

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 58 • ISSUE 39 | MINOT AIR FORCE BASE | FRIDAY, SEPTEMBER 25, 2020

## WHATS INSIDE THIS WEEK:



BOMBER TASK  
FORCE EUROPE  
COVERAGE

A6



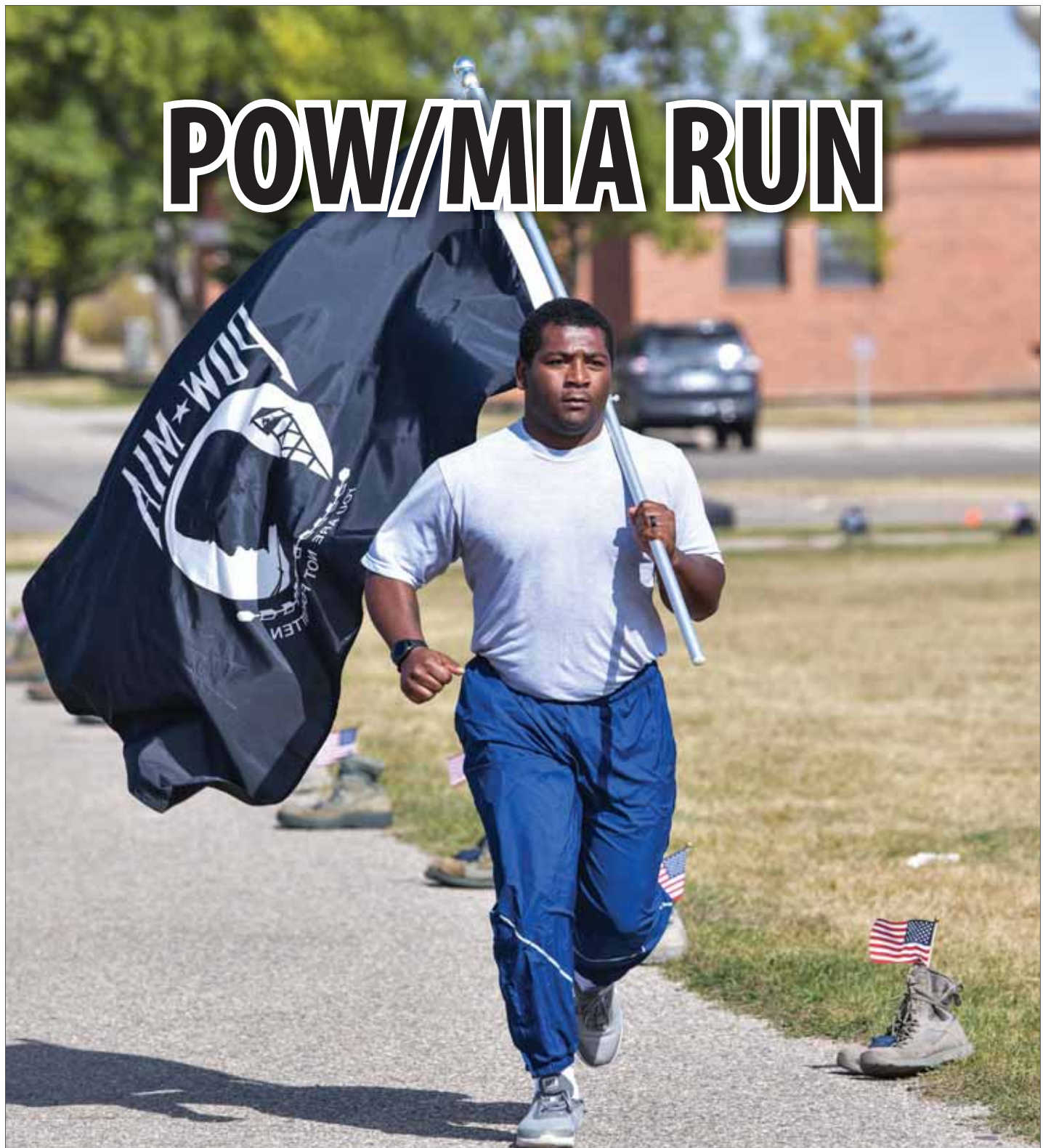
DEPARTMENT OF  
THE AIR FORCE  
PUSHES FITNESS  
TESTING TO  
JAN. 1

B4



MINOT 5/6  
ORGANIZATION  
RECRUITING NEW  
MEMBERS

B10



An Airman starts his run on the base track Sep. 17, 2020, at Minot Air Force Base, North Dakota. About 250 volunteers that alternated shifts throughout the day and night, ran around the base track for 24 hours to honor those POW/MIA and concluded the run at 2 p.m. the next day. See coverage on page 3.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JAN K. VALLE



# WE'LL BUY YOU DINNER!

**ENTER WEEKLY!**

*No Limit, Enter As Many Times As You Wish!*

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335

DETAILS ON PAGE B9



## HOME OF THE GLOBAL STRIKER

Only The **BEST** Come North!

[WWW.MINOT.AF.MIL](http://WWW.MINOT.AF.MIL)

CONTACT MINOT AFB PUBLIC AFFAIRS  
701.723.6212 • V35BW.PA@US.AF.MIL

Minot AFB Videos



Find us on  Minot Air Force Base

# Magenta<sup>®</sup> Military

## A PLAN BUILT FOR MILITARY & VETERAN FAMILIES

- ✓ Unlimited talk, text & data while on our network
- ✓ Data & texting in 210+ countries & destinations
- ✓ Netflix on Us with 2+ lines

During congestion, customers using >50GB/mo. may notice reduced speeds until next bill cycle due to data prioritization. Video typically streams on smartphone/tablet at DVD quality (480p). International data at 2G speeds.



# 50% OFF FAMILY LINES FOR MILITARY & VETERANS

50% off add'l line price for lines 2-6 vs. Magenta; w/ AutoPay.

Verify military status for account holder within 45 days & maintain military line or pay up to \$20/line more per month.

# T Mobile<sup>™</sup>

## NOW OPEN Dakota Square Mall

Submit U.S. military verification at [my.t-mobile.com/profile](http://my.t-mobile.com/profile). Limited time offer; subject to change. At participating locations. Credit approval, deposit, \$10 SIM card, and, in stores & on customer service calls, \$20 assisted or upgrade support charge may be required. May not be combined with other promotions/discounts and features; existing customers who switch may lose certain benefits. U.S. roaming and on-network data allotments differ; includes 200MB U.S. roaming. Unlimited talk & text features for direct communications between 2 people; others (e.g., conference & chat lines, etc.) may cost extra. Unlimited high-speed data US only. In Canada/Mexico, up to 5GB high-speed data then unlimited at up to 128kbps. Not available for hotspots and some other data-first devices. Capable device required for some features. **Video streams** at up to 1.5Mbps. Optimization may affect speed of video downloads; does not apply to video uploads. **Netflix:** Offer subject to change. Receive Netflix Basic (1-screen, up to a \$8.99/mo. value) while you maintain 2+ qual'g Military lines in good standing. Not redeemable or refundable for cash. Cancel Netflix anytime. Netflix Terms of Use apply; [www.netflix.com/termsofuse](http://www.netflix.com/termsofuse). 1 offer per T-Mobile account; may take 1-2 bill cycles. See [t-mobile.com/netflix](http://t-mobile.com/netflix) for add'l info. Like all plans, features may change or be discontinued at any time; see T-Mobile Terms and Conditions at [t-mobile.com](http://t-mobile.com) for details. **Tethering:** 3GB high-speed data then unlimited on our network at max 3G speeds. Smartphone usage is prioritized over tethering usage, which may result in higher speeds for data used on smartphones. **AutoPay Pricing** for lines 1-8. Without AutoPay, \$5 more/line. May not be reflected on 1st bill. **Int'l Roaming: Not for extended international use; you must reside in the U.S. and primary usage must occur on our network.** Device must register on our network before international use. Service may be terminated or restricted for excessive roaming. Usage may be taxed in some countries. Calls from Simple Global countries, including over Wi-Fi, are \$.25/min. (no charge for Wi-Fi calls to US, Mexico and Canada). Standard speeds approx. 128Kbps without Plus; with Plus approx. 256 Kbps. Coverage not available in some areas; we are not responsible for our partners' networks. **Network Management:** Service may be slowed, suspended, terminated, or restricted for misuse, abnormal use, interference with our network or ability to provide quality service to other users, or significant roaming. During congestion the small fraction of customers using >50GB/mo. may notice reduced speeds until next bill cycle due to data prioritization. On-device usage is prioritized over tethering usage, which may result in higher speeds for data used on device. See [t-mobile.com/OpenInternet](http://t-mobile.com/OpenInternet) for details. **See Terms and Conditions (including arbitration provision)** at [www.t-mobile.com](http://www.t-mobile.com) for additional information. T-Mobile and the magenta color are registered trademarks of Deutsche Telekom AG. © 2020 T-Mobile USA, Inc.

# Lost But Never Forgotten

AIRMAN FIRST CLASS JAN K. VALLE, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

On Sep. 17-18, 2020, Team Minot Airmen from the 5th Bomb Wing and 91st Missile Wing participated in the annual POW/MIA 24-hour Recognition run and retreat.

Starting from the main gate and finishing at the base track, the first part of the run consisted of a "Lone Runner" carrying a POW/MIA flag escorted by motorcycles. Upon arrival at the track, names of those who were prisoners of war or missing in action were read as the "Lone Runner" handed the POW/MIA flag to the next volunteer and started the first 30-minute interval of the day.

"We had roughly 250 volunteers that alternated shifts throughout the day and night, concluding the run at 2 p.m. the next day", said Master Sgt. Joseph Brown, 5th Logistics Readiness Squadron vehicle maintenance superintendent.

The second portion of the event consisted of a retreat where the POW/MIA flag was planted. Leadership from across the base, including the Minot Air Force Base vice commander, Colonel Brian D. Vlaun attended the event.

"The event concluded with the "Lone Runner" running to the retreat ceremony," said Brown. "The base Honor Guard then lowered the flag from the pole and performed a ceremonial flag folding presentation."

In 1971, Mrs. Michael Hoff, the wife of an officer who went missing in action during the Vietnam War, thought of the idea for a national flag to remember those who were captured or never returned from the war. The black and white image on the POW/MIA flag that includes a silhouette, a strand of barbed wire and a watchtower was designed by Newt Heisley, a former World War II pilot.

According to the Defense POW/MIA Accounting Agency, over 83,000 Americans are currently still missing. The DPAA believes approximately 75% of those missing are located in the Asia-Pacific region, with more than 41,000 presumed to be lost at sea.

"This event is important because we remember those who gave everything", said Brown. "We like to constantly remind ourselves that some of us paid the ultimate price and we don't want them to be forgotten"



Colonel Brian Vlaun, 5th Bomb Wing vice commander, gives a speech Sep. 17, 2020, at Minot Air Force Base, North Dakota. Team Minot Airmen from the 5th Bomb Wing and 91st Missile Wing participated in the annual POW/MIA 24-hour Recognition run and retreat.



Team Minot honor guard fold a flag Sep. 17, 2020, at Minot Air Force Base, North Dakota. The base Honor Guard lowered the flag from the pole and performed a ceremonial flag folding presentation during the POW/MIA retreat.



A team Minot Airman runs with the POW/MIA flag as the "Lone Runner" Sep. 17, 2020, at Minot Air Force Base, North Dakota. The run started from the main gate and finished at the base track, the first part of the run consisted of a "Lone Runner" carrying a POW/MIA flag escorted by motorcycles. Upon arrival at the track, names of those who were prisoners of war or missing in action were read as the "Lone Runner" handed the POW/MIA flag to the next volunteer and started the first 30-minute interval of the day.



A black pair of boots sit on the base track Sep. 17, 2020, at Minot Air Force Base, North Dakota. About 250 volunteers that alternated shifts throughout the day and night, ran around the base track for 24 hours to honor those POW/MIA and concluded the run at 2 p.m. the next day.

U.S. AIR FORCE PHOTO AIRMAN FIRST CLASS JAN K. VALLE

TYLIR MEYER PHOTOS

## CONTACTUS

Ted Bolton

Publisher | Advertising  
bagroup@srt.com

Rod Wilson

Business Development | Marketing  
sentrystales@srt.com

Nikki Greening  
Abigail Kinder

Creative Services  
nsads@srt.com or  
nsgraphics@srt.com

## MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief of Public Affairs

Maj. Natassia Cherne

Public Affairs Officer

1st Lt. Victoria Palandech

2nd Lt. Ryan Walsh

Community Relations

Mr. George F. Gutierrez

Staff Photojournalists

Technical Sgt. Crystal Cheriere

Technical Sgt. Benjamin Smith

Staff Sgt. Michael Kantack

Staff Sgt. Steven Adkins

Senior Airman Dillon Audit

Airman 1st Class Josh Strickland

Airman 1st Class Caleb Kimmell

Airman 1st Class Jesse Jenny

Airman Jan Valle

## COMMANDERS

5th Bomb Wing Commander:

Col. Michael O. Walters

5th Bomb Wing Vice Commander:

Col. Brian D. Vlaun

91st Missile Wing Commander:

Col. Christopher E. Menuey

91st Missile Wing Vice Commander:

Col. Barry E. Little

## NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

## MAIL & FAX

315 South Main Street, Suite 202  
Minot, ND 58701 | 701.839.1867

## VIEW ONLINE

www.northernentry.com

www.minot.af.mil

## FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil). The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

**LANSFORD FIRE DEPARTMENT**

**1st Annual**

**SNOW MOBILE DRAG RACING  
VINTAGE SLED SHOW  
and SWAP MEET**

**LANSFORD, ND • OCTOBER 17, 2020**  
**8-11AM REGISTRATION • 12PM SHOTGUN START**

**\$10 Adults**  
**\$5 Ages 13-19**  
**12 & Under FREE**  
**Military FREE (with ID)**

Food and Beverages will be served all day.

● **PRE-REGISTRATION** ●  
of snowmobiles encouraged:  
[lansfordsnowgoers@gmail.com](mailto:lansfordsnowgoers@gmail.com)

**LIVE THE JEEP LIFE!**

**Jeep Rubicon Giveaway September 26**  
Additional entry with every 100 points earned on your Players Club card &/or share your email address at the Players Club to receive 2 free entries.

**The Bison Room STEAKHOUSE**

Re-Opening, Friday, September 25th, 5 PM - 10 PM.  
Reservations strongly recommended. 701-627-7591

**4 BEARS YACHT AVAILABLE FOR PRIVATE PARTIES**  
Contact Jody at 701-627-7554

**SUPER SENIOR DAY**  
Wednesdays  
Seniors receive 15 free slot play until 10 PM and a free lunch from the Corner Cafe

**Sports & Rec Show**  
SEPTEMBER 25-27

**NFL FOOTBALL WATCH EVENTS**  
Every Monday, Thursday and Sunday game televised in the Marina Lounge.  
Bucket of beer specials for Monday and Thursday Night Football Games.  
Food also available.

ALL customers entering 4 Bears Casino & Lodge are REQUIRED to wear a mask while inside.

Visit [4bearscasino.com](http://4bearscasino.com) for details and check us out on social media.  
800.294.5454

**4 BEARS CASINO & LODGE**  
4 MILES WEST OF NEW TOWN

WED., THURS. & SUN. 11 AM - 12 AM FRI. & SAT. 11 AM - 1 AM

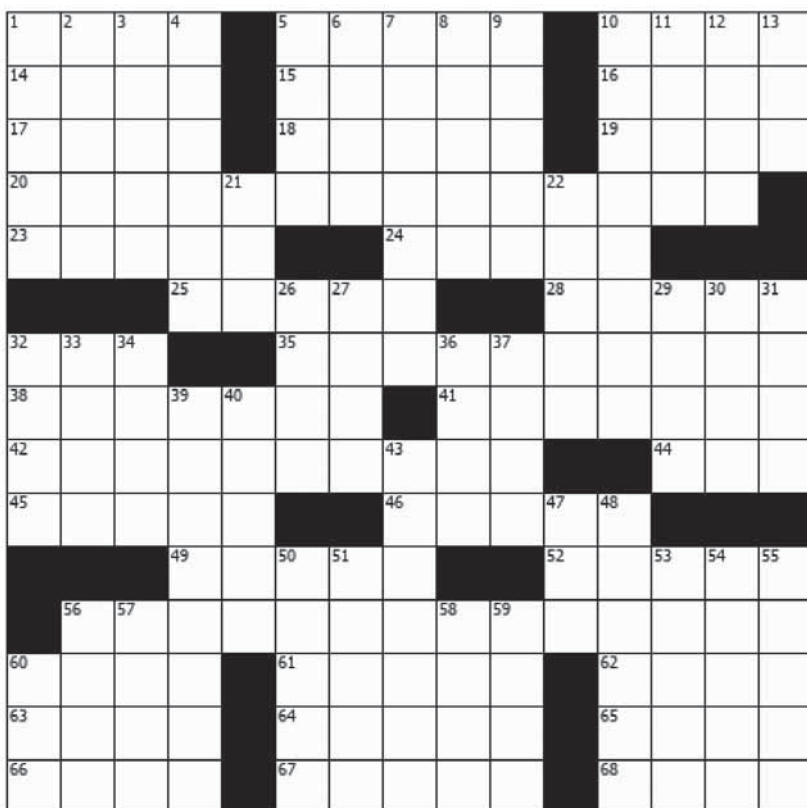
When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.

