

northern sentry

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WHATS INSIDE THIS WEEK:



AIR FORCE BALL 2021

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THANK THE 80

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AIM HIGH FLIGHT ACADEMY 2022

C3



Chiefs Group recognized the 5th Logistics Readiness Squadron for outstanding service by awarding them an Excellence Award on Nov. 23, 2021 at Minot Air Force Base, N.D. The 5th LRS was able to coordinate and accelerate the delivery of a vital Missile Alert Facility component, ensuring the timely maintenance of a MAF resulting in the continuity of national security and nuke surety.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND



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DETAILS ON PAGE B5



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AIR FORCE BALL 2021

Team Minot Airmen and their dates gather for the Air Force Ball in Minot, North Dakota, Nov 20, 2021. Everyone came for the late celebration of the Air Force's 74th birthday, which included socializing, eating, dancing, and more. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA

A LOOK BACK
THIS WEEK IN USAF HISTORY

USAF AIR DROPS BRIDGE SECTIONS TO FUNCHILIN PASS
DECEMBER 7, 1950



The blown-out bridge at Funchilin Pass. (USAF Photo)

After several days of unrelenting conditions and Chinese attacks, the U.S. Army's Tenth Corps and 1st Marine Division found themselves stuck on the wrong side of a bridge spanning the 1,500 foot gorge in the Funchilin Pass, Korea. 10,000 troops and 1,000 vehicles spent 38 hours maneuvering down the 11-mile mountain path to safety, only to find that the Chinese had blown out the bridge. Crossing the 16-foot gap with vehicles, supplies, and exhausted soldiers seemed an impossible feat. However, Maj. Gen. Oliver Smith, commander of the 1st Marine Division, would not allow this setback to stop them. He requested an air drop of Treadway Bridge and plywood planks from Combat Cargo Command. On Dec. 7, 1950, eight C-119s from the 314th Troop Carrier Group deployed to the Pass. The planes carried one 2,900 pound bridge section each and dropped them in an unmarked zone. On the morning of Dec. 8, the stranded soldiers were able to rebuild the bridge and leave the Funchilin pass, escaping harm's way. The Air Forces involved in the mission also evacuated thousands of troops and tons of cargo, as well as dropping necessary supplies for the troops fighting.

Information courtesy of: The Air Force by The Air Force Historical Foundation / littlerock.af.mil / defense.gov

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Thank the 80

CMSGT. TIMOTHY WIESER, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

There is a quote I used to admire from Heraclitus. It goes, "Out of every one hundred men, ten shouldn't even be there, 80 are just targets, nine are the real fighters, and we are lucky to have them, for they make the battle. Ah, but the one, one is a warrior, and he will bring the others back."

After the past four or five years, I have come to disagree with the "80 are just targets" sentiment. You see, in today's reality the 80

who take care of business day in and out often do not receive credit for their hard work from the top ten.

They come to work, job it every day of the week (and yes this includes weekends). They take care of their fellow Airmen, the force and divest themselves of any action seeking praise from others. Why? Because they do it for our great nation and for this, they deserve our thanks.

The 80 are quiet professionals who execute the mission and make sure our great country

remains safe. The 80 generate our aircraft to crush our adversaries when called upon. The 80 keep the water, power, and emergency services good to go, 24/7. The 80 defend the most powerful weapons systems in our nation's arsenal. The 80 keep our most important weapon system (the Human) and our families healthy. The 80 serve as our nation's operators, dropping bombs and raging hate on the bad guys. The 80 may not always come across as flashy or charismatic; however, they lead with Candor, Character

and Compassion--never asking for or seeking glory except for that which reflects on their nation.

Over the past two weeks, our Warbirds executed Global Thunder. It was the 80 who ensured combat capability, as they do every day, and scared the living hell out of our foes. It was the 80 who calmly rose to the occasion of making the mission happen.

Thank you all for what you do and not caring who gets the credit.

You truly are American heroes.



Airmen of Team Minot perform their duties to accomplish the mission of Strategic Deterrence.



U.S. AIR FORCE PHOTOS | MINOT AFB PA

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PRIVATIZED HOUSING

ANNUAL TENANT SATISFACTION SURVEY



The Department of the Air Force (DAF) has contracted an independent, third-party survey firm to administer the DoD Annual Tenant Satisfaction Survey for all DAF privatized housing sites. The survey will begin October 28, 2021. All tenants in DAF privatized housing will receive a link to access the survey via email. Tenants will have until December 13, 2021 to submit their assessments.

By using an independent third party, Airmen, Guardians, and their families will be able to provide their open, honest and anonymous impressions of living in DAF privatized housing. The survey is anonymous, and data

will be shared with DAF housing program leaders and project owners to continue improving the privatized housing experience. CEL & Associates, Inc. (CEL), will administer the survey, which will be made available to all tenants living in privatized housing.

Housing continues to be a positive quality of life program supporting Airmen, Guardians and their families. The data and comments gathered via the survey are taken very seriously as they shape the evolution of improvements provided to service members and their families which advance the DAF housing portfolio.

OF NOTE:

1. The survey will be emailed from AirForceHousingSurvey@celassociates.com. Please check your spam/junk box.
2. If you do not received an email please email AirForceHousingSurvey@celassociates.com to obtain a link.
3. Residents will receive reminder emails about the survey.
4. The survey is confidential and anonymous.

Downtown Christmas Event A Success

northern sentry



A VIEW FROM OUR SIDE
ROD WILSON, NORTHERN SENTRY

I may have been a bit nervous on Friday evening as the Old Fashioned Downtown Christmas Celebration took place. My family was gathered in West Fargo for Thanksgiving, and we (grandparents) had offered to keep our 4 grandkids while my son & daughter-in-law headed off to a UND hockey game. I was very confident in the folks back home making the celebration a success; but still it was on my mind all day Saturday.

The Minot Air Force Base was "all-in" for the celebration. We had invited Col Michael Walters and his family and Col Chris Menuey and family to be our special guests. Col Walters would give a welcome from Minot Air Force Base to the over 1,000 folks who attended the event. We had Christmas music by Chloe Marie, a welcome from Mayor Shaun Sipma and a prayer for peace from Pastor Wade Nelson of The Pursuit.

But then the big moment came. 6:00 PM, the lighting of the Christmas tree that stood at the north end of Main Street.

Surely if I was there, I could make sure that the switch

worked, right? But that job was left to Josh Wolsky, Executive Director of Downtown Minot. When Col Walters and his family and Col Menuey and his family, and other VIP's on stage stepped to the podium, they would hit the switch and hundreds of lights would adorn the over 30 foot tree.

3...2....1! Well sure enough, it worked. The tree was beautiful, the crowd cheered, then sang Silent Night and were on their way to Christmas shopping in Downtown Minot. The scene was captured and posted on YouTube for everyone who was not there to enjoy.

And today Emcee Margie Bolton, who had the pleasure of meeting our MAFB VIP's for the first time on Friday night, said to me "Wow, they were all such nice, nice people!" We can't agree more, and from all of us in Downtown Minot we say "Thank You" to all of the leadership and MAFB personnel who attended the tree lighting ceremony. Together we all took a few minutes to enjoy the magic of Christmas...



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DOWNTOWN MINOT CHRISTMAS OPEN HOUSE

On Nov. 26, 2021, Minot Air Force Base leadership and their families attended the annual Christmas Tree Lighting Ceremony in downtown Minot. Col. Michael Walters, 5th Bomb Wing Commander, gave a speech to kick off the Christmas season and was joined on stage by his family, Mayor Shaun Sipma, Margie Bolton (owner of Margie's Art Studio), Col. Christopher Menuet, 91st Missile Wing Commander, and his family, as well as talented singer Chloe Marie and her band. This year's Christmas Tree Lighting boasted hundreds of people up and down Main Street and was a welcome return to normalcy for the people of Minot and Minot AFB.

