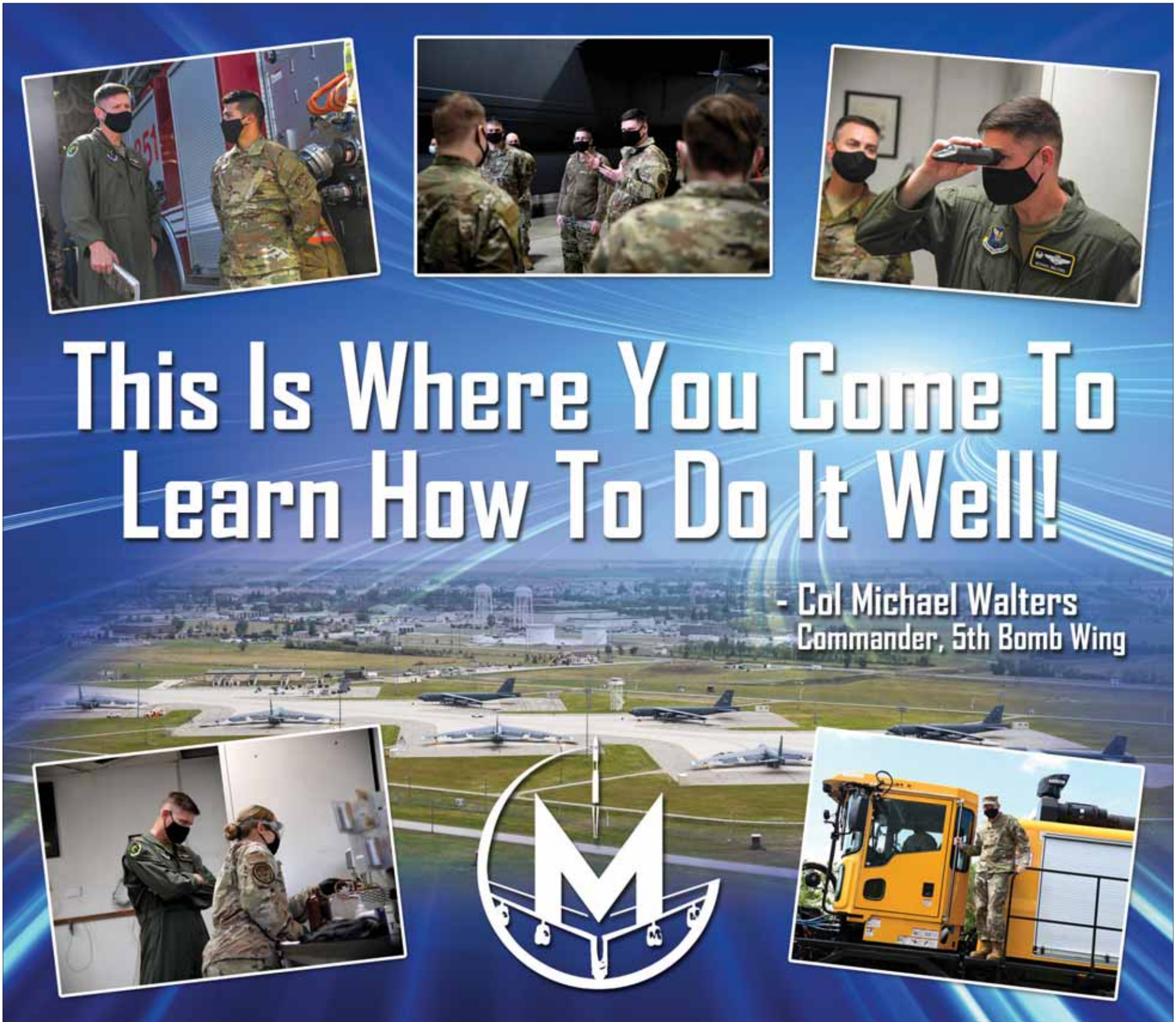





# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 59 • ISSUE 12 | MINOT AIR FORCE BASE | FRIDAY, MARCH 19, 2021



**This Is Where You Come To  
Learn How To Do It Well!**

- Col Michael Walters  
Commander, 5th Bomb Wing



Check out page 2A for an exclusive, sit-down interview with Col. Michael Walters, commander of the 5th Bomb Wing, to learn about his goals and his vision for the future of Minot Air Force Base.

U.S. AIR FORCE PHOTOS



**BADLANDS**  
RESTAURANT & BAR

**WE'LL BUY YOU DINNER!**

**ENTER WEEKLY!**

No Limit, Enter As Many Times As You Wish!

blgrill.com | 1400 31st ave | minot, nd | 701-852-7335

DETAILS ON PAGE B10



**HOME OF THE GLOBAL STRIKER**

Only The **BEST** Come North!

**WWW.MINOT.AF.MIL**

**CONTACT MINOT AFB PUBLIC AFFAIRS**  
701.723.6212 • V35BW.PA@US.AF.MIL

Minot AFB Videos



Find us on  Minot Air Force Base



# Building a Strong Base While Overcoming Adversity

An Interview with Col Michael Walters, Commander, 5th Bomb Wing

ROD WILSON, NORTHERN SENTRY



“For us, Minot is unique. A unique place and a unique challenge” says Col Michael Walters during a recent interview “Minot was our first choice; this is where we wanted to come.”

Col Walters and his family arrived in Minot in the middle of July to assume his duties as commander of the 5th Bomb Wing, and Minot Air Force Base. His resume includes time flying all 3 of the current Air Force bomber inventory including the B-52, B-1B and B-2. After 2 years in Qatar, the decision of the Walters family was MAFB. “This is where Carri and the girls wanted to come, because it’s hard, not because it’s easy” relates Col Walters. “This (MAFB) is where you come to learn to do it well!” For Walters the goal is simple; “When Airmen leave here I want them to be better than when they got here, and I think this place will make you that way. You don’t get better by half-stepping it or setting the throttles at 60%...you’ve got to challenge yourself. Only The Best Come North? You’ve got to earn that every day and that IS what makes you better.” For Walters that goes with a responsibility. “Whether Airmen want to stay for 20 years and retire, or whether they want to do a first term and get out and do something great in the civilian world, I think we have the responsibility here to make them better.” When Col Walters is on social media and catches some of the “old guys” talking about the cold, they talk about it fondly, now; “but more than likely they were the people who were griping and complaining when it (the cold) happened. They may not have liked it, but immediately after it was over, they were proud of what they did.”

Col Walters believes the generation currently serving on MAFB is no different, in that they need to be put into positions and challenged so that they grow. “Growth is hard” according to Walters; “it hurts a little bit, but it’s no different than going to the gym and running or working out... it’s supposed to hurt a little bit.” And after they finish their time at MAFB? “They will look back and be proud of what they have done.”

Getting lulled into a victim mentality is easy, according to Walters and if you enable that type of perspective or approach, “People will buy into it. I am not one of those people,” Walters continues.

“They need to understand that you have a role in this, to make it better, to make it what you want. Others can’t do it for you. You have a role to play in this. To make it better, to make it what you want it to be. You have a critical part in making this not just your assignment, but your home.”

## THE FIRST 6 MONTHS- COVID TEMPERED

“My first 6 months here were awe inspiring,” according to Col Walters “our time here has already re-affirmed what I knew about Team Minot when I showed up here; it’s a special place.”

The first 6 months were also a challenge for Col Walters and Team Minot. “A testament to what our Airmen, our civilian work force, our families and our community partners can do. Even though 2020 may have a footnote beside it that talks about COVID-19, I have been impressed with our team’s ability to not skip a beat. I’m talking resiliency and the ability to adapt and evolve in challenging times.” There was an unwavering ability to meet the commander’s requirements, guarantee our nation’s security and re-assure our allies according to Col Walters “It’s been impressive.”

## COL MICHAEL WALTERS TAKES COMMAND

Col Walters acknowledges that he has pushed the 5th Bomb Wing hard with a well-planned out strategy. “My first 30 days I would observe and not change anything. The second 30 days we re-baseline standards, and the third 30 days we are going to surge” Walters shares “and by in large, that is what we have done.” But Walters is quick to point out, “And they (the 5th Bomb Wing) have responded and responded well!”

And once the bar has been set? “We look for how we can find incremental improvement, where can we up our game.” And according to Col Walters “Not just for the sake of improving the mission and the unit, but for improving each one of the folks that is here and are part of the team. They are the ones who are doing all of the work.” Walters sees himself doing just vector checking and make sure the team has the right objectives. “They send us great Airmen, and I think we need to acknowledge the talent and continue to develop it...that’s

human capital.”

## BUILDING LEADERS

“Something I learned a long time ago. The job of a leader is to develop future leaders. That’s part of our job, a big part of it. It’s something that I take seriously, and my team is tracking. We need to build leaders at all levels.” And to retain those leaders Col Walters believes that it is not only important to empower them but enable them. “It’s easy to say ‘go do’, but if they (members of the team) don’t know how to go do, we missed the mark. And the goal of leaders at all levels is to build, teach and train our folks.”

## THE NEED TO CHALLENGE

“Our people need to be challenged, and a lot of times challenged in ways that they haven’t been” says Walters. “That’s uncomfortable for folks, and it requires feedback and professional critiquing. Those are uncomfortable conversation to have sometimes. Nobody wants to hear that they are not the best thing since sliced bread.” But Walters also understands that nobody’s perfect. “And when you think you are perfect and don’t have anything to learn, that’s a sure-fire way to get yourself in trouble.”

## THE GOOD, THE BAD & THE UGLY

“I refuse to surround myself with ‘yes’ people that tell me what I want to hear, and I want to make sure that my folks approach it the same way” according to Walters “You need to hear the good, the bad & the ugly because none of us has it figured out yet, and so I think it is much better to surround yourself with folks who know that they can be open and honest.” Walters believes that is how collectively an organization improves. “I want and need Airmen to be comfortable making mistakes. There are some aspects of our job that we can’t make a mistake on- the nuclear mission. The nuclear mission is critical.” But Walters goes on to explain “we build by making mistakes and being comfortable with making those mistakes. However, you must accept critique and work to improve and ultimately be a better version of yourself.”

## THE MINOT MISSIONS

“Minot is unique,” Walters continues, “the mission is hard, and



This Is Where You Come To Learn How To Do It Well!

COL MICHAEL WALTERS,  
COMMANDER, 5TH BOMB WING



the environment can be hard...but my message to people is that you will be given the chance to do a lot of things.” And Walters has this advice for all of his Airmen; “So, if you are going to show up, and you are going to commit yourself to this (the job and mission), then do it well, engage, do the best that you can and leave it all on the table.” Walters explains that nobody is more surprised than himself that he has been able to do what he has. “I am extremely fortunate and humble to have had those opportunities. I feel that because I’ve had this opportunity (command of the 5th Bomb Wing) I need to earn it every day. So, before I turn the lights out every night, I turn back the clock and do a mental tally. Did I leave it all out on the field? Not for me, but for the Airmen I work with and for. I need to set examples for those Airmen” says Walters.

## WHEN YOU WAKE UP EACH MORNING

“The first thing I think about is...OK, what are the big tasks at hand? What are the second and third decisions that I will make and how they will affect our forces and our families? How will those decisions accomplish the mission?” shares Walters. “But it’s a balance. If you think too far ahead, it can be overwhelming. But if you are too short sighted you will miss something.” Col Walters smiles and says, “My Dad used to say if you want to make God laugh, show him your plan.”

## BEING FLEXIBLE & WILLING TO ADAPT

“You need to be flexible, willing to adapt to an evolving situation,” Walters says. “That’s really what I’ve learned, too. There’s a lot going on, and you have to constantly be flexible, you have to teach your folks to be flexible and adapt, and constantly find those incremental improvements. I don’t need or necessarily want someone to make a 100% improvement on a multitude of things all at once.

Sometimes all it’s about is a 1% improvement on one thing that day, and if you multiply that by the 12,000 plus people who are on this installation, think of the dramatic improvement you would have” Walters shares.

## WORLD CLASS-IT’S A MINDSET

“It’s a mindset...it’s ensuring that we are doing everything we can to get that buy-in, that improvement, that self-assessment and wanting to be varsity...wanting to be world class. That is what is important. That’s really what I want. Not for me, but for the organization.” Walters continues, “For the people that are here, you want them to have the opportunity to be part of something that is world class. You don’t get a lot of opportunities like that.”

## OTHER THOUGHTS & QUESTIONS:

Funding The Nuclear Triad  
“There are multiple things in our budget that Global Strike Command and General Ray have taken the lead on. I can assure you that not only with the Warbirds, but also with the Roughriders, the mission sets are, and will continue to be relevant.” Col Walters says with confidence. “When you talk about the relevance of the mission set here; our nuclear deterrent really underwrites our diplomatic efforts and actions globally. It backs our conventional forces in what we do, and it deters our adversaries as well as assuring our allies. So our ability to be able to do that 24/7, 365...that’s a big deal. I don’t think the relevance of our mission set whether nuclear or conventional, the 5th or the 91st, I don’t think that becomes irrelevant. I don’t see it changing with the emerging strategic competition with Russia, China or other potential adversaries. While there is always competing demand for funding, the modernization of the strategic nuclear force continues to be critical for the defense of our nation, and interestingly enough, the nuclear triad has remained, whether it be





on one side of the aisle or the other, the most effective way to maintain deterrence, and it's done by being responsive, being flexible and being survivable. We have a lot of irons in the fire right now that make sense from the standpoint of being able to maintain that nuclear deterrent. We'll continue to evolve, and we'll continue to maintain our relevance and provide that deterrence piece for the President of this nation."

**TAKING HOME THE OMAHA TROPHIES**

"I think it validates what the Warbirds and the Roughriders already know in their hearts, we're world class organizations, we're varsity, and the awards validate that we do what we need to do to perform at that level, 24/7, 365. I think the recognition is great and I am proud of our folks for having sustained such a high level of mission excellence and performance, but I always think you have to be careful about believing your own press. Trophies are great and awards are important, it's important recognition to be able to give praise and slaps on the back. People need that. The Omaha Trophy is great, and you stand at the top of the mountain, but you don't want to stand there too long because the air is thin, and you have to come down sometime and earn it again. Like we say, this place is a challenge, but calm seas never made a great sailor. You got to be able to take some risks to get that reward."

**NO TRAINING MISSIONS**

"What we do is a big deal. Nothing we do here, and I tell people this every day, whether you are sitting alert in a 91st Missile field or turning a wrench to fix a jet for the 5th, none of those are training missions. We don't fly training missions in the 5th, we don't do training missions in the 91st. All of those are operationally active missions. What I mean is that our ability to launch those jets, to fly those missions, and I don't care if it's going out to Powder River for a 4-hour sortie or going over the Persian Gulf for a 38-hour sortie, those are active deterrents. They demonstrate our ability to provide global strike capability, anywhere, anytime, at a time of our choosing. It proves to our allies and our adversaries that we can do it. And we've done it" Col Walter says with conviction.

**MAINTAINING THE PACE**

"We've been going at a pretty good clip since I've been here," according to Col Walters, "and we haven't skipped a beat. That's hard to do even in an easy environment. We've done it when it's hard. We've done it when it's 47 degrees below zero. We were the hardest hit state, county & city, per capita, with active COVID cases and never skipped a beat. I got here and we did the Bomber Task Force to Europe in the midst of COVID. Then we did Global Thunder and the first Prairie Vigilance (PV) and some higher headquarter missions. Then we went right into a Nuclear Surety Staff Assistance Visit, then right into another PV, and between December 26th and January 16th we flew 4 different missions to the CENTCOM AO that were 38-hour sorties to demonstrate our ability to do it, to support CENTCOM and General McKenzie, and to show our adversaries and our potential adversaries that we are able to do it. That's a big deal. It's a big deal because not everybody can do it. So, it makes our adversaries stop and question whether they want to make that next strategic move. It's one thing to park fighters in someone's back yard overnight. It's a completely different message when you can send B-52s anytime, anywhere, around the globe at the drop of a hat, good times or bad. That's a big deal to me. A lot of times people forget that we are able to do that. And so, the Super Bowl...they got a lot of press and I think it was great and it showed a lot of people the trifecta and how we can join bombers at one point, at one time and fly over a football stadium for the world to see...we do that every day, every day, and I'm proud of that."

**BIGGEST CHALLENGE?**

"My biggest challenge is, where is the right position for that reset? Where is our surge capacity? I keep a really close eye on that to be sure I am not pushing folks and families too hard. But finding that curve, that apex, right, where we perform right on the curve of the apex, and not getting too far across that power curve."

**YOUR THOUGHTS ON HOW TO IMPROVE THE QUALITY OF LIFE ON MAFB?**

"You need to be open and honest and improve our feedback system so that we are hearing what is working and addressing the stuff

that's not."

Col Walters continues, "We need to make sure that we are hearing what those issues are and that we are addressing issues that are posing challenges for our folks and it's important to me that they see the steps that we are making towards improving the quality of life."

**WE'RE WINNING BATTLES**

"We've had several heavy lifts since I have been here, you can talk to my folks, we have been pushing hard to get some of those wins in the first several months, because you want to establish trust, a genuine trust."

"First was reinvigorating the ties between the base and the community because it has to be more than an assignment, it has to be a home. For that to happen, especially in a COVID environment, folks have to know who their community is. The civic leaders have been great about making themselves available to us to come up with new ideas and to help us."

