

WHATS  
INSIDE  
THIS WEEK:

## 5TH MEDICAL GROUP RIBBON CUTTING CEREMONY



119TH WING  
MEMBER HELPS  
WOMAN OUT  
OF SINKING  
AMBULANCE **A2**



MINOT WINS  
TROPHY FOR  
OUTSTANDING  
COMMUNITY  
SUPPORT **A3**

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The 5th Medical group celebrates a new facility at Minot Air Force Base, North Dakota, Dec. 18, 2019. The 5th MDG was renovated and improved after 3 years of construction. *More photos on page B3.*

U.S. AIR FORCE PHOTO | AIRMAN JAN K. VALLE



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DETAILS ON PAGE 3



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Videos

# 119th Wing member helps woman out of sinking ambulance

BY CHIEF MASTER SGT. DAVID H. LIPP, 119TH WING PUBLIC AFFAIRS

Tech. Sgt. Ryan Fontaine, of the 219th Security Forces Squadron, unexpectedly found himself in the position to help save the life of a 91-year-old Williston, N.D., woman as he drove south on U.S. Highway 83 just before midnight on Thanksgiving, November 28, 2019, near Max N.D.

Fontaine was descending a hill on the icy four-lane highway near mile marker 179 when he noticed flashing lights several yards off the road on the west side to his right, and two vehicles on the shoulder.

He stopped to investigate and noticed the flashing lights on an ambulance that was half-submerged in the frozen slough next to the road.

The three-person crew that had been in the ambulance escaped by breaking a side cab window with an ice scraper. The cab of the ambulance was twisted due to the accident and passage was not possible from the back end to the front broken-out window. The patient, Dolores Paulson, of Williston, N.D., was trapped inside the flooding ambulance.

The driver of one of the vehicles parked on the shoulder of the road was Kathy Paulson, the daughter of Dolores. Kathy,

also from Williston, had been following the ambulance as it transported her mother from Williston to Bismarck, N.D., for a medical procedure and was speaking to 911 dispatch.

The ambulance crew members were working to get Dolores out, but were initially unable to break the windows with a fire extinguisher to get to her.

"A paramedic shouted at one point they had between a minute and a minute-and-a half to get mom out. I thought at that point it would sink totally under the broken ice as less and less of the ambulance was showing. I did not realize at the time, but the minute to minute-and-a half warning was due to hypothermia," said Kathy.

They were finally able to break through the window of the ambulance using a jack from Fontaine's personal vehicle. Fontaine cleared glass from around the ambulance windows using the jack when he got close enough to the partially submerged vehicle. Abdul-Jabbar, insisted on going back into the ambulance with Fontaine to rescue the patient they had been transporting.

A passerby, named Woody Valdez-Perez, provided a yellow tow-rope for Fontaine and Hasan Abdul-Jabbar to help them with the rescue efforts.

"The large chunks of ice in the water made it nearly impossible for anyone to swim in the water around the ambulance, but Abdul-Jabbar made it into the

ambulance," said Fontaine as he recalled the events of the rescue.

Once inside the ambulance, Abdul-Jabbar looped the tow rope around Dolores.

"Mom said she was then standing in water with ice chunks up to her armpits," said Kathy.

Abdul-Jabbar eased her out, as Fontaine and Valdez-Perez pulled her across the icy water to safety.

"The whole thing probably took about 10 minutes from the time I got there, but it seemed like much longer," Fontaine said.

Two additional ambulances, one from Garrison, N.D., and another from New Town, N.D., and several law enforcement vehicles began arriving and all of the people that were exposed to the frigid water got into vehicles to warm up. Dolores was placed in one of ambulances and the others were checked and treated for hypothermia if necessary, with all surviving.

"I noticed about four or five vehicles as they drove by when I first got there, and I am just glad a few of us stopped to help. I am not sure how much longer Dolores would have lasted in that cold water," said Fontaine.

"The selfless acts and quick thinking of these three (Abdul-Jabbar, Valdez-Perez and Fontaine) directly contributed to the survival of Dolores," wrote Ward County Sherriff's Sergeant Conrad Kossan in his accident report from the scene.

"The training I received through the military definitely

helped me in this event. The command and control helped me to assess the situation and to stay calm and think through the process, and the self-aid and buddy care training helped me to come up with ways to help get Dolores to safety," said Fontaine.

"Words cannot express my gratitude, my mother's gratitude, as well as the gratitude of my

entire family, for the brave and heroic action of Ryan, the ambulance crews, and all the passers-by who stopped to help. This truly was a total nightmare that had a very happy ending. Let it be known you are all heroes! This was one Thanksgiving we all will remember for a long, long time -- bless you all!" said Kathy Paulson.



Accident scene photo.

WARD COUNTY SHERRIFF DEPT



Staff Sgt. Ryan Fontaine, of the 219th Security Forces Squadron, stands among unit members listening to a briefing May, 25, 2016. Fontaine has since been promoted to Technical Sergeant and is a 219th Security Forces Squadron response team leader in the Minot Air Force Base missile field complex. He assisted with a roadside rescue on U.S. Highway 83 at about midnight, Nov. 28, 2019. This photo has been cropped.

U.S. AIR NATIONAL GUARD PHOTO  
CHIEF MASTER SGT. DAVID H. LIPP

## Back Talk

*I will compare receipts with you any day.*

A popular myth about chiropractic is that it is expensive. I will admit that it is not free, but I would not go as far to say that it is expensive. Here are some bullet points to put it into perspective.

• **A Good Investment**

In my opinion every penny you spend towards your health is a good investment. Whether that is eating healthy food, a gym membership, getting massages, or my favorite; making chiropractic care a part of your lifestyle.

• **Being Sick Costs Money**

If you think investments in your health are expensive, try being sick. If you are a little sick you miss work and miss time with your family and friends, if you are a lot sick you miss lots of work and spend your money at hospitals and on medication etc. Investing in your health will never be as expensive as being sick.

• **Hospital Stays Are Expensive**

We are at a point in our healthcare system where a weekend in the hospital can bankrupt a family. We have all probably heard stories of someone walking into a hospital and walking out with a 6-figure bill. You and your whole family could see a chiropractor for generations for that kind of money.

• **Less Than A Cup of Coffee!**

I know several people who spend more on coffee per month than they would spend on a treatment program at our clinic, and that is even without the benefit of using their insurance.

I have heard several times from people "well it is easy for you to say how great chiropractic is, you don't pay for your adjustments." Well I do pay for my adjustments. I value chiropractic so much that when I am out of town and get adjusted by one of my colleagues, I pay out of pocket for my care. They would be happy to see me as a professional courtesy, but I pay because I value their care so much. In my clinic when I get adjusted by my team, however, they are right. I don't pay out of pocket. But, I have invested a lot to get those "free" adjustments. My education cost me \$250,000, then with all the money it takes to start a clinic and pay employees etc., the amount I pay for those "free" adjustments is staggering. Even though I pay more for my chiropractic adjustments than I probably would for my dream home, I still 100% find it worth the investment! I feel I am getting a bargain.

