northernsentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 58 • ISSUE 38 | MINOT AIR FORCE BASE | FRIDAY, SEPTEMBER 18, 2020

WHATS INSIDE THIS WEEK:



SUICIDE PREVENTION MONTH CAMPAIGN KICKS OFF

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PET FAIR

B5





Master Sgt. John Broome, 5th Logistics Readiness Squadron Fuels Operations section chief, stands in front of refueling trucks Sep. 9, 2020, at Minot Air Force Base, North Dakota. Broome implemented a new system to track refueling trucks. The new system will be a virtual tracker, similar to what post offices use to scan and track packages. The system will have less chance of human error, thus making the tracking more accurate than previous methods. See story on page 3.

U.S. AIR FORCE PHOTO I AIRMAN FIRST CLASS JAN K. VALLE



SNOW MOBILE DRAG RACING VINTAGE SLED SHOW and SWAP MEET

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SVAS Executive Director Shelbi Waters Leaves Her Mark

The summer of 2020 had been unusually warm, until the day that the Souris Valley Animal Shelter scheduled the ground breaking of their new building. "Yeah, it was rainy and cold that day, but we knew that the groundbreaking had to go forward" according to Executive Director Shelbi Waters.

For Waters the groundbreaking was only a benchmark in the capital campaign to raise 3 million dollars for the new SVAS building. "In less than a year we raised 1.5 million dollars, which allowed us to borrow another 1.5 million and get our building project started," shares Waters, "we promised the community that once we had reached that point, we would have the groundbreaking, and now we are looking at a June of 2021 completion date. The facility was nice at one time, but that was 42 years ago." The new shelter building will be added on to the back of the old shelter providing room for new services and activities. "It was hard for pet owners and even our shelter to access veterinarian services such as getting pets spayed and neutered, so we've included that in our new building." A donation from Clint Severson, Conni Ahart and the Farstad family made the goal of having their own clinic a reality. And that has been the

secret to success of the capital fund raising campaign, "when I first brought the plans for the campaign to the board their



Shelbi Waters **Executive Director** Souris Valley Animal Shelter

reaction was, "Your plans are too big for this organization." But we put it in our minds last year that this is what we wanted. We don't ask for money we just show people what our needs really are." Shelbi called the current campaign a year of building friendships and those friendships have resulted in the construction of the new Souris Valley Animal Shelter.

When Shelbi Waters arrived in Minot she was 8 months pregnant with her now 2-vear



old daughter, Sloane. With a resume of work for various political campaigns and nonprofit groups, the SVAS Executive Director position was a natural fit. "When we lived in Oklahoma, I was a pit bull advocate. We have 2 rescue pit bulls, and I worked to remove the pit bull ban." But for Shelbi Waters, the SVAS was just a start. She is also the Board President for the YWCA and sits on the Northern Plains Children's Advocacy Board.

Shelbi was selected to speak at the National Coalition Against Domestic Violence conference to discuss the shelter's emergency housing program. The program allows women fleeing domestic violence to house their animals with SVAS free of charge and also allows individuals deploying to house their animals at SVAS temporarily.

Waters continues to receive accolades from members of the Souris Valley Animal Shelter for a number of other accomplishments including:

• Signing a 40-year contract with MAFB to take stray animals off the streets and works directly with security forces to provide animal advancement and to prevent neglect cases.

• Convincing Balfour Beatty to donate \$42,000 to the capital campaign.

• Shelbi is a military spouse, hires military spouses, and has done so much in the community.

• Guiding the animal shelter through needed renovations, and she made it happen all while taking the SVAS through an entire rebrand.

"It is helpful that over 60% of the staff at SVAS are military, many Airmen and their spouses

come in and volunteer. I know it is sometimes hard to have the time to get involved, but it is important to help the community. There are so many non-profits that could use help, and I encourage military spouses to get involved. Minot is a great place, and 90% of the military spouses could be a resource both in Minot, and at the Minot Air Force Base."

In January Shelbi and her family will be leaving Minot as her husband, Sam, has been transferred. This time they will be stationed in the UK. "I still will fly back to work on the capital campaign until it is completed" continues Waters. And from what we know about Shelbi Waters, her plate will once again be full after a short time in the UK.



SOURIS VALLEY ANIMAL SHELTER

Military FREE (with ID)



lansfordsnowgoers@gmail.com

Welcome Dr. Evans **General Surgery**



A member of our general surgery team, Dustin Evans, MD, provides safe and effective surgical care to patients, with advanced treatment options and minimally invasive techniques for a wide range of surgical procedures.

Advanced Treatment Options

Dr. Evans is originally from Colorado and grew up on a dairy farm in northeast Colorado. He earned his Doctor of Medicine degree from the University of Colorado School of Medicine. He remained at UC for his general surgery internship, and completed his general surgery residency training at the University of North Dakota School of Medicine and Health Sciences. Dr. Evans' experience is broad and includes things from working at a gold mine to volunteering as an EMT with Highland Rescue Team Ambulance Service in Golden, CO. In his spare time, he enjoys shooting sports, 4-wheeling, and spending time with his wife and four children.

General Surgery Services

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- Colorectal surgery
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- Trauma and acute care surgery
- Hernia repair
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Pioneer of the Future

AIRMAN FIRST CLASS JAN K. VALLE, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE,

If you have ever seen one of Minot AFB's "BUFF" up in the sky and wonder "what does it take to be able to take off?" There is a process that goes along with it. When people think about what happens "behind the scenes" and the requirements for a B-52H Stratofortress to have a successful takeoff, most people imagine a crew chief prepping the plane, or a pilot getting their gear ready, but there is one career field that decides whether the plane flies or not: fuel operators. As a fuel operator Airman, they are not only in charge of maintaining sustainable fuels for military vehicles, they also make sure that the planes have the proper amount of fuel in order to maintain mission readiness.

Master Sgt. John Broome, 5th Logistics Readiness Squadron Fuels Operations section chief, introduced a new process on tracking their refueler vehicles. The old vehicle tracking system used by the Air Force Petroleum Agency to validate and determine how many refuellers Minot is authorized was done manually. In order to provide an accurate representation of how many vehicles they need, Broome implemented the idea to use the vehicle validation software instead.

"The way that we determine how much manpower we have in our career field is by looking at how many refueler trucks we have assigned to our base," said Broome. "Headquarters decides on how much manpower we acquire based on how many trucks we have. We use the Fuels Manager Defense Software to manage how many trucks are loaded, but sometimes people don't take it off the system and the numbers are incorrect."

Broome explained, the new system will be a virtual tracker, similar to what post offices use to scan and track packages. The system will have less chance of human error, thus making the tracking more accurate than previous methods.

Additionally, Broome suggested the idea to implement a format or template in order to organize and structure official documents for easier and neater presentation for military personnel. He plans

to accomplish this by using a similar structure to the one the Virtual Personnel Center uses in order to format decorations and achievements.

"I was having a conversation at my last base on how to make the routing of documents easier," said Broome. "I brought up, 'Why don't we use vPC?' It's built for routing EPRs (Enlisted Performance Report) decorations already, so why don't we use that to organize official documents?"

Broome's coworker suggested that he should present this idea to BuffWerx, the program allows Airmen to contribute their ideas, fund them and make the Air Force stronger while empowering Airmen with the best tools to complete the mission.

"My full idea was to use vPC for routing documents and I would like to be able to see a template for documents," said Broome. "The templates would have formats for different documents and when it needs an update, you would just need to tweak and adjust the wording, but the format would stay the same. This will save a lot of time and will make sure the paperwork is in the correct format before the commander would sign it."

BuffWerx redirected his request and suggested that he could submit a ticket to the Air Force Personnel Center, who has rights to the vPC contract.

"I went to MyPers, opened up a ticket and the idea went up through the tiers of AFPC." said Broome. "The idea was submitted to the developers of vPC to see if it's possible for them to implement this idea, and we are currently waiting to see if it will be applied to the next version of vPC.

With 13 years under his belt, Broome expects to see bigger and better innovations within the fuels career field and the Air Force.

"One of the things we're working towards in my career field is automation," said Broome. "We should be able to work a little smarter, we still use paper receipts that work fine, but if we had a device it will be beneficial for us. We're in 2020, we can have more advanced software.'



Master Sgt. John Broome, 5th Logistics Readiness Squadron Fuels Operations section chief, stands in front of refueling trucks Sep. 9, 2020, at Minot Air Force Base, North Dakota. Broome implemented a new system to track refueling trucks. The new system will be a virtual tracker, similar to what post offices use to scan and track packages. The system will have less chance of human error, thus making the tracking more accurate than previous methods.

U.S. AIR FORCE PHOTO I AIRMAN FIRST CLASS JAN K. VALLE



Master Sgt. John Broome, 5th Logistics Readiness Squadron Fuels Operations section chief, sits at his desk Sep. 9, 2020, at Minot Air Force Base, North Dakota. Broome suggested the idea to implement a format or template in order to organize and structure official documents for easier and neater presentation for military personnel.

