

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 57 • ISSUE 44 | MINOT AIR FORCE BASE | FRIDAY, NOVEMBER 1, 2019

## WHATS INSIDE THIS WEEK:



BUSINESS WORKSHOP FOR VETERANS & SPOUSES

A3

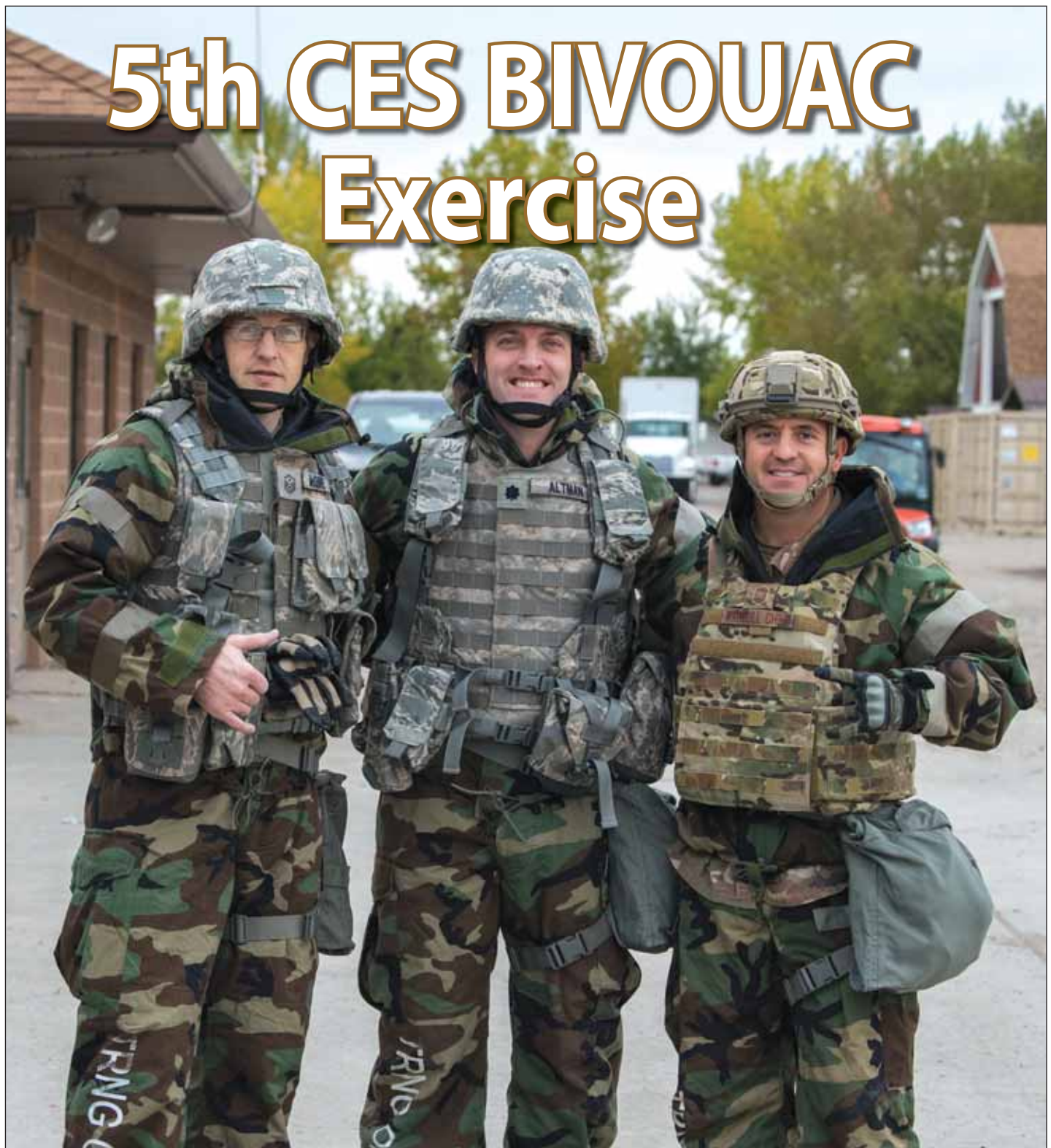


ALS CLASS 19-G GRADUATION

B3



B8



Airmen from the 5th Civil Engineer Squadron conducted a BIVOUAC exercise in Fargo, North Dakota on October 2, 2019. The exercise was held at the regional training site on the 119th Air National Guard base in Fargo, North Dakota. *More photos on page B8, and Minot AFB PA Flickr page.*

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JOSH W. STRICKLAND

Over 250 Exhibitors!

**THE BIG ONE**  
ART & CRAFT FAIR

# THE BIG ONE

## Art & Craft Fair

44th Annual Minot Christmas Show

Friday, November 1, 2019  
10am - 8pm

Saturday, November 2, 2019  
9am - 5pm

ND State Fair Center  
2005 Burdick Expressway East,  
Minot ND 58701

Admission: \$3.00

## ONLY THE BEST COME NORTH!



WWW.MINOT.AF.MIL

Like "MINOT AIR FORCE BASE"

CONTACT MINOT AFB PUBLIC AFFAIRS:

(701) 723-6212

V35BW.PA@US.AF.MIL



## Minot AFB



## Videos

# Follow These Stress Relief Tips

MILITARY ONE SOURCE

Some stress in your life is healthy. It can motivate you to change behavior and develop skills, especially in military life. However, constant stress is not good for you and can cause health issues and performance problems. Here are some tips for recognizing and managing stress.

Learn to recognize when you feel stress

Stress can cause a variety of different symptoms. Some people experience back pain and tense muscles, headaches, nausea or stomach pain, trouble sleeping and fatigue. Less-obvious symptoms include:

- Irritability
- Anxiety or panic attacks
- Difficulty making decisions
- Trouble concentrating
- Apathy
- Feelings of being out of control
- Changes in behavior – low energy or loss of libido
- Learn how to manage stress

The good news is that once you recognize the signs of stress, you are well on your way to managing it. Try this simple Chill Drill designed by a therapist specializing in working with service members and their families to help reverse the symptoms of stress. You can also use these stress-management techniques to help minimize your symptoms:

Focus on the things you can control. When you feel stressed out by a situation, think about what you CAN control. Give

yourself some action steps. If your actions will have no impact on the situation, then learn to accept it for what it is.

Exercise. Commit to a regular workout. Run. Lift. Swim.

Make time for your favorite activity. Treat yourself to some “me” time. Continue doing those activities that give you pleasure. Try to fit leisure activities and hobbies into your day.

Simplify your life. Do whatever you can to simplify your life. Say no to social commitments you don’t enjoy and limit your time on email and social networking sites.

Laugh often. Look for the humor in everyday life. Rent your favorite comedy or laugh with a friend. You can take your military duty seriously without taking yourself seriously.

Breathe deeply. By taking long, slow breaths, you increase your oxygen and calm yourself down. Even a few deep breaths can relax tension throughout your body.

Stay in the present. Try to be aware of what is happening in the present moment and focus your attention on what you are doing in any given moment. When your thoughts turn to the past and the future, gently try to bring them back to the here and now.

Learn how to relax. Try some visualization exercises, such as picturing yourself in a relaxed or happy setting like the beach. Go for a walk. Listen to music. Read a book.

Get organized. Too much clutter can add to feeling things are out of control. Do your best to get rid of it. File old paperwork. Clean out your closet. Donate your excess belongings to a second-hand clothing store.

Find and give support. Reach out to others in similar situations or in your community. Your community can be your installation, neighborhood, religious community, co-workers or just a community of close

friends.

Seek out confidential counseling. Talking with someone can sometimes help problems seem smaller and more manageable. Free and confidential non-medical counseling is available through Military OneSource. Call 800-342-9647 at any time.

If you need immediate help or are experiencing a crisis, contact the Military Crisis Line at 800-273-8255 and Press 1.



**MINOT GUN SHOW**  
 ND STATE FAIR CENTER  
 NOV. 30 & DEC. 1, 2019  
 SHOW HOURS: SAT. 9 a.m. - 5 p.m.  
 Sun. 9 a.m. - 3 p.m.  
**PUBLIC IS INVITED!**  
 Public Admission - \$5.00 Each Day  
 CHILDREN UNDER 12 FREE WITH PARENT  
 FOOD ON PREMISES  
**DEALER SET UP - Fri. 1 p.m. - 9 p.m.**  
**BUY - SELL - SWAP - TRADE**  
ALL FEDERAL, STATE AND LOCAL GUN LAWS TO BE OBEYED  
 Not Responsible for Theft or Accidents

**Break Forth BIBLE CHURCH**  
*New!*  
 7:00pm Service  
 Thursday Evenings  
 at the  
**GRAND HOTEL**  
*Welcoming*  
**MAFB**  
*Servicemen and Women!*  
 breakforthbiblechurch.com

**WE DO**  
**Holiday Parties**  
**BOOK NOW!**  
 MAKE YOUR HOLIDAY PARTY SPECIAL AT "THE BOWL"  
 GOOD DATES STILL AVAILABLE.  
 PARTY PACKAGES AVAILABLE FOR ALL SIZE GROUPS.  
 CALL FOR MORE DETAILS.  
 1901 NORTH BROADWAY MINOT, ND  
 NORTHHILLBOWL.COM  
 FOR RESERVATIONS PLEASE CALL **852-4108**

**car tiva**  
 701-857-9210  
 3520 S. Broadway • Minot, ND 58701  
 www.CartivaOfMinot.com  
**CAR OF THE WEEK**  
 2019 MITSUBISHI ECLIPSE CROSS ES 4WD  
**\$18,495** STOCK# 56515X

**WINTER WONDERLAND**  
 \$200 GRAND PRIZE  
 NOVEMBER 8TH - 9TH  
**DOWNTOWN MINOT**

<b>Gourmet Chef</b> Cooking demos all day Friday. \$1 knife sharpening on Saturday 11-2 PM.	<b>Oliver's Attic</b> 20% off clothing. Snowflake guessing game to win \$25 or \$50 gift certificate.
<b>Grow With Me</b> 15% off sale. Pics w/Mickey Mouse 1-2 PM Saturday	<b>Gideon's Trumpet</b> 20% off gifts and ornaments. Engraved ornaments buy 2 get 1 free.
<b>Mainstream Boutique</b> Cider & Treats. Free semi-precious gemstone beaded bracelet w/purchase.	<b>Main Street Books</b> 15% off toys. Christmas craft Friday 3 PM. Storytime 11 am Saturday w/cupcake decorating.
<b>Michele F</b> Hot Cider & Swarovski sale.	<b>Inspired Interiors</b> Hot cocoa. 20% off any purchase.