"Adopt an Airman- A lot of the Airmen that come to the community are young Airmen, so they are still maturing. So, we need to understand that part of the community is raising Airmen, and I think it's fundamental for the community to have a role in it."

"Having a Diversity and Inclusion Council to make sure we are addressing the issues with discrimination whether you are talking racial or otherwise. Making folks feel that this is a home that they are comfortable with and that we are addressing issues as far as diversity."

"Working with Minot State University to make sure that we have educational programs that Airmen can take advantage of that can transfer back & forth between what they do here on the base, and elevate their opportunity to get an advanced education and also provide an interim program here on the base for local folks from Minot that are going to Minot State will have an opportunity to intern here on the installation and maybe have an opportunity that they wouldn't otherwise have, and we really appreciate the University for what they have done."

"We opened a new Welcome Center, so we can do a better job of on boarding our Airmen and their families, along with a sponsor program, for each unit. I have a high bar for what we are

doing as far as sponsoring Airmen and making sure that no Airman shows up here and is lost and doesn't know the culture of what their particular unit is, let alone the wing. I want to make sure they are welcome; they are sponsored, and they are onboarded correctly. Not just into this base, but into this community."

"Along with that is the Key Spouse program. I feel that over the last couple of years we haven't really taken advantage of this existing Air Force program. So, it's a big deal that I tasked the squadron commanders and the group commanders to get after the Key Spouse program. It's a commander's program to be able to use Key Spouses to make sure that our spouses and families are informed about what we are doing and to be able to have the line of communication between the spouse network and key leaders on the base."

"We've opened up the ESC (Airmen Entertainment Social Center). It's great that we now have a virtual gaming center, but it's also a way to prove to Airmen that I am serious, and if they come up with a great idea, and they are willing to sacrifice their time and their hard work, then I'll fund that idea. It's by Airmen, for Airmen. The Airmen are the ones that are going to have the great ideas. The Lt looks at the world through a completely different lens than you or I do. So, he sees problems differently than I do. These young Airmen are going to be the ones to come up with a solution. I just have to be willing to listen and advocate for it, through the authority or the funding line that I have. And that was what was really important and was fascinating about the ESC. That it was their work, that it was their idea, and we were able to put that idea into action, and that's what I want Airmen to learn from the ESC...that you have a voice; and I'll empower your idea, so show me what you are capable of doing."

"Over and above that, we've got the dome. We're going to put turf on the field behind the McAdoo, so it will be a turf field and we'll put a dome over it. We'll start putting the hardware in place this fiscal year and follow up over the next year or so to be able to start laying in the turf which I'm pretty excited about."

"What we've accomplished overall is just taking the time to listen to folks and being critical in

thought in this process."

**WHERE DO YOU SEE MAFB GOING IN THE NEXT 6 MONTHS?**

"That constant incremental improvement in order to make us a preferred home for Airmen, not just an assignment. When people say 'Why Not Minot', I want to be able to list the reasons why you want to come here. I want this base to be number one on their list, for all the right reasons. Not because it's easy, but because it's hard, right?"

"You want to be a great Airmen? You want to be that better version of yourself? This is where you go, because we challenge folks, and we are a varsity team."

"I have the right people here, I have the right team here that holds themselves to that higher standard that holds others to the higher standard that they have established for themselves."

"This place is important to me, and it means something that while we are here this place is our home."

**WE WANT DOERS!**

"Great ideas are a dime a dozen. I want doers. That is how we make this place what it is and keep it where it is at. It's not just great ideas, its people sacrificing and getting action on those ideas. Airmen watch that, they are watching to see if you are going to put-up or shut-up. My credibility is important to me."

**FINAL THOUGHTS...**

"It's a huge responsibility for me, not only the mission that we do, but it's also the Airmen and the fact that I have parents and I have families and I have children dependent upon me making the right decisions. It's important to me that I build leaders, it's important to me that we provide a safe and controlled environment for people to grow and develop in. That's a very real thing. I'll never be the best pilot any more, and I'll never be able to do the things that I got a kick out of in the past...the important stuff to me is to make this that varsity, world class team. I propose to them that they can be that amazing version of themselves. It's a privilege and it's an extreme honor. I am the luckiest person for getting the opportunity. If you can't do it genuinely and authentically, then you shouldn't be doing it."

U.S. AIR FORCE PHOTOS



# Capt. Dan Wang: Explaining the ICBM Mission

UNITED STATES AIR FORCE SOAR PROGRAM

I'm Captain Dan Wang; I'm from Rochester, New York. I am a 13N, or a Nuclear Missile Operations Officer, commonly called a missileer. I had a bit of a unique journey into the Air Force because I was actually a teacher before I was commissioned, so I joined when I was a little bit older, versus some of those fresh out of the academy. But, I went through officer training school. I was originally supposed to be an RPA (Remotely Piloted Aircraft pilot), but through a series

of unfortunate eye conditions, I was re-classed into missiles, but honestly it's been one of the best things that happened to me. I really enjoy the career field; it's a good time.

For those of you who don't know, the United States operates one ICBM weapons platform right now, called the Minuteman III weapons system. It's been around for a little bit, but it is a great weapons system. Very reliable, and we'll continue to use it in

the near future. An ICBM is an Intercontinental Ballistic Missile. Do you know what a rocket is? I mean that's what an ICBM is, the only difference is that an ICBM is focused as a weapon delivery system, and we happen to use them with nuclear payloads. You could use them with non-nuclear payloads, but we use them with nuclear payloads. And it's truly a rocket that goes high in the atmosphere and uses a trajectory to reach its target. So it's a combination of rocket boost to get into that initial phase where it breaks the atmosphere, and then it will use gravity once it releases the payload.

The United States maintains three missile wings. Each wing has three actual line squadrons primarily focused on pulling nuclear alerts, which goes along with an OSS, an Operation Support Squadron. And then each of those missile wings has 150 missiles and each line squadron has 50 missiles it's responsible for. In those squadrons, each squadron has five missile work facilities or five LCCs (Launch Control Centers) along with those 50 missiles. So if you're doing the math, one LCC normally has "direct ownership", so to speak, of 10 missiles. But any squadron LCC can interact with the 50 missiles within their squadron. 150 missiles per wing, and then you've got 3 missile wings, so the United States is rocking 450 ICBMs, which is a lot of nukes. But, it's there for a specific reason, for our

nuclear deterrence purposes.

We don't decide when we're going to launch a missile; we are told when the missile is launched. We are the ones responsible for taking the necessary actions to make sure the missile is executed properly. The President is the sole authority for the release of nuclear weapons. Once he decides that this is the scenario where we are going to be using nuclear weapons, then higher headquarters in the Air Force, they have a process of pretty much typing all that data together; they will pick what scenario they are trying to go for. They will pick what missiles are going to hit what target. It all gets typed up into a type of message that we receive, an emergency war order, which we receive over our various communication channels. There's a system where we verify that it's an authentic message, that it's from the president, and then that message itself will tell us what we are trying to hit, how we're going to hit it, and when we're going to hit it.

We also have to take the enable command, which is pretty much an authorization. We don't have it, we receive it, and then it tells us that this is an authentic message, you are clear to "unsafe" the missile. It pretty much enables the missile for an actual nuclear detonation. Otherwise, day-to-day, they're not. Like a gun owner, you wouldn't leave a loaded gun lying around if you were a responsible person. So we as missileers take all that

input and then we send out various commands to our missiles, depending on which missiles have been executed, and then we will get that information out there and we'll do a key turn.

CONTINUED ON NEXT PAGE



Capt. Dan Wang, Nuclear Missile Operations Officer with 91st Missile Wing.

UNITED STATES AIR FORCE SOAR PROGRAM VIDEO STILL

Full Service Salon

- cuts
- colors
- highlights
- pedicures
- manicures
- facials
- perms

**B&D**

## Berni's

Hair Designers, Inc.

• Melisa Ellison •

701-240-1385

Located on North Hill  
2001 3rd St NW • Minot

HOURS: Mon, Tues, Thurs. 8:30-8:30 • Wed, Fri. 8:30-6:00 • Sat. 8:30-3:00

BABY ANNOUNCEMENTS

SPONSORED BY DAKOTA HOPE CLINIC

BABY BOY BORN ON THURSDAY, MARCH 11, 2021 TO: JULIANNA BUONPANE-BREITHAUPT AND JUSTIN BREITHAUPT MAFB, ND

BABY GIRL BORN ON FRIDAY, MARCH 12, 2021 TO: ISABELL AND TYLER ROBERTSON MAFB, ND

If you want to put a photo of your baby in the Northern Sentry, send it to [nsads@srt.com](mailto:nsads@srt.com). Please include your name and the birth date of your baby. Baby listings will come from Trinity.

DakotaHope

Free and Confidential Pregnancy Help

[www.dakotahope.org](http://www.dakotahope.org)

315 S. Main Ste. 205, Minot

701.852.4673

DakotaHopeMinot

## MAKING MORE MOVES POSSIBLE.

Heart-saving care to get you back into the rhythm of life.

When it comes to healing hearts, we don't skip a beat. At Trinity Health our specialists are saving more hearts with convenient screenings and advanced emergency care. We deliver the latest minimally invasive surgeries, innovative treatments, and personalized rehabilitation plans—everything you need to get back to doing the things you love.

Learn more or find a physician at [trinityhealth.org/heart](http://trinityhealth.org/heart).

TRINITY HEALTH

MAYO CLINIC CARE NETWORK  
Member

MINOT, ND

MINOT FLEA MARKET

MAR 27 & 28, 2021

ANTIQUES, COINS, BOOKS, JEWELRY, TOOLS, BAKED GOODS, & MORE

STATE FAIRGROUNDS • MINOT  
SAT 8AM - 4PM • SUN 10AM - 3PM  
A PLACE TO SHOP - A PLACE TO SELL  
SELLERS, CALL TODAY! 701-340-7930

## MINOT GUN SHOW

ND STATE FAIR CENTER

MARCH 27 & 28, 2021

SHOW HOURS: SAT. 9a.m. - 5 p.m.  
Sun. 9 a.m. - 3 p.m.

PUBLIC IS INVITED!

Public Admission - \$5.00 Each Day  
CHILDREN UNDER 12 FREE WITH PARENT  
FOOD ON PREMISES

DEALER SET UP - Fri. 1 p.m. - 9 p.m.  
BUY - SELL - SWAP - TRADE

ALL FEDERAL, STATE AND LOCAL GUN LAWS TO BE OBEYED  
Not Responsible for Theft or Accidents

CONTINUED FROM PREVIOUS PAGE

Big misconception for our career field is that there's a big red button. There is no red button; a lot of Hollywood movies like to say that. It is actually a key turn. It's a series of switches with a key that actually requires two people to simultaneously launch. The entire system of nuclear enterprise is based on redundancy, because you never want any one sole authority having the ability to interfere, launch or arm, or do anything with nuclear weapons, short of the President. Everybody else you see should be doing the same thing. It just takes two launch votes, and they get sent from the LCCs to the LF (Launch Facility), and that tells the missiles. Once we've received two separate, unique votes, it'll take all that data, assuming it's been enabled and have the proper preparatory launch command, and it'll prepare itself for nuclear launch. [The missile] goes through a series of final checks, and it'll actually launch.

It's fueled by a solid state, so once the fuel is ignited, it's gone. I think that's a misconception a lot of people have, you know. It's not like White House Down; there's no Cerberus code or abort codes. Once the rocket is ignited, it's going. It'll start its initial boost



Capt. Dan Wang, Nuclear Missile Operations Officer with 91st Missile Wing.

phase which most of the rocket is focused on. It's a rocket; it's trying to get out of the atmosphere. This is obviously a big missile; it's a lot of weight. So once it gets through each portion of the rocket booster, it's going to break off. Kind of like where we've seen with space launches, because this is dead weight. It'll continue to do so until it uses all the fuel. For the next phase, once you get mid-flight, the missile eventually separates from the last actual booster, and there's the Propulsion System Rocket

Engine, the PSRE, and the Missile Guidance Computer, or Missile Guidance System. MGS. The shroud will come off, it disengages as well. So you've got the PSRE with the actual RV (Reentry Vehicle, the warheads) on it. It's still a propulsion system so it'll still push it the final bit. Once it enters the terminal phase, which is when it releases the RV, and it has little boosters on the back that'll spin it for accuracy, but it's coming in purely based on gravity.

Warheads themselves, like the

actual physics package, this is the nuclear weapon. These are a piece of history. They may be from the Cold War, but they still do their mission in a very effective manner. Considering sometimes the age of these systems and the parts, like how advanced it is in terms of the math it's capable of adjusting itself, some really smart guys and gals built this.

Once you have the RV, it's the business end coming down.

UNITED STATES AIR FORCE SOAR PROGRAM VIDEO STILL

## CONTACTUS

Ted Bolton

Publisher | Advertising  
bagroup@srt.com

Rod Wilson

Business Development | Marketing  
sentrystales@srt.com

Nikki Greening

Head of Creative Services  
nsads@srt.com or  
nsgraphics@srt.com

Abigail Kinder

Reporter/Creative Services  
nsabby@srt.com

## MINOT AIR FORCE BASE

PUBLIC AFFAIRS

Chief of Public Affairs

Maj. Natassia Cherne  
Public Affairs Officer

2nd Lt. Ryan Walsh  
Community Relations

Mr. George F. Gutierrez

## Staff Photojournalists

Technical Sgt. Crystal Cheriere

Technical Sgt. Benjamin Smith

Staff Sgt. Michael Kantack

Staff Sgt. Steven Adkins

Senior Airman Dillon Audit

Senior Airman Josh Strickland

Senior Airman Michael Richmond

Airman 1st Class Caleb Kimmell

Airman 1st Class Jesse Jenny

Airman 1st Class Jan Valle

Airman 1st Class Evan Lichtenhan

Airman 1st Class Zachary Wright

Airman 1st Class Saomy Sabournin

De Los Santos

Airman Allison K. Martin

## COMMANDERS

5th Bomb Wing Commander:

Col. Michael O. Walters

5th Bomb Wing Vice Commander:

Col. Brian D. Vlaun

91st Missile Wing Commander:

Col. Christopher E. Menuey

91st Missile Wing Vice Commander:

Col. Barry E. Little

## NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

## MAIL & FAX

315 South Main Street, Suite 202  
Minot, ND 58701 | 701.839.1867

## VIEW ONLINE

www.northern Sentry.com

www.minot.af.mil

## FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil). The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

Experienced VA Realtor  
*Michael Buseph*  
REALTOR®  
701-720-2542

**ELITE**  
REAL ESTATE  
*Excellence In Action*  
1829 S. Broadway  
Suite 1, Minot, ND

**Culver's**  
Welcome to delicious.®

**10% DISCOUNT FOR ALL MILITARY PERSONNEL**  
(with valid ID and cannot combine with other offers/discounts)

**CULVER'S OF MINOT**  
3000 S Broadway Minot, ND 58701  
701-852-4800

**THE COVID-19 VACCINE:**  
**As essential as you are.**

Add one more layer of protection to keep you and your family safe.

 [cdc.gov/coronavirus/vaccines](http://cdc.gov/coronavirus/vaccines) [health.mil/COVIDVaccine](http://health.mil/COVIDVaccine) 



# Department of the Air Force to allow shorts for maintainers, updates variety of uniform options

STAFF SGT. JEREMY L. MOSIER, SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) -- Airmen and Guardians will now have more dress and appearance options with upcoming uniform changes to Air Force Instruction 36-2903, Dress and Appearance. "These options came directly from feedback from the field through the virtual uniform board and feedback from commands in the field," said Lt. Gen. Brian Kelly, Air Force deputy chief of staff for manpower, personnel, and services. "We appreciated the feedback we received from Airmen and the opportunity to hear their concerns and ideas. Not all of the ideas fit within our standards or culture, but many do and provided us an opportunity to provide options for our Airmen." The following changes will be effective March 15, upon publication of an interim change

to Air Force Instruction 36-2903. Commanders of Airmen in the 2-Series Air Force specialty codes may authorize wear of dark navy blue shorts in lieu of the Airman Battle Uniform, or ABU, or Operational Camouflage Pattern, or OCP, trousers in authorized maintenance areas when high temperatures are forecasted to meet or exceed 80 degrees Fahrenheit. Authorized areas will include the flight line, hangars and dock areas outside of climate-controlled areas. If commanders authorize the wear of the shorts, they will meet specified requirements that will be incorporated in the upcoming change to AFI 36-2903 for standardization and be worn with the coyote brown T-shirt and uniform green or coyote brown socks with uniform boots. Additionally, Airmen and

Guardians in all specialties will be authorized to wear their functional community's approved duty identifier patches. The identifier will be a maximum of five letters and maintain a standard spice brown color scheme. Airmen and Guardians will also have more options for sock colors, glasses frames and bags carried in uniform. Service members will be able to wear conservative, solid black, white, navy blue, gray, desert sand, tan, Defense Logistics Agency-issued green or coyote brown socks with their physical training gear. The socks may have small trademark logos. New guidance for eyeglasses and sunglasses will allow more color options for frames to include black, brown, white, navy blue, gray or transparent material, or gold or silver wire. Finally,

additional options for bags and bag colors will be authorized. Messenger and lunch bags will be permitted, and the following colors will be approved for all bags to be carried in uniform: black, brown, gray and navy blue. All authorized bags must be without design, unless ABU or OCP pattern. Also approved through the Air Force Virtual uniform board recommendations are increased accessory options. Members will be authorized to wear cold weather accessories without wearing authorized outer garments. For example, the fleece cap and/or gloves may be worn without an outer garment. Headphones or Bluetooth devices may be authorized in more environments. Wear or use of an earpiece, any Bluetooth wireless technology or headphones while

in uniform, indoors or outdoors, is authorized for official duties or may be authorized as determined by the installation commander, delegable no lower than the squadron commander level. Finally, tactical caps will be authorized for wear with the OCP uniform once the acquisition process is complete for the new uniform item, which is expected to take approximately a year. In addition to these approved suggestions, numerous other ideas from the 101st Air Force Virtual uniform board are still under consideration. Information on these items will be released at a later date. For more information on changes, reference AFI 36-2903 Dress and Appearance.

