northernsentry.com | Vol. 59 • ISSUE 44 | MINOT AIR FORCE BASE | FRIDAY, OCTOBER 29, 2021

WHATS INSIDE

THIS WEEK:

891 MSFS HAUNTED SQUADRON

B4



ALS GRADUATION 21-G

C1



DAKOTA ELEMENTARY: THANK YOU, ANN!

C7



91st Missile Wing Commander Col. Christopher E. Menuey presents Senior Airman Jose Rafael Jacuinde Rios with the American Red Cross Certificate of Merit at a ceremony held at Minot Air Force Base, October 22. SrA Jacuinde-Rios was presented the award for saving a man's life earlier this year. See page A3 for story.

U.S. AIR FORCE PHOTO I MINOT AFB PA



WE'LL BUY YOU DINNER!

ENTER WEEKLY!

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DETAILS ON PAGE 8



HOME OF THE GLOBAL STRIKER

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Find us on
Minot Air Force Base

Minot AFB Videos





Join us for Trunk or Treat from 11am-1pm on October 30 to meet the pets and enter to win prizes! Kramer will

donate \$100 for every pet adopted in October."

*Up to \$3,100

TOPI MILITARY WORKING DOG



BACKGROUND

Tattoo number V489, A.K.A "Topi" was assigned to Team Minot April 30, 2015. The Belgian Malinois has had a very successful career with the U.S. Air Force Security Forces and retired from Active Duty service October 12, 2021.

DAY-TO-DAY

During his career, Topi was able to support numerous United States Secret Service missions, in direct protection of the President and Vice President given his 96.47% accuracy in detection.

Topi will spend his retirement with his previous handler after thousands of hours on the job, protecting and serving Team Minot and the Air

"WOOF"

When asked about how he feels about retirement.





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WARRANTY FOREVER

Senior Airman receives American Red Cross Certificate of Merit for saving life

MINOT AFB PUBLIC AFFAIRS

On April 17, 2021, while running Saturday morning errands with his wife and two young children, Senior Airman Jose Rafael Jacuinde Rios called the skills he learned in American Red Cross CPR and First Aid training to save the life of a man he found lying on the side of the road with a severe head wound.

For this heroic and lifesaving actions, Senior Rafael Jacuinde Rios will receive the American Red Cross Certificate of Merit at a ceremony at Minot Air Force Base on Friday, October 22.

"The Certificate of Merit is the highest award given by the Red Cross to individuals who save or sustain a life using skills learned in a Red Cross Training Services course," said Rob Stotz, Executive Director for the American Red Cross serving Western North Dakota. "We're extremely proud and honored to present this award to SrA Jacuinde Rios, whose actions exemplify our mission to help people prevent, prepare for and respond to emergencies."

According to SrA Carmen C.D. San Diego who witnessed the event, "Senior Airman Jacuinde-Rios noticed an incapacitated man lying on the side of the road. While many vehicles passed this man, he pulled over to see if the individual needed assistance, but quickly saw that the man was lying in a pool of blood."

SrA San Diego added, "Without hesitation, Jacuinde Rios took control of the scene, calling for medical assistance, and instantly providing Self Aid Buddy Care (SABC)/Basic lifesaving procedures; rolling the individual

on his side to prevent the possibility of choking, cleaning wounds around facial area and assessing for further injuries. SrA Jacuinde Rios continued holding the individual upright to ensure his safety until the medical team arrived on scene."

Truly impressed by his actions, she continued, "He has shown a true act of courage and selflessness during this situation. During off duty hours, he has proven that he will go above and beyond his line of duty and out of his way to assist a member of the community in their time of need. SrA Jacuinde Rios is the epitome of what a true American Airman is."

Senior Airman Jacuinde Rios joined the Air Force in 1997 after high school. He currently serves as a security forces air defense technician assigned to the 91 Missile Security Operations Squadron at Minot Air Force Base in North Dakota. Prior to this position, he also served at Joint Base Elmendorf Richardson in Alaska. He lives in Minot, N.D. with his family.

Red Cross training gives people the knowledge and skills to act in an emergency and save a life. A variety of online, blended (online and in-person skills session) and classroom courses are available at redcross.org/takeaclass.

If you or someone you know has used skills and knowledge learned in an American Red Cross Training Services course to help save or sustain the life of another individual, LifesavingAwards.org visit to nominate, recognize, or be

inspired.

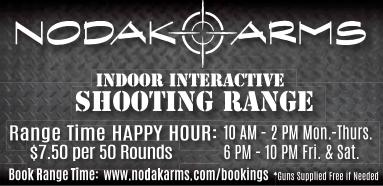
About the American Red Cross The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid;

and supports veterans, military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org/mndaks or cruzrojaamericana.org.











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Let's Not Create Horror Stories

northern sentry

A VIEW FROM OUR SIDE

ROD WILSON, NORTHERN SENTRY



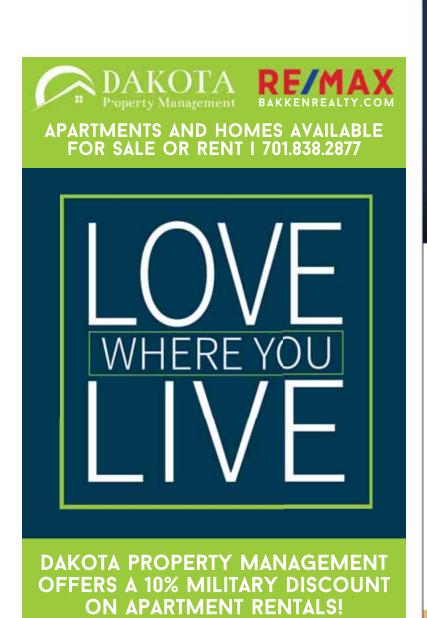
In a recent conversation, a young airmen friend of mine asked me "how do you spend Halloween?" I shared how the Wilson household turns on the lights, puts the candy by the front door and then waits for the little trick or treaters to ring the door bell and yell "Trick or Treat" when we open the door. It's a pretty simple, albeit safe, Halloween.

As I returned the query, the young man replied that he would attend several Halloween parties on Saturday evening, because Halloween would fall on a Sunday this year. I could only picture in my mind a "Horror Story" that included an unplanned, of course, DUI charge because there were no provisions for a designated driver. Had you arrived at Minot AFB between the hours of 0600 and 0800 on Friday, 29 October, you would have been greeted by AADD volunteers Halloween costumes reminding people that AADD will be there, if all else fails. "We will be giving out candy,

cards/resources, and holding up YOU MATTER signs to help promote the program and to get more resources out there for our military families" according to SSGT Jan Mariel D. Punelas, Airmen Against Drunk Driving President "We're hoping to garner more attention in reducing the DUI rates and I think this will be a good way of showing more face and coming out to let people know who we are."

AADD is that parachute in case all other plans fail. Have a designated driver, and more important share with your friends that you are OK giving up the keys to your vehicle if they deem it necessary to take them. No one plans for a DUI, but the consequences of getting behind the wheel of your car when you have had too much to drink are extreme, as well they should be. So let's all agree to not have the sign at the front gate reflect a horror story of a DUI. How great would it be to see the number of days without a DUI continue to grow.







Thursday, November 11th 4:30pm-6:00pm

Cash Wise Foods

3208 16th St. SW, Suite 400, Minot

Register at MyOperationHomefront.org

AIRMEN AGAINST DRUNK DRIVING

UPCOMING EVENTS

SCAN OR CODES FOR MORE INFO & SIGN UP

OCT

HALLOWEEN GATE GREET

Costumes highly encouraged! Support this event by holding up signs, handing out candy, and reminding people to have a safe Halloween! Volunteers recieve a Letter of Appreciation & entry to win



AADD Gate Greet



AF Ball

Air Force Ball

Volunteer as an AADD Driver for the Air Force Ball. Food and drinks are provided & volunteers will recieve a Letter of Appreciation for supporting our community.

WANT TO BE A WEEKEND VOLUNTEER?

Scan this QR code to sign up. Slots available for the rest of 2021. Volunteers recieve free food and drinks, are entered to win gift cards, and will recieve a Letter of Appreciation for volunteering with a minimum of 40 hours total.





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U.S. Government Still Working to Evacuate Afghans

JIM GARAMONE, DOD NEWS

The U.S. government is still working to continue the flow of American citizens and special immigrant visa holders out of Afghanistan, Pentagon Press Secretary John F. Kirby said earlier this week.

Kirby was commenting on a statement from Secretary of Defense Lloyd J. Austin III who said in Brussels "We continue to work to ensure that those people who have helped us have the opportunity to leave the country if they so desire."

Kirby told reporters Austin was referring to the larger U.S. Government role, which he called an "interagency effort to continue to work with veterans groups and other private organizations to find ways to continue the flow of American citizens and SIVs out of Afghanistan."

Austin was not speaking about a specific military role. The U.S.

military mission is over. DOD is working with ad hoc groups who are working to facilitate the transit of Americans or endangered Afghans and their families from the Taliban-controlled country.

Kirby called these discussions "fairly informal," and that he understands they happen often. State Department officials are the main players in these discussions. "It's more sort of continuous communication about information on ... certain groups of individuals, that they can bring to our attention and we can continue to work to make arrangements to get them out," he said.

Right now there are just over 3,000 Afghan evacuees in the U.S. Central Command region, Kirby said. In U.S. European Command that number is down to 463. At eight bases in the United States there are 53,157. "Thus far 6,689

of them have been released for resettlement, and they are on their way to their new lives," Kirby said

DOD is helping house the refugees in the United States, but the responsibility for processing and resettling them belongs to the States Department and Department of Homeland Security. The U.S. government is working with humanitarian organizations to help the evacuees. "A lot of local aid organizations and, frankly, just citizens that live outside ... these eight bases are donating all kinds of things largely clothing and toys for kids," Kirby said. "So, there's been an outpouring throughout the country, particularly in these communities outside these spaces of support for these people.

Austin is proud of the job DOD personnel are doing to help

the evacuees, Kirby said. Their compassion and professionalism that service members are exhibiting is inspiring.

