

northern sentry

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WHATS INSIDE THIS WEEK:



91ST MISSILE WING CHANGE OF COMMAND

A3



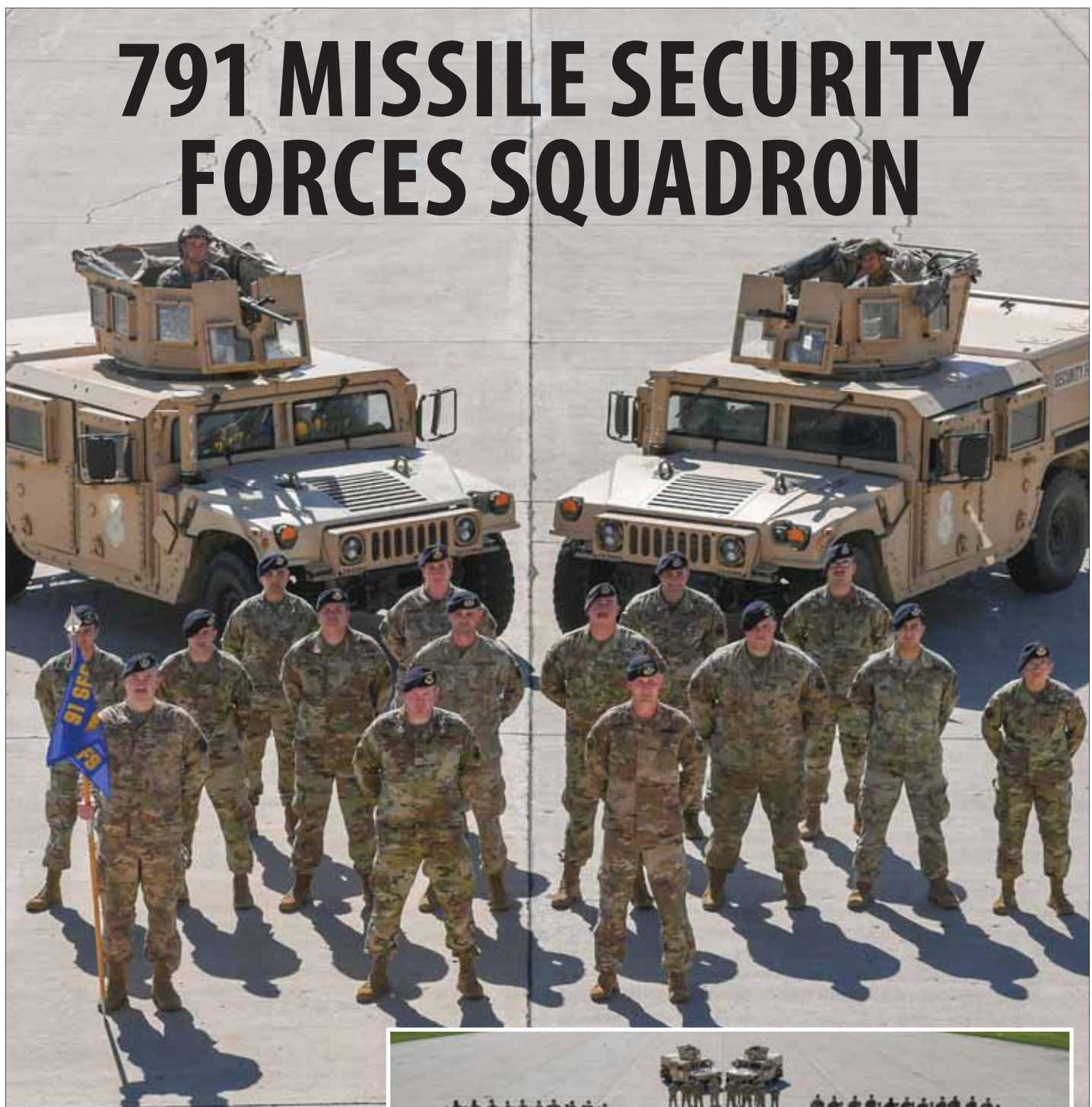
54TH HELICOPTER SQUADRON ACE PROGRAM

B5



ALS 20-E GRADUATION

B6



Airmen from the 791st Missile Security Forces Squadron gather for a group photo July 28, 2020, at Minot Air Force Base, North Dakota.

U.S. AIR FORCE PHOTOS
AIRMAN 1ST CLASS CALEB S. KIMMELL





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DETAILS ON PAGE B4

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Videos



2020 FIRST COMMUNION

Children took part in their first communion at the Northern Lights Base Chapel, July 27, 2020, at Minot Air Force Base, ND. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JESSE JENNY

Annual Meeting
August 17th, 2020
7pm

To respect health and safety guidelines during the Covid-19 pandemic, the meeting will be Live Streamed from the NSCCU Board Room in Maddock, ND.

All members are welcome to attend virtually.

The link to the meeting will be posted on Facebook and on our website.

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Saturday: 2 a month by appt
Sunday: Closed

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91st Missile Wing Change of Command

STAFF SERGEANT MICHAEL KANTAK, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

Col Christopher Menuey assumed command of the 91st Missile Wing from Col Glenn Harris during a change of command ceremony on July 28, 2020 at Minot Air Force Base, North Dakota.

The ceremony was performed at the 91st Missile Wing Headquarters remotely, with minimal in-person attendance, to adhere to existing social distancing guidelines.

Those in attendance included families of both commanders and members of Team Minot.

Menuey comes to the 91st Missile Wing here, from the 341st Missile Wing, Malmstrom Air Force Base, Montana, where he served as the commander of the 341st Operations Group.

"Together as a team there's nothing that we can't achieve,"

Menuey said. "We will successfully accomplish our mission, we will take care of each other, we will develop others as leaders, we will have fun together and we will help each other to achieve our best."

Menuey has served in many strategic nuclear positions, including ICBM operational flight test, joint staff, current nuclear operations, and nuclear squadron and group command.

Menuey's expertise and competence will bolster the readiness of the 91st Missile Wing Rough Riders. He will be responsible for operations involving the wing's 1,800 Airmen and civilians in support of Minot AFB's Minuteman III intercontinental ballistic missiles.

"Colonel Christopher Menuey is a spectacular officer with a wealth of operations and leadership experience," 20th

Air Force commander, Maj Gen Michael Lutton said, "I'm proud to welcome him to the Twentieth Air Force command team."

Menuey expressed his appreciation of taking charge of the Rough Riders.

"This really feels like a reunion, I feel very fortunate to catch up with so many former classmates and friends. It makes this assignment all the more amazing and I look forward to serving the Airmen and families of Team Minot," Menuey said.

Before relinquishing command, Harris shared his gratitude to Team Minot and the local community during his time as the 91st Missile Wing commander.

"No other community compares to the relationship we have here. Having spent close to 7 years of my time here it is awesome to see what Minot has become and will continue to become as we go

forward," Harris said.

Harris' next assignment will be Executive Assistant to the commander of United States Strategic Command, Admiral Charles A Richard.



