

northern sentry

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WHATS INSIDE THIS WEEK:



AIRMEN RESCUE ACCIDENT VICTIM

A5



91ST MISSILE WING ANNUAL AWARDS BANQUET

B8



5TH BOMB WING WSA ALL CALL

B2



AIR FORCE SURGEON GENERAL VISITS TEAM MINOT

Staff Sergeant Gibbs Bellamour, 5th Medical Operations Squadron aerospace medical technician, receives the First Sergeant Diamond Sharp Award at Minot Air Force Base, North Dakota, Jan. 29, 2020. Bellamour was coined by Lt. Gen. Dorothy Hogg, Air Force Surgeon General, for his outstanding work and commitment to duty. *More photos on page B4 and Minot AFB PA Flickr page.*

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ASHLEY BOSTER

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DETAILS ON PAGE 3

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Minot AFB



Videos

Total Force Recruiting reaches diverse market with Snocross racing

MASTER SGT. CHANCE BABIN, AIR FORCE RECRUITING SERVICE PUBLIC AFFAIRS

DEADWOOD, S.D. (AFNS) -- The Air Force and Total Force Recruiting were front and center in the historic Old West town of Deadwood at the U.S. Air Force Snocross National races, Jan. 24-25.

For Air Force Total Force Recruiting, it's not just about getting enough people to join the Air Force, it's about getting a diverse mix of people representative of the nation to join. When it comes to recruiting, the snow-belt states on the northern tier, the Air Force has a long running sponsorship with Scheuring Speed Sports and the International Series of Champions.

Snocross racing features high-performance snowmobiles racing through various tracks. Racing events take place from as far east as New York, west to Colorado and north to the Dakotas. The sport draws large crowds, including lots of young, mechanically inclined adventure sport enthusiasts – a key demographic for Total Force Recruiting.

"When you talk about diversity, there's racial diversity, cultural diversity and geographic diversity. For the Air Force to try and get after some of that geographic diversity is very hard when you get to the northern-tier states," said Brig. Gen. Scott Durham, Air Force Recruiting Service deputy commander. "It can be a challenge to consolidate populations enough to even have an effective recruiting message or mission. Snocross is a great

event for that. I think it brings people together and is a great opportunity to get some of that geographic diversity and tell the Air Force story."

For Scheuring Speed Sports team owner, Steve Scheuring, his relationship with the Air Force dates back more than two decades.

"It started out back in the late 90s with a local recruiter in Minneapolis who came to a race to check it out and saw the excitement, adrenaline and high-flying action at the track and saw a lot of parallels with what the Air Force does," he said. "So, we worked with the local recruiter and created a little bit of a partnership and did a bunch of branding on our snowmobiles and it ended up being a great deal. It's been a partnership made in heaven since then."

Many recruiters and commanding officers have worked with Scheuring and his team over the years.

"I think what makes this a great partnership is the people," Schering said. "Every single person I've met in the Air Force has been fantastic. They partnered with me and we have worked very hard every single day to do the best for the Air Force. The key to our success is the people. I've probably worked with a dozen generals over the years. It's been a great ride."

For the Air Force recruiters, the Scheuring team helps build bridges into a region of the United States that can be difficult to recruit.

"We push the mechanical side of things to the individuals when we go out to the school visits," said Tech. Sgt. Aaron Mormon, 343rd Recruiting Squadron lead marketer. "Steve does a great job of tying that back into how the mechanics that his crew does relates back to the Air Force as well. It's a great opportunity to showcase that."

Prior to each national race, the Scheuring team goes to local high schools or secondary schools and puts on a presentation with the local recruiters. They talk about the technology they use to win races.

"We talk about making good choices in life and about having good attitudes," Scheuring said. "We bring out drivers, mechanics and myself for questions and answers. Then, we give out a scholarship after each visit. It's a thank you for letting us come to their school. It usually goes to a deserving student who works really hard but seems to get missed out on scholarships and stuff. It's not a lot of money, but to them it's a huge deal."

For the recruiters, the Scheuring team is a valuable asset because team members can relate with the kids of the region who are familiar with Snocross.

"They grow up doing this, riding snowmobiles and that kind of stuff," Mormon said. "When they ask questions to Steve about the actual mechanics of the sleds, that's when you see the value of the partnership. He can sit down and say the compression ratio of the sled is this and this and he

ties it back to the compression ratios on jet aircraft engines. For us to be able to showcase this is a huge opportunity we wouldn't otherwise have if we weren't a partner with his team."

"The school visits are fun," said Lincoln Lemieux, one of Scheuring's race drivers. "Not everybody is interested in what we do, but there are always a few kids who are super interested in the Air Force or the racing part of it. It's really cool because we can tie the two together with the technology and the hard work and dedication we put into it."

Lemieux said being part of the Air Force team has been a special ride.

"Wearing the Air Force logo means so much to me," he said. "I've been on this team for seven years so I don't know anything else. Just to race for the Air Force and all the opportunities they give us. All the men and women sacrifice their lives just so we can live free and have the life we want just means so much."

Durham said the Scheuring team and the Air Force are a good fit because both stress preparation, the use of technology, and physical and mental training.

"I think Steve and the Scheuring racing team are out to win," he said. "They want to be the best and they take it seriously. We share a belief in fitness, preparation and hard work and that all shines through here. It takes a bit of grit to stand the cold, and a little bit of grit goes a long way."

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A Shooting Star

AIRMAN JAN K. VALLE, 5TH BOMB WING

MINOT AIR FORCE BASE, N.D. --

The crowd roared and shook the floors while the players were drenched in sweat from running and rubber-soled shoes squeaked as they hit the hardwood. There was only one goal for the U.S. Armed Forces men's basketball team and that was going for gold.

The International Military Sports Council's seventh annual Military World Games was held in Wuhan, China, from Oct. 18th to 27th, 2019. Nearly 10,000 military members from 109 nations attended this event to face each other in a total of 27 different sports.

Through hard work and dedication, 2nd Lt. Jacob Van, 791st Missile Security Forces Squadron section commander, was one of the talented athletes to attend this major tournament playing for the U.S. Armed Forces men's basketball team as a point guard.

Van's passion for basketball started when he was eight years old in his hometown of Mansfield, Texas.

"I played a lot of sports growing up," said Van. "I played soccer, football, baseball and basketball. As I got older and joined high school, I decided to focus on basketball and I played all four years of high school."

His efforts and hard work throughout high school landed him a spot to play for the U.S. Air Force Academy.

"It was my junior year of high school and one of the Air Force Academy coaches reached out to me," said Van. "They talked about the opportunities that the Air Force had to offer and it was all very intriguing to me. I had other offers from various schools, but Air Force was definitely the best option."

Van played for the Air Force Academy from 2014 to 2018 where he earned his position as

a point guard.

