

**WHATS  
INSIDE  
THIS WEEK:**



**BETTER LATE  
THAN  
NEVER** **A3**



**PETERSON  
AIRMEN  
SAVE LIFE** **A7**



**2019 GROUP  
PHOTOS** **B2 & B8**

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## 2019 LRS 70TH ANNIVERSARY FUELS MUSTER



The 5th Logistic Readiness Squadron celebrates their 70th anniversary at Minot Air Force Base, North Dakota, Sept. 13, 2019.  
See page 2 for more coverage.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSE JENNY

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**Videos**



# 2019 LRS 70th Anniversary Fuels Muster



The 5th Logistic Readiness Squadron celebrates their 70th anniversary at Minot Air Force Base, North Dakota, Sept. 13, 2019.

U.S. AIR FORCE PHOTO  
AIRMAN 1ST CLASS JESSE JENNY

## ANNUAL BANQUET & AUCTION

Saturday, September 28, 2019

5:30pm Social hour followed by Dinner & Auction  
Garrison City Auditorium



Tickets available at the door  
or by calling 701-337-5462

**Tickets:** \$55 - Single, \$75 - Couple  
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SEPT  
21

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# Better late than never

AIRMAN 1ST CLASS CALEB S. KIMMELL, MINOT AIR FORCE BASE PUBLIC AFFAIRS



Senior Airman Richard Cabak, 5th Maintenance Group Maintenance Management Analyst, scans his screen at Minot Air Force Base, North Dakota, Sept. 9, 2019. Cabak joined the Air Force three days before his 40th birthday.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS CALEB S. KIMMELL

MINOT AIR FORCE BASE, N.D. --

As the lights dim and the bays grow silent, he crawls into his neatly-made bed. He hoped for some well-earned rest, with his body covered in sores and bruises. Just as he succumbed to sleep, 30 men's voices pierce the air in the tune of happy birthday. This was the first moment he felt connected to his new brothers-in-arms.

Just three days before he turned 40, Senior Airman Richard J. Cabak, Maintenance Management Analyst for the 5th Maintenance Group, left for Air Force Basic Military Training.

When the company he worked for fizzled out, he was posed with several choices. He could either

travel to a different state and work for a new company, or he could try something new. Cabak chose the latter.

"The question I always get asked is 'why did you join so late?'" said Cabak. "It has always been a lifelong dream of mine."

Cabak said he received a few odd looks here and there, but he wouldn't let that stop him. The recruiters helped push him to BMT as fast as possible, and he accepted the first job offered to him: maintenance management analysis.

He says his leadership was curious when he first arrived at Minot.

"They gave me some looks, but to be honest I wasn't phased by

it," said Cabak. "They welcomed me and I'm very happy with the result."

Cabak says he has three major goals in life: serve in the military, become a pilot and later on a doctor. Having enlisted and received his pilot license, he says becoming a doctor is only a few years away.

"I joined because I was inspired," said Cabak. "Simple as that."

Cabak has done many things since he has enlisted. He is a member of Airmen Against Drunk Driving, and is very proud to be a spokesperson for the group.

"Life might be a struggle every day, but I power through it," said

Cabak. "What's stopping me?"

His actions have even incited his son Hans to follow in his footsteps and enlist; he is now currently finishing tech school in California as a cryptologic linguist. They have a running joke and competition to see who can make the rank of chief master sergeant first.

"He has blossomed; my wife and I are so proud," said Cabak.

Cabak often thinks back to that night in BMT when his wingmen sang for his birthday. He says he is extremely grateful to have amazing leadership and wingmen and wants to thank everyone who has given him a chance and helped to achieve his lifelong goal.

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Col. Brian D. Vlaun

**91st Missile Wing Commander:**

Col. Glenn Harris

**91st Missile Wing Vice Commander:**

Col. Barry E. Little

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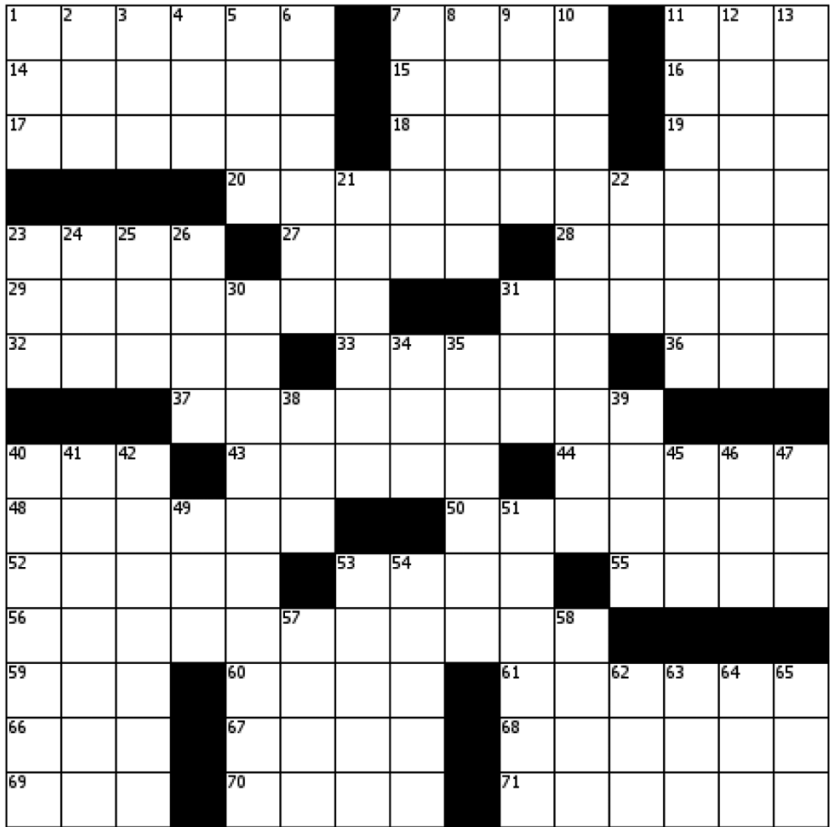
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# CROSSWORD PUZZLE

**Across**

- 1. Least furnished
- 7. Quahog, e.g.
- 11. Bacillus shape
- 14. Agcy. for global cooperation
- 15. Places
- 16. Wax trapper
- 17. Wild and crazy
- 18. New Year's word
- 19. Four-stringed instrument, for short
- 20. Doc wannabes
- 23. Tadpole cousins
- 27. Valentine's Day offering
- 28. Pumas' pads
- 29. Sour grapes?
- 31. Seat for two or more
- 32. Gain access
- 33. Nullify
- 36. Always, in verse
- 37. In the thick of things
- 40. Test starter
- 43. Polyphonic song
- 44. Old photo tint
- 48. Go back
- 50. Thoroughly
- 52. Rousseau novel
- 53. Draped dress
- 55. Little one
- 56. Garb for the jet set
- 59. "\_\_\_ Gotta Be Me"
- 60. Walk with weariness
- 61. Make-believe food
- 66. Fractional monetary unit of Japan
- 67. Water drainer
- 68. Krauss of bluegrass



- 69. Time of the 75th meridian
- 70. Cultivated grasses
- 71. Christening activity

**Down**

- 1. Borrow, as a cigarette
- 2. Santa \_\_\_
- 3. Fifties epithet
- 4. "Oops!" key
- 5. Pigeon drop, e.g.
- 6. Loser in Brown v. Board of Education

- 7. '03 or '04, e.g.
- 8. Oafs
- 9. Nonprofit org. since 1920
- 10. Global hot spot
- 11. Get back together
- 12. Yellow ribbon bearer
- 13. Armoire kin
- 21. Most urgent
- 22. Nosh
- 23. Time before anything

- 24. Radiator part
- 25. It does blowups
- 26. Look
- 30. Scythe-bearing visitor
- 31. Belgrade-to-Athens dir.
- 34. AAA suggestion
- 35. Conductor Toscanini
- 38. Hi and Lois' kid
- 39. Satisfy, as demands
- 40. Assumption
- 41. Withdraws

## SUDOKU

Solution to puzzle on page B7

	1		2			3	4	
5			6			7		
4				5				8
	8			4	1		2	
6			9		5			3
	3		8	6			9	
2				8				4
		4			3			1
	7	9			6		5	

Solution to last week's Crossword puzzle.

