

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 58 • ISSUE 51 | MINOT AIR FORCE BASE | FRIDAY, DECEMBER 18, 2020

## WHATS INSIDE THIS WEEK:



MINOT'S HEROES BEHIND THE MASK

A3



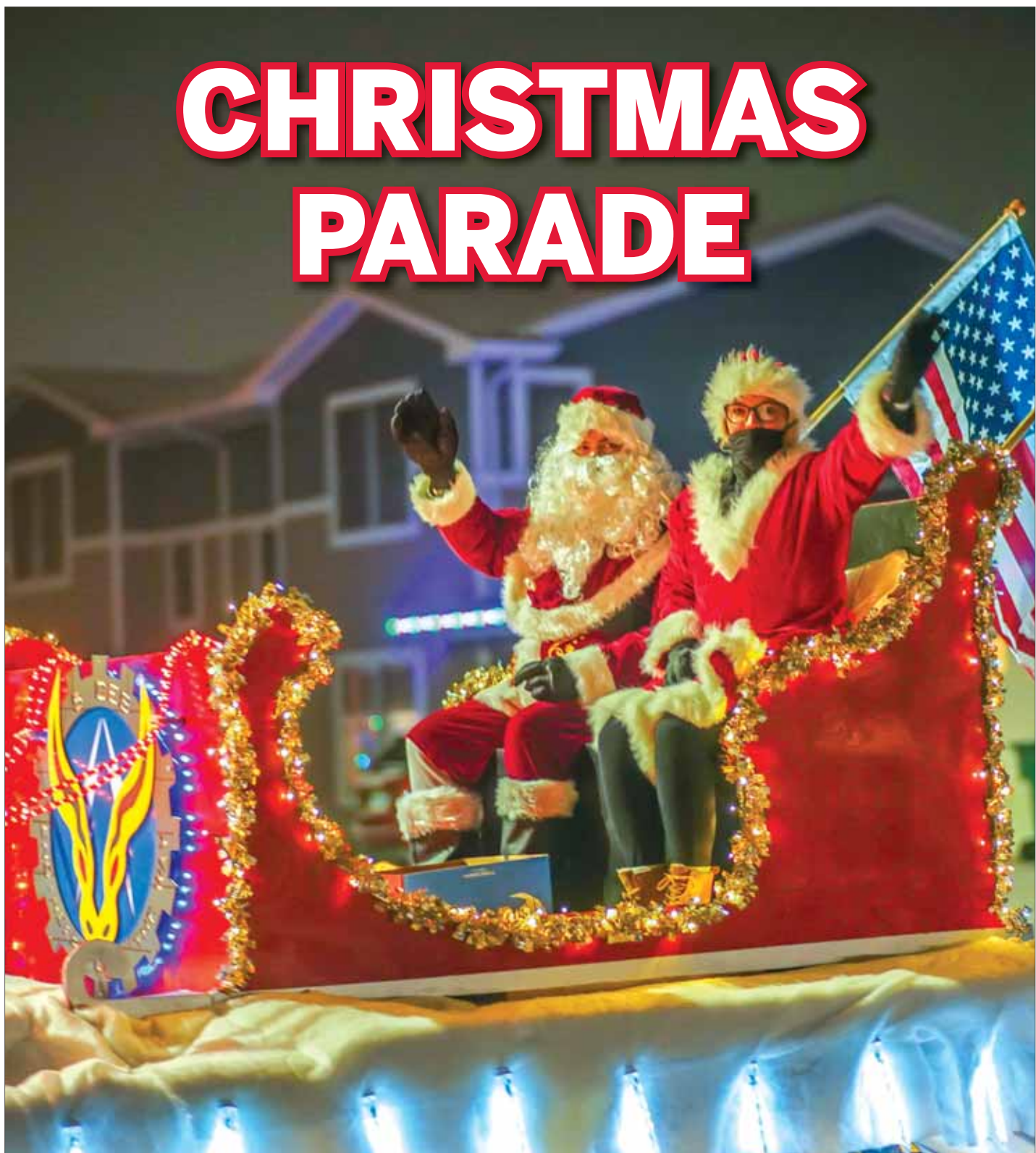
ALS 21-A GRADUATION

A6



TEAM MINOT'S CHIEF PROMOTION CEREMONY

A7



Minot 5 CES held a Holiday Parade on Friday, December 11 through base housing. Santa's Sleigh passed in front of every house bringing everyone lots of cheer. This event was partnered with 5 SFS, 91 MMXS, Minot AFB Homes & 54 HS. See page B4 for more coverage.

U.S. AIR FORCE PHOTOS | MINOT AFB PA



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DETAILS ON PAGE 4



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Minot AFB Videos



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# ESC Grand Opening

5TH FORCE SUPPORT SQUADRON MARKETING, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

The 5th Force Support Squadron is excited to announce the grand opening of Minot Air Force Base's ESC on Sunday, December 20th starting at 1:30PM! The ESC, or Entertainment Social Center, is the new hub for virtual and tabletop gaming located right inside Bomber Bistro and open to ages 18 & up. Featuring state of the art gaming PCs and consoles, board games, a theater viewing area, and more, the ESC is definitely the place to be! Awesome prizes and giveaways will be held throughout the day, so you definitely won't want to miss out on the unveiling of this new space!

The Call of Duty: Black Ops

Cold War tournament will kick off at 2:00PM with commentary by special guest voice actor Steve Blum! Though he's best known for providing the voices of Spike from Cowboy Bebop, Zeb from Star Wars Rebels, and Tank Dempsey from Call of Duty, Steve has brought many characters to life in multiple cartoons, movies, and games. For a complete filmography of Steve's work, check out <https://www.imdb.com/name/nm0089710/>.

Think your team has what it takes to win the COD Tournament? Hurry and get registered by sending [zane.smith.1@us.af.mil](mailto:zane.smith.1@us.af.mil) an email with your team name and each team member's name. Teams must have 5 players and can have 1 substitute.

Multiple game demonstrations and tutorials will be presented by various MAFB gaming clubs throughout the day. Not only that, but stop in to check out the Sci-Fi Screening Party in the theater viewing area, presented by the Science Fiction Films Club!

Let us know you'll be there on our Facebook event where you can watch for updates and send an invite to any game-loving friends! <https://www.facebook.com/events/2799035917034592>

This event is sponsored by STRATA Corporation and USAA. No Federal Endorsement of Sponsors Intended.

The ESC will be open until 9PM and is only open to adults ages 18+. We can't wait to see you there!



**ENTERTAINMENT SOCIAL CENTER  
GRAND OPENING • 20 DECEMBER**

**DOORS OPEN AT 1:30 PM • OPEN TO ADULTS AGE 18+  
PRIZES AND GIVEAWAYS THROUGHOUT THE DAY**

**CALL OF DUTY: BLACK OPS COLD WAR ESPORTS TOURNAMENT • STARTS AT 2:00 PM**  
EMAIL [ZANE.SMITH.1@US.AF.MIL](mailto:ZANE.SMITH.1@US.AF.MIL) TO REGISTER YOUR TEAM  
INCLUDE TEAM NAME AND EACH TEAM MEMBERS NAME IN THE EMAIL  
TEAMS MUST HAVE 5 PLAYERS AND CAN HAVE 1 SUBSTITUTE

**TOURNAMENT COMMENTARY BY SPECIAL GUEST STEVE BLUM, THE VOICE ACTOR OF SPIKE FROM COWBOY BEBOP, ZEB FROM STAR WARS REBELS, TANK DEMPSEY FROM CALL OF DUTY, AND MANY OTHER CARTOONS, MOVIES, AND GAMES. FOR A MORE COMPLETE FILMOGRAPHY, PLEASE VISIT [HTTPS://WWW.IMDB.COM/NAME/NM0089710/](https://www.imdb.com/name/nm0089710/)**