**Support your local, women-owned businesses Downtown!**

<b>Gourmet Chef</b> 122 South Main St. 701.839.8928	<b>main street BOOKS</b> 8 South Main St. 701.839.4050 <small>"Best Toys in Town"</small>	<b>GROUP WORKS</b> 106 South Main St. 701.839.0366
<b>Gideon's TRUMPET</b> 123 South Main St. 701.837.1880	<b>Mainstream Boutique</b> 2 South Main St. 701.837.7711	<b>Oliver's Attic</b> 205 South Main St. 701.852.3680
<b>Michele F</b> 22 South Main St. 701.858.0550	<b>Inspired INTERIORS</b> 119 South Main St. 701.838.3636	

# No Cost Workshop Planned for Veterans & Spouses Interested in Starting a Business

U.S. SMALL BUSINESS ADMINISTRATION

FARGO, ND – Military veterans have the right combination of skills, character and discipline to succeed as small business owners and entrepreneurs. Wondering what it takes and how you can prepare? Enroll in the upcoming “Boots to Business: Reboot” workshop being offered from 8:30 a.m. to 4:30 p.m. (MST)

Thursday, November 7, 2019 at the Stark County Veterans Pavilion in Dickinson, ND.

This no-cost program is open to Veterans of all eras, service members (including National Guard and Reserves) and their spouses. “Boots to Business: Reboot” will give participants an overview of business ownership,

practical steps they can take to begin launching a viable business, and an introduction to available public and private sector resources available to help access start-up capital and additional technical assistance. Upon completion of this workshop, participants will be eligible to take additional, in-depth courses online.

Register at <https://sbavets.force.com> or contact Hetti Cekalla at the Small Business Administration at 701-250-4303 for more information.



## Ongoing Investigation of MAFB Airmen

MINOT AFB PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

We are investigating reports of suspected illegal drugs at an above-ground facility of a Minot

Air Force Base, North Dakota, Missile Alert Facility. There is no indication that any illegal substances were found below ground near any missile operator.

We take this matter seriously and will investigate this fully. No further information will be provided until the investigation concludes.

### CONTACTUS

Ted Bolton

Publisher | Advertising  
bagroup@srt.com

Rod Wilson

Business Development | Marketing  
sentrysales@srt.com

Nikki Greening

Creative Services  
nsads@srt.com or  
nsgraphics@srt.com

### MINOT AIR FORCE BASE

PUBLIC AFFAIRS

Chief of Public Affairs

Maj. Natassia Cherne

Public Affairs Officer

1st Lt. Victoria Palandech

2nd Lt. Gabriel Cushing

Superintendent

Master Sgt. Jeremy Larlee

Civic Outreach

Staff Sgt. Steven Adkins

Staff Photojournalists

Technical Sgt. Crystal Cherriere

Staff Sgt. Benjamin Smith

Staff Sgt. Michael Kantack

Senior Airman Jonathan McElderry

Senior Airman Ashley Boster

Senior Airman Alyssa Akers

Senior Airman Dillon Audit

Airman 1st Class Josh Strickland

Airman 1st Class Caleb Kimmel

Airman 1st Class Jesse Jenny

Airman Jan Valle

### COMMANDERS

5th Bomb Wing Commander:

Col. Bradley Cochran

5th Bomb Wing Vice Commander:

Col. Brian D. Vlaun

91st Missile Wing Commander:

Col. Glenn Harris

91st Missile Wing Vice Commander:

Col. Barry E. Little

### NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

### MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

### MAIL & FAX

315 South Main Street, Suite 202  
Minot, ND 58701 | 701.839.1867

### VIEW ONLINE

[www.northernsentry.com](http://www.northernsentry.com)  
[www.minot.af.mil](http://www.minot.af.mil)

### FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil). The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

**MINOT FLEA MARKET**  
**NOVEMBER 9&10**  
ANTIQUES, COINS, BOOKS, JEWELRY, TOOLS, BAKED GOODS, & MORE  
STATE FAIRGROUNDS - MINOT  
SAT 8AM - 4PM - SUN 10AM - 3PM  
A PLACE TO SHOP - A PLACE TO SELL  
SELLERS, CALL TODAY! 701-340-7930

At Great Clips we're good at  
**MILITARY STYLE HAIRCUTS**  
...well we are just plain good at all haircuts!  
Military Discount ~ On Line Check In  
Open at 8 AM Monday - Saturday, Noon on Sunday.  
**Great Clips**  
3226 16th Street SW, Suite 200 (701) 858-1811  
**GREATCLIPS.COM**

AMERICA'S BAND  
**The Beach Boys**  
NOVEMBER 16 | 7 PM  
LIVE AT 4 BEARS EVENT CENTER

VIP PACKAGES AVAILABLE AT [THEBEACHBOYS.COM](http://THEBEACHBOYS.COM) & [MIKELOVE.COM](http://MIKELOVE.COM)

4 BEARS  
**VIKINGS TICKET GIVEAWAY**

WINNERS RECEIVE:  
• Two lower level tickets  
• Round-trip airfare  
• Hotel accommodations  
• \$500 spending cash

Registration time 8 AM-7:30 PM  
Drawing from 8 PM-10 PM  
Each qualifier receives 50 slot play

Make plans to stay today!

\$59.99/night Sunday - Thursday  
\$79.99/night Friday - Saturday

Reserve by calling: (800) 294-5454  
Valid now through April 1, 2020.

RELAX AND ENJOY JURASSIC JAMZ ON OCTOBER 31 & NOVEMBER 1 AT POCKET ACES LOUNGE

OUR SLOTS  
**PAY LOTS**  
1,893 hand pays totaling \$4,068,627 August 1 - 31

800.294.5454  
NOW OPEN 24 HOURS!  
4 BEARS CASINO & LODGE  
4 MILES WEST OF NEW TOWN

VISIT [4BEARSCASINO.COM](http://4BEARSCASINO.COM) FOR DETAILS AND CHECK US OUT ON SOCIAL MEDIA.

When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.

**BADLANDS RESTAURANT BAR**

**WE'LL BUY YOU DINNER!**

Look for the Lucky Ticket Inside Your Paper

Follow the Instructions on the Back of the Ticket

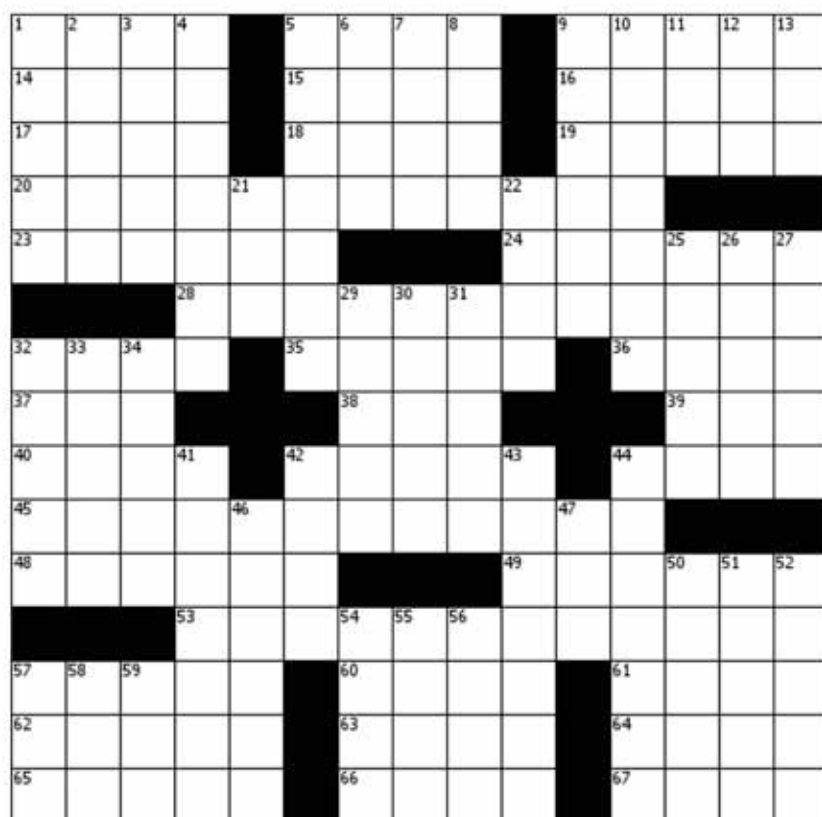
2 Winners Every Week!

\$25.00 Gift Certificate From Badlands Restaurant & Bar

# CROSSWORD PUZZLE

**Across**

- 1. Musical phrase mark
- 5. "\_\_\_ got a ticket to ride"
- 9. Noted fur trader
- 14. Sound quality
- 15. Like a sourball
- 16. Porter's beer
- 17. Opera about an Ethiopian slave girl
- 18. Inter \_\_\_ (among others)
- 19. "King Kong" star
- 20. "Before the Next Teardrop Falls" singer
- 23. Units of length, in physics
- 24. Apportions
- 28. Under favorable circumstances
- 32. Swap words
- 35. Oddsmaker's last words?
- 36. Quiz choice, perhaps
- 37. Biker's mount
- 38. Not just any
- 39. Oceanic eagle
- 40. Untold centuries
- 42. Property encumbrances
- 44. \_\_\_ buco (Italian dish)
- 45. Negotiate
- 48. Blew a gasket
- 49. The Entertainer
- 53. Calf-length slacks
- 57. Avoid cancellation
- 60. Not virtual
- 61. What you can take from me?
- 62. Sports center
- 63. "Young Frankenstein" character
- 64. 15th-century maritime name



- 65. Trivial
- 66. No layabout
- 67. Faculty boss

**Down**

- 1. Supply with workers
- 2. Valley of the chateaux
- 3. Word with wear or stand
- 4. Allow in again
- 5. Diligently pursues or resides

- 6. Football game segment
- 7. Weird-sounding lake
- 8. First name in slapstick comedy
- 9. Too
- 10. Like a moonless sky
- 11. Nursery moppet
- 12. Caught stealing
- 13. AAA offerings
- 21. Confused noise
- 22. Miami-\_\_\_ (Florida county)

- 25. Frightful giants
- 26. Calendar col. heading
- 27. Shorthand pro
- 29. Successfully crashed the gate
- 30. Was audibly impressed
- 31. Without a break
- 32. Masticates
- 33. Fracas
- 34. One of Nixon's vices?
- 41. Biblical reptile
- 42. Cheryl or Alan

- 43. Worldly, not spiritual
- 44. Veteran
- 46. Elbowroom
- 47. D.D.E. beat him twice
- 50. Rally to even the score again
- 51. One of a Chekhov trio
- 52. Poli-sci buff's cable station
- 54. Sun-daked
- 55. He "jaws" at night
- 56. Doctor's interruption
- 57. Grammy category
- 58. Prior to, to Prior
- 59. Place to surf without a board

## SUDOKU Solution to puzzle on page B7

1		2		3				4	
	5			6					
7				1	8			3	
9		1			7				
6	8	4					2	7	3
			3				9		1
	9		1	7					8
				5				2	
3				4		6			7

Solution to last week's Crossword puzzle.