U.S. AIR FORCE PHOTO I AIRMAN FIRST CLASS JAN K. VALLE

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CONTACTUS

Ted Bolton

Publisher | Advertising bagroup@srt.com

Rod Wilson

Business Development | Marketing sentrysales@srt.com

Nikki Greening

Creative Services nsads@srt.com or nsgraphics@srt.com

MINOT AIR FORCE BASE

PUBLIC AFFAIRS

Chief of Public Affairs Maj. Natassia Cherne **Public Affairs Officer** 1st Lt. Victoria Palandech 2nd Lt. Ryan Walsh Community Relations Mr. George F. Gutierrez

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NEWSSUBMISSIONS Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil 701.723.6212

MAIL&FAX

315 South Main Street, Suite 202 Minot, ND 58701 | 701.839.1867

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CROSSWORD PUZZLE

Solution can be found in next weeks edition

Across

- 1. Imprint
- 6. Protozoa propellers, perhaps
- 11. Rock's Rose
- 14. One with a deed
- 15. Tip over
- **16**. Oscar role for Field
- **17**. SUMMER
- 19. Rambler's word
- 20. Mature
- **21**. Veggie discard
- 22. More than a dash, briefly
- 23. Scott Joplin tune
- 24. Outback discoveries
- **26**. Vocation
- 28. FALL
- 33. Sidestep
- 34. Pretend
- 35. Halloween decorations
- **36**. Dilapidated
- **38**. Word with bag or box
- 42. Rockies resort
- 44. Termite, for one
- 45. WINTER
- 50. Ekberg of "La Dolce Vita"
- 51. "Oh my gosh!" 52. Soldier material
- 53. Jet setting
- **56**. ___ Grande
- 57. Spot's sound
- 60. Colorado Indian
- 61. SPRING
- 64. Sleep stage
- 65. Comic Kovacs
- 66. Conjure up
- 67. Proposed change to the
- 68. Equestrian's pride
- 69. Called

Down

- 1. Cubs slugger
- 2. Nest component
- 3. Ben Stiller's mom
- 4. Computer capacity,
- slangily 5. Stylishly dressed
- student
- 6. Snuggle
- 7. Wall St. intro
- 8. Contributed temporarily
- 9. Lodgings
- 10. Become fit for
- 11. Genesis mountainous region

- 12. Site of Kubla Khan's pleasure dome
- 13. Cliff dwelling locales
- 18. Mottled horse
- 24. Sea dog
- 25. Hush
- 27. Coerced payments
- 28. Condensation
- 29. Time to celebrate
- deal
- 31. Flanders on "The Simpsons"
- 32. Shoat's home
- 36. Spot for a rubdown
- **37**. "Black as ___ was crow"

- 39. Leon Uris hero
- 40. Big-top safety precaution
- 41. Liquor-free
- 43. Spirited meetings?
- 44. Black cat, to some
- 45. Word with human or Mother
- 46. Minister, at times
- 47. Fellini's medium
- 48. Saw eye to eye
- **49**. "The best ___ plans . .

- 54. Military structure
- **55**. Pedigree
- 57. Microscopic bit
- 58. Get rid of some dead wood
- **59**. Took off
- 62. Dishonest response
- 63. Zsa Zsa's sister



2 3 3 4 5 6 7 8 6 3 1 8 2 4 5 9 4 9 3 2 7 6 1

Solution to puzzle on page B9







TAILS ON TRAILS 5K 9:00 AM - 12:00 PM Bark Park 705 N 83 Byp, Minot

For Belle's Sake Animal Rescue & Rehabilitation will be hosting our second annual 5K Run/Walk! This year the run will be coordinated by Run with Heart and Sole. Please join us to raise money and awareness for this awesome organization. This year, all proceeds will benefit the upcoming expansion project and general expenses.

REGISTER AT: https://runsignup.com/Race?raceld=96094
The race will end at the Bark Park to let your furry family members hang out and play (if they have any energy left after the 5K!!) More details to come!



For more information:

Facebook event / For Belle's Sake - Rescue/Rehabilitation



PUT A PIN IN PARKINSON'S 1:00 PM - 4:00 PM

North Hill Bowl 1901 N Broadway Ste A, Minot

Spare some time and roll on over to North Hill Bowl Sunday, September 20th, 1 pm to 4 pm, for a fun family event to benefit those suffering from Parkinson's Disease and their loved ones. You can participate in the Parkie Challenge and purchase a bowling pin in honor of someone who has Parkinson's for \$10. Decorate it and compete for Minot's favorite Parkie Pin! There will even be a small panel of experts for a Q and A session. Tickets are \$20 for bowlers and \$10 for non-bowlers, sold at the door. You get shoes and 3 fun games of bowling!

All proceeds will stay local to support the PD community.



For more information: Facebook event / Put A Pin in Parkinson's



JACK SKELLINGTON ACRYLIC PAINTING CLASS 5:30 PM - 8:00 PM

Nature's Nook Children's Toys & Books 1700 21st Ave NW, Minot

We are re-starting our Paint Nights! Jack Skellington Acrylic Painting Class is beginner level. Beginner painting events last for 2 to 2.5 hours of fun acrylic painting. Can't paint? No worries, we provide step-by-step instructions, traceable images, encouragement, and all the supplies you'll need to make your own masterpiece. Most evening classes are for 13 year olds and older ticket price is \$25 per person. Be sure to check your ticket for dates and

For tickets, go to: naturesnooktoys.com/collections/events-offered-by-natures-nook-toys/ products/jack-skellington-themed-acrylic-paintings



For more information: Facebook event / Nature's Nook Children's Toys & Books



RUN WITH THE BULLS 9:00 AM - 11:00 AM Maysa Arena 2501 W Burdick Expy, Minot

The Run with the Bulls Fun Run is a noncompetitive family event open to runners and walkers of all ages. Runners will be provided snacks and water, with the opportunity to meet Tank! The run will end at a family friendly festival celebrating the team and its fans.

Registration opens at 9 AM at the Mesa Lot, with the race beginning at 10 AM. Proceeds from the run will benefit the Taube Museum of Art, a local 501c3 Non Profit organization.

TICKETS AVAILABLE AT: https://www.eventbrite.com/e/run-with-the-bullsfamily-fun-run-tickets-118193569147



For more information: eventbrite.com / Run with the Bulls! Family Fun Run

On Base





For more information visit: www.5thforcesupport.com







Kinsley Quintanilla 3rd Grade North Plains Elementary School



Madison Quintanilla Preschool Online Learning

Submit your Back to School photos by emailing the Northern Sentry at nsads@srt.com





Department of Defense 2020 Suicide **Prevention Month** Campaign Kicks Off with an Emphasis on Connectedness

5TH BOMB WING VIOLENCE PREVENTION PROGRAM

Minot Air Force Base is joining the Department of Defense (DOD) in promoting Suicide Prevention Month – in September to educate about suicide prevention, resources, and steps everyone can take to protect against suicide among Service members and their families. Each year, the DOD executes a Suicide Prevention Month campaign in September and encourages communities across the force and all individuals to get involved, and #BeThere for others and yourselves.

This year's campaign slogan, Connect to Protect, highlights the important role connections to family, friends, the community,

and resources can play in preventing suicide.

Research indicates connectedness is a factor that can reduce the likelihood someone will consider or attempt suicide. Having social connections you can count on and a sense you belong can be a protective factor against suicide, while loneliness and feeling like a burden can increase the risk for suicide for some individuals.

The 2020 Suicide Prevention Month tagline, Make it Your Mission to #BeThere, reinforces everyone - leaders, Service members, and families - can play an active role in preventing suicide.



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Crisis Resources



1-800-273-8255 PRESS (1)

Veterans/Military Crisis Line (VCL/MCL)The VCL/MCL is a free, confidential resource that provides Department of Veterans Affairs (VA) support for all Service members, including members of the National Guard and Reserve, all veterans, and their families, even if they are not registered with VA or enrolled in VA health care. The caring, qualified responders at the VCL/MCL are specially trained and experienced in helping Service members and Veterans of all ages and circumstances. If you, or someone you know is in a crisis, there is help - contact the VCL/

Contact Information

Phone: 800-273-8255, press 1

Chat: www.veteranscrisisline.net/get-help/chat

Web: www.veteranscrisisline.net



National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7. Your call is routed to the nearest crisis center in the national network of 150+ crisis centers.

Contact Information

Phone: 800-273-TALK (8255); TTY: 800-799-4889

Web: suicidepreventionlifeline.org





Missed opportunities, lifetime of regret

GLENN S. ROBERTSON, 90TH MISSILE WING PUBLIC AFFAIRS

F. E. WARREN AIR FORCE to any deep level. BASE, Wyo. --

The day before one of my best friends tried to take his own life, he was laughing, joking and goofing around like he usually

It was a normal March day in Florida in 2001, and several of us were hanging out after class. We talked about the upcoming football season, the ongoing

hockey season and whatever else came to mind.

Though nearly everything seemed normal, the clarity hindsight allowed me to see something later out of place. Near the time I was about to leave, he offered me things that I wouldn't have expected him to part with, and

then, as I was walking out the door, he said, "I love you, man."