**SPECIAL GAME DEMONSTRATIONS AND TUTORIALS  
PRESENTED BY VARIOUS MINOT AFB GAMING CLUBS**

**SCI-FI SCREENING PARTY  
PRESENTED BY THE SCIENCE FICTION FILMS CLUB**  
SPONSORED BY

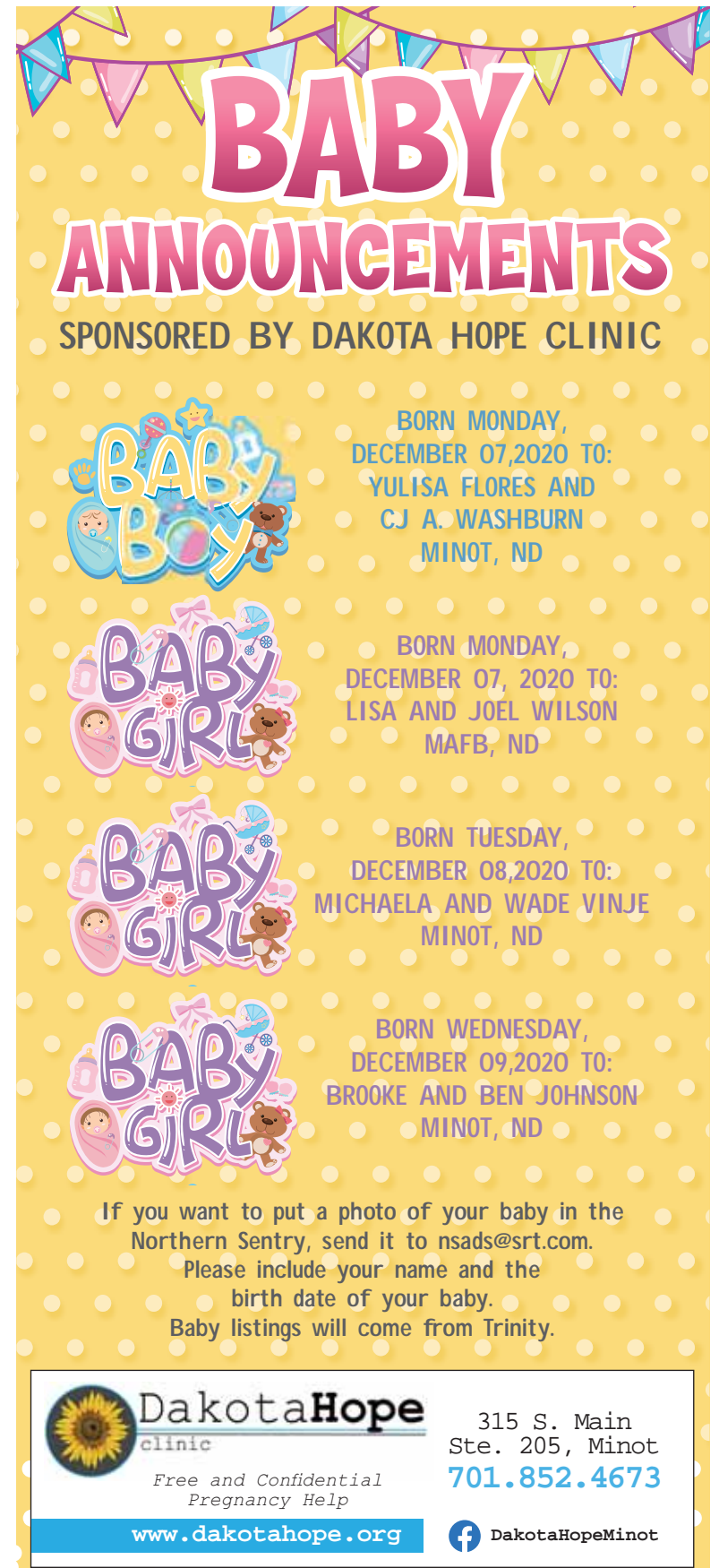
**STRATA** **USAA**

**ESC CENTER SOCIAL**

**MINOT AIR FORCE BASE  
5TH FORCE SUPPORT SQUADRON**

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The Entertainment Social Center, ESC, is set to open December 20, 2020.



**BABY ANNOUNCEMENTS**  
SPONSORED BY DAKOTA HOPE CLINIC

**BORN MONDAY, DECEMBER 07, 2020 TO:  
YULISA FLORES AND  
CJ A. WASHBURN  
MINOT, ND**

**BORN MONDAY, DECEMBER 07, 2020 TO:  
LISA AND JOEL WILSON  
MAFB, ND**

**BORN TUESDAY, DECEMBER 08, 2020 TO:  
MICHAELA AND WADE VINJE  
MINOT, ND**

**BORN WEDNESDAY, DECEMBER 09, 2020 TO:  
BROOKE AND BEN JOHNSON  
MINOT, ND**

If you want to put a photo of your baby in the Northern Sentry, send it to [nsads@srt.com](mailto:nsads@srt.com). Please include your name and the birth date of your baby. Baby listings will come from Trinity.

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- We require a two week notice to the event to cancel regular scheduled shows

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Stop by the box office

# Minot's Heroes behind the Mask

1ST LT RYAN J. WALSH, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

As COVID-19 restrictions reach into the ninth month, operations at Minot Air Force Base have not stopped due to the diligent and innovative efforts of the 5th Medical Group. Throughout 2020, the medical team and augmentees have met the challenges of COVID head on, allowing Team Minot to meet the demands of the mission. The Medical Group has implemented innovative ways to provide medical care and mitigate COVID exposure.

In order to expand COVID testing capabilities at the clinic, the 5th MDG teamed up with the 5th Civil Engineering Squadron to convert a garage into a drive up/walk through testing station. Additional coordination established trailers just outside the COVID testing garage to aid in treating those with COVID symptoms without exposing personnel in the main medical building. Both the garage and trailers are fitted with air filtration systems as well to reduce airborne COVID transmission.

With on-going disease spread, the need for timely and consistent COVID testing was also identified. The medical team established routine weekly pre-deployment testing for ICBM operators and Missile Security teams. This effort ensures our ICBM force is healthy and nuclear mission capable at all times.

The 5th Operational Medical Readiness Squadron's Dental Flight worked along-side flights such as Facilities and Bioenvironmental Engineering to install air scrubbers and establish supplementary measures to ensure the safety of patients and staff for dental visits. These efforts were especially effective to mitigate aerosol-generating

dental procedures. Additionally, zippered doors were installed to enclose patient rooms and maintain the cleanliness of the air of the dental clinic. Continuous air sampling ensures effective ventilation and air changeover to reduce potential COVID transmission.

Additionally, the 5th OMRS Public Health team transitioned to a seven day operations schedule to conduct contact tracing for all positive cases and close contacts. Public Health expanded their team by 25 percent using medical personnel from other sections and other active duty volunteers to meet the case load. They often work into the night to ensure that all positive cases are contacted and isolated the same day test results are in.

The 5th Healthcare Operations Squadron's Pharmacy team combated patient exposure by developing a drive up pharmacy. This allows patients to receive their medications while minimizing traffic in the medical building. The Laboratory team also transitioned to seven day operations, allowing COVID testing and processing to continue without interruption. They can process hundreds of COVID tests per day and ensure timely results are delivered back to patients and primary care managers.

When it comes to having to treat those dealing with symptoms, the primary care teams (doctors, physician assistants, nurses, technicians) deliver direct care for COVID

patients. They work tirelessly in full protective gear to listen to lungs and hearts, evaluate patient symptoms, and test and treat them as well. Having this high quality and timely care on base reduces the number of patients who may need urgent or emergency department care. Additionally, primary care providers increased their virtual appointment availability. This allows patients to talk to their providers about medication or chronic conditions from home without increasing physical exposure. Even non-primary care providers have transitioned to support the COVID care effort. For example, the 5th MDG physical therapists cover acute musculoskeletal needs

which frees up primary care providers to triage respiratory symptoms associated with COVID. The 5th MDG provides support to both on and off base beneficiaries. If an off base resident requires on base COVID testing, the medical team works with the 5th Security Forces Squadron to adjust gate operations to allow beneficiaries on base while minimizing exposure to main gate defenders. This includes notifying the gate personnel of the vehicles and other identifiers for those who would be coming on base for testing. Taking all these additional precautions and steps allow the continuation of those beneficiaries to receive care and keep our defenders safe from exposure.

Looking beyond standard appointments and medical needs, the 5th MDG continued to adapt to meet demands of both exercises and deployments. Public Health worked closely with those deployed during RED and GREEN FLAG exercises as well as the Bomber Task Force during their 14 day Restriction of Movement. They went above and beyond from established requirements to ensure proper symptom tracking and the wellness of all those deployed

During the operational readiness exercise GLOBAL THUNDER, Public Health adjusted exercise operations to minimize potential spread for participants. They analyzed areas for potential risk and implemented new maximum occupancy recommendations as well as pre-exercise restriction of movement to prevent COVID infiltration into the exercise. The 5th Bomb Wing led coordination with the 2nd Bomb wing to optimize mitigation methods during all exercise operations. Though COVID-19 has brought many challenges for all of us, the mission never stops. In these unprecedented circumstances it is important to not overlook all those who work non-stop to keep giving high-quality medical care and enable our people to accomplish the mission. The people of the 5th MDG remain persistent in confronting new and existing COVID-19 hurdles. As things continue to change and new obstacles develop they will continue to adjust to overcome them and keep Team Minot strong.

Next Friday on Dec. 18th 2020, we will be honoring our medical professionals for a Medical Professionals Appreciation Day to highlight all the incredible and tireless work they have done in the battle against COVID-19.



