

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 58 • ISSUE 20 | MINOT AIR FORCE BASE | FRIDAY, MAY 22, 2020

## WHATS INSIDE THIS WEEK:



DAKOTA DIAPER  
PANTRY FOR USE  
BY SERVICE  
MEMBERS IN  
NEED

A3



POLICE WEEK  
RUCK MARCH

B8



CHILTON  
LAST ALARM  
MEMORIAL

B6



## CSAF GENERAL DAVID L. GOLDFEIN AND CMSAF KALETH WRIGHT VISIT TEAM MINOT

Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright visit Team Minot at Minot Air Force Base, North Dakota, May 14, 2020. Story and photos on page B4 & B5.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSE JENNY

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DETAILS ON PAGE 3

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## Minot AFB



## Videos

MEMORIAL DAY



Far away  
From all they knew,  
With hearts of pride  
And courage true,  
  
Vowed to serve  
As freedom's light,  
And through their strength  
Our nation's might,  
  
They gave all  
Our brave defenders,  
Where poppies lie,  
**We will remember.**



[PoppyInMemory.com](http://PoppyInMemory.com)

# Dakota Diaper Pantry for use by Service Members in need

NORTHERN SENTRY

Two walls of Meghan von Behren's office are stacked from floor to ceiling with diapers. As the Executive Director of the YWCA in Minot, her office has become the storage area for the newly organized Dakota Diaper Pantry.

"We are here to supplement a family's monthly supply of diapers" explains von Behren, "disposable diapers can cost \$90 to \$100 per month per baby, and the fact is that one in three families struggle to afford diapers." It is also important to point out the monthly allocation of diapers is available to active duty military families that meet the qualifications. "These military families can go to our website or call us for information on how to apply. The process is very easy, and of course we are more than happy to supply them with information about Dakota Diaper Pantry."

Dakota Diaper Pantry is the only pantry in Western North Dakota. "Great Plains Diaper Bank in Fargo is the only other

similar service in the state of North Dakota" continues von Behren "and there are nearly 33,000 kids in North Dakota under the age of three."

The average infant will require up to 12 diapers per day, and toddlers will require eight. Parents are left to handle the total cost of providing diapers as they cannot be purchased with food stamps, nor are they covered by WIC.

Besides diapers used at home, parents need to provide a supply of diapers for each child if they are using daycare. "And with 74% of mothers of infants in the work force in North Dakota, they need child care to go to work" explains von Behren. "If they don't have the resources to provide those diapers, they can't go to work. This in turn leads to increased economic instability and continuation of the cycle of poverty. Poverty leads to more parent stress and more tense, less nurturing homes for their children."

Dakota Diaper Pantry is similar

to a food pantry. There are both cloth and disposable diapers available. "We target ALICE families (Asset Limited, Income Constrained, Employed). It's a United Way term that is a new way of defining and understanding the households that earn above the Federal Poverty Level, but not enough to afford a bare-bones household budget. For far too many families, the cost of living outpaces what they earn."

So, who qualifies for Dakota Diaper Pantry assistance? "Income restricted, Furloughed, US Veteran or Active Duty in

immediate family, Fostering Children, Disaster Victim or refugees" responds von Behren.

Many parents are already struggling to pay for rent and food and simply cannot afford the high cost of an adequate supply of diapers for their children.

The normal award per child is 15 diapers per month and a package of wipes.

For more information parents are encouraged to contact the YWCA at (701) 838.1812, or email Meghan von Behren, Executive Director at ywcaminot@gmail.com.



NORTHERN SENTRY PHOTOS

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- New hours, and doors monitored for entrance counts.
- Slots are spaced out to meet social distancing requirements.
- There will be no blackjack or table games at this time.
- Guests are encouraged to wear a mask and gloves. Available at the lodge entrance and the Players Club.
- The Center Bar will be open for coffee, water and soda. No alcohol sales.
- Corner Café and gift shop will be open.
- Marina, RV park and C-store are open.
- Cleaning and disinfecting frequency will be increased.
- Additional hand sanitizer dispensers are provided in the casino and lodge.

**We look forward to seeing everyone soon!**

We will continuously monitor developments and statements from local, state and national agencies and implement recommended precautions when necessary. Follow our social media pages and website for up-to-date information.

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# POLICE WEEK PARADE

Team Minot security forces Airmen conduct a parade at Minot Air Force Base, North Dakota, May 13, 2020. Security forces members from the 91st Missile Security Forces Squadron and 5th Security Forces Squadron participated in a parade that went through base housing as one of the events held for Police Week, events included an opening ceremony, ruck march, and a parade. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTO | AIRMAN JAN VALLE



Upcoming Events

## MEMORIAL DAY SCRAMBLE

AT THE ROUGH RIDER GOLF COURSE

### SATURDAY, MAY 30

**CHECK-IN BEGINS: 8:00AM**  
**SHOTGUN START: 9:00AM**

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2ND PLACE: \$400  
3RD PLACE: \$300  
4TH PLACE: \$200  
\*PER TEAM

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## GARDEN PLOTS

GARDENING SEASON BEGINS AROUND MAY 22ND AND ENDS IN OCTOBER. PLOTS ARE LOCATED AT THE CORNER OF MINUTE MAN DRIVE & MISSILE AVENUE

**2019 SEASON PLOT HOLDERS REGISTER FOR RENEWAL MAY 4TH**

**OPEN REGISTRATION PUBLIC REGISTRATION BEGINS MAY 11TH**

**COST PER PLOT: \$20 FOR THE SEASON**

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Dig Deeper: Read, Investigate, Discover

From June 13th to August 15th during the Minot AFB Library Summer Reading Program, participants can win prizes for reaching their reading goals and enter their names into a grand prize drawing.

Themed events include the Kick-Off Party on June 13th, the Wrap-Up Party on August 15th, and a variety of other programs throughout the summer.

There's also a serious side to summer reading. Research shows that students who read recreationally out-perform those who don't.

Open to ALL ages, infants to adults!

To learn more or to register, call the library at 723-3344 or visit our website at [https://acc.ent.sirsi.net/client/en\\_US/minot/](https://acc.ent.sirsi.net/client/en_US/minot/)

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**f** **ig**

# Mental Health Awareness Month: Resiliency, wellness

SHANNON HALL, AIR FORCE WOUNDED WARRIOR PROGRAM

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) -- May is Mental Health Awareness month and this year it comes during a time of uncertainty and physical distancing that can be hard on everyone. Mental health plays a huge role as a priority for the Air Force Wounded Warrior Program, or AFW2, which sprung the creation of the Wellness and Resiliency Program.

