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WHATS
INSIDE
THIS WEEK:

REFUEL AND GO



RESERVE CITIZEN
AIRMAN
REACHES 10,000
FLIGHT HRS

A2



TIPS FOR A
SAFER HOLIDAY
SEASON

A3

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A KC-135 Stratotanker refuels an F-16 Fighting Falcon Dec. 7, 2019, over South Dakota.

U.S. AIR FORCE PHOTO | CAPT. RAMAH HUSIDIC



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DETAILS ON PAGE 3

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Videos

Reserve Citizen Airman reaches 10,000 flight hours

TECH. SGT. ANDREW PARK, 94TH AIRLIFT WING PUBLIC AFFAIRS

DOBBINS AIR RESERVE BASE, Ga. --

If Chief Master Sgt. Terry Studstill took all of his flight hours and flew them in one trip, it would last approximately one year, one month and 21 days.

Studstill, 700th Airlift Squadron flight engineer superintendent, completed 10,000 flight hours at the end of November on a C-130H3 Hercules bound for Key West, Florida.

"When I started flying as a helicopter flight engineer, the max we flew was around two-and-a-half hours," Studstill said. "After seven-and-a-half years, I had only flown a little bit more than 1,400 hours. I had no idea I'd ever make it to 10,000 hours."

Chief also discussed the unique aspects of his particular journey to 10,000 hours as a result of the types of aircraft he's flown on. For example, in the strategic airlift world of KC-10s, C-5s, and C-17s, aircrew members reach 10,000 hours more regularly, he explained.

"Being a helicopter and a C-130 guy, it's very rare that crewmembers reach 10,000 hours," Studstill said.

In 2011, he reached 8,000 hours during a deployment with the 440th Airlift Wing. Since then, it has taken him eight years to obtain the remaining 2,000 hours.

This is a significant accomplishment in an aviator's career, and one that doesn't come easily.

"This is a monumental accomplishment," said Col. Patrick Campbell, 94th Operations Group commander. "Very few Air Force aviators will ever meet this milestone. This is a reflection of Chief's dedication

and commitment to our country and to the U.S. Air Force. I can honestly say that I have not met anyone more passionate about our Airmen and our mission than Chief Studstill."

It's fitting that Studstill would reach such a lofty career milestone; he's widely known around base as an "old-school" chief. He holds his Airmen to a high standard and readily provides guidance along the way. He's the type of chief who will reprimand you for calling him "sir." Last year a loadmaster even dressed up as Studstill for the Falcon 5K, donning his trademark mustache and flight suit.

"I always try to treat everyone fairly," said Chief. "To me, it's the right thing to do. Treat each Airmen in your section equally across the board."

He also credits the work of the aircraft maintainers as playing a crucial role in keeping the aircraft airworthy so that he could reach 10,000 hours of flying.

"Reaching 10,000 hours is impossible without maintenance," said Chief. "Whether it's back shop maintenance or line maintenance, I wouldn't fly at all. I attribute this accomplishment to every maintenance organization I've ever worked with, because without them I never would have attained 10,000 hours."

Throughout his 37-year career, he's served as both a rotary-wing and fixed-wing flight engineer. He began his career on the MH-60G in 1987, and went on to fly AC-130, HC-130, MC-130 and WC-130, before landing at Dobbins in 2000. He has flown on the C-130H Hercules ever since.

"Those 10,000 hours include combat, aeromedical evacuation, humanitarian relief, higher

headquarters taskings, routine training and instructional sorties," said Campbell. "He has done it all. Indeed, we are all fortunate to be serving with a true American hero."

"I enjoyed the mission of the MH-60G," said Chief. "I liked the low-flying in the helicopter and also the customers we supported: Army Rangers, Delta Force, Green Berets, Air Force Pararescuemen, combat controllers. Also being able to do hoist missions and shooting the guns off the helicopter as a defensive weapon to protect the aircraft."

He'll continue to fly the rest of the year, but he now has his sights set on retiring in early 2020.

Studstill plans to settle down in his wife's hometown of Greensboro, North Carolina, where he hopes to use his degree in education to teach part-time.

He said it'll be difficult to leave behind his wingmen and said he'll miss the camaraderie, but he's looking forward to beginning the next chapter in his life and taking a shot at reaching new milestones in the classroom.

"What I'll miss the most is the camaraderie and the friendship I've gained over the years in active duty and the Reserve," said Studstill. "A fellow flight engineer from a unit I was in back in 1987 is coming to my retirement ceremony. I've kept in touch with him over the years. Having friendships from that far back – more than 32 years ago – and being able to stay friends and keep in touch is certainly a great part of being in the military."

When asked if he'll aim for 10,000 hours in the classroom, he replied with a smile, "probably not."



Chief Master Sgt. Terry Studstill, 700th Airlift Squadron flight engineer superintendent, poses for a photo in a C-130H3 Hercules at Dobbins Air Reserve Base, Ga. on Nov. 22, 2019. A couple days later, he reached 10,000 flight hours - a major accomplishment for aviators.

U.S. AIR FORCE PHOTO | TECH. SGT. ANDREW PARK

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Tips for a Safer Holiday Season



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SAFETY MANAGER

The holidays provide a wonderful opportunity for family and friends to gather and celebrate. It is also a time of continuous activity, with errands to run and scheduled activities that demand attention and time. It's also a time when busy people can become careless and vulnerable to theft and other holiday crime. The following tips can help you be more careful, prepared and aware during the holiday season.

Already this holiday season there have been tragic incidents around the country; so it's a good time to remind everyone of the dangers that lurk out there if you don't follow some simple safety rules. Obviously, some crimes occur in busy areas during broad daylight, but thieves usually prefer more secluded areas that aren't well-lit. Many thefts occur because we're not paying attention to business. Women's purses are especially easy targets when

they are left in a shopping cart. Thieves rely on the trust that good people place in others. Some people go Christmas shopping and get very intrigued by items on the lower shelf. A person might never think that an older woman would steal something from them when their eyes are diverted for just a moment, but this type of theft occurs more often than people realize it does. Thieves can take on any type of personality and have any type of body style.

Here are some holidays shopping safety tips from various websites our office would like to pass along:

Stay alert at all times and pay attention to your surroundings.

Park in well-lit spaces, always lock your car, roll up the windows, and hide packages in the trunk or under a blanket.

Don't overload yourself with packages, have your car keys in hand before heading to the

parking lot.

Do not leave your purse unattended, avoid carrying large amounts of cash. Whenever possible, use credit cards or checks instead. Carry only the credit cards you need.

When using public rest rooms, be cautious; avoid putting your purse on the floor.

Keep receipts separate from the packages; this will make it harder for the thief to refund the stolen items.

Remain alert in parking lots; don't carry so many packages that you aren't aware of your surroundings and personal safety and shop during the daytime, if possible.

Walk confidently, with your head up, and stay in well-lighted and well-traveled areas, and have your vehicle key in hand and ready when walking to your car.

Visually check the backseat before opening the door, and lock your doors immediately when inside, when loading your purchases into your vehicle, place your purse in the vehicle first, so it's not in the cart while your back is turned.

Shopping with Children: Teach your children to go to a store clerk or security guard if they get separated from you in a shopping mall.

Keep children under age 4 in a

stroller or supervise them closely.