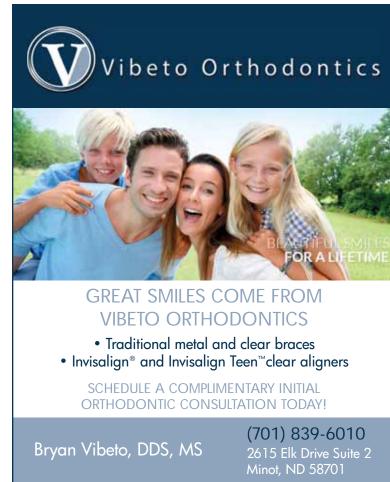
The secretary does not believe performing this mission is adversely impacting military readiness, Kirby said.





U.S.-affiliated Afghans depart Pristina International Airport in Kosovo, Oct. 16, 2021. During their temporary stay at Camp Liya, Afghan families received housing, medical and logistical support from Task Force Ever Vigilant, consisting of soldiers with the 15th Engineer Battalion and the 18th Military Police Brigade of the 21st Theater Sustainment Command.

ARMY SGT. GLORIA KAMENCIK



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INGREDIENTS
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1 RED BELL PEPPER, SLICED
1 YELLOW BELL PEPPER, SLICED
1 LARGE YELLOW ONION, SLICED INTO
ROUNDS
SALT AND PEPPER
1 (1-1/2 LB) NEW YORK STRIP SLICES
TRAEGER BEEF RUB
1 TABLESPOON CANOLA OIL
4 HOAGIE ROLLS

4 SLICES PROVOLONE CHEESE

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a cast iron griddle directly on the grill grate while the grill preheats. Season the peppers and onions liberally with salt and pepper. Season the strip slices with Traeger Beef Rub. Lightly oil the cast iron griddle with 1 tablespoon canola oil. Add onions and season with salt.

Sauté onions 5 minutes until translucent. Add peppers and sauté 10 minutes more until peppers are softened and cooked through.

While the peppers and onions are cooking, place the seasoned steak strips directly on the grill grate next to the griddle and cook for 3 minutes per side until lightly browned and cooked through. Place buns cut-side down on the top grill grate to toast.

When the steak is done, transfer to the griddle to build the sandwiches. Place a pile of peppers and onions on top of each pile of steak and top with a slice of provolone. Close the lid and let the cheese melt. Using two spatulas, transfer each pile to the buns and serve hot.

Enjoy!

/an Davy - GM inot www.HofE.com/BBQHQ

2021 Air, Space & Cyber Conference

AIR FORCE ASSOCIATION

More than 12,500 registrants were treated to three days of informative speaker sessions and more than 150 exhibitor booths covering 62,410 square feet at AFA's 2021 Air, Space & Cyber Conference, Sep. 20 - 22. Themed "Air and Space Leadership for Our Nation: Today and Tomorrow," highlights included Secretary of the Air Force Frank Kendall, Chief of Staff of the Air Force Gen. Charles O. Brown Jr., and Chief of Space Operations Gen. John W. "Jay" Raymond. Returning as a live, in-person event, this year's event

adhered to strict DAF mask and vaccination requirements, while allowing virtual attendance possible via live streaming and on-demand options.

This conference year's celebrated the 75th anniversary of the Air Force Association with guest speakers such as United Airlines CEO Scott Kirby, and "The Bomber Mafia" author Malcolm Gladwell continuing in the footsteps of AFA's recordbreaking attendance and high profile speakers such as the Vice President of the United States, Dr. Neil deGrasse Tyson, Elon

Musk, Sir Richard Branson, Jeff Bezos and Mark Cuban.

AFA's Air, Space, & Cyber Conference is the leading professional development event for Air Force and Space Force officers, enlisted members, civilians, veterans, defense industry leaders and representatives. Our conference brings together top Air Force and Space Force leadership, industry experts, and government officials to discuss challenges facing the aerospace and cyber communities today and in the future.





2021 AIR, SPACE & CYBER CONFERENCE

Over 60 Sentinel Warriors represented the 20th Air Force at the 2021 Air, Space & Cyber Conference last month. F. E. Warren Air Force Base, Kirtland Air Force Base, Malmstrom Air Force Base, and Minot Air Force Base.

20TH AIR FORCE PHOTO





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HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m. Saturday: 5:30 a.m. - Noon



Don't Wait... Choose Proactive Health Care

An old adage instructs that good things come to those who wait. Waiting to make health care choices proves to be a major exception to the time-honored virtue of patience. Dental checkups, mammograms, prostate exams and physicals help detect problems early or address them before they turn into a larger problem. New research proves the value of early intervention to address back and sciatica pain.

Human beings tend to treat problems reactively rather than visualize problems on the horizon. Preventative care and proactive of health decisions represent some of the smartest and most cost-effective approaches for the whole family. The brain tends to address issues of immediate concern. The brain usually waits (reactively) until pain presents before calling attention to a health issue. Too often the problem existed for a previous time and could have been addressed to a healthier end.



Compelling research published in October 2020 showed that early intervention proved to be an essential ingredient in achieving long-term health satisfaction. Improvements in functional disability, pain intensity, and overall satisfaction resulted for people who sought early therapy and manual care intervention compared to people who waited or elected to use drug-therapy. The standard medical process for people with back pain and sciatica usually involves drug therapy to mask the pain while waiting to see if the problem progresses. This reactive approach risks greater long-term expenditure and the dangers of regular use of powerful pharmaceuticals. The wait and see approach combined with pain medication acknowledges a problem exists but does nothing to repair, fix, or heal the issue but rather allows the condition to persist.

Chiropractic care and physical therapy interventions help address problems before they become bigger and more permanent. Chiropractors use objective and specialized testing to determine the location and extent of a problem that needs to be addressed. America prescribes more prescription drugs than any country in the world. That reality contrasts with parents and families making a conscious decision to raise children and pursue health choices that do not involve dependency or need for medications. Chiropractic and physical therapeutic healthcare continue to gain momentum and popularity because of research that reveals the benefits of working with the body and honoring its ability to heal itself. When it comes to health care, good things come to those who don't wait.

All the best to you and yours in great health,

Dr. Willy Fielhaber



1350 20th Ave SW, Minot, ND 58701 (701) 852-2800

Visit Minot Adds Parker to Team

MINOT, N.D. – The Minot Convention & Visitors Bureau (Visit Minot) is pleased to welcome Tonya Parker as the Director of Team Events and Meetings to our team of marketing professionals. She will be responsible for assisting incoming team events, conferences, conventions, in addition to curating and growing new events.

Tonya joins Visit Minot with a wide range of experience in customer service, sales, event planning, and relationship management. Her extensive background will lend well to serving the incoming groups and providing customer experiences for events hosted in Minot. "I am so passionate about people and community, so I cannot express just how excited I am to be part of the Visit Minot team. I look forward to serving Minot as the Director of Team Events and Meetings and to work with and support the wonderful people of this town." Parker declares.

Stephanie Schoenrock, Executive Director at Visit Minot says, "Tonya joins our team of marketing professionals with the perfect blend of experience and

talent. Her marketing mindset and strong track record will be instrumental as Visit Minot continues to expand the team events and meetings/conventions we serve."

Parker has participated as a volunteer for many different organizations, including Military Spouse's Club and International Woman's Club, and held leadership positions in each of those. Tonya has led numerous local events, organized activities, and continues to grow her strong sense of community.

About Visit Minot: Visit Minot creates a positive economic impact by driving growth and promoting the health and vibrancy of our hospitality industry by marketing Minot as a destination. Visit Minot is the official tourism promotion agency for the city of Minot and is responsible for growing the number of guests to Minot from outside of Ward County for leisure travel, conventions/ meetings, and team event

For more information, visit our website at: VisitMinot.org or call Visit Minot at 701-857-8206.























91 MSFS RUCK & MORALE DAY

Who doesn't love a laid back morale day with families, and pets involved?! The 91 MSFS completed a 3 mile ruck followed by amazing food, games and drinks! Lets continue to work hard and play hard!

91ST SECURITY FORCES GROUP PHOTOS





MON & TUES: CLOSED WED: 5 PM - 9 PM THURS: 5 PM - 9 PM FRI: 5 PM - 11 PM SAT: 9 AM - 11 PM SUN: 10 AM - 4 PM

SCRATCH SERIES (W)

Charline Monty - 502

Abby Smith - 373

SCRATCH GAME (W)

Marie Carter - 147

Brandi Dearing - 127

ROUGH RIDER LANES XTRAMURAL

Wednesday October 20, 2021

The Rando's 2762

2640

2454

5th CES

AAFES #1

Team 7

Balls

TEAM	STANDINGS	

PLACE/TEAM NAME POINTS WON/LOST

22/2 The Rando's 16/8 5th CES

The Pin 6/2 Headhunters

AAFES #1 10/14 8/16 5th OSSpears

Dolls With Balls 2/22

0/24 Team 7 0/24

Team 8 **SEASON HIGH SCORES**

SCRATCH SERIES (W) Charline Monty - 502

Abby Smith - 414

SCRATCH GAME (W) Megan Woiewski - 154 Marie Carter - 147 Alyshia Botkin - 363 Brandi Dearing - 147 Dana Koisher - 144

Headhunters ²⁴⁸⁶ Team 8

SCRATCH SERIES (M)

JB Butler - 722

Kris Lenhardt - 634

Butch Huchins Jr - 631

Eric Dearing - 227 The Pin **Butch Hutchins Jr -227** MOST IMPROVED AVERAGE BOWLERS MUST HAVE A MINIMUM OF 21 GAMES TO BE LISTED FOR MOST 5th OSSpears 2529 IMPROVED AVERAGE RECOGNITION. **Dolls With**

REVIEW OF LAST WEEK'S BOWLING & TOP SCORES

HDCP TOTAL SCRATCH SERIES (M)

Scotty Botkin - 667

Kris Lenhardt - 634

Jason Perez - 588

SCRATCH GAME (M)

Mike Froman - 248

JB Butler - 233

SCRATCH GAME (M) Scotty Botkin - 277 Mike Froman - 248 Leighton Hammond -233



All About Pets

Cold weather safety

especially if your dog takes its sweet time.

You can also opt to train your dog to use potty pads or a fake grass patch inside the home to avoid going outside at all. If the weather is tolerable, it can be safe to play outside or go for walks for short periods of time, but pay attention to the amount of snow/ice, wind chill, actual temperature, and your dog's breed/coat type. Dogs such as Huskies, German Shepherds, Akitas, and more have very thick coats that allow them to withstand colder temperatures than smaller or shorter coated dogs.