# CROSSWORD PUZZLE

Solution can be found in next weeks edition

**Across**

- 1. Dentist's supply
- 5. Flat-bottomed freight boat
- 10. Tasty paste
- 14. Razor brand
- 15. Judge's decision, sometimes
- 16. German industrial valley
- 17. Punxsutawney celeb
- 18. Migratory tribesman
- 19. School founded by King Henry VI
- 20. Fighter of yore
- 23. Landmark to remember
- 24. Farm machinery company
- 25. Marla's predecessor
- 28. Coastline feature
- 32. First houseboat
- 35. East Pakistan, today
- 38. Tropical fruits
- 41. Gracefully agile
- 42. Florida national park
- 44. Word in the society pages
- 45. Stairway post
- 46. Part of a willing trio
- 49. Brainy bunch
- 52. Russian spirit?
- 56. Handy items for painters
- 60. Edible tubes
- 61. Pachelbel work
- 62. Black, in verse
- 63. Seamus Heaney's land
- 64. On twos, rather than fours
- 65. Point connector
- 66. Mysterious loch
- 67. Tend to a loose shoelace
- 68. Gang follower



**Down**

- 1. "It's a Wonderful Life" director
- 2. South African playwright Fugard
- 3. Word with ballerina or donna
- 4. Antipasto staple
- 5. Report of a shooting?
- 6. Too far off base?
- 7. Sacred Islamic month
- 8. Evaluate eggs
- 9. "Leave it to Beaver" character
- 10. Puts on an act
- 11. Type of part
- 12. Norse god of thunder
- 13. South end?
- 21. Penultimate mo.
- 22. Cantata vocal solos
- 26. Famous murder victim
- 27. They were responsible for finding Atlantis?
- 29. Revolutionary Trotsky
- 30. "For \_\_\_ -- With Love and Squalor" (Salinger)

- 32. The last word in worship
- 33. Enthusiastic review
- 34. Recognized
- 36. Type of club
- 37. Daughter of Homer
- 39. 1984 comic horror film
- 40. Gave the twice-over
- 43. Fact-gathering TV classic
- 47. Home entertainment system component
- 48. Sings in peak form?
- 50. Miss Congeniality, compared to the others
- 51. Trapping device
- 53. Bookkeeper's entry
- 54. Danish coin
- 55. Former Screen Actors Guild president
- 56. Marshmallow toaster's necessity
- 57. He gave us a lift
- 58. Centers of great activity
- 59. Poker buy-in
- 60. Branch of Buddhism

## SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 1 | 2 | 3 |   | 4 |   | 5 |   |
|   | 5 |   |   |   | 2 |   |   |   |
| 6 |   | 7 |   |   |   | 3 | 8 |   |
|   | 8 |   |   | 5 |   |   | 7 |   |
|   | 9 |   | 6 |   | 8 |   | 1 |   |
|   | 2 |   |   | 3 |   |   | 4 |   |
|   | 7 | 5 |   |   |   | 6 |   | 8 |
|   |   |   | 1 |   |   |   | 9 |   |
|   | 6 |   | 7 |   | 5 | 1 | 3 |   |

FRIDAY, SEPT. 25 1900  
 SATURDAY, SEPT. 26 1700  
 SUNDAY, SEPT. 27 1500  
**THE NEW MUTANTS**  
 (PG-13)

“ Five young mutants, just discovering their abilities while held in a secret facility against their will, fight to escape their past sins and save themselves. ”

Solution to puzzle on page B15

**DAKOTA BURGER COMPANY**  
 DO IT YOUR WAY BURGERS  
 Dine In or Take Out  
 315 S. Main St., Suite 200, Minot  
 701-852-8183  
 www.dakotaburgercompany.com

**REEL TIME THEATER MOVIE SCHEDULE**

**THE NEW MUTANTS**

SEPTEMBER: SUICIDE PREVENTION MONTH

# Resources for Understanding Suicide Prevention in the Military

MILITARY ONESOURCE

Service members put their life on the line to protect our country. But serious risks may lurk in everyday life for some with intense trainings or as the pace of military life suddenly gets faster and for prolonged periods. And that can be even harder and more confusing to deal with as a loved one.

Suicide is a serious issue in the military. Significant life changes, stress and unique challenges of military life can make service members feel isolated, and some may be at greater risk for suicide than others.

You can make a difference in a loved one's life by understanding when a service member is most at risk and knowing where to turn for help.

Learn more about when a service member may be at risk for suicide.

Times when a service member can feel added isolation or stress

As part of their network of support, it's important to be aware of the moments in a service member's life that can add stress on their mind or body. Service members do not have to be diagnosed with PTSD to be at risk for harming themselves.

Mental health issues can happen to anyone, at any time. Here are some points in a service member's life when they can feel especially alone, agitated or anxious:

- Around times of deployment or difficulty readjusting following deployment
  - Loss of a family member, friend or fellow service member
  - Career setbacks or disciplinary actions
  - Difficulty in a marriage or family life
  - Transitioning from military to civilian life
  - Financial difficulty
  - Major life changes
- Some ways to be there for your

service member in trying times

As a loved one, you know your service member best. Trust your instincts and talk to them if you think they may be having suicidal thoughts.

- Mention the signs that prompted you to talk to them. Stay calm and let them know you are here to help.

- Do not counsel them yourself. Ask questions and listen – but encourage them to get professional help if there is a threat.

- Communication needs to be mostly listening, but ask direct questions without being judgmental, such as:

~“Are you thinking about killing yourself?”

~“Have you ever wished you were dead or wished you could go to sleep and not wake up?”

~“Have you ever tried to end your life?”

~“Do you think you might try to kill yourself today?”

Resources and mental health help are available

Knowing the risk factors, warning signs and where to turn is the best thing you can do for your service member. Support is available 24/7 both for your loved one in distress and yourself. If someone you know is suicidal or in a state of crisis, the Military Crisis Line/Veterans Crisis Line is available 24 hours a day (1-800-273-8255 and Press 1). Crisis experts are available via online chat or text (838255). Or contact the National Suicide Prevention Lifeline at 1-800-273-8255.

It's important to take care of yourself when supporting someone through a hard time. If you also need support, contact the Lifeline.

You can learn more about suicide prevention through the Defense Suicide Prevention Office.

## BADLANDS RESTAURANT BAR

# Upcoming Events

**25 SEPT** EDUCATIONAL SEMINAR ON FINANCES  
3:00 PM  
J.R. Rockers  
292 Peacekeeper Place, MAFB

Minot 5/6 Organization is holding an educational seminar on finances at J.R. Rockers on September 25. Everyone is welcome! For more information, check out our Facebook page.



For more information: Facebook event / Minot 56

**27 SEPT** NATIONAL BLACK-FOOTED FERRET DAY  
10:00 AM - 2:00 PM  
Roosevelt Park Zoo  
1219 Burdick Expy E, Minot

Fewer than 500 Black-Footed Ferrets live in the wild today. RPZ staff help to track the health & success of a reintroduced population in Badlands National Park. Meet our BFF Cowbelle and hear the conservation story of her species!



For more information: Facebook event / Roosevelt Park Zoo

**29 SEPT** SALSA 101  
6:00 PM - 8:00 PM  
The Foundry  
1407 South Broadway Suite C, Minot

In this fun workshop you will learn the art of making fresh salsa. It begins with a tasting of fresh salsa. Then you will choose your tomatoes and vegetables to pack in 2-quart jars. You'll chop your selections, add desired spices, then pack your jars. You will go home with your 2 completed fresh salsa jars to enjoy! In this class you will learn tomato preparing techniques, proper packing techniques, tips on canning salsa, reason why canning processing is necessary, shelf life of canned goods, what food items can be canned, etc. Tickets are \$55 (plus tax and fees). Light refreshments will be provided. Feel free to BYO drink. All materials are provided in the cost of the workshop. For tickets, visit: The Foundry - Salsa 101 on eventbrite.com



For more information: Facebook event / The Foundry - Salsa 101

**3 OCT** HANNAH AUER ART EXHIBIT  
11:00 PM - 4:00 PM  
Artspace Suite 1 Gallery  
3 Main St. S Suite 1, Minot

Join us for a solo art exhibit by one of our contributing artists, Hannah Auer. The exhibit runs from October 3-24, 2020, with the reception on October 8th from 5:00 PM- 7:00 PM. (Date has been changed to the 8th, instead of October 1st). The reception is free and open to the public, and refreshments will be served. Artspace Suite 1 Gallery is a diverse cooperative of member artists who are dedicated to creating and presenting their art to the community. Shop local and share the love of art! For more information, please check out the Artspace Suite 1 Gallery Facebook page.



**UPDATE:**  
DATE FOR THE RECEPTION HAS BEEN CHANGED FROM OCTOBER 1 TO OCTOBER 8, 2020

For more information: Facebook event / Artspace Suite 1 Gallery

**3 OCT** RUFF AND STUFF SCARECROW EVENT  
12:00 PM - 6:00 PM  
Berry Acres  
4605 County Rd 15 W, Minot

DIY Ruff and Stuff Scarecrow Event is an afternoon dedicated to harvest charm and family fun. You'll receive a wood base, plenty of straw, and building guidance. Please bring old clothing, shoes, hats, gloves, and accessories to dress your scarecrow. Price: \$30 - 1 adult admission and 1 scarecrow \$5 - 1 adult/child admission (group rate) See visitminot.org Ruff and Stuff page or follow the link on Facebook to purchase your tickets!



For more information: Facebook Event / Ruff and Stuff Scarecrow Event

## On Base

JOIN US AT ROCKERS  
**UFC 253**  
ADESANYA VS. COSTA  
SEPTEMBER 26TH

DOORS OPEN: 7PM  
MAIN EVENT: 10PM  
CLUB MEMBERS: FREE  
NON-MEMBERS: \$7.00

ADULTS ONLY  
SEATING IS LIMITED TO FOLLOW HEALTH & SOCIAL DISTANCING GUIDELINES.  
LIMITED BAR MENU

FORCE 727-ROCK

Winter Bowling League Sign-Ups  
AT ROUGH RIDER LANES

REGISTER ANY TIME THE BOWLING CENTER IS OPEN IN AUGUST & SEPTEMBER  
YOUTH LEAGUES WILL START SEPTEMBER 2020 ADULT LEAGUES WILL BEGIN OCTOBER 2020

| Adult:  | Youth:                |
|---|-----------------------|
| SCOTCH DOUBLES LEAGUE<br>TUESDAY AT 4:00PM        | PEE WEE<br>AGES 3-4   |
| SQUADRON EXTRAMURAL LEAGUE<br>WEDNESDAY AT 5:00PM | BANTAMS<br>AGES 4-9   |
| 9 PIN NO TAP LEAGUE<br>THURSDAY AT 6:00PM         | PREPS<br>AGES 9-12    |
| MIXED COUPLES LEAGUE<br>THURSDAY AT 6:30PM        | JUNIORS<br>AGES 12-17 |
| MIXED FUN LEAGUE<br>FRIDAY AT 6:30PM              |                       |

727-4719  
BOWLING CENTER FOR DETACH.

For more information visit: [www.5thforcesupport.com](http://www.5thforcesupport.com)

NOTHING BEATS  
**SUNDAY BRUNCH**

SERVING FROM 10AM - 2PM

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335

**NODAK ARMS**

INDOOR INTERACTIVE SHOOTING RANGE

Range Time HAPPY HOUR: 10 AM - 2 PM Mon.-Thurs.  
\$7.50 per 50 Rounds 6 PM - 10 PM Fri. & Sat.

Book Range Time: [www.nodakarms.com/bookings](http://www.nodakarms.com/bookings) \*Guns Supplied Free if Needed

COOKIES FOR YOU® and cupcakes to  
A Cookie Gift + Bouquet Company

- Cookie & Candy Bouquets
- Cookie Pizzas • Sweets Trays
- Assorted Cupcake Flavors
- Homemade Fudge & Caramels
- Assorted Artisan Truffles
- Pop, Beer & Wine baskets - with a little sweet & salty too!

117 S Main Street  
701-839-4975  
[www.cookiesforyou.com](http://www.cookiesforyou.com)

**BOMBER TASK FORCE EUROPE**



A B-52H Stratofortress bomber aircraft, assigned to the 5th Bomb Wing, Minot Air Force Base, North Dakota, deploys its chute on the flightline at RAF Fairford, England, Sept. 16, 2020. The U.S. routinely and visibly demonstrates commitment to allies and partners through the global employment of military forces.



Three B-52H Stratofortress bomber aircraft assigned to the 5th Bomb Wing, Minot Air Force Base, North Dakota, fly above RAF Fairford, England, Sept. 16, 2020. Bomber missions represent the U.S. commitment to allies and enhance regional security.



Airmen assigned to the 5th Aircraft Maintenance Squadron, Minot Air Force Base, North Dakota, conduct pre-flight checks on a B-52H Stratofortress bomber aircraft on the flightline at RAF Fairford, England, Sept. 10, 2020. Bomber missions represent the U.S. commitment to allies and enhance regional security.

Capt. Ryan Taylor, a 23rd Bomb Squadron weapons officer assigned to Minot Air Force Base, North Dakota, taxis on the flightline at RAF Fairford, England, Sept. 10, 2020. Bomber missions represent the U.S. commitment to allies and enhance regional security.



U.S. AIR FORCE PHOTOS  
AIRMAN 1ST CLASS JESSE JENNY



**KEEPING YOU CONNECTED  
IS WHY WE DO WHAT WE**

**Re-Elect**

**Kristi MILLER**

**SRT District 2 Director**

ND State Fair Center, Minot  
October 1, 2020  
2:00 – 7:00 pm

Director Since 2015

Trustworthy  
Responsible  
Integrity

Every registered voter will receive a \$20 gift card!

**CPM**  
creative property management Inc.

**MOVE-IN READY UNITS!**  
STUDIO AND 1 BEDROOM APARTMENTS

STARTING AS LOW AS \$325 A MONTH!

**SCHEDULE YOUR SHOWING TODAY!**

**CPM** 701-852-5028  
creative property management Inc. WWW.CREATIVEMINOT.COM

**2020 Annual Meeting  
BOARD OF DIRECTORS  
DRIVE THRU ELECTION**

**Thursday, October 1st / 2-7 PM**

North Dakota State Fair Center / Minot

View the Report to the Members and Financial Updates at [srt.com/annualmeeting](http://srt.com/annualmeeting)

Enter the fairgrounds at the Burdick Expressway entrance, and you will be guided to your voter registration.

701.858.1200  
SRT.COM / f t

**SRT**

**BOMBER TASK FORCE EUROPE**



**MUNITIONS TRAINING**

5th Munitions Squadron Airmen, assigned to the 5th Bomb Wing, Minot Air Force Base, assemble the munitions assembly conveyor with the British War Reserve Material in the munitions shop at RAF Fairford, England, Sept. 8, 2020. The 5th MUNS Airmen conducted a training exercise for the local British war reserve material personnel which consisted of building a MAC so they can assemble, maintain and inspect their equipment in order to maintain mission readiness.



Pictured is a bolt secured in place in the munitions shop at RAF Fairford, England, Sept. 8, 2020. The 5th MUNS Airmen conducted a training exercise for the local British war reserve material personnel which consisted of building a MAC so they can assemble, maintain and inspect their equipment in order to maintain mission readiness.

U.S. AIR FORCE PHOTOS  
AIRMAN 1ST CLASS JESSE JENNY



**5th Chaplain Corps**

**Food Truck Service**  
**Fri & Sat (26-27 Sep)**  
**2200-0200**  
**Dormitory Courtyard**





*Execute lethal global strike...combat ready Airmen and B-52s!*

**FOR ALL YOUR HOME LOAN NEEDS**





**BENCHMARK MORTGAGE**  
Ark-La-Tex Financial Services, LLC NMLS# 2143

We appreciate you & put you **FIRST!**

Offering a \$500 off closing cost credit in appreciation for your service

**Mention this ad for the \$500 off**

Steve Fennewald NMLS #766570  
Sarah Burckhard NMLS #766557



**701-839-3360**  
**2080 36th Ave SW, Suite 205, Minot**

APPLY NOW ONLINE


[www.teamnd.benchmark.us](http://www.teamnd.benchmark.us)

This is not a commitment to lend. Offer valid to qualifying borrowers through 02/01/2021. Borrower receives credit for lender origination fees up to \$500.00 at loan closing. Loan must close and fund with Ark-La-Tex Financial Services, LLC NMLS# 2143 ([www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org)). Information, rates, and pricing subject to change without prior notice at the sole discretion of Ark-La-Tex Financial Services, LLC. Other restrictions may apply. (<https://benchmark.us>) Must present this coupon for it to be valid.

**AUTO AND RENTERS INSURANCE**

# 2X TWICE AS NICE

USAA offers members flexible payments<sup>1</sup> on insurance premiums 2X per month at no extra charge.



