

WHATS INSIDE THIS WEEK:



COL. WALTERS'
5TH MSG
IMMERSION
TOUR

A3



CONTINUOUS
PROCESS
IMPROVEMENT

B5



5TH BOMB WING
2ND QUARTER
AWARDS

B7

B-52S RETURN TO EUROPE



A B-52 Stratofortress prepares to land at RAF Fairford, England, Aug. 22, 2020. The Department of Defense maintains command and control of its bomber force for any mission, anywhere in the world at any time. **See story on page 6.**

U.S. AIR FORCE PHOTO | SENIOR AIRMAN EUGENE OLIVER

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Videos

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Col. Walters' 5th MSG Immersion Tour



U.S. AIR FORCE PHOTOS | MINOT AFB PA

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Col. Barry E. Little

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AUGUST 27-30

We're having a sale! Stop by the 4 Bears Event Center to purchase some of our hotel furniture including items like queen sized beds, tables, lamps and more.
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When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.



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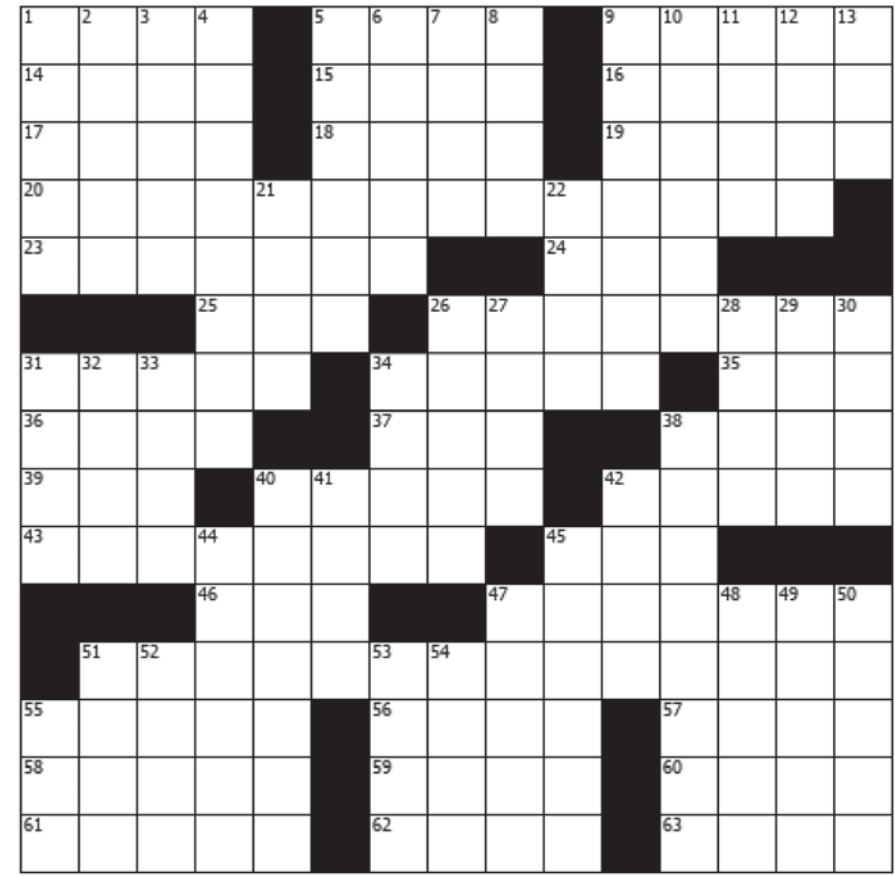


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CROSSWORD PUZZLE

Solution can be found in next weeks edition

- Across**
- 1. Take great pleasure (in)
 - 5. Longtime Southern senator
 - 9. Diplomat
 - 14. Newsman Colmes
 - 15. "Dies _"
 - 16. "Common Sense" author
 - 17. Refine
 - 18. Retreat
 - 19. Brown and others
 - 20. Start of a quip
 - 23. They're not straight up
 - 24. Delighted cry
 - 25. They travel a long way to get here
 - 26. Quip, part 2
 - 31. Congo, formerly
 - 34. Notched, as a leaf
 - 35. Hosp. areas
 - 36. "The Lord of the Rings" creatures
 - 37. Quip, part 3
 - 38. Actress Swenson
 - 39. Supporting cheer
 - 40. Oil source
 - 42. One who peeps, perhaps
 - 43. Quip, part 4
 - 45. Calendar abbr.
 - 46. Phone sequence
 - 47. Attacks suddenly
 - 51. End of the quip
 - 55. IM user
 - 56. Some nest eggs
 - 57. Unaccounted for, in a way
 - 58. Quartet part
 - 59. Sleeveless garment
 - 60. Graphic starter
 - 61. Elite group



- Down**
- 1. Mideast religion that preaches equality
 - 2. On the wing
 - 3. One with a pole position?
 - 4. Church accessories
 - 5. Spring bloomers
 - 6. Some degree requirements
 - 7. Follow
 - 8. Actress Polo
 - 9. Serial part
 - 10. Arizona native
 - 11. Grandfather clock number
 - 12. Linear
 - 13. Unambiguous response
 - 21. Marriage, for one
 - 22. Does yard work
 - 26. Sandwich order words
 - 27. Observe
 - 28. Taboo

- 29. It may lead to a conclusion
- 30. Pronto
- 31. Speed (by)
- 32. 1968 self-titled folk album
- 33. Bakery worker
- 34. Airline since 1948
- 38. Swamp
- 40. Curse
- 44. Corsair and Pacer
- 45. Arm-raising events
- 47. Period
- 48. Cringe
- 49. _ Gay
- 50. Three-time French Open champ
- 51. Seethe
- 52. Weena's race, in a Wells novel
- 53. Jackknife, for one
- 54. Long haul
- 55. Actress Gardner

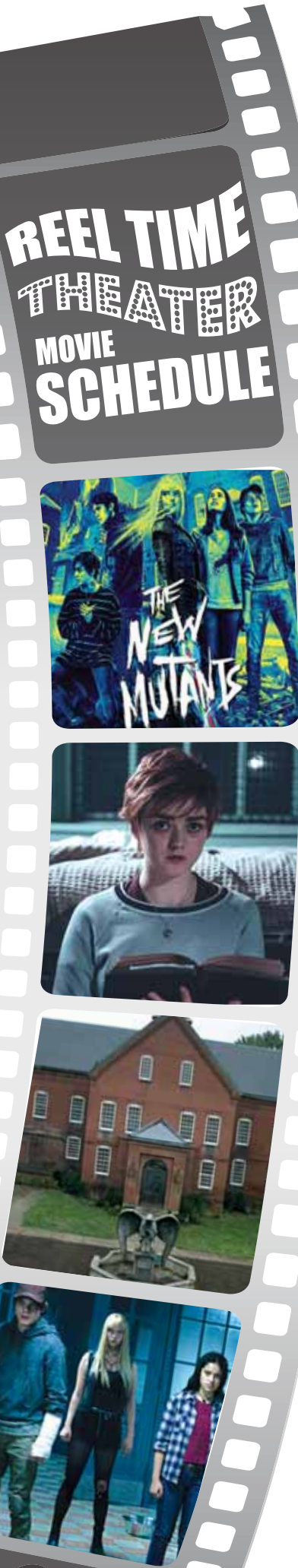
SUDOKU

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		9			6	2		
2		3	1		9		4	

Solution to puzzle on page B11

FRIDAY, AUG. 28 1900
SATURDAY, AUG. 29 1700
SUNDAY, AUG. 30 1500
THE NEW MUTANTS
(PG-13)

“Five young mutants, just discovering their abilities while held in a secret facility against their will, fight to escape their past sins and save themselves.”

