

## WHATS INSIDE THIS WEEK:



TSGT. MELLISA MESSAMER  
STEP PROMOTION

A2



MAJ. GEN. MICHAEL LUTTON VISITS  
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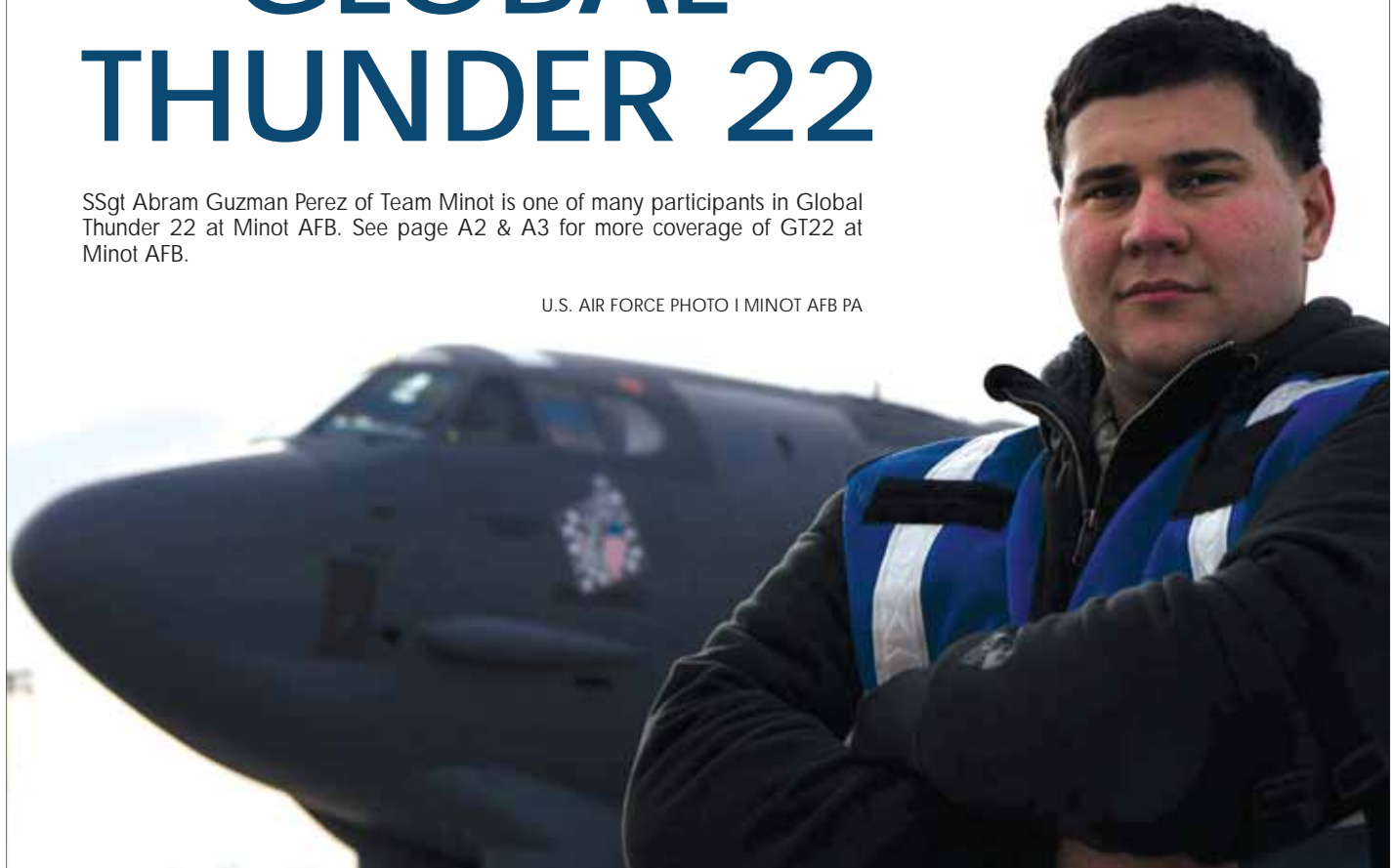
MEMORIAL  
MIDDLE SCHOOL  
HONOR ROLL

C7

# GLOBAL THUNDER 22

SSgt Abram Guzman Perez of Team Minot is one of many participants in Global Thunder 22 at Minot AFB. See page A2 & A3 for more coverage of GT22 at Minot AFB.

U.S. AIR FORCE PHOTO | MINOT AFB PA



## Global Thunder Rolls at Minot AFB

SENIOR AIRMAN MICHAEL RICHMOND, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. – Airmen commenced participation in U.S. Strategic Command’s nuclear command and training exercise, Global Thunder 22 on November 2, 2021.

Global Thunder is an annual command and control exercise designed to train USSTRATCOM components, units and task forces as well as assess joint operational readiness. Airmen and Guardians at Minot, AFB are taking part in the exercise to test and demonstrate their technical skillsets, which enable USSTRATCOM to confront any uncertainty and ensure the nation’s safe, secure, credible and ready deterrent force.

As a part of the exercise, Airmen and aircraft from the 2nd Bomb Wing at Barksdale AFB, LA integrated with 5th Bomb Wing personnel at Minot AFB, to conduct combined B-52H Stratofortress planning, maintenance, security, logistics, and operations in support of the GT22 scenario. Day-to-day, both bomber wings maintain a combat-ready, global-strike posture, enabling geographic combatant command requirements from either U.S.-based or forward locations around the world when called upon.

As part of GT22, in addition to bomber operations, the 91st Missile Wing validated the always responsive, quick strike posture of the Minuteman

III fleet, through various command post injects, maintenance actions, and training objectives. The 91st maintains a safe, secure, and effective 24/7/365 alert posture through the efforts of skilled maintenance, operational, and security forces Airmen.

With the 5th Bomb Wing, 2nd Bomb Wing and 91st Missile Wing training side by side, GT22 helps Airmen to enhance resiliency and interoperability both at Minot AFB and across Air Force Global Strike Command.

For more information, contact the USSTRATCOM Public Affairs Office at 402-912-0020 or USSTRATCOMPA@mail.mil or visit [www.stratcom.mil](http://www.stratcom.mil).

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# GLOBAL THUNDER 22

## AIRMEN OF GLOBAL THUNDER

### A LOOK BACK THIS WEEK IN USAF HISTORY

**USAF C-141 IS THE FIRST JET TO LAND IN ANTARCTICA**  
**NOVEMBER 14, 1966**



The first C-141 to land at McMurdo Sound, Antarctica on Nov. 14, 1966 (USAF)

On November 14, 1966, a USAF Lockheed C-141 became the first jet to land in Antarctica as a part of "Operation Deep Freeze." Operation Deep Freeze began in 1955 when major nations collaborated to conduct earth science research in one of the least explored areas on Earth. The Air Force began its involvement in 1956 and continues running airlifts to this day. Previously, the USAF had only deployed propeller planes to Antarctica, but on November 14, the 60th Air Mobility Wing landed the first jet carrying 12.9 tons of cargo. Over hundreds of missions, the C-141s would carry essential supplies to installations in Antarctica, as well as hosting passengers that included penguins, gulls, and seal pups. Lockheed C-141s would continue participating in Operation Deep Freeze until they were decommissioned from the Air Force in 2004. Due to the Antarctic Treaty of 1959, US military involvement in Antarctica, including Operation Deep Freeze, continues to be for peaceful and scientific purposes only.

Information courtesy of: [www.amc.af.mil](http://www.amc.af.mil) / "Operation Deep Freeze," Office of History Air Mobility Command

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## SSGT ABRAM GUZMAN PEREZ



### JOB DESCRIPTION

Perez's responsibilities include inspecting aircraft before takeoff, ensuring the safety of the crew as well as the success of the mission. In the case that an aircraft does have an issue, Perez and his wingmen will be there to fix it.

### ROLE IN GLOBAL THUNDER

In his fourth year participating in Global Thunder, Perez's duty in GT22 is to perform as a soul vouching authority, taking care of the accountability of all personnel coming in and out of the flightline as well as ensuring that all GT22 operations are running smoothly.

"I'VE MET A LOT OF REALLY GOOD PEOPLE HERE. I'M LEAVING SOON, SO I'M DEFINITELY GOING TO MISS THEM. THIS IS ONE OF MY FIRST BASES, AND PROBABLY ONE OF MY FAVORITES DESPITE WHAT OTHERS MAY HEAR ABOUT MINOT."

## SENIOR AIRMAN CHLOE CANNON



### JOB DESCRIPTION

Cannon's responsibilities include making sure that the airfield is always ready for takeoffs and landings by ensuring that the pavements are marked, the flight line is clear and flight plans are sent to pilots.

### ROLE IN GLOBAL THUNDER

This is SrA Cannon's third year participating in Global Thunder. Without Airfield Management, jets wouldn't be able to takeoff. The Airfield Management team also acts as first responders in case of an emergency and is responsible for suspending the runway if needed.

"MINOT IS A DIFFERENT PLACE THAN WHAT I AM USED TO BEING FROM THE CITY, BUT THE PEOPLE HERE ARE REALLY NICE!"

## TSGT. PARNELL LAMAR BRIM



### 69TH PROPULSION NCOIC

### JOB DESCRIPTION

TSGT. Parnell Lamar Brim's responsibility is to sustain the TF 33, which is the engine installed on the B52. Anything from component changes to inspections and also operation checks.

### ROLE IN GLOBAL THUNDER

As a SVA (Soul Vouching Authority) Crew Chief, Brim makes sure everything on the aircraft is turned on correctly and also, he is accountable for the aircraft and its assets. He makes sure the area he is in charge of does everything smoothly.

"IF YOU'RE MAINTENANCE, YOU'RE MAINTENANCE, WE ALL CARE FOR EACH OTHER, AND WE GO TO EXTREME LENGTHS TO SHOW THAT CARE FOR ONE ANOTHER, AND THAT'S FROM SUPERVISION DOWN."



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MAKING MORE POSSIBLE





A B-52H Stratofortress from Barksdale Air Force Base sits on the flight line during Global Thunder 22 operations on Nov. 3, 2021 at Minot AFB, N.D. Global Thunder 22 is a USSTRATCOM exercise designed to provide training opportunities, test, and validate command, control, and operational procedures.



Airmen assigned to the 2nd Bomb Wing work on a B-52H Stratofortress during Global Thunder 22 on Nov. 3, 2021. Global Thunder is an annual command and control exercise involving over 150,000 personnel from around the world, providing joint operations and nuclear readiness.



Airmen assigned to the 5th Bomb Wing maintain the B-52H Stratofortress during Global Thunder 22 operations on Nov. 3, 2021. Maintainers work around the clock to prepare the bombers for their missions, and without their meticulous care, the B-52 would not have remained in service for over 60 years.



B-52H Stratofortresses assigned to the 2nd and 5th Bomb Wings sit on the flight-line during Global Thunder 22 operations on Nov. 3, 2021.

U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN MICHAEL RICHMOND

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# B-52s Always Majestic

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**A VIEW FROM OUR SIDE**  
ROD WILSON, NORTHERN SENTRY



In today's paper you will find information on Global Thunder 22, an exercise that will cause heavier than normal bomber take-offs during this exercise.

Let me tell you that there is not much else in life that could excite me more than a majestic B-52 taking to the sky from Minot Air Force Base, or watching a flyover of a B-52 as it crosses the Magic City on a normal flight pattern.

The roar of the eight engines, the characteristic smoke trails, and of course the excitement of watching the mass of a B-52 take to the sky is unmatched...albeit I am told that the test launches at Vandenberg AFB of a Minuteman III can also speed up your heart and raise your blood pressure. I

have yet to have the pleasure of witnessing one of those launches in person, and so I guess it goes in my "bucket list."

The readiness of the B-52's and the Minuteman III's is an important deterrent to potential adversaries, and thus an exercise like Global Thunder puts and exclamation point on the phrase Only The Best Come North! So, count yourself lucky to be able to witness a B-52 in full flight. We saw the excitement created when a B-52, teamed with a B-1 and B-2, did a flyover of last year's Super Bowl. And lest we forget the dedication and service of the men and women who serve at Minot Air Force Base. There are none finer.



A B-52H Stratofortress assigned to Air Force Global Strike Command (AFGSC) takes off from Minot Air Force Base, N.D., during exercise Global Thunder 18.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS DILLON J. AUDIT

PRIVATIZED HOUSING

## ANNUAL TENANT SATISFACTION SURVEY



The Department of the Air Force (DAF) has contracted an independent, third-party survey firm to administer the DoD Annual Tenant Satisfaction Survey for all DAF privatized housing sites. The survey will begin October 28, 2021. All tenants in DAF privatized housing will receive a link to access the survey via email. Tenants will have until December 13, 2021 to submit their assessments.

By using an independent third party, Airmen, Guardians, and their families will be able to provide their open, honest and anonymous impressions of living in DAF privatized housing. The survey is anonymous, and data

will be shared with DAF housing program leaders and project owners to continue improving the privatized housing experience. CEL & Associates, Inc. (CEL), will administer the survey, which will be made available to all tenants living in privatized housing.