**WHAT YOU'RE MADE OF  
WE'RE MADE FOR™**

Visit [usaa.com/insurance](http://usaa.com/insurance)  
or call **800-531-8521**

The Department of the Navy does not endorse any company, sponsor or their products or services. MCCS Sponsor. No federal or DoD endorsement implied. Paid ad. No federal endorsement of advertiser is intended. Neither the Coast Guard nor any other part of the federal government officially endorses any company, sponsor or their products or services. Restrictions may apply to installment payment options. Use of the term "member" or "membership" refers to membership in USAA Membership Services and does not convey any legal or ownership rights in USAA. Restrictions apply and are subject to change. Property and casualty insurance provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, Garrison Property and Casualty Insurance Company, based in San Antonio, TX; USAA Limited (UK) and USAA S.A. (Europe) and is available only to persons eligible for P&C group membership. Each company has sole financial responsibility for its own products. © 2020 USAA. 269369-0420

# WHAT'S GOING ON MAFB

## TODAY 25

- HIIT Strength and Conditioning, 0545, Fitness Center
- Mystery Price Bowling, 0900-2100, Rough Rider Lanes
- Fit to Fight, 1130, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- Zumba, 1730, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
- Single Airman Free Bowling, 1800-2300, Rough Rider Lanes
- Karaoke Night, 1800-2300, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## SATURDAY 26

- Cycle, 0900, Fitness Center
- CYouth Bowling League, 1000, Rough Rider Lanes
- CSingle Airman Free Bowling, 1800-2300, Rough Rider Lanes
- CYouth Lights & Strikes Bowling, 1800-2300, Rough Rider Lanes
- CUCF 253: Adesanya vs Costa, prelims begin at 1900, main event begins at 2200, Rockers Bar & Grill
- CLights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

## SUNDAY 27

- Sunday Escapes Book Club, 1330, Minot AFB Library Facebook Page
- Zumba, 1400, Fitness Center

## MONDAY 28

- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP, 0730-1600, A&FRC – Online Zoom Meeting
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC – Online Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- Newbery Book Club, 1600, Minot AFB Library Facebook Page
- Zumba, 1730, Fitness Center

## TUESDAY 29

- Cycle, 0545, Fitness Center
- TAP, 0730-1600, A&FRC – Online Zoom Meeting
- Game Day, 1000-1930, Minot AFB Library Facebook Page
- Swerk, 1830, Fitness Center

## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Moving Out of the Dorms: One-on-One Appointments: 21-25 September, A&FRC – Call to schedule an appointment.
- Minot AFB Library: 1-31 September, Banned & Challenged Book Challenge

## WEDNESDAY 30

- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP, 0730-1600, A&FRC – Online Zoom Meeting
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC – Online Zoom Meeting
- Story Time, 1030, Facebook Group: Minot AFB Storytime Club
- Fit to Fight, 1130, Fitness Center
- Single Airman Free Fling Golf, 1500-1800, Rough Rider Golf Course
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Member Wind Down Wednesday Snacks, 1630-1830, Rockers Bar & Grill
- Yoga, 1830, Fitness Center

## THURSDAY 01

- Cycle, 0545, Fitness Center
- TAP, 0730-1600, A&FRC – Online Zoom Meeting
- Pre-Separation Counseling, 0830-1130, A&FRC – Online Zoom Meeting
- Reintegration Briefing, 1000-1100, A&FRC – Online Zoom Meeting
- Cycle, 1700, Fitness Center
- Fun 9 Pin No Tap League, 1800, Rough Rider Lanes
- Zumba, 1830, Fitness Center
- Thursday Night NFL Football, 1900, Rockers Bar & Grill

## UPCOMING 02

- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP, 0730-1600, A&FRC – Online Zoom Meeting
- Swerk, 0915, Fitness Center
- Fit to Fight, 1130, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- Zumba, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, Winner Announced at Bomber Bistro and Jimmy Doolittle Center
- Karaoke Night, 1800-2300, Rockers Bar & Grill
- Mixed Fun League, 1830, Rough Rider Lanes
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## 03

- Cycle, 0900, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Swerk, 1015, Fitness Center
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

**SINGLE AIRMAN FREE BOWLING**  
AT MAFB ROUGH RIDER LANES

SINGLE AIRMEN, TIME TO ENJOY A NIGHTOUT! COME BY THE BOWLING CENTER WITH A GUEST FOR 3 FREE GAMES OF BOWLING, PLUS FREE SHOE RENTAL! OFFER VALID FOR THE FIRST 100 BOWLERS.

**EVERY THURSDAY**  
5:00PM-9:00PM

**FRIDAY & SATURDAY**  
6:00PM-11:00PM

**IN SEPTEMBER**

FORCE 727-8718

## DINING

Available Dining (Hours subject to change)

### Bomber Bistro

Monday-Friday 1030-2100, Saturday 1400-2000  
Dining Room Now Open. Seating is limited and masks are required except while eating.

### Dakota Inn Dining Facility / Jimmy Doolittle Center:

The Dakota Inn Dining Facility will be temporary operating out of the Jimmy Doolittle Center due to renovations.

Monday-Friday: 0600-0900, 1030-1330, 1630-1830; Simply To Go 0600-1830

Weekends, Holidays, and Down Days: 0630-0900, 1030-1330, 1630-1830; Simply To Go 0630-1830

The Ground Zero Lounge will be open on Fridays from 1500-2100.

### Rockers Bar & Grill

Monday 1100-1400, Tuesday 1100-2000, Wednesday 1100-2000 and Lounge open until 2100, Thursday 1100-2000 and Lounge open until 2200, Friday 1100-2300 and Lounge open until 2400, Saturday 1600-2300 and Lounge open until 2400, Sunday Closed. Call to place your order for carry out or head inside to dine in. Limited seating is available and social distancing guidelines apply.

Delivery Options (Hours subject to change)

### Bomber Bistro

Monday-Friday 1630-2030

## SEPT. SPECIALS

### Bomber Bistro • Friday Dinner Special - Chicken & Waffles

Enjoy a delicious golden waffle and four crispy chicken tenders served with a side of maple syrup and hot sauce. Grab it starting at 3:30PM while supplies last! Only \$9.95 - Includes a drink!

### The B-Fifty Brew • Cold Brew Coffee

Try this refreshingly chilled coffee beverage! Our cold brew coffee will cool you off during the late summer heat! Take it to go today! Tall \$2.95, Grande \$3.65, Venti \$3.95. With Cream: Tall \$3.45, Grande \$3.95, Venti \$4.25

### Rockers Bar & Grill • Mac & Cheese Burger

Experience this juicy 1/3 pound burger layered with creamy bacon mac & cheese, then topped with pepperjack cheese! Served with fries for only \$9.75!

## OCT. SPECIALS

### Bomber Bistro • Friday Lunch Special • Yakisoba

Delicious yakisoba noodles served with chicken, cabbage, and carrots in our special house sauce. Grab it for lunch on Fridays while supplies last! Only \$9.95 - Includes a drink!

### The B-Fifty Brew • Red Bull Burners

Grab one of our ice-cold Red Bull Burners to go! First, choose your Red Bull flavor: Original, Blueberry, Cranberry, Tropical, or Sugar-free. Next, choose your syrup: Peach, Coconut, Raspberry, Pineapple, Strawberry, Cherry, Mango, or Watermelon. Finally, top it off with Original Lemonade. Available in Venti size only for \$4.00!

### Rockers Bar & Grill • Roast Beef Melt

Try this classic combination of tender roast beef with melted cheese on toasted bread! Served with fries for only \$9.75!

**NOW OPEN IN MINOT!**  
Columbia College-Minot located on Minot Air Force Base

Over 30 programs offered online!

Military.CCIS.edu | (701) 727-8386 | Minot@CCIS.edu

Private. Non-Profit. Accredited.

**QUALITY HEALTHCARE FOR ALL**

Non-emergency walk-ins welcome Monday-Friday 1-4 p.m.

- Ob/Gyn Care
- Newborn Care
- Well Child Visits
- Pediatrics
- Free Pregnancy Tests
- Geriatric Care
- Preventive Healthcare
- Full Service Pharmacy

Center for Family Medicine

UND SCHOOL OF MEDICINE & HEALTH SCIENCES  
UNIVERSITY OF NORTH DAKOTA

1201 11th Avenue SW | Minot, ND | Phone 701.858.6700 | 800.841.7321 | Hours: M-F 8 AM-5 PM | cfmminot.UND.edu





**2020 ACCENT SE**  
MSRP \$17,595  
**PRICE \$15,998\*** M11132  
\*after all discounts including retail bonus cash and military rebates plus tax, title, license and fees



**36mpg combined city/hwy!!!**  
3yr/30,000 mile **LEASE** only **\$239/mo\***

**2020 ELANTRA ECO**  
MSRP \$23,010  
**PRICE \$22,303\*** M11245  
\*\$1,389 due at signing plus 1st payment, tax, title, license and fees, with approved credit



3yr/30,000 mile **LEASE** only **\$198/mo\***

**2020 SONATA SEL**  
MSRP \$27,315  
**PRICE \$25,774\*** M11252  
\*\$1,185 due at signing plus 1st payment, tax, title, license and fees includes military rebate, with approved credit



**2020 VENUE SE**  
MSRP \$19,920  
**PRICE \$16,997\*** M11138  
\*after all discounts including retail bonus cash and military rebates plus tax, title, license and fees



**2020 TUCSON SE AWD**  
MSRP \$26,170  
**PRICE \$21,560\*** M11153  
\*after all discounts including dealer choice and military rebates plus tax, title, license and fees, with approved credit



3yr/30,000 mile **LEASE** only **\$237/mo\***  
**2021 KONA SEL AWD**  
MSRP \$25,200  
**PRICE \$24,235\*** M11262  
\*\$988 due at signing plus 1st payment, tax, title, license and fees, with approved credit



3yr/30,000 mile **LEASE** only **\$259/mo\***  
**2020 VELOSTER TURBO**  
MSRP \$26,830  
**PRICE \$25,683\*** M11219  
\*\$1232 due at signing 1st payment, tax, title, license and fees, includes military rebate, with approved credit

## Customize Your Deal

SAVE TIME AT THE DEALERSHIP BY BUILDING YOUR MONTHLY PAYMENT ONLINE



**4 EASY STEPS**

- 1) Choose Your Vehicle
- 2) Personalize Your Payment
- 3) Value Your Trade
- 4) Apply For Financing

[www.donbesettehyundai.com](http://www.donbesettehyundai.com)

# DON BESSETTE HYUNDAI

1715 N BROADWAY MINOT, ND 701.852.3300  
[WWW.DONBESSETTEHYUNDAI.COM](http://WWW.DONBESSETTEHYUNDAI.COM)



**HYUNDAI**



America's Best Warranty<sup>®</sup>  
10-Year/100,000-Mile  
Powertrain Limited Warranty



## Welcome Back My Friends

**Sept. 24 & 26**

**Ann Nicole Nelson Hall - MSU**  
7pm Doors Open | 7:30 pm - Concert

2020-2021 **95<sup>th</sup>** SEASON  
**MINOT SYMPHONY ORCHESTRA**  
Efraín Amaya - Music Director

Program:  
Bach: Brandenburg Concerto No. 3  
Mozart: Horn Concerto No.4  
Dr. Deanna Carpenter, horn  
Mozart: Symphony No. 29



**MASK UP and ENJOY THE MUSIC!**  
Face masks are required for MSO performances.

Upcoming concerts:  
Nov. 5 & 7 • Dec. 10 & 12 • Feb. 4 & 6 • March 4 & 6 • April 22 & 24

**701-858-4228 • [www.minotsymphony.com](http://www.minotsymphony.com)**

# Department of the Air Force pushes fitness testing to Jan. 1

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) -- Official physical fitness assessments across the Department of the Air Force will resume Jan. 1, 2021, officials announced Sept. 16.

To continue minimizing close contact among personnel during the ongoing COVID-19 pandemic and ensure units and personnel are fully ready to resume, testing has been delayed from October to January, and testing in January will move forward without obtaining waist, height and weight measurements.

"We know people are staying fit regardless, but we want to give our Airmen enough time to prepare," said Air Force Chief of Staff Gen. Charles Q. Brown, Jr.

Beginning Jan. 1, uniformed members are expected to test on the 1.5 mile run, 1 minute of push-ups and 1 minute of sit-ups. The body composition component (abdominal circumference), height and weight measurements are postponed until further notice. All members, including those with abdominal circumference exemptions, will receive maximum points for the AC component as part of their official score.

"This is an unprecedented situation and we've put a lot of work into assessing how and when we could safely resume

fitness testing across the force," said Lt. Gen. Brian Kelly, deputy chief of staff for manpower, personnel and services. "People have been juggling work, child-care issues, homeschooling, family separations, isolation, etc., and we know it's been more challenging to maintain fitness. This delay gives our folks extra time to prepare for January, while also ensuring units have more time to implement additional COVID precautions."

"We're also aware our resumption occurs right after the annual holiday season that can be challenging for people's fitness," Kelly said. "Hopefully this change removes some of the stress caused by the waist measurement, and gives us all a chance to start our New Year's readiness and fitness resolutions on the right foot."

Fitness assessment due dates in 2021 will primarily depend on the date and score of the last official test. Airmen and Space Professionals may determine their next fitness assessment due date by visiting the Official Physical Assessment Due Date Matrix on myPers.

"This transition requires a careful and systematic approach," Kelly said. "Our goal is to begin testing where it makes sense, but also give commanders the needed

tools and flexibility to make decisions that make sense for their locations and their people."

Fitness assessment cells, fitness center staff, physical training leaders and members performing fitness assessments will adhere to physical distancing protocols and other local precautions as determined by installation commanders. Commanders may delay official fitness assessments beyond Jan. 1, 2021, based on the recommendation of local public health officials, the continuation of closed fitness centers and extended state-wide restriction of movement and gatherings.

"We're also taking advantage of this additional time to look at the long-term plan for the abdominal circumference component," Kelly said. "We're in discussion with our medical counterparts to determine the right place for the waist measurement, whether it be part of an annual health assessment or elsewhere. This is a great opportunity to make lasting changes that will improve our fitness culture."

For more information, Airmen and Space Professionals should contact their fitness assessment cells and visit the COVID-19 Fitness Guidance page on myPers.

## TRAEGER TALK



### CRAWDADS OF THE SEA

SCOTT PEARSON, CEO  
Home of Economy Stores  
Amish Gallery Stores  
GuaranteedLowestPrice.com



Lobster, for most people, is a rare treat. Lobster is not to be treated casually, and the cost makes it critically important to do a good job preparing it for the table. The Traeger Wood Fired Grill is ideal for this because of its gentle, controlled heat, not to mention the light kiss of smoke we all enjoy.

I started with medium sized tails, about a half pound each. Step one is to split the softer bottom side with scissors and pull the meat out to expose it to the smoke, leaving it attached at the top. Apply kosher salt to taste, a teaspoon per tail is plenty. Use less if in doubt. Let sit for at least 45 minutes. Overnight would be fine.

Step two is to prepare the butter. Place cold butter in a shallow metal pan with spices of your choosing. I like paprika, garlic and pepper. Place the butter pan in the smoker and set to 180°F. The butter will pick up smoke flavor as it melts. When fully melted, stir the butter and spices together.

About two hours before your planned mealtime, place the tails in the smoker with the butter. Leave the temperature at 180°F. Let the meat take on smoke and heat undisturbed for about a half hour, then baste with the butter mixture on all exposed meat surfaces. I prefer to separate part of the butter for this purpose, and reserve the rest, just to prevent transfer of lobster flavors to the bulk of the butter. I usually make more butter than I need, and it is tasty on everything. However, I don't want it mixed with lobster juice.

Continue basting every 15 minutes until the meat reaches an internal temperature of 145°F.

It should take about two hours total time in the smoke, depending on the size of the tails. Larger tails will cook more slowly. The meat is done when it is no longer translucent, but always check to be sure the temperature is at least 145°F for food safety. Lobster gets tough pretty fast when it is overcooked so, unless you like it that way, watch the temperature closely and remove right away when it hits 145°F. Be sure to remove the butter at the same time, especially if you plan to reverse sear.

At this point, you have the option to serve, or allow to cool slightly then reverse sear. The sear adds some nice flavors, so that is my preference. If you choose to sear, set the tails aside uncovered while the grill heats up to maximum temp. Once the grill gets as hot as it will go, pop the tails back in for a few minutes. When the peaks and thin parts of the meat start showing light brown sear, remove the meat and serve while still hot.

Serve the tails with melted butter on the side. Candle heated butter warmers are a nice touch, but not really necessary if you preheat your butter vessels with boiling water just before adding the butter and serving.

Green vegetables such as asparagus, spinach, or broccoli are excellent side dishes with lobster. Asparagus and broccoli are easily cooked in the Traeger Wood Fired Grill, but require higher temperature than 180°F to suite most people's taste. They could be cooked in advance and then reheated with the lobster for a double smoked treat. If you prepared enough seasoned smoked butter, you can drizzle it over the vegetables for a triple smoked treat.



# LEAGUE BOWLING

America's #1 Participation Sport!

## MEN

### 4 Person Teams

Tuesday (9/15)..... 6:30 pm  
Wednesday (9/16).... 6:30 pm  
Wednesday (9/16).... 7:00 pm

## WOMEN

### 4 Person Teams

Tuesday (9/15).....6:30 pm  
Thursday (9/17).....6:30 pm

## YOUTH

Bumper League available for ages 5-6

Thursday..... 3:45 pm  
• all ages starts September 10th  
Saturday..... 9:30 am  
• all ages starts September 12th  
Sunday..... 6:00 pm  
• 12 and over starts September 13th

## MIXED

### Teams

Sunday (9/20).....7:00 pm  
Wednesday (9/16).... 7:00 pm  
Thursday (9/17)..... 6:45 pm  
Friday (9/18).....6:30 pm

## SENIORS

### 4 Person Mixed Teams

••• FREE COFFEE •••  
Leagues are 30 weeks

Wednesday.....10:00 am  
• starts September 16th  
Friday.....1:00 pm  
• starts September 18th

## DAYTIME COFFEE

## FREE COFFEE

Thursday..... 1:00 pm  
• Starts 9/17, 3 person teams



1901 NORTH BROADWAY, MINOT, ND  
852-4108  
NORTHILLBOWL.COM



TRAEEGER  
WOOD FIRED GRILLS

IN STOCK

\$999<sup>99</sup>

PRO SERIES 780  
PELLET GRILL



107 20th Ave SW, Minot

www.HofE.com/BBQHQ

# Air Force Bombers Conduct Global BTF Mission

Multiple U.S. Air Force bombers from Europe and the United States conducted an extensive Bomber Task Force mission today, while integrating with NATO Allies and partners' fighter jets. The mission flew over multiple geographic regions near the eastern-most portion of Europe and the western-most portion of the Pacific Ocean.