As the cold weather creeps up on us, it is time to However, it is still not a good idea to allow your start thinking about how to keep your dog safe dog to be outside in freezing temperatures for any during Winter! If you absolutely must take your extended period of time. Below is a chart created dog outside to use the bathroom, consider using by Petplan that can give you an idea of how cold booties for their paws and a sweater or jacket, is too cold for your dog. Have fun this Winter, but always remember to stay safe!





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BOWLERS MUST HAVE A MINIMUM OF 21 GAMES BE LISTED FOR HIGH HANDICAP GAME AND SERIES.



FCC provides valuable in-home child care services to support the families of Minot AFB

Provider of the Month Feature

NOVEMBER 2021



TENA HOLMGREN

What do you enjoy most about being an FCC Provider?

I enjoy seeing the children light up over things that I take for granted as an adult. Simple things, like the moon during the daytime or an exceptionally crunchy leaf. I also enjoy the relief that I can bring to parents, knowing that their child is in a place where they can feel safe and at home

What are your interests/hobbies? Right now my main interest is my family. I love spending time with my kids; playing board games, watching movies, and going on mini- adventures. When I'm not spending time with my family, I enjoy hiking, sewing and reading.

What advice do you have for new providers/those interested in being FCC Providers?

Don't let fear of the unknown hold you back from trying something





of responsible vehicle ownership. Routine maintenance can help discover problems before they escalate into potentially costly issues. Maintenance also keeps vehicles running smoothly, making them more enjoyable to drive and extending their life

Various factors can help to determine how often drivers should change their vehicles' fluids and take them in for tuneups. Such variables include how frequently a vehicle is driven, the type of driving (city or rural) drivers do and how many miles are on the car. However, drivers can still rely on this basic car maintenance schedule, courtesy of Advance Auto Parts, to serve as a guide.

3,000 miles/3 months

Advance Auto Parts notes that monthly fluid checks typically are unnecessary with newer vehicles, though older vehicles should be inspected for leaks once a month. Among the fluids to check after every 3,000 miles or three months, whichever comes first, are:

- · Engine oil level
- · Windshield washer fluid
- · Coolant
- · Brake fluid level
- · Transmission fluid
- · Power steering fluid

Drivers also can use 3,000 miles or three months as a benchmark to check tire pressure, hoses and belts. Many vehicles now display tire pressure for each tire on the dashboard, and drivers should pay attention to those

Maintenance is an essential component numbers and put air in their tires when necessary. When inspecting hoses, touch them to make sure they're not leaking and bulging. Hoses should be a little flexible, especially when they are warm.

5,000 miles/6 months

Oil and oil filters should be changed at this interval. In addition, this is a good time to rotate tires and inspect lights to make sure they're still operating at peak capacity. Drivers also can check their cabin and engine air filters and replace them if need be. Changing these filters is a simple DIY project, and drivers can find an assortment of YouTube tutorials to help them complete these projects. Wiper blades also can be inspected around this time or whenever drivers suspect the blades aren't operating at peak capacity. Replacing wiper blades is another simple DIY project that drivers can complete in a few minutes.

10,000 miles/12 months

Advance Auto Parts notes that synthetic oil is typically used in cars made since 2010. Each manufacturer is different, and drivers should check their manuals for recommendations. Synthetic oil and filters in vehicles that use synthetic oil is typically changed every 10,000 miles or 12 months, whichever comes first. Once a year drivers should ask their mechanics to check the alignment on their vehicles and the condition of their brakes.

Routine maintenance can keep vehicles running strong for years on end.

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 - INSPECTING TIRE PRESSURE CHECKING ENTIRE UNDERCARRIAGE



Auto Care - Valvoline Instant Oil - Tires Minot AFB | 61 Missile Ave | 701-727-4141 Minot | 1301 20th Ave SW | 701-837-1301



YOU CAN DEPEND ON YOUR HOMETOWN EXPERTS TO SERVE ALL YOUR CAR CARE NEEDS IN MINOT.

Auto Care - Valvoline Instant Oil - Tires Minot AFB | 61 Missile Ave | 701-727-4141



Minot | 1301 20th Ave SW | 701-837-1301

















891 MSFS HAUNTED SQUADRON

891 MSFS put together a perfectly spooky "haunted squadron" for their troops and their families!! What a fun way to have fun this October! After getting scared walking through the squadron, families got to enjoy chilli and hotdogs! After some delicious food the kids got to walk car to car for a mini 'Trunk or Treat!!' Amazing job 891 MSFS, Let's continue to keep our families involved!

91ST SECURITY FORCES GROUP PHOTOS

BEAUTIFUL PROFESSIONAL SUITE





NOTES ON BEING SAFE

PREVENTING FROSBITE & HYPOTHERMIA

I hate to say it but winter is around the corner! With this being said are you prepared for possible cold temperature exposures?

Prolonged exposure to low temperatures, wind or moisturewhether it be on a ski slope or in a stranded car-can result in coldrelated illnesses such as frostbite and hypothermia. The National Safety Council offers these tips to help you spot and put a halt to these winter

How to detect and treat cold-related illnesses

Frostbite is the most common injury resulting from exposure to severe cold. Superficial frostbite is characterized by white, waxy, or grayish-yellow patches on the affected areas. The skin feels cold and numb. The skin surface feels stiff but underlying tissue feels soft and pliable when depressed. Treat superficial frostbite by taking the victim inside immediately. Remove any constrictive clothing items and jewelry that could impair circulation. If you notice signs of frostbite, immediately seek medical attention. Place dry, sterile gauze between toes and fingers to absorb moisture and to keep them from sticking together. Slightly elevate the affected part to reduce pain and swelling. If you are more than one hour from a medical facility and you have warm water, place the frostbitten part in the water (100 to 105 degrees Fahrenheit). If you do not have a thermometer, test the water first to see if it is warm, not hot. Rewarming usually takes 20 to 45 minutes or until tissues soften.

Deep frostbite usually affects the feet or hands and is characterized by waxy, pale, solid skin. Blisters may appear. Treat deep frostbite by moving the victim indoors and immediately seek medical attention.

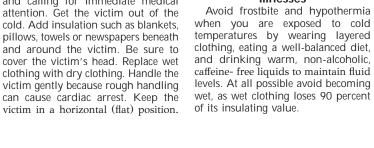
Hypothermia occurs when the body's temperature drops below 95 degrees Fahrenheit. Symptoms of this condition include change in mental status, uncontrollable shivering, cool abdomen and a low core body temperature. Severe hypothermia may produce rigid muscles, dark and puffy



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skin, irregular heart and respiratory Give artificial respiration or CPR (if rates, and unconsciousness.

you are trained) as necessary. Treat hypothermia by protecting How to prevent cold-related the victim from further heat loss illnesses and calling for immediate medical





DAF COVID-19 military vaccination deadlines approaches

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) --Nov. 2 is the deadline for active-component Airmen and Guardians to be fully vaccinated against COVID-19, followed by Dec. 2 for Air National Guard and Air Force Reserve personnel.

Any active-component Airman or Guardian who has refused to obtain a qualifying vaccine by Nov. 2 and has not received, or, is not in the process of seeking, a medical exemption or religious accommodation will be in violation of a lawful order and subject to discipline under Article 92 of the Uniform Code of Military Justice.

As of Oct. 18, 96.2% of the active-component population has at least one shot, according to Air Force officials. The percentage of the total force with at least one shot is 92.8%.

"Thank you to the hundreds of thousands of total force Airmen and Guardians who are fully vaccinated or on track to meet the Department's vaccination timelines," said Secretary of the Air Force Frank Kendall. "To those yet to get vaccinated, the order is clear: You have a responsibility to take action now, protect our nation and those we love, or be held accountable for failing to do so.'

Should a service member refuse to receive the COVID-19 vaccine, commanders retain the full range of disciplinary options available to them under law and policy, some of which includes issuing administrative paperwork, imposing nonjudicial punishment, or referring court-martial charges.

Prior to taking action against a service member, commanders will coordinate initial disposition with the first O-6 with special courtmartial convening authority in the service members' chain of command, and should consult with their servicing Staff Judge Advocate for additional guidance on vaccination non-compliance.

The Department of the Air Force is also holding new recruits accountable, recently discharging nearly 40 Air Force Basic Military and Technical trainees under "Entry Level Separation" characterizations who refused the vaccine.

Secretary of Defense Lloyd J. Austin III mandated all members of the Armed Forces receive the COVID-19 vaccine Aug. 24, following the U.S. Food and Drug Administration approval of the Pfizer-BioNTech mRNA COVID-19 vaccine.

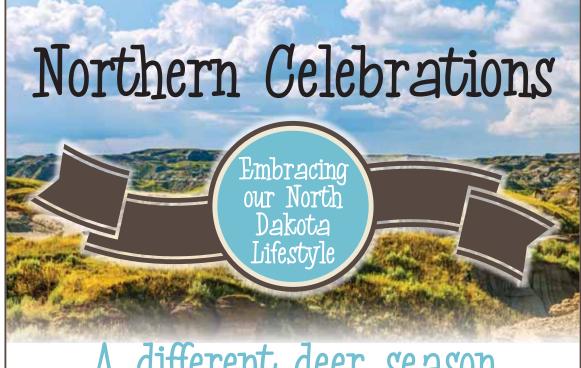
Additionally, Department of the Air Force civilian employees must comply with the Sep. 9 Executive Order, or EO, requiring all federal employees be fully vaccinated to ensure the health and safety of the federal workforce and halt the spread of COVID-19.

Department of the Air Force civilian employees need to be fully vaccinated by Nov. 22, and contractors by Dec. 8, in accordance with the Presidential EO. The Safer Federal Workforce Task Force has issued guidance here with additional DAF guidance forthcoming.

"I get at least one notification a day about an Air Force or Space Force teammate we have needlessly lost to COVID," said Under Secretary of the Air Force Gina Ortiz Jones. "The data is clear—the vaccine is the best tool to fight this disease. This is about readiness and ensuring our Airmen and Guardians are healthy and ready to defend the

For more information, visit https://www.defense.gov/ Spotlights/Coronavirus-DOD-Response/#_blank





different deer season

Patricia Stockdill

The 2021 deer gun season has a different look, a different feel to it this year.

The treasured .270 Remington won't go afield when Nov. 5 rolls around. The other firearm of choice, an equally treasured .243, will also sit in the gun safe.

It's not that I didn't get drawn for a license. After all, not getting drawn for a gun license is nothing new. More often than not, I don't get a deer gun license for the area I'm so familiar with.

