

MINOT MINOTAUROS VISIT MINOT AFB



The Minot Minotauros hockey team visited Minot AFB, ND, May 12, 2021. The American Tier II junior ice hockey team had the opportunity to tour a B-52 and see the aircraft take off. More photos on page A7.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN DE LOS SANTOS

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Minot Air Force Base Asian Pacific Awareness

ROD WILSON, NORTHERN SENTRY

For Tech Sgt Sang Nguyen it isn't necessarily the climate that is a significant change from where he has previously lived. "It's more that Minot is kind of a smaller city and has a country feel. I grew up in bigger cities, so the slower pace is nice. I really like the vibe of the smaller community"

Nguyen is Vietnamese; however, he was born in the Philippines. "My mom is now retired and has move back to Viet Nam, and I have traveled back a couple of times" continues Nguyen.

Tech Sgt Nguyen's now almost 11 year career in the Air Force

began after graduation from high school. "We (Tech Sgt Nguyen and a friend) headed to the Air Force recruiting office" in Layton, Utah, near Hill Air Force Base.

Coming from Hawaii to Minot was a definite change in weather, but along with his fiancé, Sage, they took the move in stride. "We came here in February and yes, it was certainly tough, but we're adapting, and it is certainly getting better. Now Tech Sgt Nguyen is part of the 5th Civil Engineering Squadron "The Warbolls" Tech Sgt Nguyen confirms.

When asked about the Asian

Pacific population on Minot AFB, Tech Sgt Nguyen said that even though the community small, "there are other islanders here, including our next door neighbors." Fiancé Sage is half Korean and is from a military family. "She loves baking and has been interviewed on the news" says Nguyen.

As for some of the challenges that he and Sage have overcome? "Well really, we would like to have a larger variety of restaurants for a date night" Nguyen says with a smile. And of course, there is the challenge of finding an Asian

market that fits their cuisine. "There is a small market in Minot, but Bismarck has a market with a much larger selection."

"We're definitely foodies" says Nguyen.

Recent trips to Viet Nam have given him a perspective of how Viet Nam has changed. "More companies have come to Viet Nam and set up businesses. It's definitely different from what I remember when I was young."

Stay tuned next week, as Tech Sgt Nguyen and fiancé Sage share one of their favorite Asian recipes.



Tech Sgt Sang Nguyen

NORTHERN SENTRY PHOTO I ROD WILSON



Tech Sgt Sang Nguyen & fiancé Sage

CONTACTUS

Ted Bolton
Publisher | Advertising
bagroup@srt.com

Rod Wilson
Business Development | Marketing
sentr-sales@srt.com

Abigail Kinder
Reporter/Creative Services
nsabby@srt.com

GRAPHIC DESIGN BY
Nikki Greening
nsads@srt.com or
nsgraphics@srt.com

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief of Public Affairs
Maj. Natassia Cherne
Public Affairs Officer
1st Lt. Ryan Walsh
Community Relations
Mr. George F. Gutierrez

Staff Photojournalists
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Technical Sgt. Benjamin Smith
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NEWS SUBMISSIONS
Northern Sentry Office
nsads@srt.com | 701.839.0946

MAFB Public Affairs Office
v35bw.pa@us.af.mil
701.723.6212

MAIL & FAX
315 South Main Street, Suite 202
Minot, ND 58701 | 701.839.1867

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North Star Farms *Organic Opportunity*

ROD WILSON, NORTHERN SENTRY

Heading north on main street in Carpio, ND, you soon run out of pavement and a smaller gravel road continues north to the banks of the Del Lacs River that winds around the northern boundary of Carpio. Soon you hit a clearing with a turn around and looking to the east you will see the gardening space of North Star Farms, owned, and operated by Marvin Baker and his wife Ilene.

Marvin has a lot of “past”, including being a military veteran, working at various newspapers in the area, and most recently was the editor of the Kenmare news.

“We started organic gardening in 2006. I purchased some lots from the city of Carpio for back taxes, giving me about an acre of land. Then in 2010 I purchased more land and right now with the land by the river and the garden over by the greenhouse, we have about 3 acres.” The only number that is small is the number of acres that Marvin and Ilene farm, from there we are talking numbers that are impressive. “We start planting in March. Onions? Well, we have just short of 16,000 plants, 700 tomato plants, 650 peppers, 400 Okra, and probably 400 broccoli plants. The onions are the biggy you know because you get one for one” shares Baker. “You put a tomato plant in the ground, and you get 10 pounds of fruit, but you put an onion in the ground, and you get one onion.”

And today that is where we found Marvin, planting onion plants on recently irrigated ground. “It’s been so dry that I had to pump water onto this area before I began to plant,” continues Baker as we take a tour and he explains that he pumps water from the Des Lacs River that surrounds most of his garden, using irrigation sprinklers that are much like what a golf course would employ for their watering

needs.

“I’ll probably work until dark tonight,” shares Baker “and I am guessing I will get around 2,500 of the onions planted.” And planting onions in the North Star Farms garden is not done with automation. Marvin has flats of onion seedlings, and every seedling, except the seedlings that Marvin feels will not grow in a garden setting, are pushed into the ground by hand. “The goal is to have the entire garden planted by 31 May. (May 31st for those non-military folks).

North Star Farms is one of few producers locally to be 100% organic. “We became 100% organic in 2006, so we’ve been doing this for quite a few years” according to Baker. To become organic North Star Farms had to contact a certification company. An audit of the North Star Farms property and seed inventory is done by an inspector “and we got the Okey Dokey, and so we were good.” And the myth that organically grown produce is more expensive. “No, we are not more expensive” says Baker “we’re competitive with everyone else and we’re selling produce like crazy. I’ve always believed that we can drop our prices and not raise them. People will come knocking your door down to get your product,” according to Baker.

For North Star Farms, Ilene Baker does the bookkeeping and Marvin does most of the physical labor for North Star.

When the garden starts to produce, Marvin will be found at North Prairie Farmers Market, where he was one of the principal founders.

In addition, North Star Farms sells CSA (community-supported agriculture) shares to Minot and Minot Air Force Base. “We provide 16 weeks of produce. For a family the cost will be \$575.00,

and a half a share, which is great for a husband and wife, will cost \$400.00” says Baker. “We have a delivery route that includes a stop just north of the Minot Air Force Base, so we can get those folks fresh, 100% organic vegetables. Over the years we’ve established a clientele, and that clientele has grown every year as more and more folks seek out organic produce.”

The Bakers have a web site, northstarorganic.com, for those who would like more information, and there is also a sign up opportunity for the CSA shares. “We have until June 15th to sign up our CSA customers” explains Baker “then we have to sit down and figure out our routes and delivery schedule.”

Before a quick trip to the green house we were able to see the garlic that has started to emerge under rows of straw in the garden. In the green house you will see the thousands of plants that will soon be planted. A couple of unusual varieties, cotton and peanuts, are part of that inventory.

We’ll keep in touch with Marvin and North Star Farms to give you a progress report as the garden(s) are planted and skillfully managed by Marvin and Irene.



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NORTHERN SENTRY PHOTOS
ROD WILSON



Marvin Baker, Owner/Operator of North Star Farms.

LAW TALK

Custody Modification

As this school year comes to an end, many parents contemplate their custody plan and changes they might like to institute for the following school year. So, how does the process of modifying custody work?

First and foremost, courts do not like modifying custody agreements that were created less than two years ago unless there are exceptional circumstances. Exceptional circumstances are those which would harm the health and/or safety of the minor child in question. If you and your co-parent just went to court for a custody matter a year ago but you are not happy with the daycare that your co-parent is using, that is not going to merit custody modification.

Additionally, many custody agreements state that parents must first try mediation before going to the courts for a custody dispute. Mediation is a less formal environment in which both parties sit and discuss the dispute in an attempt to come to an agreement without the court getting involved. Attorneys are not necessarily needed for this process but may be used if the parties would prefer.

If two years have passed and there is no mandatory mediation, custody modification starts out with a motion to modify primary residential custody. This motion is accompanied by a brief, which lays out all of the reasons why there needs to be a custody modification. This motion must be filed with the court and served to the defendant, your co-parent. Following this submission, the court will typically set the matter for a hearing, in which both parties will present their arguments.

Courts use a set of factors designed to help figure out what is in the “best interest” of the child. These factors do not outright favor mothers over fathers or vice versa. Parents must demonstrate that living with them is in the child’s best interest, as opposed to being in the parents’ best interest.

Once the parties have made their arguments, the judge will typically rule on the case within two weeks.

If you are looking to pursue a custody modification but have questions about the process, please feel free to reach out to us at the Boppre Law Firm. We are happy to assist you however we can!



Cotton and peanut plants are part of the garden.



Marvin Baker shows us sprouting garlic.



