# northernsentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 57 • ISSUE 37 | MINOT AIR FORCE BASE | FRIDAY, SEPTEMBER 13, 2019

### **WHATS INSIDE THIS WEEK:**



**2019 SSGT** RELEASE **PARTY** 



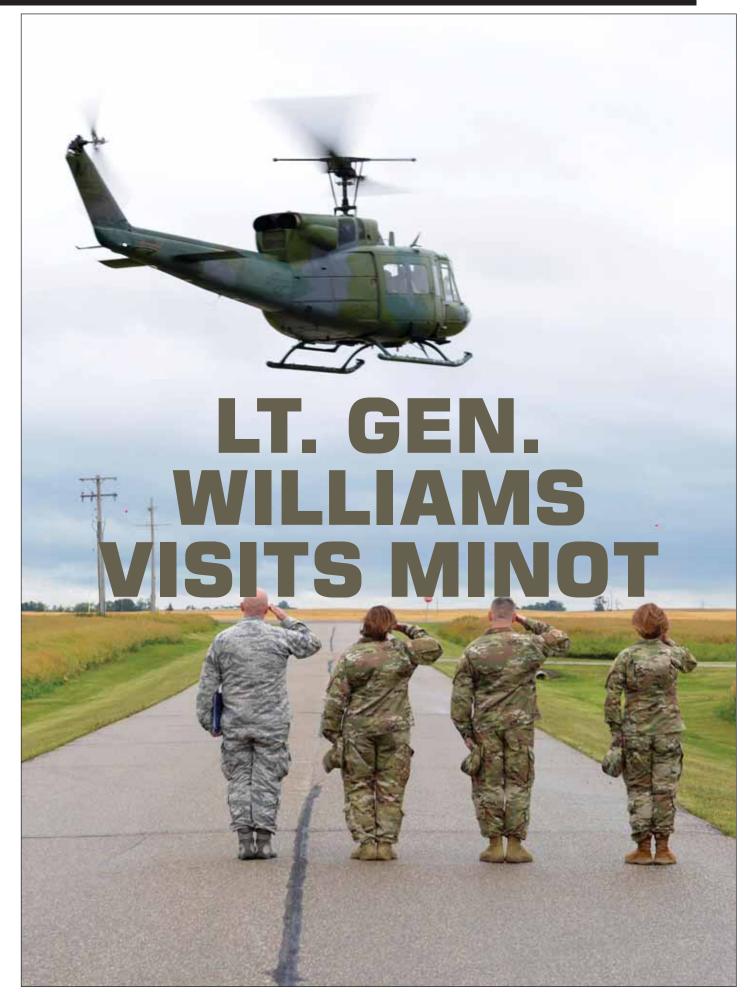


**CATHY POWERS RUNS WITH MUNS** 



**GRADUATION** CLASS 19F 2019





Lt. Gen. Darrell Williams, U.S. Army defense logistics agency director, visited Minot Air Force Base, North Dakota, August 27, 2019. See page 2 for more coverage.

U.S. AIR FORCE PHOTO I SENIOR AIRMAN DILLON J. AUDIT

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Videos

### Lt. Gen. Williams visits Minot

















Lt. Gen. Darrell Williams, U.S. Army defense logistics agency director, visited Minot Air Force Base, North Dakota, August 27, 2019.

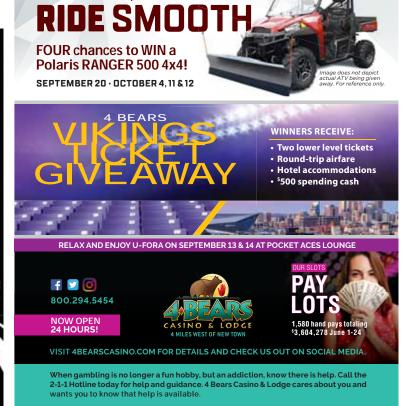
U.S. AIR FORCE PHOTOS I SENIOR AIRMAN DILLON J. AUDIT



**WORK HARD, HUNT FAR &** 







### AFGSC wins Air Force Organizational **Excellence Award**

DRESHAWN MURRAY, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La --

By direction of the Secretary of the Air Force, Headquarters Air Force Global Strike Command has been awarded the Air Force Organizational Excellence Award for the period of Jan. 1, 2016 to Dec. 31, 2017.

The Air Force Organizational Excellence Award recognizes achievements accomplishments of various Air Force activities and organizations. It is awarded to Air Force internal organizations that are entities within larger organizations.

"I am exceptionally proud of the hard work and contributions our Strikers make every day," said Gen. Tim Ray, Air Force Global Strike Command commander. "We are all very fortunate to have such outstanding professionals tackling these challenges each day in such a strategic capacity, they make it look easy.'

The citation accompanying the award states that Headquarters AFGSC distinguished itself by exceptionally meritorious service over the two-year period. During this time, the command

Broadened the nation's Nuclear Command and Control Communications systems

• Diversified global bomber

operations,

• Made significant strides in nuclear enterprise security,

Seamlessly assumed responsibility for all E-4B aircraft from Air Combat Command

• Established the 595th Command and Control Group, meeting the Secretary of the Air Force and Chief of Staff's objective of aligning Nuclear Command and Control Communication systems under a sole authority,

• Returned the B-1 Lancer to United States Pacific Command, landing bombers on the Korean peninsula for the first time in 20

• Met an emerging threat to

nuclear security by becoming the first organization within the Department of Defense to field an unmanned aircraft system detection and defense system.

Additionally, Headquarters Air Force recognized AFGSC staff as the Analytic Team of the Year for critical analysis resulting in a mission essential 60 million dollar investment in the B-52H Stratofortress brake system.

According to the award citation, "the distinctive accomplishments of Headquarters AFGSC reflect great credit upon the command's and the United States Air Force's

### Taube Museum of Art Photography Exhibition

### Suite 1 **Exhibition**

The Taube  $M\ u\ s\ e\ u\ m$ of Art will showing artist's work

from the Suite 1 Gallery September 5th- October 11th. Work will be on display in the William & Lydia Langer Gallery in the lower level of the Taube. Featured work will include art from Amadis Amaya, Susana Amundarain, Hannah Auer, Karen Davidson, Andrea Donavan, Carol Fielhaber, Collen J. Lind Folven, Ezrael Haffner, Wayne Jansen, Wendy Kimble, Pat Marquard, Andre Champieux-Miller, Linda Olson, Doug Pfliger, Walter Piehl, Jr. Jeanne Rodgers, Nancy F. Walter, and Elizabeth Woods.