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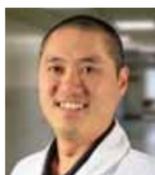
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MAKING MORE POSSIBLE



705TH MUNITIONS SQUADRON



Senior Airman Kenya Cook, Reentry System/Reentry Vehicle Team Chief with the 705th Munitions Squadron, showcases how to operate a T568 on Nov. 22, 2021 at Minot Air Force Base, N.D. The T568 is used to purge and backfill containers for shipping system critical components.



Tools used to operate a T568 by Airmen of the 705th Munitions Squadron are laid out on Nov. 22, 2021 at Minot Air Force Base, N.D. The T568 is used to purge and backfill containers for shipping system critical components.



Senior Airman Kenya Cook, Reentry System/Reentry Vehicle Maintenance Team Chief with the 705th Munitions Squadron, goes over a T568 checklist on Nov. 22, 2021 at Minot Air Force Base, N.D. The T568 is used to purge and backfill containers for shipping system critical components.



Col. Michael Walters, Commander of the 5th Bomb Wing, meets with Airmen of the 705th Munitions Squadron on Nov. 22, 2021 at Minot Air Force Base, N.D. During the meeting, Col. Walters highlighted Airmen for their dedication and discussed the importance of supporting each other.



Airmen with the 705th Munitions Squadrons showcase how to operate a T568 on Nov. 22, 2021 at Minot Air Force Base, N.D. The T568 is used to purge and backfill containers for shipping system critical components.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN MICHAEL RICHMOND

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MAFB Curling League Ramping Up

January 4 Will Be First Night

ROD WILSON, NORTHERN SENTRY

Curling is one of those sports that creates conversation. Mention curling to those who have not participated, and you will often hear remarks like “I really don’t understand curling”, or “it doesn’t make a lot of sense.” To those who have picked up the broom and slid the curling rock down the ice towards a target some 150 feet away, “It’s great fun!” or “I look forward to our curling night.”

Once again, the 5th FSS will be organizing a Minot Air Force Base curling league to take place on Tuesday nights. “We start on January 4 with a learn to curl evening” according to Lt Col Eric Lopez, and like many others that night will be the first of many learning steps for Lt Col Lopez, “I am a transplant from the south, and I just really want to learn how to curl.”

A quick trip to Wikipedia will give you the basics of curling. Minot is fortunate to have a heritage of curling, with the Minot Curling Club being the host facility for curling in this area. “We are very fortunate to have the Minot Curling Club to host our league on Tuesday nights. We would really like to have at least

10 teams, and we can certainly accommodate more.”

The process to sign up a team is quite simple:

First, you need to recruit at least 4 members for your team. “Four is minimum, and a few more would be preferred to make sure each team has enough members” according to Lopez. They can be men or women, as the league is a completely mixed league, meaning that it can be any mixture of men vs. women.

Second, once you have your members, sign your team up at the Fitness Center, or online at 5.fss.fitness@us.af.mil. There is no fee to sign up a team for the league, just a weekly fee of \$10.00 per curling member for each team.

Third, have your team coach attend a meeting on December

21 at the Fitness Center on base. The league information will be distributed at that meeting.

Last, mark your calendar for January 4, 2022, as that will be a learn to curl night for the MAFB league at the Minot Curling Club, located just west of the grandstand on the ND State Fairgrounds.

“You don’t need any equipment. The MCC will have that for those who need it. Just show up in warm clothes, and have a lot of fun,” adds Lopez.

The league is 10 weeks in length, and a league champion will be crowned at the end of the 10 week season.

An experienced curler will tell you that once you get started, curling gets into your blood, and soon you will have a corner of your garage occupied by curling brooms, ready to take to the ice.



2021 Minot AFB League Curling Champs: 1st Place “Missile Monkeys” from 791 MXS, 373 TRS, and 91 MW/CV. 2nd Place “Team Searcey” from the 5th Medical Operations Squadron, Third place was the “Horrible Bosses” from 5 MUNS, 5 CES, 791 MXS, 91 MMXS, and 91 OSS.

SUPPLIED PHOTO



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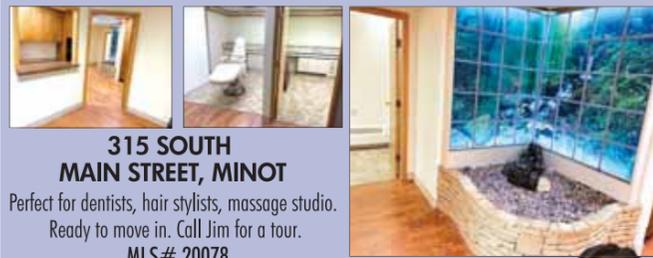
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Provider of the Month Feature
DECEMBER 2021



LISA MANOR

What do you enjoy most about being an FCC Provider?

I've been working with children since I was 20 so I'd say I enjoy most being able to still work with children and watch them grow but also being able to stay home with my son as well while I do it!

What are your interests/hobbies?

The days that I'm not working, you can either find me in the gym on base or I also love a good cup of coffee with a good book and heated blanket. I also love being able to be outside when it's not too cold!

What advice do you have for new providers/those interested in being FCC Providers?

Be patient. If you have questions, always ask and don't be shy. If you're looking for something that you're able to work from home but also still be in sight of your kiddos, this is definitely for you. Even if you don't have kids and you want something with flexible hours that you are able to make, this is for you too! It's the most rewarding job and at the end of the day, you will feel beyond accomplished,



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Native American Heritage Committee comes to Youth Center

ABIGAIL KINDER, NORTHERN SENTRY

In the spirit of Thanksgiving, one Airman decided to bring more than thankfulness to Minot Air Force Base. SSgt. Katherine Baptista, Commander's Executive Assistant for the 5th Civil Engineer Squadron, wanted to share her passion for Indigenous people and their culture by starting the Native American Heritage Committee. Baptista, who is half Sioux from her father's side, did not get to experience her culture while growing up and now wants to bring that education to her own children and the people of Minot AFB.

After Baptista first arrived in Minot, she went searching for a Native American group on base. "When I came here, I thought that there would already be a council and I was a little astounded that

there wasn't because of the fact that there are tribes out here," she explained. She was inspired to start the NAHC and has already begun holding events to share Indigenous culture with others.

At the Youth Center on November 30, volunteers joined the NAHC to read Native American stories and host "thankfulness" activities for the children. "I really wanted to help remind everyone that it's not just Thanksgiving... it's also remembering Native Americans, their heritage, and respecting their culture too," said Baptista.

Youth were prompted to talk about the diversity of Indigenous and other cultures, as well as how to appreciate them while listening to the stories read by volunteers. They were also encouraged to write or illustrate a message of

thanks, focusing on the cultural value of gratitude for community and the Earth around them.

While the NAHC is still new, Baptista has many more plans for the future. "I don't want to do just events; I want to also do educational meetings." NAHC invites everyone, Native American or not, to come to the meetings and learn more about the beauty of each other's cultures, as well participating in more in-depth discussions about Indigenous heritage in order to bring understanding to the community.

"That's why we joined [the Air Force]; we're not only defending the freedom but we are helping the local communities as well, so it's important to me, and it's so important to understand other people's stories," said Baptista.



On Nov. 30, 2021, the newly formed Native American Heritage Committee brought volunteers from all over Minot Air Force Base to the Youth Center, where they read stories and hosted gratitude activities for the children. The NAHC hopes to bring appreciation for Indigenous culture to the people of MAFB through education and outreach in the local community.

NORTHERN SENTRY PHOTOS | ABIGAIL KINDER

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Back Talk

The Brain Needs To Come Along

ROD WILSON, NORTHERN SENTRY

Dr. Matt Hanson and I were visiting this morning before my SoftWave treatment, number 5 of 8, about the success of SoftWave and the progress we had made on my lower back pain, and more recently my right knee pain. Dr. Hanson started treatments on the knee area after I shared that the knee was sore and stiff, especially now that the weather was colder.