The WAR team's goal is to help ensure there is a resilient community being built and maintained throughout all areas of a wounded warrior's life to include their physical, spiritual, mental and social fitness. During COVID-19, the team assists warriors, caregivers and staff cope with the mental stresses a pandemic can cause.

"The wellness program was created last year due to the increase of Air Force suicides," said Armando Franco, wellness team lead and resiliency interim. "Resiliency has always been a part of the AFW2 mission, and this program offers a multitude of activities and skills to help enable Airmen to make sound choices."

During this time it may be hard, almost impossible, for people to get out of, not only their homes, but their own heads and create a positive energy within themselves. Some activities that the WAR team teaches on live social media are journaling, different forms of art, improv, resiliency skills and live music. All activities apply resiliency skills in day-to-day living in order to promote healthy wellness.

"Keeping a healthy mental state during this time is more important than before because many people have never had to focus on it as much as they do now," said Candace Escobedo, WAR program manager. "The activities and skills taught through our program will help people maintain a well-balanced healthy lifestyle to continue beyond this pandemic."

There are many resources available to help people through difficult times like these to include websites, social media groups, phone apps and many 24/7 hotlines. If you find yourself



May is Mental Health Awareness Month and the Air Force Wounded Warrior Program has tools to help during hard times, including the recently-created Wellness and Resiliency Program. Some activities the WAR team teaches on live social media are journaling, different forms of art, improv, resiliency skills and live music. All activities apply resiliency skills in day-to-day living in order to promote healthy wellness.

U.S. AIR FORCE GRAPHIC | KORTINAE LOZANO

just needing a short breather, put some music on and dance, tackle a quick workout, do a puzzle or just step out in your yard and get some fresh air. Most importantly, make sure to stay socially connected to family and friends, even if it is a simple text. Always check on one another.

"Be mindful of where you are and the here and now," Armando said. "Join our events and witness for yourself the love, compassion and growth they can provide you."

AFW2 is hosting daily virtual socials live on Facebook to help everyone get through their stay at home. Visit the program's Facebook page to hear stories of resiliency and engage in wellness activities hosted by Air Force wounded warriors. For additional information, visit [www.woundedwarrior.af.mil](http://www.woundedwarrior.af.mil) to refer an Airman to the program, read about the program's mission, or learn about additional services offered to caregivers and families.

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## Stress Relief: A Welcome Side-Effect of Chiropractic Adjustments

Stress ranks at an all-time high in the United States and throughout the world. A lack of confidence breeds uncertainty and worry. Emotional stress and depression comprise two of the worst conditions on earth, resulting in a foundation for the most doctor visits and drug prescriptions annually. Stress represents the single biggest contributor to all disease.

Some people experience high levels of stress yet feel few effects. The difference exists in the body's ability to manage or cope with the stress. And the ability to cope with stress is not entirely voluntary. The body comes equipped with internal systems managed by an autonomic nervous system which influences a person's adaptability to stress.

The Covid-19 chapter represents one of the most unique and stressful events in human history. The real hardships of anxiety and sickness combine with economic uncertainty and fear. Employment and financial challenges now plague millions of people as domestic disturbances and calls to suicide hotlines recently showed an exponential increase.

The year 2020 will be remembered amongst the most stressful years in history. Many people will persevere while experiencing minimal effects because the body adapted and effectively coped with stress. The brain and central nervous system process all stress both internally and externally. A key aspect in managing the stress of uncertainty and life's variables comes from the management and care of the body's regulatory system. Chiropractic adjustments help hit the reset button on the central nervous system and reduce stress hormones. A strong nervous system helps alleviate the burden of mental and physical stress. Research published in 2014 showed that a Chiropractic adjustment reduced specific hormones in the body which carried stress while allowing the subjects who received an adjustment to circulate more calming chemistry throughout the blood stream.

Some researchers compare receiving a spinal adjustment to hitting 'control-alt-delete' on a computer. People commonly recognize the key pattern designed to trigger the resetting mechanism in the computer's software. The same analogy applies to a spinal adjustment. The intimate connection between the spine and the central nervous system translates into a reset of the autonomic nervous system when healing adjustments occur. The outcome produces a calming effect throughout the body.

Many people only associate Chiropractic with pain relief. Chiropractic adjustments produce healing in the body and side effects of healing usually arrive in the form of positive outcomes as stress and pain both dissipate. The body contains an incredible ability to heal and demonstrate resiliency. Chiropractic allows the body to operate at maximum capacity, reducing stress hormones that rob life and vitality. A reduction in physical and mental stress translates into increased levels of calming chemicals in the brain. Change the course and pursue a healthier 2020. Now is the time for Chiropractic.

Utilize these three stress-reducing strategies in partnership with Chiropractic adjustments to reduce stress in the body

- 1) Move the body - Any movement is good movement
- 2) Breathe deeply - Practice deep breathing 2-3x/day for 10 breaths at a time
- 3) Fun in the sun - Do little things that increase daily exposure to sunlight

All the Best to you in Health,  
Dr. Willy Fielhaber  
CornerStone Chiropractic

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# Memorial Day



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The City of Minot needs your help. Your participation in the 2020 Census will assist the City with business attraction and bring additional federal funding for programs like highway construction, education, and child care programs.

**WE NEED EVERY AIRMAN STATIONED AT MINOT AIR FORCE BASE TO REGISTER HIS/HER FAMILY AS A RESIDENT OF NORTH DAKOTA.**

The 2020 Census is easy, only has ten questions, and should take less than ten minutes to complete.

The 2020 Census can be conducted online, via telephone, or through the mail. The U.S. Census Bureau will start mailing census forms in Mid-March.

**PLEASE RESPOND AS QUICKLY AS POSSIBLE, BUT NO LATER THAN OCTOBER 31, 2020**

If an Airman has multiple residences, the Census Bureau will count the Airman in the place where he or she has resided the most often over the past year. The census count will not impact your official place of residency.

**PLEASE COUNT ALL PEOPLE LIVING IN YOUR HOUSEHOLD**  
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Our country owes a debt of gratitude to those who gave their lives for their country, and to those who march on in their place, serving in our Armed Forces today. May we never forget that freedom isn't free. To service men and women, present and past, we say Thank You!

From the staff & management of the **northern sentry**

## MESSAGE UPDATE



**WHEN USING CURB-SIDE PICKUP PLEASE USE CLOTH FACE MASK**



5 MDG PHARMACY PATRONS  
 Friendly reminder please wear a cloth mask facial covering when using the curbside pharmacy pick up services.