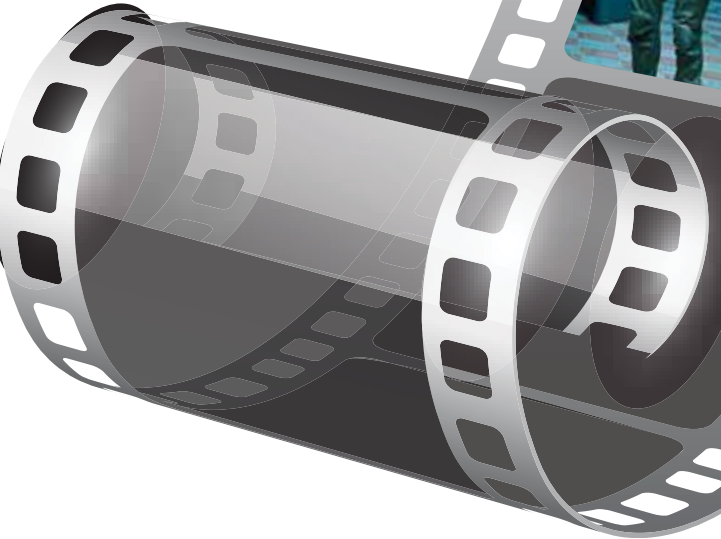




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Upcoming Events

29-30
AUG

**GOOD NIGHT LIVE ROASTS
SHAUN SIPMA**
6:30 PM - 12:30 AM
Downtown Minot



For more information:
Facebook event/ The Good Talk Network

1
SEPT

**PAINT THE TOWN RED
WITH JANIE MYERS**
6:00 PM - 8:00 PM
Taube Museum of Art
2 Main Street North, Minot

Jungle Mania painting class! Join us at the Taube with artist Janie Myers and create your own original artwork. All materials will be sanitized before and after the event. Class size is LIMITED to 20 people to ensure a safe and fun environment for those attending. Hand sanitizer and masks are provided free of charge for those who need it. Attendees must sign up in advance, and there must be at least 5 to hold the class! Contact the Taube if you would like to reserve your spot and pay with cash or check. For ages 21+ Fees: \$35 non-members \$32 members



For more information:
Facebook event/ Taube Museum of Art

4-6
SEPT

MOTOR MAGIC 2020
8:00 AM - 10:00 PM
North Dakota State Fair Grounds
2005 Burdick Expy E, Minot

Check out the largest motorsports event in the Upper Midwest! Motor Magic provides entertainment for auto enthusiasts of all ages featuring many displays and events including: historic military vehicle display, dirt track auto racing, classic car auction, car show, vendor displays, go karts and much more! Admission to the North Dakota State Fairgrounds is free with major events priced separately. RV reservations start at just \$20 a night with 30amp electricity included. For more information and a full schedule of events, visit www.motormagic.net or call 701-857-7620.



For more information:
Facebook event/ North Dakota State Fair

5
SEPT

**MINOT PRIDE FESTIVAL:
PRIDE IN THE STREETS**
10:00 AM - 3:00 PM
Downtown Minot

This is a first in the City of Minot: you've been there for Pride in the Park, now join us for Pride in the Streets! Main Street, between Central Ave. East and 1st Ave. SE, will be closed down; here, vendors, food trucks, and entertainment await you from 10:00 a.m. to 3:00 p.m. This event is for all ages and is free. If you are interested in being a vendor, please visit our website — www.magiccityequality.com/sponsorship — to learn more on how you can get a booth.



For more information:
Facebook event/ Magic City Equality

On Base



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Stars & Stripes Scramble Winners



Winners of the Stars & Stripes 4 Person Scramble held August 22 at the MAFB Rough Rider Golf Course from L-R: Daniel Stewart, Trevor (Brittany) Spears, JB and Jake Korthas. Their team brought home a \$600 winning prize. There was 14 teams playing for a total of 56 golfers. The tournament was sponsored by Morellis Distributing Inc.

No federal endorsement of sponsor intended.

MAFB ROUGH RIDER GOLF COURSE PHOTO

Homeschool Open House
Minot AFB Library • 2 September • 4PM - 6PM

Calling all homeschool families!

Are you new to the area or looking for a refresher on what Minot AFB has to offer?

The School Liaison Office, Base Library, and Youth Programs have teamed up to showcase our homeschool resources.

Join us for a library tour, educational resources demo, homeschool Q&A, and a sports/ instructional class discussion.

Registration ends 1 September 2020. Masks are required. Space is limited!

For more information or to register email mafb.school.liaison@us.af.mil or call the SLO at (701) 240-2380.

FORCE
5th Force Support

YP
Youth Programs



Remote Start

In less than a week we will be entering September. Fall is great, but there is a season that follows no one wants to even think about... that's right, winter.

With winter coming up fast and us living in a very cold state, Dynamic Auto, has decided to add remote starter installation to our list of the many services offered at Dynamic. Just think, wouldn't it be great to not have to go out in the cold until its time to leave and you have a warm car, with warm seats?

There are many benefits to having a remote start and we'll talk about them.

- 1) Remote start can be used in the hot months and not just the cold.
- 2) Ice will be almost gone when you get out to your vehicle just a few swipes with the scraper and your set to go.
- 3) Letting your vehicle warm up before going anywhere is one of the biggest benefits. This lets the climate control system warm up, giving the engine a little more of a life span since you will allow the oil to make its way through the passages before you take off.

At Dynamic Auto we want to make sure you and your vehicle are taken care of for the upcoming seasons. Even if remote start is not for you or you have a garage, we can make sure your vehicle is ready for winter, whether its tires or getting your heater blowing warm.

Give us a call today for pricing and some friendly staff advise. We look forward to working with you.