Housing continues to be a positive quality of life program supporting Airmen, Guardians and their families. The data and comments gathered via the survey are taken very seriously as they shape the evolution of improvements provided to service members and their families which advance the DAF housing portfolio.

### OF NOTE:

1. The survey will be emailed from [AirForceHousingSurvey@celassociates.com](mailto:AirForceHousingSurvey@celassociates.com). Please check your spam/junk box.
2. If you do not received an email please email [AirForceHousingSurvey@celassociates.com](mailto:AirForceHousingSurvey@celassociates.com) to obtain a link.
3. Residents will receive reminder emails about the survey.
4. The survey is confidential and anonymous.

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**TSGT. MELLISA  
MESSAMER  
STEP  
PROMOTION**

Technical Sgt. Mellisa Messamer, NCOIC of 742nd Missile Squadron SARM office, receives a step promotion from General Anthony J. Cotton, Commander, Air Force Global Strike Command and Commander, Air Forces Strategic-Air, on Minot Air Force Base, N.D. Nov. 02, 2021.

U.S. AIR FORCE PHOTO | MINOT AFB PA

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# 20th Air Force commander visits Minot AFB

AIRMAN 1ST CLASS SAOMY SABOURNIN

MINOT AIR FORCE BASE, N.D. -- Maj. Gen. Michael Lutton, 20th Air Force commander, accompanied by Command Chief Master Sergeant Charlie Orf, visited Minot Air Force Base, North Dakota, Oct. 26-28, 2021.

Lutton's priorities for the 20th Air Force mission range from the safety and surety of the Numbered Air Force's nuclear weapons to the development and care of Airmen and their families.

"Our focus as a leadership team is to prepare our Airmen for any situation in which they could be called on to execute [the nation's nuclear] mission," said Maj. Gen. Lutton, "First and foremost, that starts with deterrence."

## INTEGRATED LETHALITY - ENABLING THE 20TH AF FIGHT

During the visit, Lutton met with members of the 91st Missile Wing who included security forces, missile maintainers, and flight engineers from the 54th Helicopter Squadron discussing first-hand how they work together collectively as a team to maintain a ready and lethal force.

Integrated lethality is one of Lutton's top priorities in 20th Air Force.

"The conduct of warfare is joint and the conduct of warfare is fundamentally about teamwork," said Lutton. "The more we can talk about integrated lethality, the

more we drive up readiness and mission accomplishment."

Whether it be security forces, operations, or maintenance, Lutton and Orf both emphasized the importance for leaders to understand the roles and issues impacting those defending the United States through combat-ready nuclear forces. With this, the 20th Air Force command team also underscored the need to ensure Airmen understand their role in national deterrence strategy and why they are the key to enabling effective mission execution.

## A SAFE AND EFFECTIVE NUCLEAR DETERRENT

Additionally, safety is a parallel top priority. When it comes to nuclear operations, surety and improvements in weapons, the mission moves at the speed of safety. Although the Minuteman III is an aging weapons system, it continues to serve as a reliable and effective nuclear deterrent for the U.S., as well as its allies and security partners until replaced by the new ground-based strategic deterrent.

While going through the modernization process, Maj. Gen. Lutton explained how the 20th Air Force will take what it has learned from the Minuteman III and improve upon its replacement, the Ground Based Strategic Deterrent.

"We'll move at the speed of

nuclear surety," said Maj. Gen. Lutton. "Safety is a precondition for any operation that we do in the 20th Air Force."

## AIRMEN AND FAMILIES - UPHOLDING OUR NATION'S DEFENSE

Maj. Gen. Lutton's third priority focuses on the development and care of the Airmen and their families. Listening and communicating with the Airmen and their spouses allows leadership to give back to families and ensure that programs and services are constantly evolving.

"They do world-class work for us and the nation, so they deserve a world-class environment to raise and develop their families," said Lutton.

As Airmen continue to push forward to adapt to an ever-changing world, they are continuously challenged to incorporate innovation into their daily lives and work toward creating a lethal and more modernized Air Force.

"The Airmen have a valued contribution to the mission of their organization, the mission of the wing, the mission of the numbered Air Force and Global Strike," said CMSgt. Orf. "If we, as leaders, help our Airmen to understand their value, relevance and purpose, I think we all go a long way in creating a Striker."



Maj. Gen. Michael Lutton, 20th Air Force Commander, meets with the Airmen assigned to the 91st Missile Wing at Minot Air Force Base, ND, Oct. 28, 2021. Maj. Gen. Lutton had the opportunity to meet with different units and learn about day to day operations.



Maj. Gen. Michael Lutton, 20th Air Force Commander, rides in a helicopter assigned to the 54th Helicopter Squadron at Minot Air Force Base, ND, Oct. 28, 2021. Maj. Gen. Lutton had the opportunity to observe a training exercise with the Tactical Response Force from Minot AFB.

U.S. AIR FORCE PHOTOS  
AIRMAN 1ST CLASS SAOMY SABOURNIN

**Back Talk**

ROD WILSON, NORTHERN SENTRY

"We'd like to have you try SoftWave treatments. We think it could really help your hip and lower back," and with those words Dr. Matt Hanson at Cornerstone Chiropractic started me on a new journey, one that I will certainly share with readers of this column.

My first experience with Dr. Matt Hanson came about 10 years ago when lower back and hip pain made it extremely hard to stand and walk.

Continuous chiropractic care has made a world of difference, even to the point of being able to stand at my woodworking saws for extended periods of time. My woodworking shop had given me hours of joy, but the ability to operate the equipment while standing had become more and more difficult. Because Dr. Matt has an office fairly close to mine, he had noticed that I had developed a pronounced limp, and what was obvious back pain when doing simple life activities like getting in and out of a car, or just going for my "coffee break" walks.

Much progress has been made on alleviating the lower back pain as a result of consistent chiropractic care. But as with any medical procedure, modern advancements have made care more effective, and in my case we hope to address my lower back pain without surgery or drugs.

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Softwave Therapy takes about 10 minutes, and right now I am scheduled for twice a week at the Cornerstone Chiropractic office. My hope is that with the 8 sessions that Dr. Matt has prescribed, there will be a noticeable difference in my lower back pain, and a path to normal activities. Watch for the next article as we introduce the Minot area to Softwave Therapy.

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# November is National Veterans and Military Families Month

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“Our nation’s service members do not serve alone. Alongside them are the dedicated members of their families, whose commitment and resolve strengthen our nation. Your support and resilience help strengthen our force,” said C. Eddy Mentzer, acting director of military community support programs.

“The department recognizes that readiness depends on a strong and resilient home front, and we honor those who make it possible — our nation’s nearly 3 million military family members,” said Mentzer, whose spouse is an active-duty Air Force colonel.

Every military family is unique and could consist of not just immediate family members, but also partners, caregivers, extended family members and friends. “Each one of you is important.”

Military life has its own unique challenges and rewards, and the department wants to ensure family members have support and access to resources they can use, said Mentzer. The entire suite of these resources is available on

the Military OneSource website.

“Military OneSource should be the first stop for any military family when facing adversity,” said Mentzer. “Service members and their families can visit the website, call Military OneSource at 800-342-9647 to speak with a Military OneSource consultant, or start a live chat. Our team will listen to your needs and lead you to the resources you need.

“Military OneSource is not just for currently serving military families, but also for transitioning service members and their families. They have access to all Military OneSource has to offer up to 365 days post transition.”

That website provides helpful information and guidance on topics, such as:

- Nurturing and growing friendships and relationships to help maintain important connections.
- Navigating parenting and caregiving.
- Planning for and working through different transitions in military life.
- Parenting, relationship support and child care help.
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- Permanent change of station and deployment assistance.

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## A TAIL OF TWO PORK BUTTS

Pork butt or shoulder is low cost, a very forgiving cut, and easy to prepare in a number of different ways, all of them wonderful. This cut is often made into steaks, a sliced roast, or chopped, but shredded (or "pulled") is the most popular. Pulled pork is flavorful, silky, tender, and delicious. There are two cuts that are somewhat interchangeable, the upper and lower shoulder, or "butts" and "picnic shoulder". The butt is usually a bit leaner, but both have plenty of fat and collagen that render into delicious silky juices.

I prefer to work with bone-in meat for several reasons. One, there is no need for a net or string wrapping. Nets in particular make it difficult to work with when done, but more importantly, they interfere with building and keeping great bark. Two, removing the bone creates thin edges that dry out when exposed to the grill environment. Three, the bone makes it super easy to tell when the meat is done for pulling. If the bone comes out of the meat with a slight tug, the meat is ready for pulling. The bone does not contribute any extra flavor, so don't worry about that if you can only find boneless butts.

For pulled pork, I use 205°F as my target temperature. When the internal temperature (IT) of the meat reaches 205°F, give the bone a tug. If it comes out, rest for an hour or more and the meat is ready for pulling. If I want a finer texture, I will remove the meat from the grill at 195°F IT, rest, then chop. If you will be slicing the roast, cook to 185°F. Collagen starts to break down at 180°F and above, and that's what tenderizes the otherwise tough shoulder meat. Below 180°F it takes approximately forever.

To prepare the meat, we sprinkled kosher salt over all surfaces and let it rest covered overnight in the fridge. This is called dry brining. Apply the same amount of salt as you would to season it

at the table. Salt will initially pull moisture out of the meat, but when rested for an hour or more, the moisture will be drawn back into the meat, along with the salt. This will help the meat hold its moisture through the cook. At any time after the salt is applied, you can apply the rest of the seasonings. We used black pepper, garlic granules, and paprika in equal parts. There is no need for any binder other than the natural moisture in the meat.

There are a lot of variations on how to prepare pork butts, but they break down into two main groups, wrap and no-wrap. We did both here so we could compare the results.

The no-wrap butt went on the smoker, fat side down, at 180°F at about 6:00pm. Four hours later, we set the temperature to 225°F and left it there for the rest of the cook. It was done at about 3:00pm the following day. At that time we wrapped it in foil and it went into a Yeti cooler, preheated with very hot water, to rest.

The second butt went on the grill at 9:00am. It reached an internal temperature of 160°F at about 1:00pm that afternoon. At that time, we wrapped it in aluminum foil and placed it back inside the grill. It reached our target IT of 205°F at about 5:00pm. We removed it from the heat and put it in the cooler with the other one.

We served both at 6:00pm. We shredded them in bowls using a set of Bear Paws. Both had lots of juices in the foil and we stirred it all into the shredded meat. Opinions were mixed, with some preferring the softer texture of the wrapped meat, and some preferring the stronger smoke flavor and darker, heavier bark of the no-wrap. Both were plenty juicy. We served barbecue sauce on the side. Some guests used sauce and some ate it without, but everyone loved it.



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# Department of the Air Force nears 97% AD vaccination rate

STAFF SGT. ELORA J. MCCUTCHEON, SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

November 2 marked the Department of the Air Force's deadline for active duty component Airmen and Guardians to receive the COVID-19 vaccine. As of publication, nearly 97% of Airmen and Guardians on active duty have received at least one dose of the COVID-19 vaccine.

"Our Airmen need to be prepared to operate anytime, anywhere in the world," said Air Force Chief of Staff Gen. CQ Brown, Jr. "Getting vaccinated ensures we are a ready force to meet our commitments to the nation while protecting the health of our team and families."

Since the Secretary of Defense's mandate Aug. 24, the Department of the Air Force set the most aggressive timelines amongst the military services to ensure members are vaccinated.

"I am incredibly proud of our Airmen for coming together and getting vaccinated," said Chief Master Sgt. of the Air Force JoAnne S. Bass. "This is about readiness and ensuring our Air Force can continue to defend the homeland. It's also about understanding that we are not in the clear yet. Continuing safe practices to protect ourselves and others should always be in our cross-check."

The majority of the active

component was vaccinated prior to the Aug. 24 mandate. After the mandate, installation Military Treatment Facilities rapidly scaled up vaccination efforts in order to meet the Nov. 2 deadline for the remainder of the force. Many MTFs stood up mass vaccination procedures capable of administering thousands of shots a day.

"Thank you to our active-duty Guardians and Airmen for moving out quickly to meet the Department's vaccine timeline," said Chief of Space Operations Gen. John W. "Jay" Raymond. "Although we are encouraged by the falling number of cases, COVID-19 is still a very real threat. We need each and every one of you to be healthy and ready; we need you and your loved ones to be protected so our team can continue to protect and defend the nation."

Chief Master Sgt. of the Space Force Roger A. Towberman echoed DAF senior leadership appreciation for all those who got vaccinated, as well as those who made it possible – to include DAF medical personnel who worked tirelessly to vaccinate nearly 100,000 Airmen and Guardians in just over two months.

"This took leadership and teamwork at all levels," Towberman said. "I'm proud

of our Guardians for their commitment to our readiness and each other, and thankful for all our Airmen enablers who made this happen."

Over the next 30 days, DAF will review requests for medical exemptions and religious accommodations. DAF civilians have until Nov. 22 to be fully vaccinated, and Air National Guard and Air Force Reserve members in a Reserve component status must be vaccinated by Dec. 2.