Congratulations and Welcome

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Col. Michael O. Walters

5th Bomb Wing Vice Commander:

Col. Brian D. Vlaun

91st Missile Wing Commander:

Col. Christopher E. Menuey

91st Missile Wing Vice Commander:

Col. Barry E. Little

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CROSSWORD PUZZLE

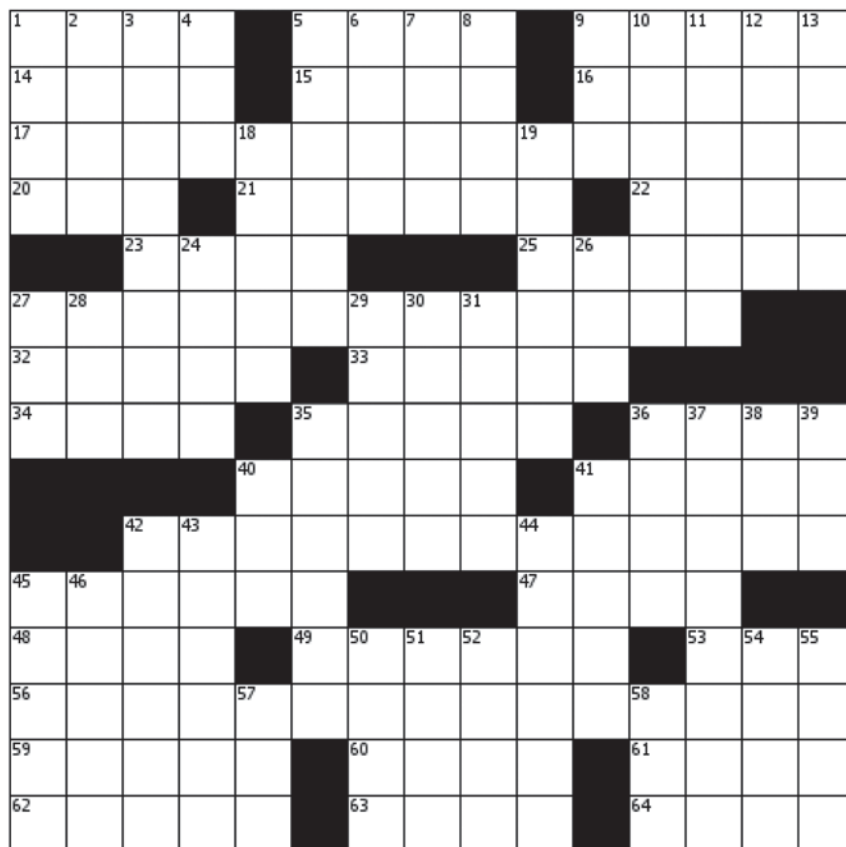
Solution can be found in next weeks edition

Across

- 1. Big name in stereo speakers
- 5. Plus-size supermodel
- 9. Diver's tank
- 14. "What's ___ pleasure?"
- 15. At no time, poetically
- 16. Selects carefully
- 17. Ringling Brothers offering
- 20. Vt. hours
- 21. "Take your time"
- 22. Flowerless plant
- 23. Landlocked Asian sea
- 25. "Red" warnings
- 27. Dinnertime TV fare
- 32. Top of a wave
- 33. Trousers
- 34. Corned beef concoction
- 35. Ram of astrology
- 36. Grounded fliers, for short
- 40. "___ you to cross that line!"
- 41. Fake
- 42. Modest golf outing
- 45. "Daniel Boone" actor
- 47. Dupe
- 48. Hefty volume
- 49. Informant's warning
- 53. Disorderly crowd
- 56. Chromatic basis of much modern music
- 59. Stage digression
- 60. Utility abbr.
- 61. To ___: exactly
- 62. Attack
- 63. Castle fortification
- 64. Broadway light

Down

- 1. Mega- or giga- ending
- 2. Partners of aahs
- 3. Additional levies



- 4. Before, to Shakespeare
- 5. Matriculate
- 6. Golda of Israel
- 7. List of options
- 8. Work units
- 9. Bill Nye subj.
- 10. Teen's witching hour
- 11. Stomach problems
- 12. Speak rashly, with "out"
- 13. AARP and NAACP
- 18. Put on the books

- 19. "USA! USA!" and others
- 24. ___ Hashanah
- 26. "___ Miz"
- 27. Acad. or coll.
- 28. Lyricist Gershwin
- 29. TV personality with a book club
- 30. Egypt's capital
- 31. Prepare to pray
- 35. Carol starter
- 36. "Skedaddle!"
- 37. One and only

- 38. Former "Grand Ole Opry Live" network
- 39. Guitarist Barrett
- 40. Suffix with hero
- 41. Tenured coll. employees
- 42. "Whatever you say!"
- 43. Noted shoe owner
- 44. Cause consequence
- 45. James and Kett
- 46. Look for water
- 50. Gossipy bit
- 51. Game on horseback
- 52. Most eligible to serve
- 54. Butter substitute
- 55. "___ there, done that"
- 57. Dog doc
- 58. Something to recycle



I can't go left, I can't go right, I am forever stuck in a building over three stories high. What am I?

Answer: Elevator

Guess Who?

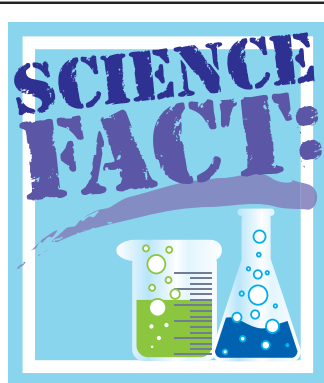
I am an athlete born in California on September 3, 1986. Many may not know I had two open heart surgeries before the age of one. But that didn't stop me from going on to be one of the most successful professional snowboarders of all time. I have earned more X-Game gold medals than any other competitor.

Answer: Shaun White

SUDOKU

		1						2	
		2					3		
	3	4			5				6
	7			5	1			8	
		6	2		4	9			
	5		9	3				1	
6			8				1	9	
		3					7		
	9						2		

Solution to puzzle on page B11

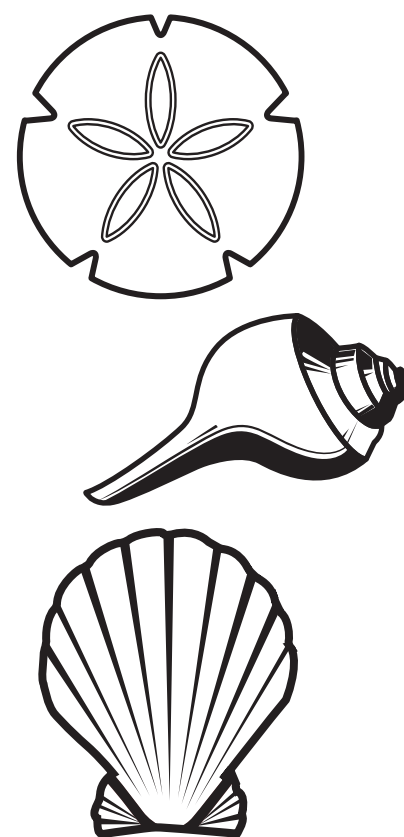


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ANSWER: THE OCEANS

Creative Coloring

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THIS DAY IN...



HISTORY

- 1851: ISAAC SINGER IS GRANTED A PATENT FOR HIS SEWING MACHINE.
- 1865: JOSEPH LISTER BECOMES THE FIRST DOCTOR TO USE AN ANTISEPTIC DRUG DURING SURGERY.
- 1960: NASA LAUNCHES THE ECHO 1A, ITS FIRST SUCCESSFUL COMMUNICATIONS SATELLITE.



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How they SAY that in...

- ENGLISH:** Tide
- SPANISH:** Marea
- ITALIAN:** Marea
- FRENCH:** Marée
- GERMAN:** Ebbe

Did you Know?

THE TIDE IS THE RISE AND FALL OF SEA LEVELS FROM THE GRAVITATIONAL FORCES OF THE MOON AND SUN.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: SEA STAR

Air Force modifies funding for credentialing program

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- Department of the Air Force officials recently announced changes to the Air Force Credentialing Opportunities Online, or AF COOL, program.

Air and Space professionals will continue to receive funding for approved credentials, though funding for preparatory classes, boot camps and coursework has been removed.

"The AF COOL program is a very popular program among our enlisted force," said Hildegard Buan, Air Force chief of Voluntary Education. "We wanted to keep this program open for our enlisted members, and in order to do so we had to make some tough decisions on policy changes. The money saved through these adjustments will ensure we can continue to offer more Airmen and Space Professionals the opportunities to earn credentials."

The AF COOL program provides opportunities for enlisted members of the Air Force and Space Force to earn industry recognized professional certifications and licenses to enhance an individual's active duty specialty, and to help with transition preparations for the civilian job market following active-duty service.

Under AF COOL, uniformed members will receive funding for credentials associated with their primary Air Force specialty code, one credential related to an awarded academic degree, one credential unrelated to their primary AFSC, and a leadership and management credential for E-7s and above. Additionally, the program continues to provide funding for exams and study materials up to \$500 per credential goal.