If you still think your chiropractic care is expensive, I will compare receipts with you any day. My favorite part of practice is seeing the patients who value their health the way that I do and see their care for the bargain it is. If you want to be a part of one of the best deals going in healthcare give us a call today 701-852-2800

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# Minot wins Barksdale Trophy for outstanding community support

CARLA PAMPE, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

After months of competition across the command, Air Force Global Strike Command honored the "Best of the Best" in bombers, ICBMs, helicopters, maintenance and security forces during a scoreposting event Nov. 20.

However, another equally-important honor was handed out for the second time since it was created in 2017 – the Barksdale Trophy – given to the community with the most outstanding community support to an AFGSC base.

The community of Minot, North Dakota, took home the trophy this year.

"They say 'Only the Best Come North,' and Minot couldn't be prouder of the Minot Air Force Base and all who serve," said Brekka Kramer, Vice President of Odney Advertising Agency, and a member of the AFGSC Civic Leader Program. "The men and women of the Minot Air Force Base are of part of our community. They are friends, neighbors, and for some of us, they are family. They fight for our country and make sacrifices, so we don't have to."

Kramer and fellow AFGSC Civic Leader Bruce Christianson, General Manager and CEO of the Magic City Financial Group, traveled from Minot to cheer on the 5th Bomb Wing and 91st Missile Wing teams at the scoreposting, and were on hand to accept the trophy on behalf of the City of Minot.

"Minot, the surrounding area and Minot Air Force Base are one community," Christianson said. "It was an honor and our very pleasure to accept this award on

behalf of all the people who truly made this award possible."

The Barksdale Trophy is awarded to the community which has provided the highest level of community support to an air force base in the Air Force Global Strike Command over the preceding 24 months, said Murray Viser, President and Chief Operating Officer for Barksdale Forward, Inc. Barksdale Forward manages the award program on behalf of the communities of Shreveport and Bossier City.

"The competition for the Barksdale Trophy is intended to create an air of friendly competition between host communities in order to encourage creativity and ever-increasing levels of community support for each base within Air Force Global Strike Command," Viser said.

The City of Abilene, Texas, won the first trophy in 2017.

The criteria used in judging are:

- Community-based programs that positively impact the quality of life for airmen and their families.
- Community investment in infrastructure designed to benefit airmen, officers and families associated with the base
- Community assistance and support in securing state and federal funding for infrastructure or programs beneficial to airmen, officers and their families, as well as the overall mission of the base.
- Overall community hospitality, kindness, and acceptance of airmen, officers and their families.

Nominations are judged by Barksdale Forward, Inc.,

leadership and a select panel of former Air Force Global Strike Command commanders and vice commanders, Viser said.

The city of Minot will showcase the Barksdale Trophy throughout the community until 2021.

"It's an honor for our

community to be recognized for providing the finest support to an Air Force Base associated with Air Force Global Strike Command," Kramer said. "It is a team effort that makes Minot a great community deserving of the Barksdale Trophy."



The community of Minot, North Dakota, took home the Barksdale Trophy for the outstanding community support to an AFGSC base during the 2019 Global Strike Challenge scoreposting Nov. 20 at Barksdale Air Force Base, La.

AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

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Col. Glenn Harris

91st Missile Wing Vice Commander:

Col. Barry E. Little

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4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

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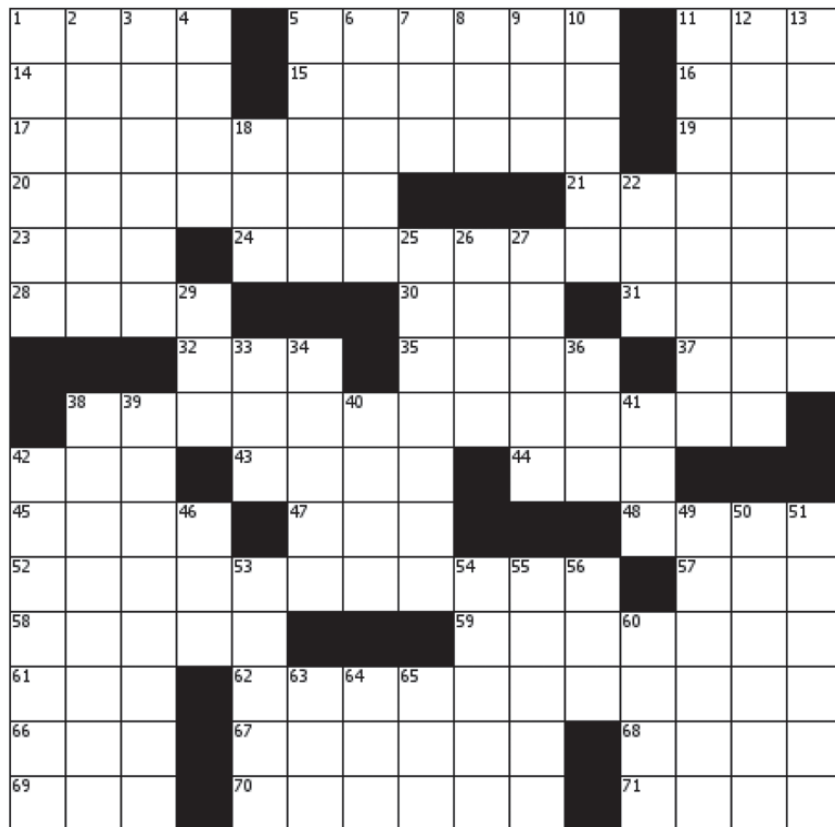
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# CROSSWORD PUZZLE

**Across**

- 1. Deep cut
- 5. Users' shortcuts
- 11. Severe skirmish
- 14. First Scandinavian Olympic venue
- 15. Draw out
- 16. Go in haste
- 17. Forgo telling a story?
- 19. Treasury Dept. division
- 20. The tiniest bit
- 21. "À \_\_\_ santé!" (French toast)
- 23. Part of UCLA
- 24. Rouse a dabbling duck?
- 28. "Exodus" director Preminger
- 30. Siren West
- 31. Exert exhausting effort
- 32. Talking-\_\_\_ (scoldings)
- 35. Tony candidate
- 37. Clio candidates
- 38. Be a lookout man in a robbery?
- 42. What a weightlifter shows off, for short
- 43. German coal-producing region
- 44. Failure of a firecracker
- 45. Affirmatives at sea
- 47. \_\_\_-pitch softball
- 48. October 31st ammo
- 52. Do some rationing in an Asian soup kitchen?
- 57. Meal morsel
- 58. Producer of the Hula Hoop and Hacky Sack
- 59. Try to find in a store
- 61. Osaka sash