Plants waiting their turn in the greenhouse.



Golf course style sprinkler heads used for irrigation.



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Airmen of Minot

CAPTAIN KEVIN CORNELL
HELICOPTER PILOT
INSTRUCTOR

Captain Kevin Cornell is a Helicopter Instructor Pilot for the 54th Helicopter Squadron. Originally from Downingtown, Pennsylvania, Cornell became a member of Team Minot in August 2017.

“[What I like about Minot is] “Definitely the community, without a doubt,” said Cornell. “I elected to stay here longer just because the community has always been so great. The summers are awesome as well.”

Cornell’s duties include training others how to pilot a helicopter, stay safe and ready to perform missions when called upon. “Without the awesome people here, the winters would be a little bit longer of course but the community that we do have here is just such an awesome thing that we have. We call ourselves the ‘beavers’, that’s our call sign. Without our beaver family, it would’ve been a lot harder to get through these last four years and whatnot, without the support or having the camaraderie between all each other. That’s been the best thing for sure,” said Cornell. “Something that keeps me motivated is helping out others and seeing them grow. I’ve really come to enjoy instructing and



Captain Kevin Cornell, a Helicopter Pilot Instructor for the 54th Helicopter Squadron, poses in front of helicopters and interacts with teammates on May 4, 2021 at Minot Air Force Base, North Dakota.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND

when I see that someone else is picking up what I’m putting down, then that really helps out themselves, which is helping out myself as well. It’s a good feeling to help out and know that they’re learning something,” said Cornell.

Cornell has also received recognition as of late, by being awarded the 2020 Helicopter Instructor Pilot of the Year Award. This award recognizes the outstanding performance of the helicopter instructor pilot making the most significant contribution to the Air Force Global Strike Command helicopter flying mission. “I was surprised and

very grateful,” said Cornell. “It just kind of affirmed that when I like what I do, it’s like ‘yeah, this is probably a good thing, I should probably keep going down this path.’ Which I definitely am going to. It just really affirmed what I’m doing.”

Cornell intends to fly as much as he can while continuing to give helicopter pilot lessons and staying connected with family

In his free time, Cornell enjoys giving general aviation lessons outside of work whilst flying around and giving people rides, as well as cooking and woodworking.



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MAFB, ND

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WEDNESDAY, MAY 13, 2021 TO:
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Upcoming Events

21-22 MAY
SHEELS FISH FEST
 10:30 AM - 9:00 PM
 Scheels
 2400 10th St SW, Minot

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 Plus, make sure you register to win over \$3,000 in prizes! Each day we are excited to have an awesome local food truck at our event. On Friday, May 21st from 11:00 AM to 3:00 PM, we will have Quickie Burgers and Fries. On Saturday, May 22nd from 11:00 AM to 3:00 PM, we will have Ziggy's Caribbean Cuisine!



For more information:
 Facebook Event / SCHEELS Fish Fest

22 MAY
SVAS & ATYPICAL 5K/10K
 10:00 AM
 Atypical Brewery & Barrelworks
 510 Central Ave East, Minot

SVAS and Atypical Brewery and Barrelworks present our 2nd Annual Chasin' Tail Dog Friendly 5K/10K Run/Walk! "Chasin' Tail" is a fun dog friendly event for runners and walkers of all ages.
 REGISTER AT:
<https://runsignup.com/Race/ND/Minot/ChasinTail>
 All participants (over age 13) will receive a free custom event T-shirt (limited supply!) Atypical will also be creating a specialty brew dedicated to the Souris Valley Animal Shelter. All participants over the age of 21 will get a free pint post run/walk.



For more information:
 Facebook Event / SVAS & Atypical 5k/10k

22-31 MAY
POP CARS & WILD RIDES
 10:00 AM - 5:00 PM
 Taube Museum of Art / Northwest Arts Center
 2 N Main St, Minot

The Northwest Arts Center and the Taube Museum of Art present 'Pop Cars,' an exhibition by North Dakota artist Mack Schroer, and 'Wild Rides,' posters from the private collection of Laurie Geller, on view from May 11 to June 8. The reception and exhibition are jointly hosted by the Taube Museum of Art and the Northwest Arts Center. Both exhibitions and reception are free and open to the public. The Taube Museum of Art is located in historic downtown Minot at 2 N Main St. Museum and Gift Shop hours: Tues - Fri 10:30 a.m. to 5:30 p.m., Sat 11 a.m. to 4 p.m. or by special appointment. The Northwest Arts Center is located on the lower level of the Gordon B. Olson Library, with its own entrance on the south side of the library.



For more information:
 Facebook Event / Pop Cars & Wild Rides / Northwest Arts Center

29 MAY
STAINED GLASS FEATHERS
 11:00 AM
 Margie's Art Studio
 109 Main St South, Minot

This is a fun stained glass project to sharpen your skills! Make beautiful suncatchers and gifts.
 Class cost is \$25 and will cover solder and foil. Glass is extra.
 Please bring your glass cutter or purchase one at the shop before class.
 Each additional feather is \$10 for foil/solder and consumables.



For more information:
 Facebook Event / Margie's Art Studio

On Base

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 31 May 2021 • 10:30AM - 1:30PM
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14 HANDS WINE

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As summer approaches, Americans are looking forward to enjoying our Nation's rivers, lakes, and oceans. National statistics show that recreational boating is safer today than ever before, with the number of boating fatalities declining even as the number of boats increases. However, lives continue to be lost needlessly, and we must remain committed to boating safety. During National Safe Boating Week which is 22-28 May, we are reminded that practicing simple steps can make recreational boating safer and more enjoyable.

Drowning remains the number one cause of recreational boating fatalities. According to the American Boating Association, there were 613 boating fatalities in 2020. In many of these cases, life jackets were available on board, but were useless to the passengers in the boats because the speed and suddenness of the accident prevented them from having time to put on their life jackets. The chances of surviving a serious boating accident increase dramatically by wearing a life jacket. Modern life jackets are smaller, lighter, and more flexible, making them easier and more comfortable to wear.

The National Safe Boating Council, the National Association of State Boating Law Administrators,

and the U.S. Coast Guard are working with other campaign partners to encourage safe boating practices through the 2021 North American Safe Boating Campaign. In addition to wearing life jackets, the campaign encourages boaters to enroll in a boating safety class, to ensure that boats are properly maintained and checked for safety, to follow regulations and guidelines relating to homeland security issues, and not to consume alcohol when operating a boat. By improving our skills and increasing our knowledge of recreational boating safety, we can reduce the loss of life, the injuries, and the property damage that occur on our waterways.

Safe boating also contributes to homeland security and frees the time of public safety officers to focus on enforcement issues. The same Coast Guard members, local police, and fire departments who respond to recreational boating accidents are also responsible for protecting the security of our nation's ports and waterways. By avoiding boating accidents, Americans can help these officials devote more time and effort to safeguarding our homeland.

More information about staying safe on the water is available by visiting the U.S. Coast Guard's Office of Boating Safety website at www.uscgboating.org.



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Tires Plus Minot AFB New Store Manager

TIRES PLUS

Tires Plus is excited to announce the promotion of Ashley Oliver to the Store Manager position of our Minot Air Force Base location. Ashley has been with our organization serving as the Assistant Manager of Minot's Valvoline Instant Oil Change for over four years.

Ashley graduated from Montana State University – Northern in Havre with a Bachelor of Science degree in Automotive Technology. She started her career as a mechanic for three years and served as a service writer for two

years prior to joining our team. In addition, she has earned many automotive industry certifications in her time with our organization.

"I'm really looking forward to meeting our Minot Air Force Base customers and helping them with any of their vehicle needs from repairs and alignments to tires and oil changes," Ashley said when she was promoted. Her team includes an Automotive Service Excellence certified mechanic and a Tire Industry Association certified tire technician.



The Minot Minotauros hockey team visited Minot AFB, North Dakota, May 12, 2021. The American Tier II junior ice hockey team had the opportunity to tour a B-52 and see the aircraft take off.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS SAOMY SABOURNIN DE LOS SANTOS



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A LOOK BACK THIS WEEK IN USAF HISTORY

B-52 BOMBER DROPS FIRST AIRBORNE HYDROGEN BOMB OVER BIKINI ATOLL

MAY 21, 1956



The fireball created by Redwing Cherokee over the Bikini Atoll, Marshall Islands. (thisdayinaviation.com)

On May 21, 1956, a United States Air Force B-52 Stratofortress from the 4925th Test Group at Kirtland AFB, New Mexico, dropped the first airborne Hydrogen bomb over the Bikini Atoll, Marshall Islands. Before this test, the idea of dropping an H bomb over an enemy was theoretical, but the test proved the USAF's capabilities. The bomb was dropped about 8 miles above the ground and released a blast estimated

at 10 to 15 million tons of TNT. The test, called Cherokee, was part of Operation Redwing, in which the United States conducted 17 nuclear test detonations from May to July of 1956. Redwing Cherokee upped the ante in the nuclear arms race with the Soviets and proved that United States had the ability to adapt to new situations of war. In 1963, the Limited Test Ban Treaty prohibited open-air and underwater nuclear testing as a result of concerns from environmentalists and scientists.