"Boot camp expenditures increased to more than 50% of the program's budget," Buan said. "Unfortunately, these increased expenditures couldn't be sustained, and required us to review and adjust our policies."

Members can also use GI Bill benefits for preparatory courses if the courses meet Veterans Affairs

approval requirements.

Policy adjustments were effective as of July 14, and are outlined in the new Air Force Instruction 36-2670, "Total Force Development, and Air Force Guidance Memorandum 2020-01."

AFI 36-2670 provides:

Individuals are authorized AF COOL funding for the following:

- Credentials associated with an Airman's or Space Professional's primary Air Force specialty code.
- One credential related to an awarded academic degree (bachelor's degree or higher).
- One credential unrelated to the primary AFSC.
- One leadership and management credential for E-7s and above.
- Airmen and Space Professionals within 180 days of separation or retirement must self-fund their credential costs and will be reimbursed by the AF COOL program after proof of completion. This provision goes into effect Dec. 25.

- AF COOL funding will be recouped if individuals fail to provide proof of completion of the Air Force-funded credential within 120 days.

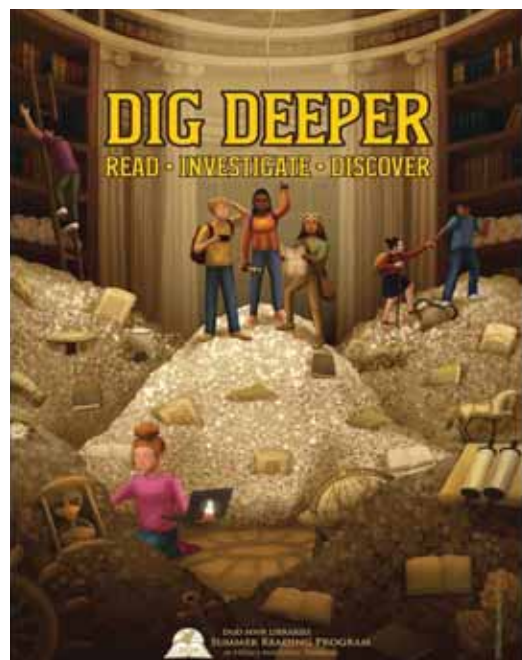
AFGM 2020-01 provides:

- Preparatory courses, boot camps and coursework will no longer be funded.
 - The cost of books is limited to \$500 per credential goal.
- Currently, more than 1,650 credentials have been approved for funding. According to program officials, individuals can maximize their AF COOL lifetime cap of \$4,500 and minimize their out-of-pocket expenses by researching other resources to offset costs. Those resources include: AF E-learning, The Skillport Library and Skillsoft Bootcamp Calendar.

For additional information, individuals should review the new AFI 36-2670, AFGM2020-01, or contact the AF COOL office at ccaaf.deao.afcool@us.af.mil.



Upcoming Events



DIG DEEPER

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Dig Deeper: Read, Investigate, Discover

From June 13th to August 15th during the Minot AFB Library Summer Reading Program, participants can win prizes for reaching their reading goals and enter their names into a grand prize drawing.

Themed events include the Kick-Off Party on June 13th, the Wrap-Up Party on August 15th, and a variety of other programs throughout the summer.

There's also a serious side to summer reading. Research shows that students who read recreationally out-perform those who don't.

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Tinker units produce first 3D printed engine component

2ND LT. DANNY RANGELL, 72ND AIR BASE WING PUBLIC AFFAIRS

INKER AIR FORCE BASE, Okla. (AFNS) --

Members of the Oklahoma City Air Logistics Complex, an Air Force Sustainment Center wing, have produced the first additively manufactured metal component successfully tested on a U.S. Air Force aircraft engine, a significant milestone for future sustainment of aircraft like the E-3 Airborne Warning and Control System and the B-52 Stratofortress.

The OC-ALC used additive manufacturing, also known as 3D printing, to create a component for the TF33-P103 engine, an innovation meant to save time and improve efficiency. A collaboration between the 76th Propulsion Maintenance Group, the Reverse Engineering and Critical Tooling Lab, and the Air Force Life Cycle Management Center Propulsion Sustainment Division produced a 3D printed anti-ice gasket. The gasket is a critical part of safe and efficient operation of the TF33 engine, which powers the E-3, the B-52 and the E-8 Joint Surveillance Target Attack Radar System.

"This accomplishment is truly a historical first," said Johnny Tsiao, AFLCMC propulsion structural competency lead. "This is a digitally designed and digitally engineered component that represents a substantial milestone in Air Force sustainment. Although it is a basic component, the technology our OC-ALC team has developed will help resolve supply chain issues and help bring further capacities to support the warfighter."

The project stemmed from a supply shortage of anti-ice gaskets. Historically, maintenance workers visually inspected and reused

the gasket component. Recently, OC-ALC personnel noticed that the published guidance directed maintenance personnel to discard the gaskets, significantly increasing demand for the component and subsequently causing a supply shortage.

"One of the things we found in this collaboration is that we could potentially solve the supply shortage by reengineering and printing something and prove it was safe to fly," said Richard Banks, 76th PMXG delegated engineering authority engineer. "This type of engineering makes it easier to source materials, greatly reduces lead time and ultimately helps to reduce logistical and supply issues."

So far, the REACT lab has digitally engineered and printed 30 anti-ice gaskets. Members of the 76th PMXG performed a successful engine acceptance test run earlier this month. Compared to the original component sourcing method, the new anti-ice gasket manufacturing process reduces administrative lead time —the

amount of time between an initial contract and actual component manufacture—from 120-136 days to 14-21 days.

OC-ALC engineers say they are optimistic about the future of 3D printing and its use in improving the Air Force sustainment process.

"We've implemented a crawl, walk and run approach when it comes to additive manufacturing," Tsiao said. "We haven't had a 3D printed metal component in Air Force engines before, but in the next 12-24 months, this technology will open the door to more complex and critical components that help to improve our sustainment efforts moving forward."

Air Force Materiel Command continues to encourage Airmen to be innovative and find new ways to streamline processes and save resources. AFMC military or civilian Airmen with innovative ideas can visit the U.S. Air Force Ideation platform at <https://usaf.ideascale.gov.com/> for more information on innovation submission opportunities.



Members of the Oklahoma City Air Logistics Complex have produced the first additively manufactured metal jet engine part successfully installed and tested on a U.S. Air Force aircraft engine, a significant milestone for future sustainment efforts of aircraft like the E-3 Airborne Warning and Control System, E-8 Joint Surveillance Target Attack Radar System and the B-52 Stratofortress.

PHOTO COURTESY OF OKLAHOMA CITY AIR LOGISTICS COMPLEX

LAW TALK

Immigration Law

As military members are often deployed overseas, they sometimes find the love of their lives in foreign countries, posing a challenge when it is time to return stateside. While engagements and marriages are always happy occasions, if your new spouse or spouse-to-be is a foreign national, the event can be a bit more complicated.

In order to legally enter the country, your foreign national fiancé(e)/ spouse will likely need a visa.

You can apply for a fiancé(e) visa (K-1) if your loved one is overseas, and you want to marry in the United States. This visa allows your fiancé(e) to enter the United States for 90 days so that your marriage ceremony can take place in the United States. Once you marry, your spouse can apply for permanent residence and remain in the United States while the application is processed.

An alternative is to marry overseas and petition for your spouse to enter the United States on the IR1 or CR1 visa and then apply for him or her to become a Permanent Resident. Each visa requires a petition and detailed process with various supporting documentation and interviews.

Once your loved one is legally in the country with the appropriate visa, after marriage, you will also have to apply for their permanent residency. This is what is popularly referred to as the Green Card. The Green Card is very important for your foreign national spouse, allowing them to live and work in the United States permanently. As is the case with visas, the process of applying for permanent residency is detailed and requires completion of many forms and providing a great deal of documentation.

Immigration matters are challenging and stressful—particularly so when it involves your spouse. At Boppre Law Firm, we understand that these matters can greatly affect our military families and we are here to help. Whether you need to petition for a visa or apply for permanent residency, we can guide you and assist you through the process to help you connect with your loved one or provide the stability of permanent residency as soon as possible.