**NODAK ARMS**

**INDOOR INTERACTIVE SHOOTING RANGE**

Range Time **HAPPY HOUR:** 10 AM - 2 PM Mon.-Thurs.  
\$7.50 per 50 Rounds 6 PM - 10 PM Fri. & Sat.

Book Range Time: [www.nodakarms.com/bookings](http://www.nodakarms.com/bookings) \*Guns Supplied Free if Needed

**SOPAPILLA CHEESECAKE BY DOUG SCHEIDING**

**Home of ECONOMY**


**INGREDIENTS**  
2 TABLESPOON SOFTENED BUTTER  
24 OUNCE CREAM CHEESE  
2 CUP GRANULATED SUGAR, DIVIDED  
2 TEASPOON VANILLA  
2 CAN PILLSBURY BUTTER FLAKE CRESCENT ROLLS  
1/2 CUP BUTTER, MELTED  
CINNAMON

Coat a 9x13 inch baking dish with 2 tablespoons softened butter and set aside. When ready to cook, set Traeger temperature to 350°F and preheat, lid closed for 15 minutes.

In a mixer, combine cream cheese, 1 to 1-1/2 cups of sugar and vanilla. Mix for 60 to 90 seconds on high with paddle attachment. Take crescents out of the refrigerator. Open one can and place into the buttered 9x13 inch rectangular metal pan or glass dish. Make sure to fill in the gaps in this bottom layer of crescents. Put the cream cheese mixture on the top of the crescent layer using a spatula to make it level.

Open the second can of crescents and put on top of the cream cheese layer, again filling in the gaps in the crescents to cover middle. Pour 1/2 cup of melted butter on the top of the last layer of crescent. Start on sides first then middle. Then sprinkle 1/4 cup to 1/2 cup of sugar over the entire pan followed by a light, even dusting of cinnamon.

Place pan directly on the grill grate and bake for 40 to 50 minutes until top is brown and starting to get crusty. Remove from grill and let cool 5 to 10 minutes. This allows the cheesecake to set which makes portioning easier. This dessert can be served warm or cold. Enjoy!

 Ryan Davy - GM Minot

[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

**BEST SMOKED RIBS & BRISKET IN TOWN!**

**Bone's**

**BBQ SMOKEHOUSE & GRILL**

**FRESH SMOKED MADE FROM SCRATCH RECIPES**

**Catering**

**FOR ANY SIZED EVENT FROM 10 TO 1000 PEOPLE**

• BRISKET • RIBS • PULLED PORK  
• SMOKED SAUSAGE • BURGERS  
• WINGS • FISH N CHIPS

Where the locals go...  
**MINOT'S BEST KEPT SECRET!**

FIND US ON **yelp**

Best Bar B Que in Town!

1412 2ND AVE, SW, MINOT 701.838.9140 **LOCALLY OWNED**

**BONESBBQMINOT.COM**

**CornerStone Chiropractic**

 **Dr. Willy Fielhaber**  **Dr. Matt Hanson**  **Dr. Crystal Long**

1350 20TH AVE SW, MINOT, ND 58701

**BUSINESS HOURS**  
Monday: 7:30am - 6:00pm  
Tuesday: 9:00am - 6:00pm  
Wednesday: 7:30am - 6:00pm  
Thursday: 7:30am - 6:00pm  
Friday: 7:30am - 4:30pm  
Saturday: 2 a month by appt  
Sunday: Closed

**(701) 852-2800**



# Upcoming Events

**21 MAR** **ROUGH RIDER POKER TOURNAMENT**  
**11:00 AM**  
 Pink's Bar & Grill  
 102 128th Ave NW, Minot

Tournament registration begins at 11:00am, cards will be in the air at NOON! \$150 Total buy in. Players start with 25,000 in chips! 30 minute levels. Re-entry and late entry will be available thru level 9. (Approximately 5:45pm) AT ANY POINT WITHIN THE FIRST 9 LEVELS PLAYERS MAY ADD-ON FOR \$150 AND RECEIVE 30,000 IN CHIPS! PLAYERS MAY ONLY PURCHASE THIS ADD-ON ONCE AND THEY MAY ONLY PURCHASE THIS ADD-ON IF THEY ARE STILL IN THE TOURNAMENT! ALL PLAYERS ARE STILL LIMITED TO A TOTAL OF \$300 SPENT INTO THE EVENT All late entries will be sold a full-stack. Play will continue until a winner has been declared. The final table will be 10 handed, TDA Rules apply.



For more information:  
 Facebook Event / ROUGH RIDER Poker Tournament

**22 MAR** **SPRING FEVER GARDEN FORUMS**  
**6:30 PM**  
 Ward County Administration Building or  
 Online Participation  
 225 3rd St. SE, Minot

North Dakota State University is offering a series of forums to help you care for your yard and garden. Live presentations from NDSU will be delivered on the internet. Viewers can ask questions to the speakers. All sessions are free and recorded for future viewing. Viewers can participate at home or at selected Extension offices across the state. Registration is requested. Please register at <http://www.og.ndsu.edu/springfever/> or at your local Extension Office.



For more information:  
 Facebook Event / Spring Fever Garden Forums

**23 MAR** **BYOF - FURNITURE PAINTING CLASS**  
**6:00 PM - 9:00 PM**  
 The Foundry  
 1407 South Broadway Suite C, Minot

We are excited to help you prep, paint and finish your piece of furniture with Fusion Mineral Paint. This is a 3 hour class that covers the painting process beginning to end! Instructors are on hand to answer your questions, offer assistance and build your confidence!! We will share all of our tips and tricks. This class is for beginners as well as more advanced painters!! You must be able to move/carry the piece of furniture yourself. EXAMPLE: End Table, Chair, Nightstand, Small Dresser, Desk, 4 Kitchen Cabinet Doors. TICKETS: \$99 (plus tax and fees) Comment on FB with your EMAIL and we will send you an invoice within 24 hours OR Tickets can be purchased inside The Foundry, during open weekends, if tickets are available.



For more information:  
 Facebook Event / The Foundry / BYOF

**25 MAR** **WEAVING 101 WORKSHOP**  
**6:00 PM**  
 The Market on 4th  
 1900 4th Ave NW, Minot

In this workshop you will learn the basics of weaving while creating your own wall hanging to take home with you. All supplies are included along with drinks. Cost for this workshop is \$60 plus tax. Must have a minimum of 5 people signed up to avoid cancellation. No Refunds. There will be room for social distancing and masks are required at all workshops. Want to make the project but can't attend the class? Don't worry we can put the project together in a kit! Just email us and let us know you would like it as a kit instead!



For more information:  
 Facebook Event / The Market on 4th / Weaving 101

## On Base

**UFC 260**  
 JOIN US AT ROCKERS  
**MARCH 27TH**

**MIOCIC VS NGANNOU**

PRELIMS: 7 PM  
 MAIN EVENT STARTS: 9 PM  
 CLUB MEMBERS: FREE  
 NON-MEMBERS: \$7

ADULTS ONLY  
 727-ROCK

**SUPER SMASH BROTHERS ULTIMATE TOURNAMENT**  
 27 March 2021 • 1000-0000

Register by 24 March 2021  
 \$10 entry fee per person  
 Entries fee is cash only

**VS**

Prizes for 1st, 2nd & 3rd place!

PLAYER 1 vs PLAYER 2

For more information visit: [www.5thforcesupport.com](http://www.5thforcesupport.com)

ALL YOU CAN EAT  
**GARDEN FRESH SALAD BAR**

EVERY DAY

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



**BOMBER TASK FORCE**  
 Two B-52 Stratofortress aircraft from Minot Air Force Base flew a multinational patrol mission over the U.S. Central Command AOR March 7 to deter aggression and reassure regional partners and allies. Multiple partners accompanied the U.S. Air Force bomber aircraft at different points of the mission, including Israel Defense Forces, Qatar and Saudi Arabia. These bomber missions reiterate the United States Air Force global reach capability and commitment to regional security.

U.S. AIR FORCE PHOTOS

**TOGETHER, WE IMPROVE QUALITY OF LIFE** Same day appointments available.



1201 11th Avenue SW, Minot, ND  
 Phone 701.858.6700, 800.841.7321  
 Hours: Monday-Friday 8 a.m.-5 p.m.  
[cfmminot.UND.edu](http://cfmminot.UND.edu)

Center for Family Medicine  
 SCHOOL OF MEDICINE & HEALTH SCIENCES  
 UNIVERSITY OF NORTH DAKOTA



**TEAM MINOT  
BEAN BAG  
TOURNAMENT**

U.S. AIR FORCE PHOTOS  
MINOT AFB PA

**FOR ALL YOUR HOME LOAN NEEDS**



**BENCHMARK MORTGAGE**  
Ark-La-Tex Financial Services, LLC NMLS# 2143

**We appreciate you & put you FIRST!**

Offering a \$500 off closing cost credit in appreciation for your service

Mention this ad  
for the \$500 off



701-839-3360  
2080 36th Ave SW, Suite 205, Minot

**APPLY NOW ONLINE**  
[www.teamnd.benchmark.us](http://www.teamnd.benchmark.us)

Steve Fennewald NMLS #766570  
Sarah Burckhard NMLS #766557

This is not a commitment to lend. Offer valid to qualifying borrowers through 04/01/2021. Borrower receives credit for lender origination fees up to \$500.00 at loan closing. Loan must close and fund with Ark-La-Tex Financial Services, LLC NMLS# 2143 (www.nmlsconsumeraccess.org). Information, rates, and pricing subject to change without prior notice at the sole discretion of Ark-La-Tex Financial Services, LLC. Other restrictions may apply. (https://benchmark.us) Must present this coupon for it to be valid.



**Auto Care - Valvoline Instant Oil - Tires**  
Minot | 1301 20th Ave SW | 701-837-1301  
Minot AFB | 61 Missile Ave | 701-727-4141

**SPRING  
CAR  
CARE**



*Vehicle maintenance tasks  
drivers don't want to  
overlook*

Savvy drivers recognize that maintenance is essential to keeping their vehicles running strong for years on end. Such maintenance ensures vehicles are safe to take out on the road, and basic upkeep also protects drivers' financial investments in their cars and trucks.

Drivers who are not mechanically inclined tend to put their vehicles in the hands of a trusted mechanic to perform routine maintenance like oil changes. But there's a host of simpler vehicle maintenance tasks that drivers don't want to overlook, some of which can be performed without visiting the auto body shop.

• **Brake inspections:** Brake inspections are best left to the professionals, who can check the thickness of brake pads and look for other indicators of excessive wear. The automotive resource Cars.com recommends having brakes inspected during routine

tire rotations, which many automotive professionals suggest should be done every six months.


• **Car wash:** Car washes might not be the first task drivers associate with vehicle maintenance, but they can prevent long-term damage to cars and trucks. Damage from bird droppings and road salt and ice melt products in the winter can damage a vehicle's paint job and its undercarriage. Wash the car on your own at home or visit a professional car wash to perform this simple yet vital maintenance at regular intervals and whenever you notice significant buildup of dirt and grime on the car's exterior.

• **Air filter:** The air filter on a car or truck prevents debris, dirt and other contaminants from getting into the engine. The auto insurance experts at Allstate® advise drivers to inspect their vehicle air filters once a year.

Air filters in need of replacement may appear dirty, and reduced fuel economy, unusual engine sounds and reduced horsepower are some other potential indicators that an air filter needs to be replaced.

• **Windshield wipers:** Windshield wiper blades are easily overlooked, but various automotive experts recommend replacing wiper blades every six to 12 months. Old wiper blades won't perform at peak capacity, dramatically reducing visibility during heavy rain and snowstorms. Anyone can replace their own windshield wiper blades in a matter of minutes, and new blades won't break the bank.

Vehicle maintenance is not exclusive to tending to what's under the hood. Keeping a car running smoothly for years involves routine tasks that many drivers can perform without professional assistance.



**Oil  
change  
special**

**OIL & FILTER SERVICE**

**OIL, LUBE AND FILTER SERVICES CONSIST OF:**

- REPLACING THE OIL FILTER
- CHECKING THE AIR FILTER
- INSPECTING AND TOPPING OFF ALL FLUIDS UNDER THE HOOD
- OILING ALL FITTINGS
- CHECKING ENGINE FOR HOLES
- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE

**\$10 off**  
**VALVOLINE OIL CHANGE**

Auto Care - Valvoline Instant Oil - Tires  
Minot | 1301 20th Ave SW | 701-837-1301  
Minot AFB | 61 Missile Ave | 701-727-4141

Your vehicle counts on new oil and oil filters to keep it operating efficiently. Oil should be kept full, clean from particles and not burnt. Oil lubes crucial engine parts. Moving components create rubbing, and over time that heat wears the parts down. Oil or a synthetic lubricating substance can minimize the damage from the rubbing by those moving components. By performing a regular oil change schedule you will effectively increase your engine's efficiency as well as maintain the life of your car's engine.

**WHEN TO CHANGE/CHECK YOUR OIL**

- Check Oil Light is on
- Check Engine Light is illuminated
- Oil is dirty
- Pinging, knocking, or additional sounds coming from the engine



**YOU CAN DEPEND ON  
YOUR HOMETOWN EXPERTS  
TO SERVE ALL YOUR  
CAR CARE NEEDS IN MINOT.**

**Auto Care - Valvoline Instant Oil - Tires**  
Minot | 1301 20th Ave SW | 701-837-1301  
Minot AFB | 61 Missile Ave | 701-727-4141







**Cerina Vincent**



# IMAGICON

April 23-25, 2021 • Minot ND

**Panels • Cosplay Contests  
LAN Party • Gaming Tournaments  
Draw Offs • Escape Rooms & more**

**Early Bird Tickets on sale  
at [imagiconnd.com](http://imagiconnd.com)**

**Volunteer opportunities at  
[imagiconnd.com/volunteer](http://imagiconnd.com/volunteer)**

**MILITARY DAY!**  
Friday, April 23

**\$10 General Admission  
for an active-duty military  
card-holder, courtesy of  
Northern Sentry.  
(must bring ID for discount)**



**Johnny  
Yong BOSCH**





*presents* **JUNGLE JENN**



**FINCHES**



**CROSSWORD PUZZLE**

1		2		3		4
	■		■			
				5		
6					■	
	■					
7						

**ACROSS**

- People who work
- “Laughing out loud”
- Covers head
- Emit light or heat in the form of rays

**DOWN**

- Action of laughing
- Inhaled and exhaled
- First to arrive
- Showing teeth in a happy way

Answers:  
Across: 1. Laborers 5. LOL 6. Hat 7. Radiate  
Down: 1. Laughter 2. Breathed 3. Earliest 4. Smiling

**HOURS:**  
MON - SAT  
10AM-3PM  
CLOSED SUNDAY

FOLLOW US ON FACEBOOK 

**1219 BURDICK EXPY EAST MINOT, ND**  
**www.RPZoo.com • 701-857-4166**

**UPCOMING EVENTS**  
**APRIL 30**  
**ZOOTEN APPLICATIONS  
DUE**

**MILITARY  
DISCOUNT**  
**\$5.00 off a \$75.00  
Annual Family Pass**



## Serve Your Community, Join Civil Air Patrol

MAGIC CITY COMPOSITE SQUADRON

### ABOUT CAP

Since Civil Air Patrol's formation during the earliest days of World War II, this vigilant organization of citizen Airmen has been committed to service to America. Founded on Dec. 1, 1941, to mobilize the nation's civilian aviation resources for national defense service, CAP has evolved into a premier public service organization that still carries out emergency service missions when needed — in the air and on the ground.

As a Total Force partner and Auxiliary of the U.S. Air Force, Civil Air Patrol is there to search for and find the lost, provide comfort in times of disaster and work to keep the homeland safe. Its 60,000 members selflessly devote their time, energy and expertise toward the well-being of their communities, while also promoting aviation and related fields through aerospace/STEM education and helping shape future leaders through CAP's cadet program.

Civil Air Patrol's missions for America are many, and today's

adults and cadets perform their duties with the same vigilance as its founding members — preserving CAP's 75-year legacy of service while maintaining its commitment to nearly 1,500 communities nationwide.

### MISSION STATEMENT

Supporting America's communities with emergency response, diverse aviation and ground services, youth development and promotion of air, space and cyber power.

### VISION STATEMENT

Civil Air Patrol, America's Air Force auxiliary, building the nation's finest force of citizen volunteers serving America.

### Core Values

Integrity, Volunteer Service, Excellence and Respect.

If you have a desire to serve your community and a passion for aviation the Civil Air Patrol needs you.