U.S. EUROPEAN COMMAND PUBLIC AFFAIRS , UNITED STATES EUROPEAN COMMAND, STUTTGART, GERMANY

Multiple U.S. Air Force bombers from Europe and the United States conducted an extensive Bomber Task Force mission September 21, while integrating with NATO Allies and partners' fighter jets. The mission flew over multiple geographic regions near the eastern-most portion of Europe and the western-most portion of the Pacific Ocean.

This mission demonstrates the U.S. Defense Department's ability to command and control its bomber force for any mission, anywhere in the world, at any time, in support of the U.S. National Defense Strategy. "Today's Bomber Task Force operation is yet another demonstration of our steadfast commitment to Allies and partners and our collective ability to plan, execute and coordinate multiple complex missions at speed," said Gen. Tod D. Wolters, commander, U.S. European Command. "All of this is made possible by the vibrant relationships across the NATO Alliance and our enduring

commitment to champion the cause of peace through competition and deterrence."

The B-1 Lancers, B-2 Spirits and B-52 Stratofortresses collectively executed the long-planned mission of exercising their global capability. Planned missions with NATO nations such as today's mission demonstrate the U.S. and NATO Allies and partners' shared unity of purpose and credible military capability to preserve peace and defeat any adversary.

The mission involved air forces with NATO Allies Canada, Norway and the United Kingdom.

U.S. European Command remains committed to transparency with all of our exercise activity in the territory of Allies and partners that border Russia.

Continuing coverage of this deployment will be available the USECOM website at <https://www.eucom.mil> and at: <https://www.dvidshub.net/feature/bombertaskforceeurope>.



Today's Bomber Task Force operation is yet another demonstration of our steadfast commitment to Allies and partners and our collective ability to plan, execute and coordinate multiple complex missions at speed.



A U.S. Air Force B-52 Stratofortress, B-1 Lancer and B-2 Spirit fly over Guam after launching from Andersen Air Force Base, Guam, for an integrated bomber operation, August 17, 2016. This mission marks the first time in history that all three of Air Force Global Strike Command's strategic bomber aircraft are simultaneously conducting integrated operations in the U.S. Pacific Command's Continuous Bomber Presence mission.

U.S. AIR FORCE PHOTO  
TECH. SGT. RICHARD P. EBENSBERGER



A U.S. Air Force B-52 Stratofortress, B-1 Lancer and B-2 Spirit fly over Guam after launching from Andersen Air Force Base, Guam, for an integrated bomber operation, August 17, 2016. This mission marks the first time in history that all three of Air Force Global Strike Command's strategic bomber aircraft are simultaneously conducting integrated operations in the U.S. Pacific Command area of operations. As of Aug. 15, the B-1 Lancer will be temporarily deployed to Guam in support of U.S. Pacific Command's Continuous Bomber Presence mission.

U.S. AIR FORCE PHOTO  
SENIOR AIRMAN JOSHUA SMOOT

**car tiva**  
701-857-9210  
3520 S. Broadway • Minot, ND 58701  
[www.CartivaOfMinot.com](http://www.CartivaOfMinot.com)

**VEHICLES OF THE WEEK**

|   |   |
|---|---|
| <p>2017<br/>HONDA CR-V<br/>EX-L AWD<br/><b>\$24,995</b><br/>STOCK# 57750A</p> | <p>2018<br/>HONDA PILOT<br/>ELITE AWD<br/><b>\$35,495</b><br/>STOCK# 57880A</p> |
|---|---|

**FINANCING AVAILABLE**

Experienced VA Realtor  
*Michael Buseth*  
REALTOR®  
701-720-2542

**ELITE**  
REAL ESTATE  
1829 S. Broadway  
Suite 1, Minot, ND


*Personalized*

**Our comprehensive cancer team tailors a unique treatment plan to you.**

Everything about you is unique. When it comes to treating cancer, our team designs a care plan personalized to your needs. We bring together advanced technology and the latest therapies to deliver you the best possible chance to overcome cancer and get back to the things you love to do.

To learn more, visit [trinityhealth.org/cancercare](http://trinityhealth.org/cancercare).

**TRINITY HEALTH** | **MAYO CLINIC CARE NETWORK**  
Member



# NODAK ARMS

# OUTDOOR

## REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

- Lake Sakakawea elevation, Sept. 21: 1,839.99 feet above mean sea level (MSL); 14,100 cubic feet per second (CFS) Garrison Dam average daily releases.

- Devils Lake elevation: 1,449.14 feet above mean sea level (MSL).

- Stump Lake elevation: 1,449.07 MSL.

- N.D. Game & Fish Dept. game wardens: No reports from Lake Sakakawea. Continued fair for small walleye on Devils Lake with fewer anglers on the water. East-central area lakes remain quiet.

- Devils Lake, Ed's Bait Shop, Devils Lake: Try slip bobbers as water temperatures cool. Also try trolling crankbaits in shallow water or jigging Raps in deeper water around rock piles. Better bite is in the morning or evening. Also try morning or evening from shore.

- Devils Lake, Woodland Resort, Devils Lake: Continued small walleye success. Try spinners and bottom bouncers with nightcrawlers or jigging around deep rock piles. Generally start in about 10 feet and work into deeper water.

- Lake Darling, Karma C-Store, Ruthville: Not much activity.

- Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Lake Darling remains slow.

- Lake Metigoshe, Four Seasons, Bottineau: OK walleye success with a few bluegill showing up in shallower water.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Move around throughout the east end of Lake Sakakawea with scattered walleye activity. Try a variety of presentations and depths. Work deep on Lake Audubon for walleye. No Missouri River reports.

- Lake Sakakawea, Indian Hills Resort, Garrison: Some anglers having walleye success using walking sinkers or bottom bouncers and nightcrawlers. Work slow with light bite.

- Lake Sakakawea, Scenic 23, New Town: Van Hook Arm slow for walleye.

- Lake Sakakawea, Van Hook Resort, New Town: Store closed for the season.



- Be careful with species and sex identification for the duck season opener with so many brown, uncolored birds yet.

- Sept. 26: Regular resident waterfowl season opens.

- Sept. 30: Lake Darling closes to boat activity.

- Oct. 3: Nonresident waterfowl season opens.

- Oct. 3 & 4: Youth pheasant season.

- Oct. 10: Pheasant and fall turkey seasons open.

- N.D. Dept. of Environmental Quality issued blue-green algae advisories for Epping-Springbrook Dam, Buffalo and Antelope lakes, Sather Dam, and Devils Lake.

### Tournaments:

- Sept. 26: Lake Sakakawea, Van Hook Arm; Lake Sakakawea, Fort Stevenson State Park; Devils Lake, Spirit Lake Casino.

- Sept. 27: Lake Audubon, cabin site.

- Oct. 2 & 3: Lake Sakakawea, Indian Hills Resort.

- Oct. 3 & 4: Lake Sakakawea, Lewis & Clark State Park.

- Lake Sakakawea/Missouri River,

- Scott's Bait & Tackle, Pick City: Missouri River tailrace remains slow for walleye during the day from both boat and shore. Some salmon success during the day from shore and boats. Try variety of presentations. Some nice-sized trout and salmon but not large numbers. Look for ongoing night bite for walleye. Fair to good for catfish from shore and boats. Wing walls slow but look for some catfish activity. Lake Sakakawea remains slow for walleye with fish scattered. Work 35 feet, trolling to locate fish along points. Also try shallower water with jigs and minnows or Lindy rigs and nightcrawlers. Look for improving minnow success with cooler water temperatures. Salmon scattered in variety of depths ranging from shore to deeper water. Try longlining working out to downriggers.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri River remains decent for walleye.

- Lonetree WMA area lakes, Harvey: Little activity with no new reports.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little activity on the Souris River or area lakes.

- Hunting:

- Waterfowl: Nice local duck and goose numbers scattered around the east end of Lake Sakakawea. Fair local goose numbers around the midsection of Lake Sakakawea but a lot of wetlands are dry or drying up in Mountrail County with poor duck numbers. Some sandhill cranes in in shallow wetlands in southern Ward County. Some local Canada geese in McHenry County but wetlands are drying with few ducks in the area. Little to no migration yet in the area. Good numbers of local ducks in some pockets of concentrated wetlands in east-central N.D. Good local duck and Canada goose numbers in the Devils Lake and Lonetree WMA areas.

### Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (800) 472-2121 or (701) 328-9921.

THIS SPECIAL FEATURE IS SPONSORED BY:



# NODAK ARMS

## THE DAKOTA'S AR AUTHORITY

Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online [www.NodakArms.com](http://www.NodakArms.com)

Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook 

## THIS WEEK IN AIR FORCE HISTORY



**September 25, 1918**  
For valorous service this date Lt Edward V. Rickenbacker receives the Medal of Honor.



**September 26, 1918**  
Between this date and 1 October, Air Service pilots shoot down 74 German aircraft and 15 balloons.



**September 28, 1924**  
US Army Air Service crews achieve the first round-the-world flight in 175 days, covering over 27,553 miles. Two of the four modified Douglas DT-2s that started the flight, the Chicago and the New Orleans, complete the full journey.



**October 1, 1947**  
The first flight of North American's prototype F-86 Sabre (XP-86) at Muroc Dry Lake.

Courtesy of [www.afhistory.org](http://www.afhistory.org)



**North Hill BOWL X-TREME BOWLING**

FRIDAY & SATURDAY

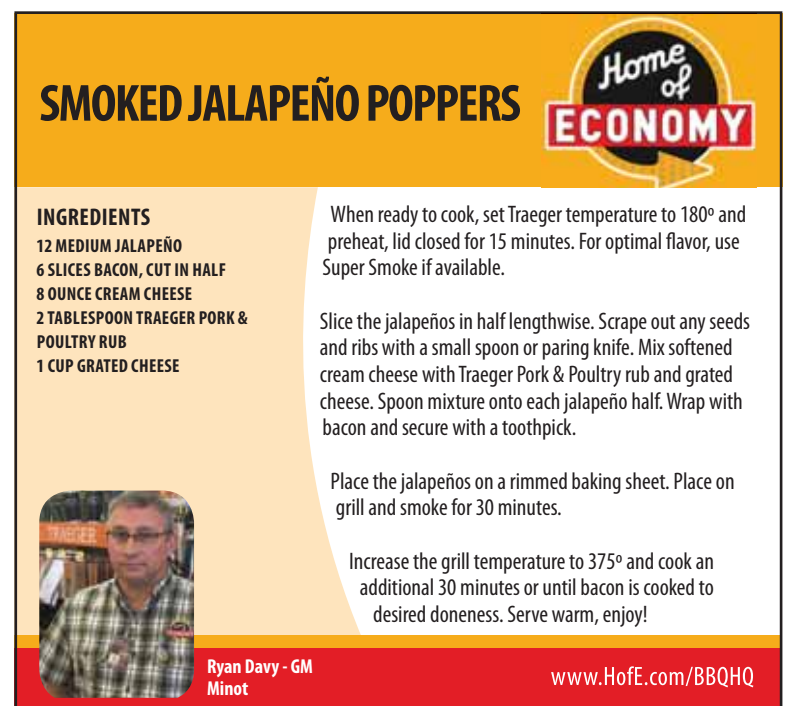
**OPEN BOWLING**  
MONDAY-THURSDAY 10AM-6PM  
SATURDAY NOON-6PM  
CLOSED SUNDAYS

**X-TREME BOWLING HOURS:**  
FRIDAY & SATURDAY 6PM-CLOSE

CELEBRATE WITH US!  
**WE DO BIRTHDAY PARTIES FOR ALL AGES!**

1901 NORTH BROADWAY, MINOT, ND  
852-4108  
[WWW.NORTHHILLBOWL.COM](http://WWW.NORTHHILLBOWL.COM)

Military Discounts Available!



## SMOKED JALAPEÑO POPPERS

Home of **ECONOMY**


**INGREDIENTS**  
12 MEDIUM JALAPEÑO  
6 SLICES BACON, CUT IN HALF  
8 OUNCE CREAM CHEESE  
2 TABLESPOON TRAEGER PORK & POULTRY RUB  
1 CUP GRATED CHEESE

When ready to cook, set Traeger temperature to 180° and preheat, lid closed for 15 minutes. For optimal flavor, use Super Smoke if available.

Slice the jalapeños in half lengthwise. Scrape out any seeds and ribs with a small spoon or paring knife. Mix softened cream cheese with Traeger Pork & Poultry rub and grated cheese. Spoon mixture onto each jalapeño half. Wrap with bacon and secure with a toothpick.

Place the jalapeños on a rimmed baking sheet. Place on grill and smoke for 30 minutes.

Increase the grill temperature to 375° and cook an additional 30 minutes or until bacon is cooked to desired doneness. Serve warm, enjoy!

 Ryan Davy - GM  
Minot

[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

# Late summer pests: Staying safe both on and off duty

SHIREEN BEDI, AIR FORCE SURGEON GENERAL PUBLIC AFFAIRS

FALLS CHURCH, Va. -- As Airmen look to the outdoors for physically distant activities, the risks of pests impacting those activities increases. It is vital Airmen and their families know what to look out for and know how to stay safe.

"More time outdoors, whether for their job or recreationally, there is an increased risk of vector-borne diseases such as those spread from ticks and mosquitoes," said Maj. Stephanie White, U.S. Air Forces in Europe - Air Forces Africa command entomologist, Air Force Installation and Mission Support Center Detachment 4, Ramstein Air Base, Germany. "Summer is the height of vector-borne illness season, which usually extends into September in the U.S. and can last into October in deployed locations like in Africa."

The most prevalent pest issue Airmen and their families could face are diseases spread by ticks.

This includes the blacklegged tick, which transmits Lyme disease, and the American dog tick, which spreads Rocky Mountain spotted fever.

A particularly aggressive tick is the lone star tick, which in the last 15 years, has moved from primarily being found in southern states to moving further north. The lone star tick is known to be an aggressive biter and can cause additional health concerns such as developing an allergy to red meat.

"Recent studies have found that the lone star tick is linked to the development of a red meat allergy called alpha-gal," said Lt. Col. Timothy Davis, Armed Forces Pest Management Board deputy director. "This allergy can be pretty severe and may lead to a life-threatening anaphylactic reaction that could send someone to the hospital. This condition is becoming increasingly recognized as the tick expands its range

through North America."

Mosquitoes also pose a potential risk to Airmen both at home and while deployed. Aside from being a nuisance, mosquitoes also spread disease, with West Nile virus being the leading threat in the U.S. While deployed, Airmen face additional threats such as malaria, Dengue fever and chikungunya virus.

White also warns that many diseases that are spread from mosquitoes or ticks, such as West Nile virus, Rocky Mountain spotted fever, and Lyme disease, can mimic other common illnesses like the flu or current COVID-19 symptoms.

"For those who are outdoors, it is vital we pay attention to bites or tick attachments and not ignore symptoms," said White. "There is a big overlap between some vector-borne illnesses, the flu and COVID-19. While the current pandemic is front of mind for all of us, it is also important to know the symptoms associated with a mosquito bite or tick attachment."

Below are some common vector-borne illness symptoms and the overlap they share with the flu and COVID-19:

"Service members and their families should speak with their health care provider should they present any of these symptoms after any insect exposure or bite," said White.

To prevent the risk of getting a vector-borne illness, there are several steps the Air Force has taken to ensure Airmen safety while at work.

"While we do have some Air Force bases with extensive training ranges and where these pests are prevalent, there are coordinated control measures taken to help control pest populations," said Davis. "At our installations, the public health team assesses the risk of vectors and vector-borne diseases, does surveillance, and works with civil engineers pest management to help control pest populations where Airmen would interact with them."

"Diseases like Dengue or Lyme don't have pharmaceutical interventions like a vaccine or medication," said White. "We rely on preventive measures and educating our Airmen on what they can do to protect themselves."

For individual Airmen, the Department of Defense uses

a five-part personal protective system to keep them safe at home base and downrange. This includes using DEET, an active ingredient in insect repellent, on exposed skin, properly taking any medication or vaccinations if required, and wearing uniforms properly.

"Service members are issued uniforms treated with permethrin that works well in repelling those pests as long as it does not exceed 50 washes," said Davis. "Also, service members should wear their uniforms properly. Meaning rolling your sleeves down and tucking your pants into your boots."

"Deployed members should avoid leaving food or liquids open as this could attract pests," said White. "Make sure to roll up your sleeping bag and shake out your shoes before putting your foot in them."

The same safety precautions Airmen use on the job and while deployed can help keep them and their families safe off duty. Part of this is learning the possible threats in your area and taking those necessary steps.