It never occurred to me that he was in such a bad spot that he would hurt himself.

I had to go to work an overnight security shift, and it was early the next morning that his brother, who was also a good friend of mine, called me to tell me that my friend was in the hospital after attempting suicide.

He survived that attempt, and we did our best to support him and not make him feel like an

We didn't really even address what had happened, at least not talk to his brother and connect

DON'T MISS A CHANCE TO

TELL SOMEONE YOU ARE

WORRIED ABOUT THEM.

GLENN S. ROBERTSON,

YOU MIGHT NOT GET THE

90TH MISSILE WING PUBLIC AFFAIRS

CHANCE TO SAY YOUWERE.

Time passed and we both moved on with our respective lives. I joined the Navy after college, and he moved to Texas. I saw him a handful of times between 2002 and 2007.

For years, I knew my friend had demons he was fighting, even if he wasn't fighting them out in the open. I knew he struggled, and while I offered to be there

> for him, I wasn't when he needed someone the most.

I had not spoken to several months, due to my being stationed overseas. time difference, along with

the requirements of my job just did not leave much time for longdistance calls back to the U.S.

Then, the worst happened.

The night of June 5, 2007, my computer started buzzing with an alert of an internet phone call. It was about 3 a.m., and I woke to see who was calling. It was my friend's brother.

I knew. I knew what he would say, and I didn't answer. I just sat in my barracks room quietly, waiting for the voicemail.

My friend, his brother, was gone.

I did call back the next day to

with him in our grief. We both expressed that we wished we had done more when it counted.

I want to be clear that I do not blame myself for my friend's passing. His decision was his alone and was made at the end of suffering I do not, nor could not ever, understand.

However, I cannot help but look back and consider what I could have done differently, even if I don't blame myself.

Maybe if I had paid closer attention or called more often, maybe he would not have felt

the need to take that terrible last step. Maybe if I had tried to help him soon after his first attempt, to help him get to the root of why he attempted, he would have had better coping skills to not want to try again.

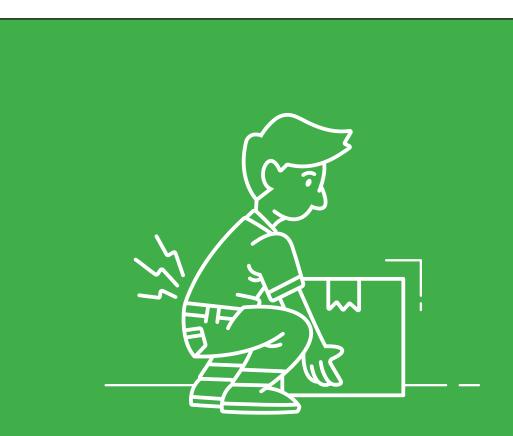
Don't miss a chance to tell someone vou ARE worried about them. You might not get the chance to say you were.

* Note: If you notice changes in loved ones, friends or coworkers that give you cause to worry about their safety, call a helping agency. Call the Suicide Hotline,

call the Violence Prevention Integrator or Suicide Prevention staffer, call a chaplain, call base law enforcement or even emergency services. If you are suffering yourself, those same individuals can help bring you from the darkness. Don't suffer in silence and don't suffer alone. Call someone. *

Suicide Prevention Lifeline: 1-800-273-TALK Veterans Crisis Press 1

Military OneSource: 1-800-



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TODAY



- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP, 0730-1600, A&FRC Online Learning Modules • Mystery Price Bowling, 0900-2100, Rough Rider Lanes
- Swerk, 0915, Fitness Center
- U.S. Air Force Birthday Special Lunch, 1030-1330, Jimmy Doolittle Center
- Fit to Fight, 1130, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
- Single Airman Free Bowling, 1800-2300, Rough Rider Lanes
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

SATURDAY

• Single Airman Free Bowling, 1800-2300, Rough Rider Lanes • Youth Lights & Strikes Bowling, 1800-2300, Rough Rider Lanes

• Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough

WEDNESDAY 7

- HIIT Strength and Conditioning, 0545, Fitness Center
- Right Start, 0730, A&FRC Online Zoom Meeting
- TAP Vocational Track Day 2, 0800-1600, A&FRC Zoom Meeting
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC Online Zoom Meeting
- Story Time, 1030, Facebook Group: Minot AFB Storytime Club
- Fit to Fight, 1130, Fitness Center
- First Duty Station Officer Financial Training, 1500-1630, A&FRC Online Zoom Meeting
- Single Airman Free Fling Golf, 1500-1800, Rough Rider Golf Course
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Member Wind Down Wednesday Snacks, 1630-1830, Rockers Bar & Grill
- Youg, 1830, Fitness Center

THURSDAY 2

- Cycle, 0545, Fitness Center
- Pre-Separation Counseling, 0830-1130, A&FRC Online Zoom Meeting
- Reintegration Briefing, 1000-1100, A&FRC Online Zoom Meeting
- Cycle, 1700, Fitness Center

• Fit to Fight, 1130, Fitness Center

• Zumba, 1730, Fitness Center

• Cycle, 0900, Fitness Center

2200, Rockers Bar & Grill

• Thursday Night NFL Football, 1900, Rockers Bar & Grill

UPCOMING

• HIIT Strength and Conditioning, 0545, Fitness Center

• Mystery Price Bowling, 0900-2100, Rough Rider Lanes

• Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill

• Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill,

Winner Announced at Bomber Bistro and Jimmy Doolittle Center

• Single Airman Free Bowling, 1800-2300, Rough Rider Lanes

• Youth Lights & Strikes Bowling, 1800-2300, Rough Rider Lanes • UFC 253: Adesanya vs Costa, prelims begin at 1900, main event begins at

· Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider

• Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

• Karaoke Night, 1800-2300, Rockers Bar & Grill

• Youth Bowling League, 1000, Rough Rider Lanes • Single Airman Free Bowling, 1800-2300, Rough Rider Lanes

- Single Airman Free Bowling, 1700-2100, Rough Rider Lanes

Lounge open until 2100, Thursday 1100-2000 and Lounge open until 2200, Friday 1100-2300 and Lounge open until 2400, Saturday 1600-2300 and Lounge open until 2400, Sunday Closed. Call to place your order for carry out or head inside to dine in. Limited seating is available and social

- Bowler Appreciation Thursdays, 0900-2100, Rough Rider Lanes

Bomber Bistro Monday-Friday 1630-2030

Delivery Options (Hours subject to change)

SEPT. SPECIALS

Bomber Bistro • Friday Dinner Special - Chicken & Waffles Enjoy a delicious golden waffle and four crispy chicken tenders served with a side of maple syrup and hot sauce. Grab it starting at 3:30PM while supplies last! Only \$9.95 - Includes a drink!

The B-Fifty Brew • Cold Brew Coffee

DINING

Available Dining (Hours subject to change)

Monday-Friday 1030-2100, Saturday 1400-2000

Jimmy Doolittle Center due to renovations.

Simply To Go 0630-1830

distancing guidelines apply.

Dakota Inn Dining Facility / Jimmy Doolittle Center:

Dining Room Now Open. Seating is limited and masks are required except

The Dakota Inn Dining Facility will be temporary operating out of the

Weekends, Holidays, and Down Days: 0630-0900, 1030-1330, 1630-1830;

Monday-Friday: 0600-0900, 1030-1330, 1630-1830; Simply To Go

The Ground Zero Lounge will be open on Fridays from 1500-2100.

Monday 1100-1400, Tuesday 1100-2000, Wednesday 1100-2000 and

Try this refreshingly chilled coffee beverage! Our cold brew coffee will cool you off during the late summer heat! Take it to go today! Tall \$2.95, Grande \$3.65, Venti \$3.95. With Cream: Tall \$3.45, Grande \$3.95, Venti \$4.25

Rockers Bar & Grill • Mac & Cheese Burger

Experience this juicy 1/3 pound burger layered with creamy bacon mac & cheese, then topped with pepperjack cheese! Served with fries for

• Zumba, 1400, Fitness Center

Cycle, 0900, Fitness Center

• Swerk, 1015, Fitness Center

MONDAY

- HIIT Strength and Conditioning, 0545, Fitness Center
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC Online Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- Zumba, 1730, Fitness Center

TUESDA

- Cycle, 0545, Fitness Center
- TAP Vocational Track Day 1, 0800-1600, A&FRC Zoom Meeting

- Game Day, 1000-1930, Minot AFB Library
- Swerk, 1830, Fitness Center

ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- . Moving Out of the Dorms: One-on-One Appointments: 21-25 September, A&FRC — Call to schedule an appointment.
- Minot AFB Library: 1-31 September, Banned & Challenged Book Challenae





