session will begin Monday, Sept. 23 from 6:00 - 8:00 pm. Abortion affects everyone differently. If you had an abortion

any time in the past and you are experiencing any of the following or other symptoms, you may be having adverse effects from your abortion experience:

- Emotional deadening
- Increased tendency toward anger
- Feelings of loneliness or isolation
- Lower self-confidence

- Suffering from insomnia or nightmares
- Greater difficulty in maintaining relationships
- Use of drugs or alcohol
- Eating disorders

The individual and group session will be led by a team that includes an RN and others who are specially trained or have personal knowledge of the pain and trauma of an abortion. The sessions will use a national curriculum called H.E.A.R.T. that includes prayer, self-examination, and the use of Scripture in a compassionate and supportive environment. Many women keep their

abortion a secret and do not even realize that it has affected them in a negative way. After seeking healing, they often find relief from their symptoms and realize that when the experience is shared, the power of the secret is diminished. For more information or to register, call Dakota Hope at 701-852-4675, click on the Partner With Us tab at [www.dakotahope.org](http://www.dakotahope.org), or send a confidential text to 978-705-3421. Pre-registration is required and the location will be disclosed only to those who register for the group session. All services at Dakota Hope Clinic are 100% free and confidential.



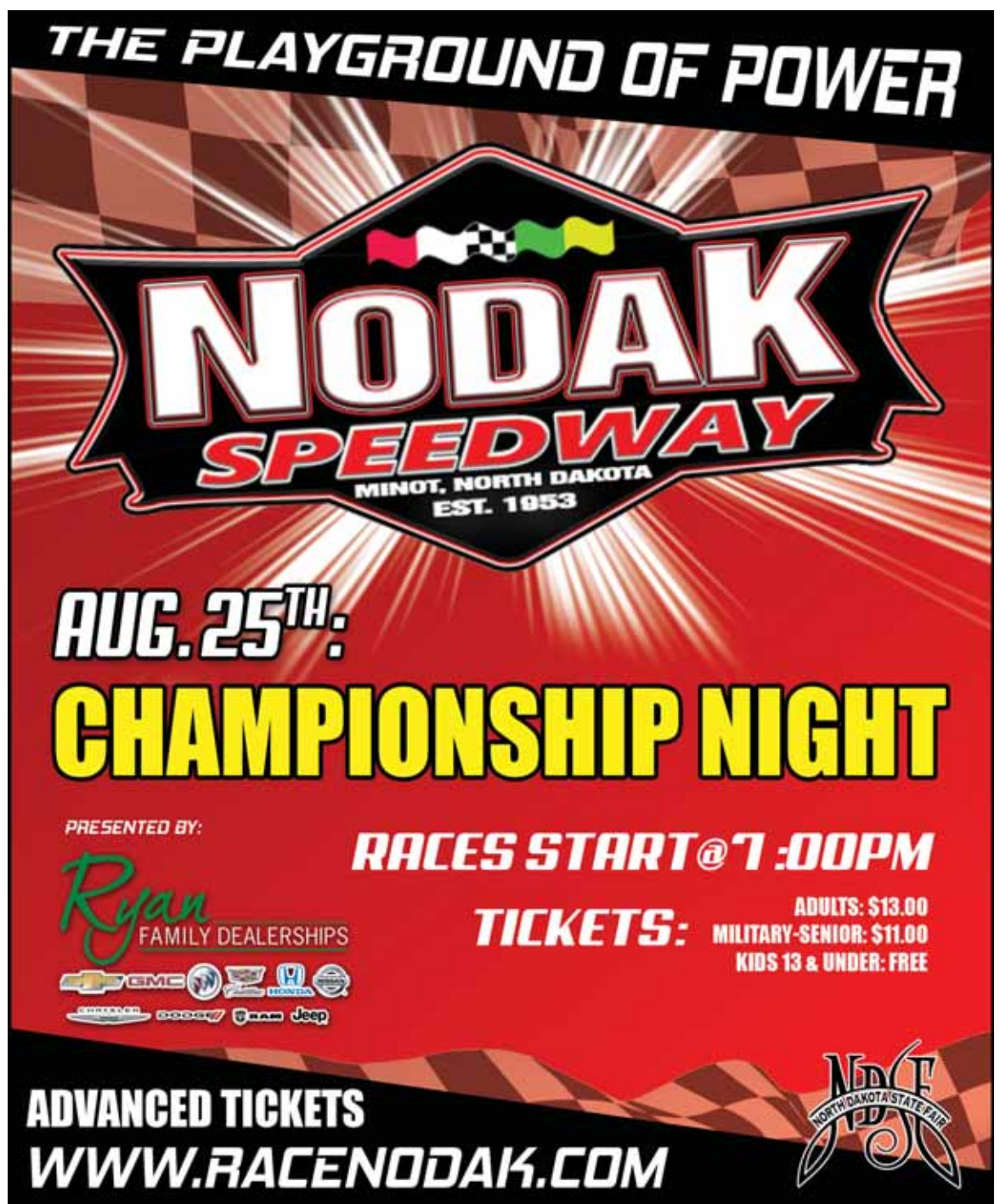
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Proceeds used to benefit hearing and speech initiatives of the Minot Sertoma Club