"Playing for the academy was awesome since we were in the Mountain West Conference division," said Van. "We played against schools like San Jose State, New Mexico so we played against a lot of future NBA players."

Van thought of playing basketball professionally after the academy, but instead he was one of the few chosen to play for the U.S. Air Force men's basketball team.

"The assistant coach and the head coach of the Air Force team knew who I was since they were involved at the Air Force academy," said Van. "They asked me to come out and try out."

After auditioning with more than 120 applicants, Van was one of 12 members to make the team.

"I went to training camp in San Antonio for two to three weeks," said Van. "Then we had the U.S. Armed Forces tournament in Jacksonville, Florida in June 2019. We played against the U.S. Army, Marine Corps, and Navy and we ended up getting the bronze medal."

After Van's team won that bronze medal, he later went on to play for the U.S. Armed Forces team during the Military World Games.

"We lost against China in our first game, but we ended up winning the next three games, which took us to the semi-final," said Van. "We finished as the second best team out of 10. Overall we were very happy and I think we represented the country well."

The U.S. team defeated Brazil in the semi-final and advanced to the finals to face off against Lithuania. Despite not winning gold, Van still enjoyed his experience in China.

"China was awesome," said Van. "There were around 10 basketball teams there. We played against China, Mongolia,

Qatar and the Congo."

Van still trains for his future endeavors in his basketball journey.

"I work on my own by going to the gym, being in the weight room and playing when I can," said Van. "I've played for the Minot city men's league since 2018 and I do that to stay in shape."

Van hopes to play again in 2020 as the opportunity to play for the Air Force men's basketball team is only a one year deal.

"I'm thinking about playing again in the summer," said Van. "If I make the Armed Forces team then we will go play in Germany."



Second Lt. Jacob Van, 791st Missile Security Forces Squadron section commander, holds his silver medal Jan. 22, 2020, at Minot Air Force Base, North Dakota. Van played point guard for the United States Armed Forces men's basketball team at The International Military Sports Council's seventh annual Military World Games.

U.S. AIR FORCE PHOTOS | AIRMAN JAN K. VALLE

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2 Winners Every Week!



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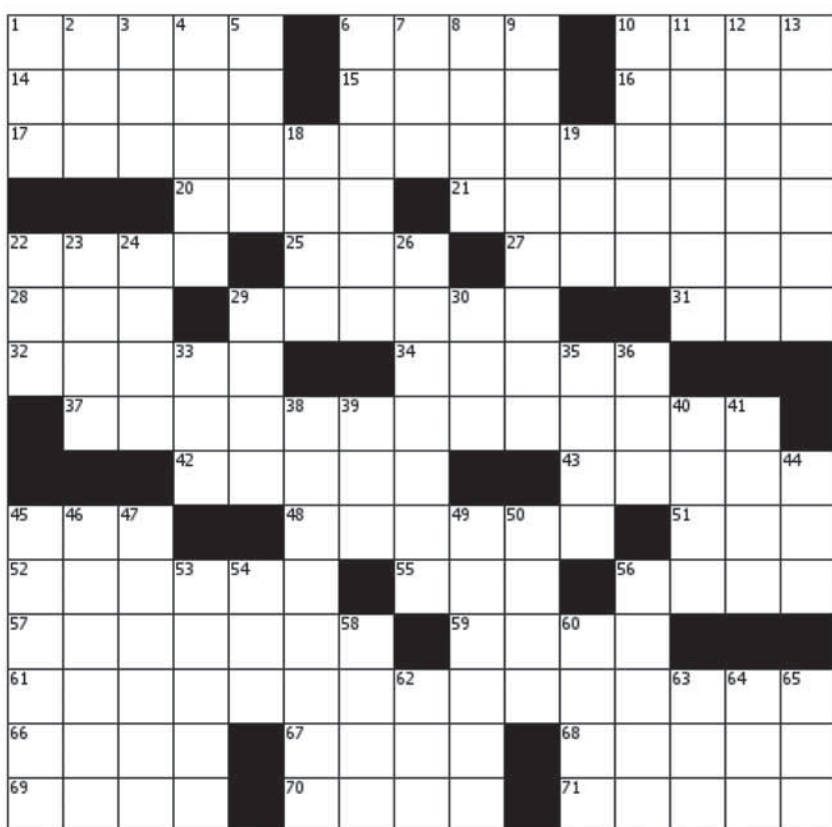
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CROSSWORD PUZZLE

Across

- 1. Series separator
- 6. Slightly wet
- 10. Roper's specialty
- 14. Sign of spring
- 15. Continuously
- 16. Samoan capital
- 17. Star-spoofing recipe?
- 20. Royal address
- 21. Like skeletal muscles
- 22. Brawl
- 25. Acct. addition
- 27. Spring festival
- 28. Material flaw
- 29. Cortés's victims
- 31. Hesitant sounds
- 32. "Love Story" costar
- 34. Follow, as advice
- 37. Precinct recipe?
- 42. Pine Tree State
- 43. Be gaga over
- 45. Spain's El ___
- 48. Standard
- 51. TV Chihuahua
- 52. Boxer's sequence
- 55. Mineo of movies
- 56. Picnic drinks
- 57. Map features
- 59. Honoree's place
- 61. Wedding recipe?
- 66. Busy
- 67. Windex target
- 68. Military hopeful
- 69. ___-poly
- 70. God with a bow
- 71. Vicuña's habitat



Down

- 1. Elevator unit
- 2. Pizarro's gold
- 3. Hamm of soccer
- 4. Like a scandal
- 5. Spumante source
- 6. Not naked, informally
- 7. Forum greeting
- 8. Brooks and others
- 9. Initial market analyses
- 10. Elysée city

- 11. Sedative drug
- 12. Risk a fine, in a way
- 13. Cake elements
- 18. Linda Ronstadt's birthplace: Abbr.
- 19. Automobile front-end cover
- 22. Not to
- 23. Circle
- 24. One making a good impression?
- 26. TV show promos

- 29. ___ breve
- 30. Hosp. heart ward
- 33. Intent
- 35. Stone for many a Libra
- 36. Nancy Drew's beau
- 38. Printer's machine
- 39. Year in Yucatán
- 40. Wood delivery
- 41. Hammock holder
- 44. Print widths
- 45. Lead sharer

- 46. As a whole
- 47. Knock off track
- 49. Mexican moms
- 50. Kyrgyzstan's ___ Mountains
- 53. Snappish
- 54. Selling liquor
- 56. Narnia lion
- 58. Skyrocket
- 60. Cuzco native
- 62. Numero ___
- 63. Do some sums
- 64. Minute
- 65. Peter, Paul and Mary: Abbr.