T	H	E	B	A	B	E		W	B	Y	E	A	T	S
R	E	G	A	L	E	D		H	E	E	L	T	A	P
U	N	G	R	E	E	K		A	D	A	Y	A	G	O
S	D	S		S	P	O	T	T	E	R		T	S	O
T	R	A	M		S	C	R	E	W		G	I	A	N
M	I	C	A	H		H	E	L		R	I	L	L	E
E	X	S	T	A	R		A	S	S	E	N	T	E	D
				I	W	O	N	D	E	R	I	F		
T	H	A	N	K	Y	O	U		S	N	I	V	E	L
W	A	L	E	S		C	P	U		E	Z	I	N	E
O	D	I	E		G	H	O	S	T		Z	O	L	A
F	A	B		L	O	A	N	E	R	S		L	A	N
E	N	A	M	O	R	S		R	A	T	R	A	C	E
R	I	B	C	A	G	E		I	D	E	A	T	E	S
S	P	A	M	M	E	R		D	E	N	S	E	S	T

## REEL TIME THEATER MOVIE SCHEDULE



### TERMINATOR: DARK FATE (RATING N/A)

FRIDAY, NOV 1 • 1800  
 SATURDAY, NOV 2 • 1300  
 SUNDAY, NOV 3 • 1500

“ Sarah Connor and a hybrid cyborg human must protect a young girl from a newly modified liquid Terminator from the future. ”





# Dump and Bake Meatball Casserole



Recipe courtesy of: www.theseasonedmom.com/dump-and-bake-meatball-casserole/

### INGREDIENTS:

- 1 (16 ounce) package uncooked rotini pasta
- 1 (25 ounce) jar marinara sauce
- 3 cups water
- 1 (14 ounce) package fully-cooked miniature (cocktail-size) meatballs (if using frozen meatballs, make sure that they are completely thawed before using)
- 2 cups shredded mozzarella (or Italian blend cheese)
- Optional: Parmesan cheese and fresh chopped herbs (such as basil, oregano, and parsley for garnish)

### INSTRUCTIONS:

- Preheat oven to 425 degrees F.
- In a large baking dish (about 9 x 13), stir together uncooked pasta, marinara sauce, water, and meatballs. Cover tightly with aluminum foil and bake for 35 minutes.
- Uncover; stir. At this point you should check the pasta to make sure that it is al dente (firm but just about finished cooking). If it's still too hard, cover the dish and return to the oven until pasta is al dente. Then move on to the next step.
- Sprinkle mozzarella over the top and bake uncovered for 5-10 more minutes (or until cheese is melted and pasta is tender).



## Upcoming Events

**2 NOV** INTERNATIONAL GAMES DAY  
10:00 AM - 12:00 PM  
Location: Minot AFB Library, Minot Air Force Base

Celebrate International Games Day with:

- Giant-sized games including Chutes and Ladders, Yahtzee, and Scrabble
- One of the nearly 200 games in the library collection
- Your own games you can bring in

This is a free event and open to all ages! For more information, call 723-3344 or visit the Minot Air Force Base Library website at [https://acc.ent.sirsi.net/client/en\\_US/minot](https://acc.ent.sirsi.net/client/en_US/minot)



For more information:  
Facebook event/ Minot Air Force Base Library

**3 NOV** ST. JOHN THE APOSTLE CATHOLIC CHURCH ANNUAL FALL DINNER & SILENT AUCTION  
11:00 AM - 4:00 PM  
Location: St. John the Apostle Catholic Church 2600 Central Ave West, Minot

St. John the Apostle Catholic Church will be hosting their Annual Fall Dinner and Silent Auction on Sunday November 3rd, 2019 from 11am-4pm in the Parish Hall. The Dinner Menu will include: Roast Beef; Mashed Potatoes and Gravy; Corn; Cole Slaw; Rolls and Butter; Special Pumpkin Dessert; Coffee and Milk (Gluten Free options are available upon request). Take out dinners are also available. \$10 for Adults and \$5 for Children.



For more information:  
Facebook event/ St. John the Apostle Catholic Church

**3 NOV** TINKERGARTEN LANTERN WALK  
5:00 PM - 6:00 PM  
Location: Oak Park 1300 4th Ave NW, Minot

Join us for the 7th annual Tinkergarten Lantern Walk! This FREE event is a magical way to help little ones see the beauty in the darkness that comes with the end of Daylight Saving Time. We will gather before dusk to sing traditional songs, light lanterns, and enjoy an evening walk. Register for this free event today! <https://tinkergarten.com/lanternwalk>



For more information:  
Facebook event/ Tinkergarten- Minot

**5 NOV** THE MARKET ON 4TH HOSTS A VINTAGE HOLIDAY  
4:00 PM - 8:00 PM  
Location: The Market on 4th 1900 4th Ave NW, Minot

It's time for our 4th Annual A Vintage Holiday! Join us on Tuesday, November 5th from 4pm to 8pm at our store! This night will be filled with lots of shopping, additional vendors in our basement, food and everything CHRISTMAS! This will be our first opening with all of our new Christmas items. Mark your calendars and invite your friends we'll see you at our A Vintage Holiday!



For more information:  
Facebook event/ The Market on 4th

**7 NOV** 2ND ANNUAL BAGS & BUILDERS 40 ABOVE VS 40 BELOW CORNHOLE TOURNAMENT  
5:30 PM - 8:00 PM  
Location: Main Greenhouse at Lowe's Garden Center and Floral 1640 4th Ave NE, Minot

We're inviting the young and seasoned to play in the tournament! Tickets are \$50 per 2-person team for MAB members and \$60 for non-members. Price includes playing in the corn hole tournament, a couple drinks, and appetizers from Bones BBQ. Non-player tickets are also available for \$10 if you would just like to join us to eat! Head over to [www.minotab.com/bags](http://www.minotab.com/bags) or call 701-852-0496 to register your team. Presented by First International Bank & Trust.



For more information:  
Facebook event/ Minot Association of Builders

**8 NOV** SPAY-GHETTI AND NO BALLS FUNDRAISER DINNER  
6:00 PM - 10:00 PM  
Location: Grand Hotel, 1505 N Broadway, Minot

The Souris Valley Animal Shelter and For Belle's Sake Rescue have teamed up to combat the overpopulation of animals in Minot and surrounding areas. We hope you join us in our first ever collaboration-- Spay-Ghetti and No Balls. The dinner will include all-you-can-eat spaghetti, meatballs, salad, breadsticks, and fresh parmesan cheese. Italian cream sodas will be on sale for children and European beer or wine flights will be available for adults. There will be a silent auction and a meatball eating contest to keep the energy up! Please join us by purchasing a ticket at <https://www.eventbrite.com>



For more information:  
Facebook event/ Souris Valley Animal Shelter

  
**Kim Albert Agency**  
701-852-1460  
2825 S. Broadway, Suite 2  
[abby.martinson@allstate.com](mailto:abby.martinson@allstate.com)

  
You're in good hands.  
© 2019 Allstate Insurance Co.

*Prairie Winds*  
BAND INSTRUMENT REPAIR, LLC

2015 6th St SE  
Minot, ND 58701  
701-852-7909  
1-877-349-4676

Sales and Repair of Brass, Woodwind, Percussion, and Strings

**CPM**  
creative property management Inc.

**MOVE-IN READY UNITS!**  
STUDIO AND 1 BEDROOM APARTMENTS  
STARTING AS LOW AS \$325 A MONTH!  
SCHEDULE YOUR SHOWING TODAY!

 **701-852-5028**  
WWW.CREATIVEMINOT.COM

**HALF PRICE BOTTLES OF WINE**

MONDAY NIGHTS

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335

# "From Russia with Love" Saturday, November 14, 2019

MINOT SYMPHONY ORCHESTRA

MINOT, ND, October 28, 2019 – The Minot Symphony Orchestra presents "From Russia with Love" on Nov. 16 at 7:30 pm in Ann Nicole Nelson Hall - MSU.

Explore three of the most well-known pieces in the Russian repertoire including Festival Overture by Shostakovich, Symphonic Dances by Rachmaninoff and Tchaikovsky's Piano Concerto No. 1 featuring Ukrainian-American pianist and Steinway Artist Marina Lomazov.

"For our second concert I have planned an old Russian program. I'm thrilled to have virtuoso pianist and my good friend Marina Lomazov joining us performing probably one of the best-known warhorses of the Russian Piano repertoire, Tchaikovsky Piano Concerto No. 1" said music director Efraim Amaya.

Ms. Lomazov is a Professor of Piano at the Eastman School of Music She has served as a jury member for the Cleveland International Piano

Competition (Young Artists), Hilton Head International Piano Competition, Eastman International Piano Competition, Minnesota International Piano e-Competition, National federation Biennial young Artist Auditions and is currently serving as a chair for National Classical Music Panel for YoungArts, the only organization in the US that nominates US Presidential Scholars in the Arts. For 17 years, she served on the faculty of the University of Southern Carolina School of Music, where she held the chair of Ira McKissick Koger Professor of Fine Arts Music and currently holds a Guest Artist Residency. Together with her husband and piano duo partner Joseph Rackers, she co-founded and serves as Co-Artistic Director of the Southeastern Piano Festival in Columbia, SC. Lomazov has established herself as one of the most passionate and charismatic performers on the concert scene today.

"Yes, Marina Lomazov certainly

did play Tchaikovsky's Piano Concerto No. 1 in B minor, but she did so much more. She breathed life and passion into the music's very existence, digging deep into the marrow of its musical bones...She practically set the piano afire in the Allegro con fuoco of the third movement. She played with high drama and strength that threatened to overpower the entire orchestra. Mix astonishing technique with perfect accuracy and impeccably satisfying musicality. That's the way Marina plays Tchaikovsky."

– Greg Barnes, The Free Times (November 17, 2014)

A pre-concert talk which is perfect for newcomers, experienced listeners, and anyone in between are presented 1 hour prior to the concert and is free with your concert ticket (excluding Holiday Magic). The talks will provide an engaging overview of the works being performed, talk about the story behind the music, the composer and historical context.

The symphony will partner with The Spot for beer and wine beverage service for patrons age 21 and over before the concert as well as during intermission. Funds raised will be used to support future symphony programming.

As a community service project, winter gloves and socks will be collected and donated to the Minot Area Men's Winter Refuge at the concert. The refuge provides year-round service and shelter from Nov. 1 to April 30.

The symphony's upcoming performances include "Holiday Magic" December 14, featuring MSU's Emerson Eads and area choirs, "The Remarkable Farkle McBride" family concert - February 8 at 3pm, "Fun and Games" - March 8, and "The Titan" season finale on April 25 featuring the Heartland Marimba Quartet.