I'm used to that, which is entirely different than being able to buy an archery tag and shoot any type of deer anywhere in the state I want over a four-month-long season instead of a 16-1/2 day gun season.

No, I just want the opportunity to hunt where I'm familiar on land I own. I'm more than willing to toss my \$30 into the lottery to hunt on our land rather than accept a free gratis tag. And I'm not a bow hunter only because I dedicate what spare time I have to bird hunting with the family four-legged hunting maniacs. There is only so much time available.

But what is hard about this year is I opted to turn in my deer license. It wasn't even my first choice for unit or type of deer. This year I was drawn for my second choice, as opposed to the past couple of years when I simply got my money back.

I turned in my 3A3 antlerless license after finding four dead, otherwise healthy, yearling and mature does within a mile of our house. That's not counting another three about two miles away.

Nor does it count the others I haven't seen or heard about.

North Dakota's deer gun hunters are used to fluctuating deer license availability.

It's just that in the past the driving factor in that number was weather, especially winter weather and its resulting mortality. We're more used to winter deer mortality with the immediacy of severe blizzards, heavy snow, and bitter temperatures — even the fact they may congregate along roads and end up dead on the highway.

Couple that with long-term effects like does in to come out of the safe in coming deer gun seasons.

weakened condition who may or may not be able to deliver a fawn, let alone care for it, and the condition of surviving animals, and North Dakotans are used to winter being a major factor in populations and license availability.

This year, though, it's a tiny gnat, midge, biting fly or whatever a person wants to call the epizootic hemorrhagic disease (EHD), virus-invested insect that took down an unusually high number of otherwise perfectly healthy deer.

That's what prompted me and likely others to put that rifle aside in 2021.

The 2021 deer gun season almost has a smell and feel of death in many areas of North Dakota.

As humans, we're used to taking on Mother Nature and, more often than not, failing.

But it really bites — pardon the pun — that a small insect can wreak so much, if not more, damage than a tough North Dakota winter.

It also underscores how powerless we humans really are.

In a lot of ways we can control the amount of habitat on the landscape and the conditions it's in, although Mother Nature has ultimate control with her ups and downs of wet, dry, heat, cold, and wind.

But because Mother Nature holds the best hand in the deck of weather cards, she's going to determine if environmental conditions are right to allow the spread of EHD.

In 2021, she had a royal flush.

North Dakota's white-tailed deer need a mild enough winter so those surviving EHD can be strong enough to hopefully have fawns next year. But yet they also need moisture to improve decimated, drought-impacted habitat conditions.

North Dakota's white-tailed deer are on an extremely thin tightrope.

One consolation, though, is their populations can turn around in a fairly short number of years.

If Mother Nature deals them a better hand.

Hopefully that .270 or .243 will have an opportunity

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OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Oct. 25: 1,830.59 feet above mean sea level (MSL); 13,300 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.16 feet above mean sea level (MSL).

- Stump Lake elevation: 1,447 MSL. • N.D. Game & Fish Dept. game wardens: No new reports.
- · Devils Lake, Ed's Bait Shop, Devils Lake: Continue working the bridges for walleye using jigging Raps and minnows. Angler numbers limited, though.
- Devils Lake, Woodland Resort, Devils Lake: Limited activity with anglers waiting for the transition to ice-fishing.
- · Lake Darling, Karma C-Store, Ruthville: Little activity on Lake Darling.
- Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Lake Darling open for shorefishing only at designated access areas until ice-over.
- · Lake Metigoshe, Four Seasons, Bottineau: Lake Metigoshe quiet.
- Sakakawea/Lake Lake Audubon, Cenex Bait & Tackle, Garrison: Not much activity but those going farther west on the east end of Lake Sakakawea around Deepwater Bay are finding some walleye success.
- · Lake Sakakawea, New Town: Wind and weather limiting activity, although fair to good fall walleye bite remains in the midsection of Lake Sakakawea when anglers can get on the water.
- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Wind and weather limiting activity on both Missouri River and east end of Lake Sakakawea.
- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Look for improving walleye success on the Missouri and Yellowstone rivers with clearing water. Better walleye success on the upper end of Lake Sakakawea is around White Earth and Little Beaver bays with slower activity around Lewis & Clark State Park where there is



- Go to the N.D. Game & Fish Dept. website, (gf.nd.gov) for information regarding North Dakota's new electronic posting regulations and assistance.
- Please submit wildlife mortality observations, such as a dead deer, to the N.D. Game & Fish Dept. website reporting form, (gf. nd.gov) to help track EHD and CWD. However, do not possess any antlers or heads without Game & Fish Dept. permit.
- · Oct. 31: Moose season closes.
- Nov. 5: Deer gun season opens.
- Nov. 5: Upper Souris Nat'l. Wildlife Refuge Prairie Marsh Scenic Drive closes for the winter.
- Nov. 6: Bakken Friends of the NRA banquet, Roughrider Events Center, Watford City, 5:30 p.m.
- Nov. 8: Fall crow season closes.

muddier water. Try minnows for walleye on Trenton Lake

- Lonetree WMA area lakes, Harvey: Little activity. Coal Mine Lake closed to small game hunting and fishing from Sept. 25 through Nov. 30.
- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Souris River producing some pike.

<u>Hunting:</u>

- Predators: Coyote pelts should be in nice condition for predator hunters.
- Upland: Fair numbers in areas with adequate cover. Not all roosters are fully colored yet so be careful with identification.
- · Waterfowl: Nice numbers of Canada geese and white-fronts moving into the east end of the Missouri River system, northcentral, central, and northwestern N.D. Some snow geese moving into the midsection of Lake Sakakawea but limited water available for ducks. Mostly local birds yet around the Devils Lake area with better numbers closer to the Rugby area earlier in the week. Numbers to know:
- · N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).
- Report All Poachers: (800) 472-2121 or (701) 328-9921.

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Innovative Strikers aid Command's ability to accelerate change

TECH. SGT. WILLIAM BRACY, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BASE, La. --

pitched Striker Airmen innovative ideas to Air Force Global Strike Command and civilian leadership during the STRIKEWERX Spark Sprint in Bossier City, La., Oct. 15.

The S3 event gives Global Strike Airmen the opportunity to highlight and amplify innovative ideas from across the command and select two finalists to represent AFGSC at the 2022 Air Force Spark Tank competition.

"Everyday problems are coming up through Global Strike headquarters and then they come over to us at STRIKEWERX, and in our innovation hub, we can bring those Airmen in and help them solve those problems," said Russ Mathers, director, STRIKEWERX.

During the event, Airmen briefed their ideas to include a hybrid metal 3-D printer, a virtual visitors center, a GMP device, a virtual contractors website and a bomber security in a box.

"I was impressed to know that Airmen from across the command are coming up here and saying 'hey, this is what I thought about', I love it," said Lt. Col. Luciana Augustine, Air Force Global Strike Command Executive Chief

Brigadier General Kenyon Bell, director, Logistics and Engineering, and Chief Master Sergeant Charles Hoffman, command chief, Air Force Global Strike Command, announced that Staff Sgt. Daniel Brewer from Dyess Air Force Base, Tx., and

BARKSDALE AIR FORCE Capt. Robert Moran and Tech. Sgt. Julio Torres from Barksdale Air Force Base, La., won the 2021 S3 competition. Their ideas for a new communications field kit and an upgraded B-52 ejection seat will represent the command at the 2022 Air Force Spark Tank competition.

> "I hope that at the Air Force level, there are ideas better than ours", Moran said. "That's how we are going to remain combat effective and lethal for any of the near-peer competitions that are to

> The ideas that did not win the competition will still receive support from STRIKEWERX and the command.

> "We help the other Airmen push their projects along to where they need to go, so their voices don't go unheard," Augustine said.

> This is the competition's second year. In 2020, Airman 1st Class Paul Olexa from Whiteman Air Force Base, Mo., pitched the "Mag Rug", which is a magnetic mat that rests underneath engines and other maintenance sites to catch dropped objects or debris. Also selected to advance from the 2020 S3 event was Senior Airman Kalei Sloan from Dyess Air Force Base, Texas, who designed the "StrikerAF App" to improve a unit's sponsor program and simplify the initial contact between Airmen and their new

> Recently, the Mag Rug idea went to Texas A&M University in May 2021 to build the prototype in partnership with experts.



Another Happy Hooligan First at the NDANG Regional Training Site

CMSGT DAVID H. LIPP, 119TH WING

North Dakota Air National Guard Base, N.D. --

The Happy Hooligans began using the new Rapid Airfield (RADR) Damage Recovery training system for the first time at the North Dakota Air National (NDANG) Regional Training Site (RTS), in this case for the visiting U.S. Air Force active duty 90th Civil Engineer Squadron (CES), from F.E. Warren AFB, Wyoming, the week of Sept. 26 through Oct. 2.

The RTS in Fargo is one of four Air National Guard (ANG) civil engineer career field training sites implementing the capability of providing the Rapid Damage Repair (RDR) portion of the RADR training, but it is now the first ANG training site to fully utilize it for training.

Discussions about training at the ANG training sites began in about 2016, and it has been about a year-long process to fully install the system and acquire the equipment necessary to fully utilize it for training at the NDANG.

"For the past three to four years, the training has only been available at one of the Silver Flag U.S. Air Force civil engineer training sites at Tyndall AFB, Florida, Anderson AFB, Guam, or Ramstein AFB, Germany," said Senior Master Sgt. Dan Anderson, an NDANG trainer at the RTS.

The NDANG training site is still waiting for a few small pieces, like a special concrete saw that gets mounted on fork-lifts, but it is making due with standalone concrete saws in the meantime.

"We spent the first few days with the visiting personnel getting some stick-time with the equipment to get used to it before we begin the RDR training on the simulated concrete runway," said Anderson

The RADR system features a 150 feet by 750 feet concrete simulated runway, sectioned off in 20 foot by 20 foot squares for training craters. It is specially designed for making holes in the concrete squares that simulate bomb impact craters that can be repaired with fill and capping material.

"The idea is if we are at a deployed location and our runway gets hit, we have to be able to go out and repair it in a quick

timeline so we can take the fight to the enemy," said Capt. Casey Parks-Garcia, of the 90th CES.

Debris is cleared from the simulated bomb blasts and the craters in the concrete are cut to make ready for the fill and patching.

The patching is done with either asphalt or concrete capping material. The capping material is preferably selected to match the runway, but either asphalt or concrete may be used if one material is more easily accessible at the damage site.