# CHURCH DIRECTORY

**Little Flower Catholic Church**  
 800 University Avenue West  
 838-1520  
**Summer Mass Schedule**  
 Saturday ..... 5:30 pm  
 Sunday ..... 9:30 am  
**Fr. Fred Harvey, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)

**St. Peter The Aleut Eastern Orthodox Church**  
  
**109 6th St. SE Minot • 838-3094**  
 Sunday Leaders  
 Service ..... 10 a.m.  
 Saturday Vespers..... 5 p.m.

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 Ahla W Sahla MIRE SE VIEN  
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 VALKOMMEN Willkommen  
**WELCOME**  
 BIENVENIDO Baruch Haba  
 Aloha Bem-windo VELKOMIN  
 BENVIDO Welkommen Tere Tulemast

  
**An Evangelical Free Church**  
 3500 4th St. SW • 839-5127  
 (Just North of Super Wal-Mart)  
 Sunday School & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:30 a.m.  
[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

  
 Worship Service at 10:45am Sundays  
 Sunday School at 9:45am  
**1720 4th Ave NW, Minot 838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)

  
**Faith United Methodist Church**  
**5900 Highway 83 N, Minot**  
[www.faithumcminot.com](http://www.faithumcminot.com)  
**Pastor Tom Sumers 701-838-1540**  
 Sunday School (All Ages): 9:45 a.m.  
 Sunday Coffee Fellowship: 10:30 a.m.  
 Worship Services: Sunday 11 a.m.

**Minot Baptist Church**  
  
 Sending the Glorious Light of Jesus Christ to a Dark and Needy World  
 Sunday School ..... 9:45 a.m.  
 Morning Worship .... 11:00 a.m.  
 Evening Worship ..... 6:00 p.m.  
 Wednesday Evening..... 7:00 p.m.  
*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
 Pastor David Miller

**Cornerstone Presbyterian Church**  
**1000 NE 3rd Street 852-0315**  
**Sunday Schedule**  
 Contemporary Worship ..... 9:00am  
 Sunday School (All Ages) ..... 10:00am  
 Traditional Worship..... 11:00am  
**Wednesday Evening Schedule**  
 Community Dinner ..... 5:30-6:30pm  
 Contemporary Worship ..... 6:30pm  
 Youth Group & Small Groups.. 7:15pm  
**All are Welcome!**  
[www.ecominot.org](http://www.ecominot.org)

**Congregational UCC**  
 430 N. Broadway • 839-1064  
**Sunday Worship ..... 11am**  
**Sunday School ..... 11am**  
**Tuesday Bible Study ..... 12pm**  
**Saturday Noah's Breakfast ..9:30am**  
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**St. Mark's Lutheran Church**  
*Missouri Synod*  
 Sunday Worship ..... 9:30 am  
**2209 4th Avenue NW Minot, ND 839-4663**  
**Reverend Philip Beyersdorf**  
[www.stmarksminot.com](http://www.stmarksminot.com)  
 Call or check out our website for more information.