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Col. Christopher E. Menuey

91st Missile Wing Vice Commander:

Col. Barry E. Little

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www.minot.af.mil

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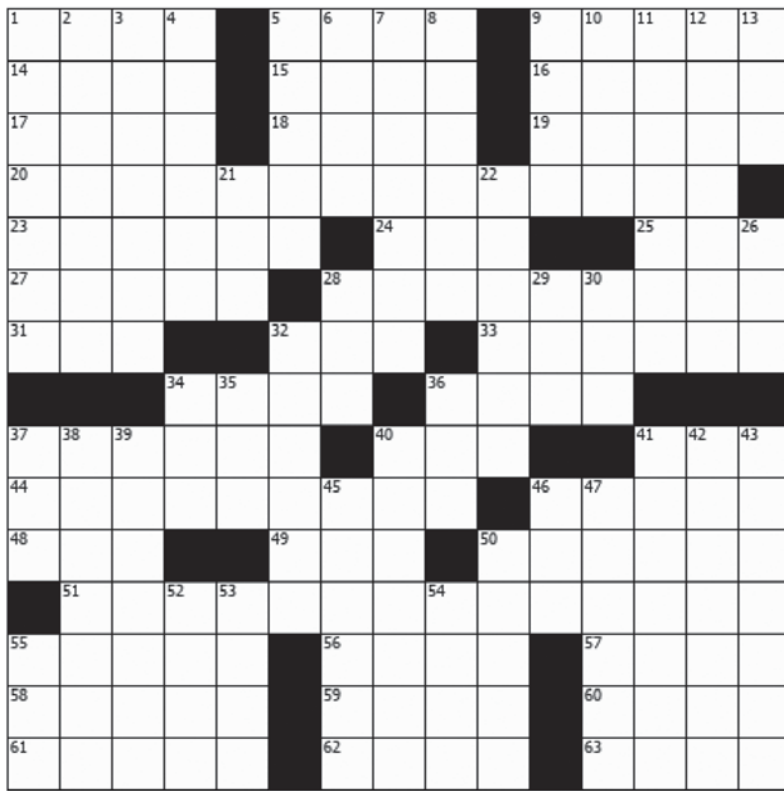
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# CROSSWORD PUZZLE

**Across**

- 1. Ruler of Qatar
- 5. Divan
- 9. Cousins of the elites
- 14. Fancy fabric
- 15. OT book
- 16. Apple variety?
- 17. Prominent periods
- 18. String instrument
- 19. Bottled spirit
- 20. Ocean racers
- 23. Dogged
- 24. "Now do you believe me?"
- 25. H, in Greece
- 27. First appearance
- 28. Fantastic but vain hope
- 31. Southdown male
- 32. Engraved stamp
- 33. Chic
- 34. End of a hammerhead
- 36. State of constant change
- 37. Stands by for
- 40. Fixed cost
- 41. Way or wife beginning
- 44. Golf scoring format
- 46. Like an old bagel
- 48. Works in the Prado
- 49. "\_\_\_ the ramparts . . ."
- 50. Blanche's sister
- 51. Like a blimp
- 55. Tropical eel or Scottish county
- 56. \_\_\_ avis
- 57. Heading on Santa's list
- 58. Lineage
- 59. Antiquated oath
- 60. Mythical fertility goddess
- 61. Bewilder
- 62. Feature of St. Peter's
- 63. Stone paving block



**Down**

- 1. College member who votes for president
- 2. Islands explored by Magellan in 1521
- 3. Early 20th century poetry movement
- 4. Used car deal
- 5. Hoarded
- 6. Skip
- 7. It's played under the table
- 8. In dreamland
- 9. When doubled, a Pacific capital
- 10. Start of an invention
- 11. Soldier's flask
- 12. 1997 Spielberg movie
- 13. NNW's antithesis
- 21. Soak thoroughly
- 22. Bailey of the comics
- 26. Ms. Vanderbilt
- 28. Word with bobby or clothes
- 29. R&B's \_\_\_ Hill
- 30. Much-studied T.
- 32. Totalitarian ruler
- 34. Photo
- 35. Ordinal number suffix
- 36. Whimsical
- 37. M.D.'s org.
- 38. Would-be dictator
- 39. Dressed
- 40. Motley mix
- 41. A feeling of discomfort
- 42. Not permitted
- 43. Most precious
- 45. Looked askance
- 46. B&O stop
- 47. Court sport
- 50. What some trees provide
- 52. Dumbarton denizen
- 53. Robert Louis Stevenson villain
- 54. Airport conveyance
- 55. Corp. exec's degree

## SUDOKU

	1						2	
		3			4			
5				6				7
		8			7			5
		9				4		
6			3					
				5	8			4
			9			6		
7	2							1

Solution to puzzle on page B10

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## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

C	A	P	E	K		M	A	S	T		N	O	D	E
A	N	O	L	E		B	L	A	H		A	R	E	A
D	I	L	L	Y	D	A	L	L	Y		M	A	C	S
			S	E	W	T	I	M		B	L	O	T	
C	B	S		D	E	L	I	V	E	R	Y			
R	I	C	H		L	I	M	A		A	P	A	R	T
U	G	L	I		L	E	E		S	P	A	D	E	S
S	T	E	P	H	E	N		O	U	T	M	O	D	E
T	O	R	P	O	R		R	I	B		B	R	A	T
S	P	A	Y	S		G	E	N	S		Y	E	N	S
			D	E	E	R	S	K	I	N		S	S	E
A	N	T	I		T	E	E		D	E	B			
R	E	A	P		H	E	N	N	Y	P	E	N	N	Y
C	A	R	P		E	N	D	O		A	M	E	B	A
S	T	A	Y		R	E	S	T		L	A	T	C	H

### REEL TIME THEATER

### MOVIE SCHEDULE

FRIDAY DEC 18 1900

SATURDAY DEC 19 1300

SATURDAY DEC 19 1900

SUNDAY DEC 20 1600

SUNDAY DEC 20 1900

## MONSTER HUNTER

(PG-13)

“ When Lt. Artemis and her loyal soldiers are transported to a new world, they engage in a desperate battle for survival against enormous enemies with incredible powers. Feature film based on the video game by Capcom. ”

# Festive Pets Can Earn Minot AFB Shoppers \$3,000 in Exchange Gift Cards during Holiday Photo Contest

MINOT AIR FORCE BASE EXCHANGE

MINOT AIR FORCE BASE, N.D. – The howl-idays are the most wonderful time of the year, and the Army & Air Force Exchange Service and the J.M. Smucker Co. invite military shoppers at Minot Exchange to share photos of their pets celebrating the season for a chance to win \$3,000 in prizes.

From Dec. 1 through Dec. 31, Minot AFB Exchange shoppers 18 years and older can submit photos of their pets decked out in holiday attire or with Santa Paws—er, Claus—for a chance to win. Two grand-prize winners each will be awarded \$500 Exchange gift cards, and eight runners-up will each receive \$250 Exchange gift cards in the worldwide contest.

“This contest is an annual favorite with Exchange shoppers,”

said GM Brian Read. “Military families at Minot AFB can celebrate the season in style and have a chance to win a prize in the process.”

Shoppers, including honorably discharged Veterans, can visit [ShopMyExchange.com/](http://ShopMyExchange.com/) sweepstakes to enter. No purchase is necessary to win. Entries must be sent as a JPG, PNG or PDF and include the pet’s name, the entrant’s legal first and last name, mailing address, email address, phone number and Minot AFB Exchange location. Limit one entry per person.

Entries will be judged on originality, creativity and adherence to the contest’s theme. Winners will be notified on or around Jan. 31.



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## BADLANDS RESTAURANT BAR

# Upcoming Events

**18-19 DEC** FESTIVAL OF THE ARTS 2020 SALE ALL DAY EVENT  
Virtual Event  
Taube Museum of Art Facebook Page

The Festival of the Arts is open through December 19! The Taube is offering in store purchases, online ordering through Facebook and Instagram, curbside pickup, shipping, and FREE delivery on orders of \$100+



For more information: Facebook Event / Festival of the Arts 2020 Sale

**19 DEC** NINE STICKS OF BUTTER AT THE MARKET ON 4TH  
10:00 AM  
The Market on 4th  
1900 4th Ave NW, Minot

Nine Sticks of Butter will be joining us on Saturday, December 19th for some Christmas fun. She will be setting up with her beautiful baked cookies! Hurry in because it's while supplies last and her products are AMAZING!



For more information: Facebook Event / Nine Sticks of Butter at The Market!

**21-22 DEC** SCHOOL'S OUT DAY CAMP  
8:30 AM - 5:00 PM  
Roosevelt Park Zoo  
1215 E Burdick Expy, Minot

When school is out, camp is in! Campers can join us for winter themed activities, games, animal encounters, zoo walks, and more. Activities will be held inside the Zoo's auditorium located inside the Visitor Center with a visit into the zoo (weather dependent).

Times: Morning (8:30am-12:30pm), Afternoon (12:30pm-5:00pm), Full Day (8:30am-5:00pm) / Ages: 5-10 / Fee: Half Day- \$20 for zoo-members | \$25 for non-members / Full Day- \$40 for zoo-members | \$50 for non-members  
(Price is per person. Registration is needed for each day.)  
To register your child, visit [www.rpzoo.com](http://www.rpzoo.com)



For more information: Facebook Event / Roosevelt Park Zoo / School's Out Day Camp

**23 DEC** SANTA SKATE  
4:00 PM - 8:00 PM  
Maysa Arena  
2501 Burdick Expy W, Minot

Minot Parks will be hosting a Santa Skate on Wednesday, December 23rd at 4:00 pm & 6:00 pm at the MAYSA Arena Pepsi Rink.

Showing: The Santa Clause  
- All ages are welcome  
- \$5 to skate / \$5 skate rentals  
Join us this holiday season for some festive indoor fun!



For more information: Facebook Event / Maysa Arena / Santa Skate

**24 DEC** VIRTUAL CANDLELIGHT SERVICE  
5:00 PM  
Virtual Event  
West Minot Family Worship Center Facebook Page

We currently plan to hold our annual Christmas Eve candlelight service. This service is for the entire family and all are welcome. We look forward to seeing you there to celebrate the holiday with us!



We will also have the service live on Facebook on our page:  
[www.facebook.com/westminot/live](http://www.facebook.com/westminot/live)

For more information: Facebook Event / West Minot Family Worship Center

## On Base

**Holiday Extravaganza**

27 December 2020  
Jimmy Doolittle Bryant Center

Enjoy an afternoon of Laser Tag, Foot Darts, and Mini Golf!  
Indoor fun for the whole family!