26

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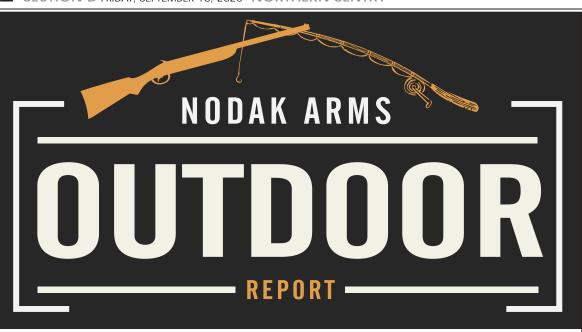
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OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

 Lake Sakakawea elevation, Sept. 14: 1,939.84 feet above mean sea level (MSL); 17,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.17 feet above mean sea level (MSL). Stump Lake elevation: 1,449.19

- N.D. Game & Fish Dept. game wardens: OK success on some north-central area lakes but not much fishing pressure. No Missouri River System reports.
- · Devils Lake, Ed's Bait Shop, Devils Lake: Cooler temperatures slowing walleye bite, although some nicer fish showing up. Try spinners and bottom bouncers with nightcrawlers. Some perch randomly mixed in. Also try pulling crankbaits in shallower water. Work current along the bridges, Mauvais Coulee, Pelican Lake, and the west side of the lake.
- · Devils Lake, Woodland Resort, Devils Lake: Continued small walleye success using nightcrawlers with spinners. Also try jigging around the rock piles.
- Lake Darling, Karma C-Store, Ruthville: A few anglers heading to Lake Darling but limited reports with generally fewer anglers out.
- Lake Darling, Upper Souris
 Nat'l. Wildlife Refuge, Foxholm:
 Not many new reports. The refuge is open for youth deer gun season. Special regulations apply. Contact the refuge, (701) 468-5467) for information.
- · Lake Metigoshe, Four Seasons, Bottineau: A few anglers still on the water with continued bluegill success. Look for a few walleye in the evening hours.
- Sakakawea/Lake Lake Audubon, Cenex Bait & Tackle, Garrison: Move around on the east end of Lake Sakakawea working a variety of depths from 6 to 45 feet. with a little success coming on crankbaits. No Missouri River or Lake Audubon reports.
- Lake Sakakawea, Indian Hills Resort, Garrison: Store closed for the season but lodging, camping many new reports.

THIS SPECIAL FEATURE IS SPONSORED BY:



- Sept. 19: Sandhill crane season opens.
- Sept. 19 & 20: Youth and veteran/military waterfowl season.
 Sept. 22: Eastern early Canada goose season closes.
- Sept. 26: Woodcock season opens.
- Sept. 26: Regular resident waterfowl season opens.
 Sept. 30: Lake Darling closes to boat activity.
- N.D. Dept. of Environmental Quality issued blue-green algae advisories for Coal Mine, Stump, Epping-Springbrook, and Buffalo lakes, Sather Dam, and Devils Lake with warnings for Antelope Lake.

Tournaments:

- Sept. 19: Lake Sakakawea, White Earth Bay.
- Sept. 26: Lake Sakakawea, Van Hook Arm; Lake Sakakawea, Fort Stevenson State Park; Devils Lake, Spirit Lake Casino.
- Sept. 27: Lake Audubon, cabin site.
- Lake Sakakawea, Scenic 23, the upper end of Lake Sakakawea. New Town: Some walleye success using jigging Raps with minnows in deep water. Work shallow for nice-sized pike.
- Lake Sakakawea, Van Hook Resort, New Town: Try jigging Raps with minnows for walleye but overall bite is still a bit slow. Store closed after Sept. 20.
- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace remains slow and inconsistent. The only bright spot is an occasional catfish. Limited salmon and walleye success but the best walleye time is still from 10 p.m. to 4 a.m. from either boat or shore. Move around on Lake Sakakawea with inconsistent walleye success. Try 35 feet around 7 Sisters or Steinke starting to show up longlining from shore with a few taken with downriggers, yet. Overall salmon bite is slow, however.
- and boat ramp still available. Not Williston: Tough walleye success on

Better success is around White Earth Bay but overall is still slow. Try working deep. Yellowstone River muddied up with earlier snow and rain in Montana. Look for clearing water soon. Try Skunk Hollow for walleye with a mix of crappie and pike.

- Lonetree WMA area lakes, Harvey: No new reports.
- North-central/central lakes, Towner Hdwe. Hank, Towner: Activity remains limited on the Souris River and area lakes.

Hunting:

- · Archery deer: Some early season success.
- Doves: Nice numbers still remain in the northwest even after last week's hard freeze.
- Grouse: Fewer grouse but and Douglas bays. Look for a improving partridge numbers iry live balt rigs or jigging kaps — switch to minnows. A few salmon — around the midsection and upper end of Lake Sakakawea but there are also a lot of standing crops yet. Numbers to know:
 - N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300,
 - Report All Poachers: (800) 472-2121 or (701) 328-9921.

New AFGSC course teaches Airmen to innovate

1ST LT. VICTORIA WRIGHT, AIR FORCE GLOBAL STRIKE COMMAND **PUBLIC AFFAIRS**

BOSSIER CITY, La. --

At the intersection of the Striker Culture initiative and the command-wide push for innovative thinking and building margin, is the Leading for Innovation course.

The first offering of L4I to the entire command kicked off Aug. 25 at Air Force Global Strike Command's innovation hub, STRIKEWERX, with 15 Airmen of various ranks attending from seven AFGSC bases.

This is the fourth iteration of L4I, but the course was previously only offered to local Airmen at Dyess Air Force Base,

Attendees for the course were personally selected by Dr. Donna Senft, Air Force Global Strike Command chief scientist after going through a competitive process at the wing level. This process required a nomination from their local wing commander.

"Innovation is an essential component of the command going forward," Senft said. "In addition to our partnership efforts, we're focusing inward to get our Airmen to think in a different way, and that's what this course is about."

The project-based course was adapted from Hacking for Defense by Col. Jose Sumangil, 7th Bomb Wing commander, and is facilitated by Sumangil and four Dyess Airmen who are also recent graduates of the course.

"We have a lot of talent in the Air Force," Sumangil said. "We just need to provide them

the skills and a way to take a problem and find a solution."

L4I is aimed at empowering Airmen to be intrapreneurs by solving issues through a combination of design thinking and problem curation, which strengthens the problem solving skill set.

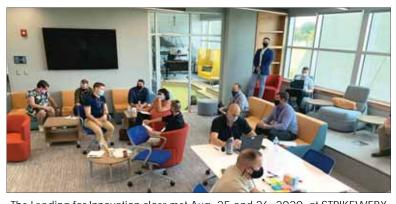
By offering L4I to all AFGSC Airmen, individuals have the opportunity to network with attendees from other AFGSC bases.

"A solution might not make sense at one base, but when you bring the network together, this solution is able to solve a problem somewhere else," Sumangil added. "This is when real things happen."

According to Senior Master Sgt. Erik Kast, a current course mentor and recent graduate, the purpose of the course is really to teach Airmen how to go out and find problems, rather than creating a solution to later throw at a problem.

"We work to teach individuals to fundamentally understand the problem," Kast added. "When someone looks at a problem with an intention to understand it rather than immediately solve it, they are more likely to find the real problem - not a subset or side effect of that problem."

At the conclusion of the fiveweek course, graduates are expected to return to their bases and carry the course teachings forward to further develop the local innovation processes and hubs at their wings.



The Leading for Innovation class met Aug. 25 and 26, 2020, at STRIKEWERX in Bossier City, La. L4I teaches Strikers how to be intrapreneurs by solving issues with design thinking, project-based learning, problem curation and Spark Cell operations.

TERIYAKI SALMON Lake Sakakawea/northwest N.D. lakes, Scenic Sports, website: (http://gf.nd.gov).



INGREDIENTS 1 CUP SOY SAUCE 6 TABLESPOON BROWN SUGAR 4 CLOVE GARLIC 1 TABLESPOON GINGER, MINCED 2 WHOLE ORANGE, JUICED 2 WHOLE ORANGE ZEST 4 PIECES SALMON, 60Z. FILLETS 1 TABLESPOON SESAME SEEDS AS NEEDED SCALLIONS, CHOPPED AS NEEDED TOASTED SESAME SEEDS

Combine all but sesame seeds and salmon in a saucepan. Bring to boil and slowly simmer until a syrupy consistency is achieved, about a 50 percent reduction. Let cool completely.

Add sesame seeds and salmon and marinate for 1 hour.

Remove salmon from marinade and bring sauce to a boil.

Preheat the grill to High heat with lid closed for 10 to 15 minutes. Place the salmon fillets directly on the grill grate, skin side up.

Cook salmon for about 3 to 5 minutes per side or until they are done until your liking and occasionally, brush the Salmon with the Terivaki Sauce.