5220 N BROADWAY, MINOT 701-852-4556

U.S. Air Force B-52s return to Europe for ally, partner training

U.S. AIR FORCES IN EUROPE & AIR FORCES AFRICA
RELEASE NUMBER: 010820

Six U.S. Air Force B-52 Stratofortress bomber aircraft from the 5th Bomb Wing, Minot Air Force Base, North Dakota, arrived Aug. 22, 2020, at RAF Fairford, England for a long planned training mission where the aircraft will conduct theater and flight training across Europe and Africa.

The strategic bomber missions, which have been occurring since 2018, provide theater familiarization for aircrew members and opportunities for U.S. integration with NATO allies and regional partners. The bomber missions enhance readiness and provide the training necessary and respond to any potential crisis or challenge across the globe. There have been more than 200 successful flight sorties coordinated with allies and partners since the Bomber Task Force missions began.

"B-52s are back at RAF Fairford, and will be operating across the theater in what will be a very active deployment. Our

ability to quickly respond and assure allies and partners rests upon the fact that we are able to deploy our B-52s at a moment's notice," said Gen. Jeff Harrigian, U.S. Air Forces in Europe and Air Forces Africa commander. "Their presence here helps build trust with our NATO allies and partner nations and affords us new opportunities to train together through a variety of scenarios."

Ongoing planned bomber missions showcase the Air Force's ability to continue to execute flying missions, sustain readiness and support our allies and partners, regardless of any external challenge to include the current global COVID-19 crisis response or other current events within Europe and Africa.

Continuing coverage of this deployment will be available on this website, and on the DVIDS hub at: <https://www.dividshub.net/feature/bombertaskforceeurope>.

“

THEIR PRESENCE HERE HELPS BUILD TRUST WITH OUR NATO ALLIES AND PARTNER NATIONS AND AFFORDS US NEW OPPORTUNITIES TO TRAIN TOGETHER THROUGH A VARIETY OF SCENARIOS

GEN. JEFF HARRIGIAN, U.S. AIR FORCES IN EUROPE AND AIR FORCES AFRICA COMMANDER



Two B-52 Stratofortresses fly overhead at RAF Fairford, England, Aug. 22, 2020. Strategic bombers contribute to stability in the European theater as they are intended to deter conflict rather than instigate it. If called upon, U.S. bombers offer a rapid response capability.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN EUGENE OLIVER



A B-52 Stratofortress flies overhead at RAF Fairford, England, Aug. 22, 2020. U.S. Strategic Command regularly tests and evaluates the readiness of strategic assets to ensure we are able to honor our security commitments.

U.S. AIR FORCE PHOTO
SENIOR AIRMAN EUGENE OLIVER



Six B-52H Stratofortresses take off, Aug. 21, 2020, at Minot Air Force Base, North Dakota. The bomber aircraft will conduct theater integration and flight training across Europe and Africa.

U.S. AIR FORCE PHOTO
AIRMAN 1ST CLASS JAN K. VALLE

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A B-52H Stratofortress prepares to taxi prior to takeoff, Aug. 21, 2020, at Minot Air Force Base, North Dakota. Bomber missions enhance readiness and provide the training necessary to respond to any potential crisis or challenge across the globe.

U.S. AIR FORCE PHOTO
AIRMAN 1ST CLASS JAN K. VALLE



Airmen from the 5th Aircraft Maintenance Squadron ensure aircraft readiness prior to takeoff, Aug. 21, 2020, at Minot Air Force Base, North Dakota. The readiness of the 5th AMXS enables the U.S. Air Force is engaged and ready with credible fores to assure, deter, and defend in an increasingly complex security environment.

U.S. AIR FORCE PHOTO
AIRMAN 1ST CLASS JAN K. VALLE



Aircrew from the 23rd Bomb Squadron prepare for a mission, Aug. 21, 2020, at Minot Air Force Base, North Dakota. Bomber missions enable aircrews to maintain a high state of readiness proficiency, and validated our always-ready global strike capability.

U.S. AIR FORCE PHOTO
AIRMAN 1ST CLASS JAN K. VALLE



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WHAT'S GOING ON MAFB

TODAY 28

- Summer-ish Games at the Fitness Center
- HIIT Strength & Conditioning, 0615, Fitness Center
- TAP, 0730-1600, A&FRC — Online Zoom Meeting
- Mystery Price Bowling, 0900-2100, Rough Rider Lanes
- Swerk, 0915, Fitness Center
- Strength & Conditioning, 1130, Fitness Center
- Cycle, 1615, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
- Karaoke Night, 1800-2200, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

SATURDAY 29

- Operation Heroes, 0900-1430, Jimmy Doolittle Center
- Swerk, 1015, Fitness Center
- Zumba, 1130, Fitness Center
- Single Airman Free Bowling, 1800-2300, Rough Rider Lanes
- Youth Lights & Strikes Bowling, 1800-2300, Rough Rider Lanes
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

SUNDAY 30

- Sunday Escapes Book Club, 1330, Minot AFB Library Facebook Page
- Zumba, 1400, Fitness Center

MONDAY 31

- Registration Opens for EFMP Building Creative Minds at A&FRC
- HIIT Strength and Conditioning, 0600, Fitness Center
- Single Airman Free Fling Golf, 0900-1200, Rough Rider Golf Course
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC — Online Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- Cycle, 1615, Fitness Center
- Zumba, 1730, Fitness Center

TUESDAY 1

- Banned & Challenged Books Challenge Begins at Minot AFB Library
- Registration Continues for Winter Bowling League at Rough Rider Lanes
- Cycle, 0545, Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Strength & Conditioning, 1130, Fitness Center
- Swerk, 1830, Fitness Center

WEDNESDAY 2

- HIIT Strength and Conditioning, 0545, Fitness Center
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC — Online Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Fit to Fight, 1130, Fitness Center
- Brown Bag Book Talks, 1200, Minot AFB Library
- Homeschool Open House, 1600-1800, Minot AFB Library
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Member Wind Down Wednesday Snacks, 1630-1830, Rockers Bar & Grill
- Cycle, 1700, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY 3

- Cycle, 0545, Fitness Center
- Pre-Separation Counseling, 0830-1130, A&FRC — Online Zoom Meeting
- Reintegration Briefing, 1000-1100, A&FRC — Online Zoom Meeting
- Strength & Conditioning, 1130, Fitness Center
- Cycle, 1700, Fitness Center

UPCOMING 4

- AFGSC Family Day - For full listing of Labor Day holiday weekend facility hours, visit 5thforcesupport.com
- Cycle, 0900, Fitness Center
- Mystery Price Bowling, 0900-2100, Rough Rider Lanes
- Fit to Fight, 1130, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

5

- For full listing of Labor Day holiday weekend facility hours, visit 5thforcesupport.com
- Swerk, 1015, Fitness Center
- Youth Lights & Strikes Bowling, 1800-2300, Rough Rider Lanes
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

DINING

Available Dining (Hours subject to change)

Bomber Bistro

Monday-Friday 1030-2100, Saturday 1400-2000

Dining Room Now Open. Seating is limited and masks are required except while eating.