Season tickets are available and include a reserved seat and admission to all regular season performances. Season ticket

prices for adults are \$155 for balcony or \$130 for main floor. Senior and student discounts are available. The symphony also offers a Flex Pass which includes 6 unreserved concert tickets for the price of 5. The Flex Pass can be used for multiple tickets to the same performance or spread out between performances. Individual main floor tickets are \$25 or \$30 for balcony with senior and student discounts available. Tickets are available at [www.minotsymphony.com](http://www.minotsymphony.com) or through the box office at 701-858-4228.

The Minot Symphony Orchestra is a unique blend of student, community, and professional musicians from the Minot area. The symphony is directed by Maestro Efraim Amaya, assistant professor of music at Minot State University.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

**NODAK ARMS**  
**INDOOR INTERACTIVE SHOOTING RANGE**  
 Range Time **HAPPY HOUR: 10 AM - 2 PM Mon.-Thurs.**  
 \$7.50 per 50 Rounds **6 PM - 10 PM Fri. & Sat.**  
 Book Range Time: [www.nodakarms.com/bookings](http://www.nodakarms.com/bookings) \*Guns Supplied Free if Needed

**join our team**  
**Great Clips IS HIRING!!!**  
 WORK IN A *Fun & Lively* SALON WITH GREAT STYLISTS!  
**WE OFFER:**  
 • MEDICAL & DENTAL BENEFITS  
 • PAID TRAINING  
 • PAID HOLIDAYS & VACATION  
 • 401K EMPLOYER MATCHED  
**\$1,500 SIGN ON BONUS!**  
 CALL DENNIS @ **406-670-1506**  
 OR APPLY ONLINE @ **GREATCLIPS.COM**

**CPM**  
 creative property management Inc.  
**BEAUTIFUL CONDOS & TOWNHOUSES FOR RENT**  
**2 AND 3 BEDROOMS AVAILABLE WITH ATTACHED HEATED GARAGE**  
 GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE  
**STARTING AS LOW AS \$895 A MONTH!**  
**SCHEDULE YOUR SHOWING TODAY!**  
**701-852-5028**  
**WWW.CREATIVEMINOT.COM**



## SECURITY MADE SIMPLE.

**HOME SECURITY**  
**Now as low as \$29.99/mo!**

Life is complicated, let SRT make your safety simple!

**Don't DIY. Let SRT!**

- Professional Installation
- Worry Free Maintenance
- 24/7 Monitoring

**FOR A LIMITED TIME**  
**Get a Smart Security System for just \$29.99/mo!**

[SRT.COM/SECURITY](http://SRT.COM/SECURITY) / f t



Promotional price valid through 12/31/2019 and requires \$149 installation fee. 24 month agreement required. Additional package options available.

# Minot State Veterans Center announces Veterans Week Community Fair, Veterans Day presentation



MINOT, N.D. – The Minot State University Veterans Center will commemorate Veterans Day during the week of Nov. 4, culminating with a presentation on Friday, Nov. 8.

“We are proud to announce our Veterans Week Community Fair lineup for Minot State University’s 2019 Veterans Week, with the intention of recognizing all living military personnel who served honorable in the U.S. Armed Forces and extending a special thanks to those who served the United States during a conflict,” Andy Heitkamp, Minot State Veterans Center director, said.

The community fair will take place from 11 a.m. to 1 p.m. on the second floor of the Student Center with different service providers available each day of the week.

On Monday, Nov. 4, the North Dakota National Guard, Vet Center, United States Army, North Dakota Departments of Veterans Affairs (NDDVA) Family Assistance, Independence, Inc., and a military outreach specialist will be at the fair, while on Tuesday, Nov. 5, the American Legion Auxiliary, American Veterans (AMVETS), Community Options, Inc., and a Minot Air Force Base community support coordinator will be available. Wednesday, Nov. 6 features the American

Legion, Minot Area Homeless Coalition, Department of Veterans Affairs (VA) Supportive Services for Veteran Families, and representatives from HUD-VASH, a collaborative program between the U.S. Department of Housing and Urban Development (HUD) and the VA that combines HUD housing vouchers with VA support services. The fair continues Thursday, Nov. 7 with the North Dakota Job Service, Ward County Veterans Services, and Center for Rural Health/Traumatic Brain Injury before concluding on Friday, Nov. 8 with Disabled American Veterans and Team Red White and Blue.

Friday will also feature a brief Veterans Day program led by Heitkamp at 11:30 a.m. in the Westlie Room, located on the third floor of the Student Center. This event is free and open to the public.

“The reason we celebrate Veterans Day on campus prior to the actual date, Nov. 11, is because it is a Federal Holiday and campus is closed,” Heitkamp said.

Veterans Day, formerly known as Armistice Day, originally began as a holiday to honor the end of combat during World War I on Nov. 11, 1918. Following World War II and the Korean War, the 1954 U.S. Congress changed Armistice Day to Veterans Day to honor American veterans of all wars.

For more information about the Veterans Week Community Fair, Veterans Day presentation including free parking passes, or the Minot State Veterans Center, contact Heitkamp at andy.heitkamp@MinotStateU.edu or 701-858-4002.

**ACCESS**  
Roll Up Cover  
**ROLL-UP PICK UP COVERS**  
• SRT - 2 ELECTRIC • SPOOL ROLL TARP • TRUCK TARPS  
Manufactured by AGR-COVER  
DISTRIBUTED BY  
**NELSON RIPPLINGER SALES**  
ASK ABOUT MILITARY DISCOUNT OWNED BY VETS  
NEW & USED COVERS ON HAND  
JIM OR BONNIE 838-2515 • CELL 721-1251

**TILMAN JONES MASSAGE**  
701-240-9501  
MASSAGE THAT WORKS FOR YOU  
15, 1ST AVE SE, SUITE 101B  
MINOT, ND 58701  
BY APPOINTMENT

**North Hill BOWL X-TREME BOWLING**  
FRIDAY & SATURDAY  
**OPEN BOWLING DAY & NIGHT EVERYDAY!**  
X-TREME BOWLING HOURS:  
FRIDAY & SATURDAY  
9:15 PM 6:00 PM  
CELEBRATE WITH US!  
**WE DO BIRTHDAY PARTIES FOR ALL AGES!**  
1901 NORTH BROADWAY, MINOT, ND  
852-4108  
WWW.NORTHHILLBOWL.COM

Be Part of Our  
**Birthday Club**  
Simply send us your loved ones photo and birthday message by visiting  
**www.northern Sentry.com**  
For every child entered, they have a chance to win a Party Package from High Air Ground Trampoline Park.  
SEPTMBER 2  
**SARA**  
Happy 10th Birthday to the Best Daughter Ever! We love you! Mom & Dad  
northern Sentry  
**High Air Ground**  
TRAMPOLINE PARK

## Welcome Dr. Brewley Orthopedics



Earl Brewley, Jr., MD

Earl Brewley, Jr., MD, is a board-eligible, fellowship-trained orthopedic surgeon who specializes in complex diseases of the upper extremity.

### Advanced Care for Shoulders and Elbows

Dr. Brewley’s expertise includes advanced shoulder and elbow arthroscopy as well as primary and revision joint replacement surgery of the upper limbs. A graduate of Howard University College of Medicine, he completed his orthopedic residency at Albany Medical Center, where he served as chief resident. He completed a highly coveted shoulder and elbow fellowship with Drs. Mark Frankle and Mark Mighell at the Florida Orthopaedic Institute, where he performed over 150 shoulder replacements and over 100 arthroscopic shoulder procedures. Upon graduation, he acquired additional training in Japan to learn additional arthroscopic techniques, including superior capsular reconstruction for irreparable rotator cuff tears. He’s a fellow member of the American Shoulder and Elbow Surgeons and an editorial reviewer for the Journal of Shoulder and Elbow Surgery.

### Advanced Orthopedic Care

- Total shoulder
- Reverse shoulder arthroplasty
- Elbow arthroplasty
- Revision shoulder and elbow arthroplasty
- Sports injuries of the shoulder and elbow

Health Center – West  
101 3rd Avenue SW, Suite 101, Minot ND 58701

For appointments, please call **701-857-5500**

**TRINITY HEALTH**  
trinityhealth.org

# WINTER SURVIVAL TIP

Get your tires checked now before it snows again. Tire condition is critical in winter driving. You need to have at least 6/32 in. of tread on your tires to handle snow, not just the legal minimum.

*This Winter Survival Tip provided by Minot Air Force Base Library*

## WHAT'S GOING ON MAFB

### TODAY

- Registration Opens for Air Force Art Contest online at myairforcelife.com
- Registration Opens for the MAFB Art Contest at Arts & Crafts
- Swerk, 0915, Fitness Center
- Keystone Resiliency Challenge – School Age, 1600, Youth Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- Keystone Resiliency Challenge – Teens, 1800, Youth Center
- Murder Mystery, 1800, Jimmy Doolittle Center
- Keystone Meeting, 1800, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Outdoor Recreation Haunted House, 1900-2130, Outdoor Recreation
- Karaoke Night, 2100, Rockers Bar & Grill
- Late Night Members 1/2 Price Appetizers, 2100-2300, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

### TUESDAY

- Registration Opens for Wine & Paint Class at Arts & Crafts
- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- National Family Week, 1600-1730, Youth Center
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- Fit to Fight, 1700, Fitness Center
- Swerk, 1900, Fitness Center

### SATURDAY

- Cycle, 0900, Fitness Center
- Swerk, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- International Games Day, 1300, Base Library
- A Night of Shenanigans, 1800, Base Theater
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes
- Fight Night UFC 244: Masvidal vs Diaz, prelims begin at 1900, main event begins at 2100, Rockers Bar & Grill

### WEDNESDAY

- Last Day to Register for Pinterest Party at Arts & Crafts
- Circuit Training, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Aqua Fitness, 1145, Held at the Indoor Pool and hosted by the Fitness Center
- Brown Bag Book Talks, 1200, Base Library
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- National Family Week, 1600-1730, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- EFMP-FS Peer Support Group, 1630-1730, A&FRC
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Wednesday Night Fun Bowl, 1700-2100, Rough Rider Lanes
- Cycle, 1700, Fitness Center
- Run 4 Fitness, 1700, Fitness Center
- Squadron Extramural Bowling, 1730, Rough Rider Lanes
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

### SUNDAY

- NFL Sunday Ticket Football, 1130-1800, Rockers Bar & Grill
- Cycle, 1400, Fitness Center

### THURSDAY

- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Keystone Resiliency Challenge – Open Rec, 1600, Youth Center
- National Family Week, 1600-1730, Youth Center
- Throwback Thursdays, 1700-2000, Rough Rider Lanes
- Fit to Fight, 1700, Fitness Center
- Olympic Weightlifting, 1730, Fitness Center
- Thursday Night NFL Football, 1900, Rockers Bar & Grill