### JOIN TODAY!

Magic City Composite Squadron contact information—  
Phone (701)340-7954  
Email 021cc@ndcap.us

**NOW PLAYING**

**THE CROODS: A NEW AGE**  
(2020) (PG)

**WONDER WOMAN 1984**  
(2020) (PG-13)

**WAR WITH GRANDPA** (PG-13)  
SATURDAY ONLY

**LET HIM GO**  
(Diane Lane, Kevin Costner) (R)  
OPENS FRIDAY!

**\$4.00 ALL SEATS**

FOR SHOWTIMES  
[WWW.OAKPARKTHEATER.NET](http://WWW.OAKPARKTHEATER.NET)

1500 4TH AVE NW, MINOT, ND

CPM

creative property management Inc.

---

BEAUTIFUL CONDOS & TOWNHOUSES  
FOR RENT

---

2 AND 3 BEDROOMS AVAILABLE  
WITH ATTACHED HEATED GARAGE

GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE  
STARTING AS LOW AS \$895 A MONTH!

SCHEDULE YOUR SHOWING TODAY!

---

701-852-5028

WWW.CREATIVEMINOT.COM

NODAK ARMS

OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, March 15: 1,836.8 feet above mean sea level (MSL); 18,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.55 feet above mean sea level (MSL).  
Stump Lake elevation: 1,448.43 MSL.

- N.D. Game & Fish Dept. game wardens: Anglers advised to stay off lakes throughout North Dakota lakes with deteriorating ice conditions.

- Devils Lake, Ed's Bait Shop, Devils Lake: Anglers generally waiting for open water activity with deteriorating ice.

- Devils Lake, Woodland Resort, Devils Lake: A few anglers still walking onto Devils Lake back bays with limited reports. Use extreme caution, however. Look for shore-fishing opportunities in the coming weeks.

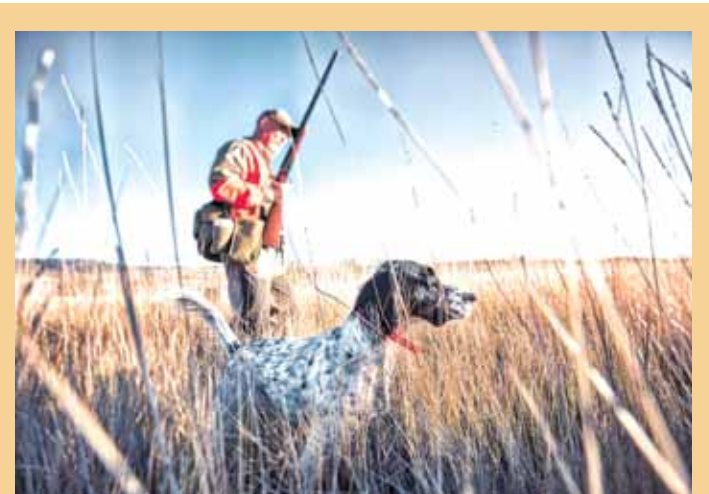
- Lake Darling, Karma C-Store, Ruthville: Limited activity throughout area lakes.

- Lake Metigoshe, Four Seasons, Bottineau: Anglers continue walking onto Lake Metigoshe with a mix of crappie and bluegill activity. Look for a short evening walleye bite.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Poor shoreline ice along Lake Sakakawea. No reports from Lake Audubon.

- Lake Sakakawea, Scenic 23, New Town: Check shoreline conditions in the Van Hook Arm with a little shallow pike activity. Generally slow success yet and use extreme caution with rapidly deteriorating ice conditions.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Lots of boat activity on the Missouri River tailrace but limited walleye success, a case



### OUTDOOR NOTES (check with sponsors for scheduling updates):

- Use extreme caution with deteriorating shorelines and ice conditions, especially around areas with flowing waters, bridges, and culverts.
- March 24: Elk, moose, and bighorn sheep applications due.
- March 27: Turtle Mtn. Rocky Mtn. Elk Foundation banquet, Cobblestone Inn, Bottineau. 5 p.m.
- March 27 & 28: Minot Gun Show, N.D. State Fairgrounds Center.
- April 1: New hunting, fishing, and trapping licenses needed for the 2021 season.

of quality more so than quantity. Some catfish mixed in.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Walk-on access only recommended on the upper end of Lake Sakakawea with best success around White Earth Bay. Try the far upper ends of the larger bays along the shoreline, such Tobacco Garden or Long Creek, for pike. Missouri and Yellowstone have some areas of open water shore-fishing.

- Lonetree WMA area lakes, Harvey: No activity with poor ice conditions throughout area lakes.

- North-central/central N.D. lakes, Towner Hdwe. Hank,

Towner: Limited activity with anglers generally waiting for open water shoreline fishing.

N.D. Parks & Recreation Dept. trails (conditions can vary):

- North Dakota state parks remain open with trails usable for hiking. Check with individual parks for other available amenities for the coming spring. New park passes now available.

### Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (800) 472-2121 or (701) 328-9921.

THIS SPECIAL FEATURE IS SPONSORED BY:

THE DAKOTA'S AR AUTHORITY

Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online [www.NodakArms.com](http://www.NodakArms.com)

Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook

# Registration now open for 2021 Air Force Learning Professionals Consortium

AIR EDUCATION AND TRAINING COMMAND PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) --

Learning professionals across the Air Force can register for the 2021 Air Force Learning Professionals Consortium happening virtually March 23-25.

The event, hosted by Air Education and Training Command Credentialing or AETC/A3B, is an opportunity to bring together and develop the community of knowledgeable and committed learning professionals.

“After the success of the initial event in 2019, we were looking forward to another great event when the pandemic hit last year,” said Dr. Angela Canada, AETC/A3B division chief. “We are so excited to be able to offer this event virtually to our Air Force learning professionals and have a great slate of presenters for the LPC-21.”

Registration to the event is open until March 19 at <https://www.militaryexpos.com/lpc/>.

This year’s event will take place on Microsoft Teams and will feature presentations and panels from key Air Force learning professionals.

“While we will not be

hosting this event in person, we fully expect interaction and collaboration to enhance learning for the men and women we serve,” said Col. Raymond Platt, AETC/A3/6 deputy director for force development.

This year’s theme is “Developing the Airmen We Need” with presentations during the event focused on three areas – people, technology, and learning design and development.

The Learning Professionals Consortium is designed for learning professionals across the Air Force to meet, interact and ultimately collaborate on innovations that will enhance

learning for the men and women we serve. AETC/A3B’s goal is to build community learning professionals who work together to accelerate the transformation of the military learning paradigm.

For more information on Air Force learning professionals, visit <https://www.learningprofessionals.af.mil/> or <https://www.facebook.com/AFlearningprofessionals/>.



We are so excited to be able to offer this event virtually to our Air Force learning professionals and have a great slate of presenters for the LPC-21.

DR. ANGELA CANADA,  
AETC/A3B DIVISION CHIEF



## NEW TO MINOT

### LOCALLY OWNED BAR & RESTAURANT

Great Food • Great Prices • Great Atmosphere

Menu & Specials On Our Facebook Page

**ORDER TO GO 701-838-2828**

1603 35TH AVENUE SW (ACROSS FROM THE YMCA)

**CIVIL AIR PATROL**

ND-021 Magic City Composite Squadron (Minot)

Commander: 1st Lt. Jeremy Skalicky

Civil Air Patrol, America’s Air Force auxiliary, building the nation’s finest force of citizen volunteers serving America.

Supporting America’s communities with emergency response, diverse aviation and ground services, youth development and promotion of air, space and cyber power.

Come Fly With Us!

2400 N Broadway, Minot, ND 58703  
Phone: (701)340-7954  
Email: 021cc@ndcap.us

# GIG INTERNET AT MAFB!

We know slow wifi is frustrating. Our new, faster, more reliable internet packages up to 1 Gig help you live your internet lifestyle!

Getting fast internet is as easy as 1-2-3.

1. Contact Us
2. Pick A Package
3. Love Your WiFi

UPGRADE OR GET SRT INTERNET

# 50% off

ANY PACKAGE FOR 6 MONTHS!\*

SRT.COM/MAFB

701.858.1200 / f t

\*Offer valid for new or upgrading customers, with a Minot Air Force Base billing address. Offer expires December 31, 2021. Offer is subject to change.

701-727-4715  
140 PEACEKEEPER PLACE  
FACEBOOK: MINOT AFB ROUGH RIDER LANES

MON & TUES: CLOSED  
WED: 5 PM – 9 PM  
THURS: 5 PM – 9 PM  
FRI: 5 PM – 11 PM  
SAT: 9 AM – 11 PM  
SUN: 10 AM – 4 PM

## ROUGH RIDER LANES XTRAMURAL BOWLING

Wednesday March 10, 2021

TEAM STANDINGS			REVIEW OF LAST WEEK'S BOWLING & TOP SCORES			
PLACE/TEAM NAME	POINTS WON/LOST		TEAM	HDCP TOTAL	HANDICAP GAME	HANDICAP SERIES
1 5th CES #1	110/50		5th OSS	2555	Damon Nixon - 275 Kyle Hanshaw - 259	Mike Froman - 761 Daniel Stewart - 719
2 5th OSS	108/52		5th CES #1	2558	Andre Gonzalez - 247 Jenna Stewart - 211	Bryson Entendencia - 689 Charline Monty - 666
3 5th FSS	102/58		91st MSFS #1	--	<b>SCRATCH GAME</b> Scotty Botkin - 245 Nicholas Lilly - 221	<b>SCRATCH SERIES</b> Christopher Johnston - 644 Trevor Spears - 582 Justin Monty - 581 Stacy Hanshaw - 361
4 5th AMXS	96/64		5th AMXS	2551	Kris Lenhardt - 203	
5 AAFES	90/70		Air Force	2497		
6 5th BW	80/80		AAFES	2372		
7 Air Force	64/96		5th FSS	2545		
8 91st MSFS #1	36/124		5th BW	2583		

MOST IMPROVED AVERAGE

Bryson Entendencia - 143 to 159.50  
Jason Perez - 159 to 172.45  
Christopher Johnston - 180 to 191.83  
Kristen Mireles - 82 to 85.97  
Stacy Hanshaw - 105 to 108.82  
Charline Monty - 170 to 172.46

SEASON HIGH SCORES

<b>HANDICAP SERIES</b> Jason Jordan - 800 Andre Gonzalez - 773 Kris Lenhardt - 767 Charline Monty - 666 Stacy Hanshaw - 646	<b>HANDICAP GAME</b> Kyle Hanshaw - 347 Mike Froman - 296 Jason Perez - 287 Blake Goodlett - 287 Jenna Stewart - 253 Kristen Mireles - 239	<b>SCRATCH SERIES</b> Scotty Botkin - 765 Duder McGough - 727 JB Butler - 677 Cassandra Hines - 590 Samantha Siebe - 407	<b>SCRATCH GAME</b> Justin Monty - 290 Hutch Hutchins Jr - 274 Trevor Spears - 267 Alyssa Jordan - 156
--	--	---	--

# COVID-19 vaccine does not affect fertility, immunization experts say

MILITARY HEALTH SYSTEM

You're pregnant, or you're breastfeeding. Should you get a COVID-19 vaccine?

That's a question on the minds of many military frontline health care workers today. The short answer is that it's an individual's choice, and military health experts say the vaccine is well worth considering.

As the COVID-19 vaccines continue to be administered across military hospitals and smaller clinics and outposts under Centers for Disease Control and Prevention guidance, the advice from the military and a multitude of national maternal and fetal health professional associations is the same: For most pregnant people, getting the COVID-19 vaccine as soon as possible is the safest choice based on the science to date.

The COVID-19 vaccines made by Pfizer and Moderna are mRNA vaccines. These vaccines contain no live viruses that could directly infect a mother or baby.

"As of Jan. 21, more than 15,000 pregnant patients had received an mRNA vaccine," said retired Navy Capt. (Dr.) Margaret Ryan, medical director, Defense Health Agency Immunization Division, Pacific Region Vaccine Safety Hub, San Diego. "The experiences of these pregnancies are being followed very closely, and no specific safety concerns have been

reported so far.

"As COVID-19 vaccines were being developed, studies in the laboratory and animals showed no reproductive health problems," Ryan added.

Pregnant people are entering clinical trials for COVID-19 vaccines "literally now and going into March, so more data will be known soon," Dr. Anthony Fauci, President Joe Biden's chief medical adviser on COVID-19, told a Blue Star Families virtual town hall Feb. 4.

Of the 15,000 pregnant people who have received at least one of the 32 million vaccinations in the United States, "there have been no red flags of adverse events. Many who are pregnant are health care providers who said the risk of getting COVID-19 from their patients was worse than that from getting the vaccine," said Fauci, director of the National Institute of Allergy and Infectious Diseases at the National Institutes of Health.

Said Ryan: "Although it is unclear how pregnancy may affect infection risk, some women who have been infected with COVID-19 during pregnancy have experienced serious illness or death. COVID-19 infection in pregnancy also seems to increase risk of preterm birth."

As for those who do not want to take the vaccine, "we know there

are significantly increased risks for pregnant people who contract COVID-19, e.g., they are three times more likely to be admitted to the ICU and need breathing support," said Navy Cmdr. (Dr.) Monica Lutgendorf, division head Maternal Fetal Medicine, Naval Medical Center-San Diego (NMCS), and chair, DHA Women and Infants Clinical Community. "People with comorbidities such as diabetes, Latinx, and Black people are also more at risk for COVID-19 and death. Therefore, it is often beneficial to get the vaccine, especially for pregnant or nursing individuals at increased risk of severe disease."

Lutgendorf noted that although relative risks of COVID-19 are increased in pregnancy, this information should be provided in the context of overall low absolute risks for breathing support (2.9 per 1,000), heart and lung support (0.7 per 1,000), and death (1.5 per 1,000).

Ryan went on to say that specialists from the CDC, American College of Obstetrics and Gynecology, and American Academy of Breastfeeding Medicine "all agree that breastfeeding should not be a barrier to receipt of a COVID-19 vaccine. Breastfeeding should never be equated to pregnancy in terms of health considerations for mother or child."



An Army couple holds hands while listening to a counselor explore reasons why the woman should or should not receive a COVID-19 vaccination while pregnant. Ultimately, those eligible for the immunizations must make their own choices about getting vaccinated while pregnant or choose to wait until after birth to get vaccinated. The same decision extends to people who are breastfeeding.

PHOTO BY ARMY SGT. MARICRIS C. MCLANE

<b>EVERYDAY HAPPY HOUR • 3PM – 6PM</b> \$2 off All Apps \$3 House Wine & Domestic Pints Bavarian Pretzels with Beer Cheese Sauce \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups \$5 Moscow Mule \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps ½ Flat Bread Pizza	<b>DAILY SPECIALS</b> Monday \$5 Moscow Mules (all day) Tuesday \$4 ND Breweries (all day) Wednesday ½ Price Wine by the glass/bottle (all day) Thursday \$1 up for all Tall Taps (all day) Sunday BRUNCH (11am-2pm) \$7 TSR Bloody Mary & Caesars \$12 Bottomless Mimosas \$6 Breakfast Shots	<b>FAMILY PACKS</b> Monday Pizza Pack Combo Tuesday Sandwich Pack Wednesday Chef Creation* *Changes Weekly – Check our Facebook Page Thursday Pasta Pack
--	--	---

thestarvingrooster.com

## LAW TALK

### Don't Become the Victim in a News Article

A headline from Minnesota caught our attention: "Daughter-in-law accused of stealing mother-in-law's assets faces 12 felonies."

We don't get many clients who are concerned about their children or other family members stealing from them. But, in many cases, these types of situations arise unexpectedly and, sometimes, unintentionally.

In the case of the Minnesota woman, her son and daughter-in-law transferred her real property to themselves and wrote checks out of her bank account for their own desires while failing to make her long-term care payments. Presumably, in order to do all this, they likely had been given power of attorney.

When choosing an agent to represent you as your power of attorney, it is crucial to choose someone responsible who you trust fully with your finances and assets. Like in the Minnesota case, there are avenues to prosecute financial exploitation of vulnerable adults but they don't solve the problem as it is occurring. A responsible agent will help prevent problems from arising in the first place.

Sometimes even responsible people can be tempted when they run into hard times. There are other ways to make sure your assets are safe from exploitation. You could choose co-power of attorney agents to serve jointly or create a trust with explicit instructions regarding the usage of trust assets. Some people put their children's names or close friends on bank accounts, hoping to avoid probate, but this could result in accounts being drained due to irresponsibility or financial difficulty.

Every family and every situation is different. This is why we believe there is no "one size fits all" approach to estate planning. By filling out our estate planning questionnaire and sitting down with our attorney for an initial consultation, you can be sure you're getting exactly what you need to protect your assets for your unique situation.



## BOPPRE LAW FIRM



2151 36th Ave SW • Suite B • Minot, ND  
 Phone: 701-852-5224  
[www.bopprelawfirm.com](http://www.bopprelawfirm.com)

### We Specialize in All Things Glass...



Get **\$25** off a service of **\$275** or more

Limited time offer. One per customer. Cannot be combined with other offers. Valid at participating locations.

GLASS DOCTOR<sup>®</sup> a neighborly company



Shower Enclosures • Table-top Glass/Curio Cabinet Glass  
 Automotive Glass Repair and Replacement • Mirrors

**GLASS DOCTOR<sup>®</sup>**  
 a neighborly company

701.852.3741 • [GlassDoctor.com/Minot](http://GlassDoctor.com/Minot)  
 1122 S. Broadway Minot, ND 58701

Locally Owned and Operated Franchise

# Air Force seeks to accelerate efficiency

CORRIE POLAND, AIR FORCE OPERATIONAL ENERGY

WASHINGTON (AFNS) --

As modern warfare continues to evolve, the Air Force has renewed its focus on maintaining secure fuel networks and optimizing operations for maximized combat capability. Over the past year, the Air Force Operational Energy office targeted specific initiatives that aim to increase operational efficiency, incorporate modern technology and processes, and improve sustainment. Furthermore, these efforts have an added benefit of reducing greenhouse gas emissions, a critical aspect of the secretary of defense's climate change prioritization. Here is a breakdown of the latest accomplishments and how AFOE is bringing 21st century energy solutions to the Air Force.