SUDOKU Solution to puzzle on page B6

| | | | | | | | | |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| | 1 | 2 | | | | 3 | | 4 |
| | | | 5 | 2 | | | | 6 |
| 7 | | | | 3 | 6 | | | |
| 4 | | | 2 | | | | | 8 |
| | 5 | | | | | | | 9 |
| | 6 | | | | 3 | | | 1 |
| | | | 9 | 8 | | | | 6 |
| | 2 | | | 1 | 7 | | | |
| 1 | | 8 | | | | 5 | 3 | |

Solution to last week's Crossword puzzle.

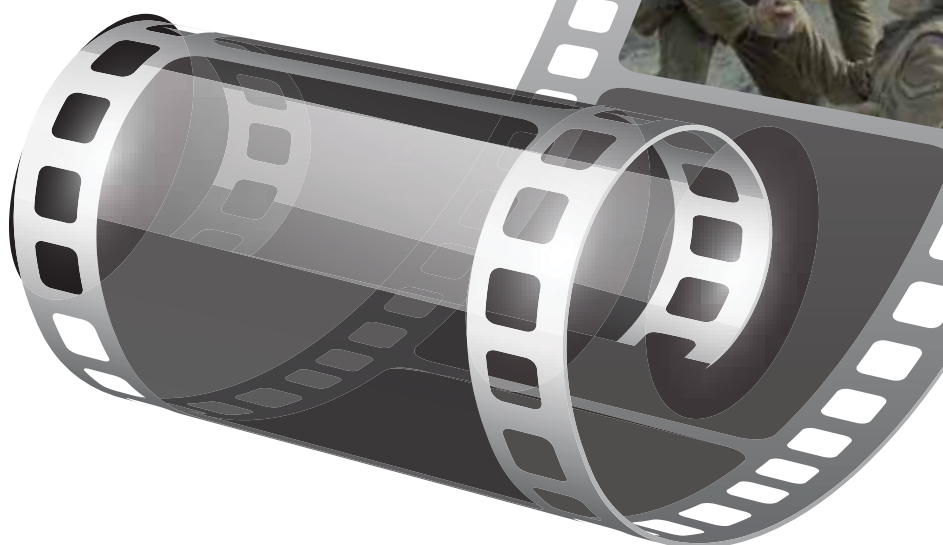
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| R | O | L | L | S | | M | A | L | I | | T | E | S | T |
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| E | V | E | | P | E | T | | R | U | N | A | M | O | K |
| R | E | S | C | U | E | | A | S | C | O | T | | | |
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| T | O | R | N | | H | O | L | D | | O | P | R | A | H |
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| C | L | U | E | D | | S | A | I | L | | S | P | E | D |
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FRIDAY, FEB. 7 1800
 SATURDAY, FEB. 8 1700
 SUNDAY, FEB. 9 1500

1917 (R)

“ April 6th 1917. As a regiment assembles to wage war deep in enemy territory, two soldiers are assigned to race against time and deliver a message, that will stop 1,600 men, from walking straight into a deadly trap. ”

REEL TIME THEATER MOVIE SCHEDULE



Airmen Rescue Accident Victim

NORTHERN SENTRY

For Airman 1st Class Andrea Rojas, it was her first night completely in charge of her trip to a missile site to do routine maintenance. With A1C Rojas was Airman 1st Class Ashton Burton who was new to Minot Air Force Base and on his first mission. The time? "Well it was around 10:30," according to Rojas, and the night was cold with below zero wind chills. "The weather was the complete opposite of home," noted Rojas, who is from Los Angeles, California. The two security officers were almost to their destination when they noticed a vehicle, a red Jeep with a blue tailgate, on its' top in the ditch. "It had kind of done a somersault in the ditch, flipping end for end," according to Burton. "I kept thinking, I wonder how the driver of the vehicle did it," continues Burton. At first, there did not appear to be a driver present, but both airmen caught the flash of two florescent patches near the accident scene; the driver was still present and the florescent patches were attached to his shoes. "He was on his cell phone, and we approached him to see if he was OK", said Rojas.

contact with the Kenmare Fire Department and was requesting help. For A1C Rojas & Burton, their focus was on making sure that the victim was warm and comfortable. The victim assured them that he was OK, and soon emergency vehicles began to arrive, including an emergency rescue vehicle, an ambulance, a wrecker and police car.

"It was cold. My hands were so cold that it was hard to hang onto the radio (microphone)," said Rojas, "and we were still concerned about whether or not he was hurt...maybe a concussion."

Asked to stand by until the Kenmare emergency responders had taken control of the accident scene, they were soon, after about 2 hours, released so they could continue their mission that cold December night.

Even though Rojas & Burton considered the late night rescue near Kenmare a part of their job, A1C Rojas was recognized as Airman of the Month in January, and A1C Rojas & Burton received congratulations for their commanding officers for a job well done.

The young driver was in



A1C Andrea Rojas (left) & A1C Ashton Burton were part of a late-night rescue of a driver who flipped his vehicle into a ditch west of Kenmare. Both are with the 91st Security Forces Group.

NORTHERN SENTRY PHOTO



Upcoming Events

8 FEB ARTVENTURE SERIES
10:00 AM - 12:15 PM
Location: Minot Parks, 420 3rd Ave SW, Minot, ND

Join Minot Parks for arts & crafts one Saturday a month October - February! Classes are \$5 each / \$20 for all 5 Classes. Scholarships are available. Max 30 per class / first come first serve. Register online or at the Minot Parks office. Payment must be made before class to secure spot. Registration deadline is the Friday before each class There will be two classes: Pre-K - 2nd Grade 10:00 am - 10:45 am. 3rd - 5th Grade 11:00 am - 12:15 pm *Parents are encouraged to stay with younger children but not required.



For more information:
Facebook event/ Minot Parks

8 FEB KID'S WELLNESS ACTIVITY
HOSTED BY PSB & OPEN MIND
10:00 AM - 11:00 AM
Location: Prairie Sky Breads 3 1st St Se Suite 3 Minot, ND

Join us as we fight isolation, seasonal depression, and loneliness brought about by winter in ND, with a fun, family, friendly kids' activity! This kids' wellness activity is free and open to the public and will be held in our brand new bakery! There will be an art activity and a few mindfulness breaks facilitated by OPEN MIND (local 501 c 3 Non-profit.) Free snacks will be available while supplies last! This event is brought to you as part of Prairie Sky Breads' Fight February initiative!



For more information:
Facebook event/ Prairie Sky Breads Minot

10 FEB MINOT PUBLIC LIBRARY HOSTS AFTER SCHOOL KIDS PROGRAM
3:45 PM
Location: Minot Public Library, 516 2nd Ave SW, Minot, ND

Mondays: Feb. 10, 24, March 2, 9, 16, 23, 30, April 6. After School Kids Programs are scheduled for Mondays at 3:45 pm in the Imagination Station of the Minot Public Library. The activity-based programs are geared for school age children (K-5). We do a different activity each time based on one of the STEAM principles.