COVID-19 screening testing will be required at least weekly for all individuals entering a DoD facility who are not fully vaccinated, including those who have an exemption request under review, or who are exempted from COVID-19 vaccination.

Units will be responsible for running self-test programs and can reach out to either the Defense Logistics Agency Contact Center or their servicing MTF for assistance with ordering and purchasing the self-test kits. Additional guidance will be forthcoming through command channels.

For the most current DAF vaccination statistics, visit <https://www.af.mil/News/Article-Display/Article/2831845/daf-covid-19-statistics-nov-3-2021/>

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## All About Pets

Helping strays in the cold



Photo courtesy of Cole and Marmalade

As the chilly weather sets in, the need for proper care and quick action for stray animals is of the utmost importance, especially here in North Dakota. So what can you do if you find a stray animal during the winter?

- Call your local shelter: There are a few shelters in the Minot area who can guide you through the challenge of finding a stray animal. Souris Valley Animal Shelter (701-852-6133), Hairball Haven Feline Rescue (hairballhavenfr@gmail.com), or For Belle's Sake (701-300-8182) may be able to offer you tips on how to catch or care for a stray. If the animal is a lost pet, they may even be able to help you find the owner!

- Bang on the hood of your car: This is something we hear a lot when winter time rolls around. Some feral cats will seek warmth and shelter in the nooks and crannies of your car as it gets colder, so banging on your car can give them time to move to a safer location before it starts up.

- Provide shelter: If you are willing or able, you can provide shelter and at home care for a stray animal until you are able to find a place for it. If you can lure it into your home or garage (treats and food are the best lures), you give the animal a safe place to rest and warm up until you are able to see a veterinarian or contact a shelter. If you want to help but don't want to bring strays into your home, you can also provide makeshift shelters for them that you can leave on your porch, in

your driveway, or anywhere else a stray might come. You can DIY shelters using plastic bins that contain blankets, food, water, and some type of insulation.

- Provide sustenance: At the very least, you can also provide food and water to a stray animal. If you are able to keep water in an environment where it will not freeze, this is ideal for below-freezing temperatures.

- Be careful: Carefully handling stray animals is important any time of year. Some animals will be more comfortable around humans than others, so keep an eye out for uncomfortable or aggressive body language to keep yourself safe. If you do not feel comfortable approaching a nervous or aggressive animal, call a local shelter to notify them of the stray and either stay nearby or let them know the location of the sighting. You can also contact Minot's Animal Control. Stray animals may also carry diseases that you do not want to bring home to your own pet. This is where it may be a good idea to keep them in the garage for safety until you are able to have them checked out by a veterinarian.

It takes a caring heart to take care of stray animals, especially in winter conditions. Whether you catch and bring one into your home for care, provide outdoor shelter, or even just make a phone call to someone who is able to help, you are doing a great service to the lost and wandering animals in Minot.

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## 219TH SECURITY FORCES SQUADRON MEMBERS RETURN FROM DEPLOYMENT



U.S. Air Force members of 219th Security Forces Squadron (SFS) leadership greets their returning deployment personnel at Minot International Airport, Minot, North Dakota, Nov. 4, 2021. Eight members of the 219th SFS deployed to southwest Asia for six months as part of their regularly scheduled Air Expeditionary Force (AEF) reserve component period (RCP).



U.S. Air Force Staff Sgt. Seth LaBodda, of the 219th Security Forces Squadron, is greeted with an embrace upon his return home to Minot International Airport, Minot, North Dakota, Nov. 4, 2021. LaBodda is one of eight members of the 219th SFS returning from a six-month deployment to southwest Asia as part of their regularly scheduled Air Expeditionary Force (AEF) reserve component period (RCP).

U.S. AIR NATIONAL GUARD PHOTOS | DAVID H. LIPP

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Roadside assistance calls to AAA often double, or triple, during winter weather, due to motorists spinning out on slick roads, flat tires, dead batteries and other breakdowns. The winter of 2020, AAA responded to more than 312,000 roadside assistance calls. The most common calls were for tows, batteries and tires.

### Stay Ahead of Trouble

Motorists can help avoid winter breakdowns with preventative vehicle maintenance, including:

**Tires:** Adequate pressure and tread depth are essential for stopping and going on ice and snow, but tire pressure can drop during cold weather. Make sure tire pressure matches the sticker on the driver's side doorjamb and the tread depth is above the wear bar indicators marked on the tires.  
**Battery:** The average life of a battery is 3-5 years. Cold weather can drain batteries quickly, and leave drivers stranded. Have a technician inspect the battery at least twice a year.  
**Replace old windshield wipers and solvent:** Precipitation and salty spray from the roads often make it hard to see when driving during the winter. Solvent and good windshield wipers can greatly improve winter driving visibility. If you break down or spin out during a winter storm, it may take longer for help to arrive. That's why it's important to be patient and pack an emergency roadside kit that includes blankets and extra clothes to stay warm, flashlights and extra batteries, an ice scraper, safety reflectors, a shovel, a first aid kit, a simple tool kit, water and non-perishable food, jumper cables and a mobile phone and charger to call for help.

### Safe Winter Driving

Motorists can also avoid spinning out on slick roads by remaining alert and driving for conditions. To stay safe on winter roads, AAA offers several winter driving tips:

- Slow down:** Always adjust your speed to account for less traction when driving on snow or ice. This often means driving below the posted speed limit.
- Accelerate and decelerate slowly:** Apply the gas slowly to retain traction and avoid skids. Also remember, it takes longer to slow down on slick roads.
- Increase following distance:** Allow five to six seconds of following distance between your vehicle and the one in front of you. The extra space will allow you time to stop safely.
- Never use cruise control:** Using cruise control on any slippery (wet, ice, snow, sand) surface can cause your vehicle to lose control more easily.
- Don't panic:** If you start to slide, hitting the brake is the worst thing to do. Instead, take your feet off the pedals and keep your eyes focused on where you want to go.
- Leave early:** Expect trips to take longer in winter driving conditions.
- By taking a few preventative measures and adjusting your driving practices to fit weather conditions, you can stay safer on the road this winter.**

Courtesy of AAA

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# Air Force veteran McRae is Minot State's new academic coach

MINOT, N.D. – Minot State University has many connections to the U.S. military, specifically the Air Force, including the Minot Air Force Base just 15 miles north of campus.

Rob McRae, a new addition to the Military Resource Center and the POWER Center, is a recent veteran and started working at Minot State June.

"I served in the United States Air Force for eight years. For five years, I was a Precision Measurement Equipment Laboratory (PMEL) technician stationed at Nellis Air Force Base in Las Vegas, Nevada. For the last three years of my career, I was a Missile Alert Facility Manager stationed at Minot Air Force Base," McRae said. "I work with students directly as a POWER Center academic coach. I mentor and advise POWER Center students, as well as make sure they are receiving assistance and information on things like financial literacy and tutoring."

Although McRae's main job is as an academic coach in the POWER Center, he also assists students in the Minot State Military Resource Center on campus. The center is for individuals currently serving, veterans, spouses, or dependents.

"One of the ways that my role is connected with veterans is my location on campus. My office is located in the Military Resource Center, not in the POWER Center

itself. This allows students to still receive some of the services available at the POWER Center without them having to choose between the spaces available to them," he said. "Students may already need to stop by the Military Resource Center, and they can see me as well if needed. As someone that earned my degree while on active duty and would have qualified for the POWER Program, I really enjoy the opportunity I have to belong to and serve the same community."

With Veterans Day this past week, McRae chooses to honor those that served and are still serving today.

"For me, Veteran's Day is a time

for reflection. I don't spend a lot of time dwelling on the sacrifices that I have made, but I always try to think about those women and men that are still serving. In a military town, it's easy to lose sight of what some had to give up for our country, but it's just as easy to see veterans or active military around town and to thank them for doing what so few of us are willing to do," McRae said.

For Veteran's Day this year, Minot State hosted a community service providers resource fair this week along with a commemorative event held Wednesday, Nov. 10 in the Military Resource Center.



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SUN: 10 AM - 4 PM

## ROUGH RIDER LANES XTRAMURAL BOWLING

Wednesday November 3, 2021

TEAM STANDINGS		REVIEW OF LAST WEEK'S BOWLING & TOP SCORES			
PLACE/TEAM NAME	POINTS WON/LOST	TEAM	HDCP TOTAL	SCRATCH SERIES (W)	SCRATCH GAME (W)
1 The Rando's	28/12	5th CES	2315	Charline Larsen-Monty - 525	Abby Smith - 163
2 5th CES	28/12	The Pin Headhunters	2606	Megan Woiewski - 357	Cassidy Gula - 141
3 The Pin Headhunters	24/16	AAFES #1	2346	Alyshia Botkin - 337	Dana Koishor - 99
4 5th OSSpears	18/22	Dolls With Balls	2284	William Carmichael - 227	Mike Froman - 702
5 AAFES #1	14/26	The Rando's	2601		Butch Hutchins Jr - 631
6 Dolls With Balls	8/32	5th OSSpears	2500		Moose Monty - 592

**SEASON HIGH SCORES**

SCRATCH SERIES (W)	SCRATCH GAME (W)	SCRATCH SERIES (M)	SCRATCH GAME (M)
Charline Larsen-Monty - 525	Abby Smith - 163	JB Butler - 722	Mike Froman - 290
Megan Woiewski - 413	Cassidy Gula - 151	Scotty Botkin - 718	Kris Lenhardt - 242
Marie Carter - 394	Brandi Dearing - 147	Moose Monty - 636	Haven Smith - 233
			Leighton Hammond Jr - 233

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**BABY GIRL BORN ON FRIDAY, NOVEMBER 05, 2021 TO: HEATHER AND KOLE JENSON MINOT, ND**

**BABY BOY BORN ON FRIDAY, NOVEMBER 05, 2021 TO: KELSEY BERCIER AND MICHAEL DUNN ROLLA, ND**

**BABY GIRL BORN ON SATURDAY, NOVEMBER 06, 2021 TO: MIKAYLA WOOD AND LUCAS KNIGHT MINOT, ND**

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### Bone's BBQ Smokehouse & Grill

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Phone: 701.838.9140  
www.bonesbbqminot.com

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1400 31st Ave SW, Minot, ND 58701  
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## OUTDOOR NOTES:

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**Fishing:**

Lake Sakakawea elevation, Nov. 8: 1,830.19 feet above mean sea level (MSL); 12,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.13 feet above mean sea level (MSL).

Stump Lake elevation: 1,446.99 MSL.

- N.D. Game & Fish Dept. game wardens: Little activity on the Missouri River System although Lake Audubon starting to fill again after drawdown for maintenance. East Totten remains the access point yet, however. No reports from other area lakes or Devils Lake.

- Devils Lake, Ed's Bait Shop, Devils Lake: Continued walleye activity along the bridges.

- Devils Lake, Woodland Resort, Devils Lake: Not many anglers out but those going on Devils Lake continue finding fair walleye success around the bridges.

- Lake Darling, Karma C-Store, Ruthville: No new reports from Grano area or Lake Darling.

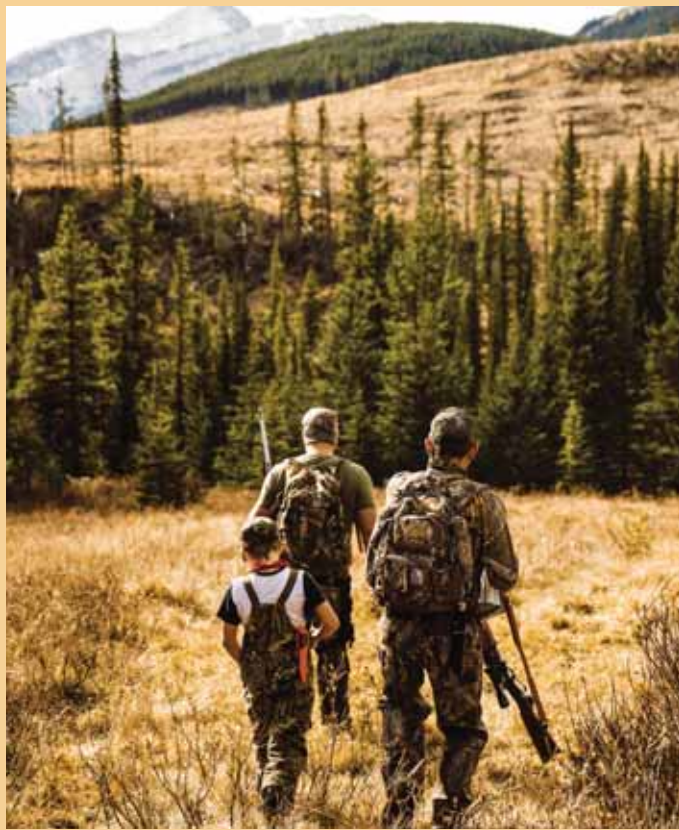
- Lake Metigoshe, Four Seasons, Bottineau: No activity on Lake Metigoshe.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Not much activity on the east end of Lake Sakakawea.