Dr. Hanson asked if I had been spending time in the woodworking shop. I told him that during the weekend I spent time in the shop but found myself still thinking "if I stand and work on this saw, I will get tired, so I better grab a stool and sit". I shared with Dr. Matt that my mind still thinks I am going to get tired and automatically sends me a signal to grab a stool and sit down. My mind is thinking ahead and adjusting for years of back pain. According to Dr. Hanson, that is normal. I shared with him that the treatments on my knee are working, but I still think I need to walk down steps cautiously, one step at a time.

For years I would just try to ignore the lower back pain that plagued me. Soon that lower back pain led to me limping because of pain in my right hip, and eventually the same type of pain in my right knee.

A chiropractic check-up is important, at any age. And now with new technology like SoftWave, there is a lot more optimism about a long-term solution to back pain. Patients report that they feel they get about 80-90% relief from SoftWave treatments. That's pretty amazing.

My Dad used to say, "Mind over matter, son... Mind over matter." That can be good when you can overcome pain and continue a normal life. I am sure looking forward to continuing my next SoftWave treatments and getting to the point where there is no need to "reach for the stool."



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SENIOR AIRMAN KENYA COOK



U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND



BACKGROUND

Originally from Bowie, Maryland, Cook became a member of Team Minot in February 2019. In her free time, she enjoys playing guitar and cello, knitting, painting, and exploring interior design concepts.

JOB RESPONSIBILITIES

As a Reentry System/Reentry Vehicle Team Chief, Cook's responsibilities include working on Minuteman III payloads and nuclear weapons maintenance.

WHAT IS SOMETHING YOU'VE ENJOYED ABOUT MINOT?

"I've made a lot of really good friends. Even the ones I don't work with in this building are really close with me and we hang out all the time. So I guess I would say the friendships part of it, how close we all get."

NOTES ON BEING SAFE

HOLIDAY TRIP PLANNING CAN SAVE A LOT OF HARD ACHE

It's hard to believe that the holiday season is fast approaching! Along with the holiday season, many base personnel and their families will be heading out of the local area and even out of state to spend time with their loved ones. Here are some important suggestions to keep in mind to help ensure your trip is a safe one.

- Map the route you are driving. Do not alter from the planned route.
- Discuss your plan with your supervisor and leave a contact phone number.
- Ensure your vehicle is in good mechanical condition. Check the oil, window washer fluid, tire pressure, and ensure you have packed a survival kit. Essentials in the survival kit are; flashlight, candles, matches, sleeping bag (1 per occupant of vehicle), non-perishable food stuffs that can be eaten with out preparation. An MRE is a good idea.
- Plan rest stops for about every 2 hours of drive time.
- Get adequate rest before starting trip. Altering normal sleep patterns may make you more susceptible to drowsy driving.
- Wear sunglasses to prevent eye strain caused by glare off snow and road way.
- While en-route to your destination, have planned contact times to let your contact person



ROD KRAUSE
5TH BOMB WING
SAFETY & OCCUPATIONAL
HEALTH MANAGER



know every thing is still okay. Unless surprising a person, it is best to use the person you are traveling to visit as the contact person. The contact person can inform you of current weather and road conditions, etc. The reason for this check in times is if you do not call, that person can notify the highway patrol of a potential stranded motorist. Remember to give the contact person details such as; color, make & model of the vehicle, license plate number, and number of persons in vehicle.

- If you get stuck in the ditch, stay with your vehicle. Having a cell phone would be helpful. Remember to run your engine for about ten minutes every half hour. The American Automobile Association recommends cycling your engine every hour for about 20 minutes. By using ten minute half hour cycles, you allow the oil in the vehicle to stay fluid, you also allow for less time to have vehicle lose the generated heat and now you can use the car radio to listen to weather updates and emergency broadcasts at the top and the bottom of the hour, instead of just one segment of the hour.

One last bit of advice: Drive for road conditions and your own capability. If you need additional information, please call the wing Safety office at ext 2259/3305.

Have a great Holiday Season and return safely!

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BABY ANNOUNCEMENTS

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BABY GIRL BORN ON FRIDAY, NOVEMBER 19, 2021 TO: AMANDA AND MICHAEL HANSON MAFB, ND

BABY GIRL BORN ON MONDAY, NOVEMBER 22, 2021 TO: CASSIDY AND TYLER LARSON MAFB, ND

BABY GIRL BORN ON WEDNESDAY, NOVEMBER 24, 2021 TO: OLIVIA NINE AND JOSHUA HAUGROSE BURLINGTON, ND

BABY BOY BORN ON SUNDAY, NOVEMBER 28, 2021 TO: MADELEINE AND STEVEN COWELL MAFB, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

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CHIEFS GROUP RECOGNIZE AIRMAN FOR OUTSTANDING SERVICE

Chiefs Group recognize TSgt Parnel Brim, a Propulsion NCOIC for the 5th Aircraft Maintenance Squadron, for outstanding service on Nov. 23, 2021 at Minot Air Force Base, N.D. TSgt Brim's efforts during Exercise Knighthawk Thunder were exceptional and his "compassionate leadership" fortify the resiliency and strength of his team.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND

Exchange Extended Holiday Return Policy Gives Minot AFB Shoppers More Flexibility

MINOT AFB EXCHANGE SERVICE PUBLIC AFFAIRS

Minot Exchange – Airmen, retirees, military families and other Minot Exchange shoppers have extra time to make returns during the holiday season at the BX.

Minot Exchange shoppers have until Jan. 31 to make returns on purchases made from Nov. 1 to Dec. 24 at Army & Air Force Exchange Service stores or at ShopMyExchange.com.

"The Exchange recognizes that the holidays are a joyous but often hectic time," said Minot Exchange General Manager Brian M. Read.

"We're extending the return window to give shoppers extra flexibility during this busy time of the year."

The Exchange's regular return policy allows returns from 15 to 90 days after the purchase with a receipt, depending on the item. If an item's regular return window extends past Jan. 31, that date will be honored.

Some exclusions apply. For more information, shoppers can visit the Minot Exchange or call 1-800-527-2345 for online returns.

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Minot Air Force Base has been among our top volunteer groups for several years donating more than 2,500 hours of community service in the last five years. Thank you for making Roosevelt Park Zoo a premiere destination.

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Upcoming Events

4 DEC FUNSPIEL CURLING EVENT WITH MINOT CURLING CLUB
10:30 AM - 5:00 PM
Minot Curling Club (NDSF Grounds)
2005 E Burdick Expy, Minot

Come on down to the Minot Curling Club for a Funspiel (one day curling tournament for fun). Event starts with an instructional Learn to Curl and then 3 short games will be played with lunch provided. Please show up early to participate in the Learn to Curl, and wear warm clothing you can move around in. Curling equipment will be provided. Recommend ages is 13 and up for participation. If you have a large group please contact us by email at minotcurling@gmail.com so we can prepare for adequate staffing. We are located in the commercial building across from the Grand Stand on the North Dakota State Fairgrounds.

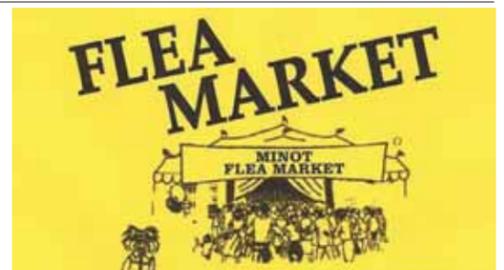


For more information:
Website / www.minotcurling.com

4-5 DEC MINOT FLEA MARKET
8:00 AM - 4:00 PM
Minot Municipal Auditorium
North Dakota State Fair Center
2005 Burdick Expy E., Minot

The Minot Flea Market is the biggest of its kind in the entire state of North Dakota. Many people come to sell their antiques its kind in the entire state of North Dakota. Many people come to sell their antiques, collectibles, or other valuable items while others sell their homemade crafts, products and foods. There is something for everyone at the Minot Flea Market!

Admission is ONLY \$2.00 (ages 10 and under are FREE)



For more information:
Facebook Event / Minot Flea Market

7 DEC POLAR EXPRESS PARTY AT MAIN STREET BOOKS!
6:00 PM - 8:00 PM
Main Street Books
8 Main St S, Minot

Join the team at Main Street Books, The Polar Express Train Conductor, Santa and Miss Kristi for our most beloved annual Christmas event! We'll be serving hot chocolate and candy canes!