Remove the salmon when it's done to your liking and serve with some chopped scallions and toasted sesame seeds. Enjoy!



www.HofE.com/BBQHQ



DOD educates military service members, civilian employees on Social Security Payroll Tax Deferral

WASHINGTON (AFNS) --

The Department of Defense is taking steps to notify and educate service members and civilian employees of changes to their payroll tax withholding starting in September 2020. In order to provide relief during the COVID-19 pandemic, a Memorandum Presidential was issued on August 8, 2020, followed by Internal Revenue Service guidance issued on August 28, 2020, to temporarily defer the withholding of Social Security taxes for certain individuals beginning September 1, 2020 through December 31,

For Service Members

Service members whose monthly rate of basic pay is less than \$8,666.66 in any given month will have their 6.2% Old Age, Survivors, and Disability Insurance (OASDI) tax, commonly known as Social Security tax, deferred until December 31, 2020. This means, service members will see a temporary increase in their net take home pay. However, this increase in net take home pay is temporary, and under current IRS guidance, repayment of all deferred OASDI taxes will occur from January 1, 2021 through April 30, 2021, in addition to Social Security taxes which are normally withheld from a service member's monthly pay. For example, a service member whose monthly basic pay is \$3,306.30, could expect to see an increase of \$204.99 in their monthly net take home pay from September

current IRS guidance, beginning in January 2021, and continuing through April 2021, the \$204.99 deferred tax amount will be withheld from the service member's pay, in addition to his or her 6.2% OASDI taxes that are normally withheld each month.

Due to differences in pay systems, application of the Social Security (OASDI) tax deferral process will be different for most members of the National Guard and Reserves in the Army, Air Force, or Navy, than for active component members.

For these individuals, if they are eligible for the Social Security tax deferral, their initial net pay will have the OASDI taxes withheld. Two to three business days later a separate pay transaction will be processed to refund the Social Security taxes that were withheld from the initial pay. This will also result in an additional Leave and Earnings Statement being provided members in MyPay with an entry labeled "FICA Refund" reflecting the refunded Social Security tax amount.

The Department is providing information to service members so that they know why their take-home pay will increase during the last four months of 2020 and so that they can plan ahead the withholding of the deferred taxes during the first four months of 2021.

Service members and families can contact Financial Readiness staff at their installation Military and Family Support Center, or Military OneSource at 1-800-342-9647, if they need assistance through December 2020. Under in reviewing their Leave and

Earnings Statements (LES) or have questions in planning for changes to their net take home

For more information, service members may view the Defense Finance and Accounting Service https://www.dfas.mil/ taxes/Social-Security-Deferral/ and a list of Frequently Asked Questions, here. As more information is determined, updates will be posted on the site. For more information on financial readiness, visit www. finred.usalearning.gov or www. milspousemoneymission.org.

For Civilian Employees

Effective for pay period ending September 12, 2020, DoD will temporarily defer withholding of employees' 6.2% Old Age, Survivors, and Disability Insurance (OASDI), commonly known as Social Security tax, if

their wages, that are subject to OASDI, are less than \$4,000 in any given pay period. Employees can use the "Taxable Wages" on the LES as a good reference for whether they will have OASDI tax deferred.

For Non-Appropriated Fund (NAF) civilian employees, the deferral is effective for the pay period ending September 9, 2020, or September 16, 2020 depending on their respective pay cycles.

Civilians whose wages, subject to OASDI, are less than \$4,000 in any given pay period, will have their 6.2% OASDI tax deferred until December 31, 2020. These civilian employees will see a temporary increase in their net take home pay during the 2020 pay periods that their OASDI tax is deferred.

However, this increase in net

take home pay is temporary, and under current IRS guidance, withholding of all deferred OASDI taxes will occur from January 1, 2021 through April 30, 2021, in addition to the 6.2% OASDI taxes that are normally withheld each pay period the civilian earns qualified wages.

For more information, civilian employees may view the Defense Finance and Accounting Service https://www.dfas.mil/ taxes/Social-Security-Deferral/ and a list of Frequently Asked Questions, here. As more information is determined, updates will be posted on the site. For civilian employees with concerns regarding withholding of the deferred OASDI tax, please consult with an Employee Assistance Program financial counselor or a private financial





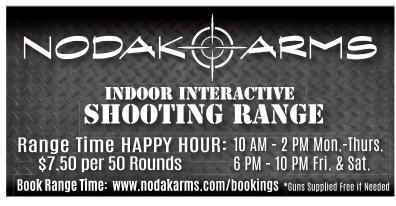
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CHILD AND YOUTH EDUCATION SERVICE	ς

SSS	S\$\$ Link AFCEA http://www.afcea.org/site/?q=foundation/scholarships				
AFCEA					
Air Force Aid Society	https://www.afas.org/general-henry-h-arnold-education-grant/	April 30			
Air Force Association Scholarship Program	https://www.afa.org/education/scholarships	Various Opportunities			
American Legion Legacy Scholarship	www.legion.org/scholarships/legacy	Apr 9			
AMVETS National Scholarship Program	http://www.amvets.org/amvets-in-action/scholarships/	Apr 30			
America's Child-Higher Education Assistance	http://www.americaschild.org/html/founders.htm				
Anchor Scholarship Foundation	http://www.anchorscholarship.com/	Various Opportunities			
Army Aviation Association of America (AAAA)	www.quad-a.org/scholarship	Apr 2			
Army Emergency Relief Fund	https://www.aerhq.org	Apr 2			
Army Engineer Memorial Awards	http://www.armyengineerspouses.com/army-engineer- memorial-awards-aema.html	Apr 2			
Army Nurse Corp	http://e-anca.org/Scholarships	Mar 31			
Army Scholarship	http://www.armyscholarshipfoundation.org/scholarships.html	Jan 1			
Foundation Bonsai Finance	https://bonsaifinance.com/veterans-scholarship/	I STATE OF THE STA			
Chief Petty Officer Scholarship Fund	www.cposf.org	May 1			
Children of Fallen Patriots Foundation	www.taiienpatriois.org/scnotarsnips-and-grants/				
Coast Guard Foundation	https://coastguardfoundation.org/scholarships	Various Opportunities			
College Board Scholarship Search Engine	https://bigfuture.collegeboard.org/scholarship-search	Various Opportunities			
College Scholarships	http://www.collegescholarships.org/scholarships/military- students.htm	Various Opportunities			
Colona Scholarship	http://cwoauscg.org/colona-scholarship/	Jun 1			
Daedalian Foundation Descendants Scholarships	https://daedalians.org/programs/scholarships/	Jan 1			
Dependents Education Assistance Program	http://www.benefits.va.gov/GIBILL/DEA.asp	Various Opportunities			
Dolphin Scholarship Foundation	http://www.dolphinscholarship.org	Mar 15			
FastWeb	https://www.fastweb.com/	Various Opportunities			
Federal Employee Education & Assistance	https://feea.org/our-programs/scholarships/	March 21			
Federal Student Aid	https://studentaid.ed.gov/sa/	Various Opportunities			
FinAid	http://www.finaid.org/	Vanous Opportunities			
Fisher House Scholarship Programs	http://www.fisherhouse.org/programs/	Vanous Opportunities			
Fleet Reserve Association Educational Foundation	www.fra.org	Apr 15			
Folds of Honor Foundation	https://www.foldsofhonor.org/resources/scholarships/	Mar 31			
Freedom Alliance Scholarship Fund	http://fascholarship.com/apply/	Various Opportunities			
Heroes' Legacy Scholarship	http://www.militaryscholar.org/legacy/	Feb 15			
Hope for the Warriors Horatio Alger Military	www.hopeforthewarriors.org http://www.scholarships4students.com/horatio alger military	Various Opportunities			
Veterans Scholarship	Veterans_scholarship.htm	Feb 1			
Iraq and Afghanistan Service Grant	https://studentaid.ed.gov/sa/types/grants-scholarships/iraq- afghanistan-service	Jan 1			
Keller Scholarship	http://ewoauscg.org/keller-scholarship/	Mar 15			
Ladies Auxiliary of the Fleet Reserve Association	http://www.la-fra.org/scholarship.html	Apr 15			
Marine Corp Scholarship Foundation	https://www.mcsf.org	Various Opportunities			
Marine Gunnery Sergeant John David Fry Scholarship	http://www.benefits.va.gov/GIBILL/Fry_scholarship.asp	Varies			
Matthews and Swift Educational Trust	http://www.kofc.org/un/en/members/programs/scholarships/in dex.html	Mar 1			
MG James Ursano Scholarship Fund	https://www.aerhq.org/Apply-for-Scholarship	Jan 1			
Military Child of the Year Award	http://www.militarychildoftheyear.org	Dec 5			
Military Officers Association of America Scholarships	http://www.moaa.org/Content/Benefits-and- Discounts/Education-Assistance/Education-Assistance.aspx	Mar 1			
Military Order of the Purple Heart Scholarship Program	https://www.purpleheart.org/military-order-of-the-purple- heart-scholarship-program/	Jan 26			
Military Spouse Career Advancement Accounts (MyCAA)	https://mycaa.militaryonesource.mil/mycaa	Various Opportunities			