Article continued on page B8



Vector-borne illnesses, such as those spread from mosquitoes and ticks, can pose a significant health concern for Airmen both on and off duty. It is vital to know the risk of vector-borne illnesses and how to stay safe

U.S. AIR FORCE GRAPHIC

| Symptoms          | Lyme Disease | RMSF | WNV | Influenza | COVID-19 |
|-------------------|--------------|------|-----|-----------|----------|
| Headache          | X            | X    | X   | X         | X        |
| Fever             | X            | X    | X   | X         | X        |
| Muscle/Body Aches | X            | X    | X   | X         | X        |
| Nausea/Vomiting   |              | X    | X   | X         | X        |
| Diarrhea          |              |      | X   | X         | X        |
| Rash              | X            | X    | X   |           |          |
| Fatigue           | X            |      |     | X         | X        |

Full Service Salon  
 • cuts  
 • colors  
 • highlights  
 • pedicures  
 • manicures  
 • facials  
 • perms

**Berri's**  
 Hair Designers, Inc.  
 • Melisa Ellison •  
 701-240-1385

Located on North Hill  
 2001 3rd St NW • Minot  
 HOURS: Mon, Tues, Thurs. 8:30-8:30 • Wed, Fri. 8:30-6:00 • Sat. 8:30-3:00

**AGRICULTURE**  
 At the heart of it all.

**North Star**  
 Community Credit Union  
 CELEBRATING 80 YEARS

SERVING FARMERS FOR OVER 80 YEARS  
 Your local, member-owned, full-service, financial institution!

Apply Today!  
 Operating, Equipment and Livestock Loans

nscuu.com  
 NCUA

**NORTH CENTRAL VETERANS STAND DOWN**

**October 22, 2020**  
**10:00am-2:00pm**

**Armed Forces Reserve Center**  
**3420 2nd St. NE, Minot, ND**  
 (North of the Minot International Airport)

- Veterans Benefits
- Health Care
- Hygiene Items
- Personal Care Services
- Counselling
- Legal Services
- Food
- Flu Shots
- Employment Assistance
- Housing Assistance

**Please bring DD214 or VA Card as proof of Veteran status, if possible.**

**For more information contact:**  
**Kelli Weiland, Military Outreach Specialist**  
 colleen.y.weiland.nfg@mail.mil  
 701.340.2779

**Please follow COVID-19 guidelines**

# 5BW/PA Takes Time to Give Back

The conference room at 5BW Public Affairs was turned into an assembly line on Thursday, 3 August, as members took the time to fill backpacks and package diapers for the YWCA. For Maj Natasia Cherne the numbers were really quite simple, "7 backpacks, 1500 diapers (=100 packages) =107 kids/families served." Later on, the packages were delivered to the YWCA where a Diaper Pantry serves hundreds of families every month. "Each family will receive a package of 15 diapers,

along with a package of wipes" according to YWCA Executive Director Meghan von Behren. Diapers are always in demand according to Meghan, so people are encouraged to drop them off at the YWCA located at 205 3rd Avenue SE. "It was our way of giving back to the community that always gives back to us," according to Maj Cherne.

More information can also be found on the YWCA website ywcaminot.com.



Many hands make light work. Each worker had their job. (Right to Left) Maj Natasia Cherne, SSgt Steve Adkins, A1C Caleb Kimmell, SSgt Eli Smith & George Gutierrez.



Foreground, SSgt Steve Adkins, Background, Senior Airman Dillon Audit (left) & A1C Jan Valle (right)



Each diaper package contains 15 diapers and is carefully wrapped in cellophane.



The diaper pile is growing. Eventually they were sorted by size, boxed and delivered with the backpacks.



Colorful backpacks stacked and ready to deliver to the YWCA.



Backpacks contained basic supplies to get a student started in school.

**ACCESS**  
Roll Up Cover  
**ROLL-UP PICK UP COVERS**  
• SRT - 2 ELECTRIC • SPOOL ROLL TARP • TRUCK TARPS  
Manufactured by AGRI-COVER  
DISTRIBUTED BY  
**NELSON RIPPLINGER SALES**  
ASK ABOUT MILITARY DISCOUNT  
NEW & USED COVERS ON HAND OWNED BY VETS  
JIM OR BONNIE 838-2515 • CELL 721-1251

**FLOWER Central**  
Voted Minot's #1 Flower Shop for the last 5 years!  
405 Central Ave. E. • 701.852.6224

**Kim Albert Agency**  
701-852-1460  
2825 S. Broadway, Suite 2  
abby.martinson@allstate.com  
**Allstate**  
You're in good hands.  
© 2019 Allstate Insurance Co. 10685723

**CENTURY eyewear**  
GUCCI COACH Dior Ray-Ban OAKLEY FENDI kate spade NEW YORK  
DR. JASON L. BRADLEY, D.D.  
207 SOUTH MAIN STREET DOWNTOWN MINOT  
**701.852.5626**  
ONE HOUR LAB SERVICE  
LOCALLY OWNED SERVING MINOT SINCE 1976 | NEWEST STYLES HOTTEST TRENDS BEST SELECTION  
CENTURYEYEWEAR.COM

**Pink's BAR & GRILL**  
Pick Up Your To-Go-Orders Today!  
Call 701.852.2385  
Kitchen is open Monday - Sunday 11 a.m. - 9 p.m.  
Follow us on Facebook for our weekly specials and menu.  
Only 3 Miles South of the Base.

**BackTalk**  
Chiropractic care delivers SUPERIOR results at 1/3 the cost  
Spinal pain represents the greatest single cause of disability in the world today. Low back pain also represents the most common type of spinal pain. Research estimates that over 80% of the population will experience back pain at some point in their lives. Agonizing back pain influences every aspect of life from walking and sleeping to simply sitting still and thinking with clarity. No wonder so many backpain sufferers' resort to taking powerful medications for relief.  
Over-the-counter pain drugs usually serve as a first resort. Disappointment in those results eventually lead to doctor visits and more powerful prescription drugs, including the most harmful form of pain medication available: opioids. The physical and financial cost to treat low back pain increases while the results become worse because conventional pharmaceuticals and medicine do not fix the source of the pain. Chiropractic offers a better plan that costs less and pursues a permanent outcome which heals the body.  
Research from 2015 compared outcomes for patients with low back pain. The results compared significant differences in patients treated by Chiropractic care verses those who sought relief through other methods. Subjects receiving care from a Chiropractor spent an average cost of \$712 compared to \$1992 for those choosing treatment from a different provider.  
Indirect costs of choosing conventional drug therapy also increase because of the dangerous side effects associated with medications. The amount of money saved by choosing Chiropractic care provides justification for why every backpain sufferer deserves to know that long-term healing and relief do exist.  
Research continues to prove that Chiropractic usually represents the best approach to permanently resolving back pain. The most cost-effective and longest-lasting results do not come from a bottle of pills but from the immense healing power within the body. Chiropractic tends to be thought of simply as a method for treating back and neck pain. Evidence-based research continues to prove that outcome represents only a fraction of the healing potential found within the body when the nervous system aligns and operates to full potential.  
The health and condition of the spine links directly to the health and function of the entire body through the brain and central nervous system. Misalignments in the spine create altered spinal mobility, leading to stress in the nervous system. Chiropractors improve mobility and increase the lines of nerve communication through gentle and precise adjustments. Back pain comprises a large number of patients who quickly realize that a natural, non-invasive approach to health care provides greater health and performance than a bottomless pit of pills and doctor bills. Chiropractic pursues optimal health. Experience greater levels of pain relief and overall vitality through Chiropractic care.  
All the best to you and yours in great health,  
**CornerStone Chiropractic**  
Dr. Willy Fielhaber  
1350 20th Ave SW, Minot, ND 58701  
(701) 852-2800

# Social worker embarks on 50-state tour to mow lawns for veterans, Gold Star families

STEPHEN RUIZ

Rodney Smith is preparing to pack his trusty Toro lawn mower into the back of his vehicle — the one with 320,000 miles on the odometer — and hit the road again.

Smith is scheduled to begin his “Thank you for your service and sacrifice” tour on Friday, Sept. 18, in Huntsville, Alabama. During a condensed three-week window, Smith plans to cut the grass of veterans, Gold Star families, Purple Heart recipients, POWs, those missing in action and families of active-duty service members in 48 states. He intends to fly to Alaska and Hawaii to complete his mission, but those dates are undetermined.

“It’s an honor just to hear those stories firsthand and thanking them for their service,” Smith said. “A lot of them never heard a ‘thank you’ before. They have, but they need to hear it more.”

Smith, a 31-year-old social worker, started the Raising Men Lawn Care Service in 2016. The organization, which began including girls in 2018, pairs youth with veterans, the elderly, the disabled and single parents to perform outdoor chores such as cutting grass and raking leaves.

According to weareraisingmen.com, 700 youths in the program have mowed a total of 15,000 lawns. Smith’s 50-state tour is a one-man job, though. He goes it

alone but follows a similar pattern. He cuts one or two lawns per state, interviews the homeowner, takes a picture with him or her and asks for a photo of the person in his or her military uniform.

“There have been a lot of World War II veterans that I met,” Smith said. “Meeting them, I feel like a little kid because I get to hear the stories firsthand. They were telling me [stories] like it was yesterday.”

Smith, who never served in the military, recalled meeting a veteran who served as a former medic in Vietnam. The veteran was awarded five Purple Hearts and told Smith about soldiers dying in his arms, the sense of despair and hopelessness returning with each tragic memory. Smith gave a boy whose father was killed in Afghanistan his lawn mower on the spot.

“The feedback that I’m getting is, they did it because they loved their country,” Smith said. “They would do it again if they had to.”

While growing up, Smith hated cutting the grass in much the same way that most children dislike eating broccoli. That changed for the native New Yorker while he was a student at Alabama A&M University. Smith noticed an elderly man struggling to mow his lawn one day. Smith offered to help.

“[God] was preparing me for that moment,” Smith said.

Smith developed that chance

encounter into the idea behind his foundation. The veterans tour will be his ninth such 50-state odyssey. He did a similar one for veterans last year, but not all of his trips support the military.

Others, for example, have benefited breast-cancer survivors and promoted increasing dialogue between police and the communities they serve.

Smith is excited to get behind the wheel of his 2012 Ford Edge again. He purchased the used vehicle in 2018, when it had only 58,000 miles. All those lonely stretches of road later, Smith still does not mind the drive because of the payoff at each stop.

“They’re everyday heroes,” Smith said of veterans. “They [gave] their all for this country. We need to appreciate them and honor them while they’re here.”

Smith will auction off each lawn mower at the end of the tour and donate the proceeds to charities supporting veterans.

The schedule of cities where Smith plans to be is posted at Raising Men Lawn Care Service. Families with military ties can sign up there by clicking on the “More Info” tab and selecting “Service & Sacrifice.”

This story originally appeared in Military Families Magazine.





**REALTOR**  
**KAITLYNN**  
**EARNEST**

COLDWELL  
BANKER1ST MINOT  
REALTY, INC.  
RESIDENTIAL SALES

Mobile 701-509-0278  
katyearnest@gmail.com



**BEST SMOKED RIBS & BRISKET IN TOWN!**



**Bones**  
BBQ SMOKEHOUSE & GRILL

**FRESH SMOKED MADE FROM SCRATCH RECIPES**

**Catering**  
FOR ANY SIZED EVENT FROM 10 TO 1000 PEOPLE

- BRISKET • RIBS • PULLED PORK
- SMOKED SAUSAGE • BURGERS
- WINGS • FISH N CHIPS

Locally Owned  
1412 2ND AVE SW

*Where the locals go...*  
**MINOT'S BEST KEPT SECRET!**

## Welcome Kelsey Artz, AuD



Kelsey Artz, AuD

A Doctor of Audiology, Kelsey Artz, AuD, is an expert in the prevention, diagnosis, and treatment of hearing and balance disorders. Helping you and your family optimize hearing to enhance relationships and stay involved life’s activities is her goal.

### Hearing Care for the Whole Family

A Bottineau native, Kelsey earned her Bachelor of Science in Speech Language Hearing Science from Minnesota State University-Moorhead. She received her Doctor of Audiology degree at A.T. Still University, Mesa, AZ, and completed her doctoral training at Wake Forest Baptist Health in Winston-Salem, NC. Among her areas of expertise are hearing aids and assistive technology, testing for vertigo and other balance disorders, and support for cochlear implant and bone-anchored hearing devices.

#### Audiology Services

- Prevention, diagnosis, and treatment of hearing disorders
- Complete hearing aid services
- Assessment of vertigo and other balance disorders
- Support for cochlear implant and bone-anchored hearing devices
- Networked with board-certified ENT specialists

Health Center – West  
101 3rd Avenue SW, Minot ND 58701  
For Appointments, Please Call **701-857-5986**



# Astral Knight 2020: Enhancing regional security

U.S. AIR FORCES IN EUROPE & AIR FORCES AFRICA RELEASE NUMBER: 010920

U.S. Air Forces in Europe-led exercise Astral Knight 2020 is scheduled for September in Poland, as well as other locations in Latvia, Lithuania and Estonia.

Astral Knight 2020 is a joint, multinational exercise involving Airmen and Soldiers from the United States working with service members from Poland, Latvia, Lithuania, Estonia and Sweden.

The exercise is an integrated air and missile defense exercise focused on conducting defense of key terrain. Training will involve a combination of flight operations and computer-assisted scenarios.

Aircraft scheduled to participate in the exercise include U.S. Air

Force F-16 Fighting Falcon, F-15 Eagle, KC-135 Stratotanker, KC-10 Extender, E-3 Sentry and B-52 Stratofortress aircraft, as well as Polish F-16, SU-22 and Mi-17 aircraft.

U.S. Army Europe plans to provide soldiers and equipment to operate the Patriot surface-to-air missile system out of Szymany Air Base, Poland.

This exercise aims to develop and exercise an enduring regional integrated air and missile defense architecture, command and control integration, coordination and interoperability of air and land capabilities with overlapping operations into the integrated air and missile defense enterprise.

“Astral Knight 20 builds on the lessons learned from last year’s exercise by enhancing our ability to execute a resilient, integrated air and missile defense enterprise,” said Gen. Jeff Harrigan, U.S. Air Forces in Europe and Air Forces in Africa commander. “By integrating U.S. and ally assets, we are able to build greater awareness, making our capabilities stronger and more resilient.”

This exercise has been long-planned and while we are always ready to adapt to new situations, it is not associated with any current events.

## Late Summer Pests

Continued from page B5

“Buy permethrin-treated clothing at any sporting goods store, wear long sleeves and wear bright colors so you can identify pests on you more quickly,” said Davis.

For those who spend considerable amount of time where ticks are common, it is also important to conduct a tick check with a family member or close friend and properly remove it as soon as possible.

“The safest way to remove a tick is to use a pair of tweezers and slowly remove it from where

it meets the skin,” said Davis. “Do not put anything on the tick or try to burn it off of you since this could cause the trauma to the tick and increase your chances of getting infected.”

“Wash bite locations with soap and water, and apply a topical antibiotic cream to prevent infection where there is a break in the skin,” said White.

Airmen and their families have access to more resources to educate themselves on what they should look out for and how to stay safe. This includes

visiting the Armed Forces Pest Management Board site for up-to-date information. Public health officers at each base can also provide additional guidance.

“Often times people do not perceive that there is a risk and do not take the proper precautions to keep them safe,” said White. “It is vital to not let your guard down, know the potential risk and report any unexplained symptoms to your primary care provider.”

“Best Toys in Town”

**main street BOOKS**  
NEW & USED

NOW SELLING KOMBUCHA ON TAP

**MILITARY ID DISCOUNT!**  
10% Off Everything, Every Day!  
WITH A MILITARY ID

**CHECK OUT ALL THE NEW ITEMS IN STORE!**

OPEN: Monday - Saturday: 10am - 6pm • Sunday: 12n - 4pm  
8 Main St S • Downtown Minot • 839-4050 • www.mainstreetbooksminot.com • mainstreetbooks@srf.com

**DYNAMIC**  
*Auto Solutions LLC*  
Minot, ND

- TIRE SALES & SERVICE
- AUTO REPAIR
- ATV REPAIR
- AUTO ELECTRIC REPAIR
- MOTORCYCLE REPAIR
- AUTO MAINTENANCE
- DETAILING

5220 N BROADWAY, MINOT  
701-852-4556

f

**ROOSEVELT PARK ZOO** presents **JUNGLE JENN**

**BLACK AND WHITE RUFFED LEMUR**

**CREATURE FEATURES**

- They quadrupedally (using all 4 limbs) move about in the trees and are often seen suspending themselves upside down by their hind feet to feed on fruit.
- Lemurs are one of the great pollinators of the world! These Lemurs have developed a fascinating relationship with the Traveler's Palm Tree. When they pull apart the bracts of the tree to forage, the pollen sticks to the Lemur's fur and is carried to the next tree.
- Black and White Ruffed Lemurs are one of the only primates to make nests and commonly give birth to twins or triplets.

**Fact File**

|             |  |
|-------------|--|
| Life Span   | 14 - 16 Years  |
| Weight      | 7 - 10 pounds  |
| Height      | 17 - 22 inches   |
| Tail Length | 22 - 25 inches   |
| Body Length | 20 - 22 inches   |
| Wild Diet   | Domestic: Carrots (Red/Green)<br>Fruit, Leaves, Seeds, Nectar, Flowers |

**CROSSWORD PUZZLE**

|   |  |  |  |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|--|--|--|
| 1 |  |  |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |

**ACROSS**

- Condition of being protected
- Of great weight
- Aches and \_\_\_\_\_
- Large vehicle (abbr.)
- Gaining knowledge

**DOWN**

- Education building
- Things to read
- Flow into a stream
- Person, place or thing

**UPCOMING EVENTS**

**SEPT 22**  
BABY BREW: AMUR LEOPARD

**SEPT 24**  
BUSINESS AFTER HOURS

**SEPT 27**  
NATIONAL BLACK-FOOTED FERRET DAY

**OCT 31**  
BOO AT THE ZOO

**MILITARY DISCOUNT**  
\$5.00 off a \$75.00 Annual Family Pass

**HOURS: OPEN DAILY 10AM-8PM**

**FOLLOW US ON FACEBOOK**

**1219 BURDICK EXPY EAST MINOT, ND**  
**WWW.RPZOO.COM • 701-857-4166**

**Answers:**  
Across: 1. Safety 3. Heavy 4. Pains 6. Limo  
Down: 1. School 2. Books 4. Pour 5. Noun 7. Learning



# B-52s return from flights over the Eastern Mediterranean

U.S. AIR FORCES IN EUROPE & AIR FORCES AFRICA RELEASE NUMBER: 010920

Two B-52 Stratofortress strategic bombers from the 5th Bomb Wing at Minot Air Force Base, North Dakota, operating out of RAF Fairford, England, returned from flights over the Eastern Mediterranean Sea, focused on integration and interoperability training with European allies and partners in the region, Sept. 16, 2020.