## MOBILITY PLANNING SOFTWARE PROVES ITS RETURN ON INVESTMENT

When the digital tanker planning tool Jigsaw first launched in 2017 by the Defense Innovation Unit, the benefits were rapid and impactful. It dramatically decreased the time spent scheduling aerial refueling missions at the Combined Air Operations Center from 8-12 hours to just four hours. It improved tanker asset utilization by 3.6%, reducing the number of required tanker sorties per day by 1.8. What's more, by increasing the effectiveness of each sortie, the Air Force could meet mission requirements with 180,000 fewer gallons per week and nine fewer aircrews.

In 2020, AFOE continued to support and fund the development and fielding of Jigsaw's auto-planning feature to further optimize tanker planning and scheduling. AFOE estimates the automation capability will reduce planning time to less than 30 minutes and increase scheduling efficiency by another 10%, equivalent to executing an average air tasking order with five fewer tankers. These efficiencies enable the Air Force to maintain

the same combat sortie rate while decreasing fuel use, and reducing operational risk.

Additionally, Operational Energy funded the purchase of security software for the Aloha Spark Innovation Cell, TRON to accelerate mobile app development, data collection, and migration to digital forms. Implemented this past October, the software, NowSecure, meets Department of Defense requirements for secure software development and will enable TRON to fast-track app transition to the operational environment, getting tools into the hands of warfighters faster and facilitating collection of fuel use and flight currency data.

Likewise, Magellan, the global mobility allocation tool AFOE began funding and supporting in 2019 became an Air Mobility Command system of record this past year. The software merged multiple manual processes into a collaborative, transparent platform for the Readiness Driven Allocation Process and saves planners an estimated 300 hours per month. The tool reached initial operating capability in July 2020 and is now the sole data source for allocation decisions at AMC.

## INTEGRATED DATA-ANALYTICS INFORM OPERATIONS

Using the Air Force cloud computing platform, AFOE helped develop real-time analytic pipelines to provide insight into aviation fuel usage and productivity, integrating multiple data sources to produce actionable insights into major weapon systems. These pipelines are a critical component of the Operational Energy Data Collection Strategy and expand visibility into Air Force operations. The data has already led to insights into how fuel planning affects aircraft availability and the impact of fuel efficiency improvements on tanker operational efficiency.

For example, AFOE evaluated 10 years of data on fuel planning and aircraft availability for the C-17 Globemaster III and the KC-135 Stratotanker. The results showed that precision fuel planning increases aircraft availability by reducing stress on aircraft components and related maintenance requirements, improving the time the aircraft is available for training or operational missions. Carrying just 10,000 pounds less fuel through precision fuel planning has historically been associated with aircraft availability rates about 1% higher than the current baseline.

Similarly, using the Aerial Refueling Model, AFOE identified a link between fuel efficiency and improvements in endurance, fuel offload, and receivers and tankers required to fulfill the mission. In this scenario, operational efficiency resulted in: tanker offload increased by roughly twice the fuel efficiency gain, extended time-on-station, and multiplied the engineering effect of reduced fuel burn.

## MODERNIZING ENGINE SUSTAINMENT

The Air Force Operational Energy office, along with

AFWERX, Air Force Special Operations Command and industry, sponsored two programs to demonstrate how nucleated foam washing on the CV-22 Osprey and KC-135 engines reduces specific fuel consumption and exhaust gas temperature, lowers maintenance costs, decreases carbon dioxide emissions, and extends time-on-wing. Preliminary results from the KC-135 testing, which occurred in November 2020 at Rickenbacker Air National Guard Base, Ohio, indicate a significant reduction in engine temperature using nucleated foam as opposed to water; a good indication of the potential for improved engine performance. Testing and analysis of the CV-22 foam wash began in December at Hurlburt Field, Florida, and is expected to continue through December 2021.

## INCORPORATING OPERATIONAL ENERGY INTO JOINT WARGAMING

As part of our energy in wargaming effort, AFOE provided key support to the Pacific Energy Distribution and Critical Infrastructure Wargame, led by the Navy. The game highlighted vulnerabilities between the Navy's capabilities to support Air Force

fuel requirements and informed senior leaders on how to address gaps and future investments. Furthermore, AFOE helped deliver several modeling and simulation tools, such as the Joint Operational Energy Modeling System, to better integrate fuel into wargaming scenarios. In support of the Futures Game 2020, AFOE contributed to the development of a logistics database module for STORM to support operational planning and to integrate with a combat generation simulation developed by the Air Force Warfighting Integration Capability office.

These initiatives are just the tip of the iceberg for what is possible with operational efficiency. Countless other high ROI technologies and innovations will extend aircraft range, reduce emissions, and increase combat capability while also providing added value to Airmen - giving them one more pass in training or saving hours in planning time. The Air Force Operational Energy office is building a culture that understands efficiency is not about compromising capability - but maximizing it.



Brent Knudson, DO



Cody Pehrson, MD

## Precise Total Knee Replacement

### Pairing Surgical Expertise with Robotic Technology

Orthopedic surgeons Brent Knudson, DO, and Cody Pehrson, MD, offer total knee replacement using the Zimmer Biomet ROSA® Knee System. With this Robotic Surgical Assistant, our specialists can tailor your knee replacement just for you. Greater precision means less discomfort and recovery time, so you can get back to living life to its fullest.

Visit [trinityhealth.org/ROSAknee](https://trinityhealth.org/ROSAknee) to learn more.



MAKING MORE POSSIBLE

## LEGACY PROJECT

Do you know a Parkie Diva or Warrior?

THEN...Enter her or him into the Legacy Project. It's easy!

1. Submit up to 4 pics of her or him.
2. Describe why they are a Parkie Diva or Warrior.
3. Add 1 or 2 of their favorite stories

4. Submit your app online at <https://www.facebook.com/groups/shakingdup>



# YOUTH IN ACTION

## MPS District Awards of Excellence

The purpose of the Employee Awards of Excellence is to recognize school district employees who have demonstrated a high level of commitment, effectiveness and efficiency in performance of their professional responsibilities or work-related duties. This recognition is designed to identify those individuals who perform above and beyond the requirements of their jobs.

One award will be provided in each of the following five areas:

1. Outstanding Service (All MPS employees are eligible)
2. Efficiency (All MPS employees are eligible)
3. Instructional Performance (All MPS teachers are eligible)
4. Excellence in Leadership (All MPS teachers and administrators are eligible)
5. Emerging Educator Award (All MPS teachers with a total of five or less years of teaching experience are eligible)

Any employee, parent, or patron of Minot Public Schools may nominate an employee for recognition by the Board of Education. The Board of Education will formally recognize

award recipients at the Annual Retirement and Recognition Banquet in the Spring, based on nominations submitted online to the Awards Selection Committee by the deadline of April 1st.

The purpose of the Partners in Education Awards is to honor those who have benefited the school district or enhanced its mission. This recognition is designed to identify a member of the community and/or organization that has made a significant contribution to the Minot Public Schools.

To nominate an individual and/or organization, complete one nomination form online and have up to three additional people provide letters of support (online also) by April 1st. Nomination and Letter of Support forms for all awards are found on the MPS website at <https://www.minot.k12.nd.us/district-awards-2e7daeba>

If you have questions, please contact Katy Dahl, Awards Selection Committee Chair, at 857-8772 or the Human Resource department at 420-7500.

## The Youth of the Year Program

The Youth of the Year program is Boys & Girls Clubs of America's most prestigious award. Teens, fourteen years and older, can earn this title by competing against their peers by writing essays, composing and reciting a speech, and maintaining exceptional school standings. The winner of the Minot AFB Youth of the Year title will compete against others in the state including Grand Forks AFB Youth Programs and Red River Boys & Girls Club. Scholarship money is earned at the state, regional, and national levels.

The winner of the 2021 Minot AFB Youth of the Year is Mr. Ryan Weed! Ryan is the child of an active duty member here at Minot and has experienced many of the ups and downs of military life. When interviewed, Ryan concluded that three characteristics sum up his leadership focus: being an advocate, striving to motivate others and building upon his community. Ryan is starting an initiative that will begin on 1 April, which coincides with the start of Month of the Military Child. The initiative is a social media campaign with the goal of encouraging teens to check in on one another using the hashtag #1in3ND. In Ryan's own words, "Teens today are quickly losing genuine connections to the people around us. With the constant want for media and social attention, we have given up authenticity for a filter...Perfection is a false hope and a pressure we put on



RACQUEL LABADIE, GS-11  
SCHOOL LIAISON SPECIALIST  
CHILD AND YOUTH EDUCATION SERVICES



RYAN WEED  
2021 MINOT AFB  
YOUTH OF THE YEAR

ourselves. I believe that when I stopped relying on social media for my sense of worth I gained a healthier perspective about the world and had more opportunity to make true connections. I believe

that this disconnect is a major cause for teen depression, anxiety, and suicide. Committing to live authentically and make deeper connections have helped bring me out of my depression and I know it will have positive effects on those around me. I hope to inspire others to be brave enough to show the world who they truly are." The meaning behind #1in3ND stems from a Centers for Disease Control study published in 2019 which stated that 1 in 3 teens suffer from some form of mental health concern ([cdc.gov/childrensmentalhealth](https://www.cdc.gov/childrensmentalhealth/))

We congratulate Mr. Ryan Weed for this notable accomplishment! Ryan will continue to compete next month at the state level. We are proud to have Ryan represent Minot AFB's Youth Programs and Team Minot! For more information on Youth of the Year or other teen programs contact, Ms. Brinee McAlexander at the Youth Center 701-723-2838.

### 2020-2021 MPS CALENDAR



#### IMPORTANT UPCOMING DATES

- March 10**  
P/T Comp Day - No School
- March 11 & 12**  
Spring Break
- March 17 & 31**  
Early Release 1:15pm
- April 2**  
Good Friday - No School
- April 5**  
Vacation - No School
- April 21**  
Early Release 1:15pm

March 2021							20 days
S	M	T	W	T	F	S	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

April 2021							20 days
S	M	T	W	T	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		

- Vacation Days - not contracted day
- Holidays
- Early Release Days - 1:15pm
- Parent/Teacher Comp Days

### CALL AHEAD AND TAKE OUT • DELIVERY AVAILABLE!

**MI MEXICO**  
AUTHENTIC MEXICAN FOOD

301 40TH AVE SW MINOT, ND  
701-858-0777

[WWW.MIMEXICOMINOTND.COM](http://WWW.MIMEXICOMINOTND.COM)



## MENTOR

BECOME A MENTOR AND JOIN OTHERS IN YOUR COMMUNITY MAKING A DIFFERENCE IN THE LIFE OF A CHILD.



PLAY BALL



GRAB A BITE



HIT THE GYM



VOLUNTEER

## MALE VOLUNTEERS NEEDED

Mentoring relationships are a shared opportunity for learning and growth. Many mentors say that the rewards they gain are as substantial as those for their mentees.

**SIGN UP ONLINE TODAY**

[WWW.COMPANIONSFORCHILDREN.ORG](http://WWW.COMPANIONSFORCHILDREN.ORG)

# The Interstate Compact Makes Changing Schools Easier for Military Children

MILITARY ONESOURCE

The Interstate Compact Makes Changing Schools Easier for Military Children

When moving to a new duty station means going to a new state as well as a new school for your kids, rest assured that the Interstate Compact on Educational Opportunity for Military Children is designed to make the transition smooth. The Department of Defense, in collaboration with the National Center for Interstate Compacts and the Council of State Governments developed the compact to address the educational transitions for military families. All 50 states have committed to helping your children enroll in school, register for the classes they need, and graduate on time.

Through the compact, states are working together to provide a consistent set of policies that will make getting started in a new school, joining extracurricular activities and meeting graduation requirements as easy as possible for military children. Military parents can help their families access this support with a few simple steps.

## HELP YOUR FAMILY BENEFIT FROM THE INTERSTATE COMPACT DURING A MILITARY MOVE

**ENROLLMENT:** The compact makes it much simpler to get started at a new school.

- **SCHOOL RECORDS:** You can obtain a copy of your child's school records from their old school to bring to the new one. Use these until the official records arrive.

- **IMMUNIZATIONS:** You have 30 days from the time of enrollment to give your child any new required immunizations.

- **KINDERGARTEN AND FIRST GRADE:**

Children can continue in their current class year, even if the new school has a different age requirement.

**PLACEMENT:** Your child's progress in their previous school will be recognized.

- **COURSE AND PROGRAM PLACEMENT:** If your child is already in a program, such as advanced placement, the new school must honor that if they have an equivalent.

- **PLACEMENT FLEXIBILITY:** Your child won't have to repeat basic coursework if they've taken something similar already.

- **ATTENDANCE:** The compact enables a student to miss school for military-related reasons.

- **ABSENCE RELATED TO DEPLOYMENT:** Students may request excused absences before,

during and after the related deployment period.

**ELIGIBILITY FOR ACTIVITIES:** Your child's eligibility for attending school and extracurricular activities won't be affected.

- **ENROLLMENT:** Your child can continue to attend their same school if they're living with a relative, friend or non-custodial parent during the deployment. The guardian will, however, need a power of attorney to enroll or give permission to participate in school activities.

- **EXTRACURRICULAR ACTIVITIES:** Even if tryouts or application deadlines have passed, the school will help make it possible for the child to participate.

**GRADUATION:** With the compact, graduation for kids in high school won't be affected.

- **COURSE WAIVERS:** If your child has already completed similar coursework, they can waive courses required for graduation at a new school.

- **EXIT EXAMS:** The new school district may accept your child's exit exams and achievement tests required to graduate from their previous school.

- **SENIOR-YEAR TRANSFERS:** If your student changes school during their senior year, the two school districts will work

together to get a diploma from the former school to ensure on-time graduation.

**THE INTERSTATE COMPACT ALSO COVERS CHILDREN WITH SPECIAL NEEDS CHANGING SCHOOLS**

- **SPECIAL EDUCATION:** If the Individuals with Disabilities Education Act covers your child, they have the right to comparable services provided by their most current Individualized Education Program, or IEP.

- **REEVALUATION:** The new school system may reevaluate your child's eligibility for special education services to determine a new IEP.

In addition to provisions in the Interstate Compact, Military OneSource offers these educational resources for families with special needs:

- **THE EDUCATION DIRECTORY FOR CHILDREN WITH SPECIAL NEEDS:** The directory provides the information you need to make informed decisions about education and early intervention

services.

- **EXCEPTIONAL FAMILY MEMBER PROGRAM:** Your local installation EFMP Family Support staff can help you identify and access programs and services related to education, outreach, local school and early intervention services.

- **SPECIAL NEEDS CONSULTANTS:** Special needs consultants can be accessed through Military OneSource Exceptional Family Member Program Resources, Options and Consultations, or EFMP ROC. Consultants are available by phone or video to help you navigate the medical and educational needs of your family and connect you with military and community-based support.

If you want to schedule an appointment or have questions, Military OneSource has military-trained consultants in education and special needs. Call 800-342-9647 or live chat at any time to schedule an appointment.



## STEM SUPER STARS

Mrs. Bonzer and Mrs. Knight-Daiss' STEM super stars grew their own rainbows and learned about capillary action at Dakota Elementary on March 15.

DAKOTA ELEMENTARY PHOTOS

**MINOT AFB**  
**SCHOOL BOARD POSITION NOW OPEN!**  
**CURRENTLY ACCEPTING APPLICATIONS**

FOR MORE INFORMATION OR AN APPLICATION CONTACT RACQUEL LABADIE AT 701-240-2380 OR SEND AN EMAIL TO RACQUEL.LABADIE.1@US.AF.MIL

POSITION REQUIREMENTS:  
 1- MUST RESIDE ON THE INSTALLATION  
 2- ACTIVE DUTY ENLISTED, RESERVISTS AND FAMILY MEMBERS ARE ELIGIBLE  
 3- CANNOT BE AN EMPLOYEE OF MINOT PUBLIC SCHOOLS

**DEADLINE TO APPLY IS 31 MARCH**

\*Pursuant to DoDI 13.44.10 Para 4.2.4.2 officers are not eligible to serve on the Minot AFB School board as it is not an independent district.

**Job Corps** QUENTIN N. BURDICK JOB CORPS CENTER • MINOT, ND  
**CAREERS BEGIN HERE**  
 WE OFFER THE **SKILLS** YOU NEED TO **SUCCEED** IN TODAY'S WORKFORCE, AT **NO COST** TO YOU OR YOUR FAMILY (IF YOU QUALIFY).

**GET HANDS-ON TRAINING**  
 » Apply online! [JOBCORPSMINOT.COM/GET-STARTED](http://JOBCORPSMINOT.COM/GET-STARTED)  
 OR CALL 701-857-9671

**WELDING** (Average salary: \$40K per year)  
**FACILITIES MAINTENANCE** (Average salary: \$27K per year)  
**MAINTENANCE & LIGHT REPAIR** (Average salary: \$26K per year)

QUENTIN N. BURDICK JOB CORPS CENTER PROVIDES ON-THE-JOB TRAINING & HELP YOU FIND THE CAREER THAT'S RIGHT FOR YOU.