Register for your time slot at:  
<https://tjgmp.com/ga/2020PWR>

Each time slot is limited to 50 guests.  
1:00 PM - 1:45 PM • 2:00 PM - 2:45 PM  
3:00 PM - 3:45 PM • 4:00 PM - 4:45 PM

For more information, call the Jimmy Doolittle Center at (701) 723-3731

**12 days of Christmas Bowling**

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17 & under bowl for \$2.25 per game  
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Dec 10 - 12 & 17 - 19 from 1100 - 1400  
Dec 21 - 23 & 28 - 30 from 0900 - 1400

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For more information visit: [www.5thforcesupport.com](http://www.5thforcesupport.com)

**NOTHING BEATS SUNDAY BRUNCH**

SERVING FROM 10AM - 2PM

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**ALS 21-A GRADUATION**  
Airmen from Team Minot graduate from ALS on Dec. 3, 2020. ALS is a course where Airmen promoting to an NCO position will learn leadership and management skills. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTO | MINOT AFB PA

**North Hill BOWL X-TREME BOWLING**  
FRIDAY & SATURDAY

**OPEN BOWLING**  
MONDAY-THURSDAY 10AM-6PM  
SATURDAY NOON-6PM  
CLOSED SUNDAYS

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# Back Talk

Soldiers Benefit from Regular Access to Chiropractic

Pain and suffering experienced by military men and women all over the world reaches the stages of an epidemic. The rigor of training, physical demands of duty, and the unique levels of stress experienced by most military men and women increase the likelihood of pain and other health challenges. No other profession deserves adequate attention and care for both health and bodies like the men and women of the military. The current standard of care for active and veteran soldiers meets mediocre levels at best. Far too many service men and women receive inadequate care that usually consists of addicting prescription drugs that never address the underlying sources of pain and dysfunction.



Musculoskeletal injuries significantly affect the health and operational readiness of active military personnel. Musculoskeletal injuries represent one of the most prevalent battle and non-battle related injuries in the active duty military. Musculoskeletal conditions associate with lost productivity, lost duty days, and impact the ability to deploy.

**Three Reasons Why Our Military Deserve Access To Chiropractic Care:**

- 1) Chiropractic care increases range of motion, flexibility, performance, and function.
- 2) Chiropractic adjustments help soldiers heal and recover faster and more completely so they can push themselves harder and more consistently in training.
- 3) Chiropractic care helps soldiers deal with day to day physical and mental stress without the need for long term medication and drug use.

Chiropractors assess conditions related to the spine, nervous system, and joints while also providing diagnosis, prevention, and treatment of chronic and painful conditions. Two recent randomized trials reported pain relief, reduced disability, and greater satisfaction when patients added chiropractic care to their usual medical routine when compared to only using medical interventions to manage low back pain. Chiropractic proves to be worth invaluable when evaluating the most important aspect of any healthcare intervention: results. One study reported that active duty military personnel reported a 94% satisfaction rate amongst those receiving chiropractic care. The brave men and women in the United States military make incredible sacrifices to serve and protect others. They deserve the finest physical and mental health care available. That solution does not come from a bottle of pills. They deserve chiropractic.

Most military men and women who seek care for physical or emotional pain receive a prescription for medication. When less potent medications like non-steroidal anti-inflammatories (NSAIDs) fail to provide healing from pain and injury, doctors provide more addictive and potent drugs like opioids. Thousands of honorable servicemen and women end up walking this path. Active and veteran soldiers comprise of one of the most prevalent populations to be prescribed opioids at unprecedented levels. Organizations offer drug rehabilitation and recovery groups for the very method of physical and mental rehabilitation and recovery that doctors prescribe for these wounded warriors.

*All the best to you and yours in great health,*



Dr. Willy Fielhaber



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**TEAM MINOT'S CHIEF PROMOTION CEREMONY**  
 On Dec. 8, 2020, nine senior master sergeants promoted to the rank of chief master sergeant. They were joined by their friends and families on stage. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA



MINOT AIR FORCE BASE, N.D. -- Congratulations to the Team Minot senior master sergeants selected for promotion to chief master sergeant! Air Force officials have selected 518 senior master sergeants for promotion to chief master sergeant out of 2,763 eligible for a selection rate of 18.75 percent in the 20E9 promotion cycle.



- 5th Bomb Wing  
 SMSgt Gerald Bellew - 5th Aircraft Maintenance Squadron  
 SMSgt Ryan Thompson - 5th Aircraft Maintenance Squadron  
 SMSgt William Ipock - 5th Munitions Squadron  
 SMSgt Jim Ulrich - 5th Munitions Squadron  
 SMSgt Shiona Meyer - 5th Comptroller Squadron  
 SMSgt Mark Coffelt - 5th Bomb Wing  
 SMSgt Wilfred "AKA" Freddie Morgan - 5th Civil Engineer Squadron  
 SMSgt Miranda Minshew - 5th Force Support Squadron
- 91st Missile Wing  
 SMSgt Howard "AKA" Ray Smith - 91st Maintenance Group

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# WHAT'S GOING ON MAFB

## TODAY 18

- Rudolph's Relay Tournament, Fitness Center
- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP (DoL), 0800-1600, A&FRC – Online Zoom Meeting
- 12 Days of Christmas Bowling Special, 1700-2000, Rough Rider Lanes
- Torch Club, 1730, Youth Center – Online Zoom Meeting
- Zumba, 1730, Fitness Center
- Keystone Meeting, 1800-1900, Youth Center – Online Zoom Meeting
- Mixed Fun League, 1830, Rough Rider Lanes
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## SATURDAY 19

- Rudolph's Relay Tournament, Fitness Center
- Family Bowling, 1000-1400, Rough Rider Lanes
- Winter STEAM Challenges, 1000, Minot AFB Library Facebook Page
- Youth Bowling League, 1000, Rough Rider Lanes
- Swerk, 1015, Fitness Center
- 12 Days of Christmas Bowling Special, 1700-2000, Rough Rider Lanes
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

## SUNDAY 20

- Rudolph's Relay Tournament, Fitness Center
- Entertainment Social Center (ESC) – Grand Opening, 1330-2100, Inside
- Bomber Bistro
- Zumba, 1400, Fitness Center

## MONDAY 21

- Rudolph's Relay Tournament, Fitness Center
- HIIT Strength and Conditioning, 0545, Fitness Center
- 12 Days of Christmas Bowling Special, 0900-1400, Rough Rider Lanes
- Swerk, 0915, Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC – Online Zoom Meeting
- Zumba, 1730, Fitness Center

## TUESDAY 22

- Rudolph's Relay Tournament, Fitness Center
- Cycle, 0545, Fitness Center
- 12 Days of Christmas Bowling Special, 0900-1400, Rough Rider Lanes
- Game Day, 1000-1930, Minot AFB Library Facebook Page
- Functional Strength Training, 1700, Fitness Center

## WEDNESDAY 23

- Rudolph's Relay Tournament, Fitness Center
- HIIT Strength and Conditioning, 0545, Fitness Center
- 12 Days of Christmas Bowling Special, 0900-1400, Rough Rider Lanes
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC – Online Zoom Meeting
- Story Time, 1030, Minot AFB Storytime Club Facebook Group
- Squadron Extramural League, 1700, Rough Rider Lanes
- Barre, 1830, Fitness Center
- Swerk, 1930, Fitness Center

## THURSDAY 24

• For full listing of Christmas and New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)

## UPCOMING EVENTS FRIDAY 25

- For full listing of Christmas and New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Christmas Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Christmas Special Dinner, 1430-1800, Dakota Inn Dining Facility

## DINING

**Delivery Options (Hours subject to change)**  
**Bomber Bistro Monday-Friday 1630-2030**

## SATURDAY 26

- Cycle, 0900, Fitness Center
- Winter STEAM Challenges, 1000, Minot AFB Library Facebook Page

**Happy Holidays**

Dakota Inn Dining Facility • December 25th  
 10:30 AM - 1:30 PM • 4:30 PM - 6:00 PM  
**Special Lunch & Dinner Menu**  
 Roast Beef - Ham - Turkey - Mango Cranberry Chutney  
 Brown Gravy - Wild Rice Pilaf - Red Bliss Potatoes  
 Broccoli with Carrots & Red Peppers - Balsamic Roasted Vegetables  
 Assorted Cookies - Assorted Pies - Assorted Cake  
 Kids' Meal: Chicken Tenders - Macaroni & Cheese

## DEC. SPECIALS

- Bomber Bistro • Special Skillet Cookie**  
 Dig in to our fresh out of the oven chocolate chip cookie in an iron skillet topped with vanilla ice cream and a drizzle of chocolate and caramel!  
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- The B-Fifty Brew • Toasted White Mocha, Peppermint Mocha, & Caramel Brulee**  
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- Rockers Bar & Grill • Thursday Special • BBQ Riblet Sandwich**  
 A pork riblet smothered in BBQ sauce and topped with grilled onions.  
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## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- For full listing of Christmas and New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Winter Reading Program: 1 December 2020 – 1 March 2021, Minot AFB Library –  
 Sign up: 1 December 2020 – 15 February 2021  
 Log your reading: 1 December 2020 – 1 March 2021
- Moving Out of the Dorms: One-on-One Appointments: 1-31 December, A&FRC – Call to schedule an appointment.
- FCC Pre-Orientation: One-on-One Appointments: 1-31 December, Family Child Care – Call to schedule an appointment.