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# WHAT'S GOING ON MAFB

<b>TODAY</b>	<b>WEDNESDAY</b>
<b>SATURDAY</b>	<b>THURSDAY</b>
<b>SUNDAY</b>	<b>UPCOMING EVENTS:</b>
<b>MONDAY</b>	
<b>TUESDAY</b>	

**Due to base precautions, several base events have been postponed or cancelled. Visit [www.5thforcesupport.com](http://www.5thforcesupport.com) or 5th Force Support on Facebook for all up to date 5 FSS information.**

## ONGOING EVENTS:

**CARRY OUT OPTIONS** (Hours subject to change)

**Bomber Bistro:** Monday-Friday 1030-2100, Saturday 1400-2000

**Dakota Inn Dining Facility:** Monday-Friday 0600-0900, 1030-1330, 1630-1830; Saturday-Sunday 0630-1830

**Jimmy Doolittle Center:** Lunch To Go: Monday-Friday 1100-1300. Call in your orders between 0900-1230. Menu available on JDC Facebook page. ESM accepted.

**Evening Meal To Go:** Monday-Friday 1530-1730. Order in advance via Member Planet. Online ordering closes at 1300 or order by phone between 0900-1630.

**DELIVERY OPTIONS** (Hours subject to change)

**Bomber Bistro:** Monday-Friday 1630-2030

**BOMBER BISTRO**

**May Special**

**Thursday Dinner Special**

**Smoked Wing Basket**

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**May Special**

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- ⇒ WE NEED USED TRUCKS.. TOP \$\$\$ FOR YOUR TRADE



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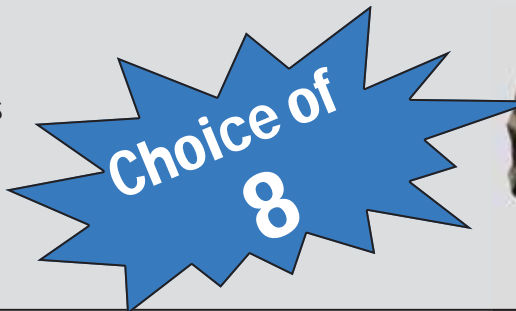
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### SALES HOURS

M-F: 8 am - 6 pm  
Sat: 9 am - 5 pm  
Sun: Closed

# 2020 Governor's Photo Contest for Travel and Tourism kicks off

NORTH DAKOTA TOURISM

Gov. Doug Burgum and the North Dakota Tourism Division, in partnership with AAA of North Dakota and North Dakota Council on the Arts, are launching the 2020 North Dakota Governor's Photo Contest for Travel and Tourism.

The contest celebrates the talents of North Dakotans and the appeal of the state's wide-open spaces, where you can follow your curiosity, not the crowds. Photographers are asked to respect physical distancing, closures and executive orders in place while gathering imagery in this unprecedented time. The contest is open through August 31, 2020.

"The images captured for the Governor's Photo Contest for Travel and Tourism will help us show the story that we have been telling, that North Dakota is a great place to live, work and do business," Gov. Doug Burgum said.

Photographers can submit photos to one or more of the following categories: Road Trips, #InThisTogetherND, Wildlife, Badlands Scenery, Beyond Badlands Scenery and Our Town.

One winner will be selected in each category and a \$200 cash prize will be awarded to the photographer of each selected photo. Additional honorable mentions may be selected in each category, with photographers receiving \$50 and North Dakota merchandise. A Best in Show photo will be selected from the winning photographs, and the photographer will receive an additional \$300 cash prize and a one-year basic membership to AAA.

In addition to the prize money:

- Winning photographs will be published in North Dakota Tourism's promotional materials and on Tourism's website.

- Winning photographs will be eligible for display in AAA North Dakota branch offices and may be printed in AAA regional publications.

- Winners also will be published in North Dakota Tourism's newsletter and likely in future promotional publications and marketing efforts.

- Winning photographs will be featured in a public display at the North Dakota Capitol building during the fourth quarter, through a partnership with North Dakota Council on the Arts.

Launched in 2004, the annual Governor's Photo Contest has grown significantly since its beginnings. In its first year, the contest attracted more than 300 submissions. Approximately 10,900 photos have been submitted in the years since.

"The diversity found in North Dakota is captured each year in these unique and compelling photos," North Dakota Tourism Division Director Sara Otte Coleman said. "It is always fun to see the artistic talent that exists across the state and we love to share these fresh images to recruit new and returning visitors to North Dakota."

Full contest rules available at [www.ndtourism.com/sites/default/files/2020-04/2020-Gov-photo-contest-rules.pdf](http://www.ndtourism.com/sites/default/files/2020-04/2020-Gov-photo-contest-rules.pdf)



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## CHICKEN, ANDOUILLE & ROASTED POTATO GUMBO

**INGREDIENTS**

- 1 POUND POTATOES, RED
- 1 POUND ANDOUILLE SAUSAGE
- 4 TABLESPOON BUTTER
- 3/4 CUP FLOUR
- 1 LARGE ONION
- 1 BELL PEPPER, RED
- 1 CUP CELERY
- 2 CLOVE GARLIC
- 2 TEASPOON CAJUN SEASONING
- 1 CHICKEN BROTH, 48OZ

When ready to cook, start your Traeger grill on smoke with lid open until fire is established (4-5 minutes). Increase temperature to high preheat with lid closed, 10 to 15 minutes.

Place a cast iron dutch oven on grill an allow to preheat for 20 minutes.

Slice potatoes in half and put on a baking pan. Drizzle with olive oil and season with salt and pepper, toss to coat. Set aside.

Cook sausage in dutch oven stirring every 2 minutes for 10 minutes or until browned. Remove sausage drain and pat dry with paper towels.

Turn temp on grill down to 375°F. Place cast iron pot back on Traeger and allow to preheat again. Add the 4 tablespoons of butter, flour and cook with lid closed for 20 minutes whisking every 5 minutes or until flour is thickened.

Stir in onion, bell pepper, celery, garlic, cajun seasoning and, ground red pepper. Cook, stirring constantly for 5 minutes. Gradually stir in chicken broth add chicken and sausage.

Cover dutch oven and close lid of grill. Cook for 1 hour. After 1 hour, open grill and stir gumbo. Place the potatoes on the grill next to the gumbo. Continue cooking both for 1 hour.

Take booth off grill. Shred chicken into large pieces using 2 forks.

Place roasted potatoes in serving bowls and spoon.

**Ryan Davy - GM**  
Minot

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# OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, May 18: 1,840.5 feet above mean sea level (MSL); 28,600 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.8 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.64 MSL.

- N.D. Game & Fish Dept. game wardens: North-central area lakes remain somewhat quiet. No Missouri River System or Devils Lake reports.