Suite 1 Gallery brings together a collective of local artists dedicated to creating professional art and

presenting art to the community. Located in the Artspace building on the corner of Central and Main, the cooperative gallery has adopted the mission "to create great art for the community and a great community for artists."

There will be an opening artist reception for this exhibit along with our Open Photography exhibit on Thursday, September 19, 2019 from 5:30 pm to 7:00 pm. It is free and open to the public and refreshments will be served.

Museum and Gift Shop hours: Tues - Fri 10:30 - 5:30 pm, Sat 11:00 am - 4:00 pm or by special appointment. There is no charge for admission, but contributions are accepted to help the

Taube Museum fulfill their mission of enriching lives through the visual arts.

The exhibition is made possible with support from the North Dakota Council on the Arts.

### **Biennial Open Photo Exhibition**

The Taube Museum of Art Main Gallery is featuring a photography exhibition, September 5th October 11th. This exhibition was open to all Minot and surrounding professional photographers, and nonprofessional alike. We received a tremendous amount of submissions from local artists and are thrilled to have their work hang in the gallery.

This exhibition will include the following photographers, in alphabetical order, in the exhibition, but not limited to, are Amadias Amaya, Shane Balkowitsch, Micah Bloom, Adam Bursack, Kalyn Dewitt, Isis Cabral, Johnathan Campbell, Keshia Corpuz, Jay Gaare, Ruth E Gaines, Jason Greenwood, JoHannah Grosz, Bailey Hanson, Lester Hill, Marshall Hill, Alex Jimenez, Tienna Johnson, Jessica Love, Aaron Michels, Linda Olson, Rayson Renfrow, Amanda Schlieman, Joshua Strong, Marcus Van Grinsven, and Clint Whitmer. Honors will be chosen by Minot State Art Professor Ryan Stander. Originally from the farmlands of northwest Iowa, Ryan Stander is a transplant to North Dakota. His education alternated between art and theology, which offers a unique vantage point as an artist. His research interests reside in conversations of art and theology with memory, identity, and landscape. Stander is an Associate Professor of Art at Minot State University where he teaches photography, directs the BFA program, and co-directs Flat Tail

The photographers will be present at the opening artist reception on Thursday, September 19, 2019 from 5:30 pm to 7:00 pm. It is free and open to the public and refreshments will be served.

Museum and Gift Shop hours: Tues - Fri 10:30 - 5:30 pm, Sat 11:00 am - 4:00 pm or by special appointment. There is no charge for admission, but contributions are accepted to help the

Taube Museum fulfill their mission of enriching lives through the visual arts.

The exhibition is made possible with support from the North Dakota Council on the Arts.

For more information - 838-4445: Rachel Alfaro, Executive Director or Charles Lee, Gallery Manager





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### CROSSWORD PUZZLE

#### Across

- 1. Some builders build on it
- 5. Poultry entree
- 10. Head for Vegas?
- 13. \_\_\_ contendere (court plea)
- 14. Square things?
- **15**. Bulk
- 16. \_\_\_ Bator, Mongolia
- 17. Exterminator's dessert?
- 19. Curling competition
- 21. Word with horse or soap
- 22. "I Am Sam" star
- 23. Like some walls
- 25. It's unidentified, usually
- 29. Surf sounds
- 30. Engendered
- **31**. Zip
- 34. Concerning, legalistically
- 35. Untethered
- 37. Soft, unctuous clay
- 38. Bill's film buddy
- 39. Hypothetical legal case
- 40. Theater audience
- 41. Ravenous plant
- 44. Shaped like a hood
- 47. Rosa Ponselle role
- 48. Wide-eyed
- 49. Went to an event
- 53. Transitory, as a business
- **56**. Shakespearean character
- 57. Dietary needs
- 58. Corbeled bay window
- 59. Grand baseball blow
- 60. Ball in a socket
- 61. Poetry or pantomime, e.g.
- 62. Word with low or high

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### Down

- 1. Turn a cold shoulder
- 2 Sport with a woode
- 2. Sport with a wooden ball
- 3. Distinctive flair
- 4. Plot together
- 5. Outer cover

Color of Money"

- 6. Birthplace of Socrates7. Game featured in "The
- 8. Lennon's mate
- 9. Ship-shaped table item
- **10**. One whom Jesus healed
- 11. Blazing
- **12**. Home addition?
- **15**. Bouncing off the walls
- **18**. Went at an easy gait **20**. Parker and Cross, for two
- 23. Like the driven snow
- **24**. Got no return in tennis
- **25**. Glassmaker's material
- **26**. "The \_\_\_\_ Ranger"
- **27**. Swing set site, perhaps
- 28. Launders money,
- e.g.
- 31. Rain cats and dogs

### SUDOKU Solution to puzzle on page B7

	1			2	3		
4	5					1	
4 2		3		5			6
	6		7		8		
	3					9	
		5		1		2	
3			6		7		5
	9					3	5 4
		7	8			6	

### Solution to last week's Crossword puzzle.

Ν	0	Т	Е	D		В	Α	S	S	I		J	Е	Т
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### GOOD BOYS (R) FRIDAY, SEPT 13 • 1900



Three 6th grade boys ditch school and embark on an epic journey while carrying accidentally stolen drugs, being hunted by teenage girls, and trying to make their way home in time for a long-awaited party.

THE ANGRY BIRDS
MOVIE 2 (PG)
SATURDAY, SEPT 14 • 1900
SUNDAY, SEPT 15 • 1900



The flightless birds and scheming green pigs take their feud to the next level 44. Faux pas

32. Lohengrin's bride

33. Henhouse sound

e.g.