**WINTER STEAM CHALLENGES**

Minot AFB Library Facebook Page  
 19 December 2020 - 20 March 2021

Each STEAM challenge will involve an activity kit you can pick up at the Base Library and/or a demonstration video on the Library's Facebook page.

Videos will be posted by 10:00 AM on Saturdays.

Share your results with the Library staff through email at [mafblibrary@gmail.com](mailto:mafblibrary@gmail.com), Facebook, or in person, and win a prize for every 3 challenges you complete!

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### 2021 Hyundai Palisade SE AWD



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### 2020 Hyundai Santa Fe 2.0T AWD



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### JAPANESE SEROW



**Fact File**

Life Span	Up to 20 years
Weight	55 - 305 pounds
Body Length	2.6 - 6 feet
Shoulder Height	1.6 - 3 feet
Wild Diet	Grasses, Caribou (reindeer), Fleshy leaves, Shoots, Acorns, Wood, Bark, Evergreen "leaves"

**CREATURE FEATURES**

- Both male and female Japanese Serow have slightly curved horns that are 3 to 6 inches long.
- They are sure-footed and steady to negotiate the steep rocky slopes of their habit areas on the mountains of the Japanese Islands of Shikoku, Kyushu, and Honshu.
- The Japanese Serow has been known to stand on high lookouts for extended periods. This habit is useful for detecting predators or territorial rivals.
- Due to the Japanese Serow's range, they have few, to no predators other than humans and the Asiatic Black Bear.

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### UPCOMING EVENTS

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# NODAK ARMS

# OUTDOOR

## REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Dec. 14: 1,838.89 feet above mean sea level (MSL); 16,300 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.46 feet above mean sea level (MSL).

Stump Lake elevation: 1,445.45 MSL.

- N.D. Game & Fish Dept. game wardens: No Missouri System, Devils Lake, or north-central area lake reports.

- Devils Lake, Ed's Bait Shop, Devils Lake: Continued activity on northern feeder lakes but ice is variable in some locations. Use caution.

- Devils Lake, Woodland Resort, Devils Lake: Lake slowly gaining ice but main lake remains unfishable yet. Continued activity with fair walleye success on northern feeder lakes and the back part of 6-Mile By but caution is still needed even with more seasonable weather.

- Lake Darling, Karma C-Store, Ruthville: A few anglers starting to walk onto Lake Darling but no reports yet. Some walleye success at Grano. Lake Audubon producing occasional walleye.

- Lake Metigoshe, Four Seasons, Bottineau: Look for a nice evening walleye bite using minnows. Fair pike success with smelt. Bluegill also fair.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Lake Audubon starting to produce walleye activity on the east end. Try jigs and minnows. A few pike mixed in. No activity on Lake Sakakawea's east end back bays with unsafe ice conditions yet. Lake is still open on the east end, as well.

- Lake Sakakawea, Scenic 23, New Town: Main lake remains open around the Van Hook Arm but the ramp is icing in. No ice-fishing activity yet, however.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing walleye off the rocks from shore at night casting crankbaits. Wing walls



- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.
- Darkhouse spearing open on lakes where it is allowed when ice conditions permit safe access.
- North Dakota state parks remain open with trails usable for hiking. Check with individual parks for other available amenities yet this fall, however.
- Dec. 19: Eastern N.D. Canada goose season closes.
- Dec. 24: Western N.D. Canada goose season closes.
- Dec. 26 & 27: Free Fishing Weekend.
- Dec. 31: Elk season closes for all units except Unit E1W.
- Jan. 1: Light goose and tundra swan seasons close.
- Jan. 1: First Day Hike, Fort Stevenson State Park, Garrison, 6 p.m. Contact the park, (701) 337-5576, for details on the lighted hike.

slow. No Lake Sakakawea activity.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Lake Sakakawea starting to gain ice with best walleye activity still around Long Creek and Tobacco Garden. Try 20 feet with jigs or tip-ups and minnows. Ice conditions and water clarity permitting, some darkhouse spearing starting to take place around White Earth Bay and Tobacco Garden. Trenton Lake remains fair for crappie. Blacktail Dam producing nice mix of panfish.

- Lonetree WMA area lakes, Harvey: No reports from area lakes.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Colder weather bringing more anglers out on area lakes but limited reports yet.

### Hunting:

- Upland: Work heavy cover for pheasants with fair to good numbers remain in areas.

- Waterfowl: Birds moved out of the midsection and west end of Lake Sakakawea but some numbers remain along the east end with open water on the main lake yet. Missouri River continues holding good numbers for late season activity.

### Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (800) 472-2121 or (701) 328-9921.

# Airmen of Minot



**AIRMAN ERIC DEANDRE BATTLE**  
MISSILE HANDLING TEAM TECHNICIAN

Airman Eric DeAndre Battle is a missile handling team technician for the 91st Missile Maintenance Squadron. Originally from Hyattsville, MD, he became a member of Team Minot on June 7, 2020. "Minot is a tight-knit family, everyone is willing to help and see you succeed," said Battle. In his position he is responsible for securing and maintaining the transport erectors and missile transporters. The main purpose of the missile handling team is to remove and emplace Minuteman III downstage boosters. Occasionally, Battle and his team conduct roll transfers where they engage in preparations for missile transportation. "My favorite part of the mission is learning about my job and how it affects the bigger picture," said

Battle. "making sure that we're safe and having that feeling of, 'I did that to help other people'." When he is not actively securing or conducting maintenance on either the erectors or transporters, Battle continues studying and training to sharpen his skills and knowledge. "What keeps me motivated is my family from back home and friends that I made here," said Battle. "and I hope I can be an inspiration to the younger generation of my family." When he isn't at work he spends his time as a barber as well as producing music. Additionally, Battle likes to stay active and maintain his physical fitness. Ultimately, he states that his main goal is to ensure his financial security for the future.



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### INGREDIENTS

- 1 LARGE HAM
- 1 CUP APPLE JELLY
- 2 TABLESPOON DIJON MUSTARD
- 2 TABLESPOON BOURBON
- 2 TEASPOON FRESH LEMON JUICE
- 1/2 TEASPOON GROUND CLOVES
- 2 CUP APPLE JUICE OR CIDER

When ready to cook, set Traeger to 325 °F and preheat for 15 minutes. When the grill is hot, place ham directly on the grill grate. Cook for 30 minutes.

Meanwhile, in a small saucepan over medium-low heat, melt the apple jelly. Whisk in the apple juice, mustard, bourbon, lemon juice and ground cloves, then remove from the heat and set aside.

After 30 minutes, glaze ham with the apple bourbon mixture. Continue cooking for another 30 minutes or until internal temperature of thickest part is 135 °F. Remove ham from grill and rest for 20 minutes before serving. Enjoy!

(Recipe can also be baked)



Ryan Davy - GM  
Minot

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# Creating New Holiday Traditions When Your Service Member Is Away

MILITARY ONESOURCE

With your service member away and people around the world avoiding travel and large gatherings because of the COVID-19 pandemic, the holidays may feel different this year.

There are things you can do to help make the holiday special for yourself and those you love, whether your service member is stationed far from home or deployed. Sharing old traditions and creating new ones can keep the holidays fun and meaningful, and help you stay connected.

You are an important influence in your service member's life. Sharing traditions or creating new ones during this time of year shows that you are thinking about and supporting your loved ones. This is meaningful, as they – and you – may be feeling a lot of emotions, whether they express it or not.

### Creating new virtual traditions

With video get-togethers more common since the pandemic started, your service member and other loved ones are probably comfortable with online visits. Think about scheduling one or more virtual get-togethers this season. Add in some holiday fun to make them even more memorable.

Hold a virtual "potluck." No need to bring food to this get-together, just something else to share – a toast, joke, poem or favorite holiday memory.

Create a slideshow of holidays past. Collect photos and short videos from family and friends in plenty of time to create a slideshow or video presentation of seasons past. Use screen-sharing during an online gathering to show the

presentation. Half the fun will be seeing each other's reactions and sharing memories.

Schedule a holiday game night. Create and email bingo cards for guests to print out for a holiday bingo night. Or hold a trivia night of random facts, family history or a combination of both. Look into multiplayer online games that everyone will enjoy and that will create the feeling of being there with each other.

Open presents together. Get together virtually to share the experience of opening presents. If your service member has children, read a holiday story.

Watch your favorite holiday movie at the same time. If possible, watch while using video chat or social media to comment on the best parts in real time. If holiday movies are not your thing, you could choose a television series to stream and talk about.

### Other new traditions to try

Here are some more ideas to bridge the distance gap and celebrate with loved ones. See if they work for you, and share them with others in your service member's network of support.

Design family T-shirts or hats for family members to wear one day around the holidays. Put something meaningful or fun on them and then video chat or text pictures of yourselves wearing them. Send your service member one of the T-shirts or hats ahead of time, so they can wear it on the designated day.

Send a care package or even an experience. Sending a care package is a great way to brighten your service member's holiday season, especially if they are deployed. Or

you might consider sending an experience they may remember over time. Think about giving your service member a round of golf or a gift certificate to a local restaurant.

Create a photo book. Include images of you and your service member, together and apart, from throughout the years. Make a copy for you and send a copy to them as a holiday gift to share and look through together.

Encourage your service member to get together with friends. Missing home may put a damper on wanting to celebrate, but suggesting that your loved one get together safely with buddies and newfound friends can help. Remind them to embrace the local culture whether they are in North Dakota, the Pacific region or somewhere else.