"The opportunity for our bomber aircrews to deploy to Fairford and refine their skill sets along with partner nations is an

invaluable experience," said Lt. Gen. Steven L. Basham, United States Air Forces in Europe and Air Forces Africa deputy commander. "Our sustained forward presence in this AOR increases our operational capability and shows our solidarity with NATO."

The flight included long-planned training with Hellenic Air Force F-16, Italian Air Force Eurofighters, Royal Air Force Eurofighters and U.S. Navy P-8 aircraft.

KC-135 Stratotanker aircraft from 100th Air Refueling Wing enabled the long-range strategic Bomber Task Force Europe mission by providing aerial refueling support.

Ongoing bomber missions showcase the Air Force's ability to continue executing flying missions, sustain readiness, and support our allies and partners, regardless of any external challenge to include the current global COVID-19 crisis response. These bomber missions represent

the U.S. commitment to our allies and enhance regional security.

Continuing coverage of this deployment will be available on this website, and on the DVIDS hub at: <https://www.dvidshub.net/feature/bombertaskforceurope>.

For more information, contact Public Affairs at +49 06371-47-6558 or email [usafepao.pao@us.af.mil](mailto:usafepao.pao@us.af.mil) or [usafepa.pastaffdutyofficer@us.af.mil](mailto:usafepa.pastaffdutyofficer@us.af.mil).



A four-ship formation of Greek Air Force F-16 aircraft fly beside a B-52H Stratofortress, assigned to the 5th Bomb Wing at Minot Air Force Base, North Dakota, near Cyprus during a Bomber Task Force Europe mission in the Eastern Mediterranean, Sep. 16, 2020. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.

U.S. AIR FORCE PHOTO | MASTER SGT. BURT TRAYNOR

VINTAGE  
city

MINOT'S HOTSPOT  
FOR ALL THINGS ANTIQUE,  
VINTAGE, & REPURPOSED!  
**2100 SQ. FT.**

Open Thursday  
Friday, & Saturday!

SEPT 24-25-26  
10AM - 5PM

FIND US ON FACEBOOK

701.720.0215  
or  
701.720.4494  
2001 8th Ave. SE Minot

Experience  
God!

Thursdays 7:00pm  
2<sup>nd</sup> + 4<sup>th</sup> Sundays 10:30am  
at the **GRAND HOTEL**

more information available at  
[www.breakforthbiblechurch.com](http://www.breakforthbiblechurch.com)

NEW TO MINOT

LOCALLY OWNED  
BAR & RESTAURANT

Great Food • Great Prices • Great Atmosphere

Menu & Specials On Our Facebook Page  
**ORDER TO GO 701-838-2828**  
1603 35TH AVENUE SW (ACROSS FROM THE YMCA)

2 Winners  
Every Week!

WE'LL BUY  
YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the  
Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

\$25.00 Gift Certificate From  
Badlands Restaurant & Bar

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner!  
Badlands Restaurant & Bar will not share your email information.

No Limit, Enter  
As Many Times  
As You Wish!

DRIVE A  
GREAT  
DEAL  
HOME

|   |   |
|---|---|
| <br><b>2009 BUICK ENCLAVE CXL</b><br><span style="color: green; font-weight: bold;">\$8,998</span>            | <br><b>2019 CHEVROLET TAHOE LT</b><br><span style="color: green; font-weight: bold;">\$41,995</span>      |
| <br><b>2016 BUICK ENCLAVE</b><br><span style="color: green; font-weight: bold;">\$22,995</span>               | <br><b>2015 DODGE DURANGO LIMITED</b><br><span style="color: green; font-weight: bold;">\$17,495</span>   |
| <br><b>2014 CHEVROLET SILVERADO 1500 LT</b><br><span style="color: green; font-weight: bold;">\$19,995</span> | <br><b>2015 FORD F-150 PLATINUM</b><br><span style="color: green; font-weight: bold;">\$32,995</span>     |
| <br><b>2016 CHEVROLET SUBURBAN LT 1500</b><br><span style="color: green; font-weight: bold;">\$35,995</span>  | <br><b>2014 FORD FUSION ENERGI SE</b><br><span style="color: green; font-weight: bold;">\$11,995</span>   |
| <br><b>2019 CHEVROLET MALIBU LT</b><br><span style="color: green; font-weight: bold;">\$18,995</span>         | <br><b>2019 FORD EXPEDITION MAX XLT</b><br><span style="color: green; font-weight: bold;">\$45,995</span> |

WWW.MURPHYMOTORSNEXTTONEW.COM

701-838-2222



# Northern Celebrations

Embracing our  
North Dakota  
Lifestyle

## Welcome to the world of brown ducks

Patricia Stockdill

The opening of waterfowl season – specifically ducks – means a couple of things in North Dakota: For starters, it means hunting season truly is getting into high gear.

Secondly, it means welcome to the world of brown ducks.

You see, the problem with North Dakota's resident waterfowl opener is that a great number of ducks across the state are still brown. Yes, welcome to the world of brown ducks.

North Dakota is a major player in duck production in the Lower 48 States. It's in the heart of the Prairie Pothole Region where rolling hills of grasslands and native prairie are dotted with kettles of wetlands in an array of sizes. That combination means the state raises a significant percentage of mallards, gadwalls, blue-winged teal, and other species.

With a late September opener for those ducks, many ducklings are still getting their adult plumage. And adults are still in the process of molting. Duck identification is always critical to meet state and federal species and sex bag limits and restrictions. It's just that early season in North Dakota can be especially tricky.

The N. D. Game and Fish Department helps make identification easier by including waterfowl identification illustrations in the its upland, waterfowl, and trapping guide.

Hunters also visit the Central Flyway website, ([www.centralflyway.org](http://www.centralflyway.org)) for more information and details (click "Education" on the home page). The Game and Fish guide offers illustrations of the state's most common ducks, views of wings to show coloration, and brief size descriptions but the Central Flyway booklet ramps up the information.

The Central Flyway booklet – which can be downloaded and printed for future reference – illustrates characteristics differentiating diver and puddle ducks. Legs of a puddle duck such as a mallard are centered more in the middle of its body, for example. They tip upside down in the water to feed; rarely diving which is characteristic of diving ducks such as canvasbacks.

Descriptions are also more detailed. It provides links to U.S. Fish and Wildlife

Service videos with actual wing samples to illustrate species differences.

In addition to perusing the Game and Fish hunting and Central Flyway guides, it helps to spend as much time afield watching ducks in flight as possible.

And listening to ducks. Not all ducks sound alike. Just consider that diving ducks have a different quack. In fact, it's not really a quack; it's almost like a growl.

Seriously, divers tend to sound like they're growling, not quacking like a puddle duck mallard.

They don't fly the same, either. Different ducks posture differently when coming into a landing for example. Wing and flight speed also vary. Just consider a canvasback in flight: They seem to be a mission to get from Point A to Point B as if they absolutely, positively have to be someplace at an exact moment. Plus, "cans" don't break flight into a landing until the last possible instance.

That's much different from mallards that seem to enjoy circling around the block...again...and again...and again...and then change their minds.

One tip for hunters: Don't focus so much on breast feather coloration as much as studying wings when afield. For one thing, lighting changes coloration. Instead, look for a side view to see as much of the wing as possible. In reality, looking at the wing is the truest way to identify ducks.

Also look at a duck's bill, if possible. If a hunter can see that greenish-yellow bill, then it's a mallard. Not only that, but it's within range. Bill color also indicates if it's a mallard hen or drake –drakes have yellow-greenish bills while hens have an orangish bill with black mottling. An example of why foot coloring doesn't always indicate a species is the fact that mallards and shovelers both have orangish legs.

Proper duck identification is more than staying legal and hunting responsibly. It helps understand the nuance of the different species and perhaps above all, helps heighten one's appreciation for the entire wetland experience.

# Minot 5/6 Organization Recruiting New Members

The Minot 5/6 Organization is looking to expand membership on the Minot Air Force Base. "The Minot 5/6 is the leading private organization for professional development of NCO's and mentors the Minot Enlisted Airmen's Council" according to Sgt Avery Reeves the Marketing & Public Relations officer for the group. "In addition, we fund and plan CCAF graduations, Staff and Tech release parties that include pictures and all the other details of the event," continues Sgt Reeves.

The Minot 5/6 Organization also funds scholarships as well as organizes and executes fund raisers and community events.

"Right now we have 16 on our Executive Council, but we are always looking for additional members to get involved.

Our goal is to help the local community, and help develop leaders professionally," continues Reeves.

The executive committee for the Minot 5/6 meets the 3rd Friday of every month, and in addition hosts professional seminars the 4th Friday of each month. "This month, the seminar will be on September 25th at 1400 at Rockers, and it's open to everyone," according to Reeves. "Food service will be available if they want to grab something to eat and then attend the seminar. We've had seminars on mentoring and networking; this month's topic will be on finances."

For more information the group has a Facebook page, @56minot.



**STARTS FRIDAY**

**THE LEGO BATMAN MOVIE (PG)**  
**DOLPHIN TALE (PG)**

**HELD OVER**

**PHANTOM OF THE OPERA**  
Musical written by Andrew Lloyd Webber  
(Drama, Musical, Romance) 2004

**FREE POPCORN\***  
**OAK PARK THEATER**

PRESENT THIS COUPON FOR  
**TWO (2) FREE POPCORN**  
**WITH ADMISSION\***

NORTHERN SENTRY

FOR SHOWTIMES  
**WWW.OAKPARKTHEATER.NET**

This special feature is sponsored by:



**WE HIRE VETERANS**

Only the Best Come,  
Live & Stay North

APPLY ONLINE AT  
[www.newkota.com](http://www.newkota.com)

# Relationship Support for Your Service Member

MILITARY ONESOURCE

Although everyone hopes for a happily-ever-after romance, all couples are bound to experience conflict from time to time. Military couples in particular have unique pressures that most civilians do not have to deal with. In fact, relationship issues are the top reason service members and their families seek non-medical counseling support through Military OneSource.

Couples can strengthen their partnership by enhancing communication skills, addressing challenges early, learning how to resolve their differences and developing healthy relationship habits.

If your service member is having relationship problems or is trying to pick up the pieces after a breakup, help is available.

The importance of addressing relationship stress

An unhappy relationship can affect every aspect of a person's life, including their physical and mental health. Studies show that people live longer, healthier lives when they have positive emotional connections. For service members, relationship

issues can affect readiness by making it difficult to stay focused on the mission at hand.

Not everybody is willing to seek help, however. As a friend or family member, you can let your service member know that it's not only OK to reach out for support, it's a sign of strength. Share a time when you were in a similar situation. This will help your loved one understand that problems like theirs are not uncommon. Talk about the ways you and your partner repaired your relationship. Or if your efforts weren't successful, mention how tapping into available resources might have helped.

Help for Relationship Stress

Your service member and their partner can seek help at any stage of their relationship, whether they are just starting out or have been together for many years. Resources for service members include:

Non-medical counseling. Non-medical counselors are experienced professionals who understand the unique issues service members and their

partners face. They will meet with couples or individuals face-to-face, or by phone, online chat or video. Sessions are free and confidential.

Building Healthy Relationships specialty consultations. These consultations focus on the area of a relationship that needs attention. Common issues military couples may seek assistance for include communication refreshers, reconnecting after deployment and staying connected while away. The sessions include coaching, practical tools, resources and problem-solving techniques. The Building Healthy Relationships specialty consultations are free and confidential.

Love Every Day. This interactive tool helps couples practice their communication skills in only a few minutes each day.

Marriage enrichment programs for military couples. Each military service branch offers programs designed to enrich marriage by helping couples develop their communication skills and rekindle their romance. These programs are either low-cost or free.

If your service member or their partner feels unsafe in a relationship, they can reach out to the Family Advocacy Program or call the National Domestic Violence Hotline at 800-787-7224.

Your service member can learn more by contacting Military OneSource at 800-342-9647. International calling options are available for those outside the continental United States.



North Dakota RV Dealer  
#1 Motor Home, Towable  
& Toy Hauler RV Sales

3000 14th Ave SW • Minot, ND  
Hours: Monday - Friday 8:00 am - 5:00 pm  
Saturday 8:00 am - 2:00 pm  
701-838-4343 • 800-488-7896  
www.capitalrv.com



creative property management Inc.

BEAUTIFUL CONDOS & TOWNHOUSES  
FOR RENT

2 AND 3 BEDROOMS AVAILABLE  
WITH ATTACHED HEATED GARAGE

GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE  
STARTING AS LOW AS \$895 A MONTH!

SCHEDULE YOUR SHOWING TODAY!



701-852-5028  
WWW.CREATIVEMINOT.COM



  
Kim Albert Agency  
701-852-1460  
2825 S. Broadway, Suite 2  
abby.martinson@allstate.com

  
Allstate  
You're in good hands.  
© 2019 Allstate Insurance Co.

HAVE FUN AS A  
VOLUNTEER AT

  
ROOSEVELT  
PARK  
ZOO

Calling all adult volunteers  
willing to spend some  
afternoon hours at the zoo.  
Help kids with interactive  
animal encounters with  
our goats: feeding,  
brushing & reading!


CALL US TODAY!

FOLLOW US ON FACEBOOK   
1219 BURDICK EXPY EAST MINOT, ND  
WWW.RPZOO.COM • 701-857-4166


At Great Clips we're great at  
**MILITARY STYLE  
HAIRCUTS**  
...well we are just plain  
great at all haircuts!

Military Discount ~ On Line Check In  
Open at 8 AM Monday - Saturday, Noon on Sunday.

**Great Clips**  
3226 16th Street SW, Suite 200 (701) 858-1811  
GREATCLIPS.COM

  
**BOPPRE  
LAW FIRM**

BRIAN W. BOPPRE | ATTORNEY AT LAW



2151 36th Ave SW • Suite B • Minot, ND  
Phone: 701-852-5224  
www.bopprelawfirm.com