36. Lecher

orators

37. Plant scholar

39. Substantive

41. Parser's parts

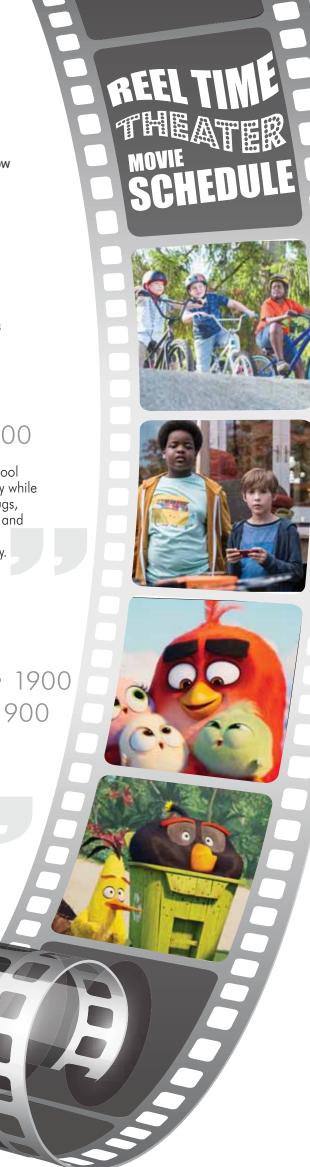
42. Trinity member

**43**. Like three famous

35. Times New Roman,

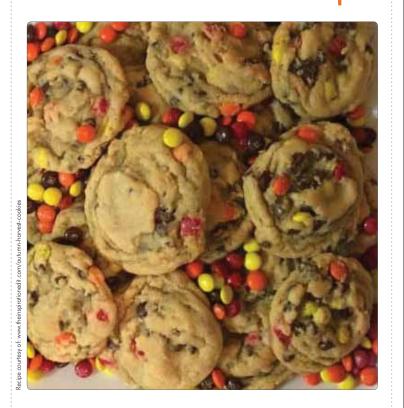
40. Park known for its

- 45. Ease, as anxieties
- **46.** Site of a MacArthur victory
- **49**. Once more, country-style
- **50**. Droopy watch artist
- **51**. Relative of "Zounds!"
- **52.** Buckminster Fuller creation
- **54**. Eggy libation
- **55**. Rage





### Autumn Cookies Recipe



### **INGREDIENTS:**

- ½ cup (1 stick) butter, softened
- ½ cup brown sugar
- ½ cup granulated sugar
- ½ teaspoon vanilla
- 1 ½ cup all-purpose flour
- 3 heaping tablespoons of vanilla instant pudding mix
- ½ teaspoon baking soda
- Pinch of salt • ½ cup fall colored mini M&Ms
- ½ cup mini chocolate chips

### **INSTRUCTIONS:**

- Pre-heat oven to 350F. Line baking sheet with parchment paper.
- In a large mixing bowl cream together the butter, brown sugar and granulated
- Beat in vanilla and egg until smooth.
- In small bowl combine flour, instant pudding mix, baking soda, and salt.
- Add to butter mixture and stir until well combined. • Add the chocolate chips and M&Ms last and mix.
- Scoop cookies by spoonful onto a prepared baking sheet. • Bake 10-12 minutes
- NODAK() ARMS INDOOR INTERACTIVE SHOOTING RANGE Range Time HAPPY HOUR: 10 AM - 2 PM Mon.-Thurs. \$7.50 per 50 Rounds 6 PM - 10 PM Fri. & Sat. Book Range Time: www.nodakarms.com/bookings \*Guns Supplied Free if Needed



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#### SCHEEL'S MINOT STATE MEN'S **HOCKEY TAILGATE PARTY** 5:00 - 7:00 PM

Location: Maysa Arena 2501 Burdick Expy W, Minot, ND

Hockey is BACK! We will be having a huge Scheels Tailgate before the game. There will be tons of giveaways and raffle drawing for prizes valued over \$750. Scheels Tent, Food & Drink, Music, Bouncy Castles, Games, Giveaways and more! FREE!

Game: MSU Beavers vs Briercrest Clippers, puck drop 7:00pm. Tickets Cost: \$5.00 - 18 & older, Free - Under 18 years old.



**FALL FLEA AT THE** 

MARKET ON 4TH 9:00 AM - 4:00 PM

Location: The Market on 4th

The Fall Flea is a parking lot event where Makers and

Pickers unite. Over 20 vendors set up in our parking

lot and basement along with our 50 makers inside our store. You will find old, vintage, upcycled, repurposed and handmade items. We will also have delicious food

and fun so grab your family and friends and join us at The Market on 4th. Admission is \$2.00. A portion of the

proceeds being donated to a local charity in Minot.

1900 4th Ave NW, Minot, ND

#### For more information:

Facebook event/ Minot State Hockey



### For more information:

Facebook event/ American Foundation for Suicide Prevention -North Dakota Chapter

PLAY THE COURSE BACKWARDS 2 PERSON SCRAMBLE 9:00 AM - 12:00 PM

220 Golf Dr, Minot Air Force Base, ND

Location: MAFB Rough Rider Golf Course

**10TH ANNUAL MINOT OUT OF** 

10:00 AM - 2:00 PM Location: Oak Park 1300 4th Ave NW, Minot, ND

THE DARKNESS COMMUNITY

When you walk in the Out of the Darkness Walks, you join the effort with hundreds of thousands of people to raise awareness and funds that allow the American Foundation for Suicide Prevention (AFSP) to investigate or research, create educational programs, advocate for public policy and support supports of suicide less.

public policy, and support survivors of suicide loss.

Walk With Me to

**Fight Suicide** 

Ever wonder what the course plays like in reverse? Find out at this year's Play the Course Backwards 2-Person Scramble! Check-in begins at 8:00 AM on September 14th with the Shotgun start at 9:00 AM. Price is \$30 per person (green and cart fees are not included). Register before 5:00 PM on September 13th. Limited to the first

Contact the Golf Course for more info at 723-3164.



### For more information:

Facebook event/ 5th Force Support Squadron



For more information:

Facebook event/ The Market on 4th

### **FOOD TRUCK**

5:00 PM - 8:00 PM Location: The Spot Pool Hall 6 2nd St NE, Minot, ND

We LOVE Food! What would be more fun than having multiple local food trucks all in one place? Come on downtown and grab a bite on Tuesday, September 17 from 5-8 p.m.!

Food Trucks will be set up in the Lot across from The Spot (directly in front of the Hight Construction Building) on Central Avenue.



For more information: Facebook event/ The Spot

### **WOMEN, WINE & WINGS** 6:00 PM - 8:00 PM

Location: Dakota Territory Air Museum 100 34th Ave NE, Minot, ND

Dr. Carlene Mendieta of Sonoma, Calif who repeated Amelia Earhart's 1928

record-setting cross-country trip in the same type of plane Earhart flew, will be the guest speaker at this year's event. A social to follow after the event. Tickets: \$25 each. Tickets: Dakota Territory Air Museum website at dakotaterritoryairmuseum.com or Facebook, or at the air museum. Tickets available at the door. The event, open to everyone. Food and drinks will be available at



For more information: Facebook event/ Dakota Territory Air Museum



SERVING FROM 10AM - 2PM

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# 2019 SSgt Release Party

Team Minot Airmen celebrated their promotion to staff sergeant at Minot Air Force Base, North Dakota, August 23, 2019.