Adopt a foreign holiday tradition. If your service member



is stationed abroad, research the country's holiday traditions and incorporate one or a few into your own.

Volunteer or send a donation on behalf of your service member to a favorite charity. Your service member is serving our nation. Take their lead and volunteer over the holiday season in your local community. Or donate to an organization on behalf of your service member, something that is close to his or her heart.

Send several holiday cards in the same package. Write a different note of appreciation and love in each one. Your service member can open one card a day leading up to the holiday. See these guidelines from the Postal Service to make sure your cards

get there on time.

Send a homemade ornament with pictures of you, children or cherished pets on it.

Check out these other holiday resources from Military OneSource for ideas to help spark new holiday traditions for your family and alert your service member of available resources for the holidays and beyond.

Whatever your holiday plans, make sure you and your service member set realistic expectations ahead of time. Are you expecting to talk over the holidays? Do you want to send presents? Discuss what you want, and make sure it's doable based on your loved one's location and operational situation. And don't forget the postal deadlines.



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**MINOT AFB CHRISTMAS PARADE**

Minot 5 CES held a Holiday Parade on Friday, December 11 through base housing. Santa's Sleigh passed in front of every house bringing everyone lots of cheer. This event was partnered with 5 SFS, 91 MMXS, Minot AFB Homes & 54 HS. More photos can be found on Minot AFB PA Flickr page.

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**A LOOK BACK THIS WEEK IN USAF HISTORY**

**"OPERATION CHRISTMAS KIDLIFT" BRINGS SOUTH KOREAN ORPHANS TO SAFETY**  
 DECEMBER 20, 1950

 During the Korean War, Air Force Chaplains Lt. Col. Russell Blaisdell and Col. Wallace Wolverton set up the Seoul Orphanage Reception Center to provide food, clothing, shelter, and medical aid to approximately 4,000 orphans in the South Korean capital. When Chinese forces began pushing towards Seoul, the chaplains feared for the children's safety in the midst of a war zone. On December 19, 1950, Blaisdell met Col. T.C. Rogers, Fifth Air Force Chief of Operations. Along with Lt. Gen. William Tunner, Commander of Combat Cargo Command, they were able to call in 12 C-54 Skymasters from the 61st Troop Carrier Group. Over 1,000 orphans were airlifted to safety on December 20. Nurses and medics from the 501st Air Evacuation Squadron also provided aid to the children, and most of them were able to make it out of harm's way because of the valiant efforts of the Airmen involved.

Capt. Tone Nobile, a flight nurse, comforts an orphan before the airlift. (USAF Photo)

Information courtesy of: [airforcemedicine.af.mil](http://airforcemedicine.af.mil) / USAF Chronology by D. Haulman, P. Jones, R. Oliver

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# Northern Celebrations

Embracing our North Dakota Lifestyle

## Kicking off a new year with curling

Patricia Stockdill

Sweeping an ice surface with a broom to position a large granite rock in as ideal of position as possible: Welcome to the Northland and the sport of curling.

It's a uniquely "northern thing" but just like anyone learning a new sport or activity, with a little time and patience comes an understanding of curling.

Fortunately for Minot area folks, the Minot Curling Club offers an array of opportunities to learn – and perhaps get hooked – on curling. "It's fairly easy," offered club treasurer Mark Hildahl. Like any other sport, the goal is for a team to score more points than its opponent. But instead of using balls in a variety of shapes like most other sports, curlers employ a curling broom and granite rock on specialized ice.

It's easy to get introduced to curling: The Minot Curling Club offers an open house tentatively scheduled Jan. 4 through Jan. 7, 6:30 p.m. each night. Participants learn the basics of curling – rules and "how to" along with the opportunity to curl. "It's a little bit like shuffleboard on ice but it's a lot more exercise," Hildahl described.

The club also offers "Learn to Curl" events for organizations, businesses, and groups new to curling. The cost is \$170 but includes ice time, instruction, and equipment, Hildahl added.

The club's winter leagues are scheduled to begin in January, Hildahl continued. Normally leagues run from November through April but the Covid-19 pandemic delayed start-up. Covid protocol will be implemented when the league begins and adjusted if needed.

It's an open league, Hildahl explained, with curling beginning at 6:30 p.m. every Monday, Wednesday, and Thursday through the season. Leagues are open to anyone, he added, with children as young as 12 participating and those into their 80's. "We've had curlers into their 90s," he suggested.

Annual club membership includes dues and rink expenses. In addition, equipment is provided.

Leagues are open to spectators, as well. Typically the club has 15 to 20 teams participating in league play and there are often 40 people on the ice at any one time.

The club hosts two tournaments throughout the year: Its February Winterfest Bonspiel held in conjunction with Minot's Winterfest and the Shirt Sleeve Bonspiel takes place the last weekend in March.

Hildahl said the club is working with the Minot Air Force Base to launch a base league with play taking place twice monthly.

Covid concerns shouldn't be an issue, Hildahl offered. Social distancing is typically the norm in curling. Plus it takes place in an arena with indoor temperatures around 30 degrees – and it's on ice.

Curling doesn't require a major investment of gear or clothing. Hildahl recommends anyone interested in learning and participating simply wear clean, running-type shoes if they don't have curling shoes, sweatshirt, gloves – any kind will do – and loose-fitting pants because of moving and bending.

The specialization of curling comes into play with its ice surface and rock, which is specialized granite. Curling ice isn't the same as skating or hockey ice. It's highly maintained and extremely smooth.

While anyone of any curling skill level can participate, the captain of a curling team – the "skip" – is typically the team leader and most experienced curler. That person is the team commander, of sorts. Knowing and understanding what the rock does – "reading" it – comes with experience.

Much like reading greens on a golf course – experience and time are the best teachers.

The Minot Curling Club began in 1905. The North Dakota Fairground ice arena has been its home since 1962. Hildahl grew up curling. His parents curled; he began at age 11. But one doesn't have to have a live-long vested interest in curling to participate. "It's very sociable, strategic, and it's good exercise," he described.

Information about the Minot Air Force Base league, its open leagues, open house, and "Learn to Curl" opportunities are available by calling the club and leaving a message, (701) 838-3452, log onto their website, (www.minotcurling.com), or Facebook page, (www.facebook.com/MinotCurlingClub).

This special feature is sponsored by:



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# Youth In Action



RACQUEL LABADIE, GS-11 SCHOOL LIAISON SPECIALIST CHILD AND YOUTH EDUCATION SERVICES



The Chief of Space Operations invites you and our United States Space Force teammates across the nation to participate in an educational outreach opportunity, focused on getting our nation's elementary school students excited about pursuing a STEM education. The team will be hosting a virtual DeSTEMber outreach event for 3rd – 6th grade students. The lesson is comprised of a ~12 minute video, and Question and Answer session following from a USSF member. Our combined team of space and public affairs professionals created

a 20-30 minute virtual curriculum with video that we tested in 10 elementary school classrooms last week, and the feedback was overwhelmingly positive! The goal is to break down some of the mystery about our new military branch while making STEM accessible to our diverse population.

The event will occur on Friday, December 18 at 1300. Please call the School Liaison at 701-240-2380 or send an email to [mafb.school.liaison@us.af.mil](mailto:mafb.school.liaison@us.af.mil) for log-in details.

## 2020-2021 MPS CALENDAR



### IMPORTANT UPCOMING DATES

- December 9**  
Early Release Day
- December 21**  
Parent/Teacher Comp Day - No School
- December 22 - January 3**  
Vacation - No School
- January 4**  
Classes Resume
- January 18**  
Prof. Development Day - No School for Students  
Martin Luther King Jr. Day

- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days

December 2020							14 days	
S	M	T	W	T	F	S		
		1	2	3	4	5		
6	7	8	9	10	11	12		
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28	29	30	31				

January 2021							19 days	
S	M	T	W	T	F	S		
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24/31	25	26	27	28	29	30		

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# COVID-19 Update: The Exchange Keeping Minot AFB Community Safe with Distance Shopping

MINOT AIR FORCE BASE EXCHANGE

Minot Exchange – The Army & Air Force Exchange Service is making sure Minot AFB Airmen and military families can get the critical products they need while maintaining physical distancing in a safe environment during the COVID-19 pandemic.

For contactless shopping, ShopMyExchange.com is always open. Authorized Exchange shoppers with installation access can use the buy online, pick up in store service to reduce contact with others while getting what they need. The Minot AFB Exchange has also implemented curbside pickup.

Personnel on installations can get fresh meals at Minot AFB Exchange restaurants which are carry out only. Foot decals spaced 6 feet apart on the floor at stores and restaurants remind shoppers to keep a safe distance between themselves and others.

Reducing cash transactions in favor of MILITARY STAR®, credit or debit cards is limiting the need to handle cash, which can transmit bacteria and viruses.

This protects both shoppers and associates, as do the acrylic shields recently installed at Exchange registers throughout the installation. The Exchange is also expediting the shipment of reusable, washable facemasks for all Minot AFB Exchange store



The Exchange is honored to support the Minot AFB military community...

MINOT AFB EXCHANGE GM BRIAN READ



associates. Associates awaiting the arrival of the masks are encouraged to make their own in accordance with the surgeon general's guidelines.


"The Exchange is honored to support the Minot AFB military community," Minot AFB

Exchange GM Brian Read said. "As long as Airmen are serving us, the Exchange is serving them."