- Devils Lake, Ed's Bait Shop, Devils Lake: Warmer weather bringing anglers out with a nice mix of boat and shore activity. Water temperatures remain cool yet, though, with generally slow success yet. Work shallow, warm water along the west side, including Howard's or New Mill bays, Pelican Lake, or Minnewaukan Flats Try casting jigs, plastics, or crankbaits and then anchor on top of them once walleye are located.

- Devils Lake, Woodland Resort, Devils Lake: Fair to good walleye success. Try Lindy rigs with leeches around the bridges. Also try pitching crankbaits in shallow in areas with warming weather.

- Lake Darling, Karma C-Store, Ruthville: Look for some walleye success at Grano, Baker's Bridge, and Lake Darling itself. No reports from Lake Audubon.

- Lake Darling, Upper Souris Nat'l Wildlife Refuge, Foxholm: Fishing piers now in place at Landing 3 and Outlet Fishing Area. Refuge generally open for public use with the exception of the Visitor Center, which remains closed until further notice. Lots of boat and shore fishing activity on Lake Darling and kayaking but fishing success remains generally spotty yet.

- Lake Metigoshe, Four Season, Bottineau: A few bluegill starting to show up with better success from boats than in shallow water from shore. Nice pike numbers with occasional walleye.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Somewhat improving walleye success in Lake Sakakawea's east end back bays, including Garrison and Douglas bays. Work shallow with live bait rigs or jigs and

- Deer gun and muzzleloader applications now available on the N.D. Game and Fish Dept. website, ([gf.nd.gov](http://gf.nd.gov)). Application deadline is June 3.
- Follow N.D. Game & Fish Dept. fish cleaning station regulations when they open later this summer.
- Go to the N.D. Parks & Recreation Dept. website, ([parkrec.nd.gov](http://parkrec.nd.gov)) for updated information on state parks openings and regulations pending Covid-19 precautions. Day and annual passes available online. Please remember to implement social distancing.
- N.D. Game & Fish Dept. Wildlife Mgmt. Areas also open to public use, although specific use regulations apply. Go to the Game & Fish Dept. website, ([gf.nd.gov](http://gf.nd.gov)) for information.
- Check with other public land and recreation agencies, as well, regarding camping and public use regarding Covid-19 related restrictions.
- Please consider limiting the number of people in a boat to two to help reduce the Covid-19 potential.

**Tournaments:**

- All May tournaments cancelled.

minnows or nightcrawlers. Water temperatures starting to warm in the back bays. A few walleye starting to show up on Lake Audubon, as well.

- Lake Sakakawea, Indian Hills Resort, Garrison: Good pike success from shore. Smallmouth bass active in rocky gravel bays. Better success remains farther west for walleye.

- Lake Sakakawea, Scenic 23, New Town: New Town area and west remain good for walleye with improving, but scattered, success in the Van Hook Arm. Try shallow in 6 to 12 feet.

- Lake Sakakawea, Van Hook Resort, New Town: Van Hook Arm starting to improve with scattered walleye success. Locate shallow water using jigs and minnows. Try Lindy rigs from shore with good numbers of catfish showing up.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River remains slow with spawn possibly just wrapping up. Look for improving success with warmer weather. Best success might be off the rocks from shore at night casting crankbaits. Down river slow from boats. Lake Sakakawea slow on the east end with cool water temperatures yet.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston:

Good numbers of small walleye on the west end of Lake Sakakawea with better success starting to move eastward towards the New Town. Not many reports from small area lakes.

- North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: Some scattered success throughout area lakes and the Mouse River.

### Paddle craft elevation & river flows:

- Des Lacs River, Foxholm: River stage, 5.73 feet; streamflow, 14.9 CFS.

- Little Missouri River, Long X Bridge: Streamflow, 295 CFS.

- Missouri River Washburn: River stage, 11.2 feet.

- Missouri River, Williston: River stage, 18.39 feet.

- Souris River, Foxholm: River stage, 4.95 feet; streamflow, 1.7 CFS.

- Souris River, Minot: River stage, 4.25 feet; streamflow, 17.4 CFS.

- Yellowstone River, Sidney, Mont.: River stage, 6.48 feet; streamflow, 15,100 CFS.

### Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (800) 472-2121 or (701) 328-9921.

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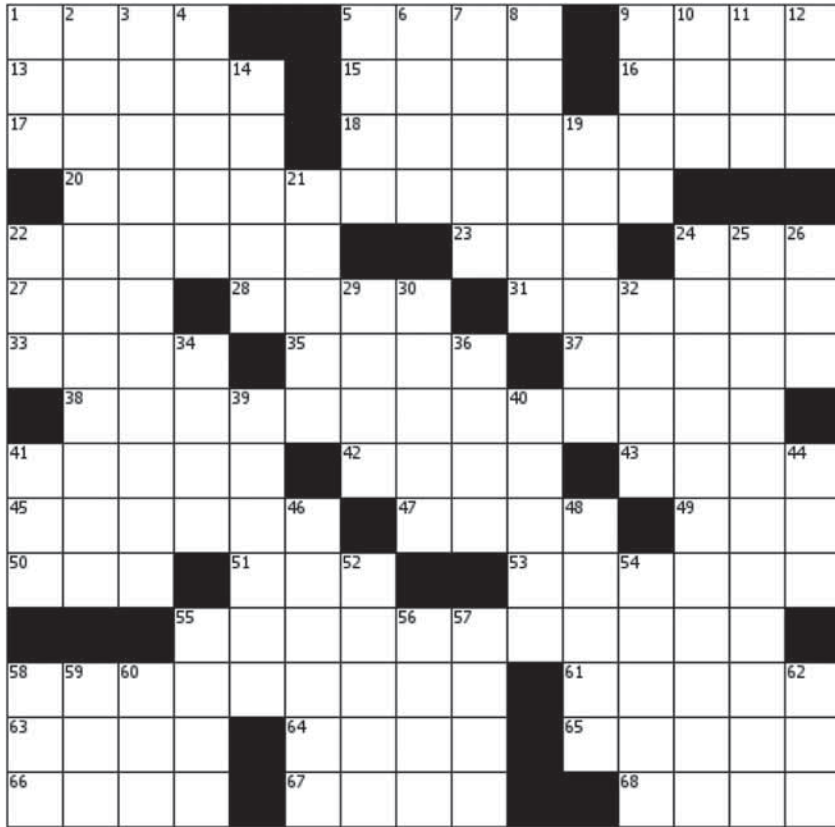
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# CROSSWORD PUZZLE