For more information:
Facebook event/ Minot Public Library

11 FEB A START IN ART
(AGES 9 MONTHS TO 5 YRS)
9:30 AM - 10:30 AM
Location: Taube Museum of Art 2 Main St N, Minot, ND

An annual program, which runs twice a month from September to May. Children listen to stories or meet animal friends from Roosevelt Park Zoo, then create a hands-on related art project!



For more information:
Facebook event/ Taube Museum of Art

11 FEB FREE CAR SEAT CHECKS
3:00 PM - 6:00 PM
Location: Minot Fire Station 1 - 2111 10th St SW, Minot, ND

Free child passenger safety checks offered by Minot Car Seat Coalition partners at Fire Station 1 by Office Max. Is your car seat: Installed correctly, properly installed, in safe condition, recalled or expired? Come and let us check your seat for free, teach you a bit about your seat, and leave with peace of mind, knowing your seat is in correctly and safe. No appointment necessary, please allow 30 minutes per seat.



For more information:
Facebook event/ Safe Kids Minot

13 FEB GIVING HEARTS
GIVING BLOOD DRIVE
5:00 PM - 8:00 PM
Location: Oak Park Theater 1500 4th Ave NW, Minot, ND

What do Giving Hearts like you do on Giving Hearts Day other support their favorite non-profits? They donate blood! Contact for appointments... Teresa Johnson with Vitalant..701-609-4110



For more information:
Facebook event/ Minot Giving Hearts Day

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Northern Celebrations

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Lifestyle

Avoiding pooch potato couch

Patricia Stockdill

It's couch potato time. Wrong, it definitely shouldn't be couch potato time for people or their favorite four-legged Hunting Maniac. By settling deep into the folds of the couch, it's that much harder to bring a hunting dog back into condition come spring, spring training, and the upcoming hunting season. "It's got to start with you," an acquaintance recently offered.

As retired Nestle Purina's sporting dog performance activity programs director the guy knows what he is talking about. Maintain some type of exercise program, he advised.

While that sentiment hugely applies to two-legged hunters, is equally appropriate for four-legged ones, as well.

Icky weather out there?

Go to the basement or garage and work a few minutes on training fundamentals. Heck, even an apartment is good for reinstalling basic hunting commands, including whatever terminology one chooses for things such as "please don't rip the head off the rooster" and "no, don't pluck the duck".

Short, indoor "reminder" training sessions accomplish two things – reinforcing some of the little things that can easily slip to the background during hunting season, like "sit" when by a vehicle as a hunter gets ready to go afield, "heel", and "whoa".

Just as off-season training is necessary for athletes, off-season reminders for basic commands allow a hunter to regain control of that four-legged Hunting Maniac. The other advantage is the dog – and hunter – aren't dealing with field distractions. Plus it gets dog and hunter alike moving during the off-season. Take walks when it's nice outside even if it's on a leash down the street.

It's also a good idea for hunters to take their dog to their veterinarian for a post-season checkup in early spring, especially to check for internal or external parasites and evaluate body condition. It's also a good way to stay current on any needed vaccinations.

Ask if it's beneficial to have the dog on

year-around heartworm and flea and tick preventatives.

Hunters need to increase their dog's caloric intake as it moves into hunting season to provide adequate nutrition, protein, fat for energy, essential minerals, and other nutrients. The problem is, it's easy to forget to decrease the amount of caloric intake after hunting season.

When combining less exercise (that couch potato thing) with the same amount of dog food as when the dog was working hard in the field, it's a recipe for portliness.

Cut back 30 percent of the amount of caloric intake once hunting season is over. Do it gradually, though, or it's likely the dog will try to convince you that he or she is being deprived of the last food morsel on the planet. Reducing caloric intake during the offseason doesn't translate into changing the type of dog food, however. Nestle Purina veterinarian RuthAnn Lobos recommends people feed hunting dogs food designed for hard-working dogs year-around. Don't switch to a lower calorie dog food because dogs needs those same nutrients year-around, just in lower levels.

Instead, simply decrease the quantity gradually. When it gets to be the time of year when training and conditioning for the upcoming hunting season begins, gradually start increasing the quantity.

The bottom line?

Admittedly, this is the time of year when it's easy to become a couch potato.

For the good of all involved, get outside as much as possible and take the dog along for walks. When it's icky outside, spend some time indoors fixing those little things a person let slip by during hunting season. Reinforce commands.

Back off on the food, which probably is good advice whether two- or four-legged.

Besides, before we know it hunting season will be right around the corner.

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Five Minutes to Thrive: What makes a good leader: Compassion

DR. ASHLEY KILGORE, 5TH OMRS MENTAL HEALTH CLINIC

MINOT AIR FORCE BASE, N.D. --

This week is the final installment of our series on the key pillars of character required of successful leaders (nobility, humility, courage, compassion), as told by Lt. Gen Steven Kwast, AETC/CC. In that we are all leaders in some form, at some time, and with some people—and because the development of these characteristics is a journey, rather than something with which we're born—this series of 5M2Ts has focused on each of these traits. Last up: Compassion.

Compassion is one of the most important qualities we can hone. It connects us to the basic human experience, enabling vicarious learning and enhancing understanding. When we put ourselves in others' shoes, we live their stories, their emotions, and their struggles from their unique point of view. Hence, compassion allows us to see the world through the eyes of others. This is critical; without empathic consciousness, we would interpret everything that happens around us, to us, and to other people from our own (limited) frame of reference. At the extreme, failure to be compassionate yields biased and irrational thinking, sexism/racism, and hatred...but these things all begin with a basic lack of understanding, or compassion.

To quote Tom Wilkinson (playing Carmine Falcone) in Batman Begins: "You always fear what you don't understand."

At the same time, we must be compassionate with ourselves, as well. Many of us are harder on ourselves than we are with others, creating unreasonably high expectations that set us up for feeling grief and shame when

we inevitably fall short. Self-compassion begins with accepting that we are human, we will make mistakes, and we will fail from time to time—and that's okay!

Perfection is an unnecessary standard that can only lead to chronic discontent. You can still keep the bar high, but know when you've reached the point of "enough." And once you've begun to practice compassion with yourself, you'll find it's easier to bestow upon others.

- Empathize first, respond second. When someone says or does something with which we disagree (especially in online forums) our first reaction—spurred on by the strong emotions that accompany their perceived transgression—is often to call them out, and not always in polite terms. Instead, take a moment to put yourself in their shoes, and try to feel what they do. If you can understand their perspective, perhaps you won't feel as strongly as before.

- Reserve judgment. Nobody's perfect; we all make mistakes. It's easy to judge others, but a lot more difficult to show compassion. More often than not, people know when they've screwed up; by showing them compassion and understanding, you can help them heal.

- Broaden your horizons. Everyone you meet has a different set of life experiences, which has bestowed them with their unique worldview. Take the time to get to know people who are different from you: learn their challenges, their triumphs, and what's truly important to them.