- Lake Sakakawea, New Town: Continued nice fall walleye bite in the Van Hook Arm and the river around New Town. Try jigs and minnows or jigging Raps.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace and east end of Lake Sakakawea generally remain quiet with little activity.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers remain good for walleye with cleaner water. Try Sundheim Park or pump house from shore. Also try boat-fishing in the Missouri River. West end of Lake Sakakawea producing some



- Go to the N.D. Game & Fish Dept. website, ([gf.nd.gov](http://gf.nd.gov)) for information regarding North Dakota's new electronic posting regulations and assistance.
- Nov. 14: Sandhill cranes season closes.
- Nov. 21: Deer gun season closes.

walleye in 30 feet and deeper from White Earth Bay to Phelps Bay. Try jigs and minnows

- Lonetree WMA area lakes, Harvey: Coal Mine Lake closed to small game hunting and fishing through Nov. 30.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity on the Souris River or area lakes.

**Hunting:**

- Deer: Hunters having fair opening success in areas less impacted by EHD.

- Waterfowl: Good numbers remain in the northwest but birds

were concentrating more early in the week in flocks of several thousand snow geese. Good numbers of mallards remain in pockets, as well. Nice snow goose numbers along the east end of the Missouri River System east of Lake Audubon earlier in the week. Fair waterfowl numbers and success yet in north-central N.D.

**Numbers to know:**

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.



91st Security Forces Group Chief Enlisted Manager CMSgt. Gerald Sullivan and 91st SFG commander Col. Thomas Segars visited the 91st Missile Security Operations Squadron on Nov. 2, 2021. The leaders were invited to congratulate Airman First Class Carlos Sierra, who is a part of the Tactical Response Force, as he was promoted to Senior Airman below the zone. Sierra was selected out of a group of exceptional Airmen from both the 5th Bomb Wing and 91st Missile Wing.

91ST SECURITY FORCES GROUP PHOTOS

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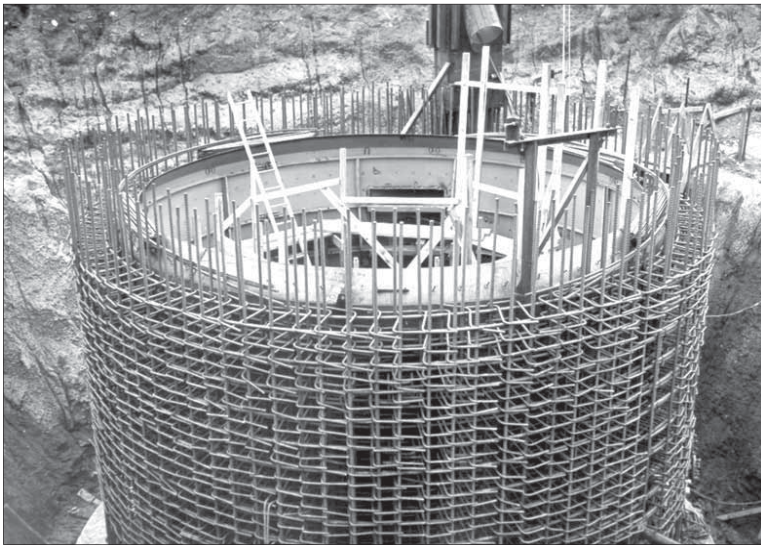
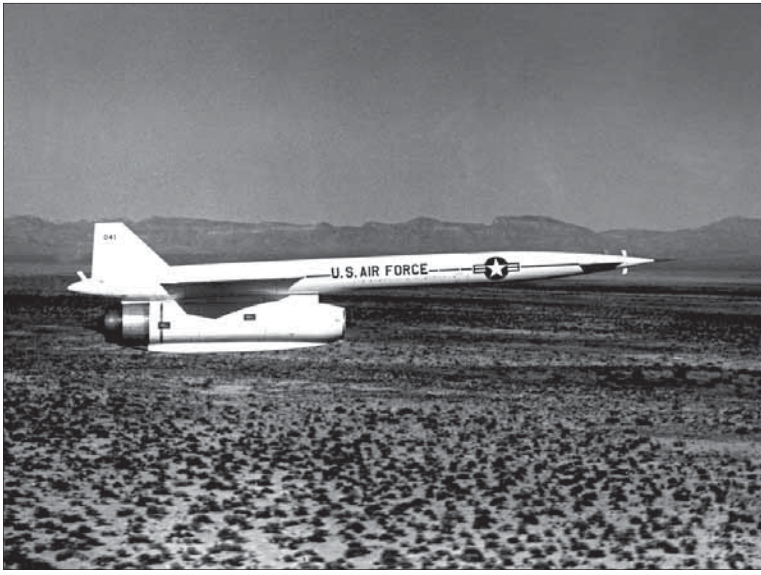
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U.S. AIR FORCE PHOTOS

**A THROWBACK TO 1968**

On June 25, 1968, the 455th Strategic Missile Wing was redesignated to the 91st Strategic Missile Wing. Within one year after the redesignation, 91 SMW was selected as the first Missile Wing in the Air Force to be equipped with the Minuteman III ICBM. Reliable as the Minuteman I had been proven to be, the Minuteman III was the state of the art in ICBM technology. With its Multiple Independently Targetable Re-entry (MIRV), Minuteman III was a powerful addition to SAC's inventory of strategic aerospace deterrent weapons. The switch from Minuteman I to Minuteman III was accomplished through the Force Modernization Program, otherwise known as "Force Mod". Preparations in every facet of the 91 SMW function began immediately upon notification of the Wing's selection for the program and, during the fall of 1969, the 91 SMW had accomplished all final preparations. On January 12, 1970, the first flight to undergo the modification, Hotel Flight, in the 741st Strategic Missile Squadron, was released to Boeing, the prime contractor. Flight by flight, the Minuteman I was replaced by Minuteman III, and on December 29, 1970, all flights within the 741st SMS had been accepted by USAF and repostured, rendering the 741st SMS, the first Minuteman III squadron in the Air Force. The Force Modernization Program progressed true to 91 SMW style: smoothly, ahead of schedule, and without a hitch. On December 13, 1971, Oscar Flight was the last Minuteman III flight accepted by the 91 SMW. That acceptance drew to a conclusion the Force Modernization Program at Minot AFB, rendering the 91 SMW the only fully equipped, combat-ready Minuteman III wing in the Air Force.



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**HOLIDAY FIRE AWARENESS**



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The holiday season is up on us again! That time of year when friends and family travel, decorations are hung and festive meals are prepared. In the mist of the holiday cheer and spirit, let us not forget about safety. This is something that must be on the forefront of the activities we have planned and are engaged in. When comes to lights and decorating; inspect the condition of the electrical cords for frayed wires, kinks and cracked sockets. Only use appropriate replacement light bulbs. Do not over load wiring with more than three light strands connected together unless the safety label for the lights states otherwise. Overloaded and poorly maintained electrical circuits and cords present a serious fire hazard.

Decorations should be non-flammable or flame resistant and placed away from heat, electrical or ignition- source. Paper chains, strung popcorn garland, homemade or crafted items are great. However, this is could become a problem is not displayed and cared for properly!

Live trees should be freshly cut and not dried out. Once your tree is in place, away from a heat source, ensure that it is kept well hydrated and the needles are hard to pull out of the branch. Should a tree catch a fire, it can quickly engulf a room and fill the air with toxic smoke and fumes.

One more tip to leave you with, scented candles fill the room and air with smells that places you in a cheerful mood. Never leave a burning candle unattended. Unattended candles have been the cause of many house fires. According to the United States Fire Administration, each year fires claim the lives of over 400 people, injure 1,650 more, and cause over \$990 million in damage over the holiday season alone.

Sure this is the time to have fun and enjoy the current holiday season, let's do our part to reduce these figures and the chances of an incidents occurring. By taking an extra second to practice personal risk management, this can mitigate a lot of these avoidable incidents.

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# Festival of Trees: Fun and Free Activities

FESTIVAL OF TREES

The Festival of Trees is back this year, with fun and inspiring events for all ages on Friday and Saturday, Nov. 19-20 at the ND State Fair Event Center.

Starting at 12 Noon on Friday, guests can shop for unique items and treats for Thanksgiving from local vendors at the Dakota Holiday Market and Sweet Shoppe. Also on Friday, at a new event, "Tea in the Trees", participants will enjoy sweet snacks and warm beverages while listening to local school choirs and bands from 1:00 – 4:00 pm. Friday evening, the family can watch a Lefse Rolling Demonstration and taste the popular Norwegian treat with their favorite toppings. The demonstration is part of a new event, "Uff Da!, Oh What Fun Night", which also includes a Christmas Cabin Escape Room, Professional Family pictures for your Christmas Card, pictures with Santa, and of course, more shopping, from 4:00 – 8:00 pm. All events on Friday, including the Family Pictures, are FREE TO EVERYONE, with donations accepted for the work of Dakota Hope Clinic.

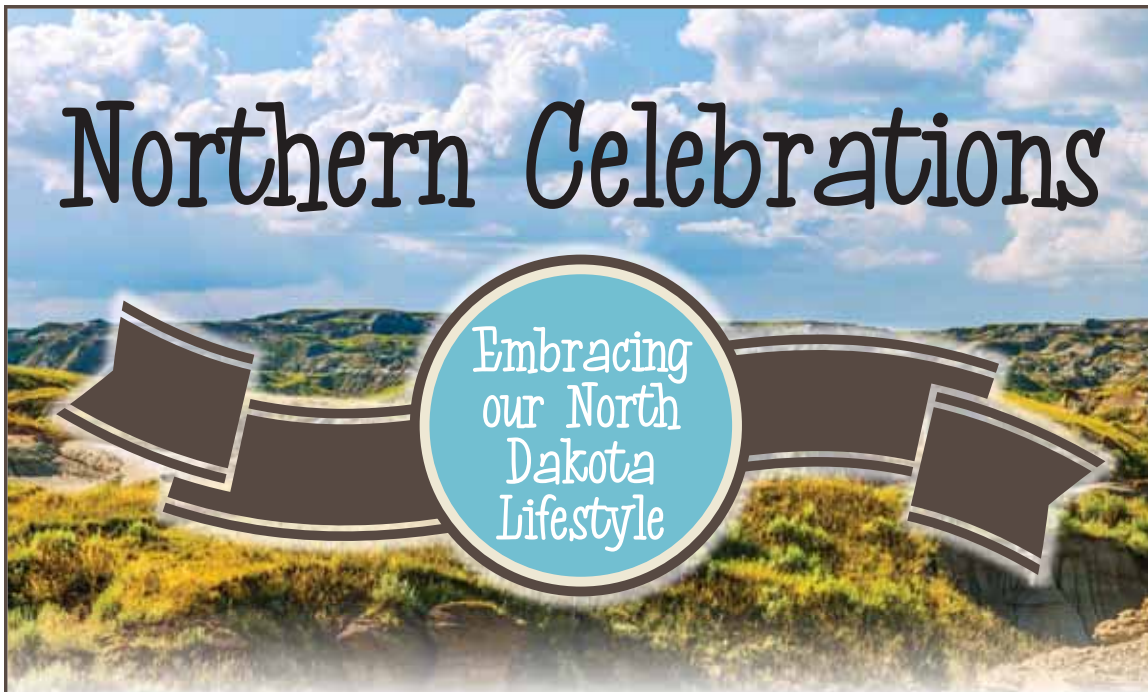
The fun continues on Saturday, with shopping at the Dakota Holiday Market and Sweet Shoppe which will be open for business from 9:00 am to 3:00 pm. Saturday opportunities include "Dashing Through the Snow", a 5K Run/Walk or Family Fun Run/Walk outdoors at 12 Noon, and "Follow the Star Family Fun Treasure Hunt", a chance for children to meet all the characters who played a part in the first Christmas from 10:am to 12 Noon and again from 1:00 pm – 3:00 pm. Between 10:00 am and 3:00 pm, local musicians will entertain guests at "Concert in the Trees", with singer, songwriter and storyteller

Chuck Suchy from Mandan as the closing performer from 2:00 – 3:00. All events during the day on Saturday, are FREE TO EVERYONE, except for the Run/Walk. Donations to Dakota Hope accepted.

Silent Auction items, wreaths, and decorated Christmas Trees will all be available for viewing in person and online during the 2 days of the Festival. Bidding (all online) on the silent auction items will begin at 12 Noon on Friday and continue till the close of the Dinner and Auction on Saturday night. Assistance will be available for anyone who needs help signing up to be a bidder or placing bids with the online system.

Tickets are required for the Dinner and Auction, the signature event that closes out the Festival on Saturday evening. With doors opening at 5:00 pm, a Nordic Christmas Feast will be served starting at 5:30. Chloe Marie will entertain and bidders will have a chance to purchase a decorated Christmas Tree or other items at the Live Auction. The evening will end with the close out of the Silent Auction. Festival of Trees is sponsored by Dakota Hope Clinic to raise awareness of and funds for their services. Call 701-852-4675 or go to [www.festoftrees.com](http://www.festoftrees.com) for information on all events, sign up for the Run/Walk, register as a bidder, or buy tickets for the Dinner and Auction.