U.S. AIR FORCE PHOTOS I SENIOR AIRMAN DILLON J. AUDIT















### WHAT'S GOING ON MAFB

- Last Day to Register for Play the Course Backwards at Rough Rider Golf Course
- Couch to 5K, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by A&FRC Child Development Center Family Luau, 1500-1700, Child Development Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- . Keystone Meeting, 1800, Youth Center
- The Keys of Comedy, 1900, Jimmy Doolittle Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Late Night Members 1/2 Price Appetizers, 2100-2300, Rockers Bar & Grill
- · Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

### TUESDAY

- Run 4 Fitness, 0600, Fitness Center
- Pre-Separation Counseling, 0800-1130, Held at the Education Center and hosted by
- Civilian Resume Workshop, 1000-1130, Held at the Education Center and hosted by the A&FRC
- Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- · Fit to Fight, 1700, Fitness Center
- Zumba, 1800, Fitness Center
- Swerk, 1900, Fitness Center

### **THURSDAY**

- Last Day to Register for Picture Framing Class at Arts & Crafts
- Last Day to Register for Wine & Paint Class at Arts & Crafts
- Cycle, 0600, Fitness Center
- Career Exploration & Planning Track, 0800-1600, held at the Education Center, hosted by A&FRC
- Barre, 0915, Fitness Center
- Creative Kids Class, 1030-1100, Arts & Crafts
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Fit to Fight, 1700, Fitness Center
- Olympic Weightlifting, 1730, Fitness Center
- Thursday Night NFL Football, 1900, Rockers Bar & Grill

### **SATURDAY**

- Play the Course Backwards 2 Person Scramble, 0900, Rough Rider Golf Course
- Find Your Flow Yoga Event, 0900-1030, Fitness Center
- Animal Adventures, 1300, Base Library
- Spouse Speed Friending, 1900, Ground Zero Lounge in the Jimmy Doolittle Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

NFL Sunday Ticket Football, 1130-1800, Rockers Bar & Grill

### **MONDAY**

- Tactical Fit Express, 0600, Fitness Center
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC Off-Base Budget Class, 1430-1600, A&FRC

### EDNESDAY

- Last Day to Register for Creative Kids Class at Arts & Crafts
- Circuit Training, 0600, Fitness Center
- Career Exploration & Planning Track, 0800-1600, held at the Education Center, hosted by A&FRC
- Bundles for Babies, 0900-1030, A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- U.S. Air Force Birthday Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill • Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center



Couch to 5K, 0600, Fitness Center

Torch Club, 1600-1700, Youth Center

• Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill

- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club
- Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)

20 Sept

21 Sept

- Wine & Paint Class, 1800-2000, Arts & Crafts
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Karaoke Night, 2100, Rockers Bar & Grill
- $\bullet$  Late Night Members  $\frac{1}{2}$  Price Appetizers, 2100-2300, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

Barre, 1000, Fitness Center

- Air Force Ball Kids Night Out, 1800-2200, Child Development Center & Youth Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

### **Bomber Bistro**

September Special

Wednesday Lunch Special: Doner Kebab

A tasty combination of shaved chicken breast, beef tenderloin, or lamb (weekly choice of meat dependent on availability), mixed cabbage & lettuce, onion, and tzatziki sauce combined with your choice of tortilla! Ask for it spicy! Try it on Wednesday during lunch while supplies last for \$9.25 — includes a drink!

### The B-Fifty Brew

September Special

Enjoy this delicious combination of diced chicken, cranberries, grapes pecans, & mayonnaise alone or on a croissant or potato bun for only \$4!

### **Auto Hobby**

September Special September 3-14: Stall Use Special

Pay for 2 hours stall use and receive 1 hour free!

September Special September 17-28: Stall Use Special

Purchase your oil and oil filter from Auto Hobby and get 1 hour of stall use free!

### Granville JunkAholics Junkin' in the Dirt

The Granville JunkAholic's Junkin' in the Dirt started out in Towner in 2012, with a few gals gathering up their wares and setting up in the Roger Berg arena. You know how every once in awhile you get the feeling you have too much stuff and need to downsize? Well, that's what started the Granville JunkAholics gang. It started out as a little tag sale to clean out the clutter and went from what they would describe as a large group rummage sale into a business that holds 3 annual events each year, Junkin in

the Dirt, Spring JunkLover Vintage Market, and the MidSummer Junk Journey.

The Granville JunkAholic's invited a few friends to try selling along with them and eventually outgrew the arena in Towner and moved to the North Dakota State Fairgrounds in Minot the fall of 2016. The facility also helped them stay out of the threat of North Dakota weather and they were able to fit all the vendors inside. This year Junkin' in the Dirt will be held in Minot at the North Dakota State Fair Center

on October 5th from 9 am to 4 pm. With the larger venue they have been able to increase the number of Junk Vendors that attend and have added a Vendor Market to include home based businesses and pop up shops. Vendors range from rough and raw to upscaled and polished junk, makers that recreate and create one of a kinds, baked goods, jewelry, clothing boutiques, and home party businesses. To really know what the event has to offer you need to stroll through the arena and adjoining rooms at least twice!

For more information you can Granville JunkAholics. check out their facebook page,



### Fall Book Sale

Minot Literacy Volunteers Fall Book Sale will be held September 19, 20, 21 in the East Room of the Adult Learning Center, 1609 4th Ave NW, Minot.

There will be a great selection: like-new, old and interesting, novels, variety of cookbooks, romance, do-it-yourself, religion, self- help, children's, yearbooks, history, and so much more!

Hours: Thursday, September 19th, 8:30 a.m. to 7:00 p.m., Friday, September 20th, 8:30 a.m. to 4:00 p.m., Saturday, September 21st, 9:00 a.m. to 3:00 p.m.

Book Worms, take note!! Great

• Stuff a bag as full as you can get it for \$5

• Specially priced sets:

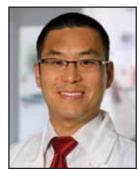
• curriculum for homeschooling, clubs, daycares book preschool settings

- Novel sets
- Encyclopedias
- Local historic pieces (yearbooks, etc.)
- Books suitable for craft projects

All funds will support our mission: to provide resources necessary to enable all community members to acquire functional skills in reading, writing, speaking, and English as a non-native language in a confidential, supportive environment



### Welcome Dr. Lee



Joon K. Lee, MD

Trinity Health is pleased to welcome radiation oncologist Joon K. Lee, MD, to our cancer care team.