**Across**

- 1. Highly skilled
- 5. Small amounts
- 9. Manner of action
- 13. Newsmen Garrick
- 15. Loveable Latin word
- 16. State point-blank
- 17. Bizet creation
- 18. Explanation
- 20. Disorganized haste
- 22. Rita who portrayed Anita
- 23. Facial base
- 24. Mensa stats
- 27. Adequate tennis serves
- 28. Capital of Fiji
- 31. Shell food?
- 33. Turn over
- 35. Presidential move
- 37. Life on the water
- 38. Every which way
- 41. Kind of panel
- 42. Middle manager
- 43. Contrarian
- 45. Key of Brahms' "Double Concerto"
- 47. Sounds from the hot tub
- 49. Front end?
- 50. Plains front
- 51. Carrier to Tokyo
- 53. What's coming to America
- 55. Happy-go-lucky
- 58. Garden variety?
- 61. Saucy character on "The Jetsons"
- 63. Water pourer
- 64. Fates, for one
- 65. Evening gown fabric
- 66. Boatbuilding wood
- 67. Puppy's greeting



**68. Colorist**

**Down**

- 1. The Everly Brothers, e.g.
- 2. Famous line in a Spielberg film
- 3. Quebec flag features
- 4. Haute front
- 5. Chocolate units
- 6. Apple product
- 7. O'Neal in "Paper Moon"
- 8. Rile

**9. Great amount**

- 10. Plant gametes
- 11. Marina \_\_\_ Rey, California
- 12. Literary "before"
- 14. Tall tales
- 19. Tribulation
- 21. "\_\_\_ got to be kidding!"
- 22. Tape player port
- 24. With great cunning
- 25. 440 yards
- 26. Sault \_\_\_ Marie

- 29. Pass, run or block, e.g.
- 30. Where the buoys are
- 32. Utah ski resort
- 34. Panache
- 36. Norman's state (Abbr.)
- 39. Iliad figure
- 40. Value system
- 41. Pensive
- 44. NYC subway line
- 46. Hole in one, e.g.

- 48. Elegant
- 52. Riches
- 54. Peacock-like
- 55. "Listen!"
- 56. Box letters?
- 57. Sow chow
- 58. It might be placed Nevada
- 59. IOU component
- 60. Chinese drink

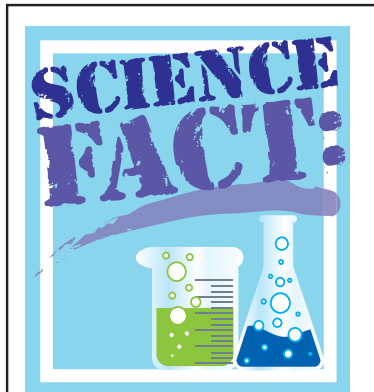


Billy was born on December 28th, yet his birthday is always in the summer. How is this possible?

Answer: Billy lives in the Southern Hemisphere

## SUDOKU Solution to puzzle on page B11

	1		2		3	4	5	
	3		6					7
2			8			9		
	9		2		8	3		
6								1
	5	7		9			4	
		9			7			2
8				1			7	
	2	1	4		5			8



THIS DEVICE REQUIRES A LENS TO TAKE IN LIGHT RAYS AND USES GLASS TO REDIRECT THEM TO A SINGLE POINT TO CREATE AN IMAGE.

ANSWER: CAMERA

### What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?



Answers: 1. Two pairs of sunglasses 2. Plane is turned 3. Phone has screen 4. Wallet is missing money

### THIS DAY IN...



### HISTORY

- 1883: THE BROOKLYN BRIDGE, WHICH LINKS BROOKLYN TO LOWER MANHATTAN, OPENS.
- 1935: MAJOR LEAGUE BASEBALL'S FIRST NIGHT GAME IS PLAYED AT CROSLY FIELD IN CINCINNATI.
- 1992: THE LAST THAI DICTATOR, GENERAL SUCHINDA KRAPRAYOON, RESIGNS AMID PRO-DEMOCRACY PROTESTS.



### DEVELOP

grow or cause to grow and become more mature

Solution to last week's Crossword puzzle.

H	A	M		S	A	H	I	B		C	A	D	E	T	
A	B	E		A	N	I	S	E		A	M	A	N	A	
B	O	W	W	I	N	D	O	W		V	E	R	S	E	
I	D	E	A	L		L	A	M	E	N	T				
T	E	D	S		S	P	A	R	E		S	M	U	G	
				B	O	A	T	E	R	S		O	N	A	
E	N	S	C	O	N	C	E			L	A	U	D	S	
M	A	L	A	I	S	E		S	T	A	R	T	U	P	
O	M	I	T	S			S	T	I	T	C	H	E	S	
T	E	N		E	T	C	H	E	R	S					
E	D	G	E		O	R	A	T	E		V	A	S	E	
				B	L	O	W	E	R		A	I	K	E	N
A	W	A	I	T		S	P	E	A	R	M	I	N	T	
C	A	C	T	I		T	E	R	S	E		T	O	E	
T	Y	K	E	S		S	N	A	P	S		E	R	R	



- ENGLISH:** Photograph
- SPANISH:** Fotografia
- ITALIAN:** Fotografia
- FRENCH:** Photographie
- GERMAN:** Bild



THE EARLIEST KNOWN SURVIVING PHOTOGRAPH WAS TAKEN BY JOSEPH NICEPHORE NIEPCE IN 1826 OR 1827. IT SHOWS A VIEW FROM AN UPSTAIRS WINDOW IN FRANCE.



Can you guess what the bigger picture is?

ANSWER: SECURITY CAMERA

# CSAF and CMSAF see first-hand the readiness of Minot AFB

TECH SGT. CRYSTAL L. CHARRIERE, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, ND --

Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sergeant of the Air Force Kaleth O. Wright visited Minot Air Force Base, North Dakota, May 14, 2020. They saw how Team Minot has remained mission-ready and resilient throughout the COVID-19 pandemic.

"There is no more important mission than what's going on right here at Minot. We know that we are not going to get relief from this critical, nuclear mission despite COVID-19 challenges," said Goldfein. "And I couldn't be prouder of Team Minot, and what we've seen here today."

Goldfein and Wright toured the 5th Medical Group to see the efforts to reduce exposure to the virus while still providing medical operations. These efforts included the innovative pharmacy drive-up location, mandatory face-covering guidance, collaboration with the local medical community and innovative, virtual telemedicine appointments.

"We have done an incredible job of maintaining social distancing and keeping the infection rate low," said Col. Brad Cochran, 5th Bomb Wing Commander. "I believe that's truly based on quick decisions we made months ago, our Airmen's efforts to stay disciplined, and by staying engaged and connected to the Center for Disease Control, local government and public health officials."