Dakota Inn Dining Facility

Monday-Friday 0600-0900, 1030-1330, 1630-1830;

Saturday-Sunday 0630-1830

Dining Room Now Open. Tables and chairs have been placed accordingly to maintain social distancing.

Jimmy Doolittle Center

Dine In Lunch and Lunch To Go: Monday-Friday 1100-1300. Limited seating is available and social distancing. Call in your To Go orders between 0900-1230. Menu available on JDC Facebook page. ESM accepted.

Family Evening Meal To Go: Tuesday-Friday 1530-1730. Order in advance via Member Planet. Online ordering closes at 1300 or order by phone between 0900-1630.

Rockers Bar & Grill

Monday-Friday 1100-1700. Lounge is open Wednesday-Friday 1500 - 2100.

Call to place your order for carry out or head inside to dine in. Limited seating is available and social distancing guidelines apply.

Delivery Options (Hours subject to change)

Bomber Bistro

Monday-Friday 1630-2030

AUGUST SPECIALS

Bomber Bistro • Monday Lunch Special - Seafood Pasta

Try the new Seafood Pasta for lunch on Mondays at Bomber Bistro.

Featuring pan seared scallops, sautéed calamari, and shrimp combined with your choice of spaghetti or fettuccine noodles in a delicious tomato sauce served with a slice of tasty garlic bread! Ask for it spicy for an extra kick! Only \$11.95 - Includes a drink!

The B-Fifty Brew • Ultimate Breakfast Sandwich

You can't go wrong with this classic! Enjoy crispy bacon, tomato, egg, and roasted peppers on a bagel or croissant. Grab it today for only \$4!

Rockers Bar & Grill • Rockin' Cuban

Try our twist on the classic Cuban! Pulled pork, swiss cheese, Dijon mustard, and fried pickles served on a toasted garlic panini bread!

Served with fries for only \$9.75!

SEPT. SPECIALS

Bomber Bistro • Friday Dinner Special - Chicken & Waffles

Enjoy a delicious golden waffle and four crispy chicken tenders served with a side of maple syrup and hot sauce. Grab it starting at 3:30PM while supplies last! Only \$9.95 - Includes a drink!

The B-Fifty Brew • Cold Brew Coffee

Try this refreshingly chilled coffee beverage! Our cold brew coffee will cool you off during the late summer heat! Take it to go today! Tall \$2.95, Grande \$3.65, Venti \$3.95. With Cream: Tall \$3.45, Grande \$3.95, Venti \$4.25

Rockers Bar & Grill • Mac & Cheese Burger

Experience this juicy 1/3 pound burger layered with creamy bacon mac & cheese, then topped with pepperjack cheese! Served with fries for only \$9.75!



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- Both male and female bison have short black horns.
- Bison are among the most dangerous animals encountered by visitors in the U.S. and Canadian National Parks.

Fact File	
Life Span	18 - 22 years
Weight	1,000 - 2,000 pounds
Height to Shoulder	5 - 6 feet
Body Length	9 - 12 feet
Top Speed	35 mph
Wild Diet	Omnivore: Caribou, Moose, Grasses, Sedges, Shrubs

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OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

- Lake Sakakawea elevation, Aug. 24: 1,841.43 feet above mean sea level (MSL); 26,400 cubic feet per second (CFS) Garrison Dam average daily releases.

- Devils Lake elevation: 1,449.65 feet above mean sea level (MSL).

- Stump Lake elevation: 1,449.61 MSL.

- N.D. Game & Fish Dept. game wardens: North-central area lakes remain slow. Missouri River tailrace continues producing catfish. No Lake Sakakawea or Devils Lake reports.

- Devils Lake, Woodland Resort, Devils Lake: Continued fair to good for walleye using a variety of presentations with smaller fish in the shallows. Work deep for larger fish. Try along the highway or slip bobbars around New Mil Bay and Pelican Lake.

- Lake Darling, Karma C-Store, Ruthville: Continued fair activity at Lake Darling. No reports from other area lakes.

- Lake Metigoshe, Four Seasons, Bottineau: Continued bluegill and pike success with occasional nice-sized walleye.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Work a variety of depths for walleye on the east end of Lake Sakakawea. Small fish more active during the day in 14 to 35 feet. Work shallower in late afternoon and evening for larger fish. Try pitching jigs shallow or pulling crankbaits in deeper water. Slower presentations seem to be better. Also try slow death hooks. Most activity is around the mouths of bays but try working up into bays, as well.

- Lake Sakakawea, Indian Hills Resort, Garrison: Continued small walleye success. Work 22 to 28 feet with nightcrawlers.

- Lake Sakakawea, Scenic 23, New Town: Still somewhat slow for walleye in the Van Hook Arm with the dog days underway.

- Lake Sakakawea, Van Hook Resort, New Town: Somewhat slow walleye activity with better success around Pouch and Independence points or Shell Island. Try



- Sept. 1: Dove season opens.
- Sept. 2: Fall turkey applications due.
- Sept. 4: Mountain lion and archery deer seasons open.
- Sept. 7: Missouri River early Canada goose season closes.
- N.D. Dept. of Environmental Quality blue-green algae warning for Stump and Antelope lakes and advisories for Rice and Coal Mine lakes.
- Do not release any fish caught from water 25 feet and deeper because their swim bladder likely won't allow them to survive when coming up from deep water.
- Watchable Wildlife photo contest underway with Oct. 2 deadline. Contact N.D. Game & Fish Dept. conservation biologist, Patrick Isakson, pisakson@nd.gov for details.
- Boating accidents should be reported to local game wardens.
- Tournaments:
 - Sept. 8 – 11: Lake Sakakawea, Fort Stevenson State Park.

nightcrawlers with spinners and bottom bouncers, deep-diving crankbaits, or jigging Raps in 25 to 35 feet.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace slowed for catfish, possibly due to highly variable water releases from the dam, depending on the time of day. Try rocks at night using crankbaits for walleye. Slow from boats. Lake Sakakawea continues producing walleye off points in 35 feet. Move around with better success in the morning. Try Riverdale Bluffs. Fair to good for salmon in 85 feet and deeper using white-on-white presentations with smaller squids. Also try herring and flies. Work from the intake structure to Deadman's Bay with most activity along the face of the dam to Government Bay. Look for smallmouth bass success from shore along with some walleye and pike. Try Scoria Bay, Government Bay, or Sakakawea State Park.
- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: West end of Lake Sakakawea slow

with better success around the south end of the Van Hook around Independence Point in 25 to 30 feet. Some smallmouth bass success around White Earth Bay. Try the pump house on the Missouri River for walleye. Good for catfish, too. Blacktail Dam producing panfish.