### **Effective, Compassionate Cancer Therapy.**

Dr. Lee provides compassionate care that meets the highest standards of excellence. With extensive training in 3D-CRT, IMRT, SRS/SBRT, and other leading-edge radiation treatment technologies, Dr. Lee is able to provide highly effective cancer treatments for his patients. Formerly of Bellevue, WA, he earned his medical doctorate from the University of Illinois College of Medicine in Rockford, IL. He completed his radiation oncology residency at Henry Ford Hospital in Detroit, MI, where he served as chief resident from 2017 to 2018. He received many awards throughout his medical training and has published several journal articles and presented his work at numerous national conferences. He is also highly-proficient in Spanish and Korean.

### CancerCare Services:

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- Intensity modulated radiation therapy (IMRT)
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- High dose rate (HDR) brachytherapy
- · Patient-focused Infusion center
- Patient navigation and support
- Survivorship program

Trinity CancerCare Center 831 South Broadway, Suite 113, Minot ND 58701

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### **Cathy Powers runs with MUNS**













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Thursday..... 1:00 pm

Cathy Powers, a Gold Star Mother, runs with 5th Munitions Squadron Airmen at Minot Air Force Base, North Dakota, Sept. 3, 2019. Powers' goal is to run in all 50 U.S. states and total 1,000 miles in the year.

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BOOKS



Team Minot Airmen celebrated their graduation from Airman Leadership School at Minot Air Force Base, North Dakota, August 22, 2019.

> U.S. AIR FORCE PHOTOS SENIOR AIRMAN DILLON J. AUDIT



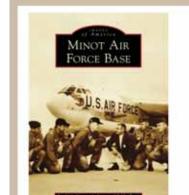
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### Meet Miss Norsk Høstfest 2019

The title of Miss Norsk Høstfest passed to a new young lady on September 7 when Sidni Kast, 21, of Minot, North Dakota, was crowned during a ceremony at Elevation restaurant, Minot, which sponsored the pageant space, refreshments and lunch.

Kast, who is of Norwegian and German heritage, is the daughter of Scott and Brenda Kast and grew up in the community of Minot, which many fondly refer to as the Magic City.

"I'm really happy for her," Brenda Kast said as Sidni spoke with others after the crowning. "I think she'll enjoy learning a lot more about Scandinavian heritage and continuing with what she does know."

Sidni Kast has attended Norsk Høstfest, North America's largest Scandinavian festival annually in Minot, for as long as she can remember. For a few years, she was part of the festival's entertainment as a member of Western Plains Children's Choir. "That was so much fun," she said. "Not only did you have to learn how to sing the songs but to pronounce the words in different languages."

She has also served as a volunteer, spending hours scooping ice cream.

Kast was motivated to enter the Miss Norsk Høstfest pageant by the love her family has for Høstfest. Both the grandparents on her dad's and mom's sides of the family attend: Adrian and Shirley Kast and Byron Olien. Her grandmother, Barb Olien, is now deceased but attended faithfully, as well. She has fond memories of attending with her grandparents. "They always wanted to instill pride in where we came from," Kast said.

A 2016 graduate of Minot High School and a 2019 graduate of Minot State University, Kast is currently applying for dental school. She'll put the \$1,000 scholarship she received as Miss Norsk Høstfest to use there.

Kast is familiar with crowns. She was crowned Homecoming Queen at both Minot High and Minot State. "It humbled me," she said,



2019 Miss Norsk Høstfest Sidni Kast

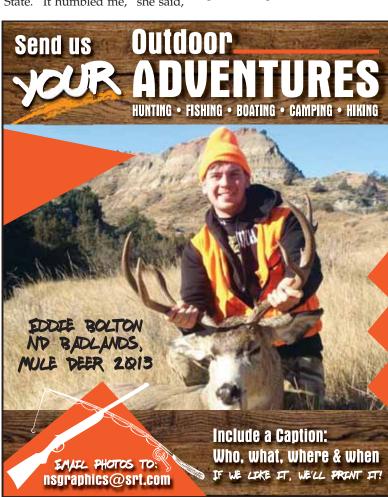
"because it was my classmates choosing me. They thought I could represent them well and I appreciate that."

Now during Norsk Høstfest, Sept. 25-28, and throughout the year, Kast will represent the Scandinavian festival that is known around the world. One of her goals is "to get the youth more aware of what Høstfest has to offer them." She hopes to speak in elementary school classrooms and to raise awareness among high school and college students.

Høstfest is known for many things - entertainment, shopping, cultural experiences - but mostly for food and Kast said she has two favorites: lefse and Viking on a

Scholarship and prize package sponsors for the pageant included ÛS Bank, Vibeto Orthodontics, Primary Residential Mortgage, Inc., E-Lending Now and Pizza Ranch. Michele F donated a custom jewelry set and Lien's Jewelry donated the crown. Flower Box of Minot donated Miss Hostfest's flowers, according to Angela Christianson and Ashleigh Collins, co-directors of the pageant. Gemar Photography also provides professional photos for Miss Norsk Høstfest.

There were 16 applicants for the pageant this year, with 13 being able to attend on competition day. Landry Maragos received the honor of being first runnerup for the pageant and Rachel Blessum was second runner-up. The pageant was open to women age 17 through 23.



## **NODAK ARMS** OUTDOOR REPORT -

### **OUTDOOR NOTES:**

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Sept. 9: 1,847.08 feet above mean sea level (MSL); 46,600 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,4s8.12 feet above mean sea level (MSL). Stump Lake elevation: 1,448.21

 N.D. Game & Fish Dept. game wardens: East end of Lake Šakakawea producing occasional walleye. Work deep. Northcentral area lakes generally quiet, including Lake Metigoshe. Look for catfish in deeper mid-river holes along outside bends of the Red River. Using frozen suckers or frogs. Once locating an area, anglers tend to get a couple of

catfish. No reports from Devils

Lake. • Devils Lake, Ed's Bait Shop, Devils Lake: Weather pattern slowing success, especially for Continue using fish. larger spinners and bottom bouncers but sort through fish for keepers. Try leeches, if available. Work old roadbeds, flooded timber, and rocky structure in 25 feet and as deep as 40 to 50 feet. A few more

pike showing up, however.