- 62. Successfully wooed a hospital worker?
- 66. Reel's partner
- 67. Single-file
- 68. First Lady before Mamie
- 69. Become brunette, maybe
- 70. Way of being thrilled or torn
- 71. Visualizes

**Down**

- 1. Leave the band to perform alone

- 2. Start of a classic Kennedy quote
- 3. Superlatively surreptitious
- 4. Pueblo Indian
- 5. Conductor Zubin
- 6. Spring \_\_\_ (require patching, perhaps)
- 7. Op. or loc. follower
- 8. JVC competitor
- 9. Bathwater additive
- 10. Canyon of comics

- 11. State tree of Connecticut and Maryland
- 12. Bomb-dropping attacks
- 13. Offers on eBay, say
- 18. AAA offering
- 22. Mel of the diamond
- 25. Hans Christian Andersen's naked marcher
- 26. Body powder
- 27. Got wind of

- 29. Like many cold medicines (abbr.)
- 33. Rubber-stamps
- 34. Secret supply
- 36. "\_\_\_ wish!"
- 38. "Yeesh!"
- 39. South Australia's capital
- 40. Fit as a fiddle
- 41. Keats composition
- 42. It may be bleeped out
- 46. Religious sch.
- 49. Be released from jail

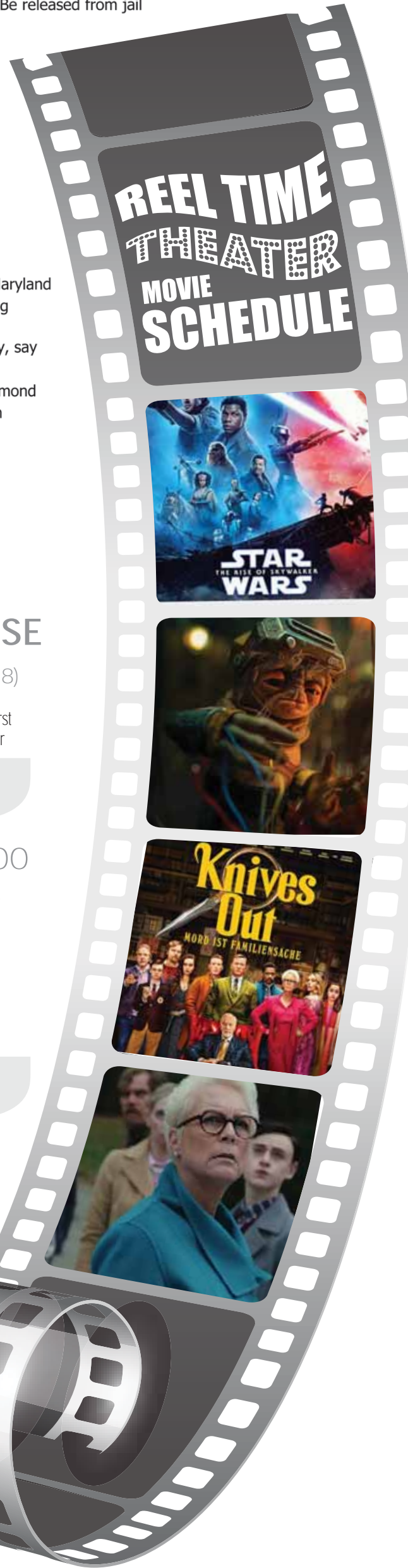
- 50. "\_\_\_ Pointe Blank" (John Cusack film)
- 51. Place emphasis on
- 53. Namely
- 54. Strike while the iron \_\_\_
- 55. Munches on
- 56. Ages and ages
- 60. Alehouses
- 63. She survived Lennon
- 64. Slap cuffs on
- 65. Centennial lead-in

## SUDOKU Solution to puzzle on page B6

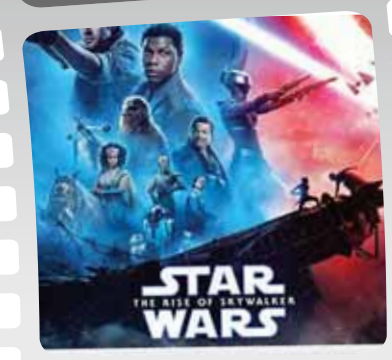
				1		2	3	
	3		4	5	6	7		
8			7		3			
2				4		6		
	1		9		7		4	
		7		8				5
			5		4			7
		5	1	3	2		8	
	9	4		7				

Solution to last week's Crossword puzzle.

C	E	S	T	A		A	B	C	S		A	P	S	E		
A	X	L	E	D		C	O	L	T		O	L	A	V		
S	H	I	S	H		T	H	I	R	D	R	A	T	E		
B	A	C	H	E	L	O	R	P	A	R	T	Y				
A	L	E		S	I	R				I	N	A	R	U	T	
H	E	R	M	I	T		B	R	N	O		O	S	H		
				A	V	E	N	U	E			A	O	N	E	
M	A	S	T	E	R	C	R	A	F	T	S	M	A	N		
A	R	T	S			A	R	M	L	E	T					
L	E	A		T	E	A	S			E	X	A	C	T	S	
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				D	O	C	T	O	R	Z	H	I	V	A	G	O
Z	O	O	P	H	O	B	I	A			L	I	V	E	R	
O	N	U	S			P	O	O	R			E	V	E	R	T
E	S	T	E			S	E	T	S			S	A	S	S	Y



### REEL TIME THEATER MOVIE SCHEDULE



FRIDAY, DEC 27 1800  
**STAR WARS: THE RISE OF SKYWALKER** (PG-18)

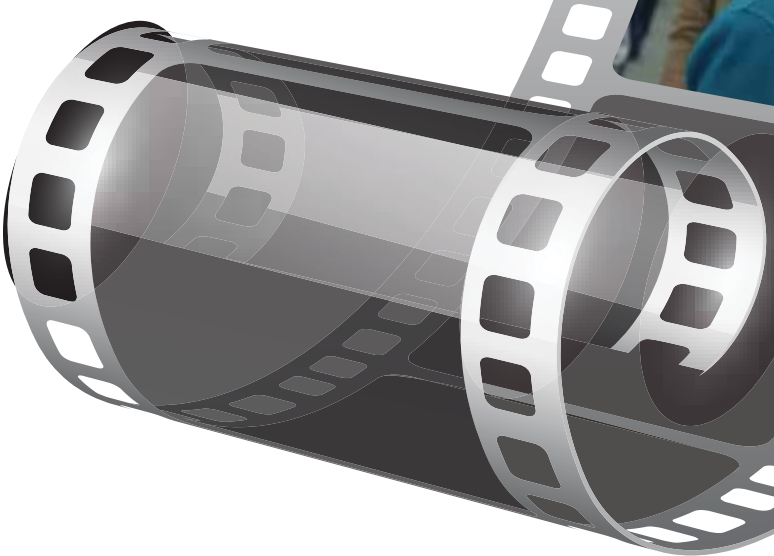
“The surviving Resistance faces the First Order once more in the final chapter of the Skywalker saga.”