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Goldfein honored for service as Chief of Staff

TECH. SGT. ARECA T. WILSON, SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- With only days remaining in his service as the Air Force's 21st Chief of Staff, Gen. David L. Goldfein was commemorated in a July 31 ceremony at Joint Base Anacostia-Bolling, Washington, D.C., and in the announcement that one of his quotes was etched into the Air Force Memorial's Wall of Valor.

The memorial's newest etching reads, "This is our sacred duty. When protecting Soldiers, Sailors, Airmen and Marines, we fly to the sound of the guns ... or we die trying."

"General Goldfein's outsized impact goes beyond his achievements in aircraft development, new technologies, launch of the United States Space Force, or even revolutionary concepts like joint all-domain

command and control," said Secretary of the Air Force Barbara Barrett who presided over the ceremony. "His greater legacy is in the thousands of men and women he has led, mentored and inspired."

In his remarks to an audience that included Air Force Vice Chief of Staff, Gen. Stephen Wilson; Chief of Space Operations, Gen. John Raymond, and a collection of other, socially distanced dignitaries, Goldfein acknowledged his good fortune and gave thanks to his wife, Dawn, for "her caring and loving heart," and to others who helped him succeed.

"What an incredible honor to have an important declaration of obligation to our joint teammates forever engraved in the beautiful Air Force Memorial," he said.

"Dawn and I are thankful to have served with all of you together as Team 21.

"Dawn has not only been my best friend, she has been my teammate," Goldfein said. "Last week we gathered for a zoom session with our old combat squadron and the story of the shoot down and rescue was retold -- it was Dawn's courage and how she handled herself that truly inspired the squadron, so how appropriate that today Air University published her extraordinary book, sharing a military spouse's perspective. Dawn, more than anyone in my life, has given me a decided advantage."

During his tenure, Goldfein has achieved some notable milestones, including the development of the

B-21 Raider and the T-7A Red Hawk aircraft. Additionally, he pushed for innovative ways to improve readiness through the expansion of the Air Force's multi-domain capability, reshaping the force to exist in an era of great power competition, and helping pave the way for ultimately increasing the number of squadrons from 312 to 386.

"For 37 years I have gotten up every morning, put on the uniform of my father," he said. "Every day I am given the opportunity to work with the finest men and women on the planet, devoted to the same common cause and all focused on the same sacred duty."

Friday's ceremony was one of the first of events celebrating Goldfein's 4-year tenure as the Air Force's highest-ranking

military officer. He formally steps down Aug. 6 and will be replaced by Gen. Charles (CQ) Brown, who will become the 22nd Air Force Chief of Staff.



Secretary of the Air Force Barbara M. Barrett, left, Air Force Chief of Staff David L. Goldfein and Mrs. Dawn Goldfein pose with a representation of an etching that is now displayed on the Wall of Valor at the Air Force Memorial during a ceremony at Joint Base Anacostia-Bolling, Washington, D.C., July 31, 2020. The ceremony unveiled a new etching for the memorial's Wall of Valor at the Air Force Memorial that reads, "This is our sacred duty. When protecting Soldiers, Sailors, Airmen and Marines, we fly to the sound of the guns ... or we die trying."

U.S. AIR FORCE PHOTO | WAYNE CLARK



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WHAT'S GOING ON MAFB

TODAY

- Last Day to Register for the Minot AFB Club Championship at Rough Rider Golf Course
- HIIT Strength & Conditioning, 0615, Fitness Center
- Senior TAP, 0730-1600, A&FRC
- Swerk, 0915, Fitness Center
- Back to School CARNival, 1000-1400, Youth Center
- Strength & Conditioning, 1130, Fitness Center
- Cycle, 1615, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- First Friday, 1700-1800, Jimmy Doolittle Center
- Zumba, 1730, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
- Karaoke Night, 1800-2200, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

SATURDAY

- Last Day to Record for the Summer Reading Program at Minot AFB Library
- Cycle Endurance Event, 0800-1000, Fitness Center
- Minot AFB Club Championship, 0800, Rough Rider Golf Course
- Swerk, 1015, Fitness Center
- Zumba, 1130, Fitness Center
- Board Game Making Camp Competition, 1500, Minot AFB Library - Education Center
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

SUNDAY

- Minot AFB Club Championship, 0800, Rough Rider Golf Course
- Zumba, 1400, Fitness Center

MONDAY

- HIIT Strength and Conditioning, 0600, Fitness Center
- Single Airman Free Fling Golf, 0900-1200, Rough Rider Golf Course
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC — Online Zoom Meeting
- Strength & Conditioning, 1130, Fitness Center
- Moving Out of the Dorms Class, 1430-1600, A&FRC
- Cycle, 1615, Fitness Center
- Core Plyo, 1730, Fitness Center
- Zumba, 1730, Fitness Center
- Craft Club, 1800, Minot AFB Library Facebook Page

TUESDAY

- Cycle, 0615, Fitness Center
- Run 4 Fitness, 0615, Fitness Center
- Game Day, 1000-1930, Minot AFB Library Facebook Page
- Strength & Conditioning, 1130, Fitness Center
- Modern Civilian Resume Workshop, 1100-1230, A&FRC
- Moving Out of the Dorms Class, 1430-1600, A&FRC
- Fit to Fight, 1700, Fitness Center
- Zumba, 1930, Fitness Center

WEDNESDAY

- HIIT Strength and Conditioning, 0615, Fitness Center
- Right Start, 0730, A&FRC — Online Zoom Meeting
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Swerk, 0915, Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC — Online Zoom Meeting
- Story Time, 1030, Minot AFB Storytime Club Facebook Group
- Strength & Conditioning, 1130, Fitness Center
- Moving Out of the Dorms Class, 1430-1600, A&FRC
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Cycle, 1615, Fitness Center
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Member Wind Down Wednesday Snacks, 1630-1830, Rockers Bar & Grill
- Cycle, 1730, Fitness Center
- Wednesday Night Bingo, 1730-2030, Rockers Bar & Grill
- Yoga, 1830, Fitness Center

THURSDAY

- Cycle, 0615, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC — Online Zoom Meeting
- Strength & Conditioning, 1130, Fitness Center
- Moving Out of the Dorms Class, 1430-1600, A&FRC
- STEAM Time, 1500, Minot AFB Library STEAM Time Facebook Group
- Fit to Fight, 1700, Fitness Center
- Craft Club, 1800, Minot AFB Library Facebook Page
- Zumba, 1830, Fitness Center

UPCOMING EVENTS:

- 14 Aug**
- HIIT Strength & Conditioning, 0615, Fitness Center
 - Swerk, 0915, Fitness Center
 - Strength & Conditioning, 1130, Fitness Center
 - Cycle, 1615, Fitness Center
 - Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
 - Zumba, 1730, Fitness Center
 - Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
 - Karaoke Night, 1800-2200, Rockers Bar & Grill
 - Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

- 15 Aug**
- Last Day to Record Hours for the Summer Reading Program and Squadron Contest at Minot AFB Library
 - Last Day to Register for Minot AFB History Geo-Hunt at Minot AFB Library
 - Swerk, 1015, Fitness Center
 - Zumba, 1130, Fitness Center
 - Summer Reading Program Wrap Up Party, 1300, Minot AFB Library Facebook Page
 - Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes
 - UFC 252: Miocic vs Cormier 3, prelims begin at 1900, main event begins at 2200, Rockers Bar & Grill

ONGOING EVENTS:

Library Detectives Game, Minot AFB Library, 7-8 August, time slots available by appt.
Board Game Making Camp, Minot AFB Library, 7-8 August, supply and design help by appt.

Available Dining (Hours subject to change)

Bomber Bistro: Monday-Friday 1030-2100, Saturday 1400-2000
Bomber Bistro: Dining Room Now Open. Seating is limited and masks are required except while eating.

Dakota Inn Dining Facility: Monday-Friday 0600-0900, 1030-1330, 1630-1830;
 Saturday-Sunday 0630-1830

Dakota Inn Dining Facility: Dining Room Now Open. Tables and chairs have been placed accordingly to maintain social distancing.