"The RADR training course will be required for all engineers in the near future. Right now we average about 1,000 students per year at our RTS and we will be adding about another 300 per year when this becomes required," said Anderson.

The 119th CES at the NDANG received approximately 40 pieces of additional heavy equipment and is expecting about seven more for their new RADR training facility, and it has been up to the RTS trainers to get familiar with all of the equipment prior

In addition to the RDR portion of the RADR system, additional aspects of RADR will eventually

to providing training for trainees.

be added. They are called the rapid explosive hazard mitigation (REHM) and the rapid airfield damage assessment system (RADAS).

For now, the NDANG RTS is refining use of the training equipment and becoming more efficient in the training process that will be used for 119th CES members and visiting students from other units.

"We don't have any of this equipment at our base and we don't have the time set aside to train with this type of equipment, so it has been great to come here and actually do this kind of training here for our war-time mission," said Park-Garcia.

"It's all a learning curve with the brand new equipment. Getting the settings right with the conveyor speed, the auger speeds needed a little adjustment. Glad we got the chance to work on it with these guys," said Staff Sgt. Chris Larson, an RTS instructor.



Staff Sgt. Chris Larson, a 119th Civil Engineer Squadron training cadre, red hat, watches members of the visiting 90th Civil Engineer Squadron from F.E. Warren AFB as they use a volumetric mixer for placing quick-setting concrete material into a simulated bomb impact crater for repair at the North Dakota Air National Guard Regional Training Site, Fargo, N.D., Sept. 30, 2021. The visiting engineers are using the Rapid Airfield Damage Recovery (RADR) system for training to repair damage to a 150 feet by 750 feet concrete simulated runway, sectioned off in 20 foot by 20 foot squares for training craters. It is specially designed for making holes in the concrete squares that simulate bomb impact craters that can be repaired with fill and capping material. The Fargo civil engineer training site is one of four in the Air National Guard, and is the first one of those to provide new system for RADR training.

U.S. AIR NATIONAL GUARD PHOTO BY CHIEF MASTER SGT. DAVID H. LIPP









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'Sesame Street' launches resources to help military families address racism

TIFFANY LAWRENCE



A new workshop gives military families access to activities that teach young children about topics of race and discrimination.

Sesame Workshop, the nonprofit educational organization behind "Sesame Street," with the support of USAA, launched a series of racial justice resources for military families to help them start important conversations about race with their children, according to a press release. The tools give parents ways to be sensitive and age appropriate in their discussions about topics that are often difficult to approach.

"Coming Together" initiative started after the protests and racial tension of 2020 following the murder of George Floyd. This resulted in a global focus on the Black experience in

"It really did spark an urgency that we had to address this topic and historical trauma," Rocia Galarza, VP of Educational Content and US Social Impact at Sesame Workshop, told Military Families.

The organization sought out therapists, journalists, and experts who are active within the military community to provide insight and education for this project.

"We started to gather actual advisors for it but we had to figure out a way to do it faster. We realized that this process needed to be split up because things were really difficult for so many families," Galarza said.

In the past Sesame has tackled topics of representation, diversity and some of the challenges of minority families. But these events warranted a more upfront and bold approach.

"This was a wake up call for us to see that we needed to be more explicit about the thought that we knew that racism was wrong," she added.

And their goal is now to give parents tools to help teach children how to speak out against racist ideas and behaviors, which they call being an upstander.

"It's the term we're using which stands for helping out myself and others when we're confronted with these situations."

But because of the military lifestyle, Sesame found military families "needed something very specific because their experiences are specific," said Galarza.

With the help of advisors, Sesame compiled comprehensive and engaging material that offers step-by-step instructions for parents. Each video and article highlights how to have a dialogue with children about how racism affects the world, starting with the people around them.

"We also have an interactive [community], which gives us the opportunity of giving people a start of the conversation.'

Research revealed that even though parents want to discuss racism with their children, they don't know where to begin. The tool prompts children to create a self-portrait by describing how they look and what they like to do, which leads to understanding and appreciating not only who they are, but their differences.

"In addition, of course we have printables that support the same

And, this isn't new. Sesame has always encouraged its in Military Families Magazine. viewers to embrace differences in the community. However,

the approach of these resources, more specifically the articles, don't skirt around racism. And although they speak to the impact on minority families, because of the insidious injustice, there is a hyper focus on Black families.

Other highlights include -A "Great Things" music video

starring Elmo, Rosita, and Wes, highlighting strategies military families use to take care of themselves and their loved ones when dealing with "big feelings"

– like the kind that arise after experiencing bias and unfairness.

Articles for adults that further explain why it's so important to proactively start these conversations, and how to help children make inclusive and empathetic choices.

development Professional materials to help educators, social workers, and other providers integrate the resources on race and discrimination into their work with military families.

Galarza says we need to deal with what's in front of us, "and that's helping families see that there are some experiences that children are having that are difficult, that they need tools to handle. And then, we have to start exploring our own identities. This initiative will have a big part in continuing the tradition of celebrating who we are."

sesamestreetincommunities.org/ subtopics/racial-justice-resourcesfor-military-families to access Racial Justice Resources for Military Families.

This story originally appeared







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ALS GRADUATION 21-G
These are the Airmen Leadership School graduates of class 21-G at Minot Air Force Base, N.D., October 14, 2021. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS I MINOT AFB PA





















































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LOOK BACK THIS WEEK IN USAF HISTORY

15TH AIR FORCE ACTIVATED IN TUNISIA

November 1, 1943



Insignia of the 15th Air Force during World War II.

On November 1, 1943, the Fifteenth Air Force (under the United States Army Air Forces) was activated in Tunis, Tunisia for the strategic bombardment of enemy targets in Europe. Maj. Gen. James H. "Jimmy" Doolittle served as the first commander, and under his charge, the Fifteenth Air Force flew its first mission of 112 B-17s and B-24s to Austria only one day after its activation. Eventually, the Fifteenth's headquarters operated out of Italy as well and gained the capability to reach targets in

France, Germany, Poland, Czechoslovakia, and the Balkans. Along with the Eighth Air Force and Royal Air Force Bomber Command, the Fifteenth was a pivotal instrument used by the Allied Forces to carry the strategic air offensive to Europe. On September 15, 1945, the Fifteenth was inactivated. Recently, in August of 2020, the numbered force was reactivated with an integration of wings and resources from the Twelfth and Ninth Air Forces under Air Combat Command.

Information courtesy of: media.defense.gov / americanairmuseum.com





HALLOWEEN AT THE GARDENS

3:00 PM - 6:30 PM Angelic Gardens 6200 11th Ave SE, Minot

Entrance fee-\$7 per person, \$6 if in costume (babies arriving in a rearfacing car seat FREE!); \$25 max per vehicle

Entrance Covers ALL the Fun: You'll be greeted and invited to enter the decorated Resident Witch's cottage. Treats "made by the witch herself" from our garden produce will be for sale. Anything left of the witch's harvest this year will be offered at a great discount. Get a tour about the gardens from our Lead Groundskeeper and Scarecrow who "have a little dirt" on the witch and what she's really got brewed up! Be on the lookout for SPOOKS along the way. Weather permitting, you'll be able to enjoy your treats around a little fire. And more!!



For more information: Facebook Event / Angelic Gardens

THE MARKET CHRISTMAS - OPEN 4:00 PM - 8:00 PM

The Market on 4th 1900 4th Ave NW, Minot

It's time for our 5th Annual Christmas Open House! Join us on Tuesday, November 2nd from 4pm to 8pm at our store. This will be a fun night to kick off the holiday season with shopping, additional vendors, samples, drinks and all things Christmas. Mark your calendars for this fun event and remember this will be the first chance to shop our new holiday products!



For more information: Website / www.themarketon4th.com/events



HOLIDAY OPEN HOUSE 4:00 PM - 8:00 PM The Foundry 1407 S. Broadway Suite B & C, Minot

Join us for our 5th Annual Holiday Open House! Our Holiday Season kicks off with a SPECIAL NIGHT of shopping on Thursday, Nov. 4th from 4-8pm. We've decked the halls and created a Winter Wonderland with curated items inspired by Nature, Tradition and Family. Our 60+ Foundry Makers have been working hard to create unique home decor and gift items... jewelry, clothing, signs, bath/spa products, candles, pottery, homemade jams, freshly roasted coffee, furniture, blankets and much, much more. In addition to shopping, THE GIVING TREE will also make an appearance



For more information: Facebook Event / The Foundry / Holiday Open House

MOVIE IN THE DOME - SPACE JAM 6:00 PM MSU Dome 11th Ave NW, Minot

MSU Life and the Minot State Alumni Association invite you to join us for Space Jam in the MSU Dome. The movie will be shown on the big screen! Bring your pillows and blankets and curl up on the floor of the Dome for a night of family fun. The south bleachers will be available for seating but no chairs will be allowed on the Dome floor. Concessions will be available.



For more information: Facebook Event / Minot State University Alumni Association

On Base





For more information visit: www.5thforcesupport.com



The Air Force partners with Twelve, proves it's possible to make jet fuel out of thin air

CORRIE POLAND, AIR FORCE OPERATIONAL ENERGY

What if you could access fuel from anywhere on the planet, at any time, no tanker required? The Air Force thinks it's possible with ground-breaking carbon transformation technology.

Separate from carbon capture and storage or carbon utilization, carbon transformation can turn carbon dioxide from the air into nearly any chemical, material, or fuel, including jet fuel.

In 2020, Air Force Operational Energy endorsed the carbon transformation company, Twelve, to launch a pilot program to demonstrate that their proprietary technology could convert CO2 into operationally viable aviation fuel called E-Jet.

The project hit a major milestone in August of this year when Twelve successfully produced jet fuel from CO2, proving the process worked and setting up the conditions to create the synthetic carbon-neutral fuel in larger quantities. The first phase of the project is scheduled to conclude in December with a report detailing the process and findings.

For the Air Force, the implications of this innovation could be profound. Initial testing shows that the system is highly deployable and scalable, enabling the warfighter to access synthetic fuel from anywhere in the world. Reliable access to energy and fuel is paramount to military operations. Recent joint wargaming and operational exercises have underlined the significant risk that transporting, storing, and delivering fuel poses to troops – both at home and abroad.

At the height of the war in Afghanistan, attacks on fuel and water convoys accounted for more than 30% of casualties. Yet, fuel demand is only expected to increase as advanced weapon systems and operations require increasing levels of power.