\$\$\$	Link	Application Deadline Various Opportunities		
National Merit Scholarships	www.nstionalmerit.org			
National Military Family Association	https://www.militarylamily.org/programs/spouses- scholarships/	Various Opportunities		
Navy League Foundation	https://www.navyleague.org/programs/scholarships	Feb 19		
Navy-Marine Corps Relief Society	http://www.nmcrs.org/pages/education-loans-and-scholarships	May 1		
Paralyzed Veterans of America	www.pva.org/memtership/scholarship-program	Jun 17		
Peterson's Undergraduate Scholarship Search	https://www.petersons.com/scholarship-search.aspx	Various Opportunities		
Pro Vets Memorial Scholarships	http://provetsorg/scholarships.htm	Various Opportunities		
Post 9/11 GI Bill	https://www.benefits.vi.gov/gibill/post911_gibill.asp			
Princeton Review	https://www.princetonreview.com/	Various Opportunities		
Randolph Spouses Club	https://randolphspousesclub.wixsite.com/randolphspousesclub/ scolarship- criteriainformation?fbcid=lwAR0LohLoc9DUZBvT- AbCkBjc8dddZBe8G8LeqPRBBjWW7_mwXMhSIE0fqac	Mar I		
Scholarship for Military Children Program (Commissary/Fisher House Foundation) Scholarship	https://www.militaryscholar.org	Feb 16		
Special Operations Warrior Foundation College	https://specialops.org/sponsors/	Dec 1		
Student Veterans	https://stutentveterans.org/	Various Opportunities		
Tailhook Education Foundation	https://tailhook.ng/scholarship-application	Mar 1		
Teacher Education Assistance for College and Higher Education Grant (TEACH Grant)	https://studentaid.ed.gov/sa/types/grants-scholarships/teach			
THANKS USA	https://www.thanktusa.org/scholarships.html	May 15		
That Others May Live Scholarships	http://thatqhersmaylive.org	Jan 1		
Undergraduate Scholarship Program-CIA				
Unigo	https://www.unigo.com/	Various Opportunities		
United States Army Warrant Officers Association Scholarship Foundation	ers Association http://www.uswaga.org/cabalarabia/			
US Air Force ROTC	https://www.af-otc.com/scholarships	Varies		
US Army ROTC	https://www.goarmyconi/rote/scholarships.html	Yarles		
US Marine Corp ROTC	https://www.marines.com/becoming-a-marine/officer/nrote- schoarships.html	Varies		
US Veterans Magazine	https://www.usveteransnagazine.com/list-of-military- scholarships-for-service-nembers-spouses-and-dependents/	Various Opportunities		
Veteran Benefits	<u>ww</u> w.vets.gov			
VFW	https://wv/w.vfw.org/VOD	Oct 31		
Vr w Auxiliary	https://viwauxfiary.org/scholarships/	Various Opportunities		
Wings Over America Scholarship Foundation	https://wintsoveramerica.us/	Feb 1		
Yellow Ribbon Program	https://www.benefits.va.gov/GIBILL/yellow_ribbon/yrp_list_2 #18.asp			

This listing is net all inclusive.

Every attempt has been made to ensure this information is up to date and accurate, however scholarship/grant opportunities/deadlines nay change at any time.



Racquel Labadie mafb.school.liason@us.af.mil Duty Cell- 7(1-240-2380

#milkids #MilFan #scholarships

For a worldwide listing of School Liaison Programs please visit https://dodea.edu/partnership These professionals are standing by willing to assist with your FreK-12 educational needs for your military-connected student.



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Getting Winter Ready

Today marks 98 days until Christmas! Which also means winter is right around the corner. (sigh) Along with buying gifts and getting ready to go see loved ones we must make sure our vehicles are ready for those cold months or any trips you will be taking. At Dynamic Auto we are going to give you a short list to make sure you know what, and why these maintenance steps are important to maintain or change on your vehicle before the snow hits.

Usually you change your oil regularly but, in the winter, it is much more important to stay on top of it. Generally, you will need to go with a thinner oil for the cold if you are not already using one (the recommended viscosity will usually be listed in the owner's manual or on the oil cap). When you look at oil and it says 5W30, the lower the number is in front of the W the better the oil will perform in cold months. The W stands for winter, the first number is the viscosity when the oil is cold, and the last number is the viscosity after being warmed at operating

Typically, in the summer you will want to have a 50/50 ratio for antifreeze to water in the radiator. Once it starts getting cold, you will want less water so a 60/40 ratio will do fine. This also goes in hand with switching out your washer fluid to a deicer. You could keep regular washer fluid in the reservoir during the cold months but it will freeze your openings. Also, you cannot use the regular wash to take away any little ice that collects on your windshield. It's a small investment you can make to help you and your vehicle work a lot better in the

These are small and simple things you can do to get your vehicle to where it should be for the winter. Other things you can do are replacing tires, check your battery for enough voltage to last through the winter, keep your gas tank filled at least half way, test out that 4-wheel drive, if you have it, and make sure that the defrost and heater work. You do not want to start your vehicle on the first cold morning and realize then something is wrong.

If you want advice on how to get your car ready for winter, give us a call at Dynamic Auto and make an appointment to get your car in tip-top winter condition. We're on your way to the base, located just north of Minot on Highway

5220 N BROADWAY, MINOT 701-852-4556









Dr. Crystal Long

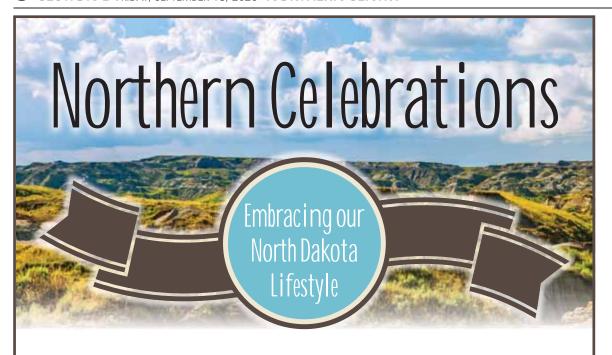
BUSINESS HOURS

Monday: 7:30am – 6:00pm Tuesday: 9:00am — 6:00pm Wednesday: 7:30am — 6:00pm Thursday: 7:30am — 6:00pm Friday: 7:30am — 4:30pm Saturday: 2 a month by appt Sunday: Closed

(701) 852-2800

1350 20TH AVE SW, MINOT, ND 58701

Dr. Willy Fielhaber



PLOTS worth getting

It's darn near like a kid waiting for a million acres of walk-in hunting access Christmas...the anticipation of each year's to private land was available through new PLOTS guide, that is.

updated PLOTS - Private Land Open To hunting season. Sportsmen - guide in late August or early September spells the arrival of hunting land are enrolled in the various PLOTS season. It's so popular folks often contact the programs tying habitat and working lands Game and Fish Department in the summer with walk-in hunting access during legal well in advance of its publication, just hunting seasons. wanting to know when it will be available. its success.

information beyond a simple map indicating hunters as they plan their next trip afield. where PLOTS acreages are located throughout the state. It has evolved into a regulations, information about the Game and public land.

and-white map with dots indicating PLOTS maps. acreages. The next year it evolved to a small, two-color booklet.

Advancing technology with better mapping as well as PLOTS acreages. capabilities allowed the Game and Fish Department to take the guide to the next more information and better mapping, level. Coupled with more accurate data from it's advanced so the guide is available on other public land managers such as the U.S. smartphones and downloadable for printing Forest Service and U.S. Fish and Wildlife from a computer. Electronic availability has Service, and the realization the booklet had proven beneficial to hunter and agency alike. the potential to get a great deal of important As an increasing number of people refer to information into the hands of hunters, the the electronic version of the PLOTS guide, guide grew to become the resource it is the Game and Fish Department now prints

The original PLOTS foldout launched to nearly 80,000 a few years ago. in 1998, born out of a legislative mandate It's still as popular as ever - if not even for hunters.

landowner alike. At one time, more than page now that it's hunting season.

PLOTS. The acreage fluctuates annually as For many hunters, the availability of the landowners adjust operations to best fit their N.D. Game and Fish Department's annual needs, which is why it's updated prior to each

Nowadays, about 800,000 acres of private

As the PLOTS guide evolved to provide At that point, it's the heart of fishing season more information, it allowed the Game and and yet some folks are already tuned into fall Fish Department to condense some of its hunting – that just might be an indication of other publications, such as a small pamphlet of its Wildlife Management Areas (WMA). The booklet contains much more It became the one source of information for

Today's PLOTS guide includes public use "go to" information source, especially for Fish Department Private Lands Initiative and wildlands fire danger index, WMA Now in its 22st year, the guide had simple regulations and descriptions, sunrise and beginnings. It truly was a foldout, black- sunset times, and instructions for using its

> Most importantly, its maps indicate the types of public land and managing agencies,

> Just as technology advanced allowing about 50,000 to 60,000 booklets compared

requiring the Game and Fish Department to more popular. It's just in a different format. publish a listing of acreages enrolled in what Folks can still get printed PLOTS guides at at the time was an infant PLOTS program, vendors across North Dakota. Go to the Game an effort to provide more private land access and Fish Department website, (gf.nd.gov) for electronic options, clicking "PLOTS Guide" PLOTS grew in popularity for hunter and under "Seasonal Shortcuts" on the home

This special feature is sponsored by:



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Bomber Task Force continues European mission push in Black Sea region

U.S. AIR FORCES IN EUROPE & AIR FORCES AFRICA RELEASE NUMBER: 010920

Three U.S. Air Force B-52 Stratofortress bomber aircraft conducted multi-domain training flights over international waters in the vicinity of the Black Sea, Sep. 14, 2020.