  
**Immanuel Baptist Church**  
**1615 2nd St. SE Minot • 839-3694**  
 Sundays:  
 Worship ..... 10:00 a.m.  
 Wednesdays:  
 Soup Kitchen .... 11:30 a.m. - 12:30 p.m.  
**Brian T. Skar, Pastor**  
[www.ibcminot.org](http://www.ibcminot.org)

**Apostolic Faith Church, UPCI**  
**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701)838-0609**  
 Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.  
**Jesse Starr, Pastor**

**St. John the Apostle Catholic Church**  
  
 2600 West Central Ave • Minot, ND 58701  
**839-7076**  
 Daily Mass Schedule:  
 Tuesday ..... 7:00 p.m.  
 (3rd Tuesday 7:00 a.m.)  
 Wednesday - Friday ..... 7:00 a.m.  
 Saturday ..... 5:00 p.m.  
 Sunday ..... 8:00 & 10:30 a.m.  
**Fr. David A. Richter, Pastor**  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
 120 5th Ave. NW 852-4853  
**Summer Worship Schedule**  
 Saturday Worship..... 5:00 pm  
 Sunday Worship..... 9:30 am  
  
[www.firstlutheran.tv](http://www.firstlutheran.tv)  
 (Live Stream & Recorded)  
 Radio Broadcast KRRZ 1390AM  
 Sunday 9:30 am  
[www.flcminot.com](http://www.flcminot.com)  
 Pastor Brandy Gerjets • Pastor Ellery Dykeman

  
**Gospel Tabernacle Community Church**  
 9999 27th St NE  
 4 miles south of MAFB  
**James W. Henderson**  
**Anna B. Henderson**  
**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**  
**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

**Bethany Lutheran**  
 215 3rd Ave. SE, Minot, ND  
 Phone: 838-5196  
 A Member of the ELCA  
 Sunday Worship.....9:00 am  
 Sunday Fellowship..... 10:00am  
 Wednesday Worship.....6:45 pm  
 Website: [www.bethanylutheranminot.com](http://www.bethanylutheranminot.com)  
 Email: [bethanylutheran@srt.com](mailto:bethanylutheran@srt.com)  
 Live Streaming: [bethanylutheran.tv](http://bethanylutheran.tv)  
**Pastor Janet Hernes Mathistad**  
**Pastor Gerald Roise**

**First Baptist Church**  
  
**200 3rd St. SW • 852-4533**  
[www.fbcminot.org](http://www.fbcminot.org)  
 Classic Worship Service ..... 8:30 a.m.  
 Adult Sunday School.....9:45 a.m.  
 Contemporary Worship Service.. 9:50 a.m.  
 Children's Church.....9:50 a.m.  
 Sunday School (All Ages) ..... 11:00 a.m.  
 Contemporary Worship Service.. 11:05 a.m.  
 Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
**Rev. Kent Hinkel, Senior Pastor**  
**Rev. Barry Seifert, Associate Pastor**  
**Pastor Josh Huseby, Worship Arts**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
**Cross Roads Baptist**  
 Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ... 6:30 p.m.  
**www.minotcrbc.org**  
**email: crbc@srt.com**  
**415 28th Ave SE (Behind Menards) 838-1873**

  
**West Minot Church of God**  
*Family Worship Center*  
**1105 16th St. NW • 839-1407**  
 Sunday School ..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church & Nursery  
 Wednesday Family Training Hour  
 Meal..... 5:30p.m.  
 Classes for All Ages ..... 6:30 p.m.  
 Youth Center, Friday..... 7:00 - 11:00 p.m.  
 ABC Child Care Center ..... 852-6352  
**westminot.com**  
**facebook.com/westminot**


**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**  
**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

  
**Vincent United Methodist Church**  
**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
**open hearts...open minds...open doors!**  
 Saturday Informal Worship.. 5:00 p.m.  
 Sunday School ..... 9:00 a.m.  
 Sunday Worship Service ..... 10:00 a.m.  
 Fellowship..... 11:00 a.m.  
**Pastor Jennifer McDonald**  
[www.vincentumc.com](http://www.vincentumc.com)

  
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 Worship..... 6:30 p.m.  
**Sundays:**  
 Worship..... 8:30 a.m. & 10:45 a.m.  
**700 16th Ave SE • 701-838-0750**  
 For more information visit us on the web at:  
**www.ourredeemers.org**

**Chapel Services at MAFB**  
*Protestant (North Plains Chapel in Base Housing)*  
**Contemporary Service**  
 Sunday Worship ..... 1000  
**Gospel Service**  
 Sunday Worship ..... 1130  
*Catholic Mass (Northern Lights Chapel across from Rockers)*  
 Sunday ..... 1000 & 1700  
 Daily ..... Monday-Thursday at 1200

**First Assembly of God**  
**1805 2nd St. SE 838-1111**  
 Morning Worship ..... 8:30 a.m.  
 Sunday School ..... 10 a.m.  
 Morning Worship ..... 11 a.m.  
 Wednesday Family Night..... 6:30 p.m.