SATURDAY, DEC 28 1700  
 SUNDAY, DEC 29 1500



**KNIVES OUT** (PG-13)

“A detective investigates the death of a patriarch of an eccentric, combative family.”





**TEEN SEASON OF GIVING - MAFB YOUTH CENTER**

The Keystone Club at Minot AFB Youth Programs has been busy this month giving back to the community. The Keystone Club provides leadership development opportunities for youth, age 14-18 and focuses on three focus areas: academic success, career preparation, and community service. During the month, the Keystone Club volunteered at Operation Holiday Child held Saturday, 14 December by serving breakfast to MAFB families and facilitating crafts with children. At the recent Members' Talent Show held at the Youth Center on 18 December, the club unveiled their holiday service project, "Pay It Forward", which supports their random acts of kindness campaign. They will be wrapping up this month's service campaign by donating blankets and food items to various youth and veteran organizations in the area. For more information on the Teen Program or Keystone Club held at the Minot AFB Youth Center please call 701-723-2838.

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# Upcoming Events

**28 DEC** **GOODNIGHT MINOT 2**  
6:30 PM - 9:30 PM  
Location: Mouse River Players 115 1st St SE, Minot, ND

Minot's late night TV show returns for a second round! Featuring the creative talents of Jake Thrailkill and Myles Barcomb in partnership with Good Talk Network productions. Good Night Minot is inspired by the comedy of late night television, complete with a red carpet experience, opening monologue, featured musical act, skits, and regional celebrity guests. Good Night Minot will be filmed before a live studio audience. Doors open and social hour begins at 6:30PM with full cash bar and live music with the Good Night Minot house band. Seats are limited, get your tickets online now.



For more information:  
Facebook event/ GoodTalk Minot

**28-29 DEC** **CHRISTMAS BREAK LOCK IN**  
11:00 PM - 7:00 AM  
Location: HighAir Ground Trampoline Park 1210 4th Ave NW, Minot, ND

December 28th jump all night long @ our lock-in 11pm-7am. What's more comfy to jump in than your favorite PJs?! Celebrate Christmas by watching holiday movies, grabbing some midnight snacks w/ your best friend, and enjoying a hot cocoa bar. Games & giveaways included in all the fun. Join in the festivities TODAY by calling 701-837-5867. Cost @ \$35 for ages 8 to 15 (limited spots)



For more information:  
Facebook event/ HighAir Ground Trampoline Park

**30 DEC** **MOVIE ON THE TURF: SMALLFOOT**  
10:00 AM - 12:00 PM  
Location: Maysa Arena 2501 Burdick Expy W, Minot, ND

Join Minot Parks at the Maysa Arena! Showing Smallfoot Monday, December 30th - movie starts at 10:00 am This is a free event! Bring your blankets to watch on the turf! - no food or sugary drinks are allowed on the turf - water will be provided



For more information:  
Facebook event/ Minot Parks

**31 DEC** **4TH ANNUAL NOON YEAR'S EVE PARTY**  
10:00 AM - 12:30 PM  
Location: Minot State University Swain Hall 500 University Ave W, Minot, ND

Join us for our Annual Noon Year's Eve Event. Celebrate the New Year at NOON, so little ones don't have to stay up until midnight! Balloon Drop 12:00 PM Cost: \$6/person, \$18 family max, under 12 months Free. Pay at the door. STEAM activities, games, balloon drop!



For more information:  
Facebook event/ Magic City Discovery Center

**31 DEC** **NOON YEAR'S EVE NERF ON THE TURF**  
10:30 AM - 1:30 PM  
Location: Maysa Arena 2501 Burdick Expy W, Minot, ND

December 31st starting at 10:30 am we will be celebrating the New Year with a Nerf War on the turf at the Maysa Arena! \$8 In Advance / \$10 at the Door per child Grades: K - 2 / 3 - 5 / 6 - 8 Times: K - 2 Grade (10:30 am - 11:30 am) 3 - 5 Grade (11:30 am - 12:30 pm) 6 - 8 Grade (12:30 pm - 1:30 pm) \*Register online at minotparks.com/nerfontheturf/ or at the door \*Call 857-4136 for more information



For more information:  
Facebook event/ Minot Parks

**1 JAN** **NEW YEARS DAY BRUNCH**  
11:00 AM - 3:00 PM  
Location: Souris River Brewing 32 3rd St NE, Minot, ND

Join us to experience one of Minot's unique brunches as we welcome in 2020. We will be offering brunch 11am-3pm on Wednesday January 1st so come downtown for some local beer and amazing food. Party's of 6 or more we strongly recommend making a reservation ASAP.



For more information:  
Facebook event/ Souris River Brewing

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# Northern Celebrations

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## Celebrating the night

Patricia Stockdill

As darkness settles on the beginning of a new year, the crisp air seems to reverberate with special sounds; the scent of juniper berries highlights one's senses, and pine needles burst with aroma.

A winter's night can be anything but boring and lonely: Just ask the white-tailed deer for it knows darkness is a time to rise from its snowy bed among buffaloberry and switchgrass to stretch, explore, and feed.

An owl takes flight, using its natural high-tech nighttime vision to scout for its next mousy meal.

The coyote rises as well, its acute nose and equally sharp eyes in search of its own dinner. It's not fussy. Whatever is an easy catch, whether it's that small furry morsel or settling for some dried, low-hanging chokecherries nestling down onto the snow-covered ground. Stars seem more vivid and vibrant in the winter's nighttime air, seemingly dancing and begging, "Come play, come play."

Coyote pups yip and yelp among themselves and their parents respond. Their conversation seems deafening even though it's in the distance.

It's a New Year's nighttime hike and it's anything but quiet and boring.

It's also become a Fort Stevenson State Park tradition. The annual First Day Hike brings snowshoers, cross-country skiers, and hikers together to celebrate a new year and special winter nights.

Simply dress appropriately in layers - skip the cotton base layer next to the skin, going the moisture-wicking route - and wear warm boots. Bring skis or snowshoes if one desires. Bring a sled to pull young children but just remember they won't be moving to keep warm so swaddle them up.

Bring a flashlight or headlamp if the urge to explore other park trails strikes one's fancy.

Located three miles south of Garrison along Lake Sakakawea, the park began hosting the hike as a way to introduce visitors to its winter opportunities, including about 10 miles of groomed and un-groomed trails for cross-country skiing, snowshoeing, hiking, or fat tire

bike riding, described park manager Chad Trautman.

Yes, riding a bicycle with wide, fat tires through the snow. That's fat tire biking.

The Sixth Annual First Day Hike officially begins at 6 p.m. with participants meeting at the visitor center, people can come early and explore on their Trautman described, or stay afterwards and continue their nighttime experience.