If you place your child in a shopping cart, always use the safety belt, and stay close to the cart and never let your child stand in or push a shopping cart.

Toy Safety:

Make sure the toys you give children are safe for them. Read the package labels and follow age recommendation.

Do not give children under the age of 3 toys that contain small or metal parts or toys that break easily and can be swallowed.

Do not give children under the age of 8 toys that have sharp edges, points, or heating elements.

Include helmets and other protective gear (such as elbow, knee, and wrist pads) when giving bicycles, skates, or skateboards as gifts.

Dispose of toy packaging properly (do not burn in fireplace). Keep packaging materials away from children because they can become a choking or suffocation hazard.

Keep batteries away from children. They are toxic if swallowed.

We realize this alert might put a damper on your holiday spirit, but being safe is much better than being sorry. By taking a few prevention measures can help keep your holiday season joyous!

CONTACTUS

Ted Bolton

Publisher | Advertising
bagroup@srt.com

Rod Wilson

Business Development | Marketing
sentrystales@srt.com

Nikki Greening

Creative Services
nsads@srt.com or
nsgraphics@srt.com

MINOT AIR FORCE BASE

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Public Affairs Officer

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NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

MAIL & FAX

315 South Main Street, Suite 202
Minot, ND 58701 | 701.839.1867

VIEW ONLINE

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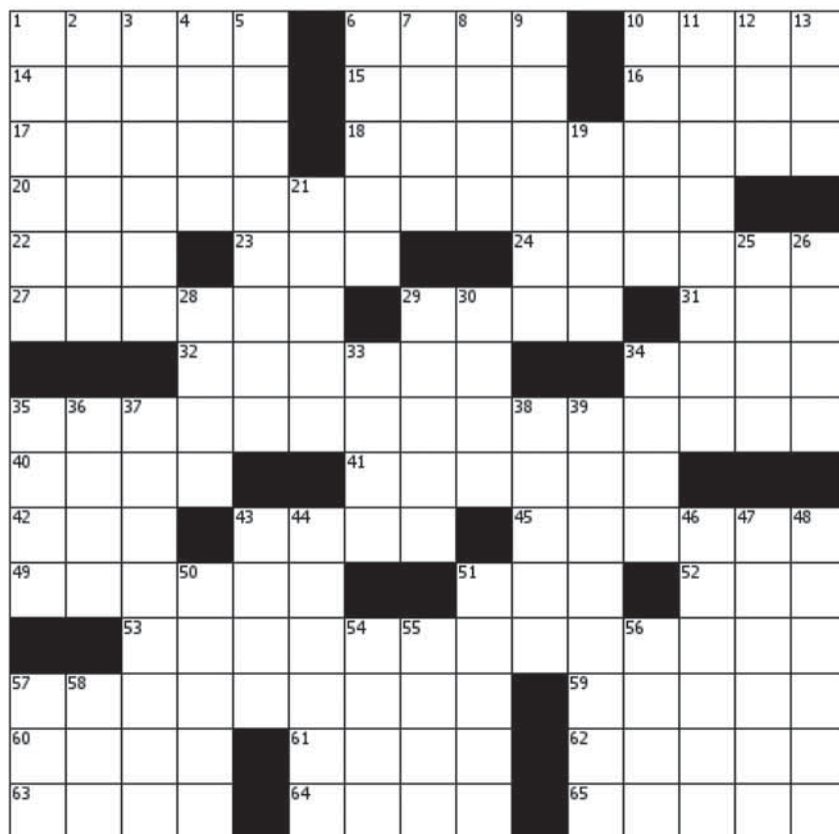
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CROSSWORD PUZZLE

Across

- 1. Ball-catching basket
- 6. Lessons for the youth
- 10. Where you may find vaults
- 14. Like cars or trucks
- 15. Stable scion
- 16. Kingly name
- 17. ___ kebab
- 18. Hardly the best
- 20. Pre-wedding activity, for some
- 22. Foamy quaff
- 23. General address
- 24. Uncreative
- 27. No social butterfly
- 29. Former capital of Moravia
- 31. Kirghizian region or its capital
- 32. Map line, sometimes
- 34. Tops
- 35. Veteran carpenter, perhaps
- 40. Foundations may support them
- 41. Sleeve band
- 42. Poet's meadow
- 43. Bohea and hyson
- 45. Demands, as payment
- 49. Weapons of old
- 51. Time of the 90th meridian
- 52. Kind of tide
- 53. Pasternak work
- 57. Fear of all things animal
- 59. Onions' go-with
- 60. Burden to bear
- 61. What F may mean
- 62. 1989 tennis retiree
- 63. NE Italy town



- 64. Match makers
- 65. Showing some cheek

Down

- 1. The Clash said to rock it
- 2. Become breathless?
- 3. Deli need
- 4. John, the musician/TV host
- 5. Sticky stuff
- 6. Man with many parts

- 7. Either of two Nobel-winning physicists
- 8. Remove nails
- 9. Muscle injury
- 10. Its walls withstand pressure
- 11. Day care center feature
- 12. Put an end to something?
- 13. Morn's counterpart

- 35. Collection of outlets
- 36. Painter's calculation
- 37. Distinguish oneself
- 38. Blood's partner
- 39. Industrial category
- 43. Part of MIT
- 44. Bars (law)
- 46. Doesn't just want
- 47. Princeton supporters

- 48. Like Jags
- 50. Small thicket of trees
- 51. Industry leaders
- 54. Shawm's descendant
- 55. Alice, to Ralph
- 56. "___ Las Vegas!"
- 57. Playwright Akins
- 58. Switch positions

SUDOKU

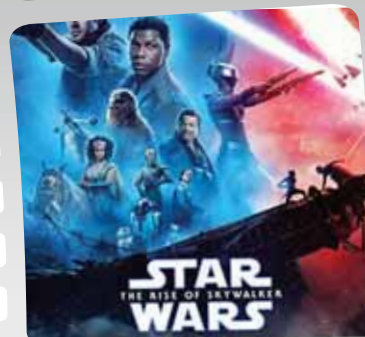
Solution to puzzle on page B6

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 1 | | | 2 | | | |
| | | | 3 | | | | 4 | |
| 2 | | | 5 | | | 6 | | 7 |
| | | 4 | | 8 | | 7 | 3 | |
| 8 | | 2 | | | | 9 | | 1 |
| | 5 | 6 | | 7 | | 4 | | |
| 4 | | 7 | | | 9 | | | 5 |
| | 8 | | | | 6 | | | |
| | | | 1 | | | 2 | | |

Solution to last week's Crossword puzzle.

| | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | T | A | R | | S | T | I | N | K | | P | A | V | E | | |
| C | E | C | E | | O | H | B | O | Y | | U | N | I | S | | |
| O | R | T | S | | P | A | A | V | O | | G | N | A | T | | |
| W | R | A | I | T | H | W | R | A | T | H | | A | V | A | | |
| L | A | S | S | O | | | | | S | O | U | | P | E | T | |
| | | | T | O | S | C | A | | | | R | H | O | N | E | |
| M | A | P | | | T | O | I | L | E | T | T | O | L | E | T | |
| A | V | I | V | | | I | N | T | R | O | | P | I | T | A | |
| C | A | G | I | E | R | C | A | G | E | R | | | S | O | X | |
| R | I | G | I | D | | | | R | O | D | E | O | | | | |
| O | L | E | | | A | R | M | | | | A | R | U | B | A | |
| C | A | D | | | M | A | I | S | O | N | M | A | S | O | N | |
| O | B | O | E | | | C | A | M | A | Y | | | C | U | R | D |
| S | L | U | M | | | E | M | O | T | E | | | L | A | I | R |
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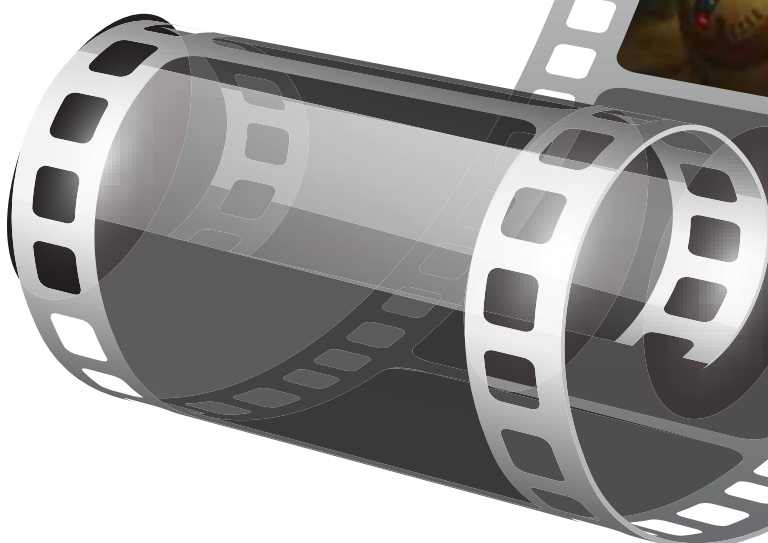
REEL TIME THEATER MOVIE SCHEDULE



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 SUNDAY. DEC 22 1500

STAR WARS: THE RISE OF SKYWALKER (PG-18)

“ The surviving Resistance faces the First Order once more in the final chapter of the Skywalker saga. ”





Layered Greek Dip



Recipe courtesy of: <https://www.gamstwithhanson.com/layered-greekdip/>

INGREDIENTS:

- 1 (8-ounce) package cream cheese, softened
- 1 tablespoon fresh lemon juice
- 1 teaspoon dried Italian seasoning
- 2 cloves garlic, minced
- 1 cup prepared hummus
- 3/4 cup chopped cucumber
- 3/4 cup chopped tomato
- 1/2 cup chopped pitted Kalamata olives
- 1/2 cup crumbled feta cheese
- 1/4 cup sliced green onions
- Pita chips

INSTRUCTIONS:

- Add cream cheese, lemon juice, Italian seasoning and garlic in a medium mixing bowl. Beat with an electric mixer until combined.
- Spread cream cheese mixture into a serving dish. Spread the hummus on top of the cream cheese mixture then top with the remaining ingredients.
- Cover and refrigerate for at least 2 hours and up to 12 hours. Serve with pita chips.

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Upcoming Events

21 DEC **MEET SANTA'S REINDEER**
10:00 AM - 2:00 PM
Location: Scheels 2400 10th St SW, Minot, ND

We've invited Santa's Reindeer to Dakota Square mall! Come meet them, have hot chocolate with Mrs. Claus and take memorable pictures for free! Plus, representatives from the Magic City Discovery Center will be here to lead a fun activity with kids during the event! Reindeer Ranch Drayton, ND will be here from 10:00 AM to 2:00 PM on Saturday, December 21st.



For more information:
Facebook event/ Scheels (Minot, ND)

21 DEC **JINGLE JOG 2019**
8:00 PM - 11:59 PM
Location: Downtown Minot, ND

Break Out your Santa suits! This is going to be fun! Stop by your favorite downtown bars and enjoy drink special's, contests, music and more. There will be more details to come. Lets bring some Magic back to the Magic City!! Amy's 2.0, Atypical, Ebenezer's, Off The Vine, Saul's, The East End, The Ice Box, The Spot and The Tap Room



For more information:
Facebook event/ The Spot

22 DEC **SANTA SKATE AT THE MAYSA**
6:00 PM - 8:00 PM
Location: Maysa Arena 2501 Burdick Expy W, Minot, ND

Santa Skate! Minot Parks will be hosting a movie night at the Pepsi rink!
- Sunday, December 22nd
- The Grinch (2018) will be playing during the skate
- Skate from 6-8pm
- All ages welcome
- \$4 to skate / \$4 for skate rentals



For more information:
Facebook event/ Minot Parks

25 DEC **FREE COMMUNITY CHRISTMAS DAY MEAL**
2:00 PM - 5:00 PM
Location: Grand Hotel 1505 N Broadway, Minot, ND

All are welcome to the free Community Christmas Day Meal sponsored by Minot area churches of all faiths, and many businesses, organizations, and individuals. The event is for everyone - individuals, families, men, women, children, young and old. More information coming soon regarding volunteering, donating, the menu, or scheduling a ride!



For more information:
Facebook event/ Minot Community Holiday Meals

26-31 DEC **MINOT SERTOMA HOSTS CHRISTMAS IN THE PARK**
6:00 PM - 10:00 PM
Location: Oak Park 1300 4th Ave NW, Minot, ND

The Minot Sertoma Club will bring light once again to Oak Park in Minot through its display of Christmas-themed lights for the community to enjoy. \$5 per car with a rate for limos and buses. Christmas in the Park is a way for Sertoma to earn money and give back to the community by supporting local businesses with beautifully lighted Christmas displays. If you pre-purchase tickets from Visit Minot, you can get 5 tickets for \$20. The tickets make great gifts and stocking stuffers for your employees, coworkers, friends and family.



For more information:
Facebook event/ Minot Sertoma Club

26 DEC **GOURMET CHEF HOSTS KIDS CANDY MAKING WORKSHOP**
11:00 AM - 1:00 PM
Location: Gourmet Chef 122 Main St S, Minot, ND

Let's have some sweet fun making candy in the kitchen! Mare is going to come up with exciting and amazing recipes for this class. Ages 7-12. Cost \$30. Thursday, Dec. 26 11-1 PM. Call 839-8928 or sign up online at www.gchef.com.



For more information:
Facebook event/ Gourmet Chef

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A WOW weekend

Patricia Stockdill

Amy Schimetz had a feeling her WOW idea had possibilities.

She just didn't know it would be that good.

Schimetz, Lake Metigoshe State Park Interpreter/Outdoor Learning Center Coordinator, created WOW – Women in the Wild workshops – based on the concept of a former N.D. Game and Fish program teaching women a variety of outdoor related skills.

The workshop is a blend of traditional North Dakota winter activities, such as cross-country skiing, snowshoeing, and darkhouse spearfishing.

Woven in – literally – is a session teaching crocheting basics where participants create their own beanie to keep them warm in the North Dakota winter. Another session teaches arm knitting and how to create a handmade cowl. In between are courses on wilderness survival, a winter triathlon, yoga, wild game cooking, and fat tire biking, to name a few.

Yes, riding a bicycle in the snow in the winter in North Dakota. That's fat tire biking.