S	P	E	C		C	A	P	O	N			L	A	S
N	O	L	O		A	T	O	N	E		H	E	F	T
U	L	A	N		S	H	O	O	F	L	Y	P	I	E
B	O	N	S	P	I	E	L			O	P	E	R	A
			P	E	N	N		P	A	P	E	R	E	D
F	L	Y	I	N	G	S	A	U	C	E	R			
R	O	A	R	S			B	R	E	D		P	E	P
I	N	R	E		F	R	E	E	D		B	O	L	E
T	E	D		M	O	O	T			H	O	U	S	E
			V	E	N	U	S	F	L	Y	T	R	A	P
G	A	L	E	A	T	E		A	I	D	A			
A	L	E	R	T			A	T	T	E	N	D	E	D
F	L	Y	B	Y	N	I	G	H	T		I	A	G	O
F	A	T	S		O	R	I	E	L		S	L	A	M
E	Y	E			G	E	N	R	E		T	I	D	E

- 42. Clear
- 45. Snoop
- 46. Kind
- 47. Supporter's response
- 49. Folklore being
- 51. Jack Haley role
- 53. What push comes to
- 54. Executive's staff
- 57. Leave helpless with laughter

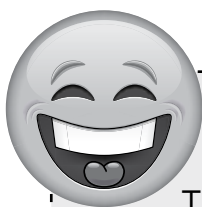
- 58. Toni Morrison novel
- 62. Not very bright, really
- 63. Chi-omega connection
- 64. It's never neutral
- 65. Noted twin

## REEL TIME THEATER MOVIE SCHEDULE



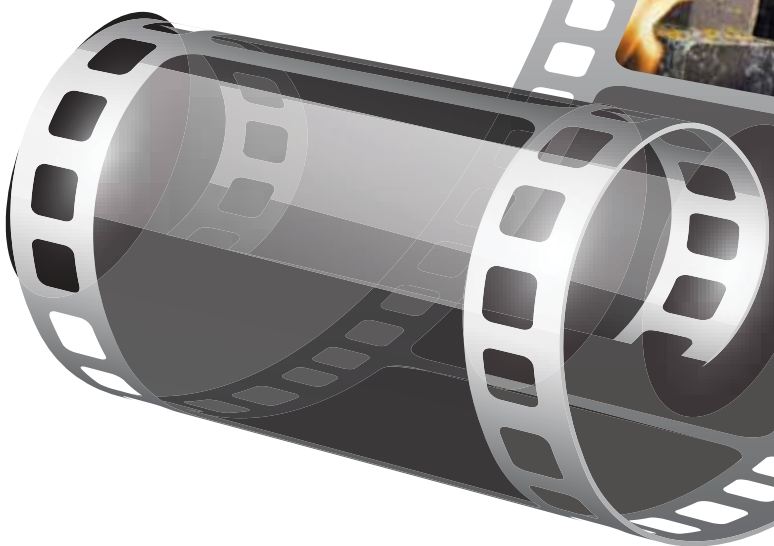
ANGEL HAS FALLEN (R)  
FRIDAY, SEPT 20 • 1900  
SATURDAY, SEPT 21 • 1900  
SUNDAY, SEPT 22 • 1900

Secret Service Agent Mike Banning is framed for the attempted assassination of the President and must evade his own agency and the FBI as he tries to uncover the real threat.



WHY WOULDN'T THE SHRIMP SHARE HIS TREASURE?

BECAUSE HE WAS A LITTLE SHELLFISH.





# Blueberry Cheesecake Crumb Cake



## Crumb Cake:

- 3 and 1/3 cups flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 2/3 cup butter-cold and cut in cubes
- Grated zest from 1 lemon(optional)
- 1/3 cup light brown sugar
- 1/3 cup sugar
- 2 eggs
- 1 teaspoon vanilla

## Blueberry Cheesecake Filling:

- 8 oz. mascarpone
- 8 oz. cream cheese-softened
- 1/2 cup + 2 Tablespoons caster sugar
- 2 Tablespoons corn starch
- 2 eggs
- 1 teaspoon vanilla
- 1 and 2/3 cups of blueberries

## Glaze:

- 1/2 cup powdered sugar
- 2-3 teaspoons milk

## INSTRUCTIONS:

- Preheat the oven to 350 F. Line the bottom of 9 inches springform pan with parchment paper, spray bottom and sides of the pan with nonstick cooking spray and set aside.
- In a large bowl stir together flour, baking powder, salt, brown sugar, sugar and lemon zest.
- Add butter in dry ingredients mixture. Now, you can work it with hands, or press with a fork, or you can use the mixer. Work it until it's grainy.
- Add eggs and vanilla and mix to combine. The mixture should be crumbly. If it's too sandy squeeze it with your fingers to make pea size crumbs.
- Press about 2/3 of the mixture in the bottom and side (about 1 1/2 inch height) of the pan. Place the pan and remaining crumbs in the fridge.
- To make the filling mix together cream cheese, mascarpone, vanilla, sugar and corn starch just to combine. Add eggs and mix just to combine, do not overdo it.
- Pour half of the cheesecake mixture in chilled crust, scattered about 2/3 cup of blueberries over the filling. Spread remaining cheesecake mixture. Top with blueberries and remaining crumbs.
- Bake at 350 F until golden brown and toothpick inserted in the center comes out clean, about 65-75 minutes. If it starts browning too much tent the top with aluminum foil.
- To make the glaze stir together powdered sugar and milk or cream. If it's too thin add powdered sugar, if it's too thick add more milk.

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10:30am-4:00pm

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# Upcoming Events

19-22  
SEPT

## MAKE A SCENE KIDS THEATRE HOSTS THE LION KING JR

6:00 PM - 8:00 PM

Location: Roosevelt Park Zoo 1219  
Burdick Expy E, Minot, ND

Disney's Lion King Junior is coming to Minot!!!! Kids ages 3rd-8th grades (Fall 2019) and who have been involved in our 2019 theatre classes will be welcome to audition!! Music and Lyrics by Elton John and Tim Rice Additional Music and Lyrics by Lebo M, Mark Mancina, Jay Rifkin, and Hans Zimmer. Book by Roger Allers and Irene Mecchi Based on the Broadway production directed by Julie Taymor. Tickets: www.steamnd.org



## For more information:

Facebook event/ Make a Scene Kids Theatre

21  
SEPT

## PIZZA PALOOZA

3:00 PM - 11:59 PM

Location: Minot Municipal Auditorium  
420 3rd Ave SW, Minot, ND

Eat Pizza \*Jr. Judging KIDS CHOICE -Vote Minot's BEST Pizza! \*Play Yard Games \*Shop Vendors (\*til 9 p.m.) \*Hang out/Relax \*Listen to Music \*Enjoy brew from Atypical Brewery & Barrelworks (21+) \*Full Bar by The Spot (21+) 8 p.m. Country and Rock Show put on by The Boys Of Summer with special guest appearance by !!!!!!!!!!!!!!! (Find out when you get there!) Tickets available online or at the door.