Proceeds will benefit Dakota Hope Clinic, the only life-affirming pregnancy help center in north central and northwest North Dakota. The 501(c)(3) Christian non-profit organization was formed to help women and men facing an unintended pregnancy. All services at Dakota Hope Clinic are 100% free and confidential.



## A wildlife crime

Patricia Stockdill

Somebody ruined it for everyone else.

There is a reason "No hunting" signs embrace every corner of the pasture and CRP: It lies squarely on the shoulders of the people who poached a beautiful buck and left it to rot.

They knew exactly what they were doing.

It wasn't their first rodeo, evident by the fact they didn't even field dress it or remove its hide. Instead, they sliced out the loins – the delicious, most tender meat on an animal – took the hindquarters, and left the rest.

Their method of taking the meat was a sure indication they knew how to get what they wanted and get it quickly. They also knew it wasn't visible from the road by leaving in the shelterbelt.

But what they didn't know is there was a game camera on the property. No, make that three game cameras strategically placed throughout the area.

They also didn't pay attention to the nearby tree stand, probably because it was dark outside when they committed the crime.

Sadly, that deer wasn't the first – or second – one poached there.

Fences had been cut earlier that same year, even before deer season, and tracks led to the northwestern corner of the pasture – an indication a dead deer was likely at the end of the drive.

Two years earlier, a small doe was found wrapped in a garbage bag atop a knoll.

Judging by its skull damage the criminals obviously shot it at close range but didn't want to leave evidence by the road. Not only did they scoop up the remnants of the carcass, they also put the field dressed organs in another black plastic garbage bag.

Both bags were near the pasture, away from the road, and out of sight of a farmyard

At least they took a little bit of meat so, like the buck, it wasn't totally wasted.

Posting land to all hunters because of the acts of criminals only punishes the innocent.

However, for many landowners tired of dealing with the minority of people who commit game violations, it's their only recourse.

It's the only way they can vent their frustrations when people aren't caught in the action of the crime.

Maybe it will wake up hunters to the fact that unless they police themselves, they will continue to find "No hunting" and "No trespassing" signs dotting the landscape.

They will also find themselves checking the N.D. Game and Fish Department's new app frequently to find out if land was posted electronically – no physical signage necessary when landowners go that route.

The public can play a role in discouraging poaching, as well, and they don't have to belong to the hunting community.

Anyone can report a wildlife violator, the all-too-polite way of saying what they really are – criminals.

When wildlife – any wildlife – is poached, everyone loses because wildlife belongs to everyone. It's the public's resource.

The easiest way to report a wildlife violation is to call the Report All Poachers telephone number, (701) 328-9921. Get as much information as possible – vehicle description, license plate numbers, etc. – and report it as quickly as possible when details are fresh in a person's mind.

Callers remain anonymous.

Reporting violations may or may not result in arrests, charges, or convictions.

But it might just make someone think twice if they know there is the potential they could be fined and lose hunting equipment and vehicles.

North Dakota is a member of the Wildlife Violators Compact (WVC), which means that if a game violation conviction costs the criminal their hunting rights in North Dakota, it also costs them those rights in all WVC states.

The Wildlife Violator Compact began in 1989 when Colorado, Nevada, and Oregon entered into the agreement.

It doesn't matter if it was that beautiful buck that was poached or the little doe. It doesn't matter what species is illegally taken.

It's still a crime and deserves due justice.

### SCALLOPED POTATOES WITH BACON & CHIPOTLE CREAM



#### INGREDIENTS

- 1 (7 OZ) CHIPOTLE PEPPERS IN ADOBO
- 2 CUP HEAVY WHIPPING CREAM
- 2 STALK GREEN ONIONS, TRIMMED, WHITE AND GREEN PARTS THINLY SLICED CROSSWISE (OPTIONAL)
- 4 LARGE RUSSET POTATOES
- VEGETABLE OIL
- SALT AND PEPPER
- 3 CUP SHREDDED MEXICAN FOUR-CHEESE BLEND
- 3 SLICES BACON
- SMOKED PAPIRIKA

When ready to cook, set Traeger temperature to 350°F and preheat, lid closed for 15 minutes. In a blender, blend chiles in adobo until a smooth paste forms. Reserve 2 Tablespoons, and save the rest. Make the Chipotle Cream: Bring the cream to a simmer in a saucepan on the stovetop over medium heat. Whisk in 1 tablespoon of the chipotle paste, then taste. Add more if you prefer it spicier. Stir in the green onions, if using. Peel the potatoes and submerge them in cold water to prevent them from turning brown. Oil a 10 to 12 inch cast iron skillet. Working with one potato at a time, very thinly slice it. Fan the potato slices in the bottom of the skillet, season with salt and pepper, then top with some of the chipotle cream and the cheese; repeat with the remaining potatoes until you have 4 to 6 layers of potatoes, chipotle cream, and cheese. Cover with foil. Transfer the skillet to the grill grate and bake the potatoes for 30 minutes. Then remove the foil to encourage browning. Continue to bake for another 30 minutes, or until the potatoes are tender and golden brown. At the same time, lay the bacon strips on the grill grate perpendicular to the bars. Remove the bacon when it is lightly browned and crisp, 20 to 25 minutes. Let cool, then crumble and set aside.

Transfer the scalloped potatoes to a wire cooling rack and let rest for 15 to 20 minutes to firm up. Top with the crumbled bacon and dust with smoked paprika, if desired.



Ryan Davy - GM Minot

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*HOLIDAY WEEKENDS*  
**08:00 PM – 03:00 AM**

# SBA supports North Dakota's Veteran entrepreneurs and their families

ALAN HAUT, SBA NORTH DAKOTA DISTRICT DIRECTOR

It's no surprise that current and former members of the military make great entrepreneurs. The resilience, determination, and fortitude they acquired while in uniform was a great training ground for becoming a successful small business owner. Working in collaboration with our government and community partners, the U.S. Small Business Administration (SBA) plays an important role in supporting service members as they exit the military and become entrepreneurs.

During National Veterans Small Business Week, Nov. 1-5, the country celebrates those veterans, service members, and military spouses that realized their dream of entrepreneurship. This year we give special recognition to those veteran business owners that overcame, and recovered, from the hardships caused by the COVID 19 pandemic.

Historically, veterans have been more likely to start a small business than non-veterans. Nearly ten percent of all American businesses are owned by a veteran. North Dakota is home to more than 52,000 veterans, and many of them see entrepreneurship as a pathway to earning a good living and a way to support their families. Nearly 7,000 North Dakota veterans have made the jump to small-business ownership.

SBA encourages veterans, and transitioning service members, to utilize its programs and services. Here are five SBA resources veterans can leverage when starting their own business.

1. Transition Assistance: SBA and its resource partners support active duty and transitioning service members, veterans, and military spouses through the Boots to Business program, part of the Department of Defense's Transition Assistance Program. This program provides free, high level business training to participants.

2. Entrepreneurial Training: Whether you're a seasoned

business owner or looking to learn business fundamentals, you can tap into SBA's entrepreneurial training programs for help. Resource partners include Veteran Business Outreach Centers which focus their training and counseling resources on veterans and their spouses; Women Business Outreach Centers that assist women in starting and growing small businesses; Small Business Development Centers that offer free, one-on-one counseling and low-cost training services; and SCORE a network of thousands of volunteer business counselors around the country that provides free in-person and online counseling as well as educational workshops.

3. Access to Capital: SBA, and its network of resource partners, understand that access to capital may be a barrier for veterans starting or expanding their business. The first step is to find a commercial lender that participates in the SBA's loan guaranty program. SBA's Lender Match is a free online referral tool that connects small business owners with SBA participating lenders.

4. Government Contracting: Are you looking to pursue federal government contracting opportunities to help grow your business? SBA and its partners have several programs to help veterans access both competitive and non-competitive federal contracts.

5. Your local SBA district office is an excellent place to start your journey in starting or expanding your business. The North Dakota District Office is located in Fargo. The SBA supports our veteran entrepreneurs and their spouses. For more information on SBA's programs and services, please visit [www.sba.gov/vetbiz](http://www.sba.gov/vetbiz). Remember to join in the celebration by following us on Twitter at @SBAGov and sharing your stories with the #VetBiz and #MyVetBiz hashtags.

## BADLANDS RESTAURANT BAR

# Upcoming Events

**13 NOV** **FALL ARTVENTURE**  
 10:00 AM - 11:30 AM  
 Minot Municipal Auditorium  
 420 3rd Ave SW, Minot

Join Minot Parks for arts & crafts this fall and winter! Our first Artventure class of the season will be on Saturday, November 13th from 10:00am - 11:30am at the Minot Municipal Auditorium.

- Classes are \$10 each
- Scholarships are available
- Max 25 per class / first come first serve
- Pre-registration only
- Grades K - 5th
- Registration deadline is the Friday before each class

Parents are encouraged to stay with young children but not required.



For more information:  
 Facebook Event / Fall Artventure

**17-30 NOV** **FESTIVAL OF THE ARTS EXHIBIT AT THE TAUBE**  
 10:30 AM - 5:30 PM  
 Taube Museum of Art  
 2 Main Street North, Minot

Festival of the Arts Exhibit at the Taube! Exhibit Dates: November 17 - December 23. Local artists submissions!

Call for Entries for the Exhibit is still open! Entry Deadline: November 13. No Fees. 16 years & up. All media accepted

If you have any further questions, please reach out to the Taube at [taubemuseum.org](http://taubemuseum.org) or (701) 838-4445.



For more information:  
 Facebook Event / Taube Museum of Art

**19-20 NOV** **DAKOTA HOLIDAY MARKET/ FESTIVAL OF TREES/5K RUN**  
 SEE FACEBOOK PAGE FOR HOURS  
 North Dakota State Fair  
 2005 Burdick Expy E, Minot

The vendor showcase is headed into its second year. Crafters, artisans, bakers, and your favorite direct sellers will be in attendance. Come start your holiday gift shopping and buy your pies or other goodies for Thanksgiving! Many Pride of Dakota and other vendors will be showcasing their unique products! The Festival of Trees is Minot's landmark holiday event. A weekend to kick off the holiday season featuring, a vendor show, 5K run, live music, a live auction with superbly decorated trees along with amazing gift packages on the silent auction, and lots more. Tea in the trees is on Friday afternoon, where we will have live musical entertainment and invite our local retired community members to join us for tea and refreshments.



For more information:  
 Facebook Event / North Dakota State Fair

**20 NOV** **BATTLE OF THE BADGES CHILI COOK OFF**  
 1:00 PM - 3:00 PM  
 Minot Rural Fire Department  
 400 31st Ave SW, Minot

Come support First Responders of Ward County with our first ever Battle of the Badges Chili Cook Off! All Ward County Law Enforcement, Firefighters and EMS will be submitting their best chili recipes to be judged by a group of local celebrity guest judges (to be announced). This is a free will donation event to support the 2021 Shop with a Cop Christmas gift shopping event for underprivileged and at-risk youth in our community. Come support a great cause, enjoy some chili made by your local first responders, and see who wins the title of "Best Chili"!



For more information:  
 Facebook Event / Battle of the Badges Chili Cook Off

## On Base

**GOBBLE UP SKATE NIGHT**  
 19 NOVEMBER 2021  
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Free for Youth Center Members \$3 for non-members + \$9 for families. Refreshments available for purchase, no outside food or drink allowed with the exception of water bottles.

All youth under the age of 9 must have a parent or adult guardian present at all times. Bring your own skates, rollerblades or check out a pair from us! Helmets required for all skaters, other protective equipment is optional. Skates, rollerblades, and other protective equipment limited to a first-come, first-served basis. COVID guidelines will be followed. For more information, call the Youth Center at 733-3838

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# Downtown Christmas: A Minot Tradition

ABIGAIL KINDER, NORTHERN SENTRY

Minot's "Old Fashioned" Downtown Open House is a long standing tradition that brings joy to the community during the holiday season. Each year on November 26, citizens from all over flock to Main Street for the unique celebration that includes a tree lighting, delicious treats, fun activities, and special shopping deals at local businesses.

Margie Bolton, owner of Margie's Art Studio and member of the Minot Downtown Business & Professional Association, said, "It's a kickoff to the Christmas holiday season, and we do it in an old fashioned kind of way with the lighting of the tree and trying to keep everything light and fun. We've done things from roasting chestnuts to carolers in the streets, Santa, cookies, hayrides... all the old fashioned celebrations."

This year, Margie's Art Studio will be participating with gourmet hot cocoa, paw print ornaments, and puppacinos for visitors' furry friends. There will also be live music, holiday snacks and drinks, and more at businesses all over downtown Minot throughout the day.

One other special family-friendly attraction is coming to Minot this year as well. Santa Claus and his reindeer will be visiting The Spot, as well as Hint of Whimsy Photography who will be there to take photos for long-lasting memories. The Spot owner Sherri McGlaughlin has also planned to serve hot chocolate and s'mores. Several businesses will be having sales and promotions to encourage shoppers to buy local. The Open House is a chance for the community to gather and not only begin the holiday season, but to support the small businesses that make Minot so special.