"History has taught us that our logistics supply chains are one of the first things the enemy attacks. As peer-adversaries pose more and more of a threat, what we do to reduce our fuel and logistics demand will be critical to avoid risk and win any potential war," said Roberto Guerrero, deputy

By ARLINGTON, Va. (AFNS) assistant secretary of the Air Force for operational energy.

Currently, the Department of the Air Force relies on commercial fuel to operate, both domestically and abroad. The Air Force must use a combination of trucks, aircraft, and ships to ensure fuel is delivered to meet warfighter demand. However, many areas of operation cannot always easily reach traditional access points of the supply chain, particularly during conflict.



We're excited about the potential of carbon transformation to support this effort and Twelve's technology.

ROBERTO GUERRERO, DEPUTY ASSISTANT SECRETARY OF THE AIR FORCE FOR OPERATIONAL ENERGY



Twelve's carbon transformation platform could allow deployed units to create fuel on demand, without the need for highly skilled fuel experts on site. The Air Force sees the opportunity for the technology to provide supplemental source to petroleum-based fuels decrease demand in areas that are typically difficult to deliver fuel to.

"With carbon transformation, we are untethering aviation from petroleum supply chains. The Air Force has been a strong partner in our work to advance innovative new sources of aviation fuel," said Nicholas Flanders, Twelve co-founder and

Most synthetic fuels, which are created by a mix of carbon monoxide hydrogen and known as syngas, are produced through burning biomass, coal, or natural gas. Twelve's technology eliminates the need for fossil fuels, producing syngas by recycling CO2 captured from the air and - using only water and renewable power as inputs – transforming the CO2.

The process of converting syngas into liquid hydrocarbon fuels is not new. Known as Fischer-Tropsch synthesis, the multistep method was created in the 1920s by German scientists and aided the German war effort during World War II.

Today, it is widely used to produce liquid fuels for transportation. Fischer-Tropsch certified synthetic fuels are approved as a 'drop-in' fuel for each specific aircraft, first commercially, and then by the U.S. military and the aircraft's associated system program office. The highest blend currently certified is a 50/50 blend of FT synthetic fuel and petroleum fuel. Twelve's system produced FT-Synthetic Paraffinic Kerosene, which can be blended with petroleum - up to a maximum blend of 50%.

Once the first phase of the program concludes at the end of 2021, the Air Force Operational Energy office will look to the next phase of scaling the technology to produce synthetic fuel in larger quantities. If brought to scale, the platform would enable more agile operations and decrease dependence on foreign oil, while having the added benefit of mitigating carbon emissions - a Department of Defense key priority under Secretary of Defense Lloyd Austin III.

While there remain a number



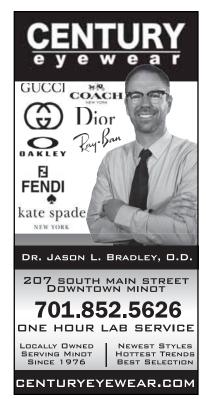
A U.S. Air Force KC-135 Stratotanker, assigned to the 350th Expeditionary Aircraft Refueling Squadron, flies over Qatar, Feb. 13, 2021. Through an innovative project, the Air Force is attempting to create new fuel options aircraft use including carbon transformation that can turn carbon dioxide from the air inot nearly any chemical, material, or fuel, including jet fuel.

U.S. AIR FORCE PHOTO I MASTER SGT. JOEY SWAFFORD

of unanswered questions to make this technology operational, such as how to power the production of the syngas in remote areas and where water sources for the necessary hydrogen will come from (Twelve notes that water for the process can also be captured from the air), the team sees this is a positive first step in a truly innovative program.

"My office is looking at a

number of initiatives to not only optimize aviation fuel use for improved combat capability, but to reduce the logistics burden as well," Guerrero said. "We're excited about the potential of carbon transformation to support this effort and Twelve's technology – as one of the tools in our toolbox – could help us get there."







Halloween Safety For Everyone



NOTES ON BEING SAFE

ROD KRAUSE 5TH BOMB WING SAFETY & OCCUPATIONAL **HEALTH MANAGER**



Halloween is a cherished tradition but the excitement of the night can cause children to forget to be careful. Approximately four times as many children aged 5-14 are killed while walking on Halloween evening compared with other evenings of the year, and falls are a leading cause of injuries among children on Halloween. There is no real "trick" to making Halloween a real treat for the entire family. The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes. Many Halloween related injuries can be prevented if parents closely supervise school-aged children during trick-or-treat

Parents can help prevent children from being injured at Halloween by following these safety tips from the American Academy of Pediatrics, the Centers for Disease Control and Prevention, and the National Safety Council.

Children should understand and follow these rules -

- Walk, do not run, from house to house.
- Cross streets at the corner, use crosswalks (where they exist), and do not cross between parked cars.
- Be reminded to look left, right, and left again before crossing the street.
- Wear clothing that is bright, reflective, and flame retardant.
- Use costume knives and swords that are flexible, not rigid or sharp.

Parents and adults should -

- Make sure that an adult or an older responsible youth will be supervising the outing for children under age 12.
- Plan and discuss the route trick-or-treaters intend follow. Know the names of older children's companions.
- Instruct your children to travel only in familiar areas and along an established route.
- Teach your children to stop



only at houses or apartment buildings that are well-lit and never to enter a stranger's home.

- Prepare homes for trickor-treaters by clearing porches, lawns, and sidewalks and by placing jack-o-lanterns away from doorways and landings.
- Motorists please keep in

mind that many children will be out and many will be kids and will disregard the necessary pedestrian safety precautions therefore, they may cross in the middle of the block or run out into the streets unexpectedly. Drive with caution in the neighborhoods

attention. Drive slowly!

Remember, Halloween can be fun for everyone as long as we take care of each other and our children. Follow these simple tips and you are sure to have a fun and frightful Halloween.

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WE'RE LOOKING FOR MEMBERS!

- Heritage Singers
 - o Men's Chorus
 - o Practice Thursday Evenings at 7:00 PM
- Brass Band Of Minot
 - o North Dakota's Only British Style Brass Band
 - Room For All Brass Players
 - Horns Provided
 - Meets Sunday Afternoon at 3 PM

Community Band of Minot

- o Community Band
 - Room For All Musicians
 - Meets Mondays at 7 PM
- Nodakords
 - o Men's Barbershop Chorus
 - Meets Mondays at 7 PM

INTERESTED?

Email sentrysales@srt.com and we'll be happy to put you in touch with any of the above groups!!!



Student Wellness Support

The National Academics of Engineering, Sciences, Medicine has online resources and tools available for use by youth and parents in navigating mental health and emotional wellbeing support. Their website explains that while fewer children and youth have been sick with COVID-19 compared to adults, the COVID-19 pandemic has still had a major impact on their lives. Though typically resilient to everyday stressors, children and youth are dealing with new challenges due to COVID-19, like social distancing, changes to their routines, and a lost sense of security and safety, making them especially vulnerable to feeling stressed, anxious, or depressed.



RACQUEL LABADIE, GS-11 SCHOOL LIAISON SPECIALIST CHILD AND YOUTH EDUCATION SERVICES

The tools on the site were created to

teach skills that can help younger

children and older youth cope

with pandemic related challenges

such as: changes in routine,

breaks in continuity of education

or care, missed life events, and the

loss of security or safety. To access

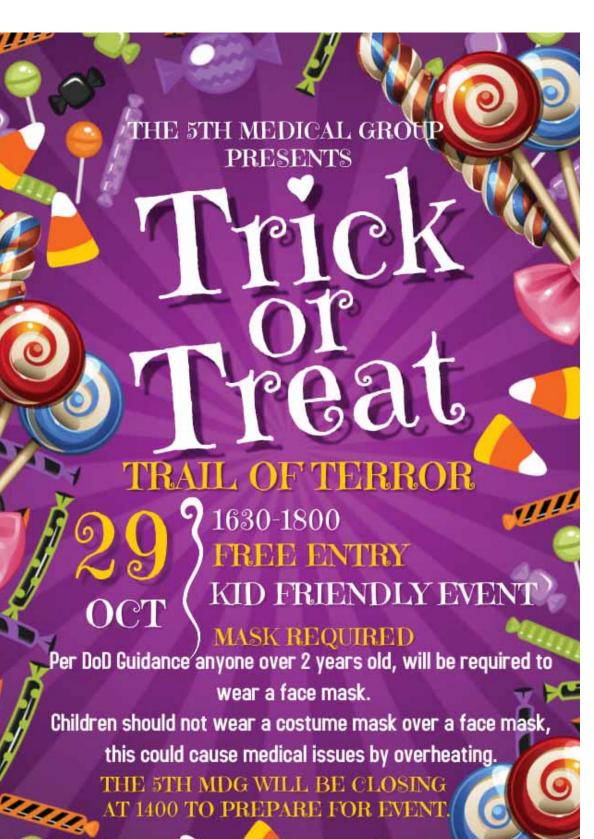
these resources visit: https://www. nap.edu/resource/other/dbasse/ wellbeing-tools/. Locally, families can also reach out to our CYB or School MFLCs for in-person support: Ms. Tonya 701-425-7905

or Ms. Jazmin (410) 916-6458.











2021-2022 MPS CALENDAR



IMPORTANT UPCOMING DATES

October 21 & 22

Administrator Convention Days No School for Students

November 11

Veteran's Day - No School November 25

Thanksgiving Day - No School

November 26 Vacation - No School

December 23

P/T Comp Day - No School

December 24-January 3 Vacation - No School

PD Days - contracted days

Vacation Days - not contracted day

Early Release Days - 1:15pm

October 2021 19 days						
S	М	T	W	T	F	S
	1111111111				1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Nove	mber	2021	19 days			
S M T W			W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2021 16 days						
S	MIT		W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Holidays

Parent/Teacher Comp Days

CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

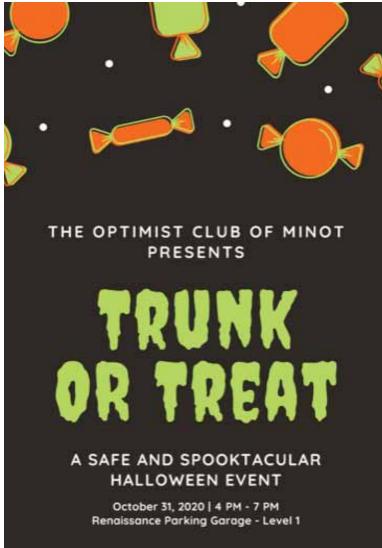






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Happy Halloween, Team Minot

ABIGAIL KINDER, NORTHERN SENTRY

One thing Team Minot excels at is getting into the holiday spirit. Grab the kids, put on your best costumes, grab your buckets, and make your way around base for some much needed Halloween fun! Here's what is going on this Halloween:

Rough Rider Lanes Bowling Pin Decorating: Stop by Rough Rider Lanes and pick up a bowling pin to decorate with your spookiest ideas! Categories are divided by ages 5-8, 9-11, 12-14, 15-17, and adults. Submissions are due on October 30 at 12 p.m. CDT.