# Brown looks to accelerate while changing Air Force culture

CHARLES POPE, SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) -- Air Force Chief of Staff Gen. Charles Q. Brown, Jr. rarely disguises his intentions or pulls punches. He wants to go fast. He wants Airmen to succeed and feel enriched. He wants the best and most unvarnished information. Most of all, he wants to win.

Which is why, one day early in his tenure, he arrived at a Pentagon conference room and rather than taking a seat at the head of the table as is custom, he picked a seat on the side.

"At first it confused the heck out of people," Brown said recently in a wide-ranging interview to discuss his approach to the job, his methods and expectations. He also discussed the progress so far meeting requirements of "Accelerate Change or Lose," his philosophical blueprint for what the Air Force must do to succeed.

"I see myself as an action officer just like they see themselves and I like having more of a roundtable atmosphere," Brown said in explaining his seat selection.

"We're all in it for the same thing - making it better for the Air Force. If there's too much deference you don't get the dialogue. People will tell you what they think you want to hear. What I really want to hear is all the various feedback."

Now, more than six months since becoming the Air Force's highest-ranking uniformed officer, Brown continues to press his strategy for ensuring the Air Force meets every mission, every time. He's focused on ensuring the Air Force successfully reshapes itself to satisfy the National Defense Strategy's requirements while nurturing an environment that rewards ambition, innovation and excellence while repelling sexual harassment, racial inequality and extremist ideologies.

Brown's plan for achieving all of this is included in the document "Accelerate Change or

Lose" he released in August soon after becoming Chief of Staff. In December, he released a more detailed collection of "Action Orders" for how best to achieve those goals.

None of it is easy, Brown acknowledges.

To achieve the goals requires new technology, a rethinking of how the Air Force operates and in some cases organizing and shifting deeply ingrained cultural practices across the organization.

But, he says, the Air Force and the nation have no choice.

"Our Air Force must accelerate change to control and exploit the air domain to the standard the Nation expects and requires from us. If we don't change - if we fail to adapt - we risk losing the certainty with which we have defended our national interests for decades," Brown writes in "Accelerate Change or Lose."

The "Action Orders" provide a pathway and are hooked to four priorities. The first emphasizes the Air Force's mission to "recruit, assess, educate, train, experience, develop, and retain Airmen;" the second calls for a "tune up" of the service's bureaucracy to make it faster, more efficient and focused.

The third priority requires the Air Force "to fully understand our competitors" and to adapt its decision-making, doctrine, capabilities and tactics with U.S. competition in mind. China is mentioned by name, illustrating the shift to great power competition and a geographic change in focus as well.

The final priority is called "design implementation," a dense term that essentially means reconsidering the way the Air Force decides what the future might bring and how best to organize, train and equip the force to meet that anticipated threat.

"We need to identify systems and programs that are outdated

and/or unaffordable to make way for capabilities that will make us competitive in the future high-end fight," Brown states in Action Order D.

Like his predecessors, Brown says his highest priority is serving, supporting and sustaining Airmen. It's no accident, he said, the first directive in his December document - Action Order A - is focused on Airmen.

"I want to create an environment where all Airmen can reach their full potential. That's what they expect," Brown said in the interview. "Parents, aunts and uncles, brothers and sisters send young people to our Air Force and what they expect is they will reach their full potential."

"The other part is the operational piece. We've had great success with air power in the United States Air Force and because of that success in various conflicts dating back to World War I we are expected to provide air superiority so Americans, our allies and our partners are not attacked from the air."

"That's part of our challenge," he said. "There is an expectation (for superiority) that's taken for granted. We have an advancing threat so we must advance as well. You can't keep an advantage just by sitting there, using the status quo. Just like any athlete, when somebody is pushing you, you have to push as well."

For Brown that means a focus on "capabilities over platforms." It means perfecting and refining still-evolving strategies such as Joint All Domain Command and Control and the Advanced Battle Management System. Those systems are able to collect, synthesize and analyze vast amounts of information from air, land, sea, space and cyber, and then share the crucial results instantly with commanders and forces on the battlefield.

It means fostering a new cadre

of Airmen who are experts in software development, artificial intelligence, and joint operations in addition to the crucial traditional job categories that have fueled the Air Force's excellence for generations.

Like the engineer and pilot he

is, Brown has clear ideas for how to find the best answers to difficult questions. One major element is exposing him to information he may not want to hear.

CONTINUED ON PAGE B10

Danielle Bolinske  
REALTOR®  
701-833-7180

**ELITE**  
REAL ESTATE  
*Excellence in Action*  
1829 S. Broadway  
Suite 1, Minot, ND

## A LOOK BACK THIS WEEK IN USAF HISTORY

**AIR FORCE HOLDS ITS FIRST ALL-FEMALE ALERT AT MINOT, F.E. WARREN, AND MALMSTROM AFB'S MARCH 22, 2016**



On March 22, 2016, missileers from the 20th Air Force made history by performing the first all-female ICBM alert. The idea was proposed by Col. Stacy Huser, former commander of the 91st Operations Group at Minot Air Force Base, North Dakota. The day consisted of 90 missileers from Minot AFB, F.E. Warren AFB, Wyoming, and Malmstrom AFB, Montana, as well as female B-52 air crews from Barksdale AFB, Louisiana and Minot, and aircrews from Offutt AFB, Nebraska. At

Each year, missileers who join the all-female alert receive a patch. This is the first patch from 2016. (USAF Photo / Airman Collin Schmidt)

F.E. Warren, missileers were joined by two women who trailblazed the way for today's female Airmen, Retired Col. Pat Fornes, the first female officer on a U.S. missile crew, and Retired Col. Linda Aldrich, the first female Minuteman ICBM crew member. The first all-female alert was an effort to show the strength and determination of female Airmen and to prove their vital roles in continuing the mission every day. "The fact that we can look across our pre-departure briefing room and see a woman sitting in every seat, for every combat crew going out on nuclear alert, is in itself, significant," said Col. Tom Wilcox, commander of the 341st Missile Wing at Malmstrom. The alert soon became a yearly celebration of Women's History Month, and it continues to this day.

Information courtesy of: warren.af.mil

**CELEBRATE LIFE**  
SERVING YOU SINCE 1926

304 S MAIN ST  
MINOT, ND

**THOMAS**  
FAMILY  
FUNERAL HOME

CALL  
701-838-2832

WWW.THOMASFAMILYFUNERALHOME.COM

**ACCESS**  
Roll Up Cover

**ROLL-UP PICK UP COVERS**  
• SRT - 2 ELECTRIC • SPOOL ROLL TARP • TRUCK TARPS

Manufactured by AGRI-COVER  
DISTRIBUTED BY  
**NELSON RIPPINGER SALES**  
NEW & USED COVERS ON HAND  
ASK ABOUT MILITARY DISCOUNT  
OWNED BY VETS

JIM OR BONNIE 838-2515 • CELL 721-1251

At Great Clips we're great at

**MILITARY STYLE HAIRCUTS**  
...well we are just plain great at all haircuts!

Military Discount ~ On Line Check In  
Open at 8 AM Monday - Saturday, Noon on Sunday.

**Great Clips**  
3226 16th Street SW, Suite 200, (701) 858-1811

GREATCLIPS.COM

MINOT CURLING CLUB  
WOMEN'S  
SAVE THE SOFT ROCKS  
BONSPIEL

**Curling for the CURE**

*Who: Ladies Only, all ages-No experience required. Please bring clean shoes to change into. Instruction and equipment provided.*  
*What: Bonspiel Fundraiser to benefit Breast Cancer Patients*  
*When: Saturday March 20th. Learn to Curl 10:30am-Noon Starting at Noon two 4 end games. Food and entertainment included between and after games. Non-curlers who wish to attend can bring board games and socialize.*  
*Where: Minot Curling Club, KXMC building across from NDSF Grand Stand*  
*Cost: \$25 a person*  
*How: Preregister with Kae Watson @ 701-721-1912, or come day of*  
*Benefit: funds to remain local to assist women with their care and recovery from Breast Cancer*

Minot Lady Curlers: Want to get involved? Contact Kae with questions about volunteering and instructor roles.



# From childcare to ponytails: How can Sword Athena help you?

CAPTAIN TISHA YATES, AIR COMBAT COMMAND PUBLIC AFFAIRS

JOINT BASE LANGLEY-EUSTIS, Va. (AFNS) --

Recent updates to Air Force dress and appearance standards were a win for Airmen who advocated for a broader set of professional hairstyles for women in uniform.

These changes, along with normalizing support to nursing mothers, identifying improperly fitting equipment, and demystifying seeking mental health assistance were among the central issues of Air Combat Command's inaugural Sword Athena event last year. Sword Athena is designed to identify, tackle and present solutions to female and family-centric barriers to readiness using crowd-sourced topics and a Mission Area Working Group (MAWG) model.

The Workplace and Training MAWG partnered with the DAF Barrier Analysis Working Group (DAFBAWG) Women's Initiative Team's (WIT) and Warrior Braids' multi-year effort to champion a proposal for women to wear low ponytails and braids. Together, they presented a well-researched, convincing case to retired Gen. Mike Holmes, then

the Commander of Air Combat Command. Holmes supported the proposal and personally sent a signed memorandum to the Air Force Uniform Board and other senior Air Force leaders.

"Most women in their tactical action of duty had to wear their hair out of regulations to have the gear fit them, and we presented a better solution," said Capt. Jessie "FONIX" James, Workplace and Training MAWG co-chair. Additional concerns of the existing hair regulations included long-term hair damage, migraines and creating an inclusive service environment for all Airmen.

Participating in SA2020 helped the MAWG members better define their issue and what would be required to make a change. Topics considered: funding, if the change could be implemented either through a signed memo or policy change and whether additional support and advocacy were required.

"By presenting a well-researched, clearly defined problem, solution and ask, change becomes more possible," said James.

Other SA2020 results included

nursing pods in unit areas and designating Child Development Centers as No Hat, No Salute zones.

"Do not give up!" said Master Sgt. Johnathon Lind, a WIT, Warrior Braids, and also a Workplace and Training MAWG member. "There is personal risk in attempting to make changes. Be brave and follow your heart (and the evidence). Research and provide your leadership with evidence and facts that they can reflect on to make the right decision."

Sword Athena 2021 is launching later this month and the SA2021 MAWGS welcome your ideas to communicate on the following topics: Reducing Predictable Stressors for Airmen in Relation to Mental Health, Creating a Safe Psychological Space, Workplace and Training, Family and Children, Spouse Inclusivity, and ACC Total Force.

To contribute to the topics, visit <https://usaf.ideascalegov.com/a/ideas/recent/campaign-filter/byids/campaigns/204/stage/unspecified>.



U.S. Air Force Capt. Kate "Flare" Archer, F-22 Pilot with the 27th Fighter Squadron, prepares her gear before stepping out to the flight line, on Joint Base Langley-Eustis, Virginia, Feb. 25, 2021. The female hair regulation change in AFI 36-2903, allows ponytails and braids in uniform. Before the change, most women would have to wear their hair out of regulation in order for their gear to fit them properly.

U.S. AIR FORCE PHOTO  
SENIOR AIRMAN JAYLEN MOLDEN

# Brown accelerates

CONTINUED FROM PAGE B8

“The analogy I’ve been using is, just like a Supreme Court decision, you’ll have the majority ruling and there’s also someone representing the dissenting view that’s packaged together,” he said.

“We want to figure out how to work together to be faster but also to eliminate blind spots. ... There may be merit on both sides,” Brown said, noting he is meticulous about reading materials before meetings so the discussion can be robust, challenging and efficient.

On especially tough questions and issues, Brown has an approach as well.

“I look at it like a Venn diagram versus approaching it from points of disagreement,” he said. “What do we agree on already? Then how do we work on the parts where there’s disagreement?”

He also likes information, background materials and presentations provided in narrative form rather than bullets. Narratives, he says, provide important context and nuance; it can reveal the underlying rationale and motive that drives to a better and faster conclusion.

“When you do bullets, you can tap-dance around bullets when I ask a question,” he said. “If you put it in a paragraph, it means you’ve fully thought through it and you feel confident you can defend it. I like narratives because then they can fully put their thoughts down on paper.”

He is also determined to streamline – and speed up – decision-making.

“There’s a Harvard Business Review article I read that said, when you’re making a key decision you need to keep the group to about seven,” he said. “For every additional person you add to the decision making body you decrease your effectiveness by 10 percent. So once you get to 14 you’re pretty much stagnated; you’re trying to please too many people.”



We want to figure out how to work together to be faster but also to eliminate blind spots.

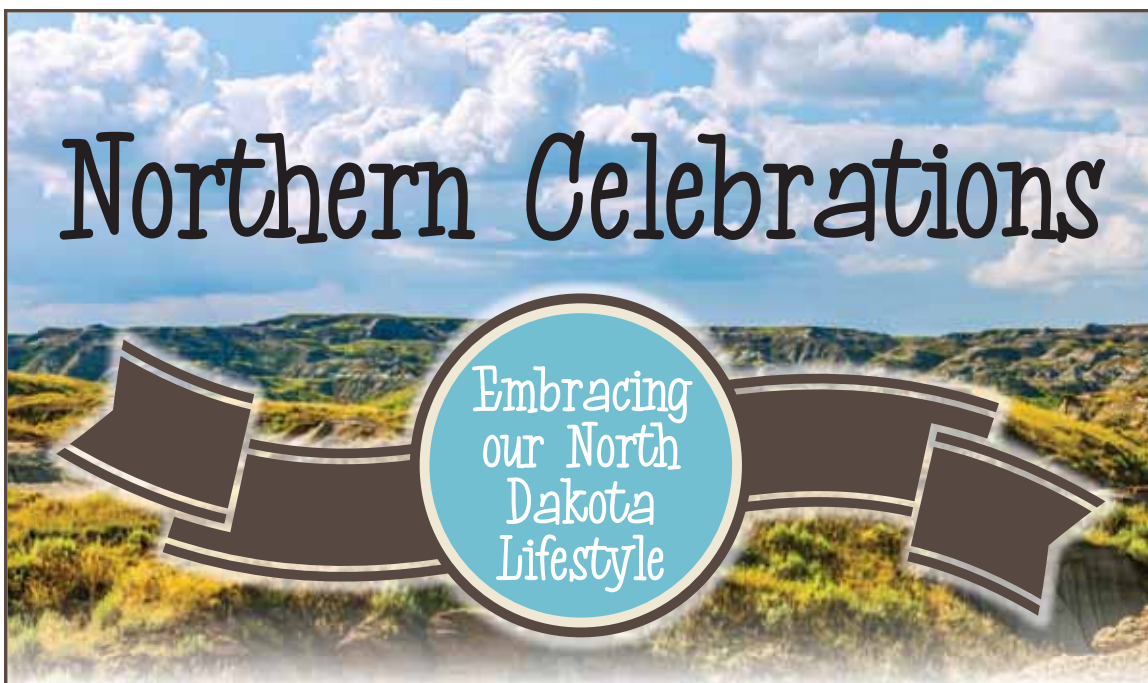
AIR FORCE CHIEF OF STAFF  
GEN. CHARLES O. BROWN, JR.



Arizona, for example, he met with each base’s senior leaders as well as with senators from both states. He also held several roundtables with Airmen.

The sessions were valuable. “I get that candid feedback,” he said. “It helps me understand where they’re coming from. At the same time, it allows me to explain the things I’m trying to accomplish.”

“There are a lot of good ideas that come out of the Pentagon but not every ‘good idea’ is as good as we think it is once it hits our Airmen,” he said. “They’re probably not going to tell me the bad news at the Pentagon; they’ll tell me how good everything is going. But with Airmen it’s unfiltered.”



## Elk on the prairie

Patricia Stockdill

A majestic animal, one that epitomizes the grandeur of the equally majestic mountains it calls home.

Yes, that’s the visual often coming to mind when one thinks of elk. Then the visual may wander to the image of a massive bull, head raised skyward, antlers tickling its back, nose poised in the air, and a magnificent bugling noise reverberating through the woods.

Yes, that is what elk county is all about. Well, kind of, sort of.

As strange as it may seem; elk once roamed North America’s northern prairies, including what is now North Dakota. They roamed with the bison and pronghorn long before European settlement of the continent. Researchers believe it is possible 10 million elk from six distinct populations once called North America home.

Unlike whitetails, mule deer, and moose, elk are considered Old World deer with evolutionary history going back to Old World Europe and Asia. They’re an Ice Age species, well suited to cold climates and adaptable in diet.

Elk originally roaming across the Great Plains, including North Dakota, are the subspecies known as Manitoban elk. Records dating back to the early 1800s indicate the state had numerous elk. They were an important game animal, especially for Indian tribes who weren’t nomadic and lacked horses. Little went to waste when an elk was harvested.

But like many wildlife species, elk populations declined and essentially disappeared across the state as immigrants forged a new and different landscape – farming and communities.

Unlike most carefully planned, years-in-the-making effort to restore a wildlife species by the N.D. Game and Fish Department, North Dakota’s elk revitalization was kind of by accident, coupled with the animal’s own resiliency.

The Three Affiliated Tribes of the Fort Berthold Indian Reservation was working to restore the

reservation’s elk population in 1977 when the 50 animals they obtained escaped from their holding area near Lake Sakakawea. They discovered their new-found freedom on their own, survived that first winter in western North Dakota, and eventually established viable populations.