Information courtesy of: history.com / Fitchburg Sentinel, Mass. May 21, 1956 / thisdayinaviation.com

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On the 12th of May, the 5th Civil Engineer Squadron Warbulls executed an Expedition Day. The grueling all day event began at 0430 and consisted of 10 stations designed to train, test and evaluate wartime/expeditionary skill sets, and culminated with a team building obstacle course. Stations included: TCCC – Tactical Combat Casualty Care, Land Navigation, NVG Obstacle Course, Fire Building, IED Recognition, WOD – Workout of the Day, Small Shelter System Build, Reaction to Contact, DFP Construction, and Land Survival.

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CAR CARE



Cooling System Tips

Have your antifreeze fluid changed and Cooling System flushed every 30,000 miles or 2 years. Newer formulas, however, may last up to 50,000 miles. To check coolant level, turn the car off and wait for the engine to cool. Locate the coolant reservoir (usually a translucent plastic tank) and eyeball the level of the coolant against the full and low indicators.

Just like human beings, the car needs to dissipate heat in order to avoid overheating and exhaustion. During combustion, the engine produces large amount of heat - about 4,000 degrees Fahrenheit. This is too much for the engine to bear so a cooling system is needed to keep it at a normal temperature. Cars usually overheat due to a damaged part in the cooling system, especially the radiator, the heart of the cooling system. It is therefore necessary that all its auto parts must be in proper working condition to ensure that the whole system works efficiently.

Aside from the radiator, the cooling system is composed water pump, freeze plugs, head gasket, thermostat, hoses, heater core, fan clutch and radiator fan. All these auto parts have special roles to perform thus the absence of one could significantly affect the whole cooling process and of course, the engine's performance. Take for example the hose, this may seem to be just an ordinary part but once broken, the coolant can escape and so it's no longer possible for the system to cool the engine. Even just the cap of the radiator is important. It holds the pressure in the cooling system; thereby,

affects its stability.

How does the cooling system of your car work? The coolant, which is a mixture of anti-freeze and water, is the one that absorbs the heat from the engine. It is drawn by the water pump from the radiator and is pumped through engine block and the cylinder head to absorb the heat from the engine and its parts. It goes back to the receiving tank of the radiator through the radiator hose. The radiator has tubes that contain large amount of water and has fin area to allow outside air to pass through. As the coolant spreads over the top of the radiator tubes, it transfers heat to the air.

The performance of your car is greatly dependent on your cooling system. No matter how gutsy its engine is, it can't work normally without a cooling system. The engine can even be inutile in an instant if it overheats and all other auto parts under the hood can also be damaged. They could melt as the engine burns the fuel inside the combustion chamber and the pistons in the cylinder could expand extremely that they can no longer move to complete the whole process in the engine. Your car can possibly overheat as well. Engine overheating is one of the most common problems auto users encounter. You can avoid this by adding water to your radiator. So if you notice a problem on a particular part in your cooling system, consult the best auto mechanic in town. But if you think the problem is worst, you may as well replace it right away.

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Your vehicle counts on new oil and oil filters to keep it operating efficiently. Oil should be kept full, clean from particles and not burnt. Oil lubes crucial engine parts. Moving components create rubbing, and over time that heat wears the parts down. Oil or a synthetic lubricating substance can minimize the damage from the rubbing by those moving components. By performing a regular oil change schedule you will effectively increase your engine's efficiency as well as maintain the life of your car's engine.

WHEN TO CHANGE/CHECK YOUR OIL

- Check Oil Light is on
- Check Engine Light is illuminated
- Oil is dirty
- Pinging, knocking, or additional sounds coming from the engine



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CREATURE FEATURES

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- True brachiators, gibbons are believed to be the fastest of all the primates and most agile tree dwelling animal. They use their long arms to effortlessly navigate through the trees.
- The White-Handed Gibbons arms are longer than its legs, which allow the gibbon to move nearly 10 feet with each pendulum swing of its body.

Fact File	
Life Span	25 - 30 years
Weight	16 - 25 pounds
Height	16 to 23 inches
Wild Diet	Chimpanzee, Redhowl, Fruits, Leaves, Flowers, Small birds, Eggs

CROSSWORD PUZZLE

1		2		3		4
				5		
6						
7						8
9						

ACROSS

- Novice
- Showing an interest in
- Not me
- Natural fabric
- Form of "be"
- Fuel or force

DOWN

- Two-wheel device
- Real
- Getting closer
- People who ride

Answers:
Across
1. Beginner 5. Avid 6. You 7. Linger 8. Is
9. Energy
Down
1. Bicycle 2. Genuine 3. Nearing 4. Riders

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Col Segars, MSgt Tow/791 MSFS and (BTZ winner) A1C Taylor/91 MSFS recently spent a week down at the 343d TRS...the schoolhouse. They had an opportunity to meet and speak with at least 900 trainees, culminating with a graduation speech fro Col Col Segars. As you can expect, they gravitated toward A1C Taylor. Not only was a quick visit to dispel (or confirm) the rumors of what duty is like at Minot, it was also a visit to encourage and welcome the newest members to Defender Nation...great visit by awesome representatives of the SFG. Keep up the great work, and dedication defenders...we know that we ask you alot, and you continue to, "Toe the line..." keep making great choices and taking care of eachother! DEFENDERS! Lead the Way!
- Chief Sully

U.S. AIR FORCE PHOTOS

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OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, May 17: 1,834.63 feet above mean sea level (MSL); 22,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.24 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.22 MSL.

- N.D. Game & Fish Dept. game wardens: North-central area lakes generally remain slow with improving walleye activity on Devils Lake. Van Hook Arm remains slow on the midsection of Lake Sakakawea with better success around White Earth Bay and New Town. No reports from the east end of the lake.

- Devils Lake, Ed's Bait Shop, Devils Lake: Improving walleye success but continue working shallow water. Try pitching crankbaits. Work the shorelines for white bass.

- Devils Lake, Woodland Resort, Devils Lake: Walleye activity slowly improving but warmer water temperatures needed for better bite to turn around.

- Lake Darling, Karma C-Store, Ruthville: More anglers on Lake Darling and Grano with fair walleye success. Also try Centennial Bay on Lake Sakakawea for walleye. Lots of activity on Glenburn Pond for kids.

- Lake Metigoshe, Four Seasons, Bottineau: Increasing angler numbers with fair to good pike and walleye success and the beginnings of some bluegill activity.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Lake Sakakawea remains spotty on the east end with some improving walleye success. Work points and the mouths of bays in 9 to 23 feet with live bait rigs and minnows. Also try jigging aggressively with minnows. East end of Lake Audubon also producing walleye with the same presentations.

- Lake Sakakawea, Indian Hills Resort, Garrison: Generally slow for walleye although water temperatures are warming slowly.

- Check local fire restrictions for campfires when camping.
- Deer gun and muzzleloader applications now available. Go to the N.D. Game & Fish Department website, (gf.nd.gov) to apply.
- May 22: EMS Kid Strong, 5 p.m., Fort Stevenson State Park, Garrison.
- May 29 - 31: Sky Fest over Fort Stevenson Kite Festival, 10 a.m. - 4 p.m., Fort Stevenson State Park.
- May 31: Military Appreciation Day, Fort Stevenson State Park, free admission for military personnel.
- June 2: Deer gun and muzzleloader applications due.
- June 5: National Trails Day Hike, 2 p.m., Fort Stevenson State Park.
- June 5 & 6: Free fishing weekend.

TOURNAMENTS:

- May 23: Lake Audubon, Totten Trail.
- June 5: Missouri River tailrace; Lake Sakakawea, Tobacco Gardens; Devils Lake, East Bay.

Store opens May 28 although camping is available.

- Lake Sakakawea, New Town: Van Hook Arm remains slow but improving walleye success from Little Beaver Bay south to the 4 Bears Bridge by New Town. Try jigs and minnows.