For questions, contact Dr. Ashley Kilgore, at ashley.c.kilgore.mil@mail.mil or the Minot Mental Health Clinic at 701-723-5527

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BRIG. GEN VAN HOFFMAN VISITS MINOT PERSONELL

Brig. General van Hoffman, commander of Ogden Air Logistics Complex, visits personnel at Minot Air Force Base, North Dakota, Jan. 28, 2020. Van Hoffman's visit included tours of the 583rd Missile Maintenance Squadron, a missile alert facility and a launch facility.

U.S. AIR FORCE PHOTOS | AIRMAN JAN K. VALLE

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Soup It Up!



(MINOT, ND) Save the date! Soup it Up will be Feb. 29, 5-8p at Taube Museum of Art! Come out for a night of fun, art, and great local foods. There will be a silent auction, gift card raffle, and a handmade ceramic bowl for the first 100 attendees made by the Minot State Ceramics department! Enjoy foods from local vendors, including: Thai Hot, Souris River Brewing, Minot Daily Bread,

and more! There will also be a dessert bar filled with locally made goodies. This evening social will include a night of art, a silent auction, and a raffle for a gift card tree, along with wine and beer tastings. Join us for an evening of food, art, and fun! Proceeds will go towards continuing our missing, to enrich lives through the visual arts; and towards the

MSU Ceramics Scholarship! We hope to see you there! For you art lovers out there, we will be auctioning off a Floyd Fairweather in our silent auction during the event! See you there. Prices are \$20 for non-members and \$17 for members. Sign up for a new membership or renew an expired one and receive a \$12 ticket! Museum and Gift Shop hours:

Tues – Fri 10:30 – 5:30 pm, Sat 11:00 am – 4:00 pm or by special appointment. There is no charge for admission, but contributions are accepted to help the Taube Museum fulfill their mission of enriching lives through the visual arts. For more information - 838-4445: Rachel Alfaro, Executive Director or Charles Lee, Gallery Manager

WHAT'S GOING ON MAFB

TODAY

- Cycle, 0530, Fitness Center
- Swerk, 0915, Fitness Center
- Strength & Conditioning, 1130, Fitness Center
- First Friday, 1600-2200, Jimmy Doolittle Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Torch Club, 1730, Youth Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Bomber Bistro and Jimmy Doolittle Center)
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Keystone Meeting, 1800, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Sweetheart Bash, 1900-2100, Youth Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

SATURDAY

- Cycle, 0900, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Zumba, 1000, Fitness Center
- Mad Science Party, 1300, Base Library
- UFC 247: Jones vs Reyes, prelims begin at 1900, main event begins at 2100, Rockers Bar & Grill
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

SUNDAY

- Cycle, 1400, Fitness Center

MONDAY

- Registration Opens for Wallyball Tournament at Fitness Center
- Tactical Fit Express, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Swerk, 0915, Fitness Center
- Fit to Fight, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Family Child Care New Provider Pre-Orientation, 1700-1900, Family Child Care office located inside Bomber Bistro
- Mixed Martial Arts, 1700, Fitness Center
- Zumba, 1730, Fitness Center
- Craft Club, 1800, Base Library

TUESDAY

- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Aqua Fitness, 0930, Fitness Center
- Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- Fit to Fight, 1700, Fitness Center
- Swerk, 1900, Fitness Center

WEDNESDAY

- Last Day to Register for Creative Kids Class at Arts & Crafts
- Circuit Training, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Right Start, 0730, Held at the Jimmy Doolittle Center and hosted by the A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Cycle & Yoga, 1130, Fitness Center
- Minot Public Schools Early Release Day, 1300, Youth Center
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Cycle, 1700, Fitness Center
- Wednesday Night Fun Bowl, 1700-2100, Rough Rider Lanes
- Squadron Extramural League, 1730, Rough Rider Lanes
- Wednesday Night Bingo, 1730, 1830, 1930, Rockers Bar & Grill
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

THURSDAY

- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Aqua Fitness, 0930, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC
- Creative Kids Class, 1030-1100, Arts & Crafts
- Cycle, 1130, Fitness Center
- Keystone Resiliency Challenge – Open Rec, 1600, Youth Center
- Fit to Fight, 1700, Fitness Center
- Craft Club, 1800, Base Library
- Zumba, 1800, Fitness Center

UPCOMING EVENTS:

- 14 Feb**


 - For a full listing of President's Day holiday weekend facility hours, visit 5thforcesupport.com
 - Cycle, 0530, Fitness Center
 - TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
 - Swerk, 0915, Fitness Center
 - Mixed Fun League, 1830, Rough Rider Lanes
 - Valentine's Dinner & Comedy Show, 1945-2130, Rockers Bar & Grill
 - Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes
- 15 Feb**

 - For a full listing of President's Day holiday weekend facility hours, visit 5thforcesupport.com
 - Last Day to Register for 2019-2020 Winter Reading Program at Base Library
 - Heart Healthy Cardio Event, 0900-1100, Fitness Center
 - Youth Bowling League, 1000, Rough Rider Lanes
 - Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes


ONGOING EVENTS February Specials

- Bomber Bistro**
Wednesday Lunch Special
Smoked BBQ Plate
 Dig in to the new Smoked BBQ Plate! Enjoy your choice of smoked sausage, brisket, or ribs served with beans, coleslaw, and a fountain drink! Try it on Wednesdays during lunch while supplies last! Get 1 meat for \$9.95, 2 meats for \$10.95, or 3 meats for \$11.95!
- The B-Fifty Brew**
Ultimate Breakfast Sandwich
 You can't go wrong with this classic! Enjoy crispy bacon, tomato, egg, and roasted peppers on a bagel or croissant for only \$4!
- Rockers Bar & Grill**
French Dip Sandwich
 Try our tender roast beef with a delicious blanket of melted swiss cheese on a toasted split-top bun served with a side of au jus! Served with fries for only \$9.75!
- Auto Hobby**
February 1-29
February Tire Special
 Swing by Auto Hobby to mount your own tires, have the staff balance them, and your stall fee will be waived! *Includes flat & lift stalls - Save up to \$6 today by asking for the February special to receive the discount on services.


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Valentine's Day Dinner & COMEDY SHOW AT ROCKERS BAR & GRILL



February 14th

FREE SHOW: 8:00PM
DOORS OPEN FOR DINNER: 6:45PM
(PRE-SALE TICKETS ONLY)
DOORS OPEN FOR NON-TICKET HOLDERS: 7:45PM



ENJOY A TASTY HORS D'OEUVRES BUFFET AND A NIGHT OF LAUGHS WITH COMEDIAN FRED BEVILL THIS VALENTINE'S DAY!