• Spook-A-Thon: Join us on October 29 for Spook-A-Thon! The event is completely free and will have plenty of family-friendly games, treats, and more. A Family Fun Fest will be held at the Turf, where Child & Youth Programs as well as the Magic City Discovery Center will be attending to provide exciting Halloween activities for all. There will also be a Trunk or Treat across the street from the

• 91 SFG Trunk or Treat: On October 29, the 91st Security Forces Group will be holding a Trunk or Treat at the Defender Dome (Building 545), between 5 p.m. and 8 p.m. This fun event is open to everyone at Minot Air Force Base.

 5 MDG Trick or Treat Trail **of Terror**: Come on down to the clinic for the 5th Medical Group Trail of Terror on October 29, 4:30 p.m. to 6:00 p.m. Entry is free!

• Zombie Fun Run: Have you ever wondered what it's like running from zombies? Do you think you could keep up if you were a zombie yourself? Come on down to the McAdoo Fitness Center for the Zombie Run on October 29 at 3 p.m. to live out your zombie dreams! Wear a Halloween costume and run, participate as a zombie, or do both. The event will also be a color run and an intense game of capture the flag.

• Haunted Stacks: The Minot AFB Library will be holding Haunted Stacks from now until October 30. Ideal for children who aren't old enough for a standard haunted house experience, you can make an appointment or drop in to explore the library's kid-friendly (but still creepy!)

Haunted Stacks and enjoy some spooky activities.

• Horror Movie Night: The Minot AFB Entertainment Social Center (in the Bomber Bistro building) will be holding a Horror Movie Night on October 30 at 6 p.m. Come get your fill of slashers, demons, and aliens, as well as loads of free popcorn.

 Halloween Trick or **Treating:** Trick or Treating will be taking place from 5 p.m. to 8 p.m. on October 31 in base housing. Lost child areas will be set up at the Neighborhood Center on Sirocco Drive and the Community Center on Spruce Street. As tradition goes, if their porch light is on, then that house is handing out Halloween candy.

As with every Halloween, remember to stay safe out there. If you are driving through the neighborhood, slow down and be extra aware of the people walking around. Security Forces will also be patrolling the neighborhoods on Halloween. Be sure to wear a mask to all indoor events or where a six foot social distance cannot be maintained. Most of all, have fun!



ROOSEVELT PARK ZOO's

Saturday, October 30, 2021 @ 10am-1pm | Members \$2 Non-Members \$3



Thank you, Ann!

ABIGAIL KINDER, NORTHERN SENTRY

After Dakota Elementary rolled out the red carpet for Ann Jusero and her therapy dogs, Journey and Sisu, to thank them for all they have done for the school, students and staff decided to take it one step further.

On Wednesday Oct. 20, 2021, Jusero and Journey were presented with a gift card as one last thank you for their service and generosity to Dakota Elementary. "First, I want to thank you, Ann, and your dogs, for the dedication to Dakota students over the years. You and your dogs, Journey and Sisu, are a treasure to us at Dakota Elementary. It was so fun taking a few days to celebrate you and your mission at our school. We are so grateful. Each year, Ann donates money to our library that goes towards the purchase of new books for you all to read. Not only do we get to enjoy Ann and her special reading dogs, but we are also able to read new books each year thanks to her."

October 19 was Hat Day at Dakota Elementary, and students and staff were asked to pay one dollar to wear a hat throughout the day. The proceeds were then

used to purchase a \$200 Home Depot gift card for Jusero to use in repairing her basement that had been ravaged by water damage.

"It's been amazing coming here," said Jusero. "Amazing

kids, and we really love them. I hope we get to keep coming back because the dogs like you, and we get to see you grow up. Thank you from the bottom of my heart and the puppy paws."





On Oct. 20, 2021, Ann Jusero and her Reading Education Assistance Dog, Journey, were presented with a \$200 Home Depot gift card to thank them for their service to Dakota Elementary. Students and staff were able to watch the ceremony virtually from their classrooms.

NORTHERN SENTRY PHOTOS I ABIGAIL KINDER





X-TREME OR OPEN BOWLING

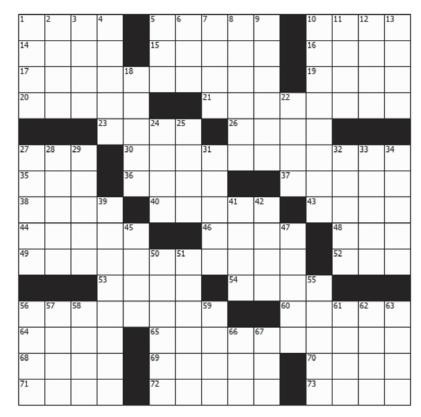




CROSSWORD PUZZLE

Across

- 1. Baloney
- **5**. Lend _
- 10. Actress Wilson
- 14. Cooking pot
- **15**. Thanks overseas
- **16**. Tabloid subject
- 17. Capistrano swallow, e.g.?
- **19**. Back _
- 20. Wooden fastener
- 21. Skin-deep
- 23. Lenient
- 26. Spot for Santa
- 27. Vatican vestment
- 30. Some Irish love poetry?
- 35. Raleigh's title
- 36. 2001 NCAA basketball champion
- 37. Comes close
- **38**. Shot
- 40. Not too bright
- 43. Majestic
- 44. Tangle (with)
- 46. Place for pins
- 48. LAX posting
- 49. Robbery division?
- 52. Article from Hesse 53. Stick together
- 54. Croaker
- **56**. Willamette tributary
- 60. 100-eyed giant of myth
- 64. O'Neill's daughter
- 65. Fungal region?
- 68. Declare
- 69. Silencer
- **70**. Trig function
- 71. Fresh reports
- 72. Samuel Johnson work
- **73**. Cold __



Down

- 1. Hopalong Cassidy portrayer
- **2**. Sub in the fridge
- 3. Chopped side
- 4. Some bounders
- **5**. Singer Grant 6. Beak
- 7. Novelist Ambler
- 8. Into contact with
- 9. Frees from 10. Maine symbol
- 11. Revise
- 12. Author Morrison
- 13. Smart one?
- **18**. Architecture middle name

- 22. Noyes's "ghostly galleon"
- 24. Family trouble
- 25. Receipts
- 27. Evaluate
- 28. Petrol amount
- 29. Fort near Pope Air
- Force base 31. Belief
- 32. Not live
- **33**. Keep in touch, in a way
- 34. Hollywood award
- 39. Sources of
- annoyance 41. Leave in
- 42. Dollar opening
- 45. Black

- 47. Abraham's near-
- sacrifice

- 57. Shoreline irregularity
- 58. Had met before
- 62. Middy's sch.
- 63. "One giant __ for ..."

- 50. Pepsin, for one
- **51**. Parting words
- 56. Haunted house sound

- 61. Profit

- 66. Red or Black
- 67. Put a strain on

SUDOKU

	1					2	3	
4		3		5		6	1	7
			6				4	
5				4			8	
	4	7				9	6	
	2			1				4
	5				7			
7	6	1		2		4		3
	8	9					5	

Solution to puzzle on page C10



FRIDAY, OCT 29 1800 **RON'S GONE WRONG** (PG)

SATURDAY, OCT 30 1400 **SUNDAY, OCT 31** 1400 **THE ADDAMS** FAMILY 2 (PG)

FOLLOW REEL TIME MOVIE THEATER ON FACEBOOK OR MINOT **EXCHANGE WEBSITE FOR** UP TO DATE MOVIE LISTINGS



9

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

Chapel Services at MAFB

(North Plains Chapel in Base Housing) **Sunday Community Service** 1030 a.m.

(Holy Communion 1st Sunday) Children's Church during school year

Catholic Mass (Northern Lights Chapel across from Rockers)

Sunday1000 Daily Monday-Thursday at 1200

5900 Highway 83 N, Minot

www.faithumcminot.com

Pastor Ken Mund

701-838-1540

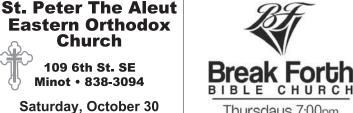
Sunday School (All Ages): 9:45 a.m.

Sunday Coffee Fellowship: 10:30 a.m.

Faith United

Methodist

Church



Thursdays 7:00pm and Sundays 10:30am

1821 W Burdick Expressway

For More Information:

701.353.9337 | www.bfbc.tv

An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Sunday School & Fellowship9:00 a.m. Worship 10:30 a.m.

www.trinitychurchminot.org

Sunday School at 9:45am 1720 4th Ave NW, Minot

Worship Service at 10:45am Sundays

838-0916 MinotBibleFellowship.org

Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Vespers, 5PM

Sunday, October 31

Divine Liturgy, 10AM

V. Rev. Fr. Paul Hodge

Minot

Sunday School	9:45 a.m.
Morning Worship	
Evening Worship	
Wednesday Evening	_

Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller



852-0315 **Sunday Schedule**

Contemporary Worship......9:00am Sunday School (All Ages) 10:00am Traditional Worship... .11:00am

Wednesday Evening Schedule

Youth Group & Small Groups.. 7:15pm

Rev. Heath Trampe All are Welcome! Rev. Brian Doel www.ecominot.org



LUTHERAN CHURCH 3705 11th St. SW Minot, ND 58701 701-852-6404

www.oslcminot.com



Missouri Synod **Sunday Worship**

9:30 AM

2209 4th Avenue NW Minot, ND 839-4663

Reverend Philip Beyersdorf www.minotstmarks.com

Join us on facebook

Worship Services: Sunday 11 a.m. Immanuel **Baptist Church**

1615 2nd St. SE, Minot 701-839-3694

Sundays:	
9:00 am	Fellowship
9:15 am	Sunday School
10:30 am	Worship
Wednesdays:	•
11:30 am	Soup Kitchen
5:30 pm	Famiİy Supper
6:20 pm Droop	shool/Kida' Člub/ÁDV

6:30 pm..Preschool/Kids' Club/ABY 6:30 pm..... Adult Bible Study Brian T. Skar, Pastor

www.ibcminot.org

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609

Saturday School	2:00 p.m
Sunday Worship	3:30 p.m
Wednesday Bible Study	7:30 p.m

Jesse Starr, Pastor

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule:

Tuesday	5:15	p.m.
Wednesday - Friday		
Saturday	5:00	p.m.
Sunday	8:00 & 10:30	a.m.
5 D '' A 5		

Fr. David A. Richter. Pastor Parish website: www.stjohnminot.com



9:30 am

www.firstlutheran.tv www.flcminot.com



West Minot Family Worship Center 1105 16th St. NW • 839-1407

Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour

Classes for All Ages Youth Center, Friday......7:00 - 11:00 p.m. ABC Child Care Center.....

westminot.com



Gospel Tabernacle Community Church

9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship11 a.m.
Family Hour6:30 p.m.
Evening Worship7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed)7 p.m.
Prayer (Friday)7 P.m.