### MONDAY

- Last Day to Register for Ice Fishing Class at Outdoor Recreation
- Tactical Fit Express, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Swerk, 0915, Fitness Center
- Aqua Fitness, 1145, Held at the Indoor Pool and hosted by the Fitness Center
- National Family Week, 1600-1730, Youth Center
- Cycle, 1700, Fitness Center
- Family Child Care New Provider Pre-Orientation, 1700-1900, Family Child Care office located inside Bomber Bistro
- Mixed Martial Arts, 1700, Fitness Center
- Key Spouse Monthly Meeting, 1800-1930, Held at the Professional Development Center and hosted by A&FRC

## UPCOMING EVENTS:

8 Nov

- Last Day to Register for Best 4 Game Tournament at Rough Rider Lanes
- Last Day to Register for Just Pull It! Deadlift Competition at Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Swerk, 0915, Fitness Center
- Pinterest Party, 1300, Arts & Crafts
- Keystone Resiliency Challenge – School Age, 1600, Youth Center
- National Family Week, 1600-1730, Youth Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- Keystone Resiliency Challenge – Teens, 1800, Youth Center
- Keystone Meeting, 1800, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Live Music with Joshua Herman and Free Club Members Buffet, 1900-2300, Ground Zero Lounge at the Jimmy Doolittle Center
- Teen #WEOWNFRIDAY – Operation Night Hoops, 2000-2200, Youth Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Late Night Members 1/2 Price Appetizers, 2100-2300, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

9 Nov

- Cycle, 0900, Fitness Center
- Just Pull It! Deadlift Competition, 0900, Fitness Center
- Swerk, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Pre-Veterans Day Bowling Special, 1400-2000, Rough Rider Lanes
- Best 4 Game Tournament, 1600-2100, Rough Rider Lanes
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

**Bomber Bistro**  
**November Special**  
**Tuesday Lunch Special:** Taco Tuesday Bowl  
 Seasoned ground beef, tomato, onion, lettuce, jalapenos, and shredded cheddar cheese over white rice served with salsa and sour cream! Try it on Tuesdays during lunch while supplies last for \$9.25 – includes a drink!

**The B-Fifty Brew**  
**November Special:** Ultimate Breakfast Sandwich  
 You can't go wrong with this classic! Enjoy crispy bacon, tomato, egg, and roasted peppers on a bagel or croissant for only \$4!

**Auto Hobby**  
**November Special**  
**November 1-30**  
**Thanksgiving Savings:** Oil & Tire Special  
 Purchase an oil change, 5 quarts of oil, and an oil filter for just \$49 and receive a free tire balance and rotate. Don't miss out on this \$25 value!  
*\*Must mention ad to get special price\**

Let's turn your home into entertainment central.

Ready to Midco? Let's go!  
 Midco.com | 1.800.888.1300




© 2019 Midcontinent Communications. All Rights Reserved.

**CHILTON LIBRARY**

With your library card, you have access to car manuals throughout the years all online.

**MINOT TOOL LIBRARY**

Fall and winter are upon us, come check out a rake, shovel, or any other of our 200+ tools with your library card.

**MINOT PUBLIC LIBRARY**  
 CONNECT. ENRICH. INSPIRE

www.minotlibrary.org 701-852-1045  
 516 2nd Ave SW Minot, ND 58701

call 701-852-1045 for more information





## Making every day **possible.**

Leading orthopedic specialists delivering advanced options.

We take a personal approach to your care so you can reach, bend, and move more. In fact, our expert orthopedic team leads the way in helping adults and children move better.

From shoulder and elbow pain, neck and back problems, to injured knee and hip joints, we offer the latest treatment options that reduce pain and improve healing. Here you'll find the most comprehensive care and rehabilitation services to restore motion and get you back to enjoying every day. Learn more at [trinityhealth.org/ortho](http://trinityhealth.org/ortho).

MAKING MORE POSSIBLE



# ICE FISHING CLASS

AT MAFB OUTDOOR RECREATION

**NOVEMBER 16TH**  
11:00AM • ALL AGES • FREE CLASS

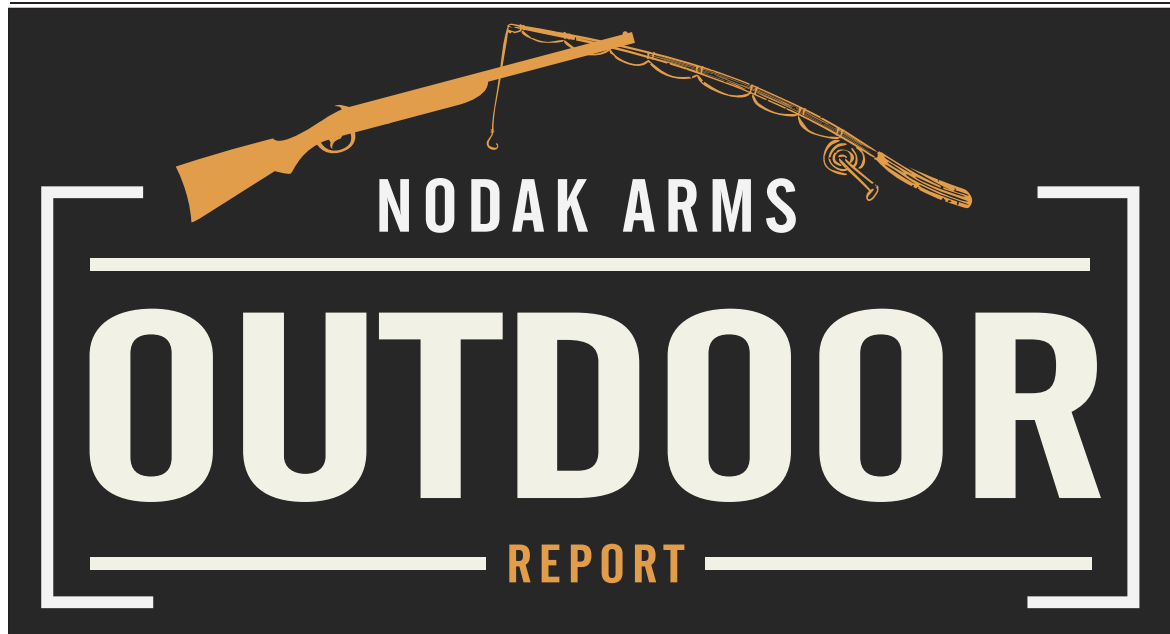
LEARN THE BASICS OF ICE SAFETY, EQUIPMENT, MOBILITY ON ICE, PROPER BAIT & TACKLE, FISHING TECHNIQUES, AND OTHER TIPS FROM A TRAINED GUIDE!

**REGISTER BY:  
NOVEMBER 4TH**

**723-3648**

Like Us on Facebook  
MAFB Outdoor Recreation

MINUTE AIR FORCE BASE  
**FORCE**  
SUPPORT SQUADRON



## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Oct. 28 1,843.03 feet above mean sea level (MSL); 48,400 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.66 feet above mean sea level (MSL).  
Stump Lake elevation: 1,448.76 MSL.

•N.D. Game & Fish Dept. game wardens: Little to no activity on Devils Lake, north-central area lakes, or the Missouri River System.

•Devils Lake, Ed's Bait Shop, Devils Lake: Not much activity but a few anglers out, weather permitting. Water temperatures dropping and ranging between 35 and 38 degrees.

•Devils Lake, Woodland Resort, Devils Lake: The few anglers on the water continue finding fair walleye success jigging around the bridges.

•Lake Darling, Karma C-Store, Ruthville: Little activity.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Continued fair to good small walleye success around Grano from shore.

•Lake Metigoshe, Four Seasons, Bottineau: No activity as anglers await the transition to ice-over.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Weather continues limiting activity on both Lake Sakakawea and Lake Audubon.

•Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Continued fair walleye success, wind and weather permitting, at Douglas Bay on Lake Sakakawea. Try jigging Raps or live bait.

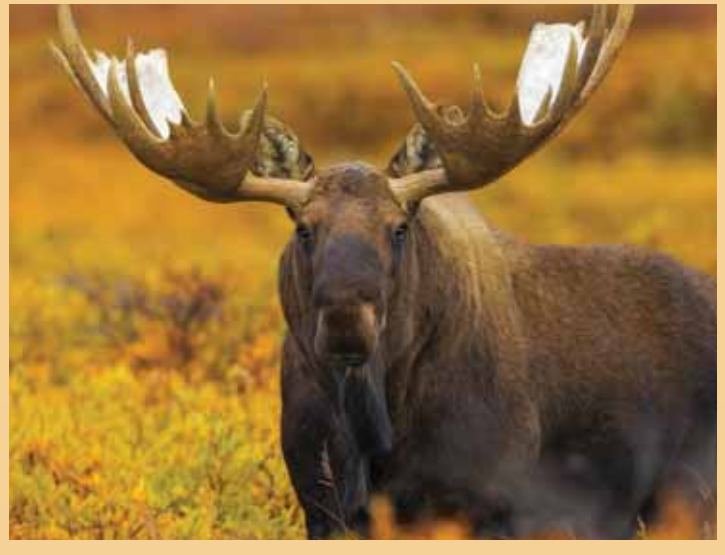
•Lake Sakakawea, Scenic 23, New Town: Little activity with slow walleye success when anglers can get on the water.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing a few walleye. Try crankbaits from shore or 3-way swivels from boats in the chutes. Garrison Dam and spillway releases seem to be determining success. Lake Sakakawea quiet.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports,

### DATES TO REMEMBER:

- Nov. 3: Moose season closes.
- Nov. 4: Woodcock and crow seasons close.
- Nov. 8: Deer gun season opens.
- Nov. 10: Sandhill crane season closes.



Williston: Continued good Missouri River walleye success in the Williston area. Try floating jigs from shore or jigging from boats.

•Lonetree WMA area lakes, Harvey: No activity. Coal Mine Lake closed until ice-over.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Area lakes quiet.

### Hunting:

• Deer: Some pre-rut activity already in the northwest.

•Pheasants: Standing crops continue making overall success more challenging, although there are good pockets of birds in some areas. Many areas with heavy snowfall earlier in October have flattened grasslands because of the snow. Try focusing on shrubby side hills and shelterbelts.

•Waterfowl: Most of Lake Darling and area wetlands iced over around Upper Souris NWR with just a few birds flocked together on the refuge in open water below the dam. Most of the migration seems to east of the refuge. Smaller wetlands and sheet water icing over but larger sloughs remain open and could be holding birds. Fair numbers

remain around the eastern side of Lake Sakakawea. Look for a major push south in the coming days with the Missouri River and Lake Sakakawea holding some birds in the northwest as smaller lakes and wetlands ice over. More birds moving into east-central and central N.D. around Lonetree WMA. Lesser Canada geese and whitefronts moving in around the midsection of Lake Sakakawea and look for more birds to follow. Mixed success around Devils Lake. Numbers of birds moved out of that region with the earlier weather and hunters need more to migrate into the area. There is some movement but sloughs are icing over along the Canadian border, which is pushing birds out and over the area. Dabblers generally moved out of the Wells County area but hunters still finding divers on larger lakes. Fair to good snow goose numbers around central N.D. but they could move out with ice-over on sloughs and sheet water.