## For more information:

Facebook event/ Engage Marketing & Events

25-28  
SEPT

## NORSK HOSTFEST NORTH AMERICA'S LARGEST SCANDINAVIAN FESTIVAL

9:00 AM - 11:30 PM

Location: North Dakota State Fair Center  
2005 Burdick Expy E, Minot, ND

At Norsk Hostfest, Scandinavian tradition is on full display. From Nordic entertainment to culinary options, guests will truly have a cultural experience. Visit with makers and artisans showcasing ancient traditions or take a walk back in time at Viking Village. Guests can also take in Great Hall entertainment featuring big names in the entertainment industry. Buy tickets now at www.hostfest.com



## For more information:

Facebook event/ Norsk Hostfest

21  
SEPT

## BIKERS: PAST, PRESENT, & FUTURE

11:00 AM - 3:00 PM

Location: Magic City Harley-Davidson  
6701 Hwy 83 S, Minot, ND

Reminisce about the past with our annual Pin up contest and kids rides on our custom built bike, Bonnie & Clyde. Enjoy the present while taking a look around our 2020 new model open house and eating some lunch (on us!) Car & Bike show- 11am-3pm, Vendor Show- 11am-3pm, H-D™ Intro to Motorcycling- 1pm, Pin Up Contest- Judging at 2pm, Jumpstart- ALL DAY, Lunch served at 11:30am until gone! Call Kelsey @ 701-839-6330 to ask questions/ sign up for the pin up contest!



## For more information:

Facebook event/ Magic City Harley-Davidson

23  
SEPT

## MAIN STREET BOOKS MONDAY STORYTIME WITH MS. KRISTI

11:00 AM - 12:00 PM

Location: Main Street Books 8 Main St S,  
Minot, ND

Join us at 11 am for storytime. This will be an active storytime with songs and fingerplays and (of course) a story or two or three..



## For more information:

Facebook event/ Main Street Books

26  
SEPT

## ROOSEVELT PARK ZOO HOSTS NATIONAL BLACK-FOOTED FERRET DAY

10:00 AM - 2:00 PM

Location: Roosevelt Park Zoo 1219  
Burdick Expy E, Minot, ND

Join us in celebrating our favorite Black Footed Ferret, OshKosh and learn what the Roosevelt Park Zoo is doing to help one of North America's most endangered species. See you at the Zoo!



## For more information:

Facebook event/ Roosevelt Park Zoo

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**ASK Your Wingman  
CARE for Your Wingman  
ESCORT Your Wingman**

**See Reverse for Questions that Can Save a Life**

**THE COLUMBIA LIGHTHOUSE PROJECT**  
CARE FOR YOUR WINGMAN

	Past Month	Lifetime	Past 3 Months
1) Have you wished you were dead or wished you could go to sleep and not wake up?			
2) Have you actually had any thoughts about killing yourself?			
If YES to 2, answer questions 3, 4, 5 and 6 If NO to 2, go directly to question 6			
3) Have you thought about how you might do this?			
4) Have you had any intention of acting on these thoughts of killing yourself, as opposed to you have the thoughts but you definitely would not act on them?			High Risk
5) Have you started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan?			High Risk
Always Ask Question 6			
6) Have you done anything, started to do anything, or prepared to do anything to end your life? <small>Examples: Collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, held a gun but changed your mind, cut yourself, tried to hang yourself, etc.</small>			High Risk

Any **YES** indicates the need for further care. However, if the answer to 4, 5 or 6 is **YES**, immediately **ESCORT** to the nearest chain of command, Chaplain, behavioral health professional, or primary care provider.

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**Military Crisis Line**  
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**DON'T LEAVE THE PERSON ALONE. STAY WITH THEM UNTIL THEY ARE IN THE CARE OF PROFESSIONAL HELP**

# September: Suicide Prevention Awareness Month

## MINOT AFB VIOLENCE PREVENTION

One life lost to suicide is too many. There is no single cause. Suicide most often occurs when several stressors and health issues converge to create an experience of hopelessness and despair. Suicide is one of the most significant public health issues facing the United States today. Families are losing loved ones; workplaces are losing talented employees and communities are losing valued members. How much of a concern is suicide? And just who are the victims? The statistics are staggering!

- Since 1990, the rate of suicide has increased 33%.
- Suicide is the 10th leading cause of death in the United States for all ages. The suicide rate for men is 3.6 times that of women.
- Since 2016, suicide has been ranked the second leading cause of death for ages 10-34 and the fourth leading cause for ages 35-54 in the United States.
- In the United States, more people die by suicide each year than by homicide and HIV/AIDS combined.
- Since 2011, suicide has surpassed motor vehicle injuries as a cause of death.

The Air Force is strongly committed to preventing suicides among our service members and their families. Effective prevention requires a comprehensive approach that involves every

member of the community. The Air Force Suicide Prevention strategy embraces holistic and data-driven components and is rooted in public health.

Team Minot's Violence Prevention Team assists in implementing a multi-faceted public health approach to suicide prevention. Violence Prevention Implementers provide annual training for the installation focusing on Suicide Prevention. This training emphasizes a number of Suicide Prevention strategies as identified by the Department of Defense:

- Create protective environments
- Identify and support people at risk
- Teach coping and problem-solving skills
- Promote connectedness
- Strengthen economic supports
- Strengthen access and delivery of suicide care
- Lessen harms and prevent future risk.

At the foundation of this training is the belief and understanding that "in order to prevent suicide, a systemic cultural change is essential, and our community must be unified in its commitment to prevention."

A key protective factor for everyone is "connectedness," a concept or idea that makes us

feel like we belong. The Minot Violence Prevention Team is dedicated to spreading this message across our installation and committed to letting our people know, "You Matter." Feeling connected to or belonging to someone or someplace helps us realize we are not alone: we can lean on others and it is okay to ask for help.

Minot's Violence Prevention team has already been out across the installation spreading the word and reminding people about the importance of Suicide Prevention.

On Wednesday, September 4th, team members stood, greeting at the gates as people were coming in to work. The Team had an opportunity to meet with an outstanding group of youth at the Youth Center to talk about the importance of belonging and feeling valued. Over the next few weeks, Implementers will be engaging with folks within their units to hand out Crisis line cards/treats to remind people about Suicide Prevention and how every single one of us are an integral part of our installation's efforts to prevent suicide.

Suicide Prevention starts in the home, in the workplace, and in our community.

**#BeThere**



**Our Mission**



Source: 2017 CDC's Preventing Suicide: A Technical Package of Policies, Programs, and Practices

**Resources**

Make it Your Mission to...  
**#BeThere**

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Defense Suicide Prevention Office | [www.dspo.mil](http://www.dspo.mil) | [f](https://www.facebook.com/dspomil) [i](https://www.instagram.com/dspomil) [t](https://www.tiktok.com/@dspomil) [y](https://www.youtube.com/dspomil) @dspomil

Version 2019.1



# Peterson Airmen save life

STAFF SGT. ALEXANDRA M. LONGFELLOW, 21ST SPACE WING PUBLIC AFFAIRS

PETERSON AIR FORCE BASE, Colo. --

In the beginning of August, Air Force Chief of Staff Gen. David Goldfein ordered all wings to stand down for a day and focus on resiliency and suicide prevention due to the alarming increase of suicide rates in the U.S. Air Force in 2019.

Eighty-nine Air Force Total Force Airmen had taken their own lives this year.

Two Airmen from the 21st Operational Medical Readiness Squadron dental lab, successfully responded to a friend from another Air Force base with suicidal thoughts.

August 7, 2019 was a normal day for Airman 1st Class Brittany Wright. She was planning on going to bed early that night when she answered a phone call from a friend she met in technical school.

"It wasn't unusual he was calling to talk," Wright said. "But after about an hour he said something I never thought I would ever hear."

Wright said she was shocked to hear her friend say that he didn't want to live anymore.

She knew she had to do something, and do it quickly. While still talking on the phone with her friend, she messaged her co-worker and friend for help at 8:54 p.m.

"I didn't know exactly what to do either," said Duffus. "I didn't know who he was or who I should call but I picked up the phone and got in contact with my first sergeant."

Duffus immediately called her first sergeant and worked with Wright to get as many details as possible about the Airman. She was able to provide Master Sgt. Jonathan Eckley, 21st Medical Group first sergeant, with the Airman's name and career field to speed up the process of getting in touch with the Airman's first sergeant through the base's command post.