0----

First Assembly of God 1805 2nd St. SE

838-1111				
Morning Worship	8:30 a.m.			
Sunday School	10 a.m.			
Morning Worship	11 a.m.			
Wednesday Family Night	6:30 p.m.			

To Advertise your Church

on this page,

Call 839-0946

Only \$9.00

a space / per week

200 3rd St. SW • 852-4533 www.fbcminot.org

First Baptist Church

Classic Worship Service......8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service...... 9:50 a.m. Children's Church 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Fridays, Celebrate Recovery 7:00 p.m

Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

To Advertise your Church

on this page,

Call 839-0946

Only \$9.00

a space / per week

Cross Roads Baptist **Southern Baptist Convention**

Sunday School (all ages)9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m.

www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer-Pastor

415 28th Ave SE (Behind Menards) 838-1873

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A Church of the Lutheran Brethren

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Worship......9:00 a.m. & 11:00 a.m. 700 16th Ave SE • 701-838-0750

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www.ourredeemers.org



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- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
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> Email: jschultz@orcsknights.org Website: www.orcsknights.org



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email NSADS@SRT.COM

> lax 701-839-1867







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15% Military Discount!

https://www.facebook.com/ 4rhomethrift

FOR SALE

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(no antibiotics, no GMOs),

FRESH FARM EGGS

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SUDOKU SOLUTION

Puzzle on page C8

6 1 5 9 7 4 2 3 8

4 9 3 2 5 8 6 1 7

8 7 2 6 3 1 5 4 9

5 3 6 7 4 9 1 8 2

1 4 7 3 8 2 9 6 5

9 2 8 5 1 6 3 7 4 3 5 4 1 9 7 8 2 6

7 6 1 8 2 5 4 9 3

2 8 9 4 6 3 7 5 1

HELP WANTED

NORTH THE DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

IMMEDIATE FULL AND PART TIME OPENINGS for

daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone mmackey@kalixnd.org 701-852-1014.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.

Part-Time Retail sales 25-35 hrs/week occasional closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

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excellent benefits. We are an equal opportunity employer and a drug free workplace.

> Apply in person at: 605 27th St SE, Minot ND 58701 Or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014

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Find ALL listed homes for sale in Minot and the surrounding areas at www.brokers12.com.

RENTALS

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MAFB OPPORTUNITY

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

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- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

CONTACT US AT: (701) 727-2233 (701) 727-AADD

THURSDAY, FRIDAY & SATURDAYS 09:00 PM - 02:00 AM

> HOLIDAY WEEKENDS 08:00 PM - 03:00 AM

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-Embry-Riddle Aeronautical University is the world's preeminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 15 Nov-23 Jan. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu, office phone: 701-727-9007 or Teams phone: 904-513-9734.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognize by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

PARK UNIVERSITY MINOT -

PARK UNIVERSITY MINOT - Your degree, Your way. Open enrollment for the 2021/2022 year! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer faceto-face classes at the Minot Air Force Base starting with the Summer 2021 semester. The Summer 2021 semester begins June 1 and finishes July 29 with registration currently open. MSU at the Minot Air Force Base will also have three sessions of face-to-face classes in Fall 2021. Those three sessions are Aug. 23 to Dec. 17, Aug. 23 to Oct. 14, and Oct. 18 to Dec. 19. There is no application fee for activeduty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

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REAL ESTATE



FLOWER SHOP





WHAT'S GOING ON MA



FRIDAY

- Pumpkin Decorating Contest Closes at the Dakota Inn Dining Facility
- Registration Closes: Acrylic Paint Pouring at Arts & Crafts
- . HIIT Strength & Conditioning, 0530, The Turf, Fitness Center
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- Zombie Fun Run, 1500, Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Spook-A-Thon, 1700-2000, Minot AFB Library and the Turf
- Haunted House, 1700-2100, Outdoor Recreation
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Friday Night Fun League, 1800, Rough Rider Lanes
- Magic The Gathering Innastrad Midnight Hunt Draft, 1800, ESC
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill
- · Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

THURSDAY 🕦 🕰

- SATURDAY 3 • Halloween Bowling Pin Decorating Contest Closes at Rough Rider Lanes
- Youth Bowling League, 1000, Rough Rider Lanes
- Zumba, 1000, Fitness Center
- . Horror Movie Night, 1800, ESC

• Zumba, 1400, Fitness Center

SUNDAY

Golfing Season Ends at the Rough Rider Golf Course

 NFL Sunday Ticket, 1200-1900, Rockers Bar & Grill • Sunday Escapes Book Club, 1330, Minot AFB Library

MONDAY

• Golf End of Season Sales Ends at the Rough Rider Golf Course

Registration Closes: Table Tennis Tournament at the Fitness Center

• TAP GPS Workshop, 0800-1600, In person at A&FRC, online Zoom Meeting

• Registration Opens: Youth Indoor Soccer at the Youth Center

• Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center

• Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting

. HIIT Strength & Conditioning, 0530, Fitness Center

Halloween Treats, 1030-1330, Dakota Inn Dining Facility

- · Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes
- Table Tennis Tournament at the Fitness Center

Table Tennis Tournament at the Fitness Center

• Brown Bag Book Talks, 1200, Minot AFB Library

• Extramural Bowling League, 1715, Rough Rider Lanes

"You Matter" Basketball Tournament, 1730-1930, Fitness Center

Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC,

• TaP (DoL) - Overview, 0730-1600, A&FRC

• Story Time, 1030, Minot AFB Library

• Yoga, 1300, Fitness Center

• Cycle, 1700, Fitness Center

• Yoga, 1830, Fitness Center

• Swerk, 1930, Fitness Center

• Fighting Game Night, 1800, ESC

Zoom Meeting

- TaP (DoL) Employment Workshop, 0800-1600, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1130, A&FRC, In person and
- Family Fit Bootcamp, 1000, Turf, hosted by Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Yogg, 1100, Fitness Center
- Kids' Night, 1530-2030, Bomber Bistro
- "You Matter" Basketball Tournament, 1730-1930, Fitness Center
- 9 Pin No Tap League, 1800, Rough Rider Lanes
- "Have a Beer Ball" League, 1800, Rough Rider Lanes
- Magic The Gathering Pauper Night, 1800, ESC
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

FRIDAY



- Table Tennis Tournament at the Fitness Center
- TaP (DoL) Employment Workshop, 0800-1600, A&FRC
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- First Friday, 1630-1830, Rockers Bar & Grill
- Escape Room Evening, 1700-2100, Turf
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Cycle, 1700, Fitness Center
- Junior Youth of the Year, 1700, Youth Center
- "You Matter" Basketball Tournament, 1730-1930, Fitness Center
- Youth of the Year, 1800, Youth Center
- Friday Night Fun League, 1800, Rough Rider Lanes
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY

- TAP (VA), 0800-1600, A&FRC
- Yoga, 0930, Fitness Center

· Cycle, 1700, Fitness Center

• Yoga, 1830, Fitness Center

· Swerk, 1930, Fitness Center

• Game Day, 1000-1930, Minot AFB Library

TUESDAY

- Acrylic Paint Pouring Class, 1800-2000, Arts & Crafts
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center

· Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

- Cycle, 0900, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Zumba, 1000, Fitness Center
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider
- UFC 268: Usman vs Covington, doors open at 1900, main event begins at 2100, Rockers Bar & Grill

OCTOBER SPECIALS

Delivery Options (Hours subject to change)

Bomber Bistro Monday-Friday 1630-2030

Bomber Bistro • Spaghetti & Meatballs

Delicious meatballs and a classic marinara sauce combine with Italian seasoning and parmesan cheese. Served with garlic bread and a drink

The B-Fifty Brew • Apple Crisp Macchiato

Layered flavors of apple and brown sugar meld like the filling of a gooey apple pie in harmony with espresso, steamed milk, and a caramelized-spiced apple drizzle. Tall \$4.50 • Grande \$5.00 • Venti \$5.45

Rockers Bar & Grill • Rockin' Chicken

Your choice of choice of grilled or fried golden brown chicken breast topped with dill pickles on a split bun. Don't miss this tasty combo with crispy fries for only \$7.75!

NOVEMBER SPECIALS

DELIVERY OPTIONS (Hours subject to change) Bomber Bistro: Monday-Friday 1630-2030

Bomber Bistro • Southwest Turkey Wrap

Roasted turkey, pico de gallo, lettuce, cheddar cheese, jalapeños, and chipotle mayo, in your choice of tortilla. Served with chips and a drink for \$11.95!

The B-Fifty Brew • Toffee Nut Latte

Rich sweet toffee notes combine with warm toasted nuts, espresso, and steamed milk in this tasty fall drink. Tall \$3.60 • Grande \$4.10 • Venti \$4.60

Rockers Bar & Grill • Turkey Burger

Turkey patty, shredded lettuce, and diced tomatoes on a split bun. Don't miss this tasty combo with crispy fries for only \$6.50

ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Haunted Stacks: 16 October 30 October, Minot AFB Library Call to schedule an appointment.
- International Games Week: 6 November 13 November, Minot AFB Library Call to schedule an appointment.
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care Call to schedule an appointment.



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