Along with the medical group, Goldfein and Wright had a video-chat with Airmen on duty at all the 91st Missile Wing's Missile Alert Facilities with Col Glenn Harris, 91 Missile Wing Commander. "Rough Riders have been on the front line of the COVID-19 response, providing combat-ready nuclear capability throughout the crisis," said Harris. "I'm glad General Goldfein and Chief Wright could see firsthand the innovation and discipline our Airmen demonstrate every day as we execute this 24/7 nuclear mission." Both Goldfein and Wright were briefed about missile field security and new measures to maintain the health of Airmen performing alert missions, such as self-isolation procedures and COVID-19 screenings.

"I recognize that this is a challenging time, and I've seen our Airmen respond to challenging times before quite often, so I look forward to seeing how this impacts us in a positive way," said Wright. "This will ultimately make us stronger. It will make us more resilient. It'll help us connect and communicate in a different way. I think it will help us build different types of bonds both as professionals and

as Airmen. Folks are developing new skills and I think it's going to have a positive impact on our enlisted force."

They also had lunch with base resiliency agencies where they discussed COVID-19 video updates from base leadership, videos from helping agencies, as well as the #MinotStrong video series that featured Team Minot Airmen and key spouses sharing their experiences. The resiliency agencies provided additional information on virtual activities offered such as Chapel on-line Sunday services, Airmen and Family Readiness Center virtual classes, and a virtual family paint night.

"I want to say thank you to the families, especially our spouses and family members," said Goldfein. "You exhibited a special kind of courage. We can't thank you enough for who you are, and what you bring to our Air Force and Team Minot. Chief and I are really proud to serve with you."

Bomber flights and Intercontinental Ballistic Missile crews also continue to train and maintain readiness with added precautions. This was demonstrated when the 69th Bomb Squadron returned from a nine month deployment in

support of the U.S. Indo-Pacific Command's Continuous Bomber Presence mission last month. Goldfein and Wright saw the level of readiness firsthand during several stops on their tour of the base. They received a weapon load trainer demonstration, toured the weapon storage area with new COVID-19 mitigation measures and the 91st Missile Security Operations Squadron Vehicle Control Center. They also had the opportunity to see several locally developed innovation projects and new technology in development.

"Wing command leadership, bomber wing and missile wing, have done a spectacular job at looking at the mission, said Goldfein." "Assuming we would get zero relief, that the nuclear mission is a no fail mission ... on the worst day as a Nation, our job is get the commander in chief where he needs to be, when he needs to be there, stay connected to the forces in the field and be able to operate. We can't get any relief from that, so I asked the commanders across the Air Force how we build breadth and depth to be able to operate through this virus. Team Minot has done a spectacular job of that."

As the Home of the Global Striker, Team Minot supports

two-thirds of the nuclear triad. Due to this vital strategic mission, operations have shifted during the on-going COVID-19 response,

but they remain ever lethal due in no small part to the Airmen's resiliency and professionalism.



Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright participate in a Zoom meeting in the 91st Missile Wing at Minot Air Force Base, North Dakota, May 14, 2020. Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright's visit centered around the efforts of Team Minot to combat the COVID-19 pandemic and successfully execute the Global Striker mission.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSE JENNY



Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright receive briefings from key spouses at Minot Air Force Base, North Dakota, May 14, 2020. Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright's visit centered around the efforts of Team Minot to combat the COVID-19 pandemic and successfully execute the Global Striker mission.

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# CSAF GENERAL DAVID L. GOLDFEIN AND CMSAF KALETH WRIGHT VISIT TEAM MINOT



Air Force Chief of Staff Gen. David L. Goldfein and Chief Master Sgt. of the Air Force Kaleth O. Wright visit Team Minot at Minot Air Force Base, North Dakota, May 14, 2020. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS  
AIRMAN 1ST CLASS JESSE JENNY

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# CHILTON LAST ALARM MEMORIAL

Members of Team Minot held a Last Alarm Memorial ceremony for Mr. Timothy Chilton at Minot Air Force Base, North Dakota on May 14, 2020. Mr. Chilton devoted over 30 years of his life to civil service. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JOSH STRICKLAND



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# Northern Celebrations



## It's time to think deer hunting

Patricia Stockdill

It's Christmas in June in North Dakota – the time of year when deer hunters can apply for their deer gun license.

The application deadline – the first Wednesday in June - is a decades old tradition.

Unlike some states where deer applications can be submitted in winter or early spring, the N.D. Game and Fish Department waits until April aerial mule deer surveys are complete and population modeling is tallied, explained Game and Fish Department Wildlife Division Chief Jeb Williams.

That way biologists have concrete numbers to present to hunters: X number of either white-tailed or mule deer antlerless licenses, X number of either antlered species, or in areas of the state broken down more specifically by species, X number of mule deer antlerless or antlered, for example.

Historical mule deer range extends throughout the western one-third of North Dakota, with the far western area of the state – the rugged Badlands – its premier mule deer habitat. There, mule deer numbers are at levels allowing the Game and Fish Department to manage for each species, whitetails and mule deer, Williams continued.

Elsewhere in the "slope" region of more rolling hills, mule deer are present but not enough to justify species-specific management. And, quite honestly, the eastern half of North Dakota isn't mule deer habitat and are rarely observed.

Williams offers some sage advice for wannabe North Dakota deer gun and muzzleloader hunters: First, factor in what type of deer would you like to get. Hunters truly wanting to focus on the mule deer Badlands experience or the opportunity to get a mule deer should select one of the eight western North Dakota units where licenses are broken down by white-tailed or mule deer, as well as antlerless or antlered.

Select an "either" or "white-tailed deer only" unit if wanting the opportunity to hunt, regardless of species.

In addition, Williams advised hunters to

consider what they want for their hunting experience. Is it to harvest a deer? Then selecting "antlerless" is a good first or second choice option. That's because most units often have more antlerless licenses available than antlered. If a hunter wants the opportunity to match wits with a buck, then look at the number of available antlered licenses in the various units.

Think about access. Another advantage to hunting in the western units is more than one million acres of public land. The caveat, though, is that it's often intermingled with private land so knowing exactly where one is hunting is important. Plus, mule deer licenses are often harder to draw than white-tailed deer licenses. However, some white-tailed units can be as difficult, if not more so, to get a license in than mule deer units. That's where it's good to study the application section detailing last year's lottery results and draw odds.

Other units can have chunks of public land, as well, including Game and Fish Department Wildlife Management Areas, U.S. Fish and Wildlife Service larger National Wildlife Refuges, such as Upper Souris and J. Clark Salyer, and Waterfowl Production Areas. There are other public lands, including areas managed by the U.S. Army Corps of Engineers surrounding Lake Sakakawea.

In addition, the Game and Fish Department's Private Land Open to Sportsman, (PLOTS) provides walk-in access on private land enrolled in the program during legal hunting seasons.