The workshop is designed for women at least 16 years of age and will be held Feb. 21 – 23, 2020 at the park, which is located about 14 miles northeast of Bottineau.

Registration is now open. While some sessions filled within minutes, Schimetz said several still have space available.

The unique twist to a WOW weekend is participants select as many sessions as they want and aren't locked into an entire weekend. They also select their meal and lodging options so they can stay and eat onsite or elsewhere, depending on what fits their schedule.

Workshop costs vary depending on the number and type of classes a participant selects, as well as their lodging and meal options.

The first WOW weekend launched in February 2017. "And we had 35 people," Schimetz added. Two years later, the 2019 winter event had 108 participants despite blustery weather. Schimetz felt the program had merits based on her familiarity with the former program, which was also held at the park. However, she admits she didn't anticipate such rapid growth and broad interest.

Each winter Schimetz melds traditional

classes with new ones, based in part on feedback from participant surveys and informal Facebook polls. Volunteers have even approached Schimetz offering to teach classes in their area of expertise.

The WOW concept is based on an atmosphere of women simply gathering to have fun, share common interests, and a desire to learn in a fun, casual setting. Plus, it's a chance to celebrate and embrace North Dakota's winter. "These ladies are here to help each other out and have fun," Schimetz added. Some are novices to an activity while others are long-time participants and just enjoy sharing the camaraderie.

Several classes extend far beyond a winter activity. For example, "Grit in the Wild" teaches participants how to balance the daily grind of juggling life, family, jobs, and stress – both indoors and outdoors. Another class teaches participants how to share their newfound knowledge with others, whether it's family, friends, or co-workers

Participants wanting to get moving in the outdoors can go on a self-guided ski or snowshoe hike, snow tube at Bottineau Winter Park, or work on preparing a critter (envision a furbearing animal) for sale or tanning, among other activities designed to get one's blood moving.

Really, can it get much more hands-on than skinning a beaver if one so desires?

Like most things in life, partnerships are critical to WOW's success, Schimetz described. She credits an array of volunteer instructors and organizations with helping grow the program, including Bottineau Winter Park, Souris River Telephone, INTENTIONal Fitness with Crystal, Scheels, N.D. Game and Fish Department, True North Chiropractic, RadChicks, Turtle Mountain Trails Association, Dakota College at Bottineau, Starion Bank, and the N.D. Parks and Recreation Department. Between 30 to 50 volunteers help make the winter WOW weekend a success.

Go to the website, (www.parkrec.nd.gov/events/wow-winter-event) and click the link "Registration Information and Event Listing" at the bottom of the page for more information.

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Air Force Security Force Airmen now Eligible for Law Enforcement Partial Training Waiver

NORTH DAKOTA NATIONAL GUARD

BISMARCK, N.D. - The North Dakota National Guard along with the North Dakota Peace Officer Standards and Training (POST) board recently announced a partial training waiver for U.S. Air Force trained Security Forces personnel who want to become North Dakota law enforcement officers.

This waiver would allow qualified U.S. Air Force Security Forces personnel to take the examination to become licensed North Dakota peace officers with a 2-week course, rather than current 12-week course. This waiver is already in effect for Army and Marine Corps trained military police.

"After obtaining the waiver for the Army and the Marine Corps military police we began the process of granting the waiver for the Air Force security forces," said Highway Patrol Lieutenant Dan Haugen, director of the North Dakota Law Enforcement training academy. "The Security Forces training program is accredited by FLETA (Federal Law Enforcement Training Accreditation), because of that we are able to offer the same waiver to trained security force Airmen as we do for Army and Marine Corps military police.

According to the North Dakota Administrative Code, "an individual having peace officer experience or having completed an equivalent basic full-time peace officer training course conducted in another state or by a federal law enforcement agency may qualify for a partial waiver of basic full-time peace officer training requirements".

"We appreciate the POST Board's support and willingness to work with us to put this waiver process in place," said Maj. Gen. Al Dohrmann, North Dakota adjutant general. "This waiver authority will benefit North Dakota National Guard members, as well as veterans transitioning to civilian careers, and will provide highly qualified law enforcement officers to fill vacant position in our law enforcement agencies."

The Air Force Security Forces Academy Apprentice Course is designed to train non-prior service and prior service students to perform law enforcement and other duties as a Security Forces enlisted member. FLETA granted accreditation to the program in March 2012, and was reaccredited November 2016.

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NORTH DAKOTA GAME AND FISH DEPARTMENT

Free Ice Fishing Weekend

North Dakota's free ice fishing weekend is Dec. 28-29.

Resident anglers may fish or spear that weekend without a license. All other ice fishing regulations apply.

Those interested in darkhouse spearfishing, however, must register with the North Dakota Game and Fish Department prior to participating. Registration is available by visiting the Game and Fish website, gf.nd.gov. Legal fish are northern pike and nongame species.

Watercraft Registrations Online

North Dakota watercraft owners are reminded that 2020 is the first year of a new three-year registration period.

Watercraft registrations must be renewed online by visiting My Account at the North Dakota Game and Fish Department's website, gf.nd.gov. A credit card is required.

The price to register motorboats

in North Dakota under 16 feet in length, and all canoes, is \$18, motorboats from 16 feet to less than 20 feet in length is \$36, and motorboats at least 20 feet in length is \$45. Fees are prorated.

In addition, Senate Bill 2293, passed by the 2019 state legislature, created an aquatic nuisance species program fund in the state treasury. Effective Jan. 1, 2020, this new state law establishes an ANS fee of \$15 for each motorized watercraft registered in North Dakota to run concurrent with the three-year watercraft registration period.

For motorized watercraft operated on waters in North Dakota and not licensed in North Dakota, the state law establishes an ANS fee of \$15 to be paid for each calendar year, and to display an ANS sticker on the watercraft.

New watercraft owners can attach the required documentation, such as the bill of sale or proof of taxes paid, with the online purchase, or send in the required documentation via standard mail. A 10-day temporary permit will be issued to allow for processing and delivery of registration and decals. For timely processing, Game and Fish encourages watercraft owners to submit attachments online.

The 2020-22 watercraft registration cycle begins Jan. 1 and runs through Dec. 31, 2022.

Winter Fishing Regulations

North Dakota anglers are encouraged to refer to the 2018-20 North Dakota Fishing Guide or the state Game and Fish Department's website for winter fishing regulations.

In addition, anglers can visit the Game and Fish website, gf.nd.gov, for an extensive list of fishing questions and answers.

Some winter fishing regulations include:

A maximum of four poles is legal for ice fishing.

Tip-ups are legal, and each tip-up is considered a single pole.

Mechanical devices that set the hook are legal; however, the use

of any device that automatically retrieves the fish is illegal.

There is no restriction on the size of the hole in the ice while fishing. Materials used to mark holes must be in possession of anglers and spears as soon as a hole larger than 10 inches in diameter is made in the ice.

It is only legal to release fish back into the water immediately after they are caught. Once a fish is held in a bucket or on a stringer, they can no longer be legally released in any water.

It is illegal to catch fish and transport them in water.

It is illegal to leave fish, including bait, behind on the ice.

All aquatic bait, such as fathead minnows, must be purchased or trapped in North Dakota.

Depositing or leaving any litter

or other waste material on the ice or shore is illegal.