During the flights, the B-52s integrated with Ukrainian Su-27 and Romanian F-16 fighter aircraft. Training with NATO allies like Romania and partners such as Ukraine enhances the capabilities and readiness of the alliance and strengthens collective commitment to global security and stability.

The flight was coordinated in

support of Bomber Task Force Europe, which is a series of missions developed to allow aircrews to train and familiarize with themselves geographic locations and allies.

The B-52 aircraft are currently deployed to of RAF Fairford, England, from the 5th Bomb Wing, Minot Air Force Base, North Dakota.

Continuing coverage of this deployment will be available on the DVIDS hub at: https:// www.dvidshub.net/feature/ bombertaskforceeurope.



U.S. AIR FORCE PHOTO I MASTER SGT. BURT TRAYNOR







9/11 MEMORIAL **RUCK MARCH**

The 891 MSFS Amn ruck marched in remembrance of 9/11 and those who died defending freedom. The ruck ran all weekend and lasted 2,977 minutes reflecting all those who died on 9/11. Approximently 75 people participated in the event. Thank you Defenders for your show of support in remembering this day.

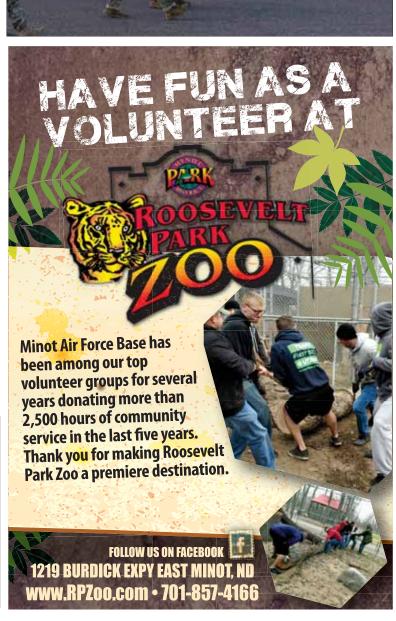
> 91ST SECURITY FORCES GROUP AND 891 MSFS SHADOW WARRIORS **PHOTOS**









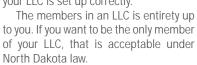




LAWTTALK

LLC

A Limited Liability Company, commonly referred to as an "LLC, is a business entity which separates you and your business for the purpose of guarantees and liability. LLCs are frequently used and well-liked, as they protect one's personal assets in the event that the business is subject to lawsuit. To adequately protect your assets, however, you must ensure that your LLC is set up correctly.





Laura Wheeles *Attorney*

The LLC will need a name. This is by far the most enjoyable part of the process, so don't be afraid to have some fun with it. You are not allowed to register a business name that is the same or remarkably similar to the name of a preexisting business in your state. Even if your name will not conflict with another registered name in the state, you will need to be aware of trademarks and trade names used throughout the country, such as Frito Lay or Nabisco.

Next, you must prepare and file Articles of Organization. Articles of Organization is a document outlining the initial statements required to form an LLC. Generally, you must include: the name of your LLC, the name and address of your registered agent, a statement of the LLC's purpose, an indication of how the LLC will be managed, the address of the principal place of business, the duration that you intend for your LLC to operate, and a signature. That sounds like a lot, but it essentially boils down to the basic questions of: who, where, what, when, and how?

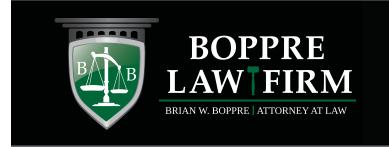
After the Articles of Organization, you need to prepare your Operating Agreement. An Operating Agreement lays out the ground rules for how an LLC will be run. Unlike the Articles of Organization, an Operating Agreement is not required by North Dakota. However, it will provide ground rules which will help avoid and resolve issues quickly.

Once you have filed your Articles of Organization with the Secretary of State, you must finance your LLC. There is no set amount of capital which you must have in your LLC. Instead, strive to put in enough money to pay for your initial expenses. If courts find that your LLC was inadequately capitalized, it may allow someone suing you to get past the protection of your LLC in a lawsuit.

On the subject of money - it is crucial that you establish separate bank accounts for your LLC. If your personal funds intermingle with LLC funds, courts will hold that you and the LLC are the same entity. The entire purpose of the LLC is to create a separate entity to protect your assets. Don't throw away that kind of protection by paying for your groceries with your LLC's credit card.

You must also ensure that your LLC stays in good standing with the state. To do this, you must pay your filing fees and pay your taxes each

At Boppre Law Firm, we understand that this process can seem intimidating at first sight. The attorneys at our firm have assisted numerous clients in successfully establishing, maintaining, and dissolving their LLCs. If you are contemplating creating an LLC, if you have questions about your existing LLC, or if you wish to dissolve your LLC, we are happy to help. Give us a call to schedule a consultation today!



2151 36th Ave SW • Suite B • Minot, ND Phone: 701-852-5224 www.bopprelawfirm.com

Agile Combat Employment ensures free and open Indo-Pacific

BY LT. COL. TONY WICKMAN, PACIFIC AIR FORCES PUBLIC AFFAIRS

JOINT BASE PEARL HARBOR HICKAM, Hawaii --

Pacific Air Forces continues to deliver strategic predictability and operational unpredictability using Agile Combat Employment to secure a free and open Indo-Pacific.

Using mainstay bombers, tankers and intelligence, surveillance and reconnaissance platforms mixed with cutting edge 5th generation fighters and newer airlift and ISR assets, PACAF continues to employ forces from around the globe and those of its allies and partners to prepare for and counter rapidly growing threats in the region.

"Deploying B-1s, B-2s, and B-52s as part of our Agile Combat Employment, coupled with U.S. Strategic Command's dynamic force employment concepts, ensures bilateral and

joint interoperability throughout the Indo-Pacific theater," said Brig. Gen. Michael Winkler, PACAF director of strategic plans and requirements. "We continuously evaluate our strategy, including how we deploy and employ various weapon systems, to ensure we deliver on our mission of providing U.S. Indo-Pacific Command with continuous unrivaled air, space, and cyberspace capabilities to ensure regional stability and security."

The command shows its adaptability and innovation by planning and presenting multiaxis challenges to competitors while building on its core capabilities of command and control, movement and maneuver, firepower, protection, intelligence and sustainment, said Winkler.

"The recent 24-hour airpower

demonstration PACAF did using B-1s, B-2s, and F-15s conducted simultaneously with joint and allied partners demonstrated how we are ready to fight tonight," Winkler said. "We regularly show we can conduct long-range command and control in a dynamic environment to bring unparalleled movement, maneuver, and firepower while managing the protection and sustainment of our force."

Executing the command's mission requires responsiveness, resiliency, agility and an implicit trust in commanders at all levels to know and execute their mission, said Maj. Gen. Lance Pilch, PACAF director of air and cyberspace operations.

"To secure our operational advantage in a rapidly evolving environment, we must cultivate an agile posture and refine all-

domain command and control capabilities aimed at synchronizing joint airpower at the time and space of our choosing," Pilch "We demonstrate ACE daily as we continue to plan and execute ahead of our competition and, when called upon, seize air superiority, decisively deliver effects and maintain initiative in heavily contested domains."

The Air Force is focused on sustaining its current capacity, seeking while emerging technologies vital to the successful control and exploitation of the air and cyberspace domains, Pilch added.

"The Air Force continues to maintain the viability of the U.S. strategic bomber force through a series of upgrades to the B-2 and

B-52, which will ensure continued survivability and compatibility with modern weaponry," said Pilch. "It is imperative these and other systems remain safe, secure and effective within the anti-access/ area denial environments until replaced by the B-21 and other modernized deterrent systems."

Using ACE as its scheme of maneuver and innovation as its guidepost, the command is postured to be proactive to deter aggression and when called upon increase survivability while generating combat airpower to defeat a near-peer adversary.

"We are a lethal, innovative and interoperable force focused on a shared vision with our allies and partners to uphold a free and open Îndo-Pacific," said Pilch.



891 MSFS REENLISTMENT

Kim Albert Agency 701-852-1460

Congratulations to Sergeant Shannon on his final reenlistment September 10! Once a Shadow Warrior, always a Shadow Warrior!

891 MSFS SHADOW WARRIORS PHOTO









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REAL ESTATE

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2010 Mfd home 28x64 has 2 decks, 3 bdrm, 2 bath, office, 2 car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Price Reduced! Call/text for details, pictures, 701-228-4089 or & to see. 701-228-4190.

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HELP WANTED

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DAKOTA NORTH NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903

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or 420-5904 in Minot.