Jimmy Doolittle Center:

Dine In Lunch and Lunch To Go: Monday-Friday 1100-1300. Limited seating is available and social distancing. Call in your To Go orders between 0900-1230. Menu available on JDC Facebook page. ESM accepted.

Family Evening Meal To Go: Tuesday-Friday 1530-1730. Order in advance via Member Planet. Online ordering closes at 1300 or order by phone between 0900-1630.

Rockers Bar & Grill:

Lounge is open Wednesday-Friday 1500 - 2100. Call to place your order for carry out or head inside to dine in. Limited seating is available and social distancing guidelines apply.

DELIVERY OPTIONS (Hours subject to change)

Bomber Bistro: Monday-Friday 1630-2030

Bomber Bistro August Special

Monday Lunch Special - Seafood Pasta

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The B-Fifty Brew August Special

Ultimate Breakfast Sandwich

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Rockers Bar & Grill August Special

Rockin' Cuban

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- A Warthog's disproportionately sized head has thick protective pads on both sides that look like warts. Their warts serve as a fat reserve and are used for defense when males fight.
- Their tusks are actually teeth. They use them for fighting, rooting, or digging.
- Warthogs do not have sweat glands. They must wallow in the mud to cool off.
- Lions and leopards are the Warthog's chief enemies. Warthogs protect themselves from predators by fleeing or sliding backwards into a hole, thus being in a position to use their formidable tusks in an attack.

Fact File

Life Span	7 - 18 years
Weight	100 - 300 pounds
Height to Shoulder	25 - 33 inches
Head and Body Length	3 - 5 feet
Top Speed	34 mph
Wild Diet	Omnivore. Carrots, Hay Grasses, Roots, Tubers, Berries, Bark

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to gardens.

LFERWO

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UPCOMING EVENTS *Answer: Flower*

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Department of the Air Force stands up Task Force to combat interpersonal violence

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- The Department of the Air Force launched a task force to address concerns regarding interpersonal violence among service members.

Secretary of the Air Force Barbara Barrett appointed Brig. Gen. April Vogel, the director for manpower, personnel, recruiting and services at the National Guard Bureau, to lead the task force, which will support members of the Air Force and Space Force.

"Interpersonal violence describes a wide spectrum of behaviors ranging from stalking and bullying to sexual assault, abuse and domestic violence," Vogel said. "We know these types of violence exist in our communities and we are working hard to prevent them from happening. But recognizing prevention is not yet foolproof, we must ensure our Airmen and Space Professionals feel protected and have the resources and leadership necessary to keep them safe."

As Vogel stands up the task force, her initial focus will be developing a research-based plan of action that leverages existing data on violence among and against Airmen and Space Professionals.

In support of the task force's efforts, the secretary of the Air Force and service chiefs, Air Force Chief of Staff Gen. David Goldfein and Chief of Space Operations Gen. John "Jay" Raymond, directed the staff to review past cases involving interpersonal violence to

identify any themes or areas for improvement.

"We'll also be asking our service members for their input to help shape our task force's efforts," Vogel said. "We know our Airmen and Space Professionals in the squadrons, particularly our young members, are the ones most affected by interpersonal violence. We need to hear their stories."

In a memo to the force, senior leaders from the Department denounced interpersonal violence and urged affected service members to ask for assistance.

"Most importantly, if you are being threatened, harassed, stalked or bullied, please come forward and report it. As your leaders, we condemn any type of interpersonal violence in our force, and we will not tolerate it," the memo states. "If you feel uncomfortable reaching out to your commander or first sergeant, please reach out to another leader, mentor or person you trust ... You have options, and you do not have to do this alone."

Helping resources include the equal opportunity office, the chaplain, the inspector general, judge advocate office, family advocacy, violence prevention integrator and sexual assault response coordinator.

The task force will ultimately be developing recommendations for senior leadership review focused on improving Department policies, processes and actions in this area.

BAKED PULLED PORK ENCHILADAS



INGREDIENTS

- 1 OUNCE DRY CHILE DE ÁRBOL
- 2 SWEET WHITE ONIONS
- 2 LARGE ROMA TOMATOES
- 1 (28OZ) CAN WHOLE TOMATOES
- 4 CUP LOW SODIUM CHICKEN STOCK
- 1 BULB GARLIC, ROASTED
- 1 (7OZ) CAN CHIPOTLE PEPPERS IN ADOBO
- 2 TABLESPOON BROWN SUGAR
- 1 TEASPOON CUMIN
- 2 TABLESPOON CORNSTARCH
- 3 POUND LEFTOVER PULLED PORK, HEATED
- 4 CUP SHREDDED COLBY JACK CHEESE
- 1 (4 OZ) CAN CHOPPED GREEN CHILES, OPTIONAL
- 12 CORN OR FLOUR TORTILLAS
- 1 (20 OZ) CAN REFRIED BEANS, HEATED
- 4 GREEN ONION, FINELY CHOPPED
- 1 SMALL BUNCH CILANTRO, CHOPPED
- SOUR CREAM, FOR SERVING

For the enchilada sauce: When ready to cook, set the Traeger temperature to 350°F and place a cast iron pan directly on the grill grate. Preheat, lid closed for 15 minutes.

When the cast iron is hot, place chile de árbol, onions and tomatoes in the pan and cook until vegetables are golden and chiles are fragrant.

Remove chiles from the pan and place in a large bowl with boiling chicken broth. Cover with plastic wrap and set aside until they are softened. Strain the liquid and reserve. Remove the stems and place chiles, tomatoes, onions, roasted garlic, diced tomatoes, brown sugar, cumin, and chipotles in a food processor and pulse until smooth.

Transfer chile sauce and reserved chicken stock to a medium sauce pot and place back on the grill. Bring the sauce to a simmer. Combine cornstarch with 2 tablespoons water and while whisking, slowly stream the slurry into the sauce. Simmer an additional 5 to 10 minutes until thickened.

For the enchiladas: When ready to cook, set the Traeger temperature to 350°F and preheat, lid closed for 15 minutes.

In a large bowl, mix pork with 1-1/2 cups enchilada sauce, 2 cups of cheese and chopped green chiles.

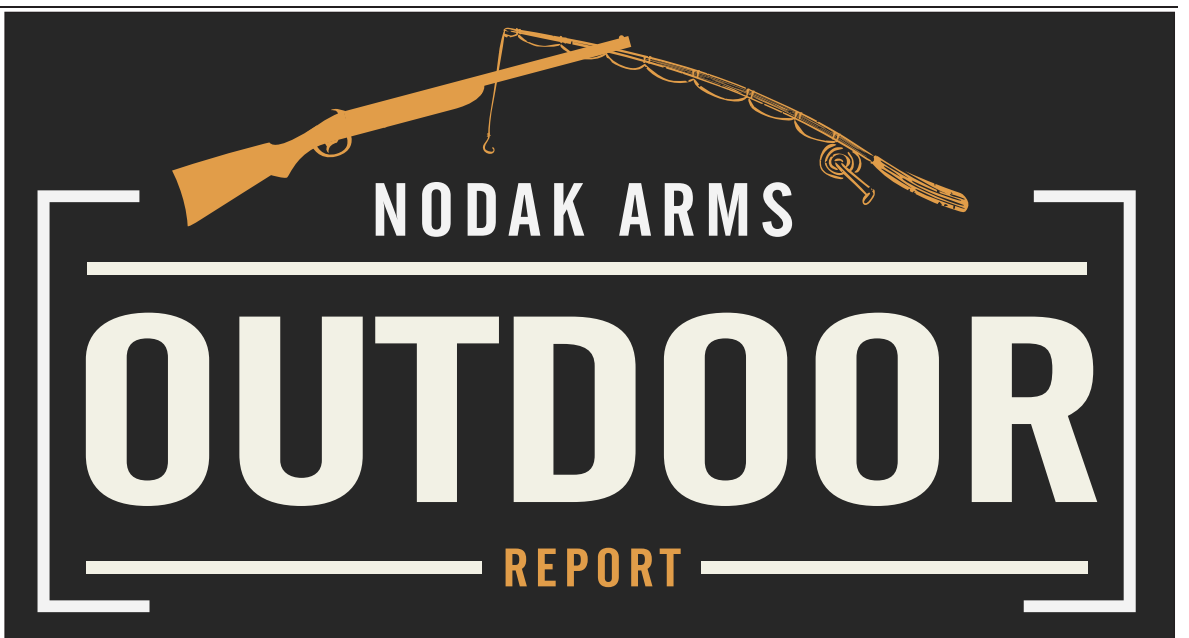
Spray 9x13 pan with nonstick spray. Lay a tortilla flat on a cutting board and fill with 4-5 ounce pork mixture and 2 tablespoons refried beans then roll closed. Pour 1/2 cup enchilada sauce on the bottom of the pan. Place filled tortilla seam side down in the pan. Repeat with remaining tortillas. Top with remaining enchilada sauce, remaining cheese, onions and cilantro.