To explain how both the Airmen and first sergeant were feeling, Eckley gave the analogy of a duck swimming on a pond.

"Calm on the surface, but paddling like crazy below,"



Eckley said. "This was new to all of us, but we all have been through training to get the help this Airman needed."

Eckley was able to get in contact with the endangered Airman's first sergeant within minutes.

The Airman's first sergeant immediately responded and went to the Airman's dorm room with his supervisor and security forces members. During this time, Wright was able to keep her friend talking on the phone to prevent him from having a chance to take his own life. His first sergeant and the defenders knocked on his door at 9:31 p.m.

"The Air Force focuses on resiliency more and more each year," Eckley said. "We have produced effective training several times a year. Wright and Duffus are a strong example of this. The training they receive in their short time in the service was so ingrained in themselves they didn't even realize they were using the provided training."

Without even realizing it, Wright and Duffus used ACE to help Wright's friend. ACE — ask, care, escort — is a resiliency tool used to prevent and respond to the crisis of suicide. Wright specifically asked her friend if he was going to hurt himself. She was able to continue to keep him talking on the phone while she enlisted help to get to him. Although she herself wasn't able to escort him, she got the help he needed to be escorted properly.

General John W. "Jay"

Raymond, Air Force Space Command and Joint Force Space Component commander, presented Wright and Duffus the Air Force Achievement Medal. It is awarded to Air Force personnel for outstanding achievement or meritorious service rendered specifically on behalf of the Air Force.

Both Airmen were also asked to attend the Air Force Association National Convention in Washington, D.C. in September. The convention connects brave

Airmen 1st Class Brittany Wright and Tiffany Duffus, 21st Operational Medical Readiness Squadron dental lab technicians, tell their story of successfully responding to a friend with suicidal thoughts Aug. 22, 2019 at Peterson Air Force Base, Colorado. Both Airmen received the Air Force Achievement Medal and were asked to attend the Air Force Association National Convention in September.

U.S. AIR FORCE PHOTO  
STAFF SGT. ALEXANDRA M.  
LONGFELLOW

Airmen who commit their lives to protect the greater good of the United States. It promotes a dominant Air Force and a strong national defense, and it honors Airmen and the Air Force heritage.

Anyone who is having suicidal thoughts and need help, there are several options available to talk to someone including family advocacy, Civilian Employee Assistance Program, Alcohol & Drug Abuse Prevention Program and mental health or the chaplain corps.

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Tuesday (9/17)..... 6:30 pm Thursday (9/19)..... 6:30 pm	• • • FREE COFFEE • • • <b>Leagues are 30 weeks</b> Wednesday..... 10:00 am <small>• starts September 11th</small> Friday..... 1:00 pm <small>• starts September 13th</small>
YOUTH	DAYTIME COFFEE
<b>Bumper League available for ages 5-6</b>	<b>FREE COFFEE</b>
Thursday..... 3:45 pm <small>• all ages starts September 12th</small> Saturday..... 9:30 am <small>• all ages starts September 14th</small> Sunday..... 6:00 pm <small>• 12 and over starts September 15th</small>	Thursday..... 1:00 pm <small>• Starts 9/19, 3 person teams</small>

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# 2019 5th CES

Photo of various sizes of the 5th Civil Engineer Squadron.

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*"It's something we have been thinking about doing for a while" says publisher Ted Bolton, "the Northern Sentry is the MAFB community newspaper and we want the "community" to have easy access to participate in their paper. Now with our new website we're finally able to make that happen!"*

*"Frankly this is not a money maker for us, the dollar charge is only a token" said Bolton "we just want folks to have fun and participate with their paper". Whether it's selling a couch, a car or finding a new home for the cat, classifieds can be fun! You can even add a photo for only \$2 more! (That's where we make the big bucks! LOL)*



# Pheasants Forever Banquet and Fundraiser

SAKAKAWEA CHAPTER #335 OF PHEASANTS FOREVER

The Sakakawea Chapter of Pheasants Forever hosts its annual banquet and fund-raising auction Sept. 28 at the Garrison City Auditorium, Main St.

This is the chapter's major fund-raising event of the year, which supports habitat and conservation education projects throughout the area. Its youth education activities includes ongoing support for the Garrison School District's trapshooting team.

As part of its mission the chapter again planted and funded large shelterbelt tree projects in several locations in cooperation with private landowners.

With concerns mounting across the nation about declining pollinator populations, which are responsible for pollinating much of America's food sources, the chapter also worked locally with landowners on innovative pollinator plantings.

All banquet proceeds stay

locally within the chapter for its conservation and habitat programs.

Dinner tickets include membership and a one-year subscription to Pheasants Forever magazine. Single tickets are \$55 and couples \$75. Dinner for children 18 years of age and under is \$20 with a free youth Ringnecks membership.

The social begins at 5:30 p.m. with banquet and auction to follow. Many prizes, raffles and other prizes and surprises will highlight the evening, including several firearms, as well as the Pheasants Forever Pistol

of the Year.

Participants can bid on bling, as well, featuring the chance to win a purse containing diamond jewelry.

Tickets are available at the door visit the chapter's website, ([www.sakakawepheasantsforever.org](http://www.sakakawepheasantsforever.org)) for more information, or contact Secretary Patricia Stockdill, (701) 337-5462.



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NODAK ARMS

# OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Sept. 16: 1,846.7 feet above mean sea level (MSL); 45,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.44 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.27 MSL.

• N.D. Game & Fish Dept. game wardens: Midsection of Lake Sakakawea remains slow. No reports from the east end of Lake Sakakawea, Devils Lake, Lake Darling, or Missouri River.

• Devils Lake, Ed's Bait Shop, Devils Lake: Try jigging with minnows or casting jigging Raps for walleye in East Devils Lake with improving success around the bridges in the morning or evening. Anglers starting to somewhat improving size among the walleye. Also try spinners and bottom bouncers in 14 feet. Continued good white bass success throughout the lake. A few pike starting to show up.

• Devils Lake, Woodland Resort, Devils Lake: Most anglers continue trolling along the highways with spinners and bottom bouncers but try transitioning to vertical jigs around the rock piles and bridges in deeper water.

• Lake Darling, Karma C-Store, Ruthville: Not much activity on Lake Darling. Some activity on Lake Darling but overall slow success.

• Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Some activity on Lake Darling but overall slow success.

• Lake Metigoshe, Four Seasons, Bottineau: Not many anglers out but those going are still finding some walleye success.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea fair for walleye. Work a variety of depths and presentations. Try the blowout area of the spillway channel or chutes for walleye on the Missouri River. Lots of activity on Lake Audubon but no reports.

• Lake Sakakawea/Lake

• Portions of Upper Souris Nat'l. Wildlife Refuge open to upland hunting but contact the refuge for closed areas and special regulations.

### DATES TO REMEMBER:

- Sept. 20: East Zone early Canada goose season closes.
- Sept. 21: Resident waterfowl season opens.
- Sept. 21: Friends of the NRA banquet, Minot Municipal Auditorium, 5:30 p.m.
- Sept. 22: Youth deer season closes.
- Sept. 28: Sakakawea Pheasants Forever banquet, Garrison City Auditorium, 5:30 p.m.
- Sept. 28: Friends of the NRA banquet, Roughrider Events Center, Watford City, 6 p.m.
- Sept. 30: Lake Darling and Beaver Lodge Canoe Trail closes to boat activity.

### Tournaments:

- Sept. 21: Lake Sakakawea, White Earth Bay.

Audubon, 6-Mile Bait & Tackle, Garrison: Try 35 to 45 feet working from deTrobriand Bay to the east on Lake Sakakawea for walleye with jigging Raps or jigs and minnows. Lake Audubon continues producing walleye in 35 feet with spinners and nightcrawlers.