- Lake Sakakawea, Van Hook Bait & Tackle, New Town: Somewhat improving walleye success on the south of the Van Hook Arm around Shell Island and Pouch Point. Also try around the bridge at New Town. Bait shop open for the season with docks in place. Use caution with lower than normal spring elevations, especially in the northeast and northwest areas of the Van Hook Arm.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Spotty but improving walleye success in 10 feet using a variety of presentations on the east end of Lake Sakakawea. Lake Audubon also producing walleye, although somewhat inconsistent. Good smallmouth bass on both Audubon and Sakakawea. Missouri River tailrace remains slow.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Lake Sakakawea starting to muddy up around Lewis & Clark State Park. Work from Lund's Landing east with better

success around White Earth Bay or Little Knife with jigs and minnows. Also try crankbaits. Good white bass numbers yet with improving smallmouth success in the bays. Also try the bays for crappie, as well as Trenton Lake. Spring Lake Park producing some catchable rainbow and brown trout. Missouri and Yellowstone rivers good for catfish with some walleye mixed in.

- Lonetree WMA area lakes, Harvey: More activity on area lakes but success remains slow.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Some walleye success starting on the Souris River. Limited reports yet from area lakes.

N. D. rivers, river stage & streamflow:

- Little Missouri River, Long X Bridge: Streamflow, 66 CFS.

- Missouri River, Williston: River stage, 16.12 feet.

- Missouri River, Washburn: River stage, 9.41 feet.

- Souris River, Minot: River stage, 1.27 feet; streamflow, 3.85 CFS.

- Yellowstone River, Sidney, Mont.: River stage, 4.63 feet; streamflow, 9,300 CFS.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).

- Report All Poachers: (800) 472-2121 or (701) 328-9921.

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CCAF GRADUATION CEREMONY

Airmen receive their CCAF diplomas with friends and family in attendance on May 13, 2021 at Minot Air Force Base, North Dakota. Earning a CCAF degree is a big milestone and sets one up for success, such as being more promotion eligible. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN MICHAEL RICHMOND



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YOUTH IN ACTION

Preparing for a PCS

Preparing for a PCS can be stressful, when a move involves children additional factors must be considered. How to mitigate childcare needs? What to do about school? How to prepare children for a big change? Child & Youth Services, along other support agencies, can help parents in finding the answers to these questions and more! If you have young children and need to place your child in care as you prepare for a PCS or upon arrival at your new location you may be eligible for Air Force Aid Society Child Care for PCS, often referred to as PCS Care. Sponsored by the Air Force Aid Society, the AFAS PCS Program is designed to help relieve some of the stress felt by families in the process of a PCS move and is completely free. AFAS PCS

provides 20 hours of child care per child at both the departing and inbound installation. Families may use the child care 60 days before the family's departure and 60 days upon arriving at the new installation. Eligibility Requirements: Member of the Air Force, Active Duty, Active Duty Member Retiring, How to Request Care: Completed Child Care for PCS Certificate obtained from the Airman & Family Readiness Center and Completed enrollment paperwork with the FCC Provider. For more information you can call the Family Child Care office at 701-723-6662 or visit: <https://www.dafchildandandyouth.com/expanded-child-care>. School policy varies across districts, states, and countries. If you need support in navigating a change in schools

or preparing for homeschool, contact your school liaison (SL) by accessing the global directory at <https://www.dodea.edu/partnership/schoolliaisonofficers.cfm> or call 701-723-1447 to speak with Minot's SL. At each location the SL can support all K-12 education needs: enrollment, school boundaries, graduation requirements, special education, sports & activities, student sponsorship, and more. A PCS is not just stressful on parents, the entire family must prepare for the change. If your children attend school make sure your school is aware of your upcoming move. Teachers, counselors, and administrators can be ready to support your student as they experience the highs and lows of preparing for a move. Contact

the Youth Programs to see about youth sponsorship options at your current and next location which allow your child to get connected with a peers prior to moving. Military Family Life Counselors are also a wonderful resource for both parents and children in facing the stressors of a PCS. The local Airmen & Family Readiness Center (701-723-3950) can help get you in contact with an MFLC. Finally, if your child is enrolled in the Exceptional Family Member

Program (EFMP), be sure to work with your current EFMP-Family Support Coordinator (701-723-3950) to get connected to your next base. A great place to start in preparing for a move is <https://www.militaryonesource.mil/moving-housing/> and if you have further questions about preparing for your student's transition give the School Liaison a call at 701-723-1447.



RACQUEL LABADIE, GS-11
SCHOOL LIAISON SPECIALIST
CHILD AND YOUTH EDUCATION SERVICES



2020-2021 MPS CALENDAR

IMPORTANT UPCOMING DATES

May 3

Early Release 1:15pm

May 25

Last Day for Students
if Make-up days are not needed

May 26 & 27

Make-up days if necessary or PD
days if Make-up day isn't used.

May 30

Graduation @ MSU Dome 2:00pm

May 2021							17 days
S	M	T	W	T	F	S	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	*26	*27	28	29	
30	31						

- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days



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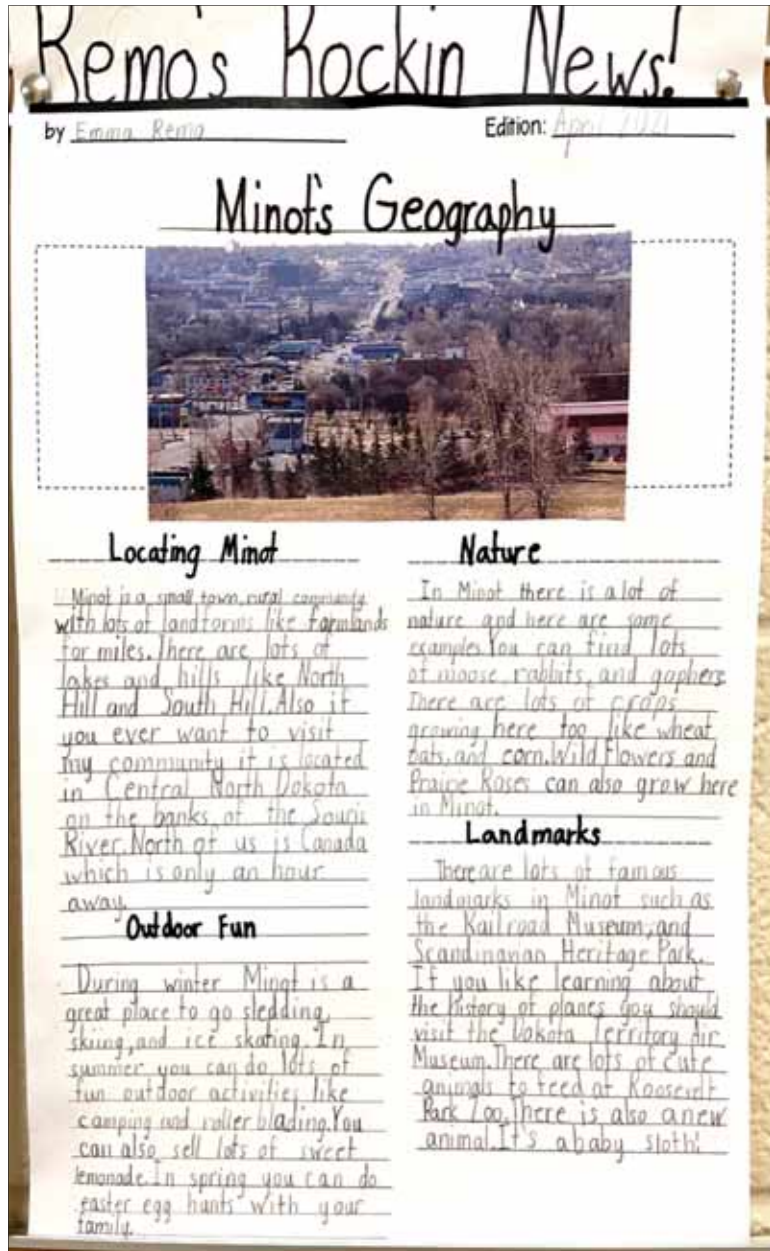
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**NORTH PLAINS ELEMENTARY
FEATURE WEEK 3**

Students in Mrs. Burns Grade 3 class made these newspapers to go along with their unit in reading about Communities. They discussed the different types of communities and then broke it down into what things caused these communities to be created. Instead of just writing a report about Minot, students created a newspaper with their focus being on one of the 4 specific areas including History & Traditions, Economy, Geography or Places to Visit. Pictures were added at the end to go along with their topics.

See more submissions next week.

SUBMITTED PHOTOS



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YOUTH IN ACTION

Family Child Care Utilizes STEM in Teaching

MINOT AIR FORCE BASE FAMILY CHILD CARE

During Month of the Military Child, 13 Family Child Care providers participated in Weekly STEM Challenges at Minot Air Force Base, N.D. Each provider was given three “mystery” items and asked to create an activity that was judged in three areas: innovation, relevance to weekly lesson plan, and inclusion of learning domains (social and emotional development, physical development, mathematics and reasoning, social studies, creative development, language and literacy development, and science).