The daily limit is a limit of fish taken from midnight to midnight. No person may possess more than one day's limit of fish while on the ice or actively engaged in fishing. If a situation occurs when an angler fishes overnight, the first daily limit must be removed from the ice by midnight prior to continuing to harvest fish.

The possession limit is the maximum number of fish that an angler may have in his or her possession during a fishing trip of more than one day.

It is illegal to introduce anything into the water for the purpose of attempting to attract fish (chumming, artificial light, etc.) that is not attached or applied to a lure.



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WINTER SURVIVAL TIP

SURVIVING HYPOTHERMIA

Frostbite is sometimes accompanied by a life-threatening drop in internal body temperature, known as hypothermia, which must be treated first.

- Get the victim to a warm location,
- Remove wet clothing, put the person in dry clothing and
- Wrap their entire body in a blanket - warm the center of the body first.
- Give warm, non-alcoholic or non-caffeinated beverages if the victim is conscious.
- Get medical help as soon as possible.

WHAT'S GOING ON MAFB

TODAY

- Swerk, 0915, Fitness Center
- Keystone Resiliency Challenge – School Age, 1600, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Torch Club, 1700-1800, Youth Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Bomber Bistro)
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Keystone Resiliency Challenge – Teens, 1800, Youth Center
- Keystone Meeting, 1800, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Ugly Sweater Christmas Party, 1900, Ground Zero Lounge in the Jimmy Doolittle Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

SATURDAY

- 5 FSS Season of Giving – Bottineau Winter Park Military Appreciation, 0900-1700, Bottineau Winter Park in Bottineau, ND
- Cycle, 0900, Fitness Center
- Swerk, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- 5 FSS Season of Giving – Free Bowling Saturdays, 1800-2200, Rough Rider Lanes
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

SUNDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- NFL Sunday Ticket Football, 1130-1800, Rockers Bar & Grill
- Sunday Bowling, 1200-1800, Rough Rider Lanes
- Cycle, 1400, Fitness Center

MONDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Base Library Winter Challenges Begin
- Christmas Vacation Bowling Special, 0900-1400, Rough Rider Lanes
- Reintegration Briefing, 1300-1400, A&FRC
- Newbery Book Club, 1545, Base Library
- Season of Giving - Jump into the Holidays, 1700-2000, HighAir Ground Trampoline Park in Minot, ND

TUESDAY

- AFGSC Family Day - For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Game Day, 1000-1500, Base Library

WEDNESDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Holiday Special Lunch, 1030-1330, Dakota Inn Dining Facility

THURSDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Christmas Vacation Bowling Special, 0900-1400, Rough Rider Lanes
- Reintegration Briefing, 1300-1400, A&FRC
- Keystone Resiliency Challenge – Open Rec, 1600, Youth Center

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December Special
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 Dig in to a juicy 1/3 pound burger with sautéed onions, melted swiss, and American cheese served on perfectly grilled slices of bread! Served with fries for only \$9.75!

Bomber Bistro
December Special
 Wednesday Lunch Special: Smoked BBQ Plate
 Dig in to the new Smoked BBQ Plate! Enjoy your choice of smoked brisket, baby back ribs, or polish sausage served with beans, coleslaw, and a fountain drink! Try it on Wednesdays during lunch while supplies last! Get 1 meat for \$9.95, 2 meats for \$10.95, or 3 meats for \$11.95!

The B-Fifty Brew
December Special
 Cinnamon Roll
 Treat yourself with a sweet start to your day! Swing by to snag one of our delicious cinnamon rolls for only \$4!

UPCOMING EVENTS:

- 27 Dec**
- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
 - Last Day to Register for Winter Archery League at Outdoor Recreation
 - Jimmy Doolittle Center Closed
 - Christmas Vacation Bowling Special, 0900-1400, Rough Rider Lanes
 - Holiday Extravaganza, 1400-1700, Youth Center
 - Keystone Resiliency Challenge – School Age, 1600, Youth Center
 - Torch Club, 1600-1700, Youth Center
 - Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
 - Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill, Jimmy Doolittle Center, and Bomber Bistro
 - Keystone Resiliency Challenge – Teens, 1800, Youth Center
 - Keystone Meeting, 1800, Youth Center
 - Mixed Fun League, 1830, Rough Rider Lanes
 - Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

- 28 Dec**
- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
 - Cycle, 0900, Fitness Center
 - Swerk, 1000, Fitness Center
 - Youth Bowling League, 1000, Rough Rider Lanes
 - 5 FSS Season of Giving – Free Bowling Saturdays, 1800-2200, Rough Rider Lanes
 - Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

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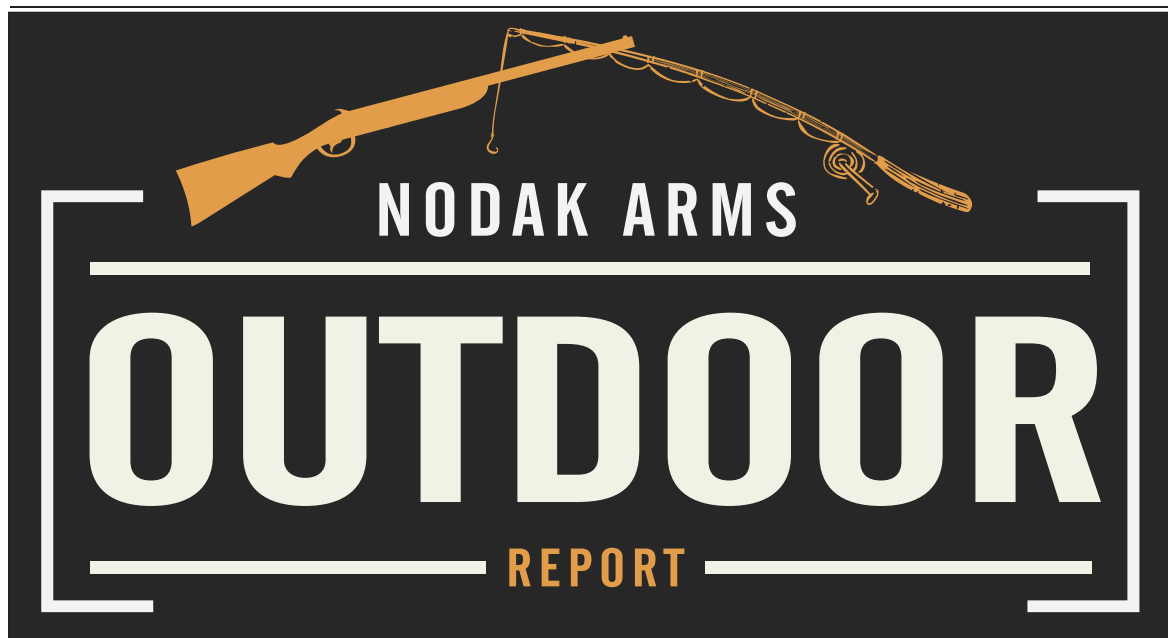
Sue George
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Keep an eye out for a "Golden Ticket" tucked away inside your paper! We will be randomly inserting one or more Golden Tickets each week over the next few months into the Northern Sentry papers delivered to the MAFB. A Golden Ticket will have a specific cash value between \$20 and \$100! No purchase necessary, no strings attached, if you find a ticket, just let us publish your name & picture as a winner and the cash is yours. You'll never know if you're a winner unless you pick up that paper and turn every page. We'll keep you posted on whose found hidden treasure by printing their names and photos in the paper and on our Facebook page.





OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Dec. 16: 1,839.16 feet above mean sea level (MSL); 16,200 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.9 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.83 MSL.

• N.D. Game & Fish Dept. game wardens: North-central area lakes vary greatly in ice depth with little activity yet. No reports from Lake Metigoshe, though. Increasing activity on Devils Lake with best access via ATVs because ice conditions vary greatly. Limited success yet, however. Not much activity on east-central area lakes although Clear Lake producing a few perch and small walleye.

• Devils Lake, Ed's Bait Shop, Devils Lake: Some perch success on the west side of Stump Lake yet and Black Tiger Bay on Devils Lake. Try 35 feet along the bottom in Black Tiger Bay. Some pike success using tip-ups or spearing along Walford's Bay and other west side Devils Lake bays. Feeder lakes continue producing walleye but drill several holes because poor clarity isn't making anything consistent for walleye.

• Devils Lake, Woodland Resort, Devils Lake: Devils Lake ice conditions are just starting to allow angler access but use caution with extremely variable ice. Some walleye and perch activity at Creel Bay and other bays but reports are still limited as anglers are slowly starting to head onto the lake.

• Lake Audubon, Totten Trail Bait, Coleharbor: Look for some activity along the east side of Lake Audubon but use caution with varying ice.

• Lake Darling, Karma C-Store, Ruthville: Lake Darling fair for walleye off the spillway ramp using minnows. Also try Grano. Some walleye success on Lake Audubon.

• Lake Darling, Upper Souris Nat'l. Wildlife Refuge Foxholm: Geese kept a small area of open water by Landing 3 early in the week. No permanent houses on the

- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.
- Use caution with dogs when hunting around frozen wetlands for cuts from ice, breaking through, etc.

DATES TO REMEMBER:

- Dec. 21: Denbigh Christmas Bird Count. Meet at Towner Cenex, 7:45 a.m.
- Dec. 21: Western Canada goose zone closes.
- Dec. 22: Minot Christmas Bird Count. Meet at Broadway McDonalds, 7:45 a.m.
- Dec. 27: Missouri River Canada goose zone closes.
- Dec. 27: Upper Souris Nat'l. Wildlife Refuge Christmas Bird Count. Meet at headquarters, 7:45 a.m.
- Dec. 29: High Plains duck, merganser, and coot season closes.
- Dec. 29: Light goose and tundra swan season closes.

lake yet with anglers walking on.

• Lake Metigoshe, Four Seasons, Bottineau: Increasing activity on Lake Metigoshe with fair to good bluegill success. Try wax worms in shallow water. Some walleye mixed in deeper water using minnows.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Fair walleye success on the east end of Lake Audubon but use caution because of variable ice.

• Lake Sakakawea, Scenic 23, New Town: Anglers starting to venture onto the river portion of Lake Sakakawea around New Town but limited reports yet.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing walleye at night and in early morning dark hours from both boats and shore. Try crankbaits from shore. No wing wall activity.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Steady walleye success from Long Creek to White Earth Bay on Lake Sakakawea. Check ice conditions as you move along. Try jigs and minnows or tip-ups in 14 to 20 feet. Missouri River backing up due to ice flows and unfishable. Blacktail Dam producing decent panfish success with occasional walleye.

Trenton Lake has water on the ice so it's best avoid.

• Lonetree WMA area lakes, Harvey: Clear Lake producing nice walleye success but limited reports

from other area lakes.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Activity remains limited on area lakes and the Mouse River.

Hunting:

• Predator: Coyote prices remain fair yet.

• Upland: Look for fair pheasant numbers yet in areas but work cover with cattails and shelterbelts or along field edges when they're feeding.

• Waterfowl: Some geese still remain on the open water of Lake Sakakawea on the east end but most either moved south or down onto open water of the Missouri River. Geese are coming off late around the tailrace but a little earlier farther down river.

N.D. Parks & Recreation Dept. cross-country ski trails:

• Fort Stevenson, Garrison: North Pine, Flicker, and Purple Coneflower loops packed and in good condition for skiing, fat tire biking, or snowshoeing. No hazards. North Loop Campground, deTrobriand, Whitetail, and Trooper Challenge loops packed and tracked for cross-country skiing with some exposed grass but no drifting and in overall fair to good condition.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (800) 472-2121 or (701) 328-9921.

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North Dakota State Fair Recognized Internationally for Excellence

NORTH DAKOTA STATE FAIR

MINOT, N.D. – The North Dakota State Fair earned international recognition at the 129th annual International Association of Fairs and Expositions (IAFE) convention, receiving six first place awards and five other Awards of Excellence. Fairs and exhibitions from around the world submit entries to IAFE each year, with the end goal of inspiring creativity and ingenuity.

There are five award categories, namely, Agricultural, Communications, Competitive, Sponsorship and Non-Fair Facility Usage. Each category focuses on a different aspect of specific events and event planning.

The North Dakota State Fair earned these awards:

- 1 IAFE Agricultural Award
- 4 IAFE Hall of Honor Communications Award
- 1 IAFE Competitive Exhibits Award
- 2 IAFE Innovation in Sponsorship Awards
- 3 IAFE Non-Fair Facility Usage Awards

General Manager of the State Fair Renae Korslien stated, "We are so honored to be recognized for the work we love to do for the North Dakota State Fair. Each year we do our best to keep the State Fair fun, safe, and always changing. With just under 46,000 competitive exhibits on display in 2019, we have so much to be proud of as a Fair."

The International Association of Fairs and Expositions (IAFE), based in Springfield, Mo., is a voluntary, nonprofit corporation, serving state, provincial, regional, and county agricultural fairs, shows, exhibitions, and expositions. Its associate members include state and provincial associations of fairs, non-agricultural expositions and festivals, associations, corporations, and individuals engaged in providing products and services to its members, all of whom are interested in the improvement of fairs, shows, expositions, and allied fields.



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INGREDIENTS
1 (5-7 BONES) PRIME RIB ROAST
TRAEGER PRIME RIB RUB,
AS NEEDED

Coat the roast evenly with the Traeger Prime Rib Rub and wrap in plastic wrap. Let sit in the refrigerator for 24 hours.

When ready to cook, set the temperature to High and preheat, lid closed for 15 minutes.

Place the prime rib fat side up, directly on the grill grate and cook for 30 minutes. Starting at a higher heat will help to develop a crispy, rendered crust.

After 30 minutes, reduce the grill temperature to 325°.

Close lid and roast at 325° for 3-4 hours or until cooked to desired internal temperature, 120° for rare, 130° for medium rare, 140° for medium and 150° for well done.

Remove from grill and let rest 15 minutes before carving. Enjoy!

*Cook times will vary depending on set and ambient temperatures.

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Ryan Davy - GM
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Winter Vehicle Prep...