• Lake Sakakawea, Indian Hills Resort, Garrison: Try jigging Raps with minnows in 20 to 25 feet but most anglers are working deeper in 40 feet. Try the south side.

• Lake Sakakawea, Scenic 23, New Town: Scattered walleye success in 20 to 30 feet using Lindy rigs or jigs and minnows.

• Lake Sakakawea, Van Hook Resort, New Town: Try minnows or creek chubs with jigs in deeper water around Shell, Independence, or 8-Pound for walleye.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River continues producing decent walleye activity from shore in the morning and evening. Try slow death hook or Lindy rigs and bottom bouncers in the spillway channel or down river. Good numbers of smaller walleye in the spillway. Chutes producing a mix of catfish, salmon, and walleye. Lake Sakakawea spotty for walleye. Try slow death hooks and nightcrawlers in 30 feet or jigs and minnows around Steinke

Bay, 7 Sisters, Alcatraz or Douglas Bay. Salmon still somewhat spotty. Some downrigging yet but more fish coming along the face of the dam or even Douglas Bay longlining crankbaits in 30 feet. Work deeper down to 60 feet during the day. No large numbers of salmon, yet.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Scattered walleye activity. Try 10 to 25 feet with spinners and minnows. Missouri River producing catfish.

• Lonetree WMA area lakes, Harvey: No new reports.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No new reports from the Souris River or area lakes.

### Hunting:

• Archery deer: Fair early season success with hunters generally seeing more deer, although not that much movement yet.

• Upland: Fair success around the midsection of Lake Sakakawea.

• Waterfowl: Look for nice numbers of local birds in the northwest.

### Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (800) 472-2121 or (701) 328-9921.

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# Pink Shirts

## Minot woman designs fundraising t-shirts with signature from former Miss Rodeo America

MINOT Y'S MEN'S RODEO

Minot, N.D. – There's a special style of t-shirt going around Minot these days.

It's pink, it's retro, and it's being sold for a good cause.

The annual Tough Enough to Wear Pink t-shirts are for sale in and around Minot, with all proceeds going to help people undergoing cancer treatment improve their quality of life, through the Trinity Exercise Rehab Program at the Minot Family YMCA.

The t-shirts were designed by a Minot resident, Kim Whittemore,

who is an artist.

On the front, in the shape of lips, much like the Stones' logo, are the words "Tough Enough." Above the lips are the words "Kiss Me" and below the words it reads "To Wear pink."

On the left sleeve is the signature of a North Dakota raised cowgirl, Ashley Andrews Alderson, who was chosen as the 2007 Miss Rodeo America.

T-shirts have been sold as fundraiser for the cause for more than a dozen years, but the committee wanted to do

something different this year.

So they asked Whittemore for ideas. Paul Kramer, a volunteer with the Minot Y's Men's Rodeo, had a sticker on a filing cabinet with the lips and asked Whittemore if she could do something with that design. She has created five other designs that will be used in future years.

"I wanted to do something different," Whittemore said, "to set it apart from other years."

Whittemore is no stranger to volunteering with benefits and causes. She, along with her

husband Bruce, and Pat and Lynda Davy hosted the Minot Bands Together for several years. Funds from that event went to the Tough Enough to Wear Pink campaign.

The campaign is affiliated with the Minot Y's Men's Rodeo. Tough Enough to Wear Pink night at the rodeo will be Fri., October 4.

Since the campaign began with the rodeo in 2007, over \$717,000 has been raised and more than 550 people have been helped.

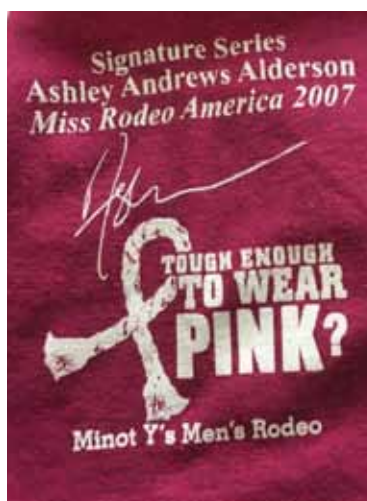
This is the first in a series of t-shirts that will have the

signatures of different North Dakota personalities on them.

The 65th annual Minot Y's Men's Rodeo is October 4-6 at All Seasons Arena at the North Dakota State Fair Center with 7 pm performances on October 4-5 and 1 pm matinees on October 5-6. Tickets range in price from \$13 to \$33 and can be purchased online at [www.MinotYsMensRodeo.com](http://www.MinotYsMensRodeo.com). For more information, visit the website or call 701.833.1761.



The front of this year's fundraising t-shirt for the Tough Enough to Wear Pink campaign in Minot features a design done by Minot resident Kim Whittemore.



The left sleeve on the t-shirt for sale for the Tough Enough to Wear Pink campaign in Minot features the signature of the 2007 Miss Rodeo America, a North Dakota cowgirl, Ashley Andrews Alderson. This year's t-shirt is the first in a series, to feature signatures from other famous North Dakotans.

SUPPLIED PHOTOS

  
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## Heath's Hell-Fire Deviled Eggs



### INGREDIENTS

12 Large Eggs  
 3 Jalapeños  
 2 Tbsp chopped Chives  
 Kosmos Peach Jalapeño BBQ Sauce  
 3-4 slices of Cajun Bacon\*  
 1/2 C Mayo  
 2 tsp White Vinegar  
 2 tsp Brown Spicy or Dijon Mustard  
 1/2 tsp Paprika  
 1/4 tsp Salt  
 1/2 tsp Chili Powder  
 1/2 tsp Cayenne Pepper

\*Find this recipe on our website



Ryan Davy - GM  
HOE Minot

- 1) Bring a large pot of water to a boil. Add eggs and cook for 9 minutes. Remove and rinse in cold water. Once cool enough to handle, peel the eggs, and slice in half.
  - 2) Preheat grill with lid open for 5-10 minutes, then set to smoke. Place eggs, yolk side up, on an aluminum perforated sheet, along with jalapeños. Allow to smoke with lid closed for 1 hour. Remove from grill.
  - 3) Slice tops off peppers and cut in half. Remove seeds with spoon and finely dice.
  - 4) In medium to large bowl, carefully remove yolks from eggs. Add the jalapeños, 2 slices of minced candied bacon, mayo, vinegar, mustard, chili powder, and cayenne pepper. Mix together until relatively smooth. Add salt if needed.
  - 5) Using a 35mm scoop, fill each egg with mixture. Top with small piece of candied bacon, chopped chives, and sprinkle with Paprika.
- For added flavor, drizzle with Kosmos Peach Jalapeño BBQ Sauce. Enjoy or refrigerate for later.

[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

# Treasures Await!

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Keep an eye out for a "Golden Ticket" tucked away inside your paper! We will be randomly inserting one or more Golden tickets each week over the next few months into the Northern Sentry papers delivered to the MAFB. A Golden Ticket will have a specific cash value between \$20 and \$100! No purchase necessary, no strings attached, if you find a ticket, just let us publish your name & picture as a winner and the cash is yours. You'll never know if you're a winner unless you pick up that paper and turn every page. We'll keep you posted on whose found hidden treasure by printing their names and photos in the paper and on our Facebook page.



**Matthew Brimmer**  
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### Little Flower Catholic Church

800 University Avenue West  
838-1520

**Mass Schedule**  
Saturday ..... 4:30 pm  
Sunday ..... 8:30 & 10:00 am

**Fr. Ken Phillips, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)



### St. Peter The Aleut Eastern Orthodox Church

**109 6th St. SE**  
**Minot • 838-3094**

Sunday Leaders  
Service ..... 10 a.m.  
Saturday Vespers ..... 5 p.m.




### St. Philomena's Catholic Church

306 3rd Ave North  
Glenburn - 9 miles North of MAFB

**Sunday Mass - 8:30am**

**Fr. Jady Nelson**  
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### An Evangelical Free Church

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Sunday School & Fellowship ..... 9:00 a.m.  
Worship ..... 10:30 a.m.