Throughout April, the following three mystery items were placed in a large colorful box on each FCC doorstep each Monday morning: (week 1) purple foam sheets, paper plates, and sticky notes/post-its; (week 2) purple masking tape, purple paper, foam stickers; (week 3) purple pom-poms, purple pipe cleaners, and metallic star stickers; (week 4) purple yarn, paper cups, and rubber bands. The challenge began every Monday at 10 a.m. and ended on Friday at 10 a.m. The Family Child Care Coordinator, Alyssa Kelly, assembled and delivered each box and its contents, and the Flight Chief and School Liaison

Officer judged each activity. The four weekly winners were announced on Wednesday, May 12, 2021 at the Monthly Provider Meeting:

Week 1: Regina Corona Earthquake Sustainability Homes

Social Emotional Development: After the children build their house, they have to see if it will sustain an earthquake by shaking the plate. Emotions come to play when their house does not stay intact. I then explain to the children that it happens to people around the world who suffer from an earthquake. I let them know that when it happens to other people they pick up the pieces and rebuild their home.

Physical Development: Children will use their fine motor skills to cut each piece and put them together. Each tab will be inserted into each hole in correlation with the letter on the tab and by the hole.

Mathematics and reasoning: Each child will match the amount of sticky notes to each number labeled on the sides of their house. Each sticky note will act as the windows and doors.

Social Studies: If the house

withstands or does not withstand the earthquake, they are learning that it happens in real life. Even windows and doors may break down and they learn that this is a natural disaster that occurs in real life. They are also coloring the world on the plate.

Creative Development: Children will use the plates to color and draw what they perceive the world to look like and what colors they'd like to add.

Language & Literacy Development: Each tab and hole will be labeled A, B, C, D, E, and F They have to match each letter to its corresponding hole in order to build their house.

Science: Movement of the plate which acts as the world, causing the house to shift, move, and collapse as if it were an earthquake!

Week 2: Kimberly Reeves The Color Train

Our theme of the week is transportation. I made train tracks with the tape. The children had to match the sticker colors to the color wagons. Afterwards, they played with the train on the tracks. They decided together which sticker goes on which wagon. It helped with fine motor

skills (peeling off the paper on the back of the stickers), team work, color recognition and imaginary play.

Week 3: Lacey Ranucci Fishing Poles

Children will learn to form lines out of pipe cleaners and pompoms in this activity, as well as work on making patterns with them. They learned to sort the items as well and recognize differences. This week we are learning about the letter “L,” so we find objects and listen for sounds that start with the letter, which is why we used lines in our activity and everyday learning. What do we do before we go upstairs and downstairs? “We line up.” When we go to the park what are we supposed to do? “Line up, hold hands, and stay by Ms. Ranucci.”

Week 4: Cassidy Larson Cup Phones

We made phones with our cups and strings! We put the rubber bands over the cups before we painted so when we took them off the cups we could see lines.

Each weekly winner received a purple apron with pockets to use inside their homes for any creative activity they dream up (as well as extra weekly challenge

supplies), and all 13 participants received a bracelet with the word “Mindfulness.”

Regarding the STEM Challenges, Family Child Care Coordinator, Alyssa Kelly, proudly stated, “Minot AFB has an exemplary group of talented FCC Providers who teach remarkable, creative lessons on a daily basis. However, only coordinators and parents notice these lessons, as most teaching occurs within each FCC home rather than in a group setting, such as is the case at the Child Development Center or Youth Center. With these challenges, the teachers had the opportunity to showcase their skills and aptitude while having fun and connecting with these beautiful, resilient military children!”

When asked if next year’s Month of the Military Child will have the same STEM Challenges, Kelly said, “We’ll see! It’s a mystery....” She added, “I am so grateful for the opportunity to highlight these amazing teachers on our base and if given the chance to do this again—maybe not exactly like these STEM challenges—I will, certainly, do it!”

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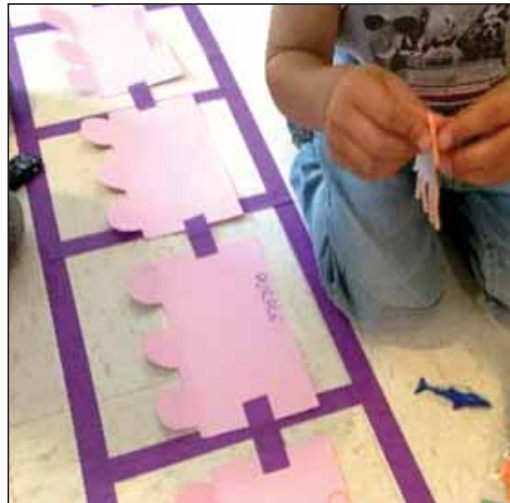
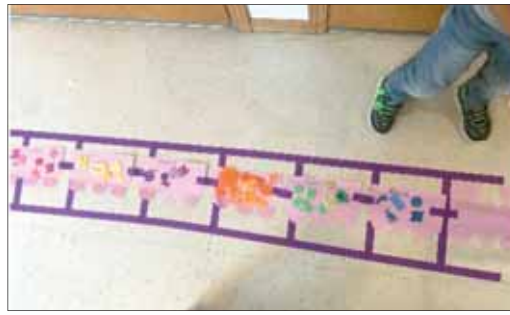


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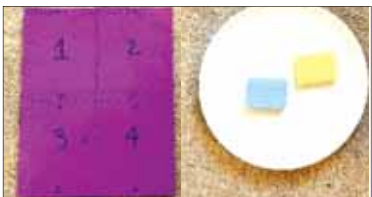
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Week 1 Activity: Earthquake Sustainability Homes

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INGREDIENTS

CRUMBLE:

- 1/2 CUP OLD FASHIONED OATS
- 1/4 CUP ALL-PURPOSE FLOUR
- 1/4 CUP BROWN SUGAR
- 1/4 CUP SLICED ALMONDS
- 1/2 TEASPOON SALT
- 1/4 CUP UNSALTED BUTTER, CHILLED

FILLING:

- 3/4 CUP SUGAR
- 3 TABLESPOON CORNSTARCH
- 6 CUP FROZEN SWEET CHERRIES, THAWED AND DRAINED
- 2 TABLESPOON BOURBON
- 1 TABLESPOON FRESH ORANGE JUICE
- 1 TABLESPOON ORANGE ZEST

MAIN:

- 1 WHOLE STORE BOUGHT OR HOMEMADE PIE DOUGH

When ready to cook, set Traeger temperature to 350 °F and preheat, lid closed for 15 minutes. For the Crumble:

In a medium bowl, mix together the oats, flour, brown sugar, almonds and salt. Add the chilled butter and using your hands, combine to resemble crumbles. Let rest in the refrigerator.

For the Filling: In a medium bowl, add sugar and cornstarch then whisk to combine. Add cherries, bourbon, orange juice and zest. Fold together carefully with a spatula.

Using fresh or store bought pie dough, roll the dough big enough to cover a 10 inch pie pan. Crimp the edges. Pour filling into the pie crust. Top the filling with the crumble and place in the Traeger.

Bake for approximately 60 minutes, or until juices are bubbling and crust and crumble topping is golden brown.

Let pie cool. Slice and enjoy!

Ryan Davy - GM
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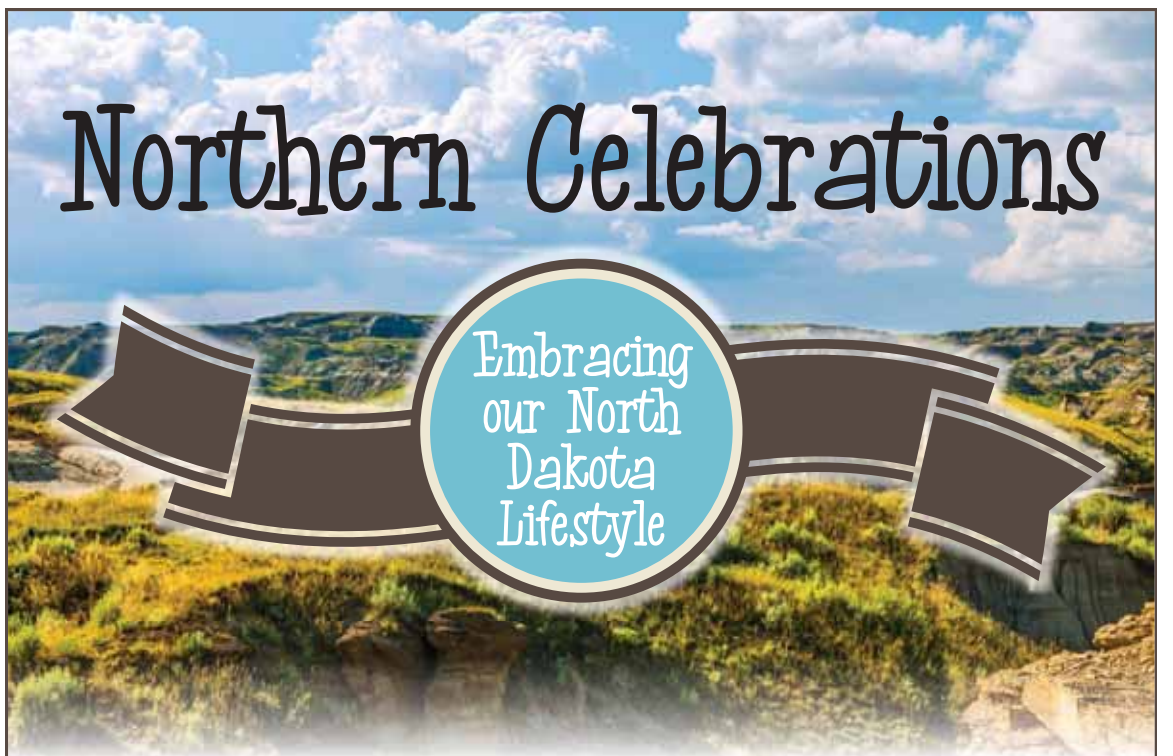
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Northern Celebrations