Luminaries brighten the trail and park personnel add fairy lights in areas, allowing participants an opportunity stop, relax, and soak in the moment, he added. Snowshoes and cross-country skis are available for rent for those interested and other than appropriate winter attire; no special gear is needed to participate.

Mother Nature dictates much of the lives of North Dakotans and those on the Northern Great Plains. She will dictate the length of the hike, although it's typically about a mile, Trautman continued. She also dictates which trail participants will use depending on snow and weather conditions.

And speaking of snow and weather conditions, the event goes on unless a blizzard rules the night. Trautman admits weather was more than a bit brisk the first year the hike was held, limiting participants to about 15 hardy souls.

Since then typically anywhere from 30 to 40 to 100 people have shared the night. In addition, people often bring along their favorite four-legged family canine to revel in the experience. Dogs are welcome, Trautman added, and people only need to remember to have them on a leash. While people can explore the park on their own, dogs need their human.

They celebrate at its conclusion with a hot chocolate bar and 'Smoes. The gathering is also an opportunity to highlight some of the park's upcoming activities for the year.

People only need to pay the daily park entrance fee to share in the First Day Hike and annual passes will be available.

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# Home of the Global Striker

5TH BOMB WING, MINOT AFBCOMMAND PUBLIC AFFAIRS

Colonel Brad Cochran, Commander of the 5th Bomb Wing at Minot Air Force base explains the meaning of the new entrance sign at the bases' main gate.

"Within the Air Force, the first thought that comes to mind for Airmen when describing Minot AFB is always.. The cold. In fact, within the Air Force it's almost exclusively known as a cold remote nuclear capable base and nothing else. The reality is, Minot AFB does not have exclusive rights to everything cold. Every northern-tier base around the world deals with cold weather. What we do have, is exclusive rights to say we are the only base in Air Force Global Strike Command that performs every core mission set that the command owns. From bombers to intercontinental ballistic missiles, from nuclear to conventional missions, and from helicopters to nuclear command and control, Minot is unique within the command because we do it all. No other base within the command can say the same. Therefore, I believe, Minot AFB is the "Home of the Global Striker" even though the command is actually located at Barksdale AFB, LA. Our new sign at the front gate says this.

The new sign is a way to express our striker pride and remind our Airmen of who they are and of the devastatingly important work we do at Minot AFB every day. The sign also reminds us of the unique role we play in the world and the elite Airmen who are stationed here.

Of course, the men and women who are stationed here also know and understand we could not do it without the support of the city of Minot and many other communities in the surrounding area. Our local communities provide astonishing support! They were recently awarded the Barksdale Trophy for their amazing contributions to our mission. This prestigious award is given to the community that provides the best support to an Air Force installation within Air Force Global Strike Command. We are ever grateful for the tremendous support we receive each day from our community partners. Said briefly, the Air Force Global Strike Command's mission statement is "Airmen providing long-range precision strike... Anytime, anywhere!" Minot AFB and the community that supports us, define every part of that mission statement, and now we are saying it loud and proud at the front gate."



New Sign Declares Minot Air Force Base Mission as "Home of the Global Striker"

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# Air Force names newest helicopter 'Grey Wolf'

TECH. SERGEANT MIKE MEARES, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

DUKE FIELD, Fla. -- Air Force Global Strike Command named the MH-139A helicopter, the "Grey Wolf" during a naming ceremony here, Dec. 19, 2019.

Gen. Timothy Ray, AFGSC commander, made the announcement, comparing it to the wild animal that bears the same name.

The Grey Wolf is the first major acquisition for the command in its 10-year history. The name Grey Wolf is derived from the wild species that roams the northern tier of North America, which also encompasses the Intercontinental Ballistic Missile bases in AFGSC.

"It strikes fear in the hearts of many," Ray said. "Its range is absolutely inherent to the ICBM fields we have."

"As they hunt as a pack, they attack as one, they bring the force of many," he said. "That's exactly how you need to approach the nuclear security mission."

The helicopters will provide security and support for the nation's intercontinental

ballistic missile fields which span Wyoming, Montana, North Dakota, Colorado and Nebraska. The new helicopter closes the capability gaps of the UH-1N "Hueys" in the areas of speed, range, endurance, payload and survivability in support of the command's intercontinental ballistic missile missions. Other mission capabilities include civil search and rescue, airlift support, National Capital Region missions, as well as survival school and test support.

The roll out of the new helicopter, demonstrates an asset providing Intercontinental Ballistic Missile security in support of U.S. Strategic Command's nuclear deterrence operations aligned with the National Defense Strategy. The acquisition was contracted through Boeing during a full and open competition at a cost of \$2.38 billion for up to 84 aircraft — \$1.7 billion under budget. It is the command's first commercial "off-the-shelf" purchase, adding military-unique modifications.

The Air Force will procure up to 84 MH-139A Grey Wolf

helicopters, training devices and associated support equipment from Boeing.

"When I think about the issue in front of us, about moving forward in nuclear deterrence, when I stare down a wave of acquisition for essentially everything we do, I hope this particular program is a harbinger of very successful stories to follow," the general said. "Not just for our command, but for the good of the nation, and for the good of our allies and partners."

The Grey Wolf will replace the UH-1N, which entered the operational Air Force in 1970.

The MH-139A Grey Wolf will provide vertical airlift and support the requirements of five Air Force major commands and operating agencies: Air Force Global Strike Command, Air Force District of Washington, Air Education and Training Command, Air Force Materiel Command and Pacific Air Forces. Global strike is the lead command and operational capability requirements sponsor.



The MH-139A Grey Wolf was unveiled and named during the ceremony at Duke Field, Fla., Dec. 19, 2019.

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MINOT AFB PA

# WHAT'S GOING ON MAFB

## TODAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Last Day to Register for Winter Archery League at Outdoor Recreation
- Jimmy Doolittle Center Closed
- Christmas Vacation Bowling Special, 0900-1400, Rough Rider Lanes
- Holiday Extravaganza, 1400-1700, Youth Center
- Keystone Resiliency Challenge – School Age, 1600, Youth Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill and Bomber Bistro
- Keystone Resiliency Challenge – Teens, 1800, Youth Center
- Keystone Meeting, 1800, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

## SATURDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Cycle, 0900, Fitness Center
- Swerk, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- 5 FSS Season of Giving – Free Bowling Saturdays, 1800-2200, Rough Rider Lanes
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

## SUNDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- NFL Sunday Ticket Football, 1130-1800, Rockers Bar & Grill
- Sunday Bowling, 1200-1800, Rough Rider Lanes
- 5 FSS Season of Giving – Free Bowling Sundays, 1200-1800, Rough Rider Lanes
- Sunday Escapes Book Club, 1330, Base Library
- Cycle, 1400, Fitness Center

## MONDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Registration Opens for Dog Sledding Trip to Ely, Minnesota at Outdoor Recreation
- Christmas Vacation Bowling Special, 0900-1400, Rough Rider Lanes
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC

## TUESDAY

- AFGSC Family Day - For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- Game Day, 1000-1500, Base Library
- Neon New Year's Eve Party, 1000-0300, Rockers Bar & Grill

## WEDNESDAY

- For a full listing of Christmas and New Year's holiday facility hours, visit 5thforcesupport.com
- New Year's Day Special Lunch, 1030-1330, Dakota Inn Dining Facility

## THURSDAY

- Registration Opens for Youth Indoor Basketball and Cheerleading at Youth Center
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Keystone Resiliency Challenge – Open Rec, 1600, Youth Center

## UPCOMING EVENTS:

- 3 Jan**

  - Last Day to Register for Ice Fishing Trip at Outdoor Recreation
  - Swerk, 0915, Fitness Center
  - Cycle and Yoga, 1130, Fitness Center
  - Torch Club, 1600-1700, Youth Center
  - Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
  - Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill, Jimmy Doolittle Center, and Bomber Bistro
  - Keystone Meeting, 1800, Youth Center
  - Karaoke Night, 2000, Rockers Bar & Grill
  - Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes
- 4 Jan**

  - Cycle, 0900, Fitness Center
  - Swerk, 1000, Fitness Center
  - After Hours Kid's Movie Night, 1800, Base Library
  - Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

### Auto Hobby

#### December Specials

December 17-29

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Flat Stall

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Santa Special: \$5 per hour

### Auto Hobby

#### January Special

January 2-15

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Regular Price: \$25

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### Rockers Bar & Grill

#### December Special

Patty Melt

Dig in to a juicy 1/3 pound burger with sautéed onions, melted swiss, and American cheese served on perfectly grilled slices of bread! Served with fries for only \$9.75!

### Bomber Bistro

#### December Special

Wednesday Lunch Special: Smoked BBQ Plate

Dig in to the new Smoked BBQ Plate! Enjoy your choice of smoked brisket, baby back ribs, or polish sausage served with beans, coleslaw, and a fountain drink! Try it on Wednesdays during lunch while supplies last! Get 1 meat for \$9.95, 2 meats for \$10.95, or 3 meats for \$11.95!

### The B-Fifty Brew

#### December Special

Cinnamon Roll

Treat yourself with a sweet start to your day! Swing by to snag one of our delicious cinnamon rolls for only \$4!

### Rockers Bar & Grill

#### January Special

Kickin' Chicken Sandwich

Toasted bread with chicken tenders dipped in fire and fury sauce, pepper jack cheese, and ranch! Served with fries for only \$9.75!

### Bomber Bistro

#### January Special

Monday Lunch Special: Chicken Marsala

Don't miss this special featuring grilled chicken and sautéed onions & mushrooms with pasta in creamy marsala sauce! Served with garlic bread and available only while supplies last! Try it on Mondays during lunch for \$9.25 – includes a drink!

### The B-Fifty Brew

#### January Special

Coffee and Donuts

Grab some coffee & donuts to-go and share with a friend or treat yourself! You deserve a sweet start to your day!



**MPL Volunteer Training**  
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## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Dec. 23: 1,839.2 feet above mean sea level (MSL); 20,300 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.88 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.8 MSL.

• N.D. Game & Fish Dept. game wardens: Not much activity on Lake Sakakawea. Ice conditions vary greatly, including on Lake Audubon so use extreme caution. Best access is with ATVs or walk-on throughout north-central area lakes. No reports from Devils Lake.

• Devils Lake, Ed's Bait Shop, Devils Lake: Some perch success on the west side of Stump Lake yet and Black Tiger Bay on Devils Lake. Try 35 feet along the bottom in Black Tiger. Also try the old roadbed in Black Tiger Bay. Some pike success using tip-ups or spearing along Walford's Bay and other west side Devils Lake bays. More activity on Devils Lake working a variety of depths for walleye.

• Devils Lake, Woodland Resort, Devils Lake: Fair walleye bite starting on Devils Lake. Try slip bobbers and minnows in 20 to 32 feet working basin drop-offs. Look for scattered perch success. Move around to locate and stay on them because they're not schooled yet.

• Lake Audubon/Lake Sakakawea, Totten Trail Bait, Coleharbor: No new reports but try the east side of Lake Audubon for walleye.

• Lake Darling, Karma C-Store, Ruthville: Continued walleye success on Lake Darling and at Grano. Lake Audubon continues producing walleye.

• Lake Metigoshe, Four Seasons, Bottineau: Fair to good success for a mix of pike, walleye, and bluegill. Work the bays for bluegill; deeper water for walleye.

- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.
- Use caution with dogs when hunting around frozen wetlands for cuts from ice, breaking through, etc.

### DATES TO REMEMBER:

- Dec. 27: Missouri River Canada goose zone closes.
- Dec. 28 & 29: Free ice-fishing weekend.
- Dec. 28: Devils Lake Christmas Bird Count. Meet at Cedar Inn Restaurant, 7:30 a.m.
- Dec. 29: High Plains duck, merganser, and coot season closes.
- Dec. 29: Light goose and tundra swan season closes.
- Jan. 5: Archery deer, pheasant, turkey, sharp-tailed grouse, ruffed grouse, partridge seasons close.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Audubon producing walleye from 3-Mile Bay to the east. Try variety of depths but check ice conditions as depths and quality vary. Scattered walleye success on Steinke Bay on the east end of Lake Sakakawea but use caution, as well. Look for a morning bite. A few darkhouses out on Steinke Bay but no reports on pike success. Douglas Bay producing some pike spearing activity but no walleye reports.

• Lake Sakakawea, Scenic 23, New Town: Anglers starting to venture onto the Van Hook Arm but walleye success slow yet. Best success to the west is from White Earth Bay working west.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues produces walleye from both boats and shore. Try jigs from the honey hole and boat ramp or crankbaits from the chutes or from shore off the rocks. Best success remains at night.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Beware of new pressure ridges forming through Lake Sakakawea. Fair to good walleye success in 14 to 20 feet on Lake Sakakawea. Try Lewis &

Clark State Park or Long Creek. Work deeper in 20 to 30 feet around Tobacco Garden. Some nice-sized pike caught with tip-ups or frozen baits. Blacktail Dam continues producing panfish.

• Lonetree WMA area lakes, Harvey: Area lakes continue producing nice walleye success.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: A few anglers testing the Mouse River but water clarity is poor with little activity. A few small walleye from Lake Audubon but overall still somewhat slow.

### Hunting:

• Pheasants: Some hunters trying their late season luck around Lonetree WMA but no reports on success. Look for birds to be in areas with cover. More birds showing up around the east end of Lake Sakakawea.

• Predators: Look for fair to good coyote success with snow cover.

### N.D. Parks & Recreation

#### Dept. cross-country ski trails:

• Fort Stevenson, Garrison: Trails in fair condition.

#### Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (800) 472-2121 or (701) 328-9921.