Free PLOTS guides are a "must have" for hunters and those interested in applying for licenses because it shows PLOTS acres as well as identifying other public lands. It's updated before each upcoming hunting season.

Some units have chronic wasting disease regulations so that is also worth considering.

Do your homework, apply, and enjoy a North Dakota deer gun or muzzleloader hunting season if you're drawn. Applications are due June 3 and available online at the Game and Fish Department website, (gf.nd.gov).

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# POLICE WEEK RUCK MARCH



Team Minot security forces Airmen conduct a ruck march at Minot Air Force Base, North Dakota, May 13, 2020. Security forces members from the 91st Missile Security Forces Squadron and 5th Security Forces Squadron rucked through base housing as one of the events held for Police Week, events included an opening ceremony, ruck march, and a parade. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTO | AIRMAN JAN VALLE



## Golden Ticket Winner!



**Emily Bessette** found a \$20 Golden Ticket in the Northern Sentry on her doorstep! She will also receive a \$25 Badlands gift card! It pays to pick up the Sentry!

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# Minot AFB B-52H Stratofortress honor North Dakota essential workers

MINOT AIR FORCE BASE, N.D. --

On Monday, May 18, 2020 a B-52H Stratofortress assigned to Minot Air Force Base left Minot and headed south to fly over medical facilities in Bismarck, Fargo, Grand Forks and Minot. This flyover, known as an Air Force Salute, was to honor front line responders and express Minot AFB's and the Air Force's gratitude for all medical and healthcare professionals, essential employees and volunteers in the fight against COVID-19.

Minot AFB's Air Force Salute was performed with one B-52H Stratofortresses assigned to the 23rd Bomb Squadron of the 5th Bomb Wing, which passed over St Alexius Health and Sanford Medical Center in Bismarck, Sanford Medical Center Fargo, Altru Hospital in Grand Forks, and finally Trinity Medical Center in Minot.

Lt. Col. John Burrell participated in this flyover to show his appreciation for those making the frontline sacrifice. "We are in this together. This salute was not about me or you, it was about "us" because we stand with you. We have a deep respect for our doctors, nurses, medical personnel and all other essential employees who are on the front line defending us. We are honored to serve alongside each and every one of you who are risking their lives to keep us and our families safe. This salute was our way of sending

a heartfelt "Thank You" to all those who are standing watch to keep us safe. Without your sacrifice, we would not be able to stand alongside you and serve this great nation"

Local North Dakota residents were able to see America's bomber from various vantage points across the cities at approximately these times:

1:35 p.m. at St Alexius Health and Sanford Medical Center in

Bismarck

2:15 p.m. Sanford Medical Center Fargo

2:30 p.m. Altru Hospital Grand Forks

3:25 p.m. Trinity Medical Center Minot

Several groups of healthcare workers and First Responders gathered outside healthcare facilities to witness the flyover.

In Minot, the Minot Fire Department used 2 of their large


ladder trucks in formation to show appreciation to the flyover crew and the U.S. Air Force.

Area residents were also able to join Minot Air Force Base during this event from the comfort of their homes by visiting [www.facebook.com/minotafb](http://www.facebook.com/minotafb) for ongoing coverage.

The U.S. Air Force performs almost 1,000 flyovers each year, to include air shows, national-level sporting events, and any event in support of a patriotic holiday.

Flyovers are fully functional training missions, designed to maintain lethality and readiness; they are conducted at no additional cost to taxpayers and are incorporated into existing flying schedules.

For more information on this event and other Minot Air Force Base activities, follow @MinotAirForceBase on Facebook, @minotafb on Instagram and @TeamMinot on Twitter.



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# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

**Little Flower Catholic Church**  
 800 University Avenue West  
 838-1520  
**Mass Schedule**  
 Saturday ..... 4:30 pm  
 Sunday ..... 8:30 & 10:00 am  
**Fr. Ken Phillips, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)

**St. Peter The Aleut Eastern Orthodox Church**  
  
**109 6th St. SE Minot • 838-3094**  
**NO SERVICES**

  
**Break Forth BIBLE CHURCH**  
*New!* 7:00pm Service  
 Thursday Evenings  
 at the **GRAND HOTEL**  
[www.breakforthbiblechurch.com](http://www.breakforthbiblechurch.com)

  
**An Evangelical Free Church**  
 3500 4th St. SW • 839-5127  
 (Just North of Super Wal-Mart)  
 Sunday School & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:30 a.m.  
[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

  
 Worship Service at 10:45am Sundays  
 Sunday School at 9:45am  
**1720 4th Ave NW, Minot**  
**838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)

  
**Faith United Methodist Church**  
**5900 Highway 83 N, Minot**  
[www.faithumcminot.com](http://www.faithumcminot.com)  
**Pastor Ken Mund**  
**701-838-1540**  
 Sunday School (All Ages): 9:45 a.m.  
 Sunday Coffee Fellowship: 10:30 a.m.  
 Worship Services: Sunday 11 a.m.

**Minot Baptist Church**  
 Sending the Glorious Light of Jesus Christ to a Dark and Needy World  
 Sunday School ..... 9:45 a.m.  
 Morning Worship .... 11:00 a.m.  
 Evening Worship ..... 6:00 p.m.  
 Wednesday Evening..... 7:00 p.m.  
*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
 Pastor David Miller

**Cornerstone Presbyterian Church**  
**1000 NE 3rd Street**  
**852-0315**  
**Sunday Schedule**  
 Contemporary Worship ..... 9:00am  
 Sunday School (All Ages) ..... 10:00am  
 Traditional Worship..... 11:00am  
**Wednesday Evening Schedule**  
 Community Dinner ..... 5:30-6:30pm  
 Contemporary Worship ..... 6:30pm  
 Youth Group & Small Groups.. 7:15pm  
**All are Welcome!**  
[www.ecominot.org](http://www.ecominot.org)

**Congregational UCC**  
 430 N. Broadway • 839-1064  
**Sunday Worship ..... 11am**  
**Sunday School ..... 11am**  
**Tuesday Bible Study ..... 12pm**  
**Saturday Noah's Breakfast .. 9:30am**  
 Please join us,  
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**UNITED CHURCH OF CHRIST**  



  
**St. Mark's Lutheran Church**  
*Missouri Synod*  
**Sunday Worship**  
**9:30 AM**  
**2209 4th Avenue NW**  
**Minot, ND**  
**839-4663**  
 Reverend Philip Beyersdorf

  
**Immanuel Baptist Church**  
**1615 2nd St. SE • Minot • 839-3694**  
 Sundays:  
 Sunday School ..... 9:15 a.m.  
 Worship ..... 10:30 a.m.  
 Wednesdays:  
 Soup Kitchen .... 11:30 a.m. - 12:30 p.m.  
 Family Supper ..... 5:30 p.m.  
 Classes for all ages ..... 6:30 p.m.  
 Adult Choir (as scheduled), 7:30 p.m.  
**Brian T. Skar, Pastor**  
[www.ibcminot.org](http://www.ibcminot.org)