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Kicking off summer

Patricia Stockdill

Pigs really can fly. And penguins fare quite well in the North Dakota summer sun and breeze – even if it’s not at a zoo. Don’t forget alligators. They’re colorful, friendly, and loving life in the Great North Dakota Outdoors. Well, OK, admittedly none of these guys are real but they truly will be in the state and it’s not as part of a travelling circus.

Instead, after a year’s hiatus, Sky Fest over Fort Stevenson is back at Fort Stevenson State Park May 29 through 31. Pigs, penguins, alligators, and an array of other kite designs, shapes, and sizes will fill the sky from 10 a.m. to 4 p.m. each day.

Assuming, that is, there isn’t too much wind. Yes, it can be too windy to fly kites. And the kites won’t fly if lightning is within five miles but the way this year as gone for lack of rain, lightning and thunderstorms likely won’t be an issue.

Amazingly, on the off chance that it’s calm, some kites and other spinning objects can still take to the air, described Sky Fest founder, organizer, and kite enthusiast extraordinaire Rena Rustad, Roseglen. And others (bol kites and spinners, for example) will be bouncing merrily along on the ground and spinning away.

While there will be professional flyers demonstrating their kites, the public can fly their own kites throughout the festival. Don’t feel bad if a person doesn’t own a kite – there will be kites for sale.

Here’s the schedule:
 May 29:
 *Come 12:50 p.m. for the 1 p.m. free kids kite-making, ages 3 to 12.
 *3:30 p.m.: Candy drop.
 *8 p.m.: Night flying with spotlights, reflective LED lights on kites, and glow sticks. Rustad has a skeleton kite she lights at night for a “really cool effect”, she described.
 May 30:
 *2 p.m.: Photos with Wally the Walleye.
 *3 p.m.: Candy drop.
 May 31:
 *Red, White, and Blue Day with patriotic colors filling the sky.
 *2 p.m.: Bol races.
 *3 p.m.: Raffle drawing for a handmade, hand-sewn custom kite donated by professional flyer and kite maker Mike Shaw along with the final candy drop.

The festival can be as interactive as a person wants. Kite flyers love to talk kites, Rustad smiled. They love to help beginning flyers and talk about the special kites they may have.

Attendees can fly kites. They can learn about kites. They can win prizes and maybe a special custom designed kite.

Or they can simply kick back in a lawn chair and enjoy the colors filling the sky.

Sky Fest is a kickoff to summer, Rustad suggested. “Bring a lawn chair, sunscreen, bring a kite if you have one, and we have kites for sale if you don’t,” she added.

This year marks the 8th anniversary of Sky Fest over Fort Stevenson, although it began almost 30 years as a small kite festival its founder, Deb Lenzen, called Skydance Sakakawea. When Lenzen retired, Rustad assumed the reigns and adopted its new name. The kite festival has grown from a small community event to a multi-state kite festival with professional flyers from places such as Arizona and Oregon sharing their passion with folks throughout the region.

Rustad and Christina Bond, Bismarck, are the core of the festival’s success, although volunteers can assist – and would be greatly appreciated, Rustad added.

While the festival is free, park visitors have either a \$7 daily entrance fee or can use their \$35 annual pass. However, all military personnel receive free admission Memorial Day, May 31 as part of the N.D. State Parks and Recreation Department’s tribute to those serving our state and country.

Visit Sky Fest over Fort Stevenson’s Facebook page or go to their website, (www.skyfestnd.com) for more information or to volunteer to help fill the sky with color – and maybe even a pig, penguin, or alligator. Fort Stevenson State Park is located three miles south of Garrison.



A monarch butterfly kite flies over vehicles at the Sky Fest over Fort Stevenson, Fort Stevenson State Park south of Garrison.

CHRISTINA BOND, CBOND PHOTOGRAPHY, BISMARCK ND

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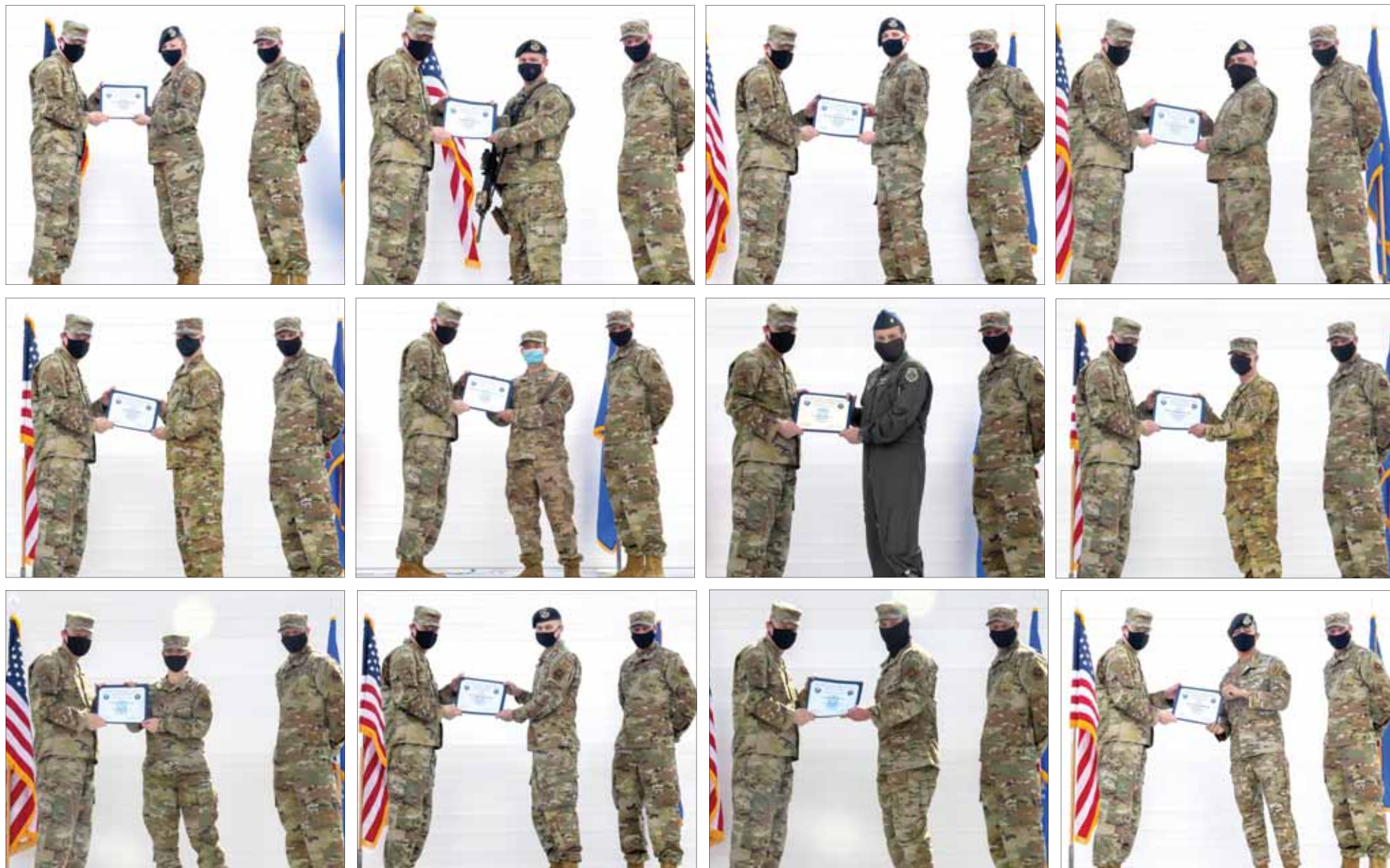
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Local Brewing Company Favorite for Many

ROD WILSON, NORTHERN SENTRY

In December of 2012, Bottineau native Aaron Thompson decided to answer a question he was asked many times while tending bar at a local establishment. "Everyone kept asking me, where's the local brewery? Where do I get a locally brewed beer?" Aaron shares. "I thought it was really time that someone do something about having a locally brewed beer."