Additional measures include thorough and frequent store cleanings, such as:

- Disinfecting customer service and sales points multiple times daily at all facilities.
  - Halting product sampling
  - Routinely cleaning all facilities and restrooms
- At its restaurants, the Minot AFB Exchange has:
- Increased handwashing frequency for associates
  - Increased frequency of cleaning/disinfecting customer touchpoints
  - Closed dining rooms at command request and is offering take-out only
  - Removed condiments from dining rooms

"The safety and well-being of Minot AFB Exchange shoppers and associates are our top priorities," GM Brian Read said. "We are 'family serving family.'"



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**Monitor Technicians**

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---

**Contact Us**

**Jay Campbell**  
Talent Acquisition Specialist  
708-763-6708  
jcampbell@westsubmc.com

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**AIRMEN COOKIE DRIVE**  
Minot Air Force Base Key Spouses, Minot Chamber of Commerce, and the Minot AFB First Sergeants came together to host a cookie drive for the Airmen living in the dorms at Minot AFB in order to spread holiday cheer this holiday season. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTO | MINOT AFB PA

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# TRAEGER TALK



## BENEFITS OF PELLET GRILLS

**RYAN DAVY,**  
GENERAL MANAGER  
Home of Economy Stores  
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www.homeofeconomy.net

Barbecuing with wood pellets is a concept of cooking that goes back to early days of cooking over open fires the way our ancestors and their ancestors before them did. The real advantage we have is that we can use pellets. They are easier to get, come in many different flavors, and are much easier to store than wood. Good pellets are always a form of natural wood. When wood is turned into pellets they suck the air out which creates a very dense form of the wood, actually denser than its original state. Pellets tend to produce a more intense smoke more rapidly. This intense smoke will encapsulate your food locking in the natural flavors and juices that you normally lose when cooking. People often ask if using pellets is safe. When pellets are made from natural woods sawdust they use extreme amounts of pressure and intense heat, which eliminates toxic or contaminated material that may have existed in the wood. This creates a sterile smoking wood product of consistent quality. At Home Of Economy we are always excited to talk to people about the benefits of using pellet grills. We carry all natural Traeger pellets as well as all natural Lumberjack. We have 14 different flavors of Traeger pellets and 9 different flavors of Lumberjack. Each flavor is unique and can turn an ordinary cookout into a great cooking experience that everyone in the family will enjoy. We even have a seasonal Turkey pellet/ Brine kit that will make your thanksgiving spectacular. Stop in to Home Of Economy for all of your pellet grill needs, we would love to help.



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# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

**Little Flower Catholic Church**  
 800 University Avenue West  
 838-1520  
**Mass Schedule**  
 Saturday ..... 4:30 pm  
 Sunday ..... 8:30 & 10:00 am  
**Fr. Ken Phillips, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)

**St. Peter The Aleut Eastern Orthodox Church**  
  
**109 6th St. SE Minot • 838-3094**  
**Saturday, December 19**  
 5 PM, No Vespers  
**Sunday, December 20**  
 10 AM, Congregational Prayer Service

  
**Break Forth Bible Church**  
 Thursdays 7:00pm  
 2nd + 4th Sundays 10:30am  
 at the **GRAND HOTEL**  
[www.breakforthbiblechurch.com](http://www.breakforthbiblechurch.com)

  
**An Evangelical Free Church**  
 3500 4th St. SW • 839-5127  
 (Just North of Super Wal-Mart)  
 Sunday School & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:30 a.m.  
[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

  
 Worship Service at 10:45am Sundays  
 Sunday School at 9:45am  
**1720 4th Ave NW, Minot**  
**838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)

  
**Faith United Methodist Church**  
**5900 Highway 83 N, Minot**  
[www.faithumcminot.com](http://www.faithumcminot.com)  
**Pastor Ken Mund**  
**701-838-1540**  
 Sunday School (All Ages): 9:45 a.m.  
 Sunday Coffee Fellowship: 10:30 a.m.  
 Worship Services: Sunday 11 a.m.

**Minot Baptist Church**  
  
 Sending the Glorious Light of Jesus Christ to a Dark and Needy World  
 Sunday School ..... 9:45 a.m.  
 Morning Worship .... 11:00 a.m.  
 Evening Worship ..... 6:00 p.m.  
 Wednesday Evening..... 7:00 p.m.  
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**500 46th Ave NE • 839-1351**  
 Pastor David Miller


**Cornerstone Presbyterian Church**  
**1000 NE 3rd Street**  
**852-0315**  
**Sunday Schedule**  
 Contemporary Worship ..... 9:00am  
 Sunday School (All Ages) ..... 10:00am  
 Traditional Worship..... 11:00am  
**Wednesday Evening Schedule**  
 Community Dinner ..... 5:30-6:30pm  
 Contemporary Worship ..... 6:30pm  
 Youth Group & Small Groups.. 7:15pm  
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**Minot, ND 839-4663**  
 Reverend Philip Beyersdorf

  
**Immanuel Baptist Church**  
**1615 2nd St. SE • Minot • 839-3694**  
 Sundays:  
 Mask Only Service..... 8:30 am  
 Fellowship..... 9:00 am  
 Sunday School ..... 9:15 am  
 Worship ..... 10:30 am  
 Wednesdays:  
 Soup Kitchen ..... 11:30 am  
 Family Supper ..... 5:30 pm  
 Preschool/Kids' Club/ABY ... 6:30 pm  
 Adult Bible Study ..... 6:45 pm  
**Brian T. Skar, Pastor**  
[www.ibcminot.org](http://www.ibcminot.org)

**Apostolic Faith Church, UPCI**  
**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701)838-0609**  
 Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.  
**Jesse Starr, Pastor**

  
**St. John the Apostle Catholic Church**  
 2600 West Central Ave • Minot, ND 58701  
**839-7076**  
 Daily Mass Schedule:  
 Tuesday ..... 5:15 p.m.  
 Wednesday - Friday ..... 7:00 a.m.  
 Saturday ..... 5:00 p.m.  
 Sunday ..... 8:00 & 10:30 a.m.  
*Fr. David A. Richter, Pastor*  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
 120 5th Ave. NW  
 852-4853  
 Saturday Worship..... 5:00 pm  
 Sunday Worship.. 8:30 am & 11:00 am  
 Sunday Education ..... 9:45 am  
 Wednesday Supper..... 5:00 pm  
 Wed. Worship & Education..... 5:45 pm  
  
[www.firstlutheran.tv](http://www.firstlutheran.tv)  
 (Live Stream & Recorded)  
 Radio Broadcast KRRZ 1390AM  
 Sunday 8:30 am  
[www.flcminot.com](http://www.flcminot.com)  
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**Gospel Tabernacle Community Church**  
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**Home: 701-838-5759**  
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**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

**Bethany Lutheran**  
 215 3rd Ave. SE, Minot, ND  
 Phone: 838-5196  
 A Member of the ELCA  
 Sunday Worship ..... 8:30 & 10:30 am  
 Sunday Fellowship..... 9:30 am  
 Wednesday Church School ..... 5:45 pm  
 Wednesday Worship ..... 6:45 pm  
 Website: [www.bethanylutheranminot.com](http://www.bethanylutheranminot.com)  
 Email: [bethanylutheran@srt.com](mailto:bethanylutheran@srt.com)  
 Live Streaming: [bethanylutheran.tv](http://bethanylutheran.tv)  
**Pastor Janet Hernes Mathistad**  
**Pastor Gerald Roise**

**First Baptist Church**  
  
**200 3rd St. SW • 852-4533**  
[www.fbcminot.org](http://www.fbcminot.org)  
 Classic Worship Service ..... 8:30 a.m.  
 Adult Sunday School..... 9:45 a.m.  
 Contemporary Worship Service .. 9:50 a.m.  
 Children's Church..... 9:50 a.m.  
 Sunday School (All Ages) ..... 11:00 a.m.  
 Contemporary Worship Service.. 11:05 a.m.  
 Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
**Rev. Kent Hinkel, Senior Pastor**  
**Rev. Barry Seifert, Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
**Cross Roads Baptist**  
**Southern Baptist Convention**  
 Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ... 6:30 p.m.  
**www.minotcbbc.org**  
**email: [minotcbbc@gmail.com](mailto:minotcbbc@gmail.com)**  
**Dr. Bob Farmer- Pastor**  
**415 28th Ave SE (Behind Menards)**  
**838-1873**

  
**West Minot Church of God**  
*Family Worship Center*  
**1105 16th St. NW • 839-1407**  
 Sunday School..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church & Nursery  
 Wednesday Family Training Hour  
 Meal..... 5:30 p.m.  
 Classes for All Ages ..... 6:30 p.m.  
 Youth Center, Friday..... 7:00 - 11:00 p.m.  
 ABC Child Care Center..... 852-6352  
**westminot.com**  
**facebook.com/westminot**

  
**Vincent United Methodist Church**  
**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
**open hearts...open minds...open doors!**  
 Traditional Service..... 9:00 am  
 Contemporary Service..... 10:30 am  
 Kid's Church ..... 10:30 am  
**Pastor Matt Scherbenske**  
[www.vincentumc.com](http://www.vincentumc.com)

  
**OUR REDEEMER'S CHURCH**  
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**Sundays:**  
 Worship..... 8:30 a.m. & 10:45 a.m.  
**700 16th Ave SE • 701-838-0750**  
 For more information visit us on the web at:  
**www.ourredeemers.org**

**Chapel Services at MAFB**  
*Protestant (North Plains Chapel in Base Housing)*  
**Contemporary Service**  
 Sunday Worship ..... 1000  
**Gospel Service**  
 Sunday Worship ..... 1130  
*Catholic Mass (Northern Lights Chapel across from Rockers)*  
 Sunday ..... 1000  
 Daily ..... Monday-Thursday at 1200

**First Assembly of God**  
**1805 2nd St. SE**  
**838-1111**  
 Morning Worship ..... 8:30 a.m.  
 Sunday School ..... 10 a.m.  
 Morning Worship ..... 11 a.m.  
 Wednesday Family Night..... 6:30 p.m.