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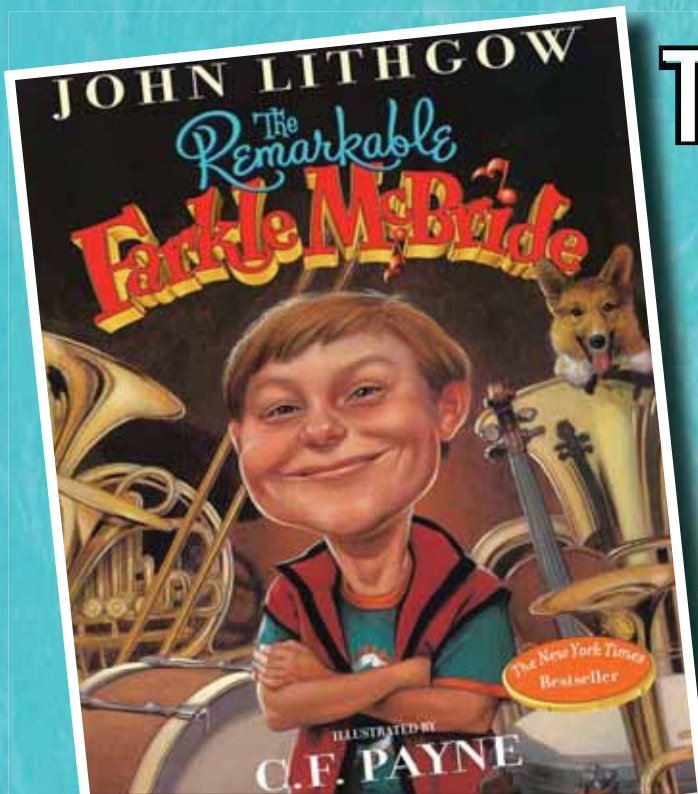
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* 3:00 pm *

Ann Nicole Nelson Hall - MSU

2:00 - 2:30 pm - Pre-concert talk
2:00 - 3:00 Instrument Petting Zoo
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Copland: *Outdoor Overture*
Elliott: *The Remarkable Farkle McBride*
Narrated by Sara Medalen
Tchaikovsky: *Capriccio Italien*
Mozart: *Concerto No. 3 in G Major*
Victoria Hoverson, violin
Respighi: *Pines of Rome*

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A1C Andrea Rojas (left) & A1C Ashton Burton were part of a late-night rescue of a driver who flipped his vehicle into a ditch west of Kenmare. Below zero temperatures confronted the two airmen. Both are with the 91st Security Forces Group.

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FROZEN FINGERS FESTIVAL

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Walt Storey

The Little Bluestems

The Missing Lynx Band

Friday, February 14

- 5:00 pm "Country Western Jubilee" by Frozen Fingers Members.
- Hors d'oeuvres will be served.
- 8:00 pm Come dance to the Dakota Drifters

Saturday, February 15

- 11:00 am Jim & Cheryl Lingenfelter
- Noon Walt Storey and Friends
- 1:00 pm Jerry Schlag & Friends
- 2:00 pm The Little Bluestems
- 3:00 pm The Replacements
- 4:00 pm Dakota Drifters
- 5:00 pm Missing Lynx

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INGREDIENTS

- 1 (12 OZ) CAN OR BOTTLE DARK BEER
- 1 CUP SOY SAUCE
- 1/4 CUP WORCESTERSHIRE SAUCE
- 3 TBSP BROWN SUGAR
- 1 TBSP MORTON TENDER QUICK CURING SALT
- 1/2 TSP GARLIC SALT
- 3-4 TBSP COARSELY GROUND BLACK PEPPER, DIVIDED
- 2 LBS TRIMMED BEEF TOP OR BOTTOM ROUND, SIRLOIN TIP, FLANK STEAK OR WILD GAME

Plan ahead, this recipe marinates overnight.

In a mixing bowl, combine the beer, soy sauce, Worcestershire sauce, brown sugar, curing salt, garlic salt, and 2 tablespoons of the black pepper.

With a sharp knife, trim any fat or connective tissue off of meat. Slice the beef into 1/4-inch thick slices against the grain (this is easier if the meat is partially frozen).

Put the beef slices into a large resealable plastic bag. Pour the marinade mixture over the beef, and massage the bag so that all the slices get coated with the marinade. Seal the bag and refrigerate for several hours to overnight.

When ready to cook, set temperature to 180° and preheat, lid closed for 15 minutes. For optimal flavor, use Super Smoke if available.

Remove beef slices from the marinade and discard the marinade. Dry the beef slices between paper towels then sprinkle beef slices generously on both sides with black pepper.

Arrange the meat in a single layer directly on the grill grate. Smoke for 4 to 5 hours or until the jerky is dry but still chewy and somewhat pliant when you bend a piece.

Transfer to a re-sealable plastic bag while the jerky's still warm. Let the jerky rest for an hour at room temperature.

Squeeze any air from the bag, and refrigerate the jerky. It will keep for several weeks. Enjoy!

*Cook times will vary depending on set and ambient temperatures.

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BLACK HISTORY MONTH KICKOFF

Several gathered at AAFES to celebrate Black History Month Observance Kickoff at AAFES, 31 Jan 2020. Committee members and volunteers that came out and supported the event were: TSgt Darrell Cross-Williams – BHM Committee Lead, TSgt Ronisha Thomas, SSgt Diamond Guzman, SSgt Francisca Miller, SrA Cyara Thomas, A1C Johnathan Drake, A1C Mark Malixi, A1C Bryan Bane.

U.S. AIR FORCE PHOTO

Minot State offering tax preparation services through VITA program



“Taxes can be complicated,” said Minot State Assistant Professor Nicole Wald. “For people with tax situations that are not complicated, VITA offers a way for them to meet their tax obligation without an extra expense.”

All tax preparation work will be completed by fully trained accounting students. This year nine MSU students are participating in the program.

Services will be offered every week starting Tuesday, Feb. 4 until Tuesday, April 7. Hours of operation are Tuesdays and Thursdays from 4 p.m. to 7:30 p.m. Appointments can be made by calling 701-858-3122 or by going to Minot State’s VITA appointment page ONLINE.

Potential clients are reminded to bring all necessary documentation, including their ID and the ID for their dependents, to their tax appointment.

MINOT, N.D. – The Minot State University College of Business will again offer tax preparation services free of charge to individuals earning less than \$55,000 a year, elderly individuals, military members, and taxpayers with small businesses that meet certain guidelines, through the Volunteer Income Tax Assistance program.

VITA was originally created by the Internal Revenue Service to assist low-income taxpayers in properly filling out and filing their tax forms.