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Or contact: Matt Mackey  
By email or phone at mmackey@kalixnd.org 701-852-1014 ifn

## REAL ESTATE

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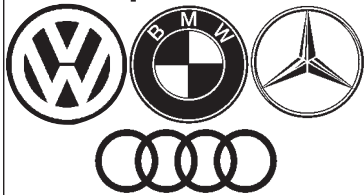
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## ANSWERS

### SUDOKU ANSWERS

8	1	7	2	3	9	4	5	6
5	9	6	8	4	1	7	3	2
2	4	3	7	6	5	1	9	8
9	5	2	3	1	4	8	6	7
1	6	8	9	2	7	5	4	3
3	7	4	6	5	8	9	2	1
6	8	9	4	7	2	3	1	5
7	3	1	5	9	6	2	8	4
4	2	5	1	8	3	6	7	9

Answers to puzzle from page 4

## HOME LOANS

### LENDING NOW

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NEW LISTING!- 4 bedroom 2.75 bath home on large corner lot. Attached single stall garage. Family room has beautiful leaded glass windows and a wood fireplace. Breakfast nook with bay window. Formal dining room. Second living room with wood fireplace. Basement has bar, game room, and another fireplace. 10x20 storage shed. Backyard is like a park with mature trees and fire pit area.

MLS #191834



\$209,500

LOOK HERE!- 3 bedroom 2.5 bath Ranch home. Double attached garage. Large fenced yard. Main level laundry. Master bedroom suite with half bath, built in dresser and closets. Basement was properly cleaned after 2011 flood, documents to show.

MLS #191816



\$119,900

ROOMY CONDO!- 3 bedroom 2 bath condo. Newer dishwasher and nice appliances. Association fee covers water, sewer, garbage, lawn and snow.

MLS #191642



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Modern Home in Glenburn!  
\$194,900

Located on a large lot offering 4 bedrooms, 2.5 bathrooms and an attached 2-stall garage and modern kitchen, this home checks all the boxes! Call 701-500-3890 or 701-852-3505 for more details! MLS#191448

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BASE ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** is now registering for the Fall 2019 term (9 Sept-10 Nov). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to [minot@erau.edu](mailto:minot@erau.edu) To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

**PARK UNIVERSITY MINOT** – Earn your degree on your terms; now enrolling for Fall 1 with classes starting August 19. At Park, we believe everyone who strives to earn a degree should have that opportunity. Earn your CCAF credits, AU-ABC, and/or your Bachelor degree with Park, helping to maximize your prior military experience. Find out how many credits you can get for your military experience by going to [military.park.edu](http://military.park.edu) and confirm your credits or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get for my military experience?” She will even tell you your graduation date. Park University. Minot AFB @ the Education Center (upstairs from the library in room 222). 844-884-8612; [mino@park.edu](mailto:mino@park.edu). Park. You.



\$284,900

BEAUTIFUL!- 4 bedroom, 3 bath split foyer home in Stonebridge Farms. Attached 2 car garage. Large entry way. 9ft ceilings upstairs. Breakfast bar. Fenced backyard. Master bedroom has full master bath. Finished basement with second living room.

MLS #191566



CONGRATULATIONS  
**JUDY HOSKIN**  
SALES PROFESSIONAL, JULY 2019



\$599,900

COUNTRY LIVING CLOSE TO TOWN!- 4 bedroom 4 bath home on 2 acres. Tall vaulted ceilings. Open living room, kitchen, and dining room. Quartz counter tops. Stone faced gas fire place. Walk in closets. Master bath has spa tub and tile shower. Bathrooms have tile flooring and tile tub surround. Patio and front of house plumbed for natural gas. 4 stall garage with 1/2 bath. Heated floors in basement and garage. 36x40 Shop.