- Lonetree WMA area lakes, Harvey: No new reports.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Souris River is low and slow. Not much activity on area lakes and they're generally weedy.

Hunting:

- Early Canada goose season: Fair success in the northeast around Devils Lake as more small grain harvest gets underway. Not much activity around the north-central region. A few local flocks feeding in harvested fields in central N.D. around Lonetree WMA area.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (800) 472-2121 or (701) 328-9921.

Four day trips for Dakotans

LUCIE KRISMAN, NORTH DAKOTA NEWSPAPER ASSOCIATION

State tourism officials are encouraging North Dakotans to ride out the coronavirus by enjoying day trips to special destinations in the state. Here are four:

- Theodore Roosevelt National Park

This over 70,000-acre national park stretches from Medora to Watford City and is full of outdoor activity opportunities such as hiking and mountain biking. It is named in honor of Theodore Roosevelt, who ranched in the North Dakota Badlands. The park is home to wildlife such as bison, wild horses, elk and bighorn sheep.

- Maah Daah Hey Trail

The Maah Daah Hey Trail's 144 miles can be hiked or ridden by horse or by bike. The trail travels through the North Dakota Badlands and the Little Missouri National Grassland. For an extra challenge, visitors can ride one of the Badlands Race Series races that stretches across the trail.

- Devil's Lake

Devil's Lake is North Dakota's largest natural body of water and is known as the "Perch Capital of the World". Fishing is a popular activity on the lake, as the lake has large numbers of fish such as walleye, northern pike and white bass. Aside from fishing, visitors can expect opportunities such as birdwatching, hunting and scenic hikes and drives.

- White Horse Hill National Game Preserve

Overlooking Devil's Lake, White Horse Hill National Game Preserve is a refuge for birds and other wildlife. Visitors at White Horse Hill National Game Preserve can observe wildlife like bison, elk and white-tailed deer. A mile-long self-guided trail can be followed along a wooded stream and a wooded terrain to observe wildlife and scenic views.



Theodore Roosevelt National Park



Devil's Lake



Maah Daah Hey Trail

ND TOURISM PHOTOS



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INGREDIENTS

1 CUP BUTTER, SOFTENED
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1/2 TEASPOON GROUND CINNAMON
8 MEDIUM SWEET POTATOES

Make the Maple-Cinnamon Butter: In a mixing bowl, combine the butter, maple syrup, and cinnamon and whip with a wooden spoon. (Alternatively, blend the ingredients using a hand-held mixer or a stand mixer.) Transfer to a small bowl, cover, and chill until serving time.

When ready to cook, set the Traeger to 375°, arrange the sweet potatoes on the grill grate and bake until soft, 1 to 1-1/2 hours, depending on the size of the potatoes. Make a slit in the side of each, and squeeze the ends gently to fluff.

Serve hot with the Maple-Cinnamon Butter. Enjoy!



Ryan Davy - GM
Minot

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COVID complicates normal summer fun routine

N.D. NEWSPAPER ASSOCIATION



Lake Metigoshe State Park has seen a significant uptick in visitors this year, according to Park Manager Bill Demming.

ND TOURISM PHOTO

During what normally would have been the beginning of a busy season, Jeff Baker of Rez Famous Lemonade on the Turtle Mountain Indian Reservation is kicking off June with local lemonade sales to drive-up customers.

Summer on the reservation in north-central North Dakota is typically busy for Baker with weekend powwows and the occasional car show or community event. While he normally expects about 16 weekend business opportunities between April and November, this summer is different.

"Our main venue is weekend powwows," Baker said. "Now, basically 100% of those have gone away. That's 95% of my business, other than midweek selling."

Delvin Cree of New Town, a member of the Turtle Mountain Band, said smaller powwows were held when he was younger and would be a beneficial possible alternative after the loss of the annual big powwows this summer.

"I know in my family we have several dancers and I kind of would like to see them have a small powwow like we did decades ago," Cree said. "Today we have the pandemic that is preventing us from having gatherings and we have the (protest) situation in Minneapolis. We dance as a prayer for everyone. In a sense, that's how we pray."

The cancellation of local powwows is one of the ways North Dakota is impacted during the summer of 2020 on a local level due to COVID-19. Some large events such as the annual Norsk Høstfest in Minot have been canceled for the summer, while others like the Medora Musical will go on with increased precautions.

Tourism in North Dakota is also expecting a hit due to the closed Canadian border and

Division launched a campaign at the beginning of 2020 encouraging North Dakotans to "follow your curiosity, not the crowds". Otte Coleman said this was to urge North Dakotans to explore recreational opportunities within the state that they hadn't before in place of a typical trip outside the state.

Some of the encouraged activities include mountain biking on trails such as the Maah Daah Hey Trail in the Badlands and taking day trips to some of North Dakota's lesser-known local recreational opportunities.

Otte Coleman said the state lost \$428 million in visitor spending between March 15 and May 15. A large part of visitor spending for North Dakota typically comes from Canadian tourism, which has been halted by Canada's closed border.

"Having the border closed has definitely been a bummer for us," Otte Coleman said. "The win for us would be if we can differentiate ourselves as a safe alternative for visitation for this summer and fall."

In some parts of the state, the summer is already booming with North Dakotans visiting local destinations instead of traveling out of state. At Lake Metigoshe State Park, Park Manager Bill Demming said the area has seen a large uptick in guests compared to last summer.

The park opened up for full service on May 21. For the next three weekends, every campsite and almost every cabin has been reserved, Demming said.

"It's pretty much unheard of that every one will be rented this far out," Demming said. "At least on the weekends, we're

experiencing quite the uptick."

Some guests visited Lake Metigoshe early to quarantine in the area, drive through the park and use the trails that were still open. For extra precaution, Demming said staff at the lake have increased the amount of cleaning all facilities, and public restrooms are closed from 10 p.m. to 7 a.m. to allow for extra time to deep clean them.

Half of the picnic tables on the west side of the park have been removed to make room for social distancing and hand-washing stations. Traditional amphitheater programs at the park have been put on hold in place of safer activities such as a virtual egg hunt on Easter and scavenger hunts around the park.

"It's really been very popular," Demming said about the safe alternative activities that have been introduced. "We've had a lot of positive feedback on social media for providing these services."

As the summer begins and North Dakotans start to explore the state, Otte Coleman said it would be a great time to discover new and different ways to safely have fun.

"Our communities are really taking a great approach to opening up some of the larger group functions using our ND Smart Restart protocols," Otte Coleman said. "I feel really confident that visitors can enjoy the amenities they expect to."