[www.trinitychurchminot.org](http://www.trinitychurchminot.org)



### Bible Fellowship Church

Worship Service at 10:45am Sundays  
Sunday School at 9:45am

**1720 4th Ave NW, Minot**  
**838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)



### Faith United Methodist Church

**5900 Highway 83 N, Minot**  
[www.faithumcminot.com](http://www.faithumcminot.com)

**Pastor Ken Mund**  
**701-838-1540**

Sunday School (All Ages): 9:45 a.m.  
Sunday Coffee Fellowship: 10:30 a.m.  
Worship Services: Sunday 11 a.m.

### Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
Morning Worship .... 11:00 a.m.  
Evening Worship ..... 6:00 p.m.  
Wednesday Evening ..... 7:00 p.m.

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**500 46th Ave NE • 839-1351**  
Pastor David Miller

### Cornerstone Presbyterian Church

**1000 NE 3rd Street**  
**852-0315**

**Sunday Schedule**  
Contemporary Worship ..... 9:00am  
Sunday School (All Ages) ..... 10:00am  
Traditional Worship ..... 11:00am

**Wednesday Evening Schedule**  
Community Dinner ..... 5:30-6:30pm  
Contemporary Worship ..... 6:30pm  
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430 N. Broadway • 839-1064

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**Tuesday Bible Study ..... 12pm**  
**Saturday Noah's Breakfast ..9:30am**

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**Reverend Philip Beyersdorf**



### Immanuel Baptist Church

**1615 2nd St. SE • Minot • 839-3694**

Sundays:  
Sunday School ..... 9:15 a.m.  
Worship ..... 10:30 a.m.

Wednesdays:  
Soup Kitchen .... 11:30 a.m. - 12:30 p.m.  
Family Supper ..... 5:30 p.m.  
Classes for all ages ..... 6:30 p.m.  
Adult Choir (as scheduled), 7:30 p.m.

**Brian T. Skar, Pastor**  
[www.ibcminot.org](http://www.ibcminot.org)

### Apostolic Faith Church, UPCI

**2929 19th Ave NW • Minot**  
Located off Hwy 83 Bypass West  
**(701)838-0609**

Saturday School ..... 2:00 p.m.  
Sunday Worship ..... 3:30 p.m.  
Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**

### St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
Tuesday ..... 7:00 p.m.  
(3rd Tuesday 7:00 a.m.)  
Wednesday - Friday ..... 7:00 a.m.  
Saturday ..... 5:00 p.m.  
Sunday ..... 8:00 & 10:30 a.m.

*Fr. David A. Richter, Pastor*  
Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)



### First Lutheran Church - ELCA

120 5th Ave. NW  
852-4853

Saturday Worship ..... 5:00 pm  
Sunday Worship.. 8:30 am & 11:00 am  
Sunday Education ..... 9:45 am  
Wednesday Supper ..... 5:00 pm  
Wed. Worship & Education ..... 5:45 pm

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**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

### Bethany Lutheran

215 3rd Ave. SE, Minot, ND  
Phone: 838-5196  
A Member of the ELCA

Sunday Worship ..... 8:30 & 10:30 am  
Sunday Fellowship ..... 9:30 am  
Wednesday Church School ..... 5:45 pm  
Wednesday Worship ..... 6:45 pm

Website: [www.bethanylutheranminot.com](http://www.bethanylutheranminot.com)  
Email: [bethanylutheran@srt.com](mailto:bethanylutheran@srt.com)  
Live Streaming: [bethanylutheran.tv](http://bethanylutheran.tv)

**Pastor Janet Hernes Mathistad**  
**Pastor Gerald Roise**  
**Pastor Intern David Myers**

### First Baptist Church

**200 3rd St. SW • 852-4533**  
[www.fbcminot.org](http://www.fbcminot.org)

Classic Worship Service ..... 8:30 a.m.  
Adult Sunday School ..... 9:45 a.m.  
Contemporary Worship Service .. 9:50 a.m.  
Children's Church ..... 9:50 a.m.  
Sunday School (All Ages) ..... 11:00 a.m.  
Contemporary Worship Service.. 11:05 a.m.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.

**Rev. Kent Hinkel, Senior Pastor**  
**Rev. Barry Seifert, Associate Pastor**  
**Pastor Josh Huseby, Worship Arts**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**



### Cross Roads Baptist

Sunday School (all ages) ..... 9:45 a.m.  
Sunday Worship ..... 11 a.m. & 6:30 p.m.  
Wednesdays (Prayer & Missions) ... 6:30 p.m.

[www.minotcrbc.org](http://www.minotcrbc.org)  
email: [crbc@srt.com](mailto:crbc@srt.com)

**415 28th Ave SE (Behind Menards)**  
**838-1873**



### West Minot Church of God

*Family Worship Center*

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
Sunday Worship ..... 10:30 a.m.  
Children's Church & Nursery  
Wednesday Family Training Hour  
Meal ..... 5:30 p.m.  
Classes for All Ages ..... 6:30 p.m.  
Youth Center, Friday ..... 7:00 - 11:00 p.m.  
ABC Child Care Center ..... 852-6352

[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)



### Vincent United Methodist Church

**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
**open hearts...open minds...open doors!**

Saturday Informal Worship... 5:00 p.m.  
Sunday School ..... 9:00 a.m.  
Sunday Worship Service .... 10:00 a.m.  
Fellowship ..... 11:00 a.m.

**Pastor Jennifer McDonald**  
[www.vincentumc.com](http://www.vincentumc.com)



### OUR REDEEMER'S CHURCH

*A Church of the Lutheran Brethren*

**Thursdays:**  
Worship ..... 6:30 p.m.

**Sundays:**  
Worship ..... 8:30 a.m. & 10:45 a.m.

**700 16th Ave SE • 701-838-0750**

For more information visit us on the web at:  
[www.ourredeemers.org](http://www.ourredeemers.org)

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wk42

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**FIVE SHELF BOOKCASE WITH SLIDING GLASS DOORS.** Very Old Oak Miniature Camel Back Trunk. Vintage Solid Wood Marantz Stereo Cabinet, Old Tractor Seat & Horse Hames Stool Chair, Vintage Hammond Chord Organ, Works Fine. Questions Call 701-626-2712.

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**IMMEDIATE FULL AND PART TIME OPENINGS** for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

tfn

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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## LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:  
605 27th St SE, Minot ND 58701  
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By email or phone at  
mmackey@kalixnd.org  
701-852-1014

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Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

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## GARAGE SALE

**3721 E. BURDICK EXPY HUGE VINTAGE & COLLECTIBLE SALE!** Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712.

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## RENTALS

**IN GLENBURN** 3 bedroom house, full basement, 2 1/2 bathrooms and attached single garage, large yard. Available now. \$700.00/month plus utilities and \$700.00 deposit. Great Preschool thru Senior High Public School in town. Call 701-720-3089

wk40

**IN GLENBURN** Newly remodeled 3 bedroom duplex. 3 levels, 1 1/2 bathrooms, master bedroom suite and attached single garage. Available now. \$600.00/ month plus utilities and \$600.00 deposit. Great Preschool thru Senior High Public School in town. Call 701-720-3089

wk40

**HOUSE FOR RENT** Cozy 2 bedroom, 2 bath home. Large fenced yard. NW location near park. 912 2nd Avenue NW. Available October 1. No pets. \$875/mo + utilities. By appointment only. 701-721-4915 or 701-721-1211.

wk39

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

tfn

## RENTALS

### HOUSES FOR RENT

- 1 Bed/1 Bath. \$600 + utilities. Pet Friendly.
- 3 Bed/1 Bath. \$800 + utilities. Pet Friendly.

**839-4200**

tfn

**2 & 3 Bedroom Apts Located in Surrey.** Very Well Kept. Heat & Water Paid. Across from Surrey School. \$675-\$775. Call For Your Tour Today! 839-4200.