Transfer to the grill and bake for 20 minutes until the cheese is melted and bubbly. Serve with sour cream.



Ryan Davy - GM Minot

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OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Aug. 3: 1,843.25 feet above mean sea level (MSL); 28,200 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.87 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.82 MSL.

•N.D. Game & Fish Dept. game wardens: No Missouri River System reports. Not much fishing pressure around most north-central area lakes with limited reports.

•Devils Lake, Ed's Bait Shop, Devils Lake: Continued fair to good walleye success with most activity using spinners and bottom bouncers. Work shallow in the morning in 12 to 18 feet, moving deeper later in the day. Also try trolling lead-core or crankbaits in deeper water. Pike remain quiet but try casting crankbaits in shallow water. Continued fair to good for white bass using jigs or plastics and minnows in shallow water.

•Devils Lake, Woodland Resort, Devils Lake: Steady water temperatures helping provide ongoing fair to good walleye success. Work deeper for larger fish as far out to 20 feet using slip bobbers or trolling spinners with leeches or nightcrawlers. Move around. White bass remain fair.

•Lake Darling, Karma C-Store, Ruthville: Continued fair walleye activity with better success from boat than shore. No Lake Audubon reports.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Lots of boat and shore fishing but overall success remains somewhat slow. Good numbers of kayaks and canoes on the Beaver Lodge Canoe Trail with OK water levels in the river below the dam.

•Lake Metigoshe, Four Seasons, Bottineau: Continued good small bluegill success. Sort through to find keepers. Try evening hours for walleye.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Move around, working deeper water down to 40 feet to locate walleye on the east end of Lake Sakakawea and then try a variety of presentations. No consistent depth or presentation on the east end.

- Aug. 12: Tundra swan applications due. Go to the N.D. Game & Fish Dept. website, (gf.nd.gov) to apply.
- N.D. Dept. of Environmental Quality blue-green algae advisories for Rice, Buffalo, and Coal Mine lakes.
- Do not release any fish caught from water 25 feet and deeper because their swim bladder likely won't allow them to survive when coming up from deep water.
- Watchable Wildlife photo contest underway with Oct. 2 deadline. Contact N.D. Game & Fish Dept. conservation biologist, Patrick Isakson, pisakson@nd.gov for details.
- Remember to bring insect repellent and sunscreen when outdoors.

TOURNAMENTS

- Aug. 8: Lake Sakakawea, White Earth Bay.
- Aug. 8 & 9: Lake Sakakawea, Indian Hills Resort.
- Aug. 15: Lake Sakakawea, Van Hook Arm; Lake Sakakawea, Sakakawea State Park; Lake Sakakawea, Lewis & Clark Bridge; Devils Lake, Creel Bay; Lake Audubon.

•Lake Sakakawea, Indian Hills Resort, Garrison: Improving walleye success working to the east of the resort. Try 17 to 30 feet using spinners and nightcrawlers.

•Lake Sakakawea, Scenic 23, New Town: Inconsistent walleye success in the midsection. Try working deeper structure with live bait presentations yet.

•Lake Sakakawea, Van Hook Resort, New Town: Work farther south around Fox, 8-pound, or Shell islands for walleye in 20 to 35 feet with spinners and heavy bottom bouncers.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing small walleye from boats in the spillway channel. Try Lindy rigs or spinners and nightcrawlers. Some dark hour success trolling in the chutes. Fair for walleye from the rocks off shore in the evening but activity slowed. Slower during the day with limited trout and salmon activity in the tailrace. Continued catfish success throughout the tailrace. Lake Sakakawea producing small walleye on the east end.

Work anywhere from 13 to 35 feet using live bait for small fish. Larger fish coming in deeper water using crankbaits. Try Douglas or Steinke bays or north side of Mallard Island. Also try 3 bays west of Pick City along the south shore. Generally somewhat of a slow to fair salmon bite with fish averaging about 8 pounds with scattered success in 85 feet over 100 to 120 feet.

•Lake Sakakawea/northwest N.D.

lakes, Scenic Sports, Williston: Lake Sakakawea fair to good for walleye from Long Creek to Lund's Landing. Good numbers of fish but many are 14- to 16-inch walleye. Move around. Try slow death hooks or spinners and nightcrawlers. Leeches getting hard to get.

•Lonetree WMA area lakes, Harvey: Goose Lake fair to good for walleye running Lindy rigs or spinners with bottom bouncers. Some nice-sized fish being taken.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Generally quiet on the Souris River and area lakes.

Paddle craft river elevation & flows:

- Des Lacs River, Foxholm: River stage, 5.38 feet; streamflow, 5.08 CFS.
- Little Missouri River, Long X Bridge: Streamflow, 119 CFS.
- Missouri River Washburn: River stage, 11.26 feet.
- Missouri River, Williston: River stage, 16.24 feet.
- Souris River, Foxholm: River stage, 5.43 feet; streamflow, 12.5 CFS.
- Souris River, Minot: River stage, 3.9 feet; streamflow, 1.3 CFS.
- Yellowstone River, Sidney, Mont.: River stage, 4.15 feet; streamflow, 6,320 CFS

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).
- Report All Poachers: (800) 472-2121 or (701) 328-9921.

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Unarmed Minuteman III Test Launch

AIR FORCE GLOBAL STRIKE COMMAND, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, N.D. --

A joint team of Air Force Global Strike Command Airmen and Navy sailors launched an unarmed Minuteman III intercontinental ballistic missile equipped with three test reentry vehicles from aboard the Airborne Launch Control System at 12:21 a.m. Pacific Time Aug. 4 from Vandenberg Air Force Base, California.

The test demonstrates that the United States' nuclear deterrent is safe, secure, reliable and effective to deter twenty-first century threats and reassure our allies. Test launches are not a response or reaction to world events or regional tensions.

Airmen from the 625th Strategic Operations Squadron out of Offutt Air Force Base, Nebraska, were aboard the U.S. Navy E-6 aircraft to demonstrate the reliability and effectiveness of the ALCS system.

The ICBM's three reentry vehicles traveled approximately 4,200 miles to the Kwajalein Atoll in the Marshall Islands. These test launches verify the accuracy and reliability of the ICBM weapon system, providing valuable data to ensure a continued safe, secure and effective nuclear deterrent.

"The flight test program demonstrates one part of the operational capability of the ICBM weapon system," said Col. Omar Colbert, 576th Flight Test Squadron commander. "The Minuteman III is 50 years old, and continued test launches are essential in ensuring its reliability until the 2030s when the Ground Base

Strategic Deterrent is fully in place. Most importantly, this visible message of national security serves to assure our allies and dissuade potential aggressors."

The test launch is a culmination of months of preparation that involve multiple government partners. The Airmen who perform this vital mission are the most skillfully trained the nation has to offer.

Airmen from the 90th Missile Wing were selected to support the test launch. However, due to current COVID-19 travel restrictions, crewmembers from the 576 FLTS supported the launch with alert crews and an operational crew for the night of the launch. This demonstrates that even during the pandemic, Air Force Global Strike Command maintains various levels of redundant capability to assure a national deterrent.