For more information:
Facebook Event / Main Street Books

9 DEC WINTER WINE TASTING AND FOOD PAIRING
6:00 PM
Army's 2.0 Lounge & Bottle Shop
12 3rd St SE, Minot

Tickets are \$45 each! Enjoy 10 wines with food pairings, door prizes, and free gifts, and free wine gift wrapping!



For more information:
Facebook Event / Winter Wine Tasting and Food Pairing

11 DEC CHRISTMAS AT THE ZOO
10:00 AM - 1:00 PM
Roosevelt Park Zoo
1215 E Burdick Expy, Minot

Christmas crafts, hayride, cookies, cocoa and Christmas cheer. Greet your winter climate animal friends and help support the Zoo!
\$2 members
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We are also hosting: A MEMBERSHIP drive for the Zoo, A BLOOD drive by Vitalant, A TOY drive, and A FOOD drive for our animals!



For more information:
Facebook Event / Christmas at the Zoo

On Base

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Christmas Ornament Class
Minot AFB Arts & Crafty Center
December 8th - 6:00pm - 8:00pm
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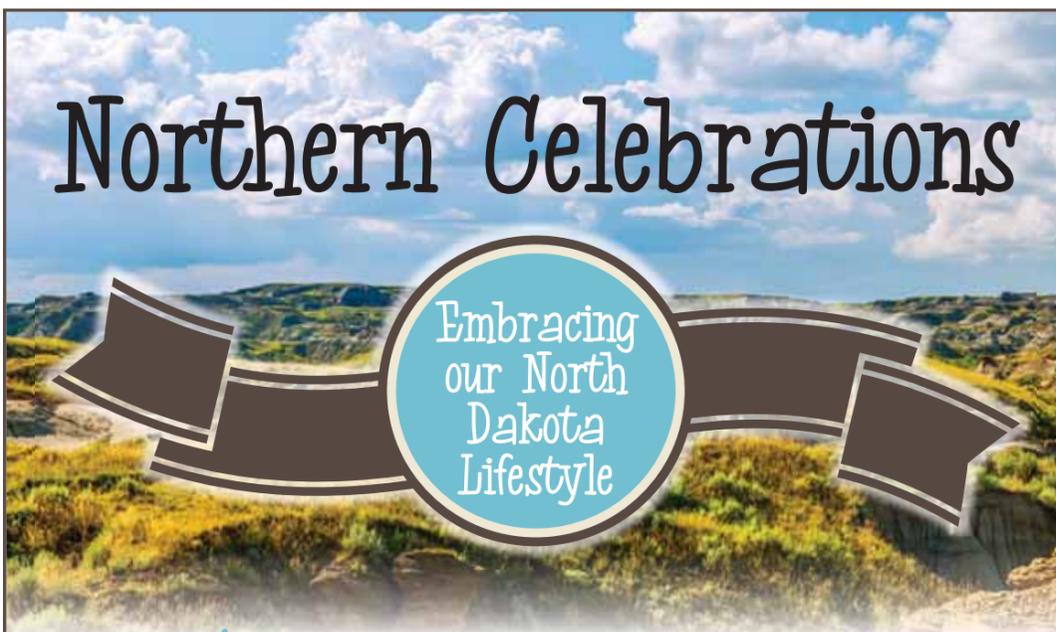
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THANKSGIVING 2021

Team Minot leaders served up a Thanksgiving feast at the DFAC, November 25.

U.S. AIR FORCE PHOTOS | MINOT AFB PA



Northern Celebrations

Embracing
our North
Dakota
Lifestyle

A persistent memory

Patricia Stockdill

It comes back almost every winter as ice-fishing season approaches.

Memories of sitting in a warm vehicle, engine running to comfort its two occupants, on a knoll overlooking a nook of one of Lake Audubon's bays. The conversation tones were soft and reflective as the driver sat and talked about his friend and retired work colleague. The man kept his eyes scanning the scene ahead of us, turning occasionally to look at me as I jotted some notes.

Together we watched volunteer dive and rescue team members take turns cautiously enter the water along an opening in the ice. They didn't stay underwater long. Even wet suits couldn't insulate for any length of time in freezing water temperatures.

There was no need to ask questions for it would only interrupt what was probably a catharsis for man as he came to terms with what we both knew was the reason we were there.

He had to find comfort that the divers would find the body of his friend who, along with his friend's brother, went missing after ice-fishing on the lake.

I gave him a hug and shed tears as I left; the search still ongoing. The brother was found immediately, still in the vehicle.

The task of finding his friend would help bring closure for the man sitting in the warm vehicle; determined to stay there as long as necessary.

As I drove across the field back to the county road, I stopped to talk to a McLean County Sheriff's Department deputy who was monitoring access to the area from the road. "You know, Pat, they found him," he softly announced. Neither of us needed to say more.

The angler was able to get out of the sinking – or sunken – vehicle but his clothes were wet and he began suffering from hypothermia.

Searchers found his body along the shoreline.

Yes, I think of that every year as ice-fishing season gets underway even though it's been more years than I care to admit since it happened.

You see, ice-fishing is hugely popular. It gets people outside in the winter, even if a vast majority

is spending that time in some type of ice-house. It's a great way to catch fish and socialize.

The mistake the two men that drowned that night made is traveling off the lake in the dark even though the longtime anglers knew and understood the rules of ice safety, something their friend emphasized as we watched the divers. Authorities believed they got disorientated in the dark as they left the lake and broke through an area of thin ice they couldn't see.

Situations like what occurred that January night aren't unique, unfortunately, just as boating accidents in the summer aren't unique.

And just as basic rules of boating and angling safety on a lake or river in the summer should always be in the forefront of one's mind, winter ice-fishing safety rules warrant equal attention.

Yes, it's easy to let one's guard down. It's easy for circumstances beyond one's control to occur.

However, the chances that something horrific occurs could, at the least, be potentially reduced if a person remains cognizant of ice safety rules.

The N.D. Game and Fish Department has a downloadable "Safety on Ice" brochure link, (gf.nd.gov/ice-safety) from their website.

While every rule of ice safety is critically important, one of the biggest mistakes during early and late in ice-fishing season is driving a vehicle on thin or poor ice that can't withstand the weight and assuming ice is a uniform depth throughout an area.

Snow on top of ice compounds safety concerns because it's an insulator on thin ice and preventing clear, blue ice from forming.

More information is available on the Game and Fish Department website link.

Print out the brochure. Read it and get proper safety equipment. Follow the rules at all times.

Ice-fishing can be a great winter outdoor activity for the entire family. But as with any activity, just be safe about it.

Because no family member, friend, or co-worker should ever have to watch dive teams conduct a winter search-and-rescue mission.

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NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Nov. 29: 1,829.58 feet above mean sea level (MSL); 12,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.02 feet above mean sea level (MSL).

Stump Lake elevation: 1,447.03 MSL.

•N.D. Game & Fish Dept. game wardens: Be patient yet on small area lakes with early ice conditions. No Missouri River System, Devils Lake, or north-central area lake reports.

•Devils Lake, Ed's Bait Shop, Devils Lake: Use extreme caution if venturing out on early ice on small northeastern lakes. No activity on Devils Lake with anglers waiting for ice-over.

•Devils Lake, Woodland Resort, Devils Lake: Light icing in the back bays on Devils Lake but unsafe for access. No activity in general throughout the lake.

•Lake Darling, Karma C-Store, Ruthville: Ere on the side of caution if considering fishing around the Grano area.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Lake Darling starting to ice over.

•Lake Metigoshe, Four Seasons, Bottineau: Some walk-on access on Lake Metigoshe but use extreme caution and test the ice as you go along. Access limited yet but look for a few pike.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: A few more anglers out on the east end of Lake Sakakawea with nice weather yet but no reports on success. Thin ice layers starting to form in the upper ends of the bays but unsafe for access.