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### SMC

We Have A Great Variety Of Apartments & Homes For Rent. Competitive Rates & Discounts & Specials Available. Call 839-4200.

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### GLENBURN

2 Beds/1 Bath. Very Nice & Clean. Water & Heat Paid. Laundry. Only \$495 + elec. Call Today 839-4200.

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### HOUSE FOR RENT

Very Nice Home in Maxbass. 3 Beds/1 Bath. 2 Stall Garage. 5 Acres. \$800 + utilities. 839-4200.

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BEAUTIFUL UNITS  
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1, 2 & 3 BEDROOMS  
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\$1.00 MOVE IN SPECIAL!!!  
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**1 & 2 Beds in Burlington.** Heat & Water Paid. Ready for Move In. \$475-\$495. Call 839-4200.

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## REAL ESTATE

**CHARMING 1906 HOME** with updates 50 Minutes from Base. 3 acres! 1010 93rd ST NW Newburg, ND 5862. Lucas Knight Signal Realtors 701-852-3505, 701-720-9163

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**HOME FOR SALE IN DEERING,** Just 16 miles from Base on 5 city lots, newly updated. MLS 191392. 204 1st Ave S. Contact Lucas Knight, Signal Realtors. 701-720-9163

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**PRICE REDUCED! 1 MOBILE HOME ESTATES, DEERING ND. \$37,499.** 2012 Custom 2 Bed 2 Bath Mobile Home For Sale. Contact Lucas Knight With Signal Realtors Today! 701-720-9163.

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**Find ALL listed homes for sale in Minot and the surrounding areas at www.brokers12.com.**

tfn

### FSBO MOHALL ND

2010 Mfd home 28x64 has 2 decks, 3bdrm, 2bath, office, 2car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Asking \$240k. Call/text to inquire or to show. 701-228-4089 or 701-228-4190.

wk44

### FSBO IN GLENBURN

4 bedrooms, 2 full baths, family room, living room, 2 car attached garage, almost 1 acre lot. \$169,900. 204 Oakley Drive. Please L/M 701-838-4309, I am in and out a lot..BisManOnline.com, AD# 3128696. Open House Coming Soon.

wk40

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## REAL ESTATE



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408 North Bdw  
Minot, ND  
701-852-1156

 <p><b>\$380,000</b></p> <p>COUNTRY LIVING! - 20 minutes to Minot. Beautiful 2100 Sq. Ft. modular home, 16.9 acres, large dream kitchen with hickory cabinets, stainless steel appliances. Master suite, roomy beautiful bathroom with fireplace, whirlpool tub, walk-in shower and double sinks. 30 X 64 Pole Barn.</p> <p><b>MLS# 190979</b></p>	 <p><b>\$218,900</b></p> <p>SPACIOUS HOME! - Updated. High ceilings makes this condo feel spacious! Main floor living, open concept, oversized patio door to private back deck. Main floor master bedroom. All bathrooms updated! Walk-out basement with beautiful wainscoting detail and new carpets. Fenced back yard.</p> <p><b>MLS# 191491</b></p>	 <p><b>\$223,900</b></p> <p>LOOKING TO BUY?? - Fully occupied Duplex. You can live in one unit, rent out the other unit. Spacious living room, large closets, full baths, stainless steel appliances and beautiful custom kitchen cabinets throughout!! Large side yards with sprinkler system. Detached 2 car garage.</p> <p><b>MLS# 172199</b></p>
 <p><b>\$130,000</b></p> <p>PRICED TO SELL! - 3 bedroom, 1 bath ranch home, newer siding, windows, maintenance free deck and metal roof. Open living and dining room have updated flooring, freshly painted. Move-in ready, lots of potential.</p> <p><b>MLS# 191133</b></p>	 <p><b>\$104,900</b></p> <p>GREAT LOCATION! - Townhouse, 2 bedrooms, full bath on upper level, open kitchen, dining area and living room on main level. Includes double garage maintained by HOA. HOA covers the exterior maintenance, insurance, lawn care and snow removal. Great price!</p> <p><b>MLS# 190061</b></p>	 <p><b>\$129,000</b></p> <p>LOVELY HISTORICAL HOME! - Corner lot. Original hardwood floors. High ceilings, beautiful windows, french doors, beautiful staircase, custom woodwork, wood-burning fireplace. Kitchen is chef's dream. Main floor laundry. 3 bedrooms upstairs. Forced air heat. Extra long garage, alley access. Vintage lover's dream!</p> <p><b>MLS #181558</b></p>
 <p><b>Thad Tarasen</b> 240-6737 thad@minothomes.com</p>	 <p>Check our site for weekly dates and times of Open Houses one click printout of weekly open houses</p>	 <p><b>Danielle Delzer</b> 500-3732 danielle@minothomes.com</p>

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**\$189,900**

3 Bedroom, 1 Bath Ranch Style  
One Level, Like New,  
Oversized Double Garage

**701.721.6166**

**\$5000 MILITARY DISCOUNT**

**705 35TH AVE NE, MINOT**

4 bedrooms, 3 bathrooms, 1182 sq. ft. on each level  
Built in 2012, 3 car garage, fenced yard  
Newly remodeled:  
All flooring - laminate, carpet  
Kitchen appliances, quartz countertops  
Bathroom vanities, tops

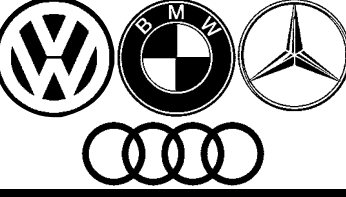


**\$298,900 Call 701-340-7849**

## BASE ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** is now registering for the Fall 2019 term (14 Oct-15 Dec). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to [minot@erau.edu](mailto:minot@erau.edu). To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

**PARK UNIVERSITY MINOT -** Earn your degree on your terms; now enrolling for Fall 1 with classes starting August 19. At Park, we believe everyone who strives to earn a degree should have that opportunity. Earn your CCAF credits, AU-ABC, and/or your Bachelor degree with Park, helping to maximize your prior military experience. Find out how many credits you can get for your military experience by going to [military.park.edu](http://military.park.edu) and confirm your credits or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get for my military experience?" She will even tell you your graduation date. Park University. Minot AFB @ the Education Center (upstairs from the library in room 222). 844-884-8612; [mino@park.edu](mailto:mino@park.edu). Park. You.