Getting Ready for another Cold Morning

SSGT MARILYN SPENCER, 5 BW OCCUPATIONAL SAFETY



Winter driving can be trying on both the vehicle and its pilot. As with many other things in life, preparation is the key to success. A few cold-weather parts and preparatory procedures can make the difference between being stuck in a drift and making it home. There are a number of simple things you can do to help prevent some of the more common hassles that winter weather brings on. Some of these can be done by handy DIY'ers; others will need to be done by qualified auto mechanics. Note: Always follow vehicle owner's manual instructions for maintenance and upkeep of your vehicle, including recommendations for winter preparations. Routine vehicle care is the best way to keep from being left out in the cold. This includes tune-ups and inspection and replacement of worn belts and hoses. Cold weather makes pliable materials stiffer and more brittle. It also makes fluids thicker. With this in mind, people who live in extreme climates often use light-viscosity synthetic lubricants, which work across a wider temperature range than conventional oil. Those who don't want the added expense sometimes use lighter-weight oils in the winter, such as 5W30.

Antifreeze should be kept at approximately a 60:40 coolant-to-water ratio. In extreme conditions, too little antifreeze in the mix can allow the coolant to freeze and crack the engine block. Installing a higher-temperature thermostat, say 195 degrees, will help heater performance and help the engine burn off condensation.

Windshield Wipers -- Replace, if more than one year old -- consider the "winter blades" which are designed to prevent ice and snow buildup. The same goes for windshield washer fluids -- Fill all reservoirs (front and rear, if so equipped) with non-freezing washer solution. A good point to remember is to fill them when they get to the half-way point.

Tires -- Be sure your vehicle is equipped with tires that are appropriate for your climate. Many tire manufacturers have very decent "all-weather" tires which are adequate if snowfall is typically minimal. However, in areas where

snowfall tends to be heavier, it might be necessary to install actual "snow-tires", which are designed with more aggressive tread for added traction in deeper snow. Also, you might want to consider "studded snow tires" if ice-storms are frequent in your area. Note: It is good idea to check your tire pressure at least once a week in the winter months, and be sure to check your spare tire as well.

Oil Change and other fluids--If your vehicle has not had an oil change recently, prior to the really cold months is a good time to schedule that. When you have your oil changed ensure the other fluid levels such as the brake fluid, power steering fluid, cooling system fluid, transmission fluid are checked and "topped off" as required

Battery maintenance will also improve cold-weather performance. For batteries that require maintenance, make sure that all cells are full of water. Keep all battery terminals and cable ends clean, and make sure the battery is well grounded.

Several engine-block heating systems are available, both on the original equipment level and from the aftermarket. Most new vehicles sold in cold country come with factory-installed block heaters that replace one of the engine's freeze plugs or connect to the heater hose. A block heater warms an engine to increase the chances that the engine will start as well as warm up the vehicle faster than it normally would in extremely cold weather. The most common type is an electric heating element in the cylinder block, connected through a power cord often routed through the vehicle's grille. The block heater may replace one of the engine's core plugs. In this fashion, the heater element is immersed in the engine's coolant, which then keeps most of the engine warm. Research by the Agricultural Engineering Department of the University of Saskatchewan has shown that operating a block heater for longer than four hours prior to starting a vehicle is a waste of energy.

Before heading out, ensure you conduct a "pre-flight" check of your vehicle, especially if you plan on traveling long distances.

* Perform a general check of brakes, lights, defroster/heater, fluid levels, belts, hoses and exhaust system.

* Check the condition of wiper blades and consider upgrading to winter/snow blades. Always "park" blades before turning off the vehicle to minimize chances of sticking to the glass. Better yet, lift blades off the glass overnight.

* Keep the gas tank at least half full. This limits the amount of condensation that can enter the fuel system and also can improve traction, especially in rear-wheel-drive vehicles, by adding weight. Adding gasoline antifreeze to the fuel tank will help protect against fuel-line freezing.

* Consider adding weight to the trunk or pickup bed in rear-wheel drive vehicles. Bags of sand both add traction-improving weight and can be dumped on ice to improve traction further. Make sure to secure the extra weight to the vehicle with motorcycle straps or other suitable restraints.

* Before departing, scrape ice and snow from the roof in addition to every window, mirror and light. Never splash hot water on glass to melt ice.

* Lube door locks and latches and coat weather stripping with silicone spray to help keep doors from freezing shut.

* Prepare for the worst. Put extra winter clothes, blankets and even a sleeping bag in the trunk, take water and food (such

as energy bars), pack a flashlight, extra batteries, matches and a first-aid kit. Take along a cell phone if possible.

* Tune-up -- If your vehicle has not had a tune-up recently, or if it shows signs of needing one (i.e., rough idle, loss of power, skipping, etc.), it might be wise to schedule that.

* Ballast -- If you drive a pickup truck (especially two-wheel drive), you might want to consider adding some ballast weight in the bed of the truck to ensure added traction and control in winter weather driving.

* Sand/salt -- It's a good idea to carry a container of sand/salt mixture in your trunk. Be sure the container is one you can seal up, since the salt can have detrimental effects on metals.

* Shovel -- Not that anyone wants to have to dig out from a snowbank, but if the need arises, a shovel can save the day. Small snow-shovels are available, if your trunk space does not allow for a standard shovel.

* Extra Blankets -- Heaven forbid that anyone should be stranded away from home in a snowstorm! It does happen, however, and being prepared can mean a world of difference. A couple of extra blankets kept in your car might save your life if you do become stranded.

* Cell Phone -- Most people today own cell phones, and they can be lifesavers if you become

stuck or stranded. Be sure your cell phone is fully charged at all times, especially during winter driving season.

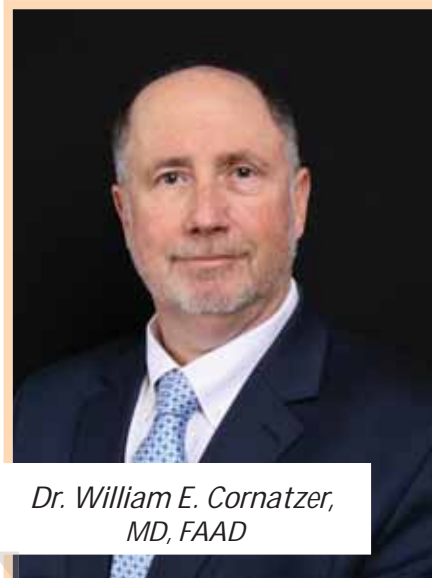
* Non-perishable Foods -- It is a good idea to carry some extra non-perishable food items in your vehicle during the winter driving season, in the event you become stranded. Items such as packaged crackers, packets of condiments, dehydrated foods, even military ready-to-eat meal kits are good for starters.

* First-Aid Kit and an emergency road kit -- Every vehicle should be equipped with one of these, during any season.

There are other things you may choose to do in preparation for winter driving, and you should try to think about some of the things you, personally, would be concerned with, given your geographical locale, your vehicle condition, your driving abilities, your typical commuting route in relation to access for services (food, fuel, other necessities), your typical travel distance, and any other item more specific to your own needs.

In closing, the 5th Bomb Wing Ground Safety office offers a winter driving/preparation course to all military member and their families and to all civilian employees. A 10% off on three or more winter items to be used at the Base Exchange is offered to all attendees. Let's all make this the safest winter season in Minot AFB history.