And so, on December 9th of 2012, Souris River Brewing was born. The local snowboard pro, who has travelled to Norway and been named a Training Emeritus for Vail resorts, has gone down a different run in life, this run has made him a beer conisseur, producing beers with a unique local flavor and of course unique local names like Bakken Brown Ale (his personal favorite), Prairie Rose Pilsner and Henry's Pale Ale, just to name a few.

How does the snowboard pro transition to Executive Brewmaster? "Well if you don't know, you surround yourself with those who are smarter than you" says Thompson. And so Minot State University Chemistry professor, Dr. Bryan Schmidt entered the picture as the SRB Brewmaster. "Bryan is really smart. He was the President of the North Dakota Academy of Scientists, and so he has been an important part of our team."

But beer is only part of what

makes Souris River Brewing unique. An evening at SRB usually includes a signature SRB brew, and then a unique meal from a menu that features Walleye Bites, Poutine (a Canadian favorite), Elk Chili, and sliders made from 100% grain fed North Dakota beef. "We keep things local. We use North Dakota ingredients for our beer, and our menu is all North Dakota. We use soup bones and make our own soups..."

“

I thought it was really time that someone do something about having a locally brewed beer.

AARON THOMPSON
SOURIS RIVER BREWING
OWNER

”

you know...give them a true taste of North Dakota" Thompson says with pride.

Once you enter Souris River Brewing, you'll appreciate the atmosphere that has been created, all the way to the "bullet in the bar" laughs Thompson as he shows customers where the piece of lead is imbedded. "I built this bar myself, and when I cut the

bar top, there was a bullet. Who knows where it came from".

It isn't unique to Souris River Brewing, but on most nights you can catch both Aaron and his wife, Dr. Jynette Larshus, working the floor and keeping the oft returning clientele happy. "The combination is pretty simple" says Aaron Thompson, "Great food, great beer and great service. That's what keeps our customers coming back."

So what does the future hold? "Well right now we've just put a new canning machine online. It will really help us in our out of market growth." The canning machine is the 4th major upgrade for Souris River Brewing, and certainly it won't be the last. "We're looking to expand. We would like to take over some of the space that is located south of our building" shares Thompson. That would allow us to expand our capacity. A recent law change helped out small breweries like Souris River Brewing that allows them to schedule up to 40, instead of 20, events per year. It allows the smaller breweries, like wineries, to participate in local festivals.

So when you get those visitors who ask about a restaurant and brewery that is local, "We meet the local North Dakota test," according to Aaron Thompson "we are all about local".



New canning machine went online recently.



Tanks that age beer.



New technology monitors each tank in the Souris River Brewery.



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Aaron Thompson's favorite, Bakker Brown Ale.

NORTHERN SENTRY PHOTOS | ROD WILSON

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ALS Class 21-C and Class 21-D Graduates from Minot Air Force Base, N.D. Airman Leadership School is required for Senior Airman to promote to the rank of Non-Commissioned Officer. More photos can be found on Minot AFB PA Flickr page.

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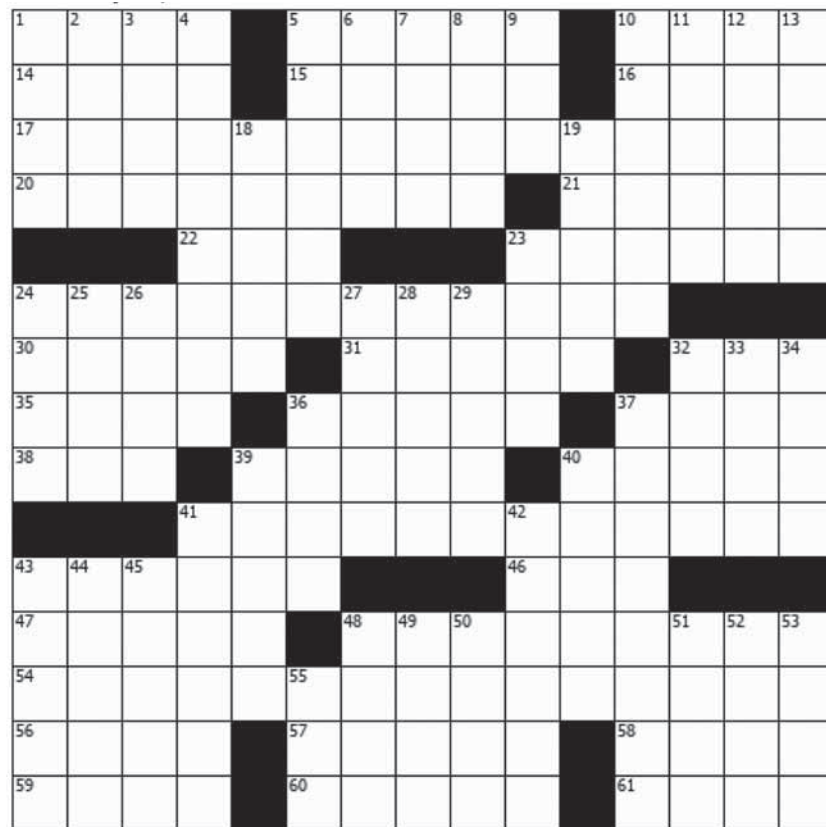
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CROSSWORD PUZZLE

Across

- 1. It has its pluses and minuses
- 5. Came up
- 10. Speak like Sylvester
- 14. River to the Mediterranean
- 15. Kind of dressing
- 16. Gathering dust
- 17. Downright evasive
- 20. Part of HTTP
- 21. Vaulted
- 22. Simpson outburst
- 23. Pillories
- 24. Downright crusty
- 30. Mercury and Saturn
- 31. Embarrass
- 32. Royal Botanic Gardens site
- 35. Paraphernalia
- 36. Gas and coal
- 37. Soggy earth
- 38. Bat wood
- 39. They fill the bill
- 40. Unitas' team
- 41. Downright indignant
- 43. Thin biscuits
- 46. Giant notable
- 47. Texas mission
- 48. Pins a star on
- 54. Downright inflexible
- 56. Top-of-the-line
- 57. The Duke
- 58. Director Kazan
- 59. Nicholas or Ivan
- 60. Chirac's states
- 61. Fall color

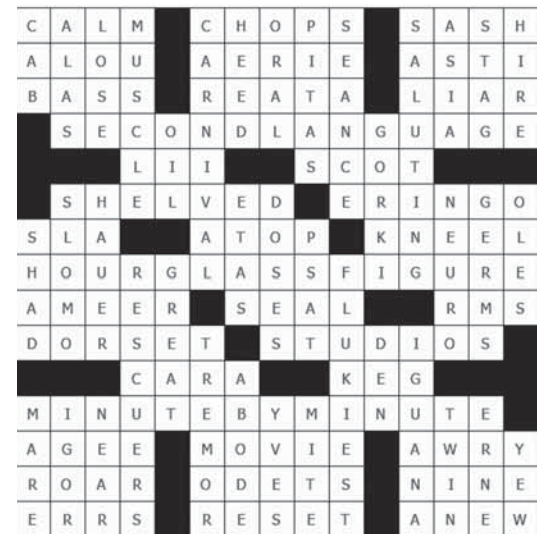


Down

- 1. Stocking style
- 2. With deftness
- 3. Slip up
- 4. Desired
- 5. Franklin of R&B
- 6. Answer to a waiter, sometimes
- 7. Cameo quartz
- 8. Vamoose
- 9. Replies of confusion
- 10. Kind of equation
- 11. Gray matter output
- 12. Was in the arms of Morpheus
- 13. Pummels
- 18. Univ. figures
- 19. Islamic deity
- 23. Eleanor's successor
- 24. Totally smitten
- 25. Wishes undone
- 26. Jazz home
- 27. Condo luxury
- 28. Assists, criminally
- 29. Wood for crafts
- 32. Firing site
- 33. Art deco artist
- 34. "My Little Chickadee" star
- 36. Government agents
- 37. Bergen's Snerd
- 39. Chocolate substitute
- 40. Terra ---
- 41. Constituent
- 42. Puts up
- 43. Attended
- 44. Some choir voices
- 45. Lions and tigers, and such
- 48. Fooyey!
- 49. Irish new age singer
- 50. Have dog breath?
- 51. African warrior star
- 52. "Boola Boola" singers
- 53. When it's saved it's taken
- 55. Be beholden to

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

			1			2		
1			3		4			5
	6				2			3
			5		3			7
	8		9		6		1	
9			2		7			
3			7				6	
7			4		1			9
		4			8			

Solution to puzzle on page C10

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Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.