•Lake Sakakawea, New Town: Ramps iced in on the Van Hook Arm and New Town but unsafe for walking yet to access for ice-fishing.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace remains

Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Keep hunting dogs away from ice on wetlands and lake shorelines with thin ice conditions in many areas yet.

•Go to the N.D. Game & Fish Dept. website, (gf.nd.gov) for information regarding North Dakota's new electronic posting regulations and assistance.

•Check area U.S. Fish and Wildlife Service Nat'l. Wildlife Refuge hunting regulations for potential late season upland game hunting opportunities.

•Upper Souris Nat'l. Wildlife Refuge Prairie-Marsh Auto Tour Route closed until spring.

•Dec. 5: Whitefront goose, duck, merganser, coot, and snipe seasons close.

•Dec. 11: High Plains duck, merganser, and coot seasons re-open.

•Dec. 11: Ducks Unlimited "Raffle Knight", Knights Bar & Grill, Riverdale, 6 p.m.

•Dec. 12: Muzzleloader deer season closes.

•Dec. 18: Devils Lake Christmas Bird Count. Beginning birders and feeder watchers welcome. Contact Colleen at White Horse Hill Nat'l. Game Preserve, (701) 766-4272, ext. 428, for details.

quiet, including the wing walls. River levels remain lower than average.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Yellowstone River producing quality walleye. Try the confluence with boats accessing out Sundheim Park. Otherwise, access is limited due to low river levels. Also try the pump house area on the Missouri River. Try floating jigs or jigs and minnows. West end of Lake Sakakawea icing over in the upper end of the bays with only access out of White Earth Bay for boats but that can change with more seasonal temperatures.

•Lonetree WMA area lakes, Harvey:

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity yet with lakes just icing over.

Hunting:

•Predators: Fur prices are poor so far this season.

•Upland: Hunting area north of

Lake Darling Dam now open for upland bird hunting on Upper Souris Nat'l. Wildlife Refuge. See refuge regulations for more information. Work heavy cover for pheasants but numbers are generally OK in some areas. Partridge numbers also better than they have been in the last few years.

•Waterfowl: Good numbers remain on the east end of Lake Sakakawea and the Missouri River with its open water yet but ducks moved out of the midsection. Some geese remained early in the week. Waterfowl moved out of north-central and northeastern areas along with the Devils Lake area, including divers moving off of Devils Lake itself.

Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (701) 328-9921.

The CFC celebrates 60 years

AMERIFORCE EXCLUSIVE

This year, the Combined Federal Campaign (CFC) celebrates its 60th anniversary! Established by President Kennedy in 1961, the CFC has grown into one of the world's largest and most successful workplace giving campaigns. It started out in six cities with fewer than 50 participating charities and has expanded to include federal employees and retirees all around the globe who can give to more than 5,000 today. Since inception, the CFC has raised over \$8.5 billion to help those in need locally, across the nation, and throughout the world – all thanks to the generosity of federal employees and retirees.

As we recover from the challenges of the past year and meet the new challenges of 2021, we have seen the federal community exceed their call to public service by contributing through the CFC to improve the quality of life for all. During the 2020 campaign, the federal community pledged more than \$83.6 million in monetary pledges and volunteer time. Federal employees and retirees have always represented a strong, caring community through the CFC – dedicated to making a difference and being the face of change.

That's what being a changemaker is all about. Some might say it takes an extraordinary person to care enough to give, but it's more common than you think, and it's easy! Anyone can be a changemaker through the CFC. Federal employees prove it every day.

Many federal employees know CFC is a tradition. My contribution helps to keep the tradition alive;

makes a difference in the lives of so many; and sets an example for future contributors," said Tarnisha Jackson, FDA employee, who gives through the CFC "to causes that ignite a flame of hope for others."

The need has never been greater, and the answer to that call has never been louder. To honor the 60-year legacy of the CFC, consider joining the Do 60, Give 60 movement and pledging a \$60 recurring gift and 60 minutes of volunteer time. If you pledge volunteer hours and would like to be contacted by the charity to arrange an opportunity to help, opt to release your contact information. You may also reach out to the charity to learn about their volunteer options – even remote opportunities! We have seen federal employees assist in translation, tutoring, budget balancing, event hosting, and more in this past year.

Find out how you can get involved and be engaged with the caring community all over the world, whether you're on a military base thousands of miles from home, in your neighborhood's Post Office, retired, or working in a bustling downtown office. We all play our part to keep our nation moving, and all have an opportunity to extend our service and touch even more lives through the CFC.

Thank you for being the face of change for charitable causes like helping communities recover from disaster, supporting military families, ensuring education for all, and making a positive difference in our world.

This story originally appeared in Military Family Magazine.



BAKED PUMPKIN CHEESECAKE WITH CHOCOLATE COOKIE CRUST



INGREDIENTS

24 OREO COOKIES
4 TABLESPOON BUTTER
4 OUNCE BITTERSWEET CHOCOLATE, FINELY CHOPPED
1 1/2 POUND CREAM CHEESE
1 CUP SUGAR
1 1/2 TABLESPOON CORNSTARCH
4 EGGS
1 TEASPOON VANILLA EXTRACT
2 CUP PUMPKIN, CANNED
1/2 TEASPOON GROUND CINNAMON
1/2 TEASPOON GROUND NUTMEG
GROUND CLOVES

When ready to cook, set the Traeger to 350° F and preheat, lid closed for 15 minutes.

In the bowl of a food processor, add Oreos, melted butter and pulse until well combined. Transfer to a pie dish and press Oreo mixture to form a crust. Place bittersweet chocolate in a container and microwave for 10 seconds to soften. Mix with a spoon to finish melting and reserve. In the bowl of a stand mixer, add cream cheese. With the paddle attachment on medium speed, mix cream cheese until smooth. Add sugar and cornstarch and mix well. Add eggs one at a time until well mixed. Add vanilla. Mix 1/3 of the cheesecake mix to the chocolate. To the other 2/3 of the cheesecake mix, add pumpkin, cinnamon, nutmeg, and clove. Mix well. Pour half of the pumpkin cheesecake batter onto the Oreos crust. Pour the chocolate mixture on top. Pour the other half of the pumpkin on top of the chocolate. With a butter knife, make a few swirls. Don't overdo. Bake in the Traeger on a water bath for approximately 90 minutes.

Let the cheesecake rest and cool down. Take to the freezer for a couple hours before unmolding. Serve cold, enjoy!



Ryan Davy - GM
Minot

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POLICE WEEK PARADE

To honor Police Week and the dedicated law enforcement officers at Minot Air Force Base, a parade through base housing was held on Nov. 30, 2021. Thank you for all that you do to protect Team Minot!

NORTHERN SENTRY PHOTOS | ABIGAIL KINDER



Stay Ahead of Trouble

Roadside assistance calls to AAA often double, or triple, during winter weather, due to motorists spinning out on slick roads, flat tires, dead batteries and other breakdowns. Last winter, AAA responded to more than 312,000 roadside assistance calls. The most common calls were for tows, batteries and tires.

Motorists can help avoid winter breakdowns with preventative vehicle maintenance, including:

Tires: Adequate pressure and tread depth are essential for stopping and going on ice and snow, but tire pressure can drop during cold weather. Make sure tire pressure matches the sticker on the driver's side doorjamb and the tread depth is above the wear bar indicators marked on the tires.

Battery: The average life of a battery is 3-5 years. Cold weather can drain batteries quickly, and leave drivers stranded. Have a technician inspect the battery at least twice a year.

Replace old windshield wipers and solvent: Precipitation and salty spray from the roads often make it hard to see when driving during the winter. Solvent and good windshield wipers can greatly improve winter driving visibility.

If you break down or spin out during a winter storm, it may take longer for help to arrive. That's why it's important to be patient and pack an emergency roadside kit that includes blankets and extra clothes to stay warm, flashlights and extra batteries, an ice scraper, safety reflectors, a shovel, a first aid kit, a simple tool kit, water and non-perishable food, jumper cables and a mobile phone and charger to call for help.