OUTDOOR NOTES: PATRICIA STOCKDILL

Fishing:
 Lake Sakakawea elevation, Feb. 3: 1,838.06 feet above mean sea level (MSL); 25,200 cubic feet per second (CFS) Garrison Dam average daily releases.
 Devils Lake elevation: 1,448.99 feet above mean sea level (MSL).
 Stump Lake elevation: 1,448.92 MSL.
 •N.D. Game & Fish Dept. game wardens: No reports from the Missouri River System and Devils Lake. Slow but scattered success throughout many north-central area lakes.
 •Devils Lake, Woodland Resort, Devils Lake: Mixed walleye success with anglers marking fish but a bit of a finicky bite at times. Work structure and try 17 to 25 feet for walleye; deeper for perch. Generally good access.
 •Devils Lake, Ed’s Bait Shop, Devils Lake: Not big numbers of perch but anglers finding some nice-sized ones. Work deep. Consistent walleye and white bass activity.
 •Lake Audubon/Lake Sakakawea, Totten Trail Bait, Coleharbor: Fair to good walleye success throughout much of Lake Audubon with lots of houses on the lake.
 •Lake Darling, Karma C-Store, Ruthville: Continued pike success from Lake Audubon but limited reports from Lake Darling.
 •Lake Darling, Upper Souris Nat’l. Wildlife Refuge, Foxholm: Slow and scattered success at best on Lake Darling with warm weather creating messy, slushy ice conditions. Use caution because moving around on the lake can be difficult.
 •Lake Metigoshe, Four Seasons, Bottineau: Continued evening walleye bite. A mix of spearing and hook-and-line success for pike with continued bluegill activity. A lot of small ones, though, so anglers are sorting for their keeper fish.
 •Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: South side of Lake Audubon producing some walleye success. Lots of houses along the south shore and off the East Totten boat ramp. Several anglers moved houses off the east end of Lake Sakakawea.
 •Lake Sakakawea, Scenic 23, New Town: Slow to fair walleye success with most fish in the 14- to 16-inch range. A few bigger ones starting to show up, though. Lots of water on the ice so look for freezing around houses.

•Lake Sakakawea/Missouri River, Scott’s Bait & Tackle, Pick City: Missouri River tailrace continues producing fish from boat and shore with best success in the morning and evening. Try jigs and minnows or crankbaits for walleye. Limited Lake Sakakawea reports but look for some scattered walleye success at night. Pike spearing success continues around Wolf Creek. Scattered and fair walleye success throughout much of Lake Audubon.
 •Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers unfishable with high water and melting. Lake Sakakawea continues producing walleye around Long Creek and Tobacco Garden working 20 feet and deeper with jigs and minnows. Nice-sized pike coming from bays using tip-ups and frozen smelt. Blacktail and Kota-Ray remains fair to good for perch and bluegill.
 •Lonetree WMA area lakes, Harvey: Most area lakes, including Clear, Antelope, Hinsz, Goose, and Stober lakes, generally slow. Ice conditions generally good for driving but remain cautious.
 •North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: Buffalo Lodge Lake producing some pike success. Limited reports from other area lakes and the Souris River.
Downhill skiing:
 •Bottineau Winter Park, Bottineau: 10- to 30-inch base with 7 trails and bunny slope groomed and in good condition. Chair and carpet lifts open. 3 Sunny Side and 4 Backside tubing runs and lift open.
 •Buena Vista Ski Area, Bemidji, Minn.: 18- to 32-inch machine groomed base with 14 runs and Terrain Park open.
 •Frostfire Ski Area, Walhalla: 5 trails, Harebell beginner trail, and Terrain Park open Friday through Sunday.
 •Huff Hills Ski Area, Mandan: 20- to 24-inch machine groomed, packed powder base with 8 runs, bunny lift, and all chairs open.
 •Terry Peak, Lead, S.D.: 18- to 24-inch base with all runs and lifts open. N.D. Parks & Recreation Dept. cross-country ski trails:
 •Fort Stevenson, Garrison: Fat tire bike trails in good conditions with snowdrifts in the northwest corner. Cross-country ski trails in good condition.

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.
 •Warm weather created water, slush, and slush pockets on top of many lakes throughout the state. Anglers should check houses to make sure they don’t freeze in.
 •Feb. 8: Full Snow Moon Hike, Fort Stevenson State Park, Garrison, 6 p.m.
 •Feb. 8: Souris River Longbeards Nat’l. Wild Turkey Federation banquet, Grand Hotel, Minot, 5 p.m.
 •Feb. 12: Turkey applications due.
Tournaments:
 •Feb. 8: Lake Sakakawea, Pick City: Sand Lake.
 •Feb. 15: Stump Lake.

•Garrison Dam Nat’l. Fish Hatchery, downstream Garrison Dam at hatchery: Trails OK but look for icy conditions after warm weather. Some bare areas, as well.
 •No reports from other trails.
Snowmobile N.D.:
 •Cattail (Barnes, Cass, Steele, & Traill counties): 5- to 9-inch base with trails open and in good condition.
 •East-Central Valley (Cass & Richland counties): 6 - to 12-inch base with all trails open and in good condition.
 •Lake Region (Nelson & Ramsey counties): All trails open except 6 with 4- to 8-inch base.
 •Missouri Valley (Burleigh & Emmons counties): Wilton, Sterling, Moffit, & Hague trails open with 3- to 6-inch base with overall fair at best conditions. Watch for open water along sloughs and lake areas.
 •Northeast (Cavalier, Pembina, & Walsh counties): 4- to 8-inch base with all trails open and in good condition.
 •Red River North (Pembina & Walsh counties): All trails open with 4- to 8-inch base. Good conditions in ditches.
 •Red River South(Grand Forks and Walsh counties) All trails open and in good condition with 4- to 8-inch base.
 •Sheyenne Valley (Barnes, Dickey, LaMoure, Ransom, & Stutsman counties): 8- to 12-inch base. J1, V2, V5, V6, L1, & M1 trails open and in fair condition. McKinnes Trail moved to Hwy. 46.
 •Southern Valley (Richland County): 8- to 14-inch base with all trails open and in good condition.
 •All other trails closed until there are better snow conditions.
Numbers to know:
 • N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
 • Report All Poachers: (800) 472-2121 or (701) 328-9921.