"Our team of incredible 90th Maintenance Group professionals have done an amazing job," said Lt. Col. Joseph Edington, Task Force commander. "However, this is a joint effort, I'm extremely impressed of Vandenberg Air Force Base, the 576th Flight Test Squadron and all associated partner's hard work and dedication preparing our missile for the testing and monitoring needed prior to test execution. The attention given to every task accomplished here reflects the precision and professionalism we bring every day in our missile field to ensure our nation's nuclear

deterrence."

The ICBM community, including the Department of Defense, the Department of Energy, and U.S. Strategic



"THE MINUTEMAN III IS 50 YEARS OLD, AND CONTINUED TEST LAUNCHES ARE ESSENTIAL IN ENSURING ITS RELIABILITY UNTIL THE 2030S WHEN THE GROUND BASE STRATEGIC DETERRENT IS FULLY IN PLACE. MOST IMPORTANTLY, THIS VISIBLE MESSAGE OF NATIONAL SECURITY SERVES TO ASSURE OUR ALLIES AND DISSUADE POTENTIAL AGGRESSORS."

COL. OMAR COLBERT, 576TH FLIGHT TEST SQUADRON COMMANDER



Command uses data collected from test launches for continuing force development evaluation. The ICBM test launch program

demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, credible nuclear deterrent as

a key element of U.S. national security and the security of U.S. allies and partners. The launch calendars are

built three to five years in advance, and planning for each individual launch begins six months to a year prior to launch. This launch is not related to any events in the world at this time.

Air Force Global Strike Command is comprised of more than 33,700 Airmen and civilians assigned to two numbered air forces, 11 wings, two geographically-separated squadrons and one detachment in the continental United States, and deployed to locations around the globe. The command overseas all bomber and Intercontinental Ballistic Missile operations for the U.S. Department of Defense. More information can be found at: <https://www.afgsc.af.mil/Library/Fact-Sheets/Display/Article/454593/air-force-global-strike-command-air-forces-strategic-air/>.

Sports Physical Information



The North Dakota High School Activities Association has modified its requirement for preparticipation physical exams due to the COVID-19 pandemic.

- Preparticipation physicals completed during the 2019-20 school year will be accepted for the 2020-21 school year upon submission of the 2020-21 Annual Sports Health Questionnaire (Form B), signed by parent and athlete.

Who Needs a Physical?

- Any student who did not receive a physical during the 2019-20 school year will need to have an updated physical exam to participate in activities.
- All incoming 7th grade students will need to have new physical exams regardless of whether they received a physical during 2019-20 school year.

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Air Force releases Support of Military Families community assessment results

CARLA PAMPE, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

The Department of the Air Force released the results of its recent community assessments on support of military families, giving communities an idea of how they can better support Airmen and families.

"The communities surrounding our AFGSC bases have already done a tremendous amount of work to get professional licensure legislation passed in their states," said Gen. Tim Ray, AFGSC Commander. "They have pushed for things like school of choice, a charter school at one base, and interstate compacts allowing easier transfer of school credits for high school students into local school systems."

In addition, Ray said one community pushed to build a Child Development Center just off base, and another worked to provide funds to improve their base library. The community assessments are meant to serve as a tool for even further improvement.

"This is a tremendous

opportunity for communities and bases to work together and build on recent successes," Ray said. "Airmen and family retention are competitive advantages for our command."

The Department of the Air Force will use the support of military family criteria to inform the strategic basing process this month. The intent with this initiative is to ensure locations where military members stationed are dedicated to advancing quality of life opportunities for Air and Space professionals and their families.

Professional licensure portability is critical to many military families, as spouses are often required to apply for a license in a new state in the same manner as a first-time applicant, the study found. Costs to transfer professional licenses for things like accounting, law, nursing, physical therapy, teaching and others to another state are often high. In many cases, waiting periods and adjudication are also required, which translates into lost wages. Legislation to make

those license transfers easier can help.

"The communities in AFGSC have been hitting this area hard for the last few years, and I'm extremely proud of how far we've come," Ray said. "However, there are still areas that can be improved."

In looking at education, the assessments took a full-spectrum approach, including things like academic performance, school climate, and service offerings.

"Educational options and opportunities in some areas are key decision factors for some of our service members on whether they stay in the Air Force or decide to separate," said Chief Master Sgt. Charles Hoffman, AFGSC Command Chief Master Sergeant. "Our military children deserve the best quality education no matter where their parents are stationed, and we hope the communities surrounding our AFGSC bases will do everything they can to make sure that quality education is available."

Hoffman added that while change won't happen overnight,

identifying areas for improvement is an important first step, as the assessments will be updated annually.

"We recognize that changing licensure regulations and improving schools will take time, but by providing the evaluations

to community leaders, we are giving them the information they need to make improvements in the support they provide to military families," he said. "That way, our Airmen can focus on the mission with less worry, knowing their families are taken care of."

ND SMP Scam of the Month – August 2020 MCBS (Survey) - This is NOT A SCAM!

What is the MCBS? The Medicare Current Beneficiary Survey (MCBS) is a research project designed to provide information on the health care experiences of Medicare eligible persons across America. This survey is conducted on behalf of the Centers for Medicare and Medicaid Services (CMS) by NORC at the University of Chicago.

NORC interviews Medicare beneficiaries in selected areas throughout the United States, including your own communities, as part of a national random sampling.

NORC interviewers will contact selected beneficiaries in communities by phoning starting in late July.

Normally, NORC interviewers would visit in-person, however, due to the coronavirus outbreak, interviewers will contact selected beneficiaries by phone. Participation in this study is completely voluntary and the interviewers will adhere to the strictest of professional standards.

Why CMS wants your input for the survey?

- To improve the quality of care you and other Medicare beneficiaries receive.
- To help CMS understand how Medicare affects your daily life and what problems beneficiaries experience with Medicare.
- To provide legislators and policy makers with information to create effective laws and regulations for people enrolled in Medicare.
- To determine whether Medicare benefits are meeting the needs of current beneficiaries.

The data collection for this round began July 20, 2020 and continues through the end of the year (July 20-December 31, 2020). If you are selected, you should receive a letter and brochure in the mail explaining the process by

NORC. If you want verification of your selection to participate in the MCBS, you can contact NORC toll free at 1-877-389-3429.

Reporting Medicare fraud: If you think you have spotted fraud, report it right away. ND SMP will help seniors prevent, detect and report Medicare fraud. If you see anything suspicious, contact the ND SMP at ndsmp@minotstateu.edu or call 1-800-233-1737

or 701-858-3580. For non-Medicare fraud issues, contact the ND Attorney General's Office at 1-800-472-2600.

The information provided is intended to be a general summary only. Source of information: Centers for Medicare and Medicaid (July 2020). MCBS: Medicare Current Beneficiary Survey.

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54TH HELICOPTER SQUADRON ACE PROGRAM

The 54th Helicopter Squadron attended the Aviation Camp Experience in Minot, North Dakota on July 28, 2020. ACE Camp is a three-hour day camp designed for kids who have completed 3rd or 4th grade, this camp will give kids the opportunity to have hands-on experience learning about the science of flight, careers in aviation, and history of aviation.

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A Long Island, NY, native, Dr. Moore has a background as a professional musician, initially as a member of a successful rock band and later as a solo recording artist and soundtrack composer. Dr. Moore earned his Doctor of Osteopathic Medicine from Des Moines University in Iowa, and completed his psychiatry residency at Garnet Health Medical Center, Middletown, NY. He is a member of the American Psychiatric Association.

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Northern Celebrations



What a WOW weekend

Patricia Stockdill

Registration is now open for the hugely popular WOW Weekend at Lake Metigoshe State Park near Bottineau.

This year's event, Sept. 11 – 13, will be tweaked to accommodate necessary precautions given ongoing Covid-19 health and safety issues. The 2020 fall WOW Weekend will be a smaller, modified version, coordinator Amy Schimetz described, but a wide array of activities will still be available.

WOW – Wild Outdoor Women – workshops are geared towards women 16 years of age and older interested in learning a new outdoor recreational activity – or expanding their knowledge of activities they already enjoy, meeting and sharing their similar interests among other women.