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).  
• Report All Poachers: (800) 472-2121 or (701) 328-9921.

THIS SPECIAL FEATURE IS SPONSORED BY:

# NODAK ARMS

## THE DAKOTA'S AR AUTHORITY

Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online [www.NodakArms.com](http://www.NodakArms.com)

Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook 

# New Grant Program Designed to Attract and Retain Highly-Qualified Nurses

Applications are now available for the Non-Resident Nursing Employment Recruitment Program

THE NORTH DAKOTA DEPARTMENT OF COMMERCE

BISMARCK, N.D. – The North Dakota Department of Commerce is now accepting applications for the Non-Resident Nursing Employment Recruitment Program (NNERP).

Administered through Commerce, NNERP is a grant program designed to attract and retain highly-qualified nurses to North Dakota. The focus of the program is to assist in incentivizing the health care industry.

"Incentivizing employment provides a valuable way for employees to make career decisions based on locating and residing to specific areas in North Dakota," Kerri Kraft, program manager for the North Dakota Department of Commerce said. "This program is a great resource to help fill nursing positions in any North Dakota health care facility."

Under the program, licensed North Dakota health care facilities are eligible to receive

up to \$4,000 of matching funds for each nurse relocating to North Dakota. Employers are responsible for selecting and hiring the licensed nurse.

Priority will be given to rural facilities, facilities who have never participated in the program, and the hiring of diverse nursing specialties such as: behavioral health nurses, geriatric health nurses, intensive care specialized nurses.

To qualify for the program, employers must select a nurse who; is licensed to practice in the state of North Dakota, identifies primary residence in North Dakota, or bordering states of Montana, South Dakota or Minnesota; signs a written agreement to work at least four years in a licensed North Dakota health care facility; and is employed by the health care facility, not a contractor.

For more information please visit [www.workforce.nd.gov/NNERP](http://www.workforce.nd.gov/NNERP)

**Full Service Salon**

- cuts
- colors
- highlights
- pedicures
- manicures
- facials
- perms

**B&D**



**Berni's**  
Hair Designers, Inc.

• Melisa Ellison •  
701-240-1385

Located on North Hill  
2001 3rd St NW • Minot

HOURS: Mon, Tues, Thurs. 8:30-8:30 • Wed, Fri. 8:30-6:00 • Sat. 8:30-3:00



## Traeger Prime Rib Roast



**INGREDIENTS**

1 (5-7 bones) Prime Rib Roast  
Traeger Prime Rib Rub, as needed

Coat the roast evenly with the Traeger Prime Rib Rub and wrap in plastic wrap. Let sit in the refrigerator for 24 hours.

When ready to cook, set the temperature to High and preheat, lid closed for 15 minutes.

Place the prime rib fat side up, directly on the grill grate and cook for 30 minutes. Starting at a higher heat will help to develop a crispy, rendered crust.

After 30 minutes, reduce the grill temperature to 325°.

Close lid and roast at 325° for 3-4 hours or until cooked to desired internal temperature, 120° for rare, 130° for medium rare, 140° for medium and 150° for well done.

Remove from grill and let rest 15 minutes before carving. Enjoy!

*\*Cook times will vary depending on set and ambient temperatures.*

Access this, and over a thousand other Traeger recipes on the Traeger App.



Ryan Davy - GM  
Minot

[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

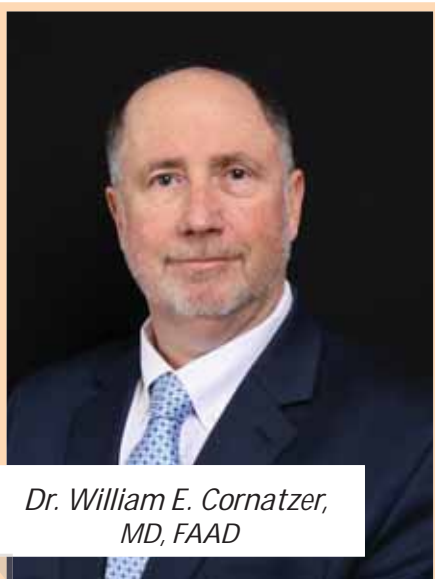
# ALS Class 19-G Graduation



The students of Airmen Leadership School class 19-G graduate at Minot Air Force Base, North Dakota, October 17, 2019. The Airmen who complete this course have proven themselves to be capable of becoming first-line supervisors. *More photos can be found on Minot AFB PA Flickr page.*

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSE JENNY

*Introducing the bright faces of our NEW Dermatology team!*  
Now accepting NEW patients!



Dr. William E. Cornatzer, MD, FAAD



Morgan Reese, PA-C

**Horizon Clinic**  
A Practice of Independent Doctors

Primary Care | Dermatology | Pediatrics | On-site Imaging Services  
701.712.3000 | 4535 Northern Sky Dr, Bismarck, ND | horizonclinicnd.com



## Back Talk

### A spine is a terrible thing to waste

For centuries healers and doctors thought out the world have always agreed on one thing. You are only as young as your spine. You don't have to look far to see it. All you need to do it go to a grocery store or the mall and see an older person who is walking hunched over and if you watch them for long enough you can see that their quality of life has been drastically reduced by their spine's inability to help them stand upright against gravity.

Your spine has 3 main purposes. The one we all know about is that it is the central pillar of our body and allows us to stand upright against gravity, the second function is that it protects the soft nerves that travel in it and though it, and the last and some may say its most important role is it is a structure that the nervous system is stretched over giving your nerves tone, and the difference between an alive person and a dead person is the tone of the nervous system.

Think about it. A dead person has a brain and a spinal cord and a heart and lungs and everything that you and I have. They have got all the parts, what they are missing is the tone!

So we have established that our spine is pretty important. It keeps us upright, it protects our nerves and is helps to give the nervous system tone, but most people spend about 0 time thinking about the health of their spine. Lots of

people first have an experience with their chiropractor when they hurt their back. That is great!! We are awesome at helping with that!!! But, how is your spine doing when it is not hurting? Is the alignment good, is the structure good, is the motion good? Truth is there really is no way of knowing that without being assessed by a chiropractor. You may have a problem with your spine right now and not know about it. What do I mean by that? Well in 8/10 cases the first symptom of heart problems is a heart attack. How many times have you heard about someone who felt fine on Tuesday, and had a heart attack on Wednesday? Was their heart fine on Tuesday? It felt fine, but the answer is that no it was not fine then, it was likely not fine for a month of Tuesday's leading up to that heart attack. The same can happen with your spine you may have a problem, but with our advanced scanning tools used to assess the health of your nerves and see if there is any pinching going on in your nerves along with our X-Rays and assessments we at Cornerstone are able to see what is going on and possibly spot problems before they start. That is a good thing for you and for the health of your spine, because after all "You are only as old as your spine." Call today to get your and your families spine checked.



Dr. Matt Hanson

1350 20th Ave SW, Minot, ND 58701  
(701) 852-2800

# Alliance of Nonprofits Community Recognition Luncheon

ALLIANCE OF NONPROFITS

MINOT, ND, – The Alliance of Nonprofits will host its first annual Alliance of Nonprofits Community Recognition Luncheon on Tuesday Nov. 5th from 11:30 am – 1:00 pm at the Grand Hotel, 1505 North Broadway, Minot. The luncheon will recognize area nonprofit organizations, board members and leaders. Dayna Del Val, President and CEO of The Arts Partnership of Fargo will be the featured keynote speaker.

Awards will be presented in six categories: Emerging Leader, Outstanding Board Member of the Year, Most Impactful Business of the Year, Nonprofit Lifetime Achievement Award, Nonprofit Leader of the Year and Alliance of Nonprofits Organization of the Year. (Attached flyer includes all of the finalists)

Nominations were made by the public, tallied by a committee of volunteers and voted on by members of the Alliance of Nonprofits. Brady Martz was responsible for counting the votes and determined the award winners.

“Nonprofit organizations play a vital role in building healthy communities, working together as a nonprofit sector allows us

to better understand the needs in our community and puts us in a better position to meet those needs. The Minot Alliance of Nonprofits creates a platform for our nonprofit community to work collaboratively, enhancing the mission of each member organization” said Heather Cymbaluk, Alliance of Nonprofits president.

Keynote speaker Dayna Del Val, is a proven leader in arts advocacy and arts administration. She has transformed The Arts Partnership into a dynamic, responsive, arts advocacy powerhouse. A proven communicator, her diverse writing platforms, radio and television interviews and in-person presentations consistently highlight the myriad and reciprocal benefits investing in the arts for economic, community-based placemaking, cultural and quality of life aspects. An instinctive leader with a voracious curiosity for learning, Del Val has grown the organization by more than 200%. In 2018, Del Val received the Emerging Leader award from the North Dakota Association of Nonprofit Organizations (NDANO) and The Arts Partnership was awarded the Governor’s Award for the Arts for

Outstanding Arts Organization in 2017.

The luncheon is open to the public and tickets the must be purchased in advanced by Thursday, October 31st via Eventbrite. Tickets include a plated meal of lasagna, Caesar salad, and garlic toast.

The Alliance of Nonprofits is a group of nonprofit leaders who collaborate to strengthen the nonprofit sector and connect our community. Monthly meetings held on the third Wednesday of the month at Homesteaders Restaurant at 8am focus on a variety of nonprofit topics allowing members to learn from one another and enhance the work of their organization. Occasional “Bonus meetings” are scheduled to focus on a specific topic with area experts. To be a member of the Alliance of Nonprofits, you must be the primary representative of a nonprofit organization. Membership dues are \$25 annually and include two staff. Volunteers, board members and other representatives are welcome to join as guests for “Bonus meetings”. There are currently 33 members of the Alliance of Nonprofits.



*Congrats, finalists!*

**Emerging Leader**

- Drew Hanson, Prairie Grit Adaptive Sports
- Wendy Keller, Magic City Discovery Center
- Megan Laudenschlager, Strengthen ND

**Outstanding Board Member of the Year**

- Jim Knudsen, Souris Valley United Way
- Jerrica Maxson, ND Hands and Voices
- Karen Rasmussen, Magic City Discovery Center

**Most Impactful Business of the Year**

- I Keating Furniture World
- Ryan Family Dealerships
- Town and Country Credit Union

**Nonprofit Lifetime Achievement Award**

- Ken Kitzman
- Lowell Latimer
- Louis “Mac” McLeod

**Nonprofit Leader of the Year**

- Scott Burlingame, Independence, Inc.
- Heather Cymbaluk, Companions for Children
- Jill McDonald, Domestic Violence Crisis Center

**Alliance of Nonprofits Organization of the Year**

- Companions for Children
- Magic City Discovery Center
- Prairie Grit Adaptive Sports



**FLOWER Central**

Voted Minot’s #1 Flower Shop for the last 5 years!