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Questions About Transportation Answered

There are 2 different entities that are responsible for bussing students on Minot Air Force Base. Transportation between the Minot AFB and school locations in Minot is provided by Minot Public Schools. Bus schedules on the Minot AFB are the responsibility of an independent contractor, Yellowfin.

School Liaison Specialist, Racquel Labadie addresses some of the questions parents may have.

Q: Will the Minot Public School busses run this Thursday and Friday for the soft-opening?

A: Yes, the high school busses will run their normal routes and

schedules.

Q: Where can families find information for the bus routes and schedules?

A: Families can visit the Minot Public Schools website at www.minot.k12.nd.us. Find the "Departments" tab and then select "Transportation". All MPS routes, schedules and the bus policy is listed here.

Q: Are there any changes for the activity busses to come to base or the shuttle busses that run between the high school campuses in town?

A: The middle school activity bus will run as usual. The shuttle busses between the high school

campuses will run; there may be a slight schedule change and the details for that will be available through the schools.

Q: If families have specific questions about bussing who should they contact or where can they find information?

A: Families can call Barry Brooks for MPS bussing questions, his office number is 701-857-4451. Information is also posted on the Minot Public School website.

Note- Regarding the Yellowfin Company who is responsible for the yellow busses that run base residents to the base schools; Mr. Brooks, nor Minot Public, is responsible for that contract.



RACQUEL LABADIE, GS-11
SCHOOL LIAISON SPECIALIST
CHILD AND YOUTH EDUCATION SERVICES



Families can direct questions to Racquel Labadie for Yellowfin inquiries at 701-723-2838. Specific details regarding changes to the base school busses are

forthcoming. Parents can expect bus registration forms to be out in early September.

Virtual Schooling Grant (Dependents K-12)

AIR FORCE AID SOCIETY

VIRTUAL SCHOOLING GRANT (DEPENDENTS K-12)

Air Force Aid Society recognizes many Air Force families have faced extra expenses resulting from school closings due to the COVID-19 pandemic.

If you are an Air Force family experiencing financial hardship and facing difficulty paying the additional costs associated with purchasing home school supplies and equipment for the fall 2020 academic year, we can help!

For a limited time, we are offering a one-time \$250 grant to eligible Air Force families with a financial need to help with virtual schooling costs for school supplies of their dependents in grades K through 12.

ELIGIBILITY

Active Duty Airmen, AF Reserve (AFR) and Air National Guard (ANG) on continuous Active Duty orders for more than 15 days under Title 10, Air National Guard AGR (Full-Time,

Title 32, 502(f) only) and Retirees and Widow(er)s.

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HOW TO APPLY

Application will be available on 9/1/2020

Eligible AFR, ANG and ANG AGR must attach a copy of active duty order.

Spouse applying must attach a copy of POA.

THE APPLICATION PROCESS

Applications will be submitted to Air Force Aid Society HQ for review.

Applications must be complete and all documents received at AFAS HQ before request can be approved.

Once approved, the application will be forwarded to an Airman's local Airman & Family Readiness Center. The applicant will be contacted by the Center to schedule an appointment.

Approved applicants who are

not within 50 miles of an AF installation will have assistance completed by HQ AFAS and a check will be mailed to the applicant's home address.

For questions, contact your local Airman & Family Readiness Center, send e-mail to virtual.schooling@afas-hq.org or call 703-972-2650, option #6.

If you are having problems with the member portal or need a password reset, contact the IT Dept. at 703-972-2650, option #5.

Technical Sergeant Selects

Team,

Please help me congratulate our newest Technical Sergeant Selects!

Of 28,358 TSgts eligible to promote, only 8,246 were selected...a promotion rate of 29.08%! The promotion board recognized the hard work and dedication of EIGHTEEN of our Defenders to join the Noncommissioned Officers ranks:

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NORTHERN SENTRY

How can we make things more efficient?
How do we maximize operations with the resources we have?
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Continuous Process Improvement, or CPI, is an online education program that has been developed. The goal of CPI is to, implement a Green Belt training program to provide total force military and civilian members with knowledge on Lean, Six Sigma, Theory of Constraints, Plan Do Check Act, facilitation techniques, and practical problem solving to facilitate CPI development.
“Congress reviews the programs, and then provides funding,” according to Marc C. Green, Manpower Analyst, “and as it is with most programs, we are expected to do more with less. The CPI program is designed to leverage creative individuals to come up with innovative ideas to create maximum efficiency.”
“The eLearning is intended to standardize and broaden Air Force capability to establish an innovation and improvement environment that is more capable

of identifying, evaluating, testing and scaling opportunities across the Air Force, and beyond, to produce more effective and efficient outcomes that result in excellence in all we do.”
The long-term goal is to establish CPI as fundamental skills airmen relentlessly use in pursuit of more efficient outcomes in every task, process and organization.
“The Air Force is the most innovative branch of the service” according to MSgt Christopher Reeves, “and Green Belt certification is designed to maximize the innovation process with the training they need to develop and employ skills to maximize the process.”
The CPI course is a 3-month course that combines student-paced computer based training with three scheduled class meet ups where the student can interact with a mentor to hone their new skills. “Graduates of the Air Force Green Belt training earn a USAF Green Belt training certificate, 3.3 Continuing Education Units (CEU) credits, and a Specialty Experience Identifier.”

“The course is modelled to look like civilian programs like Sigma Academy.” Green continues, “This is a fantastic opportunity as graduates of this program are highly sought after and will receive higher pay when they move into the civilian sector.”
In addition to the online Green Belt certification course, the 5th Force Support Squadron offers monthly three day Lean Six Sigma and Practical Problem Solving Method classes where students can learn the fundamental skills needed to evaluate and improve processes within each organization right now. It is highly encouraged for students who are interested in attaining Green Belt certification to do both, the online and local class, as students are able to take advantage of the in-class exercises to work on finding solutions for process issues they may have at their work centers.
For more information, and to pick up an informational pamphlet, contact 5FSS. CPI@us.af.mil. Or go to the 5 FSS website: 5thforcesupport.com.



Top: Reviewing the current state of a process allows the team to identify non-value added activities and processes.
Middle photo: Members of 5 MXG use post-it notes to conduct process analysis
Bottom photo: Brainstorming solutions is a critical process when drilling down to the root cause.

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Summer is slipping away but that means it's time to hunt

Patricia Stockdill

A person blinks and before ya know it, summer is gone.

It might not seem possible but hunting season is here.

Yes, archery deer season opens in a week on Sept. 4.

But by then dove season was already underway because that begins Sept. 1. Ironically, even opening as early as Sept. 1, many of North Dakota's home-grown doves have already started heading south. While a few hardy ones may linger until their season ends, which is on Nov. 29 this year, they tend to book flights early.