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<b>AUTOMOTIVE</b> <b>MBM AUTO SERVICE</b> Minot's Service Specialists <b>PARTS &amp; SERVICE</b> We Specialize In:  <b>1215 Valley St.</b> <b>838-9607</b> Next to Action Wrecking	<b>ACTION AUTO WRECKING</b> <b>Free Parts Locating service</b> 1215 Valley St., Minot Formerly Minot Wrecking  We pay top price for cars & trucks, running or not Selling new, used and rebuilt parts. Phone 852-2470 or Toll Free 1-800-533-5904 • Fax 838-7627	<b>HOBBY SHOP</b> <b>AEROPORT HOBBY SHOP</b> RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues. <b>838-1658</b> 2112 N. Broadway • Minot, ND Ask for Eva • <a href="http://www.airporthobby.com">www.airporthobby.com</a>	<b>HOME LOANS</b>  <b>LENDING NOW</b> PREMIER MORTGAGE CORP. Very Fast, Very Simple and the Very Best Rates Serving all of North Dakota with offices in Bismarck and Minot <b>Mike Lindquist</b> NMLS#: 213449 Cell: 701-578-0478 1408 20th Ave. SW, Suite 3., Minot, ND 58701 <b>APPLY ONLINE at LENDING NOW.com 701-838-3247</b>																																																																																	
<b>QUICK CASH!!</b> Running & Non-Running Cars & Trucks  <b>Edwardson Sales</b> <b>839-9512</b> We also sell cars \$500 - \$1500 Give Us A Call! Will Haul Junk Cars Free Of Charge	<b>STORAGE UNITS</b> <b>NORTHERN PRAIRIE CONDOS &amp; STORAGE, INC.</b> Military Discounts - Best Rates 24 Hour Access 701-720-1093 Convenient North Location for Both Base & Minot Customers	<b>ANSWERS</b> <b>SUDOKU ANSWERS</b> <table border="1"><tbody><tr><td>7</td><td>1</td><td>6</td><td>2</td><td>9</td><td>8</td><td>3</td><td>4</td><td>5</td></tr><tr><td>5</td><td>2</td><td>8</td><td>6</td><td>3</td><td>4</td><td>7</td><td>1</td><td>9</td></tr><tr><td>4</td><td>9</td><td>3</td><td>1</td><td>5</td><td>7</td><td>2</td><td>6</td><td>8</td></tr><tr><td>9</td><td>8</td><td>7</td><td>3</td><td>4</td><td>1</td><td>5</td><td>2</td><td>6</td></tr><tr><td>6</td><td>4</td><td>2</td><td>9</td><td>7</td><td>5</td><td>1</td><td>8</td><td>3</td></tr><tr><td>1</td><td>3</td><td>5</td><td>8</td><td>6</td><td>2</td><td>4</td><td>9</td><td>7</td></tr><tr><td>2</td><td>5</td><td>1</td><td>7</td><td>8</td><td>9</td><td>6</td><td>3</td><td>4</td></tr><tr><td>8</td><td>6</td><td>4</td><td>5</td><td>2</td><td>3</td><td>9</td><td>7</td><td>1</td></tr><tr><td>3</td><td>7</td><td>9</td><td>4</td><td>1</td><td>6</td><td>8</td><td>5</td><td>2</td></tr></tbody></table> Answers to puzzle from page A4	7	1	6	2	9	8	3	4	5	5	2	8	6	3	4	7	1	9	4	9	3	1	5	7	2	6	8	9	8	7	3	4	1	5	2	6	6	4	2	9	7	5	1	8	3	1	3	5	8	6	2	4	9	7	2	5	1	7	8	9	6	3	4	8	6	4	5	2	3	9	7	1	3	7	9	4	1	6	8	5	2	<b>ACCOUNTANT</b> <b>BradyMartz</b> Make Every Day Count CERTIFIED PUBLIC ACCOUNTANTS 24 W. Central, Minot • 852-0196 <a href="http://www.bradmartz.com">www.bradmartz.com</a>
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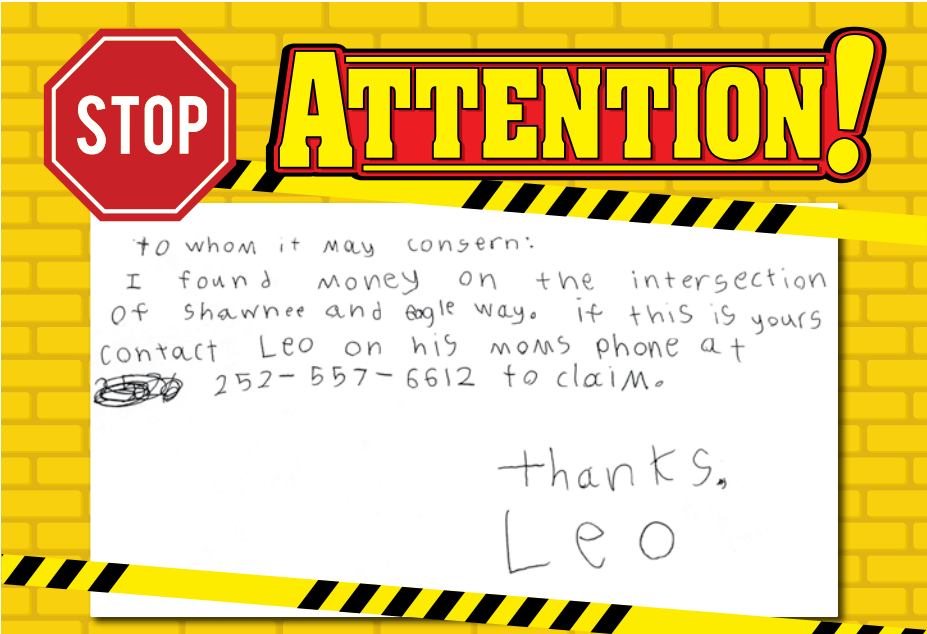






The 91st OSS poses for a photo at Minot Air Force Base, North Dakota, Sept. 12, 2019

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSE JENNY



# WHAT'S GOING ON MAFB

TODAY

- Last Day to Register for Play the Course Backwards at Rough Rider Golf Course
- Couch to 5K, 0600, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Bomber Bistro)
- Wine & Paint Class, 1800-2000, Arts & Crafts
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Late Night Members ½ Price Appetizers, 2100-2300, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

TUESDAY

- Run 4 Fitness, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- Fit to Fight, 1700, Fitness Center
- Zumba, 1800, Fitness Center
- Swerk, 1900, Fitness Center

THURSDAY

- Last Day to Register for Squadron Extramural Bowling at Rough Rider Lanes
- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Barre, 0915, Fitness Center
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Trivia Registration, 1600-1845, Ground Zero Lounge in the Jimmy Doolittle Center
- Fit to Fight, 1700, Fitness Center
- Olympic Weightlifting, 1730, Fitness Center
- Thursday Night NFL Football, 1900, Rockers Bar & Grill
- Trivia Night, 1900-2100, Ground Zero Lounge in the Jimmy Doolittle Center

WEDNESDAY

- Last Day to Register for GoRuck Team Cohesion Challenge at Fitness Center
- Circuit Training, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Right Start, 0730, Held at the Jimmy Doolittle Center and hosted by the A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Cycle, 1700, Fitness Center
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

SATURDAY

- Play the Course Backwards 2 Person Scramble, 1000, Rough Rider Golf Course
- Barre, 1000, Fitness Center
- Air Force Ball – Kids Night Out, 1800-2200, Child Development Center & Youth Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

SUNDAY

- NFL Sunday Ticket Football, 1130-1800, Rockers Bar & Grill

MONDAY

- Tactical Fit Express, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Newbery Book Club, 1545, Base Library
- Cycle, 1700, Fitness Center

UPCOMING EVENTS:

27 Sept

- Couch to 5K, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- GoRuck Team Cohesion Challenge, 0800-1500, Fitness Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- Keystone Meeting, 1800-1900, Youth Center
- Free Salsa Dance Lessons, 1900, Ground Zero Lounge in the Jimmy Doolittle Center
- Salsa Dance Social, 2000-2300, Ground Zero Lounge in the Jimmy Doolittle Center
- Teen #WEOWNFRIDAY, 2000-2200, Youth Center
- Youth Programs Members Only Lock-In, 2100-0600, Youth Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Late Night Members ½ Price Appetizers, 2100-2300, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

28 Sept

- Cycle, 0900, Fitness Center
- Picture Framing Class, 1000, Arts & Crafts
- Swerk, 1000, Fitness Center
- Ladies Night Out - Bunco, 1600, Ground Zero Lounge in the Jimmy Doolittle Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

## Bomber Bistro

### September Special

Wednesday Lunch Special: Doner Kebab

A tasty combination of shaved chicken breast, beef tenderloin, or lamb (weekly choice of meat dependent on availability), mixed cabbage & lettuce, onion, and tzatziki sauce combined with your choice of tortilla! Ask for it spicy! Try it on Wednesday during lunch while supplies last for \$9.25 — includes a drink!

## The B-Fifty Brew

### September Special

Chicken Salad

Enjoy this delicious combination of diced chicken, cranberries, grapes, pecans, & mayonnaise alone or on a croissant or potato bun for only \$4!

## Auto Hobby

### September Special

September 17-28: Stall Use Special

Purchase your oil and oil filter from Auto Hobby and get 1 hour of stall use free!