Minot's Downtown Open House had to be reevaluated and the tree lighting ceremony went virtual last year due to the COVID-19 pandemic. For the business owners and people of Minot, this year's celebration will be a welcome return to normalcy. "The merchants look forward to seeing everybody for this Open House as much as the community

looks forward to it," said Bolton. "We've been doing it so long that we'd feel empty if we didn't do it. It's really a celebration for everybody."

And the Downtown Open House truly is. Whether it is Airmen, children, dogs, or anyone else, the event has something for everyone. "It's pet friendly, kid friendly, family friendly... there's so much to do and lots of great businesses that will have holiday specials. You can grab lunch and warm up before going to the Christmas Tree Lighting, so it's a great kickoff to the holiday season," said McGlaughlin.

The annual holiday celebrations have been going on for as long as anyone can remember, and the DBPA hopes to continue it for years to come. "I think it's like our own Times Square tradition. New York has been doing it for

years and years, and the people just love it and go every year. There's just something about it that evokes a feeling of time passed and thinking of other people. It's even something that we've brought to other generations. Someone used to come with their parents and now they are bringing their kids with them. It is multi-generational," said Bolton.

The Christmas Tree Lighting Ceremony will be held at the end of Main Street on Nov. 26, 2021, at 6 p.m. CDT, and Open House specials will be all throughout the day in downtown Minot. To find out more information, visit the DBPA Facebook page or check out next week's Northern Sentry for our Christmas flyer, featuring all the details of the 2021 holiday celebrations!



Each year on November 26, citizens of Minot gather for a special tradition: the Christmas Tree Lighting Ceremony and Downtown Open House. The day is full of family-friendly activities, gourmet holiday themed snacks and drinks, and shopping deals for people to gather, kick off the season, and support local businesses.

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# Meet our newest FCC Providers!

Minot Air Force Base's Family Child Care program recently added eight new licensed providers to its team. All of the providers became licensed in October, with four completing their licensing process in a record 14 days. The ever-growing FCC program now boasts 24 dedicated providers who supply Airmen and families with quality, in-home childcare. Please welcome Taylor Hay, Savannah Luckey, Mysti Rothe, Kari Rash, Tamesha DenBleyker, Hadley Kindt, Ariel Churby, and Odalis Martinez! So what encouraged these women to join the FCC team?



**TAYLOR HAY**

I became an FCC provider because kids are so pure and I feel like we learn more from kids than they learn from us. I want to be able to help and watch them grow. I also love that I get to stay at home with my son.



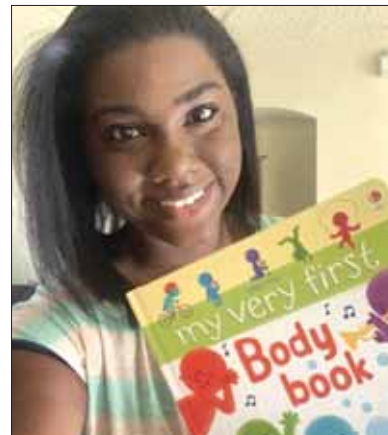
**SAVANNAH LUCKEY**

Well hello there Minot AFB, my name is Savannah. I am California raised and very glad to be here! I am a newly licensed FCC provider here on base. Why did I become a provider? The answer to this question can really be answered by another question: Why are children so fascinating? The joy and innocence that they express, reminds me of how simple it is to truly learn the world around me all over again. I became a provider because I love to learn and I love watching children learn, especially when I know at some point we all started there. Even better? Getting to do that from my own home? I couldn't resist. I plan to use my seven years of experience of working with children, to just LEARN and GROW with them. I am so thankful for this opportunity and I couldn't have done it without the consistent and reliable support of my husband and family.



**MYSTI ROTHE**

Working with and helping children grow to their fullest potential has been a great passion of mine, and because of that I have spent the better part of the last 15 years working with children and educating myself on early childhood development. I started babysitting at a very young age, have worked in several childcare facilities to include Air Force Child Development Centers, and have received my Bachelor's Degree in Psychology with an emphasis in early childhood education, among other achievements and trainings. In addition to this, I am a mother to one and an aunt to a bushel, with six brothers and sisters of my own. I am from a military family and have been married to my husband for nearly a decade, having experienced all of the trials that military life has to offer.



**TAMESHA DENBLEYKER**

Hi, I am Tamesha DenBleyker. I decided to become an FCC provider because I enjoy watching and helping little ones grow and learn. It is such an amazing thing to watch a child learning about new things with smiles on their faces.



**KARI RASH**

My love for this program goes back to when my oldest son was a preschooler. He had an amazing FCC Provider and she was absolutely wonderful with him. When I asked her how she was able to do this program in her home on base, she told me about FCC. I inquired about it and did the training, but what really hooked me was how much the other providers enjoyed it. Once I got my first clients, it was like I had found a calling. The job is fun, being around the children is refreshing. They have this way of looking at the world that is so different and so amazing to watch. They'll learn things through play and through songs and stories. They find joy in things we miss, like the shapes in clouds or the way their shadow looks when they jump in the air. It's refreshing to do a job where I get to learn from little ones. I'm learning more from them, because they're teaching me to slow down and appreciate what's right in front of me. I grew up in Dillon, Mont., and I am the oldest of five children. My mom is a retired childcare provider and my father is a pastor. He also worked with my mom in their childcare home, alongside his ministry. I've been married to my husband David for 15 years and we have five children together. Minot is our third Northern Base and we are so excited to be here! Being up north is great for our outdoor hobbies of hunting, camping, fishing, and ice fishing. We enjoy these hobbies together as a family and individually. I have been a Family Childcare Provider since May of 2010. This program is something that I am absolutely passionate about: being able to take care of children, so that their parents can complete the mission.



**HADLEY KINDT**

Hello, I'm Hadley Kindt and a new FCC provider! I was born and raised in Pueblo, Colo., where I met and married my husband. We have lived in Altus, Okla. where we welcomed our son before moving to Minot and welcoming our daughter 2 1/2 years later. I enjoy all types of music, different areas of crafting such as sewing and painting. I have previously worked in the medical field with the elderly, those with mental illness and in a hospital laboratory. I also have a lactation counselor certification and plan to dive further into receiving a nursing degree. I have decided to become an FCC provider because I feel like if I don't want to be part of the problem, I need to become part of the solution. My family and I are excited to open our home and to be able to help other families with their childcare needs.



**ARIEL CHURBY**

My name is Ariel Churby. I'm from Pittsburgh, PA. I've been a military spouse for 10 years. I have two wonderful children. I have many years of experience with special needs care, as well as foster care. I love crafting, traveling, shopping, and spending time with my family at the racetracks. My family and I PCS'd to Minot this fall and after seeing the demand for childcare, I wanted to help this military community by giving the parents the comfort of knowing that their children are in the best care while completing the mission. As a parent myself, I also see this as an opportunity for my child to learn and grow with others.



**ODALIS MARTINEZ**

I am originally from Venezuela and came to the U.S. in 2015 with a volleyball scholarship to play and study in a community college in Kansas. I speak Spanish, English, and am currently learning French. I love dancing, sports, and volunteering. My husband and I have been in Minot for almost five months now and look forward to helping families on base. I wanted to become a provider because I love kids, making activities for them to enjoy, and seeing them grow their abilities. I also wanted to become a provider to help and support families from the Air Force because I know that childcare is a big need in our community.



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# New survey suggests military teens are struggling

STACY ALLSBROOK-HUISMAN

A recent survey of military-connected teens reveals that they have been struggling during the pandemic due to 18 months of lockdowns coupled with the added stressors of moving to new communities, school transitions and deployments.

The Military Teen Experience Report, conducted by National Military Family Association (NMFA) and founders of the website Bloom, polled more than 2,100 military teenagers between the ages of 13-19. They came from

both officer and enlisted families and a balanced mix of active-duty, reserve, Guard, veteran and retired.

Participants answered questions about mental health/well-being, deployments, food insecurity, abuse and generational military service. The results highlight the deepening struggle military teens are experiencing today.

Besa Pinchotti, NMFA's executive director, says reaching military families is part of its core mission, but teen voices often go

unheard.

"Reaching adults is easy; reaching military teens is a challenge," she said.

More than 40% surveyed said they were experiencing low mental well-being, but the majority (45%) felt moderate feelings of well-being. The survey summary states: "In our research, mental well-being and number of deployments or separations from a military parent were statistically significantly related to each other. Military teens who reported experiencing more deployments or separations lasting three months or longer generally reported lower mental well-being."

One teen respondent described a difficult aspect of his/her life.

"Loss. Not death, but having everyone around you constantly disappear. Adjusting to a new school is tolerable, but losing those close to you hurts like hell."

Matthew Oh and Elena Ashburn, the military teen founders of Bloom, say they hope the survey amplifies voices.

"The COVID health crisis and pandemic restrictions have made it difficult for us to connect and thrive. Our survey supports this," said Oh.

Aside from inquiring about the mental health of military

teens, the survey also asked about family legacy and military service. A surprising 64% of military teens said they plan to serve in the military as an adult, an overwhelming majority of respondents. The survey's summary compares these statistics to a 2019 Department of Defense poll of American youth that found only 13% of Americans ages 16-24 had an interest in military service.

"We are the future. We are the military leaders of tomorrow. And from what this survey says, we are not ok," said Ashburn. "We need adults to listen to us, hear our story, support us."

Bloom and NMFA also wanted to know if military families have struggled to put food on the table through the pandemic. Nearly 36% of teens said they were concerned that they would run out of food before their families had money to buy groceries, and 28% said they were sometimes concerned. The answers weren't surprising for Besa at NMFA.

"We work on this day in and day out," she said. "Military families are worried about food, we know this. We are working to add provisions to the National Defense Authorization Act to support our families."

She points to a recent 2021

NMFA study which says 14% of 11,000 military families surveyed visited charitable food distribution sites to make ends meet.

NMFA has designed programs geared for military youth in their popular Operation Purple Camp and will continue to push for policies that protect those who protect us and their families. They are lobbying for changes to SNAP benefits (formerly known as food stamps) and their ties to Basic Housing Allowance so military families can qualify for SNAP. They are also lobbying for a Basic Needs Allowance for military families who are financially struggling, especially those who are stationed in areas with a high cost of living.

Together, NMFA and Bloom plan on publishing a Field Guide for Military Teens — resources for teens and the adults who support them — in spring 2022.

Besa stresses that "Military teens of today are the future force of tomorrow. We need to support them now with meaningful policies and programs. That's what NMFA is focused on."

This story originally appeared in Military Families Magazine.



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- 1/2 Flat Bread Pizza

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- Thursday \$1 up for all Tall Taps (all day)
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# DoDEA Virtual School

The Department of Defense Education Activity (DoDEA) launched a new program this school year aimed at expanding eligibility for dependents of members of the armed forces on active duty to register into the DoDEA Virtual High School (DVHS). The Expanded Eligibility Pilot is available to students in grades 9-12 for the 2021-22 school year and is now accepting applications for Spring semester.

In order to be eligible for the program, students must be the dependents of active-duty military members serving in remote locations that do not have access to a DoDEA brick-and-mortar school. Minot Air Force Base is one of the approved installations for this program and Minot Public Schools is prepared to process student requests. Participants registering in the DVHS as part of this program must obtain the approval of their local school system. Homeschooled students



RACQUEL LABADIE, GS-11  
SCHOOL LIAISON SPECIALIST  
CHILD AND YOUTH EDUCATION SERVICES



who do not have access to a DoDEA school can also register for the Expanded Eligibility Pilot Program. Enrollment in the program will be limited to 400 students, split evenly among the four services. Preference will be given to students entering the 12th grade. The pilot program was authorized as part of the 20-21 National Defense Authorization Act (NDAA), giving it the authority to expand the eligibility for DVHS to stateside active duty military dependents in grades 9-12 who

are currently ineligible for the DVHS program. The program offers students the chance to take up to two courses from a selection of more than 30 courses that are already offered by the DVHS. These courses include Advanced Placement, world language, and Career Technical Education. For more information visit the website [www.dodea.edu/dvs/e2p2.cfm](http://www.dodea.edu/dvs/e2p2.cfm) or contact the School Liaison at 701-723-1447 or [mafbschool.liaison@us.af.mil](mailto:mafbschool.liaison@us.af.mil).

## 2021-2022 MPS CALENDAR



### IMPORTANT UPCOMING DATES

**November 11**  
Veteran's Day - No School

**November 25**  
Thanksgiving Day - No School

**November 26**  
Vacation - No School

**December 23**  
P/T Comp Day - No School

**December 24-January 3**  
Vacation - No School

November 2021							19 days
S	M	T	W	T	F	S	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

December 2021							16 days
S	M	T	W	T	F	S	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

- PD Days - contracted days
- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days



## EXPANDED ELIGIBILITY PILOT PROGRAM

### Now Accepting Applications!

The Expanded Eligibility Pilot Program (E2P2) gives military-connected high school students without access to a DoDEA brick-and-mortar high school the ability to take up to two online courses through the DoDEA Virtual High School. These courses supplement classes offered at local schools and must be used toward graduation requirements. Course areas include Advanced Placement, World Languages, and Career Technical Education. The E2P2 is designed for students with an active duty parent stationed in remote locations or who are homeschooled. The program is limited to 400 enrollments per year, so be sure and submit your application right away.