Safe Winter Driving

Motorists can also avoid spinning out on slick roads by remaining alert and driving for conditions. To stay safe on winter roads, AAA offers several winter driving tips:

Slow down: Always adjust your speed to account for less traction when driving on snow or ice. This often means driving below the posted speed limit.

Accelerate and decelerate slowly: Apply the gas slowly to retain traction and avoid skids. Also remember, it takes longer to slow down on slick roads.

Increase following distance: Allow five to six seconds of following distance between your vehicle and the one in front of you. The extra space will allow you time to stop safely.

Never use cruise control: Using cruise control on any slippery (wet, ice, snow, sand) surface can cause your vehicle to lose control more easily.

Don't panic: If you start to slide, hitting the brake is the worst thing to do. Instead, take your feet off the pedals and keep your eyes focused on where you want to go.

Leave early: Expect trips to take longer in winter driving conditions.

By taking a few preventative measures and adjusting your driving practices to fit weather conditions, you can stay safer on the road this winter.

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The Hole Story

MRS. ALYSSA N. KELLY M.A.

Chock-full of metaphors about positive thinking, living with purpose, and the value of space (such as in a swim ring or in your schedule), you will never—metaphorically-speaking—look down at another dakrat again! Valuably, this creature implores you to seize life with flair as he creates holes that remind you to slow down, rid yourself of greed, and help others. This poem reminds readers to respect nature, its many creatures, and the Earth we all call home.

Let me be your Dakota:
your “friend” I say,
“Don’t drive me from our lands.
Enjoy me today!”

I look awfully cute;
my tail in the air.
I remind you to seize life
with style, with flair!

I love you so much
and the air and the sky;
the rain that we feel;
our shared question “Why?”

“Why are we here?”
To continue to hate?
To set traps for me
with poison as bait?

Sure I dig holes,
But I also dig YOU!
...except when you dig
where I wish that you blew.

You matter a lot,
we all share the same breath.
This sacred Earth is ours,
from our birth to our death.

No one is perfect.
No, not even YOU.
If you’re stuck on my hole-
digging
than you’ll miss all that I do.

Community VOICES

Here’s logic for you.
Here’s quite a lot,
Think about this for a moment,
ruminate on this thought:

When you get a cavity
you just get it drilled,
you don’t curse the bacteria that
caused it.
You just get it filled!

I give holes meaning;
Not a gap in a treat.
I leave a hole in your lawn:
something new, something neat!

You could prop a teepee or tent
in the hole that I make.
I provide shelter for you
on the Plains in my wake.

You could bury treasure
if that is your wish.
I give you a spot
for a pond, for some fish!

I fill a hole in your heart
(perspectively speaking).
I help you plant trees:
work well-worth the seeking.

A hole in a swim ring
is a secure place to hold.
A hole in your schedule
is autonomy: gold!

When I try to think back
to what started our feud,
I can think way back when
the whack-a-mole game debuted.

Kids, don’t try to extinguish me!
Instead, prize my tomorrow!
We must take care of us all
in this place that we borrow.

I will not “fix” my holes.
I will not alter my genome.
I will not run away,
but I will share our home.

The Dakota Indian tribe
is more than about planting
maze.
They respect what they borrow.
I will teach you their ways!

Your relationship with me,
our love for all creatures,
our understanding of nature:
Indians are our greatest teachers!

Walk gently through life
as though your presence matters.
You and I together are
integral spirit where love gathers.

Perspective is wisdom renown,
I provide this as I live.
We are connected, all great
things.
Try to enjoy all that I give!

When you stray from nature,
your heart becomes stone.
You lose sight of community.
You dwell sadly alone.

So please do not abuse me
or you will be a fool!
Instead, see this world that we
share
as one giant, holy school.

The love of possessions is a
disease;
the sick “American way,”
may my holes remind you to
clear out your greed today.

No one owns the water or the
land
despite our system’s layout.
This land I dig is not just yours
despite the money that you
payout.

I do not build a wall.
I do not shut you away.
Maybe I make this hole
for you to stop and stay.

Perhaps I try to remind you
to be careful where you step;
your actions all have
consequences.
Your words need love when sent.

You will not take the riches
that you squirrel away.
Empty in, empty out, work
to help others while you stay.

I cannot (really) speak for
myself,
so protect the land we share.
The birds, fish, trees, and I
are here with you, we care.

We all choose our thoughts
deep inside our skulls.
While you choose to fix yours,
I’ll keep digging holes!



Local Cravings Restaurant Guide

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www.applebees.com

Bone's BBQ Smokehouse & Grill

1412 2nd Ave SW, Minot, ND 58701
Phone: 701.838.9140
www.bonesbbqminot.com

Badlands Restaurant & Bar

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Phone: 701.852.7335
www.blgrill.com

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www.mimexicominotnd.com

Pink's Bar & Grill

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Phone: 701.852.2385
www.facebook.com/PinksBarGrill

Culver's Restaurant

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Phone: 701.852.4800
www.culvers.com

Prairie Sky Breads

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FB: Ironhorse Kitchen + Bar Minot

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www.starvingrooster.com

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Kirk's Dik Dik

CREATURE FEATURES

- Primarily nocturnal, Kirk's Dik Dik are the smallest of the antelope.
- One of their facial features is their large eyes surrounded by a white ring.
- Pre-orbital glands appear as a black spot below the inside of the corner of each eye. These glands produce dark, sticky secretions used to scent mark their territories.
- When frightened, Kirk's Dik Dik will make a whistling sound through their noses that sounds like "zik zik". This behavior is how they got their name.

Fact File	
Life Span	3 to 4 years
Weight	10 - 15 pounds
Shoulder Height	14 - 16 inches
Body Length	28 inches
Tail Length	1 - 2 inches
Wild Diet	Ostrichs, Caribou (Antelope), Foliage, Shoots, Fruits, Berries



WORD SCRAMBLE

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in response to the pandemic and the stress it has caused families. Parent Coaching topics include: Scheduling & Organization, Setting Expectations, Study Techniques, Using Resources, Motivation & Goals, Managing Knowledge Gaps, and Finding Balance.

Additionally, tutor.com is free for military-connected students of all ages from kindergarten through college so military parents who are returning to school can also use this service. For more information about tutor.com or to sign up for access, visit: military.tutor.com.

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2021-2022 MPS CALENDAR



IMPORTANT UPCOMING DATES

December 23

P/T Comp Day - No School

December 24-January 3

Vacation - No School

January 4

Classes Resume

January 17

Professional Development Day

Martin Luther King Jr. Day

No School

December 2021							16 days
S	M	T	W	T	F	S	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

January 2022							19 days
S	M	T	W	T	F	S	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23/30	24/31	25	26	27	28	29	

- PD Days - contracted days
- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days

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Aim High Flight Academy accepting applications for 2022

LYNN BEHA



Young people considering a career in aviation are encouraged to apply now for an all-expenses-paid, 3-week flight training program at Aim High Flight Academy. Launched by the Air Force Recruiting Service this year, Aim High Flight Academy makes flight instruction and mentorship available to young people who may not have the opportunity or resources to learn to fly.

This Air Force Recruiting Service (AFRS) program provides young people ages 16 to 23 with training toward attaining a

beginner-level flight certificate. Experienced instructors educate participants in the fundamentals of flying aircraft and flight safety, with the goal of achieving a solo flight by the end of the course.

While flight training is at the core of the curriculum, participants also receive a well-rounded experience with USAF personnel as instructors and mentors. "Not every student who comes to the program has to serve in the military," said Maj. Tolan Hicks of AFRS Detachment 1. "They could go off into civilian career fields if they so desire. But this is an opportunity to spark that interest."

According to Maj. Hicks, "We're looking to extend an invitation to increase diversity in the Air Force and the military in general in the rated career fields," including pilots, combat systems officers (CSO), air battle managers (ABM) or remotely piloted aircraft pilots (RPA).