**Apostolic Faith Church, UPCI**  
**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701)838-0609**  
 Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.  
**Jesse Starr, Pastor**

**St. John the Apostle Catholic Church**  
  
 2600 West Central Ave • Minot, ND 58701  
**839-7076**  
 Daily Mass Schedule:  
 Tuesday ..... 5:15 p.m.  
 Wednesday - Friday ..... 7:00 a.m.  
 Saturday ..... 5:00 p.m.  
 Sunday ..... 8:00 & 10:30 a.m.  
*Fr. David A. Richter, Pastor*  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
 120 5th Ave. NW  
 852-4853  
 Saturday Worship..... 5:00 pm  
 Sunday Worship.. 8:30 am & 11:00 am  
 Sunday Education ..... 9:45 am  
 Wednesday Supper..... 5:00 pm  
 Wed. Worship & Education..... 5:45 pm  
[www.firstlutheran.tv](http://www.firstlutheran.tv)  
 (Live Stream & Recorded)  
 Radio Broadcast KRRZ 1390AM  
 Sunday 8:30 am  
[www.flcminot.com](http://www.flcminot.com)  
 Pastor Brandy Gerjets • Pastor Ellery Dykeman

  
**Gospel Tabernacle Community Church**  
 9999 27th St NE  
 4 miles south of MAFB  
**James W. Henderson**  
**Anna B. Henderson**  
**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**  
**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

**Bethany Lutheran**  
 215 3rd Ave. SE, Minot, ND  
 Phone: 838-5196  
 A Member of the ELCA  
 Sunday Worship ..... 8:30 & 10:30 am  
 Sunday Fellowship..... 9:30 am  
 Wednesday Church School ..... 5:45 pm  
 Wednesday Worship ..... 6:45 pm  
 Website: [www.bethanylutheranminot.com](http://www.bethanylutheranminot.com)  
 Email: [bethanylutheran@srt.com](mailto:bethanylutheran@srt.com)  
 Live Streaming: [bethanylutheran.tv](http://bethanylutheran.tv)  
**Pastor Janet Hernes Mathistad**  
**Pastor Gerald Roise**

**First Baptist Church**  
  
 200 3rd St. SW • 852-4533  
[www.fbcminot.org](http://www.fbcminot.org)  
 Classic Worship Service ..... 8:30 a.m.  
 Adult Sunday School..... 9:45 a.m.  
 Contemporary Worship Service.. 9:50 a.m.  
 Children's Church..... 9:50 a.m.  
 Sunday School (All Ages) ..... 11:00 a.m.  
 Contemporary Worship Service.. 11:05 a.m.  
 Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
**Rev. Kent Hinkel, Senior Pastor**  
**Rev. Barry Seifert, Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
**Cross Roads Baptist**  
**Southern Baptist Convention**  
 Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ... 6:30 p.m.  
[www.minotcrbc.org](http://www.minotcrbc.org)  
 email: [minotcrbc@gmail.com](mailto:minotcrbc@gmail.com)  
**Dr. Bob Farmer- Pastor**  
 415 28th Ave SE (Behind Menards)  
 838-1873

  
**West Minot Church of God**  
**Family Worship Center**  
**1105 16th St. NW • 839-1407**  
 Sunday School..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church & Nursery  
 Wednesday Family Training Hour  
 Meal..... 5:30p.m.  
 Classes for All Ages ..... 6:30 p.m.  
 Youth Center, Friday..... 7:00 - 11:00 p.m.  
 ABC Child Care Center..... 852-6352  
[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)

  
**Vincent United Methodist Church**  
**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
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 Saturday Informal Worship.. 5:00 p.m.  
 Sunday School ..... 9:00 a.m.  
 Sunday Worship Service .... 10:00 a.m.  
 Fellowship..... 11:00 a.m.  
**Pastor Jennifer McDonald**  
[www.vincentumc.com](http://www.vincentumc.com)

  
**OUR REDEEMER'S CHURCH**  
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**Thursdays:**  
 Worship..... 6:30 p.m.  
**Sundays:**  
 Worship..... 8:30 a.m. & 10:45 a.m.  
**700 16th Ave SE • 701-838-0750**  
 For more information visit us on the web at:  
[www.ourredeemers.org](http://www.ourredeemers.org)

**Chapel Services at MAFB**  
*Protestant (North Plains Chapel in Base Housing)*  
**Contemporary Service**  
 Sunday Worship ..... 1000  
**Gospel Service**  
 Sunday Worship ..... 1130  
*Catholic Mass (Northern Lights Chapel across from Rockers)*  
 Sunday ..... 1000 & 1700  
 Daily ..... Monday-Thursday at 1200

**First Assembly of God**  
**1805 2nd St. SE**  
**838-1111**  
 Morning Worship ..... 8:30 a.m.  
 Sunday School ..... 10 a.m.  
 Morning Worship..... 11 a.m.  
 Wednesday Family Night..... 6:30 p.m.

  
  
**Our Redeemer's Christian School**  
 700 16th Avenue SE  
 Minot, ND 58701  
[info@orcsknights.org](mailto:info@orcsknights.org) • 701-839-0772  
[www.orcsknights.org](http://www.orcsknights.org)

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 Website: [www.orcsknights.org](http://www.orcsknights.org)

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## SUDOKU ANSWERS

Answers to puzzle from page B3

9	1	6	2	7	3	4	5	8
4	3	8	5	6	9	1	2	7
2	7	5	8	4	1	9	6	3
1	9	4	7	2	6	8	3	5
6	8	2	3	5	4	7	9	1
3	5	7	1	9	8	2	4	6
5	4	9	6	8	7	3	1	2
8	6	3	9	1	2	5	7	4
7	2	1	4	3	5	6	8	9

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[jobs@trinityhealth.org](mailto:jobs@trinityhealth.org)

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Minority/Vet/  
Disabled Employer.

[trinityhealth.org/careers](http://trinityhealth.org/careers)



## BASE ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Summer 2020 term (31 May-1 Aug). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please email your registration request & any inquiries to [mino@erau.edu](mailto:mino@erau.edu) To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking number: 904-513-9734.

### PARK UNIVERSITY MINOT -

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### ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY BAGGERS WORK FOR TIPS ONLY

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Tuesday-Friday 7am-4pm  
\* Later start times available but must be able to stay until 4pm & Sunday 11am-6pm

**\* TEEN HOURS**  
Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm  
\* Morning start times rotate & vary

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