Submit your application at:

[www.dodea.edu/dvs/e2p2.cfm](http://www.dodea.edu/dvs/e2p2.cfm)

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# Hess Donates Toy Trucks to Elementary Schools in North Dakota

New Hess Cargo Plane and Jet Toys will be used to teach STEM in a fun and engaging way

- Over 6,700 Hess Toy Trucks will be donated to ND elementary schools
- Each elementary school will receive a set of 24 trucks with associated STEM curriculum guide

HESS CORPORATION

Hess Corporation (NYSE: HES) announced today that it will donate the just-released 2021 Hess Cargo Plane and Jet STEM education kits to every elementary school in North Dakota for the fourth straight year, totaling 6,720 trucks in all. Aligning with the state's Strategic Vision for education, Hess has again partnered with the North Dakota Department of Public Instruction to find new opportunities for interactive teaching and learning. The STEM curriculum guide, designed by Baylor College of Medicine's Center for Educational Outreach, uses the 2021 Cargo Plane and Jet model of the iconic Hess Toy Truck line as a learning tool that introduces elementary age students to different STEM concepts in a fun and engaging way.

The first school to receive the toy truck kits this year is Wilton Public School, where 53 students in grades 3-5 will be participating in the STEM lessons. "These Hess toys and curriculum give our North Dakota elementary

school educators another way to introduce STEM instruction to our young students. This is an excellent example of collaboration between our schools and private business that benefits students and their families," said Kirsten Baesler, North Dakota's state school superintendent.

Brent Lohnes, General Manager for North Dakota said, "Hess' mission is to be the most trusted energy partner wherever we operate and to make a positive impact in the communities where we live and work. We are proud to play a role in North Dakota supporting education and STEM."

The 2021 Hess Cargo Plane and Jet, used in combination with the curriculum, Fun-damentals of Flight, provide a powerful STEM learning experience that engages as it teaches. The Cargo Plane is an impressive, six turbine engine, heavy-load transport aircraft. Colored in white with a green undercarriage, bold green striping, sparkling chrome nose cone and accents, the plane includes free-rolling foldable landing gear,

and 32 high-visibility lights that provide an impressive glow. A quick press of the taillight will release the rear cargo bay doors to provide access to the Jet. A hidden slide out ramp makes loading and unloading the expansive, internally illuminated cargo bay a breeze. With nearly 14-inch-long fuselage and 15-inch wingspan, the Cargo Plane is the largest Hess vehicle ever. The accompanying Jet completes the flying duo.

Hess will ship the toy trucks to each elementary school in North Dakota, and the STEM curriculum will be available for download or will be distributed electronically. Teachers will be able to use the materials as part of their curriculum going forward. The Hess Toy Truck has been a holiday tradition since 1964 and is one of the longest running toy brands in the U.S.

Hess Corporation is a leading global independent energy company engaged in the exploration and production of crude oil and natural gas. Hess has maintained a presence in North



HESS CORPORATION PHOTOS

Dakota since 1951 and is today one of the largest producers of oil and gas in the state. In the past several years, Hess continues the commitment to North Dakota by investing in community initiatives

to strengthen education, workforce development, health and human services as well as support disaster relief. More information on Hess Corporation is available at <http://www.hess.com>.



# Honor Roll

FIRST quarter 2021

## Highest Honors

**8TH GRADE**  
Noelani Alpiche Martinez  
Levi Balas  
Jordan Bell  
Belle Black

**7TH GRADE**  
Taylor Doan  
Arianna Forth  
Alina Gascon  
Dylan Graham

**8TH GRADE**  
Lily Wilson  
Trinity Ford  
Aidan Ward  
Keylynn Wilson  
Maranna Amber Malixi  
Taylor Olson  
Marianna Straut  
Evan Berg  
Angelita Mendez  
Gabriel Mendez  
Faith Sirotkin  
Victoria Vadala

Chloe Cummock  
Olivia Derevage  
Ayla Frushon  
Jaxon Hann  
Elliana Kornelis

Jayne Hayes  
Khylah Jacinthe  
Layton Kelly  
Arianna Largaespada  
Emma Nemish

**7TH GRADE**  
Christina Ann Beahan  
Davinity Perez-Williams  
Jaxon Ruppert  
Gabriel Montgomery  
Joshua Myers Jr  
Samiya Shoemaker  
Macey Blake  
Taylor Toro

## Honors

Anna Largaespada Castillo  
Keegan Mason  
Diego Paez  
Tianna Sikes  
Jaden Dale

Megan Watts  
Brendon Weber  
Aiden Finney  
Emily Hooper  
Gabriele Reed

**6TH GRADE**  
Melanie Loving  
Jay Gutierrez  
Jack-Tyler Karst  
Frank Prebble  
Sophia Sirotkin  
Tenley Ward  
Fiona Burton  
Joseph Hudnall  
Truman Jones  
Alexander Gall  
Ava Loucks  
Peter Michaud  
Jocelyn Isza  
Emary Maldonado

Ivy Middents  
Dominik St Andre

Lorix Starner  
Sadie Tilstra  
Caleb Jones-Dow

**6TH GRADE**  
Addison Ayers  
Taliyah Braddy  
Isabelle Brown  
Anna Dammeier  
James Elizondo  
Moses Ellis III  
Emma Garcia  
Ariana Gonzalez  
Chloe Hanshew  
Luciana Mason

**8TH GRADE**  
John Cash  
Lilliana Fox  
Javan Gandalal  
Jonah Hawkins  
Elijah Baltazar  
Matthew Brown  
Landyn Stanton  
Yuuki VanHoose  
Kayla Gutierrez  
Ethan Grubbs  
Brooklyn Knox  
Shane Thomas  
Kouki VanHoose

Christian Mendoza  
Nariyah Patera  
William Rector  
Tova Rogers  
Elizabeth Brown  
Evelyn Brown  
Graysen Burdette  
Mason Culver  
Ian Finney  
Sara Garver  
Brett Gorecki

**7TH GRADE**  
Elizabeth Patton  
Alexis Wilson  
Mathew Bedell  
Tryston Keilman  
Ayden Schuetz  
Dylan Ewalt  
Glen Geyer  
Hayden Lippolis  
Kylie Hanshew  
Madilynn Knupp  
Carsen Palmer  
Kaylee Thorn  
Zafirah Aguilera  
Eva Blackmon  
Braiyn Patterson  
Jaydon Sikes  
Wyatt Statham

Kay'leigh-Jayde Hollinquest  
Hailey Kennedy  
Mason Lippolis  
Lilith Straut  
Kenai Alicea  
Aiden Bell  
Mason Foerster  
Penelope Reed  
Trenten Rider  
Lanaiya Edwards  
Kaitlyn Foley

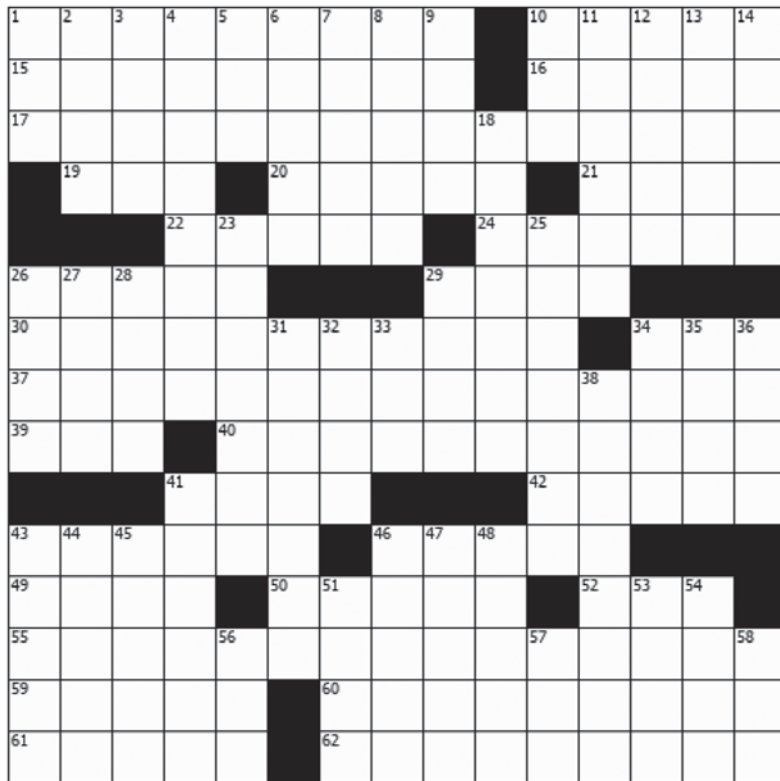
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Ryland Russell  
Brock Berg  
Bennett Flavin  
Joshua Roberts  
Aiden Skates  
Atreyu Street  
Olivia Workman  
Jaxon Meyer  
Lucas Carneiro-Newsome  
Daylen Frost  
Jada Hawkins

Haylee Martinez  
Richard Vengels  
Miles Wheeldon  
Kingston Bridges  
Anthony King  
Stella Prebble  
Nicole Szabo

# CROSSWORD PUZZLE

**Across**

- 1. Irregular marks
- 10. It has a pointy head
- 15. Transportation system for the disabled
- 16. Arum family plant
- 17. Choice words
- 19. Tailor-made part
- 20. Movado alternative
- 21. Close
- 22. Former Romanian prime minister \_\_ Roman
- 24. Pretended
- 26. Mug
- 29. Cleaning agents
- 30. It might cover your elbows
- 34. Tine target
- 37. "Who knows?"
- 39. Ernie on the links
- 40. Like humanitarians
- 41. Alpine capital
- 42. Primitive abode
- 43. Window dressing
- 46. Brown hue
- 49. Regrettably
- 50. Lady who was a friend of Shaw
- 52. What summers do
- 55. Choice words
- 59. "This is \_\_"
- 60. "The Loco-Motion" singer
- 61. Helped find
- 62. Cockney, for one



**Down**

- 1. Reagan-era prog.
- 2. Nitty-gritty
- 3. Zap
- 4. Majestic
- 5. Eastern principle
- 6. Hard cover
- 7. Staff builder
- 8. Ex-sluggo Murray
- 9. Look for
- 10. School subj.
- 11. Lothario's array
- 12. Root, for one
- 13. One way to think
- 14. Totaled
- 18. Ape
- 23. Put in
- 25. Cross-reference words
- 26. It can be treated with warm compresses
- 27. Trade item?
- 28. Earthbound birds
- 29. Big name in comedy
- 31. Take in too much
- 32. Penn name
- 33. Dull attachment
- 34. Look like a spy
- 35. Women's issue
- 36. French high spot
- 38. Poem with the line, "Ah, distinctly I remember, it was in the bleak December"
- 41. Most immoral
- 43. Calamitous
- 44. Winged
- 45. Solidified
- 46. Places in the heart
- 47. Sloughs off
- 48. Three-time A.L. batting champ
- 51. Matchless
- 53. Exploit
- 54. Honky-tonk
- 56. Robert of "Quincy, M.E."
- 57. Bass, e.g.
- 58. Sea dog

# SUDOKU

				<b>1</b>		<b>2</b>		<b>3</b>
					<b>3</b>	<b>4</b>		
<b>5</b>			<b>6</b>			<b>7</b>		
<b>2</b>		<b>5</b>			<b>4</b>		<b>3</b>	
<b>8</b>		<b>4</b>				<b>1</b>		<b>9</b>
	<b>6</b>		<b>2</b>			<b>8</b>		<b>5</b>
		<b>7</b>			<b>9</b>			<b>6</b>
		<b>2</b>	<b>8</b>					
<b>3</b>		<b>1</b>		<b>5</b>				

Solution to puzzle on page C10



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## CROSSWORD SOLUTION


Solution to last week's Crossword puzzle.