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LT GENERAL DOROTHY HOGG VISITS TEAM MINOT

Lt. Gen. Dorothy Hogg, Air Force Surgeon General, visits with Team Minot Airmen at Minot Air Force Base, North Dakota, Jan. 27-29, 2020. The Air Force Surgeon General is responsible for developing plans, programs and procedures to support worldwide medical service missions. Hogg was accompanied by Chief Master Sgt. Steven Cum, Chief, Medical Enlisted Force, during the immersion with Team Minot Airmen.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ASHLEY BOSTER

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CHURCH DIRECTORY

| | | | | |
|--|---|---|---|---|
| <p>Little Flower Catholic Church 800 University Avenue West 838-1520 Mass Schedule Saturday 4:30 pm Sunday 8:30 & 10:00 am Fr. Ken Phillips, Pastor www.littleflowerminot.com</p> | <p>St. Peter The Aleut Eastern Orthodox Church  109 6th St. SE Minot • 838-3094 Sunday Liturgy 10 a.m. Saturday Vespers 5 p.m. Fr. Bill Neumann</p> | <p> Break Forth BIBLE CHURCH <i>New!</i> 7:00pm Service Thursday Evenings at the GRAND HOTEL www.breakforthbiblechurch.com</p> | <p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m. www.trinitychurchminot.org</p> | <p> Worship Service at 10:45am Sundays Sunday School at 9:45am 1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p> |
| <p> Faith United Methodist Church 5900 Highway 83 N, Minot www.faithumcminot.com Pastor Ken Mund 701-838-1540 Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p> | <p>Minot Baptist Church  Sending the Glorious Light of Jesus Christ to a Dark and Needy World Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p> | <p>Cornerstone Presbyterian Church 1000 NE 3rd Street 852-0315 Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p> | <p>Congregational UCC 430 N. Broadway • 839-1064 Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am Please join us, all are welcome here!  UNITED CHURCH OF CHRIST</p> | <p> St. Mark's Lutheran Church <i>Missouri Synod</i> Sunday Worship 8:30 am & 11:00 am Holy Communion Served at All Services Sunday School, Youth, Adult Bible Class and Adult Choir 9:45 am  2209 4th Avenue NW Minot, ND 839-4663 Reverend Philip Beyersdorf</p> |
| <p> Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694 Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m. Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:30 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled). 7:30 p.m. Brian T. Skar, Pastor www.ibcminot.org</p> | <p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609 Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m. Jesse Starr, Pastor</p> | <p> St. John the Apostle Catholic Church 2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p> | <p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853 Saturday Worship 5:00 pm Sunday Worship.. 8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Supper 5:00 pm Wed. Worship & Education 5:45 pm  www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p> | <p> Gospel Tabernacle Community Church 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p> |
| <p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday Church School 5:45 pm Wednesday Worship 6:45 pm Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p> | <p>First Baptist Church  200 3rd St. SW • 852-4533 www.fbcminot.org Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p> | <p> Cross Roads Baptist Southern Baptist Convention Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m. www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor 415 28th Ave SE (Behind Menards) 838-1873</p> | <p> West Minot Church of God <i>Family Worship Center</i> 1105 16th St. NW • 839-1407 Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30 p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352 westminot.com facebook.com/westminot</p> | <p>Gospel Tabernacle Community Church 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p> |
| <p> Vincent United Methodist Church 1024 2nd St. SE • 838-4425 Behind Town & Country Shopping Center open hearts...open minds...open doors! Saturday Informal Worship.. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m. Pastor Jennifer McDonald www.vincentumc.com</p> | <p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i> Thursdays: Worship 6:30 p.m. Sundays: Worship 8:30 a.m. & 10:45 a.m. 700 16th Ave SE • 701-838-0750 For more information visit us on the web at: www.ourredeemers.org</p> | <p>Chapel Services at MAFB <i>Protestant (North Plains Chapel in Base Housing)</i> Contemporary Service Sunday Worship 1000 Gospel Service Sunday Worship 1130 <i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday 1000 & 1700 Daily Monday-Thursday at 1200</p> | <div data-bbox="1140 1727 1869 2475"> <p>ORCS Preschool Our Redeemer's Christian School's Preschool Program will be starting it's 33rd year the fall of 2020 and we would love to have your child be a part of it! NOW ACCEPTING REGISTRATIONS FOR THE 2020-2021 SCHOOL YEAR HIGHLIGHTS OF OUR PROGRAM • Time-tested curriculum including STEM and Language Arts activities as well as Free Play • 2 and 3 day options available • Kindergarten readiness skills practiced each session • All teachers hold a North Dakota Professional Educator's License • Christ-centered environment Please contact our school office or visit our website for more information. 701.839.0772 Email: jschultz@orcsknights.org Website: www.orcsknights.org</p> </div> | |
| <p>First Assembly of God 1805 2nd St. SE 838-1111 Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night 6:30 p.m.</p> | <p>  Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p> | <p>To Advertise your Church on this page, Call 839-0946 Only \$7.00 a space / per week</p> | | |

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9am-2pm, Lunch at 11am...
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1024 2nd St. SE, 4 blocks east of Toad's.

wk07

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ANSWERS

SUDOKU
Answers to puzzle from page A4

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 1 | 2 | 7 | 9 | 8 | 3 | 5 | 4 |
| 9 | 4 | 3 | 5 | 2 | 1 | 7 | 6 | 8 |
| 7 | 8 | 5 | 4 | 3 | 6 | 9 | 1 | 2 |
| 4 | 3 | 1 | 2 | 7 | 9 | 6 | 8 | 5 |
| 8 | 5 | 7 | 1 | 6 | 4 | 2 | 9 | 3 |
| 2 | 6 | 9 | 8 | 5 | 3 | 4 | 7 | 1 |
| 3 | 7 | 4 | 9 | 8 | 5 | 1 | 2 | 6 |
| 5 | 2 | 6 | 3 | 1 | 7 | 8 | 4 | 9 |
| 1 | 9 | 8 | 6 | 4 | 2 | 5 | 3 | 7 |

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THE NORTH DAKOTA NATIONAL GUARD

have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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wk8

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wk9

BASE ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Spring 2020 term (10 Feb-12 Apr). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to minot@erau.edu

To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

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AIRPORT OPERATIONS TECHNICIAN I

The Minot International Airport with the City of Minot, North Dakota is accepting applications for the position of **AIRPORT OPERATIONS TECHNICIAN I.**

Full salary range is \$3,291 – \$4,886 per month with a starting hourly rate of \$18.99.

This is semi-skilled and some skilled work in monitoring airport operations, maintaining airport facilities and grounds, runways, taxiways, aircraft parking ramps and associated equipment. Must be available to work a flexible shift schedule that covers 7 days a week, 24 hours a day. Work is performed under the general supervision of the Airport Operations Foreman.

Graduation from high school and experience in general operations and maintenance work, construction, medium or heavy equipment operation, or any equivalent combination of training and experience. Preferred education holding a Bachelor's in Airport or Aviation Management. Preferred experience having worked at a commercial service or military airport. Possession of a valid North Dakota Class B driver license with air brake endorsement, or the ability to obtain one, within nine months of employment. Pass pre-employment fingerprint-based background check and maintain federally mandated security clearance required to work at an airport.

Interviews for this position will take place on February 19, 2020 at the Minot International Airport.

Applications are available on the City website at www.minotnd.org or from the Human Resource Office, located on the second floor of City Hall (515 2nd Ave SW).

Deadline for applications is Friday, February 14, 2020 at 4:00 PM.

All application materials must be signed and submitted to the Human Resource Office.

EEO/By Order of the Minot Civil Service Commission

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More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA

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