405 Central Ave. E. • 701.852.6224

## HEY MAFB!

Badlands Restaurant & Bar is going to buy these 2 lucky winners dinner.



Yulya



Jordan



Want to Win “Dinner On Us” Look for the Badlands Restaurant & Bar insert in your Northern Sentry.

Register as many times as you want!

DAKOTA HOPE CLINIC PRESENTS:



**SATURDAY, NOVEMBER 23, 2019**

ND STATE FAIR EVENT CENTER, MINOT, ND

**FREE** PUBLIC TREE VIEWING & CHILDREN’S CHRISTMAS BOOK EXCHANGE . . . 10:00 AM - 2:00 PM

SILENT AUCTION AND FOOD . . . . . 5:00 PM  
LIVE AUCTION . . . . . 6:30 PM

TICKETS FOR EVENING AUCTION:  
**\$10 IN ADVANCE | \$15 AT THE DOOR**

TICKETS AVAILABLE AT DAKOTA HOPE CLINIC, SCHEEL’S, CARIBBEAN COLOR, GIDEON’S TRUMPET, AND AT DAKOTAHOPE.ORG  
CLICK ON PARTNER WITH US/EVENTS, OR @FRIENDSOFDHC

# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520</p> <p><b>Mass Schedule</b> Saturday ..... 4:30 pm Sunday ..... 8:30 &amp; 10:00 am</p> <p><b>Fr. Ken Phillips, Pastor</b> www.littleflowerminot.com</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b></p>  <p><b>109 6th St. SE Minot • 838-3094</b></p> <p>Sunday Leaders Service ..... 10 a.m. Saturday Vespers..... 5 p.m.</p>	 <p><b>Break Forth BIBLE CHURCH</b></p> <p><i>New!</i> 7:00pm Service Thursday Evenings at the <b>GRAND HOTEL</b></p> <p>HEALING   FREEDOM   SPIRIT-FILLED breakforthbiblechurch.com Pastor Larry Phalen 701.483.0720</p>	 <p><b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School &amp; Fellowship ..... 9:00 a.m. Worship ..... 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	 <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot 838-0916</b> MinotBibleFellowship.org</p>
 <p><b>Faith United Methodist Church</b></p> <p><b>5900 Highway 83 N, Minot</b> www.faithumcminot.com</p> <p><b>Pastor Ken Mund</b> 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p><b>Minot Baptist Church</b></p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>Cornerstone Presbyterian Church</b></p> <p><b>1000 NE 3rd Street 852-0315</b></p> <p><b>Sunday Schedule</b> Contemporary Worship ..... 9:00am Sunday School (All Ages) ..... 10:00am Traditional Worship ..... 11:00am</p> <p><b>Wednesday Evening Schedule</b> Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p><b>Congregational UCC</b> 430 N. Broadway • 839-1064</p> <p>Sunday Worship ..... 11am Sunday School ..... 11am Tuesday Bible Study ..... 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p>  <p><b>UNITED CHURCH OF CHRIST</b></p>	 <p><b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i></p> <p>Sunday Worship ..... 8:30 am &amp; 11:00 am Holy Communion Served at All Services Sunday School, Youth, Adult Bible Class and Adult Choir..... 9:45 am</p> <p><b>2209 4th Avenue NW Minot, ND 839-4663</b> Reverend Philip Beyersdorf</p>
 <p><b>Immanuel Baptist Church</b></p> <p><b>1615 2nd St. SE • Minot • 839-3694</b></p> <p>Sundays: Sunday School ..... 9:15 a.m. Worship ..... 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen .... 11:30 a.m. - 12:30 p.m. Family Supper ..... 5:30 p.m. Classes for all ages ..... 6:30 p.m. Adult Choir (as scheduled), 7:30 p.m.</p> <p><b>Brian T. Skar, Pastor</b> www.ibcminot.org</p>	<p><b>Apostolic Faith Church, UPCI</b></p> <p><b>2929 19th Ave NW • Minot</b> Located off Hwy 83 Bypass West <b>(701)838-0609</b></p> <p>Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p><b>St. John the Apostle Catholic Church</b></p>  <p>2600 West Central Ave • Minot, ND 58701 <b>839-7076</b></p> <p>Daily Mass Schedule: Tuesday ..... 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	 <p><b>First Lutheran Church - ELCA</b> 120 5th Ave. NW 852-4853</p> <p>Saturday Worship..... 5:00 pm Sunday Worship.. 8:30 am &amp; 11:00 am Sunday Education ..... 9:45 am Wednesday Supper..... 5:00 pm Wed. Worship &amp; Education..... 5:45 pm</p> <p>www.firstlutheran.tv (Live Stream &amp; Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	 <p><b>Gospel Tabernacle Community Church</b></p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b></p> <p>Sunday School ..... 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour ..... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) ..... 7 P.m.</p>
<p><b>Bethany Lutheran</b></p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA</p> <p>Sunday Worship ..... 8:30 &amp; 10:30 am Sunday Fellowship ..... 9:30 am Wednesday Church School ..... 5:45 pm Wednesday Worship ..... 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p><b>Pastor Janet Hernes Mathistad</b> <b>Pastor Gerald Roise</b> <b>Pastor Intern David Myers</b></p>	<p><b>First Baptist Church</b></p>  <p><b>200 3rd St. SW • 852-4533</b> www.fbcminot.org</p> <p>Classic Worship Service ..... 8:30 a.m. Adult Sunday School..... 9:45 a.m. Contemporary Worship Service.. 9:50 a.m. Children's Church..... 9:50 a.m. Sunday School (All Ages) ..... 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) ..... 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	 <p><b>Cross Roads Baptist</b></p> <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p><b>415 28th Ave SE (Behind Menards) 838-1873</b></p>	 <p><b>West Minot Church of God</b> <i>Family Worship Center</i></p> <p><b>1105 16th St. NW • 839-1407</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b></p> <p>Sunday School ..... 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour ..... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) ..... 7 P.m.</p>
 <p><b>Vincent United Methodist Church</b></p> <p><b>1024 2nd St. SE • 838-4425</b> <i>Behind Town &amp; Country Shopping Center</i></p> <p>open hearts...open minds...open doors!</p> <p>Saturday Informal Worship.. 5:00 p.m. Sunday School ..... 9:00 a.m. Sunday Worship Service .... 10:00 a.m. Fellowship..... 11:00 a.m.</p> <p><b>Pastor Jennifer McDonald</b> www.vincentumc.com</p>	 <p><b>OUR REDEEMER'S CHURCH</b> <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship..... 6:30 p.m.</p> <p>Sundays: Worship..... 8:30 a.m. &amp; 10:45 a.m.</p> <p><b>700 16th Ave SE • 701-838-0750</b></p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p><b>Chapel Services at MAFB</b></p> <p>Protestant (North Plains Chapel in Base Housing)</p> <p><b>Contemporary Service</b> Sunday Worship ..... 1000</p> <p><b>Gospel Service</b> Sunday Worship ..... 1130</p> <p>Catholic Mass (Northern Lights Chapel across from Rockers) Sunday ..... 1000 &amp; 1700 Daily ..... Monday-Thursday at 1200</p>	<div style="background-color: #ccc; padding: 10px;"> <p>ADVERTISE YOUR</p> <h1>Church</h1> </div> <div style="display: flex; justify-content: space-between; align-items: flex-start; padding: 10px;"> <div style="width: 45%;"> <p><b>Advertise</b> FOR ONLY \$7 PER WEEK</p> <p><b>Revisions</b> MADE UPON NOTICE FROM THE CHURCH</p> <p><b>Deadline</b> TUESDAYS BY NOON WEEK OF PUBLICATION</p> <p>VIEW OUR PAPER ONLINE AT <b>NORTHERNSENTRY.COM</b></p> </div> <div style="width: 45%; border: 2px solid black; padding: 10px; background-color: white;"> <p><b>CONTACT US</b></p> <p>call 701-839-0946</p> <p>email NSADS@SRT.COM</p> <p>fax 701-839-1867</p> </div> </div>	
<p><b>First Assembly of God</b></p> <p><b>1805 2nd St. SE</b> <b>838-1111</b></p> <p>Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	  <p><b>OUR REDEEMER'S CHRISTIAN SCHOOL</b> 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p>	<p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$7.00 a space / per week</b></p>		

we've got the church  
you've been looking for  
*Your life matters to God!*



# CLASSIFIEDS

www.northern Sentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## FLEA MARKET

**MOVING NEED CASH?** Sell your used/unwanted items at MAGIC CITY FLEA MARKET, NOVEMBER 9 & 10, State Fairgrounds. Info 701-340-7930.

## STORAGE UNITS

**STORAGE UNITS**  
North of the Airport  
3401 N. Main Street  
3425 N. Main Street

**MILITARY DISCOUNTS AVAILABLE!!**  
Call 839-4200 for details

## AUTOMOTIVE

**90 DAY FREE POWERTRAIN WARRANTY** on most cars. Check out our inventory at karz4u.com or call Cliff (Retired MSgt) at 701-240-9172.

## JOHN'S



## AUTOBODY

**Pays Up To \$500**

**Insurance Deductibles**

**We Guarantee All Work & Color Match**  
**4121 S. Broadway**  
**839-8896**

## TRANSPORTATION

**I BUY CARS OR HAUL JUNKERS AWAY FOR FREE** - Call Karz 4-U at 240-9172.

**\$\$\$ QUICK CASH \$\$\$**  
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

## FOR SALE

**FIVE SHELF BOOKCASE WITH SLIDING GLASS DOORS.** Very Old Oak Miniature Camel Back Trunk. Vintage Solid Wood Marantz Stereo Cabinet, Old Tractor Seat & Horse Hames Stool Chair, Vintage Hammond Chord Organ, Works Fine. Questions Call 701-626-2712.

## GARAGE SALE

**3721 E. BURDICK EXPY HUGE VINTAGE & COLLECTIBLE SALE!** Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712.

## PETS



**TICA REGISTERED HAIRLESS SPHYNX KITTENS**  
Excellent quality, non shedding gorgeous babies born 9/16/19. Ready at 16 weeks, come with spayed/neutered, shots UTD & vet checked. \$1,200 total price, \$300 deposit to hold yours, applied to total. Photos available. 701.389.8424.

## HELP WANTED

**IMMEDIATE FULL AND PART TIME OPENINGS** for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

## LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace. Apply in person at: 605 27th St SE, Minot ND 58701 Or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

## PROFESSIONALS

**LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT**  
www.marykay.com/1clouse. 701-839-0475 or 701-721-0475.

## REAL ESTATE

Find ALL listed homes for sale in Minot and the surrounding areas at [www.brokers12.com](http://www.brokers12.com).