# Leadership is an art

AIRMAN 1ST CLASS CALEB S. KIMMELL,  
5TH BOMB WING PUBLIC AFFAIRS

Adversity is a fact of life. Airmen need the quality that allows them to be knocked down and come back as strong, if not stronger than before. Rather than letting difficulties or failure overcome them and drain their resolve, they find a way to rise. Minot Air Force Base Airmen are quick to display this trait.

Captain Lance P. Sijan was a fighter pilot and United States Air Force Medal of Honor recipient who was shot down by the North Vietnamese forces during the Vietnam War. He evaded capture for three weeks, all while enduring life threatening injuries. Sijan was eventually captured by the enemy and succumbed to his injuries as a prisoner of war in the Hoa Lo Prison, Vietnam.

Sijan displayed superb bravery and leadership skills with his actions, which in turn created the Lance P. Sijan USAF Leadership Award. It recognizes individuals who have demonstrated the highest qualities of leadership, and is one of the Air Force's most prestigious awards.

Tech. Sgt. Jeffery Fitzgerald, 91st Security Forces Group Tactical Response Force Flight Chief and NCO in charge, received the Sijan award for his outstanding leadership skills Dec. 5th, 2019 at Minot Air Force Base, North Dakota.

"If I had to choose one point in time where I felt I earned this award," said Fitzgerald. "It would have to be when I was filling in for the First Sergeant a while ago."

Fitzgerald said an Airman came to him about a family member who had taken their own life. They worked with their commander to get that Airman on a plane home within

"You're never going to have the opportunities somewhere else that you would have here."

-Fitzgerald

36 hours. Upon return, he said they had a heart to heart conversation.

"I felt that I did the right thing in helping that individual in their time of need," said Fitzgerald. "Minot is a hard place to be."

Fitzgerald says that even though Minot is a very challenging place to live, it is also the perfect place for a person to bloom.

"I have a different perspective of Minot than others," said Fitzgerald. "I have a son with my ex-wife down south, in Keesler Air Force Base. The seclusion of Minot is what got to me."

Fitzgerald says it's been very hard for him the past four years, but Minot Air Force Base has given him so many opportunities.

"It's not hard to jump into Minot and start to incorporate yourself into the group," said Fitzgerald. "To become a leader, follower, a member of the Minot team. You're never going to have the opportunities somewhere else that you would have here."

While Minot Air Force Base and the jungles of Vietnam are vastly different, both Sijan and Fitzgerald displayed an immense amount of bravery and leadership through their selfless actions.

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- 2 CUPS CHEDDAR CHEESE, SHREDDED
- ADDITIONAL MINCED CHIVES, FOR GARNISH

When ready to cook, set temperature to High and preheat, lid closed for 15 minutes.

Scrub the potatoes under cold running water and pat dry with paper towels. Poke in several places with a fork.

Arrange the potatoes directly on the grill grate and bake for about 1 hr and 15 minutes, or until the potatoes are cooked through.

Use oven mitts to transfer the potatoes to a rimmed baking sheet. Let the potatoes cool slightly for 5 to 10 minutes. Turn grill temperature down to 375°.

Cut the potatoes in half lengthwise, and scoop the potato flesh into a bowl leaving a 1/4" shell.

With a mixer, whip on low speed for about 30 seconds. Slowly add the hot milk and melted butter. Increase the speed to medium-high and whip until the potatoes are fluffy and smooth, 90 seconds to 2 minutes.

Stir in the chives and bacon. Add salt and pepper to taste.

Lay the hollowed-out potato skins on a large baking sheet and fill each skin to heaping with the whipped potato filling. Top each potato half with a generous sprinkling of cheese.

Cook at 375° for 20 minutes or until golden brown and cheese is melted.

Remove from grill and top with chives, if desired. Enjoy!

\*Cook times will vary depending on set and ambient temperatures.

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Minot

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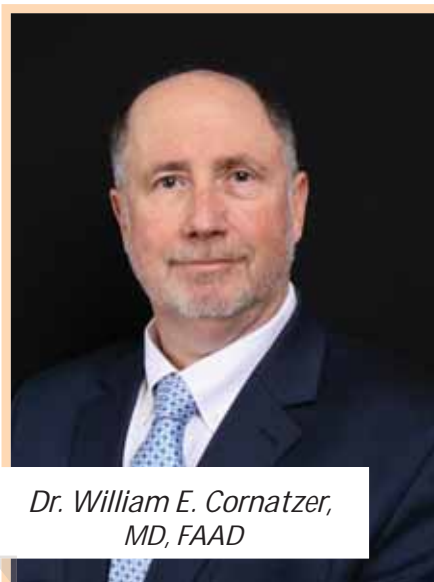
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**MAFB YOUTH CENTER TALENT SHOW**  
 Minot Air Force Base Youth Programs hosted their annual Membership Talent Show on Wednesday, 18 December 2019. The show consisted of eighteen acts with thirty youth participants, ages 5 to 14. Participants demonstrated their talents of dance, music, mime, art, comedy, and gymnastics. Parents and staff were so proud! What a jolly way to celebrate the season and show off these talented youth. For more information on Youth Programs at Minot AFB please call 701-723-2838.