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SUDOKU SOLUTION

5	4	1	2	6	8	9	3	7
8	7	3	9	4	5	6	1	2
2	6	9	1	3	7	4	5	8
6	9	8	5	1	4	2	7	3
1	2	5	6	7	3	8	4	9
7	3	4	8	9	2	5	6	1
9	8	7	4	5	1	3	2	6
4	1	6	3	2	9	7	8	5
3	5	2	7	8	6	1	9	4

BASE ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Fall 2020 term (19 Oct-20 Dec). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation and MS Management. Please email your registration request & any inquiries to minot@erau.edu To apply to the University, please go to: https://worldwide.erau.edu/ admissions/apply/ and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking phone number: 904-513-9734.

PARK UNIVERSITY MINOT -

Your degree, Your way. Now enrolling for Fall classes starting August 17. Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military. park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222| 844-884-8612|darlene.thomas@park.edu

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY **BAGGERS WORK FOR TIPS ONLY**

ADULT HOURS

Tuesday-Friday 7am-4pm Later start times

available but must be able to stay until 4pm & Sunday 11am-6pm

TEEN HOURS

Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm

 Morning start times rotate & vary

PLEASE SPEAK TO CHARLIE AT THE COMMISSARY IF INTERESTED OR LEAVE CONTACT INFORMATION WITH CUSTOMER SERVICE.

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

L	Е	Α	R	N		F	R	Е	D		0	N	K	Р
Α	R	Т	0	0		L	I	L	Υ		L	Е	Α	R
В	R	Α	S	S	Т	Α	С	K	S		D	R	N	0
			S	W	I	N	Е		L	0	Α	V	Е	S
S	Α	G		Е	Е	K		W	Е	D	G	Е		
Q	U	Α	S	Α	R		D	I	Х	I	Е	С	U	Р
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М	Е	D	U	S	Α		Н	Е	R	Т	Z			
О	L	D	S		С	Н	Е	Е	K	Р	0	U	С	Н
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CHURCHDIRECTORY

Little Flower Catholic Church

800 University Avenue West 838-1520

Mass Schedule

Saturday 4:30 pm Sunday 8:30 & 10:00 am

Fr. Ken Phillips, Pastor www.littleflowerminot.com

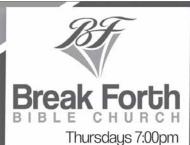




109 6th St. SE Minot • 838-3094

September 19 Saturday Vespers 5 PM September 20

Sunday Liturgy 10 AM **Father Thaddeus Nielsen**



2nd + 4th Sundays 10:30am at the **GRAND HOTEL**

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Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule Contemporary Worship 9:00am

Sunday School (All Ages) 10:00am Traditional Worship.... 11:00am

Wednesday Evening Schedule Community Dinner........5:30-6:30pm Contemporary Worship.......6:30pm Youth Group & Small Groups.. 7:15pm

All are Welcome! www.ecominot.org



An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.

www.trinitychurchminot.org

Congregational UCC 430 N. Broadway • 839-1064

Sunday Worship11am Sunday School11am Tuesday Bible Study12pm Saturday Noah's Breakfast .. 9:30am

Please join us, all are welcome here!

UNITED CHURCH

ΟF





Because of the uncertainity of the COVID-19 virus effects, the Northern Sentry will continue to post future events as

advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service

Worship Service at 10:45am Sundays Sunday School at 9:45am

1720 4th Ave NW, Minot 838-0916

MinotBibleFellowship.org

St. Mark's **Lutheran Church** Missouri Svnod

Sunday Worship 9:30 AM

2209 4th Avenue NW Minot, ND 839-4663

Reverend Philip Beyersdorf



Faith United Methodist Church

5900 Highway 83 N, Minot www.faithumcminot.com

> **Pastor Ken Mund** 701-838-1540

Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.

1615 2nd St. SE Minot • 839-3694

Sundays: 10:00 a.m. Worship

Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m.

> Brian T. Skar, Pastor www.ibcminot.org

Bethany Lutheran

215 3rd Ave. SE, Minot, ND

Phone: 838-5196

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Sunday Worship 8:30 & 10:30 am

Sunday Fellowship9:30 am

Wednesday Church School5:45 pm

Website: www.bethanylutheranminot.com

Email: bethanylutheran@srt.com

Live Streaming: bethanylutheran.tv

Pastor Janet Hernes Mathistad Pastor Gerald Roise

Vincent United

Methodist

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.....10:30 am

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Contemporary Service...... 10:30 am

Pastor Matt Scherbenske

www.vincentumc.com

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Wednesday Worship....

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Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller

St. John the Apostle Catholic Church



Daily Mass Schedule:

Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Fr. David A. Richter, Pastor

Parish website: www.stjohnminot.com



Wednesday Supper..... Wed. Worship & Education..... 5:45 pm www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRZ 1390AM

Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman



1105 16th St. NW • 839-1407 Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... Classes for All Ages 6:30 p.m. Youth Center, Friday......7:00 - 11:00 p.m

ABC Child Care Center.....

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Gospel Tabernacle Community Church

9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship11 a.m.
Family Hour6:30 p.m.
Evening Worship7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed)7 p.m.
Prayer (Friday)7 P.m.

Apostolic Faith Immanuel Baptist Church Church, UPCI

2929 19th Ave NW • Minot Located off Hwy 83 Bypass West

Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study7:30 p.m.

(701)838-0609

Jesse Starr, Pastor

First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org

Classic Worship Service 8:30 a.m.
Adult Sunday School9:45 a.m.
Contemporary Worship Service 9:50 a.m.
Children's Church9:50 a.m.
Sunday School (All Ages)11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Wed. AWANA (Sept. to May) 6:30 p.m.

Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

A Church of the Lutheran Brethren

Thursdays:

Worship......6:30 p.m.

Worship....... 8:30 a.m. & 10:45 a.m.

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us on the web at:

Sundays:

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Southern Baptist Convention

Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m.

www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor

415 28th Ave SE (Behind Menards) 838-1873

Chapel Services at MAFB

Protestant

(North Plains Chapel in Base Housing) **Contemporary Service** Sunday Worship1000

Gospel Service Sunday Worship 1130

Catholic Mass (Northern Lights Chapel across from Rockers)

Sunday Daily Monday-Thursday at 1200



First Assembly of God

1805 2nd St. SE 838-1111

Morning Worship	8:30 a.m.
Sunday School	10 a.m.
Morning Worship	11 a.m.
Wednesday Family Night.	6:30 p.m.



ur Redeemer's Christian Schoo 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772

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Team Minot's Tennis **Court Innovation**

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MINOT AIR FORCE BASE, complete the job.

An 'Ask Team Minot' inquiry turned into real change for Team

After receiving an 'Ask Team Minot' question regarding the degraded tennis courts on Minot Air Force Base, Major Chris Bahrij, 5th Civil Engineering Operations Flight Commander, and his fellow CE Warbulls, sprang into action.

According to Bahrij, their office receives 120-190 requests per week, but due to the request being a quality-of-life request, CE was able to prioritize this service request.

"It was discussed during the virtual Wing Commander's call as an essential quality-of-life project, which helped to get this project done quickly," said Bahrij.

Warbulls in the CE squadron worked to negotiate a contractor from Fargo, North Dakota to

"Regular parking lots and pavement don't have a border on each side, as the paint lines are a little fuzzy," said Bahrij. "For tennis courts, they need to be crisp, clean lines and thus require taping out and bordering each side of the out-of-bounds lines."

"Knowing is half the battle," said Bahrij. "Our Warbulls can't fix what we don't know. Once we know, we can prioritize, site survey, order materials, and schedule accordingly to do the right work at the right time. In this case, the right work involved increasing the quality-of-life for our Team Minot tennis player population.'

From online inquiry to project completion, the Warbulls sprang into action to complete this fiveweek task and gave Team Minot an updated place to practice their teamwork and their tennis



Tennis courts in disrepare at Minot Air Force Base North Dakota. 5th Civil Engineering Squadron contracted a new painting of the lines and replaced the tennis nets in August, 2020.



Newly painted tennis court with a new net at Minot Air Force Base North Dakota. 5th Civil Engineering Squadron contracted a new painting of the lines and replaced the tennis nets in August, 2020.

U.S. AIR FORCE PHOTO I STAFF SGT. STEVEN ADKINS



New nets and paint on tennis courts at Minot Air Force Base North Dakota. 5th Civil Engineering Squadron contracted a new painting of the lines and replaced the tennis nets in August, 2020.

U.S. AIR FORCE PHOTO I STAFF SGT. STEVEN ADKINS

October 22, 2020 10:00am-2:00pm

Armed Forces Reserve Center 3420 2nd St. NE, Minot, ND (North of the Minot International Airport)

- Veterans Benefits
- Health Care
- Hygiene Items
- Personal Care Services
- Counselling
- Legal Services
- Food
- Flu Shots
- Employment Assistance
- Housing Assistance

Please bring DD214 or VA Card as proof of Veteran status, if possible.

For more information contact: Kelli Weiand, Military **Outreach Specialist** colleen.y.weiand.nfg@mail.mil 701.340.2779

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