Fast-forward six years and the rambunctious elk fared well enough to entice the Game and Fish to open a unit for the state’s first modern era elk hunting season in 1983. Five licenses were available.

Fast-forward once again to the 2021 elk season: This fall a once-in-a-lifetime hunting opportunity is available to 523 lucky resident North Dakota hunters through the lottery license drawing. The western Badlands still holds the greatest number of elk in North Dakota with a total of 140 licenses available in Unit E2 and 205 in Unit E3.

Applicants drawn for Unit E2 must follow the state’s chronic wasting disease transportation guidelines and can’t take the entire carcass, spinal column, or intact head and antlers outside of the unit.

Time is running out to apply for the March 24 application deadline for elk, moose, and bighorn sheep. Go to the N.D. Game and Fish Department website, ([gf.nd.gov](http://gf.nd.gov)), for more information and to apply.

Perhaps it is appropriate for elk to once again grace parts of the North Dakota landscape – its Badlands, which seem to befit their rugged, majestic demeanor and appearance. They’re bugling once again in the woods and hills of northern North Dakota, appropriately along the borders of the Canadian provinces of Manitoba and Saskatchewan.

While it may never be known whether their escape from a holding pen along Lake Sakakawea was an example of their own sheer strength and will for freedom or an “oops, the gate didn’t shut” moment, maybe it really was simply meant to be that elk once again return to the prairie.

**2 Winners Every Week!**

**BADLANDS**  
RESTAURANT & BAR

## WE’LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

No Limit, Enter As Many Times As You Wish!

**\$25.00 Gift Certificate From Badlands Restaurant & Bar**

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.

This special feature is sponsored by:

**NewKota**  
Services & Rentals

**WE HIRE VETERANS**

Only the Best Come,  
Live & Stay North

APPLY ONLINE AT  
[www.newkota.com](http://www.newkota.com)

# Carbon monoxide detector saves two Barksdale officers lives

STAFF SGT. BRIA HUGHES, 8TH AIR FORCE PUBLIC AFFAIRS

Barksdale Air Force Base, La. --

Carbon monoxide is a colorless, odorless, and lethal gas that claims the lives of more than 430 people each year, according to the Centers for Disease Control and Prevention. Fortunately, there are ways to keep the toxins at bay and prevent CO poisoning from coming inside your home.

One way to stay a step ahead of this potential threat is by proactively researching and identifying safety hazards, then taking swift action to mitigate any risks. The Eighth Air Force Safety office is responsible for creating monthly "Safety Grams" to help educate the force on timely topics such as fire hazards, hurricanes, and general home safety.

Last January, a safety gram was posted around the Eighth Air Force headquarters building concerning the topic of carbon monoxide dangers and quickly caught the attention of Capt. Lindsay Cordero, Air Force Global Strike Command acquisitions branch chief.

"What stuck out to me the most was the wording and all the information it included about how dangerous and fatal carbon monoxide can be," Cordero explained.

When Cordero's husband, Maj. Daniel Dreier, a 2nd Operations Support Squadron B-52 evaluator pilot returned home to Barksdale from a deployment, the couple decided they needed to make the investment and buy carbon monoxide detectors for their home.

"You want to have a safety plan in place for your family before

it's too late," Dreier said. "So you don't wake up in the middle of the night not knowing what to do."

After researching many different types of CO detectors, the couple ultimately decided to buy six alarms and self-install them in almost every room of their house.

Fast-forward to a few months later, Cordero and Dreier came home from dinner one night to find a strange noise coming from their water heater.

"The water heater was making a slightly louder noise, but we thought it was normal and figured it would stop soon," Dreier said.

The couple headed off to bed but were abruptly awakened in the middle of the night by another loud noise -- the carbon monoxide alarm.

"It was just the alarm in the master bedroom going off, so we thought it was possibly a malfunction or just needed to be reset," Cordero said.

They reset the alarm and went back to sleep, however, no less than an hour later the alarm started going off again. This time, the couple knew there was something more serious happening.

"While the alarm was beeping for the second time, I started to feel super drowsy and had trouble waking up," Cordero said. "We found out later that my drowsiness was due to the amount of carbon monoxide that was already present in our bedroom."

Carbon monoxide essentially replaces oxygen and can slowly suffocate a person unknowingly, and even small doses of the gas

can cause permanent damage or death to a person.

With their fur baby in tow, Cordero and Dreier vacated their house and immediately called 911 for help.

"When the firefighters arrived and assessed our house with the detector, they found excessively high parts per million (PPM) of CO levels in our master bedroom," Cordero said.

One to eight PPM is the normal range for carbon monoxide and anything above eight PPM is where people can start experiencing flu-like symptoms and extreme drowsiness.

Cordero and Dreier eventually found out that the cause of the high CO levels was due to a broken exhaust vent attached to their water heater, resulting in a gas leak.

"Our master bedroom is the closest room to where the water heater sits," Dreier explained. "So in order to get the toxins out of our bedroom and the house, we had to open up the doors and windows so the bad air could circulate out."

The couple waited outside of their house in the middle of the night with their cat until they were advised by the local fire department that it was safe to go back inside and go to sleep.

"We woke up the next morning feeling very grateful to be alive," said Cordero. "Based on the levels of CO in our home we could have gone to sleep and never woken up."

Cordero shared her and her husband's life-changing experience via her personal social media page, and says her new

idea of a housewarming gift for family and friends would be a carbon monoxide detector.

"Deciding to invest \$80 into getting detectors for our home

really saved our lives that night," Cordero explains. "It just goes to show that taking a simple precaution can save your life and the life of your loved ones."



Maj. Daniel Dreier, 2nd Operations Support Squadron B-52 evaluator pilot, right, and Capt. Lindsay Cordero, Air Force Global Strike Command acquisitions branch chief, left, pose for a photo in front of their house.



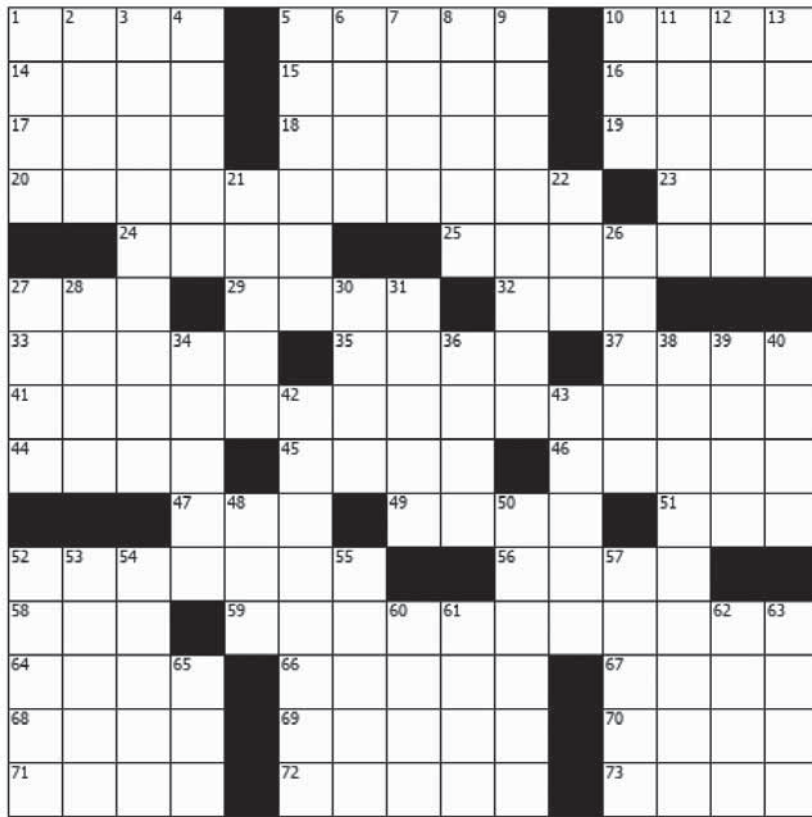
A "First Alert" carbon monoxide detector is installed inside the house of Maj. Daniel Dreier, 2nd Operations Support Squadron B-52 evaluator pilot, and Capt. Lindsay Cordero, Air Force Global Strike Command acquisitions branch chief.

COURTESY PHOTOS

# CROSSWORD PUZZLE

**Across**

- 1. Film excerpt
- 5. Razor sharpener
- 10. Tel. \_\_
- 14. 54 Down by Verdi
- 15. One of the 50 Down
- 16. Mickey and Minnie
- 17. Ponce de \_\_
- 18. Singer Baker
- 19. Sale condition
- 20. Commonplace quality
- 23. Explosive initials
- 24. Bath-powder ingredient
- 25. Paper packages of pekoe
- 27. 1200, in old Rome
- 29. Act as a guide
- 32. Genetic molecule
- 33. San Antonio attraction
- 35. South Pacific island group
- 37. Matador's opponent
- 41. Have a midnight snack, maybe
- 44. Fortune teller
- 45. Was indebted to
- 46. Ivan of tennis
- 47. Suffix for novel
- 49. Neither good nor bad
- 51. Also
- 52. Self-centered nature
- 56. Dutch cheese
- 58. Syrup ingredient
- 59. Macabre sitcom family
- 64. Took to court
- 66. Fragrances
- 67. Break sharply
- 68. Poet Pound
- 69. Hint of color
- 70. Volcano of Sicily
- 71. Stitched line
- 72. "Land \_\_ alive!"
- 73. Inquires



**Down**

- 1. Serene
- 2. In \_\_ of (instead of)
- 3. Apathetic one's comment
- 4. Bearlike beast
- 5. Golfer's concern
- 6. Answering-machine sound
- 7. Destroy
- 8. Duo x 4
- 9. Started gradually
- 10. Doctors' org.
- 11. Scenic view
- 12. Birthday-cake covering
- 13. Sleeveless garments
- 21. Parcel out
- 22. \_\_ Francisco
- 26. Soak in the tub
- 27. Apple computers
- 28. Hint
- 30. Not many
- 31. Thinnest coins
- 34. Earn
- 36. Martial art
- 38. Soothing creams
- 39. Hire a decorator
- 40. Capital of Norway
- 42. Showy, skillful sorts
- 43. Bumbling ones
- 48. Command to a dog
- 50. A human's quintet
- 52. Curved letters
- 53. Filmy fabric
- 54. Sung drama
- 55. The press
- 57. Taking a cruise
- 60. Monastery resident
- 61. Press for
- 62. Major or major general
- 63. Resorts with springs
- 65. River blocker

# SUDOKU

	1		2					3
	2			4		5		6
		7						8
9			3	2				
1		8				2		7
				8	6			1
	5					4		
6		3		9				7
2					5			3

Solution to puzzle on page B14

# CROSSWORD SOLUTION


Solution to last week's Crossword puzzle.

S	C	A	R		E	T	T	A		V	A	L	I	D			
A	O	N	E		P	E	A	L		E	R	O	D	E			
I	C	O	N		A	R	U	M		R	E	R	A	N			
D	O	N	T		J	U	S	T		S	T	A	N	D			
					O	L	E			R	N	A					
B	A	I	L	E	E		S	P	U	D		I	A	N			
A	F	R	O		T	H	E	R	E	A	N	D	B	E			
T	O	O	N		A	G	O			A	L	A	S				
H	U	N	G		R	Y	C	O	M	E		B	E	S	T		
E	L	Y			O	A	K	S		L	A	S	S	E	S		
					S	S	R			P	A	L					
					I	N	A	N	D	G	E	T	F	E	D	U	P
A	R	G	O	N		A	L	A	I		D	O	S	E			
S	H	O	W	N		N	O	L	O		E	M	M	A			
H	O	R	S	E		G	W	E	N		N	E	C	K			

# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

**Little Flower Catholic Church**  
 800 University Avenue West  
 838-1520  
**Mass Schedule**  
 Saturday ..... 4:30 pm  
 Sunday ..... 8:30 & 10:00 am  
**Fr. Ken Phillips, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)

**St. Peter The Aleut Eastern Orthodox Church**  
  
**109 6th St. SE**  
**Minot • 838-3094**  
**Saturday, March 20**  
 Vespers, 5 PM  
**Sunday, March 21**  
 Holy Liturgy, 10 AM  
 Father Paul Hodge

  
**Break Forth Bible Church**  
 Thursdays 7:00pm  
 and Sundays 10:30am  
**1821 W Burdick Expressway**  
 For More Information:  
 701.353.9337 | [www.bfbc.tv](http://www.bfbc.tv)

  
**An Evangelical Free Church**  
 3500 4th St. SW • 839-5127  
 (Just North of Super Wal-Mart)  
 Sunday School  
 & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:30 a.m.  
[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

  
 Worship Service at 10:45am Sundays  
 Sunday School at 9:45am  
**1720 4th Ave NW, Minot**  
**838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)

  
**Faith United Methodist Church**  
**5900 Highway 83 N, Minot**  
[www.faithumcminot.com](http://www.faithumcminot.com)  
**Pastor Ken Mund**  
**701-838-1540**  
 Sunday School (All Ages): 9:45 a.m.  
 Sunday Coffee Fellowship: 10:30 a.m.  
 Worship Services: Sunday 11 a.m.

**Minot Baptist Church**  
 Sending the Glorious Light of Jesus Christ to a Dark and Needy World  
 Sunday School ..... 9:45 a.m.  
 Morning Worship ..... 11:00 a.m.  
 Evening Worship ..... 6:00 p.m.  
 Wednesday Evening ..... 7:00 p.m.  
*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
 Pastor David Miller


**Cornerstone Presbyterian Church**  
**1000 NE 3rd Street**  
**852-0315**  
**Sunday Schedule**  
 Contemporary Worship ..... 9:00am  
 Sunday School (All Ages) ..... 10:00am  
 Traditional Worship ..... 11:00am  
**Wednesday Evening Schedule**  
 Community Dinner ..... 5:30-6:30pm  
 Contemporary Worship ..... 6:30pm  
 Youth Group & Small Groups.. 7:15pm  
**All are Welcome!**  
[www.ecominot.org](http://www.ecominot.org)

  
**Vincent United Methodist Church**  
**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
 open hearts...open minds...open doors!  
 Traditional Service ..... 9:00 am  
 Contemporary Service ..... 10:30 am  
 Kid's Church ..... 10:30 am  
**Pastor Matt Scherbenske**  
[www.vincentumc.com](http://www.vincentumc.com)


  
**St. Mark's Lutheran Church**  
*Missouri Synod*  
**Sunday Worship**  
**9:30 AM**  
**2209 4th Avenue NW**  
**Minot, ND**  
**839-4663**  
**Reverend Philip Beyersdorf**  
[www.minotstmarks.com](http://www.minotstmarks.com)  
*Join us on facebook*

  
**Immanuel Baptist Church**  
**1615 2nd St. SE • Minot • 839-3694**  
 Sundays:  
 Fellowship ..... 9:00 am  
 Sunday School ..... 9:15 am  
 Worship ..... 10:30 am  
 Wednesdays:  
 Soup Kitchen ..... 11:30 am  
 Family Supper ..... 5:30 pm  
 Preschool/Kids' Club/ABY ... 6:30 pm  
 Adult Bible Study ..... 6:30 pm  
**Brian T. Skar, Pastor**  
[www.ibcminot.org](http://www.ibcminot.org)

**Apostolic Faith Church, UPCI**  
**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701)838-0609**  
 Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.  
**Jesse Starr, Pastor**

**St. John the Apostle Catholic Church**  
  
**2600 West Central Ave • Minot, ND 58701**  
**839-7076**  
 Daily Mass Schedule:  
 Tuesday ..... 5:15 p.m.  
 Wednesday - Friday ..... 7:00 a.m.  
 Saturday ..... 5:00 p.m.  
 Sunday ..... 8:00 & 10:30 a.m.  
**Fr. David A. Richter, Pastor**  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
 120 5th Ave. NW  
 852-4853  
 Sunday Worship  
 9:30 am  
[www.firstlutheran.tv](http://www.firstlutheran.tv)  
 (Live Stream & Recorded)  
 Radio Broadcast KRRZ 1390AM  
 Sunday 9:30 am  
[www.flcminot.com](http://www.flcminot.com)  
 Pastor Brandy Gerjets • Pastor Ellery Dykeman

  
**Gospel Tabernacle Community Church**  
 9999 27th St NE  
 4 miles south of MAFB  
 James W. Henderson  
 Anna B. Henderson  
**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**  
**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour ..... 6:30 p.m.**  
**Evening Worship ..... 7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed).... 7 p.m.**  
**Prayer (Friday) ..... 7 P.m.**

**First Assembly of God**  
**1805 2nd St. SE**  
**838-1111**  
 Morning Worship ..... 8:30 a.m.  
 Sunday School ..... 10 a.m.  
 Morning Worship ..... 11 a.m.  
 Wednesday Family Night..... 6:30 p.m.