# Child & Youth Education Services School Liaison Office Scholarship Search



RACQUEL LABADIE, GS-11  
SCHOOL LIAISON SPECIALIST  
CHILD AND YOUTH EDUCATION SERVICES



| SSS  | Link  | Application Deadline  |
|--|---|-----------------------|
| AFCEA  | <a href="http://www.afcea.org/site/?q=foundation/scholarships">http://www.afcea.org/site/?q=foundation/scholarships</a>   | Various Opportunities |
| Air Force Aid Society                                  | <a href="https://www.afas.org/general-henry-h-arnold-education-grant/">https://www.afas.org/general-henry-h-arnold-education-grant/</a>   | April 30              |
| Air Force Association Scholarship Program              | <a href="https://www.afa.org/education/scholarships">https://www.afa.org/education/scholarships</a>   | Various Opportunities |
| American Legion Legacy Scholarship                     | <a href="http://www.legion.org/scholarships/legacy">www.legion.org/scholarships/legacy</a>  | Apr 9                 |
| AMVETS National Scholarship Program                    | <a href="http://www.amvets.org/amvets-in-action/scholarships/">http://www.amvets.org/amvets-in-action/scholarships/</a>   | Apr 30                |
| America's Child-Higher Education Assistance            | <a href="http://www.americaschild.org/html/founders.htm">http://www.americaschild.org/html/founders.htm</a>   |                       |
| Anchor Scholarship Foundation                          | <a href="http://www.anchor scholarship.com/">http://www.anchor scholarship.com/</a>   | Various Opportunities |
| Army Aviation Association of America (AAAA)            | <a href="http://www.quad-a.org/scholarship">www.quad-a.org/scholarship</a>  | Apr 2                 |
| Army Emergency Relief Fund                             | <a href="https://www.aerhq.org">https://www.aerhq.org</a>   | Apr 2                 |
| Army Engineer Memorial Awards                          | <a href="http://www.armyengineerspouses.com/army-engineer-memorial-awards-aema.html">http://www.armyengineerspouses.com/army-engineer-memorial-awards-aema.html</a>   | Apr 2                 |
| Army Nurse Corp  | <a href="http://e-anca.org/Scholarships">http://e-anca.org/Scholarships</a>   | Mar 31                |
| Army Scholarship Foundation                            | <a href="http://www.armyscholarshipfoundation.org/scholarships.html">http://www.armyscholarshipfoundation.org/scholarships.html</a>   | Jan 1                 |
| Bonsai Finance   | <a href="https://bonsaifinance.com/veterans-scholarship/">https://bonsaifinance.com/veterans-scholarship/</a>   |                       |
| Chief Petty Officer Scholarship Fund                   | <a href="http://www.cposf.org">www.cposf.org</a>  | May 1                 |
| Children of Fallen Patriots Foundation                 | <a href="http://www.raisenpatriots.org/scholarships-and-grants/">www.raisenpatriots.org/scholarships-and-grants/</a>  |                       |
| Coast Guard Foundation                                 | <a href="https://coastguardfoundation.org/scholarships">https://coastguardfoundation.org/scholarships</a>   | Various Opportunities |
| College Board Scholarship Search Engine                | <a href="https://bigfuture.collegeboard.org/scholarship-search">https://bigfuture.collegeboard.org/scholarship-search</a>   | Various Opportunities |
| College Scholarships                                   | <a href="http://www.collegescholarships.org/scholarships/military-students.htm">http://www.collegescholarships.org/scholarships/military-students.htm</a>   | Various Opportunities |
| Colona Scholarship                                     | <a href="http://cwoausg.org/colona-scholarship/">http://cwoausg.org/colona-scholarship/</a>   | Jun 1                 |
| Daedalian Foundation Descendants Scholarships          | <a href="https://daedalians.org/programs/scholarships/">https://daedalians.org/programs/scholarships/</a>   | Jan 1                 |
| Dependents Education Assistance Program                | <a href="http://www.benefits.va.gov/GIBILL/DEA.asp">http://www.benefits.va.gov/GIBILL/DEA.asp</a>   | Various Opportunities |
| Dolphin Scholarship Foundation                         | <a href="http://www.dolphinscholarship.org">http://www.dolphinscholarship.org</a>   | Mar 15                |
| FastWeb  | <a href="https://www.fastweb.com/">https://www.fastweb.com/</a>   | Various Opportunities |
| Federal Employee Education & Assistance                | <a href="https://feea.org/our-programs/scholarships/">https://feea.org/our-programs/scholarships/</a>   | March 21              |
| Federal Student Aid                                    | <a href="https://studentaid.ed.gov/sa/">https://studentaid.ed.gov/sa/</a>   | Various Opportunities |
| FinAid   | <a href="http://www.finaid.org/">http://www.finaid.org/</a>   | Various Opportunities |
| Fisher House Scholarship Programs                      | <a href="http://www.fisherhouse.org/programs/">http://www.fisherhouse.org/programs/</a>   | Various Opportunities |
| Fleet Reserve Association Educational Foundation       | <a href="http://www.fra.org">www.fra.org</a>  | Apr 15                |
| Folds of Honor Foundation                              | <a href="https://www.foldsofhonor.org/resources/scholarships/">https://www.foldsofhonor.org/resources/scholarships/</a>   | Mar 31                |
| Freedom Alliance Scholarship Fund                      | <a href="http://fascholarship.com/apply/">http://fascholarship.com/apply/</a>   | Various Opportunities |
| Heroes' Legacy Scholarship                             | <a href="http://www.militaryscholar.org/legacy/">http://www.militaryscholar.org/legacy/</a>   | Feb 15                |
| Hope for the Warriors                                  | <a href="http://www.hopeforthewarriors.org">www.hopeforthewarriors.org</a>  | Various Opportunities |
| Horatio Alger Military Veterans Scholarship            | <a href="http://www.scholarships4students.com/horatio_alger_military_veterans_scholarship.htm">http://www.scholarships4students.com/horatio_alger_military_veterans_scholarship.htm</a>                           | Feb 1                 |
| Iraq and Afghanistan Service Grant                     | <a href="https://studentaid.ed.gov/sa/types/grants-scholarships/iraq-afghanistan-service">https://studentaid.ed.gov/sa/types/grants-scholarships/iraq-afghanistan-service</a>                                     | Jan 1                 |
| Keller Scholarship                                     | <a href="http://cwoausg.org/keller-scholarship/">http://cwoausg.org/keller-scholarship/</a>   | Mar 15                |
| Ladies Auxiliary of the Fleet Reserve Association      | <a href="http://www.la-fra.org/scholarship.html">http://www.la-fra.org/scholarship.html</a>   | Apr 15                |
| Marine Corp Scholarship Foundation                     | <a href="https://www.mcsf.org">https://www.mcsf.org</a>   | Various Opportunities |
| Marine Gunnery Sergeant John David Fry Scholarship     | <a href="http://www.benefits.va.gov/GIBILL/Fry_scholarship.asp">http://www.benefits.va.gov/GIBILL/Fry_scholarship.asp</a>   | Varies                |
| Matthews and Swift Educational Trust                   | <a href="http://www.kofc.org/an/en/members/programs/scholarships/index.html">http://www.kofc.org/an/en/members/programs/scholarships/index.html</a>   | Mar 1                 |
| MG James Ursano Scholarship Fund                       | <a href="https://www.aerhq.org/Apply-for-Scholarship">https://www.aerhq.org/Apply-for-Scholarship</a>   | Jan 1                 |
| Military Child of the Year Award                       | <a href="http://www.militarychildoftheyear.org">http://www.militarychildoftheyear.org</a>   | Dec 5                 |
| Military Officers Association of America Scholarships  | <a href="http://www.moaa.org/Content/Benefits-and-Discounts/Education-Assistance/Education-Assistance.aspx">http://www.moaa.org/Content/Benefits-and-Discounts/Education-Assistance/Education-Assistance.aspx</a> | Mar 1                 |
| Military Order of the Purple Heart Scholarship Program | <a href="https://www.purpleheart.org/military-order-of-the-purple-heart-scholarship-program/">https://www.purpleheart.org/military-order-of-the-purple-heart-scholarship-program/</a>                             | Jan 26                |
| Military Spouse Career Advancement Accounts (MyCAA)    | <a href="https://mycaa.militaryonesource.mil/mycaa">https://mycaa.militaryonesource.mil/mycaa</a>   | Various Opportunities |
| Minot Spouses Club                                     | <a href="https://minotsc.com">https://minotsc.com</a>   | March 15              |

Current as of 31 Aug 2020

| SSS  | Link  | Application Deadline  |
|--|---|-----------------------|
| National Merit Scholarships  | <a href="http://www.nationalmerit.org">www.nationalmerit.org</a>  | Various Opportunities |
| National Military Family Association   | <a href="https://www.militaryfamily.org/programs/spouses-scholarships/">https://www.militaryfamily.org/programs/spouses-scholarships/</a>   | Various Opportunities |
| Navy League Foundation   | <a href="https://www.navyleague.org/programs/scholarships">https://www.navyleague.org/programs/scholarships</a>   | Feb 19                |
| Navy-Marine Corps Relief Society   | <a href="http://www.nmcrc.org/pages/education-loans-and-scholarships">http://www.nmcrc.org/pages/education-loans-and-scholarships</a>   | May 1                 |
| Paralyzed Veterans of America  | <a href="http://www.pva.org/membership/scholarship-program">www.pva.org/membership/scholarship-program</a>  | Jun 17                |
| Peterson's Undergraduate Scholarship Search  | <a href="https://www.petersons.com/scholarship-search.aspx">https://www.petersons.com/scholarship-search.aspx</a>   | Various Opportunities |
| Pro Vets Memorial Scholarships   | <a href="http://provets.org/scholarships.htm">http://provets.org/scholarships.htm</a>   | Various Opportunities |
| Post 9/11 GI Bill  | <a href="https://www.benefits.va.gov/gibill/post911_gibill.asp">https://www.benefits.va.gov/gibill/post911_gibill.asp</a>   |                       |
| Princeton Review   | <a href="https://www.princetonreview.com/">https://www.princetonreview.com/</a>   | Various Opportunities |
| Randolph Spouses Club  | <a href="https://randolphspousesclub.wixsite.com/randolphspousesclub/scholarship-criteriainformation?fbclid=IwAR0LohLoc9DUZBYT-AbCk8j8ddZBe8G8LcaPRBBjWW7_mwXmSIE0fqa">https://randolphspousesclub.wixsite.com/randolphspousesclub/scholarship-criteriainformation?fbclid=IwAR0LohLoc9DUZBYT-AbCk8j8ddZBe8G8LcaPRBBjWW7_mwXmSIE0fqa</a> | Mar 1                 |
| Scholarship for Military Children Program (Commissary/Fisher House Foundation) Scholarship | <a href="https://www.militaryscholar.org">https://www.militaryscholar.org</a>   | Feb 16                |
| Special Operations Warrior Foundation College  | <a href="https://specops.org/sponsors/">https://specops.org/sponsors/</a>   | Dec 1                 |
| Student Veterans   | <a href="https://studentveterans.org/">https://studentveterans.org/</a>   | Various Opportunities |
| Tailhook Education Foundation  | <a href="https://tailhook.net/scholarship-application">https://tailhook.net/scholarship-application</a>   | Mar 1                 |
| Teacher Education Assistance for College and Higher Education Grant (TEACH Grant)          | <a href="https://studentaid.ed.gov/sa/types/grants-scholarships/teach">https://studentaid.ed.gov/sa/types/grants-scholarships/teach</a>   |                       |
| THANKS USA   | <a href="https://www.thanksusa.org/scholarships.html">https://www.thanksusa.org/scholarships.html</a>   | May 15                |
| That Others May Live Scholarships  | <a href="http://thatothersmaylive.org">http://thatothersmaylive.org</a>   | Jan 1                 |
| Undergraduate Scholarship Program-CIA  | <a href="https://www.cia.gov/careers/student-opportunities/undergraduate-scholarship-program.html">https://www.cia.gov/careers/student-opportunities/undergraduate-scholarship-program.html</a>   | Various Opportunities |
| Unigo  | <a href="https://www.unigo.com/">https://www.unigo.com/</a>   | Various Opportunities |
| United States Army Warrant Officers Association Scholarship Foundation                     | <a href="http://www.usawoa.org/scholarship/">http://www.usawoa.org/scholarship/</a>   | May 1                 |
| US Air Force ROTC  | <a href="https://www.afotc.com/scholarships">https://www.afotc.com/scholarships</a>   | Varies                |
| US Army ROTC   | <a href="https://www.goarmy.com/rotc/scholarships.html">https://www.goarmy.com/rotc/scholarships.html</a>   | Varies                |
| US Marine Corp ROTC  | <a href="https://www.marines.com/becoming-a-marine/officer/rotc-scholarships.html">https://www.marines.com/becoming-a-marine/officer/rotc-scholarships.html</a>   | Varies                |
| US Veterans Magazine   | <a href="https://www.usveteransmagazine.com/list-of-military-scholarships-for-service-members-spouses-and-dependents/">https://www.usveteransmagazine.com/list-of-military-scholarships-for-service-members-spouses-and-dependents/</a>   | Various Opportunities |
| Veteran Benefits   | <a href="http://www.vets.gov">www.vets.gov</a>  |                       |
| VFW  | <a href="https://www.vfw.org/VOD">https://www.vfw.org/VOD</a>   | Oct 31                |
| VFW Auxiliary  | <a href="https://vfwauxiliary.org/scholarships/">https://vfwauxiliary.org/scholarships/</a>   | Various Opportunities |
| Wings Over America Scholarship Foundation  | <a href="https://wingsoveramerica.us/">https://wingsoveramerica.us/</a>   | Feb 1                 |
| Yellow Ribbon Program  | <a href="https://www.benefits.va.gov/GIBILL/yellow_ribbon/yrp_list_2018.asp">https://www.benefits.va.gov/GIBILL/yellow_ribbon/yrp_list_2018.asp</a>   |                       |

This listing is not all inclusive.

Every attempt has been made to ensure this information is up to date and accurate, however scholarship/grant opportunities/deadlines may change at any time.

No Federal Endorsement Intended



Contact Minot AFB School Liaison Specialist  
Racquel Labadie  
mafbschool.liaison@us.af.mil  
Duty Cell- 701-240-2380  
Office- 701-723-2838

#milkids #MILfan #scholarships

DISCLAIMER: The appearance of hyperlinks does not constitute endorsement by U.S. Air Force of non-U.S. Government sites or the information, products, or services contained therein. U.S. Air Force does not exercise editorial control over all of the information that you may find at these locations.

For a worldwide listing of School Liaison Programs please visit <https://dodca.edu/partnership>. These professionals are standing by willing to assist with your FreK-12 educational needs for your military-connected student.

**CALL AHEAD AND TAKE OUT • DELIVERY AVAILABLE!**



**301 40TH AVE SW MINOT, ND**  
**701-858-0777**

**WWW.MIMEXICOMINOTND.COM**

AUTHENTIC MEXICAN FOOD

# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## FOR SALE

**PEAVY AMPLIFIER NASHVILLE 1000.** Excellent condition. \$100.00. Call 7018396493

Sept 25

**FIVE SHELF BOOKCASE WITH SLIDING GLASS DOORS.** Very Old Oak Miniature Camel Back Trunk. Vintage Solid Wood Marantz Stereo Cabinet, Old Tractor Seat & Horse Hames Stool Chair, Vintage Hammond Chord Organ, Works Fine. Questions Call 701-626-2712.

tfm

## REAL ESTATE

Find **ALL listed homes for sale in Minot and the surrounding areas at www.brokers12.com.**

tfm

## FSBO MOHALL ND

2010 Mfd home 28x64 has 2 decks, 3 bdrm, 2 bath, office, 2 car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Price Reduced! Call/text for details, pictures, & to see. 701-228-4089 or 701-228-4190.

tfm

## FOR RENT OR SALE

**20 MINUTES TO MINOT AND THE MINOT AIR FORCE BASE** 2 and 3 bedroom mobile homes for sale or rent from \$695 per month - includes lot rent and utilities. Located in Deering, ND. 701-502-0554.

TFM

## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

tfm

## TRANSPORTATION

**I BUY CARS OR HAUL JUNKERS AWAY FOR FREE -** Call Karz 4-U at 240-9172.

tfm

**\$\$\$ QUICK CASH \$\$\$** Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

tfm

**NORTHERN AUTO AUCTION**  
1st & 3rd Saturday Every Month!  
Approx. 75-100 Cars, Pickups, Trucks, Etc.!  
Bring vehicles & title to auction yard  
**BUY or SELL!**  
All units sold AS-IS condition  
Terms: Cash or check supported by a bank letter of credit  
Auctioneers: Clint Beeter, Lic. #199 & Kevin Beeter, Lic. #464 - Clerk Lic. #199  
3035 Valley St., Minot, ND 58701  
701-838-3733 or 1-800-210-8995

## UPCOMING EVENT



**September 26** 10 AM - 6 PM  
**September 27** 10 AM - 3 PM  
**Sleep Inn, Minot**  
Door Prizes Daily, Gold Coin Giveaway, Free Gifts for Kids, Free Appraisals

9/25/20

## FLEA MARKET

**MOVING NEED CASH?** Sell your used/unwanted items at **MAGIC CITY FLEA MARKET, OCT 10 & 11, State Fairgrounds.** Info 701-340-7930.

tfm

## RUMMAGE SALE

A Little Bit Of Everything...  
With A Lot Of Savings!

## 4R HOME THRIFT

**2031 N Broadway**

Furniture, Tools, Movies, Misc. & Interesting Items

Monday - Saturday - 8:30 AM to 6 PM  
Sunday - 12 PM to 5 PM

**15% Military Discount!**

<https://www.facebook.com/4rhomethrift>

## PROFESSIONALS

### LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT

www.marykay.com/1clouse.  
701-839-0475 or 701-721-0475.

tfm

## HELP WANTED

### IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

tfm

### THE NORTH DAKOTA NATIONAL GUARD

have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

tfm

### LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace.

Apply in person at:  
605 27th St SE, Minot ND 58701  
Or contact: Matt Mackey  
By email or phone at  
mmackey@kalixnd.org  
701-852-1014

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

tfm

## SUDOKU SOLUTION

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 1 | 2 | 3 | 6 | 4 | 7 | 5 | 9 |
| 3 | 5 | 9 | 8 | 7 | 2 | 4 | 6 | 1 |
| 6 | 4 | 7 | 5 | 1 | 9 | 3 | 8 | 2 |
| 4 | 8 | 6 | 2 | 5 | 1 | 9 | 7 | 3 |
| 7 | 9 | 3 | 6 | 4 | 8 | 2 | 1 | 5 |
| 5 | 2 | 1 | 9 | 3 | 7 | 8 | 4 | 6 |
| 1 | 7 | 5 | 4 | 9 | 3 | 6 | 2 | 8 |
| 2 | 3 | 4 | 1 | 8 | 6 | 5 | 9 | 7 |
| 9 | 6 | 8 | 7 | 2 | 5 | 1 | 3 | 4 |

**\$1.00 CLASSIFIEDS!**

\$3.00 for Classifieds with photo  
Active Military & Dependents only

Sign-up online at  
[northernsentry.com](http://northernsentry.com)

OFFER ONLY AVAILABLE WHEN BOOKING ONLINE

**northernsentry**

## BASE ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Fall 2020 term (19 Oct-20 Dec). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation and MS Management. Please email your registration request & any inquiries to minot@erau.edu To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking phone number: 904-513-9734.

### COLUMBIA COLLEGE

#### ONLINE COURSE SCHEDULE - ASYNCHRONOUS

Learn on your own, weekly assignments requirements by instructor Please verify technology requirements

- Late Fall Session (term 20FALL2) 8 week session. Session dates: Monday, October 26 - Saturday, December 19, 2020. Registration dates: Monday, July 6 - Sunday, October 25, 2020. Late registration dates: Monday, October 26 - Wednesday, October 28, 2020

#### VIRTUAL EDUCATION COURSES - SYNCHRONOUS

Student and instructor are online anywhere at the same time/set schedule. Please verify technology requirements.