Once dove and archery deer seasons open, things really get moving: Sept. 12 kicks off sharp-tailed and ruffed grouse, tree squirrel, snipe, and partridge; Sept. 19 for sandhill cranes; Sept. 26 for resident waterfowl hunting – including regular Canada goose season – ducks, mergansers, coots, white-fronted geese, and light geese. Woodcock season also opens Sept. 26 and there is even a bonus teal season this year running Sept. 26 through Oct. 11 for resident hunters.

Moving into October, lucky recipients of pronghorn lottery licenses start their rifle season Oct. 2; tundra swan on Oct. 3.

The grand-daddy of all upland seasons, so near and dear to many North Dakota hunters begins Oct. 12 with pheasant season, which happens to coincide with the fall turkey opener.

Who can forget what might be the state's most treasured season, deer gun, which traditionally begins the Friday before Veteran's Day at noon in November? License holders probably already have Nov. 4 marked on their calendar.

Those dates aren't selected based on numbers from a hat. Nor are season details – things like daily and possession limits for upland birds and specific sex and species regulations for deer, for example.

Instead, it's population survey data driving big game license availability, which explains why pronghorn applications aren't available until late July and due in early August for a season that – when using a bow – begins Sept. 4.

Pronghorn license applications aren't available sooner because N.D. Game and Fish Department big game biologists can't survey pronghorn populations until July. That's when those tawny-hued bucks, does, and tiny fawns show up best from the air against grassy green vegetation. Those surveys are the tightest in turn-around data the N.D. Game and Fish deals with when conducting big game surveys. While the rest of the pronghorn proclamation draft is in place, the final determination of which units will be open and how many licenses will be available isn't finalized until survey numbers can be crunched.

The window isn't quite as tight for deer, although biologists don't conduct mule deer surveys until April. That's after snow generally exits the Badlands and their white butts show up against gray, brown, and tannish clay buttes. Those numbers are then crunched so deer applications are available in early May.

White-tailed deer surveys are done in January when those critters tend to congregate more so than mule deer. Plus, they show up better against a snowy background in the prairie areas of the state than mule deer do in the Badlands against snow.

When it comes to upland game, however, survey data is used more for developing agency habitat programs, public information – the pheasant outlook, for example – and environmental reviews.

But back to the fact that hunting season is almost here.

Actually, hunting season is already underway for early Canada goose season. It's a tough season, admittedly, because dealing with harvested birds in 90-plus degrees means keeping coolers with ice available and trying to find harvested fields birds can feed in and hunters can access.

And while not hugely popular, North Dakota has a fall crow season. Yes, crows.

Go to the Game and Fish Department website, (gf.nd.gov) for all of the season opening and closing dates and regulations, clicking "Hunting" on the menu tab.

You'll even find the crow season information. It opened Aug. 22.

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Motor Magic Cruises into Minot Labor Day Weekend

MOTOR MAGIC

The North Dakota State Fairgrounds will host Motor Magic, Labor Day weekend, September 4-6th in Minot. The largest motorsports event in the Upper Midwest, Motor Magic provides entertainment for auto enthusiasts of all ages.

The Nodak Speedway will host Dirt Track Racing on Friday, Saturday and Sunday beginning at 5:00 p.m. at the Grandstand. There will also be Sprint cars on Saturday. Race on your own with go karts on the fairgrounds Friday, Saturday and Sunday!

Motor enthusiasts can visit the Historic Military Vehicle Display, the Dakota Cruisers Car Show featuring dragsters from the Magic City International

Dragway, or even bid on one of the more than 100 Classic Cars at the Masters Auctions Classic Car Auction. This year, there will be a brand new motorsports display featuring semis on Saturday and vintage snowmobiles on all days of the event. There will also be over 20 vendor booths on both Saturday and Sunday located in the lower atrium of The State Fair Center.

Major events are priced separately. RV reservations start at just \$20 a night with 30amp electricity included.

For more information and a full schedule of events, visit www.motormagic.net or call (701) 857-7620.



MOTOR MAGIC PHOTO


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LYNN HEALD

Lynn organized the Peace and Honor group of the Quilts of Valor Organization. Quilts of Valor is a national organization that presents quilts to those veterans and active duty military who have been touched by war. To date, the Peace and Honor group has presented 5 Quilts of Valor. We thank Lynn, and her husband Dan, for the many hours they have donated to construct and present these quilts.



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Amn of the Quarter



TSgt Adam R. Worcester
NCO of the Quarter



SMSgt Sean P. Costello
SNCO of the Quarter

5th Bomb Wing

2nd Quarter Awards April-June 2020



Maj Chris S. Bahrij
FGO of the Quarter



Leon J. Morrison
Cat II Civillian of the Quarter



Raquel M. Hoskin
Cat I Civillian of the Quarter



Kenneth C. Davis II
Cat III Civillian of the Quarter

U.S. AIR FORCE PHOTOS | MINOT AFB PA



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STARTS FRIDAY

JAWS 1975 (PG)

THE RENTAL (R)

WIZARD OF OZ 1939 (PG)



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katyrearnest@gmail.com



Walk to Fight Suicide

Minot Out of the Darkness Community Walk/Drive
September 13, 2020
Oak Park Shelter #7
Register at afsp.org/Minot



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701-852-1460
 2825 S. Broadway, Suite 2
abby.martinson@allstate.com



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"Normal" Headaches are NOT Normal...
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Headaches are not normal. The body was not designed to regularly suffer from headaches. Yet, many headache sufferers believe that headaches arrive as a normal part of being dealt a bad hand of genes or luck. Headaches occur commonly but never as a normal part of life.

The common occurrence of an event does not equate to normalcy. Flat tires and car accidents happen commonly but people do not deserve to experience them as a normal part of the day. The frequency and regularity of headaches directs affected people to believe their condition poses a common problem with a common solution – the regular consumption of drugs and pills. Chiropractic provides an alternative solution.

Research from a recent study noted that nervous system care positively affected symptoms that included headaches and other health challenges by simply empowering the body to function in a state of maximum efficiency.

Research from June of 2018 showed that Chiropractic adjustments helped people suffering from frequent headaches for more than two years by reducing stress in the autonomic nervous system. Additional benefits included a reduction in feelings of sadness and bouts of extreme low moods. Even thoughts of death and suicide lowered during the study. Physical therapy, acupuncture, traditional Chinese therapy, and six months of various drug treatments represented other forms of care utilized by headache sufferers. None compared to the effectiveness of Chiropractic care. Six months of chiropractic spinal care resulted in the alleviation of headache pain, depressive symptoms, and the need for medications.