MLS #191567

**Brian Henry**  
228-4290  
[brian@minothomes.com](mailto:brian@minothomes.com)

Check our site for weekly dates and times of **Open Houses**  
one click printout of weekly open houses

**Carrie Montoya**  
240-0709  
[carriecornhusker@aol.com](mailto:carriecornhusker@aol.com)

# WHAT'S GOING ON MAFB

## TODAY

- Last Day to Register for Minot AFB Club Championship at Rough Rider Golf Course
- Couch to 5K, 0600, Fitness Center
- 5th Annual Summer Games, 0730-1530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- World's Fare Week, 1030-1330, Dakota Inn Dining Facility
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- Free Salsa Dance Lessons, 1900, Ground Zero Lounge in the Jimmy Doolittle Center
- Salsa Dance Social, 2000-2300, Ground Zero Lounge in the Jimmy Doolittle Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

## TUESDAY

- Run 4 Fitness, 0600, Fitness Center
- Pre-Separation Counseling, 0800-1130, A&FRC
- Game Day, 1000-1930, Base Library
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- Fit to Fight, 1700, Fitness Center
- Swerk, 1900, Fitness Center

## WEDNESDAY

- Circuit Training, 0600, Fitness Center
- Right Start, 0730, Held at the Jimmy Doolittle Center and hosted by the A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Quarterly Airmen Birthday Celebration, 1730, Dakota Inn Dining Facility
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

## THURSDAY

- Last Day for Kids Bowl Free Program at Rough Rider Lanes
- Barre, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Trivia Registration, 1600-1845, Ground Zero Lounge in the Jimmy Doolittle Center
- Fit to Fight, 1700, Fitness Center
- Club Members' 1/2 Price Appetizers (with purchase of adult entrée), 1700-1900, Rockers Bar & Grill
- Olympic Weightlifting, 1730, Fitness Center
- Trivia Night, 1900-2100, Ground Zero Lounge in the Jimmy Doolittle Center

## SATURDAY

- Minot AFB Club Championship, 0800, Rough Rider Golf Course
- Cycle, 0900, Fitness Center
- Barre, 1000, Fitness Center
- Family Paint Class, 1000-1200, Arts & Crafts
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

## SUNDAY

- Minot AFB Club Championship, 0800, Rough Rider Golf Course
- Sunday Escapes Book Club, 1330, Base Library

## MONDAY

- Tactical Fit Express, 0600, Fitness Center
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Newbery Book Club, 1530, Base Library
- Zumba, 1800, Fitness Center



## UPCOMING EVENTS:

- AFGSC Family Day - For full listing of Labor Day holiday weekend facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Couch to 5K, 0600, Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Karaoke Night, 2100, Rockers Bar & Grill

30 Aug

- For full listing of Labor Day holiday weekend facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Last Day for Kids Drive Free Range Balls at Rough Rider Golf Course
- Cycle, 0900, Fitness Center
- Swerk, 1000, Fitness Center

31 Aug

# 5th Bombardment Group 100th Anniversary Open House



The 100th Anniversary of the 5th Bombardment Group was held Aug. 17, 2019 at Minot Air Force Base, N.D. The event included demonstrations from the 5th Security Forces Squadron K-9 unit, 54th Helicopter Squadron and 5th Civil Engineer Squadron explosive ordinance disposal team

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN JONATHAN MCELDERRY

# 5th Bombardment Group 100th Anniversary



The 5th Bomb Wing celebrated the 100th anniversary of history and heritage at Minot Air Force Base, North Dakota on August 17, 2019. The celebration was marked by an open house and 5th Bombardment dining out.

U.S. AIR FORCE PHOTOS | SENIOR SRA ASHLEY BOSTER

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Dr. Knudson specializes in joint replacement surgery of the knee, hip, and shoulder. He also has a passion for sports-related injuries and routine fracture care. Originally from Mandan, he received his medical degree from Kansas City University of Medicine and Biosciences and completed his residency in orthopedic surgery at Michigan State University at McLaren Oakland – known for its advanced orthopedic program. During his residency, Dr. Knudson trained in all aspects of orthopedic surgery, with special emphasis on joint replacement, direct anterior hip replacement, sports medicine, and trauma care. His experience also includes five years as a flight surgeon with the US Air Force and Air Force National Guard, two and a half years of which were spent with the 5th Medical Group at Minot AFB.

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