T	I	C	S		E	B	B	S		M	A	M	A	
O	B	O	E	S		S	A	R	A		E	G	A	D
M	E	L	E	E		T	H	O	U	S	A	N	D	S
C	R	U	S	A	D	E		S	T	E	N	O		
A	I	M		M	E	E	T		E	L	I	S	H	A
T	A	N	K		E	M	I	T		L	E	T	U	P
		Y	A	P		R	I	C	E		I	L	E	
		M	I	D	D	L	E	A	M	E	R	I	C	A
T	A	M		D	Y	A	D		S	S	T			
S	U	P	E	R		R	E	D	S		S	A	P	S
P	L	A	N	E	S		S	I	N	G		Z	I	P
		I	S	S	U	E		S	A	U	S	A	G	E
J	E	R	U	S	A	L	E	M		F	E	L	O	N
O	V	E	R		V	I	S	A		F	R	E	U	D
B	A	D	E		E	A	S	Y		F	A	T	S	


REEL TIME THEATER MOVIE SCHEDULE




ETERNALS



HALLOWEEN KILLS



HALLOWEEN KILLS

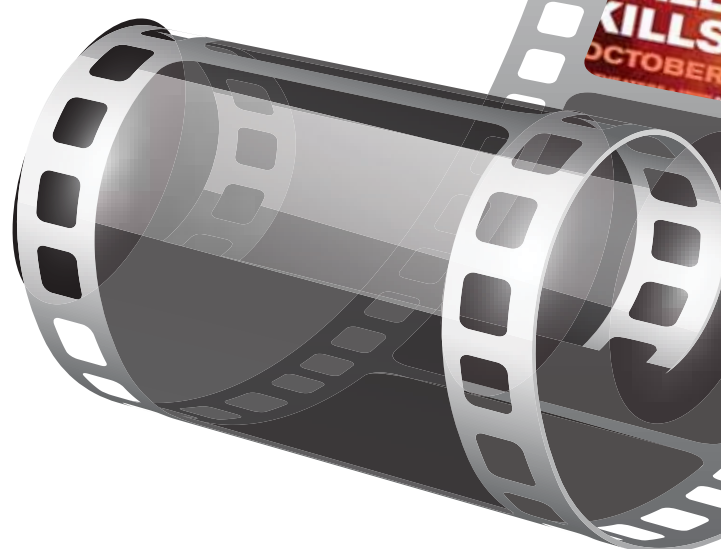


HALLOWEEN KILLS

FRIDAY, NOV 12 1800  
**ETERNALS IN THE BEGINNING** (PG)

SATURDAY, NOV 13 1800  
SUNDAY, NOV 14 1500  
**HALLOWEEN KILLS** (R)

FOLLOW REEL TIME MOVIE THEATER ON FACEBOOK OR MINOT EXCHANGE WEBSITE FOR UP TO DATE MOVIE LISTINGS





# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

<p><b>Chapel Services at MAFB</b> Protestant (North Plains Chapel in Base Housing) <b>Sunday Community Service</b> 1030 a.m. (Holy Communion 1st Sunday) Children's Church during school year</p> <p>Catholic Mass (Northern Lights Chapel across from Rockers) Sunday ..... 1000 Daily ..... Monday-Thursday at 1200</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b>  <b>109 6th St. SE</b> <b>Minot • 838-3094</b></p> <p><b>Saturday, November 13</b> Vespers, 5PM</p> <p><b>Sunday, November 14</b> Divine Liturgy, 10AM</p> <p><b>V. Rev. Fr. Paul Hodge</b></p>	<p> <b>Break Forth BIBLE CHURCH</b> Wednesdays 7:00pm and Sundays 10:30am <b>1821 W Burdick Expressway</b> For More Information: <b>701.353.9337   www.bfbc.tv</b></p>	<p> <b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School &amp; Fellowship ..... 9:00 a.m. Worship ..... 10:30 a.m. <b>www.trinitychurchminot.org</b></p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot</b> <b>838-0916</b> <b>MinotBibleFellowship.org</b></p>
<p> <b>Faith United Methodist Church</b> <b>5900 Highway 83 N, Minot</b> <b>www.faithumcminot.com</b> <b>Pastor Ken Mund</b> <b>701-838-1540</b></p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p><b>Minot Baptist Church</b> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>Cornerstone Presbyterian Church</b> <b>1000 NE 3rd Street</b> <b>852-0315</b> Sunday Schedule Contemporary Worship ..... 9:00am Sunday School (All Ages) ..... 10:00am Traditional Worship ..... 11:00am</p> <p>Wednesday Evening Schedule Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm <b>All are Welcome!</b> <b>www.ecominot.org</b></p>	<p> where faith &amp; life meet</p> <p><b>OUR SAVIOR LUTHERAN CHURCH</b> 3705 11th St. SW Minot, ND 58701 701-852-6404 <b>www.oslcminot.com</b></p> <p>Rev. Heath Trampe Rev. Brian Doel</p> <p><b>SUNDAY MORNING</b> Worship Services 8:15, 9:30, &amp; 11:30 am Sunday School Age 4 - Grade 12 9:30 am (Sept-May) Adult Bible Study 9:30 am</p>	<p> <b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i> <b>Sunday Worship</b> <b>9:30 AM</b> <b>2209 4th Avenue NW</b> <b>Minot, ND</b> <b>839-4663</b> <b>Reverend Philip Beyersdorf</b> <b>www.minotstmarks.com</b> <i>Join us on facebook</i></p>
<p> <b>Immanuel Baptist Church</b> <b>1615 2nd St. SE, Minot</b> <b>701-839-3694</b></p> <p><b>Sundays:</b> 9:00 am..... Fellowship 9:15 am..... Sunday School 10:30 am..... Worship</p> <p><b>Wednesdays:</b> 11:30 am..... Soup Kitchen 5:30 pm..... Family Supper 6:30 pm.. Preschool/Kids' Club/ABY 6:30 pm..... Adult Bible Study <b>www.ibcminot.org</b></p>	<p><b>Apostolic Faith Church, UPCI</b> <b>2929 19th Ave NW • Minot</b> Located off Hwy 83 Bypass West <b>(701) 838-0609</b></p> <p>Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p><b>St. John the Apostle Catholic Church</b>  2600 West Central Ave • Minot, ND 58701 <b>839-7076</b> Daily Mass Schedule: Tuesday ..... 5:15 p.m. Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p> <b>First Lutheran Church - ELCA</b> 120 5th Ave. NW 852-4853 Sunday Worship 9:30 am</p> <p><b>www.firstlutheran.tv</b> (Live Stream &amp; Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am <a href="http://www.flcminot.com">www.flcminot.com</a></p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p> <b>Gospel Tabernacle Community Church</b> 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b></p> <p><b>Sunday School ..... 9:45 a.m.</b> <b>Adult/Children Worship.. 11 a.m.</b> <b>Family Hour ..... 6:30 p.m.</b> <b>Evening Worship ..... 7:30 p.m.</b> <b>Bible Study/Child-Adult</b> <b>Children Worship (Wed).... 7 p.m.</b> <b>Prayer (Friday) ..... 7 p.m.</b></p>
<p><b>First Assembly of God</b> <b>1805 2nd St. SE</b> <b>838-1111</b></p> <p>Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	<p><b>First Baptist Church</b>  <b>200 3rd St. SW • 852-4533</b> <b>www.fbcminot.org</b></p> <p>Classic Worship Service ..... 8:30 a.m. Sunday School (All Ages) ..... 9:45 a.m. Contemporary Worship Service ..... 9:50 a.m. Adult Sunday School ..... 11:00 a.m. Contemporary Worship Service ..... 11:05 a.m. Children's Church ..... 11:05 a.m. Wed. AWANA (Sept. to May) ..... 6:30 p.m. Fridays, Celebrate Recovery ..... 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> <b>Cross Roads Baptist</b> <b>Southern Baptist Convention</b></p> <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p><b>www.minotcrbc.org</b> <b>email: minotcrbc@gmail.com</b> <b>Dr. Bob Farmer- Pastor</b></p> <p><b>415 28th Ave SE (Behind Menards)</b> <b>838-1873</b></p>	<p> <b>West Minot Church of God</b> <i>Family Worship Center</i> <b>1105 16th St. NW • 839-1407</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352</p> <p><b>westminot.com</b> <b>facebook.com/westminot</b></p>	

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## SUDOKU SOLUTION

Puzzle on page C8

7	4	9	5	1	8	2	6	3
1	2	6	7	9	3	4	5	8
5	3	8	6	4	2	7	9	1
2	1	5	9	8	4	6	3	7
8	7	4	3	6	5	1	2	9
9	6	3	2	7	1	8	4	5
4	5	7	1	2	9	3	8	6
6	9	2	8	3	7	5	1	4
3	8	1	4	5	6	9	7	2

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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## MINOT AFB ANNOUNCEMENTS

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For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website ([ccis.edu](http://ccis.edu)) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

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### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base starting with the Summer 2021 semester. The Summer 2021 semester begins June 1 and finishes July 29 with registration currently open. MSU at the Minot Air Force Base will also have three sessions of face-to-face classes in Fall 2021. Those three sessions are Aug. 23 to Dec. 17, Aug. 23 to Oct. 14, and Oct. 18 to Dec. 19. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)



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# WHAT'S GOING ON MAFB

## FRIDAY 12

- Registration Closes: Acrylic Paint Pouring Class at Arts & Crafts
- HIIT Strength & Conditioning, 0530, Fitness Center
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Friday Night Fun League, 1800, Rough Rider Lanes
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## SATURDAY 13

- Turkey Burn Fitness Event, 0900-1100, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Call of Duty Vanguard Release Event Tournament, 1300, ESC
- Sewing Class, 1800-2000, Arts & Crafts
- Single Airmen Cooking Class, 1800-2000, Gourmet Chef, hosted by Unite
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

## SUNDAY 14

- NFL Sunday Ticket, 1200-1900, Rockers Bar & Grill
- Zumba, 1400, Fitness Center

## MONDAY 15

- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, In person at A&FRC, online Zoom Meeting
- Green Belt Preparatory Class — Lean Six Sigma Tools & Techniques, 0800-1500, Arts & Crafts — Innovation Center, hosted by Manpower
- Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

## TUESDAY 16

- Green Belt Preparatory Class — Lean Six Sigma Tools & Techniques, 0800-1500, Arts & Crafts — Innovation Center, hosted by Manpower
- TAP (VA), 0800-1600, A&FRC
- Yoga, 0930, Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Acrylic Paint Pouring Class, 1800-2000, Arts & Crafts
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center
- HIIT Strength & Conditioning, 1930, Fitness Center

## WEDNESDAY 17

- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP (DoL) - Overview, 0730-1600, A&FRC
- Green Belt Preparatory Class — Lean Six Sigma Tools & Techniques, 0800-1500, Arts & Crafts — Innovation Center, hosted by Manpower
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Yoga, 1300, Fitness Center
- Extramural Bowling League, 1715, Rough Rider Lanes
- Fighting Game Night, 1800, ESC
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

## THURSDAY 18

- TAP (DoL) — Employment Workshop, 0800-1600, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1230, A&FRC, In person and Zoom Meeting
- Yoga, 0930, Fitness Center
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Kids' Night, 1530-2030, Bomber Bistro
- 9 Pin No Tap League, 1800, Rough Rider Lanes
- "Have a Beer Ball" League, 1800, Rough Rider Lanes
- Magic The Gathering Pauper Night, 1800, ESC
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

## FRIDAY 19

- Registration Closes: Epoxy Cutting Board Class at Arts & Crafts
- Registration Closes: Wine & Paint Class at Arts & Crafts
- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP (DoL) — Employment Workshop, 0800-1600, A&FRC
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- Friday Night Fun League, 1800, Rough Rider Lanes
- Spades Tournament, 1800, ESC
- 16th Annual Membership Appreciation Youth Turkey Bingo, 1800, Youth Center
- Gobble Up Skate Night, 1800-2000, Youth Center
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

## SATURDAY 20

- Zumba, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Magic The Gathering Crimson Vow Pre-Release Sealed Draft, 1300, ESC
- Lights & Strikes Bowling and Unlimited Bowling, 2000-2300, Rough Rider Lanes

## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- International Games Week: 6 November — 13 November, Minot AFB Library — Call to schedule an appointment.
- The Adventure of the Missing Archaeologist Escape Room Game: 13 November — 27 November, Minot AFB Library — Call to schedule an appointment.
- American Education Week: 15 November — 19 November, 1000-1400, Education Center
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care — Call to schedule an appointment.

## NOVEMBER SPECIALS

**DELIVERY OPTIONS (Hours subject to change)**  
Bomber Bistro: Monday-Friday 1630-2030

**Bomber Bistro • Southwest Turkey Wrap**  
Roasted turkey, pico de gallo, lettuce, cheddar cheese, jalapeños, and chipotle mayo, in your choice of tortilla. Served with chips and a drink for \$11.95!

**The B-Fifty Brew • Toffee Nut Latte**  
Rich sweet toffee notes combine with warm toasted nuts, espresso, and steamed milk in this tasty fall drink. Tall \$3.60 • Grande \$4.10 • Venti \$4.60

**Rockers Bar & Grill • Turkey Burger**  
Turkey patty, shredded lettuce, and diced tomatoes on a split bun. Don't miss this tasty combo with crispy fries for only \$6.50



**SPADES TOURNAMENT**  
19 November 2021  
ESC • 1800

Free to enter.  
Max of 15 teams of 2 people.  
Snacks and drinks provided!

Prizes for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place teams!

For more information, call (541) 671-3677 or email evdotson@gmail.com



**INTRODUCING OUR NEW FAMILY FRIENDLY BOWLING PRICES AT ROUGH RIDER LANES**

<b>KIDS 4-6</b>	Shoe Rental: \$1.00 By the Game: \$1.75 30 Min Unlimited: \$1.00 60 Min Unlimited: \$2.00
<b>YOUTH 7-12</b>	Shoe Rental: \$1.50 By the Game: \$2.25 30 Min Unlimited: \$4.00 60 Min Unlimited: \$6.00
<b>ADULTS 13 &amp; UP</b>	Shoe Rental: \$2.00 By the Game: \$3.00 30 Min Unlimited: \$6.00 60 Min Unlimited: \$8.00
<b>LEAGUES</b>	Adult 3 Games: \$15.00 Youth Shoe Rental: \$1.50 Youth 3 Games: \$10.00

AGES 3 & UNDER BOWL FREE

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