Activities include kayaking, canoeing, mountain biking, fly-fishing, geo-caching, birding 101, beach yoga, a yoga hike, pickleball, owl prowling night hike, and beginners and intermediate archery, along with a triathlon.

Participants can bring their own equipment if they prefer to use it or cleaned and sanitized gear will be available. Mountain biking participants will need to bring their own bike, Schimetz added. However, Val's Cyclery is providing free bike checks at its Minot store prior to the workshop for Mini WOW participants.



Kayaking is popular among participants at the WOW – Wild Outdoor Women – workshop held at Lake Metigoshe State Park. This year's workshop emphasizes that all courses will be held outside with proper health and safety precautions regarding Covid-19 concerns.
Lake Metigoshe State Park

This fall's WOW itinerary is shorter than in past years because of modifications to accommodate Covid-19 issues. Following guidelines through North Dakota Smart Restart and CDC guidelines, any equipment that will be provided for participants will be thoroughly cleaned and sanitized.

All classes will be held outdoors so dress for any potential weather, Schimetz advised. Participants can make their own lodging arrangements at facilities along the lake or in Bottineau and camping will be available at Lake Metigoshe State Park.

The park will also have its comfort stations and shower facilities available.

Unlike past years when participants could

gather for evening camaraderie, meals, or announcements, "grab-and-go" meals will be available for Saturday and Sunday breakfast and Saturday lunch but there won't be evening group meals.

Schimetz began planning for the 2020 fall workshop in March before the pandemic turned the world upside down. As the situation evolved and North Dakota Smart Restart began, she contemplated options about whether or not it would be feasible to hold the workshop.

She began talking to past participants and people who followed the program on its Facebook page. She queried instructors about their interests and concerns. "Most ladies were like, "yes, we want to be there,"" she added.

Erring on the side of health and safety and following District Health Unit, N.D. Smart Restart, and CDC guidelines, she eliminated indoor classes, food, large groups, and any shared equipment. What remained was still a diverse,

hugely popular list of workshops geared towards women of all levels, along with enthusiastic instructors for outdoor classes in the wooded Turtle Mountains as summer gives way towards autumn.

Participants won't be required to wear masks as activities will be outdoor where distancing can be achieved. Ladies are encouraged to bring masks and wear them if they desire, Schimetz said.

Many classes typically fills quickly, Schimetz explained, and even though

this year's WOW Weekend will have a different look and feel, early feedback from program's followers has her encouraged it will be another successful year.

Registration is online at (<https://bit.ly/Fall2020MiniWOW>) and ends Aug. 28. Participants register by buying tickets representing activities along with selecting any of their desired "grab-and-go" meals. Classes are typically limited to 12 to 16 participants to provide better hands-on learning, Schimetz added.

Course descriptions and information is available at the N.D. Parks and Recreation Department, (<https://www.parkrec.nd.gov/events/fall-wow>).

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ALS 20-E GRADUATION

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Verendrye and Enerbase hold ribbon cutting for fast car charger



Minot Chamber Ambassadors, along with Verendrye Electric and Enerbase cut the ribbon at their new fast car charger. This is one of the first electric vehicle super chargers in North Dakota.

MINOT CHAMBER OF COMMERCE PHOTO

A ribbon cutting and open house was held on Monday, Aug. 3 for one of the first electric vehicle superchargers in North Dakota.

The ribbon cutting took place in Minot at the Enerbase Travel Plaza at 4750 Hwy. 83 North.

The event included a demonstration of how the charger works. The Lignite Energy Council also had their Tesla Model X on display.

The charger is made by Chargepoint and has an output

of 62,000 watts which can charge a car to 80% in as little as 30 minutes depending on the type of car. Enerbase and Verendrye received approval for a grant from the North Dakota Department of Environmental Quality to pay for 80 percent of the cost of the project. The estimated cost is \$72,000.

“Being on the north side of town, this charging station is in an ideal location for airmen and civilians working on the base,” said Tom Rafferty, Verendrye’s

member services manager. “It’s also a good place to stop because Enerbase has a large selection of food and other items you can peruse while your car is charging.”

As of early July, there were only a few level 3 chargers in the state, all owned by Tesla. There are plans for about a dozen level 3 chargers to be installed this year in North Dakota. Many of those are being installed by other electric cooperatives in multiple cities.

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Dan Olson found a \$45 Golden Ticket in the Northern Sentry he picked up at Airmen’s Attic



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5	8	2	7	6	9	3	4	1
9	3	4	1	2	5	8	7	6
2	7	9	6	5	1	4	8	3
3	1	6	2	8	4	9	5	7
4	5	8	9	3	7	6	1	2
6	2	5	8	7	3	1	9	4
1	4	3	5	9	2	7	6	8
8	9	7	4	1	6	2	3	5

BASE ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Fall 2020 term (10 Aug-11 Oct). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please email your registration request & any inquiries to minot@erau.edu To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking phone number: 904-513-9734.

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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

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P	O	I	S	O	N		O	S	U		T	S	A	R
I	N	A	P	O	D		J	I	B		N	E	M	O
L	O	N	I		I	B	I	D		R	O	U	E	S
E	S	T	A	B		I	T	E	M	S		D	Y	E
			L	E	G	G	O		A	T	M	O	S	T
V	H	S		B	O	S	S	E	D		G	N	A	T
W	I	L	L	Y	O	U		M	A	R	R	Y	M	E
J	E	E	P		F	R	O	M	M	E		M	E	S
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S	H	I	N		A	F	L		I	C	E	A	G	E
	S	T	A		N	A	Y		T	U	R	N	E	R

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CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 4:30 pm Sunday 8:30 & 10:00 am</p> <p>Fr. Ken Phillips, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p>109 6th St. SE Minot • 838-3094</p> <p>Saturday, August 8, 2020 Vespers - 5:00 P.M. Sunday, August 9, 2020 Divine Liturgy - 10:00 A.M. Father Thaddeus Nielsen</p>	<p>BF Break Forth BIBLE CHURCH</p> <p>Thursdays 7:00pm 2nd + 4th Sundays 10:30am at the GRAND HOTEL www.breakforthbiblechurch.com</p>	<p>Trinity CHURCH</p> <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m. www.trinitychurchminot.org</p>	<p>Bible Fellowship Church</p> <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p>Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Ken Mund 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p> <p>UNITED CHURCH OF CHRIST</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 9:30 AM</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Reverend Philip Beyersdorf</p>
<p>Immanuel Baptist Church</p> <p>1615 2nd St. SE Minot • 839-3694</p> <p>Sundays: Worship 10:00 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:00 pm Sunday Worship.. 8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Supper 5:00 pm Wed. Worship & Education 5:45 pm</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA</p> <p>Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday Church School 5:45 pm Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p>Cross Roads Baptist</p> <p>Southern Baptist Convention</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p>West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m.</p> <p>Pastor Matt Scherbenske www.vincentumc.com</p>
<p>Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m.</p> <p>Pastor Matt Scherbenske www.vincentumc.com</p>	<p>OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship 6:30 p.m.</p> <p>Sundays: Worship 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p>Chapel Services at MAFB</p> <p><i>Protestant (North Plains Chapel in Base Housing)</i> Contemporary Service Sunday Worship 1000</p> <p>Gospel Service Sunday Worship 1130</p> <p><i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday 1000 & 1700 Daily Monday-Thursday at 1200</p>	<p>ORCS Preschool</p> <p>Our Redeemer's Christian School's Preschool Program will be starting it's 33rd year the fall of 2020 and we would love to have your child be a part of it!</p> <p>NOW ACCEPTING REGISTRATIONS FOR THE 2020-2021 SCHOOL YEAR</p> <p>HIGHLIGHTS OF OUR PROGRAM</p> <ul style="list-style-type: none"> • Time-tested curriculum including STEM and Language Arts activities as well as Free Play • 2 and 3 day options available • Kindergarten readiness skills practiced each session • All teachers hold a North Dakota Professional Educator's License • Christ-centered environment <p>Please contact our school office or visit our website for more information. 701.839.0772 Email: jschultz@orcsknights.org Website: www.orcsknights.org</p>	
<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	<p>OUR REDEEMER'S CHRISTIAN SCHOOL 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>		

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