"Our goal is to inspire the next generation and restore that luster of aviation," said Capt. Victoria

Palandech of AFRS Detachment 1. "We're looking for people with a strong work ethic, ready and willing to be challenged, who will persevere in the face of a challenge."

Taylor Streff, St Louis University ROTC Detachment 207 leader and graduate of Aim High Flight Academy, strongly encourages anyone who may wonder what it might be like to fly a plane to apply. "I'd only flown once or twice before I got there so I had an idea of what it was like, but I didn't know I was going to love flying until I completed the program. That really helped me because now I'm going to apply for the pilot board in a couple of months," said Streff. "I don't know if I would have had the scores or motivation to apply for it without this experience."

Capt. Palandech emphasized that this program wants to cast a wide net for applications. "Aim High Flight Academy is garnered toward those unaffiliated youth that don't know they have an interest in aviation because they don't know that it might be achievable for them," she said.

The academy could also benefit those who may have grown up in the military but are unsure if a future in flying is right for them.

"Offering students within inner-city walls a chance to attend the Aim High Flight Academy could change their trajectory in life," said Maj. Hicks. "Offering them that mentorship piece and something they don't get to see every day in their current environment in the inner city... this is an opportunity for them to get away from whatever they're dealing with on a daily basis—and the peer pressure—and see people that have come from those same type of environments excel in life. This could hopefully be a game-changer."

Currently, the academy is offered in Milton, Fla., during three summer sessions lasting three weeks each. A total of 72 students will be accepted for the 2022 program. Expansion to other regions of the U.S. is possible in the future as applications increase.

There is no fee to apply for the program, and program costs—including meals and travel—are 100% paid for by the Air Force

Recruiting Service. Students ages 16-23, in high school, or full-time college students in ROTC, the Air Force guard or reserve, or at the Air Force Academy who want to achieve a solo flight are

“Our goal is to inspire the next generation and restore that luster of aviation”

CAPT. VICTORIA PALANDECH
AFRS DETACHMENT 1

encouraged to apply.

The Air Force Recruiting Service's Aim High Flight Academy is accepting applications for 2022 through December 10, 2021.

Check out Aim High Flight Academy for details on requirements and a link to the application.

This story originally appeared in Military Family Magazine.

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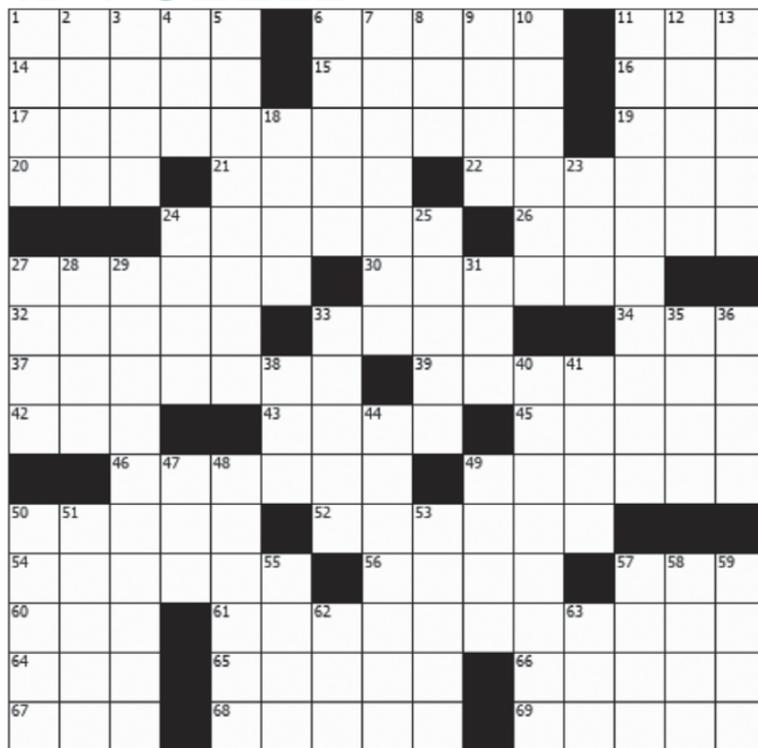
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CROSSWORD PUZZLE

Across

- 1. Not so new
- 6. Runaway hit
- 11. It may be a crock
- 14. Pinkish
- 15. Silent show biz brother
- 16. Arles pal
- 17. Little. . .
- 19. Letters for a Letterman
- 20. Luxury hotel feature
- 21. Pocket money
- 22. Laugh shrilly
- 24. Little. . .
- 26. "Suzanne" songwriter
- 27. Bonds' payoffs?
- 30. Lake Erie port
- 32. Acid type
- 33. British invader of old
- 34. Barrel into
- 37. Determination
- 39. Move forward
- 42. London has two
- 43. Panache
- 45. Agenda entries
- 46. You may have a hand in it
- 49. Is obviously asleep
- 50. Needle point
- 52. Little. . .
- 54. Destination for Rhodes scholars
- 56. Highchair feature
- 57. European skyline sight
- 60. Ump's colleague
- 61. Little. . .
- 64. Ham holder
- 65. Scarfed down
- 66. TV weatherman
- 67. Thus far
- 68. Type of naked
- 69. Pre-publishing effort



Down

- 1. New Testament book
- 2. Sticky stuff
- 3. Title role for Shirley
- 4. Post for a sixties GI
- 5. Syrupy alcohol used as a sweetener
- 6. "Pipe down!"
- 7. Cane cutter's knife
- 8. Tablet holder
- 9. Builder's enumeration
- 10. "Go West" writer Greeley
- 11. Little. . .
- 12. Walk leisurely
- 13. Ascended, as from the grave
- 18. Tiny amounts
- 23. Fish sticks fish
- 24. City where you might get a good deal?
- 25. Hall of Famer Ryan
- 27. Snowshoe, for one
- 28. Broken mirror, to some
- 29. Little. . .
- 31. UK business
- 33. Paparazzo's subject
- 35. High point
- 36. Clean-up target
- 38. Spot checker?
- 40. Muscat or muscadine locale
- 41. Upon
- 44. One more
- 47. Medalist Midori
- 48. Violent pangs
- 49. Actor Connery
- 50. Parcheesi spin-off
- 51. Roadside daisy
- 53. Halloween foolishness
- 55. "Oh, rats!"
- 57. "Diana" crooner
- 58. Norse explorer Eriksson
- 59. Saucy
- 62. K-12 group
- 63. Here-there link

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

L	E	A	R		D	S	M		F	O	C	A	L		
O	R	L	O	P		E	T	A		O	N	O	N	E	
D	I	A	N	E		P	A	N		R	E	S	I	N	
I	C	E	C	R	E	A	M	T	R	E	A	T			
			O	C	C	U	P	I	E	S	L	A	N	D	
M	I	G		A	O	L		L	A	T		B	A	A	
I	N	O	I	L		O	L	D		A	R	I	L		
S	C	O	R	E	I	N	B	A	S	E	B	A	L	L	
S	A	D	E		N	E	E			L	E	V	E	E	
I	S	M		B	A	S		E	L	I		A	D	S	
S	H	O	W	I	N	T	E	R	E	S	T				
			T	O	D	D	L	E	R	D	I	A	P	E	R
O	C	H	R	E		I	R	A		O	X	I	D	E	
W	R	E	S	T		N	I	N		N	I	K	E	S	
L	Y	R	E	S		G	E	T		S	E	N	T		

SUDOKU

		1			2	3		
4	5			1		6		
2			7			8	1	
		7		9		3		6
	3						2	
1		2		5		7		
	4	8			3			7
		9		6			5	8
	2		1			4		

Solution to puzzle on page C6

FRIDAY, DEC 3 1800
**GHOSTBUSTERS
 AFTERLIFE** (PG-13)

SATURDAY, DEC 4 1800
 SUNDAY, DEC 5 1500
ENCHANTO (PG)