  
  
**Our Redeemer's Christian School**  
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**NOW ACCEPTING REGISTRATIONS FOR THE 2020-2021 SCHOOL YEAR**  
**HIGHLIGHTS OF OUR PROGRAM**  

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- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

 Please contact our school office or visit our website for more information.  
**701.839.0772**  
 Email: [jschultz@orcsknights.org](mailto:jschultz@orcsknights.org)  
 Website: [www.orcsknights.org](http://www.orcsknights.org)

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# CLASSIFIEDS

www.northernentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

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<https://www.facebook.com/4rhomethrift>

## UPCOMING EVENT

**NOTICE**  
**THE FEBRUARY 2021**  
**MINOT FLEA MARKETS**  
**HAVE BEEN CANCELLED**  
Info 701-340-7930.

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**Insurance Deductibles**  
**We Guarantee All Work & Color Match**  
**4121 S. Broadway**  
**839-8896**

## TRANSPORTATION

**I BUY CARS OR HAUL JUNKERS AWAY FOR FREE -**  
Call Karz 4-U at 240-9172.

**\$\$\$ QUICK CASH \$\$\$**  
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

## NORTHERN AUTO AUCTION

**1st & 3rd Saturday Every Month!**

Approx. 75-100 Cars, Pickups, Trucks, Etc!  
Bring vehicles & title to auction yard

## BUY or SELL!

All units sold AS-IS condition  
Terms: Cash or check supported by a bank letter of credit  
Auctioneers: Clint Beeter, Lic. #199 & Kevin Beeter, Lic. #464 - Clerk Lic. #199

3035 Valley St., Minot, ND 58701  
701-838-3733 or 1-800-210-8995

## GARAGE SALE

**3721 E. BURDICK EXPY**  
**HUGE VINTAGE & COLLECTIBLE SALE!** Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712. tfn

## REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at [www.brokers12.com](http://www.brokers12.com). tfn

## FSBO MOHALL ND

2010 Mfd home 28x64 has 2 decks, 3 bdrm, 2 bath, office, 2 car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Price Reduced! Call/text for details, pictures, & to see. 701-228-4089 or 701-228-4190. tfn

## FOR RENT OR SALE

**20 MINUTES TO MINOT AND THE MINOT AIR FORCE BASE** 2 and 3 bedroom mobile homes for sale or rent from \$695 per month - includes lot rent and utilities. Located in Deering, ND. 701-502-0554. tfn

## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157 tfn

## PROFESSIONALS

**LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT**  
[www.marykay.com/1clouse](http://www.marykay.com/1clouse). 701-839-0475 or 701-721-0475. tfn

## FOR SALE

**FIVE SHELF BOOKCASE WITH SLIDING GLASS DOORS.** Very Old Oak Miniature Camel Back Trunk. Vintage Solid Wood Marantz Stereo Cabinet, Old Tractor Seat & Horse Hames Stool Chair, Vintage Hammond Chord Organ, Works Fine. Questions Call 701-626-2712. tfn

## SUDOKU SOLUTION

Puzzle on page 4

4	1	6	7	9	5	8	2	3
8	7	3	1	2	4	5	6	9
5	9	2	8	6	3	1	4	7
2	4	8	6	1	7	3	9	5
1	3	9	5	8	2	4	7	6
6	5	7	3	4	9	2	8	1
9	6	1	2	5	8	7	3	4
3	8	4	9	7	1	6	5	2
7	2	5	4	3	6	9	1	8

## HELP WANTED



Olson Family Dental is looking for a fun and energetic **REGISTERED DENTAL HYGIENIST** to join their team. If this sounds like you, please call (701)852-4933 or email [drmeganolson@gmail.com](mailto:drmeganolson@gmail.com)

• Full and Part time positions available

**IMMEDIATE FULL AND PART TIME OPENINGS** for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org) 701-852-1014. tfn

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot. tfn

**WESTAT** seeks enthusiastic, self-motivated, outgoing detail-oriented individuals to work part time as Data collectors. Contact households that are part of a nationally representative sample. To learn more about this position and apply, go to <http://www.westat.com/fieldjobs> and enter Job ID 17618BR. W-Dec18

**DATA COLLECTORS** Westat seeks enthusiastic, self-motivated, outgoing detail-oriented individuals to work part-time on the Medical Expenditure Panel Survey. To learn more and apply, go to <http://www.westat.com/fieldjobs> and enter Job ID 17618BR. EOE Minorities/Females/Protected Veterans/Disabled W-Dec18

## LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace. Apply in person at: 605 27th St SE, Minot ND 58701 Or contact: Matt Mackey By email or phone at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org) 701-852-1014

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway. tfn

## MINOT AFB FIRING RANGE NOTICE

The base firing range is located at 106 Range Road. It is illegal as well as dangerous to trespass in this area due to live weapons fire. For approved access to this area during weekdays contact Technical Sergeant William Delphia or Technical Sergeant Adam Worcester at 701-723-7597. For all other times coordinate with the base law enforcement desk at 701-723-3096/3097.

## BASE ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY**  
Embry-Riddle Aeronautical University is now registering for the Spring 2021 term (11 Jan-14 Mar). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation and MS Management. Please email your registration request & any inquiries to: [minot@erau.edu](mailto:minot@erau.edu) To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking phone number: 904-513-9734.

**COLUMBIA COLLEGE ONLINE COURSE SCHEDULE - ASYNCHRONOUS**  
Learn on your own, weekly assignments requirements by instructor Please verify technology requirements  
• Late Fall Session (term 20FALL2) 8 week session. Session dates: Monday, October 26 - Saturday, December 19, 2020. Registration dates: Monday, July 6 - Sunday, October 25, 2020. Late registration dates: Monday, October 26 - Wednesday, October 28, 2020  
**VIRTUAL EDUCATION COURSES - SYNCHRONOUS**  
Student and instructor are online anywhere at the same time/set schedule. Please verify technology requirements.  
• Late Fall Session (term 20FALL2) 8 week session Session dates: Monday, October 26 - Saturday, December 19, 2020 Registration dates: Monday, July 6 - Sunday, October 25, 2020 Late registration dates: Monday, October 26, 2020 - Wednesday, October 28, 2020 Please call to schedule an appointment. 701-727-8386. Linde L. Paige, M.S.A., Program Coordinator

**PARK UNIVERSITY MINOT -**  
Your degree, Your way. Now enrolling for Fall classes starting August 17. Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu) and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222| 844-884-8612|[darlene.thomas@park.edu](mailto:darlene.thomas@park.edu) PARK. YOU

## COUPON

# Santa Bundle

**Oil & Filter Change\*  
Tire Rotation &  
FREE CAR WASH**

\* up to 5qts of conventional oil, synthetic extra

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**SUPER PARTY**

• 2 Hour Party for up to 10 People  
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• Shoe Rental  
• 2 - 16" Pizzas, Pop and Ice Cream  
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\$15 for each additional person

Additional \$10 for X-treme Bowling

**ALL PARTIES INCLUDE:**  
Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
You bring the cake and the kids!  
*NO OUTSIDE FOOD OR BEVERAGES ALLOWED.*

1901 NORTH BROADWAY MINOT, ND FOR RESERVATIONS PLEASE CALL **852-4108**  
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## Party Room

**FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!**

We have a party space available for all of your fun!  
Call for details!

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Great for Parties and Conventions  
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**BIRTHDAYS, GAMING PARTIES, PRIVATE MOVIE EVENTS, FAMILY GATHERINGS**

Monday-Thursday  
Time Slots Available:  
• 10 AM-12:30 PM  
• 1 PM-4 PM  
• 6 PM-10 PM

Email for details:  
**alatoakpark@gmail.com**  
**WWW.OAKPARKTHEATER.NET**

## High Air Ground

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**10% OFF ANY PARTY PACKAGE**  
Must be booked by 12-31-19. Not good with any other discounts or promotions. Must mention "Northern Sentry" when booking. Packages starting at \$130.

1290 4th Ave NW | Minot, ND 58703  
**701-837-JUMP**  
**WWW.HIGHAIRGROUND.COM**

# BUSINESS & PROFESSIONAL Directory

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Pay Top Dollar for Clean Used Cars

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**www.Karz4-U.com**

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Running & Non-Running Cars & Trucks



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Give Us A Call!  
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Military Discounts - Best Rates  
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Convenient North Location for Both Base & Minot Customers

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**COVID CHRISTMAS & TREE LIGHTING CEREMONY**

5 CES, The Chaplain Corps, and 5 FSS hosted a Covid Christmas & Tree Lighting Ceremony December 5 at the Turf. This free event included laser tag, mini golf, mask decorating, crafts, and more. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JAN VALLE

**MINOT AIR FORCE BASE**

# Finest

**2D LT AXEL HUSS**

Received recognition from Col Menuey for the outstanding 91st MW spouses event that Lt Huss had coordinated.

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