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SARA
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Minot, North Dakota Valvoline Instant Oil Change Crowned King of Cars 2019

Service center recognized nationally for record-breaking sales volume and service

MINOT, ND, Dec. 27, 2019 – Minot’s Valvoline Instant Oil ChangeSM (VIOC), owned by Jarid Lundeen, has been recognized nationally for a record-breaking 2019 by winning four awards for outstanding oil change volume and sales.

Every year, the King of Cars award is presented to the Valvoline Instant Oil Change franchise location that has the highest number of oil changes in the nation. The Diamond Club is awarded to recognize exemplary guest service and sales.

In November 2019 the locally-owned Minot VIOC, which has been in operation for less than three

years, completed against more than 1,170 other franchised service centers to win the national title of King of Cars, and also achieved a place among approximately five percent of centers that are honored as a member of the Valvoline Diamond Club.

In a growing field of auto dealerships and oil change centers, the Minot Valvoline Instant Oil Change is leading the way with service and sales.

For more information about Lundeen’s Valvoline Instant Oil Change or Tires Plus, please contact them at (701) 837-1302 or find them on Facebook.



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|---|--|--|--|--|
| <p>Little Flower Catholic Church 800 University Avenue West 838-1520 Mass Schedule Saturday 4:30 pm Sunday 8:30 & 10:00 am Fr. Ken Phillips, Pastor www.littleflowerminot.com</p> | <p>St. Peter The Aleut Eastern Orthodox Church  109 6th St. SE Minot • 838-3094 Sunday Liturgy 10 a.m. Saturday Vespers 5 p.m. Fr. Bill Neumann</p> | <p> Break Forth Bible Church New! 7:00pm Service Thursday Evenings at the GRAND HOTEL www.breakforthbiblechurch.com</p> | <p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m. www.trinitychurchminot.org</p> | <p> Worship Service at 10:45am Sundays Sunday School at 9:45am 1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p> |
| <p> Faith United Methodist Church 5900 Highway 83 N, Minot www.faithumcminot.com Pastor Ken Mund 701-838-1540 Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p> | <p>Minot Baptist Church Sending the Glorious Light of Jesus Christ to a Dark and Needy World Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p> | <p>Cornerstone Presbyterian Church 1000 NE 3rd Street 852-0315 Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p> | <p>Congregational UCC 430 N. Broadway • 839-1064 Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am Please join us, all are welcome here!  UNITED CHURCH OF CHRIST</p> | <p> St. Mark's Lutheran Church <i>Missouri Synod</i> Sunday Worship 8:30 am & 11:00 am Holy Communion Served at All Services Sunday School, Youth, Adult Bible Class and Adult Choir 9:45 am 2209 4th Avenue NW Minot, ND 839-4663 Reverend Philip Beyersdorf</p> |
| <p> Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m. Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:30 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled). 7:30 p.m. Brian T. Skar, Pastor www.ibcminot.org</p> | <p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609 Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m. Jesse Starr, Pastor</p> | <p>St. John the Apostle Catholic Church  2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p> | <p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853 Christmas Worship Dec. 24th ... 3:30 pm, 5:30 pm & 10:30 pm Dec. 25th No Services Dec. 28th 5:00 pm Dec. 29th 9:30 am www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am • www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p> | <p> Gospel Tabernacle Community Church 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p> |
| <p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday Church School 5:45 pm Wednesday Worship 6:45 pm Christmas Eve Worship 5:00 & 11:00 pm Christmas Day Worship 9:00 am January 29 Service at 9:00 am Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p> | <p>First Baptist Church  200 3rd St. SW • 852-4533 www.fbcminot.org Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p> | <p> Cross Roads Baptist Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m. www.minotcrbc.org email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873</p> | <p> West Minot Church of God <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30 p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352 westminot.com facebook.com/westminot</p> | <p>West Minot Church of God <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30 p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352 westminot.com facebook.com/westminot</p> |
| <p> Vincent United Methodist Church 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors! Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m. Pastor Jennifer McDonald www.vincentumc.com</p> | <p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i> Thursdays: Worship 6:30 p.m. Sundays: Worship 8:30 a.m. & 10:45 a.m. 700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p> | <p>Chapel Services at MAFB <i>Protestant (North Plains Chapel in Base Housing)</i> Contemporary Service Sunday Worship 1000 Gospel Service Sunday Worship 1130 <i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday 1000 & 1700 Daily Monday-Thursday at 1200</p> | <p>ADVERTISE YOUR Church</p> | |
| <p>First Assembly of God 1805 2nd St. SE 838-1111 Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p> | <p> Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p> | <p> Christmas Eve SERVICE Dec. 24th 6:30pm minotfirstnaz.org/christmas 2500 W. Central Ave., Minot</p> | <p>Advertise FOR ONLY \$7 PER WEEK Revisions MADE UPON NOTICE FROM THE CHURCH Deadline TUESDAYS BY NOON WEEK OF PUBLICATION VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM</p> | <p>CONTACT US call 701-839-0946 email NSADS@SRT.COM fax 701-839-1867</p> |

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LEGAL NOTICE

MINOT AIR FORCE BASE, North Dakota. --

It is with deep regret that we announce the passing of **MASTER SGT. BRIAN RILEY** (Active Duty), 5th Munitions Squadron, Minot Air Force Base, North Dakota.

2d Lt. Lucas H. Lemoine (802) 881-6497, has been appointed the Summary Court Officer. All claims for or against the decedent's estate must be submitted to the Summary Court Officer:

5th MUNS Squadron
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THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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BASE ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Fall 2019 term (5 Dec-12 Feb). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to minot@erau.edu To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

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WINTER DRIVING SAFETY COURSE

Winter is coming! Winter driving can be hazardous and scary to some, especially those who have never encountered the white fluffy stuff. With that being said, it's a great time for new members of Team Minot to become educated on what to expect in the upcoming months and for all others to brush up on those winter driving skills. The Safety Office has started up the Winter Driving Safety Course for the season. This course covers some of the following topics: vehicle preparation, emergency kits, road/travel conditions, driving tips, etc. The course will be held on the first Wednesday of each month starting at 0900 from now until April 2020 in room 212 of the Base Education Office. The course typically lasts an hour and is open to all members of MAFB.

UPCOMING COURSE DATES

January 8 • February 5 • March 4 • April 1

If you have any questions please do not hesitate to reach out to the Safety Office at 723-4262

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| | |
|--|--|
| Adult Painting Class 13 6pm A&C Center | Free Bowling 14 6-8pm 3 Games & Shoes |
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ANSWERS

SUDOKU

Answers to puzzle from page A4

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 8 | 5 | 4 | 1 | 2 | 7 | 9 | 3 |
| 9 | 1 | 4 | 8 | 7 | 3 | 5 | 6 | 2 |
| 2 | 3 | 7 | 9 | 5 | 6 | 4 | 1 | 8 |
| 3 | 9 | 2 | 6 | 8 | 4 | 1 | 5 | 7 |
| 1 | 4 | 8 | 5 | 9 | 7 | 3 | 2 | 6 |
| 7 | 5 | 6 | 2 | 3 | 1 | 8 | 4 | 9 |
| 5 | 7 | 3 | 1 | 6 | 9 | 2 | 8 | 4 |
| 4 | 6 | 1 | 7 | 2 | 8 | 9 | 3 | 5 |
| 8 | 2 | 9 | 3 | 4 | 5 | 6 | 7 | 1 |

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