• Devils Lake, Woodland Resort,
Devils Lake: Continued small walleye success using spinners and bottom bouncers with minnows or nightcrawlers. Work along the highways in 20 to 30 feet. White bass mixed in with walleye but pike remain elusive.

 Lake Darling, Karma C-Store, Ruthville: A few anglers going to Lake Darling, weather permitting, but limited reports. Try off the bridges at Grano.

• Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Little activity with cool, wet weather.

• Lake Metigoshe, Four Seasons, Bottineau: Weather slowing activity but those going continue finding walleye success. A few bluegill from the docks.

Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Limited activity with wet and rainy weather.

Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Weather permitting look for a fair walleye bite in 35 to 45 feet on the east end of Lake Sakakawea. Try jigging minnows or jigging Raps. Work the buoy line in 35 to 40 feet for walleye on • Beware of blue-green algae, watching for discoloration on lakes and wetlands. Stay out of the water, wash equipment, and keep dogs away.

 Release any fish caught deeper than 20 feet because they won't survive coming up from deep water.

• Reminder: It's illegal to hunt waterfowl from a moving watercraft. • Mark tree stands and trail cams with identification when placed on N.D. Game & Fish Wildlife Mgmt. Areas.

• Upper Souris Nat'l. Wildlife Refuge open for Unit M10 moose, youth deer, and archery deer but check with headquarter, (701) 468-5467, for special refuge regulations.

### DATES TO REMEMBER:

• Sept. 13: Youth deer season opens.

• Sept. 14: Grouse, partridge, and squirrel season opens.

• Sept 14 & 15: Youth waterfowl season.

Sept. 15: West Zone Early Canada goose season closes.

• Sept. 20: East Zone Early Canada goose season closes.

• Sept. 21: Resident waterfowl season opens.

• Sept. 21: Friends of the NRA banquet, Minot Municipal Auditorium, 5:30 p.m.

• Sept. 22: Youth deer season closes.

 Sept. 26: Souris Valley Ducks Unlimited banquet, Minot Grand Hotel, 5:30 p.m.

• Sept. 14: Lake Sakakawea, Van Hook Arm. • Sept. 21: Lake Sakakawea, White Earth Bay.

Lake Audubon with spinners and nightcrawlers.

 Lake Sakakawea, Indian Hills Resort, Garrison: Try working the south shore for walleye using minnows in 40 feet.

• Lake Sakakawea, Scenic 23, New Town: Weather permitting, a few anglers were out in the Van Hook Arm with some small walleye

• Lake Sakakawea, Van Hook Resort, New Town: Walleye success remains slow.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River continues producing walleye, weather permitting. Try spillway channel but success is hit-and-miss using Lindy rigs, crankbaits, or slow death hooks. Chutes remain fair for walleye and catfish. Try 3-way swivels or crankbaits. Lake Sakakawea spotty for walleye. Work a variety of depths. Try jigging Raps in deep water or bottom bouncers. Inconsistent salmon success. Try 30 feet with deep-diving crankbaits or longlining with downriggers. Also work deep in 100 feet with downriggers. Try flashers and squids, flies, or herring.

• Lake Sakakawea/northwest

N.D. lakes, Scenic Sports, Williston: Missouri river is muddying up with recent rains. Scattered walleye success, at best, on the west end of Lake Sakakawea. Work deep. Try Kota-Ray or Blacktail dams for

 Lonetree WMA area lakes, Harvey: No new reports.

North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Limited activity with no new reports.

**Hunting:** 

 Archery: Some nice early moose success for lottery license holders with a few nice deer taken in the northwest

• Doves: Fairly decent success but look for more movement if weather stays cool in the northwest. Fewer numbers in the northeast with birds possibly moving out with cooler weather.

• Upland: Look for fair at best rouse numbers in the northwest.

Numbers to know:

N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.

gov).
• Report All Poachers: (800)
• (701) 228,9921. 472-2121 or (701) 328-9921.

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### SRT and Full STEAM Ahead Launch Minot's First Lego League Junior Program

September 10th that they are supporting Full STEAM Ahead's First Lego League Jr. program for children ages 6 to 10. This inaugural program in Minot will allow even more children to get involved with Full STEAM Ahead's robotics programs. The program kicked off Tuesday, Sept. 10th at 4:30pm, which was held on the 3rd floor atrium of Swain Hall on the Minot State University campus (500 University Ave. West, Minot).

Teams of six will work together for 12 weeks and follow a curriculum based off the 2019-2020 theme called "Boomtown Builders". Each team will explore the growing needs and challenges of people in the community and try to solve a problem that makes life easier. Through exploratory research, hands-on construction, and use of LEGO elements, each team works toward building a model and creating what's called a "Show Me"

poster for a presentation at the end of the program.

"Currently, there is a First Lego League program in Minot geared towards ages 11 to 16, but nothing for younger children. This new program will allow kids to build an even earlier interest in science, technology, engineering and math," said Steve Lysne, SRT CEO and General Manager. "As a technology company, we understand the importance of this education track because we see it daily in our business, and we are proud to sponsor this new program for kids in our area."

"We are helping children develop a passion and an interest in robotics at a young age. When children explore concepts behind programming and building robots, all while working together as a team, they learn so many life skills. We are proud to partner with and be powered by SRT!" said Ali Auch, Full STEAM Ahead Executive

Director and Founder.

Each team has a coach, a Minot State University student in the teacher education program. These coaches will oversee the program and help the kids meet their goal of building a motorized model.

If interested in learning more about the program or to inquire about starting a team, contact Ali Auch at steminot@gmail.com.

SRT Communications located in Minot, North Dakota is the state's largest telecommunications cooperative. SRT services include Internet, Security, TV, Phone and Business Services and has served north central North Dakota since 1951, employs nearly 200 people, and serves over 40,000 customers.

Full STEAM Ahead is a nonprofit organization in Minot, ND that was formed in 2017. Full STEAM Ahead is an umbrella organization that helped meld youth arts with science, technology, engineering and math.



SRT and Full STEAM Ahead Launch Minot's First Lego League Junior the Program, announcement was made at a press conference September 10 in Minot.