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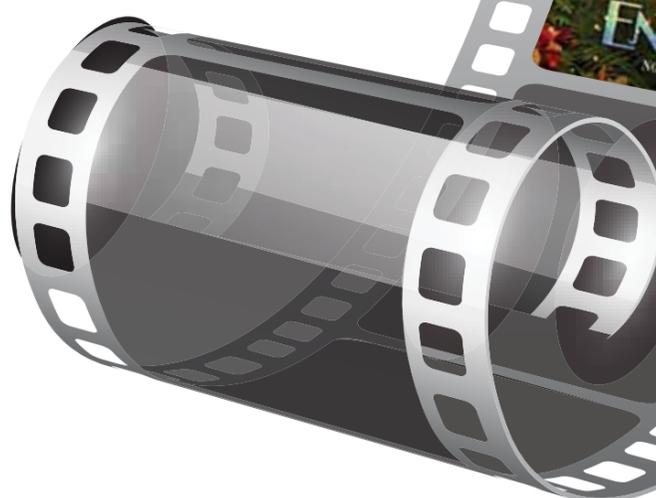




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CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

<p>Chapel Services at MAFB <i>Protestant</i> (North Plains Chapel in Base Housing) Sunday Community Service 1030 a.m. (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday 1000 Daily Monday-Thursday at 1200</p>	<p>St. Peter The Aleut Eastern Orthodox Church  109 6th St. SE Minot • 838-3094</p> <p>Saturday, December 4 Vespers, 5PM</p> <p>Sunday, December 5 Divine Liturgy, 10AM</p> <p>V. Rev. Fr. Paul Hodge</p>	<p> Break Forth BIBLE CHURCH Wednesdays 7:00pm and Sundays 10:30am 1821 W Burdick Expressway For More Information: 701.353.9337 www.bfbc.tv</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m. www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p> Faith United Methodist Church 5900 Highway 83 N, Minot www.faithumcminot.com Pastor Ken Mund 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church 1000 NE 3rd Street 852-0315 Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm All are Welcome! www.ecominot.org</p>	<p> OUR SAVIOR LUTHERAN CHURCH 3705 11th St. SW Minot, ND 58701 701-852-6404 www.oslcminot.com Rev. Heath Trampe Rev. Brian Doel</p> <p>SUNDAY MORNING Worship Services 8:15, 9:30, & 11:30 am Sunday School Age 4 - Grade 12 9:30 am (Sept-May) Adult Bible Study 9:30 am</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i> Sunday Worship 9:30 AM 2209 4th Avenue NW Minot, ND 839-4663 Reverend Philip Beyersdorf www.minotstmarks.com <i>Join us on facebook</i></p>
<p> Immanuel Baptist Church 1615 2nd St. SE, Minot 701-839-3694</p> <p>Sundays: 9:00 am..... Fellowship 9:15 am..... Sunday School 10:30 am..... Worship</p> <p>Wednesdays: 11:30 am..... Soup Kitchen 5:30 pm..... Family Supper 6:30 pm.. Preschool/Kids' Club/ABY 6:30 pm..... Adult Bible Study www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church  2600 West Central Ave • Minot, ND 58701 839-7076 Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853 Sunday Worship 9:30 am</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p> Gospel Tabernacle Community Church 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 p.m.</p>
<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	<p>First Baptist Church  200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service 9:50 a.m. Adult Sunday School 11:00 a.m. Contemporary Worship Service 11:05 a.m. Children's Church 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Fridays, Celebrate Recovery 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	<p> Cross Roads Baptist Southern Baptist Convention</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor 415 28th Ave SE (Behind Menards) 838-1873</p>	<p> West Minot Church of God <i>Family Worship Center</i> 1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352 westminot.com facebook.com/westminot</p>	

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THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

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MINOT AFB ANNOUNCEMENTS

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COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

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MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base starting with the Summer 2021 semester. The Summer 2021 semester begins June 1 and finishes July 29 with registration currently open. MSU at the Minot Air Force Base will also have three sessions of face-to-face classes in Fall 2021. Those three sessions are Aug. 23 to Dec. 17, Aug. 23 to Oct. 14, and Oct. 18 to Dec. 19. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



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WHAT'S GOING ON MAFB

FRIDAY 03

- Registration Closes: Acrylic Paint Pouring Class at Arts & Crafts
- Registration Closes: Single Airmen Free Baking Class hosted by Unite
- Registration Closes: Snowboard & Ski Trip Trip to Red Lodge, MT hosted by Outdoor Recreation
- Registration Closes: Table Tennis Tournament at the Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, A&FRC
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Club Member Benefit, 1700-1900, Rough Rider Lanes
- "You Matter" Basketball Tournament, 1730-1930, Fitness Center
- Friday Night Fun League, 1800, Rough Rider Lanes
- Swerk, 1800, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2300, Rough Rider Lanes

SATURDAY 04

- Zumba, 1000, Fitness Center
- Frostival, 1300-1800, Turf

SUNDAY 05

- NFL Sunday Ticket, 1200-1900, Rockers Bar & Grill
- Sunday Escapes Book Club, 1330, Minot AFB Library
- Zumba, 1400, Fitness Center

MONDAY 06

- Registration Closes: Christmas Ornament Class at the Arts & Crafts Center
- Registration Open: Extramural Curling at the Fitness Center
- HIIT Strength & Conditioning, 0530, Fitness Center
- Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

TUESDAY 07

- Registration Opens: Acrylic Paint Pouring at the Arts & Crafts Center
- Career & Certification Exploration Track, 0800-1600, A&FRC
- Moving Out of the Dorms Budget Class, 0900-1100, A&FRC
- Yoga, 0930, Fitness Center
- Table Tennis Tournament, 1000, Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Pre-Separation Counseling Short Notice/COVID, 1300-1530, A&FRC, Zoom Meeting
- Magic The Gathering Commander Night, 1800, ESC
- Acrylic Paint Pouring Class, 1800-2000, Arts & Crafts Center
- Zumba, 1830, Fitness Center
- HIIT Strength & Conditioning, 1930, Fitness Center

WEDNESDAY 08

- HIIT Strength & Conditioning, 0530, Fitness Center
- Career & Certification Exploration Track, 0800-1600, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Table Tennis Tournament, 1000, Fitness Center
- Story Time, 1030, Minot AFB Library
- Yoga, 1200, Fitness Center
- First Duty Station Officer Financial Course, 1500-1630, A&FRC
- Christmas Ornament Class, 1800-2000, Arts & Crafts Center
- Fighting Game Night, 1800, ESC
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

THURSDAY 09

- Registration Closes: Sewing Class at the Arts & Crafts Center
- Initial Counseling Tier II, 0730-0800, A&FRC
- Pre-Separation Counseling, 0830-1130, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1230, A&FRC, In person and Zoom Meeting
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Table Tennis Tournament, 1000, Fitness Center
- Craft Club, 1800, Minot AFB Library
- Magic The Gathering Pauper Night, 1800, ESC
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

UPCOMING EVENTS

FRIDAY 10

- Snowboard & Ski Trip Trip to Red Lodge, MT hosted by Outdoor Recreation
- Registration Closes: Wine & Paint Class at the Arts & Crafts Center
- Registration Closes: Battle of the Barbell at the Fitness Center
- HIIT Strength & Conditioning, 0530, Fitness Center
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Cycle, 1700, Fitness Center
- Swerk, 1800, Fitness Center
- Single Airmen Baking Class, 1800-2000, Gourmet Chef, hosted by Unite
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY 11

- Snowboard & Ski Trip Trip to Red Lodge, MT hosted by Outdoor Recreation
- Cycle, 0900, Fitness Center
- Zumba, 1000, Fitness Center
- Battle of the Barbell, 1000, Fitness Center
- Sewing Class, 1200-1500, Arts & Crafts Center
- Frozen Fest, 1300, Turf, hosted by Minot AFB Library
- Halo Infinite Tournament, 1300, ESC
- UFC 269: Oliveira vs Poirier, doors open at 1900, main event begins at 2100, Rockers Bar & Grill

ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Winter Reading Program: 1 December – 1 March, Minot AFB Library
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

DECEMBER SPECIALS

DELIVERY OPTIONS (Hours subject to change)
Bomber Bistro: Monday-Friday 1630-2030

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