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# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520 <b>Mass Schedule</b> Saturday ..... 4:30 pm Sunday ..... 8:30 &amp; 10:00 am <b>Fr. Ken Phillips, Pastor</b> www.littleflowerminot.com</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b>  <b>109 6th St. SE Minot • 838-3094</b> Sunday Liturgy ..... 10 a.m. Saturday Vespers ..... 5 p.m. Fr. Bill Neumann</p>	<p> <b>Break Forth BIBLE CHURCH</b> <i>New!</i> 7:00pm Service Thursday Evenings at the <b>GRAND HOTEL</b> www.breakforthbiblechurch.com</p>	<p> <b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School &amp; Fellowship ..... 9:00 a.m. Worship ..... 10:30 a.m. www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am <b>1720 4th Ave NW, Minot 838-0916</b> MinotBibleFellowship.org</p>
<p> <b>Faith United Methodist Church</b> <b>5900 Highway 83 N, Minot</b> www.faithumcminot.com <b>Pastor Ken Mund 701-838-1540</b> Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p><b>Minot Baptist Church</b> <i>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</i> Sunday School ..... 9:45 a.m. Morning Worship ..... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>Cornerstone Presbyterian Church</b> <b>1000 NE 3rd Street 852-0315</b> <b>Sunday Schedule</b> Contemporary Worship ..... 9:00am Sunday School (All Ages) ..... 10:00am Traditional Worship ..... 11:00am <b>Wednesday Evening Schedule</b> Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm <b>All are Welcome!</b> www.ecominot.org</p>	<p><b>Congregational UCC</b> 430 N. Broadway • 839-1064 <b>Sunday Worship ..... 11am</b> <b>Sunday School ..... 11am</b> <b>Tuesday Bible Study ..... 12pm</b> <b>Saturday Noah's Breakfast ..9:30am</b> Please join us, all are welcome here!  <b>UNITED CHURCH OF CHRIST</b></p>	<p> <b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i> Sunday Worship ..... 8:30 am &amp; 11:00 am Holy Communion Served at All Services Sunday School, Youth, Adult Bible Class and Adult Choir ..... 9:45 am <b>2209 4th Avenue NW Minot, ND 839-4663</b> Reverend Philip Beyersdorf</p>
<p> <b>Immanuel Baptist Church</b> 1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School ..... 9:15 a.m. Worship ..... 10:30 a.m. Wednesdays: Soup Kitchen .... 11:30 a.m. - 12:30 p.m. Family Supper ..... 5:30 p.m. Classes for all ages ..... 6:30 p.m. Adult Choir (as scheduled). 7:30 p.m. <b>Brian T. Skar, Pastor</b> www.ibcminot.org</p>	<p><b>Apostolic Faith Church, UPCI</b> <b>2929 19th Ave NW • Minot</b> Located off Hwy 83 Bypass West <b>(701)838-0609</b> Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m. <b>Jesse Starr, Pastor</b></p>	<p><b>St. John the Apostle Catholic Church</b>  2600 West Central Ave • Minot, ND 58701 <b>839-7076</b> Daily Mass Schedule: Tuesday ..... 5:15 p.m. Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m. Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	<p> <b>First Lutheran Church - ELCA</b> 120 5th Ave. NW 852-4853 Christmas Worship Dec. 24th ... 3:30 pm, 5:30 pm &amp; 10:30 pm Dec. 25th ..... No Services Dec. 28th ..... 5:00 pm Dec. 29th ..... 9:30 am www.firstlutheran.tv (Live Stream &amp; Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am • www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p> <b>Gospel Tabernacle Community Church</b> 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson <b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b> <b>Sunday School ..... 9:45 a.m.</b> <b>Adult/Children Worship.. 11 a.m.</b> <b>Family Hour ..... 6:30 p.m.</b> <b>Evening Worship ..... 7:30 p.m.</b> <b>Bible Study/Child-Adult</b> <b>Children Worship (Wed).... 7 p.m.</b> <b>Prayer (Friday) ..... 7 P.m.</b></p>
<p><b>Bethany Lutheran</b> 215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA Sunday Worship ..... 8:30 &amp; 10:30 am Sunday Fellowship ..... 9:30 am Wednesday Church School ..... 5:45 pm Wednesday Worship ..... 6:45 pm January 29 Service at 9:00 am Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p><b>First Baptist Church</b>  200 3rd St. SW • 852-4533 www.fbcminot.org Classic Worship Service ..... 8:30 a.m. Adult Sunday School ..... 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church ..... 9:50 a.m. Sunday School (All Ages) ..... 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) ..... 6:30 p.m. <b>Rev. Kent Hinkel, Senior Pastor</b> <b>Rev. Barry Seifert, Associate Pastor</b> <b>Pastor Sam Kautzmann, Student Ministries</b> <b>Elaine Carlson, Children's Ministry Director</b></p>	<p> <b>Cross Roads Baptist</b> Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m. www.minotcrbc.org email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873</p>	<p> <b>West Minot Church of God</b> <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30 p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352 westminot.com facebook.com/westminot</p>	<p><b>West Minot Church of God</b> <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30 p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352 westminot.com facebook.com/westminot</p>
<p> <b>Vincent United Methodist Church</b> <b>1024 2nd St. SE • 838-4425</b> <i>Behind Town &amp; Country Shopping Center</i> open hearts...open minds...open doors! Saturday Informal Worship .. 5:00 p.m. Sunday School ..... 9:00 a.m. Sunday Worship Service ..... 10:00 a.m. Fellowship ..... 11:00 a.m. <b>Pastor Jennifer McDonald</b> www.vincentumc.com</p>	<p> <b>OUR REDEEMER'S CHURCH</b> <i>A Church of the Lutheran Brethren</i> <b>Thursdays:</b> Worship ..... 6:30 p.m. <b>Sundays:</b> Worship ..... 8:30 a.m. &amp; 10:45 a.m. <b>700 16th Ave SE • 701-838-0750</b> For more information visit us on the web at: www.ourredeemers.org</p>	<p><b>Chapel Services at MAFB</b> <i>Protestant (North Plains Chapel in Base Housing)</i> <b>Contemporary Service</b> Sunday Worship ..... 1000 <b>Gospel Service</b> Sunday Worship ..... 1130 <i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday ..... 1000 &amp; 1700 Daily ..... Monday-Thursday at 1200</p>	<p>ADVERTISE YOUR <b>Church</b></p>	
<p><b>First Assembly of God</b> 1805 2nd St. SE 838-1111 Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Wednesday Family Night ..... 6:30 p.m.</p>	<p> <b>Our Redeemer's Christian School</b> 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p>	<p><b>To Advertise your Church on this page,</b> <b>Call 839-0946</b> <b>Only \$7.00 a space / per week</b></p>		

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## LEGAL NOTICE

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It is with deep regret that we announce the passing of **MASTER SGT. BRIAN RILEY** (Active Duty), 5th Munitions Squadron, Minot Air Force Base, North Dakota.

2d Lt. Lucas H. Lemoine (802) 881-6497, has been appointed the Summary Court Officer. All claims for or against the decedent's estate must be submitted to the Summary Court Officer:

5th MUNS Squadron  
859 Fighter Road  
Minot Air Force Base, North Dakota. 58705

For more information, call 701-723-2687

## WINTER DRIVING SAFETY COURSE

Winter is coming! Winter driving can be hazardous and scary to some, especially those who have never encountered the white fluffy stuff. With that being said, it's a great time for new members of Team Minot to become educated on what to expect in the upcoming months and for all others to brush up on those winter driving skills. The Safety Office has started up the Winter Driving Safety Course for the season. This course covers some of the following topics: vehicle preparation, emergency kits, road/travel conditions, driving tips, etc. The course will be held on the first Wednesday of each month starting at 0900 from now until April 2020 in room 212 of the Base Education Office. The course typically lasts an hour and is open to all members of MAFB.

## UPCOMING COURSE DATES

January 8 • February 5  
March 4 • April 1  
If you have any questions please do not hesitate to reach out to the Safety Office at 723-4262

## BASE ANNOUNCEMENTS

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**ANSWERS**

SUDOKU  
Answers to puzzle from page A4

7	5	6	8	1	9	2	3	4
9	3	2	4	5	6	7	1	8
8	4	1	7	2	3	9	5	6
2	8	9	3	4	5	6	7	1
5	1	3	9	6	7	8	4	2
4	6	7	2	8	1	3	9	5
3	2	8	5	9	4	1	6	7
6	7	5	1	3	2	4	8	9
1	9	4	6	7	8	5	2	3

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