SUPPLIED PHOTOS





### **Pizza Bites**



PIZZA DOUGH

- 4 1/2 cups Bread Flour, plus more for dusting 1 1/2 tbsp Sugar
- 2 tsp Instant Yeast
- 3 tbsp Extra-Virgin Olive Oil
- 15 oz Lukewarm Water
- PIZZA FILLING
- 1 cup Mozzarella 8 oz Pepperoni cut into thin strips 1 Egg for egg wash
- 1.) For the Pizza Dough: Combine flour, sugar, salt, and yeast in food processor. Pulse 3 to 4 times until incorporated evenly. Add olive oil and water. Run food processor until mixture forms ball that rides around the bowl above the blade, about 15 seconds. Continue processing 15
- 2.) Transfer dough ball to lightly floured surface and knead once or twice by hand until smooth ball is formed. Divide dough into three even parts and place each into a 1 gallon zip top bag. Place in refrigerator and allow to rise at least one day.
- 3.) At least two hours before baking, remove dough from refrigerator and shape into balls by gathering dough towards bottom and pinching shut. Flour well and place each one in a separate medium mixing bowl. Cover tightly with plastic wrap and allow to rise at warm room temperature until roughly
- 4.) When ready to cook, set the temperature to 350°F and preheat, lid closed for 15 minutes
- 5.) After the first rise remove the dough from the fridge and let come to room temperature. Roll dough on a flat surface. Cut dough into long strips 3" wide by 18" long.
- 6.) Slice pepperoni into strips.
- 7.) In a medium bowl combine the pizza sauce, mozzarella and pepperoni.

- 8.) Spoon 1 TBSP of the pizza filling onto the pizza dough every two inches, about halfway down the length of the dough. Dip a pastry brush into the egg wash and brush around pizza filling. Fold the half side of the dough (without the pizza filling) over the other the half that contains the pizza filling.
- 9.) Press down between each pizza bite slightly with your fingers. With a ravioli or pizza cutter, cut around each filling- creating a rectangle shape and sealing the crust in.
- 10.) Transfer each pizza bite onto a parchment lined cookie sheet. Cover with a kitchen towel and let them rise for 30 minutes
- 11.) When ready to cook, preheat the grill to 350 F with the lid closed for 10-15 minutes
- 12.) Brush the bites with remaining egg wash, sprinkle with salt and place directly on the sheet tray. Bake 10-15 minutes until the exterior is golden
- 13.) Remove from grill and transfer to a serving dish. Serve with extra pizza sauce for dipping and
- \*Cook times will vary depending on set and

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### CHURCHDIRECTORY

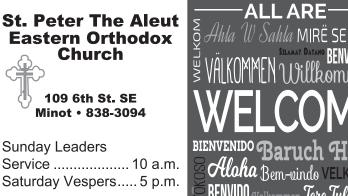
### Little Flower **Catholic Church**

800 University Avenue West 838-1520

**Mass Schedule** 

Saturday..... 4:30 pm Sunday ..... 8:30 & 10:00 am

Fr. Ken Phillips, Pastor www.littleflowerminot.com



### W Sahla MIRË SE VJEN BIENVENIDO Baruch Haba Aloha Bem-vindo VELKOMII BENVIDO Velkommen Tere Tulemast **Cornerstone Presbyterian**

Church

1000 NE 3rd Street

852-0315

Sunday Schedule

Contemporary Worship ....... 9:00am Sunday School (All Ages) ...... 10:00am

**Wednesday Evening Schedule** 

Community Dinner.....5:30-6:30pm

Contemporary Worship....... 6:30pm

Youth Group & Small Groups.. 7:15pm

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. 11:00am

An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Sunday School	
& Fellowship	9:00 a.m.
Worship	. 10:30 a.m.

### www.trinitychurchminot.org

### **Congregational UCC** 430 N. Broadway • 839-1064

Sunday Worship1	1am
Sunday School1	1am
Tuesday Bible Study1	2pm
Saturday Noah's Breakfast9:	30am

Please join us, all are welcome here!

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Worship Service at 10:45am Sundays Sunday School at 9:45am

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**Reverend Philip Beyersdorf** 

### **Faith United Methodist** Church

5900 Highway 83 N, Minot www.faithumcminot.com

> Pastor Ken Mund 701-838-1540

Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.

### **Immanuel Baptist Church**

1615 2nd St. SE • Minot • 839-3694 Sundays:

Sunday School ...... 9:15 a.m. ..... 10:30 a.m. Worship ... Wednesdays: Soup Kitchen .... 11:30 a.m. - 12:30 p.m. Family Supper ..... 5:30 p.m. Classes for all ages ...... 6:30 p.m.

> Brian T. Skar, Pastor www.ibcminot.org

Bethany Lutheran

215 3rd Ave. SE, Minot, ND

Phone: 838-5196

A Member of the ELCA

Sunday Worship ...... 8:30 & 10:30 am

Website: www.bethanylutheranminot.com

Email: bethanylutheran@srt.com

Live Streaming: bethanylutheran.tv

**Pastor Janet Hernes Mathistad** 

Pastor Gerald Roise

Pastor Intern David Myers

Adult Choir (as scheduled). 7:30 p.m.

### **Apostolic Faith**

Saturday School	2:00 p.m.
Sunday Worship	3:30 p.m.
Wednesday Bible Study	.7:30 p.m.

### Church, UPCI

Minot

**Baptist Church** 

Sending the Glorious Light of Jesus

Christ to a Dark and Needy World

Sunday School ...... 9:45 a.m.

Morning Worship ....11:00 a.m.

Evening Worship ......6:00 p.m.

Wednesday Evening......7:00 p.m.

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500 46th Ave NE • 839-1351

Pastor David Miller

2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609

Saturday School	2:00 p.m.
Sunday Worship	3:30 p.m.
Wednesday Bible Study	.7:30 p.m.

Jesse Starr, Pastor

### First Baptist Church

Classic Worship Service ....... 8:30 a.m. Adult Sunday School.....9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church......9:50 a.m. Sunday School (All Ages) ......11:00 a.m. Contemporary Worship Service.. 11:05 a.m.

Saturday School	2:00 p.m.
Sunday Worship	3:30 p.m.
Wednesday Bible Study	.7:30 p.m.

### 200 3rd St. SW • 852-4533 www.fbcminot.org

Wed. AWANA (Sept. to May) ...... 6:30 p.m.

Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Josh Huseby, Worship Arts Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

### St. John the Apostle Catholic Church

Traditional Worship.

2600 West Central Ave • Minot, ND 58701 839-7076

Daily Mass Schedule: Tuesday ...... 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday ...... 7:00 a.m. 

Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com

### Cross Roads Baptist

Sunday School (all ages) ......9:45 a.m. Sunday Worship ..... 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m.

> www.minotcrbc.org email: crbc@srt.com

415 28th Ave SE (Behind Menards) 838-1873

### First Lutheran **Church - ELCA** 120 5th Ave. NW 852-4853 Saturday Worship.....

Sunday Worship.. 8:30 am & 11:00 am Sunday Education ...... 9:45 am Wednesday Supper...... 5:00 pm Wed. Worship & Education.... 5:45 pm

www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman



1105 16th St. NW • 839-1407 Sunday School ..... 9:30 a.m. Sunday Worship ...... 10:30 a.m. Children's Church & Nursery

Wednesday Family Training Hour Meal.... .... 5:30p.m. Classes for All Ages ...... 6:30 p.m. Youth Center, Friday...... 7:00 - 11:00 p.m. ABC Child Care Center ......852-6352

> westminot.com facebook.com/westminot



### Gospel Tabernacle Community Church

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Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m
Adult/Children Worship11 a.m
Family Hour6:30 p.m
Evening Worship7:30 p.m
Bible Study/Child-Adult
Children Worship (Wed)7 p.m
Prayer (Friday)7 P.m

### Vincent United Methodist Church

1024 2nd St. SE • 838-4425 Behind Town & Country Shopping Center

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Pastor Jennifer McDonald www.vincentumc.com

First Assembly

of God

1805 2nd St. SE

838-1111 Morning Worship ......8:30 a.m.

Sunday School ......10 a.m.

Morning Worship ......11 a.m.

Wednesday Family Night..... 6:30 p.m.

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Revisions

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#### ANNOUNCEMENT

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1	3	4	2	8	6	5	9	7
8	7	5	9	4	1	6	2	3
3	4	1	6	2	9	7	8	5
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# Schulte promotes to Brigadier General; Becklund retires after 37 years

**NORTH DAKOTA NATIONAL GUARD** 

FARGO, N.D. - Brig. Gen Robert A. Schulte became the newest North Dakota National Guard general officer during a promotion ceremony on Saturday at the Air National Guard Base in Fargo. Schulte will assume the duties of the North Dakota National Guard Joint Force Headquarters chief of staff for Air.

"Bob Schulte is a true citizen Airmen, a father, husband, professor, business owner, a pillar in his community and an Air Guard officer and he has balanced these roles for years," said Maj. Gen. Al Dohrmann, North Dakota adjutant general. "Bob is all about getting the mission done, he thinks outside the box, is a visionary and is the right guy at the right time to lead this organization into the future."

The Happy Hooligans culture has had a big impact on me," said Schulte. "This is a world class organization and I am so blessed

to be a part of it. To the men and women of the North Dakota Air National Guard, to the best of my ability and as long as I can, I am going to give you everything I

In 1993, Schulte earned a direct commission in the U.S. Air Force's Biomedical Science Corps and served three years with the 55th Medical Group, Offutt Air Force Base, Omaha, Neb. Following active duty service, he was assigned to the 934th Airlift Wing, U.S. Air Force Reserve, Minneapolis, Minn. In 1999, Schulte transferred to the North Dakota Air National Guard and served as a physical therapist and later commander of the 119th Medical Group, 119th Wing. As the senior medical officer, he supervises, directs the use of base medical resources and advises the commander on medical issues in support of the wing and the remotely stationed 219th Security

Forces Squadron, Minot Air Force Base. He received his Bachelor of Science degree in physical therapy from Chicago Medical School, Illinois, and Doctorate of Science from Rocky Mountain University of Health Professions, Provo, Utah. In his civilian profession, he's an associate professor, Physical Therapy at the University of Mary, Bismarck.

After North Dakota's general officer was welcomed, audience members bid farewell to Brig. Gen. Bob J. Becklund during a retirement ceremony and paying tribute to his 37 years of service to the National Guard. During the ceremony, Dohrmann presented Becklund with the Distinguished Service Medal in recognition of his military achievements.

"Bob Becklund is a talented pilot and a great leader. He led the Happy Hooligans through one of the most difficult transition periods in its history, and he did

so with composure and vision," said Dohrmann. "Bob is an approachable and humble leader, his top priority has always been to take care of the Airmen and Soldiers of this organization. Congratulations on an incredible career; it has been a distinct honor to serve with you."

"I can't believe that nearly 38 years has gone by so fast. "I have one simple message, and that is a message of thanks," Becklund told the audience of Guard members, family and friends. "There isn't a person in this room that hasn't had an impact on me, from my mentors to the youngest Airmen. No one gets here on their own and I am very grateful for the opportunity to serve these outstanding Airmen in the 119th Wing."

Becklund enlisted as a flight simulator technician in 1982, he received his commissioned through Airman and culminated his career as the North Dakota

National Guard Joint Force Headquarters chief of staff for Air and as the full-time deputy adjutant general for the North Dakota National Guard.

From 2004 to 2009, he served as the commander of the 119th Fighter Wing. During his command, the wing went through an unprecedented change from manned to remotely piloted aircraft. His leadership solidified the paradigm shift in the North Dakota Air National Guard, broadening the mission focus which includes intelligence, targeting and nuclear security missions, placing the Happy Hooligans at the forefront of innovation expertise in military piloted remotely aircraft operations. His counsel and leadership has been a driving force to the continued excellence of the North Dakota Air National



Brig. Gen. Robert A. Schulte has the rank of brigadier general pinned onto his uniform by his family members at the North Dakota Air National Guard Base, Fargo, N.D. Sept. 7, 2019. He will assume duties as the North Dakota National Guard Joint Force Headquarters Chief of Staff for Air.



Brig. Gen. Robert A. Schulte speaks to an audience of family, friends, dignitaries and unit members during a formal ceremony as he assumes the duties as the North Dakota National Guard Joint Force Headquarters Chief of Staff for Air and is promoted to the rank of brigadier general at the North Dakota Air National Guard Base, Fargo, N.D. Sept. 7, 2019.



Maj. Gen. Al Dohrmann, the North Dakota adjutant general, right, presents the Distinguished Service Medal to Brig. Gen. Robert J. Becklund, the North Dakota National Guard Joint Force Headquarters Chief of Staff for Air, during a formal retirement ceremony for Becklund at the North Dakota Air National Guard Base, Fargo, N.D. Sept. 7, 2019. Becklund is retiring after 37 years of military service, including five years as the 119th Wing

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