- Late Fall Session (term 20FALL2) 8 week session Session dates: Monday, October 26 - Saturday, December 19, 2020 Registration dates: Monday, July 6 - Sunday, October 25, 2020

Late registration dates: Monday, October 26, 2020 - Wednesday, October 28, 2020

Please call to schedule an appointment. 701-727-8386. Linde L. Paige, M.S.A., Program Coordinator

### PARK UNIVERSITY MINOT -

Your degree, Your way. Now enrolling for Fall classes starting August 17. Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222| 844-884-8612|darlene.thomas@park.edu PARK. YOU

## ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

### BAGGERS WORK FOR TIPS ONLY

- ADULT HOURS**  
Tuesday-Friday 7am-4pm  
• Later start times available but must be able to stay until 4pm & Sunday 11am-6pm

- TEEN HOURS**  
Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm  
• Morning start times rotate & vary

**PLEASE SPEAK TO CHARLIE AT THE COMMISSARY IF INTERESTED OR LEAVE CONTACT INFORMATION WITH CUSTOMER SERVICE.**

## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | T | A | M | P |   | C | I | L | I | A |   | A | X | L |   |   |
| O | W | N | E | R |   | U | P | E | N | D |   | R | A | E |   |   |
| S | I | N | G | E | R | D | O | N | N | A |   | A | N | D |   |   |
| A | G | E |   | P | O | D |   | T | S | P |   | R | A | G |   |   |
|   |   |   |   | O | P | A | L | S |   |   |   | T | R | A | D | E |
| D | E | C | L | I | N | E | I | N | S | T | A | T | U | S |   |   |
| E | V | A | D | E |   |   |   | L | E | T | O | N |   |   |   |   |
| W | E | B | S |   |   | S | E | E | D | Y |   | S | A | N | D |   |
|   |   |   |   | A | S | P | E | N |   |   |   | B | O | R | E | R |
| N | U | C | L | E | A | R | C | A | L | A | M | I | T | Y |   |   |
| A | N | I | T | A |   |   |   | E | G | A | D | S |   |   |   |   |
| T | I | N |   |   | N | F | L |   | R | I | O |   | A | R | F |   |
| U | T | E |   |   | C | O | I | L | E | D | M | E | T | A | L |   |
| R | E | M |   |   | E | R | N | I | E |   |   | E | V | O | K | E |
| E | R | A |   |   | S | T | E | E | D |   |   | N | A | M | E | D |

# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

|   |  |  |  |  |
|---|--|--|--|--|
| <p><b>Little Flower Catholic Church</b><br/>800 University Avenue West<br/>838-1520</p> <p><b>Mass Schedule</b><br/>Saturday ..... 4:30 pm<br/>Sunday ..... 8:30 &amp; 10:00 am</p> <p><b>Fr. Ken Phillips, Pastor</b><br/>www.littleflowerminot.com</p>  | <p><b>St. Peter The Aleut Eastern Orthodox Church</b></p> <p><b>109 6th St. SE Minot • 838-3094</b></p> <p>September 26<br/>No Vespers<br/>September 27<br/>Sunday Congregational Prayer Service 10 AM</p>   | <p><b>BF</b><br/><b>Break Forth BIBLE CHURCH</b></p> <p>Thursdays 7:00pm<br/>2<sup>nd</sup> + 4<sup>th</sup> Sundays 10:30am<br/>at the <b>GRAND HOTEL</b><br/>www.breakforthbiblechurch.com</p>   | <p><b>Trinity Church</b></p> <p><b>An Evangelical Free Church</b><br/>3500 4th St. SW • 839-5127<br/>(Just North of Super Wal-Mart)</p> <p>Sunday School &amp; Fellowship ..... 9:00 a.m.<br/>Worship ..... 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>   | <p><b>Bible Fellowship Church</b></p> <p>Worship Service at 10:45am Sundays<br/>Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot 838-0916</b><br/>MinotBibleFellowship.org</p>   |
| <p><b>Faith United Methodist Church</b></p> <p><b>5900 Highway 83 N, Minot www.faithumcminot.com</b></p> <p><b>Pastor Ken Mund 701-838-1540</b></p> <p>Sunday School (All Ages): 9:45 a.m.<br/>Sunday Coffee Fellowship: 10:30 a.m.<br/>Worship Services: Sunday 11 a.m.</p>  | <p><b>Minot Baptist Church</b></p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m.<br/>Morning Worship ..... 11:00 a.m.<br/>Evening Worship ..... 6:00 p.m.<br/>Wednesday Evening ..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i><br/><b>500 46th Ave NE • 839-1351</b><br/>Pastor David Miller</p>   | <p><b>Cornerstone Presbyterian Church</b></p> <p><b>1000 NE 3rd Street 852-0315</b></p> <p><b>Sunday Schedule</b><br/>Contemporary Worship ..... 9:00am<br/>Sunday School (All Ages) ..... 10:00am<br/>Traditional Worship ..... 11:00am</p> <p><b>Wednesday Evening Schedule</b><br/>Community Dinner ..... 5:30-6:30pm<br/>Contemporary Worship ..... 6:30pm<br/>Youth Group &amp; Small Groups.. 7:15pm</p> <p><b>All are Welcome!</b><br/>www.ecominot.org</p> | <p><b>Congregational UCC</b><br/>430 N. Broadway • 839-1064</p> <p>Sunday Worship ..... 11am<br/>Sunday School ..... 11am<br/>Tuesday Bible Study ..... 12pm<br/>Saturday Noah's Breakfast .. 9:30am</p> <p>Please join us, all are welcome here!</p> <p><b>UNITED CHURCH OF CHRIST</b></p>  | <p><b>St. Mark's Lutheran Church</b><br/><i>Missouri Synod</i></p> <p><b>Sunday Worship 9:30 AM</b></p> <p><b>2209 4th Avenue NW Minot, ND 839-4663</b><br/>Reverend Philip Beyersdorf</p>   |
| <p><b>Immanuel Baptist Church</b></p> <p><b>1615 2nd St. SE Minot • 839-3694</b></p> <p>Sundays:<br/>Worship ..... 10:00 a.m.</p> <p>Wednesdays:<br/>Soup Kitchen .... 11:30 a.m. - 12:30 p.m.</p> <p><b>Brian T. Skar, Pastor</b><br/>www.ibcminot.org</p>   | <p><b>Apostolic Faith Church, UPCI</b></p> <p><b>2929 19th Ave NW • Minot</b><br/>Located off Hwy 83 Bypass West<br/><b>(701)838-0609</b></p> <p>Saturday School ..... 2:00 p.m.<br/>Sunday Worship ..... 3:30 p.m.<br/>Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>  | <p><b>St. John the Apostle Catholic Church</b></p> <p>2600 West Central Ave • Minot, ND 58701<br/><b>839-7076</b></p> <p>Daily Mass Schedule:<br/>Tuesday ..... 5:15 p.m.<br/>Wednesday - Friday ..... 7:00 a.m.<br/>Saturday ..... 5:00 p.m.<br/>Sunday ..... 8:00 &amp; 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i><br/>Parish website: www.stjohnminot.com</p>  | <p><b>First Lutheran Church - ELCA</b><br/>120 5th Ave. NW<br/>852-4853</p> <p>Saturday Worship ..... 5:00 pm<br/>Sunday Worship.. 8:30 am &amp; 11:00 am<br/>Sunday Education ..... 9:45 am<br/>Wednesday Supper ..... 5:00 pm<br/>Wed. Worship &amp; Education ..... 5:45 pm</p> <p>www.firstlutheran.tv<br/>(Live Stream &amp; Recorded)<br/>Radio Broadcast KRRZ 1390AM<br/>Sunday 8:30 am<br/>www.flcminot.com<br/>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>  | <p><b>Gospel Tabernacle Community Church</b></p> <p>9999 27th St NE<br/>4 miles south of MAFB<br/>James W. Henderson<br/>Anna B. Henderson</p> <p><b>Church: 701-838-4492</b><br/><b>Home: 701-838-5759</b><br/><b>KHRT 1320: 9 a.m. Sunday</b></p> <p>Sunday School ..... 9:45 a.m.<br/>Adult/Children Worship.. 11 a.m.<br/>Family Hour ..... 6:30 p.m.<br/>Evening Worship ..... 7:30 p.m.<br/>Bible Study/Child-Adult<br/>Children Worship (Wed).... 7 p.m.<br/>Prayer (Friday) ..... 7 P.m.</p> |
| <p><b>Bethany Lutheran</b><br/>215 3rd Ave. SE, Minot, ND<br/>Phone: 838-5196<br/>A Member of the ELCA</p> <p>Sunday Worship ..... 8:30 &amp; 10:30 am<br/>Sunday Fellowship ..... 9:30 am<br/>Wednesday Church School ..... 5:45 pm<br/>Wednesday Worship ..... 6:45 pm</p> <p>Website: www.bethanylutheranminot.com<br/>Email: bethanylutheran@srt.com<br/>Live Streaming: bethanylutheran.tv<br/>Pastor Janet Hernes Mathistad<br/>Pastor Gerald Roise</p> | <p><b>First Baptist Church</b><br/>200 3rd St. SW • 852-4533<br/>www.fbcminot.org</p> <p>Classic Worship Service ..... 8:30 a.m.<br/>Adult Sunday School ..... 9:45 a.m.<br/>Contemporary Worship Service .. 9:50 a.m.<br/>Children's Church ..... 9:50 a.m.<br/>Sunday School (All Ages) ..... 11:00 a.m.<br/>Contemporary Worship Service.. 11:05 a.m.<br/>Wed. AWANA (Sept. to May) ..... 6:30 p.m.</p> <p><b>Rev. Kent Hinkel, Senior Pastor</b><br/><b>Rev. Barry Seifert, Associate Pastor</b><br/><b>Pastor Sam Kautzmann, Student Ministries</b><br/><b>Elaine Carlson, Children's Ministry Director</b></p> | <p><b>Cross Roads Baptist</b></p> <p><b>Southern Baptist Convention</b></p> <p>Sunday School (all ages) ..... 9:45 a.m.<br/>Sunday Worship ..... 11 a.m. &amp; 6:30 p.m.<br/>Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org<br/>email: minotcrbc@gmail.com<br/><b>Dr. Bob Farmer- Pastor</b></p> <p>415 28th Ave SE (Behind Menards)<br/>838-1873</p>   | <p><b>West Minot Church of God</b><br/><i>Family Worship Center</i></p> <p><b>1105 16th St. NW • 839-1407</b></p> <p>Sunday School ..... 9:30 a.m.<br/>Sunday Worship ..... 10:30 a.m.<br/>Children's Church &amp; Nursery<br/>Wednesday Family Training Hour<br/>Meal ..... 5:30 p.m.<br/>Classes for All Ages ..... 6:30 p.m.<br/>Youth Center, Friday ..... 7:00 - 11:00 p.m.<br/>ABC Child Care Center ..... 852-6352</p> <p>westminot.com<br/>facebook.com/westminot</p>  |  |
| <p><b>Vincent United Methodist Church</b></p> <p><b>1024 2nd St. SE • 838-4425</b><br/><i>Behind Town &amp; Country Shopping Center</i><br/>open hearts...open minds...open doors!</p> <p>Traditional Service ..... 9:00 am<br/>Contemporary Service ..... 10:30 am<br/>Kid's Church ..... 10:30 am</p> <p><b>Pastor Matt Scherbenske</b><br/>www.vincentumc.com</p>  | <p><b>OUR REDEEMER'S CHURCH</b><br/><i>A Church of the Lutheran Brethren</i></p> <p>Thursdays:<br/>Worship ..... 6:30 p.m.</p> <p>Sundays:<br/>Worship ..... 8:30 a.m. &amp; 10:45 a.m.</p> <p><b>700 16th Ave SE • 701-838-0750</b></p> <p>For more information visit us on the web at:<br/>www.ourredeemers.org</p>  | <p><b>Chapel Services at MAFB</b></p> <p><i>Protestant (North Plains Chapel in Base Housing)</i><br/><b>Contemporary Service</b><br/>Sunday Worship ..... 1000</p> <p><b>Gospel Service</b><br/>Sunday Worship ..... 1130</p> <p><i>Catholic Mass (Northern Lights Chapel across from Rockers)</i><br/>Sunday ..... 1000<br/>Daily ..... Monday-Thursday at 1200</p>   | <p><b>ORCS Preschool</b></p> <p>Our Redeemer's Christian School's Preschool Program will be starting it's 33rd year the fall of 2020 and we would love to have your child be a part of it!</p> <p><b>NOW ACCEPTING REGISTRATIONS FOR THE 2020-2021 SCHOOL YEAR</b></p> <p><b>HIGHLIGHTS OF OUR PROGRAM</b></p> <ul style="list-style-type: none"> <li>• Time-tested curriculum including STEM and Language Arts activities as well as Free Play</li> <li>• 2 and 3 day options available</li> <li>• Kindergarten readiness skills practiced each session</li> <li>• All teachers hold a North Dakota Professional Educator's License</li> <li>• Christ-centered environment</li> </ul> <p>Please contact our school office or visit our website for more information.<br/><b>701.839.0772</b><br/>Email: jschultz@orcsknights.org<br/>Website: www.orcsknights.org</p> |  |
| <p><b>First Assembly of God</b><br/>1805 2nd St. SE<br/>838-1111</p> <p>Morning Worship ..... 8:30 a.m.<br/>Sunday School ..... 10 a.m.<br/>Morning Worship ..... 11 a.m.<br/>Wednesday Family Night..... 6:30 p.m.</p>   | <p><b>OUR REDEEMER'S KNIGHTS</b></p> <p><b>Our Redeemer's Christian School</b><br/>700 16th Avenue SE<br/>Minot, ND 58701<br/>info@orcsknights.org • 701-839-0772<br/>www.orcsknights.org</p>  | <p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$7.00 a space / per week</b></p>  |  |  |

we've got the church you've been looking for  
*Your life matters to God!*



# Let's Plan Your Party!

**Blake Krabseth**  
Comedian / Magician  
Great for Parties and Conventions  
701-720-1786  
magic@blakekrabseth.com  
**BLAKEKRABSETH.COM**

## Birthday PARTIES

X-TREME OR OPEN BOWLING

**SUPER PARTY**

• 2 Hour Party for up to 10 People  
• Shoe Rental  
• Pop and Ice Cream  
**\$155+tax**  
\$12 for each additional person

**MEGA PARTY**

• 2 Hour Party for up to 10 People  
• Shoe Rental  
• 2 - 16" Pizzas, Pop and Ice Cream  
**\$185+tax**  
\$15 for each additional person

**ALL PARTIES INCLUDE:**  
Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
You bring the cake and the kids!  
NO OUTSIDE FOOD OR BEVERAGES ALLOWED.

1901 NORTH BROADWAY MINOT, ND  
NORTHHILLBOWL.COM

FOR RESERVATIONS PLEASE CALL **852-4108**

## Party Room

FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!

We have a party space available for all of your fun!  
Call for details!

**109 South Main St. Minot 701.837.8555**

## BOOK YOUR PARTY!

**Birthdays, Private Movie Events, Family Gatherings**

Monday-Thursday  
Time Slots Available:

- 10 AM-12:30 PM
- 1 PM-4 PM
- 6 PM-10 PM

Email for details: [alatoakpark@gmail.com](mailto:alatoakpark@gmail.com)  
**WWW.OAKPARKTHEATER.NET**

## High Air Ground

TRAMPOLINE PARK

**10% OFF ANY PARTY PACKAGE**

Must be booked by 12-31-19. Not good with any other discounts or promotions. Must mention "Northern Sentry" when booking. Packages starting at \$130.

1250 4th Ave NW | Minot, ND 58703  
**701-837-JUMP**  
**WWW.HIGHAIRGROUND.COM**

# BUSINESS & PROFESSIONAL Directory

### AUTOMOTIVE

**MBM AUTO SERVICE**  
Minot's Service Specialists  
**PARTS & SERVICE**  
We Specialize In:

**1215 Valley St. 838-9607**  
Next to Action Wrecking

### AUTOMOTIVE

**ACTION AUTO WRECKING**

Free Parts Locating service

1215 Valley St., Minot  
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not  
Selling new, used and rebuilt parts.

Phone 852-2470 or Toll Free 1-800-533-5904 • Fax 838-7627

### REAL ESTATE

BUY OR SELL ONLY WITH THE BEST!

**BROKERS12 REAL ESTATE**

#SOLD WITH US!

**BROKERS12.COM**

## Thank You FOR YOUR SERVICE!

Serving Our Military (Active, Reserves and Veterans) and Saving Them Money on a Home.

It's our way to say Thank You.

**HomesForHeroes.com**

**Lucas Knight**  
Signal Realtors

p: (701) 852-3505  
c: (701) 720-9163  
e: Lucas@SignalRealtors.com  
w: MinotHomeSearch.com

### AUTOMOTIVE

**QUICK CASH!!**  
Running & Non-Running Cars & Trucks

**Edwardson Sales 839-9512**  
We also sell cars \$500 - \$1500  
Give Us A Call!  
Will Haul Junk Cars Free Of Charge

### HOBBY SHOP

**AEROPORT HOBBY SHOP**  
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.

**838-1658**  
2112 N. Broadway • Minot, ND  
Ask for Eva • www.airporthobby.com

### STORAGE UNITS

**NORTHERN PRAIRIE CONDOS & STORAGE, INC.**

Military Discounts - Best Rates  
24 Hour Access  
701-720-1093

Convenient North Location for Both Base & Minot Customers

### ACCOUNTANT

**BradyMartz**  
Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
[www.bradymartz.com](http://www.bradymartz.com)

## northern sentry

Feature your business here for as little as \$9.00 per week!

For more information call 839-0946 or email: [sentrysales@srt.com](mailto:sentrysales@srt.com)

MINOT AIR FORCE BASE NEWSPAPER  
[WWW.NORTHERNSENTRY.COM](http://WWW.NORTHERNSENTRY.COM)

©2020 Northrop Grumman



**It's impossible to  
improve the world's  
greatest deterrent.  
Until it's not.**

**NG7**  
NORTHROP GRUMMAN

[ngc.com/gbsd](https://ngc.com/gbsd)