**First Baptist Church**  
  
**200 3rd St. SW • 852-4533**  
[www.fbcminot.org](http://www.fbcminot.org)  
 Classic Worship Service ..... 8:30 a.m.  
 Adult Sunday School ..... 9:45 a.m.  
 Contemporary Worship Service .. 9:50 a.m.  
 Children's Church ..... 9:50 a.m.  
 Sunday School (All Ages) ..... 11:00 a.m.  
 Contemporary Worship Service .. 11:05 a.m.  
 Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
**Rev. Kent Hinkel, Senior Pastor**  
**Rev. Barry Seifert, Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
**Cross Roads Baptist**  
**Southern Baptist Convention**  
 Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ... 6:30 p.m.  
[www.minotcrbc.org](http://www.minotcrbc.org)  
 email: [minotcrbc@gmail.com](mailto:minotcrbc@gmail.com)  
**Dr. Bob Farmer- Pastor**  
**415 28th Ave SE (Behind Menards)**  
**838-1873**

  
**West Minot Church of God**  
*Family Worship Center*  
**1105 16th St. NW • 839-1407**  
 Sunday School ..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church & Nursery  
 Wednesday Family Training Hour  
 Meal ..... 5:30p.m.  
 Classes for All Ages ..... 6:30 p.m.  
 Youth Center, Friday ..... 7:00 - 11:00 p.m.  
 ABC Child Care Center ..... 852-6352  
[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)

**Chapel Services at MAFB**  
*Protestant*  
*(North Plains Chapel in Base Housing)*  
**Contemporary Service**  
 Sunday Worship ..... 1000  
**Gospel Service**  
 Sunday Worship ..... 1130  
*Catholic Mass (Northern Lights Chapel across from Rockers)*  
 Sunday ..... 1000  
 Daily ..... Monday-Thursday at 1200

**To Advertise your Church on this page,**  
**Call 839-0946**  
**Only \$7.00 a space / per week**

  
**OUR REDEEMER'S CHURCH**  
*A Church of the Lutheran Brethren*  
**Thursdays:**  
 Worship ..... 6:30 p.m.  
**Sundays:**  
 Worship ..... 8:30 a.m. & 10:45 a.m.  
**700 16th Ave SE • 701-838-0750**  
 For more information visit us on the web at:  
[www.ourredeemers.org](http://www.ourredeemers.org)

**ORCS Preschool**  
 Our Redeemer's Christian School's Preschool Program will be starting it's 33rd year the fall of 2020 and we would love to have your child be a part of it!  
**NOW ACCEPTING REGISTRATIONS FOR THE 2021-2022 SCHOOL YEAR**  
**HIGHLIGHTS OF OUR PROGRAM**  

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

 Please contact our school office or visit our website for more information.  
**701.839.0772**  
 Email: [jschultz@orcsknights.org](mailto:jschultz@orcsknights.org)  
 Website: [www.orcsknights.org](http://www.orcsknights.org)

**ADVERTISE YOUR Church**  
 Advertise FOR ONLY \$7 PER WEEK  
 Revisions MADE UPON NOTICE FROM THE CHURCH  
 Deadline TUESDAYS BY NOON WEEK OF PUBLICATION  
**VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM**

**CONTACT US**  
 call 701-839-0946  
 email [NSADS@SRT.COM](mailto:NSADS@SRT.COM)  
 fax 701-839-1867

**OUR REDEEMER'S CHRISTIAN SCHOOL**  
 700 16th Avenue SE  
 Minot, ND 58701  
[info@orcsknights.org](mailto:info@orcsknights.org) • 701-839-0772  
[www.orcsknights.org](http://www.orcsknights.org)

  
**ORCS KNIGHTS**  
  
 Our Redeemer's Christian School  
 700 16th Avenue SE  
 Minot, ND 58701  
[info@orcsknights.org](mailto:info@orcsknights.org) • 701-839-0772  
[www.orcsknights.org](http://www.orcsknights.org)

we've got the church  
 you've been looking for  
 Your life matters to God!



# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## FLEA MARKET

**MOVING NEED CASH?**  
Sell your used/unwanted items at  
MINOT FLEA MARKET,  
MARCH 27 & 28, 2021  
State Fairgrounds.  
Info 701-340-7930.

## RUMMAGE SALE

A Little Bit Of Everything...  
With A Lot Of Savings!  
**4R HOME THRIFT**  
**2031 N Broadway**  
Furniture, Tools, Movies,  
Misc. & Interesting Items  
Monday - Saturday -  
8:30 AM to 6 PM  
Sunday - 12 PM to 5 PM  
**15% Military Discount!**  
<https://www.facebook.com/4rhomethrift>

## AUTOMOTIVE

**90 DAY FREE POWERTRAIN WARRANTY** on most cars.  
Check out our inventory at [karz4u.com](http://karz4u.com) or call Cliff (Retired MSgt) at 701-240-9172.

## JOHN'S



## AUTOBODY

**Pays Up To \$500**  
**Insurance Deductibles**  
*We Guarantee All Work & Color Match*  
**4121 S. Broadway**  
**839-8896**

## TRANSPORTATION

**I BUY CARS OR HAUL JUNKERS AWAY FOR FREE** -  
Call Karz 4-U at 240-9172.

**\$\$\$ QUICK CASH \$\$\$**  
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

## GARAGE SALE

**3721 E. BURDICK EXPY HUGE VINTAGE & COLLECTIBLE SALE!** Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712.

## REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at [www.brokers12.com](http://www.brokers12.com).



**40 ACRE FARMSTEAD WITH 3 BEDROOM SPACIOUS OPEN FLOOR PLAN RANCH STYLE HOME** w/main floor laundry in North Dakota 45 minutes from MAFB. Also, has business opportunity option. For pics and more info go to [www.bismanonline.com](http://www.bismanonline.com) ad #3293908. Call 701-871-1162

## FOR RENT OR SALE

**20 MINUTES TO MINOT AND THE MINOT AIR FORCE BASE** 2 and 3 bedroom mobile homes for sale or rent from \$695 per month - includes lot rent and utilities. Located in Deering, ND. 701-502-0554.

## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

**2 BEDROOM HOME FOR RENT.** SW Minot. Off Street Parking, New Carpet, Reasonable Utilities. \$800.00/ Month. Call Dallas @ (701) 721-5116

## HELP WANTED

**IMMEDIATE FULL AND PART TIME OPENINGS** for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org) 701-852-1014.

## LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace. Apply in person at: 605 27th St SE, Minot ND 58701 Or contact: Matt Mackey By email or phone at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org) 701-852-1014

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

## PROFESSIONALS

**LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT** [www.marykay.com/1clouse](http://www.marykay.com/1clouse). 701-839-0475 or 701-721-0475.

## SUDOKU SOLUTION

Puzzle on page B12

8	1	5	2	6	9	7	4	3
3	2	9	8	4	7	5	1	6
4	6	7	5	1	3	9	8	2
9	7	6	3	2	1	8	5	4
1	3	8	9	5	4	2	6	7
5	4	2	7	8	6	3	9	1
7	5	1	6	3	8	4	2	9
6	8	3	4	9	2	1	7	5
2	9	4	1	7	5	6	3	8

## FOR SALE

**GRASSFED BEEF** (no antibiotics, no GMOs), **FRESH EGGS** Located just 20 minutes with delivery to the base. EMAIL: [esavelkoul@srt.com](mailto:esavelkoul@srt.com).

## MINOT AFB FIRING RANGE NOTICE

The base firing range is located at 106 Range Road. It is illegal as well as dangerous to trespass in this area due to live weapons fire. For approved access to this area during weekdays contact Technical Sergeant William Delphia or Technical Sergeant Adam Worcester at 701-723-7597. For all other times coordinate with the base law enforcement desk at 701-723-3096/3097.

## BASE ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is now registering for the Spring 2021 term (22 Mar-23 May). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation and MS Management. Please email your registration request & any inquiries to: [minot@erau.edu](mailto:minot@erau.edu) To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our current course modalities include Online and/or Eaglevision home. If you have any questions, please call our teleworking phone number: 904-513-9734.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website ([ccis.edu](http://ccis.edu)) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Choose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

### PARK UNIVERSITY MINOT -

Your degree. Your way. Now enrolling for Fall classes starting August 17. Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu) and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222| 844-884-8612|[darlene.thomas@park.edu](mailto:darlene.thomas@park.edu) PARK. YOU

## MINOT AFB COMMISSARY

**ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY** Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

**FOLLOW US ON FACEBOOK!**



**MINOT AIR FORCE BASE NEWSPAPER**  
[WWW.NORTHERNSENTRY.COM](http://WWW.NORTHERNSENTRY.COM)

**It PAYS to read your Northern Sentry**



Over **\$7,000** worth of Golden Tickets have been distributed on Minot AFB in the last 6 months.

Keep reading, you could be our next winner!



MINOT AIR FORCE BASE NEWSPAPER  
[WWW.NORTHERNSENTRY.COM](http://WWW.NORTHERNSENTRY.COM)



## Birthday PARTIES

X-TREME OR OPEN BOWLING

**SUPER PARTY**

• 2 Hour Party for up to 10 People  
• Shoe Rental  
• Pop and Ice Cream  
**\$155+tax**  
\$12 for each additional person

**MEGA PARTY**

• 2 Hour Party for up to 10 People  
• Shoe Rental  
• 2 - 16" Pizzas, Pop and Ice Cream  
**\$185+tax**  
\$15 for each additional person

Additional \$10 for X-treme Bowling

**ALL PARTIES INCLUDE:**  
Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
You bring the cake and the kids!  
NO OUTSIDE FOOD OR BEVERAGES ALLOWED.

1901 NORTH BROADWAY MINOT, ND FOR RESERVATIONS PLEASE CALL **852-4108**  
NORTHHILLBOWL.COM

## Party Room

**FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!**

We have a party space available for all of your fun!  
**Call for details!**

**109 South Main St. Minot 701.837.8555**

**Blake Krabseth**  
Comedian / Magician  
Great for Parties and Conventions  
**701-720-1786**  
magic@blakekrabseth.com  
**BLAKEKRABSETH.COM**

## BOOK YOUR PARTY!

**BIRTHDAYS, GAMING PARTIES, PRIVATE MOVIE EVENTS, FAMILY GATHERINGS**

Monday-Thursday  
Time Slots Available:  
• 10 AM-12:30 PM  
• 1 PM-4 PM  
• 6 PM-10 PM

Email for details:  
**alatoakpark@gmail.com**  
**WWW.OAKPARKTHEATER.NET**

## High Air Ground

• TRAMPOLINE PARK •

**10% OFF ANY PARTY PACKAGE**

Must be booked by 12-31-19. Not good with any other discounts or promotions. Must mention "Northern Sentry" when booking. Packages starting at \$130.

1290 4th Ave NW | Minot, ND 58703  
**701-837-JUMP**  
**WWW.HIGHAIRGROUND.COM**

# BUSINESS & PROFESSIONAL Directory

### AUTOMOTIVE

**WE BUY-SELL-TRADE-CONSIGN**  
**Pay Top Dollar for Clean Used Cars**

**KARZ4-U** **240-9172**  
**AUTO SALES**  
1105 16th St. SW • Minot  
Cliff Butler/Retired MSgt  
www.Karz4-U.com

### AUTOMOTIVE

**QUICK CASH!!**  
Running & Non-Running  
Cars & Trucks

**Edwardson Sales**  
**839-9512**  
We also sell cars \$500 - \$1500  
Give Us A Call!  
Will Haul Junk Cars Free Of Charge

### HOBBY SHOP

**AEROPORT HOBBY SHOP**  
RC Cars, RC Airplanes, Rockets,  
Trains, Plastics, Testors Paints,  
Engines & Accessories,  
Helicopters, Balsa Wood & Glues.  
**838-1658**  
2112 N. Broadway • Minot, ND  
Ask for Eva • www.airporthobby.com

### ACCOUNTANT

**BradyMartz**  
Make Every Day Count  
CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
www.bradymartz.com

### REAL ESTATE

**BUY OR SELL ONLY WITH THE BEST!**

**#SOLD WITH US!**  
**BROKERS12.COM**

### STORAGE UNITS

**NORTHERN PRAIRIE CONDOS & STORAGE, INC.**  
Military Discounts - Best Rates  
24 Hour Access  
**701-720-1093**  
Convenient North Location for Both Base & Minot Customers

**Thank You FOR YOUR SERVICE!**

Serving Our Military (Active, Reserves and Veterans) and Saving Them Money on a Home.

**It's our way to say Thank You.**

**HomesForHeroes.com**

**Lucas Knight**  
Signal Realtors

p: (701) 852-3505  
c: (701) 720-9163  
e: Lucas@SignalRealtors.com  
w: MinotHomeSearch.com

**northern sentry**

MINOT AIR FORCE BASE NEWSPAPER  
WWW.NORTHERNSENTRY.COM

**Feature your business here for as little as \$9.00 per week!**  
For more information call 839-0946 or email: sentrysales@srt.com

# WHAT'S GOING ON MAFB

## FRIDAY 19

- HIIT Strength and Conditioning, 0545, Fitness Center
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- Teen Day Friday, 1500-2200, Youth Center
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Zumba, 1730, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, winner also announced at Bomber Bistro
- Mixed Fun League, 1830, Rough Rider Lanes
- Karaoke Night, 2000-1900, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## TUESDAY 23

- Cycle, 0530, Fitness Center
- TAP (VA) Workshop, 0800-1600, A&FRC
- Game Day, 1000-1930, Minot AFB Library Facebook Page
- Fit to Fight, 1130, Fitness Center
- Barre, 1800, Fitness Center

## FRIDAY 26

- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- March Mayhem Triathlon, 1100, Fitness Center
- Fit to Fight, 1130, Fitness Center
- Teen Day Friday, 1500-2200, Youth Center
- Cycle, 1630, Fitness Center
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Zumba, 1730, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Held at Rockers Bar & Grill, winner also announced at Bomber Bistro
- Family Skate Night, 1800-2000, Fitness Center
- Movie Night, 1800-2100, ESC
- Mixed Fun League, 1830, Rough Rider Lanes
- Karaoke Night, 2000-1900, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## SATURDAY 20

- Cycle, 0900, Fitness Center
- Rough Rider Lanes Youth Bowling League, 1000, Rough Rider Lanes
- Kids Bowl Free, 1000-1400, Rough Rider Lanes
- Winter STEAM Challenges, 1000, Minot AFB Library Facebook Page
- Fit to Fight, 1015, Fitness Center
- EFMP - Create Your Own Sensory Bottle, 1100, A&FRC, Zoom Meeting
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

## WEDNESDAY 24

- HIIT Strength and Conditioning, 0545, Fitness Center
- TAP (DoL) Overview, 0730-1600, A&FRC
- Right Start, 0730-1200, A&FRC, Zoom Meeting
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Storytime Club Facebook Group
- Cycle/Strength, 1130, Fitness Center
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Cycle, 1630, Fitness Center
- Member Wind Down Wednesday Snacks, 1630-1830, Rockers Bar & Grill
- Squadron Extramural League, 1730, Rough Rider Lanes

## SATURDAY 27

- Super Smash Brothers Tournament, 1000-0000, ESC
- Rough Rider Lanes Youth Bowling League, 1000, Rough Rider Lanes
- Kids Bowl Free, 1000-1400, Rough Rider Lanes
- Fit to Fight, 1015, Fitness Center
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes
- UFC 260: Miocic vs Ngannou, Prelims start at 1900, main event begins at 2100, Rockers Bar & Grill

## SUNDAY 21

- Zumba, 1400, Fitness Center
- Magic the Gathering Commander Night, 1800, ESC

## THURSDAY 25

- Registration Closes for March Mayhem Triathlon at Fitness Center
- Cycle, 0530, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- International Waffle Day Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Fit to Fight, 1130, Fitness Center
- Kids' Night, 1530-2030, Bomber Bistro
- Cycle, 1930, Fitness Center

## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care - Call to schedule an appointment.
- DELIVERY OPTIONS (Hours subject to change)  
Bomber Bistro: Monday-Friday 1630-2030

## MONDAY 22

- HIIT Strength and Conditioning, 0545, Fitness Center
- Senior TAP GPS Workshop, 0730-1600, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC
- Yoga/Swim, 1130, Fitness Center
- Zumba, 1730, Fitness Center

## MARCH SPECIALS

- Bomber Bistro • Taco Tuesday Bowl**  
Seasoned ground beef, tomato, onion, lettuce, jalapenos, and shredded cheddar cheese over white rice served with salsa and sour cream. Only \$9.25, drink included!
- The B-Fifty Brew • Frittata**  
Add some variety to your day and dig in with a medley of eggs, parmesan cheese, onion, garlic, spinach, and swiss cheese for only \$4!
- Rockers Bar & Grill • Sandwich of the Month - Turkey Bacon Ranch on a Pretzel Bun**  
Layers of warm smoked turkey, crispy bacon, melted swiss cheese, and ranch on a toasted pretzel bun with lettuce and tomato! Served with fries for only \$9.75!

**MARCH MAYHEM TRIATHLON**  
AT THE MCADOO FITNESS CENTER

MARCH 26TH AT 11:00AM  
REGISTER MARCH 1ST - 25TH  
AT FRONT DESK OR EMAIL  
5.FSS.FITNESS@US.AF.MIL

ROW 2,000 METERS  
CYCLE 5 MILES  
RUN 1 MILE (TIMED)

MALE + FEMALE WITH BEST TIMES WILL WIN A PRIZE!

723-2145

**Kids Bowl Free!**

March 20th - April 24th  
Saturdays 10:00am - 2:00pm

Kids get two free games (shoe rental not included)  
Parents can sign up at [kidsbowlfree.com](http://kidsbowlfree.com)  
and also receive two free games of bowl

787-4716

**We feel your need for speed.**

**MIDCO**  
Midco.com/Internet

**People you know. Experience you trust.**

**FIRST WESTERN BANK & TRUST**  
firstwestern.bank

Brad Stai

Jim Paszek

Trent Westmeyer