## FSBO MOHALL ND

2010 Mfd home 28x64 has 2 decks, 3bdrm, 2bath, office, 2car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Asking \$240k. Call/text to inquire or to show. 701-228-4089 or 701-228-4190.

## RENTALS

**HEY MAFB- HOME FOR RENT IN SOUTH EAST MINOT!** Perfect for a small family. Lots of room to run. 2-Bedroom. In a great school district. \$700.00 per month plus utilities (Usually around \$200.00 per month). Call Curt at (701) 721-4834. (\*\*Does not include outside storage shed)

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

## THE PINES APARTMENTS

BEAUTIFUL UNITS  
SOME PET FRIENDLY  
1, 2 & 3 BEDROOMS  
Washer/Dryer in unit, D/W Microwave, A/C, Garage  
FREE WIFI, Military Discounts  
CALL NOW, 839-4200

**2 & 3 BEDROOM APTS LOCATED IN SURREY.** Very Well Kept. Heat & Water Paid. Across from Surrey School. \$675-\$775. Call For Your Tour Today! 839-4200.

## SMC

We Have A Great Variety Of Apartments & Homes For Rent. Competitive Rates & Discounts & Specials Available. Call 839-4200.

## GLENBURN

2 Beds/1 Bath. Very Nice & Clean. Water & Heat Paid. Laundry. Only \$495 + elec. Call Today 839-4200.

## HOUSE FOR RENT

Very Nice Home in Maxbass. 3 Beds/1 Bath. 2 Stall Garage. 5 Acres. \$800 + utilities. 839-4200.

## 1 & 2 BEDS IN BURLINGTON.

Heat & Water Paid. Ready for Move In. \$475-\$495. Call 839-4200.

## INSURANCE



**Kim Albert Agency**  
701-852-1460  
2825 S. Broadway, Suite 2  
abby.martinson@allstate.com



© 2019 Allstate Insurance Co.

## JOB POSTING

### PROTESTANT CHAPEL POSITION ANNOUNCEMENT

The Minot Protestant Chapel is seeking a part-time **PROTESTANT CHILDCARE COORDINATOR** to oversee coordination of Protestant childcare ministries.

Hours will be every Sunday from 0945-1315. During the months of September to May (i.e. academic year), work will also be required on Wednesdays 0845-1115 and 1830-1930.

The total scope of the contract 234 hours per year, which breaks down to 7 hours per week during the academic year and 3.5 hours per week during the academic year.

All work will be performed at the Minot Air Force Base Northern Plains Chapel.

If interested, please obtain a copy of bid documents at the Northern Lights Chapel.

Resumes and sealed bids are due NLT 1 November 2019 by 0830 and can be submitted to SSgt Kirstin Mahler at the Northern Lights Chapel (701-723-2456).

Basis of the Contract Award is "Best Value" to the government. Contractor must successfully complete a background check in accordance with DoDI 1402.5.

## \$1.00 CLASSIFIEDS!\*

\$3.00 for Classifieds with photo  
Active Military & Dependents only

Sign-up online at  
[www.northern Sentry.com](http://www.northern Sentry.com)

\*OFFER ONLY AVAILABLE WHEN BOOKING ONLINE

# Find It Here

Shop the Classifieds for the best local deals!



Homes Cars Jobs Merchandise & More

To place a Classified ad call or email:  
nsads@srt.com or sentrysales@srt.com

# northern Sentry

701.839.0946 | [www.northern Sentry.com](http://www.northern Sentry.com)



# CLASSIFIEDS

www.northernentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## BASE ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY**  
Embry-Riddle Aeronautical University is now registering for the Fall 2019 term (18 Nov-26 Jan). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to minot@erau.edu To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

**PARK UNIVERSITY MINOT –**  
Earn your degree on your terms: now enrolling for Fall 1 with classes starting August 19. At Park, we believe everyone who strives to earn a degree should have that opportunity. Earn your CCAF credits, AU-ABC, and/or your Bachelor degree with Park, helping to maximize your prior military experience. Find out how many credits you can get for your military experience by going to military.park.edu and confirm your credits or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get for my military experience?" She will even tell you your graduation date. Park University. Minot AFB @ the Education Center (upstairs from the library in room 222). 844-884-8612; mino@park.edu. Park. You.

**WINTER DRIVING SAFETY COURSE**  
Winter is coming! Winter driving can be hazardous and scary to some, especially those who have never encountered the white fluffy stuff. With that being said, it's a great time for new members of Team Minot to become educated on what to expect in the upcoming months and for all others to brush up on those winter driving skills. The Safety Office has started up the Winter Driving Safety Course for the season. This course covers some of the following topics: vehicle preparation, emergency kits, road/travel conditions, driving tips, etc. The course will be held on the first Wednesday of each month starting at 0900 from now until April 2020 in room 212 of the Base Education Office. The course typically lasts an hour and is open to all members of MAFB.

**UPCOMING COURSE DATES**  
• November 6 • December 4 • January 8  
• February 5 • March 4 • April 1  
If you have any questions please do not hesitate to reach out to the Safety Office at 723-4262

**pinterest party**  
AT MAFB ARTS & CRAFTS  
november 8 • 1:00 pm  
THE THANKSGIVING SPREAD ISN'T COMPLETE WITHOUT A CENTERPIECE! CREATE YOURS DURING THIS FUN AND EASY CLASS!  
\$10 PER PERSON • ADULTS ONLY  
SPACE IS LIMITED! HURRY & CALL OR COME IN TO REGISTER OCTOBER 29-NOVEMBER 6 AT ARTS & CRAFTS.  
723-3640

Send us **Outdoor**  
**YOUR ADVENTURES**  
HUNTING • FISHING • BOATING • CAMPING • HIKING  
EDDIE BOLTON  
ND BADLANDS,  
MULE DEER 2013  
Include a Caption:  
Who, what, where & when  
IF WE LIKE IT, WE'LL PRINT IT!  
EMAIL PHOTOS TO:  
nsgraphics@srt.com

# BUSINESS & PROFESSIONAL Directory

### AUTOMOTIVE

**MBM AUTO SERVICE**  
Minot's Service Specialists  
**PARTS & SERVICE**  
We Specialize In:  
  
1215 Valley St.  
838-9607  
Next to Action Wrecking

**ACTION AUTO WRECKING**  
Free Parts Locating service  
1215 Valley St., Minot  
Formerly Minot Wrecking  
We pay top price for cars & trucks, running or not  
Selling new, used and rebuilt parts.  
Phone 852-2470 or Toll Free 1-800-533-5904 • Fax 838-7627

**QUICK CASH!!**  
Running & Non-Running Cars & Trucks  
  
Edwardson Sales  
839-9512  
We also sell cars \$500 - \$1500  
Give Us A Call!  
Will Haul Junk Cars Free Of Charge

**STORAGE UNITS**  
NORTHERN PRAIRIE CONDOS & STORAGE, INC.  
Military Discounts - Best Rates  
24 Hour Access  
701-720-1093  
Convenient North Location for Both Base & Minot Customers

### HOBBY SHOP

**AEROPORT HOBBY SHOP**  
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.  
838-1658  
2112 N. Broadway • Minot, ND  
Ask for Eva • www.airporthobby.com

### ANSWERS

#### SUDOKU ANSWERS

1	6	2	7	3	5	8	9	4
8	5	3	4	6	9	7	1	2
7	4	9	2	1	8	5	3	6
9	3	1	6	2	7	4	8	5
6	8	4	5	9	1	2	7	3
5	2	7	3	8	4	9	6	1
2	9	5	1	7	6	3	4	8
4	7	6	8	5	3	1	2	9
3	1	8	9	4	2	6	5	7

Answers to puzzle from page A4

### HOME LOANS

**LENDING NOW**  
PREMIER MORTGAGE CORP.  
Very Fast, Very Simple and the Very Best Rates  
Serving all of North Dakota with offices in Bismarck and Minot  
**Mike Lindquist**  
NMLS#: 213449 Fast & Free Pre-Approval  
Cell: 701-578-0478 VA & FHA Financing  
1408 20th Ave. SW, Suite 3., Minot, ND 58701  
APPLY ONLINE at [LENDINGNOW.com](http://LENDINGNOW.com) 701-838-3247

### ACCOUNTANT

**BradyMartz**  
Make Every Day Count  
CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
[www.bradyartz.com](http://www.bradyartz.com)

### REAL ESTATE

BUY OR SELL ONLY WITH THE BEST!  
  
#SOLD WITH US!  
**BROKERS12.COM**

Feature your business here for as little as \$9.00 per week!

For more information

call 839-0946 or email nsads@srt.com | sentrysales@srt.com

# 5th CES BIVOUCAC Exercise



Airmen from the 5th Civil Engineer Squadron conducted a BIVOUCAC exercise in Fargo, North Dakota on October 2, 2019. The exercise was held at the regional training site on the 119th Air National Guard base in Fargo, North Dakota.

U.S. AIR FORCE PHOTOS  
AIRMAN 1ST CLASS JOSH W. STRICKLAND

## Let's Plan Your Party!

**Party Room**

FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!

We have a party space available for all of your fun!  
Call for details!

109 South Main St. Minot 701.837.8555

## Birthday PARTIES

X-TREME OR OPEN BOWLING

SUPER PARTY

• 2 Hour Party for up to 10 People  
• Shoe Rental  
• Pop and Ice Cream  
**\$155+tax**  
\$12 for each additional person

MEGA PARTY

• 2 Hour Party for up to 10 People  
• Shoe Rental  
• 2 - 16" Pizzas, Pop and Ice Cream  
**\$185+tax**  
\$15 for each additional person

**ALL PARTIES INCLUDE:**  
Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
You bring the cake and the kids!  
NO OUTSIDE FOOD OR BEVERAGES ALLOWED.

1901 NORTH BROADWAY MINOT, ND  
NORTH-HILLBOWL.COM **852-4108**

FOR RESERVATIONS PLEASE CALL

Blake Krabseth

**Comedian / Magician**

Great for Parties and Conventions

**701-720-1786**  
magic@blakekrabseth.com

**BLAKEKRABSETH.COM**

## Book A Christmas Event at OPT!

Parties - Company Events - Birthdays

Monday-Thursday

Time Slots Available:  
• 10 AM-12:30 PM • 1 PM-4 PM • 6 PM-10 PM

EMAIL FOR DETAILS: alatoakpark@gmail.com

## High Air Ground

TRAMPOLINE PARK

**2-For-1 Birthday Fun \$12.00 (Reg. \$24)**

Get a Second Jump Pass with the Purchase of a 60-Minute Jump Time

May be used any day of the week.  
\*Online Only Exclusive Offer\*  
Expires 30 days after purchase.  
Second pass must be used by a different person.

1210 4th Ave NW | Minot, ND 58703  
701-837-JUMP  
WWW.HIGHAIRGROUND.COM