Chiropractic does not pursue the treatment or cure for symptoms and conditions, including

those experienced during headaches. The benefits of Chiropractic originate from removing interference from the nervous system through gentle and precise adjustments to the spine. The immense intelligence contained in the body always strives for health, adaptation, and balance. Symptoms occur largely due to interference in the body's communication system. A predominant form of interference in the nervous system comes from misaligned spinal bones and limited mobility.



An estimated 80-90% of the population suffer from headaches at some point in their life, with over 15% of people experiencing headaches during a given moment in the day. Drug therapy tends to be the short-term form of treatment sought by people experiencing headaches. Research shows that long term benefits in both physical and mental health result from the healing and restoration stemming from scientifically proven spinal adjustments administered by Chiropractors. People deserve to know, understand, and experience the benefits of Chiropractic care. A healthier normal begins with Chiropractic care.

All the best to you and yours in great health,
 Dr. Willy Fielhaber



CornerStone Chiropractic

Dr. Willy Fielhaber

1350 20th Ave SW, Minot, ND 58701
(701) 852-2800

CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

UPCOMING EVENT



September 26 10 AM – 6 PM
September 27 10 AM – 3 PM
Sleep Inn, Minot
Door Prizes Daily, Gold Coin Giveaway,
Free Gifts for Kids, Free Appraisals

9/25/20

FLEA MARKET

MOVING NEED CASH? Sell your used/unwanted items at MAGIC CITY FLEA MARKET, SEPT 12 & 13, State Fairgrounds. Info 701-340-7930.

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Find **ALL** listed homes for sale in Minot and the surrounding areas at **www.brokers12.com**.

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have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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SUDOKU SOLUTION

7	1	6	2	9	3	4	8	5
9	5	4	6	1	8	7	2	3
8	3	2	7	4	5	1	6	9
6	9	8	5	7	2	3	1	4
5	2	1	8	3	4	6	9	7
3	4	7	9	6	1	8	5	2
1	6	5	4	2	7	9	3	8
4	8	9	3	5	6	2	7	1
2	7	3	1	8	9	5	4	6

BASE ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Fall 2020 term (9 Sept-10 Nov). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please email your registration request & any inquiries to minot@erau.edu. To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking phone number: 904-513-9734.

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Your degree, Your way. Now enrolling for Fall classes starting August 17. Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222| 844-884-8612|darlene.thomas@park.edu
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ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY BAGGERS WORK FOR TIPS ONLY

• **ADULT HOURS**
Tuesday-Friday 7am-4pm
• Later start times
available but must be able to stay until 4pm
& Sunday 11am-6pm

• **TEEN HOURS**
Tuesdays-Friday 4pm-7pm
& Saturday 7am-6pm
• Morning start times
rotate & vary

PLEASE SPEAK TO CHARLIE AT THE COMMISSARY IF INTERESTED OR LEAVE CONTACT INFORMATION WITH CUSTOMER SERVICE.

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

A	R	M	O	R		A	P	A	R		B	A	R	T
L	E	A	V	E		E	L	S	A		A	F	A	R
F	A	K	E	D		G	O	N	G		A	R	M	Y
	L	E	N	D	M	E	Y	O	U	R	E	A	R	S
V	I	I		E	R	A	S			I	D	I	O	T
A	Z	T		N	I	N		I	A	N		D	D	S
T	E	S	T				A	R	I	S	E			
	D	O	N	T	T	U	N	E	M	E	O	U	T	
			T	E	A	M	S				S	P	R	Y
A	S	P		R	C	A		J	A	G		S	A	O
T	H	E	I	R			S	U	L	U		T	I	S
L	I	S	T	E	N	A	N	D	L	E	A	R	N	
A	V	E	C			O	L	E	G		S	T	O	M
S	E	T	H			G	L	E	E		T	O	K	E
T	R	A	Y			O	A	R	S		S	P	E	N

NO DULs NO EXCUSES
DRINK RESPONSIBLY
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CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

<p>Little Flower Catholic Church</p> <p>800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 4:30 pm Sunday 8:30 & 10:00 am</p> <p>Fr. Ken Phillips, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Saturday, August 29 No Vespers Sunday, August 30 10:00 AM, Congregational Prayer Service Only</p>	<p> Break Forth BIBLE CHURCH</p> <p>Thursdays 7:00pm 2nd + 4th Sundays 10:30am at the GRAND HOTEL www.breakforthbiblechurch.com</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School 9:00 a.m. Worship 10:30 a.m. www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p> Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Ken Mund 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p> <p>UNITED CHURCH OF CHRIST </p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 9:30 AM</p> <p>2209 4th Avenue NW Minot, ND 839-4663 Reverend Philip Beyersdorf</p>
<p> Immanuel Baptist Church</p> <p>1615 2nd St. SE Minot • 839-3694</p> <p>Sundays: Worship 10:00 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church </p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule:</p> <p>Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:00 pm Sunday Worship.. 8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Supper 5:00 pm Wed. Worship & Education 5:45 pm</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p></p> <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA</p> <p>Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday Church School 5:45 pm Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>First Baptist Church</p> <p> 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Cross Roads Baptist</p> <p>Southern Baptist Convention</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30 p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30 p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>
<p> Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m.</p> <p>Pastor Matt Scherbenske www.vincentumc.com</p>	<p> OUR REDEEMER'S CHURCH <i>A Church of the Lutheran Brethren</i></p> <p>Thursdays: Worship 6:30 p.m.</p> <p>Sundays: Worship 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p>Chapel Services at MAFB</p> <p><i>Protestant</i> (North Plains Chapel in Base Housing) Contemporary Service Sunday Worship 1000</p> <p>Gospel Service Sunday Worship 1130</p> <p><i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday 1000 Daily Monday-Thursday at 1200</p>	<p>ORCS Preschool</p> <p>Our Redeemer's Christian School's Preschool Program will be starting it's 33rd year the fall of 2020 and we would love to have your child be a part of it!</p> <p>NOW ACCEPTING REGISTRATIONS FOR THE 2020-2021 SCHOOL YEAR</p> <p>HIGHLIGHTS OF OUR PROGRAM</p> <ul style="list-style-type: none"> Time-tested curriculum including STEM and Language Arts activities as well as Free Play 2 and 3 day options available Kindergarten readiness skills practiced each session All teachers hold a North Dakota Professional Educator's License Christ-centered environment <p>Please contact our school office or visit our website for more information. 701.839.0772 Email: jschultz@orcsknights.org Website: www.orcsknights.org</p>	
<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night 6:30 p.m.</p>	<p> ORCS KNIGHTS</p> <p></p> <p>Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>		

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You bring the cake and the kids!
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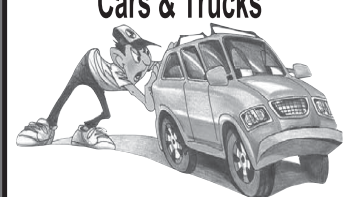
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