First Assembly of God
1805 2nd St. SE
838-1111
 Morning Worship 8:30 a.m.
 Sunday School 10 a.m.
 Morning Worship 11 a.m.
 Wednesday Family Night..... 6:30 p.m.

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org

Classic Worship Service 8:30 a.m.
 Adult Sunday School..... 9:45 a.m.
 Contemporary Worship Service .. 9:50 a.m.
 Children's Church..... 9:50 a.m.
 Sunday School (All Ages) 11:00 a.m.
 Contemporary Worship Service.. 11:05 a.m.
 Wed. AWANA (Sept. to May) 6:30 p.m.

Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Pastor Sam Kautzmann, Student Ministries
Elaine Carlson, Children's Ministry Director

Cross Roads Baptist

Southern Baptist Convention
 Sunday School (all ages) 9:45 a.m.
 Sunday Worship 11 a.m. & 6:30 p.m.
 Wednesdays (Prayer & Missions) 1:00-6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Dr. Bob Farmer- Pastor
415 28th Ave SE (Behind Menards)
838-1873


West Minot Church of God
Family Worship Center
1105 16th St. NW • 839-1407
 Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal..... 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday..... 7:00 - 11:00 p.m.
 ABC Child Care Center..... 852-6352

westminot.com
facebook.com/westminot

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 Sundays:
 Worship..... 8:30 a.m. & 10:45 a.m.

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 For more information visit us on the web at:
www.ourredeemers.org

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- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
 Email: jschultz@orcsknights.org
 Website: www.orcsknights.org

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Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

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 call 701-839-0946
 email NSADS@SRT.COM
 fax 701-839-1867

VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM


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By email or phone at
mmackey@kalixnd.org
701-852-1014 tfn

IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014. tfn

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SUDOKU SOLUTION

Puzzle on page C8

8	3	9	1	7	5	2	4	6
1	7	2	3	6	4	9	8	5
4	6	5	8	9	2	1	7	3
6	2	1	5	8	3	4	9	7
5	8	7	9	4	6	3	1	2
9	4	3	2	1	7	6	5	8
3	1	8	7	2	9	5	6	4
7	5	6	4	3	1	8	2	9
2	9	4	6	5	8	7	3	1

REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at www.brokers12.com. tfn

CONDO FOR SALE - N. Hill Minot, 3 BDRM, 2.5 Bath, 2 car garage, Laundry, Forced Air, 1744 Sq Ft, \$164,000 - If interested call 852-4241. Leave a msg and I will WCB. June 18

RENTALS

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157 tfn

APARTMENT FOR RENT IN GLENBURN, ND. Located 12 Miles North of Base. 2 Bedroom, 1 Bath, Washer & Dryer included. Freshly Painted w/ Brand New Flooring throughout. \$650 a month w/ \$300 Security Deposit. Tenant pays utilities (all electric appliances). Pet negotiable with non-refundable pet deposit. June 4

FOR RENT OR SALE

20 MINUTES TO MINOT AND THE MINOT AIR FORCE BASE 2 and 3 bedroom mobile homes for sale or rent from \$695 per month - includes lot rent and utilities. Located in Deering, ND. 701-502-0554. tfn

MINOT AFB OPPORTUNITIES

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

MINOT AFB FIRING RANGE NOTICE

The base firing range is located at 106 Range Road. It is illegal as well as dangerous to trespass in this area due to live weapons fire. For approved access to this area during weekdays contact Technical Sergeant William Delphia or Technical Sergeant Adam Worcester at 701-723-7597. For all other times coordinate with the base law enforcement desk at 701-723-3096/3097.

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term is: 31 May-1 Aug. For more information, please email: minot@erau.edu or call us via our teleworking phone number: 904-513-9734.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

PARK UNIVERSITY MINOT -

Your degree, Your way. Now enrolling for Summer classes starting June 7, 2021. Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base starting with the Summer 2021 semester. The Summer 2021 semester begins June 1 and finishes July 29 with registration currently open. MSU at the Minot Air Force Base will also have three sessions of face-to-face classes in Fall 2021. Those three sessions are Aug. 23 to Dec. 17, Aug. 23 to Oct. 14, and Oct. 18 to Dec. 19. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

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WHAT'S GOING ON MAFB

FRIDAY 21

- Registration Closes for Squadron Softball Tournament at the Fitness Center
- Registration Closes for Wine & Paint Pouring Class at the Arts & Crafts Center
- HIIT Strength and Conditioning, 0530, Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, A&FRC
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- Teen Day Friday, 1500-2200, Youth Center
- Registration Closes for Why Not Minot? Scramble, 1600, Rough Rider Golf Course
- Cycle, 1630, Fitness Center
- Friday Fun Member Snacks, 1630-1830, Rockers Bar & Grill
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Teen Night, 1900-2100, Rough Rider Lanes
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

SATURDAY 22

- Cycle, 0900, Fitness Center
- Why Not Minot? Scramble, 0900, Rough Rider Golf Course
- Fit to Fight, 1030, Fitness Center
- Mortal Kombat 11 Tournament, 1200, ESC
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

SUNDAY 23

- Zumba, 1400, Fitness Center

MONDAY 24

- Youth Baseball & T-Ball Season starts at the Youth Center
- HIIT Strength and Conditioning, 0530, Fitness Center
- Stroller Fitness Bootcamp, 1000, Fitness Center, Outdoor Track
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Newbery Book Club, 1600, Minot AFB Library
- Cycle, 1630, Fitness Center
- Wine & Paint Pouring Class, 1800-2000, Arts & Crafts Center
- Swerk, 1930, Fitness Center

TUESDAY 25

- Moving Out of the Dorms Budget Class, 0900-1030, A&FRC
- Game Day, 1000-1930, Minot AFB Library Facebook Page
- Barre, 1800, Fitness Center
- Swerk, 1930, Fitness Center

WEDNESDAY 26

- HIIT Strength and Conditioning, 0530, Fitness Center
- Right Start, 0800-1000, A&FRC, Held at the Jimmy Doolittle Event Center
- Bundles for Babies, 0900-1030, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Storytime Club Facebook Group
- Cycle, 1630, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga, 1830, Fitness Center

THURSDAY 27

- Pre-Separation Counseling, 0830-1130, A&FRC
- Stroller Fitness Bootcamp, 1000, Fitness Center, Outdoor Track
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Kids' Night, 1530-2030, Bomber Bistro
- EFMP Kids – Resilience Building Through Play, 1730-1930, A&FRC, held at High Air Ground
- Zumba, 1830, Fitness Center
- Cycle, 1930, Fitness Center

ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Meet Up Walking Club: Every weekday in May at 1130 at the Fitness Center Outdoor Track
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.
- DELIVERY OPTIONS (Hours subject to change)
Bomber Bistro: Monday-Friday 1630-2030

FRIDAY 28

- For full listing Memorial Day holiday facility hours, visit 5thforcesupport.com
- AFGSC Family Day
- Pre-Season Softball Tournament at the 4Plex Softball Fields
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

SATURDAY 29

- For full listing Memorial Day holiday facility hours, visit 5thforcesupport.com
- Pre-Season Softball Tournament at the 4Plex Softball Fields
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

GARDEN PLOTS
GARDENING SEASON BEGINS AROUND MAY 28TH AND ENDS IN OCTOBER. PLOTS ARE LOCATED AT THE CORNER OF MINUTE MAN DRIVE & MISSILE AVENUE

2021 SEASON PLOT HOLDERS
REGISTER FOR RENEWAL MAY 3RD

OPEN REGISTRATION
PUBLIC REGISTRATION BEGINS MAY 18TH

COST PER PLOT:
\$20 FOR THE SEASON

J.FORCE 723-3648

MAY SPECIALS

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Roasted peppers, olives, banana peppers, lettuce, tomato, onion, cucumber, cheddar cheese, and chipotle mayo on your choice of spinach, flour, tomato, or garlic tortilla!
- The B-Fifty Brew • Tasty Refreshers**
Start your day with a thirst-quenching Refresher! Available in Strawberry Acai, Mango Dragon Fruit, and Pink Drink flavors! Take it to go today! Available in Tall \$3.85, Grande \$4.35, Venti \$4.85
- Rockers Bar & Grill • Dragon's Fire Burger**
Seasoned juicy 1/3lbs. burger with ghost pepper cheese, jalapenos, and Rocker's Fire and Fury sauce, on a bed of lettuce and tomato. Served with fries for only \$9.50!

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